



FREE

# Galston, Glenorie & Hills Rural COMMUNITY NEWS

February  
2020

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See full story page 18




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# DIAMOND WEDDING FOR ARCADIA COUPLE

Bill and Rosemary Dick celebrated their sixty years of marriage at the end of last year. The couple are long time residents of Arcadia, where they are active and valued community members. On the 20th December, Bill and Rosemary gathered with their extended Family and some of their friends, to chat, tell tall stories and read the letters of congratulations from, Her Majesty the Queen, the Governor General and other dignitaries



# NEW MEDICAL CENTRE OPENS IN GLENORIE VILLAGE OPPOSITE THE POST OFFICE

A new medical centre has opened in the **Glenorie Shopping Village, opposite the Post Office. All appointments at the practice are bulk billed.** The surgery is open Monday to Friday 9am to 5.30pm. It is closed on Saturday, but open Sundays 9am to 1pm. A new female GP will be joining the practice shortly. Dr. Kumar is a General Practitioner with extensive experience in all facets of medicine including general practice where he has been treating patients with acute and chronic illnesses including complex diabetes, hypertension, arthritis, pediatrics, women's and men's health, skin cancer diagnosis and surgery. If you wish to make an appointment please call 8825 8234.



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# COMMUNITY CELEBRATES AND RAISES MUCH NEEDED FUNDS FOR LOCAL FIRIES



What an amazing turnout for the **Glenorie Community Carols event at the Glenorie RSL** with over 500 locals attending. Gathering together to catch up with friends, neighbours and families is what our community does so well, and this year it was also to raise money for the local RFS. With the Glenorie RSL matching donations given on the day, a total of \$10,100 was raised. Super effort by everyone who attended and donated.



Well done to the **Glenorie Mission Church** for organising the event. Most of the singers and entertainers were local people and it was great to see the audience participation. The visit from Santa was eagerly awaited and did not disappoint. Our local RFS guys were amazing, they attended the Glenorie Growers market in the morning, the carols in the afternoon, and they were back on duty fighting fires the next day.

A big thanks must go to each and every RFS brigade for their Santa runs throughout our local villages, even though many were exhausted from the bushfire duties, these events still went ahead.





# SALVATION ARMY NEWS

The local Salvation Army Family stores at Dural and Glenorie have launched into the new year in a flurry of activity.

In the wake of the previous manager leaving to pursue a career in counselling, Brenda has stepped into the void to hold the fort. Regular customers will know Brenda as the lovely person who always has a smile to greet everyone who enters the store. She will be helped by Mandy who, with her computer and organisational skills, is another very positive addition to the team.

The focus this month is on handbags. There is always a wide selection of coin purses, large and small, and wallets, while hand bags range from cross body, over the shoulder, and handled, in leather, vinyl, canvas, mesh or cotton, day wear or evening.

Do you know your brands??

Be on the look out for Cellini, Coach, Mimco, Colette, Yves St Laurent and Kate Spade, to name a few.

Volunteers Vicky and Consiglia do an excellent job sorting through the donations that are dropped off on a regular basis. If you would like them to look out for a particular style for you, please record your request in our Wish Book.

Volunteers in all other sections are busy stocking racks and shelves a d with generous donations of everything from teaspoons to bicycles, you are assured of new items going out for sale every day of the week.

We hope you will come and visit us, and we wish each and every one of you a happy, healthy and peace-filled New Year.

## Salvos STOP PRESS

The Salvos Family stores at Dural and Glenorie will be holding their first Storewide Half Price Day on Saturday 29th February.

EVERYTHING in both stores will be marked down by 50% at the register.

Come early! Shop for fun! And enjoy the savings!



## STOP PRESS SALVOS SALE

The Salvos Family stores at Dural and Glenorie will be holding their first Storewide Half Price Day on Saturday 29th February. EVERYTHING in both stores will be marked down by 50% at the register. Come early! Shop for fun! And enjoy the savings!

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# REV BILL ROSIER OAM

If you ask Rev Bill Rosier what the greatest achievement of his life has been and he will tell you that being married to his wife of 60 years, Marilyn.

On Sunday, Australia Day, the Galston resident was named as an Order of Australia recipient for service to the Uniting Church of Australia and to the community.

He became a minister nearly 60 years ago and during a five-year spell as a Minister in the Canberra Methodist Circuit he also attended Royal Military College Duntroon as a chaplain.

He served as chaplain and Principal Chaplain in the Royal Australian Navy for 22 years before taking on the role of chaplain at Royal North Shore Hospital.

He was NSW State chaplain between 2006 and 2011.

He is a member of the Hills District RSL Sub-branch and president and has co-ordinated both the ANZAC Service and

Remembrance Day services at Galston Cenotaph for many years.

The 87-year-old said he was quite shocked when he received the initial letter saying he had been nominated.

"I thank my wife. One year I was away for eight months at sea."

The couple, who celebrated their 60th wedding anniversary last month have four children, 11, grandchildren, 10 great grandchildren and "three on the way".

Australia Day was spent at Wesley Uniting Church, Castle Hill in the morning followed by lunch and dinner with family members with a visit to Bella Vista Farm in between where one of his grandchildren, Austin Rosier, was named Hills Young Citizen of the Year.

Rev Rosier said the "warmth" of people's reactions to the award had been very special.



Rev Bill Rosier OAM, with his wife Marilyn on Australia Day

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# NEWS FROM THE FRIENDS OF FAGAN PARK

We are looking forward to our next Open Day on Sunday, January 26, Australia Day. Our district has come through the recent bushfire emergencies unscathed, but our thoughts are with those who have been directly impacted. It is hard to imagine what it would be like to find one's lifetime possessions all gone, as has happened to so many. Fagan Park is affected like everywhere else by the hot, dry conditions and the staff have been trying to maintain the gardens from the dams on the property.

A recent project has been the restoration of the Pyramid Auto Truck donated to us last year by a local family. It had been used to transport bags of poultry feed on a farm at Berrilee. Shown is our member, Chris Stevens, looking a little nervous during its first run in early January. There are a few small jobs remaining, but it has come up a treat, wouldn't you agree?

Work on the International truck continues. Focus is on refitting the springs and axles back onto the chassis in readiness for the

wheels which we expect to be ready soon. We had a recent breakthrough when we discovered the rear axle assembly we had obtained from Bonegilla (near Albury) right at the beginning of the project, had a number of better brake components than we had been wrestling with. So, these were raided and have saved considerable work.

Our new lathe finally arrived just before Christmas, and the first job was to get it properly levelled and set up. There is a backlog of work for it, as the old one had failed some time ago.

The Fagan Park museums and Netherby Homestead are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each month during the afternoon. All visitors are welcome.

Contact me at the park on a Tuesday or phone anytime if you would like to join us.

Ian Browning, Honorary Curator,  
0419 435 475.



Majestically astride the Pyramid Auto Truck

## ARCADIAN QUILTERS

The Arcadian Quilters Group brought 2019 to a close with a happy, shared lunch at the Galston Community Health Centre where we meet — 1st and 3rd Wednesday of the month at 9.30 am. Our evening group meets 2nd and 4th Monday at 7.30pm.

Our first meeting for 2020 will find us involved in a

workshop being held at the hall. This will be the first of several workshops planned for the coming year.

This meeting will commence at 9.30 am on January 29th and, as always, new members are always welcome.

For further information please contact Carole on 98947749.



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# DEMENTIA CAFE OPENS

## What is DCaf (dementia cafe)?

A dementia cafe is a weekly meeting place designed to give a small group of people living with dementia and their family carers an opportunity outside of their home to socialise, relax and discover ways to live well with dementia.

Information can also be provided about local service providers and support groups.

## Find us at the:

**Galston Community Health Centre**  
 17 Arcadia Rd, Cnr The Glade  
 Mondays 10am to 12pm.

## How can you join our fun, social and supportive group?

For further information and to book your place, please contact Linda Wake (co-ordinator) 9485 7599 or email [admingalston@knc.org.au](mailto:admingalston@knc.org.au)

To maintain the fun, supportive small group environment enjoyed by our members, [bookings are essential](#).




## HEIDI EDWARDS FAMILY FUND AGM

The Heidi Edwards Family Fund AGM will be held on Wednesday 19th February at 7.30pm at the Glenorie RSL Club, 3 Post Office Road, Glenorie. All welcome.

## EASTBEND NOTICE OF UPCOMING MEETING FEBRUARY 2020

The next Eastbend Rural Communications meeting will be held at the Resource Centre, Maroota Public School, 4540 Old Northern Road, Maroota at 1.30pm on Monday 10th February 2020. If you have any local issues you would like to discuss or have help with in the meantime please contact the Secretary Vicki Brownless on [livingheritage6@gmail.com](mailto:livingheritage6@gmail.com) or Tessa Corkill, at [2archaeics@gmail.com](mailto:2archaeics@gmail.com) or 9652-1470.


As always, from 1pm there will be a light lunch and time for a chat before the meeting starts. We look forward to seeing you there!



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# ACTION ON HOMELESSNESS

The number of older homeless women in Australia increased by over 30% between 2011 and 2016 to nearly 7,000 according to the Australian Human Rights Commission.

Age Discrimination Commissioner Dr Kay Patterson said without innovative solutions the problem will increase.

To answer the call to push for solutions there will be forum in Baulkham Hills on **Tuesday, March 3.**

Action on Homelessness Older Women in Crisis, will feature a panel of speakers including the

CEO of Women's Community Shelters (WCS) Annabelle Daniel; Bev Barker, Chair of the Older Women's Network and Alison O'Neil from Link Housing.

A collaboration between WCS and Link Housing saw the transformation, last year of an unused aged care facility at Beecroft into accommodation for 20 older women.

The forum has been organised by members of the Hills and the Hornsby branches of the women's organisation, Soroptimist International.

MC for the event is broadcaster and journalist Geraldine Doogue



**WHAT:** Action on Homelessness \_ Older Women in Crisis Forum

**WHEN:** Tuesday, March 3, 7pm to 9pm.

**WHERE:** Rydges Hotel, Norwest, 1, Columbia Court, Baulkham Hills.

**COST:** \$10.

For more information email [sihornsby@siswp.org](mailto:sihornsby@siswp.org) or call Julie on 0414 444 237.

## BUSINESS IS AS USUAL FOR GLENORIE SHOPPING VILLAGE!

The development is progressing well with the first stage of development nearing completion and opening in 2020.

Residential and Retail leasing opportunities currently available for the first stage release.

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# VALE BEN SWANE

*written by NGINA Nursery & Garden Industry NSW & ACT.*

It is with sadness we advise that Ben Swane OAM passed away on Wednesday, 15 January, 2020.

Ben Swane worked in the nursery industry for over 50 years. He was renowned as an industry leader. Not only did he introduce new technology and develop best practice growing facilities; he also worked to advance the professionalism of the industry as a whole and have it recognised in the wider community. He gladly assisted less experienced industry members and supported community organisations for many years.

Ben was born on 17 November, 1927. Like his four siblings, Valerie, Josie, Elwyn and Geoff, he was born at Willowmere, the family home in Ermington, where they were surrounded by nurseries and orchards.

He was educated at Newington and began work at Swanes, the family nursery on 27 November,

1944. Being a nurseryman was all Ben ever wanted to do.

At the time of his commencement in the family business, the nursery was operating at two locations, Ermington and Rydalmere. Ben studied at Sydney Technical College and received the horticulture certificate in 1947. Whilst he was studying three nights a week, he was also working six days a week in the nursery, as well as some nights.

The introduction of Swane's Golden Pencil Pine, which he discovered on a technical college field trip to Canberra in 1947, was a highlight of Ben's career. It was the first Australian raised plant to be awarded a gold medal by the Federation of Australian Nurseryman's Association and the first Australian-raised plant to be patented in the USA.

In 1958, Ben and his siblings became shareholders of Swane Bros. Pty Ltd with their father,

Ted Swane, who continued to manage the business for some time. In 1965, Ben was responsible for planning and constructing a new nursery at Dural. Here in co-operation with Valerie, Ben established Swanes as a leading Australian nursery, well known in world horticulture and respected for high quality plants produced in nursery growing facilities utilising the best technology of the time.

Ben shared his practical skills with hundreds of staff many of whom have become industry leaders owning their own businesses in the nursery industry or the wider horticultural sphere.

Ben served on both the state and national Nursery Associations and was a founding member of the International Plant Propagator's Society in Australia. He held numerous other positions in key industry organisations and committees.



He was a Life Member of the NGINA.

"Ben is a great of the nursery industry, a true plantsman, honoured family member and sharer of his knowledge and experience, a willing worker for community and the industry needs, a true friend to many and a no nonsense but caring person and a leader without equal." Ralph Groves on the occasion of Ben being made a Life Member of the national Nursery Association.

The NGINA extends its sympathies and condolences to Ben's family, and many friends and industry connections.

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# NEIGHBOURHOOD WATCH

Here is a roundup of events reported via our facebook page last month.

## Stolen Landcruiser

On Saturday 11th January, a 1994 Grey Toyota Landcruiser was stolen from a driveway in Glenhaven. It was a car that had been lovingly rebuilt and maintained by the family. The persons who stole then rolled the car along the bends near the bridge in Cattai Ridge Road, Glenorie. The 3 male occupants were assisted out of the rolled car by a local passerby who didn't realise the car had been stolen. There were a number of items stolen from inside and they include a Darche swag, Darch stretcher, prescription black RayBan sunnies, portable air compressor and 12" slimline pioneer subwoofer. If you have any information about the crash or saw 3 males along Cattai Ridge Road between 7am to 8.30am on 11th January on Cattai Ridge Road, please call the Police Assistance Line on 131 444.



## Cranstons Road Theft

A late model ford car was stolen from a property in Cranstons Road in early January. A



suspicious character was spotted by a neighbour lurking around the property. When questioned he came up with a story about picking up an abandoned car. The neighbour, feeling the story didn't quite ring true, took a photo of the car driven by the suspicious character. The photo (including rego) was supplied to police in the hope it helps find the car which was stolen from the property.

## Glenhaven Crime

There have been spate of car thefts and robberies in the Glenhaven area. So many in fact a group of residents are investigating the options of installing CCTV cameras on the main road in and out of the area or looking at security patrols.

## Parkview Avenue Glenorie - Attempted Car Theft

Thieves left empty handed after trying to break in a ute parked along Parkview Avenue. The



thief set off the car alarm, and neighbours scared them away. Police were notified.

If you want to alert locals to any crime - please join our Neighbourhood Watch facebook page - [www.facebook.com/NHWGGAD](http://www.facebook.com/NHWGGAD).

## IMPORTANT CONTACTS

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Ku-ring-gai Crime Prevention Officer: 9476 9723

Crime Stoppers: 1800 333 000

Police Assistance Line (PAL): 131 444 for non-urgent minor crime



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# LOCAL FESTIVAL WILL SHOWCASE THE HAWKESBURY RIVER SEAFOOD INDUSTRY

Professional Fisher's Association (PFA) proudly present the inaugural Taste of Seafood Hawkesbury River festival, Sunday March 8th 2020 at the Wisemans Ferry Recreation Reserve.

This unique Taste of Seafood festival will celebrate the Hawkesbury River region and its wonderful seafood industry.

Gates open 10am and the festival is set to attract locals and tourists alike with informative industry displays, cooking demonstrations, barrel race, prawn peeling competition, live music and stalls. Festival goers can also view the local fishing fleet, berthed along the riverbank adjacent to the reserve.

It promises to be a fun day for the whole family with a jumping castle, magnetic fishing, colouring competitions and face painting for the kids.

Tricia Beatty, Professional Fisher's Association CEO said, "Taste of Seafood will raise awareness

about local professional fishers and provide an opportunity for festival goers to see, feel and taste locally harvested wild caught seafood whilst interacting with members of the industry."

"It's an opportunity to educate the general public on the environmental sustainability of the NSW seafood industry, they will learn how it is caught, where it is stored and where they can purchase it," explained Gary Howard, PFA Chairman and Hawkesbury River professional fisherman.

The event is now sponsored by OceanWatch Australia and the Department of Primary Industries.

PFA is a not for profit organisation. Event organisers would like to involve the community and are accepting stall holder and sponsor applications. If you are interested in participating, please contact PFA on 0439 199 361, email info@pfai.com.au or visit the website www.nswpfa.com.au. Taste of Seafood is also on facebook!



PFA Chairman and local fisherman, Gary Howard



**Taste of SEAFOOD**  
HAWKESBURY RIVER

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# Latest News



## from the Mayor's Desk

I'd like to thank all the people who came to celebrate Australia Day with us, which was a particularly significant occasion because it marked the opening of the new Storey Park Community Centre. This facility has been a long time coming and we are very proud to have been able to deliver it. All those who helped make this project a reality got enormous joy watching the children explore the inclusive play environment, with an adventure area that allows people of all age groups and abilities to play together. The adults also had a great time exploring this valuable new facility that will serve our community for decades to come.

By far the most special part of the day was the citizenship ceremony that took place at the centre, with 75 residents formally pledging their loyalty to our nation. Throughout my career I have witnessed tens of thousands of people complete the ceremony and every single time it has a deep impact upon me. Nothing makes me more proud than knowing that these people have chosen our community as the one they would like to join and that they are being gladly welcomed. That is the true Australian spirit.

**Philip Ruddock**  
Mayor  
Hornsby Shire Council

## WHAT'S ON

**SUN  
SET  
SESSIONS**

**FOOD TRUCKS | MUSIC | LICENSED BAR**

TACO PLAN – MEXICAN  
MONSTER ROLLS – SLOW COOKED MEAT BAGUETTES  
CHEW CHEW VAN – BURGERS  
BELLISSAMA – ITALIAN WOOD FIRED PIZZA  
LAMBDA – GREEK SOUVLAKI  
THE GNOCCHI WAY  
WHIP VAN SPRINKLE – VEGAN SOFT SERVE  
BITE ME DONUTS

**FOUR FRIDAYS  
IN FEBRUARY**

7 14 21 28

**HORNSBY MALL**  
**5.30PM-8.30PM**

VENUS MUSIC

ALICE TERRY

LILY GUERRERO

EMILY HANKS

MARU

MONSTRESS

SABRINA BELLE DUO

[hornsby.nsw.gov.au/sunsetsessions](https://hornsby.nsw.gov.au/sunsetsessions)

## Seniors Week



**A Celebration of Seniors in Hornsby Shire**  
**Thursday 20 February, 10am-12pm**  
**Hornsby RSL, 4 High St, Hornsby**

Come along to our free Seniors Week Celebration! Enjoy fabulous entertainment performed by local groups while indulging in a delicious morning tea and mingling with other seniors and friends.

Free. Bookings essential, visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)

## 1000 Books Before School



The 1000 Books Before School program is an early literacy program designed to build important literacy skills prior to starting school.

