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JULY 2024

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Member for Hornsby, Matt Kean, retires from Parliament

Today, after 13 years as the Member for Hornsby, I announce my retirement from the NSW Parliament.

During these incredible years, I have been lucky enough to proudly serve as a local member, Parliamentary Secretary for Multicultural Affairs as well as Treasury, Committee Chair, Minister for Innovation and Better Regulation, Energy and Environment, Deputy Leader of the Liberal Party, and Treasurer of NSW.

First and foremost, I have been grateful to serve the people of Hornsby and make lasting and positive impacts on the electorate. I'm proud to have successfully advocated for the rebuild of Hornsby Hospital, the construction and delivery of the Northconnex motorway and starting the remediation of Hornsby Quarry for public open space.

As a Minister of the Crown, I am grateful I was able to deliver the largest expansion of NSW national parks in a generation, and deliver reforms ranging from electric vehicles to hydrogen.

As Treasurer I fought hard to build a return to surplus after the economic damage of the pandemic, while also maintaining the important triple-A credit rating. Through this, I focused the 2022 budget on delivering the biggest generational investment in women's economic opportunity this state has seen.

I am also proud of the agenda-setting reforms I drove relating to energy and climate change. The NSW Electricity Infrastructure Roadmap remains the largest renewable energy policy in Australia's history, and the State's 2030 and 2035 emissions reduction targets are ambitious, science-aligned and achievable. In 2019, I doubt anyone would have thought

.um

either possible. It was because the work we did on energy and climate change was genuinely multi-partisan and done in the spirit of consensus building.

Tackling science-aligned action on climate change is going to be the hardest policy challenge for a long time to come. My advice to those who remain in NSW Parliament is to double down - the best and only way to keep energy prices low and the lights on is to build new infrastructure quickly.

None of these achievements would have been possible without an incredible support network. I want to thank my family, my partner, my colleagues and staff, the people of Hornsby who backed me to fight for them, and my mentors, especially Premier Gladys Berejiklian who showed me the importance of service, hard work, dedication and commitment to the people of NSW. I particularly want to thank the Liberal Party whose broad church is there to serve all Australians.

I am leaving parliament but will always look to serve the public and I intend to continue making the biggest contribution I can to the community and the causes I am passionate about. This will be in a different career.

I will continue to be a proud member of the Liberal Party, however I do not intend to nominate for a federal seat. Instead I will pursue a corporate career in the energy sector to continue playing a role driving this important transition.



Arcadia | Berrilee | Berowra Waters | Cattai | Canoelands | Dural | Fiddletown | Forest Glen | Galston Glenorie | Maraylya | Maroota | Middle Dural | South Maroota | Wisemans Ferry

"Kate gets

top results "

Read online at www.galstoncommunity.com.au

Galston Community Health Centre **Needs Volunteer Drivers** Volunteer driver David Wright



Says David: "It's rewarding and a pleasure to drive people who are over 65 and are unable to drive to their doctor's or hospital appointments or on a shopping trip once or twice a week."

Linda Wake, KNC-Transport and Volunteer Coordinator based at the Galston Community Health Centre, wishes to recruit more volunteer drivers who live in the locality. The requirement usually involves picking a client up from their home in the Galston, Dural, Arcadia, Glenorie areas, taking them to the surgery, hospital or supermarket and bringing them home again. Waiting time is usually between half an hour and two hours; occasionally longer. A kilometre allowance to cover fuel costs is paid, based on distance driven, starting from and finishing at the driver's home.

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EVENT DATE IS TO BE ANNOUNCED SOON

The colour run is returning after the COVID break. Greater Hills Rotary, with Galston High school, Bendigo Bank and our very own Galston, Glenorie and Hills Rural News, will be running the festival again this year. Plans are afoot to include several colour stations and a slide and foam obstacle.

We will have a grand finale at the end of the run, where all remaining colour will be thrown into the air at once. Coffee will be available, and there will be a BBQ.

This will be a great fun day, details of day and venues will be in the next edition of GG&H Rural Community News.



Did you know you can hire Glenorie Memorial Hall? Run by Hornsby Council, this hall charges the following rates (exc GST):

Seasonal Hire Rate Regular Hire Rate Not for Profit Organisations \$22 per hour \$29 per hour \$17 per hour

Friday/Saturday night hire from 5pm to midnight - total cost \$227.00 (minimum hire period - 2 hours)

Standing capacity 120 people. Suitable for Art & Craft, Birthday Parties, Children's Parties, Christmas Parties, Events, Fitness & Dance Classes, Meetings and Seminars.

The hall has a small kitchen with oven and fridge, seating and tables are available should you wish to do catering.

For online bookings go to https://www.hornsby.nsw.gov.au/ community/facilities-and-venues/halls-and-meeting-rooms

Call 9847 6050 or email vmt@hornsby.nsw.gov.au for general enquiries





COMMUNITY NEWS

The Galston, Glenorie & Hills Rural Community News prides itself on reporting about a variety of local topics and issues, covering news, features, sports, entertainment and the arts, community contributions, and much more.

We are interested in local stories from: Arcadia, Berrilee, Berowra Waters, Cattai, Canoelands, Dural, Fiddletown, Forest Glen, Galston, Glenorie, Maraylya, Maroota, Middle Dural, South Maroota & Wisemans Ferry.

To submit a story idea, an editorial or a community contribution, please email: editorial@galstoncommunity.com.au

Please send stories in editable text (word or email) not in PDF. MAXIMUM words 500.

Copy to be received by 15th of the month.

We love to hear from our community.







Karen Taylor Advertising 0487 111 868

Karlene Brummer Editorial 0492 975 943

advertising@galstoncommunity.com.au editorial@galstoncommunity.com.au

Accounts accounts@galstoncommunity.com.au

IMPORTANT LOCAL INFORMATION

HELP AND INFORMATION SERVICES

Ads/Artwork/Design

info@galstoncommunity.com.au

General Emergencies	000	Lifeline (24 hours)	13 11 14
Energy Australia Energy	13 13 88	Poisons Information Line	13 11 26
Hornsby Hospital	9477 9123	Police - Hornsby	9476 9799
Hills Shire Council	9843 0555	Police - Castle Hill	9680 5399
Hornsby Shire Council	9847 6666	Sydney Water	13 20 90
Endeavour Energy (Outages)	13 10 03		

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9658 9000
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain MIKE MELIS	0409 606 786
Galston Rural Fire Service Fire Captain DAVID ASLIN	0466 110 885
Glenorie Rural Fire Service Fire Captain ROD DERRIMAN	0491 119 152
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	9652 2245
Middle Dural Rural Fire Service Fire Captain LEN BEST	0408 220 705

LOCAL JP's

Mary Ord, Glenorie - 0400 363 563

Julia Billyard, Elude Games, Galston - 8005 0077

Vicki Brownless - 0423 727 826 (South Maroota area)

Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays between 1:00 PM and 3:00 PM. Also available at Cherrybrook Shopping Village, 10:00 AM to 12:00 noon Saturdays. Contact Jane 0427 998 004.

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This month we meet 15 year old Dotty, a Koolie x Border Collie from Central Macdonald. Dotty was trained to work sheep and cattle on a property near Kempsey. Proving easy to train and picking up instructions easily

she would 'head and back' cattle or sheep and as a result became known as the little big boss of the station. Now retired, she lives out her days accompanying her Dad as he works on the farm, and loves nothing more than sitting by his side on the ATV and zooming around the paddocks.

Nev: What was the best thing about being a Drover's Dog?

Dotty: All the truck drivers beeped their horns and people waved to say "Great job Dotty" and I would bark back to say 'I know.' When we camped at night in a holding paddock the drovers had to count the cattle/sheep in at night and out of a morning so I had to move them in and out slowly and if any were missing I had to go and find them. Occasionally if we were on roads my feet got sore, so I got leather socks to wear.

My favourite thing was swimming a river to muster the cattle on the other side and bringing them all back, sometimes I would swallow water and my bark would sound funny. After a swim muster, I loved getting a big congratulatory pat and shaking myself to spray everyone with water. Best of all was the tucker at the end of each day, my best mate was the cook.

Nev: I believe you used to be partial to a game of cricket. What position did you play?

Dotty: When my family were little, nobody wanted to field so I had to fetch every ball and drop the ball at the bowler's feet. Often I would chase the ball and catch it, then everyone would cheer and clap and the person batting would jump up and down protesting while a new batsman took his turn to bat.

Nev: Now that your droving days are over, what do you like to do on the Farm?

Dotty: I love the farm and all the cattle and sheep, especially when they have babies, I like to sit and watch. I get excited as the magic happens and the calf/lamb takes its first breath. I have never had babies of my own. I am getting older and my hearing and sight is failing now so I find it hard to back and head the cattle as I used to, so sometimes I sit in the truck and bark to move them like I remember. However I am still very handy moving sheep or cattle through the yards and I am extra careful these days to ensure I don't get kicked.

Nev: Why do the folk down there call you Dotty the Wonder dog?

Dotty: I cant understand why they call me a 'wonder dog', I am just an old working dog. I do what I think is right, what ever it takes. I love my boss mate of 15 years and saved him three times from potential snake bite, one was a brown over 2 metres long, he gave me a big lamb chop as reward but I didn't think my action was special, he would have done the same for me.

About 2 years ago our timber house burned down at 4AM, he was upstairs when the fire started, I couldn't get up the stairs because my bones are too stiff these days so I barked my most concerned bark until he woke up. We got out about ten minutes before the top story crashed down. He rewarded me with more than I needed, "a pat" It was just another day on the farm.

If you would like your Pet @ Work interviewed by Nev, please email: editorial@galstoncommunity.com.au with NEV in the subject line.





NEWS FROM **NETHERBY**

If We Could Turn Back Time...

Restoring clocks can be a time-consuming task, as one of our dedicated volunteers recently found out. An Ansonia clock, dated 1878 has been painstakingly restored to working order and is now proudly sitting on the mantle in the parlour of Netherby Homestead. The clock had three layers of paint and once removed, revealed a beautifully crafted wood grained case. The glass door is highly decorative with etched palms framing a bird's nest plant in a hanging pot. The clock has an eight-day movement with an Africa strike.

The Ansonia Clock Company was a manufacturing business founded in Ansonia, Connecticut, USA in 1851 and later moved to New York. They produced hundreds of different clock models. The company closed in 2006.

Netherby Homestead has a number of clocks in its collection, all restored by volunteers; an Enfield mantle clock c.1940, a further two decorative mantle clocks and a Tempus long clock. With weekly winding, the clocks are happily ticking and chiming away.

We invite you to visit Netherby Homestead at Fagan Park; wander through the house, around the gardens and rural museums... you will certainly feel you are stepping back in time.



We are open **every Tuesday** from 9am till 4pm and the **second Sunday of the month** from 1pm – 4pm. Follow us on Facebook (Friends of Fagan Park) for updates on events and stories.

By Julie Graham



www.empirebathrooms.com.au

Follow us on twitter.com/galstonnews

JULY 2024 | Galston Community News

COMMUNITY NEWS

Galston Village Pharmacy Biggest Morning tea

Galston Village Pharmacy is very proud with this years effort with raising much needed funds for Australia's Biggest Morning tea for cancer research.

We raised a total of \$10,837.25 our best year to date, we could not do this without the generosity of our wonderful community and local businesses so many to list individually and also to our wonderful team of volunteers that help very year, to all our beautiful customers that baked amazing treats for the day and A big thank you to the Bendigo Bank Galston our major sponsor for their ongoing support and donation every year and also to Bunnings Dural and The Galston club.









Knock me down with a feather!

It's not every day that you are driving around Dural, and see a man walking with a Macaw on his shoulder. Meet local identities, LouLou and Lefe!

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Latest News





To lodge, view and track the latest Development Applications in your area please visit: hornsby.nsw.gov.au/property



from the **Mayor's Desk**

I was deeply shocked and angered to receive news from the state government that they will no longer fund the development of much needed sporting facilities at Westleigh Park.

Simply put, it is the local community that will miss out. Hornsby Shire is in desperate need of recreational spaces and new sports facilities - there will be shortfall of 34 grounds by 2026 and the NSW Government's housing targets makes this need even more critical.

The site for Westleigh Park comprises around 36 hectares of open space and bushland. The redevelopment will create a major parkland with spaces for play, sporting activities including football, athletics, rugby, AFL and cricket, and other recreational activities such as mountain biking, walking and cycling.

This project is well under way, with a masterplan and plan of management adopted, detailed designs prepared, and construction expected to start by the end of this year (subject to DA approval).

Council has regularly updated the state government about progress and followed due diligence to advance this critical project. We also have cooperated with them by accepting additional housing targets above what we already planned for in our Hornsby Town Centre masterplan. These targets come with the promise of funds for infrastructure, so to take away this already allocated money is ridiculous.

The residents of the Hornsby Shire deserve better. Without these facilities our community will suffer declining physical and mental health.

I urge you to fight for the infrastructure you were promised and to save our sports grounds. Pledge your support on our website and write to the Premier for New South Wales, the Minister for Sport, the Minister for Local Government, the Minister for Planning and your federal and local members. For more information and contact details for the Members of Parliament, use the links in our ad on this page.

Philip Ruddock AO Mayor, Hornsby Shire Council

What's on



PLASTIC FREE JULY Small steps, big difference!

Reduce your plastic waste this month and be part of the solution to plastic pollution! plasticfreejuly.org



To celebrate Naidoc Week we're hosting a range of events at our libraries. Author talk and film screening, weaving and rock painting workshops, puzzle trails, storytime and craft. Visit hornsby.nsw.gov.au/library for details



SAVE <mark>our</mark> sport

Our community is being robbed – demand the NSW Government keeps its promise of funding for sports facilities at Westleigh Park.

