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Galston couple's bedtime rocked by \$40 million Oz Lotto revelation

A Galston couple quietly nodding off to sleep were abruptly awoken by the news they're now \$40 million richer from tonight's Oz Lotto draw.

The Sydney Hills District residents held the only division one winning entry in Oz Lotto draw 1587 on Tuesday 16th July 2024, delivering them the entire \$40 million jackpot.

"You're joking! Oh my god!" the stunned woman screamed when an official from The Lott called immediately after tonight's draw to confirm the win.

"Is this really for real?" her husband questioned. "I'm just gobsmacked. I just can't believe it," the happy woman added.

"I was just nodding off, falling asleep when you rang. "I generally play Powerball, but I thought I'd give Oz Lotto a chance.

"In our dreams we've thought about what we'd do with a big win, but you never think it's going to come true.

"It's unreal!" When asked about their plans for the \$40 million Oz Lotto loot, the down-to-earth husband shared he'd still wake up and go to work on Wednesday despite becoming a newly minted multi-millionaire.

"This is going to give us some time. It buys us time to be able to do the things we want to do. And help the people in your life



Image not the real winners



that have helped you and you want to help them back," he shared.

"I always say that I've already won the lottery because I live in Australia, I'm healthy and I met my beautiful wife."

The couple's winning 18-game QuickPick was purchased at Kenthurst Cellars, Shop 1, Kenthurst Village Shopping Centre, 2 Nelson Street, Kenthurst.

So far this year, 12 division one winning entries in the Western and Blue Mountains region have collectively taken home more than \$82.45 million in prize money.

The winning numbers in Oz Lotto draw 1587 on Tuesday 16th July 2024 were 18, 1, 42, 33, 15, 36 and 10, while the supplementary numbers were 9, 12 and 27.

Last financial year, Australia's official lotteries contributed more than \$1.6 billion via state lottery taxes and donations to help community initiatives, such as hospitals, health research, disaster relief and education.

- Lottery Office Media Release

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Jazz up your Pet this Winter

By Karlene Brummer

I popped into Glenorie Vets with a sick kitty and spotted Kosci, the clinic cat, sporting a very jaunty bandana. On closer inspection I saw a box of beautifully made bandanas for cats and dogs for sale on the counter. These are lovingly made by Practice Manager, Karen. Do your pet a favour this winter, and get them a funky new look! Prices from \$5-\$10.



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Call 9847 6050 or email vmt@hornsby.nsw.gov.au for general enquiries



**GALSTON, GLENORIE & HILLS RURAL
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PO BOX 149 GLENORIE NSW 2157

The Galston, Glenorie & Hills Rural Community News prides itself on reporting about a variety of local topics and issues, covering news, features, sports, entertainment and the arts, community contributions, and much more.

We are interested in local stories from: Arcadia, Berrilee, Berowra Waters, Cattai, Canoelands, Dural, Fiddletown, Forest Glen, Galston, Glenorie, Maraylya, Maroota, Middle Dural, South Maroota & Wisemans Ferry.

To submit a story idea, an editorial or a community contribution, please email: editorial@galstoncommunity.com.au

Please send stories in editable text (word or email) not in PDF. **MAXIMUM words 500.**

Copy to be received by 15th of the month.

We love to hear from our community.



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IMPORTANT LOCAL INFORMATION

HELP AND INFORMATION SERVICES

General Emergencies	000	Lifeline (24 hours)	13 11 14
Energy Australia Energy	13 13 88	Poisons Information Line	13 11 26
Hornsby Hospital	9477 9123	Police - Hornsby	9476 9799
Hills Shire Council	9843 0555	Police - Castle Hill	9680 5399
Hornsby Shire Council	9847 6666	Sydney Water	13 20 90
Endeavour Energy (Outages)	13 10 03		

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

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Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain MIKE MELIS	0409 606 786
Galston Rural Fire Service Fire Captain MATT WHITE	0407 390 955
Glenorie Rural Fire Service Fire Captain ROD DERRIMAN	0491 119 152
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	9652 2245
Middle Dural Rural Fire Service Fire Captain LEN BEST	0408 220 705

LOCAL JP's

Mary Ord, Glenorie - 0400 363 563

Julia Billyard, Elude Games, Galston - 8005 0077

Vicki Brownless - 0423 727 826 (South Maroota area)

Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays between 1:00 PM and 3:00 PM. Also available at Cherrybrook Shopping Village, 10:00 AM to 12:00 noon Saturdays. Contact Jane 0427 998 004.

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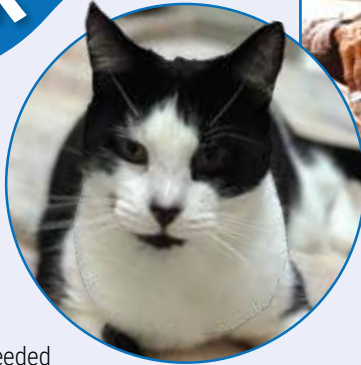


Pets @ Work

BY NEV THE NEWSHOUND



John and Oscar



This month we meet Head Office Cat, Oscar from ThurlowFisher Lawyers.

Oscar was originally adopted from the WLPA rescue in Gladsville. (World League for Protection of Animals) by Solicitor John Fisher, the founder of ThurlowFisher. John needed some company as he lived alone and was in his 90's. They spent a wonderful 7 years together and Oscar honed his legal skills inspecting many documents for his dad. Daughter-in-law Jenny Fisher promised John that should anything happen to him she would adopt his beloved mate. Sadly, John passed away earlier this year, Jenny and husband Matthew (John's human son) kept their promise and welcomed Oscar to the team at ThurlowFisher. He loves the bush aspect of Dural, tolerates the other cats, and is completely unimpressed with Poppet and the other Fisher pooches.

Nev: Hi Oscar! Nice to meet you! I thought all the four-pawed employees at Thurlow Fisher were of the canine variety - how did you come to work there?

Oscar: The management realised cats have a lot of qualities dogs don't possess... we are intuitive, smarter and we don't need the constant

supervision and feedback my canine compatriots need. In fact they realised we are a purrfect compliment to the dogs!

Nev: What is your job title and what do you do in the office?

Oscar: My job title is Head cat and corporate brand ambassador. The corporate colours are black and white so I'm a natural in the role.

Nev: How did the doggos feel when you started your employment? Any bit... catty comments?

Oscar: Initially there was a lot of resistance to the idea, however I head a team of several cats, so there was safety in numbers. All the yapping has stopped after a cease and desist notice from the boss.

Nev: What is your favourite thing about working at Thurlow Fisher? Any perks?

Oscar: My favourite thing about working at ThurlowFisher is the great relationship we have together at both work and play. I feel safe and secure in my role just like our clients. There's often a daily bonus of treats or chicken. We have 18 humans, 8 cats and four dogs, so it's a big team. I get spoilt as I should do. I've heard my image will be used in the next ThurlowFisher ad finally replacing those pesky dogs, and then I'm expecting a double bonus!

Thanks for the opportunity to share my story.

- Oscar from ThurlowFisher Lawyers

If you would like your Pet @ Work interviewed by Nev, please email: editorial@galstoncommunity.com.au with NEV in the subject line.



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Jersey Day for Organ and Tissue Donation

Friday August 30th, 2024 is Jersey Day. Have a conversation with your loved ones about becoming an Organ and Tissue Donor.

In May 2015 the Gremmo family's life changed forever when their eldest child, Nathan, was critically injured in an accident at age 13.

Nathan's family chose to give the gift of life to others to honour Nathan's generous personality. This amazing gift saved the lives of six people – including five young adults and a baby. Hours prior to his accident, Nathan wrote on his Instagram account, *"You only live once, but if you do it right once is enough"*.

Wise beyond his years, he definitely was an extraordinary young man. Nathan is described by his father Michael, mother Kylie and sisters Ashley and Annaliese as "a boy with a unique sense of humour, a love for animals and an insatiable energy for life."

Through Nathan's legacy, the Gremmo family has established Jersey Day. Each Jersey Day they ask everybody to wear a Jersey to school or work, and most importantly have a conversation with their friends and family about Organ and Tissue Donation.

How To Participate

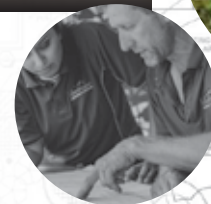
Pop on your favourite jersey, take a photo or video and post it to social media with #jerseydayau #donatelife

For more information, visit jerseyday.com.au



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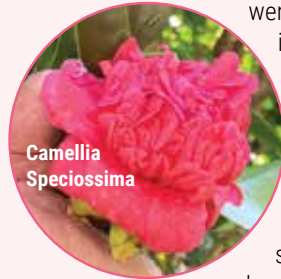
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NEWS FROM NETHERBY

Camellia Experts Visit Netherby Garden

The garden around Netherby Homestead has many large, well-established old camellias. Earlier this year Bill Parker and Craig Carol from Camellias R Us nursery, met Karlene Brummer, who is one of The Friends of Fagan Park garden volunteers, at a camellia propagation workshop. The discussion turned to the many camellias without names in the Netherby garden.



were able to identify almost every camellia in the garden, including the ones not yet in flower. By bud, foliage and growth pattern they knew them.

Bill and Craig were great in action - so often absolutely positive, occasionally pausing to confer, once or twice not quite in agreement! A few japonicas are 'wait for the flowers'.

There are seventy camellias in the garden, six immediately around the house, many more in the larger garden across the lawn, where deep shade creates perfect conditions for camellia japonicas to flourish.

The clipped camellias at the front of the house are pale pink Momozono, two bushes of Setsugekka on either side of the doorway, with wavy white petals and golden stamens, and deep pink Bonanza. Further around on the east side of the house is one of the oldest camellias in the garden, an unusual form of camellia japonica (Speciosissima) with a waratah type flower. It was just beginning to flower in May and is still full of blossoms now in July. Puzzled visitors occasionally remark - this flower looks like a waratah...?

Our heartfelt thanks to Bill and Craig for so kindly sharing their time and expertise.



Bill and Craig conferring over Momozono

Bill and Craig offered to come when the camellias were flowering, to identify as many of these lovely old trees as possible. May was the perfect time, with many of the camellia sasanquas in full flower. Camellia sasanquas are the ones that like sunshine and flower in early autumn, camellia japonicas prefer the shade, are more formal in flower shape, and flower later, right into winter.

Bill and Craig were met by the enthusiastic volunteer gardening team,

camera and notebooks at the ready. To our delight Bill and Craig

By Angela Morgan



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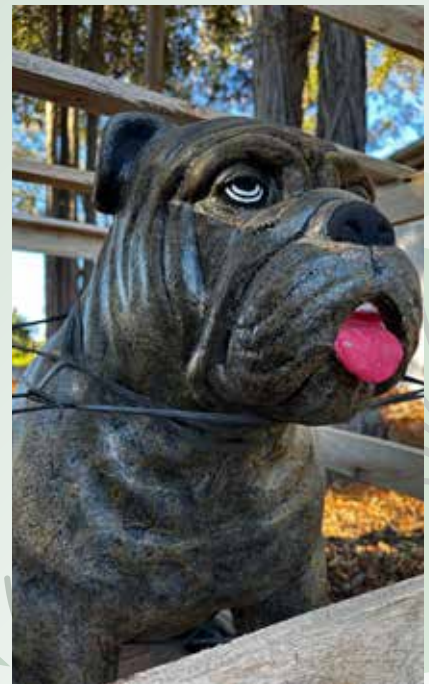
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from the Mayor's Desk

Last month, you may have read in the news that the NSW Government has launched the exhibition of its Transport Orientation Development (TOD) Program. Whilst we are pleased that the proposal endorses our existing Hornsby Town Centre Masterplan, which identifies opportunities for over 4,900 new dwellings supported by open spaces, a new multi-purpose community facility, pedestrian, cycling networks and enhanced public transport and road access, what is not clear is how the government intends to support the delivery of these necessary upgrades.

We expressed to the NSW Government from the outset that funding and infrastructure to support councils would be required to ensure the current and future community experiences a liveable and sustainable environment.