The program will commence on Tuesday 28 January, 2020.

For more information and to register, visit [hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)



## Repair Café



**Electrical – Saturday 22 February, 9am-11am**  
**Furniture – Saturday 22 February, 1pm-3pm**  
**Thornleigh Community Centre,**  
**Cnr Phyllis and Central Avenue, Thornleigh**

Bring along your items requiring repair and The Bower technicians will take you through the repair process, helping you to learn new skills and understand the benefits of reuse.

Bookings essential, visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)



# COMMUNITY RALLIES FOR DROUGHT ASSISTANCE

Following on from the successful drought assistance run to Marthaguy (2 hours out of Dubbo) organised by Tahlia and Simone in October last year, another run has been in the planning. With the help of some Channel 9 advertising, facebook campaigns, and stories running in our November magazine, more locals got involved.

The next drought run left Glenorie for Forbes on Saturday 25th January and involved an amazing convoy of 35 trucks, 4 utes and 30 people volunteering their time.

When we asked Simone, from Chicken Fish Takeaway in Glenorie, how the next drought assistance was organised, she said:

"So many locals helped both with donations and financial support. Special thanks must go to the big hearted great man Brian Weinart and his lovely wife Vicki for coming along side and arranging the trucks and assistance with loading, and many donations, Mark Hinton who help support me and this idea, the amazing Sakkal family for their contribution, Amos Vaughn, and Glenorie Stockfeeds, D&G Stockfeeds, Camille Alexander for her undying support, Kellie and Tony Marsden for standing by me all the way. Thanks also to

Borthwick & Pengilly Asphalts.  
W Residential.

Chris and Carolyn Sultana.  
Martin Morris and Jones Real Estate Wollongong.

Ace Ohlsson  
Wayne Macauley Civex.  
James Hermon and Family.  
Andrew and Allison Baildon.  
Heidi and Russell Scott.

Dave Pursell  
Big Dave, Startrack  
David Ives  
Byron Schwebel  
Daniel Campbell  
Louise Taylor and Sheryl Hookham for their support.



Main organising committee Tahlia, Simone, Tony & Kellie Marsden and Mark Hinton.



Arriving in Forbes



Food Hampers



Livestock with no feed. Handing out vouchers purchased in Forbes to help support the local shops and community.



Photos above: credit Tani Vollmer Skyline Productions



Locals out at 6am to see off the convoy. Photo Cher Campbell

Thanks also to Glenorie Public School for their multi-day fundraiser, Oakhill Drive Public School who donated food hampers, Galston Seventh Day Adventist Church, the Lions Club and Glenorie RSL for their support too. So many people have been so generous.

Who would have thought all this could happen from one High School student who wanted to do something to help the farmers? The support received from this community and beyond, has been just outstanding

As they say, 'From little things, big things grow'. With all the attention recently going, quite rightly, to the devastating bushfires. It's not surprising we have taken our eyes off the farmers, but they are and will be struggling for a long time. We must not forget them.

We have raised over \$120,000 in animal feed, food and groceries and water for the farmers themselves, not to mention fuel, and we have raised several thousand dollars which we will buy vouchers at the local shops in Forbes, to help support them too.

We recently sent a truck load of hay to a farmer in SA to help them. We hope to be able to do this more often'.

Simone and Tahlia will be organising another trip later this year, so your support is always welcomed. Financial support to their charity 'Our Plate to their Paddock' can be given by direct credit to:  
**Bendigo Bank Galston, BSB 633-000**  
**Account number 169 724 689.**  
**They also have a GoFundMe page. Search Our Plate to their Paddock.**

You can follow events on their facebook page [www.facebook.com/Our-Plate-To-Their-Paddock](http://www.facebook.com/Our-Plate-To-Their-Paddock) You can watch a video of the trucks leaving Glenorie on our facebook page, [www.facebook.com/galstonnews](http://www.facebook.com/galstonnews). Simone and Tahlia will be recording videos of the trip and these will be available on their facebook page.



# GALSTON CWA NEWS

## Bake Craft Sew

Wednesday 26th

February, 2020

From 2 pm

CWA Galston Branch, Galston Health & Resource Centre, Corner The Glade & 17 Arcadia Rd, Galston

CWA Galston branch is inviting local school age children to participate in The Land Cookery Competition and State Handicraft Exhibition.

- Decorated Butter Biscuits for 12 years and under as at 31 March 2020
- Cinnamon Tea Cake for 18 years and under as at 31 March 2020
- Entries of any article of craft for junior categories 8 and under, 9 - 12 years and 13 - 18 years as at 1st May 2020

Entry and registrations open 2pm on Wednesday 26th February. Judging commences 3pm. For all junior competitors arriving after school, please

let us know prior that you are competing, and the judge will wait for you.

## The Land Cookery Competition

The recipes supplied on page four of the following link must be used: [www.cwaofnsw.org.au/visageimages/Committees/The\\_Land\\_Cookery\\_Recipes18-19.pdf](http://www.cwaofnsw.org.au/visageimages/Committees/The_Land_Cookery_Recipes18-19.pdf)

Please read The Land Cookery Schedule before commencing your entry: [www.cwaofnsw.org.au/cookery.html](http://www.cwaofnsw.org.au/cookery.html)

## State Handicraft Exhibition

For more information visit: [www.cwaofnsw.org.au/handicraft.html](http://www.cwaofnsw.org.au/handicraft.html)

## For more details please contact

Jann 0439 222 217 or Anne 0404 228 209.

[www.facebook.com/CWAGalston](http://www.facebook.com/CWAGalston) | [galston.cwa@gmail.com](mailto:galston.cwa@gmail.com)



# GIANT BOOK FAIR



**Held at Galston Community Centre  
37 Arcadia Rd GALSTON**

## BOOKS WANTED NOW

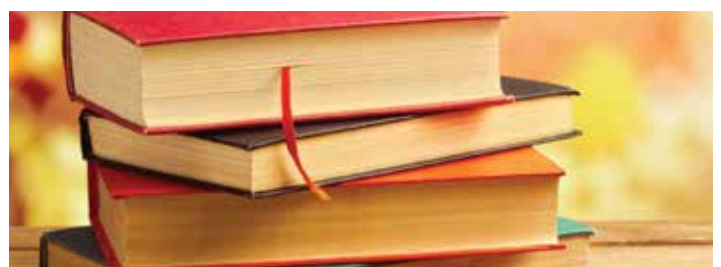
**You can help us now by dropping off your donated books, sheet music, Jigsaws, Cds, Dvds and records in boxes or strong plastic bags at:**

**The Galston Club, Arcadia Rd, Galston or  
3A Johnson Road, Galston  
(The Old Pony Club)**

**We do not accept videos**

**Contact Richard Young on 0414 366 665 or  
Kathryn Dickinson on 0410 530 691**

The book fair is Galston Rotary's major fundraiser for assistance we give to local community needs as well as national and international projects and disaster relief





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# FUNNEL WEB SEASON IS HERE

The Australian Reptile Park have issued a message of warning to the public as recent wet weather conditions followed by hot days have created perfect conditions for funnel-web spiders to thrive. They are asking for any collected spiders to be brought to the park to contribute to their lifesaving antivenom program.

The more information you know about funnel web spiders, the better you can understand where they might be and how to avoid being bitten. Here are a few helpful facts from the Australian Museum:

**Book Lungs** - Funnel web spiders have primitive book lungs, which means they have to breathe moist air. They die quickly if they are out in the open in hot dry conditions. This means they generally move around at night (ie when its cooler and there is dew on the ground) or after rain.

**Mating** - Female funnel web spiders dig a burrow, generally in soft damp sheltered places. This could be under some stacked wood, under some moist mulch or near sheltered edges of places which remain damp. They build a web which looks like a funnel. Males on the other hand are solitary. After they mature, the males leave the burrow and become wanderers, especially during the Summer / Autumn months (November to April) looking for females. If the male is out wandering and it starts to become hot and dry, he will head for the nearest sheltered spot. This could be a shoe outside your front door, a cool house if you have left your door open, a toy which one of your children has left outside (especially if it has become damp), or inside a bag or other item. Please be mindful of what you leave outside.

**Venom** - Males venom contains a unique component called Robustoxin (dAtracotoxin-Ar1) which affects the nervous systems of humans and monkeys (so dogs, cats, chickens etc are safe from funnel web bites - their bodies neutralise the toxins). The absence of this chemical from female funnel web spiders could explain why bites from females have not caused any deaths. However not all funnel-web species show such a large gender based difference in venom-toxicity.

**Venom First Aid** - The Sydney funnel web's fangs are fixed, so in order to envenomate, it has to rear up, and strike downwards. This means bites normally take place on a limb. The recommended first aid (as for a snake bite too) is pressure and immobilisation. A pressure bandage should be applied as soon as possible after the bite has occurred, this compresses surfaces tissues and reduces muscle movements, greatly slowing the lymphatic flow. The patient should be kept quiet and still and medical attention sought. If possible, keep the spider for positive identification.

**Positive identification** - In this area we get several types of spiders that, to the untrained eye, could be mistaken for Sydney Funnel web spiders. There are the Sydney brown trap-door spider and the Mouse Spider. The most obvious difference between the Sydney funnel web and the others is the four spinnerets on the end of the abdomen and an obvious conical projection (or spur) on the lower side of the middle segment of the second leg.

**Venom Collection** - Sydney Reptile Park would like you to catch any funnel webs you find. If you



Sydney Funnel Web Spider

are brave they can be caught by placing a glass jar on the ground on its side and coaxing the spider to move into it with a stick. Once its inside, tip upright. Funnel web spiders can't jump or crawl up glass so you should be safe to pop on the lid. Then find some cotton wool, soak it in water and put inside and seal the jar. There should now be enough moisture and air to organise to drop off at the closest drop point which is Hornsby Hospital, Palmerston Rd, Hornsby. Spiders can be dropped at Reception or Emergency, 24 hours per day, 7 days per week. Other drop points are Windsor - Hawkesbury City Council Offices, George Street Windsor, Monday - Friday 9-5pm or Westmead Hospital Entomology Dept, Monday-Friday 9-5pm. Or you can drop directly at the Australian Reptile Park in Somersby.

*Just a final note, if you see a funnel web in your swimming pool, don't assume its dead. They can live for hours under water as they take a bubble of air with them when the fall in.*



Above: Mouse Spider



Above: Sydney Brown Trapdoor



DR SINIJA RODRIGUES

We are delighted to announce that Dr Sinija Rodrigues has recently joined the team at Galston Medical Centre. She has been working as a rural GP in Gunnedah NSW for the past 12 years and has moved to middle Dural for family reasons.

She obtained fellowship from the Royal Australian College of General Practitioners in 2008 and Diploma in Paediatrics from Westmead Children's Hospital. She has worked in Hornsby, Westmead, Blacktown and Nepean Hospitals. She has been actively involved in teaching doctors in GP training programs as well as teaching of medical students.

She has many years of experience in general practice and enjoys seeing patients of all ages and cultural backgrounds. Her focus is the overall care of the person and the family in the community. Dr Sinija is available for consultation on Tuesday, Friday and some Saturdays.

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Online Appointments





# Is it Tinnitus ringing in your ears?

Tinnitus is a chronic condition of hearing sounds when there is no external noise present. Unlike hearing loss, there is no way to objectively test for tinnitus. Its existence is only known to the person experiencing the symptoms.

While one-third of the population will have tinnitus at some time in their life, every person describes differing levels of sound, duration and severity.

Anna developed tinnitus after menopause. She describes the sound like cicadas permanently in her head. While she notices the noise during the day, she says her symptoms are more distracting at night when she is trying to sleep.

David has had tinnitus since his mid 30's. He was exposed to loud noise as a young adult when he went shooting on his uncle's farm. David says his symptoms sound like a roar in his ears. But it comes and goes and differs day to day.

If you have tinnitus, it is important to get your hearing checked. 80% of people with tinnitus have a hearing loss. We know that tinnitus is a function of your brain "creating" noise to fill a perceived gap in sound processing. This is often associated with gaps in hearing ability.

A study by the University of Illinois in 2017, found that tinnitus changes the networks in the brain and causes the brain to pay attention more often. This can mean it is less able to rest, making you feel tired.



Recent studies suggest that wearing hearing aids can help to retrain the brain and reduce the impact of the tinnitus. The process takes time, around 8 weeks and gets results for the majority of our clients. This is an exciting development that gives hope to many tinnitus sufferers.

## Hear-Clear Australia is supporting Tinnitus Awareness Week 3-9 February 2020



Phone Hear-Clear on 9651 7379

**Dural:** Shop 16, Village Green, 22-24 Kenthurst Road.

**Galston:** Galston Shop 4, 350-352 Galston Rd.

Find out more at [www.hear-clear.com.au](http://www.hear-clear.com.au)

## IT'S SENIORS DAY EVERY DAY IN FEBRUARY

To celebrate Senior's Week, Hear Clear is offering people over 60 a **free hearing test** and a chance to **WIN a Sennheiser TV head set** makes your tv crystal clear and easy to hear. Valued at \$499.



### Dural

Shop 16, The Village Green  
22-24 Kenthurst Road **Ph:** 9651 7379

### Galston

Shop 4, Galston Shops  
350-352 Galston Road **Ph:** 9651 7379

Your local hearing provider



# ESSENTIAL BUSHFIRE SAFETY TIPS

*Lists approximately 3000 tips to help you make an effective bushfire plan*

By the author of the acclaimed **The Complete Bushfire Safety Book**, this third edition of Joan Webster OAM's **Essential Bushfire Safety Tips** deals with people's fears and concerns about wildfires in general, and the maze of official safety policies. It's concise and straightforward style clears a path of understanding through the tangle of conflicting opinions and misconceptions. It identifies the shortcomings and likely adverse repercussions of some of these policies, defines the actions necessary for

people to stay safe during a bushfire – and their homes to remain intact – and sets out safe procedures. **Essential Bushfire Safety Tips** reveals the scientific post-wildfire research into why people who stayed with their homes died during the 2009 Black Saturday fires, and shows that, despite the almost universal media reports that 'nothing could be done to save homes on such a day', many householders did, in fact, save their homes. Included are new chapters on township protection; shelters,

refuges and bunkers; as well as new information on choices of home bushfire safety strategies; protective house design, furnishings and gardens; protection of animals; and first aid. This book fills the gap between bushfire authority brochures and long, in-depth books. Backed by scientific facts, it brings a message of hope and empowerment: that with appropriate knowledge, preparation and awareness, towns, homes and people can survive wildfires. Set out in easy-to-access dot-point one-

liners, it demystifies bushfire behaviour, explains how to prevent a bushfire from destroying houses, details wildfire safety at each stage of threat, describes weather factors and safe burning-off, details the benefits and hazards of staying, non-defensive sheltering, and evacuating, and how to make the decision on which course is best for you. This book is published by the CSIRO, and can be purchased online at <https://www.publish.csiro.au/book/6969/>. The cost is \$29.95.



Joan Webster, OAM

# WHAT AFFECTS OUR WEATHER?

Weather forecasters at the Australian Bureau of Meteorology investigate different climate drivers to forecast the weather. Here are some of the climate drivers they look at. These forecasts are based on the positive Indian Ocean Dipole (IOD) which is weakening and will likely end in early January while the negative Southern Annular Mode (SAM) is likely to persist until the end of December then rapidly decay. **Sea Surface Temperatures** Indian Ocean sea surface temperatures impact rainfall and temperature patterns over Australia. Warmer than average

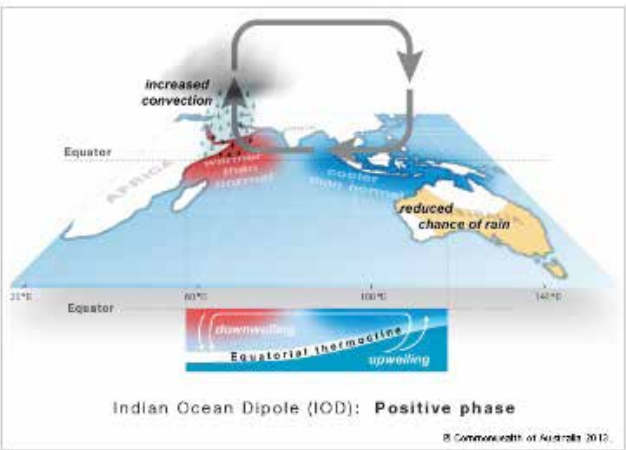
sea surface temperatures can provide more moisture for frontal systems and lows crossing Australia. **Indian Ocean Dipole** Sustained changes in the difference between sea surface temperatures of the tropical western and eastern Indian Ocean are known as the Indian Ocean Dipole or IOD. The IOD is one of the key drivers of Australia's climate and can have a significant impact on agriculture. This is because events generally coincide with the winter crop growing season. The IOD has three phases: neutral, positive and negative. Events usually start

around May or June, peak between August and October and then rapidly decay when the monsoon arrives in the southern hemisphere around the end of spring **Southern Annular Mode (SAM)** The Southern Annular Mode, or SAM, is a climate driver that can influence rainfall and temperature in Australia. The SAM refers to the (non-seasonal) north-south movement of the strong westerly winds that blow almost continuously in the mid-to high-latitudes of the southern hemisphere. This belt of westerly winds is also associated with storms and cold fronts that move from west to east, bringing rainfall to southern Australia.

The SAM has three phases: neutral, positive and negative. Each positive or negative SAM event tends to last for around one to two weeks, though longer periods may also occur. The time frame between positive and negative events is quite random, but typically in the range of a week to a few months. The effect that the SAM has on rainfall varies greatly depending on season and region.



Their current predictions are January to March 2020 daytime temperatures are likely to be above average. Nights are likely to be warmer than average, except parts of southeast Australia. Mostly neutral rainfall outlook for January to March. Drier than average rainfall for NSW. The El Nino or La Nina system is currently 'inactive, which means there is little or no sign of either developing in the coming months.







# NEIGHBOURHOOD SAFER PLACES

Neighbourhood Safer Places are a place of last resort during a bush fire emergency.

They are to be used when all other options in your bush fire survival plan can't be put into action safely.

You should be aware of any Neighbourhood Safer Places in your area, and note them in your bush fire survival plan before a bush fire occurs. You should also know how to get there, as well as alternate routes in case the road is blocked or too dangerous to drive on.

Not all areas will have a Neighbourhood Safer Place. If there is no Neighbourhood Safer Place in your area, you should identify other safer locations you can go to as a last resort. This might include a nearby home which is well prepared, a

shopping centre or oval which is well away from the bush.

A Neighbourhood Safer Place is designed as a Place of Last Resort in bush fire emergencies only. Please note that travelling to or sheltering at a Neighbourhood Safer Place does not guarantee your safety.

## Remember:

Your safest option will always be to leave early.

