



FREE

Galston, Glenorie & Hills Rural COMMUNITY NEWS

March
2020

The Original Community Magazine since 1971.

ANDY'S TAKEAWAY CLOSES



We report with great sadness that Raj and Paul have decided to close their business, Andy's Takeaway in Arcadia, after 13 happy trading years. Unfortunately rising costs mean it is no longer a viable business for them.

The community gathered to say goodbye on **Sunday 22nd February**. Locals Meegen Gamson, Sonja Cameron and Lori Modde organised the event and locals bought gifts and nibbles to make it a fond farewell. Raj and Paul, and their children, were given the 'Key to Arcadia' plus other parting gifts.

We wish Raj and Paul success in their next life venture.




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BALMORAL HOMES



MICK & BELINDA SELL AFTER 40 YEARS



After more than 40 years Mick and Belinda Petith have sold their sandstone business to new owners who will create their own family business with sandstone.

We would like to thank all our customers and suppliers for their loyal trade along with our staff, most of whom are continuing on at Sandstone Sales. We have made many friends along the way.

There would hardly be a suburb in the Sydney and our local Hills area that don't have some of our sandstone. It has been a very large part of our lives and now we only wish the best for Sandstone Sales. You can follow them on Facebook and Instagram !

To keep Mick busy he will continue with his earthmoving business **Positive Earthmoving** that he has been successfully running since 1979.

Even after 40 years he still enjoys building Rock Walls.

BESIDES PAINTINGS, WHERE ELSE DOES ART LIE?

For Kurt Seifert Jewellers manager, Kurt Seifert, he gets his artistic pleasure from burning intricate designs into shields and almost "anything else." Self-taught, he is now offering custom laser engraving inside and outside rings in his store in Hornsby with a new custom lasering engraving machine, an electro laser fibre flux nano. This laser engraver lets users engrave any metal objects with logos, brands, graphic designs and even with the impressions of photos.

Regarded by industry professionals as the ideal laser engraver for small

objects, Mr. Seifert said customers are giving him opportunities to create art in objects they've never used before.



"We do anything that will fit onto the laser table," he said.

"We offer extremely fine text or symbols, we can laser a message, pictures, family tree with names and dates, animals, mythical creatures, and much more."

He said an artwork he is most proud of to date is a dragon he lasered into his phone case.

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SIRCULO OPENS IN DURAL

We have a new cafe just opened at Round Corner Dural, and the owners Josh and Avik, are keen for you to come and try them out. We had a quick chat with them about why they opened an eatery in Dural and where they got their unusual name from.

Josh explains.... "Sirculo is a play on "circolo" meaning "circle". So for example circle of friends, social club, community. If you are not Italian you would probably say it Sir-Koo-Lo. This led to the cheeky playful use of the name SirCulo. "culo" meaning "bum/ass", but also can be used for luck (Che Culo!). Our branding plays on the tag line, "The Best Part is The CuLo", where the phrase is actually used to explain the end parts of the Italian bread (called the Culo). Everyone fights for that part. So we see ourselves as a social hub, a community meeting place. We are passionate about quality, and also have a cheeky playful side.

What is your style of food?

We are a Modern retail Italian Deli meets Mediterranean eatery that pushes the boundaries. We offer Traditional dishes that spark a nostalgia, but we do this with a fun, modern twist!

Why sets you apart from others?

Our point of difference is our energy and culture. Our highlight is our space. It's a community hub that takes you away. A

Mediterranean oasis that brings people together. We roast our own coffee, are passionate about food and really pride ourselves on old school service!

What other services do you offer?

Avik and I are now locals and with Sirculo, we are the new kids on the block! We want to engage with the community to promote local produce and create a space that locals can enjoy. We are looking at launching an evening menu very soon with regional menu events, highlighting techniques of different regions of the Mediterranean.

We would love for locals to utilise the space for their own events such as fundraisers and promotional activities.

We are also looking at organising a market day, where we showcase a couple of local products and tie it in with our brand.

Further down the track we are considering family cooking classes. We want children and adults to get their hands dirty and take a little of the knowledge we have gained throughout our lives and take it home with them.

Next time you are at Round Corner, drop by to say hello, and sample their new menu. Some of you may recognise Josh from the TV series My Kitchen Rules.



Avik is a renowned Multiple Hatted Chef, that latest being Cod's Gift. He is a Traveller by heart and has visited over 30 countries which has moulded his passion for food and style. A chef of over 20 years experience spanning from Asia, UAE, Canada, and Australia. He was educated, trained and completed his Masters in France. He is an innovator that respects rustic, traditional recipes and culture but adds his own modern touch and twist.

He is well respected in the Hospitality Industry, where he was also a representative of the Goodman Fielder 2019 Chefs Panel.

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AUSTRALIA DAY COMMUNITY AWARD



Donna receiving her award from Dural Rotary Club President, George Truelove

Dural Rotary Club awarded Donna Medway Manager of Glenorie RSL Club, their Australia Day Community Award at their meeting in February.

The club had reviewed Donna's leadership of the Club over the past 20 years, and considered her a worthy recipient.

Here is an extract from the speech written by the Club: "Glenorie RSL has become the perfect vessel for Donna to share her selfless generosity, particularly through donations to community groups, sporting clubs, schools and individuals. She is always finding new ways to put her position to good use and has made a major positive impact on our community. Just in December last year she was able to pull together a total \$10,000 (\$5,000 community raised and \$5,000 matched by the RSL) at the carols to be donated to the Glenorie RFS. Over her years she has put a lot of time and effort into bettering the RSL Club and in turn, the community. When she first came to the club it was a men's only demographic, not the type of place you would regularly take your family. Her goal was to make it family-


friendly. By looking at how far the RSL Club has come, you could say she has succeeded. However, she is always thinking towards the future, looking for new ways to maximise the benefit of the venue for the whole community.

The RSL is her official job but unofficially she wears many other hats. She is a mother, a wife, a friend, technical support, a counsellor, a carer and a CEO, not to mention the 100's of other jobs she would probably qualify for. We are very lucky to have her.

We would also add that the Club is now a successful outlet for local musicians and singers to hone their craft and provide them with much valued on-stage experience. Donna also celebrated 20 years of work at the Glenorie RSL on the same night, which was a nice co-incidence.

Donna was very surprised to receive the award, which was a well kept secret. Donna thought the award was for the club, not herself, so she was very humbled.


Well done Donna, you do a great job and the award was well deserved.



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RUSSELL LANGLANDS 1 YEAR

By Vivienne Langlands



It has been 1 year since the passing of my loving husband Russell Langlands on 24th February 2019.

My family and I would like to thank everyone, family and friends who have been so supportive this last hard year.

We have received numerous letters, cards, flowers, food, phone calls and lovely times together ever since last February.

A big thank you for everyone for your kind thoughts and companionship.

He will always be remembered in a beautiful way.
We all miss him every day.

ST BENEDICTS FAIR SUNDAY 8TH MARCH FROM 10AM

Come and join the fun at St Benedicts annual fair on Sunday 8th March from 10am. Held in the grounds of St Benedicts at 9 Fagan Road, it will again be a day of fun for all the family.

There will be childrens' rides, an animal farm, lots of delicious

freshly cooked food, plus the normal treats of cakes, slices and fairy floss. Why not come and buy your weekly vegetables at our vegetable stall, or just buy a ticket from the chocolate wheel and win a superb prize.



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COMMUNITY NURSERY OPEN DAYS FOR RESIDENT TREE COLLECTION

FEB - JUNE 2020		10.00AM-12.00PM		
February	March	April	May	June
wed 12th	wed 4th	wed 1st	sat 2nd	wed 3rd
wed 19th	sat 7th	sat 4th	wed 6th	wed 10th
sat 22nd	wed 11th	wed 8th	wed 13th	sat 13th
wed 26th	wed 18th	wed 15th	sat 16th	wed 17th
	wed 25th	sat 18th	wed 20th	wed 24th
		wed 22nd	wed 27th	
		wed 29th	sat 30th	

Council Nursery will be open from 10.00am to 12pm on the above dates for residents to collect up to 5 trees for their garden as part of the 25,000 trees by 2020 Project.
HSC Community Nursery is located at 28-30 Britannia St, Pennant Hills

Over the past few years Council has lost many trees and our tree population is aging. Our planting program aims to ensure we maintain a leafy environment in our Shire for the next generation. These new trees will not mature for 20 years so they are an investment for our community in the future. As the benefits of trees are enormous. We would like to ask for

your assistance in being involved in the program, choose a tree for yourr nature strip/verge and help us to look after it. The trees will be watered once planted but any extra watering will ensure they survive any more summer heat we may get. We would also like to offer residents free Koala feed trees for their property to plant a small clump if they can spare a corner of their block. Our Council

nursery has grown these trees particularly for Glenorie residents. Council does not want to plant these trees adjacent to roads & hoping residents will plant these trees on their property. Residents can contact me via email : Donna Fitton dffitton@hornsby.nsw.gov.au to request trees. It is a great time to plant now we have had rain and it is still warm.

TREES HAVE MANY BENEFITS LETS PLANT MORE

By Justine Smillie

Planting trees is one of the easiest and cheapest ways of taking carbon dioxide out of the atmosphere. A recent US study identified there is 1.7billion hectares of treeless land in the world, this excludes areas used to grow crops and urban centres. If native tree saplings were planted on this land, scientists estimated that two-thirds of carbon emissions from human activities could be removed from the atmosphere.

Trees are also nature's air conditioners reducing the urban heat island effect in our town centres and suburbs. During periods of hot weather, hard dark asphalt and brick surfaces absorb the suns heat and radiate it back. Street trees reduce this by capturing radiation from the sun before it reaches the ground and using the energy for evapotranspiration. It is no surprise that Hornsby CBD

was found to be the hottest place in the Shire while areas with greater tree cover were significantly cooler. If you still need convincing about the benefits of street trees, living in green leafy suburbs increases the property values. According to Dr Lyndal Plant from the University of Queensland "Home buyers were prepared to pay a significant premium to live in a leafy street and that premium was up to 3%".

The benefits are clear, trees make our suburbs cleaner, cooler and more valuable so let's plant more. Hornsby Shire Climate Action are having our first tree planting for the year on Sunday 8 March at Thornleigh Oval. If you'd like to come along or want more information about our group, please sign up to our emails at hornsbyclimate@gmail.com or facebook Hornsby Shire Climate Action Group.

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Latest News



from the Mayor's Desk

I recently went to an inspiring event to mark Seniors Week. As it does every year, Hornsby Shire Council made a strong effort to bring together the senior members of our community for an empowering experience. As somebody who is old enough to have met Ben Chifley (while he was prime minister, no less) and still working full-time, this important day means a lot to me. Too often seniors within our community are marginalised and their valuable contribution is played down. Sadly, they often allow this to happen to themselves. Way back in the 1990s, when I was still a young man in my 50s, there were suggestions that it was time for me to retire. I refused and went on for another two decades in federal parliament, then began working in local government.

I'm not saying you shouldn't retire, but I am very firmly saying that you should be able to make that decision for yourself. You should be able to make all of the important decisions in your life, no matter how old you are. Our baby boomers are now entering their senior years and I'm confident they will change the way society thinks about that age group, as they have done throughout every stage of their life so far.

Philip Ruddock
Mayor
Hornsby Shire Council

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Bookings essential. For more information, visit hornsby.nsw.gov.au/whatson

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Sunday 22 March, 7.30am-12.30pm
The Old Dog Pound, Next to 8 Warrigal Drive (RFS), Westleigh

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GLENORIE PROGRESS ASSOCIATION

By Callum Hoogesteger

A FITTING MEMORIAL

Planning is underway to upgrade the Wal Buckingham Memorial Park to include a Hostile Vehicle Barrier Fence. The fence will allow the ANZAC Dawn memorial services to continue at the Cenotaph without the need for traffic diversions on Old Northern Road. This year the ANZAC Dawn Memorial Service will proceed as the Glenorie RSL Subbranch has submitted traffic management plans to divert traffic on Old Northern Rd via Tecoma Drive. If this were to continue every year it would be cumulatively expensive with traffic management costing in the order of \$1500. If anyone has a traffic management capability and is willing to help out, please let Graham Bruce of the Glenorie RSL Subbranch know. While the title "Hostile Vehicle Barrier Fence" conjures up an eyesore, the planners are working hard to ensure that the fence will be complimentary and fitting for the park. The fence will also include a memorial to Ray Whiteman. It was Ray Whiteman who among countless other good deeds, kept the spirit of ANZAC by running the dawn services year after year. We think it would be most fitting therefore that the fence that allows the services to continue is dedicated to Ray. The Hornsby Shire Council, Glenorie RSL Subbranch, Glenorie Memorial Hall Committee and the Glenorie Progress Association are all working on the project together. Please reach out to any

of these organisations to give your input. We will be keeping you updated on the design via this publication as we progress.

CO-WORKING SPACE FOR GLENORIE

I recently floated the idea of a Co-Working space for Glenorie on Facebook. The response was enormous. It is apparent that many residents of Glenorie would value and utilise a co-working space where they could rent a desk for a few hours or a day, and/or use a meeting room from time to time. Key themes emerged from the feedback. There are many people working from home in the area. Some are professionals, others are doing the books and admin for their partner's business. Some people find working from home full of distraction i.e. they have the urge to clean up, put the washing on or mow lawns when they need to focus on their job. Others mentioned that it can be lonely working from home. Others struggle with slow internet speeds. The Glenorie Memorial Hall has significant amount of unused land behind the hall which could accommodate a co-working space. We have already had offers of assistance in planning from community members who are experts the area. We would love your feedback. Would you utilise a co-working space in Glenorie? Let us know at: secretary@glenorieprogress.org.au

TREE ASSESSMENT

Recent storms have brought down many trees on private and public land in the area. We are grateful that there have not been any reported injuries or deaths from falling trees. One particular tree has been noticed by the community (pictured right). It hangs precariously over Old Northern Rd. While the tree may stand for another 100 years, if it were to fall the consequences could be disastrous, particularly given the near blind summit south of the tree and the fact that cars are travelling at 80km/hr in that area. We have been informed by the public that there are many cases of potentially dangerous trees along Old Northern Rd. Hornsby councillor Warren Waddell has undertaken to organise a risk assessment of trees on major roads on the Hornsby side of Old Northern

Rd. Thank you Warren. How the assessment translates into action remains to be seen, as there are multiple parties involved.

PEDESTRIAN SAFETY AT MIDDLE DURAL PUBLIC SCHOOL

The Middle Dural Public School P&C have been campaigning pedestrian safety islands on Old Northern Road between bus shelters and Middle Dural Road. The pedestrian safety islands are absolutely warranted. Traffic has increased and the intersection contributes to the danger. The GPA supports the P&C. Robyn Preston member for Hawkesbury and Hills Shire Councilor was recently alerted to the issue and immediately raised it in the Hills Shire Council meeting where it was agreed to inspect the site with the view to making a recommendation to the RMS

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Traffic Unit. Thank you for your action Robyn. If you would like to add your voice to this campaign to keep kids safe please contact Matt Kean member for Hornsby, Hornsby

Council and Robyn Preston member for Hawkesbury or sign the petition at: <https://www.change.org/p/hornsby-shire-council-safe-crossing-for-middle-dural-public-school>

KOALAS

The HILLS AND HORNSBY RURAL KOALA PROJECT held its first meeting at the Geranium Cottage in January. The object is to establish a plan to encourage

the health, protection and population increase of Koalas in the Glenorie/Maroota/Arcadia area. Threats such as fire, habitat loss, road accidents, disease and dogs were discussed with positive actions arising. Great news, a recording of a female koala was made by Kate Keary at the end of Schwebel Lane Glenorie (identified by an ecologist at the Koala Foundation). A map was also produced showing where koalas have been sighted in the Hills/ Hornsby area since 2018. Great news. IF you would like to get involved please contact Pat Schwartz via secretary@glenorieprogress.org.au.