Pledge your support to Save Our Sport



#StandYourGrounds

hornsby.nsw.gov.au/soswestleigh

Next Council meeting Wednesday 10 July, 6.30pm

Arcadia & Galston Resident Association Galston Village Public Domain Plan

In May, AGRA hosted a well-attended meeting featuring James Frawley and Danni Hu, both Landscape and Urban Design Specialists from the Major Projects division of Hornsby Shire Council. The focus was on the Galston Village Public Domain Plan, which includes much-needed upgrades, particularly to enhance pedestrian safety. The project is scheduled to begin in 2025-2026 and the plan focuses primarily on improvements between the two roundabouts on Galston Road and includes the following elements:

- Installation of traffic calming devices and a median strip along the road in front of the shops to prevent westbound vehicles from turning into the parking spaces.
- Upgraded and widened footpaths to accommodate mobility scooters, pedestrians, and cyclists.
- Upgraded entryways at the roundabouts.
- Angled parking bays in front of the shops to facilitate drive-in/ reverse-out movement in an eastbound direction.
- Landscaping with feature trees along Galston Road.
- Addition of leisure and recreational seating at the Arcadia Road/ Galston Road corners, including bike racks, drinking fountains, and a pergola with seating.
- New pedestrian crossings on Galston Road and Arcadia Road.
- Relocation of the bus bay westward towards the library.
- Enhanced bench seating, planter boxes, and wider footpaths outside the shops on Galston Road.

Hornsby Council sees the works will commence during the year 25/26 with assistance from Transport NSW for additional funding. Questions from the floor asked about the provision for public toilets, as this is lacking within the vicinity of the shops. There was also concern about the calming devices causing a 'rat run' via Glen Street and the design is kept in keeping with the rural nature of the village and the placement of landscaping blocking vision for cars leaving private driveways.

Johnson Road, Galston

Stephen Head, General Manager of Hornsby Council then addressed the meeting about Johnson Rd. In June 2023 Council resolved to prepare a Planning Proposal to rezone its land on Johnson Road, Galston and the preparation of the planning proposal is underway with several studies having already been prepared. Council officers have engaged a qualified



arborist to inspect and provide advice on each tree over 3m on both 1 & 3 Johnson Road, Galston sites. As part of the arborist inspection, each tree that has been inspected has been tagged so that the Council's surveyor can locate each tree on a survey of the site. The tags will remain attached to trees on the site until the survey is complete and has been reconciled with the arborist's inspection notes. Stephen Head also advised at this time there will be no development until at least 2026.

The Off-Leash Dog Park - Fagan Park

Stephen Head, General Manager of Hornsby Council then addressed the meeting about the Off-leash dog park at Fagan Park. He advised that this area in Fagan Park is still under review.

Scarecrow Competition & 2159 Hoodies

The Scarecrow Competition is planned again for later this year. Proudly 2159, Proudly Arcadian, Vintage 2159 & Vintage Arcadian Hoodies can be ordered now for \$45 each. Various colours are available – for more information, please email Meegen – events@agra2159.com.au

Furthermore, I would like to invite those who have not yet attended our meetings to join us, it is an excellent opportunity to contribute and learn about what is happening locally. Your presence and input are highly valued, and together, we can work towards creating a thriving and cohesive community. Membership is \$10 to join & \$5 each year afterwards.

Sonja Cameron, President president@agra2159.com.au



Adventure Camp for Dural Scouts

The 46th Greater Western Sydney Region Jamborette was a threeday extravaganza of scouting spirit and adventure held over the long weekend at Cataract Scout Park. The theme, "Greatest Hits of the 20th Century," brought the past to life, with Dural Scouts and several courageous Cubs joining in the fun. Leaders and Venturers lent their support, leading a variety of thrilling activity bases including our very own: "Gyro Scout", "Saving Guinevere" - a dual rope rope/pulley base in which harnessed scouts grappled against each other to save Guinevere; and an electric fence field. Our group took the Gateway competition very seriously—a nod to the 1920s with an impressive rendition of the Harbour Bridge partially incomplete as it was back then.

The boundary fence, humorously warning of an "Electric Fence," caused quite the stir, with many a scout daring to test its veracity. The highlight for most, however, were the adventurous activities like the Giant Swing, Caving, Zip-lining, and Rock-climbing, along with the night disco, inflatables, and the warmth of new friendships forged around the neighbouring campsites and our own campfire.

Our intrepid leader Nathan barely caught a wink of sleep, save for a brief respite by the campfire. As for the scouts and cubs, the peaceful slumber on the car ride home was a testament to the camp's success.

Here's what some of the Scouts enjoyed the most:

- Brigette: Campfire stories, the disco, and the "Gatsby Games"
- Janik: The thrill of the Giant Swing, Caving, Gyro Scout, and the night inflatables.
- Cooper: The disco, relaxing by the fire, and wood chopping.
- Jack: The exhilaration of the Giant Swing.
- Levi: The fun of inflatables.
- Elijah: Meeting new people, basketball, and the "Lupin's Legacy" base.

Scouts

Each experience, unique and cherished, wove together to create a tapestry of unforgettable memories at the Jamborette.

Dural Scout Group has vacancies for Girls and Boys from 5 to 25 years. Joeys (5yo), Cubs (8yo), Scouts (12yo) and Venturers (16yo).

Please contact Phirooza: 0411 731 976 or phirooza@bigpond.net.au or Simon: thewolf_1stdural@bigpond.com



WHY HITTING THE PROPERTY MARKET IN WINTER COULD PROVE TO BE THE RIGHT MOVE

Savvy home sellers should look to list their property ahead of what is anticipated to be a busier-than-usual spring market.

Kate Lumby from Lumby Real Estate said there are many advantages to listing in winter due to continued property price growth and strong buyer demand.

"There tends to be a glut of property coming onto the market once we hit September, but a better strategy is to go early and get a first-move advantage as there is less competition and buyers in winter tend to be more serious," she said.

Lumby Real Estate has been specialising in residential and acreage sales throughout The Hills and Hawkesbury areas for more than 50 years offering both private treaty and auction campaigns. The boutique agency has achieved some of Dural's highest sales results, more recently 17-19 Vineys Lane and 2 Haven Place.

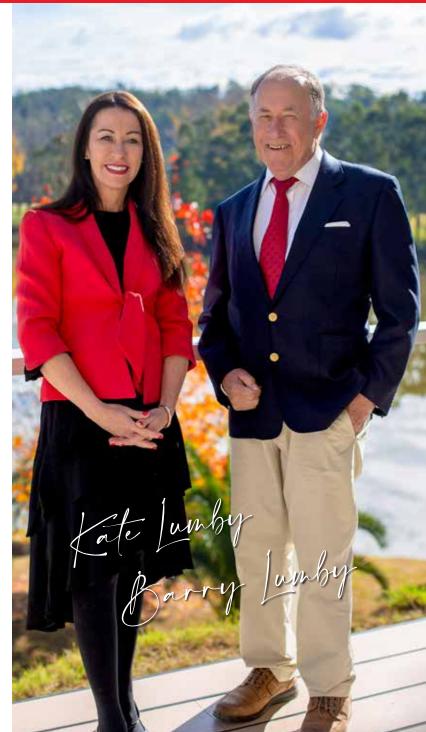
It can take as little as one week to list a property for sale, giving those currently considering their options time to get ahead of the crowd.

"The best place to start is having your property appraised and this includes looking at comparative sales results in your area," said Ms Lumby, who is a two-time Australian Auctioneer of the Year Award winner.

Her father Barry, who started the business back in 1968, said he has seen many sellers waste valuable time and money by leaving their property sitting on the market due to being overpriced or with the wrong agent.

"It is important to have experience, the right strategy and the right agency behind you so that you can move on to the next stage of your life."

Interested in having your property appraised? Contact Kate Lumby from Lumby Real Estate on 0414 620 222.



Real Estate Since 1968 9651 2788 | lumby.com.au



Kate Lumby 0414 620 222

Galston CWA



As we move into Winter, the ladies from Galston CWA are very busy working to assist those needing help in our communities, here taste treating some new raspberry and strawberry fruit butters for inclusion in the jams and relishes they create.

We do appreciate donations of fruits and vegetables, as well as yarns for knitting and crochet. We meet at the Galston Health and Community Centre and our meetings are on the second Wednesday every month. Please pop in and say hello, we welcome visitors and new members. We will also have a stall at the Rowland Village Market Day, on **29th June**, come and check us out.

For any enquiries phone Anne 04 0422 8209 or Patricia 04 1294 8787.



Come in and see our friendly staff at Galston Village Pharmacy for a professional and caring attitude toward your health. We will be happy to advise you on appropriate treatment for your medical conditions and general well-being!

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Glenorie Progress Association

Paver Tales: The Origins of the Beard Place and Venetta Road Names

As part of our fund raising activities for the Ray Whiteman Heritage Fence, the GPA has been offering Glenorie district locals and families the opportunity to have their names engraved in pavers and laid in perpetuity in a path in the precinct of the Glenorie Memorial Hall, opposite Woolworths.

As a result of this exercise, there has been much excitement generated in the Community and to date well over 50 single and double pavers have been ordered. For many, the pavers symbolise not only their family's connection to the Glenorie district but also offer an opportunity to preserve the historical connection by literally laying it in stone. The GPA has been heartened by some of the amazing stories that have been told by people when ordering their pavers. The first of these 'Paver Tales' is told today: The origins of the Beard Place and Venetta Road names.



The Beard family's legacy in Glenorie spans generations, beginning with Joseph and Caroline Beard's arrival in Sydney by boat from England in 1852. Despite facing the tragic loss of seven of their ten children in infancy, their perseverance laid the foundation for a lasting impact on the Community.

Their tenth child, Joseph (Joe), was born in 1870. He married Elizabeth Ann Sullivan in 1892. They originally lived at Petersham but were advised to move from the suburbs due to health concerns.



In 1906, Joseph and Elizabeth obtained a Land Grant of 80 acres on Old Northern Road, Five Mile Forest - now Forest Glen - just past the Glenorie Oval - now Les Shore Oval. At that time, they were parents to five children. After moving to Glenorie they had a further three, Walter, James and Alma, all of whom attended Glenorie Public School.

Walter became a successful farmer in Glenorie, he married Ethel Gregory. They had 3 sons, Leslie, Allan and Kenneth. Allan still lives in Glenorie.

Joseph and Elizabeth later moved to a property in Cattai Ridge Road, near Smith's Lane, paid for and financed by their son, James. In around the mid-1930's, James then



purchased a further 40 acre parcel of land on Cattai Ridge Road where he and his father built a home.

James married Venetta Ivy Packer from East Kurrajong. They raised 7 children, all of whom lived in this home until their respective marriages. This original home still stands on Venetta Road.

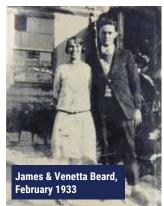
James and Venetta farmed stone fruit, citrus and vegetables, which he sold at the Sydney Markets.

In order to irrigate the farm, James, in collaboration with fellow farmers, erected an irrigation line from Pinus Avenue through the bush and other properties to his own farm. As it soon became apparent that he required additional water for the farm, in 1956, James engaged a Mr. Gordon Lucas to construct a large dam at the bottom of his property. This dam is now part of a property on the lower side of Venetta Road.

Beyond farming, James was an accomplished cricketer for the Glenorie Cricket Club, a passion he shared with his four sons.

In the late 1950's, James expanded his farming operations with the purchase of a property in Post Office Road. His eldest son, Noel bought the adjacent 25 acre property where his wife, Mary still lives today.

When James and Venetta later moved to their Post Office Road property, their son. Kevin took over the farm on Cattai Ridge Road.



It was later subdivided to form various estates served by Venetta Road and Beard Place, which were named after and in honour of James and Venetta.

James retired around 1965 due to ill health and after the tragic death of his son, Colin at the age of 15, in a farm accident. James passed away in 1969 at the age of 59 years. Venetta passed away in 1988 at the age of 78 and after many years of ill health.

A number of James and Venetta's Grandchildren and Great Grandchildren still reside in Glenorie and the Hills District.

If anybody has similar personal or family tales about the history of Glenorie, we'd love to hear from you at pavers@glenorieprogress.org.au. If you'd like to order an engraved paver, please visit www.glenorieprogress.org

We recognise the Traditional Owners of the Glenorie area, the Dharug people, and pay respect to their Ancestors and Elders past. present and emerging and to their heritage. We acknowledge and uphold their intrinsic connections and continuing relationships to Country.

Follow us on twitter.com/galstonnews

Glenorie Probus Club Activities

Glenorie Probus Club has had an interesting month. The guest speaker at the monthly meeting was Norman King an ex Qantas Engineer. He told us the story of the recovery of the first Boeing 707 purchase by Qantas in 1959.

It came to the attention of a group of Qantas engineers that the plane was still in existence albeit in a derelict state at Southend Airport in Essex in the UK. They believed it deserved a better fate and decided to recover it. It took three years of delicate negotiations, thousands of volunteer manhours and close to \$2,000,000 to bring it back to Australia of volunteer. His tales were very entertaining including the moment when the missing



cockpit door handle fell from a toilet sullage tank. The Airliner VH-XBA now sits at the Qantas Founders Outback Museum in Longreach Queensland.

The clubs activity for the month was a tour of the historic Mint and Hyde Park Barracks.

Hyde Park Barracks is a heritage listed former barracks, hospital, convict accommodation, mint, courthouse, and now is preserved as museum. This is the history of a building originally erected to house convicts and there is still evidence of this original use in the building. The Mint was originally part of Governor Macquarie's Hospital for convicts. It later became the first branch of the Royal Mint outside London. With good weather assisting this was a very informative and enjoyable day.

The Club meets on the at 11.00am on the **4th Wednesday of the month** at Glenorie RSL and new members are welcome.

Contact Wendy Black on 9653 1022 or email wendyireneblack@yahoo.com.au

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3 Johnson Road, Galston

It looks like the U.N. has heard our community's cry for a local social play space!! Visit https://www.un.org/en/observances/international-day-of-play

The U.N. declared the inaugural International Day-of-Play to be June 11th, 2024. Local residents of Galston Village APPLAUD THE U.N. for their recognition of the importance of such spaces.

