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of UB Shack

Galston, Glenorie & Hills Rural

# COMMUNITY NEWS

April 2019

The Original Community Magazine since 1971. With profits supporting Business & Community



## CAUGHT AND CHARGED

***"A woman has been charged over alleged break-ins and stealings in Galston and Arcadia in early March."***

Just after 7am on **Thursday 21 March**, officers from Kuring-Gai Police Area Command executed a search warrant at a house on Dieffenbach Terrace, Bidwill, following inquiries into these crimes.

During a search of the house, officers seized items alleged to be stolen. A 34-year-old Bidwill woman was arrested and taken to Riverstone Police Station where she was charged with 19 offences

- Dishonestly obtain financial advantage etc by deception (13 counts)
- Break and Enter house steal
- Break and enter dwelling/house etc with intent (steal)
- Licence expired 2 years or more before
- Larceny
- Owner not disclose identity of driver/passenger (two counts)

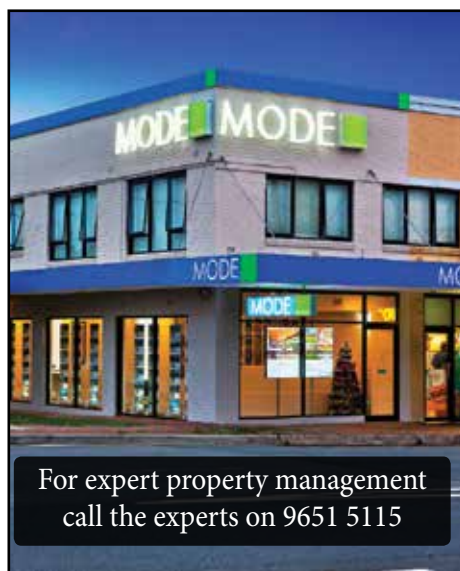
The woman was granted bail to appear at Hornsby Local Court on **Wednesday 17 April 2019**. Inquiries continue.

Well done to residents who alerted their neighbours, gathered information and CCTV footage and provided as much information as they could to the police. As mentioned by Senior Police Constable Colin Mitchell, in his post on our facebook page, always report all crimes to Triple Zero (000) for emergency situations, **1800 333 000** Crime Stoppers to report crime anonymously, **131 444** - Police Assistance Line for all non-emergency situations, or your local police station.

It's imperative to report ALL CRIME as soon as you can and provide any evidence such as CCTV footage etc.

Senior Constable Colin Mitchell is the Crime Prevention Officer for Hornsby Ku-ring-gai area.

If residents are interested in having a security check, our local security expert is Glenn Marks, see his HOME SECURITY TIPS on page 22.



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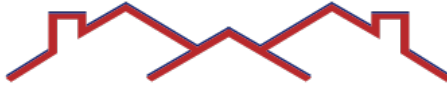
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—NOTICE TO ALL—

IMPORTANT INFORMATION  
**GLENORIE ANZAC DAY  
 DAWN SERVICE 2019**

**Please be advised that the 2019 ANZAC Day Dawn Service has been cancelled.**

Over the last 99 years, the Glenorie and surrounding Districts have honoured our fallen from all wars, with a memorial service held at dawn on the **25th day of April**, the time ANZAC troops began landing at Gallipoli.

For the last few years, the Glenorie Returned and Services League Sub-Branch have been unable to obtain authority from Ku-Ring-Gai Local Area Police Command to conduct the Dawn Service due to perceived safety issues relating to attendees crossing Old Northern Road and being exposed to vehicular weapons (as used by terrorists overseas) whilst attending the Service. State and Federal laws were introduced several years ago detailing measures required to ensure Public Safety at Community Events. Sadly, Walter Buckingham Gardens containing our War Memorial and Cenotaph fall well short of the minimum safety requirements.

The Glenorie RSL Sub-Branch are unanimous in wishing to continue to observe the dawn service at the dedicated War Memorial however we can't do this alone. We have the support of the board and management of the Glenorie RSL Club and the large number of local residents who attend the dawn service attest to the community support for this to continue. We all agree that it would pose too great a risk to allow the service to proceed on the 25th April without the active support of the police, traffic authorities and Hornsby and Hills Shire Councils. In order to protect the public this year's Dawn Service will not proceed.

Further meetings are being planned to establish a working paper to bring Walter Buckingham Gardens up to a safe standard so that Dawn Services can resume at the appropriate Glenorie War Memorial and Cenotaph.

The Community ANZAC Day Parade and Service, hosted by the Glenorie RSL Club in the afternoon of April 25th is not affected by the above and will continue as normal.

Graham Bruce  
 Hon Secretary  
 Glenorie RSL Sub-Branch.