MEMBERSHIP

New members continue to sign up to the GPA. We are growing. You can have your input on these matters by becoming a member and attending the GPA meetings.

Next meeting Thursday 12th March, 7pm at Glenorie RSL.

You can find out more or join or renew at www.glenorieprogress.org



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SATURDAY 8.30AM-3.30PM
SUNDAY 9AM-2PM

NEWS FROM THE FRIENDS OF FAGAN PARK

As I write this, we have experienced “unprecedented” rain! What a turn around from the horror stretch the east coast has been through recently.

Our Open Day on Australia Day was rather poorly attended, with very few members of the public visiting the park. We are not sure whether it was the fairly warm day, or competing events or activities, or even fear of the Corona virus. Nevertheless, we had a great day with our exhibits, and enjoyed being able to drive the vehicles for a lap around the park. The donors of the Pyramid auto-truck came up to see it and were impressed with our restoration. Our next Open day is ANZAC Day.

The new lathe is starting to prove its worth, with a number of jobs done on it. There is a bit of a learning curve for us ‘oldies’ mastering the new technology of digital readouts etc.

Good progress is being made on the International truck.

We travelled down to Bywong in late January and brought back the newly made wheels, a major milestone. They will look great when fully painted and stained. We have been working on springs and other items, and some of these have been assembled to the chassis, so it will not be too long before we have a rolling chassis. We have also overcome some of the obstacles encountered on the engine, giving us a confidence boost. We can expect progress on this important item now. Mind you, the project still a looooong way from completion!

We are often diverted from our preferred activities by necessary maintenance; recent jobs being repair of the starters on two of the trucks, new leather buckets in one of the monkey-tail pumps so much enjoyed by the children, the electric motor in the fruit grader we demonstrate to visitors, the chicken de-beaker that horrifies visitors when it is described, and so on. There is always something



New Wheels on Display on Australia Day

requiring attention, but it is our obligation to maintain everything to the highest possible standard. The Fagan Park museums and Netherby Homestead are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each

month during the afternoon. All visitors are welcome. Contact me at the park on a Tuesday or phone anytime if you would like to join us. **Ian Browning, Honorary Curator, 0419 435 475.**

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FREE SEMINAR

Easy Technology Tips for Better Hearing



Technology is a growing part of our lives. Mobile phones, computers and television but the good news is that manufacturers are now providing easy to use features that will improve your listening experience.

We have 20 simple ideas that have made a huge difference in the lives of our clients and we want you to know about them too. Here are some examples that you can do for yourself.

Anne recently moved into an aged care facility. She now relies on her mobile phone to communicate. We set it up to work on speaker phone, every time. No more trying to remember where to change

the settings. She is thrilled to be able to keep in touch with her friends and family.

Eric, on the other hand, loves watching current affairs on the television. His blasting TV was annoying his neighbours. We introduced him to the Sennheiser TV listening device and he now watches his news programs without disturbing anyone else.

Louisa loves going to out to dinner with friends. While her hearing aid is programmed to reduce background noise, she struggled with fiddly controls. We put a program on her phone which means she can simply adjust the volume and

settings using her mobile phone.

Whatever you love to do, whomever you want to spend time with, we have lots of simple ideas that can make your life less stressful and improve the way you communicate and connect to your world. Book into our free community seminar today.

When: Thursday 19 March 2020 10.30am to 12noon (Light lunch provided)

Where: Hear-Clear Australia, Shop 16, The Village Green, 22-24 Kenthurst Road, Dural.

Bookings are essential: RSVP by 12 March 2020 by phoning 9651 7379

Contact Hear-Clear Australia

Dural: Shop 16, Village Green, 22-24 Kenthurst Road, Ph: 9651 7379
Find out more at www.hear-clear.com.au



FREE SEMINAR

EASY technology tips for better hearing

**Thursday 19th March
10.30am to 12noon**



Hear-Clear Australia, Shop 16, Village Green, Dural Places limited.
Light lunch provided.

Bookings essential
RSVP 9651 7379 before 12 March

Take-away 20 simple ideas to help you hear clearer, communicate better and feel more in control of your hearing life



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Bluetooth



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TO FIND OUT YOUR ELIGIBILITY**



*Terms & conditions apply. Please refer to www.hearingservices.gov.au for eligibility details. [#]Direct Streaming from iPhone only. Accessory required for Android devices (available for purchase at additional cost).

Dural Clinic:
Shop 16, 22-24 Kenthurst Rd, Dural

Norwest Clinic:
Suite 105, Q Central, Norbrick Drive, Bella Vista

Penrith Clinic:
Suite 3, 20 Castlereagh St, Penrith

WARRAH

This new decade has certainly gotten off to a rather dramatic start! We have gone from extreme drought, to unfathomable threats of fire and now up to 160mm of rain on a single day. As a result, this season has proved extremely interesting and educational for Warrah's young farming team.

The harvest continued all through the holiday heat with eggplant, tomatoes, cucumbers, capsicum, zucchinis, parsley, kale, salad mix, strawberries and silver beet. And even now with all the rain, we continue to maintain the usual supply of vegetables to our Shop, box schemes and residential houses without too many issues from pests and diseases.

This is because the dry conditions were unfavourable for the usual troublesome insects. We have even had such an abundance of eggplant that we have been able to sell it on to one of the distributors we usually buy from for the Farm Shop. In early February we began harvesting fennel, beetroot and heirloom tomatoes. Pumpkins and watermelon were planted in September, and once the vines die back they will be ready to harvest. We will be planting the last of the summer crops soon and the first of the cold season varieties.

The cows are also thankful for the rain now that the pasture is suddenly plentiful again. We



were pleased to have no storm damage on the Farm itself. The Farm Shop was briefly 'flushed out' with rain water and we lost power along with the rest of the street. We managed to bounce back quickly and, with the help of a generator our regular routine of shop sales, packing house boxes and deliveries to collection hubs around Sydney

and to Billabong Retreat continued uninterrupted. In between it all, we were extremely excited to launch our new website - www.warrahfarmshop.org.au. We especially love the aerial views of the farm and the images showing the exciting opportunities for participants in Warrah Society programs.

SALVOS

Remember when you used to "play shops"? You put your merchandise out for mum and dad to buy, maybe rang up their sales on a toy cash register? You were the ultimate little store keeper! Want to follow this dream for a few hours a week now that you are grown up?? Ring the Dural Salvos Store on 9651 4504. We'll welcome you volunteering with us.



SUNSET MELODIES

"Enlighten the heart and soothe the soul"

March 14 @ 6PM

Galston SDA Church 49 Arcadia Rd Galston
 Light refreshments will be provided



SALVOS

By Catherine Joscelyne

Many of us will be glad to farewell this Summer with its raging bushfires and searing heat. With Autumn just around the corner, it will be a blessing to merge gently into milder and, hopefully, less turbulent weather.

At our 2 family stores, staff and volunteers have been working hard to keep up with the generous donations that are brought in to us on a daily basis. Clothing and shoes, in particular, will now be reflecting the Autumn season.

The toy department is always amply stocked with pre-loved items suitable for a range of ages, from babies and toddlers through to teens. We carry push along and pull along toys for toddlers, sturdy ride-ons, bat and ball kits, skipping ropes, jigsaw puzzles (ranging in complexity from simple 8-10 piece wooden slot-ins to 1000 piece sets which challenge the most patient of adults) and a huge variety of games and kits. Our



range changes daily as we strive to get items checked and out on display.

If you are donating a battery-operated toy, can you let us know if it is in working order. Toys needing batteries are often slow to sell and may not appeal to some shoppers.

Our store-wide Half Price days have been immensely popular, so we will be running another on Tuesday 31st March. The Dural store will open its doors at 9am to welcome you. All items in all departments will be marked down by 50% as you get to the register.

Bring a friend, have a cuppa in our Community Corner, and enjoy browsing through the many thousands of items waiting for you to purchase.

FED UP WITH SITTING AND WATCHING EVERYONE ELSE DANCE?



There's a new "company" in town that will help you release your inner dancer, spend some quality time with your partner or enjoy some "me" time. Social Dance Company is a newcomer to Dural specialising in teaching wedding, ballroom and Latin dances for adults.

Owner Matthew Aker said "We are really looking forward to getting to know the locals, after 10 years of dancing happiness into

lives through our Castle Hill studio, we've made the move so we can be a part of a community. A lot of our existing students come from the area, so it made sense to launch our new concept adult dance studio in Dural."

The Social Dance Company is open for business and all about having fun with no contracts and lessons tailored for each student. Give them a call for an obligation free "Give it a Go" lesson.

Dancing happiness into your life



"I really had no idea that dancing could be so much fun! Not only I now enjoy dancing, I got a lot of very good friends" - **Ilyas**

"It's been our date night for 6 years! After suffering a stroke at 38 coming here has been the best rehab" - **Kirsty and Richard**

"What more can I say, dancing made me enjoy and start living again. Thank you SDC" - **Joseph**

Book your complimentary lesson today

Call: 02 8892 0707 Email: info@sdcompany.com.au Visit: www.sdcompany.com.au
Come and see us at Unit 4, 242 New Line Road, Dural NSW

CWA NEWS

TEA AND SCONES ANYONE?

FREE EVENT

1:00 PM **Saturday**
14th March, 2020

CWA Galston Branch

Galston Health &
Resource Centre

Cnr The Glade & 17
Arcadia Rd, Galston

Join CWA Galston
branch for afternoon tea
on Saturday 14th March



and experience some of that famous CWA 'tea and scones' hospitality.

Nothing encapsulates the spirit of the CWA quite like an afternoon tea. Sitting round a table and sharing a hot pot of tea, scones piled high with jam and cream, unwinding from daily stresses with friendly faces and planning secret women's business.

Actually, there is no secret! And the CWA is not just for bakers, sewers, or retirees either. It is a community of friendship, belonging and charity for all walks, regardless of age or ability. Spend an afternoon meeting the local CWA members and see what we are all about.

Our members range in age from juniors of just 2 years old to veterans of 90+ years. We are a warm and friendly bunch always looking for new members, new causes and new ideas. We'd love to welcome you to what promises to be a delightful afternoon with great company. If you are interested in learning more about what we do, please join us for a delicious afternoon tea.

So that we can ensure there are plenty of scones for everyone, please do let us know if you are able to come along.

For more details please contact **Jann 0439 222 217** or **Val 02 9653 1774**.

www.facebook.com/CWAGalston | [galston.cwa@gmail.com](mailto:cwa@galston.cwa@gmail.com)

BUSHFIRE HISTORY

Everything from the past is History and the one thing to learn is how to make the future better. Some may say it is a learning curve. Most importantly is to learn and have a better future. As it is now 2019 we have news of bushfires destroying houses and loss of lives.

History? Consider some of the past around 1939, yes that is 80 years ago. One very serious bushfire burnt down 19 homes in the surrounding areas of Dural. This was just before Christmas day, how the local residents felt about that, they would have been in total shock. Another situation caused by that bushfire was the mass amount

of Koala bears that were destroyed, all wiped out around Arcadia. Have we learnt anything from these bushfires?

One thing that was used 70 years ago was the bulldozer, to make firebreaks, to make fire risk very small. Has our learning curve got cracks in it? "Regulations"? Are parks and reserve all fire hazards? The knowledge that we have some planes to spray water and retardant is one good thing. Another is the Rural Fire Brigade; which provides great response from all areas. Just remember, leaving any situation that is hazard may be the start of our next disaster.

IT IS BUSINESS AS USUAL WHILST WE BUILD YOUR NEW LOOK VILLAGE GLENORIE



The development is progressing well with the first stage of development nearing completion and opening in 2020.

Residential leasing opportunities available for the first stage release.

Stage one retail space fully leased with limited opportunities for stage two currently available.

**Phone Alicia Ghilardi on 0422 365 858 for
all leasing enquiries in the new development**

Art & Photography • Hair Salon • Book Keeper • Thai Restaurant • Bakery/Cafe • Dentist • ATM Facilities
Lending Specialist • Butcher • Gift Shop • Post Office • Newsagency • Medical Centre • Rug Store



JULIAN LEESER – FEDERAL MP FOR BEROWRA WILL OFFICIALLY OPEN TASTE OF SEAFOOD HAWKESBURY RIVER FESTIVAL



The Professional Fisher's Association (PFA) proudly present Taste of Seafood Festivals across Hawkesbury River, Wallis Lake, Newcastle, Port Macquarie, Ulladulla, Bermagui, Eden and Yamba in 2020.

In the wake of devastating drought and fire, Taste of Seafood will celebrate each region and their wonderful seafood industry whilst driving economic growth and tourism. Julian Leaser, Federal Member for Berowra will officially open the inaugural **Taste of Seafood Hawkesbury River festival, Sunday March 8th 2020** at the Wisemans Ferry Recreation Reserve.

"I'm proud to support our seafood industry because a strong seafood industry is good for the Hawkesbury and its future," said Julian Leaser MP. Gates open 10am and the festival is set to attract locals and tourists alike with informative industry displays, cooking demonstrations, barrel race, prawn peeling competition, live music and

stalls. Festival goers can also view the local fishing fleet, berthed along the riverbank adjacent to the reserve.

It promises to be a fun day for the whole family with a jumping castle, magnetic fishing, colouring competitions and face painting for the kids.

Tricia Beatty, Professional Fisher's Association CEO said, "Taste of Seafood will raise awareness about local professional fishers and provide an opportunity for festival goers to see, feel and taste locally harvested wild caught seafood whilst interacting with members of the industry."

"It's an opportunity to educate the general public on the environmental sustainability of the NSW seafood industry, they will learn how it is caught, where it is stored and where

they can purchase it," explained Gary Howard, PFA Chairman and Hawkesbury River professional fisherman.

The event is now sponsored by OceanWatch Australia, Australian Maritime Safety Authority and the Department of Primary Industries.

PFA is a not for profit organisation. Event organisers would like to involve the community and are accepting stall holder and sponsor applications for upcoming events.

If you are interested in participating, please contact PFA on **0439 199 361**, email info@pfai.com.au or visit the website www.nswpfa.com.au.

Taste of Seafood is also on facebook: www.facebook.com/tasteofseafood



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Taste of SEAFOOD
HAWKESBURY RIVER

SUNDAY 8th MARCH 2020
Wisemans Ferry Recreation Reserve
Old Northern Rd WISEMANS FERRY
10am to 4pm

FREE ADMISSION

ENJOY & CELEBRATE LOCAL SEAFOOD

PROUDLY PRESENTED BY: **PFA** PROFESSIONAL FISHER'S ASSOCIATION

SPONSORED BY: **AMSA** amsa.gov.au, **Camhau**, **OCEANWATCH AUSTRALIA**, **Department of Primary Industries**

www.tasteofseafood.com.au

WOMENS SHED HILLS SHIRE



Women are invited to join us in celebrating International Women's Day on Saturday 7th March 2-3.30pm at this fabulous, fun, free Bellydance workshop. Come feel empowered, try something new, meet new friends, share a cuppa and some afternoon tea. No experience necessary and women of all ages, shapes and fitness levels encouraged to attend. Mums and grandmothers are welcome to bring along daughters/granddaughters 12+ as well. Dress comfortably and borrow one of the dance tutors coined scarves on the day if you don't have your own.