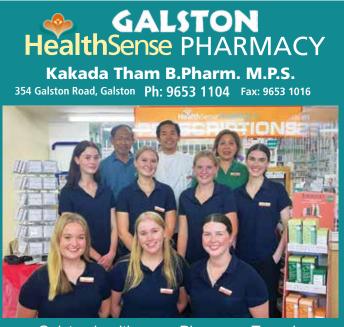
Local community residents use the 3 JOHNSON ROAD parcel DAILY for any of these: social engagement, walking of prams, children, dogs and sometimes seniors, children's activities, bird watching, star gazing, flora and fauna watching, collecting firewood and even solitary meditation.

3 JOHNSON ROAD, GALSTON, is the ONLY LOCAL OPEN GREEN-SPACE on the western side of Galston Village. We use it, and DON'T want to lose it.

Both Hayes Oval and Fagan Park are alternative sites for social and play space; however, both have a number of issues that inhibit their free use by our local residents, including but not limited to:

- (1) distance, requiring driving there especially when time is constrained;
- (2) Fagan Park open-hours, precluding use of the Park and amenities at other times;
- (3) parking fee at Fagan Park, and no parking spaces available at Hayes Oval during sport events;
- (4) busyness of both venues on weekends with sports events or high influx of out-of-area visitors; etc.

Our community strongly petitioned Hornsby Shire Council to retain the site as it currently is, questioning Council's current plan to seek rezoning of the site to enable development of the unencumbered sections of it, for rentable general industrial/commercial units.



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Encumberances of the 3 JOHNSON ROAD site include treed zones with endangered tree species on 3 boundaries, and the Ausgrid easement on its 4th boundary. These encumberances significantly reduce the space available for actual development at the site. Along Boundary Road, near Round Corner, are approximately TWENTY FOUR EMPTY COMMERCIAL / LIGHT INDUSTRIAL UNITS, still waiting for occupiers.

Our Galston Village area does not need new business units located next to our residential area.

Our community needs 3 JOHNSON ROAD to be retained for community use and benefits, as outlined. THANKS TO THE U.N. for inaugurating this great initiative, which supports our community's call for Council to retain 3 JOHNSON ROAD, GALSTON, as local open green space.

Name and address supplied



Lasernik Cosmetic Clinic



At Lasernik Cosmetic Clinic, your well-being and comfort is top priority. Owner Niki Jones is a registered nurse and holds certificates in laser safety and dermal therapy.

The clinic is equipped with state-of-the-art

technology, and she is trained in the latest laser cosmetic techniques. Niki is passionate about helping you achieve your aesthetic goals in a safe and welcoming environment. Discover the transformational power of laser cosmetic treatments at Lasernik Cosmetic Clinic.

Schedule your consultation with Niki, and let her embark on this journey to a more confident, radiant you. Niki looks forward to welcoming you to her Galston clinic.

Contact Niki on 0420 234 825 to book your appointment and take the first step towards a more beautiful and confident you.



Shop 9 346 Galston Road, Galston, NSW 2159 (best access via Aldi carpark) ABN 42455297039

Celebrating Community and Craft: Kirrily Jordan's Weaving Journey

In the heart of Australia's red center, Galston's own textile artist Kirrily Jordan has spent the past year weaving more than just threads. She completed an ambitious community weaving project that culminated in an extraordinary display of handmade lanterns.

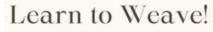
Her journey began with a vision to engage local communities through creativity. Collaborating with Yipirinya School and other local groups, she introduced the art of weaving to more than 250 participants. People from all walks of life came together to connect, share stories, and create something beautiful.

After parading the finished lanterns at the Desert Festival, participants assembled them into a giant woven installation which went on to become a finalist in the prestigious Alice Prize.



Now, Kirrily is bringing her wealth of experience and infectious enthusiasm back home. On **28th July**, she will host a basket weaving workshop at Wallarobba Art Centre in Hornsby. This workshop offers a chance to learn the simple yet elegant basketry stitch that was at the heart of the Alice Springs project.

Join Kirrily on 28th July at Wallarobba Art Centre and become part of a story that weaves together art, community, and joy.







Saturday July 28th Wallarobba, Hornsby

Coiling with 'Mariposa'

Come and learn this beautiful 'lantern' stitch and leave with a beautiful basket of your own!

Bookings: kirrilyjordan.com workshops

Follow us on twitter.com/galstonnews

asernik

Cosmetic Clinic

Warrah Biodynamic Farm Offers Guided Tours for the Whole Family

WARRAH

Sydney's only certified biodynamic farm invites the community to embark on an enriching experience learning about its thriving organic practices.

Saturday 13th July from 10am to 11:30am, Warrah Biodynamic Farm opens its doors for an interactive guided tour led by Warrah's farm manager, Steven Tennikoff.

You will have an opportunity to discover the story behind Warrah and how it came into being.

Embark on a farm walk, exploring the various growing areas. Discover organic certification and learn about sustainable farming practices.

Pick up some useful tips for successfully growing your own sustainable veggie garden.

The guided tour is suitable for the whole family, offering a unique opportunity for adults and children to learn and connect with nature. Whether you're a seasoned gardener, a curious explorer, or simply seeking a unique weekend activity with the family, Warrah promises a fun and interactive experience for all.

Warrah Biodynamic Farm is a social enterprise dedicated to empowering people with disabilities. All revenue raised by Warrah Farm benefits Warrah's disability services.

ADVERTORIAL

Shine Bright Equine Human Services

is an equine assisted therapy centre situated in picturesque Arcadia, just 35 minutes northwest of Sydney.

The centre is owned and operated by Anne-Katrin Liebe, a highly experienced and qualified International Equestrian Level 2 Coach and Sports Scientist.



Shine Bright Equine Human Services offers private and group equine assisted therapy programs in a calm, fun, supportive and encouraging environment. Anne-Katrin works with clients of all ages and various needs, with each interaction personalised and tailored to the individual.

The nature of her horses and the animal's ability to read human body

language is what creates the starting point of each client's therapy journey. Clients need to engage in an intense emotional and cognitive process with the horse. Anne-Katrin revealed that seeing her clients flourish in the therapy sessions is the most fulfilling aspect of her job.

Shine Bright equine assisted therapy aims to help people regain their self-assurance, strengthen their self-confidence, and overcome fears, while improving their psychological well-being and achieving increased relaxation and mindfulness.

Private, NDIS self managed and plan managed participants please visit www.shinebrightequine.com.au or contact Anne-Katrin on 0422 279 657 (mob) to book an initial appointment.

Booking Details:

Cost: \$20 per person. Bookings are essential Date: Saturday, 13th July, 2024 Time: 10:00am - 11:30am Location: Warrah Farm, 20 Harris Road Dural, Sydney To book: https://warrahfarmshop.org.au/biodynamic-farm-tour-13july-2024/

About Warrah

Shine

Equine Human Services

Warrah is a not-for-profit organisation dedicated to supporting people living with disabilities to lead an engaging and fulfilling life. Flexible and tailored services include Supported Independent Living, Social and Community Programs, In-Home Support, a Specialist K-12 School. Warrah also operates a Biodynamic Farm, an Organic Farm Shop, and a Bakery.

Warrah is located amongst the beautiful bushland of Sydney's North-West, and fosters a holistic approach to learning and development which are inspired by the Rudolf Steiner philosophies.

For more information: Petricia Augustus, paugustus@warrah.org.au 0414 550 824.

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- impacted by domestic or intimate partner violence to connect with your body and value yourself
- experiencing anxiety, depression, eating disorders to love yourself more and seek freedom
- with ADHD, Down Syndrome and more

CALL ANNE-KATRIN TO FIND OUT MORE!

0422 279 657info@shinebrightequine.com.au162 Arcadia Road, Arcadiawww.shinebrightequine.com.au

HISTORY

Dural and District Historical Society Inc.

News from History Cottage

What a fascinating talk members heard at our June meeting! Susan Gray told of her commitment and care of the primates on her property, Banana Cabana, in Dural. To hear of the character and attributes of her charges was to come to the realisation of how close we are to those on the other branch of the tree of evolution.

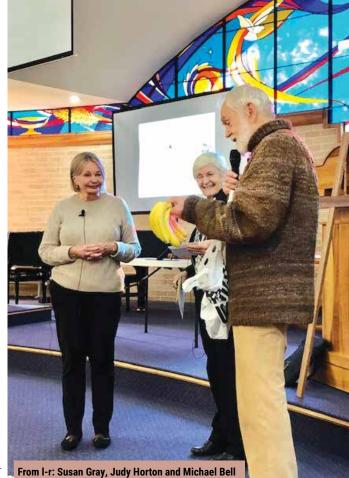
On the 28th May a full bus of members toured Parramatta. Our guide, Judith Dunn OAM, brought the lives of the convict women and their children much closer. The restored heritage buildings of the Female Factory; the Orphanage, now part of the University of Western Sydney and Lake Parramatta, are a joy to see. Saint Patrick's Cathedral is a fine example of the blending of old and new in architecture. These locations and Parramatta Park, are a must see.

Cattai Creek played an important part in the life of those who lived along it; from pre history, through early Colonial and to the present. The story of this branch of the Hawkesbury will be told by our 13th July speaker Mal Johnston, Historian, lifetime resident of Kenthurst and explorer. Mal has walked, canoed and researched and will share his work with us.

Next Meeting: 13th July - Galston Uniting Church, School Road, Galston, starting at 2.00pm. Free entry. Afternoon tea gold coin.

August 10th - Arcadia Community Hall, 134 Arcadia Rd Arcadia. 2.00pm. Free. Dr Grace Karskens "People of the River".

Enquiries 02 9653 1365.





How to safely light a fire this winter in a fireplace or wood heater

By taylor Firewood

Getting Started

A home fire can be one of the highlights of winter. Keeping warm by a fire can be a comforting and cozy experience. Getting the fire started can be the biggest challenge. We suggest that you get some handy tools and materials to help make it easier every time.

Tools and Materials:

- Firelighters
- KindlingPoker stick
- FirewoodFire Starters brush
- Shovel and hearth

Steps:

1. Prepare your fireplace

Your fireplace may already be clean, but if it's not, you'll need to clean out any ash or coal before getting started. You should also open the flu, or vents to ensure there's good airflow when the fire is lit.

2. Stack and light the kindling

Take six to eight pieces of kindling and stack them in a crosshatch style arrangement, by placing two pieces on the base of the fire vertically, and two pieces on top of those horizontally, repeating again.



founder of Taylor firewood, Ashley Taylor and John Taylor, a Dural resident for 50 years.

Following fire starter product instructions, place firelighter bricks amongst the kindling. Using a gas lighter or matches, light the kindling and wait for it to become well alight. Wait a few minutes before adding the larger firewood pieces to your fire.

3. Add the firewood

Once the burning kindling settles, it's time to add the first pieces of firewood. Place a few pieces of smaller firewood onto the kindling, being sure to allow space between them so air can circulate. Once these smaller pieces settle

Taylor Tree Recycling

As part of our commitment to sustainable industry, we turn all tree waste into kindling, firewood, or valuable timber products.

Three generations of Taylor Firewood work together recycling tree logs from local tree loppers that would have otherwise gone to landfill. Instead, they are being repurposed to keep you warm this winter. Taylor Tree recycling aims to provide a wide range of products from premium hard dried firewood to timber stools for around a firepit.

In celebration of National Tree Day, we will also be planting a tree on the last weekend in July to mark the occasion.

Taylor Firewood is also available for bulk order deliveries. Please call to arrange.



and are burning hot, it's time to add larger logs. Again, be sure to allow good airflow between each log, to prevent smouldering and smoke. For best results ensure your wood is dry so that it lights well.

4. Relax and enjoy



If you would like us to continue supplying the local community with low-cost, seasoned firewood – we need your support. All it takes is a phone call, SMS or email to our local councillor Warren Wadell, 0411 668 328 email warrenjwaddell@gmail.com with a brief mention of what it will mean to you if Taylor Firewood is forced to close due to regulatory changes. Every single mention, no matter how small, will really help us to gain the required certification.

YOUR FIREWOOD SUPPLY IS AT RISK

Council is reducing the number of providers by restricting their ability to operate. At this rate there will be no providers left in the shire.



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20 Galston Community News | JULY 2024

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Architectually designed 2 and 3-bedroom villas.

Extensive outdoor areas, including a putting green, bocce court, BBQ area and terrace garden.



Visit the Sales and Information Centre 328a Galston Road, Galston. Open Wednesday to Saturday from 10am - 4pm. Ashdale veiwings by appointment only.

1800 797 333 sales@livingchoice.com.au

livingchoice.com.au









As part of NAIDOC Week 2024, Hornsby Library will be joined by proud Wiradjuri woman, Brenda Matthews, on Friday 5th July at 2pm. Brenda's childhood and her journey of healing is the subject of the award-wining documentary, *The Last Daughter*. The event will feature a screening of the documentary and a talk by Brenda about her book based on the documentary. Bookings are essential. For more information visit hornsby.nsw.gov.au/library

ADULT FICTION THE DESERT KNOWS HER NAME BY LIA HILLS

On a hot October afternoon, a girl walks barefoot out of the Wimmera desert. She finds sanctuary with Beth, a regenerative farmer devoted to bringing her family's farm back to life. The arrival of the mysterious girl unsettles the community and old tensions erupt. The longer the girl stays silent, the more volatile the town becomes. Who is she and what does her presence mean?

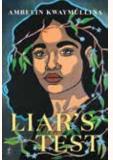


The Desert Knows Her Name is an exquisite novel that speaks to a deep longing for connection with the land, and the silences

that persist in contemporary Australia.

