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Galston, Glenorie & Hills Rural COMMUNITY NEWS

March 2019

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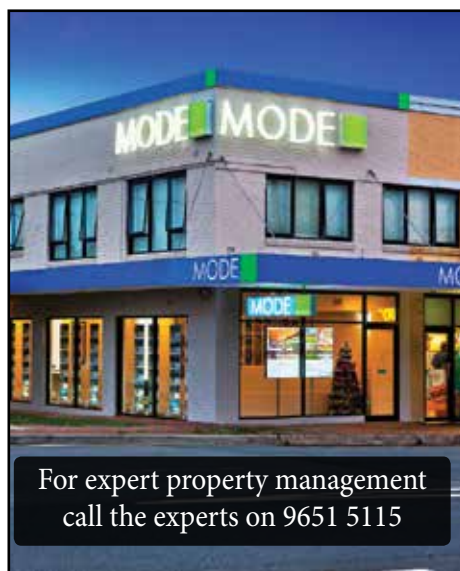
GALSTON CLUB GETS FACELIFT



REAR VIEW

Plans have been submitted to Hornsby Council for a new rear addition to The Galston Club providing more outdoor space and balconies to the rear. The estimated cost of works is \$2.1M.

Full details and more floor plans can be viewed on the Hornsby Shire Council website, DA tracking under DA/1030/2018 or our facebook page www.facebook.com/galstonnews



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We've been busy over at CWA Galston sewing, quilting, knitting and crafting in preparation for this year's State Handicraft Exhibition. The annual competition showcases the best work from CWA members across NSW. The competition is also open to members of the general public under the age of 18 years and residing in NSW. So kiddos it's not too late to enter your amazing craft creations, each contestant has a chance to share in cash prizes and go on to represent at state level.

Entries of any article of craft made by a junior 8 years and under, a junior 9 to 12 years of age, or a junior 13 to 18 years of age can be

submitted to CWA Galston Branch - Galston Health and Resource Centre, Cnr The Glade and 17 Arcadia Rd, Galston.

Our next meeting is **Wednesday 13th March from 10am**. Drop in your junior craft entries for judging and/or join us for lunch or a cuppa.

We had six sewing machines on the go at our February meeting; quilting for charity and sewing reusable bags. A big thank you to all who have donated yarn and fabric, **we always welcome any donations of fabrics, yarns and craft supplies.**

For further information visit our Facebook page - www.facebook.com/CWAGalston or call us on 0439 222 217 (Jann) or 9653 1036 (Pam).

SUSTAINABILITY STRATEGY

Waiting for Council to make sustainability a priority? Good news! A new Sustainability Strategy will look at urban heat, tree canopy, climate adaptation, water efficiency and biodiversity. Have your say on how sustainable we should be:

- **Sat 16 March 11am - 2pm** Galston Village Green
- **Tues 19 March 11am - 2pm** Beecroft Shopping Centre
- **Thurs 21 March 10am - 2pm** Hornsby Mall

There will also be telephone and emails surveys - all run by UTS. The outcome of all of this will be that sustainability will hopefully be embedded in everything Council does. Whether there are tough and measurable targets for emissions reductions is up to the community, so I'll let you know when there is an email to make your views known.

LETTER TO THE EDITOR

Property owners with blind driveways, please clear vegetation for your safety and passing traffic safety. Eg. Western end Crosslands Road.

Please park against the wheel stops at the shops to minimize your vehicle creating a blind spot for others backing out.

If you can't drive through Galston Gorge without going over the double lines, don't go through. This is a serious safety issue.

Concerned Resident.



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Saturday: 07:00 – 12:30





You need only attend the vicinity of Glenorie Public School at drop off or pick up time or during an event to see the dangers posed to children and families due to a lack of parking and the width of Old Northern Road. Glenorie Park's gravel and narrow parking area is always full, cars are parked from the school for up to 100m past the school. In fact, the entirety of Glenorie's parking capacity is becoming more congested.

GLENORIE PROGRESS ASSOCIATION

GLENORIE PUBLIC SCHOOL PARKING CONGESTED AND DANGEROUS

The solutions to the parking challenges in Glenorie are simple and cost effective and can be achieved rapidly with a cohesive plan that deals with parking in its entirety within the Glenorie and with the cooperation of local and state governments. Glenorie Progress Association has as part of its wider Glenorie Draft Plan, outlined actions that can be taken by RMS, the Hills and Hornsby Shire Councils. These solutions include expanding the council car park at Glenorie Park, as well as providing Glenorie Preschool with additional space, widening Old Northern Road in the narrow and dangerous parts opposite the school, and improving the parking capability on Schwebel Lane.

Obviously if more children were to use the school bus, that would also help, but currently with so many working families and activities, that is not always the most practical option. Parking congestion will only increase as the population increases. Sub-divisions on Halcrow's Rd, Old Northern Rd are starting to come online and building in the vacant lots on other cluster sub-divisions are starting to finalise. It is likely (in my opinion) that Hornsby's review of rural lands will result in further development in the area. This will bring further pressure on the parking situation in Glenorie. Further to all of this, an application is with council for a 40 berth preschool at 18 Tecoma Drive. It includes 10 parking spaces, but 4 of those are for staff, leaving 1 disabled and 5 for patrons.

This will surely add more pressure to parking around the school. The GPA is also taking a long view on addressing issues like parking with the consideration of safe and healthy travel to school facilitated by cycleways as part of the overall plan.

The time to act is now, pre-empt and avoid dangerous situations. The GPA looks forward to working with the State Government, the Hills and Hornsby Shire Councils on this matter.

GPA was pleased to welcome the Labor and Liberal candidates for the state electorate of Hawkesbury to the meeting held 14 February at Glenorie RSL. It was a productive time of presenting our draft plan and seeking the support of each candidate if they were to win office. Both candidates, Peter Reynolds and Robyn Preston were complimentary of the evening. Robyn Preston (Liberal) said: "I applaud the initiative taken by GPA to put together a collective vision for future planning and amenities for the area that Hornsby and The Hills Councils can consider".



Join Us

Glenorie Progress Association exists to give you an effective voice within the Glenorie community, particularly working with local Councils and State Government. Join online today at <http://glenorieprogress.org.au/apply-to-join/> or come along to our next meeting **7:45pm, Thursday 14 March 2019** in the function room, Glenorie RSL.

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GALSTON AND DISTRICT COMMUNITY BANK® BRANCH TAKING ACTION ON MENTAL HEALTH IN OUR COMMUNITY

Galston and District Community Bank® Branch is proudly supporting the Pathways Psychology Institute, a boutique institute offering small personalised counselling classes.

According to the Australian Medical Association:

"Mental health and psychiatric care is grossly underfunded when compared to physical health. The extent of mental health conditions in the community is extensive, with almost a majority of adult Australians experiencing a mental health condition in their lifetime. Some of these have significantly worse levels of morbidity, or premature mortality, than the general population. Yet this sector receives less than half the funding of the comparable burden of disease funding."

Galston and District Community Bank® Branch decided to do something about this. Branch Manager Gary Mangan said:

"We all know what a problem mental health is in Australia, we felt it was time to do our bit for the local community. Yelena Udy has been doing great work at the Pathways Psychology Institute and we are proud to provide two scholarships that will train and enable two local counsellors."

Pathways Psychology Institute takes students step by step through the journey of self discovery

and professional development and has been doing so since 2008. They train students to become effective, compassionate professional counsellors, changing lives using the skills they learn.

Counselling is a rapidly growing industry, the demand for qualified skilled counselling psychotherapists is rising. Pathways Psychology Institute courses remain up-to-date with latest developments in psychological theory, emerging fields of related neurobiological science informing counselling methods with trauma, and advances in scientific research guiding 'Psychotherapeutic Best Practice' including self-organising systems.

Andrea Pateman and Lucy Falvey are the two lucky recipients of the Galston and District Community Bank® Branch sponsorships. They will both undertake The Diploma of Counselling CHC51015 training at Pathways Psychology Institute.

Whilst undertaking their training both recipients will assist Yelena and the team of counsellors developing the new community outreach project: Pathways Counselling Clinic, providing 10 hours per week growing this low-cost counselling service within our local community. The Galston-based Pathways Counselling Clinic will be offering both individual counselling and groups to support in a range of age groups and topic areas.

YEAR ONE READING CLUB IS BACK!

Year One Reading Club has returned to The Hills Shire Library Service to inspire Year One students to become habitual readers.

Students who join the Club will receive a logbook and a sticker each time they visit their local library branch and borrow.

After receiving two stickers, club members will begin to collect rewards.

Mayor of The Hills Shire, Dr Michelle Byrne said the Year One Reading Club was a great way to help students improve on their reading skills, and to develop and grow their imaginations through literature.

"Reading is an important tool in improving both academic and social performance, as well as reducing stress and improving concentration," Mayor Byrne said.

"Becoming a habitual reader from an early age prepares children for the future, including improving their knowledge, expanding their vocabulary, improving their memory and analytical thinking skills.

"Reading is also a great way to learn more about the world and to have fun in the process," Mayor Byrne added.

To join the Year One Reading Club, head to one of The Hills Shire Library branches from **March 1**.

For more information, visit www.thehills.nsw.gov.au and search for "library" in the search tab.



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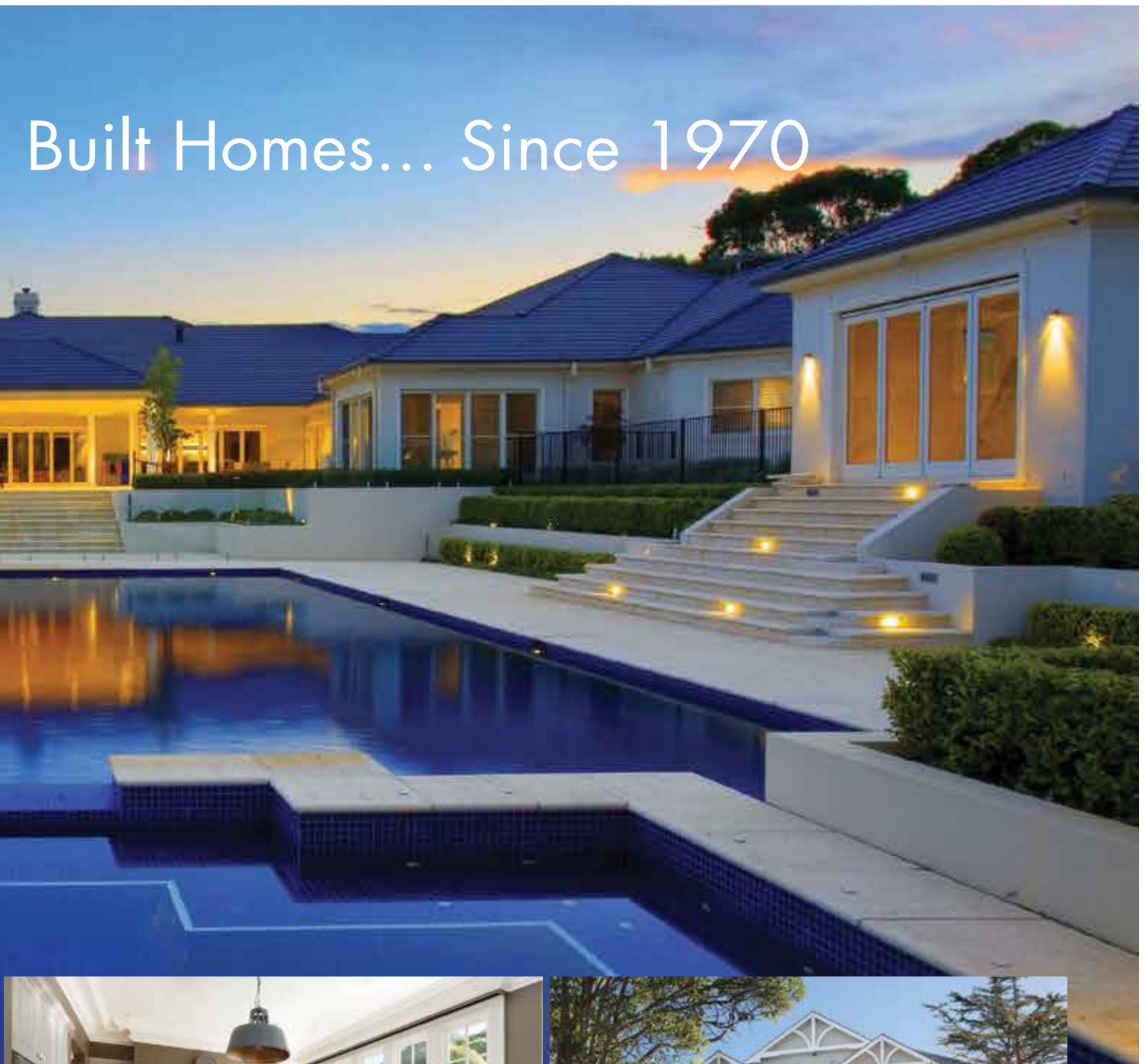
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GALSTON GLENORIE AMATEUR FISHING CLUB



January saw our first competition of the year, the category being freshwater. We had a great turn out to the weigh in, with the following results:

MEN'S

- 1st** NEALE BAIRD with 172 points, weighing in a Massive Yellow Belly, just missing out on a new club record
- 2nd** PHIL HOLLEY with 124.5

JUNIOR BOYS

- 1st** WILLIAM SHEERIN with 15 points and
- SUB JUNIOR BOYS**
- 1st** HAYDEN SHERIFF with 55.7 pts
- 2nd** BRAYDEN SHEERIN with 13 pts

February competition, Deep Sea Small Boat results:

MEN'S

- 1st** KEVIN WALTISBUHL with 159.6 points
- 2nd** LACHLAN SWINBOURNE with 142.1 points

SUB JUNIOR BOYS

- 1st** HAYDEN SHERIFF with 51 points
- 2nd** JAMES VAN MIDDELDYK with 35 points weighing in a lovely 80cm Flathead

LADIES

- 1st** - SHEREE LYNCH with 21.4 points

JUNIOR GIRLS

- 1st** CASSIE SHERIFF with 20.1 pts

Our next two competitions will be the **1st-3rd March** with the weigh-in being **Sunday 3rd March at 5.00pm** and **22nd-24th March** with the weigh in being **Sunday 24th March at 5pm**, both weigh in's will be held in the outdoor area of the Galston Club. We invite anyone interested in seeing what we are all about to come and check us out; you can't miss us in our green and gold shirts.

New members are always welcome. We look forward to meeting you. See our website at www.ggafc.com.au



DURAL FISHING CLUB 2018 AWARDS

*Udo Hoppe,
Ian Kalnins and
Giuseppe Militello*

Members of the Dural Country Club Fishing Club enjoyed a wonderful Christmas lunch and Awards Presentation afternoon in the Garden of the Dural Country Club. After a delicious lunch prepared by the restaurant at the Club, "Fedele's @ Dural", the Annual Awards were presented. The recipients of the main Awards were:

Club Champion
Charter Champion
Open Champion
Estuary Champion

IAN KALNINS of Galston
IAN KALNINS of Galston
GIUSEPPE MILITELLO of Glenorie
UDO HOPPE of Dural

Various activities are enjoyed during the year including a monthly offshore charter, estuary and open fishing as well as organised fishing short stay holidays and social BBQs. During 2018 members enjoyed fishing and fun at Greenwell Point and Swansea, including the popular Saturday night fish BBQ.

Meetings are held at the Dural Country Club at 7:30pm on the fourth Tuesday of the month. Visitors are always welcome to the meetings.

ENQUIRIES please phone President Ron Denyer on 9875 5617 or Bruce O'Toole on 9653 1380.

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I'm a former professional tennis player. I was the #1 junior singles and doubles tennis player in Australia and have been fortunate to compete at the junior level in Davis Cup for Australia, at the Australian Open, at Wimbledon and at the U.S. Open. As a professional, I've travelled all over the world playing tennis at a high level, including being on the Australian Davis Cup squad.

As I am also a certified personal trainer, I am qualified to incorporate physical training into the tennis routines. All of the programs I build are safe, age-appropriate, effective and designed to complement tennis training.

Ninety-five per cent of my secondary students have earned the #1 position on their school's tennis team after working with me. From there, many of my students have won scholarships to Division I and Division II universities in the U.S.A.