People with special needs, such as the elderly and people with a disability, should always leave before the threat of bush fire.

If it is unsafe to leave the area or stay and defend your property, and the path is clear, you should move to your pre-identified Neighbourhood Safer Place, or other safer location, prior to the impact of a bush fire.

Be aware that when you are travelling to your Neighbourhood Safer Place there may be heavy smoke and poor visibility.

It is important that you are familiar with the area. Gather at the Neighbourhood Safer Place location and remain there until the bush fire threat has passed.

The conditions at the Neighbourhood Safer Place may be uncomfortable and you may be affected by heat, smoke and embers.

Water, toilets and food may not be available at the Neighbourhood Safer Place and emergency service personnel may not be present.

Neighbourhood Safer Places are not intended for pets and livestock.

The table below shows locations of Neighbourhood Safer Places.

Large animal evacuations centres will open in the event of a bushfire crisis in this area. The centres will be notified, but in the past have included:

Hawkesbury Showground

Castle Hill Showground

Penrith Paceway

Central Coast Show Jumping Club at Mangrove Mountain

Owners are minded that the care of animals including provision of adequate food and water supply as well as full time supervision, remains their responsibility once they arrive at the evacuation centre.

*Maybe cut out and retain this information for future reference. (fingers crossed you don't need it!).*

Title	Type	Location	LGA
Castle Hill Showground	Open Space	131 Showground Road, Castle Hill	The Hills
George Thornton Reserve	Open Space	42 Hill Road, West Pennant Hills	The Hills
Bernie Mullane Sporting Complex	Open Space	10 Marella Avenue, Kellyville	The Hills
Wisemans Ferry Park	Open Space	5602-5624 Old Northern Road, Wisemans Ferry	The Hills
South Maroota Community Centre	Building	1 Paul's Road, South Maroota	The Hills
Maroota Public School	Building	4540 Old Northern Road, Maroota	The Hills
Ulinbawn Water Ski Park	Open Space	951 Sackville Ferry Road, Sackville North	The Hills
Dargle Ski Park	Open Space	351-353 River Road, Lower Portland	The Hills
Cliftonville Lodge Resort - Kiosk	Building	1558 River Road, Lower Portland	The Hills
Middle Dural Public School	Building	Cnr Old Northern Rd and Middle Dural Rd, Middle Dural	Hornsby
Glenhaven Community Centre	Building	76 Glenhaven Road, Glenhaven	The Hills
Dural Country Club	Building	662A Old Northern Road, Dural	The Hills
Dural Salvation Army	Open Space	277 New Line Road, Dural (access off Old Northern Rd)	Hornsby
Hornsby Rural Sports Facility	Open Space	18-20 Bayfield Road Galston	Hornsby
Les Shore Oval - Clubhouse	Building	2658 Old Northern Road, Glenorie	The Hills
Kenthurst Uniting Church	Building	Cnr Kenthurst Road and Jones Road, Kenthurst	The Hills
Dural Mall	Open Space	Kenthurst Road, Dural	The Hill



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# NEW YEAR'S RESOLUTION RIDE THE ENTIRE M7 BIKE PATH

The M7 Shared Path is the longest separated shared path in Sydney. It zigs and zags alongside, over and under the M7 freeway and is just on 40km long, one way. And, unlike the Toll Road, using it is completely free.

Here are a few more reasons why everyone in Sydney should experience this path :

- 1) One can cycle from Baulkham Hills to Prestons and back (80km!) without having to worry about any motor vehicle traffic whatsoever.
- 2) Not big on scenic beauty or peace and quiet, the path's huge popularity is primarily due to personal safety.
- 3) There are no major hills,\* it is mostly flat or undulating. Now that is a rare find in hilly Sydney! This makes it great for kids, the elderly, family/social groups and novices- in fact anyone who simply wants to enjoy a nice cruise on a bicycle. \* There is a climb, however, which takes you

over and above Elizabeth Road at Western Sydney Parklands. At the crest, the yet-to-be-connected cycle bridge (Exit 41) is where a lot of riders like to stop to admire some panoramic scenery, recover and socialise.

- 4) Now privately managed by Westlink M7, this path was designed to integrate with other cycle/shared path networks on either side of the toll road to facilitate free active transport options, ie: Prospect Reservoir paths from Parramatta, or Richmond Road paths from Marsden Park, or Sunnyside Road paths via Glenwood and more. Actually, there are 61 entries or exits to the M7 path, so for local residents, (or for people who work at nearby business parks) there is easy, safe access to and from almost anywhere! The 'hop on, hop off' aspect of the M7 path, is one of its major drawcards and makes it possible to ride any distance you feel like; 5km? 50km? 100km?

- 5) This path is totally unique as it is also well-lit, to facilitate using it at night and for general safety and security.

Really, the only criticism I have heard from the cycling community is that there are no drinking water stations along this path's 40km trajectory, other than at the Linkt M7 Control Centre which, according to their map, is at entry/exit 34, just before Wallgrove Road. On weekdays you'll have the whole 4m wide path mostly to yourself, but it gets busy on the weekends. Start riding at sunrise if you don't like crowds and bunch riders ! Do be cautious when taking some of the blind bends under or over the Toll Road, because there could be oncoming riders or the occasional pedestrian. Slow down, keep your bike under control and no centre line violations, please!

**Fast facts:**  
MAP: Download the excellent M7 Cycle path Map (WLM7\_SharedPath.pdf) from [www.westlinkm7.com.au](http://www.westlinkm7.com.au)

By Susanna Mills

**START & FINISH:** I recommend parking or meeting up at Fairmount Crescent, Glenwood. (Just off Norwest Boulevard via Greenhill Drive) Ensure you park in the right place, as Ranger Danger has been known to lurk here.

In February 2016, RMS cycle counters recorded up to 400 cyclists per weekday using the M7 bike path. This number doubles on the weekends. People out cycling have increased since this count.

Ensure your bicycle complies to NSW regulations, as Traffic Police officers do patrol the M7 path on their bicycles occasionally.

From Marsden Park Road, cycling east back to Norwest Boulevard, you will always encounter an annoying headwind, so do pace yourself for the return ride.

Take sufficient fluids and snacks for the path distance you intend to cover.



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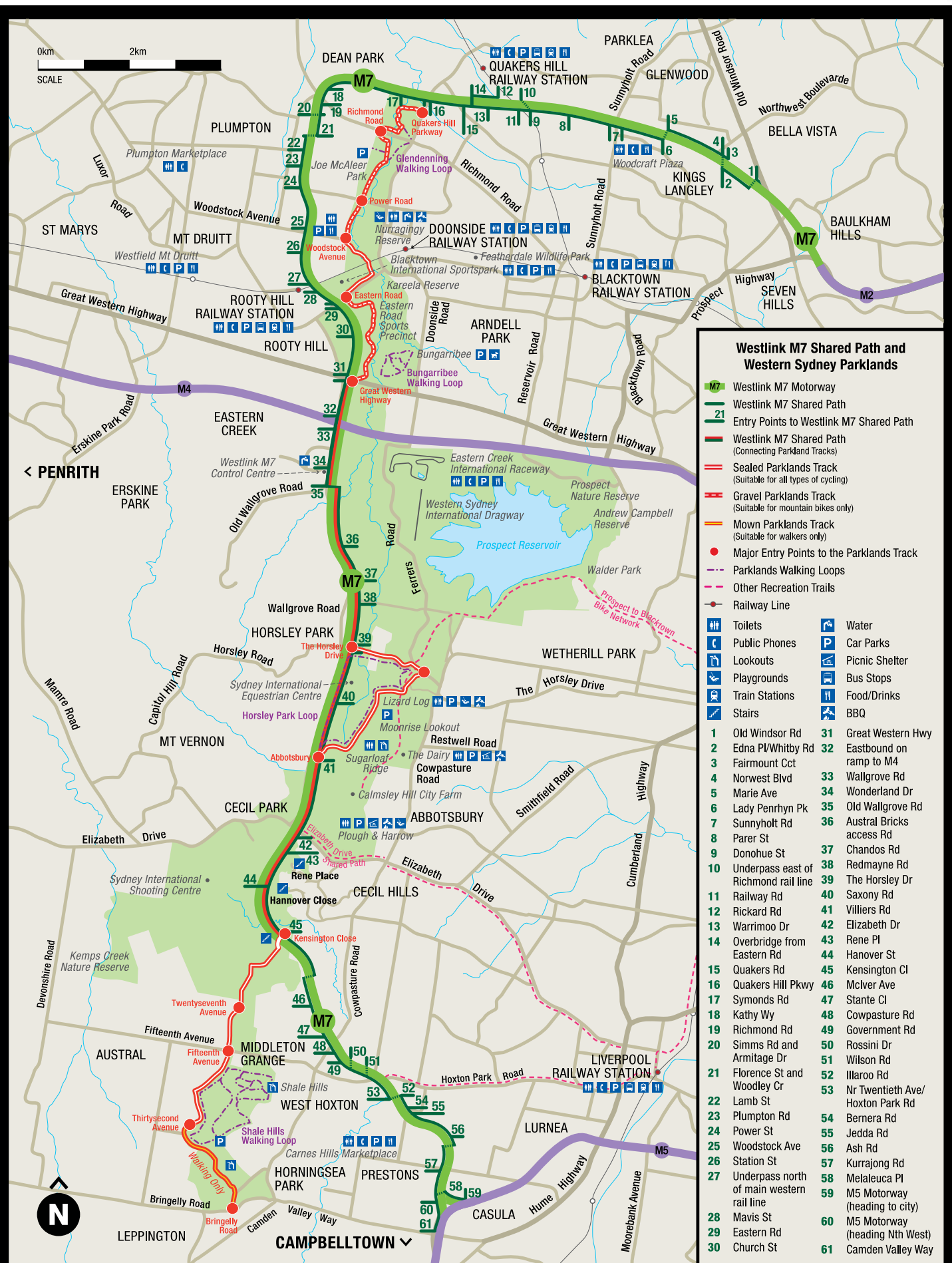
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### Westlink M7 Shared Path and Western Sydney Parklands

- M7 Westlink M7 Motorway
- 21 Westlink M7 Shared Path
- 21 Entry Points to Westlink M7 Shared Path
- 21 Westlink M7 Shared Path (Connecting Parkland Tracks)
- Sealed Parklands Track (Suitable for all types of cycling)
- - - Gravel Parklands Track (Suitable for mountain bikes only)
- Mown Parklands Track (Suitable for walkers only)
- Major Entry Points to the Parklands Track
- - - Parklands Walking Loops
- - - Other Recreation Trails
- Railway Line
- T Toilets
- P Public Phones
- L Lookouts
- P Playgrounds
- T Train Stations
- S Stairs
- W Water
- P Car Parks
- P Picnic Shelter
- B Bus Stops
- F Food/Drinks
- B BBQ
- 1 Old Windsor Rd
- 2 Edna Pl/Whitby Rd
- 3 Fairmount Cct
- 4 Norwest Blvd
- 5 Marie Ave
- 6 Lady Penrhyn Pk
- 7 Sunnyholt Rd
- 8 Parer St
- 9 Donohue St
- 10 Underpass east of Richmond rail line
- 11 Railway Rd
- 12 Rickard Rd
- 13 Warrimoo Dr
- 14 Overbridge from Eastern Rd
- 15 Quakers Rd
- 16 Quakers Hill Pkwy
- 17 Symonds Rd
- 18 Kathy Wy
- 19 Richmond Rd
- 20 Simms Rd and Armitage Dr
- 21 Florence St and Woodley Cr
- 22 Lamb St
- 23 Plumpton Rd
- 24 Power St
- 25 Woodstock Ave
- 26 Station St
- 27 Underpass north of main western rail line
- 28 Mavis St
- 29 Eastern Rd
- 30 Church St
- 31 Great Western Hwy
- 32 Eastbound on ramp to M4
- 33 Wallgrove Rd
- 34 Wonderland Dr
- 35 Old Wallgrove Rd
- 36 Austral Bricks access Rd
- 37 Chandos Rd
- 38 Redmayne Rd
- 39 The Horsley Dr
- 40 Saxony Rd
- 41 Villiers Rd
- 42 Elizabeth Dr
- 43 Rene Pl
- 44 Hanover St
- 45 Kensington Cl
- 46 McIver Ave
- 47 Stante Cl
- 48 Cowpasture Rd
- 49 Government Rd
- 50 Rossini Dr
- 51 Wilson Rd
- 52 Illaroo Rd
- 53 Nr Twentieth Ave/Hoxton Park Rd
- 54 Bernera Rd
- 55 Jedda Rd
- 56 Ash Rd
- 57 Kurrajong Rd
- 58 Melaleuca Pl
- 59 M5 Motorway (heading to city)
- 60 M5 Motorway (heading Nth West)
- 61 Camden Valley Way

In an emergency call: 000 (or 112 if out of mobile range)  
 Contact Westlink M7: 9834 9200 (24 hours)  
 Western Sydney Parklands Ranger 9am–5pm Sat/Sun: 0402 696 255  
[www.westlinkm7.com.au](http://www.westlinkm7.com.au) [www.westernsydneyparklands.com.au](http://www.westernsydneyparklands.com.au)



# LOOKING FOR A NEW CHALLENGE THIS YEAR?

## HAVE A SPARE HOUR ONCE A WEEK?

The Primary Ethics Team at Galston Public School are looking for more volunteer teachers - come and join our team!

We are heading into our third year and the program is getting bigger and better. However, we are still in need of a new volunteer (or more) to commence training to become a Primary Ethics teacher.

Free comprehensive training is provided and curriculum and teaching resources are supplied.

It's a highly rewarding experience, with a great team and only requires a commitment of 1 hour per week!

Please reach out to us if you (or someone you know) might be interested in joining our team. Parents, Carers, Grandparents, Community Members - all are encouraged to apply.

To find out more, please call/SMS/email Sue Downing - 0487 601 925 - or talk to one of the Primary Ethics Team at Galston Public School.

We look forward to hearing from you!

*Pictured left to right: Pip Davis, Cathy Koutlis, Anne-Marie Hegarty and Sue Downing*



# REPAIR CAFE

## DO YOU HAVE ANYTHING THAT NEEDS A REPAIR?

How many items do you have sitting at home waiting for a simple repair, but you've been too busy. Maybe a broken spade, or chair with a broken support. Bring along your items requiring repair and The Bower technicians will take you through the repair process, helping you to learn new skills and understand the benefits of reuse.

**Electrical – Saturday 22 February, 9am-11am**  
**Furniture – Saturday 22 February, 1pm-3pm**  
**Thornleigh Community Centre,**  
**Cnr Phyllis and Central Avenue, Thornleigh**

Bookings essential, visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)





## OzzyOuthouseHire

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- FORKLIFT AVAILABLE / DELIVERIES ACCEPTED

- SHIPPING CONTAINER ACCESS
- 3 PHASE POWER
- SHORT OR LONG TERM LEASE
- NO OUTGOINGS\*
- THIS WAREHOUSE IS INSIDE THE PREMISES OF HILLS SELF STORAGE

\*SUBJECT TO LEVEL OF OVERALL USAGE OF SERVICES



## HILLS SELF STORAGE

### 02 9653 1122

[www.hillselfstorage.com.au](http://www.hillselfstorage.com.au)





## PLAY LEAGUE STARS

The League Stars program appeals to the true nature of kids, in all their messy, high energy, love of fun and play. Each week, your child will participate in specially designed games that get them smiling and sweating.

League Stars kids have loads of fun with their friends, old and new, but the program delivers so much more. Each week they'll unlock more of their unique strengths, building physical, cognitive, social and emotional skills that will help take on challenges big and small, now and in the future.

Register for League Stars at [www.leaguestars.com](http://www.leaguestars.com)

**When:** 5th March 2020 to 9th April 2020  
**Time:** Thursdays 4.30pm - 5.30pm  
**Length:** 6 weeks  
**Age:** 5-12 years  
**Cost:** \$75

We play at Dural Park, 45 Quarry Road, Dural. The league star coach is Daniel Vasek. Contact [dvasek@nrl.com.au](mailto:dvasek@nrl.com.au). Mobile 0428 400 925



## LET'S HEAR IT FOR RUTH

The Dural Country Club Women's Bowling Club has chosen Ruth Keene as its Sportsperson of the Year nominee for 2019. The winner of this award will be announced at the Presentation Night on Friday, February 7th. Well done Ruth...a worthy candidate!

As it's said only mad dogs and Englishmen go out in the midday sun - Dural Country Club Women's Bowls will now start at the earlier time of 9am. to enjoy the cooler part of the day!

And, it could be a case of may the best men (or women) win, when the two Bowling Clubs 'do battle' on the green at the Club Challenge on Thursday, February 6th.

If you'd like to join our friendly "bunch" of bowlers you can call one of our coaches on

**0421 315 074 or**

**0411 375 580**

for free bowling lessons.

We'd love to see you!



## Want to play soccer?



You are invited to join the Hills Pumas Football Club

**Under 6 to All Age teams.**  
 Playing in the Hills Association.

Register online from 3 January, 2020.



**TRAINING GROUND:** Les Shore Oval, Glenorie

*Bring your team and play with us!*



[www.hillspumasfc.com.au](http://www.hillspumasfc.com.au)



[www.hillshawksfc.com](http://www.hillshawksfc.com)

# 2020 SEASON

***U/5's - Over 45's, Premier League,  
Ladies & Mens Social Competition.***

**REGISTER ONLINE FROM 2<sup>ND</sup> JANUARY 2020  
EARLY BIRD DISCOUNTS CLOSE 3<sup>RD</sup> FEBRUARY 2020**



**APPLY for NSW Govt  
Active Kids Voucher (\$100 Rebate)  
for school students**



**REGISTRATION & INFORMATION DAY BBQ AT  
IGA GALSTON SATURDAY 1<sup>ST</sup> FEBRUARY 2020 - 8AM**

Registration inquiries: [registrar@hillshawksfc.com](mailto:registrar@hillshawksfc.com) • Karen Robertson 0419 632 105

All NEW U5 & U6  
players receive  
free starters  
kit (ball, socks,  
shorts & bag)

Grading Day  
Sunday  
9 February  
2020

Minis  
Gala DAY  
MAY 2020

Coaching  
Programs - Soccer  
Kickstart & Paul  
Wade skills





# WELCOME TO 2020 FROM GALSTON NETBALL CLUB!

With online registrations now open and our Expo day planning well underway it is already shaping up to be a busy year for the club. We were delighted with the results of last year's competition, it was our most successful year and the Galston teams performed fantastically. NetSetGo had a large intake last year and although NetSetGo games are not scored, our teams showed huge potential for when they join the junior competition. Out of our 10

junior teams competing in the 2019 season, 9 made it to finals, 7 competed in the Grand Final and 5 won their division! There was also great success with some of our senior and cadet teams winning their respective divisions. A truly outstanding result for one of the smaller clubs in the HDNA Association.