I encourage you to have your voice heard on this important issue to ensure that these plans are delivered appropriately and with the necessary support by reading the exhibition materials and making a submission by Friday 9 August.

You can find more information about the Hornsby Town Centre Masterplan, and links to the NSW Government's Hornsby TOD proposal at yoursay.hornsby.nsw.gov.au

Across NSW, we mark Local Government Week from 29 July – 4 August. I would like to take the opportunity to recognise the many committed Council staff who serve the community, helping make Hornsby Shire the unique and wonderful place it is.

As we approach the end of another term of Council, I would also like to thank my fellow Councillors for their dedication and their many services for the community. I thank you for the opportunity to serve you as your Mayor – it has been an honour.

Philip Ruddock AO
Mayor, Hornsby Shire Council

What's on



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hornsby.nsw.gov.au/soswestleigh



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Heritage Community Engagement Strategic Action Plan
Comments close:
Saturday 31 August

Greenway Park Cherrybrook Small Dog Park Trial
Comments close: Tuesday 29 October

yoursay.hornsby.nsw.gov.au

Waste and Sustainability Workshops

Clothing Swap
Saturday 17 August, 9.30am-11am
Thornleigh Community Centre

Chipping for Mulch
Sunday 18 August, 7.30am-12.30pm
5 Beaumont Road, Mt Kuring-gai



Comfortable Homes in Summer and Winter
Thursday 22 August, 7pm-8pm
Free online webinar

Meal Planning
Wednesday 28 August, 10.30am-12.30pm
Hornsby Library

hornsby.nsw.gov.au/waste



Free Guided Bushwalks

Join one of Council's free guided bushwalks this winter. Whether you prefer an easy stroll, a challenging hike, something with the kids or even your four-legged friend, there's bound to be a bushwalk for you.

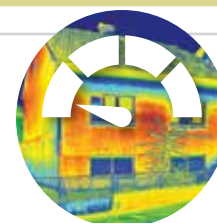
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Save the date

NSW Local Government Elections are taking place on Saturday 14 September 2024. Voting is compulsory.

For more information and key dates visit hornsby.nsw.gov.au/local-government-elections



SAVE POWER KITS

Help reduce your electricity bill by borrowing a Save Power Kit from the library. Kits include a thermal camera and energy meters. Reservations can be made online or in person.

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Emma Memma Returns to Orange Blossom Festival

Award-winning artist Emma Memma will perform at the Orange Blossom Festival for the first time in 19 years to headline the return of the OBF Night Markets on Saturday 7th September at Castle Hill Showground.

It's a triumphant return for the national treasure, who previously starred as Pippa the Orange in the 2005 edition of OBF, long before she became globally recognised as Emma Wiggle. High energy performances from DJs and acrobatic extraordinaire Dauntless Movement Crew will also take to the stage on the night.

Mayor of The Hills Shire Dr Peter Gangemi said he was delighted to welcome Emma Memma back to The Hills.

"Emma Memma is adored by millions of children around the world and we're incredibly lucky to welcome her back to the OBF stage for the first time since 2005," Mayor Gangemi said.

"From humble beginnings as OBF icon Pippa the Orange, she's now a global icon whose use of sign language has made children's entertainment more inclusive and welcoming to children with hearing impairments.

"The OBF Night Markets will include all the crowd favourites including fireworks, rides and of course the Aussie Night Markets food trucks so I strongly encourage The Hills community to come along to this wonderful event."

Emma said she couldn't wait to dazzle thousands of families with her fabulously fun show.



"I'm so excited to be back in The Hills Shire for OBF 2024 and twirl with everyone alongside my dear friend, BB Butterfly! There will be lots of dancing, singing and sign language and we can't wait for all the children to join us," Emma said.

Attendees are encouraged to catch public transport to Hills Showground Metro Station, which is conveniently located next to Castle Hill Showground.

The OBF Night Markets is the first of three main events this year, with the OBF Parade on **Saturday 21st September**

at Rouse Hill Town Centre and the brand-new food and wine event,

OBF Taste of Wisemans, on **Sunday 29th September** at Wisemans Ferry Park.

A range of community-run events will also be held throughout September in association with Orange Blossom Festival.

For more information about these events, visit the official Orange Blossom Festival website: www.orangeblossomfestival.com.au



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Term-End Fun for Dural Scouts



Dural Scouts finished the term with a night at the local indoor rock-climbing centre. Rock climbing is a great way for scouts to have fun while building their confidence and problem-solving skills. All scouts experienced various climbing routes and fitness levels and the friendly staff at The Edge were on standby to help them learn new skills.

Thank you, Venturer Kristina Taylor, who organised this activity as part of her Peak Award Badgework and all the parents who helped make a successful night. Pizza for all topped off a perfect night.

Dural Cubs and Joeys held a joint night of fun and adventure for end of term. They cooked toast on fire at the front of the hall using a green stick toaster and enjoyed eating with loads of butter and jam. This was followed by fun rides on the Gyroscout/Gyro Rings. What an adventure; experiencing the Laws of Physics - a product of Angular momentum and Gravity on such a ride! A big THANK YOU to The Wolf and other leaders who helped build this for our youth members.

Dural Scout Group has vacancies for Girls and Boys from 5 to 25 years. Joeys (5yo), Cubs (8yo), Scouts (12yo) and Venturers (16yo).

Please contact Phirooza: 0411 731 976 or phirooza@bigpond.net.au or Simon: thewolf_1stdural@bigpond.com



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ENTRY DETAILS:

Collect your entry form in store, attach a receipt for \$20 or more from a purchase within The Village Glenorie and place into an entry box located throughout The Village Glenorie.

Entries close at 10am on Saturday, 31 August 2024. Prize is drawn at midday on Saturday, 31 August 2024.

Prize pack images may be for illustrative purpose. Visit www.thevillageglenorie.com.au for terms and conditions.

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Computer Generation Gap

Computer Pals the Hills began 25 years ago with a group of people mostly from the "Silent Generation" (those born 1924 - 1945) with a smattering of "Baby Boomers" (1946 - 1964). Now, even the youngest of the Boomers are entering their 70s, the SGs are dwindling, and we need the next generation to step up.



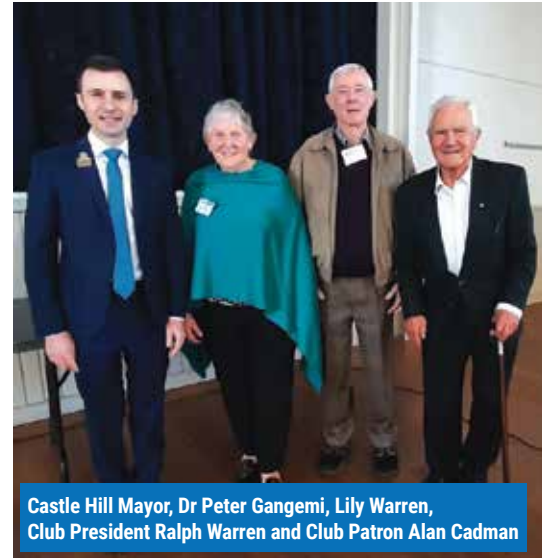
Club President, Ralph Warren receiving a NSW Seniors Award from Kellyville MLA Ray Williams

I am sure there many Gen Xs who know how to use their phones and tablets for basic operations but are not fully au fait with, or are not making full use of, their devices. Some have phones that cost hundreds of dollars that are only used to make calls or send text messages. On the other hand, I am sure there are many who are extremely

"device literate" and who have the knowledge and skills to teach others.

We at Computer Pals the Hills are inviting to both these groups (as well as other Seniors) to come along to our **Open Day on 17th September** and visit our clubhouse in Castle Hill Showground - Old Caretaker's Cottage. New members are always welcome, be they beginners or those with more knowledge. We are always interested in people who might be attracted to joining our team of trainers and maintenance crew. Several current committee members and senior office holders have been with the Club for more than 15 years and we are looking for new blood. You don't need to be a computer expert. Our maintenance crew are able to provide technical advice and support.

We have two fully equipped classrooms with approximately 20 computers, projection facilities and screens. Our aim is to provide low-cost tuition for Seniors in a friendly and comfortable atmosphere, enabling them to become proficient in the many facets of computing and Tablets/Smartphone technology. Courses are conducted either in a classroom setting or, one-on-one training. All courses incur a low fee to cover the cost of materials which generally include a



Castle Hill Mayor, Dr Peter Gangemi, Lily Warren, Club President Ralph Warren and Club Patron Alan Cadman

course-specific manual, other incidental items and a small contribution to overhead costs. We also provide follow up support to help members develop their skills through additional tutorials, courses and workshops. Informal discussion groups provide opportunities for exchange of ideas and socialising. The Club also runs a HELP DESK where members can seek solutions to their computer and technology issues.



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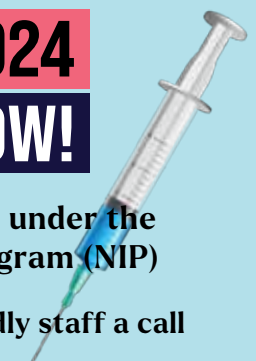
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RSL LifeCare Rowland Village resident, Bill Pierce celebrates his 103rd Birthday on 23rd June 2024

By Ann Lomas, friend and resident of Rowland Village

Celebrations were very festive with 11 members of his extended family, for lunch at the Galston Club!

Bill attended various schools including Sydney Grammar. At 17 he began working for the Sydney Commonwealth Bank following his father.

In 1938 Bill joined the Infantry Scottish Battalion based in Willoughby. In 1939 when war broke out, he was called up and joined the Air Force, he was only 18.

Bill trained in various places with Tiger Moths (single engine planes) and Ansons (twin engine planes). He became proficient as a wireless operator and was promoted to Sergeant. He sailed to England and was assigned to the Permanent English Airforce Bomber Command, 7th Squadron. They flew raids over Germany in Lancaster Bombers.

Bill returned home in 1945 where he returned to the Commonwealth Bank and met his future wife, Elaine. They married in 1955 and had 2 daughters Jennie and Sue. Bill worked as a Bank Manager retiring at age 60 in 1981.

In 1992, 32 years ago, Bill and Elaine came to live in RSL LifeCare Rowland Village. All the residents were ex-service personnel and their spouses. Bill has reminisced about the wonderful spirit of



camaraderie and the welcome and help given to each new resident. Elaine a gardener, and others have added to the wonderful natural beauty of our village.

Bill enjoyed playing golf on the 3-hole course (now 9 holes) and playing billiards with his old friend and fellow World War 11 veteran, the late Alan Buxton.

Bill often mentions a couple who were knowledgeable about birds and did a bird count which in earlier times numbered up to 70 species. Bill and others in the Village regret the significant reduction in bird numbers and species. A long line of Kookaburras greeting the morning and evening from their gumtree limb or rearing young in a nearby nesting hollow was a joy to Bill and others.

Celebrating your 103rd Birthday is quite an achievement! Bill, your longevity must be credited to your constitution and your spirit and in no small part to the loving care of your two daughters who on the death of their mother 17 years ago, began and have continued bringing home cooked main meals that you simply have to heat and eat!

Thank you, Bill for being such a fine neighbour, friend, resident, veteran and example of strength and perseverance. We thank you for your care, courtesy, humour and honesty.

We salute you, Bill and your 103 years!



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Glenorie Progress Association

Glenorie Progress Association has a close working relationship with the local environment centre and we are always interested in promoting local history. Pat Shwartz has been researching the following, we are proud to support the project.

Tench's Prospect Mount

We all know now that the Hawkesbury and Nepean River systems are all part of the same river. However in the days of first settlement by Europeans, exploring parties came across the different sections of the River separately. This led to confusion as to whether there were two rivers or just one.



In order to solve this problem Governor Phillip, Collins, Tench and Dawes with aboriginal volunteers Colbee and Boladeree explored the Hawkesbury and Cattai area in 1791. They reached a spot which was named Tench's Prospect Mount.

Historically there has been confusion as to where Tench's Mount was situated until Vic Jurskis found the location in 2013. He was researching changes in ecology and vegetation over the last 200 hundred years and decided to research Tench's Mount because of Tench's detailed description of that area. However, Jurskis couldn't find it on any maps and set out to discover where it was.

