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## **ARCADIAN ARTISTS 2019** EXHIBITION AND ART TRAIL

9TH AND 10TH NOVEMBER



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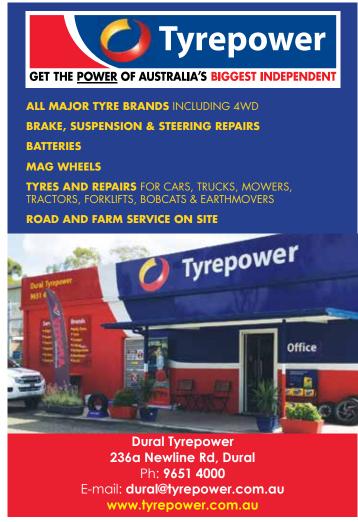
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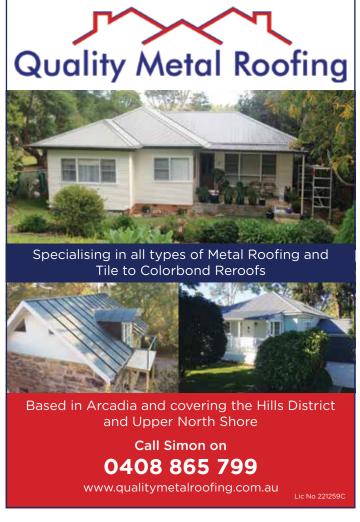
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## Neighborhood Watch



Please report all suspicious incidents to local police or the police assistance line on 131 444.

## September has been a particularly horrific month on our roads.

Arndell teacher, Karen Mitchell, 34, was was tragically killed in a head on crash along Cattai Ridge Road, near Halcrows Road intersection. The scene was attended by our local RFS together with police, ambulances and careflight. The other driver sustained critical injuries and was transported to hospital. Our RFS volunteers face difficult situations in their roles helping our community with accidents, bushfires and other emergency situations. Their mental welfare, following such traumatic circumstances, are supported by programs run by the RFS Critical Incident Support Services. This is a 'gold class' program to help them deal with the situations they face.

Karen Mitchell's family have asked for no flowers, but instead have started a GoFundMe

page for donations. A link to this page can be found on the Galston News facebook page if you wish to donate.

A number of local residents who heard the crash, responded and assisted and supported the emergency services. We would like to extend our thanks to those residents who must have faced a terrible situation. In the days following the crash a number of local residents contacted the Glenorie Progress Association to organise a campaign to reduce the speed limits along Cattai Ridge Road, due to the history of serious accidents. The GPA have been successful in getting speed reductions on our residential roads.

Other reports this month include a **drug bust** at Leets Vale following a stop and search of a man travelling with his 6 year

old daughter at the Webbs Creek Ferry at Wisemans Ferry.

**Car break-ins** in Galston residential area, including a ute owner who had all his tools stolen. This was unfortunately the second time it has happened to him.

Over the past 8 weeks, Hornsby Police reported 8 **motor vehicle break and enters**, and one break and enter at Galston High School and Glenorie Public School.

The rural areas have seen a particularly odd situation of **stealing** of water back-flow prevention devices from their properties. These appear to have happened overnight with residents waking up to no water as their pipes have been cut. Rural residents are advised to possibly review access to these devices.

# Galston Family Practice BULK BILLING

## COME AND MEET OUR LOVELY NEW DOCTORS

**Dr Lisa Liu** has recently joined our team. Dr Lisa has a particular interest in women's and children's health.

**Dr Peng Wang** our male doctor remains with us and is enjoying getting to know the local community, and helping them to remain healthy and active.

Extended hours Monday, Wednesday, Friday - please phone to book on **02 9653 1395** or go online with **Health Engine** to make an appointment.

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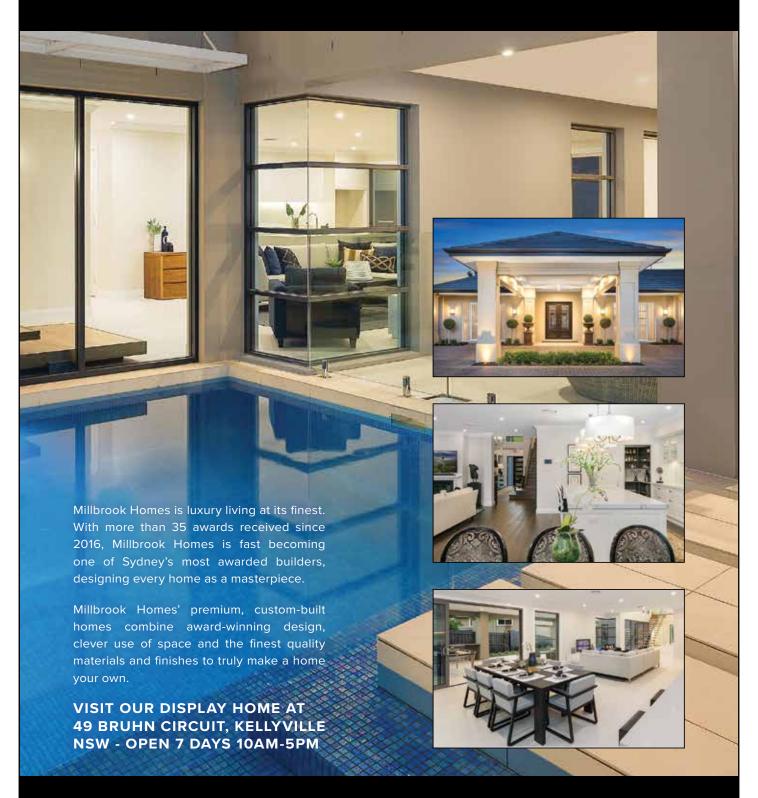
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## SLOW INTERNET AND POOR MOBILE RECEPTION CAN BE A THING OF THE PAST

Living in the area we do, it is easy to accept that there will be compromises. Certain things won't work as well as they might closer to the city, and connectivity is one of them. Mobile phone reception is poor, and ADSL connections are worse.

However, there are very good ways to get around these issues. Depending on circumstances a carefullyplaced 4G booster may be able to enhance mobile reception to the point where calls stop dropping out, and dead spots are no longer an issue. In fact, there are several very viable 4G alternatives to ADSL broadband now as well, which might help to stop those annoying internet drop-outs and boost our notoriously slow speeds.

An antenna pack on the roof can help pick up and amplify a much stronger signal, making ADSL redundant in certain areas. Once connected, WiFi can be sent to all areas of a property with the help of extenders, cancelling out black spots and poor reception.

So too for point-to-point internet systems, which can share a signal from one area or premises to another say from a home office to a shed on the other side of the block. Rather than get a separate account, the same signal is relayed from the home router to a second receiver, providing fast, functional WiFi at remote locations.

There are plenty of tricks to overcoming poor connectivity, once you know how. For a free site inspection and quote pls contact Matt @ 0425 302 026. Galston CWA News

# FROM ONE COUNTRY'S TO ANOTHER'S

"On a hot afternoon, a group of women in Kopianda village, Papua New Guinea, sit beneath the shelter of a 'haus win', sharing stories about their latest initiative: a baking enterprise using drum ovens. The women are the backbone of society, caring for their families, tending to food gardens, and now contributing financially to ensure the survival of their people."

Our September meeting marked International Day with a sincere appreciation of our country of study, Papua New Guinea, and of course we pay homage to the women of this rugged country.

We welcomed guest speaker Paul McKinnon, amoung other special guests, to our Papua New Guinea tropical themed lunch. All the cooks excelled themselves with dishes including chicken, sweet potato and coconut soup, and roast pork



Photographer: Kiara Worth Location: Komo, Southern Highlands, PNG

and vegetables, followed by an array of delicious desserts; tropical fruits, sago pudding, passionfruit pavlova and pineapple and cream cheese slice, to name a few. It was a most enjoyable afternoon.

We'd also like to take this opportunity to thank two kind donors with generous donations of fabric, yarn, craft items and sewing machines. Look out for details of our craft competition in the next issue.

We meet on the second Wednesday of each month at the Galston Health and Resource Centre. We are always looking for new members and would love to welcome you to our AGM in October.

If you are interested in joining, please contact us. www.facebook.com/CWAGalston Jann 0439 222 217 | Pam 9653 1036.



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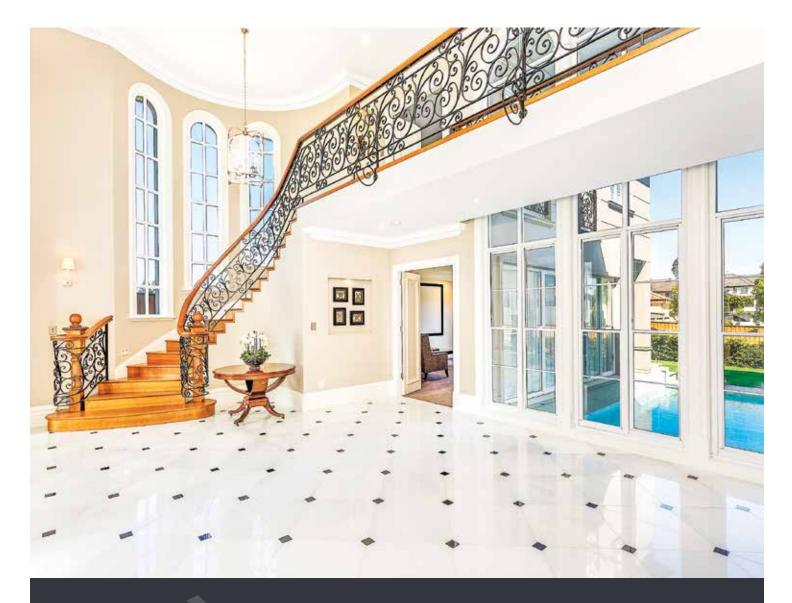


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## SALVATION ARMY BY KATY JOSCELYNE

Spring is not only with us with flowering garden beds and gum trees in blossom, but seems to be heralding a hot, dry summer. The long-range weather forecasts are far from optimistic for those of us who love a rainy day!

At our Dural and Glenorie stores we are tailoring our merchandise to reflect the warmer days. The shoe shelves are now displaying a wide range of sandals and fashionable strappy shoes, and the clothing racks are crammed with blouses, T-shirts, casual tops, shorts, lightweight pants and peddle pushers, swimwear and summer hats. The same range is echo-ed in the babies' and children's wear section, so there is something for everyone.

We carry an extensive range of jewellery: watches, earrings, pendants, bracelets and necklaces. And our Collectables Cupboard at the front of the Dural Store houses many treasures from a bygone era.

School holidays commence on Monday 30th Sept and go through until Friday 11th Oct.

Mums and dads: you are welcome to come in, choose a book or two from the hundreds on the shelves, settle yourselves in our comfy Community Corner and read to your children. At 20c per picture book, you can then take a selection home with you! Look out for well known series like Thomas the Tank Engine, Hairy McClary, Beatrix Potter, the Lola series, and hundreds more. Let the older children choose

from the young readers' chapter books at just 50c per copy: we regularly have Enid Blytons, the Treehouse series, Minecraft, Pokémon, Anthony Horowitz, John Marsden: all the great current "must have" authors can be found waiting to be enjoyed again.

Please note that both stores will be closed on the Public Holiday of Monday 7th Oct. We ask you please to save your donations to us for delivery during our opening hours. Items left outside these times are sometimes vandalised, stolen or strewn over the pavement and car park, which is obviously not what you have intended in giving us your pre-loved items.

Management is considering issuing In-store vouchers for the-run up to Christmas. This could be a wonderful idea to give to children so they can choose their own gifts for the family. And what a lovely Win-Win idea! You benefit from our bargain prices, and your money goes towards helping needy people in our community. We will let you know next month if this eventuates.

Our store manager, Juanita, is following her dream of working with school children and their parents. She has led the teams at both stores for 3 years, and we will miss her gentle Christian approach and input.

Our eagerly anticipated Half Price Storewide Day is scheduled for Thursday 31 October.

Come in and browse to your heart's content. We look forward to seeing you.

## **EASTBEND UPDATE** AND NOTICE OF **UPCOMING**

New archive cupboards have been purchased by Eastbend (they were fully funded by a generous benefactor). The cabinets were assembled in the Resource Centre by four members of the Wisemans Ferry Mens Shed (and many thanks to them too).

The next Eastbend Rural Communications meeting will be the AGM, to be held at 1.30pm on Monday 11th November at the Resource Centre, Maroota Public School, 4540 Old Northern Road, Maroota. An election will be held to choose members of the **Executive Committee for the coming** year. If you wish to stand for or nominate someone for a position or have anything you would like to discuss or have help with in the meantime please contact the Secretary, Vicki Brownless at livingheritage6@gmail.com, or Tessa Corkill, at 2archaeics@gmail.com or 9652-1470 at any time. As always, from 1pm on 11th November there will be a light lunch and time for a chat before the meeting starts. We look forward to seeing you there!



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COMMUNITY NEW

One of our past restorations is the Atco Auto Scythe pictured. It was quite dilapidated but complete when donated to us. We worked our magic on it and it looks good and runs beautifully. These were made in UK before and after WW2, but are fairly uncommon in Australia. Machines of this type are very much frowned upon these days as they are very dangerous to say the least! Just the same, it is an interesting machine, and similar in function to the much more common Allen Oxford scythe in our collection.

Council has deemed much of our workshop machinery, (all of which had been donated over the years,) did not meet WHS standards. As a result, they have replaced several items, and provided a number of new battery powered tools. On order, as I write this, is a new lathe, and it will be cause for much celebration when it arrives! I do think this investment by Council represents an endorsement of the value they see in our service to the community.

The Fagan Park museums and Netherby Homestead are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each month during the afternoon. All visitors are welcome.

We would especially like to encourage people to join our group, and ladies are most welcome. Contact me at the park on a Tuesday or phone anytime.

lan Browning, Honorary Curator, 0419 435 475.

Well, our wishes did come true - what a lovely lot of rain we had at the end of August! Unfortunately, the catchment and the farmers missed out, but it has freshened up the park for our Open Day on Sunday of the long weekend, 6th October. Come and join us, meet some of the Friends, have a chat about our displays, and enjoy a cuppa.

The 1918 International truck restoration proceeds apace. Mind you, it will probably be another year or two before it is finished, as

there is so much to do. Nevertheless, we can tick off a couple more milestones achieved the gearbox has been reassembled, and the radiator has undergone a full rebuild.

The Bave-U orchard spray pump that has been a troublesome restoration is finally running well, thanks to the persistence of a couple of our Friends. It refuses to be started with the crank handle, so a starting aid has been rigged up, a much easier method than hand cranking. I hope it will behave and run on display at the Open Day.



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## **GLENORIE PROGRESS ASSOCIATION**

#### LOTS OF PLANNING GOING ON

The Glenorie community is at an interesting juncture in time in terms of planning. Glenorie is split by two local councils, The Hills Shire and Hornsby Shire councils. Both councils are undertaking planning reviews and planning.

The Hills Shire Council has drafted 2036 Local Strategic Planning Statement (LSPS) and Hornsby Shire Council's most ambitious planning project to date, the Local Strategic Planning Statement (LSPS).

The plans may impact our way of life in Glenorie. The Glenorie Progress Association has made a submission to The Hills and will submit to Hornsby along the same lines. In case you have not had a chance to see our response, you can view it on the GPA website at: //www.glenorieprogress.org/glenorieplan

#### Here are some excerpts from the response:

The data presented in the LSPS tells the story of significant growth in the shire into the future, mainly in concentrated urban areas close to public transport hubs. Glenorie is one of a very few remaining contained villages in the shire and possibly the most unique due to its proximity and rural setting. It is logical to expect that Glenorie will increasingly become an asset to both The Hills Shire and Hornsby Shire as the majority population in the concentrated areas seek relief from their urban setting and seek an easily accessed destination in a rural setting. To that end, to benefit not only the Glenorie community, but also the wider community of the shires, the GPA seeks to assist the Council in planning to evolve Glenorie with a character overlay part of which is a destination for others, with local services, open public green spaces that reflect our rural and natural heritage.

#### INTEGRATED PLANNING

Glenorie is split by LGA (Hornsby and The Hills) and from time to time by electorate both state and federal as the boundaries are moved. Even within the Greater Sydney Planning Commission, Glenorie is split. Glenorie sits on the periphery of every area / jurisdiction

and so historically has attracted little attention. This has been a blessing and a curse.

With the Hills Shire and Hornsby Shire both conducting reviews and forming strategic plans at similar times, the opportunity exists for The Hills and Hornsby Shire planning teams to collaborate on a holistic plan for Glenorie, or produce two complementary plans (one for each side) for Glenorie. We are very encouraged that The Hills Shire Planning Team has stated its intent to do so. The GPA would love to see this stated in writing as part of the strategy.

#### **GUIDING PRINCIPLES FOR DEVELOPMENT Contained Village**

Glenorie is a village and must remain a contained village. We note the Planning Team's nominal 1km radius from the centre of Glenorie as a nominal containment line for village development. There are "pockets" within the containment line which are not suitable for development or where the affected community would not welcome development. Regardless of how a boundary for the village is determined, by radius, or asset boundaries etc, the GPA above all other principles wants a village concept maintained with no urban sprawl.

#### Development must release public green space that is connected and accessible

Any development must release public green spaces that are connected and provide access and connectivity to residents and visitors. The public areas must contain navigable paths and be natural or landscaped. NB: While Glenorie has large spaces, they are private and not





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accessible, and Glenorie lacks public, accessible green spaces.

Commercial, retail and light industrial zones in and around the village are needed to provide services and employment opportunities.