To book in for a session or to ask any questions, please contact me at 0408 271 211 or tennis4ak@aol.com



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- 4. CARE:** Make sure you feel comfortable with the hearing care team.
- 5. COMMUNICATION:** Choosing a hearing aid is a two-way discussion between the expert clinician and you.
- 6. CUSTOMISATION:** Not all ears are the same so hearing aids can be customized to your needs. The more we know about your listening needs, the better we can help you choose.
- 7. CLARITY:** Whether watching TV or listening to music or hearing your grandchildren
- 8. CONVENIENCE:** Make sure it isn't too difficult, putting in the aid and changing the battery.
- 9. CONTROL:** Modern hearing aids have settings or buttons so you can control the volume or noise reduction in changing situations
- 10. COMPATIBILITY:** Many hearing aids link to your mobile phone or TV

In the end, remember it's your **choice** and we are here to help you make the selection that's best for you.

Contact Hear-Clear Australia Dural; Shop 16, Village Green, 22-24 Kenthurst Road, Ph: 9651 7379

PROPERTY NEWS

In Conjunction Real Estate

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1ST DURAL SCOUTS

By Kylie McGhie

A group of our 1st Dural Scouts attended the 25th Australian Jamboree during the January school holidays in South Australia. They all had a fantastic time and here are a few of their reflections of AJ2019:

"The Australian Scout Jamboree was held in South Australia at a place called Tailern Bend. The camp was a great success. With comments

from the Scouts like: "That is a camp I will never forget". "I will miss my camp mates from other troops, the activities were awesome and we had

the best campsite". "It was hot and dusty, but no one cared because we were so busy doing stuff". Many of the scouts that went, formed friendships that will last years. The leaders from our troop were just amazed at how well the Scouts ran their campsite. It was almost a holiday for leaders! Well done Scouts South Australia for running an excellent Jamboree."

- Tegan, Alex and The Wolf

'Jamboree definitely gave a strong start to the new year, it was not just any Scout camp, it was the gathering of a community. Jamboree provided access to activities and events that I have wanted to try since forever but never got the chance to. Despite the action-packed days and the overall experience, my personal favourites were badge trading and the excessive amounts of freedom we

get. I sure underestimated the value of badges prior to the Jamboree, but after a few easy trades with the executives, I was the one that made other people jealous. For myself, I have received way more freedom in Jamboree than in my day-to-day life. We roamed freely in Adelaide and Tailern Bend, whilst making our own decisions to practically anything. Jamboree, as they said, was definitely an event of a lifetime, and the memories it created will stay in my mind forever.'

- Adrian



"The Camo Unicorns" AJ2019

Scouting gives the youth of today opportunities to grow, develop responsibility and go on great adventures. It provides them with personal challenges and teaches positive values and leadership skills.

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HARDY BOWLERS BOWL THROUGH THE HEAT

By Judith Harris

The first month of 2019 has seen the presentation of the Dural Sportsman of the year, the ladies reach the final of the pairs and the men finish their Pairs Championship.

Dural ladies' bowler, **ELIZABETH WHELAN** was a most worthy winner of the Sportsman Award. In 2019 she won the Major Singles and also won the pairs, played No1 pennants, represented the District, played in a state final and was club secretary for 5 years and is now the Mitchell District secretary. This pocket dynamo is pictured with George Truelove, DCC board member, who organises the award each year.

The annual men v women trophy was played with the men winning again!



Tom Trovato and Greg Smith (Left) won the men's pairs beating **Michael Kennedy and Paul van Tilberg**. (Right)

The members are working on the gardens in preparation for the Carnival in March when all rinks will be full.

The men have been particularly busy.



LETTER TO THE EDITOR

Firstly I would like to introduce myself, Melody from Doggy Farmstay.

And then to say a huge thank you for writing a piece in the magazine regarding my missing Nodding Tin dog.

And although it didn't result in his return it did result in a replacement being gifted to me as well as an extra puppy tin dog.

I am so thrilled as I had searched high and low to no avail.

Thank you again,
Melody Price Dawson



AGRA MEETING AT THE GALSTON CLUB

AGRA can confirm that community consultation will be conducted at the **14th March - 7pm** meeting regarding the Galston Village planning with Council officer's, Oculus and their engagement sub-consultant CoDesign. This March meeting will assist in shaping draft concept designs which will be available mid June.

For further information please email Sonja Cameron at arcadiagalstonra@gmail.com or find us on Facebook - Arcadia and Galston 2159 Residents Association Group

GERANIUM COTTAGE

NURSERY AND CAFE

The Dale family have been growing geraniums for nearly forty years. Having graduated from accountancy and TV production Jim and Riva Dale together with their son Gary, have created what has become the largest wholesale supplier of geraniums in Australia.

Twenty years ago they purchased a rundown, heritage listed property, on Old Northern Road, Dural on which to establish a retail outlet for their plants. It was inevitable that a café/restaurant would become a natural extension to the site. Building the nursery and café was a DIY effort of the Dale family. The entire process took two years and a few sleepless nights but, with the help of local people and advice from a few professionals, the project slowly took shape. The main structure is slab built from Australian timbers. Now whilst Gary and his staff continue to run the wholesale production of geraniums, Jim, Riva and staff are fully engaged running Geranium Cottage nursery and café.

Geranium Cottage is a destination café. Customers can browse and purchase plants, buy gift lines and homemade jams, seek out antique garden tools in the old barn before enjoying an excellent coffee and a delicious snack or meal. The menus are constantly under review and a recent addition of another chef is contributing new ideas and upgraded efficiency in busy times. The café has a full licence to sell alcohol and allows BYO wine. There is excellent wheelchair access and toilets designed for the disabled. This makes Geranium Cottage a great destination for groups and is a popular venue for parties, special occasions and family functions. There is a sunny tea garden with full wait service, a large veranda which is capable of seating large groups and a dining room featuring a log fire in winter. All interior areas are fully air conditioned.

Geranium Cottage is open 7 days a week and on most public holidays.



GERANIUM COTTAGE

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Hi, I'm Jason and I would like to introduce Solid Art Concepts to our local Community. We moved from the Beaches over 6 years ago after my wife Cathryn fell in love with the area whilst visiting friends, and are currently building a house in Glenorie. My two boys aged 7 and 8 have grown up here and attend Glenorie Public school.

Solid Art is a small concreting business servicing a number of architectural builders in the Sydney area such as Bellevarde, Windrim Building, Buildscene and Smith and Sons along with other niche' builders and private clients. Our work with these builders has given us small but valid recognition in Grand Designs and Vogue living magazine.

Wherever possible, we support and use other localised trades and services such as Hills Pumping, Hendo Hire and H&G Hardware. We cater for the needs of small driveways, small and large renovations and the occasional new build.

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FIRE SEASON FROM HELL!



Craig Bridgement shows of the Aussie Survival Guide available free from Aussie Pump Distributors.

Aussie Pumps reports an excellent response to their bushfire survival guide from home and property owners. Called 'Aussie Pumps' Fire Ready', the booklet makes it easy to prepare a survival plan or potential exit from fire threatened areas.

"With brutal fires already experienced across the country, we know that the fire season is a long way from being over," said Aussie product manager Brad Farrugia. "With this incredible season of climate extremes, we'll see more catastrophic months ahead even in our Hills District," he said.

Australian Pump is a leading supplier of high pressure firefighting pumps. It is the only company to offer a five year warranty on their product. The Aussie Fire Chief and 'Mr T' twin impeller fire pumps produce more water at pressure. That performance gives fire fighters and homeowners extra "fire power" when it's needed!

"When it comes to choosing a fire pump it's capability that counts. The Aussie Bushfire Survival Guide will help you to get the right one first time," said Farrugia.

For free copies of the Aussie fire survival guide are available from Aussie Pump Distributors or online at www.aussiepumps.com.au.



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NEW YEAR, NEW VIEW!

OPPORTUNITY TO SUPPORT CHILDREN IN NEED WITH OTHER LOCAL HILLS DISTRICT WOMEN

Galston VIEW Club is on the lookout for women whose New Year resolution is to improve their social life and give back to The Hills District community.

VIEW stands for the Voice, Interests and Education of Women. It is one of Australia's leading women's volunteer organisations and supports the education of disadvantaged children through its charitable fundraising. The Galston VIEW Club is part of a network of over 300 clubs throughout Australia.


"Our role in the community is underpinned by our support of The Smith Family – a national charity that helps children in need with their education. Through our work with the charity we are helping make life-changing differences to local children and their families."

As the new school year begins, The Smith Family is appealing for people to sponsor children who are in need of help with the cost of school essentials and out-of-school learning support.

Through referrals from partner schools, the charity currently has 4,000 children in financially stressed households who are urgently in need of a sponsor. Children on the sponsorship program are also connected with a Smith Family coordinator who takes the time to understand the child's specific needs, ensuring they receive appropriate assistance.

Those who join the Galston VIEW Club, which hosts monthly meetings place at The Galston Club, 21-25 Arcadia Road Galston for members on the fourth Wednesday of each month at 11am, will play a pivotal role in supporting The Smith Family's work by fundraising to sponsor more children.

In addition to their ongoing support of The Smith Family, VIEW hosts social events, including fashion parades, luncheon outings, etc.

 Anyone interested in becoming a member can call Vivien on 9894 1189 or visit www.view.org.au for further information.

VIEW: Founded in 1960 by the General Secretary of The Smith Family, George Forbes, to support the charitable work of The Smith Family, VIEW stands for the Voice, Interests and Education of Women. It is one of Australia's leading women's volunteer organisations and support networks, and empowers women to have their voices heard on issues of importance for the future wellbeing of Australian society. Visit www.view.org.au

THE SMITH FAMILY: The Smith Family is a national children's charity that helps disadvantaged young Australians to succeed at school, so they can create better futures for themselves. Visit thesmithfamily.com.au

THE SYDNEY HILLS BRANCH OF THE ASSOCIATION OF INDEPENDENT RETIREES


The Sydney Hills Branch of the Association of Independent Retirees will be holding their next meeting on **Friday 1st March, 2019** At Beecroft Presbyterian Church Hall, Welham Street Beecroft. Meeting commences at 10.45am.

The guest speaker will be Helena Laves from Hills Nursing Home Care.

Are you looking for information and keeping up to date with all the Government's Changes related to Retirement and Superannuation.


We welcome visitors and new members, come along and make new friends!

We all need to work together for a better future in RETIREMENT!




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NEWS FROM THE FRIENDS OF FAGAN PARK

We held our Open Day on Australia Day, 26th January, but it was an extremely hot day, resulting in very few members of the public attending the park. When we did our parade of vehicles, we observed only a handful of brave souls when usually on such a day there would be hundreds or more. We noticed that the following Monday, the public holiday, and a much cooler day, there were many more picnickers. Our next Open day is ANZAC Day, **25 April**, so keep the day clear and pay us a visit.

We previously mentioned the BAVE-U orchard sprayer nearing completion. We have now successfully started its engine, and it just needs a few little jobs done to complete it.

The 1918 International truck restoration project is progressing steadily. The engine from the donated vehicle has proven to be in very poor condition, so attention has been turned to disassembly of the engine



Some of the volunteers enjoying some shade

from the second chassis we acquired. Initially we thought it was beyond redemption, but now that it has been dismantled fully, we find is the better one to concentrate our efforts on.

The Fagan Park museums and Netherby Homestead

are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each month during the afternoon. All visitors are welcome.

We would especially like to encourage people to join our group, and ladies are

most welcome. Contact me at the park on a Tuesday or phone anytime.

 **Ian Browning, Honorary Curator, 0419 435 475.**

**Thursday, March 21
7pm – 8pm**

**Location
Rebellion Room
Castle Hill Library and
Cultural Centre
14 Pennant Street
Castle Hill, NSW 2154**

RENOWN AUSTRALIAN ARTIST BEN QUILTY IS COMING TO THE HILLS

Enjoy an evening with Australian artist Ben Quilty. Working across a range of mediums including drawing, photography, sculpture, installation and film, his works have garnered international acclaim.

He is the past winner of the Archibald Prize for portraiture, the National Self-Portrait Prize, and the Doug Moran National Portrait Prize.

Join Ben as he discusses his new self-titled book, Ben Quilty, that celebrates two decades of his work.



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THERE'S AN APP FOR THAT...

WHAT ARE PEOPLE USING



Over the past year I have talked about a lot of Apps that I have used. However, this time I thought it might interesting to see what Apps other people use. So I did a very quick survey of patrons and staff at my local coffee shop, 'The Local Collective', in Galston.

Catherine likes **Apple Wallet** as she has saved a credit card so she can now use Apple Pay on her phone. She finds this very convenient. Often she will also, use the Wallet to store her boarding passes.



Rachel, sitting with her two lovely young sons, likes to use the **Instagram** App. She finds it easier to connect with friends and share photos.



Scott likes to chill and take on the challenge of **Candy Crush**. Candy Crush is the most popular App game and has been downloaded over 2.5 billion times. Don't underestimate the benefit of playing a challenging game to keep your mind active.



Kim, the owner of 'The Local Collective', said his favourite App is **Receipt Bank**. This App is great for small businesses because as soon as an invoice or receipt comes in it can be scanned creating a paperless filing system.

Josh, who works at 'The Local Collective' and the youngest I surveyed, doesn't have a computer so loves the fact you can do **online banking on the phone**. Many people no longer have computers and rely on the Apps on their tablets and phones to keep in touch with people, research, bank and search for information.



There are over 2 million apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. Debbie on Mb: 0418 296 217 or email: info@debbiedoesit.com.au

EASTBEND UPDATE

A meeting of Eastbend Rural Communications was held on Monday February 11th. Among items discussed was the backlog of payments due by a number of advertisers in *Living Heritage*. This is of concern as production of the magazine relies on payments from the various concerns involved. Strategies were discussed to help resolve the problem including seeking more accounting assistance.

There was also a report of a sandmine proposal in the area north of the Hawkesbury River at Freemans Reach. This will be investigated further by members of the team.

A box of old photographs of trees in the ex Maroota State Forest was donated to Eastbend. They include photos and descriptions of the *Trees of the Month* that were published in a local magazine around the year 2000.

The next Eastbend Rural Communications meeting will be held at 1.30pm on **Monday 13th May**. If you have any local matters you would like to discuss or have help with please come to the meeting. If you can't come on the day, feel free to contact the Secretary, Vicki Brownless at livingheritage6@gmail.com, or Tessa Corkill, at 2archaeics@gmail.com or 9652 1470 at any time.

As always, from 1pm there will be a light lunch and time for a chat before the meeting starts. We look forward to seeing you there!

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By Susanna Mills

During March and April there will be greater numbers of cyclists on the Two Gorges Route, Old Northern Road, Wisemans, Cattai Ridge, Kenthurst, and Annangrove Roads. Apart from the usual weekend riders, many more people will come here from all over Sydney to train for the Bobbin Head and Blayney to Bathurst events and endurance mountain bike events like the Convict 100.



Here is some safety-related information for human powered vehicles, and petrol-powered vehicles.

YOU CAN: Overtake cyclists across double white lines in NSW when it is safe to do so. Legally, you must pass with a metre plus between your car and the cyclist(s) if on a 50-60km/h road, or 1.5m + if driving in an 80km/h+ speed zone. (Much easier than being unable to overtake a slow, erratic driver).

YOU CAN: Bunch ride and legally cycle two abreast on the road, providing there is no more than 1.5 metres shoulder to shoulder between cyclists. Bunch riding is a critical skill to master if you are a competitive cyclist and vast distances are covered very efficiently in a bunch. Cyclists feel safer, and are also more visible on the roads if riding together. A large bunch of road cyclists is just like encountering a bus full of people. Overtake them with the same level of caution.

YOU CAN'T: Ride any sanctioned mountain bicycle trails networks to connect and appreciate our amazing Sydney bushlands and national parks, because nothing much longer than 6km laps in official bike park areas have built for bicycles.

YOU CAN: Ride safe, fairly extensive cycle paths networks to transit hubs, major events and to connect centres of recreational interest throughout the Greater Sydney Metropolitan area. Look for opportunities to leave the car at home! (Hills Shire Council has been building our closest cycle paths network since 2009.)

YOU CAN'T: Overtake a cyclist who is approaching, or already cycling through a traffic circle. All local road users have several traffic circles they must daily negotiate in Kenthurst, Dural, Round Corner and Galston Village. Many of them have 'traffic calming kerbs,' which are extremely dangerous to bicycles as they force cyclists to merge into the middle of a narrowed traffic lane. *Please don't overtake cyclists in or approaching a traffic circle!*

YOU CAN'T: Overtake a cyclist and then immediately turn in front of them to park your car outside the shops or turn down a street. Cyclists can be traveling as fast as 30-40km/h on a level road and will collide with your vehicle if you suddenly cut them off.