The exciting news is that Tench's Prospect Mount is in Glenorie approximately 800 metres west south west of the intersection of Cattai Ridge and Halcrows Roads.

There is little European history in Australia that dates to the 1700's so it would be wonderful to have a memorial sited somewhere in the vicinity of Tench's Prospect Mount as a permanent record of this exploration party. *(Thank you to Diana Kincaid for her research in bringing this story light)*

The giant eucalyptus deanei shown in the photo would probably have been a youngster when Tench was on his exploration journey and is also located in Glenorie and serves as a monument to the great forests that would have once existed throughout the area in the 1700's.

Many thanks to Pat for the article and photo.

Just a reminder it's not too late to order your personal pavers and if you are interested to know more of what's happening in Glenorie you are welcome to join us at 7:15pm 2nd Thursday every month in the downstairs meeting room of Glenorie RSL. For more information contact the secretary@glenorieprogress.org.au





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Glenorie Probus Club Activities



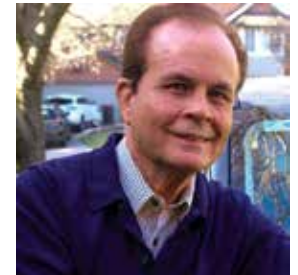
In June Glenorie Probus Club continued its aim of undertaking varied activities and went on an organized day to the Sydney Tramway Museum. Following the coach trip to the Museum and morning tea there was a trip into the National Park on a 102 year old toast rack style tram. Then back to the Museum for a ride in the opposite direction on a different tram. This was followed by a talk on the history of the museum and a guided



tour with the opportunity to look at more than 30 trams and related vehicles including an 1898 prison van which transported felons from Darlinghurst Court House to Long Bay Goal.

Then back on the coach. This then took the members through the National Park and across the Audley Weir to Bundeena. A very nice lunch was had and then to the wharf for a ferry ride to Port Hacking. Then back on the coach for the trip back to Glenorie via the new fish markets (under construction). A very interesting and enjoyable day.

The clubs guest speaker for the month was Winston Reinboth who after 40 years in the tourism and hospitality industry is using his experience to develop a new App designed to make travel a "hassle free" experience. He is starting in NSW and will then expand it nationwide. He was looking for attendees to give their inputs on their highs and lows of travel to assist in the design of the App which can be reviewed at www.godrivin.com. A very interesting speaker.



The Club meets at 11.00am on the 4th Wednesday of the month at Glenorie RSL and new members are welcome.

Contact Wendy Black on 9653 1022 or email wendyireneblack@yahoo.com.au



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Arcadia & Galston Residents Association

AGM Meeting and General Meeting Notice



The AGRA AGM will be held at 7pm on 13th August at The Galston Club. Following the AGM, we will have a General meeting.

Nominations are now open for all positions - for those wanting to stand, please submit your nomination by 6th August.

For further information please contact Sonja Cameron – president@agra2159.com.au

The Rotary Club of Greater Hills



The Rotary Club of Greater Hills is collecting non perishable food for Hawkesbury Helping Hands. The food can be dropped off under the Christmas tree in the foyer of The Galston Club in July and August.

Hawkesbury's Helping Hands was established in 2011 by Cassidy Strickland, then 8, who after witnessing a hungry man rummaging through her family bin for food, decided at that very moment to do something and that food and dignity was something she could try and help with and so along with her mum Linda, HHH was born. Giving a helping hand to people in their community with no judgment.

For over 9 years, every day of the week, Hawkesbury's Helping Hands Inc has supported those experiencing homelessness or at risk homelessness. Providing love, care, kindness, food, toiletries, clothing,

shoes, blankets, sleeping bags, tents, swags, pet supplies also advice on services available and if possible, support with accommodation.

Free meals are served Saturday and Sunday evenings in a local park. To date over 500, 000 meals of food have been served.

Currently they are supplying over 400 breakfasts weekly in three different schools through our "Breakfast Club - Fuel for Learning" programme, soon to be expanding into two more schools. In 2020 over 16,000 breakfasts were served in three schools and 12,000 school lunches made and provided.

They also work alongside and support many other charities and organisations, and work closely with numerous agencies, who often refer their clients to us.

But most importantly they are here to let people know, that someone cares, truly cares, offering help, kindness and dignity 365 days of the year!



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The Rise Gloucester Longford Farm-stay in NSW offers numerous benefits for those looking to unwind and reconnect with nature.

Firstly, it provides a unique opportunity to experience life on a working farm run by Taylor Pastoral. Secondly, it allows guests to disconnect from technology and the stresses of modern life, and instead immerse themselves in the beauty of the remarkable mountain range that surrounds the Gloucester countryside. Additionally, The Rise Longford offers an Outdoor Wood-fire Spa, Outdoor Wood-fire pit, walking trails and outdoor swing and hammock. Overall, The Rise Longford Farmhouse is a great way to relax, rejuvenate, and appreciate the simple pleasures of life.

The wild awaits, if you use your imagination. Here's ways you can enhance your experience:

- Turn off WiFi. You're going off grid.
- Set up the fire pit and kick off the s'mores bar. Pile Marshmallows, an array of chocolates and cookies on a tray, ready the roasting sticks, and issue each travelling member a personal packet of wet wipes!
- To maximise the experience plan a game of flashlight tag, tug-of-war or twister.
- Enjoy the Outdoor Spa after dark and embrace the brisk winter air and submerge yourself in the bliss of a long, hot bath beneath the stars.

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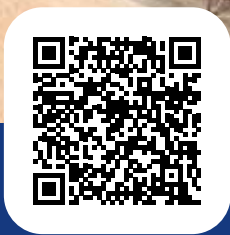
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Benefits of Installing A Home Sauna

Understanding home saunas and their types

When it comes to home saunas, there are several types available. There are traditional steam saunas, dry saunas, and infrared saunas and each type offers unique benefits and experiences.



Infrared sauna at home

Infrared saunas are a modern take on the traditional sauna. They use infrared light to heat the body directly. This method allows for a more gentle and lower temperature experience. Infrared saunas are known for their health benefits, including deep tissue penetration and improved circulation.

Traditional Finnish saunas

Originating from Finland, traditional Finnish saunas are renowned for their dry heat produced by pouring water over hot rocks. This creates a steamy environment that promotes sweating and relaxation. The high heat helps improve circulation, detoxify the body, and relax muscles. Many people find the experience of a traditional Finnish sauna to be invigorating and deeply cleansing.

Adding value to your home

Having your own sauna at home offers several lifestyle and convenience benefits. The accessibility factor makes it easier to incorporate sauna use into your daily routine without accounting for travel time. Installing a sauna can also add value to your home as well as your lifestyle. It's an attractive feature for potential buyers, especially those interested in wellness, and it can be a unique selling point that sets your home apart.

Increased market appeal

A home sauna is often viewed as a luxury feature, which can attract potential buyers looking for those higher-end amenities. It sets your property apart from others on the market, providing a unique selling point that could potentially justify a higher selling price. When buyers see a home sauna, they envision a lifestyle of comfort and relaxation, making your home stand out in a competitive market.

Enhanced property value

Homes with additional wellness features like saunas can receive higher appraisals, reflecting the added value and attractiveness of the property.

Investing in a home sauna can provide a good return on investment, as the perceived value often exceeds the installation cost. It's a savvy way to enhance your home's worth without extensive renovations.

Wellness and lifestyle appeal

With the growing emphasis on health and wellness, a home sauna aligns perfectly with current lifestyle trends. It appeals to health-conscious buyers who prioritise features that support their wellbeing. A home sauna offers a private retreat for relaxation and stress relief, adding to the overall appeal of the home environment. It's not just a feature; it's a lifestyle upgrade.

Versatility in design

Whether integrated into a bathroom, basement, or outdoor space, saunas offer versatile design options that can enhance various areas of the home. Indoor saunas can be a chic addition to a master bathroom, while outdoor saunas can transform a backyard into a luxurious retreat. This versatility allows you to tailor the sauna to fit seamlessly into your home's existing aesthetic.

Factors to consider for Australian homes

For Australian homes, outdoor saunas are a popular choice. They blend well with the outdoor lifestyle and can be a great addition to your backyard. But, if you prefer an indoor sauna, consider an infrared sauna. They are energy-efficient and easy to install, making them a good choice for Australian homes. With numerous benefits and convenience, a home sauna is a worthwhile addition to any home.

To discuss the add advantages of including lifestyle products in your home and who they assist your sale, call Belle Property's Carolyn Wheatley – 0407 120 483 today.

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Dural & District Historical Society Inc.

Acclaimed Author Comes to Galston

Every year the society holds its June Roughley Memorial Lecture, a special event named after our founder. For this year we are delighted to host an esteemed speaker, Dr Grace Karskens, Emeritus Professor of History at the University of NSW.

Grace's book *People of the River – Lost Worlds of Early Australia*, a history of the Aboriginal people and settlers who lived on Dyarrubin, the indigenous name for the Hawkesbury and Nepean Rivers, won the 2021 NSW Premier's History Prize and the 2021 Prime Minister's Literary Award. Grace will tell us about how, in 2017, she came across a list of 178 Aboriginal names for places on the rivers and how she has worked with Darug and other researchers to identify these locations.

Grace's talk will be held at the Galston Uniting Church, 11 School Road Galston on Saturday 10th August at 2pm. Free entry, all welcome and a gold coin donation for afternoon tea.

Our July talk with Mal Johnston, Kenthurst historian, about his journeys along Cattai Creek, was enjoyed by 80+ people. Thanks Mal. We are proud that our society is able to bring so many local stories to our ever-growing and enthusiastic audiences. We are particularly grateful to the congregation of Galston Uniting Church for sharing their wonderful facilities. Come and join us – it's an entertaining and inspiring afternoon.

**Dr Grace Karskens *The Real Secret River – Dyarrubin* Saturday
10th August 2pm Galston Uniting Church 11 School Road, Galston.
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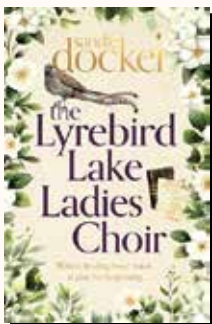
Galston Library

We're excited to be celebrating Book Week 2024 with R.A. Spratt, author of *Friday Barnes*, *The Adventures of Nanny Piggins*, and *The Peski Kids*. Meet R.A. Spratt at Hornsby Library on Wednesday 21st August at 4.30pm. The event will be followed by a book signing with books available to purchase at the library. Bookings are essential. For more information visit hornsby.nsw.gov.au/library

ADULT FICTION

THE LYREBIRD LAKE LADIES' CHOIR BY SANDIE DOCKER

Sisters Eleanor and Maggie have been running the *Lyrebird Lake Ladies' Choir* for years. The choir is a haven for its members and single mum Hannah is the newest recruit. Her angelic voice may be just what they need to give them a winning edge in the All Voices Championship, but when Eleanor hears Hannah singing a long-forgotten lullaby, she is transported to her past, a traumatic time when two teenage girls were banished from their Irish homeland.



A deeply moving story of facing secrets, finding your way back home, and the power of discovering your voice.

JUNIOR FICTION

THE UNLIKELY HEROES CLUB BY KATE FOSTER

Eleven-year-old Oli is reluctantly spending his school holidays at Heroes Club. He just wants to be home where he can play his favourite game. But when Oli and the other kids at the club see a stray dog disappearing into a soon-to-be-demolished building across the street, Oli and his four fellow heroes hatch a rescue plan to save the dog. It's going to take bravery, some smart teamwork, and a few broken rules.



One of the Children's Book Council of Australia's notable books of 2024, *The Unlikely Heroes Club* is a fun, frolicking adventure about five kids with a mystery to solve.

Reserve your copy at hornsby.nsw.gov.au/library, via the Hornsby Shire Libraries app or call Galston Library on 9847 6160.

SCHOOL LEAVERS WANTED Let's Save the Planet!

Local company, Australian Pump Industries, is looking for school leavers who are interested in a career in the water industry. Working as interns, in various departments through the company, gives young people the opportunity to learn how a successful business operates and prospers.