YOUNG ADULT FICTION LIAR'S TEST BY AMBELIN KWAYMULLINA

Bell Silverleaf is a liar. It's how she survived after her people were invaded by the Risen and their gods. Now she's one of seven girls competing in deadly challenges to determine who rules for the next twenty-five years. But Bell doesn't know she's part of a conspiracy stretching back generations, and she's up against the gods themselves. Getting hold of that crown might just be the least of her problems.



Liar's Test is a gripping YA fantasy with a fast-paced, twisty narrative and an unforgettable heroine inspired by the strength and power of First Nations women.

Reserve your copy at hornsby.nsw.gov.au/library, via the Hornsby Shire Libraries app or call Galston Library on 9847 6160.

A Fun Career Close to Home

Looking for a new, rewarding career? Working locally at Aussie Pumps can provide the ideal mix of stimulation and convenience.



"Our recent move to new premises has enabled us to increase production capacity and productivity. We're actively recruiting professional salespeople, product managers and sales admin staff to support this growth", said Aussie's General Manager Warwick Lorenz. "We'd love to hear from enthusiastic locals who want a rewarding career in a vital industry and have fun at the same time!"

Full on the job training will be provided and excellent renumeration packages are on offer for those who have a talent and passion for good customer service.

"We're proud to be an Australian manufacturer and we're proud of the quality products we've developed, build and sell," said Lorenz.

Aussie Pumps' new headquarters is in the Hills Norwest area, near Hillsong, with onsite parking, excellent staff facilities and many retail businesses nearby. With good transport links cutting commute times, working locally certainly offers many benefits.

For further information on all the employment opportunities available check the careers section of the Aussie Pumps website https://aussiepumps.com.au/careers/ or contact Linda-Sue Karkowski on 8865 3500.



Hills District Retirement Village & Resort Expo

Sun 28th & Mon 29th July 2024 | 10am-3pm daily Castle Hill RSL Club, 77 Castle St Castle Hill NSW

On display will be the latest resort style developments as well as established villages from many different organisations. All offering a wide range of services & facilities, sizes, prices and locations, all under one roof with free admission.

www.retirementexpo.com.au

Wonderful

opportunity to ask questions and gather

information

Tips for selling your home this winter

When selling in winter, it's essential to ensure your home looks its best and stands out, especially without the benefits of warmer weather and natural light. Here are several tips for selling your property this chilly season.

First things first, temperature.

It seems so simple but the best advice for selling your home in winter is to remember that it's cold outside. Ensure your home is nice and warm to create a good first impression on buyers and instantly make them feel welcome. If you are lucky enough to have a woodburning stove or fireplace, now is the time to put it to good use.

Let there be light.

Light is a major consideration for prospective buyers, and in winter, it's crucial to address the reduced sunlight due to the lower sun. With fewer sunrays, focus on the current lighting situation and ask yourself—is it bright enough? This is super important to ensure no areas appear gloomy, as this can deter buyers and affect the sale price.

Make buyers feel warm and fuzzy.

Everyone enjoys feeling warm and cosy in winter, so ensure your home's interior gives off this vibe during the open house. Achieve this by layering textures and fabrics that help retain heat.

You can even make your floors cosy by using plush rugs. Add extra cushions, blankets, and throws in wool or faux fur to living areas and bedrooms and consider using warm winter colours when it comes to staging your home. You're aiming to draw in those prospective buyers so it's important to create a cosy and inviting atmosphere, particularly during the colder months.

Don't overlook the outside.

Most real estate agents will tell you that buyers prefer homes with well-maintained outdoor areas and backyards, as these are significant selling points. While prospective buyers may not expect lush lawns and blooming gardens, well-kept outdoor spaces can still boost the sale price.

Maximise kerb appeal.

During winter inspections, buyers will enter the home quickly to get out

of the cold. They will then carefully inspect the exterior of the home.

Pay particular attention to the front door area, this is the first area buyers will see, so it's super important you ensure its spick and span. If your house looks tired, try adding new house numbers, plants, lights, or a doormat to freshen it up. A fresh coat of paint or stain can also go a long way to creating a strong and lasting first impression.

Clean, declutter and deodorise.

Like when selling at any time of year, it's a no-brainer to clean and declutter your house. This maximises its appeal to potential buyers and helps them better envisage themselves living in the space.

It might be a cold and uninviting space at this time of year, but potential buyers will still want to check out the garage. Keep your home clean by storing bulky items off-site and tidying up any remaining items to reduce clutter.

Bring some greenery in.

Even though most of the leaves have fallen, it's a great idea to add some greenery to your home for an

info@hftr.com.au

www.hftr.com.au



open home. A vase of fresh flowers can make the space look and smell amazing and is a great tip for selling your home.

They will make the space look and smell amazing. You can add more succulents or plants to create a warmer, wintery vibe in your home. Just make sure they match the overall look you're going for.

The process of selling can feel daunting, but you don't have to go it alone. Speak to your local Belle Property real estate agent Carolyn Wheatley today - 0407 120 483.





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MATES MUSIC MARGS

BACKYARD SESSIONS NEW WINTER TIMES - SATURDAY'S 1PM & SUNDAY'S 12:30pm glenoriersl.com.au | @glenoriersl | facebook/glenoriersl

Circular Keys Chorus glistens on the foreshores of Fremantle

By Kath Ware

Circular Keys Chorus, from Bella Vista in the Hills District, has won second place in the 2024 Sweet Adelines Australia women's barbershop competition. This year's event was held in Fremantle, Western Australia and featured 13 women's choruses and 22 quartets from around the country.

Women's barbershop singing is a particular style of a cappella (unaccompanied) singing in four parts. Sweet Adelines is one of the largest non-profit women's singing associations in the world, and the Australian region encompasses 32 choruses

and over 1,100 singers.

CKC was represented in Fremantle this year by 33 members of the chorus. Their competition songs were the Lerner and Lowe classic 'Almost like being in love' and the swooniest of swoony ballads, 'I wish you love'. At the end of the competition, they delighted the audience with an exuberant performance of 'Don't rain on my parade'.

Vicki Dwyer, musical director of CKC said, 'The competition is always fierce, and our chorus sang beautifully, but we were

just beaten by an amazing performance from Redland Rhapsody from Brisbane.' CKC has won many awards over the years, including first place at previous Sweet Adelines Australia contests, and has represented Australia three times at annual international Sweet Adelines conventions held in the USA.

Vicki also competed in the quartet division as lead singer in Alouette along with three other CKC members, including Diane Jenkins,

SPORTS NEWS



the chorus's assistant director. Diane went on to win a separate award for the most outstanding recent graduate from the Sweet Adelines directors' program. Other members also competed in their own quartets, and although they didn't win official placings, they all received their best scores so far in the national competition and were very pleased with their performances. Within a week, Alouette also competed to be Overall Quartet winners for Barbershop Harmony Australia (BHA) Eastern Region Contest, and also winners of the Open Women's Quartet.

But the only chance these intrepid volunteers got to float on Cloud 9 was on the flight back to Sydney, because they're now straight back into preparations for upcoming local recitals,

> community events and end-of-year Christmas carol performances.

Circular Keys Chorus meets for rehearsals every Wednesday evening at Bella Vista. Its members come from all over Sydney and from all social demographics, including students, mothers, grandmothers, business people and retirees. The glue that bonds this dynamic group of women together is the love of beautiful music and the desire to create gorgeous harmonies for others to enjoy.

Visitors who are interested in joining the chorus are welcome to attend a rehearsal and see what members do each week to prepare for performances. Follow us online for future singing workshops and upcoming performances. Full details on who to contact and where to go are on the CKC website at: www.circularkeys.org

Photos credit: Kirsten Graham Photography

Dural Bowling Club News

Three of Dural's newer bowlers, Elizabeth Goode, Cheryle Hobart and Lyn Luxford had their first taste of success at the Wattle Two Bowls Triples Carnival conducted by Pennant Hills Women's Bowling Club on Monday 27th May 2024 at Pennant Hills.

Undefeated in the two-game format, they were delighted that their opponents were notable bowlers. Our Dural team was awarded the Prize for the Overall Winners of Game 1 of the Carnival. Approximately 20 other teams competed in the Carnival, which saw an excellent day of bowls.

Meeting new people is one of the bonuses of joining a bowling club. New Members are always welcome and free coaching is available to acquire the skills to make the game even more enjoyable.

Anyone interested in playing bowls or having a Barefoot Bowls Party please contact Robert on 04 1137 5580.



10am - 5pm

26 Mansfield Rd,



ARCADIAN QUILTING NEWS

Our much anticipated (end of May) meeting with Andrea Blackford, the Assistance Dogs representative finally arrived.

We had 23 quilts, finished, labeled and ready for "giving!" For this meeting our member's attendance was 99% and Andrea's presentation was wonderfully inspiring.

The training an Assistance dog receives; the care of the dog's health; the affection shown to each dog and the PRIDE

from the whole team of trainers when a dog 'graduates' and becomes the lifelong support to a deserving recipient is impressive and heartwarming.

This IS ONE WORTHWHILE CHARITY and we are thrilled to be a small part of this group. Photos (right) of two dogs-in-training and our completed quilts.

We were told the dogs 'approved' of our efforts!!!

We are now in 'winter-working-mode'

as the days grow colder, however there is still time for social activities and our celebration lunch of "Christmas in July" will soon be held locally at The Galston Club.

More recent socialising found us participating in The Biggest Morning Tea Charity Event. We had Lucky Door Prizes, a Raffle prize and delicious food. Combining our raised funds with the local Galston Chemist shop made for a very successful morning.

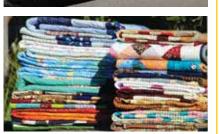
Our meetings are held on the 1st, 3rd and 5th Wednesday of each month at the Community Health Centre, The Glade Galston at 9.30 am.

For further information please call Carole on 9894 7749.

"Living Colour" is the title of The Ferry Artists next exhibition which opens on July 27th from 2 to 4pm. We can't wait to see what our artists create for this show and we look forward to seeing you all in the Gallery in Wisemans Ferry for this exciting and joyous show that will blow the winter blues away! So please join us as we celebrate all things colour!



to each dog and the PRIDE





Val Wright will be holding an exhibition of original watercolour paintings in her studio.

A wide range of framed and unframed paintings from \$20 - \$350 and greetings cards will be for sale.

Parking available.

Ph: 7226 0856 val@walkham.com



The Bushwell Art Group will also be exhibiting.

ART. AND... 'A Winter Vander' The Arthouse Pavilion Gallery DURAL





10am - 5pm artand.com.au

Register online for free tickets

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Sport News at The Centre Dural **'Doesn't a month go by quickly!**

As the chill of winter has well and truly set in, many of us will be tempted to hibernate indoors and let our fitness routines drop. However, experts advise that winter is an opportune time to kickstart a regime that can sculpt the coveted summer body. With tailored programs and inclusive classes, individuals of all ages can find something to meet their fitness needs here at The Centre Dural.

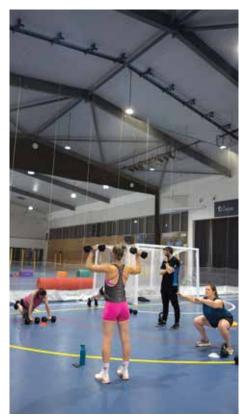
For those aged over 55, we have our Over 55's Movement Class, offering a gateway to vitality. With sessions running Monday-Friday, our participants engage in exercises designed to enhance mobility, strength and balance, focusing on functionality in a fun engaging way. These sessions not only foster physical wellbeing, but also a sense of community and camaraderie among participants, with the majority of attendees having a morning coffee and chat in our onsite café after the class ends.

For the early risers among us, we offer 6am group fitness classes, designed to test and challenge you, on a Monday, Wednesday,

and Friday. Think boot camp style, but modified to suit individual needs, and indoors, not out in the weather. Our Ladies only classes are a space where ladies can pursue their fitness goals, in supportive women-only classes. Held on a Tuesday, these sessions provide a supportive environment for women to challenge themselves without fear of judgement.

As the adage goes, "summer bodies are made in winter," and these offerings underscore the notion that dedication to fitness knows no seasonal bounds. Whether one is aiming to maintain wellness, build strength, or simply stay warm during the cooler months, these opportunities beckon individuals to embrace the spirit of movement and self-improvement. As temperatures drop, let determination rise, and let winter become the season of transformation and empowerment through fitness.

There is always something going on at The Centre, so feel free to pop on over to our website, to check out all the other things we have to offer, https://thecentredural.org.au/ or phone 8989 0000.



Glenorie District Cricket Club

Registrations Open 1st July at playcricket.com.au

The Glenorie District Cricket Club is a community-based cricket club who welcomes male and female players of all ages and skill levels. Founded in 1893 our 130-year history as a cricket club is deeply entwined with the history and the community of the Hills District. As a modern club, we stand by our values of 'SPIRIT'; Sportsmanship, Positivity, Integrity, Respect, Inclusivity and Tenacity. We exist for the love of cricket and for our community.

We are seeking new players of all ages and experience. As a club we will provide you with an environment and the resources to develop your skills and cricketing experience, inspire a lifelong love of cricket and create opportunities for you to enjoy a competitive standard of cricket with your mates.

This year we are also launching a new all Girls cricket competition and would love to hear from any girls who'd like to play.

We have an exciting season of cricket and events ahead, stay up to date and find out more via:

- f Glenorie District Cricket Club
- GlenorieDistrictCricketClub
- glenoriedcc.com

Early Bird discounts and incentives available.



Read online at www.galstoncommunity.com.au

They're creepy and they're kooky, mysterious and spooky... The Addams Family at Galston High School

The Addams Family is traveling from their home in Cemetery Ridge, Westfield, New Jersey, to visit Galston High School this July. Wednesday continues the family legacy at Nevermore Academy, while Pugsley attends a "Normie" school. They will be participating in our biennial school musical from July 25th to 27th, 2024, presented by our talented students.

