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# Galston, Glenorie & Hills Rural COMMUNITY NEWS

November  
2019

The Original Community Magazine since 1971.

## LOCALS RALLY FOR FARMERS

Local year 10 Galston High School student, Tahlia Grace, is studying Agriculture. She had heard about the drought and the strife some farming families were in and she wanted to

do something to help. With support from her mum, Simone from Chicken Fish Takeaway in Glenorie, she started putting together some plans as to what she could do. Following some research on the best area to target, she made contact with the CWA at Marthaguy, a farming area about 70kms from Warren (2hrs out of Dubbo). With a list of what was needed, she set about putting up some posts on facebook, and Simone helped by putting donation tins in the shop.

Offers started to flood in quickly. Locals donated hay, dog and animal feed, toiletries, 5 litre water boxes, plus money donations. In fact in just 10 days they raised over \$12,000 in goods and money donations. It was an amazing response from our very generous community.

With help from another local family, the Marsdens, they loaded everything into two trucks and headed out. At Warren (the closest town) they stopped to buy petrol vouchers, IGA food vouchers and meat vouchers from the butcher for the local families. Monthly on a Sunday, all the local families attend church, and their visit coincided with the Church service, so here they



gave out the vouchers, and also drove back to some of the farms to drop off the hay and animal feed.

On their journey they saw empty dams, dusty paddocks and very thin, scrawny animals and families that were really doing it tough.

So on their return, they have set up a charity 'Our Plate to their Paddock'. Please follow them on facebook. A 'Go Fundme' page is also planned. Donations can be made either by dropping into Chicken Fish Takeaway in Glenorie, following them on facebook or donating directly to the Charity's account at Bendigo Bank Galston BSB 062313 acc 10189855. Other donations of hay, animal feed and animal milk powder would also be appreciated.

**They plan another trip before Christmas. Well done Tahlia. Great work.**



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## PUBLIC EXHIBITION

### Presentation of Financial Statements

Hornsby Shire Council's audited Financial Reports for 2018/19 and the Auditor's Reports for the same period will be presented at the Council Meeting on 13 November 2019. Everyone is welcome to attend.

The Income Statement result is a surplus of \$7.6 million before capital items.

The Reports are available on Council's website at [hornsby.nsw.gov.au](http://hornsby.nsw.gov.au) and at Hornsby Shire Council's administration building at 296 Peats Ferry Road, Hornsby.

Written submissions on any aspect of the Financial Reports or Auditor's Reports must be received at Council by 20 November 2019 and will be referred to the Auditor.

Address for written submissions:

■ Email: [hsc@hornsby.nsw.gov.au](mailto:hsc@hornsby.nsw.gov.au)

■ Post: Hornsby Shire Council,  
PO Box 37,  
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# Neighborhood Watch

# REPORT

Please report all suspicious incidents to local police or the police assistance line on 131 444.

## CRIME STATS TABLE

SUBURB / CATEGORY	Incident Start Month					
	2019-04	2019-05	2019-06	2019-07	2019-08	2019-09
<b>ARCADIA</b>						
Break And Enter - Dwelling				1		
Steal From Dwelling						1
Stolen Vehicles	1					
<b>BERRILEE</b>						
Break And Enter - Dwelling			1			
<b>DURAL</b>						
Break And Enter - Dwelling			1			
Break And Enter - Non Dwelling	1					
<b>FIDDELTOWN</b>						
Malicious Damage						2
<b>FOREST GLEN</b>						
Break And Enter - Dwelling	2					
<b>GALSTON</b>						
Assault (Non-DV)						1
Break And Enter - Non Dwelling	1				2	
Malicious Damage				1	2	
Steal From Dwelling			2			1
Steal From Motor Vehicle		1	1	2	6	5
Steal From Person			1			
Steal From Retail Store			1	1	1	
Stolen Vehicles		1		1		
<b>GLENORIE</b>						
Break And Enter - Dwelling				1		1
Break And Enter - Non Dwelling					1	
Malicious Damage						1
Steal From Dwelling	1	2				6
Steal From Motor Vehicle	2					
Stolen Vehicles	2					
<b>MIDDLE DURAL</b>						
Break And Enter - Dwelling					1	

A vehicle was stopped on Old Northern Rd, Glenorie for an RBT in early October. Further information led police to search the vehicle where drugs were located secreted within a tin. A 39yo male from The Ponds was issued a Field Court Attendance Notice and will appear at court later in the month .



Another couple of Trucks got stuck in Galston Gorge this month and the last one was given a \$2,306 fine and 3 months rego suspension. This truck caused significant damage to a guard rail and retaining blocks.

An empty property in Harrison Lane, Glenorie, was broken into with vandals causing about \$1000 in damage. Sometime between 11am on Wednesday, September 4, and 2pm Wednesday on September 18, someone gained entry to the property and ransacked the premises, stealing six tap faucets and stripping copper pipes from the bedroom, kitchen and laundry. The victim had only recently purchased the property and was planning to demolish it and build a new home in its place.

Police were called to Cattai Ridge Rd in the early hours of the morning (late September) after calls from witnesses who saw a white Nissan rip an electrical substation from the ground. A Hills Police spokesman said the incident caused a large explosion, which woke several neighbours. "Police were making their way to the scene when the white ute passed officers in the other direction, still dragging the sparking electrical substation down the street." "Police engaged in a pursuit, which went through several back roads in Glenorie ending in a dirt road." The spokesman said the officer lost the ute during the chase but the Nissan and substation were found alight in an Arcadia nursery.

For tip on how to keep safe go to [WatchOut.org.au](http://WatchOut.org.au)

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## Galston CWA News

# KIDS IN THE KITCHEN

Could baking be more popular than youth sport? Some would say so based on the popularity of shows such as MasterChef Junior, Kids Baking Championship and Chopped Junior to name a few. Well here's a little local baking competition to get the kids excited about - The Land Cookery Competition for young competitors is offering junior bakers a chance to show off their skills.

CWA Galston branch is inviting local school age children to participate in The Land Cookery Competition:

- Decorated Butter Biscuits for 12 years and under as at 31 March 2020
- Cinnamon Tea Cake for 18 years and under as at 31 March 2020

Entry and registrations open 2pm on Wednesday 27th November. Judging

**Wednesday 27th  
November, 2019  
From 2:00 PM**

**CWA Galston Branch**  
Galston Health & Resource Centre  
Cnr The Glade &  
17 Arcadia Rd, Galston

commences 3pm. For all junior competitors arriving after school, please let us know prior that you are competing, and the judge will wait for you.

The recipes supplied on page four of the following link must be used - [https://www.cwaofnsw.org.au/visageimages/Committees/The\\_Land\\_Cookery\\_Recipes18-19.pdf](https://www.cwaofnsw.org.au/visageimages/Committees/The_Land_Cookery_Recipes18-19.pdf)

Please read The Land Cookery Schedule before commencing your entry - <https://www.cwaofnsw.org.au/cookery.html>

**For more details please contact Jann  
0439 222 217 or Anne 0404 228 209.**

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## BIN COLLECTION DAYS CHANGING FOR SOME

Bin collection days will change for some residents of Hornsby Shire, starting from Monday 11 November.

Affected residents will be notified directly through the mail over the coming weeks and by having stickers placed on their bins.

It is a result of the boundary adjustments to Hornsby Shire, which disrupted the previous patterns of collection.

"This is an important measure to help us improve the efficiency and reliability of the bin collection service," Hornsby Shire Mayor Philip Ruddock said.

"It may cause some inconvenience in the short term, but its ultimate goal is to ensure a better service for all."

Residents can visit [hornsby.nsw.gov.au/bincollectionchanges](https://www.hornsby.nsw.gov.au/bincollectionchanges) to find out if their collection day is going to change.

"We know this is going to be a significant change for some and we're working hard to make sure that it goes as smoothly as possible," Mayor Ruddock said.

"We're calling on residents to work with us as we undertake this transition."

**Visit [hornsby.nsw.gov.au/bincollectionchanges](https://www.hornsby.nsw.gov.au/bincollectionchanges) to find out if your collection day is going to change.**



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# SALVATION ARMY

BY KATY JOSCELYNE

Spring has truly sprung, and as we enter into the countdown towards Christmas and the birth of Christ, our thoughts and prayers are with those who are less fortunate than ourselves. Individuals and families fighting poverty, illness and uncertainties in their lives, regardless of their culture and beliefs are always welcome at the Salvos.

Our 2 Hills District stores, one in Dural and the other at Glenorie, operate to bring you the best in donated items, from clothes and crockery to boots and books, and everything in between!! Money raised goes straight back into our community to support those in need.

Summer fashions are now on the racks, as are sandals and sling-backs. Electric heaters are giving way to coolers and fans, and Christmas decorations, ornaments and china will be finding their way onto the shelves.

It is with much sadness that we share with you the passing of Sue Cawley on 6th October. Sue was an integral part of the Friday Linen Ladies team, always positive, always wearing a smile, and played a large role in the cohesion of the Friday afternoon volunteers. Our thoughts, prayers and support are with her husband, Rob, and daughters, Lisa and Amanda.

## SALVOS HALF PRICE DAY

Both the Dural and Glenorie Salvos stores will be running their popular

**Half Price Storewide Sale on Saturday 30 November.**

Our doors open at 9am and we will close at 12.30pm.

**EVERYTHING in both shops will be marked down 50%!**

Come early! Enjoy the fun of browsing for pre-loved items and collectables.

We look forward to seeing you

## SYDNEY TO THE HUNTER

8TH NOVEMBER 2019

BY CORRI BYRNE

ONE80TC, a Sydney based charity, are hosting their annual cycling event on November 8th 2019.

Departing from Lynwood Country Club, Pitt Town and heading up via Berowra Waters to the Central Coast, the event will likely impact traffic between 8:00 am and 9:00 am.

There are three groups of riders, approximately 20 per peloton, that will be supported by front and rear vehicles including support buses. These will be well signed and have flashing orange lights to alert any drivers.

Please allow extra time for school drop offs or work schedules. This event is by far our largest fundraising event of the year and assists



ONE80TC in continuing its life saving work of transforming lives of those caught in addiction and substance abuse typically triggered due to trauma and mental health issues.

ONE80TC appreciates your support and understanding as our cyclists make their way out of Sydney.

Any questions please forward to [events@one80tc.org](mailto:events@one80tc.org). Find out more about ONE80TC via our website, [www.one80tc.org](http://www.one80tc.org).

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BY ASH JAMES

# BIVIANOS HEAD CHEF SHARES HIS TASTES

**T**he special thing about dining at Bivianos Dural is the excellent taste of the meals which match the team that creates them. As Christmas, the New Year and summer holidays approach, new tastes and food as art are topics on the mind of head chef, San, at Bivianos.

With a wealth of experience, he is often creating new recipes as different iconic days

pass throughout the year. As Bivianos use seasonal vegetables and produces, he enjoys applying fresh ideas to the menu.

The Bivianos team source products from top quality local produce suppliers and farmers markets as well as from around Australia.

"Ideas usually come from flavours that make me imagine other meals that

somehow spin off from what I'm cooking at the moment," he said.

Every month the kitchen staff conduct an itinerary of the food and research local produce suppliers and other areas that supply the products they're looking for.

"It's deeply satisfying, producing traditional cooking tastes with so many different ingredients that we fall in love with over again because of how they can be refined on the plate," he said.

He strives to produce top quality meals that reflect the products he uses including back Angus tenderloins and lamb backstraps, the latter which is hailed as being among the tastiest parts of the lamb: the eye of the loin.

"That's the part of the lamb that has a bit of fat, it doesn't leave the meat dry. It's very juicy. If it's slowly cooked it won't be left dry, tasting great and very juicy."

The chefs make their own seasoning and marinades.

Two examples of their new creations are from this year's Melbourne Cup menu.

I had a herb-crusted rack of lamb and enjoyed the softness of the pea mash and the beetroot puree.

The chocolate brownie on vanilla anglaise was delicious.

The annual Biviano's Melbourne Cup Luncheon is on Tuesday November 5 from 11:30- 4pm.

**Limited seats are still available.**

**Book tickets on [www.trybooking.com/BEIXV](http://www.trybooking.com/BEIXV).**



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# NEWS FROM THE FRIENDS OF FAGAN PARK

BY IAN BROWNING



Our next open day will be on Australia Day, January 26 2020, which is a Sunday. Keep the day free and pay us a visit.

The 1918 International truck restoration has achieved another milestone of sorts, with the first finish colour "International red" paint being applied to the chassis, sub-frame and differential. I know I have featured a photo of the chassis previously, but now we really are at a turning point where we can start reassembly. We were able to obtain the paint to our colour specification both in bulk for spray painting, as well as pressure packs for the small parts. The following week we painted many minor chassis related items the same colour, and the steering box (it is black).

It is pleasing that many visitors now ask about the truck, having followed its progress through these pages.

The recent rains have transformed the Netherby gardens. All the roses have burst into bloom, and one genus (dear to my heart), is represented by both November lilies (*lilium longiflorum*) which will provide a mass of its fragrant white trumpet flowers soon, and tiger lilies (*lilium lancifolium*) which flower about Christmas. Both these lilies were once commonly grown in cottage gardens. Anyone wanting bulbs should let us know about Feb/March when they can be lifted.

The Fagan Park museums and Netherby Homestead are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each month during the afternoon. All visitors are welcome.

Contact me at the park on a Tuesday or phone anytime if you would like to join us.

**Ian Browning, Honorary Curator, 0419 435 475.**

**O**ur Spring Open Day on the October long weekend was excellent. Perhaps not as many park visitors attended as on some other occasions, but there was great interest nevertheless. The Chevrolet truck "Annie Lorrie" had starter troubles and needed to be crank started, and the Leyland Cub, the pride of the fleet, also developed a starter problem and ended up being towed and pushed at the end of the parade. This all makes things more interesting! The Bave-U engine had its debut, and is an interesting exhibit.

Our hot air engine ran faultlessly all day. This is one of our rarest artefacts and attracts much interest due to its most difficult to understand mode of operation. Its inventor, Stirling, patented the principle in the early 1800's, and by the late 1800's they were widely used for domestic water pumping, particularly in USA. They were obsolete by the 1920's.



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# DURAL BOWLS HAS A NEW *Minor Singles Champion*

The weather conditions were far from perfect for the Minor Singles Competition Final between Marilyn Bonvino and Cheryle Hobart, with intermittent showers stopping play on several occasions, but that didn't dampen either player's enthusiasm or expertise. Both played superbly and accurately...the score on many ends being tied. In the final stages with the score at 21 all, it could have gone either way, but then Marilyn's experience came to the fore, scoring a further 4 points, making it a thrilling and very close 25-21 finish. Well done both ladies! Cheryle, a new bowler, was also welcomed to the Committee at the Quarterly Meeting on October 8, along with Gwen Scott and Carol Lingham, and all were presented with their first Committee Badges by President Robyn Scoble whilst Committee Members, both present and past were thanked for all their hard work throughout the previous year.



## EASTBEND UPDATE AND NOTICE OF UPCOMING 2019 AGM

The next Eastbend Rural Communications meeting will be the AGM, to be held at 1.30pm on Monday 11th November at the Resource Centre, Maroota Public School, 4540 Old Northern Road, Maroota.

An election will be held to choose members of the Executive Committee for the coming year.

If you wish to stand for or nominate someone for a position or have anything you would like to discuss or have help with in the meantime please contact the Secretary, Vicki Brownless at [livingheritage6@gmail.com](mailto:livingheritage6@gmail.com), or Tessa Corkill, at [2archaeics@gmail.com](mailto:2archaeics@gmail.com) or 9652-1470 at any time.

As always, from 1pm on 11th November there will be a light lunch and time for a chat before the meeting starts.

We look forward to seeing you there!



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# THIS WILL SET YOU FREE

John enjoyed the time he spent with his mates at the local club. Shopping at his local Center was his other passion. He was deprived of his social life when his driving licence was taken away from him. John found walking a couple of hundred meters a great challenge. He disliked depending on others for his daily club and shopping Center visits. John was too determined to give up what is important to his life. He rediscovered his mobility, independence and social life with his new found partner, Everest, his mobility scooter.

A mobility scooter means different things to different people. For some, like John, Everest is his primary mode of daily transport. For others, it's a portable convenience they carry in the boot of their car, to be used at Shopping Malls, Flower Shows, Exhibitions or in a Cruise on Holidays. For some, therefore its weight and functionality are very significant. As Helen said, its her new pair of legs, that guarantees her independence and offers her dignity. Its of paramount importance to think about

what you expect from a mobility scooter and discuss with your family members as well as your health care professionals before you get one. Once you have decided, find the one that meets your unique situations at your local mobility store.

It's a not a great idea to put off the decision to get a mobility scooter for a long time after you discontinued your regular driving. This may adversely impact your ability to coordinate and drive a scooter confidently. A responsible Mobility Scooter Provider would ensure that the potential user is capable operating and taking care of the scooter for his own and the safety of the general public. John said while losing his driving licence was a difficult one to digest, he said that was the responsible thing to do. His decision to transition to a mobility scooter helped him realise that it was easier to drive than a car and it did really set him free.

**If you are keen to find that independence and freedom, please head to [www.comfortdiscovered.com](http://www.comfortdiscovered.com)**



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## THERE'S AN APP FOR THAT... LET'S PERSONALISE YOUR EMOJIS!

BY **DEBORAH AMOS**

I have been having a bit of fun with my own personal Memoji (Apple) and Bitmoji (Bitstrips Inc.) Apps. Both Apps work in a similar way although, Memoji is automatically installed (depending on your Apple phone version), and with Bitmoji you will need to go to the App store to download.

The idea is that you can produce a personal Emoji which looks a bit like yourself. I did feel the Bitmoji App gave you more options, including adding my grey hair and I probably should have added a few more wrinkles. I have to say, I tried both Apps and it was quite fun. When you message people from your mobile phone, or tablet, you are able to use the personal emoji to express how you feel, instead of the classic emojis that we are used to. NB: Memoji will only work with Apple devices whilst Bitmoji works with both.

On the Apple devices you are also able to use Animoji with your image which means you can add speech with your mouth moving in time. Just another thing to have fun with, or maybe waste your time with, depending on how you look at it.