# ANZAC SUNDAY COMMEMORATION SERVICE AT THE GALSTON CENOTAPH

*The Hills District ANZAC Sunday Commemoration Service will be held on **Sunday 14th April, 2019 at 2.15PM** at the Galston Cenotaph, located next to the History Cottage on Galston Road.*

This service is a week earlier than normal. It is normally held on the Sunday prior to ANZAC Day, but this year that is Easter Day, when many people will be on holidays. So the service has been moved forward to **Sunday 14th April**. The occasional address will be given by our local Federal Member of Parliament, Julian Leaser. It would be great to see a good attendance at this service to acknowledge the tremendous debt we owe to those who have served in the Armed Forces of our country, a great many of whom made the supreme sacrifice. It would be appreciated if those attending the service could be seated by 2.00PM. The march will move away from the Aquatic Centre road at 2.10PM. Afternoon tea will be served in the Galston Memorial Club, Arcadia Road, following the service. In the event of rain the service will be held in the Galston Memorial Club.

*~Lest we forget~*



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Saturday: 07:00 – 12:30





# 40TH ST ALBANS FOLK FESTIVAL

The **40TH ST ALBANS FOLK FESTIVAL** will be held over four days from **Thursday, 25 April to Sunday, 28 April** in the historic St Albans village, during the Anzac Day long weekend.

The affordable, family-friendly festival provides the chance for music lovers to embrace folklore festivities where they can join in or relax. There are also children's activities, international food stalls, market stalls and more. Come along to enjoy the sounds of fiddles, accordions, banjos, acoustic guitars, and singing!

The unique festival showcases local and interstate performers, songwriters and musicians, offering a diverse range of traditional and modern sound.

Hawkesbury City Council is proud to sponsor the 40th St Albans Folk Festival, the Mayor of Hawkesbury, Councillor Barry Calvert said.

The festival will have over 50 acts to enjoy, including Chloe and Jason Roweth Band, Senor Cabrales, Enda Kenny, The Dead Maggies, Whisky Dram, Traditional Graffiti, The Trippy Hippy Band (with Hippytrippyaoke - live band karaoke songs of the 60s), Bluegrass, Celtic music and more.

Feature performers the Shane Howard Trio will have the audience thrilled to hear 'Solid Rock', first recorded with his band Goanna during the 80s. Visit [www.stalbansfolkfestival.com.au](http://www.stalbansfolkfestival.com.au) for full details of performances.

One of Australia's oldest pubs, the Settlers Arms Inn will provide entertainment on the outdoor stage, with great pub meals available. The historic stone church will provide great acoustics for intimate performances, while workshops will also be offered in dance, singing, learning instruments, storytelling and poetry. There will be impromptu street performances in the village and the four stage areas will showcase outstanding interstate and local talent.

To book workshops and to purchase four day, weekend or day passes, visit [www.stalbansfolkfestival.com.au](http://www.stalbansfolkfestival.com.au) or Facebook.



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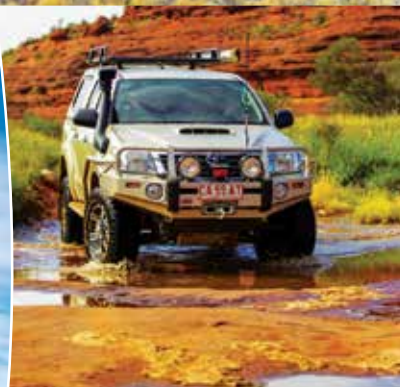


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## CWA NEWS

Dear Wendy,  
CWA of NSW - Galston would like to sincerely thank you for the 6 giant bags of fabric that you picked up from council clean up and redirected to us. The fabric has been saved from landfill and will instead go towards making items for charity or be repurposed in some way.

The average polyester blend is not biodegradable and can take anywhere from 20 to 200 years to decompose. So, Wendy, we send you 6 giant bags of thanks in return for not only supporting CWA, but also doing your bit for the environment.

We always welcome any donations of fabrics, yarns and craft supplies and promise to put them to good use!

Aside from the excitement of receiving so much amazing fabric, our March meeting saw a very serious segment of judging in this year's Handicraft Competition. We would like to thank all of those who participated in our branch's comp on Wednesday 13th March, and extend congratulations to all the place getters:

### Juniors:

Indy Chaney  
Cameron Truelove

### Members:

Anne Chartorisky  
Ellen Manton  
Pam Watson

The winning entries will go on to be judged at the Nepean Group semi-final.

Our next meeting is **Wednesday 10th April from 10am**. Please join us for morning tea and/or a yummy lunch prepared by the CWA ladies. For further information visit our Facebook page - [www.facebook.com/CWAGalston](https://www.facebook.com/CWAGalston) or call us on 0439 222 217 (Jann) / 9653 1036 (Pam).