This musical comedy celebrates the eccentricity of every family, focusing on the Addams Family's misadventures. The story revolves around Wednesday Addams, the 'Princess of Darkness,' who has fallen in love with Lucas Beineke, a sweet, intelligent young man from a respectable family. Her parents, Gomez and Morticia Addams, have never met him. Wednesday confides in her father, Gomez, and begs him to keep her relationship a secret from her mother. This forces Gomez to do something unprecedented: hide a secret from Morticia. The entire family's dynamics are tested on the night they host a dinner for Lucas and his parents and Wednesday requests that the family behave like "normal" people do. To find out just

how "normal" the Addams Family can be you'll need to come along and find out for yourselves.

The cast includes:

- Wednesday Addams (Hayley Mathie): Balances her dark family and her new love. She's compassionate, stubborn, and strong-willed.
- Gomez Addams (Cooper Alexis): A charming man who loves his wife and children but is caught between them due to Wednesday's secret.
- Morticia Addams (Soraya La Plume-Barker): The elegant and mysterious matriarch who is suspicious of Gomez's secrecy.
- Pugsley Addams (Scarlett Votano): The youngest sibling who enjoys being tortured by Wednesday but feels lost with her new relationship.
- Uncle Fester Addams (Nina Wesson): The enthusiastic, childlike narrator of the show.
- Grandmama Addams (Paige Dalton): A quirky, feisty character with hidden wisdom.
- Lurch (Ebony Taylor and Ella Walker): The butler with a commanding presence and few words.
- Lucas Beineke (Will Lindley): Wednesday's optimistic boyfriend trying to bridge his normal family with the Addams family.

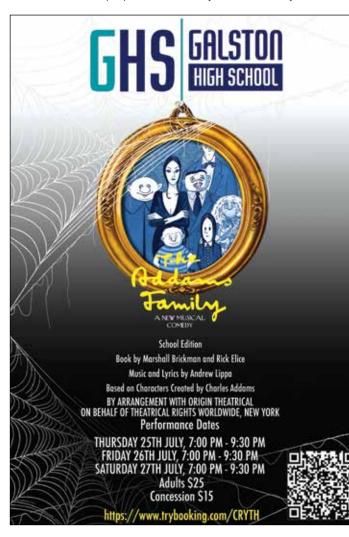


- Mal Beineke (Eli Small): Lucas's sceptical and uptight father.
- Alice Beineke (Jasmine Barrett): Lucas's reserved mother who unleashes her wild side at dinner.

With a mix of spider webs and dancing ghosts, this musical is more kooky than spooky and **suitable for all ages**.

The show will leave you thinking that, perhaps, you do have a normal family after all.

Tickets are on sale now -tickets are selling fast!



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Dural Public School is excited to be involved in The Anxiety Project



The Anxiety Project is designed by psychologist, Michael Hawton and the NSW Primary Principals Association to assist Primary students to manage their anxious behaviour. It is a large-scale, evidence-based project, delivered through a series of teacher-led cognitive-behavioural lessons and parent-led conversational techniques. These interventions are aimed at helping all children learn skills to manage anxious thoughts and feelings.

Our teaching staff, SLSO's and administration staff have recently completed their six hours of training and later next term we will be holding training sessions for parents and carers.

Over the remainder of the year our dedicated team of K-6 teachers will be implementing The Anxiety Project lessons as part of our PDHPE Curriculum. Additionally, our SLSO's and administrative staff will also be supporting our students manage anxious feelings by using research based conversational techniques. Our school is excited to be part of this program to empower our students to develop resilience, confidence and emotional well-being.



Pacific Hills Christian School: The Importance of Gratitude in Community



At Pacific Hills Christian School we consider gratitude, and teaching gratitude to students, an important part of what makes up our School community.

Pacific Hills student Flynn McManus recently competed at the Lions Youth of the Year State Finals where he did an outstanding job representing our School and the local Lions Club. This is a significant achievement, and we are incredibly proud of him. As a Year 12 student preparing for the next season of his life, Flynn reflects on the School and community with gratitude:

"Whether it be taking part in the Lions Youth of the Year competition or just the day-to-day work in the classroom, I am so very thankful for the servant hearts all my teachers possess, and the love they bear for all their students. Such an attitude to education is so evidently rooted in the Biblical example and teachings of Jesus. Although the future may seem ambiguous and challenging, there is such a hope and comfort found in our loving community of friends and staff...

As a School we are thankful for our students, families, staff and the wider community we are part of. May stories like Flynn's encourage you to consider what you might be thankful for and to look forward with hope, acknowledging God's goodness in the past and trusting Him with what lies ahead.



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Galston Aquatic Centre: Lockers to ensure Responsible Trust, Security and Safety

By Cllr Dr Verity Greenwood, Hornsby Shire Council

The refurbished Galston Aquatic and Leisure Centre, opened in February, 2024, is a resounding success. Its popularity is certainly understandable as the Centre provides a range of family-friendly spaces and, for those people with a disability or in the process of rehabilitation, access to a multi-purpose changing area and support equipment.

However, on my first visit to the Centre I noted the absence of lockers. Most visitors to the Centre, whether to swim or go to the gym, would come with personal belongings, which may include keys, wallet/purse, phone, other personal accessories. change of clothes and towel. For school children training before and after school, their bag might also contain electronic items for school.

My first and most important concern is responsible trust and security. Is it reasonable to be concerned about our belongings whilst at the Aquatic Centre? Galston is not in the grip of a crime wave, but crimes in our area will and do happen. We must maintain responsible trust and keep our personal items secure away from temptation. Consider this: Would you feel comfortable in leaving your car keys and phone on a seat outside one of our shopping centres and then leave them while you walk away to do your shopping? Our shopping precincts and Galston Aquatic Centre are both public places and personal items need protection.

My second concern is convenience and being able to easily store and retrieve personal items without having to carry them around. My third concern is privacy. Without lockers, visitor's personal belongings are more likely to be out on show where others can see them, making them more vulnerable to theft.

The fourth concern was distraction-free swimming and gym classes. Use of lockers allows a relaxed and stress-free session for visitors as they will not worry about safety of personal items. Finally, as the Centre is a shared facility, personal items should be in lockers rather than being a hazard left on seats, left on the floor, in a doorway or against a wall.

In March, 2024, I put forward a motion at the Hornsby Council meeting requesting Council to investigate and assess the cost of providing keyless lockers that are 'user friendly' and accessible, waterproof and corrosion proof as well as being architecturally sympathetic to the





spaces within the Centre environment. My motion was carried, and Council staff undertook research into 13 Aquatic facilities in the greater Sydney area for the purpose of benchmarking and assessing numbers, types and location of lockers within each facility.

At the June, 2024 Hornsby Council General Meeting, the recommendation for 12 suitable keyless lockers, to be provided as a free service for our community and pool users, to securely store their belongings on the pool deck during their time at the Aquatic Centre, was approved and endorsed. The lockers will be included in the Council's Delivery Program/Operational Plan 2024/25.

If you have any concerns or issues where I may assist, please do not hesitate to contact me at vgreenwood@hornsby.nsw.gov.au

For information about the Galston Aquatic and Leisure Centre see https://www.hornsby.nsw.gov.au/lifestyle/sports-and-recreation/ swimming/galston-aquatic-and-leisure-centre

Natural Greenspace is Vital for our Health

By Clr Tania Salitra

The World Health Organisation says there's no single public health action that gives society as much benefit as natural greenspace does – for our physical and mental well-being, social interaction and preventing loneliness, for connection to nature and protecting the environment that we rely on to survive.

It's wonderful to see the photos of Galston residents enjoying the open greenspace at the old pony club site on Johnson Rd, that have been sent in to Councillors. Dogs bounding around off-leash, residents of all ages exercising, family picnics, and kids riding bikes, flying planes, hoola-hooping; it really is the perfect place for local families to enjoy being outdoors in the sunshine with their off-leash four-legged friends. Each time I stop by, there's always people walking laps or throwing the ball for their dogs – they tell me the park is a vital social hub that glues their community together. It seems unusually well-frequented compared to other parks at the same time of day, despite having been told otherwise.

With growing pressures from the housing crisis and increasing population, what open greenspace we have left is becoming even more precious. It's priceless because it's simply irreplaceable.

The United Nation's first-ever International Day of Play on 11th June this year is a timely reminder that we all need unstructured recreation in our lives.

Council's investment in natural open greenspace is the single greatest act it can make to proactively preserve resident's health and well-being. As this term draws to an end, I really hope the new Council appreciates how much this open space is needed and used by residents.

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Rural Roundup

Hornsby Councillor Warren Waddell

June is always the time that we take stock of our finances. I am pleased to report that Hornsby Shire Council continues to track well in balancing the books.

We carry no debt and the budget for the year ahead contains a modest 1.9 million surplus. Given an overall annual budget of \$200 million containing capital works of \$67 million, we see the outcome as both responsible and moderately progressive.

It is always nice to fund more initiatives and to get things done faster, however, spending beyond our means comes with significant risk.

Council manages 2.5 billion dollars in assets. Our budget caters to the maintenance of those assets in a staged and considered way that seeks to keep up with assessed need and the needs put forward by the community.

- Our play plan will continue to see a roll out of upgrades to local parks and recreation facilities.
- With the assistance of State funding, we have been able to progress essential paving works on roads impacted by flood water.
- Community centre and facility upgrades continue as scheduled.
- Sustainability and environmental initiatives have progressed.
- Staged drainage works continue to be scheduled.
- Waste management functions efficiently despite unprecedented pressures.

It is unfortunate that State funded projects of regional significance continue to be at risk. First the suspension of the New Line Rd upgrade that has left residents of the rural area battling the daily traffic jam at each and every merge point.

Now the State Government has announced it would like a return of funds set aside for Westleigh Sport and Rec facilities. A project that has progressed to a point where all non-construction costs have been expended.

In my view, starting and stopping infrastructure projects attracts an unacceptable level of waste. In every case, a considerable amount of human and financial resourcing has already been committed. To have nothing to show for this work is a poor reflection on government.

As always, happy to assist with any issues by contacting me on the following: wwaddell@hornsby.nsw.gov.au Ph: 04 9900 4861





Julian Leeser

Federal Member for Berowra



Celebrating the Local Sporting Champions in our Hills Community

If you're a family with a child who is a gifted sportsperson, it can be a great joy. However, I know that it can also place a great financial strain on your family, especially when they are called upon to represent their club, state, or country at major competitions.

One of the great grant programs that I always encourage people to apply for is the Local Sporting Champions. It's an opportunity for families to secure some funding to help manage the costs of going to interstate and overseas sporting competitions.

We need to encourage the next generation of sports stars to pursue their dreams and develop their skills through competition. Developing a competitive ethos in young people makes Australia stronger in the future.

I was delighted recently to provide grants from the Local Sporting Champions program to several students in the Hills. It was a great pleasure to have many of those students and their families join me recently for a presentation afternoon where we celebrated their great achievements.

I want to take this opportunity to publicly acknowledge:

- Hayley Schultz, Megan Chia, Leaneaka Bugeja, Angus Wilson, Madeleine Wilson, Elodie Sebire, and Gabriella McBrien, who each swam at the 2024 Australian Age & Multi-Class Age Championships;
- Emma Cherry and George Abbott, who both swam at the 2024 Australian Open Water Championships;
- Vera Gerasimova who competed in synchronised swimming at the Australian Artistic Swimming Championship;
- Jaiden Yu and Sophie Polkinghorne who competed at the Australian Junior Athletics Championships; and
- Aaron Xu, who competed in Judo at the Teplice Cadet European Cup 2024.

If you're interested in applying for a local sporting champions grant in the future, please contact my office by emailing Julian.Leeser.MP@aph.gov.au

As your Federal Member, I am here to:

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.



Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120
 Log 02 9980 1822
 Julian.leeser.mp@aph.gov.au
 julianleeser.com.au
 julianleeser.mp@aph.gov.au
 Julianleeser.com.au

Read online at www.galstoncommunity.com.au

Hornsby Shire Council to Host Free Guided Winter Bushwalks for All Ages and Abilities

With the winter season now underway, Hornsby Shire Council has unveiled its upcoming schedule of free guided bushwalks, aimed at providing an educational, safe and enjoyable outdoor experience for residents.

To be held at various locations in and around Hornsby Shire, the program of events caters for all ages and abilities, some targeted at beginners looking to take an easy stroll and others for more experienced bushwalking enthusiasts who can join a more challenging route.

Bushwalkers will be sure to learn a lot on these outings, with experienced guides providing fascinating insights into the natural and cultural history of the Bushland Shire. Highlights for this winter season include:

- Blue Gum Walk, Hornsby
- Kids Rock! Bushwalk, Cherrybrook

- Wild Investigators Activity for 7-12 year olds, Fagan Park, Galston
- Cascades Bushwalk, St Ives
- Muogamarra Nature Reserve Bushwalk, Cowan
- Djarra Ridge Bushwalk, Cowan
- Sphinx to Bobbin Head Return Bushwalk, North Turramurra
- Sams Creek Bushwalk, Berowra.

Hornsby Shire Council Mayor the Hon Philip Ruddock AO has encouraged locals to get involved in this bushwalking initiative.

"Winter is a fantastic time for residents to get out and about and see the Bushland Shire's beautiful flora and fauna while learning from some of our experts," said Mayor Ruddock.

"I challenge myself to walk 10,000 steps every day in the beautiful Bushland Shire and every day I discover a new flower, new vista or meet new people along the way. All of which



reminds me how lucky I am to call Hornsby Shire home."

The winter bushwalks are part of Hornsby Shire Council's on-going program of guided walks which showcase the natural beauty of the Bushland Shire through the changing seasons. Programs are announced three times per year.

For dates and further details of the upcoming winter events, or to register, visit https://www.hornsby.nsw.gov.au/bushwalks

GARDEN NEWS

Bromeliad Society of Australia Guest Speaker Amal Eid

The next meeting of the Bromeliad Society of Australia will be held at the Federation Pavilion, Castle Hill Showground, Castle Hill on Saturday, 13th July with sales to the public from 10am and the meeting commencing at 12 noon.