YOU CAN'T: Legally cycle on a pavement in NSW if you are 16 and over.

YOU CAN: Legally cycle on a pavement if you are accompanying a minor under 16. Why add to traffic congestion and therefore your carbon footprint by driving short distances (<10km) to school or sports or shops and back every week if you can all cycle there safely out the traffic on a footpath?

YOU CAN: Ride your mountain bicycle for long endurance miles on the vast networks of remote firetrails all over Sydney. Unfortunately, most firetrails are unmarked for navigation via biking or walking, many of them are dead ends or they traverse mobile reception blackspot areas. In order to connect bushlands, Sydney mountain bikers often have no choice but to ride on the roads. Arrange to ride offroad with friends, carry enough water and a charged up phone...or at least tell someone where you are going, if going solo!

In conclusion, don't adopt the de-humanising 'us and them' blame mindset, so beloved of the sensationalist media mix. We all have freedom of choice, but we don't have freedom from the consequences. Choose wisely.

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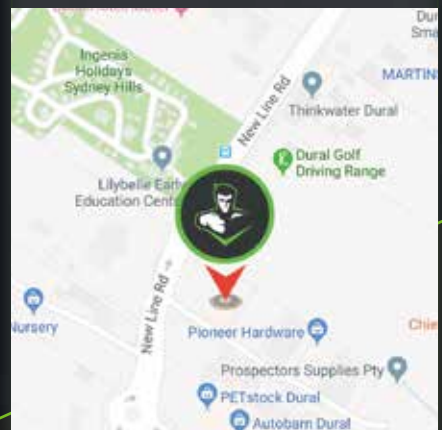
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SWIFT START TO 2019



Maddy and Paige signing autographs

The Galston Netball Club has kicked off its 2019 season with an inaugural 'Expo Day'. The free event was held on the morning of **Sunday 10th February** at Galston Recreation Reserve, seeing existing and new members finding out more about the club, while enjoying a free BBQ breakfast, sno-cones, face painting and a jumping castle. The main highlight of the morning? The opportunity to meet Paige Hadley and Maddy Turner from the NSW Swifts. From all of us, thank you ladies for your time on the day, your enthusiasm in joining our



Players with Maddy and Paige

players for photos, autographs and netball drills ensured everyone left with big smiles on their faces. The club would also like to take this opportunity to thank NSW Office of Sport, Bendigo Bank, Camelot Amusements, Eric's Tender Meats, Bean Everywhere and Fab Fun for their assistance in making the day a great one for all.

Term 1 has seen the commencement of 2 one-hour clinics, held on Thursday afternoons at the Galston Netball Courts. The focus of these clinics is for young players to learn the fundamental skills in a fun

environment, with lots of games, and music pumping. The clinic options available are; pre-season training for those registered in the 2019 season competition for Galston, or for those who don't want to commit to playing the winter competition, a NSG skills clinic. Both clinics require the participants to be registered, and spots are limited.

Junior players will be organised shortly into teams and will be able to start preparing for their 2019 season. We wish all our players an enjoyable pre-season.

Galston Netball Club fields teams aged 6 years to adult in the Hills District Netball Association winter competition. For further information about winter registrations or if you are interested in joining our skills sessions in 2019, please contact secretary. galstonnetballclub@gmail.com. And, make sure you like the Galston Netball Club Facebook page to stay updated.

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PETER SMITH

DAVID SMITH

TEAM WORK PAYS OFF FOR THE SMITH BROTHERS

Following on from their success at the Central Coast Cup, Brothers David and Peter Smith ventured south of the border for the 2018 Victorian Senior Dirt Track Championships held at the Albury Wodonga Complex.

In what turned out to be trying condition, both brothers were at the pointy end of the heats, until a blown motor put a spanner in the works for David. Peter who was in ore of his new Honda CRF450 STR8 straight out of the crate, handed it over to his brother who in the next race won up against far more powerful machines.

Peter then switched to help his brother climb to the top step of the podium helping him to win the Victorian State Championships in the Pro 250cc, 6th in the Pro Open on a 250cc, 3rd in the MX Open and 3rd in the Pro 450cc. While Peter concentrated on his brother's success he still managed to finish 6th in the Pro 250cc and 7th in the Pro Open.

What is more impressive is the way the two brothers always come together as one to share the glory and their love of dirt track racing.

To top the year off, in his club, David finished first in the 250cc, 450cc and the Senior Open Meeting Trophy and the Senior Club Championship.

If you are interested in joining in with David and Peter racing motorcycles, visit the Central Coast Junior Motorcycle Club Inc., webpage at www.ccjuniormotorcycleclub.org.au or CCJMCC Facebook.

MERIDEN'S OLDEST OLD GIRL turns 100

By Elizabeth Fenech

Judith O'Connor (née Lipton), recently celebrated her one hundredth birthday. She is mother to two Meriden alumnae, a grandmother, great grandmother and an entrepreneur; and her educational journey began at Meriden in 1924.

Judith loved her time at Meriden and made many good friends. She graduated from the School in Year 9 in 1934, after completing her Intermediate Certificate. In the 1930s, most young women left school at 15 and went to work. Judith attended Miss Hale's Business College, where she learned shorthand, typing and business principles. On completing the course, her first job was at David Jones, where she worked in the office of Sir Charles Lloyd-Jones, "licking envelopes".

Her next job was in 'Uncle Max's Doll Shop and Doll Hospital'. Here, she not only performed clerical work but also served in the shop.

In 1937, Judith went to work in an office, where she was kissed against her will by her employer on her first day on the job. It was a time when women's rights were unheard-of in Australia. When reported to the police, Judith's boss denied forcibly kissing her. However, police officers noticed that he had "pink lipstick on his upper lip". He was fined 20 pounds and this sexual harassment case was a first in Australian legal history. Following this, she worked as a receptionist for a well-known



Judith O'Connor, in her nineties Media



Judith Lipton with her friend Joyce Noad at Meriden in 1931



Judith Lipton, twelve years old

Sydney photographer and then in Mark Foys, a large Sydney department store. In these roles, she was responsible for the photography department and also took photographs at weddings on weekends.

Having an entrepreneurial streak, Judith, at the age of 23, began to provide a full wedding planning service for brides. She organised invitations, booked hire cars, prepared bouquets and took care of other event requirements.

During World War II, Judith continued to work at Mark Foys while carrying out her weekend business. In addition, she began working in the "All Services Canteen" at Central station, where, from midnight to dawn, she

served pies, tea and coffee to service personnel.

Judith left work to raise her children: two daughters, Victoria, who finished school at Meriden in 1968 as Dux and Deputy Head Girl, and Rochelle, who graduated in 1971, and who was Captain of Sussex House and also Deputy Head Girl. It was not until 1962 that Judith began working again, selling library books to schools and public libraries, which she did until she retired in 2004, aged 85.

Judith now lives in an aged care home in Dural. She is proud to be Meriden's oldest Old Girl.

THREE LOCAL WISE WOMEN HELP YOU TO GET YOUR HEALTH AND VITALITY BACK ON TRACK

Donna Sweeney and Lena Madry have joined forces with Kirsty Reynolds at Back On Track Chiropractic in Galston to offer the local community more options for looking after their overall health and wellbeing.

Kirsty, owner of Back on Track has been in the area for the last nine years providing Chiropractic care to many in the local community.

Donna, a Clinical Reflexologist, is available in Galston Thursdays and alternate Saturdays and offers mobile services to your home.

Lena is a Naturopath and Remedial Massage Therapist. She established Wise Health in Castle Hill four years ago and is now available on Wednesdays within Back on Track.

Originally in the legal field, Donna saw the effects of stress on our bodies and was drawn to reflexology and its healing benefits. So, she completed her Clinical Diploma of Reflexology. It is the application of pressure and soothing techniques to specific areas of the feet and is suitable for all ages. Be prepared to feel restored and rejuvenated when you have a session with Donna, as all treatments are provided in a relaxing environment complete with aromatherapy and soft meditative music.

Lena sees herself as a "Sensible" Naturopath who is passionate about educating people on "getting back to basics" to obtain and maintain good health. Lena has an Advanced Diploma in Naturopathy, a Diploma in Remedial Massage and is a trained Ultra Lite weight consultant. Realizing that we are all individuals with different circumstances, lifestyles and genetic makeup, Lena's approach is to take each client individually at a pace and method that is comfortable and realistic for each individual to improve health and wellbeing.

After witnessing the life-changing impact Chiropractic care has had on both Kirsty personally as a headache sufferer and on family and friends, Kirsty knew she had found her passion to want to be a chiropractor. Throughout her career Kirsty has developed proficiency in a number of techniques allowing her to apply individualised treatment to patients ranging from newborns to the aged members of the community. From your very first visit with Kirsty and right through ever-evolving wellness care, Kirsty will get you Back on Track!

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88 YEARS OF SALVATORE *Cali*

SALVATORE CALI, known to many as just Sam was born 28 July 1930 in Acireale Sicily Italy. He was the fourth child of five children for Salvatore and Maria Cali.

Salvatore had a happy childhood even though times were tough in Sicily between the wars. It was compulsory for all Italian young men to do Military Service and Salvatore was fortunate enough to be posted to Florence and Sienna in Tuscany Italy. While on leave Salvatore met the love of his life Rosaria (aka Sarina).

After his military service, Salvatore planned to follow his brother to Australia and make enough money to then return and marry Sarina. In 1953 Salvatore migrated to Australia, he arrived with one small suitcase and in debt to his family for his cost of his voyage. Salvatore spent his first years in

Innisfail Queensland, cutting sugar cane and even though it was hard work, he liked what saw and began to fall in love with Australia and all it had to offer.

In 1956 Salvatore married Sarina by proxy with Salvatore's father standing in for him at the church. In 1957 she travelled to Australia to be with her husband. Salvatore later sponsored his brother Mick to come to Australia and they all moved to Griffith and picked grapes. They were not afraid of hard work and really wanted to get ahead.

In 1962 Salvatore and Mick moved to Dural, purchasing a property and forming a farming partnership that lasted for decades. They never left the area they had fallen so much in love, it was now home. Salvatore raised his family there and after a lot of hard work, in the early 1980's they purchased the

Galston shops. Cementing his ties to the community that he had grown to love.

Salvatore returned to Italy many times over his life to visit family and friends but every time he returned back to Galston, he would always say 'it is so good to be home'.

Salvatore's first language was always Italian, it was one thing he kept from his country of origin. His understanding of English was far greater than his spoken word and his favourite phrase when he was trying to make his point was, 'don't you speak English?' It would always lighten the moment.

After Sarina and his family, Salvatore's greatest love was food closely followed by soccer, playing cards and going fishing. He was happy to go fishing with anyone who asked and loved watching soccer live and on TV. If there was an international soccer match on TV you knew where to find Salvatore, anytime of the day or night.

Other than providing a secure financial future for his family and the birth of his 3 children, one of the greatest moments in Salvatore's life was the 50th Wedding anniversary party he organised for Sarina. For years leading up to 29th September 2006 this party took top priority. To be married for 50 years is a great achievement in anyone's life but for Salvatore it was something really special and a party was the way he wanted to celebrate, with his beautiful bride. The party was an enormous success. Salvatore and Sarina went on to be married for 62 years.

Salvatore Cali arrived in Australia with just the shirt on his back and has left an impression on everyone he met and everything he touched, his accomplishments have far exceeded his dreams. He leaves us with wonderful memories and the knowledge that anything is possible through hard work.


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LEE NONA GWENYTH EVANS



Lee Nona Gwenyth Evans was born on 7 May 1962, the second of four children and only daughter of Allan and Nona Evans. She attended Hillside Primary School, Galston High School and, after a gap year, Hawkesbury Agricultural College where she graduated with a Batchelor of Applied Science (Agriculture) in 1984.

Lee was the first member of our family to graduate from a tertiary institution and for a while it looked like she wouldn't stop! There was a Graduate Diploma of Applied Science (Information) in 1991, followed by a Master of Applied Science (Library and Information Management) in 1999.

Lee had three distinct phases to her working life. The first was in journalism. After graduating Lee joined Rural Press, quickly becoming editor of "Hobby Farmer" magazine. She left this position in 1988 in order to travel extensively in Europe.

On her return she was employed by Don Burke, who's star was rapidly rising with the launch of Burke's Backyard on Channel 9. Lee was a researcher for the television show and wrote and edited Don's annual Almanac for the lazy gardener.

Working for Don, although very rewarding, had a shelf life and Lee moved on in 1992, eventually entering the second phase of her working life as an academic librarian. She first worked at the Nepean Campus of the University of Western Sydney, before moving to the Ka-ring-gai Campus of the University of Technology Sydney, and then to Macquarie University in 2007.

At the same time Lee was developing and expanding her talents and interests in the creative arts and as a farmer and nurseryman. Her painting became focussed on exquisitely rendered images

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from nature with plants, birds and insects - particularly butterflies - as recurring themes. For a while she kept a small flock of coloured sheep and spun their wool. She worked with our father in breeding a wide range of poultry and cultivating daphne.

In 2011 Lee's outside interests and her working life finally came into alignment. She took a voluntary redundancy from Macquarie University and plunged into the third phase of her working life as a self-employed entrepreneur. Lee launched her business "Feather Flower Brush" in order to market her poultry, daphne and artworks, hence the name.

Striking out on one's own has risks but Lee embraced the challenges and quietly revelled in the triumphs. She built her business on strong ethical and sustainable principles and the rewards were starting to show. In particular, Lee and our father had become known around Australia for reviving a range of colours in Silkies and Sussex, which had become their main poultry breeds.

Lee lived her entire life at the little farm "Abergeldie" near the settlement of Hillside on Cattai Ridge Road. It was not only her home but also became her place of business and the inspiration for much of her art. In later years Lee played an increasingly important role in our family as the loving companion and carer for our elderly parents.

Lee was diagnosed with cancer in May last year and soon learned that her condition was likely to be terminal. She endured the effects of this brutal disease with her customary grace, courage and dignity. Her determination to lead as normal a life as possible meant that, amongst other things, her family was able to celebrate together a number of important events last year, most significantly our father's 90th birthday on 23 December.

Lee was admitted to hospital for the last time on 29 January. Our mother's strict instruction was that she was not to die alone and her brothers, her niece Belle and her sister-in-law Maureen took it in turns to be with her every hour of every day, while another niece Rose and partner Jack kept our parents company at home. Lee died peacefully on 12 February in the company of her beloved brother Trevor. RIP Lee Evans





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Heartbeats

By Mary Ord

Heartbeats is about recognising the good news stories which are happening in our community.

To all budding young authors, we at The Galston Community News would like to publish your stories or poetry.

We have a special place in our magazine reserved for you and would love to feature your work and words. What we are looking for are true stories from your experience. These stories can take any form, they can be designed to inspire or encourage, tell a funny experience or something which made you happy. You may even like to send thanks to someone who has helped you. We are happy with any length contribution but best not to exceed 200 words. A picture of you to add to your story would be a great addition. Please send your contributions to me (Mary); advertising@galstoncommunity.com.au prior to the 18th of the month for inclusion in the next month's edition. Any Parents, Grandparents or friends please pass this on to someone who maybe interested.

Wedding Bliss



Nothing brings joy to everyone more than a wedding.....well maybe the birth of a baby, but a wedding is definitely high on the joy scale. Kerrie from the Galston Village Pharmacy is still glowing from the fabulous memories created when she married her now husband Charles. When all of our country were finding their own way to celebrate

or relax on that scorchingly hot Australia Day, Kerrie and Charles exchanged vows, rings, laughter and tears of exhilaration to become husband and wife.

Kerrie and Charles' ceremony was held at Lynwood Country Club in front of 100 friends and family. Keeping the pipeline filled with great adventures they plan to honeymoon next February on a cruise around the South Pacific.

Congratulations also to Kerrie for gracefully navigating her 50th birthday 'half a century' on 18th February 2019.



Clown Doctors are Delightful

I went to Westmead Children's Hospital last week to see a 15 month old toddler, who had just (the day before) had a cleft palate operation. He was having a very sad and mostly crying day due to the pain within his mouth, the splint restraints on his arms and the meds etc,etc.

Well, around midday in walks this Clown Doctor and says to Tilly (the name is changed), the almost 7 year old next to us, "Have you seen my monkey? I'm so worried - he's escaped in the hospital. I told him to stay on the motor bike, but he didn't, and now I can't find him". We could tell Tilly was delighted by this funny man but also so was our toddler. I mean, it's not every day, you see a person with a bright red nose, weird clothes and a strange musical thing (a mandolin), which he sang songs with.