The GPA would like both councils to work on setting aside zones to support increased retail opportunities (on both sides of Old Northern Road), commercial opportunities and a light industrial / commercial area away from the village, so that Glenorie's service, commerce and employment opportunities can increase.

#### What initiatives would you like to see actioned in Glenorie. Have your say.

You can make a meaningful contribution to the progress of Glenorie. What do you think of: Netball Courts at Les Shore Reserve, or maybe a skate park? Do we need a path from the village to the oval? Does Ted Schwebel Park need toilets and shade? Whatever the idea or need, Hornsby and Hills Councils as well as State and Federal Governments appreciate the input of Glenorie Progress Association to assist in their planning and expenditure.

Next meeting Thursday 8 October at 7pm at Glenorie RSL. You can find out more or join or renew at www.glenorieprogress.org

See a further report from the GPA on page 16 regarding the Hornsby Local Strategic Planning Meeting.

## **YOU RAIZED ME UP**

#### **COMFORT DISCOVERED**

We have written earlier about "falls prevention strategies". But what if we did have a fall? There are several techniques that can be applied by a persons to get up on their own, provided there is no injury or no medical attention required. Your Occupational Therapist would provide a technique that is personally suitable to you. It is important to consult your GP or the Occupational Therapist to understand and attend to the root cause for a fall. In many situations at home, in a retirement village or in an aged care facility, it would be challenging and most times unsafe, for a single person to assist. Raizer Lifter Chair comes handy in such a situation, if no medical attention is required.

Raizer is a battery operated mobile lifting chair that helps a fallen person up to almost standing position

within a few minutes. Raizer can, with ease be assembled and operated by only one assistant and does not require any physical effort, besides a supportive hand. It's easy to transport in two light bags, assembles quickly and the safe working load is 150kgs.

This protects caregivers from serious injury. This sleek, innovative chair enables one assistant to safely raise a large adult to a sitting or standing position in just a few minutes. Fast and simple to setup, Raizer is easy to assemble. Components are placed around the fallen person, with little disruption, and locked into position. Safe for caregivers, one assistant can easily perform the lift with virtually no physical effort besides a supportive hand. For a video demonstration of a Raizer, please head to comfortdiscovered.com.

COMMINITY NEWS



Gillian and Susie from Billi & Gus would like to thank our local community and friends for their support over the last two years.

We are sad to go but would love to see you call in to grab a bargain soon. Lots of savings on clothing, homewares, lamps and decorator items.

\*Discounts on all stock except candles and diffusers.

Shop 3, Round Corner Plaza, 524 Old Northern Rd, Dural, 2158 Ph: 9653 9845 Email: billigus1@gmail.com





## MELBOURNE CUP

You can celebrate anything anywhere, including the Melbourne Cup, as one exclusive restaurant, Biviano's Dural will prove.

Biviano's Dural will be the scene of fun and glamour during their sixth Melbourne Cup three-course luncheon on

#### Tuesday, November 5, 2019, 11.30am to 4pm.

People can dance to relaxing party music provided by a DJ, and live coverage of the race will be offered through a large screen at the end of the dining hall.

Sweeps and lucky door prizes will be on offer. The meals will be prepared exclusively for the luncheon by the head chef, San, and his team.

Diners are set to be the centre of attention in the bestdressed competitions, which Marketing Manager, Mag, is especially looking forward to. "The prizes will be also be a surprise!" he said. "We don't like spoiling the celebration at Bivianos." Ladies; judges will assess your dresses, shoes, bags and hats. Men, your shirts, shoes and ties.

"Why not start celebrating your year of hard work before December, it's a chance for everyone to wear the fashion that he or she is most proud of."

Tickets are available until 10pm on November 4. Visit www.trybooking.com/BEIXV . For those drinking, restaurant staff can arrange taxi services to transport patrons home after the event.

Mag said staff are currently preparing Biviano's Dural for Christmas parties and the year's main event, "New Year's Eve celebrations."



**IVING CHOICE** has a vision to create the Hornsby Shire's finest retirement living community and will be sharing Ithis vision at a Community Update on Monday 21st October. It will host an information session at the Galston Club on Monday 21st October at 5.30pm and complimentary refreshments will be provided.

Living Choice's Regional Manager, Gail Eyres, who was recently named a finalist in the Retirement Living Council's NSW Manager of the Year Awards, said good progress had been made over the past few months and she was hopeful that the planned upmarket retirement village at 330 Galston Road would soon be given the green light.

"When Living Choice purchased the site in 2016, it was already approved for a retirement village, however to meet Living Choice's high design standards and also improve the facilities on offer, a revised application was submitted. The revised designs were shown to clients who had expressed an interest in the village and were overwhelmingly well-received," she said.

"Unfortunately, these designs were not approved so we went back to the drawing board to make some changes. The amended designs will be submitted to the council at the end of September and we will be sharing them with our clients and anyone interested in Living Choice Galston," she added.

To book for the Community Update, phone Gail or Carlie on 1800 797 333 or email sales@livingchoice.com.au by 17th October.





## Living Choice Galston **COMMUNITY UPDATE**

Living Choice, one of Australia's leading privately owned retirement village companies, has a vision to create the Hornsby Shire's finest retirement living community at 330 Galston Road, Galston.

This will be the perfect opportunity for local residents and business owners to learn more about the latest exciting plans at our third Community Update. Meet our Head Designer, General Manager, Regional Manager and chat to our sales and marketing team. Complimentary refreshments will be provided.

Where Galston Club, 21-25 Arcadia Road, Galston.

Monday 21st October 2019. When

Time 5.30 pm - 7.30 pm.

RSVPs essential - Phone Gail or Carlie on 1800 797 333 or email sales@livingchoice.com.au by 17th October.



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NJK describe our small home builds as more than your average "Granny Flat". We customise to suit every individuals needs from initial design approval to hand over, using the most up to date, current design concepts and products, overseen by our in house interior stylist.

#### SUPPORTING LOCAL TRADES!



NJK are proud to support our local, talented and multi award winning trades as seen on our current project located at Glenorie.



Nick Vlouhos, owner of NJK Property Group with multi award winner Maluna Joinery and top selling local real estate Keith Hilliard, McGrath Real Estate.









## Follow our current project at Glenorie... WHY SACRIFICE COMFORT FOR SPACE?!!!

This small home has 3 metre high ceilings, bathrooms tiled to the ceiling as well as a bath tub, 4.5m x 5m living space and 2.4 m windows!

From this...





To this...



## Final product coming soon!!!

As seen on Channel 7 (BEST HOUSES AUSTRALIA) https://vimeo.com/143214002

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## **BOWLERS JOIN**

# he Sports Gala TTHE DURAL COUNTRY

Hard working Sports Director on the DCC Board organised a day where the enthusiasts of Lawn bowls, Bocce, Indoor bowls and Fishing could have a fun day with their sport. Of course the men and women bowlers joined in. Angove Wines sponsored the prizes, the bowls winners being Sue Vindin and Doug Farlow.

On a more serious note the ladies played the Consistency Competition, a slightly different form of Singles which was won by Robyn Scoble who had a great tussle with Diane Trovato before reaching the target of 150 shots. This was a first big singles win for the hardworking president of the ladies' club.

The Trovatos have had a successful time with Tom defeating Mike Freeman in the Minor Singles and joining Diane to defeat Margaret and Stuart Yeend in the Mixed Pairs. A good example of bowls as a game where families can play together!

## **FERRY ARTISTS**

The Ferry Artists current exhibition titled "Our Wild Life", opened on 14th September. The Gallery is filled with our artists colourful, creative and highly skilled interpretations of "Wild" and "Wild Life". The opening was a fabulous occasion with the Gallery full of artists and friends who joined together to celebrate these latest works. "Our Wild Life" will run until early November when it will be replaced with our end of year exhibition.

Members of the Ferry Artists Gallery are also currently representing us at the Hawkesbury Regional Gallery. They are exhibiting in this years Hawkesbury Art Fair along side other art societies of the Hawkesbury region. This Art Fair will run until 13th October so do make the trip to see what our talented members have on display there.

The Gallery is currently open daily 10am to 4pm so pop in and meet one of our artists or friends on duty and have a chat about the talents of our local artists and artisans!

Ursula Prince and her Bushwood sculptures



## **GLENORIE PROGRESS ASSOCIATION CONTINUED**

#### Glenorie Progress Association (GPA) to Hold Glenorie Community Forum on Hornsby Shire 20-Year Local Strategic Planning Statement (LSPS)- Last Chance to Have Your Say!!!!

The draft LSPS is a 20-year strategic plan for the Hornsby Shire. It is Hornsby Council's Strategic Plan driven mainly by targets that have been set by the NSW State Government for population growth in the area. It will include a separate Rural Areas strategy and a guide to the type of development that will take place in the Shire and in Glenorie over the next 20 years. Public submissions close on October 16 and now is Glenorie Residents' chance to have your say before it becomes too late.

The current draft LSPS sets 8 key priorities:

- 1. Expanding the tree canopy
- 2. Protecting the character of low density neighbourhoods (such as ours)
- 3. Improving the quality of architectural design for new developments
- 4. Protecting, conserving and promoting the Shire's natural, built and cultural heritage
- 5. Revitalising the Hornsby Town Centre
- 6. Protecting and enhancing the environmental value and economic productivity of the Metropolitan Rural Lands
- 7. Supporting sustainable economic growth
- 8. Building resilience to natural hazards, including bushfire risk, flooding and climate change

Hornsby Council has sought Community input through various forums, including Community meetings, 'pop-ups', direct submissions to Council and an online questionnaire. The GPA will make a submission to Council on behalf of the Glenorie Community and your input is sought in this regard, We are hoping to have Hornsby Planners present a summary of the draft LSPS and Rural Strategy, followed by questions and an open discussion of your/Community views.

A tentative date has been set for October 8 at the Glenorie RSL but, depending on the availability of Hornsby Council Planners, this may change so please watch the GPA website, Glenorie Woollie's noticeboard and Glenorie Community Facebook page for further details.

> HILLS DOG CLUB INC. presents

FREE INFORMATION NIGHT FOR CHILDREN ON

#### **BE DOG WISE**

MONDAY NIGHT 14TH OCTOBER 2019 6:30 pm-7:30 pm Castle Hill Showground Dog Rings (Lower Showground level)

This informative night will cover the safety aspect of children and dogs. It will also discuss raising dogs in our family life and help children to understand what their dog is telling them.

Children will be fully supervised during this event and Parent or Guardian must remain on the Dog Grounds.

RSVP: infohillsdogclub@gmail.com.



## **CUBS NEED MORE SPACE**

1st Dural Cub Scouts attended the Hills District camp recently with units from Kellyville. Castle Hill and Balcombe Heights. The theme "I need more Space", developed from Cubs ideas at a recent Cub pack council, took them on an intergalactic mission to colonize a new planet. The storyline involved cubs being put into Cryostasis and being transported on a lightspeed spacecraft to Earth2, which unfortunately crash-landed Friday night on arrival. Cubs had to use orienteering skills by torchlight to recover supplies (trestle table, gas bottle, BBQ and cooking equipment) that were scattered throughout bushland. The theme continued throughout the camp with activities such as camp cooking, alien



dress-ups, movie night, Gadget making with sticks/ropes and parachute making. It was exciting to try out the much-needed new tents, made possible with the support of local community through fundraising efforts.

Cub Elijah Dawson said "On the first night after the crash-landing we had to go and find our food supplies. It was dark and so we made sure we didn't get separated from our patrol of 6 Cubs by holding onto a rope as we moved about the bush with head torches.

My favourite part of the camp was when we were cooking. One afternoon we made S'Mores, which are a tasty treat made of marshmallow and biscuits wrapped in foil and cooked on the fire."

1st Dural Group currently has vacancies for Girls and Boys from 6 to 25 yo. More information can be obtained from 1stduralenquiries@gmail.com

## **CHANGES TO THE 40KM/H ROAD RULE**

The NSW Government has announced changes to the 40km/h road rule for vehicles passing stationary emergency vehicles. Following a 12 month trial of the existing rule, a number of changes are being made.

From 26 September:

- Drivers will no longer need to slow down to 40km/h on roads with speed limits of 90km/h or .. over..
- Drivers will continue to be required to slow down to 40km/h on roads with speed limits of 80km/h
- The rule will be expanded to include tow trucks and breakdown assistance vehicles, which are displaying yellow flashing lights while stopped on the road.

On roads with speed limits of 90km/h or over, drivers will need to:

- · Slow to a speed which is safe and reasonable for the circumstances.
- Give sufficient space between their vehicle and the breakdown assistance or emergency vehicle and workers.
- On multi-lane roads, drivers must change lanes to keep the lane next to the vehicle free if it is safe to do







Nothing brings people together quite like food and flames. That's the philosophy of Lincs Heating manager, Banjo Vogt. Talk to him and he will suggest why different meat cuts suit different BBQ products from around the world.

"BBQ's & Heating have been part of this business since the 1960s," Banjo said. "I'm really interested in how some of our products encourage us to forget about the world around us and to focus on our loved ones. It's a social thing where everyone gathers around to chat, bringing family back together."

One of many products available is an open fire table manufactured by New Zealand heating products company, Escea. "You can sit close to the fire and feel the warmth without getting too hot, because air is drawn into ducts beneath the tabletop, and that air is used for combustion of the wood or charcoal fuel," Banjo said. "Then you can cook Tepanyaki or Mexican together with friends or family, the options are limited only by your imagination". Banjo also likes using the Titan Industrial firepits to cook skewers or steaks when in a hurry.

Throughout the year, he will host cooking demos. Anyone is welcome to come and look. "It's mixing play with work, but it's a great way for customers to see firsthand the cooking-to-table results of these products," he

Mr Vogt entered the heating products industry through the back door; he was subcontracted to conduct heater installations as a fully licensed Plumber and Gas Fitter, for the previous business owners for 18 years, before buying the business.

'We separate ourselves from other Heating and BBQ product suppliers. Instead of just selling products, we're able to install the customer's product and service it. We also offer consultations with builders and architects to show how our Wood and Gas products will fit into the client's indoor and outdoor areas.

Our first service appointment for our heating products is complementary as well."

Lincs Heating Centre is on 126 George St, Hornsby NSW 2077. For more information call (02) 9477 3535.





# CHE DRY HAY RUN

Did you know that NSW is currently in one of the worst droughts it has been in for decades?

Now almost at three years straight with insufficient rainfall to feed and grow, our farmers face the daily heart break and struggle of knowing there is still no forecast predictions for decent rain anywhere in sight.

Last year, in early 2018 we visited a small country town called Brewarrina NSW, it wasn't until then that we realised how serious and life affecting this drought is and has been for these farmers. With all of the fundraising that had been done to help out farmers, Brewarrina and surrounding suburbs were yet to see any support or donations towards realistically staying alive. This is where Bone Dry Hay Run was born, a small committee of volunteers from The Hills district rallying together to do their bit to make a difference and help our farmers out.

In 2018 and early 2019 through our fundraising events and efforts we have successfully supported our farmers with raising over \$55,000. As soon as the money was in the

kitty after each event we immediately arranged logistics and transport to get the feed and supplies straight to our farmers. Completing five hay runs, that also included living supplies such as fresh filtered drinking water that is now also running out. We arranged vouchers to local produce stores in local Brewarrina areas, hosted BBQ's on the days of the hay runs and also did a drive for our female farmers and wives and were able to create 40 pamper packs, things that we simply take for granted in the bigger cities. We couldn't have done this alone and have many fantastic businesses behind us making all we do possible. Thank you to Bendigo Bank Galston, The Galston Club, Eric's Tender Meats Galston, Uniting Church Galston and many more businesses both locally and afar.

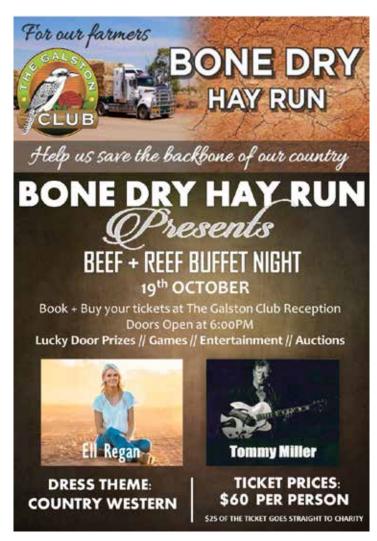
Whilst what we have done has created some relief for the Far North West of NSW and Brewarrina regions, they still need our help. We are gearing up for our next event and we need your help. Please grab your family and friends and join us for our upcoming Beef + Reef Buffet Night at The Galston Club on Saturday 19th October from 6.00pm. We invite you to dig deep, join us for a great night out with fresh seafood, meals, desserts, raffles, auctions, games and entertainment from the wonderful Ell Regan and Tommy Miller - Country and Western theme of course. So we give you permission to dig out your flanno, and do your bit to help us help our farmers during this relentless and unforgiving drought. Just \$60 per adult per ticket.

If you can't join us on the night but want to get involved please contact us, we are Accepting donations of prizes for our raffles and auctions, and are open to any ideas and contributions.

Please contact chairperson Shelley directly on 0400 558 696 or email at shelleywillsher@ outlook.com.au

All donations are GREATLY Appreciated and Recognised 100% of proceeds go straight to our farmers.

I am. You are. We are Australian.









Wed & Thur 11am to 3.30pm Fri to Sun 8am to 3.30pm







The regular 2019 winter netball season drew to a close at the end of August and entered the finals stages. Out of the 14 Galston teams playing, an amazing 12 were still involved in the semi-finals and of those, 9 made it through to the Grand Finals played on Saturday 14th September.