This event is offered freely to you through a collaboration between The Women's Shed Hills Shire, Hills Community Aid, The Hills Shire Council and Baulkham Hills Sports Club. Please note that this workshop is being run at Village Green Community Centre 109 Bella Vista Drive (at rear of shops opposite Chipp Circuit), Bella Vista. To help us with afternoon tea catering purposes, please confirm your attendance via email: info@thewomensshedhillsshire.com.au or phone/text **0408 549 530**

ARCADIAN QUILTER'S

February must indeed be our month for achieving as we had the opportunity to see more "Charity Quilts" finished, these are donated out into our local community, such as nursing homes, Ronald McDonald house etc. We also saw several completed "Block Carrier Rolls" on display, these were from a recent workshop held at the

end of January this year. Our meetings are held at Galston Community Health Centre, Cnr Arcadia Road and The Glade, Galston, — **1st, 3rd and 5th Wednesday** @ 9.30am and an evening group meets @ 7.30pm every **2nd and 4th Monday**. Any further information required please contact **Carole 9894 7749**






FREE!

Bellydance Workshop Celebration for Women

SATURDAY 7 MARCH 2PM-3.30PM

FUN. FRIENDSHIP. EMPOWERMENT. AFTERNOON TEA

WHERE?
Village Green Community Centre
109 Bella Vista Drive (at rear of shops opposite Chipp Circuit), Bella Vista

Women are welcome to bring daughters/granddaughters over the age of 12 with them. No childcare available.

Enquiries and to reserve your place:
Email: info@thewomensshedhillsshire.com.au or phone/text: 0408 549 530

**Dress comfortably*



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GALSTON MODEL RAILWAY

The Galston Model Railway is a great day out for the family. It opens on the 2nd Sunday of each month. **Gates open at 9:30 - rides from 10 am to 3 pm** (but they may finish earlier if there are very few people left or the weather turns bad). Diary dates for 2020 are:

- March 8th 2020
- April 12th 2020
- May 10th 2020
- June 14th 2020
- July 12th 2020
- August 9th 2020
- September 13th 2020
- October 11th 2020
- November 8th 2020
- December 13th 2020

Trains run continually throughout the day. There is generally a mix of steam and "diesel" (i.e. petrol or electric) locomotives but on days with a Total Fire Ban this will be limited to "diesel".



Please ensure you wear closed in shoes (no sandals or thongs) if you want to ride on the trains.

Site entry for adults is \$10.00 per person (sorry, no concessions)

Site entry for accompanied children is free

Rides are \$2.50 per person (any age*)

We now have EFTPOS facilities for entry and ride tickets

*Please note that rides for toddlers are available only if the child is old

enough to sit on a seat, self supported. Babes in arms, or in kapoochis, may not be carried on trains

For further information visit their website at www.hme.org.au/



FIRE AT DURAL SQUASH CENTRE

Fire broke out in the early morning of **21st February** at Dural Squash Centre on Old Northern Road Dural. Quick responses from the local RFS brigades brought the fire under control and they managed to extinguish it. We are pleased to report that no one was injured. Although there is extensive damage to some parts of the

building, other parts are still operational. The dance studio is operating as normal. The squash courts are expected to re-open mid March.

Dural Active Health has relocated to Unit 1, 632 Old Northern Road Dural (directly behind Maddisons function centre. Their phone number remains the same at **9651 7789**.



BUDGERIGAR SOCIETY OF NSW INC.

Hills Branch – Ray Galbraith

It's that time of the year again, when Country and City breeders and exhibitors come together for the 2020 Royal Easter Show. This year show will be held from the **3rd to 14th of April 2020**. The Sydney Royal is one of the largest and most prestigious of its kind in Australia.

Budgerigars will again be on display during the period of **5th, 6th and 7th of April**. Entries for the Aviary Bird Exhibition closed on the 19th February, with the number of aviary birds anticipated to exceed the 400 birds exhibited in 2019. Junior classes will again be available this year and having free entry for the Junior Exhibitors. The exhibition will be held in the Domestic Animal Pavilion.

New additional Budgerigar Classes are being introduced for

the 2020 Royal Show, such was the popularity and interest in the Budgerigars over previous years. Judging of the birds will be held on the **6th April 2020**, and upon completion, the winners will be displayed with their appropriated Ribbons and Sashes etc.

During the course of the show, Stewards will be available for the general public to obtain information about the birds, various Budgerigar Clubs to join, or discuss their pet birds. Judging of the Budgerigars for 2020, will be undertaken by Mr James Matthews of Canberra. NB. Mr Matthews is a previous winner of this competition.

Since the commencement of the 2020 show season in January, shows have been held at; Illawarra (Bulli), Shoalhaven (Nowra),

St George (Bexley), Canberra, and Newcastle (Wallsend). Major success has been gained by the Hills Branch member Adrain Corner, having gained the Reserve Grand Champion Award, at Shoalhaven.

Hills Branch will be holding our Annual Show on Sunday the 1st March 2020, at the Don Moore Community Centre, located at North Rocks Road, North Rocks, with all visitors welcome. The birds will be on display from late morning with free entry. NB. Birds similar the attached photograph will be on display.

Two weeks later the New South Wales Annual Show will be held at the Seven Hills Sports High School, Seven Hills, again affording Hills Residents the opportunity to view quality budgerigars.



Care to be part of a hobby that can be enjoyed by an individual, partnership or family; then contact should be made with **Ray Galbraith** by telephoning **9653 - 1538** or e-mail **boxer73@bigpond.net.au**

VACCINATE PET RABBITS NOW

By Nikki McGrath

Hornsby rabbit owners are being urged to vaccinate domestic rabbits prior to the roll out of a feral rabbit baiting program on 18 March 2020.

Led by Greater Sydney Local Land Services with the support of major landholders, local councils and environmental agencies, the program will see the release of the Rabbit Haemorrhagic Disease Virus known as RHDV1-K5.

The virus will be released throughout the Greater Sydney region including Galston and Dural in the Hornsby Shire.

Greater Sydney Biosecurity Officer Jacob French said the program adopted an integrated

approach to the reduction and management of feral rabbits in known problem areas throughout the region.

"This is the fourth release after the initial national program roll out in March 2017 which has led to a 47 per cent reduction in feral rabbit numbers across NSW. This follow up program ensures we can target new areas and support more landholders and local governments to reduce the impact of these pests," he said.

Mr French said it was important domestic rabbit owners went to their local vets to vaccinate their pets prior to the release.

"The virus is spread mainly by contact between rabbits or via

insects such as mosquitos and flies. Importantly, RHDV is only effective in rabbits and if pets are vaccinated they become immune."

"This program is designed to complement ongoing control efforts on private and public land," he said. "We encourage landholders experiencing issues with feral rabbits to continue working with us to roll out coordinated control campaigns in partnership with their neighbours wherever possible," he said.

Feral rabbits are a declared pest in NSW due to the significant amount of agricultural and environmental damage they cause.

They are believed to have contributed to the decline or



extinction of a number of NSW native species including the greater bilby and the yellow footed rock-wallaby and their overgrazing is estimated to cost Australian agriculture more than \$200 million every year.

PETS OF THE WEEK

By Bev Jordan

SARGE (PCC 9)

Sarge is a 2 year old male staffy. According to staff at the Hawkesbury Companion Animal Shelter Sarge is a lovely handsome boy that enjoys human interaction. He does sit when asked and is happy to play ball games. Staff recommend that if you are coming to see Sarge, please bring along the kids and any other dogs you may have at home for a meet and greet to be sure everyone gets to know him. His adoption price has been reduced to \$99 this week only. The price includes first vaccination, desexing, microchipping, and life time registration. Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: Sarge CODE: PCC 9 BREED: Staffy AGE: 2 years old SEX: Male PRICE: \$99

MITTENS (PCC 54)

Mittens is a 14 week old female kitten. According to staff at the Hawkesbury Companion Animal Shelter Mittens is an outgoing, happy kitten that enjoys playing with her toys and the other kittens in the cattery. Her adoption price has been reduced to \$29 which includes her first vaccination, desexing, microchipping and life time registration. Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: Mittens CODE: PCC 54 BREED: Domestic cat AGE: 14 weeks old SEX: Female PRICE: \$29

The Hawkesbury Companion Animal Shelter is at 10 Mulgrave Rd, Mulgrave
Call 4560 4644

www.facebook.com/hawkesburycitycouncil



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2020 CASTLE HILL SHOW

With the success of last year's Youth in Agriculture Expo the show society has the 2020 show on March 20-22 is underway. The poultry section is a good example of early organisation and the schedule is available. All poultry breeds are covered and sections for horses, cattle and sheep will also feature at the Showground that weekend.

The various Young Judges competitions to encourage expertise among young animal lovers are the highlights with the winners going on to compete at the Sydney Royal. Last year's Junior Judge winner in the poultry section, Olivia Broughton, went on to win at the Royal and will represent NSW in the national championship to be held in New

Zealand. Young people will also be judged on their ability to parade the winning animals.

As well as the animals there will be a children's and schools' Art and Craft section and a Young Farmer Challenge Competition. That's something for all the family.

All the details of this great weekend with the animals and their handlers are on the Castle Hill Show website for those who wish to enter or time their visits for a particular event. At \$5.00 it is a great day out.

The wonderful ladies from the Castle Hill CWA will have their refreshments available!

On the previous weekend a variety of equestrian events will be held.



DANGEROUS DOGS

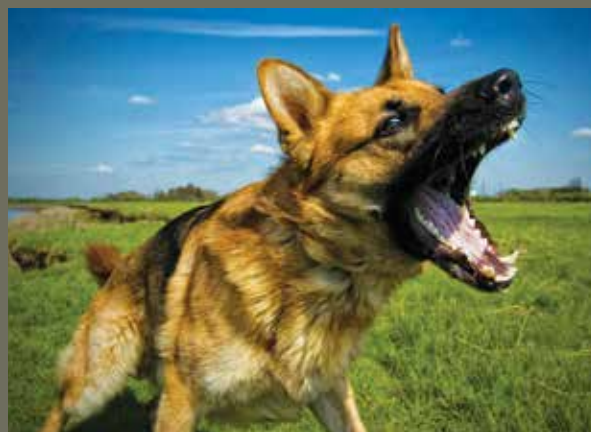
By Patrica Schwartz

All dogs are potentially dangerous to native and domestic animals unless they are kept under control. Dogs love to hunt and they love to meet up with other dogs and hunt in a pack.

It is important to look after the wild life (including Koalas) in our beautiful bushland. So, don't allow dogs to destroy precious wildlife after so much has been destroyed already.

It is estimated that as many as a billion animals including 10,000 Koalas perished in NSW alone from drought and fires.

PLEASE KNOW WHERE YOUR DOG IS AT ALL TIMES.



ANOTHER RECORD PRICE ACHIEVED IN 2019 CONSIDERING SELLING?

For the third consecutive year Beth O'Brien & Nikki Summerhayes of Willu Prestige Property have sold another record for Arcadia post code 2159 with a very happy vendor!

This property has presented a number of fresh new high-end buyers to the Hills Rural Market.



43-71 CALABASH RD ARCADIA

"Beth, worked relentless on selling my property, her loyalty and support was beyond the call of duty. Nikki and Beth are not the typical real estate agents, they are ethical, precise and knowledgeable, could not of done it without them!"

- Mr Eric Cooper

WILLU PRESTIGE PROPERTY IS A NATIONAL FINALIST FOR REB ONLINE AWARDS FOR 2019 AS 'NEW COMER OF 2019'



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SIDELINE SCOOP WITH GALSTON NETBALL CLUB

With months of preparation already taken place, the Galston Netball Club Expo day was ready to go. That was of course until we saw the predicted weather for Sunday the 9th of February and a last minute change of venue was required to ensure all guests remained dry and out of harms way.

Fortunately, Galston High School kindly came to the rescue granting the Club permission to utilise their indoor hall and so we were back on track. Despite the cyclonic weather, we were very pleased to see many members of the club as well as new families battle the rain to come and join the festivities of Expo Day.

With special guests Paige Hadley and Sarah Klau from the NSW Swifts and Australian Diamonds joining in the games, the laser tag arena

proved to be a popular choice while our volunteers on the BBQ and the snocone truck served a delicious breakfast for all involved.

The club had the rare opportunity of running speed questions with the Australian stars in which all members were able sit in the hot seat and ask anything they wish about Paige and Sarah's extensive career or netball in general which provided a highly motivating experience.

We would like to give a massive thank you to all who helped organise or donated their time or products for Expo day with a special thank you to Galston High School for the use of their hall, Eric's Tender Meats and Goodie's Bakery for donating all the meat and bread on the day. Each year, we also receive huge support from the club's sponsors. Expo Day in particular, would not

be possible if not for the club's major sponsors Willu Property and a grant received from Bendigo Bank Galston Branch for the event. Their support for the community and local sporting teams is exceptional. Every financial product taken up with Bendigo Bank allows them to allocate more funding into the community, so we would encourage all our members to swing by the Galston branch and learn why they are Australia's most recommended bank.

February also saw the close of registrations for juniors in the 2020 winter competition and we are delighted to see so many new members join the club as well as existing members return to play for Galston. Building on the huge success of the club's teams last year, we are very excited for what 2020 will bring. In other registration news we have

also seen a record number of children enrol in our term one NetSetGo clinics showing huge potential for the next generation of Netball players.

We would like to remind all members to allow plenty of time to order their uniforms with Sydney Netball Shop. As they are receiving orders from a variety of clubs, we recommend allowing up to 6 weeks for your uniform to arrive after the order is placed. The club also has a limited number of 2nd hand uniforms available, please contact us at secretary.galstonnetballclub@gmail.com if interested in this option. We would like to wish all our members the best of luck in preparing for the 2020 competition and look forward to seeing all the girls out on court.

**GO GALSTON
BLING IT!**





DURAL COUNTRY CLUB 2019 SPORTSPERSON OF THE YEAR

UDO'S OUR CHAMPION!



Udo Hoppe
of Dural

Udo Hoppe of Dural is a valued member of the Dural Country Club Fishing Club and a deserving recipient of the Sportsperson of the Year Award held at the Dural Country Club on 7th February last.

He was named last year's Dural Fishing Club's Champion of Champion, being the Charter Fishing Champion and Runner-up for Estuary and Open Fishing Championships.

Udo is extensively involved in the Fishing Club organising the monthly charter boat fishing and annual events for the year. This involves the studying of tide charts and moon phases for the times to fish for different species for the best results. He has also designed a spread sheet to keep all the Club's fishing records. Udo has his own boat and happy to share a fishing day's outing with other members of the Club.

The Fishing Club have regular four day trips away fishing up and down the



John Pullio, President of Dural Country Club with Udo Hoppe of Dural

East Coast and Udo and his committee organise all the accommodation, charter boats and estuary fishing spots.

The Fishing Club meet on the **4th Tuesday** of the month at

7:30pm at the Dural Country Club and new members are always welcome. Enquiries please phone **George Truelove** on **0418 401 410** or **Bruce O'Toole** on **0428 970 439**.

DURAL BOWLS

Tuesday 4th. February the Women's Club surprised their dear Angela Scovazzi, who works tirelessly 'behind the scenes' with a surprise celebration for her 90th Birthday...with our ever thoughtful President Robyn presenting her with a beautiful floral arrangement, cake – and even cannoli!

Thursday February 6th saw a "Battle of the Sexes" at our Annual Club Challenge between the Men's and Women's Club in a Fours, a Triples and a Pairs Match. On a rain interrupted day the Women's Club won narrowly by 2 points (their first win in 4 years!) Friday 6th. was the Sportsperson of the Year Award ably won by Udo Hoppe, representing the Fishing Club.

Congratulations were also due to both Ruth and Kevin Keene for their well earned nominations!