Our guest speaker will be Amal Eid who would describe herself as a Bromeliad hobbyest, enthusiast, collector and grower.



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She has been growing bromeliads for 9 years and has collected over 50 genera, and thousands of species, hybrids and cultivars.

Amal's presentation will focus on her recent visit to the World Bromeliad conference in West Palm Beach Florida. Including her experiences as a judge for the BSA show competition, provide a summary on the seven key note speakers, the topics covered and a photo presentation of the gardens and conference show plants.

There will be our usual 'Show, Tell and Ask' session where members and guests can submit plants for discussion.

We also have our very popular plant raffle.

For further details please contact Ian Hook, President BSA on mobile 0408 202 269, email ianhook1@bigpond.com or refer to www.bromeliad.org.au for the latest updates.

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Galston District Garden Club

Yes, it is winter but the Galston Community Hall, 37 Arcadia Road, Galston is WARM with heating and the comradery of people enjoying the Guest Speaker, browsing the Trading Table, taking cutting, hopefully winning a plant in the raffle while also having supper at the end of the meeting. We meet on the 2nd Wednesday of the month at 7.30. Come and join us. Visitors and new members are welcome.

We also have planned garden rambles and a day trip to Bowral's Tulips at Corbett Gardens and Red Cow Farm on the **18th September**.

AZALEA GALL: While among my azaleas recently I noticed funny looking "buds" not flowers. In the ten years of looking after these plants I had never seen this fungus. While researching what was on the azaleas I found out that leaf gall on azaleas can destroy leaf tissue, twigs, and buds – leaving severely disfigured tissue in its wake.

Leaf gall on azaleas is caused by the fungus Exobasidium vaccinii, a wind-born fungus that can overwinter on bark and within buds; other fungi in this genus affect camellias, blueberry and rhododendron. Apparently, you'll most often see azalea leaf gall appear during wet springs or on azaleas that are planted in corners or massed in tight groupings. The fungus needs considerable moisture to mature, so it won't necessarily infect plants every year, even if the spores are present. Like all plant galls, azalea leaf gall causes large fleshy growths to appear where they shouldn't.

Although it is incredibly unsightly, azalea leaf gall treatment isn't normally necessary in the home landscape. Instead. preventative measures should be taken to ensure the fungus doesn't reappear next year. Plants most often affected are those with poor air circulation or planted in deep shade. The first order of business is to improve these conditions by thinning your azalea's interior, cutting ack nearby plants, or moving your shrub. If the galls aren't widely spread, you should cut them from your bush and dispose of them immediately to reduce the number of spores available to further the infection. Remove the hard galls before they hit the ground, and make a concentrated effort to keep all the debris cleaned up around your plant. In severe cases, weekly



applications of neem oil can reduce the number of viable mold spores once the leaves start showing signs of attack.

For further information regarding the Club and it's rambles please visit our website: galstongardenclub.com.au or email galstongardenclub@gmail.com

Still Creek Landcare The Magnificent spider and her mysterious looking egg sacs



By Kay Birkinshaw

The word 'extraordinary' is widely overused. Not though when it comes to Nature. For no matter how much time is spent in the bush, there is always something new to discover. Two weeks ago Landcare was working on the edge of a



gulley in Arcadia when we came upon an unknown phenomenon high in a tree. Eight egg sacs bound and strung together by thick yellow web. The egg sacs were elongated, and about 5cm in length.

A mystery to us, but luckily with a reverse-search, not to the experts on the internet. The eggs belong to a spider endemic to forests along Australia's east coast, the Ordgarius magnificus, or Magnificent Spider. The female (up to 2.5cm), weaves up to seven of these egg sacs over several nights, an amazing feat, as they each



contain up to several hundred eggs. She then usually dies during winter, while the spiderlings will hatch around late Winter/early Spring and balloon away. However this is not their only extraordinary behaviour.

The arachnid also has the nickname of the 'bolas spider'. The female spiders spin a short line of silk with a sticky globule at the end. On detecting the wing vibrations of a moth from the family Noctuidae, the spider emits the pheromone of the female moth and begins swinging the web in a circular motion. The male moths, drawn towards the scent, are hit and trapped. Such extraordinary skill from such a tiny spider!

Read online at www.galstoncommunity.com.au



Climbing Clematis

tidden In The Hills

By Lachlan Turner

Scattered throughout the open forest are many plants that climb over adjacent shrubs, both small and tall, as well as clinging to small trees. They have the tendency to create a confusion when combined with the foliage of the host plant which is supporting the scrambling vine as it reaches upwards. It is usually difficult to visually separate the two plants until either one comes into flower.

One such vigorous species is the Clematis, of which there are two closely related varieties living often in close proximity to each other in local bushland.

Both flower at a similar time of the year and their flowers are closely similar in size, shape and colour. Probably the most convenient method to discern, is to inspect the foliage of the plant.

Clematis aristata (Old Man's Beard), has leaves which are vaguely serrated along their edges and more elongated, whilst Clematis glycinoides (Forest Clematis), has leaves which are uniformly regular along the edges but have additional visible veins running along the length of the leaf, as well as being somewhat shorter and rounder in shape.

After the flower has matured, there forms a seed pod which bursts into fluffy, featherlike extensions which have given this plant one of its common names. This appears to be more pronounced in the Clematis aristata variety.

These two varieties are well suited to the home garden where a suitable trellis can support the extensive network of tendrils and branchlets that make up the plant which in turn can provide a dramatic display of cream flowers from August to November.



News from St Benedict's

Happy First Communion

On Sunday 9th June the parish joined with 17 children in celebrating their First Holy Communion. Our picture shows some of the children on the Sunday beforehand being presented to the community at the 9am Mass. The children received a special blessing from parish priest Father Shansana and the parishioners promised to keep them in their prayers.



Congratulations to all, including the parents and guardians who encouraged the children through the program and on the day, and the leaders and back up team who supported them. The next big happening in the parish's ongoing Sacramental program will be the confirmation sessions that will begin in August and lead up to confirmation on **12th September**.

The Maker's Table

Our first St Benedict's Maker's Table group joined together in early June with a number of local ladies gathering to take part in a watercolour painting workshop. The Maker's Table evolved when two friends, Janet and Jane, felt the need to share the beauty of the act of creating in a welcoming environment. The movement they began is now established in Sydney, Melbourne and Albury and will hopefully spread throughout the nation.

Not only did the ladies enjoy their painting, they also shared stories, made new friends and caught up with old ones. The St Benedict's Maker's Table will be held on the first Wednesday of each month at 7:30pm in the parish centre. If you would like to take part, RSVP to **themakerstablesydney@gmail.com** or ring the parish office (number below).

More craft

And just to emphasise what a creative parish we are, we also have a quilting group that meets at the parish centre on the **4th Tuesday** of the month at **10:30am**. Everyone is welcome!

St Benedict's Parish activities and services

Please check our website for service times and parish information www.bbcatholic.org.au/arcadia. Click on the News and Events tab to find the weekly Parish Bulletin that will keep you up to date. Or ring Paula 9653 2312 on Monday or Friday at the Parish Office, St Benedict's Catholic Church 2 Fagans Road Arcadia.



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Galston Uniting Church

Ron's Story... (as told to Jill Udy)

Ron is a man in his eighties and is a member of GUC. Earlier this year, he went into the San Hospital to have a cancer removed from his leg. After 3 days he was keen to get home, and his daughter came to pick him up. A wardsman was called to take him in a wheelchair to the car park. Ron and his daughter waited and waited for the wardsman but he was held up.

Finally he arrived and began to wheel Ron to the car. They got into the lift, but Ron began to feel strange, with pain in his chest. He was rushed back into a ward, and the staff could see that Ron was going into cardiac arrest. Ron blacked out and remembers nothing else. When he regained consciousness, he learned that the staff had revived him using CPR. Ron's family are amazed that he has been brought back from the edge of death, and they are so thankful for a late wardsman. "What would have happened if he'd been on time?" says Ron. "I'd have been halfway down the Gorge!" "Someone was looking after me," he says, raising his eyes heavenward.

Ron is very conscious of how close God has been through his health crisis, and he will never forget how God comforted and reassured him

during a time of indecision and uncertainty. After his heart attack, the doctors wanted Ron to have an angiogram to investigate what might have caused his heart to stop. Before a procedure like this, the doctors are obliged to warn a patient of the possible dangers of going ahead. Ron had a choice, and after just surviving a heart attack, that choice was weighing heavily on his mind. He asked for prayer from members of our congregation, and he went to the hospital chapel, and sat at the back against the wall to think.

Ron says, "I was looking at the Bible in the chapel, just looking and looking at it, then I felt a firm hand on my shoulder. I was right against the wall, there couldn't be anyone there, but I was so certain that I felt that hand that I looked around to check who it was. There was no one there."

Right then, Ron knew his answer. He felt a sense of calm about going ahead. God would be with him. So Ron consented to the angiogram which went smoothly and fortunately they found that his heart was all clear. There were no blockages and no need for any further surgery. Ron is now back with us in church.

If you, or someone you know, requires assistance or just someone to chat to, please do not hesitate to get in touch. The church office is open on Tuesdays and Fridays.

Contact Elizabeth Garlick, Office Manager, 11 School Road, Galston. Phone 9653 2039

God is a Perfect Father

Birthdays are important because it's a time to celebrate each person for who they are.

When each precious baby is about to be born, when the waiting is finally over and when nine months of preparation has come to an end, finally, that beautiful baby is born into the family.

A few days later, with excitement as well as a little fear and trepidation, mum and dad leave hospital for home and so begins the love adventure of a lifetime - bringing up their precious child. So many years ahead to look after, train and protect this tiny person. 'Where is the manual?' I hear parents say. 'We weren't trained for this' they cry, when plans or decisions need to be made.

One thing stands out! In most cases, parents are FOR their children. They want them to have a good education, succeed in life, develop good friendships, remain healthy, show respect and kindness to others - and be responsible and loyal. They don't always get it right and can make many mistakes along the way. Often, their children don't understand or agree with the decisions their parents make for them. "Why do we have to move dad?" "Why did you say 'no' mum?"

For children, the big picture is often out of their reach and they need to trust their parents, who are responsible for nurturing and training their children on their journey to adulthood.



We read in the Bible that, when Jesus' disciples asked Him how they should talk to God (pray), Jesus explained, saying that they should begin with the words, 'Our Father in heaven, hallowed be Your Name.' (Matthew 6:9).

God as our heavenly Father, you may ask? Yes He can be - because "if God is for us, who can be against us? For God has proved His love by giving us His greatest treasure, the gift of His Son. And since God freely offered Him up as a sacrifice for all, He certainly won't withhold from us anything else He has to give." (Romans 8: 31-32)

God doesn't make mistakes. He is a perfect Father to His children. "As for God, His way is perfect; the Word of the Lord is sure. He is a buckler, a mighty buckler unto them who trust in Him." (2 Samuel 22:31)

Get to know Him- and through a relationship with His Son Jesus Christ, you too will know Him as your perfect Father. May God bless you.

Pr Alex & Dee Valich - Glenorie Community Church 1507 Old Northern Rd, Glenorie. Sunday service: 10am.

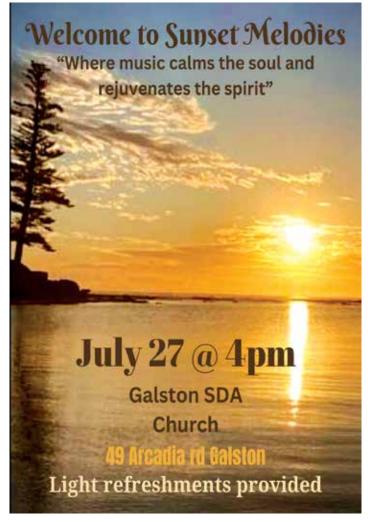
Follow us on twitter.com/galstonnews

Creation and Faith

On 8 June Glenorie Mission Church and Galston Adventist Church met together to host a Creation Ministries' program titled 'Evolutionist to Creationist.' Guest speaker Doctor Ron Neller, a Geomorphologist, spoke about the abundant evidence for creation and his journey of faith as he came to realise as a scientist that creation, not evolution holds the key to the origin of life. The program was well attended, and as I mingled among our visitors many said they appreciated the faith affirming evidence that Dr. Neller presented. It reminded me that "In the beginning God created the heavens and the earth" (Genesis 1:1).

Last year Rhonda and I attended the Toowoomba flower show. The magnificent array of colour and variety was absolutely awesome. Every flower exhibits a beautiful symmetry and design that expels the myth that it all happened by chance. Where there is design there must be a designer. A few years ago I photographed a stunning rose called Double Delight; it's fragrance was amazing. It was so beautiful I decided to paste the photo to my desktop. What I discovered later amazed me. The centre of the rose looks like a smiling face, exhibiting hope and peace. Every day it reminds, "God is love" (1 John 4:8).

We do have a very beautiful world, but all too often the ways of man are not so beautiful. Every day we see the ugly side of life. Our modernday chaos was foretold centuries ago, "In the last days perilous times will come. For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God" (2 Timothy 3:1-4). We are out of harmony with each other because we are out of harmony with God.

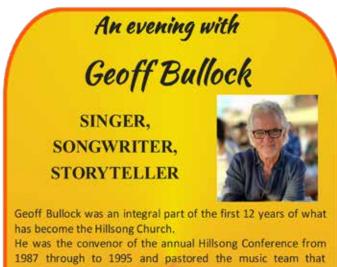




Over the years I've come to appreciate that while creation reveals an amazing Creator, the cross reveals an amazing Saviour. Jesus came to give us an "abundant life" (John 10:10). Many have questioned, 'If God is so powerful why doesn't He intervene? If only they would read the scriptures, they would discover that God does have a plan, and He is working that plan, and someday soon He is going to intervene in human history. In the meantime, Jesus says, "Come unto Me, all you who labor and are heavy laden, and I will give you rest" (Matthew 11:28). When we come to Jesus, He gives us peace within, and prepares us for the world to come.