"We need to take in a fresh intake of interns to continue to grow this exciting business", said Aussie Pumps John Hales.

The company is an innovative manufacturer of pump products used extensively to combat the challenges of climate change whether it's floods, droughts or fires!

"We know that climate change is not going away and that communities need to adapt! Everything we do in this company is about helping people in trouble. It's a terrific opportunity for bright young people to not only start a great career but gain real satisfaction at the same time", said Hales

Interns, working with the marketing department and product managers, learn about the water industry and the issues facing our farmers and primary producers. They will see how the team take ideas from customers to develop products to further advance this iconic Australian manufacturer.

"It's a great environment where young people can contribute something meaningful to help us all to a more sustainable world, using water in the most positive and effective way", said Hales.

Check out aussiepumps.com.au/careers or contact Linda-Sue Karkowski at careers@aussiepumps.com.au (02) 8865 3500.

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(next to the Galston Club)



Online Appointments



MONDAY-FRIDAY 8.30-6PM | SATURDAY 8.30-12PM

Galston Concerts: Around the World

The Galston Concerts return to Galston Uniting Church in School Road on Sunday afternoon 25th August when international pianist Glenn Amer offers 'Around the World', his all-new program of popular 'Classics & Contrasts'.

From Classical Puccini (his *Madama Butterfly*) and Debussy (of *Clair de Lune* fame) Glenn will offer songs from sunny Naples and the cafes of Paris and travel to sounds of the Orient as imagined in Cyril Scott's *Lotus Land*. Film music too, with *Love is a many splendored thing* and more.

Glenn's talents as virtuoso pianist ('piano wizardry' say the reviews) are complemented by gentle humour as a raconteur when he recalls travels and triumphs in over 70 countries - and on the high seas as headline entertainer for the world's most prestigious cruise lines.

The Galston Uniting Church concert grand piano will be matched by Glenn's further skills on the church Forster & Andrews pipe organ - more in Wurlitzer theatre organ than Classical style. Glenn's welcome return to Galston 'by public demand' reflects audience delight in Glenn's multi talents.

Following a pre-concert talk c. 1.40 the performance runs 2 till c. 3.15, followed by a 'meet the musos' afternoon tea. Tickets can be purchased at the church in the hour prior to the concert (cash sales only please) while advanced bookings are available on trybooking.com (search Galston 25th August).

The Galston Concerts Sunday 25 August 2024

a pre-concert chat c. 1.40, the concert (& players' relaxed comments) 2 till 3.15ish, then 'meet the musos' afternoon tea, in Galston Uniting Church, 11 School Road, Galston

Around the World ... Piano!

An all-new program of favourites: from Debussy & Puccini, songs of Naples and the cafes of Paris, sounds of the Orient with *Lotus Land*, *Love is a many Splendored Thing* & more.



Australian international virtuoso pianist **Glenn Amer** ('piano wizardry' say his reviews), with gentle humour shares his musical travels & triumphs in over 70 countries



Bookings advised on trybooking.com
(search *Galston 25 August*)
Cash-only sales at the door on the day.
Enquiries phone 9653 2039



ARCADIAN QUILTING NEWS



One of the perks of the school holidays is that some grandparents get to 'dog-sit' ... in our case any one of our family's favourite hounds.

Each lovable pet (in turn) brings along their own routine, their food, bedding and their happy companionship which we enjoy immensely!

They also bring discipline, good behaviour and obedience (impressive from our point of view).

However a dog's 'help in the garden' is questionable as cheeky lizards can be seen as SPORT?



Quilting requires a level of routine and patience. My favourite travel-rug is this old Post and Rail lap quilt, having seen many miles and survived many uses!

The ordered pattern of Post and Rail often becomes the go-to pattern (in any colour combination) for a quick quilt as a 'gift' perhaps during these chilly winter months.

Our group will continue to create warm winter quilts which we give to our various Charities, you never know when someone in need ..."could do with a hug" !!

Keep warm, be cosy in a friend's good company and let's keep DOING THINGS TOGETHER.

We meet on the 1st, 3rd and 5th Wednesday of each month at 9.30 am. Our venue is the Community Hall, The Glade, Galston.

For further information please call Carole on 9894 7749.

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The not for Profit 70 years old Bush Music Club Inc. Celebrates in 2024

The Bush Music Club (BMC) formed in October, 1954, with its early founding members engaged for Dick Diamond's Reedy River 1950's touring show about the 1891 shearers strike, continues into its 70-year of not for profit tuition, performing, attending festivals, dancing/balls, yarn-spinning, social and ancillary roles, for its wide-spread members enjoyment. (the Prime Minister mentioned 1891 a few days ago).



Later this year will see a 3rd Members Reunion Luncheon for the 70th Year Celebrations.

So far in 2024 there's been 2 quarterly Mulga Wire publications produced/the National Library & Archives files it, blogs and pictures; two Beecroft Community Centre Family Bush Dances and another due on **Saturday 3rd August** and **7th December** from 2-4.30pm.; there's BMC's Monday night music learning and practice for performances, plus the separately located, weekly Pennant Hills Library Monday 7.30-9.30pm dance workshop occurs. There's a monthly Playford Dance & an annual live-to air community radio interview, live-streamed & podcast globally from the Alive 90.5 fm Baulkham Hills Studio.

BMC performed at the January 3-day Illawarra Folk Festival at Bulli Showground with their younger 'Saplings' group, etc. and

again with the Southern Cross Bush Band members at the St. Albans Folk Festival in late April. BMC members will perform at the up-coming Xmas in July / Pennant Hills Dance Workshop and at October's Kangaroo Valley Folk Festival. In August 2023, BMC were involved at the Sydney Folk Festival, also where a club member unexpectedly played Lagerphone with the legendary BushWackers Band of Roger Corbett and in the absence of Dobe Newton.

Some BMC Inc members volunteer at various music festivals; the committee meets monthly with an AGM in March and reports to NSW Fair Trading. The club has a variety of electronic medium contacts.

Further details are available on the website: <https://www.bushmusic.org.au>, or email bmcmail1954@gmail.com. Hornsby Shire Council Events web-pages and hall bookings, also show BMC's area activities.

Castle Hill Art Society

**Art Demonstration
4th September, 2024**

JOAHIM LAI

"Watercolour techniques and skills"



Joachim will be demonstrating various watercolour techniques and skills covering:

wet-on-wet way of painting stormy skies; scraping with a plastic card to create rocks; using masking tape to paint gum trees with light trunks; spraying water for texture.

Visitors are welcome to join with the Castle Hill Art Society 7.30pm at Castle Glen Community Centre, 157 Ridgeway Drive, Castle Hill.



For more information visit www.castlehillartsociety.org.au

SPORTS NEWS



Dural Bowling Club News

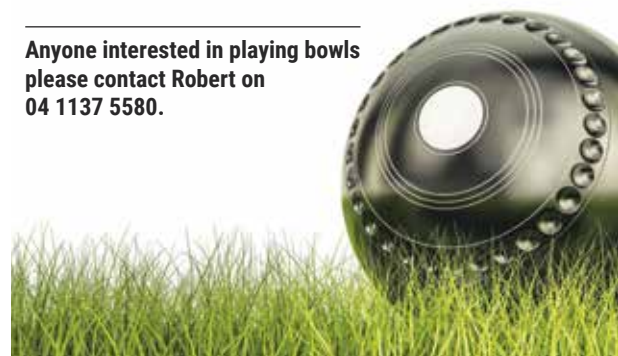
The wet weather has affected all outdoor activities this winter. The bowlers at Dural have not been spared which had caused for local social games to be cancelled and the postponement of regional competitions.

The regional Pennant competition started on July 3rd and will run for six weeks. Three teams of triples and pairs are representing Dural at the competition. Most games have been played at Dural, Castle Hill and Merrylands which have pleased the bowlers as they have not had to travel too far.

On a sad note, the Dural Bowling Club lost one of the longstanding member Keith McGill.

He was farewelled on Friday 31st May 2024 at Allan Drew Funerals.

Anyone interested in playing bowls please contact Robert on 04 1137 5580.



Arcadia Public School

Be Outstanding, Be Inspired

Join Us for Open Day!

Kindly join us at our school open day, where students will showcase their skills and classrooms. You are also welcome to bring a picnic and enjoy morning tea with us.

- ✓ 9:35 am APS Band Perform
- ✓ 9:50 am APS Choir Perform
- ✓ 10:00 am Book Parade
- ✓ 10:20 am Class Performances
- ✓ 11:00 am Open Classrooms
- ✓ 11:30 am Teddy Bears Picnic Morning Tea

Arcadia Public School
140 Arcadia Road, Arcadia 2159
Phone: 9653-1207
Email: arcadia-p.school@det.nsw.edu.au
Web: arcadia-p.schools.nsw.gov.au/



THURSDAY
8 AUGUST



Arcadia Public School



I am proud to let the Galston, Glenorie and Hills Rural community know that I am the new principal at Arcadia Public School. I would like to thank Mrs Rachel Lacey for her leadership of the school. I am an experienced school leader who has taught at Glenhaven Public School and Rouse Hill Public School.



I have been welcomed so warmly by the whole school community, which has been so appreciated.

Walking around the grounds, greeting children and parents, with the birds singing has been a joyful experience.

We are currently taking enrolments for students for Semester 2 2024 and for students wanting to learn in a small community setting for 2025. If you are looking for individualised learning, small class sizes and generous playing areas, please join us on our Open Day, **Thursday, 8th August** at our school. The celebrations commence at 9:35 am and will conclude at midday. Alternatively, if you would like to arrange a private tour of our extensive grounds and school, please contact the helpful staff in our office on 9653 1207.



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Dural Public School



The children at Dural Public School recently spent three amazing days of intensive learning on their annual Music Camp situated on the site of the beautiful Galston Gorge Cru Camp.

The three day Music Camp provides the children with a terms worth of learning to explore and develop their musical skills alongside their peers of varying levels of experience. Specialised tutors join the students on camp, working with specific instrument sections of the bands. In addition to Band itself, the children will tell you "the food is the best", but they also learn concepts such as teamwork, self-discipline, responsibility, personal growth, and of course have lots of fun!

The camp concludes with a wonderful showcase concert allowing all students to perform and share what they have learnt throughout the camp.



Pacific Hills Christian School Embracing a New Term with Enthusiasm



As Pacific Hills Christian School begins a new Term, we reflect with thankfulness to God for past Terms in 2024 and eagerly anticipate the Term ahead.

Starting something new can be daunting, challenging, exciting, and sometimes all of these at once. As our students settle into Term 3 we are reminded of the famous passage in the Bible (Philippians 4:13)

which states "I can do all things through Christ who strengthens me". As a School community consisting of students, parents, families and staff, we partner together in Christ to accomplish goals, tackle challenges and spur each other on in fellowship as the School Term progresses. We extend a warm welcome to all our students, staff and families as we begin this Term and look forward to all that we will accomplish together!

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Rural Roundup

Hornsby Councillor
Warren Waddell



During the July meeting, (2nd last for this term), Council resolved to progress a number of initiatives in the rural area:

- To proceed to the next stage of the Fagan Park off leash dog facility, with further consideration to suggestions flagged by the community.
- Progress to the next stage of the Galston Village Public Domain plan.
- To continue to put pressure on the State Government to prioritise the completion of New Line Rd and associated infrastructure.

In other news,

- The Wiseman's Ferry Community Resilience Plan has been developed. The working group which includes community members, RFS, SES, Peppercorn, NSW Police, NSW Construction Authority and four Councils, has identified priority actions that will help in being better prepared for disasters. These include First Aid courses, education material, emergency kits with the possibility of a solar radio being included.
- At a joint meeting I attended with Hills Council representatives and State MP Robyn Preston, several issues concerning our shared boundary were highlighted. From Glenorie to Wiseman's Ferry, residents raised concerns over driver conduct, State Rd maintenance, illegal dumping, wildlife awareness and the impacts of overgrown verges. I will continue to work collaboratively to address and hopefully improve on the present situation.
- In July I was also privileged to be invited to the Hornsby Gang Show. The Scouts and Guides that participated in the musical variety production, "Tumble Through Time", excelled in demonstrating their wide range of talent and skills. I am now looking forward to seeing the students at Galston High School perform in their latest production, "The Addams Family".
- Lastly, Hornsby Shire Council will once again run a plant giveaway programme from our community nursery in Pennant Hills. On **Friday 16th and Saturday 17th August** residents can select from a range of plants propagated by our nursery staff and volunteers.