As registrations are now open we invite all our existing members to register for the 2020 season and also want to take the opportunity to extend

an invitation for new players to join our fantastic club. We are a smaller, family orientated club with a lot of heart and a shared enthusiastic passion for netball!

A great way to learn more about Galston Netball Club is to join us on Expo Day on the 9th of February at Galston Recreation Reserve. The event will provide an opportunity to meet other netball families in the area as well as a range of free fun activities with special guests Australian Diamonds

and NSW Swifts players Paige Hadley and Sarah Klau there on the day.

Registrations close on the 16th of February with grading day scheduled for the 23rd of February. For more information about registrations please email us at [rego.galstonnetballclub@gmail.com](mailto:rego.galstonnetballclub@gmail.com) and to keep up to date with the latest news and events for Galston Netball Club, follow us on facebook. GO GALSTON, BLING IT!





## EXPO DAY 2020

**A FREE FUN DAY FOR THE WHOLE FAMILY!**

**SUNDAY 9TH OF FEBRUARY 8:30AM - 10:30AM**

**GALSTON RECREATION RESERVE (NEXT TO THE NETBALL COURTS)**



**SKILLS**



**LASER TAG**



**SNOCONES**



**FACE PAINTING**



**BBQ**



**COME AND MEET**

**AUSTRALIAN DIAMONDS & NSW SWIFTS PLAYERS:**

**PAIGE HADLEY**

**SARAH KLAU**

# AIMING HIGH

by Ash James

Staff at PCYC Hornsby Kuring-Gai have been nominated for three upcoming Gymnastics NSW state awards.

Renee Gibbs was nominated for the Kindergym Coach of the Year Award and Gym Co-ordinator Michaela Pendleton was nominated for a Recognition of Service Award.

The Club was also nominated for the Medium Club of the Year Award. (300-1000 members)

Mrs Pendleton began coaching when her children began gymnastics from a young age, and has coached gymnasts from beginners through to Senior International levels, and has travelled to competitions internationally both as a coach and a judge. She said she was very proud to hear that her dedication to the sport had been recognised by the State governing body. "I love the sport, it's so diverse and the childrens' determination and resilience grows as they improve," she said. "You have to

pay close attention to the children, something as simple what they eat determines how well they perform. What the children get out of the sport is that it gives them fundamental control over their body movements and hand-eye coordination, something that sets them up for life and any future sports."

Mrs Gibbs is the Kindergym coach at the club, and co-ordinates a program where parents are involved with the physical exercises the preschool aged kids do when they learn gymnastics. She, like Mrs Pendleton, said she was very proud when she heard of her nomination.

"It's a bonding experience for the children and their parents," she said. "A good coach is defined as someone who is empathetic to the children and encourages them to constantly do their very best. It helps them realise their potential when the parents give their children positive feedback."



Photo: Back row L-R: Daniel Anderson, Rose Cameron, Renee Gibbs, Michaela Pendleton, Karoline Stirling. Front Row L-R: Lilla Bourke, Jasper Villasana, Katherine Brown

PCYC club manager Daniel Anderson said it's never too late to get involved in gymnastics, and there is a demand for gymnastics coaches. He also added he believes the membership numbers are a good indication of why the club and coaches were nominated for the award.

"It's good to see where we started with the gymnastics

program and where we are now, not just in terms of members but the retention of members. There's a large percentage of members that keep coming back. The membership has grown from 249 to 750 over the past 18 months."

The awards will be announced on Sunday, March 1, 2020.



**FROM U4**

## HILLS HAWKS JUNIOR RUGBY LEAGUE CLUB

**COME & TRY!**

Thursday 6th Feb, 4.30pm-5.30pm, Dural Park  
Thursday 13th, 20th and 27th - 5.30pm-6.30pm,  
Les Shore Oval, Glenorie (bottom oval)  
and then every Thursday from 5.30pm, Dural Park

**Play Rugby League for the Hills Hawks  
Girls and Boys U4 - Seniors**

**Registrations Open**

EMAIL

hawksrugbyleague@gmail.com

MOBILE

0421 118 441

WEB

www.hawksrugbyleague.com



HawksRugbyLeague

**Register online now at [www.hawksrugbyleague.com](http://www.hawksrugbyleague.com)**



**ages 10-13**

## HILLS HAWKS GIRLS BLUES TAG

**PLAY SATURDAY 1-4PM**

**Come and Try!**

Thursday 6th February  
4.30pm-5.30pm, Dural Park

**Registrations Open**

EMAIL

hawksrugbyleague@gmail.com

MOBILE

0421 118 441

WEB

www.hawksrugbyleague.com



HawksRugbyLeague

**Register online now at [www.hawksrugbyleague.com](http://www.hawksrugbyleague.com)**



# Heartbeats

*Heartbeats is about recognising the good news stories which are happening in our community.*

## PROUD TO BE AUSTRALIAN

By Christine Stockman

I love hearing the abundance of stories of the amazing generosity of Aussies, especially since the recent catastrophic bush fires. It's like "In the midst of the great suffering and loss, we deeply feel for each other and know we must rely on each other, not just the government. We must give to others." Even those of us not directly battered by the fires ferocity really feel hurt and empathize deeply with the fires and the victims, whether

people or animals.

Also impressive, is the compassion towards and thankfulness to our fires, who as we know are mostly unpaid volunteers. We've seen of all this on TV, in papers and have shared it in our conversations, It seems people all over Aus are thinking and saying "What can I do to help?"

And "Wow" - the outpouring of gifts including foods, clothes and money has been extravagant, almost



overwhelming. I'm sure those affected are deeply touched and sincerely thankful.

All this shows our Aussie spirit is one of volunteering of ourselves and giving whatever and however we can. When need grips us, it's how most of us

react.

Truly, "Giving is good cents" and it does make one feel a heart happiness to know we have helped another.

I'm proud to be Australian and one who loves to freely give help to those in need.

### Galston Seventh Day Adventist Church Welcomes New Pastor Arthur Hudson

It's a new beginning for me and my family. New in the sense of the year and new in the sense of my job. Taking over from Pastor David McKibben I "inherit" a congregation that continues to want to be relevant in 2020 to the needs of the community. Currently visioning the year, we see good food, health and relationships as significant to what God intends

for each one of us, and we will be endeavouring to bring that about in different forms.

Look out for "Sunset Melodies" events again during this year and I look forward to a chat with you as I get to know the people and businesses of the area.

My family and I enjoy bushwalking whenever we can and have been heavily involved in the running of outdoor education programs for teens.

Picture: Jan 2020 Tasmania



### Celebrating 50 Years

Did you know that the original Galston Gazette started over 50 years ago in 1970. What an amazing achievement that this community paper is still going strong and is still supported by

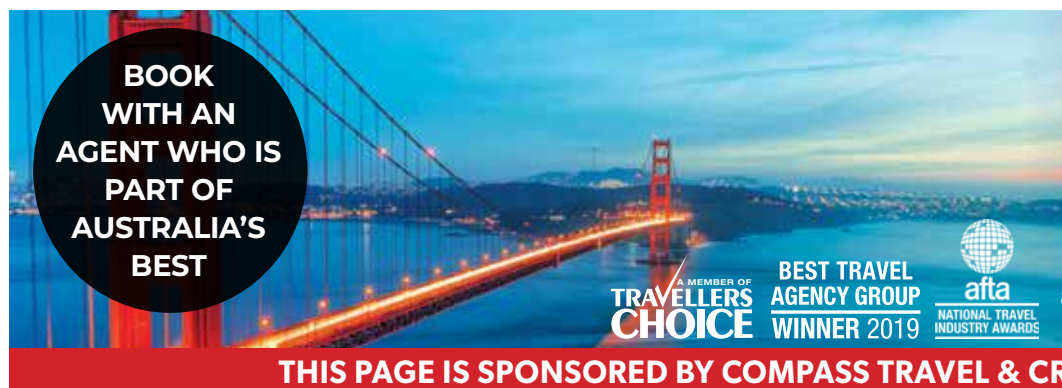
our wonderful local businesses, so we can still bring you all the news from our local community and its groups. We have had to adapt over the years, and take on additional jobs including having a social media page. We

hope our community paper will last another 50 years and continue to adapt to bring you all your local news and events.

**Thanks for supporting us.**

What out this year for some anniversary stories and images.





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# WHAT'S ON

DON'T MISS A THING

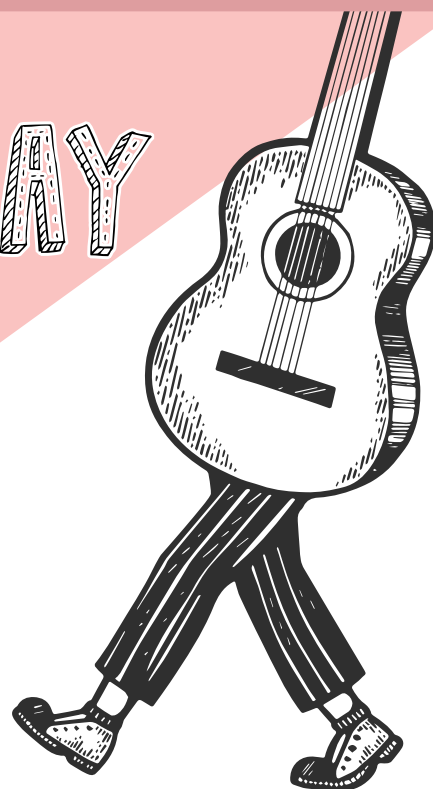
## VALENTINE'S DAY

*Friday 14<sup>th</sup> Feb*

**LIVE MUSIC IN THE BEER GARDEN**

*6.30-9.30pm*

TAKING BOOKINGS 9652 1199



## Members BADGE DRAW

WIN UP TO

**\$10,000**

Drawn 7-9pm

ALL NEW win between  
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\*Terms and conditions apply. LTPS/20/41372



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EVERY SUNDAY**

**IN OUR  
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# MEMBERSHIP

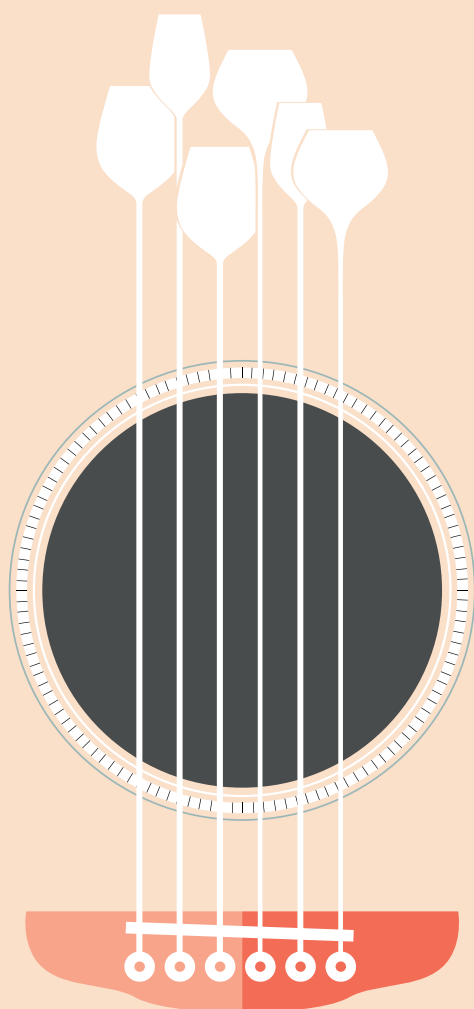
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*Earn  
points to spend  
in venue*

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promotions and  
giveaways*

MEMBERSHIP RENEWALS NOW DUE



## *Wine Down* WEDNESDAYS

**ACOUSTIC MUSIC**  
LIVE IN THE BEER GARDEN  
6PM - 8.30PM

**\$14 BOTTLES OF WINE**  
CHAIN OF FIRE RED AND WHITE MEMBERS ONLY

**MEMBERS BADGE DRAW**  
WIN UP TO \$10,000 7-9PM



# GALSTON CONCERTS LAUNCH 2020 SERIES

The popular Galston Concerts return for 2020 with five 'Classical and Contrasts' programs in Galston Uniting Church starting 22 March.

The easy-listening mix of styles combined with relaxed conversational presentation has established an enthusiastic audience for the series.

Complimentary post-concert afternoon teas allow for an added mix-and-mingle chance to meet the performers.

The series line-up of Australian professionals of international

attainment offers 'fine music, fun music' pleasures.

Programs in 2020 will offer customary variety: 22 March with Three's Company (soprano, clarinet, piano, strings); Cellissimo on 24 May (massed cellos, piano and organ); a World Music line-up 26 July (harp, piano, guitars and South American surprises); a Beethoven and Blue Danube celebration 20 September (strings and piano).

In an added feature these professional mentors will be

joined by star students. Such support of young musicians with paid performance opportunities is 'core business' for the series.

The end-of-series Awards Gala 22 November will showcase leading young talents, many from Hornsby and Hills shires, prizewinners in major competitions, to be honoured by Galston Concerts with further awards exceeding \$3,000.

Other series highlights new for 2020 will include pre-concert

organ preludes on the church historic organ and interludes featuring the concert grand piano to celebrate Beethoven's 250th birthday year - born in 1770, also 'the year' of Captain Cook!

All concerts will start 2pm Sunday afternoons in Galston Uniting Church.

Advanced bookings for the series and separate concerts are available on [www.trybooking.com](http://www.trybooking.com) (search Galston). Enquiries can be directed to 9653 2039 or 0428 248 348.







# HILLS HARMONY CHORUS INC

Men singing in Harmony is a fantastic sound! The range of voices from high to the very low is a dynamic sound and makes for beautiful music.

Based in the Hills District, Hills Harmony Chorus is a men's choir which sings in 4 part acapella close Harmony. We love our music, we love performing and we have a great time together.

2019 was a very busy year for the Chorus, we performed at a total of 16 events which included 9 gigs, 4 busking sessions and 3 competitions. Most of the busking sessions were a first for us and we enjoyed doing them immensely. We sang at Castle Towers, Hornsby Mall, Dural

Mall and Rouse Hill town centre.

Perhaps one of our most enjoyable events is our annual sing out at Christmas time at Stockland Mall, Baulkham Hills. At that time of year, the Mall is full of happy shoppers with their families and the crowds gather around us and show they love what we do with their applause and smiling faces. It's such good fun!

2020 will be another busy year for the chorus as we will be holding our usual weekly rehearsals each Thursday evening and attend several competitions with our highlight for the year being our concert to be held on 10th October in the Pioneer Theatre

at Castle Hill. (Same building as Hill Shire library). It will be fantastic concert featuring the chorus (of course!), some of our quartets and a variety of supporting acts.

Closer to the day, more details and tickets will be available on our website [www.hillsharmony.com.au/](http://www.hillsharmony.com.au/) Our concert is a charity event supporting Lifeline.

We love our music, we love performing and we have a great time together. We are a band of brothers and always on the lookout for more guys to join our friendly team. In this regard, on Thursday 6th of February commencing 7:30 PM, we will be holding an "open night" at our rehearsal

venue, 45 President Road Kellyville.

So, if you like singing and feel you would enjoy singing with like-minded men, then we would love you to come along to our open night on the 6th. It's free, and we promise a fun filled evening with a light supper at the end. Please register your interest on our website. OR contact one of our members below.

**David: 0417 653 227**

**Paul: 0419 635 537**

**Richard: 0423 343 565**

Ladies, perhaps you have a friend, Son, Husband, Partner or Father who you know loves to sing...we'd love to see them at our open night. So, spread the word!!



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# \$1 BILLION FUNDING FOR BEROWRA SCHOOLS AND COMMUNITY GRANTS PROGRAM

by Julian Leeser MP



As children right across Berowra are returning to school at the end of January, it is worth reflecting on the record investment the Morrison Government is investing in Berowra schools. The Government is investing a

record \$1 billion in our schools over the next decade. Nationally, funding per student for all schools, government, Catholic and independent, will continue to increase, growing on average by 4 per cent each year over 2017 to 2029.

This funding commitment is in addition to the grants programs such as Stronger Communities Fund and the Local Schools Community Fund that are enabling many schools in our electorate to deliver small capital projects to make schools more accessible and more equipped to do their job.

I am delighted to be part of a government that has prioritised investing in Berowra schools.

Our children deserve a quality education and we want schools to have the support they need to lift outcomes for our students and equip them for the future.

I am very proud of Berowra's schools and once again students from our schools have performed at the highest level in NSW.

## Saluting Their Service Commemorative Grants Program is now open to applications.

The program aims to preserve Australia's wartime heritage and assist communities in promoting appreciation and understanding of the experiences of our servicemen and women and the roles they play in shaping our nation.

Community grants are available for up to \$10,000, major grants are also available for larger projects. Visit <https://www.communitygrants.gov.au/.../saluting-their-service...> for more information about the requirements for applications. Applications close 31 March 2020.

## RURAL ROUNDUP By Councilor Warren Waddell

I hope that everyone enjoyed the Christmas break and are now ready for a prosperous 2020. The continuing pressure of bushfire events has no doubt made it difficult for our volunteers, service providers and their families to spend time together, but with any luck, relief is now in sight.

Council arrangements have ensured a prompt response to any issues emerging out of the increased threat to our residents, property or services throughout this period. Council

also resolved to make a one off direct contribution of \$10 000 to the RFS.

The December meeting saw Council formally support the draft proposal for the Galston Village Public Domain project allowing us to move forward with further consultation and planning.

The results of the broad consultation with the community as part of the Rural Land Review have gone on public exhibition. Although summary in nature, the

results have provided clearer direction to Council in terms of the next step and drafting of recommendations.

The DA for Galston Aquatic Centre's new roof has come off public exhibition and will now move to the final stages of DA assessment. Once approved the first stage will go out to tender for construction. At that point it will become clearer what level of disruption will occur to the Centre's overall operation.

In the mean time, Councillors will meet in February with

a view to develop strategies for our Shire's future and to advance our priorities for 2020. I will be pushing for results in areas of better communication for rural residents, economic development and tourism strategies, overcoming planning anomalies and best practice in terms of environmental and sustainability policy.

Groundwork has been done in all of these areas but it is time for implementation.

**As your Federal Member, I am here to:**

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

 **JULIAN LEESER MP**  
FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822  
julian.leeser.mp@aph.gov.au julianleeser.com.au julianleesermp

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

 **Matt Kean MP**  
Member for Hornsby  
Minister for Energy and Environment

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*Contact Matt* (02) 9476 3411 hornsby@parliament.nsw.gov.au  
PO Box 1687, Hornsby Westfield NSW 1635





# THERE'S AN APP FOR THAT... STREAMING SERVICES

Not interested in all the things offered on free to air TV? Kind of over the cricket and tennis!? Well then, if you haven't already, it might be time to look at the increasing number of streaming services on offer. All with their own wonderful, or not, assortment of entertainment.