In the youngest age group, the U10s, Galston boasted 2 Premiers taking out both the Division 1 and Division 3 titles. The Division 1 team was involved in a very tight battle holding on to win 20-19, the Division 3 team put in a convincing performance winning their game 29-16.

In the U11s we also had two Premiers, taking out both the Division 2 and Division 4 titles, both teams had strong wins with scores of 43-17 and 26-14 respectively.

Our U12 Division 1 and U13 Division 1 teams were both unfortunately defeated at the final hurdle, although finishing runners up in the top division was no mean feat. Both teams were involved in tight battles, both losing by the narrow margin of 4 goals, 41-37 and 44-40.

In the U15s, our Division 4 team took out the Premiership in another tight game winning 26-25.

Outside the juniors, Galston was proud to have another 2 Premiership winning teams, the Cadet 2 team winning 37-33, and the A1 team winning a nail-biter 50-49!

What a season, 7 Premiers, 2 Runners Up, 2 Preliminary Finalists and 1 Semi-finalist!!

Thank you to all players, coaches, managers and supporters for making 2019 such a memorable and successful season. We hope to see you all back in 2020, and in the meantime, we wish good luck to teams playing summer comp and to our players selected into training for reps.

#### NetSetGO CLINICS - JOIN US IN TERM 4

The Galston Netball Club runs 7-week NSG clinics each school term. We welcome all boys and girls aged from 6-10 years to come along, have fun and learn the foundation skills of netball. The clinics have been very popular this year. Our term 3 clinics are well underway, term 4 clinics will commence Thursday 17th October from 4pm to 5pm at the Galston Netball courts. If you would like more information, please email nsg.galsolnetballclub@ gmail.com













On the weekend of September 6 and 7, the NSW champs were held at SOPAC in Homebush. Galston sent its biggest team in recent memory to this incredibly prestigious event. Short Course qualifying times are difficult to achieve, generally only allowing the top 30 swimmers in the state to even enter.

Galston, under the ever watchful eye of newly appointed, Head Coach Adrian Rossi, entered three individual swimmers in 5 events, and the U/13 Boys relay team in both the 4 X 50 freestyle, and 4 X 50 Medley Relay. Blake, Finn, Zavier, Jack and George swam amazingly, improving their entry time in both relays. Individually, Gabriella managed an astonishing 18th in 50 Breast (she had her cast taken off her arm one week before the race), Finn finished a mind boggling 17th in the 100 Breast (he swam in the 10 and under at only 9 years old...he actually came 5th in the 9 year olds) and Anastasia came a crazy 16th (coming into the event as the 27th fastest qualifier!)

Well done team on an amazing Short Course season. We now lengthen the pools by 25m and get into the summer Long Course Season. Go Galston!!

May I take this moment to thank outgoing Secretary, Robyn Charlton on her amazing contribution to our club over a decade. She had been not just one cornerstone, but about three of them during that time. We will miss both what she does and the amazing person she is.



# **BUILDING A GREAT SPIRIT OF COMMUNITY**

**GALSTON BENDIGO COMMUNITY BANK BRANCH ...** 

Dural's Men's Shed exists to offer support and improve the wellbeing of youth and men of all ages. The shed offers a relaxed, non- threatening environment where men can join together socially, work on projects together, share problems and help each other through various life issues affecting men.



Whilst the shed caters for mature men the group is also finding that men who are employed and also university students are joining, aiding the cross generational blend. Many of the men have severe health or family issues and the shed provides a tonic for guys to forget about their problems and enjoy the company of a great little community.

Inter-generational mentoring happens every Friday when about 10 boys from a disengaged background spend time working on projects with the older men in order to build self esteem and a sense of achievement. Similarly, on Wednesdays men from Warrah and also students from Galston High School come together to work on projects with the shed members.

The generous donation of a bus by BENDIGO BANK GALSTON has been accepted with a sense of excitement and expectation by the shed members. A number of men have remarked on the new opportunities the bus will provide - improving social interaction and engagement through the ability to take day trips for the shed members.

The shed is part of a community at THE CENTRE, and this includes youth activities, playgroups and women's group, the bus will enable these groups to go on trips and outings.

The bus can also be used to transport the FUTSAL teams from the Solomon Islands that THE CENTRE hosts each year. The Centre hosts FUTSAL teams from the Solomon Islands each January, to play in the Australian National Championships. The bus will take a burden off the shoulders of THE CENTRE in funding these travelling costs.

Dural Men's Shed is also developing plans to fully utilize the bus around the Dural/Galston /Hills area. particularly in helping elderly or young families to get around.

For more information see www.galstonbendigo.com.au/







## \$10 Lunch **Specials**

Your choice of a 9" Pizza, Pasta or Salad

Includes a drink

Tuesday - Friday 11am-3pm Shop 1, 940 Old Northern Rd, Glenorie

**CALL US NOW FOR LUNCH ORDERS** 9652 1753





At the Hills Tri Club Presentation Night held on Saturday 3 August 2019, an induction was held for the 10th Life Member into the club.

Life Membership is awarded to those who are passionate about this sport, are dedicated and active volunteers and are great role models.

#### **KAREN TALLIS**

Karen Tallis joined the club in 2007. Memories were shared on how Karen attended brick training sessions in the early years, smashing out a training set, and still managing to look glamorous afterwards, always dressing colour coordinated, especially with a dash of pink.

Karen Tallis has been actively involved as competitor and volunteer ever since she joined the club.

KAREN TALLIS with Club President Mat Edsall and Club Race Director Nichole Edsall

> As a competitor she has tried every distance, and in 2009 did her first Ironman at Port Macquarie. This year she completed her 7th Ironman, and is already planning number 8.

In 2014 she was Hills Tri Club Women's Club Champion. As a volunteer Karen has always been involved. When her husband, Scott was Vice President, Karen was always by his side assisting. Karen was then Vice President from 2015 to 2018. Whilst Vice President, amongst other duties, she actively assisted with organising all the alcohol and food for club champs and managed multiple sponsor relationships.

If Karen is racing she is always there to volunteer at rego. Before every race, she always asks how else she can help. Even this season, Karen has continued to be an active volunteer even although she is not a committee member.

Karen was also part of the managementcommittee that orchestrated the winning streak at Club Champs.

Karen has true club spirit: she is a fierce competitor, a female advocate, a mum who encourages her own children to participate and be active members, and a supporter of all other members.

For this reason, Karen Tallis became the 10th Hills Triathlon Club Life Member.

#### REMEMBERING OUR DEAR FRIEND, MUFFY (DOROTHY LINDSAY KEEL) 8th August 1943 to 15th August 2019



Muffy was an icon around Galston, Maroota and Wisemans Ferry. A great friend to many, muffy worked for a number of years at Waddells, at the til, serving many people in the peach season.

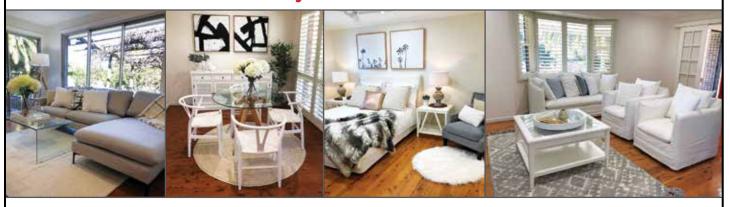
The loves of her life were husband Ron, her boys and her grandchildren.

Muffy was a 'no fuss' lady, yet at her farewell, the amount of people who attended would have truly surprised her. Thank you Rev. Geoff for your sincere service. Muffy will be missed very much by us all.



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## **LOCAL VOLUNTEERS RECOGNISED AT REGIONAL AWARDS**

The work of volunteers in New South Wales has been calculated to be worth in excess of \$5bn per year to the state economy. On September 4th at Castle Hill RSL, the Centre for Volunteering recognised the work of volunteers in the Hornsby and North Western Sydney region with the 2019 NSW Volunteer of the Year Awards. Two of the nominees were Mary and Lucy Falvey who have been active in the Galston/Dural area for a number of years.

Mary and Lucy are Girl Guide leaders for the Galston district. They are also part of the Cumberland Scouts and Guide Gang Show that performs in the June holidays in the Riverside Theatre Parramatta. Lucy is also a Rover Scout leader with 1st Dural Scouts, a member of Roteract and also volunteers at a local clinic. Galston Guides is proudly supported by Bendigo Bank (Galston and Community Bank) with the bank sponsoring community carol singing, membership for deserving families, and helping the unit with making essential repairs to the guide hall.

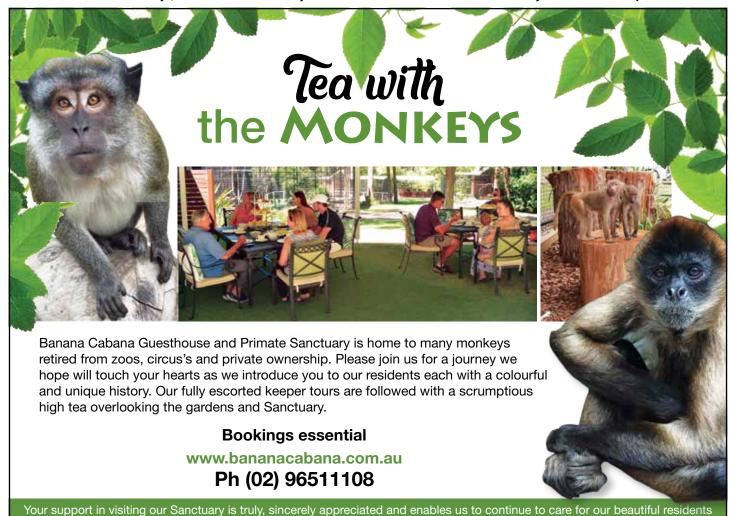
Business supporting volunteering for the local community is something our community can be very proud of in the area. Congratulations to Mary, Lucy and all of the volunteers recognised at today's award ceremony also to the local businesses like Galston and Community Bank that support them.

Galston Guides meet on Tuesdays, Junior Guides on Thursdays at 414 Galston Rd.



Linda Wake, KNC-Transport and Volunteer Coordinator based at the Galston Community Health Centre, wishes to recruit more volunteer drivers who live in the locality. The requirement usually involves picking a client up from his or her home in the Galston, Dural, Arcadia, Glenorie areas, taking them to the surgery, hospital or supermarket and bringing them home again. Waiting time is usually between half an hour and two hours; occasionally longer. A kilometre allowance to cover fuel costs is paid, based on distance driven, starting from and finishing at the driver's home.

Please contact Linda if you would like to help. Ph: 9485 7599.





# International Therap Dog Awareness Mon

94-year-old Arcare Glenhaven aged care resident, Mona Robertson had spent 88 years being terrified of dogs, due to a traumatic experience as a child. Thanks to Maple, a 10-year-old Labrador who visits Arcare Glenhaven regularly as part of a Pet Therapy program, she's recently overcome that hurdle - showing you're never too old to face your fears and make a new furry friend!

Sandra Merhi from the Hills Pet Buddies visits Arcare Glenhaven residents with the much-loved black Labrador, Maple and several other pet therapy pooches, on a weekly basis.

The Arcare Glenhaven Lifestyle staff thought Mona might enjoy a visit, given that she spends a lot of time in her room, and it would be good to get her out and socialising. When asked if she would like a visit from Maple, Mona refused at first exclaiming, "the last time I patted a dog was when I was six, when it bit me". After reassuring her that Maple was a therapy dog, and would not bite, she hesitantly agreed.

At first, Maple sat facing away from Mona, so Mona could pat her back without fear of being bitten. Slowly but surely, Maple began to turn around until the two were facing, and Maple sitting next to her feet. Mona patted her head and ears with no hesitation. At one point, Mona said, "she looks like she is smiling at me. Oh, what a sweet dog she is!"

When the staff asked if Maple could visit her again, Mona said, Yes please, I enjoyed seeing Maple very much! I never thought I would have been patting a dog today."

Dog therapy has been proven to help with many issues such as anxiety, depression and even speech. When first introduced, the program was so well received by the residents that the team decided to add it as a regular part of Glenhaven's social and leisure calendar. The dogs in the Hill Pet Buddies program work on a six-week rotation, meaning the residents get the opportunity to meet and make friends with a range of wonderful dogs.







#### THERE'S AN APP FOR THAT...

I am writing this article traveling on a fast train from Amsterdam to Paris. Every time I travel it amazes me how technology can make things a little easier. I respect those who still wish to use a printed map and send a postcard with a stamp but being a technology tragic that is not the way I tend to work.

There is an app that I have used a few times on this trip when I self quide. GPSmyCity is a great app for finding different tours of many cities. You can download the self guided walking tours for the city and use the app offline which is great if you are saving on mobile data. You are given different tour options depending on where you are visiting. For Krakow, Poland some of the options were " Old Town District" and "Art Galleries Walk" whilst in Brugge there was also the option for "Famous Bars". Every city has a City Orientation walk and you can also organise your own walks as well as select all the "Must Sees". A map which uses your phones GPS helps guide you around the city and when you are near the site you can mark it off on the App as long as you are within 250metres.

The app costs \$26.49 a year which, considering the detail you get and the different tour options, I believe, is quite good value.





There are over 2 million apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. Debbie on Mob: 0418296217 or email: info@ debbiedoesit.com.au

## **JUNIOR WRITERS INSPIRED BY NATURE**

The natural environment of the Hawkesbury will again inspire young authors at this year's Writers in the Environment Camp at the Brewongle Environmental Education Centre.

The Principal of the Centre, Steven Body, says each year for the last 21 years senior primary students from local schools have gathered to give free rein to their creativity in the serene but stimulating surrounds of the

"We've found that getting away from the everyday enables the students to let their imaginations take over," said Steven.

"Harness that imagination with some guidance from teachers and the inspiration of visiting children's authors and you have a recipe from some superb writing."

This year 52 Year 6 students, nominated by teachers from twenty schools, will take part. The visiting authors are Susanne Gervay, Oliver Phommavanh and Lisa Shanahan, with Simon French as the writer-in-residence.

The participants consider a variety of writing genres and study writing skills such as planning, plot, characterisation, scene-setting and endings.

The students' sense of authorship and ownership is strengthened after the Camp by the publication of a collection of the short stories written.

When: Tuesday September 24 - Thursday 26 Contact: Principal Steven Body, 4579 1136

## **Hornsby Jewellers**

**Local Family owned & run Jewellery Business** 

Alterations • Re-modelling • Repairs

**Engagements** • Weddings • Anniversaries

**Onsite** Workshop



Together we can design an original piece of jewellery and quote while you wait.

If you have your own gold

- whether to save or sentimental we can reuse
- We also buy gold & jewellery in any condition

Opening Times (approx.) Monday to Friday: 9:30am to 5:15pm Saturday: 10am to 3pm Out of hours by appointment

**Kurt & Daniel Seifert Jewellers 1A William Street, Hornsby 2077** 

Phone 02 9476 4711







Tucked in one of the industrial areas along New Line Road, is a company called RehaCare Pty Ltd. They are suppliers of a very interesting device, the Marodyne LivMd, which I have recently purchased.

Diagnosed with borderline osteoporosis earlier this year at the age of 57, I thought I would try physical activity, improved diet and a low intensity vibration machine to try to stop the decline in my bones, all of course with the agreement of my doctor. Drugs for me are a last resort.

# **OSTEOPOROSIS** PHYSICAL THERAPY AND REHAB

The Marodyne LivMD, (Low Intensity Vibration (LIV) treatment) was developed by Professor Clinton Rubin of Stony Brook University, New York. His research into non-invasive, non-pharmacological intervention to control osteoporosis was referenced in National Geographic's January 2001 article about surviving space travel. His unique method delivers a very small mechanical vibration to stimulate a natural reaction in the body and signals to activate the cells of muscles and bones. People who are young and active, with a healthy muscle mass, create signals that are strong enough to stimulate these cells. However, people who are older, inactive or have poor muscle mass, produce slower signals which aren't able to stimulate these cells: by using Marodyne LIV, stronger signals are

LIVMD IS A SAFE\*. SCIENTIFIC-**BASED SOLUTION WITH THESE APPROVED INDICATIONS:** 

- Physical Therapy and Rehab
  - Redevelops muscles
  - Restores motion to joints
  - Relieves minor muscle aches and pains
  - Restores fast twitch action of Type IIA muscle fibers in lower legs
  - Restores dynamic action of calf muscle fibers
- · Bone and Muscle Health
  - Safe and effective treatment for osteoporosis/penia
  - Maintaining and/or increasing bone density
  - Strengthens and increases muscle mass
  - Stimulates blood and lymphatic flow

For use as an adjunct treatment for obesity, The Marodyne Low Intensity Vibration (LIV) biomechanical vibration treatment system provides a gentle, yet highly effective, stimulus for muscles and bones. Its action is designed to build up bone mineral density and valuable bone substance as well as strengthening the core muscles and postural stability.

Marodyne LiV - One of the most modern therapies providing safe, effective and drug-free treatment for osteoporosis, muscle weakness, circulation, immobility and fall prevention.

If you are interested in learning more, go to www.rehacare.com. au/livmd/ or you can call them directly on 1300 653 522.







## **Latest News**





## from the **Mayor's Desk**

Hornsby Shire has a large rural area and Council is committed to the people who live and work there. To help achieve this, Council is undertaking a Rural Lands Study to examine options for the best management of our rural landscape. It is being conducted in tandem with consultation for the Local Strategic Planning Statement, a roadmap to guide planning and development in the Shire over coming decades.