There are over 2 million apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. Debbie on Mob: 0418296217 or email: [nfo@debbiedoesit.com.au](mailto:nfo@debbiedoesit.com.au)



## HORNSBY LEISURE POOL CLOSED FOR REPAIR

Due to unexpected repairs the leisure pool at Hornsby Aquatic and Leisure Centre will be closed for an undetermined period of time. Cracks have been found in some of the tiles.

The other pools remain open and steps will be taken to limit the inconvenience caused, including extending the hours of the waterslide.

"The Aquatic Centre is among Council's most popular assets and we deeply regret anything that limits its value to the community," Hornsby Shire Mayor Philip Ruddock said.

"However, safety must always be our absolute top priority and we need to fix this without delay. "We are currently investigating what work will be required and how long it will take. "We guarantee we are moving as quickly as possible to get the pool re-opened."

The water slide will now operate in the morning as well as the afternoon on weekdays, while its advertised weekend hours will not change.

Swimming lessons will continue as normal, with lessons that take place in the leisure pool transferred to the 25-metre pool. The 25-metre pool will also be available for lap swimming and gentle exercise at various times throughout the week. Visit [hornsby.nsw.gov.au/halc](http://hornsby.nsw.gov.au/halc) to see the times.

"This is obviously not an ideal situation and we apologise for any inconvenience," Mayor Ruddock said. "We greatly appreciate the community's patience as we work towards getting the Aquatic Centre back to its full capacity."

Updates will be posted on [hornsby.nsw.gov.au/halc](http://hornsby.nsw.gov.au/halc) as further information becomes available.

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## Bin collection days are changing for some residents.

**Changes commence Monday 11 November 2019.**  
Affected residents will be advised.

To find out more visit: [hornsby.nsw.gov.au/waste](https://hornsby.nsw.gov.au/waste)  
or call our Waste Hotline on 9847 4856



# COUNCIL WILL HELP YOU

## *Desex Your Cat*

Hornsby Shire Council have partnered with the National Desexing Network to offer a subsidised cat desexing program.

Eligible residents will be able to have their cats desexed significantly cheaper than would otherwise be available.

"There are many benefits to cat desexing, which go beyond the obvious importance of controlling feral cat numbers," Hornsby Shire Mayor Philip Ruddock said.

"Desexed pets generally live longer and healthier lives, thanks in part to the reduced risk of cancer and other diseases.

"The ideal time for desexing is between two and four months, before they can get pregnant."

The fee is \$55 for male cats and \$65 for female cats.

Phone 1300 368 992 or visit [hornsby.nsw.gov.au/catdesexingprogram](http://hornsby.nsw.gov.au/catdesexingprogram) to find out if you are eligible.



Our three latest Queen's Scouts:  
Amy, Chloe and Lucy

# LOCAL SCOUT GROUP CELEBRATES 80 YEARS

*1st Dural Scout Group has their 80th anniversary this year.*

In December 1939, the Reverend Ronald O'Brien of Arcadia received his warrant to become a Cub Master for 1st Dural Cub Pack in the Parramatta District and this marked the beginning of the 1st Dural Scout Group. Over the years the Group met at several locations in the District including Leaders' garages and makeshift halls until finally moving to its present purpose-built hall in the 1985.

We now have five Sections for different ages: Joeys (6-8yo), Cubs (8-11yo), Scouts (11-14yo), Venturers (14-18yo) and Rovers (18-25yo). Girls and boys have been members in all Sections since 1990.

1st Dural Group has had 34 members achieve their Queen's Scout award, which is recognised by communities in most countries across the world.

Scouting offers Australian youth a program that contributes to their personal growth, offers leadership development opportunities, develops resilience, and prepares them for the challenges and opportunities of a 21st century global community.

1st Dural Group currently has vacancies for Girls and Boys from 6 to 25 yo.  
More information can be obtained from [1stduralenquiries@gmail.com](mailto:1stduralenquiries@gmail.com)



## *A ladies afternoon of* **FASHION, FIZZ AND FUN**

**SATURDAY 16 NOVEMBER 2 PM  
AT THE GALSTON CLUB**

The Rotary Club of Galston welcomes you and would like to thank you for your support  
Proudly supporting the Hills Women's Refuge

Pls book online [www.trybooking.com/bfaaj](http://www.trybooking.com/bfaaj)  
Cost is \$20.00 per person, champagne and canapes on arrival

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DURAL PH 9651 4799





# Clearways proposed for NEW LINE ROAD AND BOUNDARY ROAD

**M**otorists will be able to enjoy a smoother journey along New Line Road and Boundary Road with clearways proposed for the busy section of road between Dural and Pennant Hills.

Member for Hornsby Matt Kean MP said new clearways are proposed to improve traffic flow and reduce delays for motorists who travel along the key corridor. These proposed changes are going to ensure all lanes are available to traffic during clearway hours which help reduce congestion.

Mr Kean said clearways are already in place along Pennant Hills Road and Castle Hill Road to help ensure reliable traffic flow along the busy corridors.

We are also proposing to introduce some new No Stopping restrictions to operate along sections of Boundary Road and New Line Roads, mainly at intersections, to improve safety."

The new clearways would operate in both directions from 6am to 7pm on weekdays and from 9am to 6pm on weekends and public holidays. Transport for NSW has investigated business parking along New Line Road and Boundary Road and observed customer parking is available within business premises. There is also parking available in side streets near community facilities.

**All feedback on the proposed clearways will be considered and the community and motorists will be kept informed as the project progresses. Comments can be provided by emailing [clearways@rms.nsw.gov.au](mailto:clearways@rms.nsw.gov.au) or calling the project team on 1300 706 232.**

**For more information about the Sydney Clearways Strategy visit [rms.nsw.gov.au/clearways](http://rms.nsw.gov.au/clearways).**

# BONE DRY HAY RUN

*If you don't laugh – you'll cry.  
Let's laugh for the farmers!*

Local fundraising group "Bone Dry Hay Run" are bringing some comedy to Galston to raise more much needed funding to assist farmers in the Brewarrina Shire of far north-west NSW. Their aim is to provide drinking water, stock feed and other necessities to the struggling farmers in this part of NSW.

You, your family and friends are invited to their **ADULTS ONLY (18+)** Comedy for a Cause event being held at the Galston Club on Saturday 30th November 2019. Tickets are \$35.00 per head. Doors open at 7:00pm, comedy starts at 8:00pm. (Warning: this show may contain adult themes and offensive language). The show will include 1 headline and 2 support comedians along with a handful of fundraising activities, including a raffle.

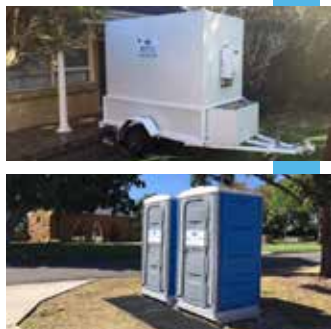
Please show your support and join us for a few laughs, all in aid of a worthwhile cause.

Check the 'Bone Dry Hay Run' Facebook page in early November for the ticket sales link.



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## Be prepared for fire season.

With the bushfire season fast approaching, it's timely to think about the protection of your home, contents or investment property.

And knowing your biggest assets are properly covered is important.

Is the insurance you have, the cover you need?

**To review your insurance needs, get a quick quote or arrange cover call 9653 2227 or drop into Galston & District Community Bank Branch at 348 Galston Road.**



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## PARLIAMENT HOUSE AWARD CEREMONY

**R**abia Rasul is a devoted 17 year old girl, currently a student in year 12 of Mount Saint Benedict College. Within the past year, Rabia has received a myriad of awards and medals through her dedication towards extra-curricular activities and her passion for charity work. Due to her commitment and her efforts to raise money for charity, she was awarded the Dame Marie Bashir Peace Award. Rabia was one of 6 girls throughout the state of NSW who was awarded with this honour, and in doing so she was invited to NSW Parliament house to be esteemed. On 30th September 2019, Rabia attended the Parliament House Award Ceremony and her Peace Award was presented by Dame Marie Bashir herself along with the National Council of Women of New South Wales. The Dame Marie Bashir

Peace Award recognises women who have made an outstanding contribution to harmony in many ways, and those who have fostered harmonious relationships and shown persistence and courage in the field of peace and harmony within the wider society. Rabia's involvement in various multicultural activities, including her organisation of Harmony Day events in 2016 & 2018 where she fundraised over \$7500 for Careflight and her role in countless advocating and embracing the need for cultural diversity in the community have led to her being the recipient of this award. Through the eagerness and vision that she possesses, she has been the recipient of many awards honoring her devotion towards great causes, and her passion in going out of her way to help others has officially been recognised.





# Tea with the MONKEYS




Banana Cabana Guesthouse and Primate Sanctuary is home to many monkeys retired from zoos, circus's and private ownership. Please join us for a journey we hope will touch your hearts as we introduce you to our residents each with a colourful and unique history. Our fully escorted keeper tours are followed with a scrumptious high tea overlooking the gardens and Sanctuary.

**Bookings essential**  
[www.bananacabana.com.au](http://www.bananacabana.com.au)  
**Ph (02) 96511108**



Your support in visiting our Sanctuary is truly, sincerely appreciated and enables us to continue to care for our beautiful residents





The past month has seen us busy planting our summer crops into the soil here at Warrah Biodynamic Farm - tomatoes, zucchini, cucumbers and eggplants, among others. Everyone has been enjoying the lovely spring weather and customers of our Farm Shop have been eagerly purchasing seedlings for their veggie patches, along with their regular organic produce and grocery shopping.

Biodynamic farmers view the farm as a living entity in its own right. Healthy soil is teaming with microorganisms. So rather than applying artificial chemical fertilisers to the soil, we endeavour to truly enliven the soil with the application of natural fertilisers and biodynamic preparations. In addition to a focus on the earth, we also optimise the potential for growth by paying heed to the natural rhythms of the cosmos. Everyone has probably heard experienced veggie gardeners talk about growing according to the phases of the moon. Below is an adapted extract from Grasping the Nettle written by Peter Proctor, which explains this concept from the biodynamic farming and gardening perspective:

"We see the moon moving in an arc from east to west. When we see these arcs getting higher every day, the moon is ascending and when we see them getting lower every day the moon is descending. So as the moon takes 27.3 days to complete this cycle, each ascending and descending period lasts about two weeks. [During an ascending period] growth forces and saps flow upwards more strongly and fill the plant with vitality." Seed germination is also part of this upward striving, and so this is a good time to sow. During the descending period the earth "draws growth forces back down below the soil surface. The lower parts of the plants, especially the roots, are activated." This is a good time for composting, applying biodynamic 500 cow horn preparation and for transplanting seedlings.

If you have not done this before, why not experiment with managing your plantings in your own veggie patch on the basis of these cycles and track the results? Warrah Farm Shop sells a large range of organic seeds and also regularly has veggie and herb seedlings available for purchase.

# WARRAH

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# PATHWAYS PSYCHOLOGY INSTITUTE

2019 has been a big year for Galston based Pathways Psychology Institute. We are thrilled to see our first cohort of Diploma students enrolled in our ASQA accredited Diploma of Counselling (CHCC51015) approaching their graduation. This year also saw us accredit our very own course, a Graduate Diploma of Trauma-Informed Processwork Psychotherapy (10779NAT). Our Graduate Diploma course is the first government accredited training in Processwork Counselling and Psychotherapy in Australia! We are currently enrolling students in both courses, classes commence in February 2020.

2019 also saw the establishment of our student clinic, Pathways Community Counselling Clinic, the development of which would have been impossible without the continuing support of Bendigo Bank, Galston Branch. The student clinic is a triumph and an important asset for our school, enabling student interns approaching graduation to learn from supervised hands-on training, whilst serving clients from our local community. This is an invaluable resource to the local community, providing high-quality, affordable counselling and psychotherapy services. For more information about the

clinic visit [www.pathwayscounselling.org](http://www.pathwayscounselling.org) or call 0434 293 116.

Pathways Psychology Institute creates a unique learning experience within a warm community atmosphere, small classes with personalised supervision and coaching, which our students love. Our courses focus on Processwork counselling and psychotherapy techniques which develop the student's ability to notice the precise details of how each human being processes his or her life (and his/her internal world), learning to choose the approach that matches each unique individual client's needs. A significant emphasis is placed on encouraging and supporting our students with personal development, as well as professional growth. This journey brings deeper meaning and self-understanding into their own daily lives, as well as their future clients.

Our courses are offered both for face-to-face and at-a-distance.


Pathways Psychology Institute is currently offering a 20% off, early bird special, to students enrolling for 2020 in either of our courses.

Applications are now open for scholarship programs, full and partial scholarships available, see website for details and to download an application form.

For more information please visit our website [www.pathwayspsychology.com.au](http://www.pathwayspsychology.com.au) call (02) 9653 2228 to speak with a member of our team or email [info@pathwayspsychology.com.au](mailto:info@pathwayspsychology.com.au) for an information package.


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Processwork Psychotherapy (10779NAT)**



## Christmas Mosaic Workshops

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Out of my superb bitch "Lizzie" (pictured) and by a mate of mine's excellent yard working dog (Lone Pine Stud). \$800.

**Phone Glen 0410 627 489 - Rouse Hill area**



# MY HEARING'S ALREADY CACTUS, SO WHAT'S THE POINT?

19 November is International Men's Day. So we've been talking to men about the health of their hearing. At Hear-Clear we emphasise wearing hearing protection when undertaking noisy tasks and wearing hearing aids when hearing loss affects normal living. Here's what some men have said when we've had this conversation.

**1** My hearing's already cactus, so what's the point in wearing ear protection? Every exposure to excessive noise (over 85 dB) causes damage to the hair cells in your ear. If you already experience Noise-Induced Hearing Loss, it is still important to protect the remaining healthy cells to minimise further damage.

**2** Will hearing aids make my tinnitus louder? Tinnitus is ringing in the ears that can only be heard by the sufferer. It is caused by your brain "creating" a noise to fill the gaps in the sounds it is processing. Modern hearing aids

can mask tinnitus and reduce the severity of your symptoms.

**3** I am managing OK, so why do I need hearing aids? As humans, we are very adept at adjusting to our changed circumstances. You may be managing quite well. But often it's the loved ones who suffer the stress of communicating with a person with hearing loss.

If you have a hearing loss, it is likely other people are more aware of it than you.

**4** If the noisy machine isn't bothering me, doesn't that mean it's OK? If you have a hearing loss, then the noisy machine may sound bearable. But it is still doing damage. If it is over 85dB, it is essential to wear earplugs or earmuffs.

Protect your precious hearing. Once it is gone, you can't get it back.

**Hear-Clear is celebrating International Men's Day all month in November. We are offering all men a FREE Hearing test in November.**

**Phone 9651 7379 and make an appointment today.**

Contact Hear-Clear Australia  
Dural; Shop 16, Village Green, 22-24  
Kenthurst Road, Ph: 9651 7379  
Find out more at [www.hear-clear.com.au](http://www.hear-clear.com.au)


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Hear-Clear Australia is celebrating

## INTERNATIONAL MEN'S DAY

\*\*\*\*\*

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**Offer ends 15th December**

*\*Can not be used in conjunction with any other offer*

\*\*\*\*\*



Call 9651 7379 to book your spot TODAY



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 Shop 16, Village Green,  
 22-24 Kenthurst Rd., Dural  
[www.hear-clear.com.au](http://www.hear-clear.com.au)

# THOMAS AND MARY BEST'S BICENTENARY IN MIDDLE DURAL

A celebration of the bicentennial of settlement at Middle Dural by Thomas Best, his wife Mary Becket Best and little daughter Esther, was held at Glenroy Cottage, Middle Dural, during History Week, on Sunday 8 September.

Around 80 Bests attended, from interstate and country NSW, as well as those sending their best wishes from the UK. Most were relations of Thomas Samuel, the eldest son of Thomas, however we also welcomed representatives of Thomas' siblings Peter (Gunning), and Robert Holt (Wagga Wagga) and Sarah Best Hancock. Mayor Dr Michelle Byrne, Pam Wilson from the Hills District Historical Society and Michael Bell President of the Dural and Districts Historical Society were special guests.

Liz Pellinkhof welcomed us to Glenroy Cottage, named in memory of the original house of James Frederick (Glenroy) on the corner of Cranstons Rd and Old Northern Rd which burnt down in mysterious circumstances following its sale (after the death of the last family member, Roy Spencer Best).

Michael Bell spoke of the joys and difficulties of defending and maintaining

heritage buildings in the Hills District; nearby photographic displays of the last remaining Best houses, St Elmo and Springhill, on the Old Northern Rd ridge (between Cranston's rd. and Middle Dural Rds) illustrated his point.

Jo Hambrett spoke on the recent restoration of three of the Best graves in St Jude's cemetery.

Sisters, Shirley Best Clark and Barbara Best Churchill, daughters of Fred and Ness Best sponsored the restoration project. Thomas Best and his brother John rest in Gunning Church of England cemetery in a family vault.

Rod Best, a family historian on the Best Family gave a very colourful and highly entertaining talk on the changing of social attitudes in the years between convicts George and Martha and the future generations.

The formalities ended and the Best clan was free to enjoy the displays and partake of afternoon tea. The generosity of the descendants of Thomas Samuel was staggering - displays of a sword gifted to Thomas Samuel by the Governor and a branding iron, wonderful photographs, a

suitcase of letters and a family Bible to mention a few.

Dr Byrne, Mayor of Hills Shire Council reflected on the celebrations "We are fortunate in the Hills to have a rich history full of amazing people who have contributed to making the Hills what it is today.

"It was wonderful to be part of the 200 years celebrations of the Best Family Dural and to learn more about our wonderful history right here in the Hills. It was incredible to see the cottage and the barn and to meet family members who gave me a real insight into what life would have been like in Dural 200 years ago!"

"It is important that we remember and celebrate our history and ensure future generations have an appreciation of where we have come from as a community and the people who have shaped our community over the past couple of hundred years"

To hold such a significant event in the home built by Fred (great grandson of Thomas), and Ness Best, now owned by Liz and Eric Pellinkhof, added an extra meaningful dimension to the significance of Middle Dural's first settlers.

## CASTLE HILL CRIME WAVE

Over 3 days our staff were subjected to a wide range of frauds resulting in the theft of \$140,000 worth of tradesmen's high-pressure drain cleaning equipment.

The first case was a simple credit card fraud when a stolen card was used to purchase a \$15,000 item which was then picked up from Gladstone Road by courier.