As always, happy to assist with any issues by contacting me on the following: wwaddell@hornsby.nsw.gov.au Ph: 04 9900 4861.



Julian Leeser

Federal Member for Berowra



Have you thought about taking a tech detox?

For a while now my wife Joanna has been telling me that I'm on my phone too much and that it's a bad influence on our kids. I've recently done some reflection and I think that Joanna might be right.

From the outset, I think most people would agree that advances in technologies like the internet, smart phones and social media have been a good thing. Being able to connect with distant friends and family on FaceTime or Facebook has been revolutionary, as has being able to access news from right across the world 24/7. It's shaping the way more and more young people communicate too.

As your local Member of Parliament, I've had to maintain a focus on new tech and ways of staying connected, to let people know about things happening in our area. A smart phone is another tool I use to understand the issues that people want me to focus on, get the most up to date local and national news and to connect with constituents. But I wonder, when is it too much of a good thing?

I've been wondering how reducing the amount of time spent looking at my phone would impact my work and my ability to connect, if at all. So, I'm in the process of finding out.

Early in July I began a 'tech-detox'. I'm using an old school flip-phone that can make and receive calls and text messages – but no emails, Facebook, WhatApps or endless scrolling news websites. I'm still able to work on the computer but I'm not carrying my work around with me and I'm not jumping to respond each time my phone buzzes.

So far, I'm surviving! I've been able to work, respond to emails, and focus on local issues. My staff have also been able to keep me up to date with the world of social media. In my personal life, I've discovered I've got more time to read books, and as a husband and father I feel a lot more present and engaged with the family when I'm at home.

I don't know how the rest of the month of my tech-detox will go (there's a bet going that I won't make it!) but I'm determined to try. Maybe I'll take some lessons away from it!

I'd like to know what you think. Do you think we're too reliant on smartphones and being connected all the time? Have you done a similar thing?

If you have some thoughts, please email my office via julian.leeser.mp@aph.gov.au or call 9980 1822. I'll keep you updated.

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As your Federal Member, I am here to:

- ↳ Assist with accessing Federal Government services
- ↳ Attend your local community event
- ↳ Arrange congratulatory messages

Please contact my office if I can be of assistance.



JULIAN LEESER MP
FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822
julian.leeser.mp@aph.gov.au julianleeser.com.au [julianleesermp](https://www.facebook.com/julianleesermp)

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

Revitalization of Galston Village

By Nathan Tilbury - Deputy mayor, Hornsby Shire Council

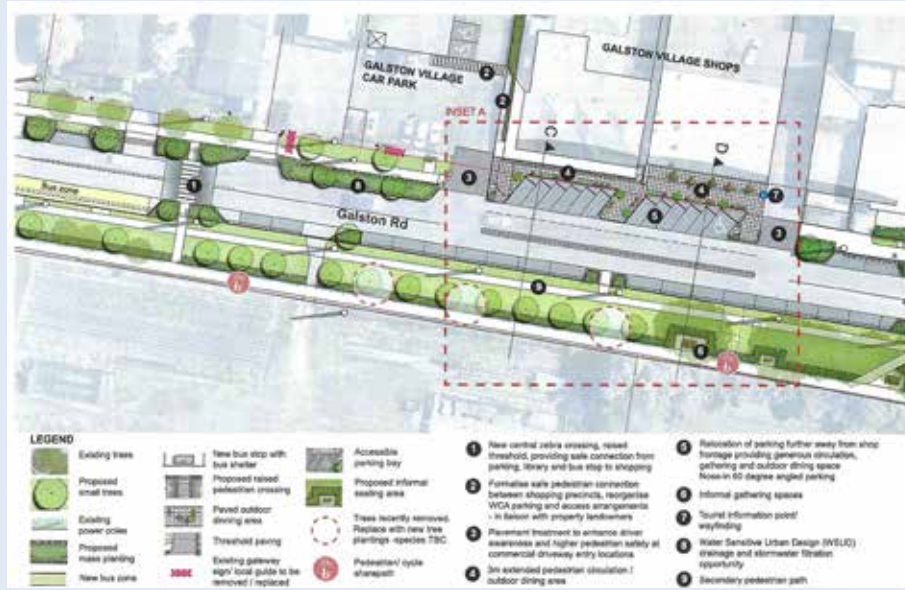


The Galston village centre will undergo significant enhancements to transform the area into a vibrant space whilst retaining its unique rural ambience.

At Council's most recent General Meeting I was pleased to lead the Galston Village Public Domain Plan item and have it unanimously endorsed. The next stage is to undertake detailed designs that will be guided by community feedback.

Tourism is increasing in the Shire's Rural and semi-Rural areas and as part of the Galston Public Domain plans, walking and cycling networks will be enhanced, as well as improvements to the currently disjointed parking facilities in the area.

Other features included landscaping improvements with additional street tree planting, outdoor seating and informal gathering spaces to provide convenient amenities for locals and visitors to enjoy.



By far the most mentioned issue that was raised during the consultation period was the lack of conveniently located public toilets in the Galston village area.

Whilst not part of the original plans, I negotiated an amendment for Council to work on options and solutions for access to public toilets prior to the public domain works commencing. The community should not have to wait for this basic issue to be resolved and I appreciated the support of my fellow councillors to have Galston village public toilets accessibility prioritized.

Throughout the process council will work closely with commercial landowners and operators as well as Transport for NSW.

These improvements to the Galston village will support the local economy and encourage visitation to the rural area. Construction is scheduled to commence in the first half of 2025.



Push and Pull of the Housing Supply Crisis: The case for staying in your community guilt free!

Clr Dr Verity Greenwood, Hornsby Shire Council

NSW is experiencing a shortage in housing properties, and this is overshadowed by the Federal Government's target for 1.2 million new homes to be built by 2029. The NSW Government's Hornsby Transport Oriented Development (TOD) project is now on public exhibition. Fortunately, the Hornsby Town Centre area to be rezoned aligns with the area of the Hornsby Town Centre Masterplan, already adopted by Hornsby Council in November 2023. The TOD project will not impact on the rural areas of our Shire. On the 1st July, 2024, the NSW State Government released its Medium Density Strategy (Strategy), which allows medium density housing (dual occupancies and semi-detached homes) in all R2 low-density residential zones across NSW.

Should we now be fearful the new Strategy will encroach on our rural and semi-rural areas in our Hornsby Shire? The western area of our Hornsby Shire retains a strong rural character, with early European led settlement from the late 1700's providing the foundation for the growth of well-established, tight-knit communities organised around individual farms and orchards. The modern Hornsby rural/semi-rural landscape has adapted well to change and includes commercial development in varying degrees, market stalls and housing subdivisions which vary in size and scope. There is no doubt there will be further development in our rural townships, particularly where there is a supermarket, transport options and community facilities. Our recently endorsed draft Galston Village Public Domain Plan is an example of development which retains a rural village character whilst supporting small business and the community itself. The Strategy will not apply to land with a high risk from natural hazards like bushfire and floods, hazardous and sensitive lands and un-serviced areas. Unfortunately, heritage conservation areas are not excluded. It is hoped the poor transport options and lack of accessible and essential services that exist in some rural/semi-rural areas will be a strong deterrent to over-development.

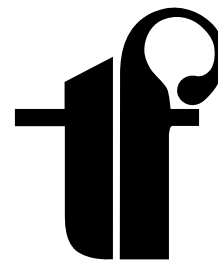
Should we feel guilty about wanting to retain the rural character of our community? Some residents are feeling the pressure and even guilt for wanting to stay in their home, not subdivide their property or move out of the area and community they know and love. This is understandable and there should be no guilt. Bonding with

a community does not happen overnight. The way individuals and groups connect to have trust and mutual exchanges within friendship networks, neighbourhoods and communities can be important for our health and wellbeing. Confidence in our local service providers is also important and we tend to stay with providers we know and trust. What really matters is a community's sense of well-being and the opportunity for social interaction, which can be enhanced when that community is content with the provision of adequate required services.

Membership and networking with different community interest groups is also an important factor. For example, I enjoy my membership with the Galston Garden Club, where members share their interest in gardening and social outings (see photo). Time spent with others with similar interests can cast away the trials of everyday life, open the doorway to various experiences and provide the platform for growth of friendships and, for some, a personal and group identity is created and recreated. No matter that fellow members of the different community groups come originally from other social and cultural spaces, they find their community in the community group spaces and in friendship with others who share their interests.

If you have any concerns or issues where I may assist, please do not hesitate to contact me at vgreenwood@hornsby.nsw.gov.au

NSW Government's Hornsby Transport Oriented Development (TOD) project is now on public exhibition until 5pm Friday 9th August. See <https://www.planning.nsw.gov.au/plans-for-your-area/priority-growth-areas-and-precincts/hornsby>



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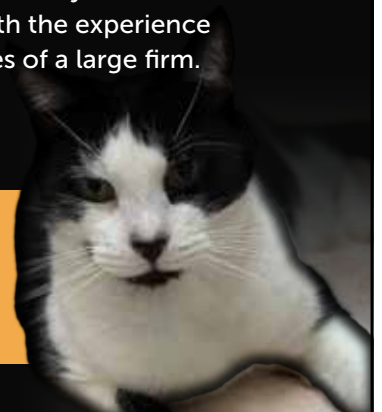
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Hornsby Shire Council's Native Plant Giveaways Return this Winter

Hornsby Shire Council is again welcoming the return of its popular Native Plant Giveaway Program this August, inviting all residents of Hornsby Shire to nurture their local environment by booking an appointment to collect four free native plants.

Taking place at Council's Warada Ngurang Community Nursery in Pennant Hills on **Friday 16th and Saturday 17th August**, residents can select plants from a great variety of grasses, groundcovers, shrubs, climbers and various-sized trees – all cultivated by dedicated volunteers and staff at the nursery.

Attendees to the plant giveaways can also make use of the expertise of Council's staff and volunteers on the day as they help by making suggestions of the best plant species to meet everyone's needs. Information about each species on offer will also be displayed on

handy posters, so you can choose plants that will suit the growing conditions in your garden as well as the size of plant and features you desire.

Taking place since 2003, Council's Native Plant Giveaway events have become a staple on the calendar of local green-thumbs, supplying tens of thousands of native plants to local backyards around the Shire.

"I look forward to our Native Plant Giveaway events each time they come around," said Hornsby Shire Mayor, the Hon Philip Ruddock AO.

"It's always a delight to see our community's enthusiasm for our native bushland and to know that these carefully grown native plants will find many homes around the Bushland Shire."

Hornsby Shire Council's Native Plant Giveaways take place at the Warada Ngurang Community Nursery, located at 28



Britannia Street, Pennant Hills. Each residence in Hornsby Shire is entitled to collect four free native plants per calendar year. Bookings are essential and will open at 9am on Friday 19th July.

For additional information about the Native Plant Giveaway Program and to book your plant collection appointment, please visit: <https://www.hornsby.nsw.gov.au/plants>

Hornsby Shire Council Update

Galston Village will undergo significant enhancements to its main street and surrounding areas, transforming it into a vibrant place to relax, dine and play, while preserving its unique character. At its General Meeting last night, Council endorsed the draft Galston Village Public Domain Plan and will now undertake detailed design development, guided by the feedback from the community.

With anticipated increases in visitors to the semi-rural and regional attraction, plans include improved walking and cycling networks, a new centrally located sheltered bus stop and enhanced safety with traffic calming measures, angled parking and a new pedestrian crossing.

Additional features, including more street trees, outdoor seating, informal gathering areas, and bike facilities, will enhance the village's ambiance and provide convenient amenities for locals and visitors to enjoy.