Community input is essential for the success of the Rural Lands Study, particularly from people in our less densely-populated areas. This document will affect you most of all and it is crucial that you have your say. We will be seeking your input on the first stage of the Study process. There will be a number of workshops, as well as an online survey to get feedback from residents on a range of important questions. Opportunities to register for the workshops will soon be detailed on Council's website, in newspaper advertisements and in letters to rural land owners. In the meantime, you can visit future.hornsby.nsw.gov.au/rural for more information on the study process.

We encourage everybody to become involved in the process as early as possible, but this will not be your last chance to participate. You will also be able to provide feedback early next year when the draft Rural Lands Study is placed on public exhibition.

#### **Philip Ruddock**

Mayor Hornsby Shire Council

#### **WHAT'S ON**

# WHAT DOES THE FUTURE OF HORNSBY LOOK LIKE?

We are seeking community feedback on the Future of Hornsby Shire.

Help us to plan for the future by joining us at our community conversations.

For more information visit future.hornsby.nsw.gov.au

#### **COMMUNITY CONVERSATIONS**

Location	Date	Time
Hornsby Shire Council Chambers 296 Peats Ferry Road, Hornsby	Thursday 3 October	5pm - 8pm
Hornsby Shire Council Chambers 296 Peats Ferry Road, Hornsby	Thursday 10 October	5pm - 8pm

#### **Community Forum**



Tuesday 22 October, 6.30pm-8.30pm, Beecroft Bowling Club

Engage in an open and constructive public forum with the Mayor and Councillors to:

- Discuss your current concerns
- Put forward your ideas to assist
- Council in planning for the future

For more information visit hornsby.nsw.gov.au/communityforums







Heartbeats is about recognising the good news stories which are happening in our community.

#### Contributions please send to advertising@galstoncommunity.com.au

#### **Spring Orchids**

My basket of cascading Coelogyne Orchids with some upright Native Orchids is so spectacular at present, I had to take a photo and show it off..

Lots of other varieties of Orchids are blooming now too. I was delighted to see beautiful Phalaenopsis Orchids for sale in Woolies recently- I had these in my bridal bouquet years ago.

This is a lovely time of year in the garden. Hope you can have time to enjoy it.

Christine Stockman



#### **HUG 14U**

I enjoy looking at car number plates, do you?

Whilst driving in the Victoria Avenue area of Castle Hill yesterday (Sat 7:9:19) I was behind a silver Hyundai with the above number plate. "How delightful is that," I thought. Within a few minutes I saw another unusual plate - "13 JEDI." So then, I seriously started watching, and saw a Palindrome one - "JQ 55 QJ" and then "CO OOOP".

Watching Number plates and trying to make words of them was a fun game when I was a child. Back then, few people ever ordered special ones, but now lots "spend up big" on something that suits them or their business.

I was thrilled and amazed to see all these 4 special ones within a half hour in that area of Castle Hill.

Christine Stockman.

By Mary Ord

#### Koala in Berrilee

In the August "Galston Community News" the Glenorie Progress Association had a paragraph on its page titled "Look Out, Koalas About." It spoke of their awareness campaign to encourage people to watch out for koalas, as there had been "sightings" and "hearings" of koalas in the district.



Well, during August, a large adult koala was seen crossing Bay Road in Berrilee, close to Jack Russell Road. It crossed the road and climbed a large tree, where this photograph was taken.

It really is wonderful to hear koalas are living freely in our area. As one who has only ever seen koalas at Koala Park or Taronga Zoo or on TV or pictures. I know I would be absolutely delighted to see one in the wild.

Christine Stockman

#### Well Done Rabia Rasul

Galston Chicken Shop owners Naaz and Gulzar Rasul are immensely proud of their daughter Rabia, who has just been announced the winner of NSW's Dame Marie Bashir Peace Award for 2019.

Rabia attends Mount St Benedict Collect and is in year 10. The Principal, Maria Pearson, was invited to nominate one student from their school whom they consider has made a significant contribution to harmony or social

justice through displaying leadership in fostering harmonious relationships and peace.

Well done Rabia Your parents, family, friends and this community are very proud of you.







## **ARCADIAN ARTISTS 2019 EXHIBITION AND ART TRAIL**

9TH AND 10TH NOVEMBER

The Arcadian Artists Trail is almost here. It really is a must. If you have ever wondered how artists do their work, or what their studios look like, now is the opportunity to take a sneak peek.

nce a year we have been opening our studios for people to visit, and this 29th year is no exception. There are 8 rural properties to enjoy with 55 artists showing their talents. Some of the artists will be sharing their skills in demonstrations and explanation sessions so you may be lucky enough to see them.

Our Art Trail takes you through Dural, Galston, Arcadia and Berrilee and entices the people of Sydney, Blue Mountains, and the north and south coasts of New South Wales and beyond to experience the special talent exhibited by our Australian artists. All work is handmade by our exhibitors and is of an exceptional standard. We pride ourselves on the quality of our work, whether it is printing, painting, textile art, jewellery making, sculpture or glass art, and more. Visitors often comment on the beauty and workmanship of pieces displayed.

This year we are excited to introduce two new private Studios on our Trail. They are Coomeallah in Berrilee and *The Stable* in Dural. Signs along

the route will direct you to each of the venues and our excellent brochure has a map and information about each artist.

A few of the venues have food trucks or coffee vans to supply those in need of refreshments, and the local shops have a variety of cafes ready for you to enjoy. We even find people bringing a picnic rug and enjoying food and a glass of bubbly on the lawns of the studios.

#### **ENTRY IS FREE**

Visitors are given the exclusive opportunity to view and purchase unique artworks direct from their creators. Christmas is coming up and there is nothing better than to give someone you love a handmade item, especially when you can talk to artists about their work.

Look at our comprehensive Website: www. arcadianartists.com.au or visit us on Facebook and Instagram Email: artists@arcadianartists. com.au Come and enjoy the creativity and buzz of this weekend. You will be delighted.









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### **PROBUS CLUB OF ROUND CORNER**

We meet at the Galston Club, 19 Arcadia Road, Galston At 9.30am for 10am on the 2nd Monday of each month.

We are a mixed club of friendly retired and semi retired people who enjoy a wide range of activities, and trips.

You are welcome to come along as a visitor or Enquiries to: Jan, Phone: 9653 2692





## **RFS GET READY DAY**

DON'T WAIT TO PREPARE FOR BUSHFIRE SEASON

BY JULIAN LEESER MP

RFS Get Ready Weekend was held on the 14-15 September. There were over 600 events held across the state on the weekend to prepare communities for the coming bushfire season.

The events were an opportunity for community members to meet their local firefighters, educate children on fire dangers and to learn more about how to plan and prepare their home and their family for the threat of bushfires.



Julian Leeser MP attended the Cherrybrook RFS Get Ready Weekend, "It is already turning out to be a bushfire season that will be remembered for years to come. The Berowra community is no more immune to fires than the rest of Australia. This is why it is important to prepare for bushfires now, don't wait for summer to come."

The RFS is urging people to prepare. Preparing your home reduces the chance of your home being affected even if there is a fire.

"One of my fears since becoming the Member for Berowra, has been that one day our community will be significantly affected by the devastation of a fire," said Julian Leeser MP. "I want to make sure we are prepared and have done all we can to reduce the likelihood and impact of bushfires on our community."



Local residents are encouraged to lock in a time in the next couple of weeks to develop a bushfire survival plan for themselves and their family.

For more information on how to prepare your home and your family, visit www.rfs.nsw.gov.au/ news-and-media/getready

### RURAL ROUND UP



#### BY COUNCILOR WARREN WADDELL

t has been a busy month on Council, with many issues before us, beginning with consolidating our position on climate change. After considering a range of contributions from both our Council officers and the community, Council resolved to acknowledge the impact of climate change and to commit to fulfil its obligations. In particular, it was satisfying to learn that our past, present and projected environmental and waste initiatives are ahead of the curve in terms of what may be achieved at a local level.

Although the new North West Metro has exceeded all expectations, in terms of a state-

of-the-art transport option, concerns over parking and corresponding bus services exist. I'll be working with Council colleagues and NSW Government Ministers to ensure that those of us in the rural area have solid connectivity options to this new service.

Our public engagement program has been a resounding success, with the Galston Village pop-up stall demonstrating the best levels of participation. It has been a little confusing, given the number of drafts currently on exhibition. However, input into the Galston Village public domain, Rural Lands Review and the over-arching Local Strategic Planning

Statement has been well received. I thank all of those who have participated in making their views known

Last month was also the time that we acknowledged the efforts of our volunteer services, especially the work of the SES and Rural Fire Service. Given the recent storm events, we are especially grateful for the time and effort put in by the volunteers and their families. The RFS has also launched its Spring awareness campaign, with a view to prepare residents for the coming season and to recruit people interested in participating in the protection of our rural area.





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#### **DURAL AND DISTRICT HISTORICAL SOCIETY INC**

On the 8th September, during History Week, the Best Family descendants and friends, celebrated the 200th anniversary of Thomas Best arriving in what is now Middle Dural. The function was held in one of the beautifully restored family homes.

t was an opportunity to think back on what survives of both the oral and built history of other people who chose to settle in the forests to the north of Parramatta. The History Society works hard to record their stories and holds an everincreasing collection of photographs. But what of their homes? The first were small slab constructions fashioned from the huge trees of their surroundings and there are photographs of families proudly standing in front of theirs; some remain. Next came the second home, made from sawn boards with a verandah and shake or iron roof. Luckily more of these remain. We are also fortunate to still have the little "Hudson Ready Cut" cottages that seem to have a charmed life. For how long will all of this early evidence remain so that we and future generations can see and enjoy it before they are demolished by neglect and a lack of understanding of their value?

The two Shire Councils along the Old North Road do have policies to protect the heritage of both the Original Cultures and the European settlers. But policies alone do not solve the problems that arise from the ever expanding Sydney population and the desire to build ever bigger homes. The Society is of the opinion that education might be the best way. There must be education to learn how to love history in all its ages, to learn what exists within our own community and to understand its uniqueness. Education to understand what the Councils are



attempting to achieve with their policies. An understanding by Councils that maybe a negotiated compromise is the best way to preserve what we have.

On the 14th September Professor again entertained us with a most interesting talk on the architect William Wardell.

On the 15th and 16th October there will be a full bus of members staying in the Victoria and Albert Guesthouse at Mt Victoria on the way to visiting Highfields Gardens at Little Hartley and then the surrounding district.





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## WHAT'S ON

DON'T MISS A THING









Amy Salmon

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HORSE & PONY SAFETY FIRST

AT GLENORIE PONY CLUB

This month, Glenorie Pony Club held a Horse Rider Fall Clinic, run by Lindsay from Horse Rider Fall Safety Training. Training in safe falling techniques is proven to be valuable and helps decrease the risk of injury. This clinic proved to be very popular and informative for our riders. We would love to thank our incredibly supportive sponsor for this event, Willu Prestige Property.

(photo of Gabby learning to fall safely off the bucking bronco in the Fall Clinic)

hile this beautiful rain meant Combined Training had to be postponed, Glenorie Pony Club also hosted its Pony Club Zone 26 Dressage Championships this month.

It was evident that riders and their mounts had been training hard, with beautiful dressage tests and strong results. 100 dressage tests were ridden by riders from Zones 26, 23, 19, 22 and 24. Congratulations to champions and place getters in all age groups and levels.

The Zone was lucky to gain support from a number of sponsors, which meant some wonderful prizes. Thank you to Willu Prestige Property, Ceva, and Glenorie Stockfeeds and Nursery for their incredibly generous support for this event.

Congratulations to the following riders who received the highest test score in each test level, and were awarded a trophy rug thanks to Willu Property.

- Preparatory Lucinda O'Brien 74.74% (Glenorie)
- **Preliminary** Abby Ramm 69.46% (Glenorie)
- Novice Olivia Galvin 69.26% (Glenorie)
- Elementary Sharne Haskins 63.13% (Londonderry)

Overall Highest Club Points trophy went to Glenorie Pony Club, with Woodlands Park Pony Club coming in a very close second. We also held a "have a go at show jumping" friendly competition on the day, which was very well attended.



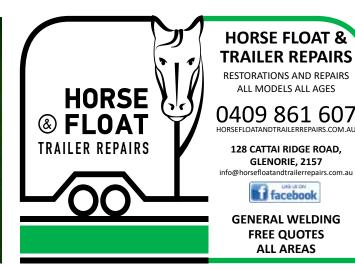




(10 to 15 acres)

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Enquiries - John. Phone 0408 256 009 Email: john@wadeciveng.com.au



# ARCADIA PONY CLUB HOSTS ZONE DRESSAGE CHAMPIONSHIPS

Arcadia Pony Club hosted the Zone 23 Dressage Championships at their wonderful grounds at the Rural Sports Facility on Sunday 15th September. The weather was as beautiful and the day ran so well. he results for the day were as follows:

- Class 1: Under 11 yrs Champion - Kyah Pember (Forest Hills) Reserve Champion - Bethany Hamilton-James (Arcadia)
- Class 2: 11 yrs under 13 yrs Champion - Maddie Breatnach (Arcadia) Reserve Champion – Eric Hope (Dural)
- Class 3: 13 yrs 15yrs Champion - Amelia Dart (Forest Hills)
- Class 4: 15yrs under 17 yrs Champion: Mia Helm (Arcadia) Out of Zone Champion: Jasmine Minnes (Mangrove Mountain)
- Class 5: Associate Champion: Genevieve Boyd (Dural)

A special thank you to our judges for the Day – Peter and Kellie who provided wonderful feedback to our riders.

Congratulations to all the competitors and a big thank you to the event organisers and to all the parents that helped throughout the day with gear check, stewarding, marshalling, judging and of course all of our canteen

Come ride with us - join us for fun, friendship and competitions!

Arcadia Pony Club has a "come and try" programme for riders aged between 4 - 25 years with their own horses or ponies where you can come along to a Rally Day and gain some riding

instruction, meet new friends and have a lot of fun.

We meet the first and third Sunday every month at the Rural Sports Facility in Galston. To find out more about Arcadia Pony Club and to see our instructor profiles, please visit http:// www.arcadiaponyclub.org



Champions & Reserve Champions from the Zone 23 Dressage Championships

#### Thinking of instructing?

Do you love horses, enjoy teaching children and think you may have an interest in becoming a pony club instructor? We would love to hear from you. We provide a safe and structured learning program in line with Pony Club NSW

# **BUDGERIGAR SOCIETY OF NSW INC** HILLS BRANCH

#### by Ray Galbraith

The joy of keeping a budgie as a pet never seems to wane; whether the joy be for a child or an older person. Enquiries are regularly received by club members, from the general public seeking assistance with information in respect of their pet budgie or wishing to obtain a bird. Whilst most club members are involved in the competitive side of breeding and exhibiting show budgerigars, they will all assist where possible to provide advice.

Recent enquires have highlighted the various ways in which this little aussie bird finds a way in becoming part of our lives. An elderly Hills Lady was moving into a Nursing Home, and unable to take her pet with her; sought the assistance of the club to find a home for her beloved pet of six years. Another request for advice revolve around a pet bird owned by a deceased spouse, where the lady was hoping that the bird would live for many years to come, as a reminder of her late husband and the mutual enjoyment of their pet.

In the past month a mother with her two kindergarden aged children obtained a pet bird from an aviary and left with two very excited children. Within a week the club member received a personnel hand drawn Thankyou, along with a picture of their pet, who they had named BOBBY. This is only one instance, for when you consider the number of Pet Shops, located across this state alone; the Budgerigar continually provides enjoyment and companionship to the young and elderly alike.

#### **Budgie Facts:**

- · These birds can remember sequences of sound and sometime repeat them.
- · Most Budgies will learn to say at least a few words. They are the most vocal of the pet bird species and boast very clear voices.
- · Budgies are a species of parakeet.

#### Know the Variety:

#### Cinnamonwing

Solid even colour, Wings cinnamon (Brown) edged with yellow and white, Tail cinnamon and blue, Dark eyes with white iris.



#### Spangle Double Factor

Yellow or White body, Wings have no markings, Tail approaching full colour, Black eye with white iris.

#### Opaline

Solid even colour, Black wing edged with body colour, Tail mid to dark blue, Black eye with white iris.

Care to be part of a hobby that can be enjoyed by the individual, partnership or family, then contact should be made with Ray Galbraith, by telephoning 9653-1538 or email boxer73@ bigpond.net.au



#### We would like to thank our Community Sponsors – Glenorie RSL

Phoenix Dance Studio, The Hills Bookkeeper, Camerlot Amusements, Belle Property – Carolyn Wheatley, Dooral Early Learning Centre, Strive Dance Wear, Leaf it to me Garden Care, Solomon's Fire Doors, Arbonne, Sweetheart Pea Hair and Beauty. **GPS WARRIOR**COLOUR RUN 2019

Glenorie Public School's P&C recently held its 2nd Biannual GPS Warrior Colour run 2019 on Friday 20th September. It started as a health initiative for the kids and turned into an amazing fun filled day full of Fitness, Challenges, and Community involvement for everyone.

Il students who registered, gained their fundraising card and an online link and were asked to go out and gain sponsorship to complete the obstacle course. All students completed the course in record time and were able to have a laugh and cheer along the way. Not only did they have fun with their peers, teachers and parents but Glenorie Fire Brigade and Hornsby Police station joined in giving support to our community and our children. "A wonderful event to show our commitment and support to our community". Our Local Hornsby Police Officer joined in the fun with the teachers and parents race. One of our Students said "Its nice to see the police having fun with us".

This year we surprised the kids with "Kyle Jeffery, a NRL player from the North Sydney Bears. Kyle opened the event and motivated our kids. They were excited with cheer!!