# SCAM TELSTRA AND NBN CALLS



Residents may have noticed a significant increase in scam calls either porporting to be Telstra or the NBN. These calls normally take the form of a recorded message to begin with telling you that you fit in to one of the following:

- Your service will be disconnected
- You have an outstanding debt that is unpaid
- The nbn™ is about to go live in your area. If you wish to keep your phone number, please press 1 now.

Generally you are asked to press 1 and you are directed to are person, who then tries to get your personal details, account and bank account details. This is then used to scam you of money or can be used in identity theft.

Whilst many residents realise this is a scam, many do not, particularly those who are older, not as technology savvy, and particular those who rely on their phone for contact with their family. If you have neighbours who, you think, could be vulnerable, please take five minutes to have a chat with them to ensure they understand that all these calls are scams and should be ignored. Advise them to just put the phone down.

There is a full list of current scams at [www.scamwatch.gov.au](http://www.scamwatch.gov.au). You can also report scams on this website.

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# AUSTRALIAN AIR LEAGUE

Since 1934 the Australian Air League has been teaching young boys and girls all about aviation, while helping them to develop important lifestyle skills like leadership, discipline, self-confidence and teamwork.

Members of the Australian Air League make new friends and take part in fun and exciting activities on the ground and in the air! The Australian Air league offers members the opportunity to have flight experiences, flight training and ground theory lessons at our base at Camden with our Cessna 152 and Piper Warriors.

We encourage all members of the community aged 8 – 18 for cadets, and 18+ for officers to get involved. Members who join are seeking an organisation to learn how aircraft work, make new friends, develop discipline and leadership, be part of a team, attend camps and other fun outings, learn how to march, get involved in the community, take part in a range of fun activities and if interested; learn to fly. If any of the above interests you, please consider becoming a member yourself.



## How do I join?

When you join the Australian Air League you meet each week at your local Squadron where you will learn skills and take part in fun activities. Members must be age 8 – 18 to join the Air League. Its open to all and cadets come from many different backgrounds and cultures. The Air League is family friendly too – Parents and family are welcome to help support their local squadron, or even join as a volunteer or officer themselves!

**Hornsby RSL Boys Squadron**  
**Friday's 7:30 – 9:30**  
**1 Ashley Lane Hornsby NSW 2077**

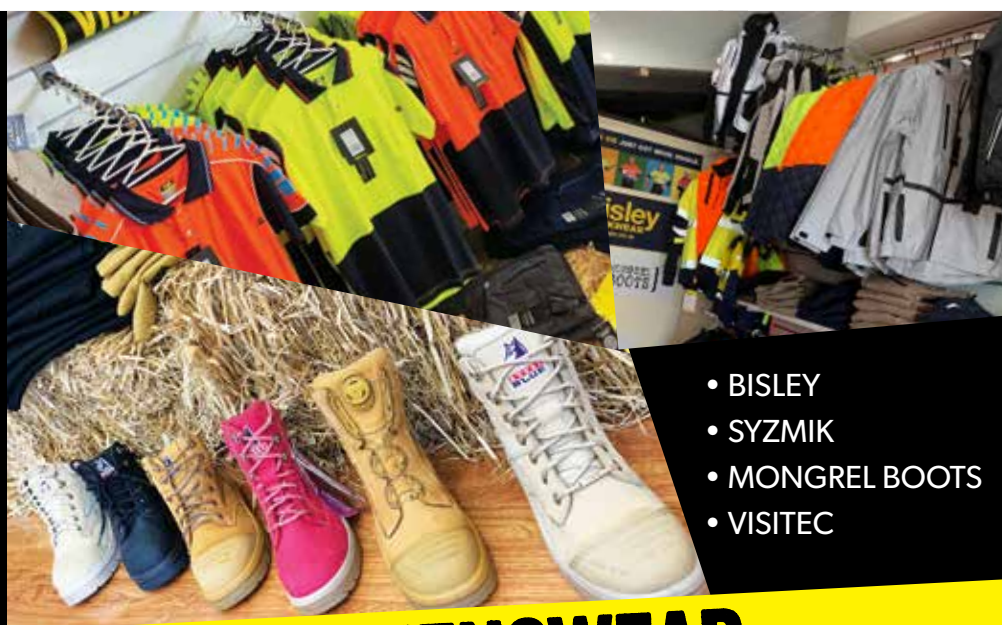
**Please contact Commanding Officer Marshall Howes**  
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# SALVATION ARMY

By Katy Joscelyne

As we move into Autumn, take a few moments to appreciate the cooler temperatures and the magnificent colours in the vegetation and the skies over the Hills district.

This is the month when we commemorate ANZAC Day on the 25th, and honour the willingness of many thousands of men and women to go to war to serve this country and to protect us from the tyranny of powers seeking to change and control the way we live. Their sacrifice is unmatched.

We also celebrate Easter and the life of Christ, whose power lives on today to help and guide us change from the inside out. In remembering His supreme sacrifice we find in His example a model to follow which can change us from being

self-seeking and harsh, to gently compassionate, loving and accepting individuals.