Tilly not only loved his "wacky" questions and singing, but we also were impressed about how the Clown Doctor lifted the spirit of our toddler from unhappy to giggling and smiling in his Mummy's arms. We adults were all "tickled pink" by him. This was a very special time of joy in a difficult day. It lifted us all!

Seriously though, Clown Doctors, like "Silly Billy", do such an awesomely great work in hospitals. I actually now realise and believe that they are essential, especially in Children's Hospitals.

Keep going "Silly Billy" - you and Clown Doctors are great! You lift spirits and give comfort when others can't, despite our trying. If you are interested to read of Clown Doctors, just Google "The Humour Foundation."

contributed by Christine Stockman

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Life is not measured by the number of breaths we take, but by the moments that take our breath away



Bone Dry Hay Run

On Saturday the 16th of February six of us arrived early morning into Brewarrina to soaring temperatures. To meet a B double truck laden with 20 tonne of Super Dan (especially grown for stock in drought conditions) hay bales, purchased from the funds raised at our previous fundraiser held on the 1st of December 2018 at Galston Uniting Church.

The local Lions Club met us there to assist us in the co-ordination of the distribution of hay, bottled drinking water and gift vouchers from the local co-op to the most needy farmers.

We did not realise that the need for drinking water for the families was so desperate and such a luxury as their tanks are totally dry and they are boiling bore or river water for drinking. It struck me how this type of living reminded me of a third world country.

It was a very emotional day for us all, to see these/our people so humble and so utterly grateful for the little assistance that we could give.

We are holding another charity event on 9th March at The Galston Club. (see ad page 34). Please come along to help us to help them – our Forgotten Farmers.



contributed by Shelley Willsher

What my friends are reading

For almost 30 years I have met monthly for a book club with a group of ladies, who at that time all resided in Beecroft. Over the years we have each moved at least once taking us to different parts of Sydney. Pretty impressive, if I do say so for us to have maintained our dedication to the group. Each year one of our prolific readers lists her top ten books for the year.

I thought I would share some of her selection with you, just incase you are looking for a great book to read.

'The Patron Saint of Liars' by Ann Patchett

This is Patchett's debut novel written in 1992, and is as good as all her subsequent

ones. It is about the very independent Rose Clinton who abandons her husband once she become pregnant to him and goes to live in a Catholic home for unmarried mothers in Kentucky, planning to give the baby up for adoption. She befriends the sisters, takes over from the ailing cook and then decides she will keep the baby. Later in the book the baby daughter, now grown up, narrates her part of the story. Such great and well defined characters.

'I Am, I Am, I Am' by Maggie O'Farrell

As with Ann Patchett, I often feature Maggie O'Farrell's books in my list because her writing style is so accessible. This one is an autobiographical group of

short stories of near death events in her life. One where she is almost raped and murdered as an 18 year old, another in an almost plane crash, and others in medical emergencies. As always her writing style makes her stories effortless and enjoyable to read.

Mary's top pick for 2018 was *'The Heart's Invisible Furies'* by John Boyne who is well known for his book, 'The Boy in the Striped Pyjamas.'

This is an epic tale of an Irishman man who was adopted at birth and charts his life in 7 year increments until his eventual death. It is both harrowing, enlightening, amusing and compelling reading. It is a novel to love or hate and I am definitely one of the lovers.

Just in case you missed this story from February contributed by Sonja Best from Cafe Sasanqua

This week I had the great pleasure of meeting a couple celebrating 71 years of marriage. 71 years - that's more years than some people have for their entire life!

From the moment they arrived, he treated her with great tenderness and affection, I thought to myself "what a beautiful couple". They were the recipients of a voucher prize from the Galston High Twilight Markets.

When I said congratulations and called him a winner, he responded ever so kindly with "love, I was a winner 71 years ago when this lady married me". My heart melted. This came immediately after I received a most beautiful and heartfelt card from two very special customers who wanted to express their appreciation.

Needless to say, tissues were required that day.

This is a very special community that I feel privileged to be a part of.

His and Hers

My husband has always taken great care of our ride on lawn mover as, like a lot of men he loves his grass. But after 20 years of maintenance it had reached it's use by date and we decided to bite the bullet and by a new mower. Working in my kitchen while making a cake I decided if my husband could invest in a new mower I too could retire my 25 year old mix master. Those mangled beaters were like his mowers worn out blades and dodgy muffler. I wonder what your 'his and hers' items would be? I look forward to hearing from you.

My multi-cultural Australia Day

While Kerrie and Charles celebrated Australia Day in grand style Peter and I, together with 20 other guests sat under a shady canopy enjoying a Persian feast. It was an indulgent treat and I would like to thank our hosts Jennie and Iraj for ignoring the heat of the day to make our day really fabulous.



HISTORY

A wonderful start to the year with a well attended February meeting of members and visitors, in air-conditioned comfort. Gordon Finlayson certainly had us working in the practical section of his talk on the mystery of art. There was much discussion as the groups tried to unravel the mysteries in the selected themes. Was the gentleman attempting to escape from the lady; or was he securing the door? And for what reason? Were they weary

DURAL AND DISTRICT HISTORICAL SOCIETY INC. FROM HISTORY COTTAGE

shearers meeting the local ladies or were they just admiring the bucolic countryside?

Our 9th March talk, "The Singing Russians Who Settled in Dural" by Michael Bell, has given him as many questions to answer. Unraveling the lives of Don Cossack Choir members before they came to live in Dural has revealed most interesting stories. They had taken part in the Russian Civil War of 1917/1920. They toured Europe in the 1920s. Some came to Dural to live. It will also be a chance to hear the music that enchanted Europe and eastern Australia and to look at some of the art that informed their culture.



The first tour for the year will be of our locality on the **12th March**. Graciously, many families and organizations have given permission for us to visit their homes.

Contact Michael on 9653 1365 for booking information.

History Cottage, beside the Galston Cenotaph, is open every Sunday between 10.00am and 4.00pm and the second Tuesday of the month. An appointment can be made for other times on 9653 1365.

THE DHARUG AND LOWER HAWKESBURY HISTORICAL SOCIETY ANNUAL GENERAL MEETING ON SATURDAY, 30TH MARCH 2019

Followed by an afternoon with our Special Guest Speaker Barbara Appleton

TRACKING MR SHARPE: The story of Reverend Thomas Sharpe who was appointed the Anglican Minister in the late 1830's for the Lower Hawkesbury and lived in a

small cottage on the banks of the Hawkesbury.

The AGM is to take place at the Chapel at 11.45am before adjourning for lunch. All members

are encouraged to attend. An invitation extends to the general public to join us for lunch.

Come and be entranced with this our historical past. All welcome.

Bookings essential: enquiries@dlhhs.org.au or 0405 321 478 (leave a message) by Wednesday, 27th March.

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Latest News



from the Mayor's Desk

Hornsby Shire Council recently published its half-yearly performance report, which reveals much about the hard work of our organisation and its staff. There are many impressive achievements noted, all of which are of benefit to the local community that we share. A stand-out was the clean-up effort in the aftermath of the storms that struck the Bushland Shire just before Christmas, with devastating winds and hail stones as big as tennis balls. Around 600 people called upon Council for assistance and we removed more than 4,500 cubic metres of chipped green waste.

Other achievements include the one-year anniversary of the Community Recycling Centre (which has collected half a million plastic bags and more than 100,000 kilograms of e-waste) and Council's campaign to remove shopping trolleys from the streets of Hornsby. I'm personally very proud of the fact that we have already planted 2,500 new trees, well on the way towards our ultimate goal of 25,000. This could not have been done without the support of the many volunteers who have chipped in to lend a hand.

This is just a tiny snapshot of everything Council has been doing for the community. Please take the time to see the progress report and keep up to date with what your Council is doing for you. Visit hornsby.nsw.gov.au to see it.

Philip Ruddock
Mayor
Hornsby Shire Council

WHAT'S ON

Community Planting Day



SALTPAN RESERVE, BROOKLYN
Sunday 10 March 9.30am-12.30 pm
Saltpan Reserve, 76 Brooklyn Road, Brooklyn

Come along and help us plant a new forest, we need big and little hands, all welcome.

BYO gloves, hat, sunscreen and drinking water, tools will be supplied.

Free.

For more information and how you can help visit trees.hornsby.nsw.gov.au

Native Plant Giveaway



Sunday 24 March, 10am-12pm
Hornsby Community Nursery,
28-30 Britannia Street, Pennant Hills

Native Plant Giveaway now open to all ratepayers from A Ward:

(Asquith, Arcadia, Berowra, Berowra Heights, Brooklyn, Berrilee, Calabash, Cowan, Canoelands, Dangar Island, Dural, Fiddletown, Forrest Glen, Glenorie, Galston, Glenhaven, Hornsby Heights, Laughtondale, Mt Colah, Mt Kuring Gai, Maroota, Middle Dural and Singletons Mill).

For more information on 2019 Native Plant Giveaway dates visit hornsby.nsw.gov.au/events

What to do in an emergency



- In case of an emergency, ring 000

In case of storm damage, contact the following:

- Storm damage on your property: Please contact SES on 13 25 00
- Storm damage involving power lines: Please contact Ausgrid on 13 13 65
- Storm damage in parks, reserves and on roads: Please contact Hornsby Shire Council on 9847 6666

For more information visit hornsby.nsw.gov.au/emergencies

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Meet the Authors



There are plenty of great Authors this March at Hornsby Library.

Collett Smart
Author of *They'll be okay*
Thursday 14 March,
6.30-8.30pm

Tania Blanchard
Author of *Suitcase of Dreams*
Friday 15 March,
1pm-2pm

Sandie Docker
Author of *The Cottage at Rosella Cove*
Friday 22 March,
1pm-2pm

Assaph Mehr
Author of *In Numina*
Friday 29 March,
1pm-2pm

Bookings essential online at hornsby.nsw.gov.au/library



Have you got household problem waste? Not a problem.

Thornleigh Community Recycling Centre is now open.
All details are at: hornsby.nsw.gov.au/waste

This project is a NSW EPA Waste Less, Recycle More initiative funded from the waste levy.

NEXT COUNCIL MEETING WEDNESDAY 13 MARCH, 6.30PM

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HORNSBY HOSPITAL UPDATE

I was pleased to visit Hornsby Hospital recently to welcome a new batch of interns who have started their careers at our hospital. 17 junior doctors will start rounds at Hornsby and I know their drive and commitment will see them improve the lives of thousands in our community.

It's an honour to have these dedicated professionals at Hornsby Hospital and I wish them the best of luck as they start their long and distinguished careers.

The hospital will also be holding a number of 'pop up' stalls where

you can experience the stage 2 building, currently in construction, in 3D. Wearing virtual reality goggles you can walk through the new building and experience first-hand what the building will look like.

The technology which is leading the way in hospital redevelopments, is helping staff ensure they get the best possible outcome from each department. The \$200 million stage 2 redevelopment will be home to a



number of departments including Intensive care, cardiac care and pediatrics.

I made it my number one priority when elected in 2011 to improve the services at Hornsby Hospital and

I am proud to have delivered \$320 million in that time to bring ensure our hospital is a state-of-the-art medical facility that can services our community both now and into the future.



When it comes to giving back to our community, you can't stop the Cali family. Twin sisters Renae and Madison and twin brothers Ethan and Liam give up their spare time on the weekends to volunteer as members of the Umina Beach Surf Life Saving Club.

Recently awarded Volunteer Recognition Certificates by Member for Hornsby Matt Kean MP, the siblings love being part of this important community organisation.

"I wanted to acknowledge Madison, Renae, Ethan and Liam for giving up their time to ensure the safety of the community at one of the busiest beaches on the Central Coast," Mr Kean said.

Renae and Madison attend Macquarie University studying a Commerce and Law while Ethan and Liam are students at Redfield College.

You can nominate a volunteer through the Premier's Volunteer Recognition Program at www.volunteering.nsw.gov.au

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Authorised by Julian Leeser MP Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



HAWKESBURY

NSW STATE REGISTER OF CANDIDATES FOR THE 2019 STATE ELECTION

DISTRICT POLITICAL **HAWKESBURY**

CANDIDATE NAME

PARTY AFFILIATION

Bowyer Marie-Jeanne

Coogans Sarah Elizabeth

Djuric Shane Raymond

Dogramaci Sedat

Preston Robyn Anne

Reynolds Peter Frederick

Animal Justice Party

Shooters Fishers and Farmers Party (NSW) Incorporated

The Liberal Party of Australia New South Wales Division

Australian Labor Party (NSW) Branch

DISTRICT POLITICAL **HORNSBY**

CANDIDATE NAME

PARTY AFFILIATION

Eros Emma

Gallagher Michael Patrick

Gompertz Katie

Kean Matthew John

Nicita Joseph

Pauline Hanson's One Nation

Australian Labor Party (NSW Branch)

The Liberal Party of Australia NSW Division

The Greens NSW

KEY DATES NSW STATE ELECTIONS

Wednesday 6th March

Close of registration for candidates

Thursday 7th March

Ballot Paper Draws.

Monday 11th March

Early Voting Opens 8am

iVote opens 8am

Postal vote ballot papers available

Saturday 16th March

Early voting available 9am-5pm

Friday 22nd March

Early voting period closes 6pm

Saturday 23rd March

Election Day 8am - 6pm

iVote applications close 1pm

iVote voting closes 6pm.

Wednesday 27th March

Close of return of postal vote

ballot papers 6pm

Early voting is available
from Monday, 11 March 2019
until Friday, 22 March 2019,
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HORSE & PONY CLUB NEWS

ARCADIA PONY CLUB OPEN DAY – MEETING YOUR HORSE RIDING HEROES!

Our 2019 Registration day was undoubtedly one of our best yet! It started off with our registration session – it was great to see so many of our 2018 riders returning, along with welcoming many new members as well. Everyone then assisted with setting up our show jump course as we had the stars of Tinney Eventing running a show jump clinic.

The clinics were very successful and all riders gained some wonderful advice and tips from Karen and Gemma Tinney. Those riders not in a clinic session enjoyed some fun sessions from our great Arcadia Pony Club instructors in both horsemanship and mounted games.

Once the ridden sessions were over, riders looked after their horses then enjoyed lunch from our fabulous canteen team – they were sold out of delicious lunches on the first rally day of the year!

Over lunch our riders were then inspired by hearing from Stuart Tinney and his journey of starting out at pony club in QLD to then winning Olympic

Gold and Bronze representing Australia. What an amazing story! But without a doubt, the best part of the day was the opportunity our riders had to ask a question of Stuart. These questions ranged from the very cute from our littlest riders including “what’s your favorite horse colour Stuart?” to more technical questions on training horses and preparing them for competition.

A huge thank you to Tinney Eventing for so generously sharing your time and knowledge for some very hopeful Olympians of tomorrow.

We would also like to thank Leanne and our event partner Horseland Dural for coming along

and providing saddle health checks and saddle fitting for our lucky riders. There were some very happy horses looking very happy in some new saddles! Tinney Eventing, Horseland Dural, CopRice and Galston’s favourite beauty and homewares store Luxe Elicious also provided some amazing raffle prizes too.

Happy riders, happy horses – what a great start to the year...

Come ride with us - join us for fun, friendship and competitions!

Arcadia Pony Club has a “come and try” programme for riders aged between 4 – 25 years with their own horses or ponies where you

can come along to a Rally Day and gain some riding instruction, meet new friends and have a lot of fun. Come yourself or bring your pony along too and try our friendly and fun club!

Thinking of instructing?

Do you love horses, enjoy teaching children and think you may have an interest in becoming a pony club instructor? We would love to hear from you. We provide a safe and structured learning program in line with Pony Club NSW guidelines.