"I am very pleased to see the Galston Village enhancements moving forward," said Hornsby Shire Mayor, the Hon Philip Ruddock AO. "The community support highlights how important these improvements are, ensuring Galston Village remains an inviting destination for years to come."

"The planned tree planting and other new features will enhance the village's charm, reflecting the green environment that Hornsby Shire is known and loved for."

The draft Plan received 68 online submissions from the community during Council's five-week exhibition period, with the majority expressing strong support for the proposed enhancements. Council will maintain liaison with commercial landowners in the shopping precinct, continue to review options for public toilets and pursue approval for roadway works with Transport for New South Wales.

The Galston Village Public Domain Plan is specified in Council's Delivery Program 2024-2027, which identifies a need for the creation of vibrant town centres in Hornsby Shire. The improvements to



Artist's Impression of the Galston Village Public Domain

Galston Village will support the local economy and encourage visitation to Hornsby Shire. Construction is due to commence in 2025.

The project was also identified in Council's Long Term Financial Plan and will receive funding to see it through to completion over the next two financial years.

Also at last night's meeting, Council:

- Adopted the draft Social Plan 2024-2034
- Adopted the draft Arts and Cultural Plan 2024-2029
- Resolved to proceed with construction of an off-leash dog park at Fagan Park
- Approved the draft Hornsby Development Control Plan 2024
- Received and noted the contents of the Director's Report on investments and borrowings for the period ending 31st May 2024
- Resolved to write to the Premier of NSW and relevant ministers and MPs requesting they honour the previous government's commitment to funding for improvements to New Line Road and a further commitment be made to pedestrian access and safety.

The full agenda of the meeting, along with details of each item discussed, can be found at [hornsby.nsw.gov.au](https://www.hornsby.nsw.gov.au). The video recording of the meeting will be available from Friday afternoon.

Hidden In The Hills



Dotted Sun Orchid

By Lachlan Turner

In a bushland environment where you see all shades of green and brown it can be quite surprising to sight small blue flowers close to the ground, standing out in the understorey. Very often this blue colour belongs to the Dotted Sun Orchid (*Thelmytra ixiodes*), or one of its relatives.

This terrestrial orchid, growing up to 500 mm tall, has a solitary leaf which wraps itself around the stem. The flowers may number up to ten and can range from a pale blue to almost a blueish mauve in colour.

Several of the individual flowers may present with a number of darker blue dots on the upper three petals - hence its name. These flowers consist of 6 petals and are from 30 mm to 50 mm across.

Flowering generally occurs between August and October. The plant prefers to grow in open forest as well as heath, preferring damp sandy soils. When growing conditions are more favourable and the orchid is in a sunnier situation, the depth of colour in the flowers can be quite brilliant, particularly in the middle of the day.

With all terrestrial plants there are several related but less common varieties. The dots on the petals of the Dotted Sun Orchid, distinguish this plant from its close relatives. There is a smaller pinkish variety as well as a taller blue variety with veined petals.

A similar characteristic of each variety is the distinctive formation in the centre of the flower as seen in the adjacent images.



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Galston Garden Club

Next meeting will be on 14th August

Guest speaker will be Jo Tonitto

Topic will be "permaculture tips and tricks for balconies and other places"

Our guest speaker for July was Helen McGregor giving a presentation about gardens around the world. Some she had been to during her travels and some she would love to see in the future. Our next meeting will be on the 14th August and our guest speaker will be Jo Tonitto and the topic will be "permaculture tips and tricks for balconies and other places". Visitors and new members are welcome to join us for this presentation and supper at the end of the meeting. Our Club meets on the 2nd Wednesday of the month in the Community Hall, 37 Arcadia Road, Galston. We look forward to seeing you.

Recently I planted a group of "Miss Muffet" plants (*Pittosporum tobira*) This is a dwarf variety, with strong dark glossy green oval leaves. In spring I can expect to be greeted with blooms of small cream flowers, providing a beautiful fragrance to my garden.

From the information I have read, Miss Muffet is great planted in borders, pots, used as a hedge and mass groundcover. It is often used in clumps with other plants to provide texture and interest in the garden.

Plant in full sun or part shade and rich, well-drained soil. It will thrive best in a sheltered position but will be able to withstand light coastal breezes and frosts. It can suffer from leaf burn during hot summer days, so a spot in light dappled shade will provide the best results. It has a low and wide growth habit, so you can expect *Pittosporum tobira* to grow to approx. 1.5m wide and 1m high.

Pittosporum tobira "Miss Muffet" requires minimal maintenance. You should lightly prune it regularly in the warmer months to maintain its shape and size. Ensure that you allow the soil to dry out between waterings. The shrub will benefit from a slow release fertilizer in autumn and spring. Once established, Miss Muffet is drought and light frost tolerant.

Anna Ernst - Artistic Bromeliad Displays

The next meeting of the Bromeliad Society of Australia will be held at the Federation Pavilion, Castle Hill Showground, Castle Hill on Saturday, 10th August with sales to the public from 10am and the meeting commencing at 12 noon.

Our guest speaker will be Anna Ernst whose passion for bromeliads commenced 25 years ago when she realised these plants were low maintenance and added vibrant colour in a variety of stripes, spots and dots to her garden throughout all the Seasons.

Anna's collection expanded further when she joined the BSA six years ago.

Once all the ground space in her garden was completely filled she started experimenting with mounting bromeliads on cut off branches and old fence palings.

"Putting together lovely contrasting colours and complementary forms of bromeliads is so satisfying and lots of fun. For me, it is relaxing to create a piece of art that I can enjoy and watch while it changes and grows over the seasons."

Anna will demonstrate the methods she and her husband Peter have used to attach logs onto sturdy bases for free standing pieces, making wall mounted timber pieces, and the different techniques she has experimented with for attaching bromeliads onto round, flat and weirdly shaped wood.

There will be our usual 'Show, Tell and Ask' session and the very popular plant raffle.



For further details please contact Ian Hook, President BSA on mobile 0408 202 269, email ianhook1@bigpond.com or refer to www.bromeliad.org.au for the latest updates.

He Will Return

In the mid 1800s thousands of Christians from various faiths sought to understand more deeply how and when Jesus Christ would return. It was called the Great Advent Awakening. In their earnest desire to be ready for Christ's Second Advent, they began to share their hope with great enthusiasm. As a result, they became known as Adventists. Ever since Christ gave His promise to return (John 14:1-3), God's people, down through the ages, have eagerly waited for the "glorious appearing of our great God and Saviour Jesus Christ" (Titus 2:13).

The return of Christ is the hope of every Bible believing Christian. It marks the end of this troubled world and a new beginning where death, sorrow, and pain are forever banished. People from all walks of life, whether Christian or non-Christian, recognise that this world is in a terrible mess. Even our lucky country is fraught with violence, pain, and heartache. Our only hope is for God to intervene and make all things right.

As the disciples watched Jesus ascend, two angels' appeared and said, "This same Jesus... will come in like manner as you saw Him go into heaven" (Acts 1:9-11). He ascended into the clouds, and He will return in the clouds. Jesus Himself declared that all "will see the Son of Man coming on the clouds of heaven with power and great glory" (Matthew 24:30). "Behold, He is coming with clouds, and every eye will see Him" (Revelation 1:7). However, Jesus also warned, that many "false christs and false prophets" will rise and will "deceive many" (Matthew 24:5,11,24). If you see Him in different



places "don't believe it" said Jesus (V26). "For as the lightning comes from the East and flashes to the West, so also will the coming of the Son of Man be" (V27). When Christ returns, He will not touch the earth, "For the Lord Himself will descend from heaven... and the dead in Christ will rise first. Then we who are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air..." (1 Thessalonians 4:16,17).

In Matthew 24 Jesus gave His most detailed account of end-time events regarding His return. It is also here that He lovingly and earnestly warns His followers; sometimes referred to as Christ's "Trio of Admonition." Jesus said:

- (1) "Take heed that no one deceives you" (V4).
- (2) "Watch therefore, for you do not know what hour your Lord is coming" (V42).
- (3) "Be ready, for the Son of Man is coming at an hour you do not expect" (V44).

At Galston Adventist Church **Saturday 10th, 17th, and 24th** I will be presenting a three-part series titled, "The Trio of Admonition" at 11am. Feel free to join us as we explore Matthew 24. Please also continue to pray for each other and for our community.

Steve Belson (Pastor) 0438 459 223
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Living Life's Marathon, God's Way

Isn't it exciting to follow athletes from different countries as they compete in the Olympic Games in beautiful Paris? Of course our hearts extend particularly to all our Aussie athletes!!

In the midst of all the challenges of daily life as well as the conflicts in our world, we are reminded through the athletes of the unity and pride they share in being able to represent their countries, whether they win a medal or not.

Let's not forget, however, the sacrifice each one makes to be part of the selection process as well as the endurance, perseverance and discipline needed every single day in training!

I've been thinking about our daily lives being like a race too. In fact, life can be compared to a marathon!!

The Bible contains lots of helpful advice and encouragement about living this marathon of life.

As you read the following Bible verses, I pray that you will be reminded of God's love for you and His ability to provide all you need for each day's challenges.

Firstly...

** "Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary and His understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary and young men stumble and fall, but those who hope in the Lord will renew their strength; they will soar on wings like eagles; they will run and not grow weary; they will walk and not faint." (Isaiah 49: 28-31.)

And...

** "What shall we say in response to these things? If God is for us, who can be against us?" (Romans 8:31).



So...

** Believe on the Lord Jesus Christ and you will be saved and your household." (Acts 16:31).

Therefore...

** "If you confess with your mouth that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved." (Romans 10:9)

Life is a marathon! If we run our race with Jesus as our Saviour and Lord, we will have the power and strength we need to face each day, because our hope will be centred in Him.

God bless. All welcome.

**Pr. Alex and Dee Valich, Glenorie Community Church.
1507 Old Northern Rd, Glenorie. Sunday service: 10am.**

2-6 Players

1 Hour

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Galston Uniting Church

A Great Big Thank You ...



... from Galston Uniting Church and Parramatta Mission for your fantastic response to our Winter and Refugee appeals for food, clothing and household items, for people who are doing it tough. Many car and van-loads were required to transport your donations to Parramatta where they were distributed to those in need just as soon as they landed. Our former minister Rev Geoff Smith, is now at Parramatta Mission and wishes to express his thanks to everyone for your wonderful support.

Of course, the need continues and now in the depths of winter, donations of warm clothing, blankets and tinned foods are especially sought.

Donations may be left at the GUC office in School Road on Tuesdays and Fridays.



Rev Elizabeth Orr

Continuing Ministry

In July we welcomed Rev. Elizabeth Orr as our supply minister to provide continuity of ministry at Galston U.C. Elizabeth joined us as a member of our congregation when she and her husband James moved to Glenorie a few years ago. While this was meant to be their "retirement", it is with our great thanks and appreciation that Rev Elizabeth has agreed to take on this ministry role for us.

A Combined Working Bee

We are certainly blessed to have a large bushland property with great facilities that we share with the Galston Early Learning Centre.

However, the property demands attention with leaves and fallen branches to be cleared, shrubs to be pruned, lawns to be mowed and ever-present weeds that need attention.

In recent months the burden has been shared by the two groups and while doing so, we have greatly enjoyed each other's company. Of course, the undoubted highlight is morning tea, which can make it difficult to get back to work.



Church services continue to be live-streamed on Sundays at 10am and you can find them at Galston Uniting Church on Facebook (don't forget to 'like' us) or "Google" Galston Uniting Church Facebook posts.

If you, or someone you know, requires assistance or just someone to chat to, please do not hesitate to get in touch. The church office is open on Tuesdays and Fridays.

Contact Elizabeth Garlick, Office Manager, 11 School Road, Galston. Phone 9653 2039

The Bible Says

The Bible says, "To all who receive Him (Jesus Christ), to those who believe in His name, he gives the right to become children of God, (John 1 :12) and there are many more blessings that are yours when you become a real Christian. Now it's over to you. If you have never accepted the Lord Jesus Christ as your personal Saviour, why not do it right now? It's not enough just to know how to become a real Christian, we have to act on that knowledge.