The Salvation Army will be running Easter Church services on Good Friday and Easter Sunday at 9.30am, and everyone is warmly invited to attend.

**Thursday 4th April** is our Spanish Connect 10.30am morning tea get together in the Dural store. Come along to meet other Spanish-speaking people in our district and form new friendships.

School holidays commence on Monday 15th April and run for 2 weeks. During this period we will be selling children's books at 10 for a gold coin. This includes our extensive range of picture books for preschoolers and our Young Readers collection for Primary school children.

And on **Tuesday 30th April** we will again be running our eagerly anticipated Storewide Half Price Day. Everything will be discounted by 50% when you approach the register: books, clothing, electrical, china, toys, bric a brac, CDs and DVDs, sporting equipment, picture frames, shoes, furniture: EVERYTHING!! The doors open at 9am.

The Family stores at Dural will be closed for the Easter break from **4 pm on Thursday 18th to 9am on Tuesday 23rd**. Please do not leave donations for us during this time, as many lovely items left when the stores are closed are ruined by the weather, vandalised or stolen.



The Creators of Peace Hills Network kicked off the first meeting of the year with a workshop on 'Planning for a peaceful 2019'.

The women began by identifying individual moments of joy and moments of chaos over the Christmas period. They then went on to discuss what stressors affected the peace in their lives and worked individually on workbooks designed to help them set priorities, identifying stress and learning to say no, especially to the inner critic.

The next meeting will be held **2-4pm on Sunday, April 14** at the RSL LifeCare Rowland Village 301-305 Galston Road, Galston. The topic will be "Telling a New Story".

New members always welcome!

For information please email [creators.of.peace.nsw@gmail.com](mailto:creators.of.peace.nsw@gmail.com). Visit website is <https://au.iofc.org/creators-of-peace>

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# A CHARITY EVENT TO RAISE FUNDS FOR MS RESEARCH AUSTRALIA, VIA KISSGOODBYE TO MS

By ALLIE THACKRAY

Hosted by the Hornsby Model Engineers Co-Op Ltd, the Galston500 will have a collection of 5" Scale Model Locomotive teams attempt to complete a combined total of 500 laps of the 1km track at the Galston Valley Railway, at 29 Mid Dural Road, Galston, NSW on **Sunday 21st July 2019.**

MS Research is a charity that I am close to personally. I was diagnosed with MS in 2013, My sister was diagnosed in 2012 and my brother in the process of being diagnosed at the moment.

It has been extremely difficult on all of our family, but especially for my sister's 3 young children.

Thanks to the help of MS Research new drugs are being released to help those with this debilitating illness!

More information regarding the event can be found on our website <http://www.galston500.com>. If you would like to discuss this event further, i am available on [info@galston500.com](mailto:info@galston500.com) or 0402474636



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# MOVE WELL and STAY WELL

Here at Dynamic Motion Physiotherapy Galston we are fast approaching our anniversary – one year since we opened our doors to serve the community of Galston, Glenorie, Dural, Arcadia and surrounds. We have had the privilege of treating fantastic clientele from the area. It has been a pleasure to have met and been able help so many people recover from their injuries and perform at their best.

Are you suffering from pain or restricted movement? Conditions such as arthritis, bursitis, spinal pain, and sports injuries are things we regularly manage in the clinic. We are able to help you get these issues under control through expert use of manual release techniques, massage, exercise and professional advice. You do not need a referral from the doctor to see a physio, so please contact us if you have any issues we can help you with.

Winter sport is starting soon. Are you feeling ready? Early in the season is the most common time to get injured. If you have been taking it easy over summer, we can help you with a graded exercise program to get you fit and ready. If you have any niggles, now is the time to get them checked out before they develop into something that really gets in the way!

Activity is important for all ages. Staying strong and in control is an important aspect of keeping active. We offer Seniors exercise classes and Physio (Pilates based) exercise groups. Our Exercise Physiologist can develop personalised exercise programs to manage a range of chronic conditions such as arthritis, diabetes, weight management and lower back pain.

We are happy to answer all enquiries. Please don't hesitate to check out our website or give us a call. We welcome private clients, as well as those with eligible private health fund benefits, Medicare GP management plans, Veteran's Affairs, NDIS and insurance cases. If you mention that you read this article when you come in for treatment, you will receive a free massage ball!

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We are located on the western side of the Galston Shopping Village near Chizzo's Pizzeria. Health fund rebates may apply.





# NEWS FROM THE FRIENDS OF FAGAN PARK

Our focus is now on preparing for our open day on ANZAC Day, **Thursday, 25 April**. As usual we will bring out all our vehicles and tractors, and will have a display of running engines and machinery. All members of the public are invited, and remember, entry to the Fagan Park museums is free. We are grateful for any donations as an expression of appreciation for our efforts. We will have light refreshments at modest cost, including a good supply of traditional home made ANZAC biscuits.