We meet the first and third Sunday every month at the Rural Sports Facility in Galston. To find out more about Arcadia Pony Club and to see our instructor profiles, please visit <http://www.arcadiaponyclub.org>

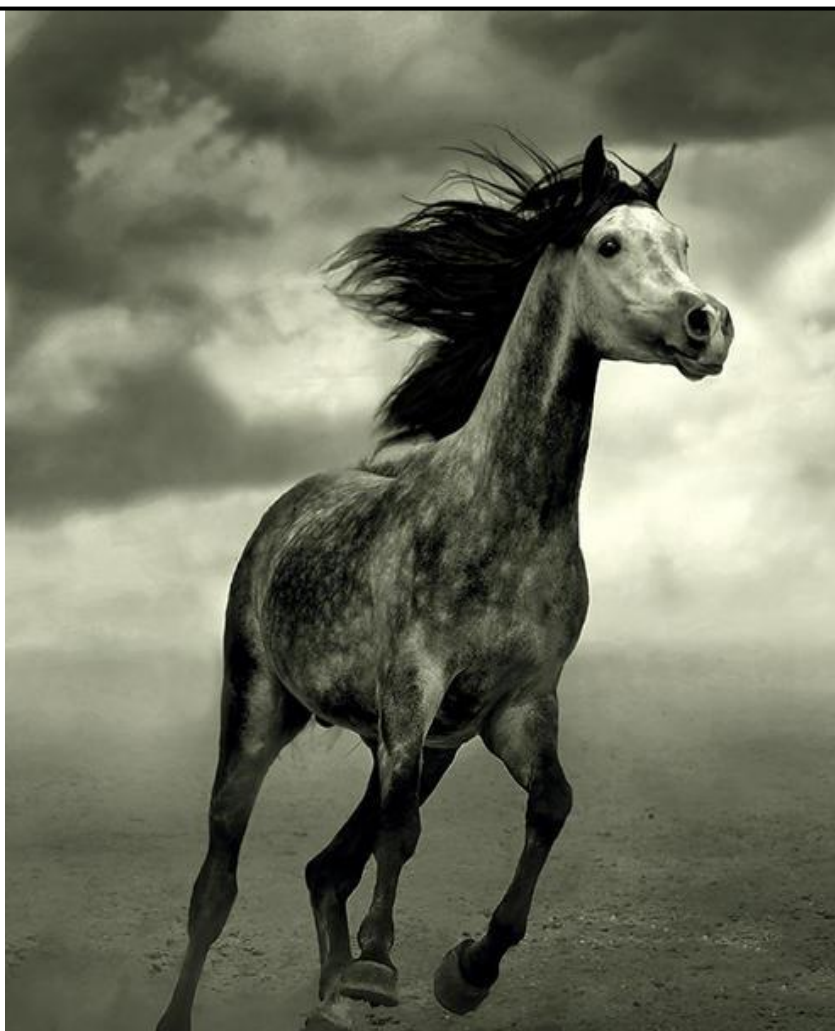


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GALSTON EQUESTRIAN CLUB'S 10TH YEAR!

By Lesley Saxton



The Galston Equestrian Club is an adult riding club which meets every second and fourth Sunday at our beautiful grounds at the Rural Sports Facility in Galston. 2019 is our 10th year of operating and we are excited to celebrate this milestone throughout the year.

We are a welcoming club that offers riders of all abilities a variety of activities, including dressage, show jumping, horsemanship and working equitation. We run friendly competitions, clinics, training days, protocol days and information talks. We have many excellent instructors and we receive so much positive feedback from our members and visitors alike. For our Dressage buffs we have our Members Only Dressage Competition on **24th March** which is a great opportunity to practice the new Dressage Tests before our Official Competition on **28th April**.

❶ If you would like to join the club this year, please visit our website at www.galstonequestrianclub.org.au and download the membership form under the membership tab. You can visit our website and our Facebook page to see what's on.



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SCHOOL

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Did you know that the name Arcadia was adopted in 1895 by local residents following the establishment of our beautiful school? Mr John B Shearston had travelled to Arcadia in Southern Greece and felt the local area to be equally idyllic. We couldn't agree more! The philosophy of the school and community hasn't changed with all. We work together to provide outstanding opportunities and the attention our students need to develop into confident, successful learners.

We are celebrating the 125 year anniversary of

Arcadia Public School on **Saturday May 4** and when better to do it than at the fabulous Arcadia Markets. A highlight of the day will be the opening of a time capsule sealed 50 years ago. What's inside? You are invited to come along and find out! The big question is what to refill it with to mark the next 50 years - perhaps a photo of our 2019 school captains? Congratulations Amelie, Riley, Mary and Ashley, we're proud of you and wish you well for this important year of leadership. As Mary said, *"I'm so excited about the year ahead, being able to help the younger students and be a part of moving our school forward."*

DISCOVER WHAT ARCADIA HAS TO OFFER YOUR CHILD

Join us from 10am to 11am on **Wednesday, 27 March**, for a tour of Arcadia Public School and meet our Principal and students. Let us share with you our stimulating and supportive learning environment where every student is inspired to reach their full potential.

MARCH
27



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140 Arcadia Road, Arcadia 2159

🔗 Come along to **Discover Arcadia on March 27** to hear about what makes Arcadia Public School such a great place to learn. Phone our friendly office staff on 9653 1207 or visit the school website for further information.

NEW LEADERSHIP AT NORTHHOLM



2019 Student Leaders-Year 8 Leadership Team with Chris Bradbury

Not only does Northholm Grammar School have a new Principal from the start of

2019, but as of Monday 4 February, our new Year Eight Leaders were inducted at their Commissioning

Service in front of their parents, teachers and peers.

Mr Chris Bradbury, Northholm's Principal, addressed the audience and emphasised the importance of Leadership, which he said "essentially comes down to service. Service to others and for the greater good of the community". Chris continued that "great

leaders have a positive influence and impact on the people around them so it's important to build

skills in self-awareness (to lead yourself), communication (not only verbally but by listening), and finally learning agility (the desire and love of constant learning).

In accepting their Leadership badges, these students demonstrated their desire to step up to make a difference, their enthusiasm to contribute to the Northholm community and their willingness to do their best to support and encourage their peers to make the most of the opportunities on offer at Northholm.

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A GREAT START TO 2019 AT HILLSIDE PUBLIC SCHOOL



It was wonderful to welcome back all our students, both new and old to school for what will be an exciting year.

Our PBEL (Positive Behaviour Engaging Learners) program underpins Hillside's Student Welfare Program. Our Year 6 Leaders have been working with their Sports groups to teach and reinforce the expected behaviour in the classroom, in the playground and when on excursions. The students are thoroughly enjoying the interaction with their Year 6 Leaders

and completing their PBEL Passports. At Hillside our students are Respectful, Responsible Learners.

All of our students participated with enthusiasm in the Small School Swimming Carnival at Galston Pool. We joined our friends from Annangrove and Middle Dural Schools on the day. At Hillside all students from Kindergarten to Year 6 participate in a variety of races on the day. It is always a lot of fun for our students.

With the weather becoming cooler the older students assisted the younger students to plant their germinated corn seedlings, lettuce and capsicums in our vegetable garden. It is always wonderful watching the interaction between the different age

groups when participating in whole school activities. At recess and lunchtimes the younger students are enjoying learning how to play handball with the senior students. All of our students learn tolerance and understanding because of the uniqueness of a small school.

At Hillside all of our Year students take on the Leadership Role. They are responsible for the organising and running of School and Special Assemblies, welcoming and thanking of visitors, charity fundraising on top of being the Sports Leaders and the School Library monitors. Hillside students move on to high school being

well prepared young leaders and confidently take on responsibilities there.

There are a number of definite advantages of a small school:

- Enhances teacher – student relationships
- Fosters student leadership through mentoring and learning
- Community nurturing atmosphere
- Provides outlet for all students to blossom
- More sporting opportunities

Don't forget to vote at Hillside on Saturday 23rd March. Bacon and egg rolls, sausage sandwiches, cakes etc. will be available on the day. Support your local school.

📍 Every day is Open Day at Hillside, so please pop in or call 9652 1459 to make an appointment to see our wonderful school. Small Schools are Great Schools!

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While only a few weeks into Term 1 our kindergarten class of KW is settling into school very nicely. These little 'first-timers' are making a smooth transition into 'BIG' school and many have already made new friends.

School Captains Milla and Rhys and Vice Captains Amber and Braeden attended a Leadership Camp at Vision Valley last week. Whilst there they learnt about teamwork and cooperation, did some great activities, and met other student

leaders from nearby schools. Overall they had a great time and are looking forward to drawing on their experiences and knowledge from the camp to assist them in their roles this year.

Library Monitors for 2019 have also been chosen. Throughout the year these monitors will undertake a variety of responsible library duties such as caring for library resources and ably assisting our school librarian.

An SRC Induction Assembly will be held shortly for the 2019

Student Representative Council leaders who were recently elected. These representatives are keenly looking forward to representing their respective class and also enthusiastically organising many fundraising ventures for this year.

At the annual swimming carnival enthusiastic competitors demonstrated true Galston Public School spirited competition and exemplary sportsmanship. A courageous and determined team will now go to compete at the Beecroft Zone PSSA Swimming Carnival which will be held at Sydney Olympic Park Aquatic Centre, Homebush.

➤ If you would like to know more about our awesome school please contact the school office (9653 2062) and all your questions will be happily answered.



MIDDLE DURAL PUBLIC SCHOOL

Happy New School Year from all of us here at Middle Dural Public School! We are enjoying a wonderfully positive and exciting start to 2019, with many fresh and cheeky little faces joining our community; including a whole 'tiddle' of 9 kindies! We welcome all of our new students and their families to our beautiful school and would prefer it to be kept as our little secret.

This author never imagined that a primary schools swimming carnival could be described as exhilarating and inspiring, but last Friday came pretty close. Many thanks and congratulations to all of the parents and families making such a spirited effort to come and support the school, and for the good work and organisation from Principal Mrs Mills, Mrs McLennan and Rebecca Mills. It was for your encouragement and enthusiasm that our children swam so confidently and competently. Many thanks also to Principal Mrs Eastman and the Hillside P.S team for organising such a successful and fun day.

It is our great pleasure to announce and introduce our new School Captain Kollah, Vice Captain Jessica, and Sports Captain Jack.

Dr Amelia Hynen with Year 12 student Claire Shi



HILLS GRAMMAR STORIES

DR AMELIA HYNEN ANOTHER HILLS ORIGINAL

The most recent inductee into the Hills Grammar Original Alumni Award collective is scientist, researcher and academic Dr Amelia Hynen (Class of 2008). Not yet 30 years of age, Amelia has achieved much in her ten years since graduating from Hills Grammar. "I wasn't the best student, or at the top of the class at school but from a young age I always knew I wanted to be a scientist...the inspiring teachers at Hills helped foster and drive my passion for science."

A passion for microbiology and infectious diseases saw Amelia pursue scientific research and undertake an Honours research project at the University of Technology, Sydney. The project in biomedical research characterised the Australian Epidemic Strain 1 of *Pseudomonas aeruginosa*, a chronic bacterial lung infection in cystic fibrosis. For this ground-breaking

work, Amelia was awarded first class Honours and the Dean's Merit Award for Academic Excellence.

In 2018, Amelia was given the opportunity of a lifetime – an invitation to the World Health Organisation in Geneva Switzerland, as an intern for the Global Influenza Programme.

"I am proud to be standing here today accepting this award as a woman in science. In our modern technological age, STEM has become an integral part of our everyday lives, and I believe it is more important now than ever before that we come together as a community to encourage the development of our future scientists, technologists, engineers and mathematicians."

A quiet achiever with a passion for Science, Amelia's tenacity and character embody the School's motto Strive for Excellence.



Meet our
Hills Grammar
Originals

Open Day
Friday 29 March 2019



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NEWS FROM UNITINGCARE GALSTON EARLY LEARNING CENTRE

The month of February has been a productive and motivating month for the team here at Galston Early Learning as we have been working on our Work, Health and Safety Quality Area.



We have had an opportunity to connect with our families and the outer community through our annual working bee, to improve and re-assess our environment to ensure that it is all safe.

On the 2nd of February, despite all the rainy weather, we had many of our families and educators who volunteered their time to help

us with replacing the old sand with new sand, weeding/mulching/hedging the gardens, and sorting all our indoor and outdoor equipment.

We would like to thank all the families and educators who came along to help us, your time was greatly appreciated by all and the children have enjoyed playing with their brand new sand!

I would like to make a special mention to 'Langlands Landscape Supplies' for providing some labouring help and for allowing us to use their trucks!



On Tuesday the 12th of February the children enjoyed

a visit from Happy Healthy Harold. This incursion was planned to help the children and educators to reflect upon the importance of our healthy eating habits and daily exercise. We hope that this incursion will spark more discussion on healthy eating and allow the children to share their voices/opinions on how we could improve our weekly menu plans.



✦ If you would like to come and have a look at the centre or ask any questions regarding our Educational Program, please feel free to contact the Centre Director Daniela Balmer on 9653 1475.



PACIFIC HILLS CHRISTIAN SCHOOL

40 YEARS OF GOODNESS AND GRACE

By Craig Hingston

PACIFIC HILLS CHRISTIAN SCHOOL AT DURAL is about to celebrate its 40 year anniversary, since it was started as a single teacher school with eight students.

A series of anniversary events are planned for April and May for current and past students, parents and staff, and the local community.

The O'Dell family and a group of friends pioneered the school as Pennant Hills Christian School and the first teacher was Mrs Lynn McCrindle. The McCrindle name has continued to be connected with the school with her children being educated there, and now her grandchildren. Her son Mark is Chairman of the Board.

In its second year the school grew to 41 students and two staff members. 1981 saw the commencement of secondary education and the first enrolments of students with disabilities into mainstream classes.

Dr Boyce commenced his role as Principal in 1985 and today he is Executive Principal over all seven schools which form the Pacific Group of Schools.

In 1986 the school moved to its current location in Quarry Road, Dural, and changed its name to Pacific Hills Christian School. This was also the first year to have a graduating Year 12 class.

The school continued to grow each year. By 1999 there were over 1,000 students and today there are more than 1300 and 150 staff.

A recent milestone was the launch of New Hope School on the same campus which is specifically developed for students with a moderate level of intellectual delay or who have an Autism Spectrum Disorder. A unique feature of this school is the daily collaboration that students have with those at Pacific Hills.

The 40th anniversary will be celebrated with a Celebration Day on **April 12th**, an Afternoon Tea on **May 18th**, Celebration Service on **May 19th**, Thanksgiving Service on the exact start date of **May 21st**, and an Anniversary Dinner at a local restaurant on **May 23rd**.



PACIFIC HILLS CHRISTIAN SCHOOL
40TH ANNIVERSARY

OPEN DAY
MARCH 2
9AM - 2PM

JOIN IN THE PACIFIC HILLS COMMUNITY
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RUSSIAN REVELATIONS IN GALSTON CONCERTS

The Galston Concerts return this month with the first of five programs for 2019. A 2pm start Sunday 24 March in Galston Uniting Church sees Russian virtuosi Evgeny Sorkin (violin) and Vladimir Gorbach (guitar) feature in a program of Classical styles.

Baroque Bach and Handel will be contrasted with heart-rending Romantic music by great Russian composers Tchaikovsky and Shostakovich, assisted by pianist Rachael Lin.

Folky fare from Spain and Argentina will give fiery flair to the finale.

Proteges of the great Yehudi Menuhin, their skills polished in Europe and North America, both Sorkin and Gorbach are now Sydney-based as lecturers at the Sydney Conservatorium.

They still travel the world with Sorkin's summer including teaching at New York's famed Juilliard School.

In a special Galston feature they will bring **rising star students** to join the billing – mentors and proteges sharing the stage – in keeping with The Galston Concerts traditional support of young performers.

A hot summer in the Hills has been matched by hot ticket sales for the Galston series.

Subscription renewals are bubbling along with five-concerts-for-the-price-of-four rates for Adults or Seniors.

The series gives even better deals to younger music fans: just \$10 per concert for high school and university students; free to 12-and-unders when in company of a ticketed adult.

📍 Bookings on www.trybooking.com - search Galston.

Enquiries to Promotions Coordinator Helen Jordan 0425 339 841 or Robert Harris 0428 248 348.



Vladimir Gorbach and Evgeny Sorkin

CASTLE HILL ART SOCIETY



JOHN HAYCRAFT "Watercolour Painting"

In March we have two dates with two well-recognized artists, first our demo night on **Wednesday 6th March at 7.30pm** when we

will welcome John Haycraft for a watercolour painting demonstration of his expressive style. Then Kristine Ballard will return to CHAS on **Sunday 31st March** for a workshop for anyone who loves colour. Kristine has developed her own "Fragmatism" style of painting giving a nod to Cubism, Fauvism and other genres. Be prepared to have fun creating your own abstracted art work.