JESUS... My personal Saviour

If God has been speaking to you as you have read, through these messages, and if you now want to become a real Christian, then follow these few simple steps and you can accept Jesus as your personal saviour and benefit from the many blessings God wants to give you.

Confess - tell God in your own words that you are a sinner needing a Saviour. (read Romans 3.23)

Accept - tell God that you realise Jesus Christ died for you and you accept Him as your Saviour. (read Romans 6: 23)

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Believe - that Jesus Christ has accepted you and saved you because you asked Him to do so. (read Romans 10:13). His written Word, the Bible, gives assurance that God has done what you asked Him to do.

Believe - that the Holy Spirit has now been given to you to stay with you and help you live a true Christian life. (read Romans 8:9 & 16)

Don't worry if you don't happen to feel any different after following the steps outlined above. You may or may not do so. But if you have sincerely committed your life to Jesus Christ, he has accepted you.

After you make this decision, it's a good idea tell someone today what you have done. You will need to find and join a church where God's word is taught and where you can have fellowship with other Christians.

It may help to sign your name on the front page of your Bible as a record and future reminder of when you made the decision to become a real Christian.

Here is what you are saying:

Today I acknowledge Jesus Christ as my Saviour and I thank Him for saving me!

(by the late Rev E.G. Long)

Come and find out more on Sundays at 10:00 a.m. Glenorie Mission Church 1409 Old Northern Rd Glenorie.

Winter in Fiji



**Murray Lambert –
Pastor at The Centre Dural**

Did you know in Fiji, it gets up to 30 degrees in the middle winter?

That’s why my wife and I decided to treat ourselves and spent our winter holiday drinking coconuts on a beach in Fiji. But despite the evenings being a temperate 23 degrees, the locals all wore puffer jackets, commenting how freezing it was. This is just one example of how we become acclimatised to our surroundings.

The Bible tells us

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

It’s all too easy to become caught up in the “patterns of this world”. These patterns can be incessant online shopping, overeating, or even scrolling social media at night to drown out our anxieties.

It’s only when we become aware of these patterns that we can then renew our mind and discover God’s better solution.



If you like to discover more around a better pattern of life, why don’t you join us this Sunday at 10am at The Centre – 1 Pellitt Lane, Dural. Or email me at murray@thecentredural.org.au

News from St Benedict’s

Celebrating St Benedict

On a clear winter’s morning the St Benedict’s parish held a special celebration to mark St Benedict’s Feast Day. Regarded as the father of monasticism, St Benedict, who was born in the year 480, established the Rule of St Benedict which emphasised prayer, work,



simplicity, and hospitality. It’s a testament to the influence of this great man that his rule is still followed so many hundreds of years later. St Benedict, of course, has special meaning for us as he is the inspiration for our local monastery, as well as the parish itself.

We held a happy St Benedict’s party after the 9am Mass on Sunday 14th July. As well as the party food and barbecue, the kids enjoyed the jumping castle (pictured). And, adding deeper meaning to the commemoration, we had a display of books and other materials related to St Benedict. Many of the historic books are irreplaceable so it was a special privilege to have them on view.

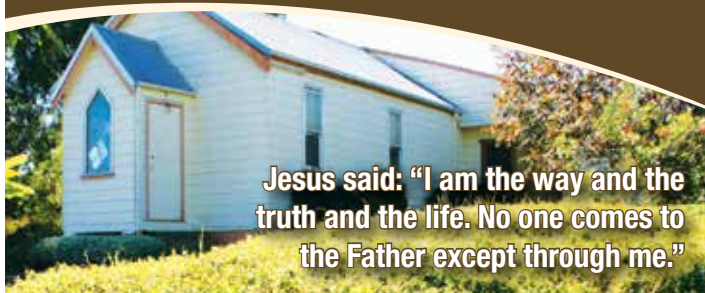
There’s plenty happening

There’s so much going on in the parish at the moment with the sacramental program leading up to Confirmation in September, the Maker’s Table workshops for women, the men’s Meet & Greet, the Youth Group for 8-12 year olds, a new piety stall opening in the church and more.

St Benedict’s Parish activities and services

Please check our website for service times and parish information www.bbcatholic.org.au/arcadia. Click on the News and Events tab to find the weekly Parish Bulletin. Or ring Paula 9653 2312 on Monday or Friday at the Parish Office, St Benedict’s Catholic Church 2 Fagans Road Arcadia.

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Glenorie Rural Fire Brigade



New Captain: Dane Johansen

Glenorie Rural Fire Brigade would like to give a warm welcome to their new Captain, Dane Johansen. Dane has recently stepped up from Senior Deputy Captain, to Captain, whilst Rod Derriman has taken over the role of Senior Deputy Captain.

Dane has lived in Glenorie for over 40 years and is an integral part of the community. He joined the RFS in 2009 and has been an active, highly committed and respected member at Glenorie Rural Fire Brigade for 6 years.

Dane is married to his beautiful wife and has four children, two of whom are members of Glenorie Brigade. He juggles his brigade duties with operating his own business, being a soccer coach for Hills Hawks Football Club and raising his lovely family in Glenorie.

Wishing Dane Johansen a big congratulations and all the best for his term as Captain at Glenorie Rural Fire Brigade.

Clean your Chimney

Chimneys need to be cleaned regularly to avoid a build-up of flammable soot particles, and winter is the perfect time to do this. Soot build-up in chimneys can lead to chimney fires and mean that your fireplace will provide less heat for your home.

Remember, clean, swept chimneys are safe chimneys so please make sure you get your flue or chimney cleaned by a professional.



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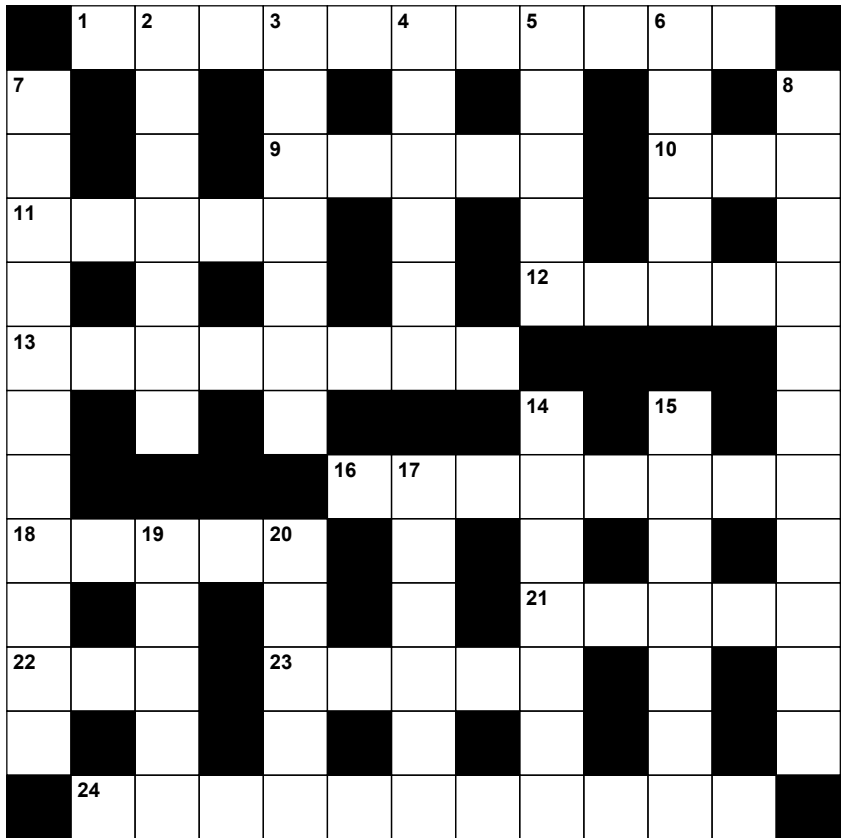
Crossword

PUZZLE

ACROSS

- 01 Suggested or implied idea (11)
- 02 Unity (7)
- 03 Necessary (7)
- 04 Rained heavily (6)
- 05 ___ pole: tribal emblem (5)
- 06 Expels from a position (5)
- 07 Immoderate (11)
- 08 Compelling (11)
- 09 Apply pressure (5)
- 10 Mineral spring (3)
- 11 Adjusted the pitch of (5)
- 12 Agreeable sound or tune (5)
- 13 Mislead (8)
- 14 Non-believer in God (7)
- 15 Careless mistake (7)
- 16 Mexican pancake (8)
- 17 Dry red wine (5)
- 18 Dissatisfaction (5)
- 19 Large body of water (5)
- 20 Select; formally approve (5)
- 21 Golf peg (3)
- 22 Small antelope (5)
- 23 Initiators (11)

DOWN



ANSWERS FROM JULY ISSUE

R	A	T	E		B	I	C	U	S	P	I	D
E		I		H		L		N		A		E
P	I	T	F	A	L	L		I	N	L	A	W
R		L		P				V		A		Y
I	N	E	X	P	E	R	I	E	N	C	E	
S				Y		A		R		E		E
A	D	D		G	A	Z	E	S		S	H	Y
L		R		O		O		I				E
	D	E	C	L	A	R	A	T	I	O	N	S
F		D		U				I		N		I
L	O	G	I	C		F	E	E	L	I	N	G
A		E		K		E		S		O		H
T	A	R	R	Y	I	N	G		K	N	O	T

9	8	1	7	6	5	3	4	2
6	7	3	1	2	4	9	8	5
5	2	4	3	8	9	1	6	7
1	4	9	2	3	8	7	5	6
3	5	2	6	4	7	8	9	1
7	6	8	9	5	1	2	3	4
2	9	5	4	7	3	6	1	8
4	3	7	8	1	6	5	2	9
8	1	6	5	9	2	4	7	3

Sudoku

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

	7	3	5			1		
			9		3	8		
		2					6	
1								
	2	4		7		5	9	
								8
	9					2		
		8	1		5			
		7			2	3	5	

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Avicultural Society of NSW Inc.
 Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding.
 ● Paul Henry 9872 464 or 0408 617 686

ALANON Family Group
 Meets 8pm each Friday. Trying to live with someone who has a drinking problem? Come along to these meetings.
 ● Galston Community Health Centre
 ● 9264 9255

Arcadia Community Hall
 Available for functions. Inspections welcome.
 ● 136 Arcadia Road, Arcadia
 ● 9847 6504

Arcadia Galston Residents' Association
 Membership is open to all adult residents/ratepayers of postcode 2159.
 ● www.AGRA2159.com.au

Arcadian Quilters
 Every 1st, 3rd and 5th Wednesdays of each month at 9.30am.
 ● Galston Community Health and Resource Centre
 ● Carole on 9894 7749

Association of Independent Retirees Ltd
 Meetings are held on the first Friday of each month at 10am.
 ● Yarrara Rd Pennant Hills
 ● John Guthrie on 9634 6727

Castle Hill Art Society
 Monthly Meetings and Art Demonstrations are every first Wednesday of each month at 7.30pm.
 ● 155 Ridgecorp Drive, Castle Hill
 ● 9899 3179

Circular Keys Chorus
 Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm.
 ● Janet 9653 2959
 ● info@circularkkeys.org
 ● www.circularkkeys.org

Dural and District Historical Society Inc
 Holds its lecture meetings on the 2nd Saturday of each month at 2pm in the Galston Uniting Church, School Road, Galston.
 ● History Cottage, 412 Galston Road, Galston is open for research by appointment.
 ● Michael Bell 9653 1365

Dural and District Prostate Cancer Support Group
 We meet the 3rd Monday of every month. 7:00pm for 7:15pm start.
 ● Blue Gum Centre Glenhaven Green 607 Old Northern Rd, Glenhaven
 ● Graham 8677 7896 or 0402 421 060

Dural and Hills District Garden Club
 Meetings at 8pm on 1st Wednesday of each month.
 ● Mid Dural Fire Station, 57 Mid Dural Road
 ● Di Glasgow 0409 909 161
 ● duralgardenclub@yahoo.com.au

Dural-Glenorie Scouts
 Joys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun!
 ● Warren Payne 0419 280 967