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EASTER SUPERHERO EGG-VENTURE

TUESDAY 7TH APRIL 4.30PM



**Acrobatic and
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\$5 Entry**

RSVP: 9652 1183

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OLD SCHOOL ROCK NIGHT

FRIDAY
20.03

8PM

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Heartbeats

Heartbeats is about recognising the good news stories which are happening in our community.

BIG FROM SMALLER

By Christine Stockman

I took this photo of our 2 cats this morning. Their names are "Muma" and "Bubs" (very unoriginal names, I know).

Isn't it amazing though, how from a small cat can grow a son so big.

It has surprised, even stunned me at times when seeing this in people- a small Mum and much larger sons or daughters.

My husband and I have 3 sons. They are all taller than I, but not too tall, for which I am thankful.

You see, although I have always been very proud of our sons, I often have been slightly embarrassed of being so short,

especially in family photos.

Anyway, TODAY our middle son and his wife have had their 2nd baby boy. He weighed 4kg at birth-a large babe for his Mum.

My husband and I are delighted that he and his Mum are well and thank God for helping her have a natural birth.

On this Valentines Day, I thought I would say that we dearly love our 3 sons and their wives / partners and we dearly love our 3 Grandsons.

PS. It's not size that matters really but a person's heart and attitude to life and people.



THANK YOU GALSTON BENDIGO BANK

The Rockets Disabled Tenpin Bowling Team (formerly The Hornsby Rockets) wish to send a big THANK YOU to Galston Bendigo Bank for the generous donation of \$3000 to assist with their transportation costs in Queensland this year.

The Rockets are a group of disabled bowlers ranging in age from 25 years to 44 years. They have a wide range of disabilities but they also have many ABILITIES - tenpin bowling being one of them!

The bowlers, with their parents and carers, travel wide and far and attend many competitions

both intra and interstate. Recent competitions were held at Orange, Canberra, Illawarra, Wetherill Park, Rooty Hill and Campbelltown with Wagga being included this year.

In June, we have 13 bowlers and their parents/carers travelling to Mt Gravatt in Queensland to attend the 32nd National Tenpin Bowling Championship For Persons With A Disability. Every year this competition is held in a different state and sunny Queensland has it for 2020.

The Rockets excel at these competitions with many members over the years appearing in the

NSW State Teams and obtaining many medals and trophies.

These much needed funds will help enormously with our

costs so THANK YOU Galston Bendigo Bank, without your support we could not attend the competition.



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THE PERIMETER TRAIL

23KM MOUNTAIN BIKE RIDE: TERREY HILLS

By Susanna Mills



Situated in Terrey Hills, Perimeter is a very popular out and back ride, and you'll encounter both equestrians and walkers along this shared trail. It is situated inside Ku-Ring-Gai National Park. All recreational activity in this specific area is along existing firetrails, but there are two sections of unsanctioned single track that loop on and off these firetrails for the eagle-eyed rider to find and ride enroute.

Plenty of free parking is available at Terrey Hills Community Centre. From here, cycle through the Oval, turning left down Cowrang Road. At the T junction with Nerang Ave, turn right and



head straight down to the trail head and N.Parks gate. You are now on the Perimeter firetrail at the hem of suburbia, and it's a fast rollercoaster which heads mostly downhill. The track is often badly eroded with loose rocks and sketchy gravel in some sections, so unless you have ridden it before, exercise some caution because the downhills are steep and you will send it! There are some fun water crossings to blaze through too. After 3km you'll know where you have to bear right off Perimeter Trail onto Long Track, because there is a truly nasty pinch climb to get up to this intersection.

(you may have to walk up). It lies just below the acreages of Duffy's Forest. Turn right to continue along the firetrail, turn left for some sneaky singletrack.

At the 7km mark, Long Track is actually signposted and is an absolute pleasure to ride. The main reason is because of its terrain and spectacular scenery. Long track winds its way along an elevated ridgeline which reveals the deep topographical crease that contains Smith Creek and beyond that, Cottage Point. It is not long before you reach a rock sheet on the left with a spectacular view of Cowan Creek- Bobbin Head is hidden just over a ridge to the south. It is here where one can enjoy viewing a Sydney sunset in the most immaculate surroundings. (10km) The more intrepid can continue along an increasingly technical and difficult Long Track for another 1km until it unfortunately terminates at yet another spectacular lookout over Cowan Creek. Personally, I hate the disconnected, out and back tedium of Sydney firetrails so I usually enjoy just relaxing at the first lookout while waiting for everyone to return...

On the ride back, everything you rode down, you will have to ride up- and this will add at least 30 minutes to your return ride. Please beware of riders coming down all the hills you are now riding up, and slower walkers and horse riders on the hills you



are now riding down. If Kuring-gai National Park had a looping trails network, catering for the volume and diversity of people who enjoy recreating outdoors and love doing their activities in this particular area, the return ride experience would be nowhere near as stressful.

But if you'd like these trails all to yourself, why not consider doing this ride with some friends at night? Leave the shops at 6PM to enjoy the sunset at the first lookout, then turn around and switch on your bike lights to navigate back up to Terrey Hills in complete darkness and perfect solitude.

FACTBOX:

Grading: Novice, Intermediate

Distance: 20-23km

Time: 2-3 hours on a normal mtb 1.5hours on an e-bike. +30 minutes for the uphill return ride.

Night Riding: Post-Ride Beer and Pizza: Terry Hills Tavern

Day Riding: Post-Ride coffee and breakfast: Chriselle's Gourmet Eatery.

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GALSTON CONCERTS IN A MUSICAL FEAST

Three's Company

The Galston Concerts start their 2020 series Sunday afternoon 22 March with a 250th birthday feast of 'Classical & Contrasts' sounds and styles.

Three's Company – Narelle Yeo, soprano; Deborah de Graaff, clarinet; Tonya Lemoh, piano – will perform a Viennese first-half line-up of music by Mozart, Beethoven and Schubert's Shepherd on the Rock - a 'top ten' Classical song setting.

These greats of Classical style date from the time of Australia's First Fleet and Governor Macquarie, with our 'year of Captain Cook' 1770, also being the year of Beethoven's birth – 250 years ago.

A second half of contrasts will explore music from England and Spain, Polish dances and cabaret songs.

Three's Company international performances in Europe and North America are now matched by their academic successes: soon to be a trio of 'Doctors in the House'.

Galston Concerts founder-directors Robert Harris, viola and Dorit Herskovits, double bass will add strings 'colour' in cameo performances with the

trio. The concert will start 2pm in Galston Uniting Church.

A further bonus of a pre-concert organ prelude, starting c. 1.30pm, will feature Emily Thompson, top prizewinner of the 2019 Organ Music Society of Sydney competitions, as part of The Galston Concerts young performers project.

Post-concert complimentary afternoon teas allow for an added mix-and-mingle chance to meet the performers.

Bookings for this concert and the series are available on www.trybooking.com (search Galston). Enquiries for tickets on the day can be directed to 9653 2039 or 0428 248 348.



The Ferry Artists Gallery is pleased to announce our first show of 2020. "cARte Blanche" is an opened themed exhibition to allow our artists to follow their own inspiration.

It opens from 21st February and will run through to Easter.

Enjoy a drive down to Wisemans Ferry and experience the talents of our local artists and artisans.



Welcome you to our first exhibition of 2020
"cARTe Blanche"
Open from 21st February

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CASTLE HILL ART SOCIETY INC.

ART DEMONSTRATION

WEDNESDAY 1ST APRIL
JULIANNE ROSS ALLCORN

"WATERCOLOUR & MIXED MEDIA ON BOARD"

Julianne Ross Allcorn has been a practicing artist and art teacher for over 20 years. She works on birchwood panels painting very detailed insects, birds, flora and fauna usually using pencil & watercolour. Come and learn from this fascinating style.

Visitors are welcome to join with the Castle Hill Art Society 7.30pm at Castle Glen Community Centre, 157 Ridgeway Drive, Castle Hill.
Enquiries 9899 3179 www.castlehillartsociety.org.au



SENIORS FESTIVAL 2020

By Matt Kean

Many readers would be aware that Seniors Festival was celebrated recently across the state. I hope many of you were able to participate in the wonderful range of events including the ever popular Premiers Gala Concert.

These celebrations remind me that our senior citizens are to be appreciated for their invaluable and ongoing contribution to our community.

I frequently attend events organised by senior citizens and admire their energy and commitment. In so many instances charitable work helping

neighbours and support for other important initiatives such as caring for the local environment would simply grind to a halt without their support.

Thankfully many of our senior citizens also put the same level of energy into national and international issues – and our society is all the better for it.

It is important as this Seniors Festival draws to a close that we continue throughout the rest of the year to acknowledge their invaluable contribution.

Thank you for all that you do.

A Celtic Affair

Featuring Eileen McCann & the Governor Macquarie Memorial Pipe Band

Singing sensation, violinist and guitarist Eileen McCann.

ONLY 2 SHOWS BOOK NOW!

The Governor Macquarie Memorial Pipe Band have performed with Sir Paul McCartney, John Farnham and as part of the opening act for the Edinburgh Military Tattoo in Sydney.

GMM

Governor Macquarie Memorial Pipe Band
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DISASTER ASSISTANCE FOLLOWING SEVERE STORMS AND FLOOD IN HORNSBY AND HILLS REGIONS

By Julian Leeser

Disaster assistance is now available to communities heavily impacted by recent storms and flooding.

The Federal Government has today announced this assistance is available for Hornsby and The Hills local government areas.

"The savage storms that ripped through our community at the weekend have had a huge impact on many people and businesses. This funding will assist our community with the recovery effort," said Julian Leeser MP.

Assistance available under the DRFA may include:

- Support for affected local councils to help with the costs of cleaning up and restoring damaged essential public assets
- Concessional interest rate loans for small businesses, primary producers and non-profit organisations
- Help for eligible people whose homes or belongings have been damaged and are uninsured

- Freight subsidies for primary producers, and

- Grants to eligible non-profit organisations

Assistance is being provided through the jointly funded Commonwealth-State Disaster Recovery Funding Arrangements (DRFA).

If you are uninsured and have low income, for information on personal hardship and distress assistance, please contact the **Disaster Welfare Assistance**

Line on 1800 018 444. To apply for a concessional loan or grant, contact the **NSW Rural Assistance Authority** on **1800 678 593** or visit **www.raa.nsw.gov.au**

Further information on disaster assistance is available on the **Australian Government's Disaster Assist** website at **www.disasterassist.gov.au** and the NSW emergency information and response website at **www.emergency.nsw.gov.au**



RURAL ROUND UP

By Councilor Warren Waddell

Council meetings resumed in February, marking the official start of this term's final year. There is still a great deal of work before us. Council endorsed the Local Strategic Planning Statement, our vision statement for the next 20 years, which is the culmination of 18 months of hard work and intensive community engagement. Our new waste management strategy was also adopted, giving us the best possible outcome considering the many constraints to be negotiated. The transition to new collection days within the rural area

appears to have gone smoothly and residents have become used to the changes.

The real test for Council has been the unusually high number of weather events that have challenged our area. First came the bushfires, then the flooding and more recently high winds. The February events alone have created 305 service requests to date, requiring the engagement of 10 tree crews and the establishment of a direct contact point with Ausgrid to coordinate safe tree removal and to restore power.

As many of you will be aware, the conditions have been very testing for rural residents. Lack of electricity, reduced access to property and safety concerns have extended beyond what many have previously experienced.

However, as testimony to the resourcefulness and resilience of our rural community, I have received minimal complaints. Everybody just got on with it – assisting neighbours, engaging generators, pulling out the camping equipment and simply riding it out. It has been

a true representation of our community spirit.

Moving forward, Council officers will make a presentation at the AGRA meeting on **3 March**. This presentation will highlight the first draft of the Galston Village Public Domain plan and seek input from the community. In keeping with our endorsed strategy for the village, RMS contractors will soon begin work at the Mid Dural Road roundabout to install safe crossing arrangements and complete links with our existing footpaths.

As your Federal Member, I am here to:

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

JULIAN LEESER MP
LIBERAL FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822
julian.leeser.mp@aph.gov.au julianleeser.com.au julianleesermp

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

Matt Kean MP
Member for Hornsby
Minister for Energy and Environment

Keen to Help you by

- Representing you in the NSW Parliament
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- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements

Contact Matt (02) 9476 3411 hornsby@parliament.nsw.gov.au
PO Box 1687, Hornsby Westfield NSW 1635



OFFICIAL OPENING OF HORNSBY HOSPITAL MEDICAL IMAGING DEPARTMENT

By Matt Kean

The Hon Matt Kean MP Member for Hornsby was joined by his colleague Alister Henskens SC MP in officially opening the Medical Imaging Department at Hornsby Kuring-gai Hospital.

Mr Kean said, "As part of the much needed upgrade we now have the best diagnostic tools for local patients. This upgrade basically doubles the size of the old department and ensures our hospital can provide quality care for our community long into the future. I am thrilled to officially open the Hornsby Hospital Medical Imaging Department!"

For the first time patients can now have a MRI without needing to be transferred outside the hospital. Other new facilities include: a Fluoroscopy Unit and an

Orthopantomogram (OPG). In addition to existing equipment, there is now a new CT scanner, two more X-Ray rooms, and three new Mobile X-Ray units.

"The people of Hornsby can take pride in knowing that we are home to a truly state of the art hospital"

The Fluoroscopy Unit is a new addition which is crucial in monitoring speech and swallowing for stroke patients. This state of the art equipment allows physicians to see the functioning of internal structures both real time and on recordings.

The new Orthopantomogram allows for dental X-Rays and scans, enabling Hornsby Hospital to broaden its operations and eliminate the need for patient transfers.



MATT KEAN INTERVIEW

By Cameron McArthur

Matt Kean, the NSW Environment and Energy Minister, very kindly agreed to an interview on January 29. He was very open and passionate in his answers to the following questions.

What advice can you give a teenager who would like to take up a career in politics?

Join Young Liberal or Young Labor to get the relationships and learn the skills needed for politics. Try to make a change and don't just be a spectator."

Do you believe a career in politics is worthwhile? If so, why?

"Absolutely. There aren't many other jobs that allow you to change the country. It gives you the opportunity to meet amazing people that ordinarily you wouldn't meet, do different things which others don't experience, and travel to so many different

places. Recently I was in a conference in the Netherlands and had the opportunity to visit a nuclear power plant. It was under maintenance at the time! Politics gives you the opportunity to change people's lives in a beneficial way."

Do you believe that the voting age should be lowered?

"I'm not against it in principle and would need to think it through first. But there is a need for young people to be given more of a voice. The Liberal party and politics in general need more diversity in age, background and culture."

Can you give examples of policies that you have initiated in the electorate that have a direct impact on people my age?

"I have fought for and delivered the rebuild of Hornsby Hospital, the conversion of a quarry into a Centennial park style park for

the North, saving the Galston Gorge bushland and of course encouraging the Liberal Party to take action on Climate Change."

What have you done/is planned in future to save the Wollemi pine forest?

"I personally pushed to protect the forest, which I consider a living fossil, from the bushfires. I had difficult decisions to make, and decided the forest wouldn't be lost on my watch. In the future there will be consideration of enhanced controlled burning and more security for the forest."

What is the one initiative that you are most proud of in your career?

"I stood up for my view on climate change and took a lot of attacks for my stance. I don't always get everything right, but in this instance I have studied the science and understand that we must be

doing more for the future. The Commonwealth/State deal on climate and energy to be announced tomorrow will show consensus about climate change for the first time in the coalition's history."