Please register your interest by contacting CHAS at: chasart@bigpond.com

MARCH

06

HORNSBY KU-RING-GAI FOLK CLUB



MARCH

15

BOB FOX (UK) - 8 pm

After completing 18 month in the West End production of WarHorse Bob has returned to his roots to play Folk Clubs, Arts Centres and Folk Festivals. "Bob Fox has long been a favourite on the live circuit. He has twice been nominated as Folk Singer of the Year at the BBC Radio 2 Folk Awards. Bob played the role of Songman in WarHorse He performs songs from the show in their full versions, linked by snippets of the story and favourites from his own personal repertoire. WHY? 'One of the best voices in England' Ralph McTell"

Hornsby Ku-ring-gai Folk Club

Beatrice Taylor Hall, rear Willow Park Community Centre,
25 Edgeworth David Ave, Hornsby

For further information and table bookings, email Barry Parks bpparks@tpg.com.au



Hills Life Church

CAN YOU PICTURE A BEAUTIFUL GARDEN?

By Corri Byrne

From the opening pages of the bible, in the book of Genesis we read of Adam and Eve walking with God in the garden of Eden.

A beautiful, peaceful, tranquil garden tended by man working in the direct presence of God.

Can you picture a beautiful garden? One well tended, manicured, cleared of weeds and thorns?

Maybe you are a gardener and take great pride in creating an eye catching landscape.

Consider having worked so hard to create this space you had to leave for an extended period.

This beautiful, well tended garden was completely left alone.

What would it look like after a few seasons? A couple of years?

Surely it would be choked by weeds, vines, overgrown and unkempt.

If you picture this garden and compare it to the initial picture what would it take to restore it? To bring this untended, overgrown, neglected garden back to its earlier beauty?

This is a little like our relationship with God. If we leave it a while, neglect it, leave our relationship untended then it suffers a similar degradation.

What could be a beautiful and peaceful, wondrous relationship, becomes a battle, a chore, something seemingly unattainable.

But the relationship can be restored. Just as the garden, with some work, can be brought back to life, so too our relationship with God.

Just as there are various tools used to restore the garden, we too have tools to restore our relationship with God.

Reading the Word, prayer, quiet time just leaning in, worshipping, coming to church, fellowship with other Christians ... all these can help restore the loving, intimate, joyful relationship our Father wishes to have with each of us.

Just as regular attention to a garden saves hard labour, so too does spending time with God daily.

NEWS FROM ST BENEDICT'S FETE SUNDAY 10 MARCH FROM 10AM



This great community event will have all the fun of the fair and everyone is welcome to come along on the day. There'll be a jumping castle, cake stall, handicrafts, barbecue, books,

plants, flowers and much, much more. First prize in the fete raffle is a week's accommodation in a luxury unit at Hawk's Nest and 2nd prize is a young Limousin steer that's been donated from the St Benedict's monastery herd. If the winner doesn't have a pasture it can grow up with the monastery herd until it's ready to go to market.

One of the most perennially popular attractions at the fete is the giant vegetable stall (pictured).

Alpha introduction to the Christian faith

The parish is planning an Alpha course for Term 2 this year (May to July). Alpha provides a basic introduction for adults to the Christian faith. Would you be interested in joining in for a meal, a DVD presentation and a small group discussion? If anyone is interested in finding out more please contact Sandra on 0410 587 735 or 9653 2312.

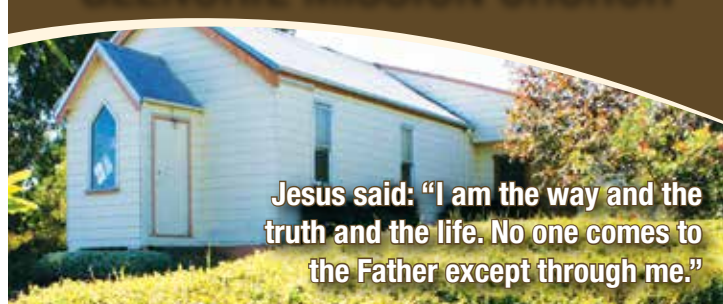
Learning Hebrew

Our parish priest Father Bernard has offered to run a course in basic Hebrew during Lent. Classes will be held at the Parish Centre on the following Wednesdays at 7.30pm: 13, 20, 27 March and 3, 10, 17 April. This will be a great way to stretch your brain and enjoy some congenial company. For more information or to RSVP please call 9653 2312 or email arcadiaparish@bigpond.com

Weekend Mass Times

St. Benedict's Catholic Church
Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Corner Fagans Rd and Arcadia Rd 7pm Saturday, 9am Sunday.

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HILLS LIFE CHURCH

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— Romans 15:13

Service: Sunday mornings at 10:00am
Galston Public School
Ph: 0416 233 629

Visit our Facebook page and see latest updates.

www.hillslife.com



GALSTON UNITING CHURCH

Rev Geoff Smith

Well, 2019 is away to a flying start with our beloved minister Rev. Geoff Smith returning well rested after an extended and well-earned break. Thanks to those who helped lead our services during this time including Allan Harper and Rev Rob McFarlane, as well as those from the pews who stepped-up, Trevor Knight, John Illidge and Kath Willems.

All our activities are well under way and there is hopefully something here for everyone in the community.

They include:

- Sunday Worship at 10.00 a.m. each Sunday. This includes a time for "Sunday's Kids".
- KUCAs (Kids of the Uniting Church in Australia) meet each Friday of school term from 5.00-6.30 p.m. for Kindergarten to Year 6 children.

- This includes dinner for the kids. (Cost \$5 per night)
- Youth Group - for those in Year 6 and junior high school, who meet on Friday evenings at 7.00 p.m.
- The Men's Choir - great stress therapy and a whole lot of fun.
- Ladies Choir - People come from near and far to join this choir.
- The Craft group - meets on Thursday evenings 7-10 pm for a great time of friendship while doing patchwork, crocheting, sewing and other crafts and all are welcome.
- "Over 55s" - a social group with a variety of outings and activities for the (ahem!) slightly older fraternity. Please come and join us at 10am at the church on the second Monday of each month.



We would love to see you at Sunday worship or at any of our groups and activities.

- For information, please contact Elizabeth at the church office (9653 2039) on Tuesdays and Fridays.
- Sunday Family Service 10 am
- Visit www.galstonunitingchurch.com

Glenorie Mission Church

By Ben Davis

HOW JESUS PUT A MAN ON HIS FEET



(a message by Rev Ed. Long)

God's promise to his children (Proverbs 3: 5,6) read it and believe it!

Near the sheep gate in Jerusalem was a pool of water (John 5 1-9) which had become a small hospital.

Jesus was led there because of the people. Need always appealed to Christ. Where do you think he would go first if he came to one of our towns or cities?

Why did Jesus ask the man if he wanted to be made well? Christ will never save people if they do not want him to do so. The man's answer showed how helpless he was and how he was full of self pity. Isn't it easy to think that we have no friends and no one cares about us?

Have you ever felt like that?

Christ told him to do the one thing he couldn't do, get up and walk. But this man was looking into the eyes of the Son of God. These were the words of Christ and the man acted on them.

How was he healed? By the power of Christ, given when he believed - given immediately, completely. The cure was a miracle, but the fact was a certainty. If he had not accepted the help Jesus offered him just then, he may have remained a cripple for the rest of his life. It was Jesus who put him onto his feet. No one else could have done it.

There is no hope of salvation except in Jesus Christ. He offers it to everyone, but the question is the same, 'Do you really want it?' He won't force it on you, but he waits to give it to you.

It is the same for Christians. He stands waiting to help us. But sometimes we try to work without his help and we only fail. When are we going to learn the lesson that Jesus taught?

'With out me you can do nothing.' Let him help you today.

- Come and find out more at- Glenorie Mission Church 1409 Old Northern Rd Glenorie.
- Sunday Service at 10.00 am .

Hear the good news that the biblical account of origins is not only historically accurate, but makes better sense of the evidence.

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HEAR THE GOOD NEWS

Everyone likes to hear good news and that's been true for young and old in every generation.

"A cheerful look brings joy to the heart and good news (a good report) gives health to the bones." (Proverbs 15:30)

Most of us have a great interest in finding out the latest news - and it's so much easier these days, with access to social media as well as radio, newspapers and magazines. In fact, "News editor's Picks" comes



up on my phone every day, listing the latest newsworthy stories- according to the editor.

The earliest way of getting the news was by word of mouth, but we all know the game of "Chinese Whispers"- reminding us that word of mouth is notoriously unreliable!!

By the time Jesus Christ was living on earth, the Romans had published primitive newspapers, called the "Acta Publica." These papers were periodically be posted in public places, recording a variety of things of interest- much like our newspapers today.

With Roman domination at that time being so exacting and harsh, how refreshing and even exciting it would've been to hear the message of John the Baptist! Imagine walking down a street in Jerusalem and

Pr. Alex & Dee Valich

hearing the words, "Repent and hear the good news." Wow- not just the latest news, but good news, proclaiming that the Kingdom of God was near! Soon after that, Jesus was telling the people "Repent for the kingdom of heaven is at hand." (Matthew 4:17).

Then hearing the words that had been spoken by a well-known prophet hundreds of years before would've provided a lot of discussion on the way home. "Prepare the way of the Lord. Make His paths straight." (Isaiah 40:3)

For the next 3 years, the good news about what Jesus was doing spread. History reports that John the Baptist was put into prison and heard the latest good news:

"Go and tell John the things you have seen and heard: that the blind see, the lame walk, the lepers are

cleansed, the deaf hear, the dead are raised, the poor have the good news preached to them." (Luke 7:22)

Then after the death and historically reported resurrection of Jesus Christ, there was more good news.

"Believe on the Lord Jesus Christ and you will be saved; you and your household." (Acts 16:31)

God has now made it possible to be saved, in other words, to have a relationship with Him through His Son Jesus Christ- for the rest of our lives here on earth and then for all eternity!

THAT'S GOOD NEWS.

DO IT NOW

Pastor David McKibben, Galston Seventh-day Adventist Church

Some years ago a church pastor in my home city of Belfast wrote a book entitled "*Don't wait until they're dead*". His book emphasised the fact that sometimes we are so sparing of words of appreciation and gratitude when people are still alive, and this is especially true in relation to those who are close to us. It is vital, therefore, that we do and say things when we have the opportunity.

Do it now - that is one of the important lessons that emerges from the story of Mary's anointing of Jesus (*Mark 14:3-9*). As we noted last month, Mary did what she could with what she had that evening, **but she also did what she could when she had the opportunity to do something.**

This point is particularly poignant when we realise the setting in which this incident took place. Mary's act of gratitude and devotion took place on the Saturday evening before Jesus was crucified on Good Friday. One week later Jesus was dead. After his death some women brought ointments and spices for his burial, but in a sense it was too late then. Jesus was dead, and he was not aware of the love and affection that motivated their actions. However, the memory of

Mary's deed gave him tremendous encouragement during the days leading up to his cruel death.

There are some things that you and I can do anytime, but there are other things that we can only do once. We only have one opportunity to do some deeds of kindness or speak some words of encouragement, and once the opportunity passes, it is gone. The circumstances, the setting, the time, the place, the person - they will change and the chance has gone. This can apply to such little things in themselves: making a phone call, paying a visit, expressing a word of gratitude, buying that little gift, saying that special word of encouragement. One of the tragedies of life is that we are often moved to do or say something that is kind and helpful, and we do not act on those impulses.

Mary followed through on her impulse, and her deed provides us with a great example to follow. Let us do and say what we can to help others when we have the chance, to do things now when we have the opportunity. Remember that the smallest deed is greater than the grandest intention.

Do it now!

Songs @ Sunset

March 30

6PM

Do you enjoy listening to music or singing?

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A perfect way to end a beautiful day

All Welcome

Galston Seventh-day Adventist Church
49 Arcadia Road Galston 2159
Light refreshments provided

"Don't wait until they're dead"

GARDENING

WELCOME BACK TO GALSTON GARDEN CLUB 2019!

Our February meeting started with a well-attended AGM where all the Executive positions were filled. Our President Sue Montgomery welcomed everyone back, especially those who had joined during the

Christmas break and informed us that our club numbers had grown throughout the past year.

Socially it looks like there are some exciting trips planned throughout the year for club members. As a taster from our Social Committee... a drive to Bowral Open Gardens and Plant Fair, a garden ramble where Fuchsia and Bromeliads are the stars as well as a long weekend trip to Canberra to see the new Arboretum, gardens and other places of interest

Our club Patron Judy Horton was our guest speaker and she took us on a pictorial tour of Japan, Canada and USA two tours that Judy did last year. Judy is a tour guide for Botanica Tours and the gardens she visits

are just beautiful. The Japanese have a real love and appreciation of gardens and she observed that it was a real pleasure to see people in a frenetic city able to stop and enjoy the peace and beauty of the garden. Japan has almost no unemployment and what struck Judy was the number of people who had jobs in the gardens, in one garden there are people who scrub off the bark of the Crepe Myrtles, they are so precious and special to the people. At another garden the water on the pond was being swept, the gardens were beautiful and kept in pristine order. Onto The US to Santa Barbara and Lotusland was a garden that reminded you to think differently about what you plant and where, this was evident in the stunning lemon tree archway. At the Butchart Gardens in Canada years of work was lovingly evident in this beautiful garden that began as a limestone quarry it is known as one of the world's most amazing garden, with a marvellous Japanese garden, beautiful fountain and beautiful plantings, it even has its own stunning carousel to ride.

And while October seems a fair way off our Open Gardens Committee is already on the lookout for new gardens for this years Open Gardens Weekend. So if you are a garden owner who would like to be a part of the Open Gardens weekend or do you know someone that has a garden and might be interested in being part of our Open Gardens weekend? The Committee is always looking for new gardens to maintain the variety of differently styled gardens on the weekend. All money raised on the day goes towards a number of charities and in 2018 we were able to assist 31 charities with donations. Please contact Bill Fleming our Open Gardens Convenor on 96532394 or email: wffleming@primusonline.com.au if you would like to be a part of this wonderful event.

The Galston Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8.00pm, new members and visitors are warmly welcomed. For more information, visit our website: www.galstongardenclub.com.au



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WARRAH CELEBRATES 50 YEARS

50 YEARS OF ENRICHING THE LIVES OF PEOPLE WITH DISABILITY

By Cindy Cunningham

Warrah Society is proudly celebrating 50 years of supporting adults and children living with disability, and their families.

Warrah started on a beautiful bushland property, now 11 hectares in Dural. A small organic garden was started as a means to provide young adults with intellectual disability to learn skills and engage in purposeful work over the ensuing years. Cottages for accommodation were built and a school for children with disability established. This continues today, with two beautiful brand new purpose built homes completed just prior to Christmas.

Chief Executive Officer of Warrah, Georgina Michaelis said, "The vision of Warrah's founders continues to be strong and alive today in what we do to support individuals in home, work, school, social and community life."

Inspired by the philosophy of Rudolf Steiner, Warrah's core intent is to support individuals living

with disability to live their life with purpose and dignity.

Warrah parents, Marcelle and Ross King, are extremely thankful for the nearly 40 years that their daughter Jenni has spent in Warrah's school, residential cottages and day service activities. "Jenni has experienced the love, care and devotion of Warrah's staff and has made life-long friends with her peers. Warrah provides a space where Jenni belongs and where she can be herself," shared Ross King.

Today Warrah supports about 120 people with intellectual disability or autism through a range of services and activities, which offer learning, social participation and work skills development. This includes Supported Independent Living across 12 houses across Sydney's North West, Community Support Services and Courses, and small Special School.

"We have retained our bushland campus and the organic garden of 50 years ago which is today a



Warrah School Students in the 1970s – many of which are still part of the Warrah community today



Aerial view of Warrah campus at 20 Harris Road Dural in 1982



Young Warrah adult residents in the 1970s outside the Old Warrah Farm Cottage

certified biodynamic farm, selling organic and biodynamic produce through an on-site Farm Shop open six days," she said. Biodynamic farming methods was also developed by Rudolf Steiner, and is a holistic and sustainable approach that uses no harmful chemicals.

Warrah has had an extraordinary

and unique history, which has touched the lives of many people. In a rapidly changing society and sector, we look forward with anticipation and excitement to a strong future, which will continue to actively meet the needs and aspirations of people living with disability.

BROMELIAD SOCIETY OF AUSTRALIA

The Bromeliad Society of Australia will hold their next meeting at Federation Pavilion, Castle Hill Showground on **Saturday, 2 March** with plant sales commencing at 11am followed by the meeting at 12noon.

Access is via the Showground entrance off Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

As there isn't a guest speaker planned for this meeting the Committee wanted to provide an opportunity for members and guests to bring along their bromeliads for identification and advice on specific issues. Also what varieties of bromeliads prefer shade

and others that tolerate and require morning sun to enhance their colour.

There will also be a practical demonstration on how to remove the pups from the mother plant, when to do this successfully and potting your new plant.

Meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment. Contact Ian Hook - mobile 0408 202 269, email: ianhook1@bigpond.com. Visit: www.bromeliad.org.au




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WARRAH FARM SHOP

On a different note, we are all aware from recent media coverage that farmers across the country are struggling. Australian conditions - from extreme heat to bush fires, drought and wild storms - have heavily affected growing regions in South Australia, Victoria, NSW and Queensland. We are seeing the impact on the entire produce market, but especially in terms of availability of leafy greens. Now, more than ever farmers are grateful for your support.

We too are sorry to report that we have seen a few losses in the paddock and our nursery recently. Mainly affected is the salad mix and our next succession of cucumbers and zucchinis - planted and then quickly wiped out in the heat of mid-January. We are fortunate in that plant growth is still rapid at this time of the year, and so we will recover before too long. We ask for your patience and hope that we can get everything back on track as quickly as possible.

Something positive from the garden has been the abundance of tomatoes from our new poly tunnels. The extra protection from the elements and fruit fly has seen us produce some outstandingly flavourful cherry and black Roma varieties this year. Our large heirlooms are now also being harvested and should be around for the next couple of months.

We are now sowing crops ready for the cooler months - coriander, leeks, cabbages, among others, ready for planting out in the not too distant future. We hope to see you around the farm soon.

There was a bit of excitement around our usually peaceful campus recently with a visit from the "Your Money" media channel. Perhaps you will be lucky enough to catch a glimpse on screen of some of the sites from around the Farm and the Shop! You can watch this video on our facebook page.

STILL CREEK LANDCARE

CAN YOU MAKE THE SAME THING HAPPEN ON YOUR PROPERTY?

If you want to do something similar and live in Hornsby Council or near Old Northern Rd, contact Nick on 9653 2056. For more information about Landcare, find us at <http://www.stillcreeklandcare.com.au> and on Facebook.

You might be aware that for many months, Landcare has been running a free native plants programme for landowners who have cleared weeds, or want to plant a wildlife corridor, or join up bits of separated bush. Recently we visited some landowners who have received plants, to see the results. We were amazed by what we found. Where there were once weeds, these inspiring people proudly showed us trees to 3m high, beautiful shrubs in flower. They spoke like seasoned professionals about how they removed weeds and their plans for the future of their properties. It gave us a real lift to see their enthusiasm.

Why have they done so well? Firstly they got advice on what to plant and how to care for the plants. Secondly the plants were grown in nurseries from local seed, which means survival rates are higher. Thirdly they followed the advice.

This advice was provided by Still Creek Landcare and the plants by a generous local donor.

Residents who have been part of this project have had motivations such as: boosting numbers of natives on their property; creating a wildlife corridor; providing shade in open areas for horses; have native shrubs and grasses thriving. Interested in doing the same, see contact details above.



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- * Paving Sand
- * Arena Sand
- * Sydney Sand
- * Filling Sand
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- * Rapid Set
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- * Lime
- * Aggy Pipe
- * Geotextile Fabric
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- * Lucerne Mulch
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- * Sandstone ballast
- * 2nd hand Common bricks
- * Extruded bricks



GALSTON RURAL FIRE BRIGADE NEWS

By Kara Dubois

Brigade Contact

Details:

Duty mobile:

0491 119 152

Email: info@

galstonrfb.org.au

Firefighters deployed to Queensland fires

Our Galston 1 fire truck was sent to Queensland on a five-day deployment in a strike team tasked to fight the fire on the Tingha Plateau near Glen Innes. The composite crew was made up of firefighters from Galston, Cherrybrook, Ku-ring-gai, and Cowan bush fire brigades.

The strike team was diverted to the large fire at Wallangarra, on the NSW-QLD border. This fire has burnt over 43,800 hectares. The strike team also

comprising trucks from Hornsby, Ku-ring-gai, The Hills and Cumberland were tasked with contacting the southern flank of the fire, which extended from Jennings, through Boonoo Boonoo to Basket Swamp National Park. We back burned around isolated properties to protect them from predicted wind changes, as well as locking in the southern and western flank to prevent the fire spreading as well as protecting the town of Jennings.



Dwellings in a bushfire prone area

Are you about to build in a bushfire prone area? Or maybe you're unsure of the risks attached to your current property.

To find out if you're in bush fire prone land go to the RFS website www.rfs.nsw.gov.au and use the 'Bush Fire Prone Land' tool in the Plan and Prepare section.

If your property is bush fire prone you should consider reviewing your household insurance to

check you are covered for the cost of complying with the necessary bush fire protection measures.

You should also look at upgrading the protection of your property for bush fire, especially if the dwelling has not been constructed with bush fire protection measures incorporated into its design.

Additionally, there are FIVE simple things you can do around your home to prepare it for a bush fire.



1. TRIM

Trim overhanging trees and shrubs. This can stop the fire spreading to your home.



2. MOW

Mow grass and remove the cuttings. Have a cleared area around your home.



3. REMOVE

Remove material that can burn around your home (e.g. Door mats, wood piles, mulch, leaves, paint, outdoor furniture).



4. CLEAR

Clear and remove all the debris and leaves from the gutters surrounding your home. Burning embers can set your home on fire.



5. PREPARE

Prepare a sturdy hose or hoses that will reach all around your home. Make sure you've got a reliable source of water.

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ARCADIA RURAL FIRE BRIGADE

By Peta Gormly



We've been quiet on the article front, but behind the scenes Arcadia had never slowed down.

We were kept busy with the big storm cleanup effort through December. Arcadia had multiple crews assist SES in the local and West Pennant Hills area. The trees that were uprooted were humongous, as was the effort given by all agencies involved. We understood how frustrating it was for residents, as our station also suffered from the blackouts, but your understanding and patience throughout that time was appreciated. We were back on storm clean up duties in early February with a few more trees down in

Galston, that brief storm kept the district busy over the weekend.

After the January rain we were hit with scorching temperatures. Crews were out checking the local trails for any damage caused by the storms, to ensure we still had access. This occurred over the Christmas and New Year break. Thankfully we had very few incident calls over this time. During this time the brigade welcomed a new member to the station, Arcadia 1 Charlie, a third Cat 1 tanker. Crew members have also jumped into their training courses this year, starting with the **Careflight MediSim Trauma Care workshop**, which is designed to teach first responders how to assist in all types of incidents. It is a great course that provided realistic simulated scenarios for first responders to interact with each other in. This course saw members from NSW RFS, NSW SES, and St Johns Ambulance working together.

At the end of January crews from Arcadia, Galston and Cherrybrook were called to a bushfire down Sunnyridge Rd, Arcadia. It was hot work and extinguished quickly, thanks to fast acting crews, and the residents that alerted triple zero to it promptly. This fire was due to power lines arcing. Throughout this fire season we have been asking our community to continuously revise their fire plan to ensure it takes into account their changing families, animals, and environments.

We would like to remind everyone to check the Fire Danger Index in their area, respect TOBAN (Total Fire Ban) rules, and if you've got a pile to burn to then have the appropriate permits. In the Hornsby/Ku-Ring-Gai district during fire season, **1 October – 31 March**, residents are required to have 2 permits, from Hornsby Council and from the Rural Fire Service, which local brigades can issue these, however please go through the

Hornsby Fire Control Centre. The requirements are different in the Hills District, however, residents are still required a permit. If we receive a triple zero call, we will be visiting.

We've welcomed some new members to our brigade recently, and we're excited to have them on board. If you've ever considered joining your local Rural Fire Brigade you can contact us at enquiries@arcadiarfs.org.au there are roles for everyone.

Important numbers and links:

Hornsby/Ku-Ring-Gai Fire Control Centre: 9883 2000
Hornsby Council: 9847 6666
 or <https://www.hornsby.nsw.gov.au/environment/flora-and-fauna/fire-management2/fire-permit-apply-online>
The Hills Fire Control Centre: 9654 1244
 Visit www.rfs.nsw.gov.au

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GLENORIE RURAL FIRE BRIGADE NEWS

By James Wicking

Out of Area Deployment

During February Glenorie 1 was sent on part of a Strike Team to assist with fighting fires in Northern NSW. Deputy Captain Colvin took Glenorie 1 to the fires with 2 Hillside members on board. The crew worked very hard assisting to bring the fire under control in large areas of country for a number of days. They were very happy to see a relief crew arrive so they could go home. The relief crew included two more Glenorie members (Deputy Captain Rod and Firefighter Mick) who stayed for a number of days working in very difficult conditions. A great job to all the crews that were sent. Now the Glenorie 1 is back at station and receiving some much needed TLC!

Brigade Training

Glenorie members have been busy training as usual. The members who recently finished the Bush Firefighting Course are now starting to train for the next course, Village Firefighting. Here is a photo of them practicing a "Five Man Fog Attack" which is commonly used in a Village Firefighting scenario. They have been working very hard and are very happy with all the new skills they have been gaining. It is great to have them on board to help protect our community. The next Bush Firefighting Course is coming up soon. If you're interested in joining the brigade and gaining some great skills then feel free to contact us on the details at the end of this article or drop by the station on a Monday night from 8pm – 9pm or Saturday Afternoon from 2pm – 4pm.

Pile Burns

We are still in the Bush Fire Danger Period which means if you are planning to have a pile burn, you will need a permit. Fire Permits help ensure fire is used safely during the Bush Fire Danger Period. A permit imposes conditions on the way a fire is lit and maintained, and can only be issued by authorised Permit Issuing Officers.

The permit system ensures agencies like the NSW RFS know when and where landholders intend to burn, to ensure adequate and appropriate measures are in place, and so that fires remain under control.

If you would like us to come and issue you with a permit, please contact us on the details at the end of this article.

For further information go to www.rfs.nsw.gov.au or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market on the fourth Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade Email: glenorierfs@outlook.com

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Sun 10am to 12pm

WHAT'S ON AROUND THE COMMUNITY

For March 2019

FRIDAY 1ST MARCH | 9:00PM - 12:00AM

Glenorie RSL Club

Cookbook Book Club + Super Tummy + MATV
Cookbook Book Club are headed to Glenorie RSL! This fresh-out-the-oven three piece write 'kitchen-punk' songs about food, cooking and celebrity chefs. Joining them on their first venture to the Hills District are the ever incredible Megan and The Vegans, while fellow Glenorie debutants Super Tummy jump in to round out a smorgasbord of original talent.

Glenorie RSL Club, 3 Post Office Rd, Glenorie, NSW
02 9652 1183 | donna@glenorierls.com.au
www.facebook.com/pg/GlenorieRSLClub

FRIDAY 1ST MARCH | 5:00PM - 9:00PM

Glenhaven Oval

Association Twilight Markets

A community event featuring market stalls, food stalls, entertainment, rides, fireworks plus more! Parking Available.

Glenhaven Public School P&C
74 - 76 Glenhaven Road, Glenhaven 2156
Glenhaven Public School P&C | 02 9634 3675
glenhaven-p.school@det.nsw.edu.au
www.thehills.nsw.gov.au

THURSDAY 7TH MARCH | 10:00AM - 12:00PM

Dural Library

Living Sustainably Walks and Workshops - Energy saving. Learn how to understand your energy bills and how to monitor and manage your household energy use. Practical advice provided on reducing energy costs. Energy saving devices will be provided to residents of the Hills Shire.

Dural Library, Pellitt Lane, Dural 2158
The Hills Shire Council | 02 9843 0555
www.thehills.nsw.gov.au

THURSDAY 7TH MARCH | 10:30AM - 12:00PM

Dural Library

Let's Talk About Reducing Energy Bills

Partnering with Council's Environment team, learn how to understand your energy bill, how to monitor household energy usage and reduce energy costs. Feel free to bring along your energy bills! Suitable for adults

Dural Library, Pellitt Lane, Dural 2158
www.thehills.nsw.gov.au

THURSDAY 7TH MARCH | 6:30PM - 7:30PM

Castle Hill Library

Makers and Bakers

Join this new group designed for people who love talking all things food, sharing recipes and enjoy making handmade crafts.

Castle Hill Library,
14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

MONDAY 11TH MARCH | 10:00AM - 12:00PM

Castle Hill Library

Tech Savvy Seniors - Introduction to Cybersafety - In Mandarin

This workshop covers the basics of internet security: the things that can potentially go wrong and how to avoid them.

Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

TUESDAY 12TH, 19TH, 26TH MARCH
4:30PM - 5:30PM

Castle Hill Library

Aspiring Astronauts Storytime Series

Encourage your child's love of learning and fuel their imagination with our fun-filled, new STEM-based Space Storytime Programme.

Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

TUESDAY 12TH MARCH | 6:30PM - 7:30PM

Castle Hill Library

Wild West Women Talk with Kelly Rimmer, Alissa Callen and Kim Kelly

Three popular writers from the Central West of New South Wales take to the road to chat about their new novels and share the secrets of their writing success.

Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

WEDNESDAY 13TH, 27TH MARCH
10:00AM - 11:00PM

Dural Library

Yarn on a stick or two - Dural Library

Knitting is the new Yoga! Come along and join a friendly, informal group and learn a new craft. Bring along 4mm needles and wool.

Dural Library, Pellitt Lane, Dural 2158
www.thehills.nsw.gov.au

SUNDAY 17TH MARCH | 12:30PM - 04:00PM

Dural Visitor Information Centre

Jazz at The Pines

Please come along and enjoy an afternoon of jazz in a beautiful rural setting. The next Jazz at the Pines is on Sunday 18 November and features the popular 'Nigel Hearn's Quintet featuring Valerie King'.

Dural Visitor Information Centre, Roughley House and The Pines, 656A Old Northern Rd, Dural 2158
The Hills Council and Rotary Club of Hills-Kellyville Inc. | 02 9651 4411
info@jazzatthepines.org.au | www.jazzatthepines.org.au

WEDNESDAY 20TH MARCH | 6:00PM - 7:30PM

Castle Hill Library

Gardening in Small Spaces

Partnering with Council's Environment Team, learn about the different growing options for small yards and apartments, how to grow plants, including vegetables and fruit trees, in a small or confined space. Suitable for adults.

Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

WEDNESDAY 20TH MARCH | 6:00PM - 7:30PM

Castle Hill Library

Living Sustainably Walks and Workshops -

Gardening in small spaces

Do you have a small yard or live in a flat? Discover how to grow vegetables and fruit trees in a small or confined space. Learn about the different growing options including self-watering beds and various planter boxes.

Castle Hill Library, Cnr Pennant St and Castle St, Castle Hill 2154
The Hills Shire Council | 02 9843 0555
www.thehills.nsw.gov.au

THURSDAY 21ST MARCH | 6:30PM - 7:30PM

Castle Hill Library

Novels at Night - Castle Hill Book Club

Castle Hill Library's newest book club! Join an informal group who will gather every 3rd Thursday of the month to discuss their latest read. Castle Hill Library, 14 Pennant Street, Castle Hill 2154
Castle Hill Library | 9761 4510
www.thehills.nsw.gov.au

THURSDAY 21ST MARCH | 7:00PM - 8:00PM

Castle Hill Library

An Evening with Ben Quilty

Enjoy an evening with Australian artist Ben Quilty. Working across a range of media including drawing, photography, sculpture, installation and film his works have garnered international acclaim.

Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

FRIDAY 22ND MARCH | 10:00AM - 12:00PM

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SUNDAY 24TH MARCH | 10:30AM - 2:30PM

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Wiggles and Giggles Childcare Dural | 02 9654 3296
dural@wigglesandgiggles.com.au
www.wigglesandgiggles.com.au

FRIDAY 29TH MARCH | 10:00AM - 12:00PM

Castle Hill Library

Be Retirement Ready - Understanding Your Pension

Join a representative from Centrelink to learn about your pension choices and their consequences, how to make the most of your pension, Centrelink assessment issues and your rights and obligations when it comes to your pension. Suitable for adults 55 years and over
Castle Hill Library, 14 Pennant Street, Castle Hill 2154
www.thehills.nsw.gov.au

FRIDAY 29TH MARCH | 2:00PM - 4:00PM

Castle Hill Library

FREE Workshop: Living with Less: De-Cluttering

Come along to this workshop to learn the ABC of de-cluttering, donating and sustainable removal of stuff.