The second item only 2 days later was carried out using fake order numbers from a major Australian public company. The order forms appeared to be okay but again, \$110,000 of goods were picked up in two separate incidents by couriers.

Castle Hill Police have been on the case for over one month and the incidents have been widely publicised by Australian Pumps Industries who were the victims of the theft. Numerous leads have been handed to police and we understand investigations are ongoing.





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 Please drop in and pick up at our local agent  
 - Glenorie Post Office - for your convenience.



# Latest News



## from the Mayor's Desk

It's that time of year again, when we celebrate all that is great about our local culture with Hornsby Shire Council's Festival of the Arts.

This time it is particularly special because we are celebrating the 10-year anniversary of the festival, putting into action everything we've learned over a decade of shaping this fantastic event. For more than a month we will showcase the best of our local talent, which officially began with the spectacular Garden Party at Wallarobba Arts and Cultural Centre.

As always, the highlight of the festival will be the Hornsby Art Prize Finalists' Exhibition, also held at Wallarobba, which will run until 27 October. However, that's barely scratching the surface of everything on offer.

Other great events will include the Four Seasons Concerts at Glenhaven, Summer Avenue (an exhibition featuring Studio Artes), a paper flower workshop, Christmas Boutique Show and Sale, Sustainable Gift Wrapping, Arcadian Artists Exhibition and Arts Trail, and much more.

Make sure you check out [fota.com.au](http://fota.com.au) to see everything that is on offer.

**Philip Ruddock**  
Mayor  
Hornsby Shire Council

## WHAT'S ON

### CELEBRATING 10 YEARS

**VISUAL ARTS**  
**LITERARY WORKSHOPS**  
**MUSICAL RECITALS**  
**ART TRAILS AND MORE**

**FESTIVAL OF THE ARTS**  
**2019**  
19 OCTOBER - 30 NOVEMBER

#FOTA FOTA.COM.AU

### WHAT'S ON AT WALLAROBBA ARTS AND CULTURAL CENTRE

25 Edgeworth David Avenue, Hornsby.

#### CREATIVE CARERS: A JOURNEY THROUGH HEALING ART

Until 4 November,  
9.30am-12.30pm  
Beatrice Taylor Hall

#### FOUND NARRATIVE – UNTETHERED FIBRE ARTISTS

Until 10 November,  
10am-4pm

#### PSYCHOMACHIA

An exhibition by the 2018 Hornsby Shire Emerging Artist, Ben Walsh

12-17 November,  
10am-4pm

#### PRINT MAKING WORKSHOP

Studio ARTES  
13 November, 10am-1pm  
Cost: \$60

#### ECO DYE WORKSHOP

Studio ARTES  
16 November,  
10am-3pm  
Cost: \$135

#### DANCER'S LANDSCAPE

An exhibition by the 2018 Wallarobba Outstanding Local Artist, Ross 'Rosco' Philip  
19-24 November,  
10am-4pm

### EVERY PICTURE TELLS A STORY

Wallarobba Printmakers Exhibition  
27 November-2 December,  
10am-4pm

#### WALLAROBBA PRINT STUDIO

Fridays during the festival,  
9.30am-2pm

### WHAT'S ON AT HORNSBY LIBRARY

28-44 George Street,  
Hornsby

#### PAPER FLOWER WORKSHOP

2 November,  
1pm-3pm  
Cost: \$10

#### SCRAPBOOKING WORKSHOP

23 November, 2pm-4pm  
Cost: \$10

#### FUROSHIKI – SUSTAINABLE GIFT WRAPPING

30 November,  
11am-1pm  
Cost: \$10

### WHAT'S ON ELSEWHERE

#### LIVING BY THE RIVER

Until 30 November,  
Saturdays and Sundays,  
9am-5pm  
10 Dangar Road,  
Brooklyn

### SUMMER AVENUE

Art exhibition featuring Studio Artes  
Until 30 November  
Summers Avenue Family Medical Practice,  
Mount Colah

#### CANDY MATSON P.I.

Presented by the Stepping Out Theatre  
2 November, 8pm  
3 November, 2pm  
Club Berowra, 997 Pacific Highway, Berowra  
Cost: \$15 concession, \$20 adults

#### SILVER PIERCING WORKSHOP

9 November, 10am-3pm  
Wisemans Ferry Community Hall, 3 Singleton Road,  
Wisemans Ferry

Cost: \$75 donation to ferry artist gallery,  
\$50 for consumables

#### ARCADIAN ARTISTS EXHIBITION AND ARTS TRAIL

9-10 November,  
9am-5pm  
Eight venues in the Galston, Arcadia and Berrilee areas.

#### FOUR SEASONS CONCERTS AT GLENHAVEN

12 November,  
9.45am-11.30am

Glenhaven Green Retirement Village, 599-607 Old Northern Road, Glenhaven

Cost: \$20 per person

#### ARCADIA MARKETS AND OLD SKOOL CAR SHOW

16 November, 8am-3pm  
Arcadia Public School  
St Columbus Church,  
Arcadia Community Hall,  
138-140 Arcadia Road,  
Arcadia

#### THE GALSTON CONCERTS YOUNG PERFORMERS AWARD GALA

17 November, 2pm-4pm  
Galston Uniting Church  
11 School Road, Galston  
Cost: adult \$40, senior \$30,  
uni/high school \$10,  
12 and under free

#### CHRISTMAS BOUTIQUE SHOW AND SALE

21 November, 1pm-6pm  
23 November, 9am-5pm  
24 November, 9am-4pm  
Thornleigh Community Centre,  
Corner Phyllis and Central Avenue, Thornleigh

Cost: Gold coin donation

#### CELEBRATING SMALL WORKS

30 November, 5pm-7pm  
Wisemans Ferry Central  
5557 Old Northern Road,  
Wisemans Ferry

For more information visit  
[fota.com.au](http://fota.com.au)

## LEISURE POOL CLOSED

Due to unexpected repairs, the leisure pool at Hornsby Aquatic and Leisure Centre will be closed until further notice. All other pools remain open.

For more information visit:  
[hornsby.nsw.gov.au/halc](http://hornsby.nsw.gov.au/halc)



# GLENORIE PROGRESS ASSOCIATION

## THE HILLS SHIRE COUNCIL SURFACING ROADS

The Hills Shire Council has been busy surfacing smaller neglected roads in the Glenorie area including a full re-surface of Pinus Ave and Smallwood Road off Halcrow's Road, which is home of Sandstone Sales. Thank you to the council for investing in these necessary improvements. Since the tragic fatal accident on Cattai Ridge Road, The Hills Shire Council has also reviewed the safety of the entire road. Council engaged an independent consultant who recommended improved signage, road markings and road improvement. In correspondence with Council, Michael Lathlean, Manager - Asset Management, Traffic & Parks, said: "It would appear that the intersection of Halcrows Rd and Cattai Ridge Rd is far from satisfactory so I will include an amount of funding for a redesign of the intersection in next year's Works Program." While we are talking investment, Les Shore Reserve: The Hills Shire Council is on track to complete the upgrade of the amenities building at Les Shore Reserve by end of November. The refurbishment of the old store rooms into 3 larger store rooms with roller door access will benefit the local community and sports teams including Hills Pumas FC. We look forward to Council's continued investment in the area and thank them for their attention.

## LOCAL SMALL BUSINESS CONCERNS

Over the past several years we have heard stories from local business owners who have had a tough time with council red tape. At Glenorie Progress Association we want to encourage local business. Local business means more local employment. Local business means



less people commuting in cars to congested centres for their work. Local business means local services. We have noted several well run, well known and viable businesses who have had to make other arrangements or move their business due to council. It could be as simple as keeping trucks in your yard or repairing equipment at your home that is causing an issue. If you know of or have had such an incident please send your details to Callum Hoogesteger, Secretary [callumhoogesteger@gmail.com](mailto:callumhoogesteger@gmail.com). We plan on running a local business forum in the new year to see what can be done about better support for local business.





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## HORNSBY COUNCIL RURAL LANDS STUDY

Hornsby Council is undertaking a Rural Lands Study. This is probably a once in a decade or more chance to have your input to the character and lifestyle you would like for the Hornsby side of Glenorie. We would encourage as many as possible to participate. **The Glenorie Community Workshop with two sessions will be held at Glenorie RSL Monday 4th November from 2pm till 4pm and 6:30pm till 8:30pm. You can register your interest here: <https://future.hornsby.nsw.gov.au/event/rural-lands-study-community-workshop-glenorie-2/>.**

## GLENORIE MEMORIAL HALL, WAL BUCKINGHAM PARK

The GPA, Glenorie Memorial Hall Committee, Glenorie RSL Sub-branch and Hornsby Shire Council are working together to plan and deliver safety and aesthetic improvements to the Glenorie ANZAC Cenotaph and surrounding park. We have applied for a grant to assist in the funding and are working collaboratively on plans. It is agreed that an element, to be determined, will be dedicated to the memory of Ray Whiteman and the amazing contribution he made to our community. The Whiteman family will also be involved in and contribute to the improvements. Watch this space.

## WHAT INITIATIVES WOULD YOU LIKE TO SEE ACTIONED IN GLENORIE. HAVE YOUR SAY.

You can make a meaningful contribution to the progress of Glenorie. What do you think of: Netball Courts at Les Shore Reserve, or maybe a skate park? Do we need a path from the village to the oval? Does Ted Schwebel Park need toilets and shade? Whatever the idea or need, Hornsby and Hills Councils as well as State and Federal Governments appreciate the input of Glenorie Progress Association to assist in their planning and expenditure.

Next meeting Thursday 14 November at 7pm at Glenorie RSL.

You can find out more or join or renew at [www.glenorieprogress.org](http://www.glenorieprogress.org)

# GLENORIE MAROOTA BIOREGIONAL FORUM

PO BOX 240  
GLENORIE NSW 2157

The Annual General Meeting of the Glenorie Maroota Bioregional Forum will be held at 7.30pm on **Wednesday 4th December, 2019** at the Community Hall, Old Northern Road, Glenorie.

An election will be held to choose members of the Executive Committee for the coming year.

If you wish to nominate for any position or have anything you would like discussed during the meeting please email to PO Box 240, Glenorie, NSW 2157 or contact the Chairperson Carolyn Hall at [carolyn@dhphc.com.au](mailto:carolyn@dhphc.com.au) or 0418 651 300, or Co-ordinator Pat Schwartz at [deblacko7@hotmail.com](mailto:deblacko7@hotmail.com) or 9652-1276.

Anyone is welcome to attend and we look forward to seeing you there!

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# **NO PARKING** THE POLITICS OF ACTIVE TRANSPORT

*"75 Million trips per day are taken by private car in Australia, with an average of 1.1 persons per car. More than 50% of those trips are for distances of 5km or less."*

One way to alleviate traffic congestion and create more parking spaces is a critical mass of individual decisions to take less, or no short trips by private car. The paucity of car parking at some NW Metro rail transit hubs might be a subtle push toward such changes in commuter behaviour.

'Active transport' isn't just about biology or an anti-car conspiracy theory- it has grown into a global social movement, benefitting leading cities and the environment the world over. Anyone who is privileged enough to travel overseas, would agree that you don't see enormous parking lots along, say, the Paris Metro, or the busy Hammersmith transit hub in London. But what you do see are highly efficient public transport services, orderly bike share scheme docks and extensive networks of dedicated or shared bicycle lanes or footpaths; all radiating out for 20km or more to and from every transit hub. Cyclists and pedestrians have priority over motor vehicles- particularly at busy traffic intersections, while obstructive regulations and petty police 'crackdowns' on bicycle or pedestrian 'offenders' are conspicuously absent.

NSW State, however, currently has over 100 draconian demerit fines, custom crafted and updated in 2016, which obstruct bicycling in NSW, starting at \$112 right up to a shameful \$448. Pedestrians only have a modest 41 demerit fines to worry about and pay \$75 for each 'offence.' This

criminalisation of ordinary citizens just trying to do something very positive is depressing if you try to engage with your external environment and live an active, healthy lifestyle. It also completely undermines and contradicts the State's own commitments to active transport and health.

Every beautifully designed and landscaped new station on the NW Metro rail link is a model example of how to use public and active transport to get from A to B. But around two of them, namely Castle Hill and Cherrybrook, the good work is only within a small radius. Further infrastructure for cycling and walking is still to be retrofitted around these stations because they are both perched upon confined, steep-sided ridgelines traversed by Castle Hill Road and Old Northern Road. These busy arterial roads currently accommodate no other personal transport option, except a fossil fuel assisted one. Fortunately, the other NW Metro Stations are not on ridgelines and have been 'future-proofed.' Surrounding geography is fairly flat and they are quite easy and safe to access on foot, or with a bicycle because this has been included with previous and existing infrastructure developments in areas surrounding Showgrounds, NW, Bella Vista, Kellyville, Rouse Hill and Tallawong rail stations.

But for those residing west of Galston Gorge in the vicinity of Arcadia, Galston, Glenorie, Forest Glen or Kenthurst and beyond- we are all just a bit too 'far' away (more than 10km, but 'far' is a state of mind!) to regularly benefit from the nearest rail stations. So we've developed a culture of driving everywhere by default, as we have had to be self-sufficient 'out here' for decades. We decided to live far away from city crowds and consistent metro services. Besides, nothing beats the convenience and luxury of having a personal car to use whenever you like. However, change is here now and it's irrevocable. How we manage that change to benefit the environment- and us as a community- is key. Ensuring we all have access to cheap, efficient and safe alternatives to private car use will become a critical quality of life factor in the not too distant future.

South-bound commuters, no matter what bridging transport they choose, still face several obstacles to access the NW Metro, and it appears we have not been considered in transport plans doing the 'have your say' rounds of 2019.

\*Old Northern, Newline and Castle Hill Roads all have frustrating bottlenecks and some rather lethal intersections. Road upgrades are way overdue and not scheduled for anytime soon.



\*There are seven schools along this ridgeline alone and thousands of scholars go to and from school every day in convoys of private cars. 'School Traffic' and parking woes in the vicinity of these schools are just accepted as part of the daily ritual while perpetuating a cycle of dangerous traffic conditions around schools- but what other alternatives are there currently? Primary and high school kids (and their parents) should have the choice of safe, active transport routes to schools and work, because statistically, they certainly are not safe in their cars. There were 140 driver/passenger deaths in motor vehicles as opposed to 8 cyclist and 34 pedestrian deaths in the first half of 2019 in NSW.\*

\*Local bus services are still too infrequent and many don't go direct- enormous, mostly empty buses are not very appealing and will not coax us out of our cars either.

\*It would take a very average cyclist just 45minutes to cycle commute from Galston to Castle Hill (12km) or Cherrybrook (11km) via Old Northern Road. If you own an E-bike to assist you up the hills, your NW Metro cycle commute will take under 30minutes! A bicycle uses a fraction of the road space that a car does, so one can bypass any traffic bottlenecks. Cycle commuting south to NW Metro and back may be quicker than driving there in peak hours, but is the mental stress and threat of road rage, injury or an untimely death, worth it? Due to our inadequate access roads, no cycle path networks and steep off-ridgeline gradients- this is a difficult and dangerous route to ride.

A safer bet, if commuting in by car from the semi-rural north, might be to compromise and park a good 2 to 5km away from the cars and associated Ranger Danger circling train stations. Research and plan your route, choosing a suitable station. Extract your bicycle from the car and enjoy cycling through quiet suburbs, business parks or along any cycle paths you might find, while safely and efficiently bridging that proverbial 'last mile' to and from your rail station of choice. But do remember, we are one of only three countries in the world that mandates wearing a bicycle helmet. (aka 'foam hat') The penalty is an incommensurate \$337 fine if you don't wear one or perhaps forgot to fasten the strap!

All new stations have adequate bicycle parking, but some of it is still being rolled out. Cyclists have a choice of exterior racks, free bike sheds or hire lockers for that hero \$10,000 Colnago! Station lifts can take up to five bikes at a time if you need to take yours with on the train, but rail network travel conditions apply.





# GALSTON NETBALL

**T**sara Affarian has been playing netball with Galston for 6 seasons and has umpired for the last 2 years. This year she was awarded the club's Simpson Perpetual Trophy for outstanding umpiring commitment. She shares some of her passion for the game.

"Teamwork, making new friends and having a go is what has pushed me to keep playing netball over the past five years. This is also what inspired me to start umpiring last year. Seven years ago, when I was in year three, I was watching some older kids in my school play netball. They looked like they were having so much fun and so something inside my little head decided, that this was the sport for me. Since then I have made so many lovely friends whom I have shared some great experiences with, including going to Gala days, getting in semi-finals and winning the grand final three years in a row. We had some very successful games and some not so much, but we couldn't have achieved any of this without our amazing coaches and managers. They come to training every week with more tips and tricks to beat the team that is always one place ahead of you on the ladder."

Last year I thought I would give umpiring a go and honestly, at the time this was one of

the scariest things I thought I would ever do. First, I studied the whole netball rules booklet in preparation for a test, which I had to get 75% or more on, and I thought that was the scariest bit, but I was wrong. Next, we had to go to Pennant Hills Park and do the practical section. This was the first time I had ever actually physically umpired a game... the scary meter just moved up to nine. Of course, I was freaking out for no reason. The mentors helping us were amazing, they gave us lots of compliments and lots of feedback on how to improve. All the other girls were so nice, I kept thinking they were judging me, but how could they really, we were all going through the same thing. When the time came for me to umpire my first game, I was really nervous, but it was fine because we all had mentors for the first year.

That year went by so quickly and at the end of it I was loving it. When it was time to start umpiring again for the second year everything was smooth sailing, thanks to all the help I received the year before. One extra bonus was that this year I would get paid! Starting umpiring, helped my confidence grow, not just on the court but also as a person. Overall, I have loved playing netball and umpiring with Galston netball club, and I really would like to



encourage lots of other girls to get involved with the best sport in the world".

Galston Netball Club fields teams aged 6 years to adult in the Hills District Netball Association winter competition and runs clinics for our younger players throughout the year. In the year players turn 13 they can start umpiring.