The 1918 International truck restoration project continues. We have utilised outside resources to restore badly worn drive shafts, and have submitted the radiator for expert assessment. It requires a new core, and we have decided to focus on ensuring we have a viable engine before committing to the cost. So we will concentrate on this in the near term. We have also acquired new bearings for the gearbox, so it can be completed soon. Isn't it amazing that the very same bearings used originally over 100 years ago are still available!


I made mention of our Bave-U orchard sprayer recently. Whilst giving the engine a run, it came to a very abrupt stop with a big bang resulting in a pile of small pieces on the floor! Ah well, a bit of a setback. Lucky we had obtained a second one for spares.

We have received the donation of a little 3-wheel motorised "Pyramid" trolley, used in the 1950's delivering poultry feed to the chooks at a Berrilee property. The photo shows its arrival at Fagan Park with plenty of onlookers. We will restore it in due course.


The Fagan Park museums and Netherby Homestead are open every Tuesday, our volunteering day, and we open the museums on the second Sunday each month during the afternoon. All visitors are welcome.

We would especially like to encourage people to join our group, and ladies are most welcome. Contact me at the park on a Tuesday or phone anytime.

**Ian Browning, Honorary Curator, 0419 435 475.**




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Pictured: Mcgraths Hill Vet. 30kw System





# CARNIVAL AT DURAL COUNTRY CLUB

*The high quality greens at the Dural club were appreciated by over 100 ladies who played in the recent fours carnival.*

Sponsors Anglicare, Bendigo Bank and TJ Andrews were on hand to enjoy the play and explain their products. Lunch was enjoyed and in spite of all the good bowls played and the need of a countback to make the decision, Northmead, pictured with Bendigo Bank manager, Gary Mangan, won the day with Castle taking all three minor places.

Tom Trovato continued his winning way with a new partner Kevin Keene. They won the men's drawn pairs defeating Nick Sheerin and Keith McGill in a tight game.

The Ladies Pairs Championship was won by Marelle Saunders and Leone Lesslie who defeated Ann Wilson and Christine in the final. Number seven for the winners whose skip Leone was recently awarded a certificate from Women's Bowls NSW for her thirty years of umpiring including many years as a senior umpire. It is a special year for Leone when President Robyn Scoble presented her with a certificate from NSW Women's Bowls for thirty years umpiring! What a great contribution!

The members would welcome new people coming along for lessons from the trained coaches. Phone 0411375 580, 0421 315 074



**Hop in to Billi & Gus for that little bit of Easter fun!**

New stock in store for both Easter and all special occasions... giftware, new clothing from popular brands Imagine and Vigorella and don't forget our fabulous range of candles.

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## GALSTON'S JUNIOR SQUAD TRANSFORMS FROM KITTEN TO TIGER!

By the time this goes to print a massive team of 16 swimmers will have represented Galston at the NSW 10-12 year old Swimming Championships at the Sydney Olympic Pool in Homebush. Under the watchful eye of Coach Adrian Rossi, the junior squad has grown and flourished during the last 12 months, culminating in this tremendous turnout at State.

Adrian, along with his newly appointed assistant coach Jack Charlton (an open National swimmer himself), have more than 40 young prodigies training up to 4 times a

week. The results of the Galston swimmers at the local school swimming carnivals were astonishing, allowing these young athletes to show their skills and talents to their school mates and teachers.

Stay tuned for an exciting announcement next month.... an amazing achievement through the partnership of our swimming club, Hornsby Shire Council, the NSW Government and our local Sponsors like The Dural Pool Shop, Galston IGA, The Galston Club and The Bendigo Bank.

## HILLS COMMUNITY AID 50TH ANNIVERSARY

Hills Community Aid (HCA) is a not-for-profit community organisation that delivers an extensive range of sustainable social, financial and educational programs to assist the vulnerable and to strengthen and connect communities in Greater Western Sydney. Working with people during key transition periods of their life, our method is to provide practical support in times of crisis, coupled with education and early intervention programs that develop key life-skills, promote social inclusion and engage local people to help build a stronger community.

This year we are celebrating our 50th Anniversary. As part of our celebrations we are hosting a logo competition and asking anyone under 25 to design an add on to our current logo that will inform the community of our 50 Anniversary and the work we do in supporting the community.

All entries must be submitted by the **8 April** with the winner being announced on the 16 April at our Youth Week Family Fun Day.

### Youth Logo Design Competition

Hills Community Aid are calling on all **Youth to unleash their creative side** and assist us to **update our logo** as part of our **50th Anniversary celebrations**.

We are looking for an **add on** to our logo that reflects the diverse community of The Hills and highlights the Hills Community Aid strength in Empowering Communities to Thrive.