History

DHARUG AND LOWER HAWKESBURY HISTORICAL SOCIETY

ANNUAL GENERAL MEETING ON SATURDAY, 28TH MARCH 2020

FOLLOWED BY AN AFTERNOON WITH OUR SPECIAL GUESTS ROY AND PRIMROSE FOX AND A GUIDED VISIT NEXT DOOR TO THE MISSIONS

The AGM is to take place at the Chapel at 11.45am before adjourning for lunch. All members are encouraged to attend. An invitation extends to the general public to join us for lunch.

We hope to be joined at lunch by the owners of the Missions, our neighbours Roy and Primrose Fox. After lunch we will adjourn next door to the Missions where the Foxes' will open up their aircraft hangar containing a wonderful "cross section of civil aircraft used during the golden era of flight from the 1920s to the late

1930s". Roy & Primrose will take us on a stroll through history as we hear the narrative of the planes on display. The logbooks provide the history of the planes on display. In addition there are some amazing anecdotes for some of the planes gathered over time. After our hosts have answered our many questions we will then proceed over to the Hawkesbury River's edge and gaze at where the remains of a "small wooden ferry that had been on a slipway near the mouth of the Macdonald being repaired had sunk on

20th March 1978". This small wooden ferry had been part of a big adventure the day the Webbs Creek ferry had joined the two ferries at Wisemans Ferry and had come loose and floated off down the Hawkesbury River towards the Hawkesbury bridge. The four ferries latched together by the vegetation pouring downstream and came off their cables and set off along the Hawkesbury during the floods of mid-March 1978.

The small ferry was under repair and had a plank out of the bottom. Whilst the ferry

was attached to the other three ferries it was able to remain afloat but as all four ferries came around the bend below Wisemans Ferry they went in a wide circle and the small ferry came loose and ended up in front of the Missions. And there this ferry remains to this day.

Cost: Free for Members. Non-Members \$20.

Bookings essential: enquiries@dlhhs.org.au or **0405 321 478** (leave a message) by **Monday, 23rd March**.

All welcome.

DURAL & DISTRICT HISTORICAL SOCIETY INC.

NEWS FROM HISTORY COTTAGE

Members met for the first time on the 8th February. Our speaker was Ken Bradley OAM who spoke of two men who served in the First World War. Ken, a member of our Society, has been researching all who served and who were connected in some way with our district. The results of his work are available to all and are most valuable for those working on family history.

The chosen subjects were both Tasmanians, one a champion woodchopper, Huon Pritchard, who won competitions at local shows. The other was Sir Wilmot Hudson Fysh, one of the founders of QANTAS. His holiday home was on the corner of Old Northern Road and Wyoming Road Dural and he is buried in St Jude's Cemetery. Their stories are a contrast in fortune and fame altered by the events of war.

Future speakers have been arranged and cover local history and personalities, our June Roughley Memorial Lecture in August, on the rivers of New South Wales, will be given by Ian Hoskins. Our first

tour, to the Historical Aircraft Restoration Society Aviation Museum at Albion Park is on Tuesday the 17th march. Visitors are welcome but please contact Michael on 9653 1365 or email judyhorton949a@gmail.com for details and bookings.

Our next meeting will be on the 14th march in History Cottage beside the honour roll in hayes park. Our guest speaker will be Ron Ray OAM from the Maritime Museum. His talk, "Cook/HMB Endeavour", is most topical for the 250 anniversary of the event at Botany Bay.

Please come, meet like minded people and enjoy after chat .





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THERE'S AN APP FOR THAT... AIRDROP

Have you ever been travelling with friends and would really like to share some of the photos you have taken during the day. You could text them or even email them but the problem is you have no internet service. This is quite common if you are in a foreign country or on a ship in the middle of the ocean.

For those of you who have Apple devices you can use **Airdrop** to send the photos to your friends. To enable this to happen you need to make sure your Wifi and Bluetooth are on. Note the Wifi doesn't have to be connected to any service. If you are unsure if your Airdrop is on open up your Control Centre and press and hold on the Wifi button. Tap on either Contact only or everyone to turn Airdrop on.

Then go to your photos and select the ones you wish to send. Instead of tapping on messages or email, tap onto the Airdrop symbol. Your friends will need to be nearby and

their iPhone or iPad name should show up on your device. A peer to peer connection is created between the devices.

Your friends then get the choice to accept the picture(s) which are then automatically put into their Photos App.

The real benefit of Airdrop is that you only have to take one picture of the group instead of multiples on different devices. (Of course, this only works if everyone has an iPhone or iPad). Enjoy sharing!

There are over 2 million Apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. **Debbie** on

Mob: **0418296217** or email: **info@debbiedoesit.com.au**



GET IN FAST FOR REMAGINE ENTRIES NOW OPEN

Hornsby Shire Council's Remagine exhibition is calling for entries, with \$10,000 in total prize money on offer.

Held in partnership with the Hornsby Art Society, artists are invited to submit works that promote the concept of "reduce, reuse and recycle".

"This is a great opportunity for artists to demonstrate their commitment to a more sustainable environment, while also helping to educate others", Hornsby Shire Mayor Philip Ruddock said.

"Last year we attracted a broader range of entries by adding a new category, Digital Art - Stills, which was extremely successful and will be continued this year.

"Our new category for Remagine 2020 is Painting/Drawing/Printmaking, to further encourage more artists to enter this exciting art prize."

This year's theme is "Fast fashion, fast food, fast running out of natural resources".

Fast fashion and fast food are major contributors to landfill.

Australians go through, on average, more than 27 kilograms of clothing per person each year, with more than 369 million kilograms of textile waste going to landfill and charity stores every year. Single-use plastics from fast food are also an increasing challenge for our environment.

"Reuse and recycling are important practices that we encourage for all Hornsby Shire residents, which is why we so strongly support this prize," Mayor Ruddock said.

Remagine 2020 categories are: Mixed Media 3D/Mixed Media 2D, Painting/Drawing/Printmaking and Digital Art - Stills.

Remagine is an annual art prize promoting sustainability, through its exhibition held at Wallarobba Arts and Cultural Centre, Hornsby, **4 - 28 June 2020.**

Entries close on **Sunday 17 May 2020.** Visit hornsby.nsw.gov.au/remagine to find out more.

Rick Bull, Winner Digital Art - Stills
Remagine 2019



Daniel Burkhardt, Winner Mixed Media 2D
Remagine 2019



Daniel Boesen Nolan, Winner Mixed Media 3D
Remagine 2019



GALSTON HIGH SCHOOL OPEN DAY 2020

By Luke Cosgrove



Galston High School's perfect team looks forward to showing prospective students and their families the school

Galston High School welcomes prospective students and their families to the upcoming Open Day on Wednesday, 11th March. Open Day is an opportunity to see, experience and feel what Galston High School can offer and why it is a compelling choice for all students.

"The 2020 Galston High School Open Day allows you to meet the teachers and current students, inspect the facilities and experience the positive environment fostered within the school," said Ms Jillian Tourlas, principal of the school.

"The Open Day begins with a short information session outlining the depth of our curriculum offerings and academic performance but the real focus is on giving prospective students and their families hands-on time with the school to see, experience and feel. It's the combination of small community with big opportunity that makes Galston High School a great place to learn."

"School tours are the focus of the day and are led by our

student leaders. Who better to give a real insight how our school operates?" she added. "As you tour the school, you will see our teaching and learning in action, our renewed facilities and hear about our key initiatives, opportunities and achievements."

During Open Day, prospective students and their families will learn about:

- Galston High School's exemplary record of HSC achievement
- Extension classes for high potential students in Year 7
- The broad curriculum catering for academic and vocational pathways
- The extensive student leadership roles that develop our students
- The outstanding pastoral care program
- The variety of sporting, agricultural and extra-curricular opportunities offered
- The well-regarded music programs including bands, vocal ensemble and musicals



Jillian Tourlas - Principal of Galston High School

- The Year 7 Orientation Camp
- Scholarships for Year 6 students living within the Galston High School enrolment area
- The Duke of Edinburgh Scheme

"At the conclusion of the Open Day, families are invited to join our student leaders and senior staff for morning tea at the historic Waddell Cottage. This is an informal opportunity to ask questions and get to know more about Galston

High School," Ms Tourlas said. "We look forward to meeting you at our Open Day, where you can see, experience and feel what Galston High School has to offer."

Address:
403 Galston Road, Galston
Date:
Wednesday 11th March 2020
Time: 9:30am - 12.00pm
Venue: School Hall

See the school website for more information:
galston-h.schools.nsw.gov.au

PARENTS ARE EDUCATORS TOO

By Craig Hingston



Term 1 is well underway and whilst our staff at Pacific Hills Christian School are enthusiastically teaching in their classrooms, they are looking forward to collaborating in 2020 with the

parents and care givers of their students.

"We aim as a school, but also as a Christian community, to actively seek to partner with parents in the education, growth and development of

their children - in all aspects of life", said Lauren Graham, the Director of Wellbeing.

Home-School collaboration helps students to feel supported in all areas of their learning. For this to take

place there needs to be clear and regular communication from both sides. When teachers know that parents are consciously involved in supporting their child's education, and they're willing to share whatever information may help to best teach their child, the task of knowing, understanding and teaching is much more effective.

Additionally, as the power of shared experiences and common end goals attest, when parents volunteer in classrooms or are willing to share their own gifts in service to both teachers and classes, the relationships between the parent, teacher and student only enrich and deepen even more.

"I have long appreciated the tradition that teachers employ, at the start of a new school year, of asking parents to write a letter or fill in a questionnaire about their child. Personally, I always take this opportunity to let my children's new teachers know as much information as possible", added Mrs Graham.



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**GALSTON
HIGH SCHOOL**



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and see how we offer

small
community
BIG
opportunity

Wednesday 11 March
 9.30am-noon
galston-h.schools.nsw.gov.au

GALSTON PUBLIC SCHOOL



While only a few weeks into Term 1 our kindergarten classes are settling into school very nicely. These little 'first-timers' are making a smooth transition into 'BIG' school and many have already made new friends.

School Captains Jack and Caitlan and Vice Captains Jordan and Myffy

attended a Leadership Camp at Vision Valley last week. The aim of this camp is to identify, encourage and develop leadership skills. Overall they had a great time and are looking forward to drawing on their experiences and knowledge from the camp to assist them in their roles this year.



Library Monitors for 2020 have also been chosen. Throughout the year these monitors will undertake a variety of responsible library duties such as caring for library resources and ably assisting our school librarian.

An SRC Induction Assembly will be held shortly for the 2020 Student Representative Council leaders who were recently elected. These representatives are keenly looking forward to representing their respective class and also enthusiastically organising many fundraising ventures for this year.

At the annual swimming carnival enthusiastic competitors demonstrated true Galston Public School spirited competition and exemplary sportsmanship. A courageous and determined team will now go to compete at the Beecroft Zone PSSA Swimming Carnival which will be held at Sydney Olympic Park Aquatic Centre, Homebush.

If you would like to know more about our awesome school please contact the school office (**9653 2062**) and all your questions will be happily answered.

UNITINGCARE GALSTON EARLY LEARNING CENTRE

We have started 2020 with a positive start after enjoying a lovely holiday break!

On the first day back without children we updated our CPR First Aid Training and had team discussions in regards to our vision for the centre for 2020 as well as feeling motivated to set up our learning environments for the children to engage in.

Over the first week back in January, the centre also participated in their Assessment and Rating process. We are very pleased to share with our community

that we received our results and that the Early Childhood Education and Care Directorate have commended us on our achievements in Exceeding the National Quality Standards and providing quality outcomes for children who are in our care.

The report highlighted our strengths within the quality areas which were; "Our meaningful planning, reflective practice, respectful relationships with children and a willingness to collaborate with families and the community to enhance children's learning and

wellbeing demonstrate the commitment to quality."

We would like to thank the entire team and our committee here at Galston, for all their hard work and dedication over the past four years. The team has worked collaboratively to strive to provide the best quality care for the children attending and by receiving these results we are inspired to continue to improve on a day to day basis.

If you would like to come and have a look at the centre or ask any questions regarding our Educational Program please

feel free to contact the Centre Director **Daniela Balmer** on **9653 1475**.





NORTHOLM GRAMMAR SCHOOL

THE POWER OF STUDENT-TEACHER RELATIONSHIPS

By Chris Bradbury



A month in to the new School year and the early relationship and connection a student has with their teacher is starting to take shape. In some cases, the immediate impact a new teacher has made on their students is already clear to parents and carers. In conversation with parents and carers, positive first impressions typically reference high expectations, a caring and nurturing environment,

high energy or a strong command of curriculum. In other cases, parents comment that their child is still trying to 'work the teacher out'. In our experience at Northholm this is a positive perspective. Teacher-Student relationships can take time to develop. Quite often a demanding approach to excellence can be initially met with some apprehension. However, we know that great learning should

be uncomfortable and challenge is critical to scholarship.

The greater the connectedness on personal and emotional levels between the teacher and student in the academic context, the greater the scope for academic motivation, engagement and achievement.

Teachers don't just teach disciplines (Mathematics, Science, English, etc), they teach people. Education is about connectedness, belonging and being relational. From a learning perspective, a strong sense of relatedness and connectedness better positions students to

take on challenges, set positive goals and establish high expectations that extend and motivate them.

At Northholm, the building of positive student-teacher relationships is underpinned by a classroom and School-wide commitment to connective instruction. Our best teachers are more likely to facilitate motivation and engage high achieving students if they frame their practice in relational terms. At Northholm, we want our students to feel connected to ensure optimal motivation, engagement and achievement. This, in my opinion, is the what quality teaching looks like.

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STILL CREEK LANDCARE FREE NATIVE PLANTS FOR LOVING OWNERS

By Chris Noon

Mackellar poem "My Country" written in the first decade of last century. Just a few lines:

*I love a sunburnt country
A land of sweeping plains
Of rugged mountain ranges
Of droughts and flooding rains
For flood and fire and famine
She pays us back threefold*

Last year in our Trees for Weeds project, we distributed 4014 native plants to 38 local residents who were working to restore native habitat on their properties.

This year, thanks to a generous donor, it's on again: Trees for Weeds Encore: not just free native plants, but advice on where and what to plant

and how to plant them. Local species will be recommended because they survive better here.

Fires have been more intense since the indigenous mosaic burning practices ceased. But now with climate change, they will likely become more intense in future years. For long-lived trees, some consideration will be given to more resilient species.

If you have not participated, call us to find out more. If you have previously had native plants from us and some have died from drought or washed away in storms, contact us again to top up.

I hope Mackellar is wrong about the famine.



If you would like help or further information, contact **Nick** on 9653 2056, via email StillCreekLandcare@iinet.net.au.

net.au or visit Still Creek Landcare at <http://www.stillcreeklandcare.com.au> or on Facebook.

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BROMELIAD SOCIETY OF AUSTRALIA MARCH MEETING

GUEST SPEAKER - ALAN MATHEWS
AUSTRALIAN NATIVE BIRDS



The Bromeliad Society of Australia will hold their next meeting at the Federation Pavilion, Castle Hill Showground on **Saturday, 7 March** with plant sales commencing at 11am followed by the meeting at 12noon. Access is via the Showground entrance off Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

At this meeting the Treasurer of the Bromeliad Society of Australia, Alan Mathews who is also a passionate bird watcher will discuss the Australian native birds we are likely to see in our Sydney backyards.

His talk titled "Birds of the Past - Present - Future and the human effect on bird life.

Alan will choose between 15 - 20 Australian native birds to discuss. Bird watching is great for the soul and our wellbeing.

The talk will include the feeding of native birds, leaving water out for birds and the types of vessels to use. Growing a suitable habitat to attract native birds into your garden.

BSA meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment.