All students were challenged to an inflatable obstacle to start the race, then on to further 12 obstacles (Sack race, Hanging Noodle structure, Fairy garden with bubbles, Hay Barrel jump-overs,



Army net crawls, Tractor Tyre Runs, Mud Rolls and water sprayed from a fire truck, Rock climbing wall, abseil and not colour bomb stations!!!! This was the forgetting students favourite obstacle "Running through the colours was so much FUN!!"). All the students were timed and ran to the finish line to cheer on their house colours. It's not about the fastest runner but the teamwork of the house colours working together to get every student to the finish line in the shortest amount of time. Year 6 students teamed up with Kindergarten to help get through the course.

The organising committee and all the parent volunteers did a fantastic job in providing such a wonderful, fulfilled, enjoyable and physical event for the students and we look forward to 2021 where we will get the next opportunity to do it all again.







### PREP - PACIFIC HILLS CHRISTIAN SCHOOL

## **HE'S SUCH A HAPPY LITTLE BOY!**

A parent's first impressions of Prep which is designed to prepare young children for Kindy and provide them with a smooth transition to structured learning.

hannon van Soest's four-year-old son was previously attending early learning daycare but she and her husband Daniel decided to move him to Prep at Pacific Hills as a three-year-old to complete the (up to) two-year program. She said the benefits have been greater than expected.

"We find the structured learning environment at Prep really suits him and is preparing him with the transition to Kindergarten in 2021. He likes the routines and having activities for 'Big School' such as going to the library and having music and sport classes. There is plenty of variety to keep him interested. We think this gradual transition can work well for boys as they don't always want to sit and focus for extended

periods. Of course, every child is different but the environment suits our son really well."

"Our son loves wearing the Prep uniform and taking his school bag with his packed lunch. He has really taken ownership of that. He's such a happy little boy!"

"We also like the fact that Pacific Hills offers a holistic learning environment, for example. the children are being taught about being generous and having compassion for others."

"The single drop off/ pick up is really convenient too, as our daughter attends Pacific Hills Junior School and the Prep is on the same grounds as the rest of the School."

Shannon added, "The smaller Prep classes also mean that our son is receiving plenty of individual attention and we have

ease of contact with his teacher." She said her son is not the only one benefiting from being at Pacific Hills.

490L NEWS

"Daniel and I place a lot of value on relationships and we feel really connected to the School community. At Pacific Hills, people take the time to smile and say hello – whether it be the parents, teachers or students. We love the way the Year 12's greet the Junior School Students through the kiss 'n drop each morning. Our children have made a lot of nice friends and through them, we are meeting many families. We are confident that Prep is the right place for our son as he makes the big transition into Kindergarten."



## **HILLSIDE TRIVIA SILENT AUCTION NIGHT**

We are calling all families past and present to join us for a night of fun and laughter at our upcoming major fundraiser for the year.

On Saturday 2 November we are holding our Trivia, Silent Auction and Dinner at Glenorie RSL. All funds raised will be used to support current programs running at school.

It is wonderful seeing the support given to the school from the local businesses and school community who have donated prizes for the Silent Auction. If you would like to help our school by donating something for the night please contact the school office. Donors will be acknowledged in the school newsletter on our electronic sign and on our Facebook page. Think of all the promotion opportunities!

The students are looking forward to welcoming our Kindergarten students for 2020 at the three Early Bird session next term. The children will join in with the K/2 class to experience big school, learn routines, participate in structured lessons and meet new friends. Our relay team will be competing in the Sydney North PSSA Athletics Carnival early next term at Homebush. We wish them all the best. Once again because we are a small school there are so many more opportunities for our students.

Hillside is currently enrolling for 2020. We are able to consider out of area enrolments. If you are wanting a school where

- the classes are not overcrowded,
- every student is encouraged and nurtured to do their personal best,
- students learn tolerance and understanding because of our peer activities,
- there are outstanding facilities including a dedicated STEAM room (Science, Technology, Engineering, Art and Maths)
- there are more sporting opportunities in a small school.
- there is a 1:1 ratio of iPads and Notebook computers then Hillside is your school.

If you are looking for a caring school where your child is an individual and not a number, then Hillside is your school! We can offer small class sizes, unique programs and individual learning plans for every child.

Please visit our wonderful school. Contact the school office on 9652 1459 if you would like more information.



### **ENROLLING NOW FOR**

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## DURAL PUBLIC SCHOOL IS TURNING

ural Public School is dynamic, community based school that creates a positive and consistent learning environment which encourages all learners to 'strive for success'. It boasts outstanding academic and sporting success, has beautiful grounds and equipment; and has strong links with parents, local businesses and a reputable name within the local and wider community.

This year Dural Public School is celebrating its 150th birthday and is hosting a celebration in conjunction with its biennial Country Fair.

The Country Fair will be held on the grounds of the school on Sunday 20th October from 10am to 4pm, hosting an array of local market stalls, food stalls, rides, farm animals, chocolate wheel, silent auction, white elephant stall and performances from local dance, singing and martial arts schools as well as our school band performing on the day.

Please join us on this special day.



## **LEARNING BY DOING**

Excellent 'hands on' learning goes way beyond the classroom at Arcadia Public School. Term 3 saw our students fossicking for gold at Hill End, working together, thinking critically and having a fabulous time while they were learning about our country's

Learning together was important in Term 3 as we joined with our Small School Learning Alliance partners - Hillside PS and Middle Dural PS at Annangrove PS for an outstanding Writer's Festival. Three renowned children's authors,

immersed the students in storytelling, illustrating, poetry and the magic of crafting writing. An incredible day!

Real life leadership skills, planning, reflecting and working effectively together are skills that start from Kindergarten. Term 3 saw Kindergarten and Year One harvest a bumper crop of leafy greens - active learning, healthy eating and caring for our school garden, a great result!

You are invited to enjoy our beautiful school grounds and start your Christmas shopping while you're here. Arcadia Markets are on November 16 and not to be

Arcadia PS is accepting enrolments for 2020. Visit our website arcadiaschool.com.au or phone 96531207 to arrange a school tour.







On the 27 August, Galston High School and two of its high performing students, Mia Rowe and Bella Lawton, were recognised at the presitigious Minister's and Secretay's Awards for Excellence.

The annual awards showcase NSW pu blic school students, teachers, staff and parents who have made major contributions to their school communities and serve as role models to their peers. They also acknowledge schools that have embraced innovative programs to maximise school results and are changing the way education is delivered.

The NSW Minister for Education and Early Childhood Learning, Sarah Mitchell, said the awards affirmed the high standards and dedication that underpinned the public school system.

"These awards highlight the tremendous contribution that students, teachers, principals and the school community make to public education in NSW as we strive for learning and teaching excellence," Ms Mitchell said.

Galston High School received the Secretary's School Achievement Award for the impressive results of its Reading and Numeracy Projects. The Projects, centred around both targeted students and whole school initiatives, achieved a greater than 10% increase in students ranking in the top two NAPLAN bands for reading and numeracy.

School captain, Mia Rowe, and SRC president, Bella Lawton, were amongst 37 students across the state who received the Minister's Award for Excellence in Student Achievement. The Minister's Award for Excellence in Student Achievement considers achievement in the academic, sporting, cultural and leadership fields, commitment to the school community and personal values.

Mia is a superb student leader, an excellent academic and exceptional creative and performing artist. She is highly respected by peers and teachers and has held numerous leadership roles throughout her schooling, culminating in School Captain. Mia embraces service to the school community, giving generously of her time and growing the spirit and culture of our school. She has held lead roles at both school and community musicals, plays, performances and events. Mia is a dedicated student who achieves consistently across the breadth of her studies, particularly the arts.

For the entirety of her school-life, Bella has been an exemplar and role model for positive engagement with schooling, the community and all the opportunities that education affords. She has been a tireless leader in many roles and facets of school life and has never failed to be positive,





encouraging and proactive in all she has undertaken. She has held positions student librarian, house leader and SRC representative.

Department of Education Secretary, Mark Scott said the awards celebrated excellence within the state's public education system by showcasing those who had made major contributions as role models to their peers, their schools and the wider education community.

"The range of achievements reflected in the awards is representative of the many components that make our public school system so strong and is just the tip of the iceberg in innovation and commitment to outstanding learning outcomes that are happening across the NSW public education system," Mr Scott said.

#### Success in Premier's Reading Challenge

Every year, Galston High School students from Years 7, 8 and 9 participate in the NSW Premier's Reading Challenge, which challenges students to read more often and more widely. Students are required to read 20 books: 15 from the set challenge list and 5 of their own choice over a 12-month period. Successfully completing the Premier's Reading Challenge alone

is an incredible achievement in its own right, but completing the challenge over the course of several years requires dedication and application.

Students who complete the challenge in four separate years are awarded with a Gold certificate, while students who complete it over seven receive a platinum certificate. The highest award possible is the Premier's Reading Challenge Medal, which is only awarded to students who complete the challenge every year from Year 3 to Year 9.

**THEO MARLOW** of Year 10 recently received the Premier's Reading Challenge Medal for achieving that impressive feat. Theo is the second recipient of the PRC Medal at Galston High School.





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#### WARRAH SCHOOL

## A NATURAL APPROACH TO FDUCATING

(Written by Mindy Laube, for the Independent Schools Expo)

Set on the 30-acre bushland site in Dural, Warrah School provides an idyllic environment for children with moderate to severe autism and other disabilities.

The school is part of the larger Warrah Community that includes a biodynamic and organic farm and a supported community for adults living with disabilities.

Founded 50 years ago, Warrah School offers educational and vocational programs in the Rudolf Steiner tradition of learning which addresses three key elements of human development - thinking, feeling and activity. incorporating the connection to and healing power of nature.

"We have recently developed a new curriculum on the leading edge of special needs education," Principal Jan Fowler says, "students thrive when they have a connection to the natural world and can see the transformation process revealed to them through working with natural materials such as wood, wool and fibre and the earth."

With almost 1000 trees on the property, fruit and vegetable gardens, and abundant wildlife, the school makes the most of its beautiful environment "to do something purposeful and meaningful," she says.

"Instead of teaching literacy and numeracy through books - a passive approach - we engage them in a range of practical tasks."

Students learn traditional crafts, such as spinning and weaving wool on a loom and turning wood on a lathe to create products of use for the Warrah and local community. They also participate in growing the farm's fruit and vegetables, which they then harvest and learn to

In the community's Farm Shop, students measure, weigh and pack produce for the co-op boxes; acquiring computational and

Skill based learning at the Farm Shop

organisational skills while performing a useful job that fills them "with great pride and independence," Ms Fowler says.

Manual activities help students "find connection and meaning," she says: "You can see the A-ha! moment when they realise that they are creating something; it gives them joy and the sequential process provides the learning once realised in an end product."

And a lot of incidental learning. "The skill that's required to set up a loom, in terms of getting the quantity of wool, creating the design, colour and being supported to deliver quality workmanship, is an amazing process that encompasses artistry, mathematical calculations and even the biology and growth cycle of the sheep," she says.

Read more of this story on our Facebook page.



# Glenorie Pre-School's 35th Birthday!



SUNDAY 27TH OCTOBER, 2019 10AM TO 2PM

1735 OLD NORTHERN ROAD, GLENORIE

Come and join us for a sausage sizzle, art gallery, games and lots more. All welcome.







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DDLE DURAL PUBLIC SCHOO

READING IS MY SECRET POWER

**BOOK WEEK 2019** 

Middle Dural's secret power was unleashed during Book Week 2019 as our school shared a morning immersed in Reading and Fun with the "little friends from Dooral Early Learning Centre. Students and teachers from the centre visited the school library in their superhero costumes ready to buddy up with their "Big School" mates. Students quickly formed friendships through the shared enjoyment of books, as they read stories together in the sunshine. This was followed by fun collage activities in the library, based on the books they enjoyed. Well done Middle Dural students for supporting and guiding your preschool buddies.

A great experience all round.

## **WRITERS' FESTIVAL**

4 schools + 3 authors + 2 rest breaks + 1 aim = 10 out of 10! Such a magnificent learning experience for all students who attended the Writers Festival for our Small Schools Learning Alliance. A Writers' festival is an amazing opportunity to hear authors speak about their craft and share ideas, tricks and experiences in an attempt to encourage writers to experiment and improve their own writing. Our students were their usual incredible selves showing respect and full engagement throughout each one hour session, demonstrating their skills to be shared across sessions and asking great questions to gain further insights into the skills of writing. Thank you to all students for making the day so worthwhile. Thanks also to our three authors Lesley Gibbes, John Heffernan and David Legge, and to Annangrove P.S for hosting this fabulous event.

## Kindergarten **Orientation 2020**

Our Kindergarten Orientation day for 2020 students will be held on Thursday 24th October, 2019 in our school library at 9:30 am. We will have a number of representatives from our existing school community to assist on this morning in welcoming prospective parents and students. We are currently accepting enrolments for Kindergarten 2020 and other grades. Please contact the office on 9651 1761 and don't forget "Every day is Open Day" at Middle Dural Public School.



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## **ALSTON PUBLIC SCHOOL**

**ENEROUS DONATIONS from our wonderful** parents who supported the Jeans for Genes and Jersey Day SRC Fundraiser enabled \$312 to be raised for this excellent cause. Every dollar donated goes directly to the Children's Medical Research Institute and helps find treatments and cures for children's genetic diseases.

Congratulations to our Stage 3 debating team who remain undefeated after their most recent debate at Ku-ring-gai PS.

Our kindergarten class KW recently had a funfilled and adventurous day at Calmsley Hill City Farm. The cow milking was certainly a highlight along with witnessing their class teacher, Mrs Bray, crack the whip and watching the working dog show. There were many sleepy heads on the bus on the way home.

Courageous and determined efforts were displayed by Galston Public School's Athletics Team which competed in the Beecroft PSSA Zone Track carnival. What a fine group of sporting ambassadors these students were. Congratulations to Amber who placed 1st in the 100m sprint and 3rd in the 200m event.

More sporting news. At the Beecroft PSSA Zone Athletics Field Events Carnival a number of students did extremely well with Alannah - 2nd in Long Jump; Amber – 2nd High Jump and 2nd Shot Put; Braeden - 1st High Jump and Sophie -3rd Shot Put.

At the Hills Public Speaking Competition held this term Billie, Holly, Cooper and Amelie performed incredibly well against representatives from other local schools. We are very proud of their efforts.

Kindergarten Parent Information evening and morning Orientations will be held over three weeks in November with the last one being in December. The parent information session will be held on Wednesday evening the 13th November, from 5:30pm to 6:30pm and the following Orientation days being each successive Wednesday (20th, 27th, and the 4th of December) from 9am to 10am.

If you are thinking of enrolling your child please come along and you will find out about the wonderful programs which have been planned for Kindergarten children in 2020. You will also be able to meet other parents and enjoy a chat over coffee

So if you would like to know more about our stunning school, please contact the school office (9653 2062) and any questions you have, will be happily answered.





A wonderful inspirational day of Literature and Art. Annangrove Public School hosted the Small School's Learning Alliance Writer's Festival. They were joined by students and teachers from Arcadia, Hillside and Middle Dural schools.

Three world renowned authors and illustrators, John Heffernan, David Legge and Lesley Gibbes conducted workshops throughout the day.

All participants were highly engaged and found the day to be thought provoking and it stimulated many creative

Pictured are the authors and the school leaders from the four schools.



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here was a beautiful specimen of a Green Tree frog that sat on a log during the whole talk and didn't more a muscle. Later he was fed a cricket and it was fascinating to see how frogs deal with food. There was also a pretty Striped Marsh frog and an ugly cane toad which is slowly moving across north of Australia to WA, killing wildlife. We also heard the calls of several frogs. Anyone interested in identifying fogs in their garden can call 0419249728 for further information and there is also an App called Frog ID from the Australian museum which will help with identification. A fascinating night and highly recommended.

Have some spare time between Fri 18th - Sun 20th October? You must check out the Galston Open Gardens Weekend, which is not far off now. Last month we took a quick peek at five of the gardens, now let's check out the other four. Heading up to Arcadia the Guest garden at 10 Blacks Rd is a Tuscan inspired garden with hidden rooms and water features, if you have visited before there are new additions to explore. When you're finished pop into the Kostis and Bartlett garden right next door at 8 Blacks Rd, a creative collectors garden that will delight the avid gardener. Then it's on up to the Ronco's garden at 12 Ridge Rd, this undulating parkland style garden has meandering pathways throughout and if roses are your favourite this garden has hundreds to admire. If you are into something different then this year Northholm

Grammar school at 79 Cobah Rd will also be opening as part of the Open Gardens weekend. The school is spread over 25 landscaped acres and of special interest is the Agricultural Trade Training Centre featuring an aquaponics system (integrated plant growth and fish culture in raised beds), wicking beds, sensory garden as well you can go on a bush walk around the large dams to visit the Galloway cattle.

The gardens are open from 9.30-4.30 tickets are \$25 which gives entrance to all gardens, or \$5 per garden, children under 18 free. Tickets can be purchased at each garden or from outside the Galston Club. For enquiries: Bill Fleming 9653 2394, check our website or email: galstongardenclub@gmail.com

It was with great enthusiasm club members boarded a bus to for the much anticipated Canberra trip on the last weekend of August. The Social committee did a wonderful job all year planning and organising a lovely weekend. By all accounts members had a ball as they visited gardens, did some sightseeing around Canberra and also managed to check out the Monets at the Art Gallery.