For further information please contact secretary.galstonnetballclub@gmail.com



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# Heartbeats

By Mary Ord

*Heartbeats is about recognising the good news stories which are happening in our community.*

**Contributions please send to [advertising@galstoncommunity.com.au](mailto:advertising@galstoncommunity.com.au)**

## Dural Public School Memories

I attended Dural Public School from Kindergarten to Year 6 in the years 1962-1968. I lived close, so walked to school. I loved school, but preferred "playtime" to the class work, until 6th class, when I started to enjoy both.

About 7 years ago, a couple from our 6th class arranged a reunion for us. We now have about 10 girls, who often connect and if able, come to our 6 monthly or yearly luncheons. It's wonderful to reminisce and hear of others' journeys.

As the school is this year celebrating its 150th Anniversary, I asked the girls to write a good memory they each had of school "back then". Here's some thoughts from 6 of us.

**Fran:** In those days, many families in Dural were small business owners, usually primary producers. Some were well off, others did it tough. Each day we queued for milk and when the new oral sabine against polio came in, we queued for that too. Not much was expected of us and we didn't see the need to compete. Not much testing and No Naplan. Competent marching was a valued skill. In 1966, we stopped struggling with pounds, shillings and pence; the new Decuimal Currency was much easier.

**Debbie:** I loved the intimacy of a small school, where

relationships prioritized and sport and learning were fun. I also remember the milk was sometimes warm, as it wasn't refrigerated at school.

**Suzy:** I remember standing as a 4 1/2 year old watching Dad cut up watermelon and handing it over the fence to the school kids, who loved it. I met a girl called Diane one day, who became a friend. I was happy to go to school the next year.

**Lyn:** I recall the Tuckshop which operated out of one of the weathersheds- the bread rolls with peanut butter were "pure Bliss". Also, all the girls did sowing classes with Mrs Dalton, where we made aprons and placemats.

**Ida:** Folk Dancing was on Fridays on the Quadrangle. The watermelon from Suzy's Dad, next door, was delicious! And I recall the new Sport names: Aquila, Dorado, Lepus and Columba.

I also thought of the Sport houses and recall these names were adopted in our 6th class. I was in Aquila.

We had a box pleats sports uniform with a tassel for around our waist.

Dural Public School was and is still a great school!

*Christine Stockman*



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# HORNSBY ART PRIZE WINNERS ANNOUNCED

The winners of the Hornsby Art Prize have been announced, with Rew Hanks taking home the top prize for an image of a female figure surrounded by birds.

His artwork, Josephine's Ark, was described by the judges as a "masterful synergy of medium and content. Witty,



challenging and contemplative – a mesmerising combination of elements to create a truly outstanding work."

The Hornsby Art Prize is the main event in the annual Festival of the Arts, which this year is celebrating its 10th anniversary.

"It's been amazing to watch the festival grow and develop over the past decade," Hornsby Shire Mayor Philip Ruddock said.

"It began quite humbly but is now a genuine showcase of our community's artistic and cultural talent."

Special effort is made to highlight the work of local artists, particularly with the Wallarobba Outstanding Local Award.

This year it was won by Rona Sissons for her work, Udderly Delicious.

According to the judges, "It is a piece that demonstrates wit and whimsy and which demonstrates a use of ceramics that take it beyond the conventional."

## OTHER WINNERS INCLUDE:

- Category Winner - Digital Art Stills  
**Janet Tavener**
- Category Winner - 3D Works  
**Debra Jurss**
- Category Winner - Drawing  
**Claire Tozer**
- Category Winner - Printmaking  
**Roslyn Kean**
- Category Winner - Painting  
**Ross Richardson**
- Hornsby Shire Emerging Artist Award Winner  
**Kate Nielsen**

The prize winners, along with the finalists, will be on exhibition at Wallarobba Arts and Cultural Centre until 27 October.

To find out everything else that is happening in this year's Festival of the Arts, visit [fota.com.au](http://fota.com.au).

## ARCADIAN ARTISTS TRAIL

Set aside time next weekend, November 9 and 10, to take in the amazing creativity that is showcased in the Arcadian Artists' Trail.

The work of 50 acclaimed artists will be on show and for sale and for the third year Warrah at Dural will be involved.

The disability organisation provides services to adults and children and runs a very successful fine arts program.

This year Warrah artists will exhibit their works at 'The Stable' Studio of Diana Booth at 2 Laurie Road, Dural alongside five other artists.

The eight studios along the Trail will be open from 9am to 5pm with artistic demonstrations held at various times including ceramicists to woodworkers, jewellers, sculptors and textile artists. Works will be available to purchase.

### The open studios are:

**DURAL:** Diana's Booth's Studio, The Stable at 2 Laurie Rd,

Dural. The Arthouse Pavilion "Shyihli" at 25 Muraban Rd Dural

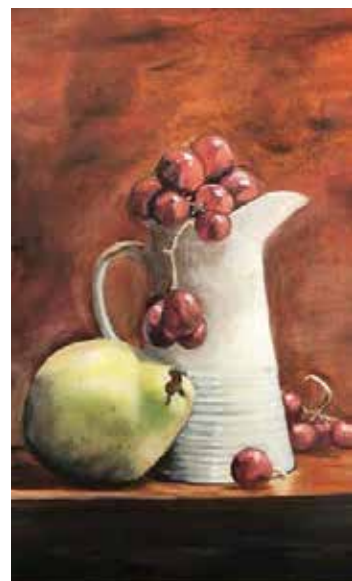
**GALSTON:** Ulric Steiner Studio, 38 Calderwood Rd, Galston and Pine Valley Studio at 6 Pine Valley Rd, Galston.

**ARCADIA:** Kathleen Berne's studio at Bloodwood Rd will be open and Sandra's Ceramics Studio at 10 Nollands Rd, Arcadia.

**BERRILEE:** Eastbourne Art at 12 Charltons Creek Rd, Berrilee will be open along with new venue to the Arcadian Artists Trail, Studio Coomeallah at 19 Charleston's Creek Rd.

You can collect an informative brochure from the Dural Information Centre, Bendigo Bank in Galston and at most local shops and restaurants in the Galston/Dural/Arcadia area.

Or visit [www.arcadianartists.com.au](http://www.arcadianartists.com.au)



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# FESTIVAL FARE FOR GALSTON-GLENHAVEN

The Hornsby Shire's 2019 Festival of the Arts offers two great concerts in The Hills in November.

Galston Concerts close their 2019 series with a Young Performers Awards Gala of dazzling, talented young musicians, Sunday 17 November.

The program, starting 2pm in Galston Uniting Church, features 'tomorrow's stars today' in popular Classical and contrast styles.

Pianist Lawrence Wei, a prolific prizewinner at this year's Sydney Eisteddfod, will bring the concert grand to life with Romantic flair.

The church historic organ will resound to the music of J S Bach from prize-winners of the recent Organ Music Society of Sydney young organists competitions.

Champion of Champions from this year's Ryde Eisteddfod, Eunice Cheng will perform virtuoso violin while laureates from the Ku-ring-gai Philharmonic Orchestra's 2019 Concerto Competition and Sydney Conservatorium's Rising Stars talents will join the bill.

A rousing send-off is taking shape with local bandmaster maestro James Brice conjuring a brass and winds finale.

Gala enquiries to Helen Jordan 0425 339 841 with pre-sales available through trybooking.com (search Galston).

Those who can not wait till the Gala in Galston can consider the Four Seasons concert at Glenhaven Green on Tuesday, 12 November, starting 9.45 with morning tea before a one-hour concert at 10.30.

Pianist Matthew Brooks with violist Robert Harris will perform '1919 ... and the Roaring Twenties', a multi-cultural program of Classical and contrast styles from ballet, opera to ragtime, tango and Broadway.

Glenhaven concert enquiries to 8858 4900.



## RUSTIC AND RURAL Artisan Weekend

16TH - 17TH NOVEMBER

Situated in expansive cottage gardens amongst the native bushland of Glenorie, the Rustic and Rural Artisan Weekend will take place for its third consecutive year. This provincial market will showcase and celebrate local florists, growers, artisans, craftspeople and sellers of vintage and timber wares.

The event will take place on the 16th and 17th of November from 10am to 4pm. As all exhibitors will be undercover, the event will go forth in rain, hail or shine. Coffee and wholesome food will also be available for you to enjoy while perusing the market. It is a wonderful opportunity to support local artisans and purchase unique gifts just in time for Christmas.

Because we care for our environment this will be a zero-waste event so please come prepared with shopping bags and coffee cups. Reusable coffee cups will also be available for purchase on the day.

For more information please contact Ruth Fugar at [barakeepottery@gmail.com](mailto:barakeepottery@gmail.com).

Address of event: 135 Miller Road, Glenorie NSW.



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## CASTLE HILL ART SOCIETY PAINTING WORKSHOP AND MARKET DAY!

24TH NOVEMBER 2019

### "INTRODUCTION TO TONAL PORTRAIT PAINTING" BY MARIE MANSFIELD

Whether Marie's subject is landscape, still life or a person, her intention is to capture the soul of the subject. Marie's name would be familiar to portrait painters as she has been a finalist in the Archibald Portrait Prize and a many times finalist in the Portia Geach Memorial Award. Her 2018 entry was a beautiful portrait of Jane Caro.

In this workshop she will be teaching us to study light, tone and proportion. You will begin by observing these things and rendering a study first in monotone and finishing with colour. Marie paints in oil but it is tone that is at the heart of this workshop and so is not restricted to oils.

The fee is \$90 and a materials list will be published on our website closer to the date.

Contact Gayl Finocchiaro on 0409 321 588 to register your interest.

*On the same day, CHAS members will be setting up their market day stalls with paintings, books, curiosities etc... a fun day for all! Come and see what is on offer.*







## ACHOURED VOICES

# AWARD-WINNING CHOIR SINGS FOR ADVENT

7TH DECEMBER

**A**Chored Voices, a Hills-based community choir, will be performing their Advent concert 'A Twilight Yuletide' on Saturday December 7th. The eclectic programme will consist of traditional and modern Christmas carols and songs from around the world, including many well-known favourites. Commencing at 7.30 pm, the concert, at Galston Uniting Church, will conclude with a light supper.

Fresh from their recent win at the City of Ryde Eisteddfod, the members of aChored Voices have been together for many years and

are all dedicated to producing a choral sound of the highest quality. The Eisteddfod, held on August 1st, saw aChored Voices placed first in both the prestigious Ryde City Council Choral Award and the Philip and Peggy Woods A Capella Choir sections.

For more information, contact Christine Henderson at [christine@achoredvoices.org.au](mailto:christine@achoredvoices.org.au)

## CELEBRATING SMALL WORKS



**C**elebrating Small Works is the next exhibition being presented by the Ferry Artists Gallery. This year's Christmas exhibition is all about AFFORDABLE ART. Our artists and artisans will be embracing an 8x8" canvas which will be available at the incredibly good value price tag of only \$80 each.

Celebrating Small Works opens on Saturday November 30th from 5-7pm and the members invite you to join them for this fabulous Christmas show.

Also available will be the usual smorgasbord of giftware, ceramics, glass art, timber sculptures, art cards, textiles and so much more!

Make the Ferry Artists Gallery the place you shop for unique, hand crafted, local made gifts and art this Christmas.

The Ferry Artists Gallery is a not for profit community gallery, so supporting your local artists is helping your local community thrive.

For more information about this exhibition or membership please contact the Ferry Artists Gallery Wisemans Ferry Central [www.ferryartists.org](http://www.ferryartists.org) Ph:45664385

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## aChored Voices Advent Concert A Twilight Yuletide

Saturday 7 December 2019

Galston Uniting Church

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and at the door from 7:00 pm

# CASH BOOST ON OFFER FOR LOCAL SPORTS CLUBS

BY MATT KEAN MP

A boost to grassroots sports development or upgrades to local sporting facilities in Hornsby are just some of the projects eligible for funding, in the latest round of the NSW Government's Local Sport Grant Program.

Member for Hornsby Matt Kean MP said this is a great chance to share in \$4.65 million in grants which will bring a huge benefit to the local community.

"There are so many clubs in Hornsby that can take advantage of this opportunity to increase participation in sport and active recreation," Mr Kean said.

"If you have a project that will boost training for coaches, promote grassroots sport or enhance existing facilities you should apply now."

The NSW Government's Local Sport Grant Program also supports local sports clubs in Hornsby which play a critical role in bringing our community together.

Funding is now available throughout NSW with \$85,000 being allocated to electorates which are considered regional drought affected areas and \$35,000 has been allocated to all other electorates.

Acting Minister for Sport Geoff Lee said sport and active recreation can help tackle childhood obesity and build safer communities.

"The Local Sport Grant Program is now in its fifth year and provides benefits for social sporting events, the delivery of physical and mental health programs and nurturing the dreams of young talented athletes," Mr Lee said.



Sport's important role in helping rural communities struggling through the drought is driving the NSW Government's latest round of Local Sport Grants.

"With the worst drought on record, increasing pressure on NSW families, sport's ability to bring communities together has never been more important."

The Local Sports Grant Program closes on the 25 November 2019.

For more information visit <https://sport.nsw.gov.au/localsport> or phone 13 13 02



## RURAL ROUND UP



BY COUNCILOR WARREN WADDELL

On 19 September Hornsby Shire Council held the Youth Future Forum. Young people from across the Shire were encouraged to attend an event held in Hornsby Park and to participate in the formation of a strategic vision for the future of Hornsby Shire. Attendees were asked to provide their perspective on subjects such as housing, work opportunities, the environment and technology. The event was a huge success and provided a model for similar events in the future.

Of critical importance to the current Rural Lands Review process is the release of our

Landscape Area maps. These Areas have been defined by what features are common to various segments of our rural neighbourhood and will form the basis for our future land use planning.

It is important that residents identify with the Landscape Area that best relates to individual properties and comment accordingly. The Landscape Area mapping will be exhibited on Council's website until 8 November. If you have any difficulties interpreting the exhibited material, you can call 9847 6726 and have it explained by one of our planning team.

Galston Village public domain planning advanced another step this month with a further workshop session including village property owners. Draft concepts related to parking, traffic flow, public toilets and play space were discussed and comments noted by management.

Finally, funding has been secured in the September budget review that will see the long awaited Glenorie bus terminus and gateway improvement plan move into design stage. It is anticipated that this will mark the beginning of an overall strategy to improve the condition and functionality of the entire Memorial precinct.

**As your Federal Member, I am here to:**

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

**JULIAN LEESER MP**  
LIBERAL FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822  
julian.leeser.mp@aph.gov.au julianleeser.com.au julianleesermp

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

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# CELEBRATING SMALL BUSINESS IN HORNSBY

BY MATT KEAN MP

October was Small Business month and it was a chance to celebrate some of the great local businesses like Cameron's Nursery in Arcadia.

Cameron's Nursery is a specialist production wholesale nursery which has been operating from Arcadia since 1992. They specialise in perennials, Rosemary, Lavender and ground covers.

Sonja and her team have won numerous environmental awards and are by far one of the great success stories coming out of Hornsby. In the past 12 months they have gone through a growth period and currently employ 22 staff.

Spring is their busiest season as they supply all sectors of the nursery and landscape industry throughout the East Coast states, which includes big names like Bunnings. Small

business isn't easy but Sonja and Andy have worked hard to build their business into the great success story it is today.

There are 765,000 small to medium businesses in New South Wales who employ 1.65 million people and many of those are right here in Hornsby.

The NSW State Government is committed to ensuring small business have what they need to not just survive but thrive. Earlier in the year the NSW State Government lifted the payroll tax threshold from the current level of \$750,000 to \$1 million by 2021-22. This will help over 5,000 businesses who now will no longer have to pay the tax.

I want to congratulate Cameron's Nursery on their hard work along with all the wonderful small businesses in Hornsby.



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## HISTORY

DURAL AND DISTRICT HISTORICAL SOCIETY INC

# NEWS FROM HISTORY COTTAGE

BY MICHAEL BELL

The Society held its AGM at its October meeting. Committee vacancies were filled but there is space for others able to commit to a little more. The president's report thanked members and the Community at large, for the support the Society had received over the year. Of special reference was the Society's concern for the deteriorating condition of some of the local built heritage which is being demolished through neglect. Hornsby Shire Council is currently asking for public comment on four of its draft LEP and members were encouraged to take this opportunity to preserve what we value in our special community.

It is our practice at that time to have a members Show and Tell. Family treasures



and historical items are shown and the variety never ceases to amaze. There was a letter from Capt, De Groot that accompanied a gift of a silver cigarette case, a dinner gong that summoned the family to meals, paintings, a hair brush and a silver shawl; all with stories to tell. There was even a Plumb axe from a local national champion axeman who died in the First World War.

On the 15/16th October sixteen members spent two pleasant days in the Hartley area. Visits to gardens at "Highfield" and "Gory'u



Japanese Gardens" highlighted the magnificent possibilities when a love of plants and plenty of space are brought together. Our overnight stay in the restored Victoria and Albert Guest House was another highlight.

Our last meeting for the year will be on Saturday the 9th November at 2.00pm. All are welcome so please come and learn more about the Society's work, the facilities available for research and to enjoy a chat and afternoon tea.

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## The Dharug and Lower Hawkesbury Historical Society

### INVITATION TO OUR CHRISTMAS LUNCH

The Dharug and Lower Hawkesbury Historical Society would like to extend an invitation to the general public to join us on **Saturday, 30th November 2019** at the Missions located next door to the Chapel at 6445 Wisemans Ferry Road, Gunderman. Please arrive at 12.30p to be seated by 1.00pm.

The Committee will be providing a sumptuous fully catered buffet including cold meats & salads followed by delicious desserts. There will be raffles on the day with some great prizes to be won.

Bookings essential: [enquiries@dlhhs.org.au](mailto:enquiries@dlhhs.org.au)  
or by phone to Jan on 0405 321 478  
(please leave a message) by  
**Thursday, 21st November 2019.**

Cost: Members \$35 / Non Members \$40.

All welcome.

**Robyn Downham**  
Publicity Officer

**Dharug and Lower Hawkesbury Historical Society**



# CELEBRATING OUR 10 YEAR ANNIVERSARY AT GEC

BY LESLEY SAXTON

**G**alston Equestrian Club has been operating as a riding club for 10 years. Where has that time gone? The opening ceremony for GEC was held at the Rural Sports Facility in August 2008. A dressage display by Mel Parbery, who at the time was a local instructor, took place that day and show jumping was held in the bottom arena. We started taking memberships in 2009. Today we are a club with 136 members.