*Be a part of the celebration!*

**Close date Monday 8th April**

**ENTRY CRITERIA:** 1. Must be under 25 years of age. 2. Must register your interest with Hills Community Aid and receive a copy of our style guidelines and further information about the Hills Community Aid 50th Anniversary Youth Logo Competition, closing date Monday 8th April. The winner will be announced on Wednesday 16 April at our Youth Week Family Fun Day.

**Hills Community Aid**  
Empowering Communities to Thrive

For a copy of the style guidelines and further information about the Hills Community Aid 50th Anniversary Logo Competition please email [enq@hca.org.au](mailto:enq@hca.org.au) or all details are available on our website [www.hca.org.au](http://www.hca.org.au)



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Four new Story Dogs have recently qualified and are about to start work encouraging reading with children in schools in this area. They will be working in Galston Public School, Mount Colah Public School and other schools in the area to be appointed, mostly with year two pupils. Children really enjoy reading to non-judgmental dogs, making it relaxing and fun and developing their reading skills and a love of reading. If you have a well behaved dog who likes being with children and you could spare about two hours a week to work in a local school please contact me. Lots of local schools do not have a Story Dog and they need one!

Story Dogs is a registered charity. Expenses are covered by sponsorship of the dogs which costs just \$500 a year. Dogs Lollipop and Indah are looking for sponsors who can be individuals or businesses. Zoe, Luna and Rosie already have sponsors thanks to the generosity of Galston Veterinary Clinic, Dr Steve Fearnside and Simon and Jackie Blueeler. Sponsors' names are printed on the dogs' vests which provide a good advertising medium for the sponsor. If you would like to sponsor one of these dogs please contact Area Coordinator Val Wright: email: [val@walkham.com](mailto:val@walkham.com) Ph: 9653 2386.

# GALSTON NATUROPATHIC MEDICINE

Galston Naturopathic Medicine provides complementary medicine for a number of different health concerns, for adults and children. Susanne is a registered Naturopath with over 8 years of experience and is currently undertaking further post-graduate University study in Evidence-based Complementary Medicine.

## CASE STUDY ACNE VULGARIS

A condition affecting both teens and adults, Acne vulgaris is often unresponsive to commonly prescribed antibiotic therapy. A 15 year old female presented with acne on her cheeks at an initial visit to the clinic. She was unresponsive to oral antibiotics and topical treatment had burned and irritated her skin. After 3 months of prescribed complementary medicine only red marks remained which continued to fade.





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## ARCADIA AND GALSTON RESIDENT'S ASSOCIATION INC (AGRA)

Our meeting was held on the **14th March 2019** at The Galston Club. Fifty-eight locals attended the meeting for the Galston Village Masterplan community engagement session with representatives from Hornsby Council and general business. Representatives included Councillors Warren Waddell, Nathan Tilbury, Mike Marr and Michael Hutchence, Kurt Henkel, Landscape Coordinator from Hornsby Council, Emma Paling from Oculus and Elissa from CoDesign.

Emma Paling asking the meeting a series of questions for community input: -

**1. What do you love about Galston?**

Comments included - Community feel, Last rural suburb of Sydney, the bushland and gorges, large outdoor spaces, Local produce sellers and Fagan park is one of the treasures of the Sydney area.

**2. What improvements could be made to public space and main street?**

Comments included - Trees in the precinct, extend the street scape to accommodate the two seniors, an island in the street to make it safe to park, access for people with mobility issues, traffic calming, public toilets, improve green spaces and places of gathering and better provisions for cyclists. The largest consensus was for pedestrian crossings and to widen the road

Lastly what improvements can be made to signage and what types of signage. This was followed by a popup street engagement on **Saturday 16th March**. Further consultation will occur in June.

Other general business included: -

- **Arcadia Markets** which is the **4th May** including a car boot sale with Arcadia Rural Fire Brigade
- **Rabbit/Fox Baiting** - Local Land Services are to be invited to the next meeting
- Julian Lesser Life line course with AGRA to coordinate the running of an Accidental Councilor course
- **Utopia 2159 Community Dinner 10th August**
- **Arcadia Hall** - The hall has no caretaker, council has installed electronic access system and cameras and has closed off access to the back area for parking as they state it damages the grass area. We have requested to HSC the need for reinstating the Arcadia Hall advisory committee
- Parking opposite Fagan Park on Arcadia Rd and Carrs Creek Rd to include no stopping signs opposite on the road way. Councilors mention that Residence parking stickers are available.
- Private water mains with Interested people to contact AGRA to carry this forwards.
- Local Crime (break and enter) Police LAC will be asked to attend the next meeting
- Kerbs side appearance (overgrown grass): Individuals can approach council if they have issues that need to be address.