Please note new start time of 7.30pm! The Galston Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 7.30pm, new members and visitors are warmly welcomed, as well there is a lovely supper provided. For more information, visit our website: www.galstongardenclub.com.au







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**Sydney Sand** 

10mil, 20mil & 40mil

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Filling Sand Tennis court Loam

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Concrete mix

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- Sandstone flagging
- Sandstone ballast 2nd hand Common bricks
- **Extruded bricks**



## **BROMELIAD SOCIETY OF AUSTRALIA**

#### **OCTOBER MEETING** George Bell Pavilion, Castle Hill, Showgrounds 12 October sales from 11.30am.

October Meeting - George Bell Pavilion, Castle Hill Showground - from 11.30am. The Bromeliad Society of Australia will hold their next meeting at George Bell Pavilion, Castle Hill Showground on Saturday, 12 October with plant sales commencing at 11.30 followed by the meeting at 12noon. Access is via Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

As there isn't a quest speaker the committee will discuss the general basics of growing and maintaining a bromeliad garden. There will be an opportunity for members and guests to seek advice during the presentation. BSA Meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment.



### **SPRING SHOW** Federation Pavilion, Castle Hill Showground, Castle Hill Sat 26 October 9-4pm and Sun 27 October, 10-3pm BROMELIADS one of the most drought tolerant

plants, so if your looking for a plant that will provide brilliant colour, that thrives in all sort of light from total shade through to full sun, thats also very low maintenance.

The secret is knowing what variety of bromeliad to choose for your garden and where to plant it.

You can easily create a tropical looking garden using colourful bromeliads in Sydney's climate but it's important to seek advice from

local growers on your selection of bromeliads to maximise your success.

At the coming Spring Show there will be an opportunity to talk with local and interstate growers and there will be a huge variety of bromeliads to chose from such as - Aechmea, Alcantarea, Billbergia, Guzmania, Neoregelia, Nidularium, Tillandsia and Vriesea.

Contact Ian Hook - mobile 0408202269, email:ianhook1@bigpond.com website: www. bromeliad.org.au



## **Bromeliad Society of Australia**

## **SPRING SHOW**

Sat 26 October 9am - 4pm Sun 27 October 10am - 3pm

**Federation Pavilion** off Showground Road into Doran Drive. Castle Hill Showground, Castle Hill

- Free admission
- Credit card facilities \$100+
- 20+ sale tables restocked
- Bromeliad displays
- Competitions
- Lucky Barrel Draw
- Literature, information and advice
- Plenty of parking
- Please bring a box

www.bromeliad.org.au Mobile 0408 202 269





When Grada and Peter bought their property 'Chanticleer Gardens', they already had a desire to create a special garden. The couple, both widowers, had met and married in 2002. Grada came from a working rose farm, with a one acre cold climate garden and Peter came from suburbia. This was their compromise and dream to continue living the rural lifestyle.

As one approaches the property from the street, the plaque on the entry stone walls introduces you to the garden. At first glance the rooster which is standing on a sandstone wall underneath an avenue of trees is just a fancy sign, until you realise it's a play on words. The trees are 'Chanticleer Pears (pyrus Chanticleer) lining the formal courtyard, the rooster is 'Chanticleer' from Chaucer's play and the property is found on Henstock Rd.

'Chanticleer' also means to shout and declare and Peter and Grada particularly enjoy praying with people who have health issues for healing as their faith is in Jesus as the healer.

As you enter the property and walk along the avenue of planes trees, past the Australian colonial home and through a small parterre garden, the rear of the garden unfolds before you with a vista of colour. At different times of the season people have commented that the garden is very similar to Monet's Garden.

Chanticleer Gardens is delightful in any season but it peaks in spring and autumn with a colour palette of soft pinks, blues and mauves and a blaze of hot pinks reds, oranges and purples in late summer. Masses of perennials, dahlias, sedums and roses are planted within a formally structured garden with avenues of deciduous trees and buxus hedges.

By autumn the garden changes into hues of lemons, mustard yellows, oranges and crimson reds as the 100 or more deciduous trees change colour. What a delight as the perennials winter off and become carpeted with thousands of leaves covering the gardens and lawns.

Wintertime is another season that displays the architectural elements of the garden as winter roses and bulbs appear under the bare structures of the trees.

Chanticleer Gardens will open to the public this year over the long October weekend and the following consecutive weekend of the 12th &13th

Several artists will have their work on display as well as a metal sculptor and glass making demonstrations. A choice of cakes and coffee will be available.

Open labour weekend on October 5, 6, 7 and following weekend 12, 13. Pls visit www. chanticleergardens.com.au for more info. 4 Henstock Rd, Arcadia, NSW 2159 Mobile 0433018806

Entry fee: \$10, seniors \$8 | Under 18 free. Coffee and cakes available





#### LETTER TO EDITOR

Dear Editor.

Like so many in our community, I was incredibly disappointed to hear that the motion for Hornsby Shire Council to declare a Climate Emergency, moved by Councillor Heyde and Seconded by Councillor Nicita, was only supported by Councillors Del Gallego and Marr. Whilst I strongly agree that we urgently need "real, ongoing and sustained action" (to quote Councillor McIntosh) to address what is the greatest existential issue facing ours and future generations, we also need to recognise it for what it is, a climate emergency. This is not being alarmist, it is simply being honest.

Declarations without action are empty words, however the original motion proposed not only to declare a climate emergency, but also to acknowledge the work already being done by Council and to move towards an agreed emission reduction pathway. Any argument that the motion would accomplish nothing is simply fallacious. Perhaps even more outrageous however was the statement made by Mayor Ruddock who apparently believes that Australia's contribution to global warming is negligible, implying that we should not do anything to address this issue. I am sure you are all aware that Australia is consistently ranked in the top 3 of the highest per capita emitters of carbon dioxide. It is simply immoral to suggest that we should maintain our wealth and privilege at the expense of our more populous and poorer neighbours, whose individual contributions are a lot lower than our own.

The amended motion commits Council to aligning itself with "both State and Federal targets of reaching Net Zero Emissions by 2050". Firstly, this target is not sufficient to limit the heating to 2.0 degrees which the IPCC has identified as being the point at which catastrophic environmental damage will occur. Secondly, I'm sure I don't need to point out that neither the Federal or State Governments have any policy framework to enable this target to be met. Nor sadly does Hornsby Shire Council.

It is really disappointing that Councillors Browne, Hutchence, McIntosh, Ruddock, Tilbury and Waddell chose politics over the community and the environment. The campaign for real action will continue, and I hope that these Councillors will reconsider their position and support future efforts to declare a climate emergency and to commit to a framework that will enable the scientifically supported emission reduction targets to be met.

Regards Justine Smillie





Around 10,000 plant and animal species are disappearing around the world each year. Insect biomass in Germany has declined 76% since 1989. Farmland birds in Britain are down 58% since 1970. In Sydney small birds have reduced due to habitat loss and predators like cats and competition from larger birds.

#### Can we do something to help the small birds?

Yes, by planting an area carefully with native species that will feed, protect and permit nests. The area can be as big as your land can manage, and can be any shape along a fence or in a corner. For example, a circle of 7m diameter can be planted as follows with 100 plants in this order.

In the centre: tall soft shrubs 1-2 metres high for a safe haven from bigger birds; such as Grevillea, Ozthalmus, Leptospermum

Then a protective circle: 1-2 metre high spiky plants planted closely; such as Hakea,

Acacia ulicifolia, Banksia, Lambertia. Then some diverse small shrubs to attract creatures with food and shelter; such as Dianella, Indigofera, Prostanthera

Finally, on the outside: mixed native grasses and ground covers offering seeds and insects as food; such as Microlaena, Entolasia, Pratia, native violet

These can be located under trees or with more room, trees can be planted. On the ground put dead logs, rocks, pipes etc as homes for insects, reptiles and others.

Information sourced from www. habitatnetwork.org/resources.htm

#### Need help selecting plants and getting advice to suit your soil conditions and needs? We have free local native plants available.

If you would like help or further information, contact Nick on 9653 2056, via email StillCreekLandcare@iinet.net.au or visit Still Creek Landcare at www.stillcreeklandcare.com. au and on Facebook.





T WARRAH BIODYNAMIC FARM THIS MONTH, we have done our final preparations for spring and summer, and we are now putting the warm season crops in. These include capsicum, tomato, eggplant, zucchini, cucumber, silver beet, pumpkin, squash, kale, beetroot, salad mix, strawberries, basil and parsley. We have had some much-needed rain, although the forecast is for a dry spring. We have also tussled with the recent heavy winds, and thankfully escaped any crop damage.

We are seeing the clear signs of spring now, with flowers starting to bloom, the strawberry patch about to explode and baby birds wandering with mum and dad and being taught all their new skills for survival. The Australian wood duck chicks do not bring our farmers as much pleasure as you might expect! They are actually one of the biggest pests on an organic farm. We mitigate the harm they cause by placing netting over the tender leaves the ducks love to graze on.

Another important strategy in organic and biodynamic farming is planting flower crops to attract beneficial pollinators. Pollinators – those precious creatures that transfer genetic material between plants to enable reproduction – are under threat global. It is probably obvious that organic farms are better for beneficial insects because of the absence of artificial pesticides from our processes. However, there is an additional element incorporated into the organic farming model. That is, the planting of sufficient and stable flower crops. Studies show that organic farming has a consistent and stabilising effect on the diversity of pollinator populations. So next time you enjoy the colourful display when you make the drive up to the Farm Shop at Warrah, consider that the flowers are much more than simply ornamental.









## WALKS AND TALKS AT KII-RING-GAI Villaklower Garden

The Summer Term of the Walks and Talks Programme at Ku-Ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives commences on Monday October 14th and closes on Monday November 11th.

Topics include Leptospermum and Baeckeas, native grasses and native orchids.

Meet 9-45 am at Caley's Pavilion, wear suitable shoes and hat, bring water. Cost \$5, includes notes. Walk only days are easy and free. Visitors

More information at www.austplants.com.au/North-Shore or Facebook site https://facebook.com/APSNSG or call 94175217

### **AUSTRALIAN PLANTS SOCIETY NORTH SHORE GROUP**

The monthly meeting of the Australian Plants Society-North Shore Group will be held in the Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby at 7:45 pm on Friday, October 11th.



APS members Dr Sue Bowen, President, and Margaret Hamilton, Propagation Team Leader, will give a practical demonstration on propagation of seeds and cuttings brought in by members and visitors. Join us for a cuppa and borrow from our extensive library.

More details at www.austplants.com.au/North-Shore or Facebook site www.facebook.com/APSNSG

> The Hills Shire Garden Club meets on 3rd Monday of the month at 1.p.m. At Barton Hall, 178 David Rd Castle Hill. Guest Speaker, raffle, afternoon tea. All welcome Enquiries 9624-3034

The N.S.W. Begonia Society will meet on Sunday 17th October at 2p.m. **At Bloomin Greenery** 226 Annangrove Rd Annangrove All welcome Enquiries 9679-1386

## SYDNEY ROSE SHOW

**DURAL COUNTRY CLUB** 662a Old Northern Rd Dural

October 19<sup>th</sup> 2019 11.00am to 5.00pm



TALK TO THE EXPERTS Find out about growing Roses Limited space? Growing roses in pots For more information phone 0414872335





## THE BOOK FOR ALL SEASONS

BY PASTOR DAVID MCKIBBEN - GALSTON SEVENTH-DAY ADVENTIST CHURCH

Last month we started to consider the last words of the apostle Paul as recorded in the letter we know as 2 Timothy. We noted that he emphasized to his young colleague the importance of someone to trust in; specifically Paul pointed to Jesus as a trustworthy and faithful friend. This time we want to focus on principles to live by, specifically the teachings of the Bible.

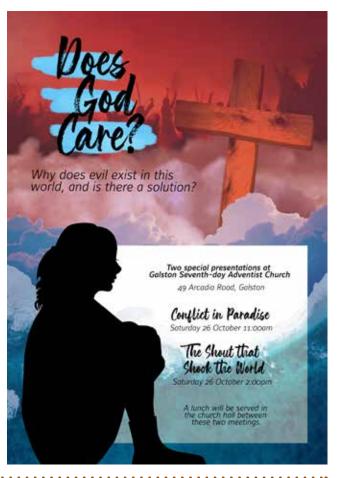
s Paul awaited certain death, the prospects appeared bleak for the young Christian movement. The storm clouds of persecution were gathering, and false teachers were wreaking havoc in many congregations. But the apostle sounded a defiant note in the face of these difficulties. He repeatedly urged Timothy to live by the principles found in the Bible. Paul encouraged Timothy to build and shape his life and ministry by those principles - 'Preach the Word' (4:2) - and the apostle gave this profound definition of Scripture, 'All Scripture is God breathed and is useful for teaching, rebuking, correcting and training in righteousness.' (3:16)

Indeed, it was Paul's high regard for the Bible that prompted one of his most poignant requests as he faced death. He asks Timothy to bring him a cloak to warm him against the winter cold, but he especially wants his parchments (4:13). Most commentators believe that Paul is referring here to the Scriptures, what we know as the Old Testament. As Paul faced death, he longed for the comfort and encouragement of the Bible.

History has a strange way of repeating itself.

Fifteen hundred years later the English Reformer William Tyndale was a prisoner in a dungeon in Vilvorde Castle in modern-day Belgium. He dared to translate the Bible into English, but the forces of church and state conspired against him. He lived much of his life as a fugitive on the run, and finally he was betrayed by a traitor into the hands of his enemies. In the last winter of his life Tyndale wrote this to a friend: 'Send me for Jesus' sake, a warmer cap, something to patch my leggings, a woollen shirt, and above all my Hebrew Bible.'

As Paul, William Tyndale and others faced death, what they wanted most of all was the comfort and strength provided by the Bible, and what is true in the shadow of death is also true in the fullness. of life. The Bible is the book for all seasons and stages of life. It is a source of comfort, strength, courage and guidance for all the changing circumstances of life. The psalmist testified, 'Your word is a lamp to my feet and a light to my path.' (Psalm 119:105), and may that experience be yours as well.



## HERE IS THE HOPE?

With ever increasing rates of mental health issues, addictions and anxiety evident in Western society it begs the question what are we missing?

In Australia we are offered an abundant lifestyle, offered enormous choice, for those less fortunate we even have a free healthcare system and social security.

We flick on the TV and can browse hundreds of channels across free to air, Foxtel, Netflix, Stan, and that's ignoring the myriad of channels offered through the internet. We can listen to virtually any choice of music through iTunes or Spotify. We can even home deliver our favourite dessert using UBER Eats. At the coffee shop we can tailor our preference of bean, style, flavour, additives.

Supermarkets boast products to suit every desire, whether first principles cooking or ready-made meals that we can throw in the microwave and eat 10 minutes later. We seem to have it all. But where is the HOPE?

Our smart phones have made us dumber. We use Google maps to get around the corner. Calculators to add or subtract. We Google every question to make sure we have the right answer - yet retain none of it.

Facebook, Instagram, LinkedIn, Twitter ... apparently meant to connect us all – yet there is greater isolation than ever.

Where is the HOPE? We fill our spare time with convenience and comfort, yet never feel rested. We fill our minds with media and visual stimulation, yet there's never anything on. We can custom make virtually anything to suit any desire and still we don't feel complete.

So where is the hope? Why are more people feeling anxious? Why are there increasing rates of suicide? Mental health? Addictions? Don't we have it all? Hasn't everything been served on a platter? What more could we possibly want? And yet ... where is the HOPE?

#### BY CORRI BRYNE - HILLSLIFE CHURCH

Galatians 6:8, "Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life." Hope is not found in things. Hope is not in our possessions. They all wither and rust. Even our flesh is destined to the same end. Hope can only be found by the fulfilling of our Spirit. Hope can be found leaning into God.

You can be filled with a hope that is beyond the hopelessness offered by the world. Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." If you are anxious, fearful, downcast, isolated, worried, burdened, depressed – there is HOPE! There is light! There is a way that leads

Ask the Father to open the door, to fill you with the Holy Spirit and seek guidance. Trust Him and see what He can do with this life that is seemingly lost.

#### GLENORIE COMMUNITY CHURCH

BY DEE VALICH

## **FRUTH MATTERS!**

ecently, I read a true story about a lady who had been a victim of a counterfeit bill. "Lisa Young (different name in respect of anonymity) went to cash her cheque one day at the same bank she usually visits on payday. She then went to her credit union to deposit the same cash into her account to pay for her groceries.

A short time later, the credit union informed Mrs Young that the \$100 bill she gave them was a counterfeit and they were calling the Secret

It turned out that the bank where Mrs Young cashed her cheque had given her a fake bill. inadvertently. The \$100 bill was confiscated and it was determined that Mrs Young, not the bank, was responsible for the fake bill since she was the 'passer' and there was no way to determine where the fake \$100 bill sourced from, other than Mrs Young's action.

'That \$100 was going to buy this week's groceries. That is money coming out of my family's mouth,' Mrs Young cried." (www. itestcash.com).

To counterfeit means "to imitate something authentic, with the intent to steal, destroy or replace the original for use in illegal

transactions or otherwise to deceive individuals into believing that the fake is of egual or greater value than the real thing." (Wikipedia).

Mrs Young was certainly deceived; her hardearned money was stolen from her and she and her family suffered from the consequences of someone else's dishonesty! Although the bank wasn't at fault, wouldn't it have been a happier ending if they had honoured Mrs Young's original cheque by replacing the counterfeit bill with a genuine one???

Truth matters! Our society needs more truth,

In the Bible, Jesus Christ says about Himself, "I am the Way, THE TRUTH and the Life; no one comes to the Father except through Me."

(John 14:6). He also says to those who believe Him, "If you hold to My teaching, you are really My disciples. Then you will know the truth and the truth will set you free." ( John 8: 31-32).