Contact Ian Hook -
mobile 0408202269,
email: ianhook1@bigpond.com
website: www.bromeliad.org.au

MONDAY WALKS AND TALKS AT KU-RING-GAI WILDFLOWER GARDEN



The first term of Monday Walks and Talks at Ku-ring-Gai Wildflower Garden, 420 Mona Vale Road, St Ives, begins on **March 2nd** with a walk focussing on the history of the Wildflower Garden.

Booking not necessary. Cost \$5.

Meet at Caley's Pavilion at 9.45am for a 2 hour stroll led by Australian Plants Society members. Wear suitable shoes and hat, bring water.

For enquiries ring **Helen 9489 1735**

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- * Yellow Bricky Sand
- * White Bricky Sand
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- * Arena Sand
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- * Filling Sand
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- * 2nd hand Common bricks
- * Extruded bricks



Church

NEWS FROM ST BENEDICT'S

MARCH 2020

St Benedict's Fete 8 March!

At last it's here – St Benedict's Fete, the event we look forward to every year, will be held on **Sunday 8 March**, beginning at **10am**. Everyone is welcome to the Parish Centre grounds on the corner of Arcadia and Fagan's Road Arcadia. All the fun things will be there to enjoy including face painting, BBQ, chocolate wheel, flowers, plants, cakes, animal farm, the ever-popular fruit and veg stall and food galore. Everyone will want to buy tickets in the raffle with the first prize of a week's holiday in beautiful Hawk's Nest and a second prize of a calf from the St Benedict's monastery herd. This is the prize most want to win and the monks have offered to look after the calf if you don't have

your own paddock. Our picture shows the happy raffle ticket sellers at last year's fete.

Welcome to our New Parish Secretary

We are delighted to welcome Paula, our new parish secretary, to the position. Paula and her husband Paul have been long-term, very supportive parishioners so it's with great pleasure we see her take up this role. Many thanks to Sandra who has done such a wonderful job over recent years. To contact the parish office (open Fridays) ring **96532312** or leave a message. For those who were confirmed last year, Reconciliation will be held on **28 March** and First Communion on **14 June**.



St Benedict's Playgroup

Playgroup is held every **Monday** during school terms from **10am to 12pm** at the Parish Centre. Children up to five years are welcome together with their mums, dads or carers. Enquiries to **Lisa 0405 305 393** or **Tania 0401 597 278**

Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at **7am every morning**. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd **7pm Saturday, 9am Sunday**. Parish website: www.bbcatholic.org.au/arcadia.



ST BENEDICT'S

ANNUAL FETE

Sunday 8th March, 2020
9 Fagan Road, Arcadia 10 am - 3 pm

RIDES • ANIMAL FARM • FACE PAINTING
FOOD • BBQ • CHOCOLATE WHEEL
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GOD IS LIGHT AND THERE IS NO DARKNESS IN HIM - NONE

Pr. Alex and Dee Valich - Glenorie Community Church

Have you ever spent time in your back garden, gazing at the sky? On a cloudy day, maybe you've seen pictures in the clouds or on a starry night you've looked for constellations like 'The Southern Cross'? When the sun shines brightly in a cloudless sky, the blue of the sky is a beautiful shade! Our sun 'is a star in the centre of our solar system which gives off energy as light.' (Wikipedia)

At the beginning of time, on the first day of Creation in Genesis, God created light to dispel the darkness that was all over the world

(Genesis 1:1-5). Then He created the lights in the sky - sun, moon and stars.

(Genesis 1:14-16).

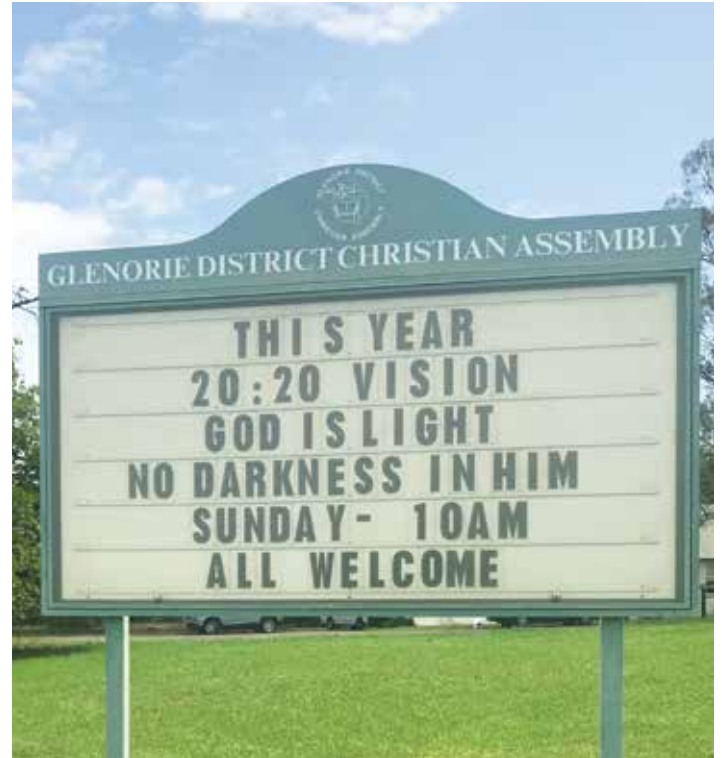
When the bible tells us in 1John 1:5 that 'God IS Light', it means that light is the nature and character of God. He doesn't CONTAIN light or HAVE light. He is not simply one kind of light - He IS light. God is the Creator of physical light as well as the Giver of spiritual light, by which we can see Truth. There is no darkness at all in Him.

A way to understand more about who God is, would be by understanding what light is. What light does, God does and how light helps us in our daily lives, God can accomplish in our lives as well.

One of the main properties of light is that it illuminates what is already there. For example, in the middle of the night when it is pitch black and we need a drink of water from the kitchen, we switch on a light to show us the way. The kitchen and our furniture has been there all the time, but we can't see it till the light is on.

The Cambridge dictionary defines the word 'illuminate': 'to explain and show more clearly something that is difficult to understand.'

God may seem difficult to understand, but He illuminated His character of light (pure love, holiness and goodness), through the person of Jesus Christ, His Son, who said, 'I am the light of the world. He that follows Me shall not walk in darkness but shall have the light of life.' (John 8:12).



So, let's put some light on this subject!

Through a relationship of faith in Jesus Christ, each of us is enabled to walk in the light. This means living the way God intends us to live - with HIS pure, light- filled

perspectives despite the trials and circumstances of life.

Then- 'Since we have been justified by faith, we have peace with God through the Lord Jesus Christ' (Romans 5:1) - and that's a great way to live!

HEADS OR TAILS

By Corrie Bryne Hillslife Church

Many a sporting match starts with the simple coin toss ... heads or tails.

A simple choice offering a chance decision.

Yet could this prove to be the simplest of prayers in our daily walk as a Christian?

A simple prayer, used for each and every encounter and circumstance?

Lord, heads or tails?

But rather than the outcome providing the captain with the decision to kick off or select

sides, this is one that offers direction.

HEADS ... represents our head, our thoughts, our prayers, our words.

If the answer is heads, how can we worship, pray, offer an encouraging word, a truth or teaching? How can we share the good news? A prophecy?

TAILS ... represents the hands, our bodies, our actions.

If the answer is tails, how can we serve? Can we help in a season or circumstance? Is there something we can

give? Give your time or your resource?

Such a simple prayer, maybe even carry a coin! But if we attune to the Holy Spirit, if we wait for His prompting, then we can truly outwork God's plans.

Ephesians 2:10 says, "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

The plans are already laid, the opportunities already exist. But it is our choice if we choose to be obedient to our calling.

So heads or tails.

Heads ... is there a word of encouragement? An opportunity to share? Can you offer a prayer of support? Maybe it's a chance to highlight something worthy of worship - the sunset, the beauty in the world?

Tails ... is there an area of need? How can I serve you? Maybe cooking something? Maybe helping carry groceries or return the shopping trolley to save them going back up.

GALSTON UNITING CHURCH

A FOOTNOTE TO THE FIRES..... WITH A LOCAL CONNECTION



In disasters such as the recent bushfires, Chaplains play a key role in disaster recovery providing many people with counseling and prayer. Naturally, they would like that to be with a person of their own faith background. To arrange for this to happen requires considerable coordination for which volunteer chaplains are required and trained.

Our own minister, Rev. Geoff Smith is one such volunteer chaplain. However, the coordination role is done by an arm of the Uniting Church known as the Disaster Recovery Chaplaincy Network (DRCN) that is headed up by Rev. Dr. Stephen Robinson. Those of you who were around in the 1990s may remember

Stephen, as he was the Uniting Church minister here at that time. In fact, it was while he was here that he joined the local RFS and often climbed the Galston fire tower, which sparked his interest in this field. He went on to do his doctorate in disaster recovery and so now leads the DRCN. "The Lord works in mysterious ways his wonders to perform". All our activities for 2020 are now well under way and there is hopefully something here for everyone in the community.

They include:

- **Sunday Worship** at 10.00am each Sunday. This includes a time for "Sunday's Kids".
- **KUCAs** (Kids of the Uniting Church in Australia) meet each Friday of school term from 5.00 - 6.30pm for Kindergarten to Year 6 children. This includes dinner for the kids. (Cost \$5 per night)
- **Youth Group** - for those in Year 6 and junior high school, who meet on Friday evenings at 7.00pm

- **Ladies Choir** - Come and join us to release your inner Joan Sutherland.
- **The Craft Group** - meets on Thursdays at 12 noon for a great time of friendship while doing patchwork, crocheting, sewing and other crafts, and all are welcome.
- **Over 55s** - a social group with a variety of outings and activities for the slightly older fraternity. Please come and join us at 10am at the church on the second Monday of each month.
- **The Men's Choir** is in recess for the year and will resume in 2021.

We would love to see you at Sunday worship or at any of our groups and activities.

For information, please contact **Elizabeth** at the church office (**9653 2039**) on Tuesdays and Fridays.

Minister Rev Geoff Smith
11 School Road, Galston.
Phone 9653 2039
www.galstonunitingchurch.com

HOW ARE YOUR EYES ?

(a message by Rev. Ed. Long)

You can always trust what Jesus Christ says. He can always do what He promises. In John 8:12 Christ said 'I am the light of the world.' In this story John 9: 1-11 he shows how true that is. He opens a mans eyes so that he can see the light. That is exactly what He does for us spiritually. There are six miracles in the gospels in which Christ gave someone their sight. This man was the only one that was said to have been born blind. The disciples wanted to ask about who was to blame for his blindness, but Christ

saw a man in need and an opportunity to glorify God. Christ did not make it easy for this man. He gave him something to do. (Go and wash your eyes in a pool, that was some distance away'). The man had to do what Christ told him to do. He was not responsible for his being born blind, but he was responsible for accepting or rejecting Christ's words. When he obeyed Christ, his sight was given to him, instantly and permanently. The man didn't really know how it all happened but he had a wonderful testimony. Read

verse 25. 'One thing I know, whereas I was blind, now I see' He was sure about that, because he had the proof in his own eyesight. We may not know everything that took place in us when we asked Christ to come into our lives, but we do know that something has really happened. 2 Corinthians 5:17 says it so well, 'If any man be in Christ, he is a new creature, old things have passed away, behold all things have become new'. And we can be sure about that. God's Word tells us that

if we have called on Christ for salvation, it is ours now. There is no need to doubt it but simply believe it, and our life will show the difference Christ has made.

THOUGHT:

Great sinners need a great Saviour. The result is always a great miracle.

Come and find out more at:

Glenorie Mission Church,
1409 Old Northern Rd Glenorie
Sunday Service - 10:00 a.m
Bible study - Wednesday
7:30 p.m



GALSTON RURAL FIRE BRIGADE NEWS

By Kara Dubois

From Fires to Floods



Galston RFB made a rather quick swing from fighting fires across the state to battling the aftermath of storms and flooding. Our fires have been busy responding to storm damage from the recent downpours that hit Sydney. We cleared trees off of roads and powerlines. While also closing dangerous roads and working to open others. We assisted the SES with the initial search for a car that had been reported as swept away in flood waters. Emergency services weren't able to locate the reported car and police are continuing with their enquiries.

Welcome Back Galston 1

Home at last. Our good ole trusty workhorse Galston 1 has finally returned after a long few months of deployment fighting the Northern NSW fires. Our offroad Fire Truck was stationed all over the north of the state with a rotation of crew from local, NSW, and

Interstate fires. We even spotted some visiting US firefighters utilising it. It's now tucked up next to our Pumper, ready to serve the local community again.

Reminder About Permits

Galston fires responded to an illegal pile burn recently and need to extinguish it.

If you are planning a pile burn and are unsure of the rules, as a reminder permits for pile burns are required all year-round. During the 'Bush fire Danger Period' your local Rural Fire Brigade may also need to inspect the pile before a permit is issued. Fire Permits are free to obtain and help to ensure that fire is used safely and to minimise the danger to you, your property and the community. For further information on fire permits, visit www.rfs.nsw.gov.au.

New Lights Donated

Thank you to our local Bendigo Bank in Galston and Gary Mangan... who generously donated three brand new portable Pelican lights to the brigade. The battery powered compact area lights can extend 6 feet high, provide an ecologically responsible alternative to generator powered lights and will allow us to do our work safely.



Brigade Contact Details:

Duty mobile: 0491 119 152

Email: info@galstonrfb.org.au

HILLS LIFE

C H U R C H

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."
- Romans 15:13

Service: Sunday mornings at 10:00am
Galston Public School
Ph: 0416 233 629

Visit our Facebook page and see latest updates.

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GLENORIE MISSION CHURCH

Jesus said: "I am the way and the truth and the life. No one comes to the Father except through me."

Sunday Service and Sunday School 10:00am
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www.glenoriemission.org

ARCADIA RURAL FIRE BRIGADE

FROM FIRES TO FLOODS

By Peta Gormly



From fires to flooding rains, Arcadian crews have been busy since November 2019. Our members have been assisting with the firefighting effort throughout all areas of NSW since August, but it ramped up from November, starting with fires in the Mid-North Coast. Arcadia brigade assisted with the protection of property at many locations, including Rainbow Flats. The Gospers Mountain Fire then had our attention, we had crews out on strike teams day and night shifts for many weeks, the brigade was also engaging with the community and making property assessments. One of our night crew's set up property protection unbeknownst to them, at the family home of one of Arcadia's cherished former members. It sent goosebumps through the crew.

The response to this fire within the Arcadia community was astounding. Residents were vigilant with their fire plans, revising them and even running through them with all their family members. This response

and understanding of the area in which we live in, made us confident that the community was listening and reading the information and warnings coming from NSW RFS. We are thankful that these fire plans did not need to be activated. The brigade also had strike teams on standby at the FRNSW training facility in Orchid Hills with crews being responded to the Green Wattle, Bilpin, Mt Tomah and Mt Wilson fires. Christmas and Boxing Day Arcadia members were out in the Blue Mountains strengthening containment lines one day and providing property protection the next. As we entered the New Year Arcadia continued to provide support, this time further south being deployed to Nowra, Goulburn and Cooma.

During these trying times our community rallied around and supported us. We have been overwhelmed with the generosity and kindness of our neighbors, who donated water and snack packs to the brigade, which were very welcome as

many times they were used for meals during the long days. We experienced the Arcadian community spirit on multiple occasions, and it was wonderful to see how people were finding ways to help. We also received very generous donations from local businesses and individuals, these we promptly used on updating some of our equipment, with immediate use on our deployments.

An important aspect in our training is first aid assistance. On multiple occasions during these deployments our crews have been required to perform CPR, utilize the Oxy Viva, and use the AED. We would like to draw focus on how important these skills are, and that they are very effective. First aid training is readily available to everyone in the public and you never know when you might need it, but there may be times where having those skills will change the

outcome for someone in need. We can report back happily that the people we were able to assist recovered fully.