To celebrate this anniversary, the current GEC committee hosted a dinner on 25 September at local restaurant Biviano's, where we were joined by many long standing friends and supporters of the club. It was a great evening to reflect on many happy, shared memories over the years.

Current President Liz Jones gave a short speech on the night to thank all the people who have positively contributed to the building of a strong, successful and vibrant club. GEC was built on the hard work of many people. Notably, our current members can thank: the Marra Marra trail riding group ladies who had

the initial dream of a riding club in the Galston area; Councillor Nan Horne who was our ally on Hornsby Council and who fought hard to get the Rural Sports Facility grounds; and the Steering Committee led by Barbara Anderson, John McFadden, Cherie Luck and Andrea Taylor, who did the initial club set up, including affiliation with Equestrian Australia, insurance, but most importantly, got members signed up.

Lots of committee members have generously given their time since those early days, and played a role in organising and running the busy calendar of events offered by GEC. It takes many people volunteering numerous hours to keep the club running behind the scenes, doing all manner of essential tasks. These include: sourcing prizes, ribbons and sponsors, stocking the canteen and feeding the masses, applying for grants, doing the accounts and paying the bills and instructors on time, keeping the club up to date with compliance obligations, purchasing merchandise and organising social activities including our



regular information evenings, and keeping the website and facebook pages up to date.

This anniversary evening was a celebration for all those people.

GEC is an inclusive community based club. We hope you will be on the journey with us over the next 10 years.

## ARCADIA PONY CLUB RIDER DELIVERS AMAZING RESULTS AT PONY CLUB NATIONALS!

**T**he 2019 Thoroughbred Industry Careers Pony Club Australia National Championships, hosted by PCA NSW were held recently, from the 7th to 13th October at the Sydney International Equestrian Centre, Horsley Park.

Arcadia Pony Club's very own long time member Maddie Breatnach and her horse Good Scout were representing NSW in the sub-junior division competing in the Eventing and Formal Gymkhana competitions, along with being part of the NSW team.

Maddie and Good Scout delivered amazing results with Maddie coming 5th overall in Eventing and third overall in the Formal Gymkhana. And – her NSW team won both the Sub-Junior Eventing competition AND the Formal Gymkhana!

All of us at Arcadia Pony Club would like to say huge congratulations to Maddie. Her many years of hard work and dedication to riding have certainly paid off. Well done Maddie!

**Come ride with us - join us for fun, friendship and competitions!**

Arcadia Pony Club has a "come and try" programme for riders aged between 4 – 25 years who have their own horse or pony. You can come along to a Rally Day and gain some riding instruction, meet new friends and have a lot of fun. Come by yourself or bring your pony along too and try our friendly and fun club!


**Thinking of instructing?**

Do you love horses, enjoy teaching children and think you may have an interest in becoming a pony club instructor? We would love to hear from you. We provide a safe and structured learning program in line with Pony Club NSW guidelines.

We meet the first and third Sunday every month at the Rural Sports Facility in Galston. To find out more about Arcadia Pony Club and to see our instructor profiles, please visit <http://www.arcadiaponyclub.org>



*Maddie and Good Scout – winners are grinners!*



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NORTHOLM GRAMMAR SCHOOL

# CAPTAIN RECOGNISED FOR OUTSTANDING COMMUNITY SERVICE

**M**itchell Old (Year 12) holds the position of Co-School Captain at Northholm Grammar School. On Friday 20th September, Mitchell was presented with the John Lincoln Youth Community Service Award by the Governor of NSW, Her Excellency The Honourable Margaret Beazley AO QC, at NSW Government House. The John Lincoln Youth Community Service Award was instituted to recognise Senior NSW secondary school students who have made outstanding contributions that benefit their communities. These awards define and identify role models at all levels within our communities and inspire us all to become more fully engaged citizens. It is this service beyond school boundaries that was recognised by the late Dr John Lincoln AM, Northholm's Founding Chair of Council, who initiated the Youth Community Service Award in 1992.

Mitchell has made an outstanding contribution to the local community with the sole focus to build community spirit, raise money and awareness for those in need.

As part of the Duke of Edinburgh's Award Scheme, Mitchell volunteers at the local Dural Salvation Army Store. Mitchell joined the local community band - the Castle Hill Youth Wind Orchestra. He marches annually in the Sydney ANZAC Day March and participates at the Castle Hill RSL ANZAC Day Memorial Service. Mitchell also joined the Big Band, which performs at local community events such as the Hills

District Orange Blossom Festival. He is a regular volunteer at Park Run, a community event run by locals for locals in Galston.

Most significant are the major fund raising events Mitchell has coordinated. In 2018, Mitchell, along with another Northholm Leadership student, chose to raise money for Redkite. They have co-ordinated a number of activities over the past two years including sales of roses, two Colour Runs and the coordination of a Trivia Night. To date, Mitchell and his team have raised over \$14,000 for this organisation. Most recently Mitchell and his Co-Captain organised a very successful Jazz Café event. The aim of the event was to reach out into the community through a night of Jazz entertainment.

In other community events over the past two years, Mitchell has participated as a member of the School's team in the Hills Shire Relay For Life; and in taking Northholm's musical groups into the local community at Mark Donaldson VC House at Rowland Village, a community for seniors. Mitchell has been instrumental in this series of events, including performances to those in high care as well as to those in residential aged care.

All this has been achieved while Mitchell has fulfilled his daily responsibilities as a School Captain, a committed and high achieving academic student and an outstanding musician who has multiple



weekly rehearsals and personal commitments. The School cannot speak more highly of the contribution that Mitchell has made, nor of the calibre of leadership he demonstrates as a role model to others.



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# GALSTON HIGH SCHOOL GOES FOR GOLD!

**G**alston High School students Chloe Anjoul (Year 11) and Victoria Cullen (Year 12) were recently selected to participate in the Australian Olympic Change-Maker program. The program celebrates students who demonstrate the Olympic Spirit through leadership and driving positive change in their communities, and provides the opportunity to come together with other like-minded young people from around Australia who are making a difference in their school or community.

Hosted by the Australian Olympic Committee and held at Sydney University, Chloe and Victoria took part in a diverse program of events on Tuesday 10th September that included inspirational stories delivered by past and current Olympic athletes, trying new sports and learning about those who support athletes behind the scenes at the Australian Institute of Sport.

The day commenced with meeting students from as far afield as Ulladulla in the south, Dubbo in the west and Tweed Heads in the north.

"It is amazing how our love for sport, something we all have in common, can bring so many diverse people together," said Victoria.

"After the formalities and introductions, we sat down and listened to the inspirational and funny stories told by the past and current Olympic athletes who were there. These included Brooke Hanson, competitor in Australian 100m breaststroke at the 2004 Athens Olympics; Katherine Bates, Australian track and road cyclist at the 2004 Athens Olympics and 2008 Beijing Olympics; Hayden Smith, Australian bobsledder at the 2018 PyeongChang winter Olympics; Anneliese Rubie, Australian 400m sprinter

at the 2016 Rio Olympics; and Josh Katz, Australian Judo competitor at the 2016 Rio Olympics.

"From their stories, we learned many life lessons and received helpful tips that we can apply to our everyday lives, both within the school and the wider community. One of the key messages we took away is 'it's never too late to start.'"



Chloe Anjoul (Year 11) and Victoria Cullen (Year 12) together with Australian Olympic Committee

## AUSTRALIAN SCOUT MEDALLION FOR TEGAN

Galston High School student, Tegan Edwards (Year 9) received the prestigious Australian Scout Medallion on 22nd September 2019 in a presentation attended by Scouts, family and friends from across New South Wales.

Tegan is a member of the 1st Dural Scout Group and is the first awardee for the group in well over a decade. The Australian Scout Medallion is the highest award earned by Scouts, achieved by only the top 5% of Scouts in Australia, and is given for displaying leadership, organisation, drive, determination, resilience and high-level practical Scouting knowledge such as campcraft and hiking.

In her citation for the award, Tegan was acknowledged as follows:

"Tegan has been a vibrant and enthusiastic member of 1st Dural since she was a Joey Scout in 2010. From Joys she progressed onto Cubs and attended Cuboree in 2014. During her Scouting journey, she has grown both in skills and leadership. She completed her Leadership Activity through planning, running and reviewing a three element, fun-filled base at the 2019 Cuboree.

"Tegan has methodically worked her way through every challenge she faced, and in her time as a Scout, Tegan attended the 2019 Australian Jamboree and has been an active participant in every camp and activity opportunity available. She led her Green Cord Patrol Hike to the Snowy Mountains in March 2019 and, despite facing an unexpected cold snap with snow and sub-zero temperatures, she supported them through the challenging conditions. Tegan's bushcraft, camping and hiking skills are a testament to her passion for Scouting.

"Tegan has been an active supporter of other youth sections across the 1st Dural Group, assisting with many camps, community events and other activities as her leadership skills developed. She has worked hard to demonstrate Scouting values and live by the Scout Law. She is an inspiration to a new wave of young leaders across the 1st Dural Group."



Tegan Edwards with her Australian Scout Medallion and certificate

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## PREP - PACIFIC HILLS CHRISTIAN SCHOOL

# CAR RACING WITHOUT A LICENCE!

**T**hey don't have their P's yet but they are racing an F1 car at up to 80 kilometres per hour on a track.

A group of Year 11 students from Pacific Hills Christian School, at Dural, have joined the global F1 in Schools STEM Challenge and are using this experience to advance their understanding of Science, Technology, Engineering and Maths.

Their car is only a model, and the dual lane computer-timed track is just 22 metres long, however, their futuristic car is capable of reaching those speeds in one second. That's quicker than a real Formula One car!

The students call themselves Frontier Racing and they had to learn advanced software that does three-dimensional computer design,

virtual reality aerodynamics and computational fluid dynamics. Then, they made the bewinged racer using a 3Dprinter and a three-axis machine centre. This is the same type of work as that carried out by professional engineers with university qualifications.

Despite only coming together as a team a few months ago, Frontier Racing went to its first competition against other Hills-based schools and surprised everyone by winning awards for the best engineering, innovation, manufacturing, industry collaboration and verbal presentation.

As a result, they gained a place at the NSW State Finals which are being held this month.

The winner of that event will represent New South Wales at the National Finals, and the



eventual winner goes on to the World Finals. Australian schools have won the World Finals more times than any other nation (six). Both the 2017 and 2018 World Champions are Australians.

## ARCADIA PUBLIC SCHOOL

# OUTSTANDING EFFORTS FROM WONDERFUL OPPORTUNITIES!

**M**arli's lovely smile says it all! Great pride and a well-deserved sense of achievement. In October Marli in Year 6 competed at the 2019 PSSA North Sydney Regional Athletics Carnival at the ANZ Stadium. Marli is an outstanding athlete, placing sixth in the 200m final and eleventh from 22 in the 1500m final. Congratulations Marli! Every student in Year 3 to 6 at our school participated in PSSA sport during Term 3 either playing netball or league tag. Another highlight was our fabulous school athletics carnival where all students, teachers and families come together to ensure everyone is supported to be their best.

Congratulations to Cooper, Noah, Reuben and Ashley who represented their school in the 2019 NSW Premier's Spelling Bee Regional Final. A challenging experience to say the least. Noah in Year 4 achieved an excellent result - runner up in his age division. Well done!



We're staying safe on the road and in the water. From ensuring our bike helmets are correctly fitted at the CARES bike safety course, to practising being responsible pedestrians in the Safety Town for kids' program, our students have been actively participating and learning to make informed decisions about road and water safety. Their skills in water safety and survival will be further developed with great enthusiasm as they participate at the NSW Department of Education School Swimming and Water Safety Program at Galston Aquatic Centre this November.

Northwest Community Childcare provides high quality Out Of School Hours Care for children from kindergarten to upper primary school age. Term 4 will see their before and after school service operating at Arcadia Public School. Their philosophy of respect and warmth fits beautifully into the values we hold at Arcadia PS. Programs will offer children a balance of structured and unstructured activities to choose from and

acknowledge that they have been at school all day and want to relax, interact with friends and have fun.

Come and check out our beautiful grounds on November 16 as the fabulous Arcadia Markets. Yes, you'll find that unique Christmas gift and enjoy the Old Skool at School car show - not to be missed!

The Arcadia School 1994 Time Capsule will be available to view again during the November Markets for anyone who couldn't attend the opening back in May. The viewing will take place from 9am-12noon in the school staff room. This will be a final opportunity to request copies of any personal memorabilia before it is resealed, and also a chance to see what the students plan to add to the capsule. If you have any relevant local or time relevant items you wish to add to the capsule please come along and discuss your suggestions at the viewing.

**Students at Arcadia Public School learn through participation in a community that matters to them, where a deep sense of belonging is the 'Arcadian Way'. Please phone our friendly office staff on 9653-1207 for 2020 enrolment information.**





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## HILLSIDE PUBLIC SCHOOL

# HILLSIDE STUDENTS BREAK THE RECORD!



**C**ongratulations to our Relay Team which came first at the Sydney North Athletics Carnival at Homebush in record time. The team will now represent not just Hillside but all of Sydney North at the State Athletics Carnival in November. A wonderful achievement for the team.

This success follows on from the Touch Football Team coming fifth in the State Finals of the Small Schools Knockout Competition. It was a long day with four full games having to be played. All the students were great sports and played their best. Well done Team! There are so many more opportunities in the sporting arena for students in small schools like Hillside.

### Early Bird Program

Our students are looking forward to welcoming all of our new Kindergarten students for 2020, when they participate in our Early Bird Program this term. Over three sessions the children will join in with the K/1 Class in a variety of school familiarisation activities. It is a wonderful opportunity for them to meet their Buddies for next year, learn school routines and procedures and become familiar with the school buildings and surrounds. They will participate in literacy, numeracy, music and visual arts activities. The culmination will be the Teddy Bears Picnic on

Wednesday 27 November when they will join the whole school in fun filled morning of activities.

Being a small school has many advantages including being offered programs such as the School Swimming Scheme where the whole school is permitted to participate, not just the stage 2 students. All of our students will be strengthening their swimming skills during the two-week program later this term at Galston Pool.

Once again, Hillside has received a Sporting Schools Grant enabling all of our students to participate in Softball lessons. The program will run for 8 weeks on Friday afternoons.

Thank you to all the Hillside and Glenorie community for supporting the recent Trivia and Silent Auction Night Fundraiser. It was wonderful seeing the support from local families, organisations and businesses.

If you are looking for a small school where there are so many more opportunities, the classes are small and students are nurtured and do not fall through the cracks, come and visit Hillside. We are a small school with a big heart!

**Please contact the school office on 9652 1459 and we will be happy to answer any questions.**

## NEWS FROM UNITING CARE GALSTON EARLY LEARNING CENTRE

**O**n Friday the 18th of October we held our annual Twilight Markets which highlighted the wonderful community that we live in and celebrated the contributions that the local schools provide for our children. The Twilight Markets attracted a number of stalls and provided entertainment and activities for all age groups. The Markets also encouraged the students from the local primary and high schools to participate and showcase their musical and athletic talents through stage performances throughout the evening.

In the lead up to our event we had many local businesses that sponsored our Twilight Markets and I would like to take this opportunity to thank every one of these local businesses for their ongoing support. Listed below were the major sponsors for the night:

- Belle Property- Castle Hill
- Galston IGA
- APP Property Maintenance
- Adapt Lending Solutions
- Hills Self-Storage

- Goldy's Concreting
- Langlands Landscape Supplies

On behalf of the Galston Early Learning Centre team we would like to say a big thank you for everyone who came to support us on the night. We look forward to sharing with you what we were able to purchase from the funds that were raised.

**If you have any further questions in regards to our centre please contact our Centre Director Daniela Balmer on 9653 1475.**



# GALSTON PUBLIC SCHOOL



**A**fter many months of planning and preparation the Mini Fete (which is a keenly anticipated annual fund raising event) was held in the last week of Term 3. Congratulations to our highly responsible Year 6 students, along with Year 5 students who stepped up to assist Year 6; many parents (who worked behind the scenes); all the generous raffle sponsors, and the families who bought and sold raffle tickets so that this wonderful day could be enjoyed by everyone. The many stalls were very well organised and lots of fun was had.

What a busy Term 4 it is going to be for Galston Public School students. Stage 2 students are looking forward to experiencing their very first overnight excursion at Taronga Zoo. What a fantastic and amazing time they will have while participating in a variety of activities such as Zoo Keepers' Talks, a night tour and a full day of exploring this iconic Sydney environmental and conservation site.

Some of the other events to happen will be the Life Education visit; a Remembrance Day Service; the SRC Mufti Day for the Devil's Ark fundraiser and the P&C Carol's Night.

Kindergarten Orientations will be held over four weeks in November and December. The



first orientation will be held on Wednesday the 13th November, 2019 at 5pm. The subsequent days will be each successive Wednesday (20th, 27th and 4th December) at 9am.

If you are thinking of enrolling your child please come along and you will find out about the wonderful programs which have been planned for Kindergarten children in 2020. You will also be able to meet other parents and enjoy a chat over coffee and cake.

**So if you would like to know more about our vibrant school, please contact the school office (9653 2062) and any questions you have, will be happily answered.**



**Hills Grammar**  
**Spring FAIR**  
**SUNDAY**  
**10 Nov**  
**11AM-4PM**

43 Kenthurst Road, Kenthurst @hgspringfair  
**ALL WELCOME!**



**H**ills Grammar are looking forward to another Spring Fair on 10 November, 11am-4pm at their Kenthurst campus. Their last Fair was in 2017, when Hills Grammar's Parents and Friends Association (PAFA) hosted an extraordinary day, with local businesses taking up market stalls, they had a huge variety in rides, and great food options.

This year PAFA are hoping it will be bigger again with even more on offer. Food trucks will be attending the event, with the most delicious food and drinks to suit everyone's taste.

There will be a stage for all the ongoing entertainment, and a huge selection of rides to keep the kids entertained. There will be the option to pre-purchase a rides band so you won't need to waste time on the day lining up for your rides passes.

This year the Parents and Friends Association have a huge

surprise; one lucky winner will be driving away from the event in a brand new car thanks to the PAFA.

Entry is simple, just buy a raffle ticket for \$30, to increase your odds, there's even an option to buy two tickets for \$50, or if you really want to guarantee your win, then there's a huge saving of \$80 when you purchase six tickets for \$100.