Christians believe that the Bible is God's Word and it is Truth. It tells the truth to all who will listen. They also believe that the life, death. resurrection and ascension of Jesus Christ,



is Truth. "The thief comes only to steal and kill and destroy. I (Jesus) have come that they may have life and have it to the full." ( John 10:10)

When Christians speak about their faith in Jesus Christ and their belief in the truth of the Bible, they have a testimony to share - a true account of how each one of them came to know, understand and accept that Jesus Christ is the "real deal" and not a counterfeit

Because our attitude towards the truth determines the outcome of our lives, it is vital for each of us to seek Truth- and Jesus says to each one, " If you seek Me, you will find Me, when you seek Me with all your heart." (Jeremiah 29:13)

What a great idea that is!!

## SPREADING THE WORD OF GOD

(A MESSAGE BY REV. ED. LONG)

he stoning and death of Stephen (Acts 8:1-8) was only the beginning of persecution for the very early church. Many more members were thrown into jail (v.3). We are not told what happened to these Christians. Some of them may have died for Christ too.

Most of the church members were driven out of Jerusalem BUT everywhere they went, they preached about Jesus Christ. God used this 'scattering' to bring about his plan for men and women everywhere to hear his word. Sometimes we don't like what God allows to happen but he can use it for his glory if we will let him.

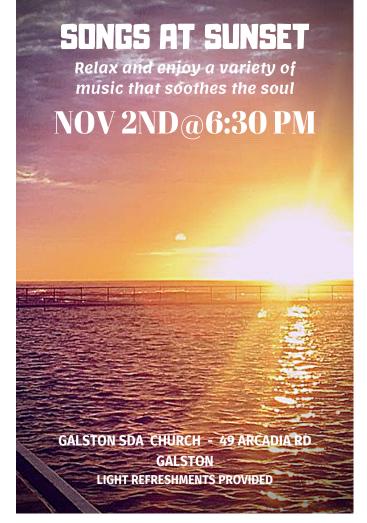
Verse 5 tells us where another of the deacons went. Phillip went down to Samaria and preached Christ to the Samaritans. Wasn't that wonderful? John 4:9 says that the Jews have no dealings with the Samaritans, but Phillip was more than just a Jew. He was a Christian Jew and that made the difference.

God could see that Philip had a heart of love for lost men and women and so he sent him down to the Samaritans. Philip may not have been the personality that Stephen was, but he simply presented Christ to them as the one who could meet their need and the people warmly responded.

Are there people around you who have special needs? Are there people for whom nobody else cares? Can you look at those people through the eves of Jesus Christ and see them as souls who need a Saviour? Could you go to them with love and help them? Could you tell them of Jesus Christ and his power to save? God is waiting to use you just where you are or he may lead you to another place of service. But he will always want you to do the same thing Philip did. Go to people in need and tell them of Christ. Could you ask him to lead you to some soul today?

#### **COME AND FIND OUT** MORE AT:

Glenorie Mission Church, 1409 Old Northern Rd. Glenorie. | Sunday Service 10.00 am | Bible Study Tuesday 7.30 pm





## **NEWS FROM ST BENEDICT'S**

#### **Father Bernard heads north**

Our parish priest Father Bernard travelled to north-west WA at the end of August for two weeks to run a retreat supporting these remote communities. On his return he told us about some of the difficulties faced by the local people in dealing deal with issues such as extremes of climate and astonishing travel distances.

#### Confirmation at St Benedict's

Father Bernard's absence meant that he was away for our celebration of confirmation this year. Traditionally the bishop of our Broken Bay Diocese has been present for confirmation but, as a result of Bishop Peter Comensoli's move to the position of Archbishop of Melbourne last year, we are still awaiting the appointment of his replacement. Hence, with Father Bernard also away, our confirmation ceremony was presided over by

Father Hilarion Fernando from the St Benedict's Monastery. A total of 27 young people were confirmed on this happy occasion. The picture shows Eliza Dale from Glenorie and Alexandra Mercieca from Kenthurst, two of the young people preparing for confirmation, together with Theresa Neely who played a major role in organising the sacramental classes and ceremonies. Congratulations to all and thanks to Father Hilarion for

stepping in and ably filling two pairs of shoes.

#### **Mission Sunday**

This year our appeal for Catholic Missions focused on the work of Sister Stan Mumuni who has established a children's home in Ghana to provide a safe haven for children rescued from life-threatening situations.



#### **Weekend Mass Times**

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd 7pm Saturday, 9am Sunday. Parish website: www.bbcatholic.org.au/ arcadia.

#### **GALSTON UNITING CHURCH**

## IVER 55'S THRIVE! AT GUC

here's no "feet up" in retirement for these seniors - Over 55's Fellowship at Galston Uniting Church is the place you'll find them. That is, unless they're on some excursion or other.

Each 2nd Monday of the month this group of up to 40 people over 55 years young, gather together for fun and fellowship. The focus of the group is to provide safe and welcoming opportunities for fun and fellowship.

While some of our activities are at home in the Church Hall, some away excursions involve car sharing to a local venue of interest. This year, we have cruised the Hawkesbury on both The Riverboat Postman and the Windsor Paddlewheeler and indulged in a Fish and

Chips lunch at Berowra Waters that is always enjoyed. In addition, we have discovered new places like the Secret Garden at Richmond and occasionally a Guest speaker is invited so we feed our intellects as well as our taste buds. An outing to a park or cafe gives us the opportunity to make our own fun, such as a drive to Wisemans Ferry, and to rediscover our youth, as seen in the photographs – notice those steady hands.

Over 55s is open to the community and all are welcome. For details, please contact Elizabeth on 9653 2039.

We would also like to extend a warm welcome to everyone to join us in Worship on Sundays at 10.00 am.

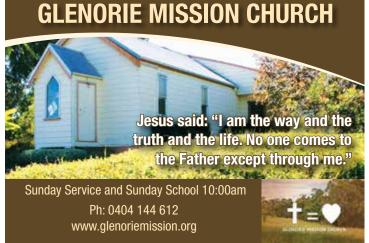


BY JOHN ILLIDGE



**Minister Rev Geoff Smith** 11 School Road, Galston 2159 Phone 9653 2039 www.galstonunitingchurch.com







## ARCADIA RURAI FIRE SERVICE

neptember has flown by! The Bush Fire Danger Period was moved forward a month and will finish on the 31st of March. As a result, anyone wishing to conduct pile burns will require a permit from Council and from the NSW RFS. You can get these via the Hornsby Council website and contacting Hornsby Fire Control Centre on 98832000. There are guidelines to ensure your pile adheres to regulation. Always ensure you have an ample water supply, and call Triple Zero 000 if the pile escapes, before further damage occurs. Failure to adhere to the regulations surrounding pile burns can attract significant fines and penalties.

In late August Arcadia attended the Mayoral Dinner, an annual event hosted by Hornsby Council for the RFS volunteers within the Hornsby/Ku-Ring-Gai district. As always it was a fun event, and a great way to catch up with familiar faces. Whilst we got to enjoy this event, we also had many members deployed as part of strike teams to Northern NSW. Two Arcadians, Ryan Cook and Grant Paisley, assisted with the firefighting efforts at Middle Creek, near Grafton.

It was reported that the experience was eye opening to see the extent of the drought that has been affecting NSW, and the size in which these fires were. This serves as a reminder to have a fire plan in place, and to re-evaluate plans due to water restrictions and the dryness of the landscape. Arcadia has also been busy training, completing yearly competencies and participating in hazard reductions. The crew attended the Sackville North hazard reduction in The Hills District. The conditions were dry and crews were required to conserve water whilst they worked, as the area is similar to Arcadia with residents relying on water tanks. It was a successful day and the burn was completed.

Arcadia and Galston were invited to celebrate the first anniversary of Steam Yard Café in Galston. Galston and Arcadia work closely together within the community, and it was certainly enjoyable attending this event together. We got to meet more of our community, and meet the next generation of volunteers as the kids showed off their skills with the hoses.

In September, Ryan Cook was recognized by the Centre of Volunteering for his contributions to community service. Ryan was recognized in the Hornsby division for the NSW Volunteer awards. There were many incredible people there, all representing different aspects of their community. We at Arcadia Rural Fire Brigade are very proud of Ryan's efforts and contribution. Arcadia held its annual Get Ready event and recruitment drive on the 14th of September. We spoke with residents the risks Arcadia is exposed to and how best to prepare properties and how to make fire plans.

If you've considered joining, now is a great time. You can contact us on enquiries@ arcadiarfs.org.au. To all those firefighters out on strike teams, we wish you a safe return.





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## **GALSTON RURAL FIRE** BRIGADE NEWS BY KARA DUBOIS

DUTY MOBILE: 0491 119 152 EMAIL: info@galstonrfb.org.au







### **DEPLOYED STRIKE TEAMS**

It has been a pretty tough start to the fire season across NSW and QLD. RFS crews have been battling out of control blazes in QLD and northern NSW for over a month. Every week a new group of Galston RFB members joined other local brigades in both states to assist in fighting these fires. Thank you to all RFS members who dedicated weeks of their time to be away from their jobs and family to assist communities facing destruction from these fires.

### **CHANGES TO ROAD RULES AROUND EMERGENCY SERVICES**

From now on motorists no longer need to slow down to 40km/h on NSW roads with speed limits of 90km/h or more when passing stationary emergency vehicles with flashing lights. Drivers will need to slow down safely and move over to give them as much space as possible. In speed zones of 80km/h or less, motorists will still need to slow down to 40km/h. The rule will also be expanded to include stationary tow trucks and breakdown assistance vehicles displaying yellow flashing lights.

#### **CAN WE FIT?**

During a bush fire our Category 1 (Cat 1) tankers are often used for property protection and to navigate more difficult terrain. They also hold considerably more water than the smaller category tankers.

For this reason, it is important to consider whether a Cat 1 tanker can access your property in case of a bush fire. A Cat 1 tanker is 2.4metres wide, 7.8 metres long and 3.1 metres high + aerials.

In order to fit through your gates and under your trees we prefer a clearance of 4 metres high and 3.5 metres wide.

The Cat 1 tanker also has a 22 metre turning circle, making it difficult to negotiate around sharp corners or perform U-turns.

Another thing to consider is if we will be able to get to the rear of your property. If there are any bridges or grids will they handle the 13.7 tonne load, and if not are they marked accordingly?

For more information about preparing your property for a bush fire please visit the RFS website: www.rfs.nsw.gov.au or call the Bush Fire Information Line - 1800 NSW RFS (1800 679 737)





## GLENORIE RURAL FIRE BRIGADE NEWS

#### **BY JAMES WICKING**

lenorie Rural Fire Service assisted other local brigades with a Hazard Reduction burn at Maroota.

Crews attended a fire in Venetta Road, Glenorie that was impacting on property. Additional resources were bought in to assist from Rouse Hill and Hillside. The fire was contained and then successfully extinguished after several hours.

In light of Glenorie's bushfire, it's a strong reminder that conditions are extremely dry. We would strongly reccomend that you make sure your bushfire survival plan is up to date, and you have invested the time in preparing your property. We'd also reccomend that you reconsider any pile burning you are planning on your property.



## MIDDLE DURAL RURAL FIRE BRIGADE NEWS

ur Brigade assisted with more joint hazard reductions this month, one at Maroota South, another mid week at Maroota just off Old Northern Road, then at Sackville North. Many thanks to the Sackville North Community for the huge range of early morning delicious sandwiches, cakes, croissants, muffins to provide energy for the tough day ahead.

Once again, these joint operations provided practice for wildfires over the coming summer, with a mobile control centre close to the fireground, to polish strategies and tactics for optimal deployment of firefighters, tankers and bulk water supply.

People sometimes ask how we contain our fires during a hazard reduction, and the answer is in prior preparation. In recent years, teams of full-time RFS personnel entitled State Mitigation crews, create a broad vegetation-free path around the intended burn area, which forms the

containment line. You can see below how the fire at Maroota is burning to the left, away from the cleared path which is the containment line.

Once again, with the potential for major bush fires in our area, we urge you to have your Fire Plan in place. Have you cleared your gutters? Have you moved combustible material away from your house? Have you worked out whether you will stay or go? Where will you go? What about your animals? What will you take with you? These are all important considerations that cannot not wait until fire is approaching. The Hills RFS District Office (9654 1244) in Annangrove Road is always pleased to provide you with useful information and advice. If you would like one of us in Middle Dural Brigade to visit you with advice on your preparedness, contact our captain, Len Best (0408 220 705) or Senior Deputy, Ken Middleton (0417 203 088).



## **NEW FIRE SURVIVAL GUIDE**

Australian Pumps is going into emergency over-drive to distribute their new Bushfire Survival Guides. With fires rampant across the country, the guide has been produced to help property owners deal with what is predicted to be the hottest, driest summer on record.

Homeowners and farmers need to plan ahead to protect their livestock and property. Generally they know the basic preparation but not necessarily all the detailed steps required. This year's guide has been expanded to include information to minimise the risk to livestock.

"With a tragic start to the season, homes have been lost with fires already raging across the country. We are urging people to be prepared now." said Aussie Pumps' Product Manager Brad Farrugia. "Our Survival Guide is available free and aims to educate on fire protection and safety." he said.

The guide covers the essentials of bushfire protection, while also delving into detailed information, regarding equipment checklists. Also included are fire drills and pump maintenance. They are essential last minute checks to do in the event of an approaching fire.

The Survival Guide deals with product selection, while also stressing the need for an adequate water supply to be available for the property to be fully prepared.

A quality firefighting pump is key to setting up a protection system. It is capability that counts. Not all pumps are designed to deliver top performance. Second rate gear from 3rd world countries can risk property, crops, livestock and even lives.

This comprehensive guide is unique in that it covers how to set up a roof reticulation system and sprinklers for property defence, as well as outlining how to protect livestock.

"Homeowners need to be prepared, planned and practiced at using the gear", said Farrugia. "The time to get organised is now!" he said.

Free copies of the Aussie Fire Survival Guides for are available from Aussie Pump distributors Australia wide or directly from Australian Pump on our website www. aussiepumps.com.au.



Professional fire fighters and volunteers know the Survival Guide can save lives this season.

## 1ST, 8TH OCTOBER | TUESDAY 10:00AM - 11:00AM

#### LIBRARY DISCOVERY TOUR FOR KIDS

Curious about how the library really works? Join us for a fun and informative tour of Castle Hill Library to help you and your child find your way around the Library and see what happens behind

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

## 1ST OCTOBER | TUESDAY 1:00PM - 2:00PM

#### KIDS DIGITAL HOMEWORK HELP

Give your child an edge in finding valuable information for assignments 24/7!. Students will gain skills in independent homework research, using library databases and additional e-resources.

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

#### 2ND OCTOBER | WEDNESDAY 10:00AM - 11:00AM

#### **DINO DISCOVERY SCIENCE WORKSHOP**

In this workshop children will have a roar-some time exploring dinosaurs. They will help create a dinosaur impression fossil and discover how scientists know so much about these fascinating extinct creatures. Children will also create a fizzy dinosaur egg to take home to hatch!

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

#### 11:30AM - 12:30PM

#### AIRBALL BASKETBALL SCIENCE WORKSHOP

How many baskets can you score? Sports meet science in this creative construction workshop. Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

### 2ND - 5TH OCTOBER

#### THE LITTLE MERMAID JR

Don't miss your favourite mermaid Ariel together with loveable sidekicks Sebastian and Flounder, and the love-to-hate sea witch Ursula in Disney's classic "The Little Mermaid JR" this holidays.

Venue: The Pioneer Theatre, Cnr Pennant & Castle St, Castle Hill 2154

Contact: Australian performing Arts College Visit www.pioneertheatre.com.au

## 3RD OCTOBER | THURSDAY 10:00AM - 12:00PM

#### TAX ESSENTIALS FOR **SMALL BUSINESS WORKSHOP**

Give your business the best start! Come along to this FREE introductory workshop run by Australian Taxation Office staff.

Venue: The Hills Shire Council, 3 Columbia Court, Norwest 2153

Contact: The Hills Shire Council

Phone: 02 9762 1108

Email: business@thehills.nsw.gov.au Visit www.thehills.nsw.gov.au

## 3RD OCTOBER | THURSDAY 10:30AM - 12:30PM

#### LIBRARY IMAGINATION & CREATION LAB AT **DURAL LIBRARY**

Looking to get creative these school holidays? Drop in to work with your child as they create their own unique piece of art work.

Venue: Dural Library, Pellitt Lane, Dural 2158 Visit www.thehills.nsw.gov.au

#### 6:30PM - 9:00PM

#### **SMART OPERATE - MARKETING STRATEGY** AND IMPLEMENTATION

Are you tired of wasting time and money on fruitless marketing experiments? If you want more leads and a stronger market presence, you need a strategic marketing plan that will get implemented!

Venue: The Hills Shire Council, 3 Columbia Court, Norwest 2153

Visit www.thehills.nsw.gov.au

#### 4TH OCTOBER | FRIDAY 9:30AM - 11:30AM

#### HILLS SHIRE SPRING WALKS PROGRAM 2019 KIDS MINI BEAST SAFARI

More real than Pokemon GO. On this adventure kids will learn the tricks of a professional Mini Beast Hunter.

Venue: Fred Caterson Reserve, Gilbert Road, Castle Hill 2154

Contact: The Hills Shire Council & Boronia Tours Phone: 0407 456 577

Email: boronia.jf@gmail.com Visit www.thehills.nsw.gov.au

## 6TH OCTOBER | SUNDAY

#### **BELLA VISTA FARM OPEN DAY & FREE SPIRIT MARKETS**

What are you doing on Sunday? Interested in having a look around Bella Vista Farm?