In February we received a lot of rain, which saw crews turning from firefighting duties to storm damage assistance. Crews assisted NSW SES with several trees down in the local Arcadia area and out towards the Eastern Suburbs. Again, we saw the community come together and act safely in these dangerous conditions. When the members weren't out on strike teams or deployments it was training as usual at the fire station.

This article is dedicated to the selfless firefighters and aviators that tragically lost their lives whilst protecting communities throughout the 2019/2020 NSW fire season. Their dedication, passion and skills have helped countless people and won't be forgotten.



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GLENORIE RURAL FIRE BRIGADE NEWS

By Heather Seacy

The long running fire season of 2019-2020 has finally eased and has seen Glenorie Brigade move from being continuously operational fighting fires throughout NSW and southern Qld, to storm damage control and mitigation in the local area. The prayed-for rains have brought massive relief with all fires in NSW now classified as being out or under control.

This break in fire protection has allowed the brigade to move forward with postponed training, activities and planning for the future.

Currently, we have ten new trainees participating in preparation for bush fire fighting assessments. Volunteers are the backbone of the Rural Fire Service and it is members of the community from whom we build our brigade. If you have been considering joining the Rural Fire Service, come along and see what it is we do and how you can be a part of it, new volunteers are always welcome.

Regular training is important to ensure members' skills are

ready for an emergency. Recent training with Hillside brigade involved pumping exercises, practicing drafting from static water sources and transferring between trucks, a skill set often needed on the fire ground.

To you, the community, we thank you for the support and contributions that have kept us going; the water, food and financial assistance that is essential to keep the brigade up and running. Careful planning is now under way as to how to best utilise the resources going forward.

The rains may have brought some relief from the severe fire warnings, but it is important to remember that the fire season continues until March 31st and any pile burns until that time will still require a permit.

For further information please don't hesitate to call your local Fire Control Centre: The Hills 9654 1244, Hornsby 9883 2000 or you are welcome to leave a message on the station phone 9652 2017 someone will get back to you as soon as possible.



AUSSIE BOOSTS FIRE PUMP PRODUCTION

Local company, Aussie Pumps has dramatically increased production of their Honda Engine firefighting pumps to ensure adequate supplies to firefighting authorities, farmers and homeowners.

"This fire season has been horrific. Fortunately, our fire pumps have been able to help people, save many properties and many lives," said Aussie Pumps' Brad Farrugia. "We're working hard to build more as fast as we can." He said.

The demands on their operations division has already been extraordinary. The production and store team have been working overtime ramping up production of their Honda engine firefighting pumps.

The company's flagship, the Aussie Fire Chief, is widely regarded as the world's best lightweight portable fire pump. It produces excellent flow/pressure combinations making it ideal for extinguishing spot fires and household protection. The Fire Chief is readily available as a Honda engine drive with Honda's 3year GX engine warranty included.

With the ability to draft water through a vertical lift of 7.6 metres the pump offers unbeatable priming characteristics. If the water is being sourced from a swimming pool, dam or reservoir, the pumps will handle the load with ease.

"We put ourselves in the position of the user when we are designing the equipment," said Farrugia. "We understand that those living in the Urban Interface need to plan and prepare for bushfires," he said.

A free Aussie Bushfire Survival Guide is available for anybody setting up a firefighting pump. It covers not only the basic steps required to prepare a property for the coming fire season, but information on pump selection and setting up a reticulation system.

For further information on the range of Aussie fire pumps and copies of the Bushfire Survival Guide, check online (www.aussiepumps.com.au) or contact your local Aussie Pump Distributor.



Aussie Pumps boosts fire pump production to keep up with demand.

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March 3 - 31

3 Be Connected - Staying safe online

Essential skills to stay safe online, using passwords, paying for goods and tips on how to avoid scams. Please bring your own device, otherwise one will be supplied for you.

- March 3 | 10:00am - 12:15pm
Dural Library, Pellitt Lane, Dural 2158
Contact: www.thehills.nsw.gov.au



Storytime and Craft Series - Record Breakers

Be amazed by astonishing record breakers!! Explore our amazing world by discovering the most extreme facts over this four week interactive storytime and craft program.

- March 3, 10, 17, 24 | 04:00pm to 05:00pm
Castle Hill Library, 14 Pennant Street, Castle Hill 2154
Contact: www.thehills.nsw.gov.au



AGRA Meeting

Guest speakers Hornsby Council GM Steven Head discussing the plans for Galston Village. Members & Guest welcome.

- March 3 | 7:00pm
Galston Club
Contact: Sonja Cameron
ph: +612 9653 3400 Fax: +612 9653 3499
sonja@cameronsnursery.com.au

5 Let's Talk About Age pension and Your Choices

Join a representative from the Department of Human services to discuss age pension, how income and assets are assessed, concessions and other services.

- March 5 | 10:30am - 11:30am
Dural Library, Pellitt Lane, Dural 2158
Contact: www.thehills.nsw.gov.au



One2One eResources Help @ Castle Hill Library

Do you need help downloading our eBooks, eAudiobooks and eMagazines or perhaps some assistance using the Library catalogue, Ancestry or Find My Past? Our friendly staff are ready to help!

- March 5 | 10:00am - 11:00am
Castle Hill Library, 14 Pennant Street, Castle Hill 2154
Contact: www.thehills.nsw.gov.au



New Warrah Steiner Playgroup for Children with Special Needs

Come and join our new playgroup! The playgroup is an inclusive supported playgroup welcoming families with children from 2-5 years, with special needs. Parents, carers and siblings come together to enjoy friendship, support each other in their parenting, share in conversation, craft, farm activities and morning tea. Every Thursday during School Term.

- March 5 | 9:30am-12:30pm
Warrah Specialist School 20 Harris Road, Dural
Contact: Nathalie Caminada 9651 2411
ncaminada@warrah.org
www.warrahspecialistschool.nsw.edu.au

6 The Siddhus of Upper Juhu at the Pioneer Theatre!

Looking for a laugh? English Comedy Play 'The Siddhus of Upper Juhu' is coming to Sydney, Australia on March 6 at the Pioneer Theatre Castle Hill.

- March 6 | 7:30pm
Pioneer Theatre, 14 Pennant Street, Castle Hill 2154
Contact: Pioneer Theatre 1300 426 654
pioneertheatre@thehills.nsw.gov.au
www.thehills.nsw.gov.au



Colouring and Craft Corner

Drop in colouring and craft for toddlers at Dural Library. Join us for colouring and craft fun while you develop your child's confidence and independence.

- March 6, 13, 20, 27 | 10:00am - 11:00am
Dural Library, Pellitt Lane, Dural 2158
Contact: www.thehills.nsw.gov.au

Sydney Hills District Branch of The Association of Independent Retirees

Our guest speaker will be Mici Beer her topic will be "Learning in the Hills". Throughout the year we will have a lineup of very interesting guest speakers and topics, relating to retirement, health, technology safety and changes which affect retirees. We Welcome Visitors, and New Members. Come along! Make new friends! Keep abreast of Government Changes! We all need to work together for a better future in retirement!

- March 6 | 10:45am
Beecroft Presbyterian Church Hall
Welham Street Beecroft
Contact: Lauris Rennie 9634 1186 or
MalSteelairsydneyhills@gmail.com

7 The Hawkesbury Harvest Farmers & Fine Food Markets

The Hawkesbury Harvest Farmers and Fine Food Markets run on the 2nd and 4th Saturdays of the month.

- March 7 | 8:00am - 12:00pm
Castle Hill Showground, Off Showground Road, Castle Hill 2154
Contact: Farmers & Fine Food Markets Enquiries
0406 237 877 markets@hawkesburyharvest.com.au
www.harvesttrailsandmarkets.com.au

7 Steps to get Your Child Reading with Louise Park

Join Louise Park, bestselling author and education consultant, as she discusses her latest book 7 Steps to Get Your Child Reading. Literacy is the single most important thing we can teach kids. If they can read, all other learning will follow. Learn how to futureproof your child's literacy in a rapidly changing world, and give them the best chance of success.
Cost \$7.50 per person

- March 7 | 2:00pm - 3:00pm
Castle Hill Library, 14 Pennant Street, Castle Hill 2154
Contact: www.thehills.nsw.gov.au



8 Dural Growers Market

Grab a fresh coffee or enjoy a cold beer in the Presidential Gardens while you feast from a selection of yummy pop up restaurants including Sri Lankan cuisine, Gozleme, Chorizos burgers, egg & bacon rolls, wood fire pizza & Empinadas to name a few.

- March 8 | 9:00am - 2:00pm
2658 Old Northern Rd, Glenorie NSW 2157
Contact: 417 227 748
info@glenori growersmarket.com.au
glenori growersmarket.com.au

15 Jazz at The Pines

Enjoy an afternoon of live Jazz in the grounds of historic Roughley House at Dural. Bring your picnic and relax under the magnificent old pine trees. Tables can be booked or set up your own chairs or picnic rug. Afternoon teas are available in the Visitor Centre. Adults: \$22 | Concession: \$18 | Family: \$45

- March 15 | 12:30pm - 4:00pm
Dural Visitor Centre, Roughley House, 656A Old Northern Road, Dural 2158
Contact: The Hills-Kellyville Rotary Club 0412 079 014
glenhope@ozemail.com.au



of events]

16 Dural & District Prostate Cancer Support Group

Speaker: Dr. James Symons - Urologist - Oncologist. Light refreshments provided.

- ➔ March 16 | 7:00pm for 7:15pm start
Blue Gum Centre ARV Glenhaven Green,
599-607 Old Northern Rd Glenhaven
Contact: Denis 9629 2645 or Maurice 9654 2138

17 Be Connected - Travel with Technology

Enjoy learning ways technology can ensure a safe and simple stress-free travel experience. Includes NSW Transport Apps. Please bring your own device, otherwise one will be supplied for you.

- ➔ March 17 | 10:00am to 12:15pm
Dural Library, Pellitt Lane, Dural 2158
Contact: www.thehills.nsw.gov.au

18 Keeping Backyard Chickens

Join a representative from the RSPCA to learn how to keep chickens in your backyard. Find out how to house them, what to feed them and how to care for them. Suitable for adults.



- ➔ March 18 | 4:00pm - 5:00pm
Dural Library, Pellitt Lane, Dural 2158
Contact: www.thehills.nsw.gov.au

19 Urban Plants Collective: Preserving Your Harvest Over Winter

Join our exciting new Urban Plants Collective group which will meet monthly to discuss all things plants! There will be opportunities for plant swaps, sharing home grown produce and occasional workshops hosted by guest speakers. Suitable for adults.



- Held every 3rd Thursday of the month.
- ➔ March 19 | 10:30am - 11:30am
Castle Hill Library, 14 Pennant Street, Castle Hill 2154
Contact: www.thehills.nsw.gov.au

Dural Galston Probosc Club

We are a mixed club for retired and semi-retired people who enjoy friendship, good speakers and outings. Visitors welcome so come along.

- ➔ March 19 | 10:00am
Galston Club, 21-25 Arcadia Road, Galston
Contact: Anne 9653 1004

21 Volunteer Training Program - Barista Crash Course

Catch Training's Basic Barista Course helps you begin your journey to a successful career in coffee; or perhaps you just want to make a better coffee on your own machine at home. Either way, our friendly and experienced training facilitator will help you learn your way around a manual Espresso Coffee Machine. Participants will receive a Certificate of Completion to add to their resume. This workshop is conducted in two sessions: 9am - 12pm & 1pm - 4pm.



- ➔ March 21 | 09:00am - 12:00pm
March 22 | 01:00pm - 04:00pm
CATCH Training, Unit 20/9 Hudson Ave,
Castle Hill 2154
Contact: The Hills Shire Council 02 9843 0555
www.thehills.nsw.gov.au

22 The Hills UPmarket

Come and join us on the 22nd of March. We will back for our Second event in 2020 with our hand picked quality stallholders, gourmet food, hand crafted beer, cider, live music, fresh flowers, fun activities for the kids and great coffee.

- ➔ March 22 | 8:30am - 3:00pm
The Hills UPmarket, Glenhaven NSW,
Sydney, Australia 2156
Contact: hello@thehillsupmarket.com.au
www.thehillsupmarket.com.au

The Growers Market - Glenorie

Glenorie Growers Market (GGM) is located about 50 minutes from Sydney's CBD, in metropolitan Sydney's rural NW suburbs. We like to think of it as gentrified farm land. It is set in amongst horse properties, old agricultural land, with still operating cut flower growers, orchards and the like.

- ➔ March 22 | 9:00am - 1:00pm
Glenorie Growers Market, 2658 Old Northern Rd,
Glenorie NSW 2157
Contact: 417 227 748
info@glenoriemarket.com.au
glenoriemarket.com.au

25 Galston View Club

Raises money to support The Smith family Learning for life program will hold its Birthday Luncheon. Galston View Ladies are celebrating 28yrs in View so come along & enjoy are wonderful day Lots of beautiful prizes & lucky door. Visitors are most welcome.

- ➔ March 25 | 11:00am
The Galston Club, 21-25 Arcadia Road, Galston
Contact: Helen 9614 1512

26 Urban Cooks Collective: Bread

Join us as we share favourite recipes in a warm relaxed setting. Bring your recipes and special tips to share with fellow happy cooks while enjoying a taster prepared by Chapters Cafe. Suitable for adults.



Urban Cooks Collective is held every 4th Thursday of the month.

- ➔ March 26 | 11:00am - 12:00pm
Castle Hill Library, 14 Pennant Street,
Castle Hill 2154
Contact: www.thehills.nsw.gov.au

Living Sustainably Walks & Workshops- Right Plant, Right Place

For a garden to thrive, the right plant selection is vital. And for the type of garden you want to create (e.g. formal, shady, low maintenance) the right plants are critical.



- ➔ March 26 | 10:00am to 12:00pm
Community Environment Centre,
Currie Avenue, Annangrove 2156
Contact: The Hills Shire Council 02 9843 0555
www.thehills.nsw.gov.au

27 Glenhaven Public School P&C Twilight Fair

A night of rides, market stalls, food trucks, entertainment and fireworks. Ride tickets will be available for sale on the night.



- ➔ March 27 | 4:30pm - 9:00pm
Glenhaven Oval, 74 Glenhaven Rd,
Glenhaven 2156
Contact: 0422 185 146 / cherry.fratto@gmail.com
www.thehills.nsw.gov.au

31 Computer Pals for Seniors Open Day

Computer Pals For Seniors - The Hills Inc. is offering seniors assistance via several courses, with computers, Smart Phones, iPads, Home Entertainment, etc.



- ➔ March 31 | 10:30am - 2:30pm
Old Caretaker's Cottage,
Castle Hill Showground, Showground Road,
Castle Hill 2154
Contact: Computer Pals for Seniors - The Hills
9639 6758 / cpals.hills@gmail.com
www.cphills.org.au



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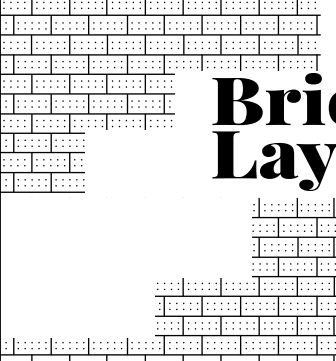
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Contact Annina 0466 436 634 pipeband.hillsdistrict@gmail.com




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- In Home Aged Care
- NDIS Provider

TEL: 9651 4144 or book online at:
www.sosservices.com.au



Peter's
BARBER SHOP
Galston
9653 2782

For as little as \$42.50 per month
INTERESTED IN ADVERTISING?