Terms and conditions apply and the raffle is only open to residents of NSW, head over to the school's website or social media channels for more information.

All money raised by PAFA at the event will be put toward new Junior School playground equipment and Senior School educational equipment.

The day is always such a success thanks to the tireless work of the volunteers and members within the Hills Grammar community.



## GARDENING

# GALSTON GARDEN CLUB

By the time you read this the gates will be closed and Garden owners will be taking a well-deserved break after preparing their beautiful gardens for the Galston Garden Club's Open Gardens Weekend. We'd like to take this opportunity to thank the garden owners for all their hard work and for their generosity in allowing us to present their gardens. It has not been easy with the dry weather, however good rain the weekend before the Open Gardens was very welcome. This is the Club's main fund raiser each year with all money raised on the weekend going to a number of charities selected by the garden owners and the OG Committee. We would also like to acknowledge and thank our many sponsors who generously provide donations and Gift Vouchers for the mega raffle held over the weekend. We especially appreciate the Bendigo Bank, our Gold sponsor, who provide the funds for the printing of the 1,000's of brochures. The Bendigo Bank has partnered with the Galston Garden Club's Open Gardens Weekend for many years now and has always been very generous with its support.

As any tradie will tell you, good quality equipment makes your job easier and less tiring on your body. We often forget this as gardeners. Our guest speaker for October was Blaise Vinot from Felco who reminded us of this very fact, especially where secateurs are concerned. A well-made cutting tool that fits your hand size and is appropriate for the pruning job, will make your job a lot easier, putting less strain on your hand, wrist and fingers. A good thing at this time of the year when many of us are pruning and clipping back our winter flowering shrubs and trees. Blaise took us through the history of the company, that is still family owned and concentrates mainly as a manufacturer of secateurs, to the forging, to tool selection for the job and your hand. We were also shown how to care for our secateurs and while he admitted cheaper secateurs will do the job, they won't last as long. While a well-crafted tool will last for years, can be sharpened and comes with the company's instrument support, where the person who answers the phone can actually help you with any questions or just talk you through how to sharpen the blade. There was a brisk trade



after Blaise's talk, I especially liked getting the right sized secateurs for my smaller hands, they fit perfectly and are not "heavy" in the hand.

The Galston Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 7.30pm, new members and visitors are warmly welcomed, as well there is a lovely supper provided. For more information, visit our website: [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au)

## WEED IDENTIFICATION, COME SEE US AT THE ARCADIA MARKET DAY

BY NICK CHARTORISKY

Still Creek Landcare will be setting up an information stall at Arcadia School's Market Day on Saturday, November 16th.

This year we will be putting together a selection of Weeds commonly found in our area to help you identify the problem plants in your patch.

If you want to have a plant identified bring along a sample for our experts to look at. Remember to try and bring a sample of its Flower or Seed head to help us identify it for you.

We can offer advice on how best to manage your weeds that may well save you a lot of sweat, time and back break in dealing with them.

So please come along to Arcadia Public Schools Market day for an enjoyable and maybe educational experience.

If you would like help or further information, contact Nick on 9653 2056, via email [StillCreekLandcare@iinet.net.au](mailto:StillCreekLandcare@iinet.net.au) or visit Still Creek Landcare at <http://www.stillcreeklandcare.com.au> and on Facebook.



Turkey Rhubarb Tuber weighing in at 530 Grams



The Monday Walks and Talks at Ku-Ring-Gai Wildflower Garden, 420 Mona Vale Road, St Ives on November 4th will feature 'Grasses'. Be guided by members of the Australian Plants Society and friends in an easy walk to look at grasses discussed in the talk. Meet at Caley's Pavilion at 9-45 am, wear suitable shoes and hat, bring water. All welcome. Cost \$5, covers notes. For more information, see [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore) or Facebook site <http://www.facebook.com/APSNSG>



The Hills Shire Garden Club members recently enjoyed an outing to The Secret Garden at Richmond. We meet on the 3rd Monday at Barton Hall 178 David Rd Castle Hill. All Welcome. Enquiries 9624-5034



## HILLS SHIRE GARDEN CLUB

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## AUSTRALIAN PLANTS SOCIETY NORTH SHORE GROUP

**T**he monthly meeting of the Australian Plants Society-North Shore Group will be held in the Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby at **7:45 pm on Friday, November 8th**. The guest speaker will be Robin Buchanan. Her topic is "Restoring Natural Areas." Visitors welcome.

Bush regenerators; Just weeders or ecosystem managers? A look at the importance of bushcare for the management of urban bushland.

Robin Buchanan has written two books on bush regeneration; Bush Regeneration, Recovering Australian Landscapes and Restoring Natural Areas in Australia. She taught bush regeneration as well as conservation and land management at Ryde TAFE for over 20 years. She is a local resident and a passionate advocate for our local bushland.

For more information about our organisation visit [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore) or Facebook site: [www.facebook.com/APSNSG](https://www.facebook.com/APSNSG)



# BROMELIAD SOCIETY OF AUSTRALIA

## NOVEMBER GUEST SPEAKER - KATHY POTTER THE IMPORTANCE OF FROGS AND TADPOLES

The Bromeliad Society of Australia will hold its next meeting at George Bell Pavilion, Castle Hill Showground on Saturday, 9th November with plant sales commencing at 11am followed by the meeting at 12noon. Access is via the Showground entrance off Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

Our guest speaker will be Kathy Potter, a science communicator involved with the Frog and Tadpole Study Group of NSW.

Frogs are an important part of our ecosystems and an iconic part of our culture, but how much do we really know about our local frogs? All over the world frog populations are being threatened by disease, habitat loss, pollution and the effects of interacting with introduced species. Take this opportunity to learn more about your local frogs, and what you can do to help them survive. Don't forget to bring along your photos and recordings of frogs for identification.

Kathy Potter completed a degree in Linguistics in 2009 before discovering an interest in bioacoustics and amphibian research. She has been working at the Australian Museum as a Research Assistant and Technical Officer for two years on a variety of projects centred around frog advertisement calls, including the citizen science project FrogID. Kathy also has extensive experience as a science communicator through her involvement with the Frog and Tadpole Study Group of New South Wales.

BSA Meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a

friendly and inviting environment.

Contact Ian Hook - mobile 0408202269,  
email: [ianhook1@bigpond.com](mailto:ianhook1@bigpond.com)  
website: [www.bromeliad.org.au](http://www.bromeliad.org.au)




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- \* Sydney Sand
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- \* Tennis court Loam
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- \* Extruded bricks



# A STEADFAST HOPE

BY PASTOR DAVID MCKIBBEN - GALSTON SEVENTH-DAY ADVENTIST CHURCH



*Over the last couple of months we have been considering the last words of the apostle Paul as recorded in the letter we know as 2 Timothy. As he faced death, Paul pointed his young colleague to a person to believe in, specifically the person of Jesus. He also urged him to live his life by the principles of the Bible, the book for all seasons. Furthermore, the apostle also encouraged Timothy to hold onto the steadfast hope of the Gospel.*

**A**lthough Paul awaited certain death, his final letter breathes life. He repeatedly encouraged Timothy to live the life that counts, and he used a number of examples referred to in 2 Timothy 2:3-6 to drive home his message. The apostle points to the bravery, determination and obedience of the soldier (verses 3-4), the discipline and self-denial of the athlete (verse 5), and the perseverance and hard work of the farmer (verse

6). All of these attributes are important when it comes to living a life with purpose and meaning.

But the common link in all of these occupations is the element of hope. The soldier is sustained in times of hardship by the hope of victory; the athlete undergoes an intense training schedule because of the prospect of a gold medal; the farmer toils for long hours because of the hope of an abundant harvest. A steadfast hope and a clear purpose encourage an attitude of perseverance; they encourage people to keep going when they feel like giving up.

Viktor Frankl, an Austrian neurologist and psychiatrist, was a survivor of the Holocaust who endured the horrors of four Nazi concentration camps. After the end of the Second World War he reflected on his experiences, particularly why some people survived whilst others did not. In his book *Man's Search for Meaning* he shared these insights. "The loss of hope and courage can have a

deadly effect on man.... Any attempt to restore a man's inner strength in camp had first to succeed in showing him some future goal. They died less from lack of food or medicine than from lack of hope, lack of something to live for."

The sure hope of the Gospel, specifically the blessed hope of the return of Jesus, enabled Paul to remain strong and optimistic in the face of a violent death, hence these immortal words: **"I have fought the good fight, I have finished the race, I have kept the faith."** (2 Timothy 4:7)

May this same steadfast hope found in Jesus enable you to live the life that counts and strengthen, comfort and encourage you daily.

## REMEMBRANCE DAY 2019 COMMEMORATION SERVICE



The Hills District Remembrance Day Commemoration Service will be held on

**Monday 11th November, commencing at 10.45AM**

at the Galston Cenotaph (located next to the History Cottage on Galston Road).

Let us remember all those who have made the supreme sacrifice not only in World War 1, and World War 2, but in all subsequent wars/conflicts in which Australia has been involved.

## LEST WE FORGET

**Contact person:** Bill Rosier, Hills District RSL Chapter Coordinator, 0432 847 137

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## GLENORIE COMMUNITY CHURCH

BY DEE VALICH

# KNOWING JESUS MEANS PEACE IN YOUR HEART AND MIND

The story is told about "a king who announced that there would be a prize for the artist who could paint the best picture depicting peace.

Many great painters sent the king several of their best art pieces. One of the pictures was of a calm lake perfectly mirroring peacefully towering snow-capped mountains. Overhead was a clear blue sky with a few white fluffy clouds. The picture looked perfect. Most of the people who viewed it thought that it was definitely worth the king's prize.

However, when the king announced the winner, everyone was shocked! The painting which won the prize also had a mountain but it was rugged and bare. The sky looked very angry, with streaks of lightning included. This did not look peaceful at all! It looked as though the artist had mistakenly submitted his painting depicting 'storm' rather than 'peace', but - those who looked closely at the painting could see a tiny bush growing in the cracks of the rock. In the bush a mother bird had built her nest and in the midst of the rush of angry weather, she sat on her nest in peace.

Peace does not mean to be in a place where there is no noise or trouble. Rather, peace

means to be in the midst of all the chaos and still be calm in your heart." (www.AllTimeShortStories.com)

As I write this article, I'm on my own in a quiet place, with a gentle breeze blowing through the room. Our washing is drying on the line in the sun, all the beds are made and the house is neat and tidy - but - as I reflect about where true peace is found, especially through the storms of life which we all experience, I'm reminded of Jesus' words in the bible. "Come Me, all you who are burdened and heavy laden and I will give you rest. Take My yoke upon you and learn from Me, for My yoke is easy and My burden is light."

(Matthew 11:28). He also promised us in John 14:27, "Peace I leave with you. My peace I give to you; not as the world gives do I give. Do not let your hearts be troubled; neither let them be afraid."

Real, true peace does not depend on the state of the weather or being on holidays in an idyllic place. The mother bird sat on her nest calmly, despite her chaotic surroundings.

True peace comes to us from a relationship with Jesus Christ. The Bible tells us how to



have this precious relationship - "Believe on the Lord Jesus Christ and you will be saved; you and your household." (Acts 16:31).

God has no favourites and He fills those who believe in His Son Jesus, with true inner peace. He then teaches us throughout the bible and says,

"Do not be anxious about anything, but in everything, by prayer and supplication with thanksgiving, make your requests known to God - and the peace of God, which passes all human understanding will fill your hearts and minds in Christ Jesus." (Philippians 4:6-7)

God bless.

Pr. Alex and Dee Valich

## ARE YOU THIRSTY?

(A MESSAGE BY REV. ED. LONG)

The last day of the Feast of Tabernacles had come (read John 7:37-44.). All week people had been living in tents or in temporary shelters made from tree branches to remind them of the time when the children of Israel had lived in tents in the wilderness.

Now it was time to take down the tents and pack up and go home. Soon it would all be over for another year. As the ceremonies ended, it seems that our Lord sensed that there were many people whose hearts were still empty and unsatisfied. Religion and its ceremonies do not really satisfy the human heart.

Right at that moment, a voice was heard above the noise of the crowd, 'If any man thirst, let him come unto me and drink.' The people stopped and listened and some of them accepted Christ's invitation. Others laughed at the whole idea of a man from Galilee being able to do anything for them.

What did Christ say? 'If any man thirst'; if any man realises his own deep need, 'let him come unto me'. Here is where we begin,

when we acknowledge our own need as sinners.

Who do we come to? To Jesus Christ. He is the only one who can meet our needs. Anyone can come. Every one is welcome, but the invitation says, 'Come to Jesus Christ and to no-one else'.

What do we do? 'Drink'. Take what Christ offers, he will meet our need.

The result? The new life Christ gives is like a flowing stream of water from which others can drink too. Isn't that a wonderful picture? Is your life and mine like that? Christ not only wants to meet our needs, but he wants to reach others too. He wants to reach others through us. He is always waiting to so fill us with his Spirit that there will be a continuous overflow to others. Are we allowing him to do this?

**COME AND FIND OUT MORE AT :**

Glenorie Mission Church,  
1409 Old Northern Rd. Glenorie  
Sunday Service 10.00 am  
Bible Study Tuesday 7.30 pm

## BABY-ITIS

BY CORRI BRYNE - HILLSLIFE CHURCH

Ok, so can anyone else relate? I see a baby, even a small child, and cannot help but pull faces.

I think I suffer from baby-itis!

The joy and wonder expressed in a baby's face. The innocence, the untapped potential. The path yet to walk. I guess I see a small child and smile as I know our future sits there.

I think it's great for us all to suffer a little from baby-itis... to connect with our little one's in society and share a moment in their joy and wonder.

Just as exciting is the journey; learning to talk, first steps, starting school, learning and growing.

"My how you've grown" is an oft heard statement from people who haven't seen our children in a while.

Physically we can't help but progress... age takes our bodies on its journey through childhood, teenage years into adulthood and beyond.

The process cannot be halted - though many do attempt to slow its progress!

If my suffering from baby-itis was extended and next time I did the same to an adult in the shopping queue, I pulled funny faces and made cooing noises,

well I am not sure it would elicit the same response.

Just as we know that physically we mature so too we need to emotionally and spiritually.

1 Corinthians 13:11 says, "When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways."

So too must we seek to grow, to get into solid food when it comes to our faith.

If our attendance at church is what makes us Christian then it is not unlike baby-itis. Hoping the minister can feed you your week's needs.

No, we need to nurture our Spirit just as we do our bodies... one meal a week wouldn't sustain you physically, nor will once a week church attendance.

To grow, nurture, build your faith I encourage you to dig into the Scriptures everyday. To pray everyday. To worship everyday.

Retain the awe and wonder, the childlike expectation ... but grow and desires deeper relationship with God. He too revels in your maturing as we journey closer to the image in which we were made.

# NEWS FROM ST BENEDICT'S

## Our Sunday Calf

One of the joys of Sunday Mass at St Benedict's is seeing the monastery's cattle herd peacefully grazing in the paddock next door. One Sunday in October we were particularly thrilled when a new calf was born just before the start of 9am Mass. By the time we came out the baby was on his feet, keenly checking out the world. This sign of new life seemed a most appropriate accompaniment to our Sunday worship.

## Petition for Public Housing

Members of our small St Vinnies group have been busy collecting signatures on a petition to be presented to the NSW Legislative Assembly, urgently seeking assistance for the 50,000 applicants on the social housing list. People in housing stress, including many families with children, live in cars, couch surf with friends or sleep in unsafe place like parks because they have nowhere else to go. The petition asks

the NSW government to build 5000 new social housing dwellings each year for the next ten years to provide a safety net for the people in housing stress around our state. Picture shows a parishioner signing the petition.

## New Screens in St Benedicts

We've entered the modern world with digital display screens being installed in the church. These display the prayers and the words of hymns so that everyone can join in and follow along. We still have our hymn books available just in case we experience a technical failure!

## Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd 7pm Saturday, 9am Sunday. Parish website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia).



# GALSTON UNITING CHURCH



BY JOHN ILLIDGE

# GALSTON MENS CHOIR GOES TO TAMWORTH

Sounds a bit like "coals to Newcastle", but it was indeed a great time for all involved as our men's choir linked up with the Tamworth Men's Choir from Tamworth Southside Uniting Church on the October long weekend. Not only is it somewhat serendipitous that both churches have a men's choir, but it so happens that our conductor Janet Hatfield, is a Tamworth gal whose dad happens to be in their choir, so a get together was inevitable. In fact, we have now joined forces on several occasions, both in Tamworth and at Galston and on each occasion it has been memorable. This is because the addition of one choir to another increases, not only the volume but also the whole musical experience.

The conductor, musical director, social director and general organizer was our much loved Janet who, though a tough taskmistress, made the whole thing work. We now know the Tamworth guys pretty well and this made for a great time of fellowship together.



Our two performances were a great success; a Saturday evening concert when we indulged ourselves with some old favourites as well as some new; and Sunday worship where we contributed two songs to a meaningful time of worship.

Apart from singing, there was food, sightseeing, catching up, more food... and then the long drive home.

We extend our thanks to Janet and to our Tamworth friends for hosting this great event.

## OPPORTUNITIES NOT TO BE MISSED:

There are three remaining opportunities to hear the Galston U.C. Men's Choir this year before they have a 12 month recess. They are:

- Saturday 9 November, 2019 at 6.30pm for a Free Concert, featuring many of the choir's favourites.
- Sunday 24 November, 2019 at 10.00am as part of the Creativity Service.
- Sunday 8 December, 2019 at 10.00am for a Sung Service, featuring the Christmas oratorio, "Holy Boy".

These will be held in Galston Uniting Church and all are welcome.

We would also like to extend a warm welcome to everyone to join us in Worship each Sunday at 10.00 am.

Minister Rev Geoff Smith  
11 School Road, Galston 2159  
Phone 9653 2039  
[www.galstonunitingchurch.com](http://www.galstonunitingchurch.com)

# HILLS LIFE

## CHURCH

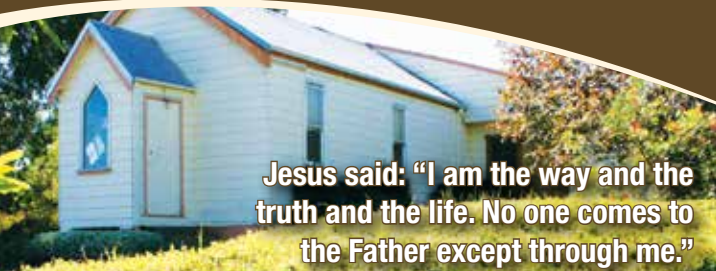
*"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."*  
- Romans 15:13

**Service:** Sunday mornings at 10:00am  
Galston Public School  
Ph: 0416 233 629

Visit our Facebook page and see latest updates.