That ended a very busy but productive meeting. Residents of 2159 can join AGRA for **\$10** and this will enable you to keep up to date with meeting dates. Alternatively, please join our Facebook page and look out on the local shop windows for notices.

Email - [arcadiagalstonra@gmail.com](mailto:arcadiagalstonra@gmail.com)  
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Australian Pump Industries is a glowing example of how a progressive, innovative startup can become a powerhouse of innovation in a market that is tremendously competitive! From humble beginnings, the local company started with a winning philosophy!

"We asked ourselves what customers would want from a company making and distributing pumps", said Operations Manager, Hamish Lorenz. "The answer was simple, they'd want what we'd want if we were in their position", he said.

That translated to a philosophy where the company believes in providing products that work better, are safer, faster and smarter than those imported even from advanced 1st world places like Europe or the United States.

Aussie's pumps are now sold all over the world. Their Cobra drain cleaner, the first high pressure drain cleaning jetter, is operating in New York, Tokyo, and through south-east Asia and the South Pacific.

"Our product range keeps growing, opening up opportunities for bright, ambitious people who want to work in a high speed, innovative environment that helps our customers every day!" said Lorenz.

The company doesn't discriminate! "It's the right people we're looking for, irrespective of race, age or gender. Some of our senior managers started as interns!" said Lorenz.

The company's growth ensures great opportunities for ambitious people. Interested? Send your resume to Sonia Goodwin today on careers@aussiepumps.com.au.

## THE ROTARY CLUB OF GALSTON GIANT BOOK FAIR

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This month's ride is a safe, easy out and back cruise. The whole ride follows the ridgelines of Hornsby Heights. Flat bicycle rides in the vicinity of Galston and Glenorie are rare!

If visiting Hornsby, park and ride from Carrington Road or Clarinda Street. Turn left onto the bicycle lane along Galston Road and enjoy cruising past pretty suburban homes and gardens. These cycle lanes are popular. There are also quite a few local school children using the footpaths to cycle to school and back. Consequently, cycling or walking along Galston Road East is actually a very social experience!

After riding past Rofe Park (where you can refill your waterbottle) there is a small incline up past the Caltex Garage. In next to no time you will need to prepare to merge lanes to turn right at the traffic lights into Somerville Road. This wide, quiet suburban road in



Hornsby Heights is 4 – 6.5km one way, and a pleasure to ride. In about 15 minutes you will reach the bus turn around bay at Black Ash Trail. You'll also see the Berowra National Park gate to Crosslands Reserve. Many cyclists do several repeats of Somerville Road to get more distance and/or simply practise some (bike) mindfulness therapy!

If it is an intense, but scenic hill climb you need (where nobody can hear you scream) hurtle all the way down to Crosslands Reserve, and ride back up. You'll only be able to ride it all if your power to weight ratio is on point... mere mortals will have to get off and push their road bikes up the two extremely steep sections of this merciless 2.5km climb!

On the corner of Somerville and Galston Road is the Corner Café. This is a unique little suburban gem and they make excellent coffee and affordable breakfasts. Way better than having to ride in the busy traffic lanes of Peats Ferry Road, attempting to access the cafés around Hornsby town centre on a bicycle.

Somerville Road, Crosslands Reserve and Hornsby central have got a little something for every genre of road cyclist. Go ride it today!

### OPTIONAL EXTRAS:

**CROSSLANDS RESERVE:** Toilets, kayaking, campsites, fishing, kiddies playground and cycle track, Great North Walk hiking trail and swimming in Berowra Creek. Why not cycle there and meet friends or family at Crosslands for a top notch, active picnic during school holidays?

### MAGIC MURAL ART!

- 1) Hookams Corner Reservoir by Krimson
- 2) Dural Lane by Hugues Sineux
- 3) Hornsby Park CWA and playground murals.

**HORNSBY CENTRE:** Weirdly- NO cycle lanes or safe shoulders on Peats Ferry Road! It's stressful and dangerous if you decide to leave the car at home to access the Hornsby Station transit hub and facilities like Hornsby pool, TAFE, OMV mtb trail, cafes etc on a bicycle. The 40km speed limit through the centre does improve cyclist and pedestrian safety, however.

**WATCH FOR:** A boat trailer permanently parked in the cycle lane on the downhill return approach to the Caltex Garage, forcing cyclists into the traffic lane.