Call Belisa Papandrea on 0487 111 868 or
email advertising@galstoncommunity.com.au

Rainfall

Rainfall recorded period
14/01/2020 to
14/02/2020 is

496.5 mm



TUITION

GUITAR TUITION – ALL STYLES

Private teacher. Available for home tuition in guitar up to AMEB.
Ages 5yrs and up including adults welcome.
Please phone Keir on 0413 652 551

PET CARE

TAFE STUDENT AVAILABLE FOR PET MINDING IN YOUR HOME

Areas: Arcadia, Glenorie, Middle Dural,
Galston and Dural.

Free meet and greet \$15 per 30 minute visit, plus travel time.
\$65 per night to stay, negotiable by what needs to be done.

Services include:

Feeding, giving fresh water, exercising, putting on and taking
off horse rugs, watering gardens and collecting mail.

Please call or text on: **0435 427 853**

ITEMS FOR SALE

NEW CORRUGATED ROOFING SHEETS

3 m sheets = \$25
4 m sheets = \$33
5.4 m sheets = \$45

Brand new. Variety of colours.
Discounted \$80 delivery or pick up
from Glenorie.

Please call Steve 0410 552 125



FOR HIRE

Modern Classics Dural

Is looking for two experienced Classic car restorers/mechanics
two days a week to assist with growing clientele.

Each applicant must have experience in mechanical restoration
and knowledge of older vehicles.

Please call Anthony Waring on 0418617627 to apply.
www.modernclassics.com.au

WANTED TO BUY

VINTAGE/OLD WARES

Old Records, Sound Systems and CDS.
Old Tools, Fishing Gear, Books and Shed Items.

Please call Ron
0402 889 061

Community Noticeboard
Booking \$15 per month
(30 words)

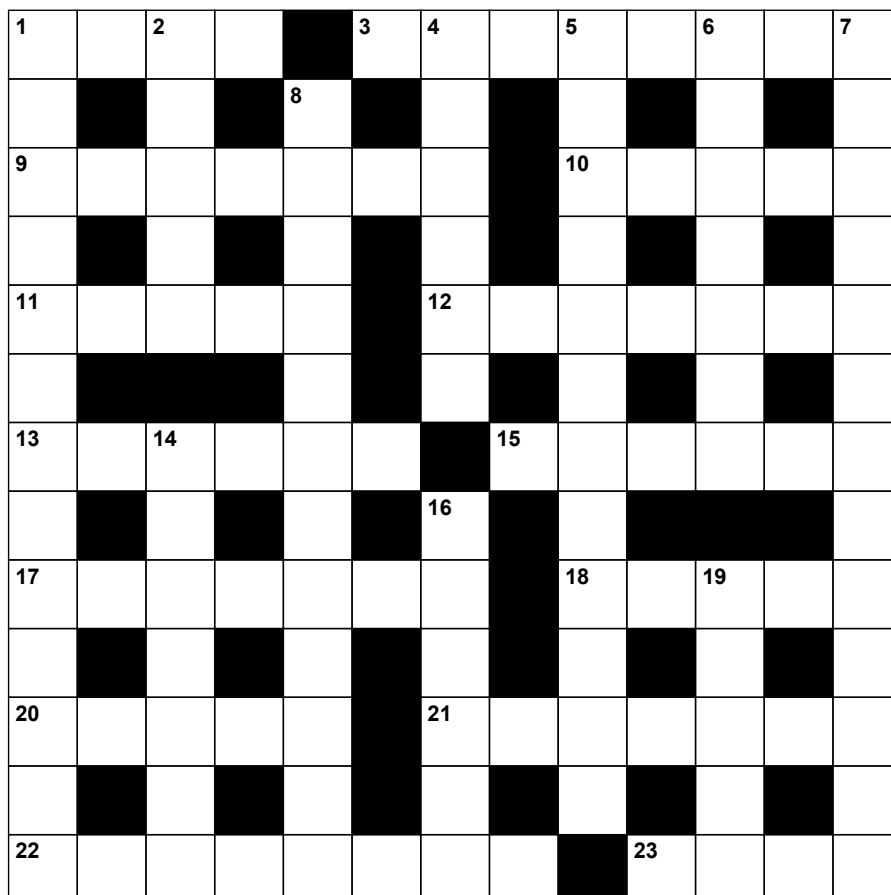
Crossword PUZZLE

ACROSS

1. Church Recess (4)
3. Appetising Drink (8)
9. Tidal Wave (7)
10. Island in the Bay of Naples (5)
11. Large fruit with pulpy flesh (5)
12. Notable Feat (7)
13. Force that causes rotation (6)
15. Small Boring Tool (6)
17. Prisoner (7)
18. Tortilla topped with cheese (5)
20. Drain away from soil (of a chemical) (5)
21. Contemplations (7)
22. Compliant; Submissive (8)
23. Catch Sight Of (4)

DOWN

1. In a reflex manner (13)
2. Bony structure in the head (5)
4. Expensive (6)
5. Person who receives office visitors (12)
6. Surface layer of earth (7)
7. Teasingly (13)
8. Poorly Fed (12)
14. Provide a substitute for (7)
16. Language spoken in Berlin (6)
19. Major: Constellation (5)



Community Contacts



Avicultural Society of NSW Inc.

Welcomes persons interested in Aviculture (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686.

ACACIA (Living Life)

Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103.

Aglow Australia Pennant Hills

A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

ALANON Family Group

Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia

A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney DG 0412 400 452, National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation"

Arcadia Community Hall

136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets

May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850. New Stallholders always welcome.

Arcadian Quilters

Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd

Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society

Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 pm. Enquiries Ph. 98993179

Circular Keys Chorus

Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10. pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural and District Historical Society Inc

holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

Dural and District Prostate Cancer Support Group

holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Enquiries Denis 9629 2645 or Maurice 9654 2138.

Dural and Districts Senior Citizens' Club

Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

Dural and Hills District Garden Club

Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road.

Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

Dural Galston Probuss Club

We meet on the third Thursday of each month at 10am at the Galston Club 21-25 Arcadia Road, Galston. Probuss is a mixed club for retired and semi retired people who enjoy friendship, good speakers and occasional outings. Visitors are always welcome. Come along or contact Anne 9653 1004.

Dural-Glenorie Scouts

Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

Dural Mens Shed

Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park

Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpg.com.au

Ferry Artists Gallery

Old Northern Road, Wisemans Ferry 2775. Ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc

Meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

Galston Branch CWA

Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Pam 9653 1036 or Jann 0439 222 217.

Galston Community Hall

37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050.

Galston Community Health Centre

This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club

New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club

will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

Girl Guides

is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

Glenorie Maroota Bioregional Forum

Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhphc.com.au

Glenorie Memorial Hall

Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Pat Schwartz 0419 321 276

Glenorie Progress Association

Meets 2nd Thursday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

Glenorie RSL Club

Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7:00pm, at the Glenorie RSL Club. Enquiries to Graham Bruce, 0432 391 811

Hills Budgerigar Club

Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000

for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' and Gourmet Food Mkt

2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club

Meetings held on 3rd Monday of the month at 1.00 pm, at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch

Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club

is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES

are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

The NSW Justices Association Hornsby Branch

meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at Magpies Waitara, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries Lydia 0417 628 873.

Pennant Hills Photographic Club

meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

Rotary Club of Galston

meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteaincow@gmail.com

Probuss Club of Round Corner

NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at the Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

Rowland Village Workshop Club

invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc

meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

Social Dance Workshops

Pennant Hills Community Centre, Yarrara Road. \$7. Contact Wilma 0413 673 339. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

The Hills District Pipe Band

We practice at Harvey Lowe Pavillion, CH every Tues 7.30-9pm. Welcomes new members and gig enquiries. Follow us on facebook or www.hillsdistrictpipeband.com.au

Still Creek Landcare Group

Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW)

The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

CHURCHES

Christ Church

An Anglican church located at 26 Pitt Town Road, Kenthurst, has a service at 9.30 a.m. every Sunday morning. You are most welcome to join us. Phone. 96541627 or 88517428.

Galston Uniting Church

Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 12 noon to 4.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church

Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. Arthur Hudson 0415 400 798.

Glenorie Evangelical Church

Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 602 989 Church 9652 0577.

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs

New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

Dural Country Club

Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce | 0428 970 439.

Dural Rugby Club

Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugby.net.au.

Galston Glenorie Amateur Fishing Club

Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club

For further details regarding season events, grades and registration, contact 0404 600 460. ggcc.nsw.cricket.com.au

Galston Equestrian Club

New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club

All enquiries to secretary. galstonnetballclub@gmail.com or

visit the website www.galstonnc.nsw.netball.com.au

Glenorie Social Golf Club

Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

Hills AUSSI Masters Swimming Club

Adults 18 years to 80 + are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun and friendship, ring Di on 0418 432 587.

Hills Hawks Soccer Club

For season details and registrations call Michael Rosier on 0418 676 768 or agninsulations@bigpond.com.

Hills Hawks Softball Club

Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: hillshawks.softball.org.au.

Hills Pumas Football Club

For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenthurst Netball Club

Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

Tennis / Squash Social Group

Looking for new players. Call 9847 6050 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston

At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 9847 6050.

Tennis Court for Hire Glenorie

Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Local PLAYGROUPS

GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free). New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.

GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

ARCADIA

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562. Parking in Community Centre next door. Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun

in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

ARCADIA

Every Monday from 10am to 12noon during school terms. St Benedict's Parish, Cnr Fagans and Arcadia Roads, Arcadia. All children and their carers welcome!

DURAL/GALSTON

St Jude's Kids Crew .A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

IMPORTANT LOCAL INFORMATION

HELP and INFORMATION SERVICES

General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Endeavour Energy (Outages)	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain DAVID BYRNE	9655 1656
Galston Rural Fire Service Fire Captain ROB SYMONS	0409 470 205
Glenorie Rural Fire Service Fire Captain GLYNN LLOYD	9652 2017
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	9652 2245
Middle Dural Rural Fire Service Fire Captain LEN BEST	0408 220 705

LOCAL JP's Bendigo Bank Galston - 9653 2227,
Cathy Vipond Hills Accounting, Glenorie - 9652 2400
Vicki Brownless - 0423 727 826 (South Maroota area),
Cherrybrook Shopping Village, Shepherds Drive,
every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays
between 1:00 PM and 3:00 PM.

CALLING ALL

Playgroups



If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:
editorial@galstoncommunity.com.au



GALSTON, GLENORIE & HILLS RURAL COMMUNITY NEWS

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accounts@galstoncommunity.com.au



Deadline for April 2020 Edition

18th March | 7000 COPIES DISTRIBUTED

Answers from February Issue

M	O	D	E	V	A	L	U	A	B	L	E
I	R	A	C	N	U	N					
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HOW TO GET STARTED IN INVESTMENT PROPERTY

How to get started in investment property, especially if you're considering purchasing an investment property. And while only 8.4% of Australian's (roughly 2.1 million people), owned an investment property in 2018; getting started in property investment is not as trying as you might think.

DO YOUR PROPERTY RESEARCH

The first thing to do when considering property investment is your research. Educate yourself on the property market, what you're looking for in a potential investment, what makes a good investment, as well as the financial and legal components, including taxes and fees. According to Finder.com.au, some of the best resources include blogs like realestate.com.au, Investor Assist, Australian Property Investor, Real Estate Investor and Property Investment Resources Australia.

GET YOUR FINANCES IN ORDER

It is recommended that you have a deposit of 20% for a home loan, but with investment, there is a little more financial due diligence to consider. According to realestate.com.au, to get started, calculate your expenses and offset them against your total income so you know exactly how much money you can invest. Then, consider getting pre-approval for your loan. Pre-approval will help you to understand a realistic picture of the kind of investment home you'll be able to buy. It also means you are a more competitive buyer when you're looking at houses because your finances are in a better position than someone who has not yet sought a loan.



SET A PLAN AND YOUR GOALS

Property investment is a long-term game, so think about what you want to achieve and your timeline for doing so. You need to consider how long you want to hold the property and what you hope to gain financially from owning it.

For example, according to realestate.com.au if you're looking to use your investment as a replacement income within ten years, you need to create a ten-year plan. Start from where you want to be in ten years and work back to break down the steps you need to take to get there in yearly, monthly and weekly goals.

SPEAK TO THE PROFESSIONALS

There is risk involved in any kind of investment, so the most important thing to do when starting is to seek out the advice of the professionals.

"Speak to a financial planner, bank, lender, mortgage broker or a real estate agent to guide you on how the investment process works and keep you focussed on your goals and next steps," says Carolyn.

SOLD - Is yours?



3077 Old Northern Road, Glenorie

SOLD - Is yours?



260 River Road, Lower Portland

SOLD - Is yours?



7 Echidna Grove, Glenorie

SOLD - Is yours?



400 Halcrows Road, Glenorie

The market is on the move, do you know what your property is worth?

To find out more, book a confidential market appraisal today! 0407 120 483



CALL CAROLYN WHEATLEY TODAY! 0407 120 483 / carolyn.wheatley@belleproperty.com

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YOU COULD WIN UP TO \$10000.00*



Members Badge Draw

NOW on Wednesday & Friday nights between 6:30pm and 9:30pm
Jackpots \$300 per week



6TH MARCH 8:30 PM

KARAOKE NIGHT
1ST FRIDAY NIGHT OF EVERY MONTH
Prizes to be won!
KARAOKE WITH PETER TAKCHI

FRIDAY NIGHTS
AT THE GALSTON CLUB
 Live Music Every Friday Night After Raffles
Moscato Punch \$10 FROM 4-10PM

FEATURING
ANTOINE | **CABBY** | *Any Salmon*
 13th March | 20th March | 27th March

Lunch Specials
Monday to Saturday
 Members \$9.90
 Visitors \$11.90
10% Public Holiday surcharge applies

All day specials
Monday to Saturday
 Members \$14.90
 Visitors \$16.90
Includes a Schooner of Coopers or Glass of Chain of Fire Wine or Soft Drink
 10% Public Holiday surcharge applies

Members Happy Hour
Monday to Friday 4pm-5pm
Excludes Public Holiday

JOIN US FOR AN EASTER RAFFLE
APRIL 9-2020
THE GALSTON CLUB
EASTER EGGS. MEAT. SEAFOOD. & WINE!

TICKETS ON SALE FROM 6:30PM
ENTERTAINMENT | ANTOINE
 \$10 COCKTAIL - BAILEYS ESPRESSO MARTINI W/ GRATED CHOCOLATE

21ST APRIL
STARTING AT 11AM
THE GALSTON CLUB PRESENTS
WALK ABOUT REPTILES
60 MINUTE ENCOUNTER

TICKETS \$15
 SHOW / PACKET CHIPS + DRINK
 IF YOU WOULD LIKE TO STAY FOR LUNCH PLEASE MAKE A BOOKING

BOOK AT RECEPTION OR OVER THE PHONE // PH:9653 2017

TUESDAY
 • Tuesday nights Poker \$20 buy in rego starts at 7pm

WEDNESDAY
 • Trivia 8pm
 • Raffle tickets on sale 7pm
 • Total Value of raffles \$500

THURSDAY
 • APL Poker Free Roll plus Jackpot*
 • Pool Competition Max Prize \$200*

FRIDAY
 • Monster raffle, 40 prizes to be won, tickets on sale 7pm
 • Total value of Raffles \$1500
 • Spin n Win

SUNDAY
 • Kids eat Free (1 x kid eat free/minimum spend per adult \$16.90), 12years & under
 • 10% Public Holiday surcharge applies

* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication.

Badge draw LTPS/18/25700 and Spin n Win LTPS/18/29513 information for members & their guests.

ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: www.galstonclub.com.au