[www.hillslife.com](http://www.hillslife.com)

# GLENORIE MISSION CHURCH



**Jesus said: "I am the way and the truth and the life. No one comes to the Father except through me."**

Sunday Service and Sunday School 10:00am  
Ph: 0404 144 612  
[www.glenoriemission.org](http://www.glenoriemission.org)







BY PETA GORMLY

# ARCADIA RURAL FIRE SERVICE



**C**rews at Arcadia have been busy behind the scenes, doing trail inspections and familiarization with our newer members. We frequently do trail inspections so we know if trails need maintenance or if any of the landscape has changed. We've also welcomed the rain we have received, however we must not become complacent when it comes to bush fire preparation. Many members from the Hornsby District have been away on strike team deployment in Northern NSW. We wish them all a safe return home.

At the beginning of October, Vision Valley in Arcadia played host to the 2019 Australian Fire Cadet Championships. 160 cadets from all around Australia came for the event, which saw them work in teams and compete in events that tested their skills but also demonstrated their comradeship. The events consisted of operations fire fighters regularly practice

and use at incidents, including deploying hoses and setting up the portable pump. The winning team was the South West Slopes cadet team from NSW.

From the 26th of September there has been a change in road rules around emergency vehicles. Are you familiar with this change? On roads with speed limits of 90km/h or more, motorists are required to slow down safely to a speed that is reasonable for the situation, whilst providing sufficient space between their vehicle and the emergency vehicle that displays their lights, a tow truck or break down assistance. Roads with speed limits of 80km/h or less must slow down to 40km/h. For further detail and information, please visit the Transport for NSW website.

**Have you ever thought about joining your local rural fire brigade? You can contact us at [inquiries@arcadiarfs.org.au](mailto:inquiries@arcadiarfs.org.au).**

## GLENORIE RURAL FIRE BRIGADE NEWS

BY JAMES WICKING

### RECRUITMENT INFORMATION SESSION - SUNDAY 24/11/2019

**W**e are currently recruiting for more volunteers to join Glenorie Fire Brigade. There is a role for everyone and we would love for you to be a part of our wonderful team. Do you want to know what is involved in being a member of the Rural Fire Service? Well come and join us at our information session on Sunday 24 November at 11:00. There will be a BBQ, Tea and Coffee provided for everyone that attends. If you

cannot make this session then get in touch with our Recruitment Coordinator on 0422168914 and they would be happy to arrange to meet you at the station at a more convenient time.

#### BUSH FIRE SURVIVAL PLAN

With conditions only getting warmer and dryer we encourage residents to review their Bush Fire Survival Plan. If you don't have a plan, now is your time to create one. If you need assistance with this or would like to pick one up, please get in touch with us on the phone number at the end of this article or drop by the station one Saturday afternoon at 2pm or Monday night at 8pm and one of our members would be happy to assist.

#### WHAT HAVE WE BEEN UP TO

Things sure have been busy at the station. Our members attended the District Operational Readiness Check day. All vehicles were assessed to ensure they're ready for this fire season. We have also been busy inspecting fire



trails to make sure they're easily accessible for use in emergencies. Members have also been training hard in different activities and scenarios to make sure we can work quickly and efficiently when we get called out.

For further information go to [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or for urgent enquiries call 0422 168 914. In an emergency call 000. Facebook: Glenorie Rural Fire Brigade



# RFS OPEN DAY ARTICLE

BY IAN MCARTHUR

**O**n Saturday the 14th of September, I attended an open day for the Rural Fire Service of Middle Dural. I helped set up, read some of the advice they were giving out, and got to ask some questions to the volunteers.

There was an extremely wide variety of information available for all sorts of people: there were general strategies in the form of clear and simple actions, and there were also more specific pieces of advice for hikers, pet owners (including horses!), landowners and more.

There were many volunteers there that had been working for a very long time, and they told me that there is a position for everyone: those unfit to fight fires can help out in many other ways. And they need more people too. With the changing climate, there is a need for more volunteers.

I also came to appreciate just how advanced the fire-fighting system is. They have several categories of vehicles, each specialised in a job, from the great fire trucks that can transport large amounts of water to the smaller cars designed to transport people. Water is also a very complex issue, as well as how it gets to the fire with enough pressure. But of all the fires that happen, you don't hear of many. And there are a lot. My mother, a volunteer in the RFS, gets a buzz on her phone for every fire in the area. There is no shortage of jobs, but they still manage to get them done.



# FIRE CADET CHAMPIONSHIPS HELD IN HORSNBYSHIRE

BY NICK COOK

**T**his week Hornsby Shire has played host to the Australian Fire Cadet Championships, which took place in Arcadia.

More than 160 fire and emergency services cadets from around Australia competed in a range of events over several days, testing their skills in life-like scenarios.

Hornsby Shire Mayor Philip Ruddock said he was very pleased they chose the location that they did.

"This is an important event that will have real world consequences, as these young people will go on to provide life-saving services," Mayor Ruddock said.

"Here in the Bushland Shire we are highly aware of the danger posed by bushfires and the need to develop skills to fight them.

"By all accounts the event has gone well and we hope they return in future years."

RFS Hornsby Ku-ring-gai District Manager Mark Sugden said it was great to see young people engaging so enthusiastically with a vital service.

"This is not just about testing their skills, it is also about fostering ideals of leadership, teamwork, comradeship and volunteering," he said.

"Most of all, though, it's about giving the kids a good time and rewarding them for their commitment."



The event was attended by RFS Commissioner Shane Fitzsimmons, who happens to live in Hornsby Shire.

"It offers them the opportunity to experience firsthand the commitment and camaraderie that comes with volunteering," he said.

"The service is proud to pass on the ideals of community service, dedication and teamwork to the next generation."

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# GALSTON RURAL FIRE BRIGADE NEWS

BY KARA DUBOIS

**BRIGADE  
CONTACT DETAILS**

DUTY MOBILE:  
**0491 119 152**

EMAIL:  
[info@galstonrfb.org.au](mailto:info@galstonrfb.org.au)

## TWILIGHT MARKETS

Thanks to everyone who came down to the Twilight Markets at Galston Early Learning Centre recently. All the kids (and kids at heart) enjoyed a climb in the fire truck and some training on the hose. Great to see so many little future Galston fires!

## A TRAGIC START TO THE SUMMER FIRE SEASON

NSW has seen a terrible start to the summer fire season with homes destroyed and two people tragically losing their lives near Casino in northern NSW. With more hot and windy weather expected, the RFS is on high alert. One of Galston's fire trucks has been in heavy use in the region since the start of the fires. It has worked alongside other RFS fire trucks from all over the state as they formed part of strike teams attacking the fires wreaking havoc in the region. Thank you to the endless rotation of Galston fires who have volunteered weeks of their time to head up north and battle these blazes.

## DON'T BE COMPLACENT – PREPARE YOUR HOME NOW

Burning embers can travel many kilometres ahead of a fire, so while you may think a bushfire isn't close to you, embers can still cause spot fires around your property - particularly if you haven't prepared your home to survive a bushfire.

A well prepared home can also be easier for you or firefighters to defend, and is less likely to put your neighbours' homes at risk. It will also give you more protection if there is a sudden fire threat and you cannot leave.



### HERE ARE SOME BASIC TIPS TO PREPARE YOUR PROPERTY:

- Clean your gutters of leaves and twigs
- Install metal gutter guards
- Repair damaged or missing tiles on the roof
- Install fine metal mesh screens on windows and doors
- Fit seals around doors and windows to eliminate gaps
- Enclose the areas under the house
- Repair or cover gaps in external walls
- Attach a fire sprinkler system to gutters
- Keep lawns short and gardens well maintained
- Cut back trees and shrubs overhanging buildings
- Clean up fallen leaves, twigs and debris around the property
- Have hoses long enough to reach around your house
- If you have a pool, tank or dam, put a Static Water Supply (SWS) sign on your property entrance, so firefighters know where they can get water
- Check and maintain adequate levels of home and contents insurance. Ensure it is up to date.

For more information about preparing your property for a bush fire please visit the RFS website: [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or call the Bush Fire Information Line - 1800 NSW RFS (1800 679 737)

## ACE OHLSSON PRIMED FOR FIRE SEASON

Ace Ohlsson has been appointed a "Gold Distributor" for Aussie Pump products in the Hawkesbury area. Strategically located on Pitt Town Road, McGrath Hill, Ace Ohlsson offers the full range of Aussie fire fighting pumps.

The company's founder, Ian Downey, is a great believer in the importance of self-reliance when it comes to bushfire property protection.

Ace Ohlsson are primed with Aussie's popular Fire Chief. The Aussie Fire Chief, developed for Australian bushfire fighting conditions and is lauded internationally as the world's best lightweight fire pump. The Fire Chief has a genuine Honda engine and like all Aussie pumps is covered with a unique five year warranty.

"We see a partnership with Aussie Pumps as a major step forward in providing quality

fire pumps to business and families in the Hawkesbury region," said Ian Downey. "We've seen a growing demand from farmers and homeowners looking to protect their properties this year's fire season. There's a revolt against third world products that might be cheap, but could let you down," he said.

Ace Ohlsson can also supply free copies of the Aussie Bushfire Survival Guide. This guide outlines the essentials of bushfire protection, equipment checklists, fire drills and pump maintenance. This year's guide has been expanded to include information to minimise the risk to livestock.

Australian Pumps' Pump Divisional Manager, Brad Farrugia said, "We congratulate Ian Downey on signing up with us as the Gold Distributor for the region. We know that Ian will do a great job supported by his proactive team."



Aussie Pump's Eddie Galea congratulates Ace Ohlsson Owner, Ian Downey, on his new Aussie Gold Distributorship.

**4TH, 8TH NOVEMBER | MONDAY**  
**3:30PM - 5:00PM**

## INTERNATIONAL GAMES WEEK WII AND DROP IN BOARD GAMES

Let the games begin!! Get together with your friends and come to Dural Library to play board games or Nintendo Wii to celebrate International Games Week. No bookings required.

Venue: Dural Library, Pellitt Lane, Dural 2158  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**4TH, 11TH, 18TH, 25TH NOVEMBER | MONDAYS**  
**4:00PM - 5:00PM**

## CURIOUS CREATURES STEAM STORYTIME SERIES

Join our new, fun-filled after school programme. Over four weeks we will explore the worlds of curious creatures and their habitats.

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**6TH NOVEMBER | WEDNESDAY**  
**6:30PM - 9:00PM**

## WAPF PRESENTS: TRADITIONAL WISDOM FOR MODERN HEALTH

This event is a further introduction to the world of Wise Traditions in food and the philosophy of eating advocated by the Weston A Price Foundation.

Venue: The Rebellion Room - Pioneer Theatre, 14 Pennant Street, Castle Hill 2154  
Contact: Brenda Rogers  
Phone: 0409 774 790  
Email: [brenda@qwomen.com.au](mailto:brenda@qwomen.com.au)  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**7TH NOVEMBER | THURSDAY**  
**10:00AM - 11:00AM**

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Do you need help downloading our eBooks, eAudiobooks and eMagazines or perhaps some assistance using the Library catalogue, Ancestry or Find My Past? Our friendly staff are ready to help!

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**10:30AM - 11:30AM**

## LET'S TALK ABOUT HILLS PET BUDDIES

Come along and hear about the wonderful work of Hills Pet Buddies, a local not-for-profit organisation run by volunteers.

Venue: Dural Library, Pellitt Lane, Dural 2158  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**8TH NOVEMBER | FRIDAY**  
**10:45AM**

## THE SYDNEY HILLS DISTRICT BRANCH OF THE ASSOCIATION OF INDEPENDENT RETIREES

Our guest speaker will be Pamela Bell the topic will be "Benefits of Music as Leisure" in Aged Care. We also have an interesting line up of speakers, topics in relation to Travel, Health, Retirement, Technology Safety and others.

Our meetings are followed by an Investors Group Meeting.

Are you looking for information and keeping up to date with all the Government's Changes related to Retirement and Superannuation. We Welcome Visitors and New Members, Come Along! Make New Friends

Venue: Beecroft Presbyterian Church Hall, Welham Street Beecroft  
Contact: Lauris Rennie | Phone: 9634 1186  
Email: [airsydneyhills@gmail.com](mailto:airsydneyhills@gmail.com)

**9TH NOVEMBER | SATURDAY**  
**8:00AM - 12:00PM**

## THE HAWKESBURY HARVEST FARMERS & FINE FOOD MARKETS

The Hawkesbury Harvest Farmers and Fine Food Markets run on the 2nd and 4th Saturdays of the month from 8am - 12noon at Castle Hill Showground, Castle Hill.

Venue: Castle Hill Showground, Off Showground Road, Castle Hill 2154  
Contact: Farmers & Fine Food Markets Enquiries  
Phone: 0406 237 877  
Email: [markets@hawkesburyharvest.com.au](mailto:markets@hawkesburyharvest.com.au)  
Visit [www.harvesttrailsandmarkets.com.au](http://www.harvesttrailsandmarkets.com.au)

**9:00AM - 5:00PM**

## ARCADIAN ARTISTS 2019 EXHIBITION & ART TRAIL

Artists' studios at 8 beautiful rural properties will open their doors to showcase over 50 talented artisans at the Arcadian Artists 2019 Exhibition and Trail.

Venue: 8 Rural properties in Arcadia, Galston, Dural and Berrilee  
Contact: Arcadian Artists  
Visit [www.arcadianartists.com.au](http://www.arcadianartists.com.au)

**10TH NOVEMBER | SUNDAY**  
**8:00AM - 10:30AM**

## HILLS SHIRE SPRING WALKS 2019 - BREAKFAST WITH THE BIRDS

The old scribbly gums and dense under storey plants in Fred Caterson Reserve provide homes for many birds which are seen in our local gardens. Such a variety of habitats in a small area ensures that we will see many bird species on this early morning walk.

Venue: Fred Caterson Reserve, Gilbert Road, Castle Hill 2154  
Contact: The Hills Shire Council & Boronia Tours  
Phone: 0407 456 577  
Email: [boronia.jf@gmail.com](mailto:boronia.jf@gmail.com)  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**9:00AM - 2:00PM**

## THE GROWERS' MARKETS - DURAL COUNTRY CLUB

Grab a fresh coffee or enjoy a cold beer in the Presidential Gardens while you feast from a selection of yummy pop up restaurants including Sri Lankan cuisine, Gozleme, Chorizos burgers, egg & bacon rolls, wood fire pizza & Empinadas to name a few. For those with a sweet tooth we have a beautiful range of gourmet cakes & tarts & melt in your mouth Biscotti.

Venue: 662A Old Northern Rd, Dural NSW 2158  
Phone: 417 227 748  
Email: [info@glenoriegrowersmarket.com.au](mailto:info@glenoriegrowersmarket.com.au)  
Visit [glenoriegrowersmarket.com.au](http://glenoriegrowersmarket.com.au)

**14TH NOVEMBER | THURSDAY**  
**4:00PM - 5:00PM**

## AMAZING ANTARCTICA STORYTIME

Encourage your child's curiosity and quest for information. Discover cool facts about the environment, exploration and wildlife. Learn about how scientists use Antarctica for research today.

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**16TH NOVEMBER | SATURDAY**  
**2:00PM - 4:00PM**

## A LADIES AFTERNOON OF FASHION, FUN AND FIZZ!

The Rotary Club of Galston proudly presents an afternoon of fun, fashion and fizz! The event starts at 2pm with bubbles on arrival. Enjoy browsing through the stalls whilst sipping on your champagne and canapés!

Venue: The Galston Club, 21 - 25 Arcadia Road, Galston, 2159  
Phone: 9653 2017  
Email: [reception@galstonclub.com.au](mailto:reception@galstonclub.com.au)  
Visit <https://www.facebook.com/pg/TheGalstonClub>

**18TH NOVEMBER | MONDAY**  
**7:00PM FOR 7:15PM START**

## DURAL & DISTRICT PROSTATE CANCER SUPPORT GROUP

Speaker: Assoc. Professor Gavin Marx  
Chair of Oncology at Sydney Adventist Hospital and Clinical Director of the San Intergrated Cancer Centre.

Light refreshments provided.

Venue: Blue Gum Centre ARV Glenhaven Green 599-607 Old Northern Rd Glenhaven  
Contact: Denis or Maurice  
Phone: 9629 2645 | 9654 2138

**23RD NOVEMBER | SATURDAY**  
**8:00PM - 11:00PM**

## TOTAL RECALL AT THE GALSTON CLUB

Get your dancing shoes on and loosen up those vocal chords... strap yourself in for an 80s epic party!

Venue: The Galston Club, 21 - 25 Arcadia Road, Galston, 2159  
Phone: 9653 2017  
Email: [reception@galstonclub.com.au](mailto:reception@galstonclub.com.au)  
Visit <https://www.facebook.com/pg/TheGalstonClub>

**24TH NOVEMBER | SUNDAY**  
**9:00AM - 1:00PM**

## THE GROWERS MARKET - GLENORIE

We have a large selection of fresh food stalls available to munch on from Good Earth Kitchen, Herft Creations, Gozleme, Bel's Churros & Chorizos, Six Spicy Spoons, Little Tilley's Coffee & Gelato, & From the farmer's friend. There is something for everyone as we have healthy vegan and gluten free options and even Kombucha.

Venue: 2658 Old Northern Road Glenorie  
Phone: 417 227 748  
Email: [info@glenoriegrowersmarket.com.au](mailto:info@glenoriegrowersmarket.com.au)  
Visit [glenoriegrowersmarket.com.au](http://glenoriegrowersmarket.com.au)

**25TH NOVEMBER | MONDAY**  
**7:00PM - 8:00PM**

## AN EVENING IN CONVERSATION WITH DAVID HILL

Join David Hill, author of the bestselling 1788: The Brutal Truth of the First Fleet, as he discusses his new book Convict Colony.