For those of you who are unaware of streaming, it is when content is able to be delivered to computer, mobile devices and/or TV's over the internet. You are able to watch this content when you wish and aren't limited to a specific time. Charges are applied, usually monthly or yearly for these services.

Netflix is probably the best known of the streaming services and offers a comprehensive library of movies and TV shows. Netflix also now produces a lot of its own content which you are unable to watch elsewhere. The Crown, a show about the British monarchy, is a Netflix production. Netflix offers three pricing tiers starting at \$9.99

a month with the most expensive being \$19.99 a month. You are able to get a 30 day free trial if you wish to try before you subscribe.

Disney+ streaming service was launched in November 2019 and includes shows from all the major entertainment franchises it owns. It also offers its own original content. If you are a Star Wars tragic then you might enjoy "The Mandalorian". There is only one pricing for Disney+ at \$8.99 a month or a yearly subscription of \$89.99 per year. They also have a 7 day trial period.

Apple has also released a streaming service called Apple TV+ with a monthly pricing of \$7.99 a month and a 7 day free trial for all new users. Apple is also producing its own content as well as streaming exclusive TV series and movies. I really enjoyed watching "For All Mankind". If you're into the first walk on the moon this series will really do your head in. But I'm not giving anything away.

This is really only the tip of the iceberg when it comes to what's available. There is also Prime Video from Amazon, Stan which is a joint venture of Channel 9 and Fairfax Media. Then you also have Foxtel, Youtube on demand and let's not forget all the catch up TV options like ABC iView, SBS on Demand and others.

To be honest, if you can't find anything to watch it certainly wouldn't be from a lack of content availability. Probably more from overload which probably means you need to go and find a good book to read.

There are over 2 million Apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. Debbie on Mob: 0418296217 or [info@debbiedoesit.com.au](mailto:info@debbiedoesit.com.au)

# NETFLIX

# Disney+

# Apple TV+

## PROPOSED NEW TELSTRA TOWER

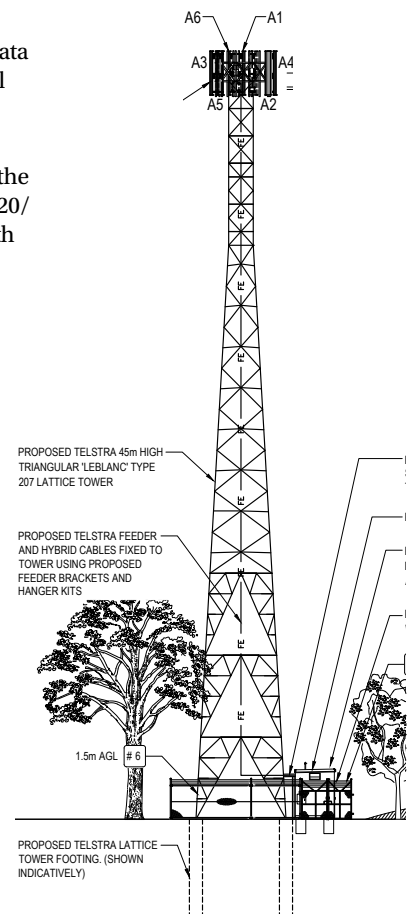
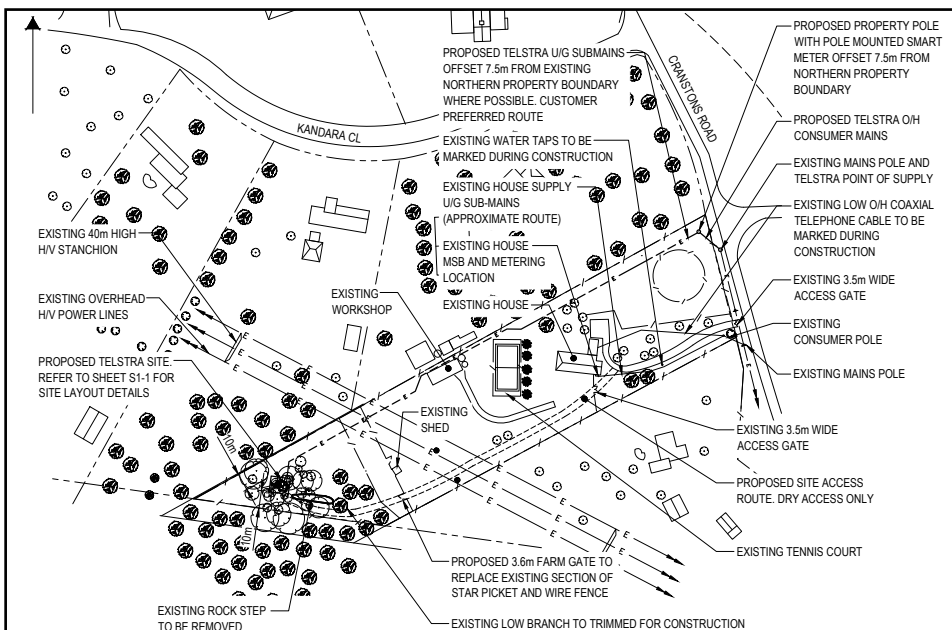
Residents in Middle Dural may soon be getting improved mobile services. A new telecommunications tower is proposed at 96 Cranstons Road, Middle Dural. The application is for a Telstra Tower. The proposed height is 45m with triangular

leblanc lattice tower type 207 with rotatable triangular headframe.

The reasons for the installation state: There is a requirement to provide improved mobile phone coverage and capacity in the Middle Dural locality. The proposed facility will help

improve customer voice and data services within the area to fulfil the defined stipulations.

If you wish to view further details or make a submission the application number is 961/2020/HB and it has been lodged with Hills Shire Council.



# History

## NEWS FROM HISTORY COTTAGE

By Michael Bell

The first meeting for the year will be on the 8th February at 2.00pm in History Cottage beside the Honour Roll in Galston Park. Visitors are most welcome.

The day's talk will be by Mr Ken Bradley, a member who has been researching the stories of the World War 1 soldiers from our community. Two Tasmanians from very different backgrounds eventually found their way to the Dural district via very different routes. Both enlisted in the Australian

Infantry Force for WW1, one serving in France and the other in Palestine. One survived and the other did not. One became a very well known Australian and the other had but a brief hour of sporting glory. The presentation illustrates the vagaries of fate.

Our first tour will be on Tuesday the 17th March to the Historical Aircraft Restoration Society Aviation Museum at Albion Park. This should be a most pleasant day out and the enthusiastic volunteers will be guiding us through the collections. Further details will be given at the February meeting. There will be two more one day tours and one overnight, currently in planning but probably to Sydney in May to be a tourist in our own city.

The Society was fortunate to have a student from Sydney University approach us for assistance with an assignment for her history course. The Society was also helping Hornsby Council with a similar project. The result can now be viewed at History Cottage.

All in all it will be a busy year for members and friends. Learn more about your community's history over an afternoon.



## DHARUG AND LOWER HAWKESBURY HISTORICAL SOCIETY

The Dharug and Lower Hawkesbury Historical Society would like to extend the invitation to the general public to join us as we catch the ferry from Woy Woy wharf to Lintern Channel between Rileys Island and the Saratoga-Davistown peninsula, where we alight from the Lintern Street wharf to begin the Illoura Reserve Walk. Illoura is an Aboriginal word meaning 'a pleasant place' or 'a good camping ground with plenty of food'.

This area of the Illoura Reserve was the location of the largest Aboriginal camp in the district during the days of early white settlement. It was home to a coastal Aboriginal people, whose country stretched from the north side of Sydney Harbour, through Pittwater and Brisbane Waters to the southern end of Lake Macquarie.

Signs of habitation in the Davistown area include a rock shelter and shellfish middens. Evidence of the middens can still be seen on the ground today. The middens were so large that in the years after European settlement, they were excavated to support a lime burning industry supplying the lime for building works in Sydney.

This is an easy walk along the foreshore taking in the 9 historic points to Pine Avenue wharf. The walk encompasses remains of indigenous middens, views of Rileys Island, site of the old horse racing track, site of Burramun which became Brisbane Water shipbuilding,

the Cockle Channel and Fienberg's General store from the 1920s. We will then walk up Davistown Road to the Davistown RSL for lunch.

Saturday, 22nd February 2020  
10.15am to catch the 10.45am ferry.

Location:- To meet at the Fisherman's Wharf at Woy Woy (a short walk from the train station) to catch the Central Coast Ferry M.V. Saratoga.

Cost: Ferry fare is \$4.10 senior each way. Must be cash. Plus \$5.00 donation to the Society for maps etc.

Lunch: We suggest the Davistown RSL where we will enjoy a delicious lunch (own expense).

Bookings are essential as the Central Coast Ferry M.V. Saratoga needs to be informed and contact details in case of rain to 0405 321 478 (leave a message) by Tuesday, 18th February 2020.

After lunch we will then catch a courtesy bus back down to the wharf in order to catch the 2.30pm ferry back to Woy Woy. An added bonus at Woy Woy should be the feeding of the pelicans at the end of the day.

Bring along snacks, water, sunhat and sunscreen. Sturdy shoes are suggested.

For further information please contact us on enquiries@dlhs.org.au or 0405 321 478.

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## Pets

For the past four years, GEC has been lucky to have the wonderful Liz Jones at the helm in the role of President. In this time, Liz has contributed so much to the club, and under her leadership, membership has grown and the club has gone from strength to strength. Thanks to Liz, we've welcomed a host of incredible instructors and coaches across all disciplines, and it's safe to say Liz's Dressage Days have become legendary! Of course anyone who'd attended one of our events will be familiar with Liz's formidable skills as traffic warden!!

2020 marks the start of a new chapter, with Liz stepping down from her term as President. We'd like to say thank you to Liz for everything she's done - and thank you for staying on in the role of Vice President for the year ahead. Liz,

GEC simply wouldn't be the same community without you.

At the same time, we're also thrilled to welcome a new Club President on board: Pam Pike. A long-standing member of GEC, Pam has served on the Committee, and has also introduced the popular 'Positive Partnership' days (which we're please to say will continue this year). It takes someone special to fill such big shoes - luckily Pam has all that it takes and more!

Our first challenge this year: deciding how to best show our support for bushfire victims.

It was heartbreaking to see fires tearing through so many communities, and many GEC members were vocal in their desire to take some positive action. After doing our due diligence, the Committee decided that the Club would donate \$1000 to the Salvation Army via our long term and generous sponsors, Bendigo Bank who have teamed up with the Salvos. Bendigo Bank is giving a 100% guarantee that all funds

only get used for victims (no admin costs). We have also donated a further \$1000 to the Animal Welfare League NSW as they are who the major charities are using to help our animal victims of the bushfire crisis.

We know that money simply cannot compensate for the loss that our fellow Australians have experienced - but we hope our contribution will ease some of the immediate suffering in affected communities.

Looking ahead, we're excited about what the year has in store.

At GEC we strive to be an inclusive club where we champion a wide range of equestrian sports and activities. This year, members and visitors can expect to see plenty of fun and challenging events on the calendar - from our popular Dressage and Showjumping competitions, to Working Equitation days, coaching clinics and much more. "We've tried to include as much diversity as possible to give everyone a chance to participate in the things they enjoy, as well as the opportunity to

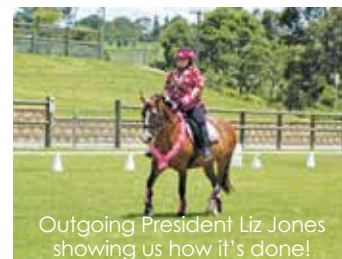
try new things," explained President, Pam Pike.

GEC Membership is now open, with an early bird renewal discount for 2019 members.

For the first time, we are using Nominate Clubs as our membership platform, which means new and existing member can join in minutes online. We received 35 memberships in the first two days, so we recommend that you waste no time joining up!

To join GEC (or to find out more about the Club) visit [www.galstonequestrianclub.com.au](http://www.galstonequestrianclub.com.au)

We hope to see you at the Rural Sport Facility soon... here's to a fantastic 2020!



## ANOTHER RECORD PRICE ACHIEVED IN 2019 CONSIDERING SELLING?

For the third consecutive year Beth O'Brien & Nikki Summerhayes of Willu Prestige Property have sold another record for Arcadia post code 2159 with a very happy vendor!

This property has presented a number of fresh new high-end buyers to the Hills Rural Market.



43-71 CALABASH RD ARCADIA

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- Mr Eric Cooper

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# NORTHHOLM GRAMMAR

## School

By Gabriela Moore

NORTHHOLM GRAMMAR students achieve extraordinary results moving up 193 places on the Sydney Morning Herald HSC rankings in one year.

Northholm would like to congratulate the Class of 2019 on their exceptional HSC results. Their hard work and dedication towards their academic studies has been rewarded and we are enormously proud of what they have achieved.

Northholm Grammar School is committed to ensuring that our learning culture is purposeful both inside and outside of the classroom. A culture that is intentional in promoting learning is one that fosters continuous improvement for students, teachers and students. Our purpose is to foster a learning culture where every student has a willingness and ability to learn, to lead and to serve so they can enjoy a life that is worthwhile and well-lived.

Learning through scholarship is one of our core values under 'The Strategic Intent of Northholm Grammar School'. It is represented by the open book on our crest which defines our school as one that challenges each student scholastically by encouraging high academic standards and intellectual rigour, providing inspiring teaching committed to personalised learning, and designing and

implementing our curriculum purposefully. We understand that there is far more to a strong education than just academic results, however we know that learning through scholarship coupled with 'caring for others and self', 'living a faithful life' and 'contributing to the community' is paramount in the holistic development of every young man and woman.

As a community, we are encouraged by our progress to move from a good School to a great one. A desire for excellence in all Academic, Co-Curricular,

Sport and Service Learning programs is characterised by 'The Northholm Way' centred on allowing students to grow as individuals and find their passions so they can lead a well-rounded life and contribute to a thriving society. Our intention is to develop confident and compassionate students, who are effective contributors to society, successful learners, and responsible citizens.

Such performances would not be possible without the pastoral attentiveness, hard work and support from our staff,

parents and the community. Congratulations and thank you to our young men and women for embracing the challenges of their final year of studies and developing a love of learning that would allow them to harness the intellectual habits so they can become independent and confident citizens. It is our intention that scholarship is what our students will take from School and leadership is what they will give to the world. We wish the 2019 Year 12 cohort every success in their future endeavours.



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# OUTSTANDING HSC RESULTS FOR GALSTON HIGH SCHOOL

Galston High School has again achieved outstanding results in the Higher School Certificate, continuing a tradition of academic excellence.

Congratulations go to all of the school's 2019 HSC students who have achieved impressive results, with a special congratulations to Bryce Hayes, the 2019 DUX with an ATAR of 94.65.

Six other Galston High School students also gained an ATAR above 90 and are recognised for their Distinguished All Round Academic Achievement:

**Catriona Pennock**  
**Ethan Marlow**  
**Savannah Skewes-Weir**  
**Ella Cashman (pic right)**  
**Damian Shahfazli**  
**Olivia Votano**

23% of Galston High School students scored at least one Band 6 in one of their subjects (a mark of 90 or higher) placing them on the NESA Distinguished Achievers List:

**Bryce Hayes**  
**Catriona Pennock**  
**Ethan Marlow**  
**Savannah Skewes-Weir**  
**Ella Cashman**  
**Damian Shahfazli**  
**Olivia Votano**  
**Giorgio Novella**  
**Mia Rowe**  
**Jessica Eltis**  
**Jade Langley**  
**Colby O'Mara**  
**Victoria Cullen**  
**Amy Yu**

77% of Galston High School students scored at least one Band 5 or higher in one of their subjects (a mark above 80).

Twenty subjects scored above state placing Galston High School in the top 300 schools, a remarkable achievement for a fully comprehensive co-educational high school.

Galston High School will be acknowledging these fine results at the High Achievers Assembly on Tuesday 4th February 2020.



Savannah Skewes-Weir



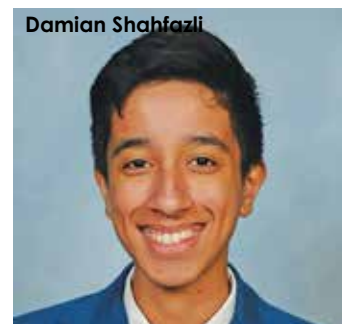
Ethan Marlow



Olivia Votano



Bryce Hayes



Damian Shahfazli

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# HILLS GRAMMAR'S 'ORIGINALS' HSC SUCCESS

Hills Grammar congratulate the Class of 2019 on their outstanding HSC results. Of these results the School received 80 Band 6 results, with 33 students (44% of the cohort) listed as Distinguished Achievers. With such astounding results,

the School has improved its ranking in the Top 100, and now sit at 84. The comprehensive nature of their achievements is illustrated by Hills Grammar attaining above the State average in 30 of their 34 HSC courses and

achieving 67% of results in the Band 5 and 6 range (80% and above) with Band 6 results in 27 HSC courses. Over the last 5 years, there's been a notable increase in Hills Grammar students taking on extension courses. With 60% of the Class of 2019 completing at least one challenging extension course. Geoff Gates, Director of Learning and Teaching, states "that is a sure sign of academic ambition and the pursuit of greater opportunity." Felicity Chan achieved the School's top ATAR of 99.2. She was shortlisted for Music Encore and was recognised as a distinguished achiever in 5 of her subjects. Cali Doyle (Dux of the School), and Claire Shi were acknowledged for being "HSC All Rounders" - achieving Band 6 results in at least 5 subjects. Cali completed 13 units, far in excess of minimal

requirements, and was a distinguished achiever in all 8 subjects. Claire was a distinguished achiever in 5 of her 6 subjects. While the Hills Grammar community are incredibly proud of the Class of 2019, Mr Gates, reminds the students that they are more than their ATAR. "Whatever their results we are proud of all our students. A Hills Grammar education is broader than an ATAR, and there are many paths and definitions of success." he said. With the new school year about to begin, Hills Grammar are looking forward to an extraordinary 2020, beginning with their Open Day on March 27. The School hopes the Open Day will provide insight into how they encourage young people to find and develop their individual passions and original path.



Meet our  
Hills Grammar  
Originals on

Open Day



Hills  
Grammar

Friday 27 March

Register online [hillsgrammar.nsw.edu.au/tours](https://hillsgrammar.nsw.edu.au/tours)





# CONGRATULATIONS TO OUR CLASS OF 2019

By Craig Hingston

The year 2020 is underway and the graduating Class of 2019 from **Pacific Hills Christian School** are heading off to commence university, college and TAFE studies, or starting their employment, or having a Gap Year.