At Galston Adventist Church we worship every Saturday at 9:30am feel free to join us for a short Bible study, then at 11am for the Divine Service. On Wednesday evenings at 7:00pm we have Prayer Connect where we pray for each and for our community.

Steve Belson (Pastor) 0438 459 223 Galston Adventist Church, 49 Arcadia Road, Galston



1987 through to 1995 and pastored the music team that recorded the first seven Hillsong worship albums. After leaving Hillsong in 1995, he continued to write prolifically

and released numerous albums. He travelled extensively, conducting seminars and performing concerts.

In 2014, he stepped aside from public life and went through a time of struggles and doubts. Geoff returns this year to share in songs and stories, his journey toward a renewed faith, vision and an unshakeable passion of Jesus.

Saturday 27th July 7.00 to 8.30 pm Glenorie Mission Church, 1409 Old Northern Road, Glenorie Adults S20 and children under 13 \$10 Bookings essential



https://events.humanitix.com/an-evening-with-geoff-bullock

The

God, the meaning of life and Barbie!

Murray Lambert - Pastor at The Centre Dural

I finally got around to watching the film "Barbie" and was amazed at what it had to say about relationship, identity, and God.

In "Barbie" life exists in two parallel universes; "Barbieland" - a harmonious, hyper-girlie, Edenic paradise and the real world - full of racism, sexism, corporate greed, and the general degradation of all humanity.

Barbie needs to leave paradise and learn how to move through the imperfect world as a

human woman. But she can only achieve this by meeting Ruth Handler; the creator of Barbie. Both times that they meet, Ruth takes Barbie's hands, framed in a way that evokes Michelangelo's *Creation of Adam* – coincidence? NO!

Greta Gerwig who wrote and directed the film highlighted this directive choice in a recent interview.

It is only once Barbie has met her creator that she discovers her identity, purpose, and value. "Barbie" explores humanity's deep yearning to come back into relationship with their creator so that they can discover their fully realised selves and flourish amidst a broken world.

Would you like to know more about how a relationship with your Creator can provide these things?

Why don't you join us this Sunday at 10am at The Centre – 1 Pellitt Lane, Dural. Or email me at **murray@thecentredural.org.au**

Glenorie Mission Church presents An Evening with Geoff Bullock

Saturday 27th July at 7.00pm

This is a unique opportunity to have an intimate time with Geoff Bullock as he shares his songs from the 90's, many with additional verses plus some new songs to learn and enjoy. It is an opportunity to

sing along with songs such as "The Power of His Love, This Kingdom, The Great Southland and The Heaven's Shall Declare". It is also a time when Geoff tells of his struggles in life and how he has a renewed faith in Christ.

There is no big fanfare, just Geoff and his keyboard. Seating is limited to 100 so book now.

Geoff will also be joining with us at our regular Church Service at 10am on July 28th when he will sing songs and share some more of his "Life and Times"

Further enquires contact Phillip Thorp on 0405 270 688 or email glenoriemc@gmail.com

Our Position in Christ

How long will your salvation last? The answer is 'for all Eternity'. But almost every believer has occasional doubts. Satan makes sure that we doubt but our certainty comes from believing the Word of God.

What did Jesus Christ say? Look at John 5; 24. A true believer is one who has heard what Christ is saying, has accepted it as true, believed it and allowed it to penetrate into his/her heart, mind and soul.

Three major events take place when we believe in Christ. They are more than 'fringe benefits'. They are absolute certainties and ours now.

First according to John 5:24, a believer receives a new possession, eternal life. This is a new relationship with God which lasts forever. Jesus also said in John 17:3 'This is eternal life, that they may know you, the only true God'.

Next a true believer has a new provision, he/she will never be condemned. We will never be called to stand before the Judgement Seat of God as a guilty sinner. We all will face the Judgement seat of Christ for rewards, but not for our sins. Jesus bore that judgement at Calvary.

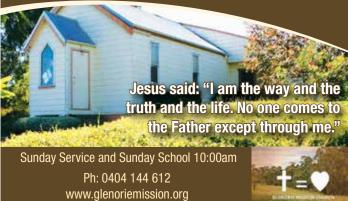
Next a true believer has a new position, he/she has crossed over from death into life. Death means separation. Spiritual death is separation from God. But we are now in a new living relationship with the Father which we will never lose.

If you have heard what Christ said, and believed and accepted it, you have all three of these gifts and they are yours for all Eternity. Why not thank Christ for all that His death has made possible for you? Keep on thanking Him always and on through Eternity.

(a message by the late Rev Ed. Long)

Glenorie Mission Church - 1409 Old Northern Rd Glenorie 2157. Sunday Service 10.00am.

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David Stockman Recognised for 45 Years Service

David Stockman joined the Galston Volunteer Bushfire Brigade in 1978 and quickly became known for his unwavering commitment to answering calls and attending community needs. His dedication led to his appointment as a Fire Patrol Officer in 1979, a role he held until the establishment of the NSW Rural Fire Service in 1997.

Throughout the 1980s and 1990s, David actively participated in firefighting efforts, responding to incidents such as fires at Bobbin Head Kalkari Animal Sanctuary, the Blue Mountains, and Cootamundra, as well as local flooding and storm damage. He was also involved in handling emergencies like the Galston High School muck-up day riot of 1992. During the devastating 1994 Christmas Bushfires, David played a crucial role, both in the field and as standby support when Sydney's resources were depleted.

In 1995, David's contributions were recognized when he was appointed Station Officer, responsible for maintaining and managing the brigade's station—a role he continues to fulfill diligently to this day, 28 years later. His dedication extended beyond firefighting; he was actively involved with the Galston Tower for over two decades, supporting his wife Christine, who served as a callout officer, and ensuring the tower's upkeep.

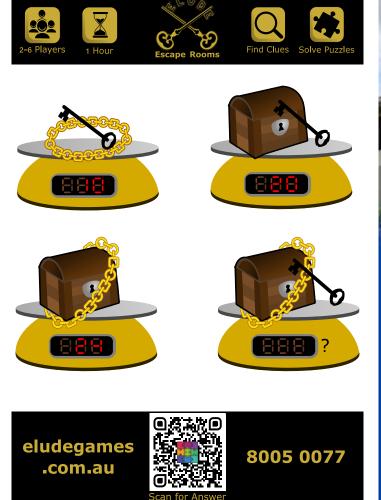
In 1997, David became a dual member with the Communications Brigade serving for 8 years and joined the Support Brigade in 2012 to keep contributing to the NSW Rural Fire Service and the community after being unable to continue as an active firefighter.

During these times, David continued as a support member of Galston Brigade continuing his duties as Station Officer and assisting with crew transportation during out of area incidents.

In recent years, David has dedicated countless hours to maintaining the station and its grounds, assisting with the Bushfire Information Line, and supporting station renovations, upgrades, and equipment maintenance. He has also served as a driver for relief crews during various fires, including multiple trips to the Blue Mountains in 2014. David's exemplary service has been recognised with numerous awards, including Life Membership of the Galston Rural Fire Brigade in 2005, the Rotary Award for service to the Rural Fire Service in 2010, and the NSW Rural Fire Service Long Service Medal for 40 years of service. His involvement in the 2019/20 bushfires earned him the prestigious Premiers Bushfire Citation.

Photos by: Elisabeth Goh

With over 45 years of dedicated service, David epitomizes the values of the National Medal and is deserving of recognition for his continuous commitment. His steadfast dedication to the Galston Brigade and the wider community highlights his unwavering passion for serving others in times of need. Therefore, it is fitting to honor David Stockman with the National Medal, 3rd Clasp, in acknowledgment of his exceptional contributions.





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Glenorie Rural Fire Brigade



Thank you, Rod Derriman: Captain 2020 - 2024

On behalf of all of us at Glenorie Rural Fire Brigade, we would like to say a heartfelt thank you to Mr Rod Derriman, as he has now stepped down from Captain to Senior Deputy Captain.

Rods term as Captain from 2020 to 2024, was remarkable. He guided us through some challenging times during Covid, and his exemplary leadership skills made us stronger and brought us closer together as a team. He was always thinking outside the square, constructing strategies to improve the brigade, obtaining new appliances and most importantly, ensuring that our training was of the utmost highest level.

Rod was a firm believer in leading by example and with his extraordinary skill set and experience coupled with a strong moral compass, he led the way as our Captain with the utmost respect. Rod is all about lifting people up, encouraging members to have a go, and to practice, practice, practice. He understands the importance of training and continually improving our skill sets so that we are well equipped with serving our community.

Rod was not only a phenomenal Captain, he is also an exceptional human being. He genuinely cares about our brigade family and went above and beyond to ensure that his team were happy, as did his lovely wife Gaynor Derriman. A Captains job is almost impossible without the support of their family, and Gaynor is not only a huge support, she is also a valued member of our brigade.

What a CAPTAIN!



Glenorie Fire Station Open Day

We would like to invite you to our annual open day at Glenorie Fire Station on 3rd August from 10:00am - 2:00pm. This is the ultimate day to come and meet some of our brigade crew, be shown around the fire trucks and see how a fire station operates. If you are interested in becoming a volunteer member of NSW RFS, our open day is the perfect time to have a chat with us. We look forward to seeing you there.

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CALL STEVE ON 0418 236 287

Avicultural Society of NSW Inc. Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. Paul Henry 9872 464 or 0408 617 686

ALANON Family Group Meets 8pm each Friday. Trying to live with someone who has a drinking problem? Gome along to these meetings.
 Galston Community Health Centre
 9264 9255

Arcadia Community Hall Available for functions. Inspections welcome. 9 136 Arcadia Road, Arcadia 9 9847 6504

Arcadia Galston Residents' Association Membership is open to all adult residents/ ratepayers of postcode 2159. www.AGRA2159.com.au

A **Arcadian Quilters**Every 1st, 3rd and 5th Wednesdays of each
month at 9.30am.

G Galston Community Health and
Resource Centre
C Carole on 9894 7749

Association of Independent Retirees Ltd Meetings are held on the first Friday of each month at 10am. O Yarrara Rd Pennant Hills O John Guthrie on 9634 6727

Castle Hill Art Society Monthly Meetings and Art Demonstrations are every first Wednesday of each month

at 7.30pm. O 155 Ridgecorp Drive, Castle Hill O 9899 3179

Cricular Keys Chorus Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm.

Janet 9053 2959 info@circularkeys.org www.circularkeys.org Dural and District Historical Society Inc Holds its lecture meetings on the 2nd Saturday of each month at 2pm in

- 2nd Saturday of each month at 2pm in the Galston Uniting Church, School Road, Galston. History Cottage, 412 Galston Road, Galston is open for research by appointment. Michael Bell 9653 1365
- Dural and District Prostate Cancer

- Dural and District Prostate Cancer Support Group
 We meet the 3rd Monday of every month.
 7:00pm for 7:15pm start.
 Blue Gum Centre Glenhaven Green 607 Old Northern Rd, Glenhaven
 Graham 8677 7896 or 0402 421 060
 Dural and Hills District Garden Club Meetings at 8pm on 1st Wednesday of each month.

Meetings at spin on 1st wednesday each month. Mid Dural Fire Station, 57 Mid Dural Road Di Glasgow 0409 909 161 duralgardenclub@yahoo.com.au

❑ duragardenchulogyano.com.au Dural-Glenorie Scouts Joeys (aged 6–7 years), Cubs (aged 8– 10 years) and Scouts (aged 11–15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun!
③ Warren Payne 0419 280 967

- Water Payle 04 19 200 907
 Dural Mens Shed
 Meets Thursday and Saturday 9am.
 Woodwork & Metalwork/Welding facilities.
 Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd
 Chris Thomas 0402 478 498
 Www.dw.durgmonsched org.
- www.duralmensshed.org

Friends of Fagan Park

Friends of Fagan Park Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am-4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm + 4.00pm, and other special occasions. 4.00pm, and other special occasions. 5 isandian@tpg.com.au Ferry Artists Gallery

For Artist Gallery For info on workshops & membership see www.ferryartists.org Old Northern Rd, Wisemans Ferry 2775 02 4566 4385

Galston Area Residents' Association Inc Meets on the 3rd Thursday of the month at 8pm (during school terms).