Venue: Bella Vista Farm Park, Elizabeth MacArthur Drive, Bella Vista 2153

Contact: Free Spirit Markets Phone: 0419 262 850

Email: meegen@freespiritmarkets.com Visit www.freespiritmarkets.com

### 6TH, 13TH, 20TH OCTOBER | SUNDAY

#### **HSC STUDY ON SUNDAYS**

Castle Hill Library will open exclusively for HSC students from 9.30-1 Sundays for 4 weeks prior to the HSC.

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

### **8TH OCTOBER | TUESDAY**

#### **IBN EVENING WORKSHOPS - INVESTING IN** SHARES

Presented by Gail Gadd, Gail Gadd Financial Planning - the Creating and Managing Your Share Portfolio

Venue: The Hills Shire Council, 3 Columbia Court, Norwest 2153

Contact: Julie Warner | Phone: 0414 210 979 Email: julie@independentbusinessnetworkinc.com Visit www.thehills.nsw.gov.au

## 9TH OCTOBER | WEDNESDAY 1:00PM - 3:00PM

#### **LIBRARY IMAGINATION & CREATION LAB AT BAULKHAM HILLS LIBRARY**

Looking to get creative these school holidays? Drop in to work with your child as they create their own unique piece of art work.

Venue: Baulkham Hills Library, Railway Street, Baulkham Hills 2153

Visit www.thehills.nsw.gov.au

## 10TH OCTOBER | THURSDAY 10:00AM - 11:30AM

#### **LIVING SUSTAINABLY - FREE WORKSHOP SERIES - UNUSUAL PLANTS**

Want some unusual plants in your garden. Find out about a variety of different plants that are not the "usual suspects" when it comes to garden design and landscaping.

Venue: Mother Earth Nursey - next door to Fig Cafe, 1A Annangrove Road, Annangrove 2156 Contact: The Hills Shire Council - Environmental

Workshops Phone: 02 9843 0555 Visit www.thehills.nsw.gov.au

#### 2:00PM - 3:00PM

#### WRITING WORKSHOP WITH LOUISE PARK: WRITING WITH IMAGINATION

Children will learn how to use their imagination to generate ideas and try their hand at creating characters and story worlds. Louise will bring her books to life with a reading of one of her

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

#### 3:30PM - 4:30PM

#### WRITING WORKSHOP WITH LOUISE PARK: HISTORY, MYSTERY AND MAGIC

Join us as Louise unveils her newest mystery adventure book "Grace's Secret."

Venue: Castle Hill Library, 14 Pennant Street, Castle Hill 2154

Visit www.thehills.nsw.gov.au

#### 11TH OCTOBER | FRIDAY 10:00AM - 12:00PM

#### LIBRARY IMAGINATION AND CREATION LAB AT ROUSE HILL

Looking to get creative these school holidays? Drop in to work with your child as they create their own unique piece of art work.

Venue: Vinegar Hill Memorial Library, 29 Main Street, Rouse Hill 2155

Contact: Visit www.thehills.nsw.gov.au

## 12TH, 26TH OCTOBER | SATURDAY 8:00AM - 12:00PM

#### THE HAWKESBURY HARVEST FARMERS AND **FINE FOOD MARKETS**

The Hawkesbury Harvest Farmers and Fine Food Markets run on the 2nd and 4th Saturdays of the month from 8am - 12noon at Castle Hill Showground, Castle Hill.

Venue: Castle Hill Showground, Off Showground Road, Castle Hill 2154

Contact: Farmers & Fine Food Markets Enquiries Phone: 0406 237 877

Email: markets@hawkesburyharvest.com.au Visit www.harvesttrailsandmarkets.com.au

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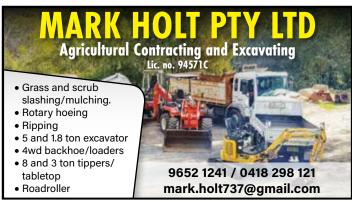
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### THE DURAL & DISTRICT PROSTATE **CANCER SUPPORT GROUP**

Just a reminder that our next meeting is on Monday, 21st October - Group Discussion Evening. On Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Road, Glenhaven.

Our Speaker: Dr. Phillip Katelaris - Urologist (Management of Prostate Cancer and Urinary Incontinence)

Time: 7:00 pm for 7:15 pm start

For further information phone Denis 9629-2645 Light refreshments provided



Photograph taken at our last meeting with some of our attendees, our speaker Lauren Reeves, Nutritionist, and Professor Jeff Dunn AO - who is the new Chief Executive officer of the "Prostate Cancer Foundation of Australia".

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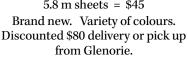
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#### STAFF WANTED

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#### Admin Assistant Casual/Pt Time

Dural

Our independently owned practice is currently seeking an administrative assistant/receptionist on a casual basis. Initially 1-2 days per week with the possibility of increased days in the future.

The applicant must be: flexible with hours and able to work at short notice if required; able to work well with others as part of a team; Reliable; Trustworthy; Efficient; Conscientious;

Well presented; Punctual; Friendly; have good communication skills. Admin experience is preferred but not essential for the right candidate. All enquiries treated in the strictest of confidence.

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## **CROSSWORD**

#### **ACROSS**

- 01. Such as Jarndyce v Jarndyce
- 05. Declares as fact
- 09. Available to rent
- 10. Part of a literary team (2 - 6)
- 11. Dealing with a subject
- 12. Poverty-stricken (2, 4)
- 13. Victorian surf pioneer and board designer (5, 5)
- 15. Sometimes syphoned in bars

- 16. Sour
- 18. Study of pictures and painters (3,7)
- 21. Work schedules
- 22. Not normal
- 24. Widespread type of
- 25. In recent times (2,4)
- 26. Educates
- 27. Wheeled status symbol

#### DOWN

- 02. Covered with water
- 03. Vagabond
- 04. Overall (2, 5)
- 06. Iberian tongue
- 07. Prolongs
- 08. Bundaberg hockey striker who won Olympic Gold in 2004 (4, 5)
- 10. Important tropical crop tree (7,4)
- 14. Boozy (9)
- 17. In reality (2, 5)
- 18. Gun collection
- 19. Refresher on a stick (3, 4)
- 20. Small, noisy, black and white bird
- 23. Communion table

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## **COMMUNITY CONTACTS**



**Avicultural Society of NSW Inc.** Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping an breeding. For further information contact Paul Henry 9872464 or 0408 617686

ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

**ALANON Family Group** 

Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings

**APEX Australia** 

A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452, National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation"

**Arcadia Community Hall** 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets

May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Ouilters

Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd

Meetings are held on the first Friday of

each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

**Castle Hill Art Society** 

Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquires Ph. 98993179

Circular Keys Chorus
Are always seeking would-be Divas.

De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10.pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

**Dural and District Historical** 

**Society Inc** holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

**Dural and District Prostate** 

Cancer Support Group holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Inquiries Denis 9629 2645 or Maurice 9654 2138.

**Dural and Districts Senior** Citizens' Club

Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls – beginners included – while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

**Dural and Hills District** Garden Club

Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au **Dural Galston Probus Club** 

We meet on the third Thursday of each month at 10am at the Galston Club 21-25 Arcadia Road, Galston. Probus is a mixed club for retired and semi retired people who enjoy friendship, good speakers and occasional outings. Visitors are always welcome. Come along or contact Anne 9653 1004.

**Dural-Glenorie Scouts** 

Joeys (aged 6–7 years), Cubs (aged 8–10 years) and Scouts (aged 11–15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967

**Dural Mens Shed** 

Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities, Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park

Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpq.com.au

Ferry Artists Gallery

Old Northern Road, Wisemans Ferry 2775. nh: 02 4566 4385 for info on workshops and membership see www.ferryartists.org

Galston Area Residents Association Inc
Meets at the Galston Primary School

Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

**Galston Branch CWA** 

Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Pam 9653 1036 or Jann 0439 222 217

Galston Community Hall 37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call 9847 6050.

**Galston Community Health Centre** This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club

New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

**Galston View Club** 

will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

**Girl Guides** 

is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

Glenorie Maroota

**Bioregional Forum**Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhphc.com.au

Glenorie Memorial Hall

Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/ servery. To hire, call Ray Whiteman Phone: 9652 2454 or Mobile 0400 008 083

**Glenorie Progress Association** Meets 2nd Thursday of each month at 7:45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7:00pm, at the Glenorie BSI, Club Enquiries to Graham Bruce, 0432 391 811

Hills Budgerigar Club

Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

**Hills Community Aid No** Interest Loans up to \$1,000 for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca

org.au or www.hca.org.au. Hills Farmers' and Gourmet Food Mkt

2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www hawkesburyharvest.com.au

Hills Shire Garden Club Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034

Hills RSL Sub Branch

Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets

on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www. hk4wd.com.au

IP SERVICES

are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days Check with Library before attending.

The NSW Justices Association Hornsby Branch

meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

**Living Life Without Children** 

Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

**Rotary Club of Galston** 

meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteainscow@gmail.com

**Probus Club of Round Corner** NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at The Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor

Rowland Village Workshop Club invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc

meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills.Details:0407 665 874

Social Dance Workshops Pennant Hills Community Centre, Yarrara Road. \$7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance.

Beginners and experienced dancers

The Hills District Pipe Band We practice at Harvey Lowe Pavillion, CH every Tues 7.30-9pm. Welcomes new members and gig enquiries. Follow us on facebook or www hillsdistrictpipebank.com.au

Still Creek Landcare Group Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@ iinet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild

(Guides NSW)
The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

**CHURCHES** 

**Christ Church** 

An Anglican church located at 26 Pitt Town Road, Kenthurst, has a service at 9.30.a.m. every Sunday morning. You are most welcome to join us. Phone. 96541627 or 88517428.

Galston Uniting Church Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm.

Finday of the school term 5.00 to 5.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 12 noon to 4.00pm. OVER 55's for seniors 2nd Monday of each OVEN 95 Stot seniors 2nd wonday of each month from 10am to 12noon. Other groups of interest: Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day **Adventist Church** 

Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

**Glenorie Community Church** Pentecostal and Evangelical – meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich -Phone 0420 602 989 Church 9652 0577. Glenorie Mission Church Sunday Service 10:00 am. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

Hillslife Church

Meets 10:00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillslife.com

**St. Columb's Anglican Church** Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am – enquiries Beverley 9653.1790

St Benedict's Catholic Parish

Mass at the Monastery, 121 Arcadia Road, Arcadia at 7am every morning. Mass at the Parish Church, Cnr Fagans Rd and Arcadia Rd 7pm Saturday and 9am Sunday. Ph 9653 2312. Parish Priest Fr Bernard McGrath 0416 032 497

St Judes Anglican

Service Times: 8am Traditional: 10am Contemporary with Sunday Kids and Yr 5-9 Teen group; Spm Evening church for youth and parents. 'Epic' kids club and Youth Group – Fridays (see website for details). Galston and Old Northern Roads, Dural. Phone: 9651-1119

St Madeleine's Catholic Church 28 Annangrove rd. Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am,10am and 5.30pm

#### LOCAL SPORTS ASSOCIATIONS

**Dural Country Club Bowling Clubs** 

New members are welcome. Free lessons are available to men and women wishing to learn lawn howls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

**Dural Country Club** 

Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome, Contact Murray on 0407 950 939 or Bruce | 0428 970 439.

**Dural Rugby Club** 

Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond. net.au or phone 0412 230 328 or visit our website http://dural.rugbynet.com.au.

Galston Glenorie Amateur

Fishing Club
Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club For further details regarding season events, grades and registration, contact 0404 600 460. ggcc.nsw.cricket.com.au

Galston Club Golf Club Plays Monthly – Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

**Galston Equestrian Club** New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www. galstonequestrianclub.org.au.

Galston Netball Club
All enquiries to secretary. galstonnetballclub@gmail.com or visit the website www.galstonnc.nsw.

Glenorie Social Golf Club Plays monthly, visit www.glenoriersl. com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

Hills AUSSI Masters Swimming Club

Adults 18 years to 80 + are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun and friendship, ring Di on 0418 432 587.

Hills Hawks Soccer Club For season details and registrations call Michael Rosier on 0418 676 768 or

agminsulations@bigpond.com. Hills Hawks Softball Club

Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: hillshawks.softball.org.au.

Hills Pumas Football Club For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenthurst Netball Club Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

Tennis / Squash Social Group Looking for new players. Call 9847 6050 or email tennisandsquash@live.com.au

**Tennis Court for Hire Galston** At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 9847 6050.

**Tennis Court for Hire Glenorie** Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee, 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

Thursday Ladies Tennis Competition in the Hills District Players of all standards are welcome. For more details and contacts please see our

website at hillsladiestennis.org

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## LOCAL PLAYGROUPS

#### GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free)

New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.

#### **GLENORIE**

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

#### **ARCADIA**

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562

Parking in Community Centre next door. Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they

are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

#### Arcadia

Every Monday from 10am to 12noon during school terms. St Benedict's Parish, Cnr Fagans and Arcadia Roads, Arcadia. All children and their carers welcome!

#### DURAL/GALSTON

St Jude's Kids Crew .A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

#### KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.



Please send your Playgroup location and meeting days/hours to: editorial@galstoncommunity.com.au

#### **IMPORTANT LOCAL INFORMATION**

HELP and INFORMATION SERVICES	
General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

#### LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office 9654 1244 Hornsby Rural Fire Service District Office 9883 2000 Arcadia Rural Fire Service 9655 1656 Fire Captain DAVID BYRNE Galston Rural Fire Service 0409 470 205 Fire Captain ROB SYMONS Glenorie Rural Fire Service 9652 2017 Fire Captain GLYNN LLOYD Hillside Rural Fire Service 9652 2245 Fire Captain ANDREW BAILDON Middle Dural Rural Fire Service 0408 220 705 Fire Captain LEN BEST

LOCAL JP's Bendigo Bank Galston - 9653 2227, Geoff Lynch Galston Newsagency, Cathy Vipond Hills Accounting, Glenorie - 9652 2400 Diana Paton - 0408 011 193,

Vicki Brownless - 0423 727 826 (South Maroota area), Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083 Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning 10:00 AM to noon.

There will be a JP at Dural Library Wednesdays between 1:00 PM and 3:00 PM.

## GALSTON, GLENORIE & HILLS RURAL PO BOX 211 GALSTON NSW 2159

#### **ADVERTISING**

advertising@galstoncommunity.com.au

#### **EDITORIAL**

**Diana Paton** | 0408 011 193 editorial@galstoncommunity.com.au

#### ADS/ARTWORK/DESIGN

info@galstoncommunity.com.au

#### **ACCOUNTS**

**Kai** | 0459 303 600 accounts@galstoncommunity.com.au



#### **Deadline for November 2019 Edition** 18th October I 7000 COPIES DISTRIBUTED

#### Answers from September Issue

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### WHAT IS THE FIRST HOME BUYERS' SCHEME AND **HOW DOES IT BENEFIT YOU?**

Saving up for a mortgage is one of the biggest barriers to homeownership. As part of the federal election, Prime Minister Scott Morrison promised to address this by introducing a scheme which would help first home buyers by reducing the amount you have to save to secure a loan.

While in the past, most lenders have expected a 20 per cent deposit, with the new first home buyers' scheme, eligible first home buyers with a five per cent deposit will be able to get a home loan without lenders mortgage insurance (LMI).

But how does it work, and how do you know if you qualify? Allow me to explain the ins and outs.

#### What is the first-home buyers' scheme?

According to the financial comparison site Finder.com.au the scheme means, that if you have saved 5 per cent of the purchase price of your property, the government will guarantee the remaining 15 per cent of the deposit.

While you will still need to borrow 95 per cent, you will be able to avoid LMI, which is expensive, often totalling more than \$10,000.

#### What is the major benefit?

Apart from removing the additional expense of LMI, the major benefit of the scheme is that it allows first home buyers to get into the property market sooner. It is much quicker to save for a 5 per cent deposit than a 20 per cent deposit, and if you are already saving, you may have already met your goal.

The scheme officially starts on 1 January 2020. And according to the National Housing Finance and Investment Corporation (who will manage the scheme in partnership with lenders), the government will also prioritise smaller lenders over the big banks to stimulate competition.

#### Who can use the scheme?

Access to the scheme is limited to 10,000 borrowers, according to the Guardian Australia, roughly one-in-10 of the 110,000 Australians who bought their first home in 2018.



There are also financial restrictions to be able to access it. Eligible first home buyers can't be earning more than \$125,000 a year as a single or \$200,000 as a couple.

#### What if I'm not eligible?

"If you're not eligible for the first home buyers' scheme but you are still keen to get into the property market, there are multiple support schemes that you can access at the state and territory level," says Carolyn Wheatley, Belle Property's Rural Real Estate Expert.

Most state governments offer first-home owner grants, which is a grant of money that can be used towards your property or stamp duty concessions, whether that be waived or discounted stamp duty.

"Now is a good time to speak to the experts about what options you have. The market is in a stronger position, and there is plenty of stock available, so it's an ideal time to consider your first move into property," Carolyn says. If you would like to know more or be put in contact with some of the industry's leading experts on lending, buying and everything in between; please don't hesitate to call Carolyn Wheatley for a confidential chat today - 0407 120 483.



### IF YOU ARE SELLING YOUR HOME...

The market is on the move...want to know more? Call Carolyn today for a confidential conversation about where your property sits in today's marketplace.

Want the HIGHEST price? A TRUSTWORTHY agent? The BEST advice & LOCAL experience?

**CAROLYN WHEATLEY** 0407 120 483

carolyn.wheatley@belleproperty.com