Dural Mens Shed
 Meets Thursday and Saturday 9am. Woodwork & Metalwork/Welding facilities.
 ● Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd
 ● Chris Thomas 0402 478 498
 ● www.duralmensshed.org

Friends of Fagan Park
 Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am-4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm - 4.00pm, and other special occasions.
 ● Ian Browning 0419 435 475
 ● isandian@tpg.com.au

Ferry Artists Gallery
 For info on workshops & membership see
 ● www.ferryartists.org
 ● Old Northern Rd, Wisemans Ferry 2775
 ● 02 4566 4385

Galston Area Residents' Association Inc
 Meets on the 3rd Thursday of the month at 8pm (during school terms).
 New members always welcome.
 ● Galston Primary School Library, School Road, Galston
 ● 0403 076 175

Galston Branch CWA
 Meets on the second Wednesday of each month. New members are sure of a friendly welcome.
 ● Galston Community Health Centre
 ● Patricia 0412 948 787 or Jann 0439 222 217

Galston Community Hall
 37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050.
 ● Galston Community Health Centre
 This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade).
 ● 9485 7599

Galston Garden Club
 New members are always welcome. Meetings held at 7.30pm on the second Wednesday of every month.
 ● Galston Community Centre
 ● Lorraine Muscio 0448 478 161

Girl Guides
 Is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm at Galston Guide Hall and Guides (age 10-14) meet Thursdays 6-8pm at Annangrove Guide Hall.
 ● GalstonDM@girlguides-nswactnt.org.au

Glenorie Maroota Bioregional Forum
 Meets at 7.30pm on the first Wednesday of each month. Let us know of your local environment and heritage concerns.
 ● Glenorie Community Hall
 ● Carolyn Hall carolyn@dphpc.com.au

Glenorie Memorial Hall
 Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery.
 ● Pat Schwartz 0419 321 276

Glenorie Progress Association
 Meets 2nd Thursday of each month at 7pm.
 ● Glenorie RSL Club
 ● secretary@glenorieprogress.org.au
 ● 0418 432 587

Glenorie Probuc Club
 This Club meets every 4th Wednesday at 11.00am. New members are welcome.
 ● Glenorie RSL Club
 ● Wendy 9653 1022
 ● wendyireneblack@yahoo.com.au

Glenorie RSL Club
 Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7pm.
 ● Glenorie RSL Club
 ● Graham Bruce 0432 391 811

Gregoriana Arcadia
 We welcome new members to join a community choir, Gregoriana Arcadia, dedicated to learning and singing the ancient, spiritual Gregorian music. It is sung in Latin and without accompaniment. No previous choir experience or knowledge of Latin is required, and there are no fees. We practise from 2-4pm on the second Saturday in the month, in the beautiful chapel.
 ● Benedictine Monastery, Arcadia
 ● Andrew: ajhede@gmail.com

Hills Community Aid No Interest Loans up to \$1,000
 For whitegoods, furniture, computers, essential repairs etc.
 ● Hills Community Aid 9639 8620
 ● enq@hca.org.au
 ● www.hca.org.au

Hills Shire Garden Club
 Meetings held on 3rd Monday of the month at 1pm.
 ● Barton Hall, David Rd, Castle Hill
 ● 9624 5034

Hills Farmers' and Gourmet Food Mkt
 2nd Saturday of the month, 8am-12pm.
 ● Castle Hill Showground
 ● www.hawkesburyharvest.com.au

Hills District Pipe Band
 Bagpipe band based in Castle Hill. Join to learn the bagpipes, snare drum or tenor drum, or enquire for gigs.
 ● Pipeband.hillsdistrict@gmail.com
 ● www.hillsdistrictpipeband.com

Hornsby Ku-ring-gai Four Wheel Drive Club
 Is a family orientated club that meets on the second Tuesday of the month at 8pm.
 ● Hornsby Heights Community Centre, Galston Road, Hornsby Heights
 ● www.hk4wd.com.au

Pennant Hills Photographic Club
 Meets on the 1st, 3rd, and 5th Mondays each month at 8pm.
 ● Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills
 ● www.phpc.org.au

Probuc Club of the Hills
 Is a mixed club which meets on the second Wednesday of each month (except January) at 10am for 10.30am. New members welcome.
 ● The Galston Club
 ● Bob 9624 8954 or Ken 9629 6459

Probuc Club of Round Corner
 Now has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group, Mah-Jong Group, Theatre Group, Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am. We look forward to you joining with us.
 ● Galston Club 19 Arcadia Rd, Galston
 ● All enquiries to The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

Rowland Village Workshop Club
 Invites enquiries about the Club from members of the wider community who are 55 and over years of age.
 ● Michael Bell 9653 1365

Rotary Club of Greater Hills
 New members welcome. Meets every 1st & 3rd Monday of the month at 6.30pm for 7.00pm. Join us and help make a difference through our local and international projects. Enjoy the fellowship of fellow Rotarians in our many and varied projects and social activities.

● The Galston Club
 ● Annette 0437 148 126
 ● membership@greaterhillsrotary.org.au

Soroptimist International of The Hills District Inc
 Meets at 6.30 on the 3rd Wed of the month.
 ● Crestwood Community Centre Baulkham Hills
 ● 04 3583 7118

Social Dance Workshops
 Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers. \$7.
 ● Pennant Hills Community Centre, Yarrara Road.
 ● Wilma 0413 673 339

Still Creek Landcare Group
 Have a say and help in the future of our catchments in Galston, Arcadia and Berrielle. We meet at 7.30pm on the 2nd Thursday of each month.
 ● www.StillCreekLandcare.com.au
 ● StillCreekLandcare@inet.net.au
 ● Nick 9653 2056

The Hills Trefoil Guild (Guides NSW)
 The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm.
 ● Guide Hall, Bounty Ave, Castle Hill
 ● Evelyn 02 9634 4987

The Shed Studio - Arcadia
 Womens Shed held on third Thursday of the month 10-12. Different creative projects each month.
 ● The Shed Studio on FB
 ● Suzanne 0419 603 122

Wanderers Bushwalking and Outdoors Club
 We have frequent bushwalks, city walks and social activities. Meetings on 2nd Tuesday each month at 8pm.
 ● Crestwood Community Centre, Crestwood Drive, Baulkham Hills
 ● Ted 0429 790 091
 ● www.bushwalkingnsw.org.au/wanderers

Churches

Christ Church
 Has a service at 9.30am every Sunday morning. You are most welcome to join us.
 ● 26 Pitt Town Road, Kenthurst
 ● Rev. Chris Baxter 0423 119 13

Dural Salvation Army
 1st Tuesday of the month at 10am for an informal worship service. Everyone welcome.
 ● 277 New Line Road Dural (entry from Old Northern Road)
 ● 0405 560 211

Galston Uniting Church
 Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursdays of the school term from 12noon to 4.00pm. OVER 55s for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest: Men's Choir, Ladies Choir.
 ● church office 9653 2039
 ● 11 School Road Galston

Galston Seventh Day Adventist Church
 Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service.
 ● 49 Arcadia Rd Galston
 ● Minister Steve Belson 0438 459 223

Glenorie Community Church
 Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome.
 ● 1507 Old Northern Road, Glenorie
 ● Pr Valich 0420 602 989
 Church 9652 0577

Glenorie Mission Church
 Sunday Service 10:00am.
 ● 1409 Old Northern Road (Cnr Muscios Rd), Glenorie
 ● 0414 584 303 or 0411 422 236

St. Columb's Anglican Church
 1st Sunday of the month 9.30 am. All welcome.
 ● 9651 1119

St Benedict's Catholic Parish
 Mass at Monastery 7am every morning.
 ● 121 Arcadia Road, Arcadia
 Mass at the Parish Church 7pm Saturday and 9am Sunday.
 ● Cnr Fagans Rd and Arcadia Rd
 ● 9653 2312 or Parish Priest
 Fr Bernard McGrath 0416 032 497

St Judes Anglican
 Service Times: 8am Traditional; 10am Contemporary with Sunday Kids and Yr 5-9 Teen group; 6pm Evening church for youth and parents.
 'Epic' kids club and Youth Group - Fridays (see website for details).
 ● Galston and Old Northern Rd, Dural
 ● 9651 1119

St Madeleine's Catholic Church
 Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm.
 ● 28 Annangrove Rd Kenthurst

Local sports associations

Asquith Indoor Carpet Bowls
 Meets every Tuesday at 9.30-12.30pm.
 ● Mt Colah Community Centre, Pierre Close, Mt Colah
 ● Jenny 9477 1855

Dural Country Club Bowling Clubs
 New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network.
 ● 0421 315 074 or 0411 375 580

Dural Country Club
 Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome.
 ● Murray 0407 950 939 or Bruce 0428 970 439

Dural Rugby Club
 ● efr86029@bigpond.net.au
 ● 0412 230 328
 ● http://dural.rugbynet.com.au

Galston Glenorie Amateur Fishing Club
 Meets 1st Wednesday of each month at 7.30pm. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker.
 ● The Galston Club
 ● Lachlan 0438 801 170 or Warren 0416 061 428

Glenorie District Cricket Club
 Cricket Season runs from Mid September until March each year.
 ● Amanda Fraser 0411 293 499
 ● Glenoriectc@gmail.com
 ● Les Shore Oval, Old Northern Rd Glenorie NSW 2157

Glenorie Social Golf Club
 Plays monthly.
 ● www.glenoriesl.com.au
 ● Stephen Osborne 0416 546 789

Galston Equestrian Club
 New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month.
 ● Rural Sports Facility Centre off Mansfield Road
 ● Liz 0409 992 920
 ● www.galstonequestrianclub.org.au

Galston Netball Club
 ● secretary.galstonnetballclub@gmail.com
 ● www.galstonnc.nsw.netball.com.au

Hills AUsSI Masters Swimming Club
 Adults 18 years to 80+ are welcome to swim with us every Tuesday at 7pm. Whether you want to swim laps for competition, fitness, or simply fun and friendship.
 ● Hornsby Aquatic Centre
 ● Di 0418 432 587

Hills Hawks Football Club
 ● Ian Robertson 0418 211 131
 ● president.hillshawksfc@gmail.com

Hills Hawks Softball Club
 Our competition is held during the summer season (September to March, excluding school holidays). We welcome new members!
 ● Hayes Park, Galston
 ● hillshawks.softball.org.au

Hills Pumas Football Club
 ● Sarah Sumskas 0430 883 385
 ● registrar@hillspumasfc.com.au

Tennis/Squash Social Group
 Looking for new players.
 ● 9847 6050
 ● tennisandsquash@live.com.au until March each year.

Tennis Court for Hire Galston
 Available Day or Night.
 ● Jane of Galston Community Hall
 ● 9847 6050

Tennis Court for Hire Glenorie
 Available Day or Night.
 ● Les Shore Reserve
 ● 0404 600 460

Calling All Playgroups

If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to: editorial@galstoncommunity.com.au

GLENORIE

Located at Les Shore Oval playground, every Thursday (weather permitting) 9.30am onwards. The kids can play whilst the adults chat. Bring allergy friendly snacks to share and a picnic rug. A great informal setting to meet some locals.

LEARNING BLOCKS

Dural, Level 1, 242 New Line Rd Dural at Learning Blocks Dural. It is open to the public free of charge. Hills Playgroup takes place every Mondays restarting from July 6 between 10am-12pm. It's fun, informal and a great way to socialise.

KENTHURST

Thursdays, during school terms, 9.30am til 11.30am at the Literary Institute. 131-135 Kenthurst Rd, Kenthurst.

GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more!

Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free). New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.

PLAYTIME AT THE CENTRE DURAL

Thursdays 9:30-11:30am during school terms. Playtime is a welcoming group for children aged between 0-5 and their parents. We have lots of playtime, craft and singing. You are welcome to just turn up on the day. Contact us on 8989 0000 for more information. Located at 1 Pellitt Lane, Dural.

MUSIC AND PLAY

Dural Salvation Army, 277 New Line Road Dural (entry from Old Northern Road) Wednesdays during school term. 10am-11.30am. Qualified Music Therapist with a planned themed morning of music, craft and playtime. A great way to meet more local families. For more information please phone 9651 3456.



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