The 127 students who sat the exams performed exceptionally well in the 40th anniversary year of the School. Raquel Bradley and Chung Wah Or were recognised for receiving the highest ATAR results of 99.75 and 99.5. Both students achieved over 90 percent

in their courses and were listed on the Premier's All Round Achievers List.

Included in this contingent were 16 students from Year 11 who are involved in the Augustine Acceleration Program. Augustine is designed to provide learning experiences that challenge and extend students and it operates across the Junior, Middle and Senior Schools.

The combined Year 11 and 12 students sat exams in 35 HSC subjects and their results in every course were above the

State average. Band 6 results were achieved by 102 students who were mentioned on the Distinguished Achievers List. In the HSC Showcases and Exhibitions there were Major Works nominated for Shape 2019: Design and Technology and Artexpress 2019: Visual Arts.

In commenting on these performances, the Dean of Curriculum, Belinda Nunn, reflected the School's holistic perspective which is a view to seeing young people develop across all areas of their lives not

just in the classroom.

"The publication of the HSC results has been an opportunity to celebrate the many gifts and talents God has given to these students in our graduating year, and a chance to remember the contribution that they have made - culturally, academically, in serving, on the sporting field, and in the growing and sharing of their faith. It is also a time when we recognise the efforts of our teaching staff and the support provided by the students' parents."



## OPEN DAY



**MARCH**  
**7**  
9am - 2pm

For more information contact the Registrar.

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# HILLSIDE PUBLIC SCHOOL

## A GREAT START TO BIG SCHOOL!

It was wonderful to welcome our Kindergarten students to big school for the start of their journey in primary school. They enjoyed working with their Peer Leaders learning all about the school expectations and routines. Every year 6 students is a leader at Hillside and they take on many roles and responsibilities. At Hillside all year 6 are inducted as school leaders at Presentation Night. Our School Leaders have many responsibilities which enable them to develop leadership and communication skills they carry through to their future life. The leaders conduct all assemblies, represent the school at community functions, run weekly fitness activities for the whole school, organise fundraising days for chosen charities, oversee the PBEL rewards program and are trained as Library Monitors. This ensures all our students move onto high school with confidence

and leadership experience.

We are fortunate to receive a Woolworths Junior Landcare Grant to refurbish the garden in front of the library including the painting of a mural and the planting of edible native plants. The students have been working on designs for the mural and the garden.

This year sporting activities will be a crucial inclusion in the school program. All students from Kindergarten to Year 6 will be participating in the Small School's Swimming Carnival early in the term. It is wonderful seeing every child enjoying joining the older students in noodle or kickboard races.

Successfully receiving a Sporting Schools Grant for Term 1, all students will be learning the skills needed to play volleyball. Once again we are fortunate having the expertise of Ty coming every



Friday to work with the students and utilising our beach volley ball court.

This term also sees the establishment of our OOSH services for our students. The successful tender Northwest Community Childcare will be setting up the facility in one of the classrooms. This will be a wonderful service for our families.

If you are looking for a school where every child is an individual and is nurtured to achieve their personal best in a small caring school, then come and check out Hillside. Ring the office on 96521459 to make an appointment or to find out more about our amazing school.

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## Gardening

### GALSTON GARDEN CLUB

Christmas seems so long ago already, Club members celebrated Christmas together at the Galston Community Centre and as usual members out did themselves with all the delicious food that was brought to celebrate another successful year for the Club. Wow! Can these people cook as well as garden! It was a great evening to relax, with lots of laughter and fun, a fitting end to the year.

Galston Garden Club is in recess for January and given the heat and water restrictions, our time will be needed to look after our own gardens, hasn't it been hot! Let's hope our farmers and gardening friends around the State will also receive the rain that is coming.

Our first meeting for 2020 will be on Wednesday 12th February 2020; this will also be our AGM. We would love to see new members and don't worry, you won't be roped in for a job, most of the Executive positions have now been filled and only need to be voted on. Club meetings give you the opportunity to make new friends, improve your gardening knowledge

and our Social Committee is again organising some terrific guest speakers and rambles for this year. Of course there is also a wealth of knowledge that you will gain from our friendly members who are only too happy to share their gardening tips. We have an extensive library that members may borrow from, as well a delicious supper that is served each month.

2019 was filled with many entertaining and informative guest speakers, rambles, Show and Tell from members gardens culminating in our wonderful Open Gardens weekend in October. We are looking forward to another wonderful gardening year in 2020.

Galston Garden Club Open Garden Weekend - if you missed it or are looking forward to attending this year pop in 16th - 18th October 2020 into your diary now.

Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 7.30pm, new members are warmly welcomed. For other information, visit our website: [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au)



## BEGONIA AND FRANGIPANI SOCIETY SALE

### 2020 Begonia and Frangipani weekend!!

Saturday, 22nd  
February 2020 - 10am to 4pm

Sunday, 23rd February 2020  
10am to 3pm at 226 Annangrove  
Road, Annangrove NSW

Presented by the NSW Begonia  
Society Inc. and the Australian  
Frangipani Society.

Includes: plants, displays, talks,  
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## AUSTRALIAN PLANTS SOCIETY

The first meeting of the Australian Plants Society-North Shore Group for 2020 will be held on Friday, 14 February 2020 at 7-45 pm at the Willow Park Community Centre, 25 Edgeworth David Avenue, Hornsby.

Our guest speaker is Simon Leake.

His topic is: The soils and vegetation of Barangaroo Headland Park

Simon will describe how plantings and thriving vegetation have been successfully established in the public spaces at Barangaroo.

For this project, commonly available recycled inorganic resources (crushed sandstone and recycled sand from building excavation) were combined with composted wood mulch screened from green garden waste collections and used to recreate a three-tiered replacement soil landscape for Barangaroo. The mulch

layer or "O" (for organic) horizon would be analogous to the forest litter layer; the topsoil or A horizon, a well-drained sandy soil containing nutrients, organic matter and biological life and the Subsoil or B horizon, a well-drained water holding layer for root anchorage and moisture reserve. <https://sesl.com.au/projects/barangaroo-headland-park/>

Simon is a soil scientist extraordinaire who leads a team with extensive achievements in rehabilitation, reconstruction and renewal of diverse urban projects and mine sites.

Visitors welcome. Our library will be available for borrowing. Plant sales from 7.45 pm. Join us for a cuppa afterwards.

More information at [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore) or Facebook site: <https://facebook.com/APSNSG>



## BROMELIAD SOCIETY OF AUSTRALIA FEBRUARY MEETING

The Bromeliad Society of Australia will hold their next meeting at the George Bell Pavilion, Castle Hill Showground on Saturday, 8 February with plant sales commencing at 11am followed by the meeting at 12noon.

Access is via the Showground entrance off Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

At this meeting Alcantarea growers will discuss the show ponies of the bromeliad world.

The Alcantarea imperialis are one of the largest bromeliads and they have a base growing up to 1.5m wide and originated from Brazil.

The plant can take from 8- 20 years to flower and it produces a 3m tall flower spike that may last 12 months.

There are many varieties such as - Alcantarea imperialis Rubra, Alcantarea imperialis

Purpurea and Alcantarea imperialis Peter Tristram

These giant Bromeliad definitely make a statement and are suitable for pots, the garden, patios and pool areas. They also cope in full sun, cold, wind and are drought tolerant.

Reminder that Memberships to the Bromeliad Society of Australia are now due. For New Membership its just \$30 initially then \$25 annually. For further details email [MembSec@bromeliad.org.au](mailto:MembSec@bromeliad.org.au).

BSA meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly

and inviting environment. Contact Ian Hook - mobile 0408202269, email: [ianhook1@bigpond.com](mailto:ianhook1@bigpond.com) website: [www.bromeliad.org.au](http://www.bromeliad.org.au)





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# STILL CREEK LANDCARE

## LANDCARE: MORE RELEVANT THAN EVER BEFORE

By Nick Chartorisky

Landcare is unique grass-roots movement that was started to tackle the degradation of farmland, public land and waterways.

The movement has expanded and evolved over the years. It's developed expertise across a variety of landscapes on best-practice sustainable agriculture and expert management of natural assets such as soil, water and native vegetation.

Caring for the land includes a range of activities such as:

- sustainable farm practices
- restoring native habitats and revegetation
- controlling weeds and pests
- developing and sharing local natural resource management skills and knowledge.

So after some of the largest Bushfires in modern Australia's history, Landcare's relevance is more important now than ever before.

Be assured that the decades of experience shared by the 5400 and more groups and their 100,000 plus volunteers will provide an invaluable resource in recovering after the bushfires.

In my opinion, one of the greatest achievements of the Landcare movement is in Community building, working with your neighbours on a common goal and pulling together to achieve it.

So please, call on your neighbours and talk. Remember what you do on your land can and often does impact your neighbours

whether your neighbour is next door or downstream and out of site. Take the time to talk to your neighbour, maybe identify a shared problem and work together to find a solution. Even if you think you don't need help, you might be surprised that there is a better, more efficient ways of achieving your goals. So call upon your neighbour, they might just have the solution and helping hand you need and please don't be shy to ask advice or an opinion from your local Landcare Group. Landcare has a vast amount of experience

and if your local group doesn't have the help you need, their network probably will.

We all have a role in looking after 'our patch' to ensure the land and water we use for agriculture and our natural environment is healthy and sustainable for generations to come.

If you would like help or further information, contact Nick on 9653 2056, via email [StillCreekLandcare@iinet.net.au](mailto:StillCreekLandcare@iinet.net.au) or visit Still Creek Landcare at [www.stillcreeklandcare.com.au](http://www.stillcreeklandcare.com.au) and on Facebook.

Mary Ord  
celebrant

[www.marrymemary.com.au](http://www.marrymemary.com.au)

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* Yellow Bricky Sand	* Extruded bricks
* White Bricky Sand	



## QUESTIONS

By Corrie Bryne  
Hillslife Church

A Muslim, a Hindu, a Buddhist, an atheist, an agnostic and a Christian walk into a bar ... sounds like the beginning of a joke

But not this time ... in fact I'd like to start this as a reflection.

What if these were the opening lines of a screenplay.

To add authenticity rather than a bar it's a restaurant. A vegetarian restaurant. Maybe set somewhere iconic and cosmopolitan like New York.

Try to visualise the scene, a table set for six. Six very different world views. Six very different people.

Can you see it?

What do they look like? Are they old or young? Male or female? What is their ethnicity?

When it comes to a screenplay casting is crucial.

Who would be cast as the intellectual? The judgmental one? Peaceful? Compassionate?

What conversations would be had? Would they be hostile or cordial? Would each try to push their own worldview or would they listen to each other?

Would they find common ground?

Focusing on the Christian, who do you have in mind? What character traits? What sort of personality?

Typically Hollywood would cast an older Catholic priest of Irish descent. Maybe an Afro American gospel preacher? Or a college type kid who is a bit boring and avoids

all the parties.

Before you read further, I would really like to encourage you to visualise what a Christian is to you. What he or she looks like, talks like, what stands out.

What denomination are they from? What is their theology?

Using the same scene, but with one alteration ... a Muslim, a Hindu, a Buddhist, an atheist, an agnostic and a Christian walk into a vegetarian restaurant and take their seats.

But this time the Christian is the only one speaking. "Hello, my name is Jesus."

Not a Christian from a specific church or denomination, nor a set of theological beliefs shaped over 2000 years ... but the son of God, the Word who became flesh.

How would this change the scene? The conversations ... certainly the atheist would be gob smacked. Agnostic, their questions answered. Even the Muslim would be in shock.

The fascinating point in this thought process is the gap between the Christian who first walked in and the arrival of Jesus.

We are all called to accept Jesus as our Saviour, and to increasingly become more Christlike.

Where is your gap?

The gap between you and Jesus?

Is it division in denomination? Theology? Religious? Judgmental? All of us are certainly sinful.

Jesus would have felt right at home in that setting, would not have argued but peacefully chatted.

In fact the only real change that would need to be made is that it is unlikely Jesus would be sat at the table, rather he would more likely have been the waiter!

As we start 2020, consider how you can be less religious and more Christlike. Truly embracing the great commandment and seeking to do all that was taught, obedient to His example.

## NEWS FROM ST BENEDICT'S FEBRUARY 2020

### St Vinnies gives again

Our small St Vinnies group helped make Christmas special for some of the people in our local community by visiting and presenting packages of Christmas goodies. Donations from parishioners, both in goods and money, had formed the basis of these special Christmas gifts and it was a great way for us all to share the true meaning of Christmas. A number of willing, many young, helpers assisted with the packing. Picture shows the festive production line

### Changes at the parish

The new year has seen a number of changes at St Benedict's with our parish secretary Sandra leaving the position and some of our long-term musicians and roster arrangers retiring. We thank them all for their wonderful service and hope we can find replacements to fill their large shoes. We also welcome Father Giacinto, who is visiting from his St Benedict's Monastery in Italy.

St Benedict's Fete 8 March

The Parish Fete will be held this year on Sunday 8 March. As always this will be a great occasion

for the entire local community and everyone is welcome. The raffle prize list is full of desirables including a week's accommodation at Hawk's Nest and a calf from the monastery herd.

### Parish birthday

This year we are celebrating 50 years since our parish began in July 1970. If you know of anyone who has had involvement with the parish during that time, especially people who have moved away, please let them know.

### Weekend Mass Times

St. Benedict's Catholic Church

Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Corner Fagans Rd and Arcadia Rd 7pm Saturday, 9am Sunday. Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia).



# HILLS LIFE

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- Romans 15:13

**Service:** Sunday mornings at 10:00am  
Galston Public School  
Ph: 0416 233 629

Visit our Facebook page and see latest updates.

[www.hillslife.com](http://www.hillslife.com)

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GLENORIE MISSION CHURCH





# EVERY DAY IS NEW YEAR'S DAY

One of the deepest longings in the human heart is the desire to start again, to make a fresh beginning. Such longings are particularly strong as one year gives way to another, but such desires can be experienced at any time.

In our human frailty, we look back on missed opportunities and things left unsaid and undone. We reflect on projects half completed or never even attempted, and we wish that it could be different. We long to make a fresh start, but often people and circumstances can make it difficult to forget the failings of the past and to start again.

In 1810 Governor Lachlan Macquarie of the fledgling colony in New South Wales invited four men to dinner at Government House in Sydney. The four guests were the principal surgeon, D'Arcy Wentworth, and his assistant, William Redfern, Andrew Thompson, a prosperous farmer, and Simeon Lord, a wealthy merchant. The invitation of these men to the Governor's residence was significant because they had all been transported to Australia as convicts, but they had subsequently been granted a full pardon. In extending this invitation, Governor Macquarie wanted to show that these men were not only pardoned, but that they also enjoyed full rights as citizens.

But not everyone supported the Governor's policy. One of his most vocal opponents was the Rev. Samuel Marsden, who is known in Australian history as 'The Flogging Parson'. He believed that the convict stain could never be wiped away and that convicts should never be allowed full civil rights.

The story of Macquarie's

invitation is a beautiful illustration of what God has done for us. His grace not only offers us forgiveness but also the freedom and privileges of being sons and daughters of God. He offers us the potential of a fresh start every day.

The Christian life is a series of new beginnings because God is the God of new beginnings; with Him there is always the chance to start again. That is true because of his character of forgiveness and longsuffering (Micah 7:18-19). It is true also because of his provision and promises, thoughts which are expressed powerfully in a well-known hymn:

*"Pardon for sin and a peace that endureth,  
Thy own dear presence to cheer and to guide;  
Strength for today and bright hope for tomorrow,  
Blessings all mine, with ten thousand beside."*

With God no failure is permanent nor is any mistake beyond remedy. We can start again at any time. Because of God's grace every day can be New Year's Day.

**Pastor David McKibben  
Galston Seventh-day  
Adventist Church**

## GOODBYE

Sadly this is the last thought for the month that I shall be writing for the Community News as I am moving to a new parish this year. It has been a pleasure and a privilege to share these monthly articles with you over the last two-and-a-half years, and I hope that you have been blessed and helped by them. Thank you for taking the time to read them.

God bless, guide and prosper you in all your hopes and dreams for the year ahead and beyond.



# GOD'S WORDLESS BOOK

By Reverend Ed Long

God has given us two wonderful books which tell us about Himself. One is the Bible which is a book of words. The other book is not a book of writings, but is a wordless book. It is the book of nature, the world around us.

Yet, both books speak to us of God. The first few verses of Psalm 19, tell us of God's great power as we see it in the sky and in the earth that He has created. But how loud is a sunset or a sunrise? They are silent voices which every day remind us of God.

However we need the other Book too. The Bible, God's book of words, tells us of God's love, and of God's will for man. The book of nature cannot tell us how to deal with sin.

It cannot tell us about life after this life ends. But the Bible can. The Bible teaches us, instructs us, and

helps us. Read Psalm 19 and read again vs. 7-9!

The Bible can also point out those things in our lives which do not please God (vs 12-13). God speaks to us by His Holy Spirit as we read his Book.

The writer of this Psalm finishes with this prayer, 'Lord I want my words and my thoughts to be what you want them to be. Help me in this today!' But remember this - if you want to know what God wants you to do and say, you will have to spend time reading His Word. Do you do that? How much time have you spent reading and thinking about His book the Bible, this week?

Come and find out more at :  
Glenorie Mission Church. 1409  
Old Northern Rd. Glenorie.  
Sunday Service 10.00 am  
Bible Study Tuesday 7.30pm



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For more info or to register.

# GALSTON UNITING CHURCH



'Twas the month before Christmas.... and everyone at GUC was very busy!

It was a very full church on Sunday November 24 for our annual Creativity Service to celebrate the end of the Craft Group's very productive year. Quilts and a cash donation were made to the Uniting Church's Frontier Services. The hanging of quilts around the church made a great display and showed the great skills of the Craft Group ladies.

Friday evening, 6 December ...what a great night of Carols and community singing it was at Galston High School for our annual Community Carols and Markets. This was a truly community event supported by Galston Rotary, Galston High School and Galston Uniting Church. The Galston Uniting Church Men's Choir led the carol singing and the Hills Pipe Band made a spectacular display.

Our thanks also to the choral group a'Chaired Voices for their wonderful concert the following Saturday, 7th December, which was greatly enjoyed by all present.

Our service on Sunday 8th December was a commemoration of Christmas in Song. This featured

the combined Men's and Ladies Choirs directed by Janet Hatfield, presenting excerpts from the Christmas Oratorio, Holy Boy. It is a vocal expression of the Nativity. It was a fitting finale to our choral activities for the year.

In something of a contrast, Sunday 15th December was "Messy Church", a special time of worship for the kids, that can also be enjoyed by those who are still young at heart, like some of our young 90 year olds! Wheelbarrows convert into camels for "rides" and craft, cupcakes and making slime became the order-of-the-day.