New members always welcome. Galston Primary School Library, School Road, Galston

0403 076 175 **Galston Branch CWA**

Meets on the second Wednesday of each month. New members are sure of a

Galston Community Health Centre
 Patricia 0412 948 787 or Jann 0439 222 217

Galston Community Hall 37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050. Galston Community Health Centre. This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). 9485 7599

Follow us on twitter.com/galstonnews

Galston Garden Club

New members are always welcome. Meetings held at 7.30pm on the second Wednesday of every month. • Galston Community Centre • Lorraine Muscio 0448 478 161

Girl Guides

Girl Guides Is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm at Galston Guide Hall and Guides (age 10-14) meet Thursdays 6-8pm at Annangrove Guide Hall. CalstonDM@girlguides.nswactnt.org.au

Glenorie Maroota Bioregional Forum Meets at 7.30pm on the first Wednesday of each month. Let us know of your local environment and heritage concerns. Glenorie Community Hall Carolyn Hall carolyn@dhphc.com.au

Glenorie Memorial Hall Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. Pat Schwartz 0419 321 276

Glenorie Progress Association

Meets 2nd Thursday of each month at 7pm. Glenorie RSL Club secretary@glenorieprogress.org.au
 0418 432 587

Glenorie Probus Club

- This Club meets every 4th Wednesday at 11.00am. New members are welcome. Glenorie RSL Club Wendy 9653 1022 Glenorie RSL Club
 Glenorie RSL Club
 Wendy 9653 1022
 wendyireneblack@yahoo.com.au

Glenorie RSL Club
Glenorie RSL Club
Glenorie RSL Sub-Branch meets on 2nd
Tuesday of the month commencing at 7pm.
Glenorie RSL Club
G Granam Bruce 0432 391 811

Graham Bruce 0432 391 811 Gregoriana Arcadia We welcome new members to join a community choir, Gregoriana Arcadia, dedicated to learning and singing the ancient, spiritual Gregorian music. It is sung in Latin and without accompaniment. No previous choir experience or knowledge of Latin is required, and there are no fees. We practise from 2-4pm on the second Saturday in the month, in the beautiful chapel. chapel

chapel. Bendictine Monastery, Arcadia Andrew: ajjhede@gmail.com Hills Community Aid No Interest Loans up to \$1,000 For whitegoods, furniture, computers, essential repairs etc. Hills Community Aid 9639 8620 eng@hea org au essential repairs cite.
 Hills Community and the eng@hca.org.au
 www.hca.org.au

- Hills Shire Garden Club Meetings held on 3rd Monday of the month
- at 1pm. Ø Barton Hall, David Rd, Castle Hill Ø 9624 5034
- 9624 5034
 Hills Farmers' and Gourmet Food Mkt 2nd Saturday of the month, 8am-12pm.
 Castle Hill Showground
 www.hawkesburyharvest.com.au

Www.hiawsesuptore.com
 Augustational and the second secon

Hornsby Kurling-gai Four Wheel Drive Club Is a family orientated club that meets on the second Tuesday of the month at 8pm. Hornsby Heights Community Centre, Galston Road, Hornsby Heights

www.hk4wd.com.au

Pennant Hills Photographic Club Meets on the 1st, 3rd, and 5th Mondays

Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills
 www.phpc.org.au

- Www.pnpc.org.au
 Probus Club of the Hills
 Is a mixed club which meets on the second Wednesday of each month (except January) at 10am for 10.30am.
 New members welcome.
 The Galston Club
 Bob 9624 8954 or Ken 9629 6459
- Bob 9624 8954 or Ken 9629 6459
 Probus Club of Round Corner
 Now has vacancies for new members.
 Join our club and enjoy new friendships,
 interesting meetings and a large variety of
 activities e.g. Walking Group, Mah-Jong
 Group, Theatre Group, Tennis Group,
 plus overseas and extended local tours
 and local day trips. We meet on the 2nd
 Monday of the month at 9.30am for 10am.
 We look forward to you joining with us.
 Galston Club 19 Arcadia Rd, Galston
 O All enquiries to The Secretary,
 PO Box 822, Round Corner, 2158 or
 come one month as a visitor.
 Rowland Village Workshop Club

- Rowland Village Workshop Club Invites enquiries about the Club from members of the wider community who are 55 and over years of age. Michael Bell 9653 1365

Rotary Club of Greater Hills New members welcome. Meets every 1st & 3rd Monday of the month at rst & yrg wonday of the month at 6.30pm for 7.00pm. Join us and help make a difference through our local and international projects. Enjoy the fellowship of fellow Rotarians in our many and varied projects and social activities.

Varrara Road. Wilma 0413 673 339

 The Galston Club
 Annette 0437 148 126
 membership@greaterhillsrotary.org.au Soroptimist International of

COMMUNITY CONTACTS

Galston Equestrian Club

Balston Educatina Club
 New Members are always welcome.
 Training/Competition days held on the 2nd and 4th Sunday of each month.
 Rural Sports Facility Centre off Mansfield Road
 Liz 0409 992 920
 www.galstonequestrianclub.org.au

Galston Netball Club Secretary.galstonnetballclub@gmail.com www.galstonnc.nsw.netball.com.au Hills AUSSI Masters Swimming Club

Adults 18 years to 804 are welcome to swim with us every Tuesday at 7pm. Whether you want to swim laps for competition, fitness, or simply fun and friendship. Hornsby Aquatic Centre Di 0418 432 587

Hills Hawks Football Club Ian Robertson 0418 211 131 president.hillshawksfc@gmail.com

Scason (September to Maillant), excluding school holidays). We welcome new members!
 Hayes Park, Galston
 Hillshawks.softball.org.au

Hills Pumas Football Club Sarah Sumskas 0430 883 385 registrar@hillspumasfc.com.au

Tennis/Squash Social Group Looking for new players. 9847 6050 tennisandsquash@live.com.au

Tennis Court for Hire Galston Available Day or Night. O Rear of Galston Community Hall O Jane 9847 6050

Playgroups

ndly

If you are organising or running a playgroup in the local area, please let us know.

Located at Les Shore Oval playground, every Thursday (weather permitting) 9.30am onwards. The kids can play whilst the adults chat. Bring allergy friend snacks to share and a picnic rug. A great informal setting to meet some locals

Dural, Level 1, 242 New Line Rd Dural at Learning Blocks Dural. It is open to the public free of charge. Hills Playgroup takes place every Mondays restarting from July 6 between 10am-12pm. It's fun, informal and a great way

Thursdays, during school terms, 9.30am til 11.30am at the Literary Institute. 131-135 Kenthurst Rd, Kenthurst.

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free). New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.

Thursday's 9:30-11:30am during school terms. Playtime is a welcoming group for children aged between 0-5 and their parents. We have lots of playtime, craft and singing. You are welcome to just turn up on the day. Contact us on 8989 0000 for more information. Located at 1 Pellitt Lane, Dural.

Dural Salvation Army, 277 New Line Road Dural (entry from Old Northern Road) Wednesdays during school term. 10am-11.30am. Qualified Aust: Therapist with a planned themed morning of music,

EVERY THURSDAY

DURING

SCHOOL

TERM 9:30AM

UNTIL

11AM

meet more local families. For more information please

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RENT RUN PLAYGROU

We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:

Tennis Court for Hire Glenorie Available Day or Night. Uses Shore Reserve 0404 600 460

Hills Hawks Softball Club Our competition is held during the summer season (September to March, excluding

Local sports associations

Asquith Indoor Carpet Bowls Meets every Tuesday at 9.30-12.30pm. ♥ Mt Colah Community Centre, Pierre Close, Mt Colah ♥ Jenny 9477 1855

Dural Country Club Bowling Clubs New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new

social network. • 0421 315 074 or 0411 375 580

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly

Galston Glenorie Amateur Fishing Club Meets 1st Wednesday of each month at

7.30pm. The meeting has a raffle at 7pm with lots of prizes and every meeting has a

Glenorie District Cricket Club Cricket Season runs from Mid September until March each year. Amanda Fraser 0411 293 499

until March each year.
Amanda Fraser 0411 293 499
Glenoriedcc@gmail.com
Les Shore Oval, Old Northern Rd

Plays monthly. www.glenoriersl.com.au Stephen Osborne 0416 546 789

Calling All

to social

craft and playtime. A great way to mee phone 9651 3456.

Arcadia

editorial@galstoncommunity.com.au

Dural Rugby Club efl86029@bigpond.net.au 0 0412 230 328 http://dural.rugbynet.com.au

The Galston Club
 Lachlan 0438 801 170 or Warren 0416 061 428

Glenorie NSW 2157

Glenorie Social Golf Club

The Hills District Inc Meets at 6.30 on the 3rd Wed of the month. Crestwood Community Centre Baulkham Hills 0 4 3583 7118

 Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers. \$7.

 P Pennant Hills Community Centre, Verger Dad

Still Creek Landcare Group Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7.30pm on the 2nd

Thursday of each month. www.StillCreekLandcare.com.au StillCreekLandcare@iinet.net.au Nick 9653 2056

The Hills Trefoil Guild (Guides NSW) The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout

Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm. © Guide Hall, Bounty Ave, Castle Hill © Evelyn 02.9634.4987

The Shed Studio - Arcadia Womens Shed held on third Thursday of the month 10-12. Different creative

Suzanne U419 603 122
 Wanderers Bushwalking and Outdoors Club We have frequent bushwalks, city walks and social activities. Meetings on 2nd Tuesday each month at 8m.
 Crestwood Community Centre, Crestwood Community Centre, Crestwood Drive, Baulkham Hills
 Ted 0429 790 091
 www.bushwalkingnsw.org.au/ wanderers

<u>Churches</u>

Definition of the state of the

Dural Salvation Army 1st Tuesday of the month at 10am for an informal worship service.

4405 560 211
 Galston Uniting Church Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm.
 ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm
 OVER 555 for seniors 2 and Monday of each month from 10am to 12noon. Other groups of interest: Men's Choir, Ladies Choir.
 Church office 9653 2039
 Ti School Road Galston

A School Road Galston
 Galston Seventh Day Adventist Church
 Every Saturday 9.30am to 10.45am Bible
 Study, 11am to 12noon Church Service.
 49 Arcadia Rd Galston
 Minister Steve Belson 0438 459 223

Glenorie Community Church Pentecostal and Evangelical – meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month.

All welcome. • 1507 Old Northern Road, Glenorie • Pr Valich 0420 602 989 Church 9652 0577

St. Columb's Anglican Church 1st Sunday of the month 9.30 am.

St Benedict's Catholic Parish Mass at Monastery 7am every morning. 2 121 Arcadia Road, Arcadia

Service Times: 8am Traditional:

Mass at the Parish Church 7pm Saturday and 9am Sunday.
 Orn Fagans Rd and Arcadia Rd
 9655 2312 or Parish Priest Fr Bernard McGrath 0416 032 497

service I imes: 8am Traditional; I dam Contemporary with Sunday Kids and Yr 5-9 Teen group; 6pm Evening church for youth and parents. Epic Kids club and Youth Group – Fridays (see website for details). © Galston and Old Northern Rd, Dural @ 9651 1119

St Madeleine's Catholic Church Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am,10am and 5.30pm. 28 Annangrove Rd Kenthurst

Glenorie Mission Church Sunday Service 10:00am. 0 1409 Old Northern Road (Cnr Muscios Rd), Glenorie 0 0414 584 303 or 0411 422 236

All welcome. 9651 1119

St Judes Anglican

Everyone welcome.
 277 New Line Road Dural (entry from Old Northern Road)
 0405 560 211

Has a service at 9.30am every Sunday

projects each month. The Shed Studio on FB Suzanne 0419 603 122

wanderers

Christ Church

Crossword PUZZLE

ACROSS

- 01 Rank (4)
- **03** Type of tooth (8)
- **09** Trap for the unwary (7)
- **10** Relative by marriage (2-3)
- 11 Lack of practical knowledge (12)
- **14** Increase in amount (3)
- 16 Stares (5)

DOWN

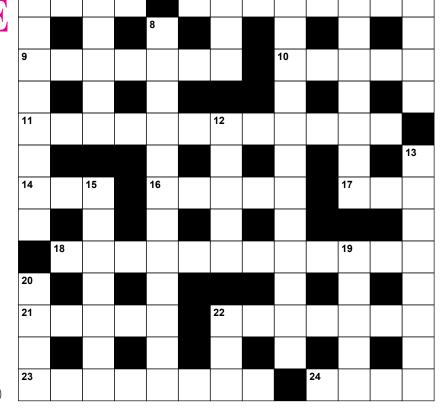
- 01 Act of retaliation (8)
- 02 Name of a book (5)
- 04 Unwell (3)
- 05 Educational institutions (12)
- 06 Royal houses (7)
- **07** Wet with condensation (4)
- **08** Carefree (5-2-5)

- 17 Timid (3)
- **18** Formal announcements (12)
- **21** Good sense (5)

1

2

- 21 GOOU Sense (3)22 Sentiment (7)
- **23** Delaying (8)
- 24 Intertwined segment of rope (4)
- **12** Sharp blade (5)
- **13** Vision (8)
- **15** Vessel that cleans rivers (7)
- **19** Edible pungent bulb (5)
- **20** Having a level surface (4)
- 22 Wetland (3)



4

5

6

7

3

Sudoku

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

		1				3	4	
					4	9		
5	2							
			2		8	7	5	
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	6	8	9		1			
							1	8
		7	8					
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ANSWERS FROM JUNE ISSUE

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New Mobiquip Aged Care Equipment Store Opens in Sydney's Hills District

Residents of Sydney's Hills District have a new destination for all their mobility needs with the opening of a new Mobiguip Aged Care Equipment store. Located at 319 Windsor Road, the store promises to be a comprehensive hub for those seeking quality mobility aids and equipment, enhancing the independence and guality of life for many in the area.

The Mobiquip store has been designed with accessibility and convenience in mind. Its spacious layout allows for easy navigation, and the welcoming atmosphere is accentuated by knowledgeable staff ready to assist customers with personalised service. Whether it's for elderly individuals, people with disabilities, or those recovering from injuries or surgery, Mobiquip offers a wide range of products including wheelchairs, mobility scooters, walking aids, lift chairs, homecare beds, and daily living aids that make life easier.

Founder of Mobiquip Australia Stuart Peffer, expressed his enthusiasm, saying, "We are thrilled to bring Mobiquip into Sydney's Hills District. After years of servicing clients across Sydney's Beaches and North Shore, our goal is to provide topquality mobility solutions and exceptional customer service led by our experienced

showroom lead Susan and her team. We understand the unique challenges our customers face, and we're here to help them find the right equipment to enhance their daily lives."

One of the standout features of the store is its extensive range of cutting-edge mobility scooters, showcasing the latest in technology and design. These scooters are available in various models to suit different needs, from compact, lightweight versions ideal for travel to more robust everyday machines and specialist offroad models suited to rural landholdings.

A striking feature of the showroom is Sydney's largest display of riser recliner/ lift chairs under one roof. With brands including Theorem Concepts, Pride Mobility, Ambassador, IMG, and Configura, customers are sure to find a style and size that suits their lifestyle.

In addition to mobility devices, Mobiquip Australia also offers daily living aids such as ergonomic kitchen utensils, incontinence products, and bathroom safety equipment. This variety ensures that customers can find comprehensive solutions all under one roof.

Mobiquip's arrival in Sydney's Hills District is a significant addition to the local business landscape, providing essential services to those in need. The store not only offers high-quality products but also serves as a community resource, fostering greater independence and mobility for its customers. With its customer-centric approach and extensive range of products, Mobiguip is set to become a cornerstone of support and care in Sydney's Hills District.





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