Castle Hill Library, Cnr Pennant St and Castle St, Castle Hill 2154
The Hills Shire Council - Resource Recovery
02 9843 0555 | www.thehills.nsw.gov.au



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pipeband.hillsdistrict@gmail.com

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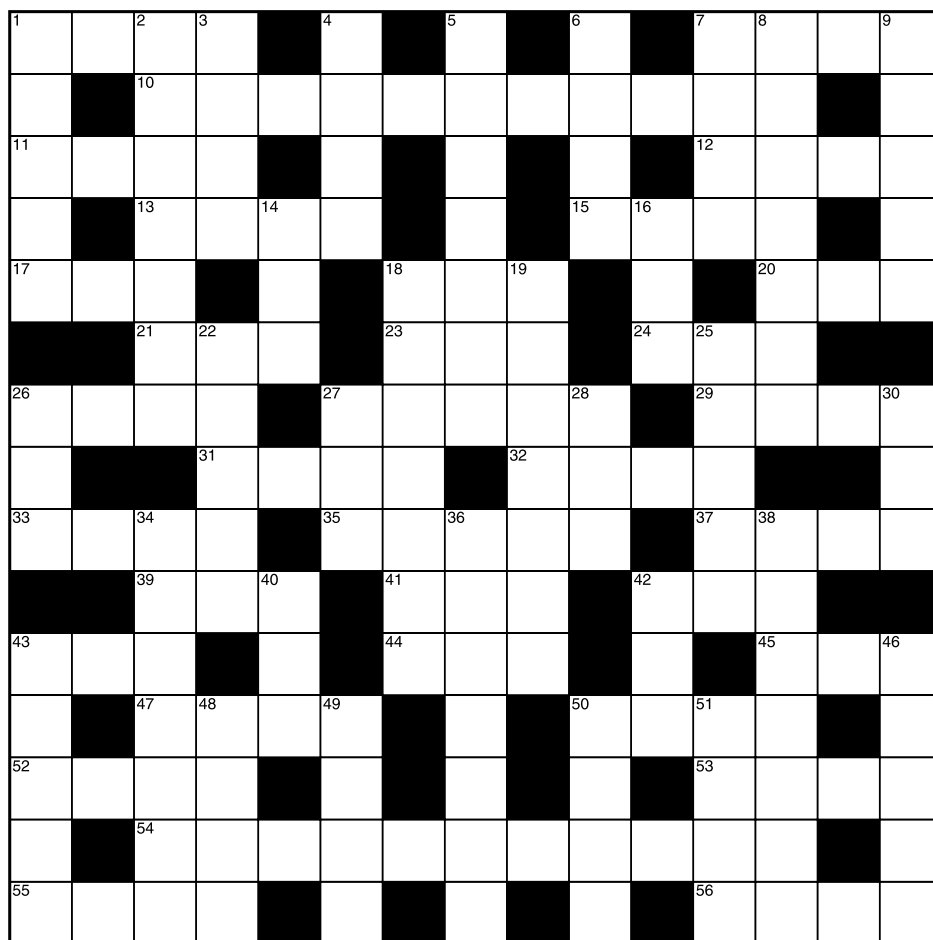
Rainfall recorded period
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1. Accept
7. Incursion
10. Minor quake (5,6)
11. Nights & ...
12. Small tick
13. Church song
15. Adversaries
17. August zodiac sign
18. Science room
20. Poorly
21. Straggle
23. Hotshot
24. Decimal number
26. Judge
27. Additional
29. Hideous
31. Boxing session
32. Nobleman
33. Astute
35. Shy
37. Foreboding
39. Meddle
41. Scam
42. Typist's ailment (1,1,1)
43. Exclamation, ... whiz!
44. Cardiac monitor (1,1,1)
45. Gossip
47. Social group
50. Steer off course
52. Memo
53. Anger
54. Identification
55. Large pitcher
56. Mares & foals farm



DOWN

1. Tsunami, ... wave
2. Door aperture
3. Simple
4. Oliver Hardy & ... Laurel
5. Belly
6. Actor, ... Daniels
7. All roads lead to ...
8. Emerging
9. Reside
14. Big cup
16. Select, ... for
18. Garden screen
19. Tooting
22. Yellow shade
25. European coins
26. US shares index, ... Jones
27. In or ...
28. Aid agency, ... Cross
30. Craving
34. Ghost
36. Jeering
38. Settler from abroad
40. The U of IOU
42. Wild grass
43. Magic lamp spirit
46. Baker's loaf
48. Sleazy grin
49. Paperback
50. Show of hands
51. Greek love god

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Please contact Nejla Burton, 9653 1115 or 0419 249 595

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LOCAL PLAYGROUPS

GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.

GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

ARCADIA

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562

Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too

much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

DURAL/GALSTON

St Jude's Kids Crew. A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

ST. BENEDICT'S CATHOLIC CHURCH

Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd and Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest; Fr Bernard McGrath 0416032497.

IMPORTANT LOCAL INFORMATION

HELP and INFORMATION SERVICES

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Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain DAVID BYRNE	9655 1656
Galston Rural Fire Service Fire Captain ROB SYMONS	0409 470 205
Glenorie Rural Fire Service Fire Captain SHAUN O'BRIEN	9652 2017
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LOCAL JP's Bendigo Bank Galston - 9653 2227,

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Cathy Vipond Hills Accounting, Glenorie - 9652 2400
Mary Ord - 0400 363 563, Vicki Brownless - 0423 727 826
(South Maroota area),
Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083
Cherrybrook Shopping Village, Shepherds Drive,
every Saturday morning 10:00 AM to noon.
There will be a JP at Dural Library Wednesdays
between 1:00 PM and 3:00 PM.

CALLING ALL

Playgroups



If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:
editorial@galstoncommunity.com.au



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Diana Paton | 0408 011 193
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COMMUNITY CONTACTS

Avicultural Society of NSW Inc.

Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617866

ACACIA (Living Life)

Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills

A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

ALANON Family Group

Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia

A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452, National Office 18000 APEXO or website. 'Heart of a Community, Hope of a Nation'.

Arcadia Community Hall

136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets

May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters

Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd

Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society

Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecrop Drive, Castle Hill on the first Wednesday of each month at 7.30 pm. Enquiries Ph. 98995179

Circular Keys Chorus

Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10.00pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural and District Historical Society Inc

holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

Dural and District Prostate Cancer Support Group

holds its meetings on the third Monday of each month at 7pm at *Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre*. Enquiries Denis 9629 2645 or Maurice 9654 2138.

Dural and Districts Senior Citizens' Club

Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

Dural and Hills District Garden Club

Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

Dural-Glenorie Scouts

Joey's (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

Dural Mens Shed

Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park

Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning, M: 0419 435 475 E: sandian@tpg.com.au

Ferry Artists Gallery

Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc

Meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

Galston Branch CWA

Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Melissa 0408626978.

Galston Community Hall

37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call Jane on 0481 900 151.

Galston Community Health Centre

This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club

New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club

will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

Girl Guides

is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

Glenorie Maroota Bioregional Forum

Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolynd@dhpc.com.au

Glenorie Memorial Hall

Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Ray Whiteman Phone: 9652 2454 or Mobile 0400 008 083

Glenorie Progress Association

meets 2nd Tuesday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

Glenorie RSL Club

Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7.00pm, at the Glenorie RSL Club. Enquiries to Graham Bruce, 0432 391 811

Hills Budgetiger Club

Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5651.

Hills Community Aid No Interest Loans up to \$1,000

for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' and Gourmet Food Mkt

2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club

Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch

Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club

is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES

are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

The NSW Justices Association Hornsby Branch

meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly 'Asquith Rugby League Club' opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1583 or 0408 491 232.

Living Life Without Children

Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

Pennant Hills Photographic Club

meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

Rotary Club of Galston

meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteaincscow@gmail.com

Probus Club of Round Corner

NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at *The Galston Club* 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

Rowland Village Workshop Club

invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc

meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details:0407 665 874

Social Dance Workshops

Pennant Hills Community Centre, Yarrara Road, S7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

The Hills District Pipe Band

We practice at Harvey Lowe Pavilion, CH every Tues 7.30-9pm. Welcome new members and gig enquiries. Follow us on

facebook or www.hillsdistrictpipeband.com.au

Still Creek Landcare Group

Have a say and help in the future of our catchments in Galston, Arcadia and Berrielle. We meet at 7.30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW)

The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

CHURCHES

Galston Uniting Church

Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 1 0.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church

Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

Glenorie Community Church

Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 602 989 Church 9652 0577.

Glenorie Mission Church

Sunday Service 10:00 am. 1409 Old Northern

Road (Cnr Muscivus Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

Hillside Church

Meets 10:00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

St. Columb's Anglican Church

Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653 1790.

St Benedict's Catholic Parish

Every Monday from 10am to 12noon during school term(s). Cnr Fagans and Arcadia Roads Arcadia. All children and their carers are welcome!

St Judes Anglican

Service Times: 8am Traditional; 10am Contemporary with Sunday Kids & Yr 5-9 Teen group; 6pm Evening church for youth & parents. Epic' kids club and Youth Group - Fridays (see website for details). Galston & Old Northern Roads, Dural. Phone: 9651-1119

St Madeleine's Catholic Church

28 Annangrove rd. Kenhurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs

New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

Dural Country Club

Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club

Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 528 or visit our website http://duralrugby.net.com.au.

Galston Glenorie Amateur Fishing Club

Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club

For further details regarding season events, grades and registration, please contact 0404 600 460. gccc.nsw.cricket.com.au

Galston Golf Club

Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

Galston Equestrian Club

New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club

All enquiries to secretary.galstonnetballclub@hotmail.com or visit the website www.galstonnc.nsw.netball.com.au

Glenorie Social Golf Club

Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

Hills AUSSI Masters Swimming Club

Adults 18 years to 80+ are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun & friendship, ring Di on 0418 432 587.

Hills Hawks Soccer Club

For season details and registrations call Michael Rosier on 0418 676 768 or agmnsulations@bigpond.com.

Hills Hawks Softball Club

Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawkssoftball.org.au.

Hills Pumas Football Club

For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenhurst Netball Club

Registrations. Contact Sally Coppini 0407942986 mtre@tpg.com.au

Tennis / Squash Social Group

looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston

At rear of Galston Community Hall. Available Day or Night. Mobile Jane on 0481 900 151.

Tennis Court for Hire Glenorie

Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside

Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

Thursday Ladies Tennis Competition in the Hills District

Players of all standards are welcome. For more details and contacts please see our website at hillsladiestennis.org

Meet Emma Eros

I would like to introduce myself to you as your One Nation candidate for Hornsby. My name is Emma Eros and I've been a resident of the Hornsby area for many years. I'm a passionate Hornsby local.

I am a wife and mother with a blended, multi-cultural family of four children. I have successfully been the business owner of a plumbing company and I am also a licensed plumber myself.

As a proud Australian I have decided to run for the seat of Hornsby and with your vote, I will be elected to this seat in the coming 23rd March 2019 election.

One Nation is solution driven for all Australians guided by common sense.

Hornsby is a fast growing urban centre with a growing number of families. With many areas of development and rapid growth, this also brings to the forefront a number of issues that need to be addressed and solutions implemented.

Read more about One Nation NSW policy here:

www.nsw.onenation.org.au/policies

View our achievements here:

www.onenation.org.au/achievements

Contact me

Hornsby@nsw.onenation.com.au

Let's make a difference Overpopulation and Poor Infrastructure

Infrastructure is lagging way behind the number of density approvals that are being handed out prior to any consideration of the need for increased infrastructure.

Free Hospital Parking For All -Not to be privatised

I strongly advocate for parking to be free at all times for hospital staff as well as for the first three hours for any visitor. There should also be a discount applied for families who are visiting long-term patients on a regular basis.

Youth Drug Problem

I'm concerned about the growing youth drug problem around Hornsby and the wider neighbourhood including the train stations. This is a recurring issue that never seem to be tackled with any real solution implemented. A workable solution must be found for the safety of the youth and our wider community.

Connection To Sydney Water's Wastewater Main

Many residents have had their sewer mains bypassed and are now expected to pay between \$40,000 to \$60,000 per property as well as a \$25,000 on site pressure sewerage equipment and plumbing costs added to their bill. This affects 140 properties within Dural who have been unable to connect to Sydney Water's wastewater mains.

Underground Power Lines

I am deeply disappointed in Matt Kean's broken promise to his electorate on the installation of underground power lines that was promised but never delivered. The overhead power lines are not only unsightly but are also incredibly dangerous when they come down during storms and greatly increase the risk of electrocution and bushfire.

EMMA EROS
HORNSBY

PAULINE HANSON'S
one
NATION

**PUTTING COMMON SENSE
BACK INTO NSW POLITICS**

Authorised by Amit Batish for Pauline Hanson's One Nation, 42A Walters Road, Blacktown, NSW 2148, Printed By Retail Media Hub Level 6/27 Macquarie PI, Sydney NSW 2000

ARE YOU THINKING ABOUT DOWNSIZING?

Be it a sea, tree or urban change, downsizing from a large family home is a lifestyle choice. But knowing why you want to downsize and what elements of your current property or lifestyle you want to keep, or do away with, will form the basis for all the decisions to come.

When looking to downsize from a large family home into a smaller place look to add to your lifestyle. Move to somewhere that has more amenities or enables you to try new things, such as a new sport or pastime. Look for a property that is going to make your life simple, more enjoyable and add to your lifestyle. For example, you may be downsizing to have less maintenance but still like the idea of a garden or some green space. Look for an apartment block with common grounds or some sort of outlook so that you don't feel like you're compromising on what is important to you.

But adjusting to less space can be difficult, so you need to think about how you intend to live in your new home, not necessarily how you live now. Establish what kind

of property will suit you best; how important is the size, living space, the number of bedrooms, location, accessibility or even aspect? Be realistic about what your lifestyle will be like.

Apartments offer many benefits, such as low maintenance, lower utility bills and increased access to amenities. On the flipside, you'll have less privacy, you'll need to downsize your possessions, and depending on location and style of apartment, it may not necessarily be cheaper. So being realistic about what you're moving to is important.

"It's important to consider whether you can scale down furniture and personal possessions to apartment living. There are a lot of apartments that don't have enough space. In some cases, there are reasonably sized apartments with really poor storage options, so it's sometimes necessary to downsize your possessions along with your home," says Peter Hanscomb, CEO of Belle Property.

Reducing your possessions is one of the hardest things downsizers have to do. Unless it is a prized item, don't find a property to fit your furniture, find a property to suit your lifestyle and bring in furniture that fits – even if that means selling off a lot of what you have and purchasing new items.

Are you planning to downsize in 2019? Please call Carolyn Wheatley on 0407 120 483 for tips and advice to get you underway!"

IF YOU ARE THINKING OF SELLING YOUR HOME...

Call Carolyn Wheatley

0407 120 483

carolyn.wheatley@belleproperty.com

GLENORIE

Carolyn's average days on market = 31
Average days on market = 102

GALSTON

Carolyn's average days on market = 34
Average days on market = 53



belle
PROPERTY

YOU COULD WIN UP TO \$10000.00*



Members Badge Draw

NOW on Wednesday & Friday nights between

6:30pm and 9:30pm

Jackpots \$300 per week



THE **BON JOVI** SHOW

**SATURDAY
30TH MARCH
8.30PM**

Tickets are \$20 presale or \$30 at the door.

COURTESY BUS IS BACK !

**CHECK OUT OUR
NEW MENU**

**with some of your old favourites and
soon to be new favourites!**

MONDAYS

- Surf n Turf on a Rump or Chicken Schnitzel \$17 with a Schooner of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)

TUESDAYS

- Burger & Beer \$14 with a glass of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)
- Tuesday nights Poker \$20 buy in rego starts at 7pm

WEDNESDAYS

- Monthly Special of the Chefs Choice - Dinner only
- \$12.00 Lunch specials (Members Price)
- Bingo - Ticket Sales from 10am. Jackpot Prize \$2000* Game Prizes - Cash & Wishcards totalling \$100 in value
- Trivia 8.00pm
- Raffle tickets on sale 7.00pm
- Total Value of Raffles \$500
- Joker Jackpot \$5200*
- Members Happy Hour Mon - Fri 4-5pm

THURSDAYS

- Chicken Schnitzel \$14 with a topper \$19 with a glass of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)
- APL Poker Free Roll plus Jackpot*
- Pool Competition Max Prize \$200*

FRIDAYS

- \$12.00 Lunch specials (Members Price)
- Monster raffle, 40 prizes to be won, tickets on sale 7.00pm
- Total Value of Raffles \$1500
- Spin N Win

SATURDAYS

- Kids Eat Free (1 child's meal for every main meal purchased - Dinner only)

SUNDAYS

- Roast \$18 Lunch and Dinner

* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication.

Badge draw LTPS/18/25700 and Spin n Win LTPS/18/29513 information for members & their guests.

ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: www.galstonclub.com.au