By the time you read this, we will also have had our Christmas Services on Christmas Eve and Christmas Day and the New Year will be with us.

May I therefore take this opportunity, on behalf of us all at Galston Uniting Church, to wish everyone a very...

## Happy new year!

We would like to extend a warm welcome to everyone to join us in Worship on Sundays at 10 am.

Minister Rev Geoff Smith  
11 School Road, Galston 2159  
Phone 9653 2039  
[www.galstonunitingchurch.com](http://www.galstonunitingchurch.com)



# THIS YEAR - 20/20 VISION THROUGH JESUS CHRIST

Dee Valich - Glenorie Community Church

During the last few months, quite a few of our friends have had cataract operations and were so pleased that it made such a huge difference to their eyesight.

One friend explained: "On yearly visits to my eye specialist for a check up after laser treatment, I was told that I had the beginning of cataracts growing in both eyes. I didn't want to know! In my opinion, I could see perfectly!

Each year, my specialist explained that the cataracts had grown - and I continued to push his diagnosis aside, until he said, "It's time!"

I had both eyes done, six weeks apart. I then realised that I could SEE. Everything was clearer, sharper and the colours were vivid.

My eye specialist was right. I should have listened!"

Just as a successful cataract operation helps us see more clearly, having 20/20 vision is a term used to describe clarity or sharpness of vision from a distance of 20 feet. I remember this term being used in conversations. For example: "There's the street we're looking for", one would say - and another person

would reply, "You must have 20/20 vision" - meaning that he or she had very good distance eyesight.

Seeing clearly is a vital life skill which affects our decision making, our outlook and quality of life.

Having spiritual vision is also necessary.

Jesus tells us in the Bible that "The eye is the lamp of the body. So if your eye is healthy, your whole body is filled with light." (Matthew 6:22)

How can we achieve 20/20 spiritual vision through Jesus Christ? Well, just as people seek higher education at university in order to grow and learn, so wise people will seek a relationship with Jesus Christ, the Son of God, through His Word in the Bible. Getting to know Jesus is enlightening and empowering, not only for this life on earth but for eternity.

A favourite quote at Christmas time rings true for all of us, every day:

'Wise men sought Jesus; wise men still do.'

**God bless,**  
Pr. Alex and Dee Valich





# GALSTON RURAL FIRE BRIGADE NEWS

By Kara Dubois



## Strike Teams

Galston fires have been busy over the Christmas and holiday break in strike teams across NSW. We travelled north and south of the state including, Glen Davis, Bulga, Hill Top, Katooma and Warragamba and we were also tasked with being on standby at the station for any local callouts during the very bad weather days.

## Local grass fire

Galston fires recently helped fight a grass fire at Bloodwood Rd in Fiddletown, caused by sparking powerlines on a very hot day. Thanks to all the other local brigades who responded quickly and helped us knock down a fire that could have become far worse considering the conditions on the day.

## Thanks for a great 2019

Following some intense days fighting the NSW fires we took advantage of the cooler weather to run our annual Galston Village Santa Run and

our inaugural Santa Photos.

Thank you to everyone who had their photo taken with Santa or who greeted him as he roamed the streets of Galston with the firetrucks. What a difference a day can make – the day before we had crew out facing some truly savage fires on a blistering day... then the next day the same crew were dressed in tinsel and Santa hats all for the local community. The love and support from the community fuels the RFS and our brigade. It was great to see the community spirit alive and well in Galston!

## Prepare. Act. Survive.

With easing conditions, it is important you take the time to discuss your bush fire survival plan with your family. Take important steps now to protect your family against the threat of bush fires. Know what you will do, where you will go and what you will take, in the event a fire threatens. Visit [www.myfireplan.com.au](http://www.myfireplan.com.au) to utilise the simple tool to help create a bush fire survival plan to then share with the whole family.

## BRIGADE CONTACT DETAILS:

Duty mobile: 0491 119 152

Email: [info@galstonrfb.org.au](mailto:info@galstonrfb.org.au)



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# FIRE SEASON FROM HELL

## IT'S ONLY JUST BEGUN

# GLENORIE RFS

## THANKS FOR YOUR SUPPORT

With the worst fire season in history unfolding, not just on the East Coast, farmers and homeowners are suddenly realising that preparation is vital. One company, Australian Pump Industries, has moved into high gear not just to dramatically increase shipments, but to also to pull engines forwards from the world's biggest engine companies. "We were able to source Yanmar diesels and Honda petrol engines just in time," said Aussie Pumps, Chief Engineer, John Hales.

**DIESEL'S ARE SAFER**  
Aussie Pumps is scheduling more diesel engine drive units into the pre-Christmas production program. The company says diesel fuel is safer to handle in a bushfire emergency, although engines are heavier and more expensive than petrol drives. "The NPWS mobile units use the Aussie Fire Chief pumps fitted with Yanmar 4.8Hp diesel engines with electric start," said Hales. "Tried and true in firefighting, they have done a terrific service over the last 20 years!" he said.

The Aussie Pump team has also rushed to print thousands of more copies of their Bushfire Survival Guide to help people living in endangered areas. "We tell

people to either equip properly to fight the fire, that means the right equipment and the right preparation, or get ready to leave," said Hales. As farmers and homeowners rush to equip themselves with firefighting protection equipment, fire pumps and hose kits are in urgent need. Aussie Pumps warns the public not to compromise buying 3rd world pumps. "Be prepared, buy the right kit the first time and don't be sucked into cheap third world products that may not perform or do the job required," Hales comments. "We hear horror stories of third world pumps that simply don't work, don't prime or won't start. Many of those pumps are just replicas, they are only designed to be sold," he said. For more information on Aussie's comprehensive fire pump line up, a link to the Aussie Bushfire Survival Guide, is readily available on the Aussie Pumps website, together with a list of Aussie Pump Distributors.



Thanks for all your support in 2019. We attended 52 fire calls in 2019, not including the ongoing fire emergency. We've had a pretty big year in 2019. We've been lucky enough to welcome a number of new members who will be undergoing training in 2020. We took part in a number of hazard reductions around the district, as well as deployments out of area for fires and storm damage. In terms of places we've fought fires, this is certainly one of the biggest years in terms of travel. We've been to Taree, Bobin, St Albans, Lower, Central and Upper MacDonald, Spencer, Gunderman, Lower Portland, Colo Heights, Lithgow, Hartley Vale, Bilpin, Clarence, Belambing, Bargo, Tahmoor, Buxton and the QLD sunshine coast. We've trained hard, both as a brigade, and with our neighbouring brigades. It's been a big year, ended with

the biggest fire season we've ever had. It's been a year touched by tragedy, we have sadly had to attend fatal Motor Vehicle Accidents, and three a number of members of our extended RFS community have passed away. As always, we need to thank our members who have put in so many hours in rain, hail or shine to attend calls, train and keep our equipment in good condition. Thanks to the staff at the District Office who do so much work to



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keep us operational, generally no request of ours is too much trouble.

Our employers, who have been, and continue to be understanding and supportive of our members RFS activities.

Mostly, we have to pay tribute too, and thank our families. Our wives, husbands, kids, mums and dads, who are as much a part of the brigade as our members. We absolutely could not do what we do without their love, understanding and support.

To our wonderful community, thank you so much for all your amazing support, especially in the last couple of months as we've been continuously operational. You have kept us fed, watered and provided financial assistance to keep the brigade running. You're awesome.

We're excited about 2020. We are making big plans in terms of improvements to equipment, our station and training.

What we do know is this nightmare of a fire season will end eventually, it will rain, normality will slowly return. We as a community know this, we've been there ourselves in 2002. Please continue to support the fire ravaged communities around the state. Once the fires have passed, visit, buy a coffee, maybe stay a while. They will need us.

All the best for 2020. We're looking forward to continuing to work closely with you in the coming year.

Maybe your new year's resolution is to join the RFS. Come and drop by the station, we'd love to meet you.

Here are some images from our 2019.



## OFFICE/MEDICAL OR CONSULTING ROOMS FOR RENT:

Office space available with two rooms, kitchenette, bathroom and parking in Glenorie.

Close to Glenorie Pizza and Chicken Fish. Minutes' walk to Glenorie shops and Woolworths.

To enquire, please call Michael on 9651 4611

## GLENORIE PROGRESS ASSOCIATION

The GPA sincerely apologises for the brevity of this report but some members of the Association are heavily involved in the firefighting efforts in the District and beyond. The GPA would like to commend the residents of Glenorie and District on their outstanding support of the Glenorie and surrounding RFS brigades for their generous donations of goods and funds. The Glenorie RSL has made an enormous contribution by matching the funds collected at the Christmas Carols on 21 December.

The main contribution that our residents can make is to ensure that your property is well prepared for bushfire. In addition, it cannot be stressed enough that having a Bush Fire Survival Plan for protecting your home and family, including pets and other animals, is vital.

If you wish to donate, it is important that you contact the local brigades to ascertain

what they need or direct your donations to suitable charities like the Salvation Army, Blaze Aid etc.

The huge loss of wildlife habitats, particularly koalas and platypus, crystallises our need to protect the koalas and other wildlife in our area. To that end, we are discussing strategies to mitigate these losses on our local roads, in our State Forests and National Parks. Currently DNA tests for platypus are being conducted in our area. Koala monitoring is continuing. Keep your eyes peeled for koala awareness signs and if you want to contribute any ideas please contact us on our email address [secretary@glenorieprogress.org.au](mailto:secretary@glenorieprogress.org.au) or send to P O Box 240 Glenorie 2157.

We always meet on the second Thursday of every month at 7pm at Glenorie RSL Club so come and join us and be part of this progressive association.



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# [calendar

## February 1 - 29

### 1 80's Flashback Return to The Galston Club

The 80's Flashback Experience the 80's by reliving the sights and sounds of a time fashion forgot. The 80's Flashback perform a decade of classic 80's, rock to retro hits with songs you remember and songs you wish you didn't.

- February 1 | 8:30pm - 11:30pm  
The Galston Club, 21 - 25 Arcadia Road,  
Galston, 2159  
Contact: [www.facebook.com/TheGalstonClub](http://www.facebook.com/TheGalstonClub)

### 3 Get Crafty - Castle Hill

If you're interested in anything craft related, beginner or expert, come along and meet people with similar interests. The Get Crafty group meets weekly on Mondays 9.30am-12.30pm (except school holidays). Please bring own materials.

- February 3, 10, 17, 24 | 9:30am - 12:30pm  
Castle Hill Library, 14 Pennant Street,  
Castle Hill 2154  
Contact: [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



### Move and Groove: Session One

On your mark, get set, move! Join us for an interactive, fun-filled session for you and your child including action books, songs, rhymes and musical instruments. Suitable for toddlers 18 months to 3 years.



- February 3, 10, 17, 24 | 10:00am - 10:30am  
Castle Hill Library, 14 Pennant Street,  
Castle Hill 2154  
Contact: [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

### 6 Hills Harmony Chorus Inc

We will be holding an "open night" at our rehearsal venue. So, if you like singing and feel you would enjoy singing with like-minded men, then we would love you to come along to our open night.



- February 6 | 7:30pm  
45 President Road Kellyville  
Contact: David: 0417 653 227 Paul: 0419 635 537  
Richard: 0423 343 565 [www.hillsharmony.com.au](http://www.hillsharmony.com.au)

### 7 Colouring and Craft Corner

Drop in colouring and craft for toddlers at Dural Library. Join us for colouring and craft fun while you develop your child's confidence and independence.

- February 7, 14, 21, 28 | 12:00am - 11:59pm  
Dural Library, Pellitt Lane, Dural 2158  
Contact: [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

### Sydney Hills District Branch of The Association of Independent Retirees

Our guest speaker will be Almis Simans, her topic will be "Travel". Throughout the year we will have a lineup of very interesting guest speakers and topics, relating to retirement, health, technology safety and changes which affect retirees.

We Welcome Visitors, and New Members. Come along! Make new friends!

Keep abreast of Government Changes! We all need to work together for a better future in retirement!

- February 7 | 10.45am  
Beecroft Presbyterian Church Hall,  
Welham Street Beecroft

### 8 The Hawkesbury Harvest Farmers & Fine Food Markets

The Hawkesbury Harvest Farmers and Fine Food Markets run on the 2nd and 4th Saturdays of the month from 8am - 12noon at Castle Hill Showground, Castle Hill.

- February 8 | 8:00am - 12:00pm  
Castle Hill Showground, Off Showground Road,  
Castle Hill 2154  
Contact: Farmers & Fine Food Markets Enquiries  
0406 237 877 [markets@hawkesburyharvest.com.au](mailto:markets@hawkesburyharvest.com.au)  
[www.harvesttrailsandmarkets.com.au](http://www.harvesttrailsandmarkets.com.au)

### News From History Cottage

The day's talk will be by Mr Ken Bradley, a member who has been researching the stories of the World War 1 soldiers from our community.



- February 8 | 2.00pm  
History Cottage beside the  
Horour Roll in Galston Park

### Bromeliad Society Of Australia

At this meeting Alcantarea growers will discuss the show ponies of the bromeliad world.



- February 8 | Plant sales  
commencing at 11am  
meeting at 12noon  
George Bell Pavilion, Castle Hill Showground  
Contact: Ian Hook 04 0820 2269  
[ianhook1@bigpond.com](mailto:ianhook1@bigpond.com) / [www.bromeliad.org.au](http://www.bromeliad.org.au)

### 10 Castle Hill Red Cross

New members always welcome

- February 10 | 10:15am - 10:30am  
Wesley Church, Showground Rd  
Contact: 8850 7056 or 0413 313 705

### 12 Lunar New Year Greeting Card Making Workshop

Design and create a beautiful Lunar New Year greeting card and learn how to write New Year messages in Chinese characters. Each pre-registered child will receive their name on a card in Chinese calligraphy.

- February 12 | 4:00pm - 5:00pm  
Castle Hill Library, 14 Pennant Street,  
Castle Hill 2154  
Contact: [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

### Galston Garden Club

Club meetings give you the opportunity to make new friends, improve your gardening knowledge and our Social Committee is again organising some terrific guest speakers & rambles for this year.



- February 12 | 7.30pm  
Galston Community Centre 37 Arcadia Rd., Galston  
Contact: [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au)

### 13 Let's Talk About Arthritis

Do you suffer from Arthritis and joint pain?

Come along to a free information session presented by a representative from the Combined Pensioners and Superannuants Association.



- February 13 | 10:30am - 11:30am  
Dural Library, Pellitt Lane, Dural 2158  
Contact: [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

### 14 Australian Plants Society

Our guest speaker is Simon Leake. His topic is:

The soils and vegetation of Barangaroo Headland Park. Simon will describe how plantings and thriving vegetation have been successfully established in the public spaces at Barangaroo.



- February 14 | 7.45 pm  
Willow Park Community Centre, 25 Edgeworth  
David Avenue, Hornsby  
Contact: [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore)  
<https://facebook.com/APSNSG>



# of events]

18

## Live Life Better: Seminars for Seniors

Price: Free

- ➔ February 18 | 10.30am for 90 minutes  
Comfort Discovered, 73 Jersey Street North,  
Hornsby, NSW 2077  
Contact: 1300 662 880  
events@comfortdiscovered.com.au  
https://livelifebetterseminars.eventbrite.com.au/  
https://comfortdiscovered.com/live-life-better/

20

## Urban Plants Collective: Self-watering gardens

Join our exciting new Urban Plants Collective group which will meet monthly to discuss all things plants!

- ➔ February 20 | 10:30am - 11:30am  
Castle Hill Library, 14 Pennant Street,  
Castle Hill 2154  
Contact: www.thehills.nsw.gov.au

## Dural Galston Probus Club

Our speaker will be Judy Horton MAIH RH HMA and Judy will speak about "Back Yards". We are a mixed club for retired and semi-retired people who enjoy friendship, good speakers and outings. Visitors welcome so come along.

- ➔ February 20 | 10:00am  
The Galston Club, 21-25 Arcadia Road, Galston  
Contact: Anne 9653 1004

22

## Dharug and Lower Hawkesbury Historical Society

The Dharug and Lower Hawkesbury Historical Society would like to extend the invitation to the general public to join us as we catch the ferry from Woy Woy wharf to Lintern Channel between Rileys Island and the Saratoga-Davistown peninsula, where we alight from the Lintern Street wharf to begin the Illoura Reserve Walk. Illoura is an Aboriginal word meaning 'a pleasant place' or 'a good camping ground with plenty of food'.

- ➔ February 22 | 10.15am to catch the 10.45am ferry  
To meet at the Fisherman's Wharf at Woy Woy (a short walk from the train station) to catch the Central Coast Ferry M.V Saratoga.  
Contact: 0405 321 478 / enquiries@dlhhs. org.au

23

## Glenorie Grower's & Artisans Market

Glenorie Growers Market returns 23rd February Fresh, local, sustainable produce & artisans, kids fun, great community vibes.

- ➔ February 23 | 9:00am - 1:00pm  
Glenorie Growers Market, 2658 Old Northern Rd, Glenorie NSW 2157  
Contact: 417 227 748  
info@glenori growersmarket.com.au  
glenori growersmarket.com.au

## The Hills UPmarket

The Hills UPmarket team are all about creating a boutique, local event where friends and family can catch up, have a coffee, grab a bite to eat, shop and relax in 25 hidden bushland acres in the heart of Castle Hill.

- ➔ February 23 | 8:30am - 3:00pm  
The Pony Club, Gilbert Road (Showground Rd End), Castle Hill NSW 2154  
Contact: hello@thehillsupmarket.com.au  
www.thehillsupmarket.com.au

24

## Dural & District Prostate Cancer Support Group

Professor Suzanne Chambers - She is an Officer of the Order of Australia for distinguished service to medical research particularly in the area of psycho-oncology and patient care strategies to assist men with their prostate cancer. Light refreshments provided.

- ➔ February 24 | 7:00pm - 7:15pm start  
Blue Gum Centre Glenhaven Green, 599-607 Old Northern Rd Glenhaven  
Contact: Denis 9629 2645  
Maurice 9654 2138

25

## One2One eResources Help @ Dural Library

Do you need help downloading our eBooks, eAudiobooks and eMagazines or perhaps some assistance using the Library catalogue, Ancestry or Find My Past? Our friendly staff are ready to help!

- ➔ February 25 | 2:00pm - 3:00pm  
Dural Library, Pellitt Lane, Dural 2158  
Contact: www.thehills.nsw.gov.au



26

## An evening in conversation with Dervla McTiernan

Join internationally bestselling and critically acclaimed writer, Dervla McTiernan in conversation about her new fast-paced thriller.

- ➔ February 26 | 6:30pm - 7:30pm  
Castle Hill Library, 14 Pennant Street, Castle Hill 2154  
Contact: www.thehills.nsw.gov.au

## Galston view club

The Galston View club raises money to support The Smith Family Learning for Life program. Guest speaker will be Faye Yarroll, The Gift of Hearing, Cochlear Implants & Lions Hearing Dog, accompany Faye will be her dog Sydney. Visitors are most welcome.