Venue: The Rebellion Room, Level 1 Castle Hill Library & Cultural Centre, 14 Pennant Street, Castle Hill 2154  
Visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

**27TH NOVEMBER | WEDNESDAY**  
**11AM**

## GALSTON VIEW CLUB

The Galston View club raises money to support the Smith Family Learning for life program. Christmas Hamper raffle.... Guest Entertainer Joanna.

Venue: The Galston Club, 21-25 Arcadia Road Galston  
Contact: Helen  
Phone: 9614 1512





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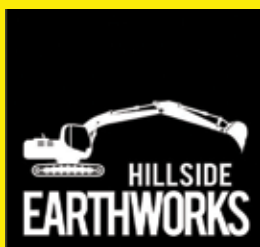
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Marian Catholic College Kenthurst is seeking applications  
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Further details on [Seek.com.au /job/40249856](http://Seek.com.au/job/40249856)

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We are looking for someone with exceptional people skills and  
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# CROSSWORD PUZZLE

**ACROSS**

08. Burn (7)

09. Illusory pointer to gold (7)

10. Used in cooking (8)

11. Bring forth (6)

12. Bring up (7)

13. Very detailed (2,5)

14. Dark-grey waterbird (4)

17. Second largest stringed instrument (5)
19. Youth charity (1,1,1,1)

23. Impacts (7)

24. Asks over (7)

25. Gets up late (4,2)

26. Shrill (8)

27. Comments (7)

28. Frequent-flyer perk (7)

**DOWN**

1. Explosively violent (8)

2. Cattle station trainee (8)

3. Pride young 'un (4,3)

4. Not far away (4,4)

5. Inherited (4,4)

6. Wholly (8)

7. Kind of medicine (8)

15. Assistant (8)
16. You know what I'm drinking (3,5)

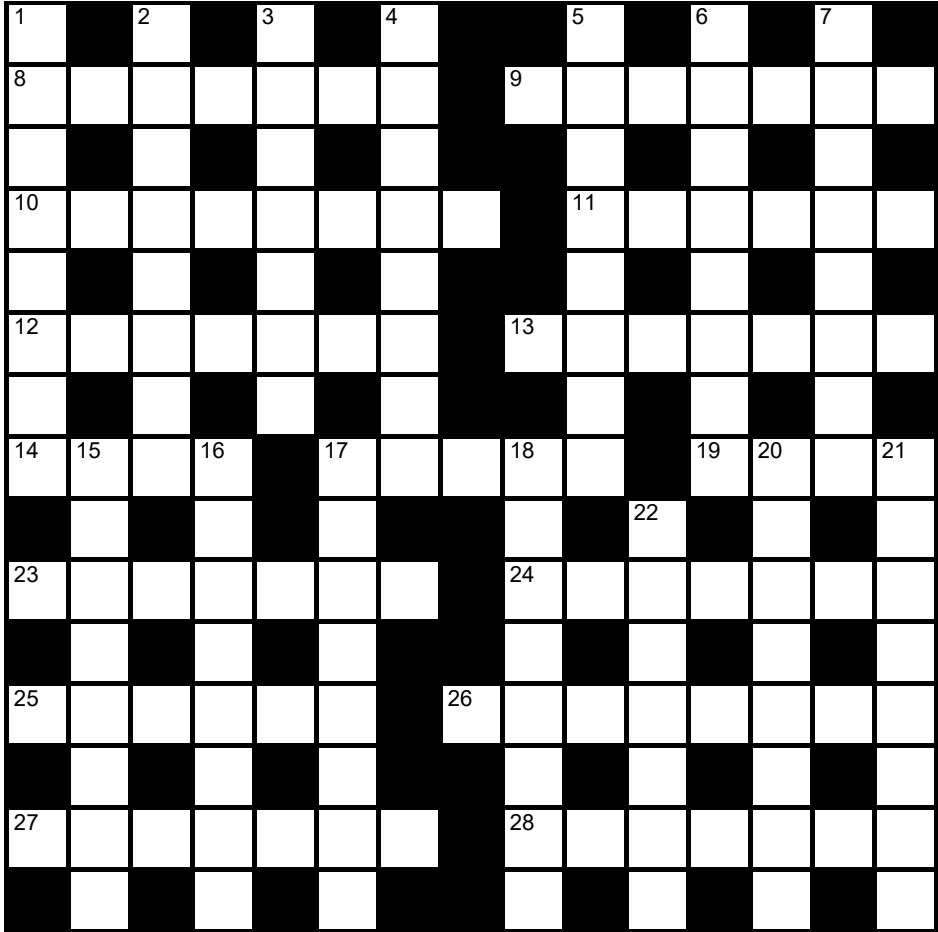
17. In a rage, you might get as mad as one (3,5)

18. Behave in a vulgar way (4,2,2)

20. Like unicorns (8)

21. Designated (8)

22. Unremarkable (7)





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# COMMUNITY CONTACTS



**Avicultural Society of NSW Inc.**  
Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686

**ACACIA (Living Life)**  
Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

**Aglow Australia Pennant Hills**  
A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

**ALANON Family Group**  
Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

**APEX Australia**  
A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452, National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation".

**Arcadia Community Hall**  
136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

**Arcadia Markets**  
May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

**Arcadian Quilters**  
Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

**Association of Independent Retirees (AIR) Ltd**  
Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

**Castle Hill Art Society**  
Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgeway Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquiries Ph. 98993179

**Circular Keys Chorus**  
Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

**Dural and District Historical Society Inc**  
holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

**Dural and District Prostate Cancer Support Group**  
holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Inquiries Denis 9629 2645 or Maurice 9654 2138.

**Dural and Districts Senior Citizens' Club**  
Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

**Dural and Hills District Garden Club**  
Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information

contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

**Dural Galston Probud Club**  
We meet on the third Thursday of each month at 10am at the Galston Club 21-25 Arcadia Road, Galston. Probud is a mixed club for retired and semi retired people who enjoy friendship, good speakers and occasional outings. Visitors are always welcome. Come along or contact Anne 9653 1004.

**Dural-Glenorie Scouts**  
Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

**Dural Mens Shed**  
Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

**Friends of Fagan Park**  
Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpg.com.au

**Ferry Artists Gallery**  
Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

**Galston Area Residents' Association Inc**  
Meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

**Galston Branch CWA**  
Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Pam 9653 1036 or Jann 0439 222 217.

**Galston Community Hall**  
37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050.

**Galston Community Health Centre**  
This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

**Galston Garden Club**  
New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

**Galston View Club**  
will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

**Girl Guides**  
is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

**Glenorie Maroota Bioregional Forum**  
Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dphpc.com.au

**Glenorie Memorial Hall**  
Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Pat Schwartz 0419 321 276

**Glenorie Progress Association**  
Meets 2nd Thursday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

**Glenorie RSL Club**  
Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7:00pm, at the Glenorie RSL Club. Enquiries to Graham Bruce, 0432 391 811

**Hills Budgerigar Club**  
Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

**Hills Community Aid No Interest Loans up to \$1,000**  
for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

**Hills Farmers' and Gourmet Food Mkt**  
2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

**Hills Shire Garden Club**  
Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

**Hills RSL Sub Branch**  
Monthly meetings held at The Galston Club, 2pm on the 1st Tuesday of each month. Enquiries 9653 2565.

**Hornsby Ku-ring-gai Four Wheel Drive Club**  
is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

**JP SERVICES**  
are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

**The NSW Justices Association Hornsby Branch**  
meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

**Pennant Hills Photographic Club**  
meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

**Rotary Club of Galston**  
meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcome. Contact Peter 0419 011 750 peteinscow@gmail.com

**Probud Club of Round Corner**  
NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at The Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

**Rowland Village Workshop Club**  
invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

**Soroptimist International of The Hills District Inc**  
meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

**Social Dance Workshops**  
Pennant Hills Community Centre, Yarrara Road. \$7. Contact Wilma 0413 673 339. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

**The Hills District Pipe Band**  
We practice at Harvey Lowe Pavillion, CH every Tues 7.30-9pm. Welcomes new members and gig enquiries. Follow us on facebook or www.hillsdistrictpipeband.com.au

**Still Creek Landcare Group**  
Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month. For more information visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@iinet.net.au or Contact Nick on 9653 2056.

**The Hills' Trefoil Guild (Guides NSW)**

The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

## CHURCHES

**Christ Church**  
An Anglican church located at 26 Pitt Town Road, Kenthurst, has a service at 9.30 a.m. every Sunday morning. You are most welcome to join us. Phone. 96541627 or 88517428.

**Galston Uniting Church**  
Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 12 noon to 4.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest: Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

**Galston Seventh Day Adventist Church**  
Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

**Glenorie Community Church**  
Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 602 989 Church 9652 0577.

**Glenorie Mission Church**  
Sunday Service 10:00 am. 1409 Old Northern Road (Cnr Muscos Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

**Hillside Church**  
Meets 10:00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

**St. Columb's Anglican Church**  
Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

**St Benedict's Catholic Parish**  
Mass at the Monastery, 121 Arcadia Road, Arcadia at 7am every morning. Mass at the Parish Church, Cnr Fagans Rd and Arcadia Rd 7pm Saturday and 9am Sunday. Ph 9653 2312. Parish Priest Fr Bernard McGrath 0416 032 497

**St James Anglican**  
Service Times: 8am Traditional; 10am Contemporary with Sunday Kids and Yr 5-9 Teen group; 6pm Evening church for youth and parents. 'Epic' kids club and Youth Group - Fridays (see website for details). Galston and Old Northern Roads, Dural. Phone: 9651-1119

**St Madeleine's Catholic Church**  
28 Annangrove rd. Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

## LOCAL SPORTS ASSOCIATIONS

**Dural Country Club Bowling Clubs**  
New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

**Dural Country Club**  
Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce 0428 970 439.

**Dural Rugby Club**  
Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugbynet.com.au.

**Galston Glenorie Amateur Fishing Club**  
Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

**Galston Glenorie Cricket Club**  
For further details regarding season events, grades and registration, contact 0404 600 460. gccc.nsw.cricket.com.au

**Galston Club Golf Club**  
Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

**Galston Equestrian Club**  
New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

**Galston Netball Club**  
All enquiries to secretary. galstonnetballclub@gmail.com or visit the website www.galstonncc.nsw.netball.com.au

**Glenorie Social Golf Club**  
Plays monthly, visit www.glenoriesrl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

**Hills AUSSI Masters Swimming Club**  
Adults 18 years to 80+ are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun and friendship, ring Di on 0418 432 587.

**Hills Hawks Soccer Club**  
For season details and registrations call Michael Rosier on 0418 676 768 or agmnsulations@bigpond.com.

**Hills Hawks Softball Club**  
Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: hillshawkssoftball.org.au.

**Hills Pumas Football Club**  
For information including registrations, call Sarah Sumska on 0430883385 or email registrar@hillspumasfc.com.au

**Kenthurst Netball Club**  
Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

**Tennis / Squash Social Group**  
Looking for new players. Call 9847 6050 or email tennisandsquash@live.com.au

**Tennis Court for Hire Galston**  
At rear of Galston Community Hall. Available Day or Night. Mobile Jane on 9847 6050.

**Tennis Court for Hire Glenorie**  
Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

**Tennis Court for Hire Hillside**  
Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

**Thursday Ladies Tennis Competition in the Hills District**  
Players of all standards are welcome. For more details and contacts please see our website at hillsladiesstennis.org

# LOCAL PLAYGROUPS

## GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email [galstonkidsplaygroup@gmail.com](mailto:galstonkidsplaygroup@gmail.com) for info about current session times, or ask at the Galston Community Health Centre office.

## GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

## ARCADIA

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562

Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they

are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

## Arcadia

Every Monday from 10am to 12noon during school terms. St Benedict's Parish, Cnr Fagans and Arcadia Roads, Arcadia. All children and their carers welcome!

## DURAL/GALSTON

St Jude's Kids Crew. A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

## KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

## CALLING ALL

# Playgroups



If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:  
[editorial@galstoncommunity.com.au](mailto:editorial@galstoncommunity.com.au)

## IMPORTANT LOCAL INFORMATION

### HELP and INFORMATION SERVICES

General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

### LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain DAVID BYRNE	9655 1656
Galston Rural Fire Service Fire Captain ROB SYMONS	0409 470 205
Glenorie Rural Fire Service Fire Captain GLYNN LLOYD	9652 2017
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	9652 2245
Middle Dural Rural Fire Service Fire Captain LEN BEST	0408 220 705

### LOCAL JP's Bendigo Bank Galston - 9653 2227,

Geoff Lynch Galston Newsagency,  
Cathy Vipond Hills Accounting, Glenorie - 9652 2400  
Vicki Brownless - 0423 727 826 (South Maroota area),  
Cherrybrook Shopping Village, Shepherds Drive,  
every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays  
between 1:00 PM and 3:00 PM.



GALSTON, GLENORIE & HILLS RURAL  
**COMMUNITY NEWS**  
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**Deadline for December 2019 Edition**  
18th November | 7000 COPIES DISTRIBUTED

### Answers from October Issue

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# WHAT LENDERS WANT YOU TO KNOW BEFORE YOU BORROW

Carolyn Wheatley, Belle Property's Rural Area Specialist walks us through applying for a home loan. While lending restrictions have recently softened, banks have been increasingly focussed on borrower's ability to repay their loans. And they're asking some unique questions to find out if they can. According to Lendi, in the past, bank requested "more information" from around 40% of applicants, now, more than 67% of applicants are required to submit more information. So here's what you may be asked when applying for a loan and how you can prepare:

## What do you spend your money on?

A no brainer, but it may surprise you how much detail the bank will require about your everyday living expenses. Typically you will need to provide a detailed view of where your money goes each month, which may be reviewed line by line.

## Are you employed and do you earn enough?

Your currently salary and employment details will be reviewed, and lenders will carefully consider whether your salary can support your lifestyle, and you mortgage repayments. Ideally, you want to be employed in your current position for at least 6 months. If you're a contractor, even longer.

## Do you have savings; but more importantly can you save?

Of course saving for a house deposit is a major part of approval, but lenders are now also asking for you capacity to save – consistently.

So, how can you best prepare for these conversations with your lender before you have them?

"Put yourself in the best position to secure your loan by having your paperwork in order before you speak with a lender" says Carolyn. According to NAB, you should come prepared with as much documentation as possible, including personal IDs, bank statements, credit card statements, payslips, tax returns and any other documentation relating to owned assets or investments. "While every lender will ask you about what you can earn and owe, it's best practice to be prepared for the curly questions that might come your way. Get your documentation in order and be as transparent as possible, and you'll be in the best position to secure the loan, and the home, you're after."

For more information or to know who to talk to next, contact Carolyn Wheatley today – 0407 120 483.

## SOLD BY CAROLYN WHEATLEY 43 Tecoma Drive, Glenorie

### SOLD IN 12 DAYS AND HERE ARE THE FACTS!

- \* Highest residential suburb price 2019
- \* Previously on the market with another agent
- \* Multiple offers, 1 open home
- \* 67 enquiries and 23,700 internet views
- \* Extensive market reach via the Belle network

### TRUSTED - PROMISED - DELIVERED



CAROLYN WHEATLEY  
0407 120 483 | carolyn.wheatley@belleproperty.com



**belle**  
PROPERTY



# YOU COULD WIN UP TO \$10000.00\*



## Members Badge Draw

**NOW on Wednesday & Friday nights between 6:30pm and 9:30pm**  
**Jackpots \$300 per week**



**Rotary Club of Galston**

**16.11.19**

### FASHION SHOW

AT THE GALSTON CLUB  
 2PM-4:30PM  
**\$20 PER PERSON**  
 Champagne and canapes on arrival

Hornsby Womens Shelter  
 Proudly Supporting the Hills Womens refuge.  
 Book online at [www.trybooking.com/tf5aj](http://www.trybooking.com/tf5aj)  
 FEATURING  
**BLUME CLOTHING**

# TOTAL RECALL

THE NON-STOP PARTY BAND

## 80's PARTY FANCY DRESS

**23<sup>RD</sup> NOVEMBER**  
 AT THE GALSTON CLUB

DOORS OPEN **8PM**

**TICKETS**  
 \$20 PRE SALE  
 \$25 AT DOOR

## Lunch Specials

**Monday to Saturday**

Members \$9.90  
 Visitors \$11.90

10% Public Holiday surcharge applies

## All day specials

**Monday to Saturday**

Members \$14.90  
 Visitors \$16.90

Includes a Schooner of Coopers or Glass of Chain of Fire Wine or Soft Drink

10% Public Holiday surcharge applies

## Members Happy Hour

**Monday to Friday 4pm-5pm**

Excludes Public Holiday

International ABBA Tribute Band

# ABBASBACK

7<sup>th</sup> December

**TICKETS**  
 \$10|M \$15|V  
 PLEASE SEE RECEPTION FOR TICKETS  
 \$5 Deposit and full payment must be made 7 days prior to the event.

Doors Open at 8pm  
 Show starts at 8:30pm

PLEASE JOIN US FOR A

## Christmas Day Buffet Lunch

Wednesday **25** DECEMBER 2019  
 12PM-2:30PM

THE GALSTON CLUB  
 LUNCH|DESSERT

Meal Service 12 noon to 2:30PM  
 Adult - \$80 | Seniors - \$70  
 Children - \$5 Per Year (5-12)

-RSVP-  
 Book your tickets at Reception or call 9653 2017

### TUESDAY

- Tuesday nights Poker \$20 buy in rego starts at 7pm

### WEDNESDAY

- Bingo – ticket sales from 10am. Bingo starts 10.30am sharp
- Over \$700 in prizes to be won!**
- Trivia 8pm
- Raffle tickets on sale 7pm
- Total Value of raffles \$500
- Joker Jackpot \$5200\*

### THURSDAY

- APL Poker Free Roll plus Jackpot\*
- Pool Competition Max Prize \$200\*

### FRIDAY

- Monster raffle, 40 prizes to be won, tickets on sale 7pm
- Total value of Raffles \$1500
- Spin n Win

### SUNDAY

- Kids eat Free (1 x kid eat free/minimum spend per adult \$16.90), 12years & under
- 10% Public Holiday surcharge applies

\* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication.

Badge draw LTPS/18/25700 and Spin n Win LTPS/18/29513 information for members & their guests.

ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: [www.galstonclub.com.au](http://www.galstonclub.com.au)