- ➔ February 26 | 11am  
The Galston Club, 21-25 Arcadia Road, Galston  
Contact: Helen 9614 1512

## Galston CWA News

CWA Galston branch is inviting local school age children to participate in The Land Cookery Competition & State Handicraft Exhibition.

- ➔ February 26 | 2pm  
CWA Galston Branch, Galston Health & Resource Centre, Corner The Glade & 17 Arcadia Rd, Galston  
Contact: Jann 0439 222 217 Anne 0404 228 209  
www.facebook.com/CWAGalston  
galston.cwa@gmail.com

27

## Urban Cooks Collective: Favourite Family Recipe

Join this group of cooking enthusiasts to discuss all things food while enjoying a taster prepared by Chapters Cafe.

- ➔ February 27 | 11:00am - 12:00pm  
Castle Hill Library, 14 Pennant Street, Castle Hill 2154  
Contact: www.thehills.nsw.gov.au

29

## Volunteer Training Program - 'Provide CPR' Workshop

Provide CPR is a practical hands on two-three hour course with no pre-work required. It covers the practical application of CPR as well as providing further information surrounding the causes and use of CPR.

- ➔ February 29 | 9:00am - 1:00pm  
CATCH Training, Unit 20/9 Hudson Ave, Castle Hill 2154  
Contact: The Hills Shire Council 02 9843 0555  
www.thehills.nsw.gov.au

## No Shoes Fundraiser 2020

A fundraising event supporting local charity organisations where all participants are encouraged to walk barefoot and participate in many activities without shoes on.

- ➔ February 29 | 6:00pm - 8:30pm  
Aub Juleff Arena, Castle Hill Showground, Showground Road, Castle Hill 2154  
Contact: www.thehills.nsw.gov.au

## Free Pelvic Floor Health Talk

A session offering useful information regarding how the pelvic floor works, bladder control, prolapse and more. This talk is facilitated by Kathi Janssens, exercise therapist.

- ➔ February 29 | 1.30pm  
Castle Hill  
Reserve your seat via discreetlyfit.com.au.  
Contact: Katalin Janssens 0406 501 509



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Contact Annina 0466 436 634 pipeband.hillsdistrict@gmail.com




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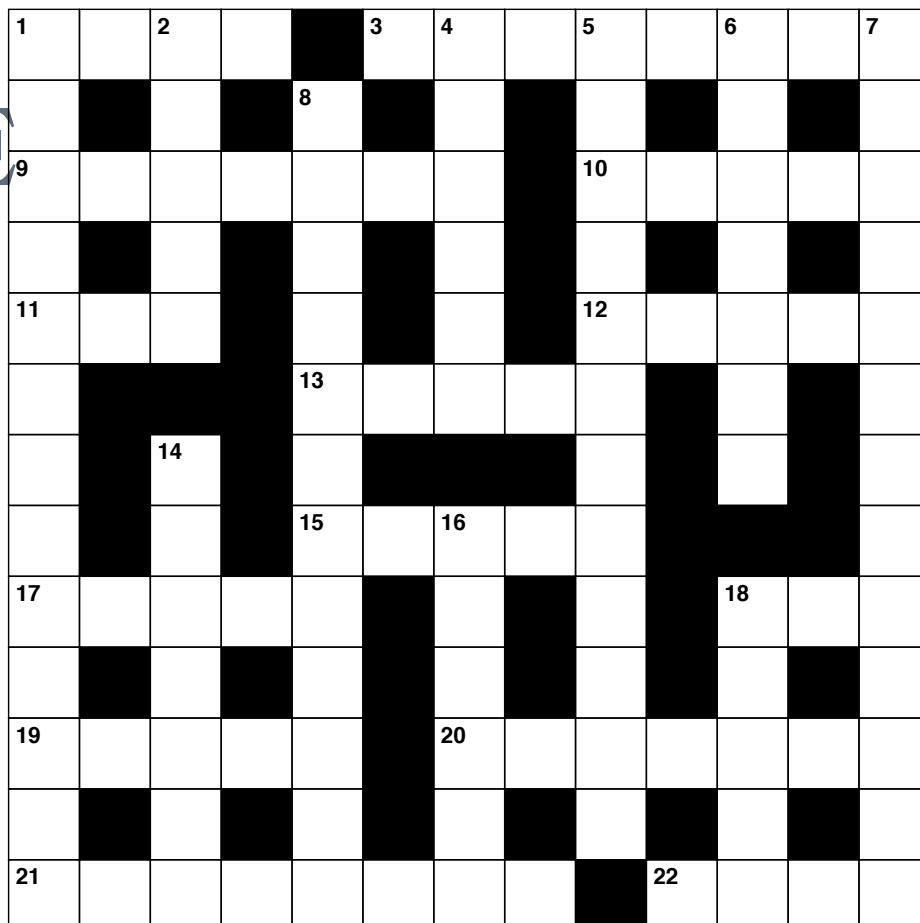
# Crossword PUZZLE

## ACROSS

1. Method; fashion (4)
3. Having considerable worth (8)
9. Steadfast (7)
10. Wash with water (5)
11. Pointed tool (3)
12. Chopping (5)
13. Strong desires (5)
15. Large intestine (5)
17. Run away with lover (5)
18. Intentionally so written (3)
19. Fill with high spirits (5)
20. Useful (7)
21. Farm vehicles (8)
22. Wear away (4)

## DOWN

1. Ineptitude in running a business (13)
2. Speak in a slow manner (5)
4. Hurting (6)
5. Not guided by good sense (12)
6. Seed-eating songbird (7)
7. Vigorously (13)
8. Formal Notice (12)
14. Small-scale model (7)
16. Foam (6)
18. More secure (5)





# Community Contacts



## Avicultural Society of NSW Inc.

Welcomes persons interested in Aviculture (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686

## ACACIA (Living Life)

Exercise programme for over 65's. FREE.  
Every Tuesday 9.30 to 10.30 am  
Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

## Aglow Australia Pennant Hills

A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

## ALANON Family Group

Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

## APEX Australia

A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney DG 0412 400 452, National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation"

## Arcadia Community Hall

136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

## Arcadia Markets

May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegee 0419 262 850  
New Stallholders always welcome.

## Arcadian Quilters

Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

## Association of Independent Retirees (AIR) Ltd

Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

## Castle Hill Art Society

Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 pm. Enquiries Ph. 98993179

## Circular Keys Chorus

Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10. pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

## Dural and District Historical Society Inc

holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

## Dural and District Prostate Cancer Support Group

holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Enquiries Denis 9629 2645 or Maurice 9654 2138.

## Dural and Districts Senior Citizens' Club

Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

## Dural and Hills District Garden Club

Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

## Dural Galston Probosc Club

We meet on the third Thursday of each month at 10am at the Galston Club 21-25 Arcadia Road, Galston. Probosc is a mixed club for retired and semi retired people who enjoy friendship, good speakers and occasional outings. Visitors are always welcome. Come along or contact Anne 9653 1004.

## Dural-Glenorie Scouts

Joues (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

## Dural Mens Shed

Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

## Friends of Fagan Park

Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpg.com.au

## Ferry Artists Gallery

Old Northern Road, Wisemans Ferry 2775.  
ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

## Galston Area Residents' Association Inc

Meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

## Galston Branch CWA

Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Pam 9653 1036 or Jann 0439 222 217.

## Galston Community Hall

37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050.

## Galston Community Health Centre

This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

## Galston Garden Club

New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

## Galston View Club

will be holding its monthly Luncheon

meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

## Girl Guides

is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

## Glenorie Maroota Bioregional Forum

Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhphc.com.au

## Glenorie Memorial Hall

Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Pat Schwartz 0419 321 276

## Glenorie Progress Association

Meets 2nd Thursday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

## Glenorie RSL Club

Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7.00pm, at the Glenorie RSL Club. Enquiries to Graham Bruce, 0432 391 811

## Hills Budgerigar Club

Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

## Hills Community Aid No Interest Loans up to \$1,000

for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

## Hills Farmers' and Gourmet Food Mkt

2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

## Hills Shire Garden Club

Meetings held on 3rd Monday of the month at 1.00 pm. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

## Hills RSL Sub Branch

Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

## Hornsby Ku-ring-gai Four Wheel Drive Club

is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

## JP SERVICES

are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

## The NSW Justices Association Hornsby Branch

meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at Maggies Waitara, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries Lydia 0417 628 873.

## Pennant Hills Photographic Club

meets on the 1st, 3rd, and 5th

## The Hills District Pipe Band

We practice at Harvey Lowe Pavillion, CH every Tues 7.30-9pm. Welcomes new members and gig enquiries. Follow us on facebook or www.hillsdistrictpipeband.com.au

## Still Creek Landcare Group

Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7.30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@iinet.net.au or

Contact Nick on 9653 2056.

## The Hills Trefoil Guild (Guides NSW)

The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall,

## CHURCHES

### Christ Church

An Anglican church located at 26 Pitt Town Road, Kenthurst, has a service at 9.30 a.m. every Sunday morning. You are most welcome to join us. Phone. 96541627 or 88517428.

### Galston Uniting Church

Service times 10.00am. Children's programmes KUFA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 12 noon to 4.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest: Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

### Galston Seventh Day Adventist Church

Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

### Glenorie Community Church

Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies

meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 602 989 Church 9652 0577.

### Glenorie Mission Church

Sunday Service 10:00 am. 1409 Old Northern Road (Cnr Muscos Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

### Hillside Church

Meets 10:00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

**St. Columba's Anglican Church**  
Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

### St Benedict's Catholic Parish

Mass at the Monastery, 121 Arcadia Road, Arcadia at 7am every morning. Mass at the Parish Church, Cnr Fagans Rd and Arcadia Rd 7pm Saturday and 9am Sunday. Ph 9653 2312. Parish Priest Fr Bernard McGrath 0416 032 497

### St Jude's Anglican

Service Times: 8am Traditional; 10am Contemporary with Sunday Kids and Yr 5-9 Teen group; 6pm Evening church for youth and parents. 'Epic'

## LOCAL SPORTS ASSOCIATIONS

### Dural Country Club Bowling Clubs

New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

### Dural Country Club

Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce | 0428 970 439.

### Dural Rugby Club

Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugbynet.com.au.

### Galston Glenorie Amateur Fishing Club

Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

### Galston Glenorie Cricket Club

For further details regarding season events, grades and registration, contact 0404 600 460. ggcc.nsw.cricket.com.au

### Galston Club Golf Club

Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

### Galston Equestrian Club

New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

### Galston Netball Club

All enquiries to secretary. galstonnetballclub@gmail.com or visit the website www.galstonncc.nsw.netball.com.au

### Glenorie Social Golf Club

Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

### Hills AUSSI Masters Swimming Club

Adults 15 years to 80+ are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun and friendship, ring Di on 0418 432 587.

### Hills Hawks Soccer Club

For season details and registrations call Michael Rosier on 0418 676 768 or agminulsations@bigpond.com.

### Hills Hawks Softball Club

Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: hillshawkssoftball.org.au.

### Hills Pumas Football Club

For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

### Kenthurst Netball Club

Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

### Tennis / Squash Social Group

Looking for new players. Call 9847 6050 or email tennisandsquash@live.com.au

### Tennis Court for Hire Galston

At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 9847 6050.

### Tennis Court for Hire Glenorie

Les Shore Reserve. Available Day or Night. Phone 0404 600 460.



# Local PLAYGROUPS

## GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email [galstonkidsplaygroup@gmail.com](mailto:galstonkidsplaygroup@gmail.com) for info about current session times, or ask at the Galston Community Health Centre office.

## GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

## ARCADIA

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562. Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having

too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

## Arcadia

Every Monday from 10am to 12noon during school terms. St Benedict's Parish, Cnr Fagans and Arcadia Roads, Arcadia. All children and their carers welcome!

## DURAL/GALSTON

St Jude's Kids Crew .A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

## KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

## IMPORTANT LOCAL INFORMATION

### HELP and INFORMATION SERVICES

General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Endeavour Energy (Outages)	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

### LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain DAVID BYRNE	9655 1656
Galston Rural Fire Service Fire Captain ROB SYMONS	0409 470 205
Glenorie Rural Fire Service Fire Captain GLYNN LLOYD	9652 2017
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	9652 2245
Middle Dural Rural Fire Service Fire Captain LEN BEST	0408 220 705

**LOCAL JP's** Bendigo Bank Galston - 9653 2227,  
Cathy Vipond Hills Accounting, Glenorie - 9652 2400  
Vicki Brownless - 0423 727 826 (South Maroota area),  
Cherrybrook Shopping Village, Shepherds Drive,  
every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays  
between 1:00 PM and 3:00 PM.

## CALLING ALL

# Playgroups



If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

**Please send your Playgroup location and meeting days/hours to:**

**[editorial@galstoncommunity.com.au](mailto:editorial@galstoncommunity.com.au)**



## GALSTON, GLENORIE & HILLS RURAL COMMUNITY NEWS

PO BOX 211 GALSTON NSW 2159

### ADVERTISING

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[advertising@galstoncommunity.com.au](mailto:advertising@galstoncommunity.com.au)

### EDITORIAL

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[editorial@galstoncommunity.com.au](mailto:editorial@galstoncommunity.com.au)

### ADS/ARTWORK/DESIGN

[info@galstoncommunity.com.au](mailto:info@galstoncommunity.com.au)

### ACCOUNTS

**Kai** | 0459 303 600  
[accounts@galstoncommunity.com.au](mailto:accounts@galstoncommunity.com.au)



## Deadline for March 2020 Edition

18th January | 7000 COPIES DISTRIBUTED

### Answers from December Issue

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# CHOOSING TO SELL YOUR PROPERTY WITH A REAL ESTATE AGENT

We look at what an agent does, and how you can ensure you're choosing the right real estate agent to sell your house and get the best value. Although it is possible to sell a property without an agent, securing a good real agent is one of the best ways to ensure you receive the highest possible price for your home. "An agent's value most prominently lies in their market knowledge and finely tuned negotiation skills," says Nick Boyd, Head of Belle Property Sales and Business Development. "A good real estate agent will have a strong understanding of current market conditions, and in-depth knowledge of what buyers are looking for. Plus, a healthy database of potential buyers and a thorough understanding of what kind of marketing campaign will work for your property and the buyer you're after," Nick adds.

## WHAT DOES AN AGENT DO?

A real estate agent will help you sell your property, and get the best price for it, using key strategies. There are seven strategies an agent will most commonly use, including presentation, marketing, strategy, communication, buyer engagement, strategic pricing and negotiation.

"The bottom line is, you hire a professional for most other services you need in life, so why would selling your home be any different? Yes, it's an additional cost, but it's a cost that will save you time, energy and a lot of emotional stress. Plus, you're likely to get a better price at the end, meaning the agent fees often pay for themselves," Nick adds.

## WHAT TO LOOK FOR IN YOUR AGENT?

### Experience, skills and background

"At Belle Property, our priority is the coaching and development of our agents, because education and training are vital to achieving great results for clients. We were recently awarded for our Training and Education program by a major industry publication, so the proof is in the pudding," says Nick.

### Marketing and open homes

It's a good idea to look at the agent's previous and current sales to get an idea of their marketing skills. Pay attention to the photos and the text they use and critically consider if they have presented the property in the best possible way.

It's also worthwhile attending their open homes to see how they conduct themselves. How do they greet potential buyers? How professional are they? This will give you an idea of how much effort they will put into presenting your home.

### Communication and reputation

Word of mouth is a powerful recommendation, but it's also worthwhile checking out online reviews and social media pages. "Also consider the agents communication. Ask them key questions and consider how and how quickly they respond. You want someone who will keep you up to date with your sale and be able to communicate with potential buyers too effectively, so communication is important," adds Nick.

The market is on the move, do you know what your property is worth?

To find out more, book a confidential market appraisal today!



31 Cairnes Road,  
Glenorie



Galston (SOLD OFF MARKET)

- 5 Acres
- 4 Bedroom home
- Pool and tennis court
- Private cul de sac



17 Wanaka Place,  
Glenorie



252 River Road,  
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# YOU COULD WIN UP TO \$10000.00\*



## Members Badge Draw

**NOW on Wednesday & Friday nights between 6:30pm and 9:30pm**  
**Jackpots \$300 per week**



THE GALSTON CLUB

## GALSTON ROTARY

OUR ROTARY BOOK COLLECTION BOX IS BACK

STARTING FROM JANUARY 9TH 2020

All books to be placed in boxes or heavy duty plastic bags.

The Original Giant Book Fair will be held from the 26th till the 28th of June. Head to the website at <http://www.galstonrotary.org.au/> for more information.

21-25 Arcadia Rd Galston 2159 ph 9653 2017

80'S FLASH BACK AT THE GALSTON CLUB

8:30-11:30PM FREE SHOW

February 1st

## Lunch Specials

**Monday to Saturday**

Members \$9.90  
Visitors \$11.90

10% Public Holiday surcharge applies

## All day specials

**Monday to Saturday**

Members \$14.90  
Visitors \$16.90

Includes a Schooner of Coopers or Glass of Chain of Fire Wine or Soft Drink

10% Public Holiday surcharge applies

## Members Happy Hour

**Monday to Friday 4pm-5pm**

Excludes Public Holiday

STARTS 7TH FEB 9 PM

## KARAOKE NIGHT

1ST FRIDAY NIGHT OF EVERY MONTH

Prizes to be won!

KARAOKE WITH PETER TAKCHI

FRIDAY NIGHTS AT THE GALSTON CLUB

Live Music Every Friday Night After Raffles

Sex on the Beach \$10 FROM 9-10PM

FEATURING

Jess Reefman 14th February

Jenelle 21th February

ANTOINE 28th February

### TUESDAY

- Tuesday nights Poker \$20 buy in rego starts at 7pm

### WEDNESDAY

- Bingo – ticket sales from 10am. Bingo starts 10.30am sharp
- Over \$700 in prizes to be won!
- Trivia 8pm
- Raffle tickets on sale 7pm
- Total Value of raffles \$500
- Joker Jackpot \$5200\*

### THURSDAY

- APL Poker Free Roll plus Jackpot\*
- Pool Competition Max Prize \$200\*

### FRIDAY

- Monster raffle, 40 prizes to be won, tickets on sale 7pm
- Total value of Raffles \$1500
- Spin n Win

### SUNDAY

- Kids eat Free (1 x kid eat free/minimum spend per adult \$16.90), 12years & under
- 10% Public Holiday surcharge applies

\* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication.

Badge draw LTPS/18/25700 and Spin n Win LTPS/18/29513 information for members & their guests.

ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: [www.galstonclub.com.au](http://www.galstonclub.com.au)