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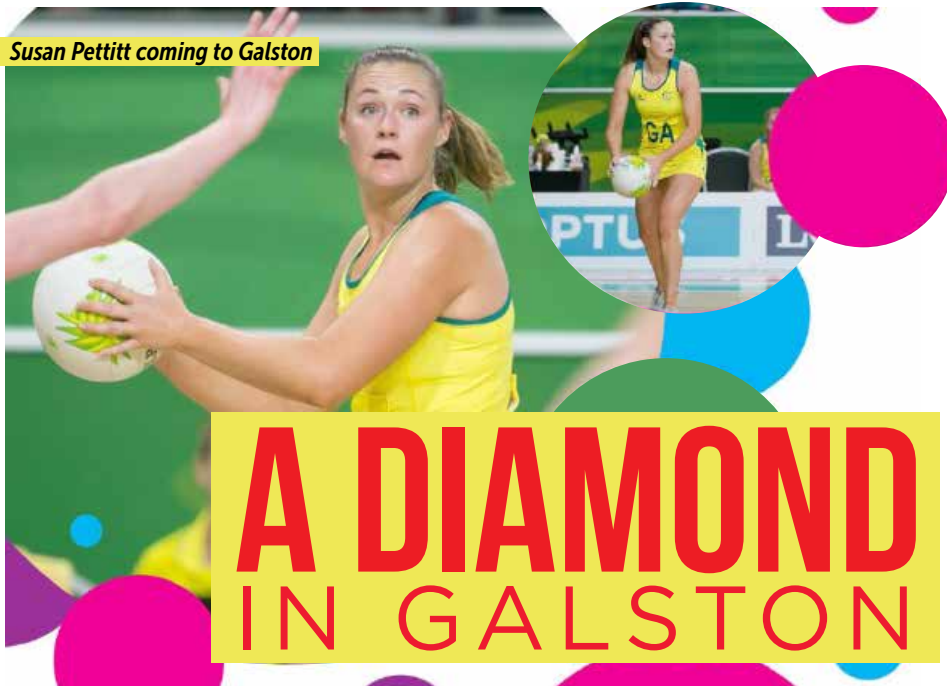


Online Appointments





Susan Pettitt coming to Galston



Galston Netball Club is proud to bring former Australian Diamond and Giants Netballer Susan Pettitt to Galston Netball Courts for two clinics in the upcoming school holidays. We know lots of our players love their netball and will grab any chance they can to play. We will be running a 3-hour skills session and a 2-hour shooting clinic. Don't miss this opportunity to train with Susan ahead of the 2019 netball season!

Following our recent grading day, we have formed 10 junior teams with most age groups being able to field 2 teams. These teams have commenced training with the start of the season on 4th May not that far away. We are really excited about the strong base of players at our club and wish all our players an enjoyable pre-season.

The club is also pleased to field 3 NetSetGO teams this season with their competition starting



Grading Day Action

on Friday 3rd May. Most of our NetSetGO players have already been busy practising their netball at our 2 skills clinics that run on Thursday afternoons at the Galston Netball Courts. These clinics are also open to those who are interested in netball, but do not want to commit to the winter season.

Galston Netball Club fields teams aged 6 years to adult in the Hills District Netball Association winter competition. For further information about winter registrations, NetSetGO clinics or our upcoming Susan Pettitt clinics please contact secretary. galstonnetballclub@gmail.com

And, make sure you like the Galston Netball Club Facebook page to stay updated.

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**COMPLACENCY:** Unfortunately, in order to protect the security of our home, belongings and love ones we can no longer just trust that all will be ok. We all need to be mindful of ways in which we can deter becoming vulnerable to the despicable acts of burglary, home invasion, theft and vandalism.

Thieves often take advantage of the easy target!

Often the possessions can be replaced but the trauma of burglary or even worse a home invasion can take a huge toll on a family especially our children.

I have put together a few basic tips to assist in securing your home and family against theft.

**LOCK EVERYTHING:** Whenever leaving home even for a short trip, make sure all gates, doors, windows, sheds and vehicles are locked. Whilst at home latch entry doors. Have dead locks fitted to entry doors and keyed lock fitted to all windows. Did you know that windows can be locked partly open to allow fresh air in but prevent home invasion?

## HOUSE NUMBER VISIBILITY:

Keeping your house number highly visible from the street can greatly assist emergency services find your home in an emergency response. Large house numbers, well-lit or reflective numbers and curb side numbers can assistance.

## BARKING DOG:

With over twenty-three years of experience in the security installation industry, I still believe the most effective security device is a barking dog. A savage guard dog is great! but any dog that barks is fine as the barking can send a thief running as it attracts the attention of yourself or neighbours.

**LOCK YOUR ELECTRICITY BOX:** In recent years would-be home invaders have taken to turning off the mains power in order to gain easy access to your family home. Often, they might do this several times initially disappearing into the night. After a few times the home owners guard is down and that when they strike! Taking the homeowner by surprise and forcing their way in. Padlocks are available at a cost from your supply authority so that the homeowner and the supply authority can have access.

**KEEP VALUABLES OUT OF SITE:** Whilst money and jewellery are highly sort after by thieves all items of vale should be kept out of sight. Keep highly valuable small items and identity items in a home safe secured well to a concrete slab. Keep garden and power tools on a locked garage or shed. Ladders should always be stored away or locked up as a ladder can provide easy access through a tile roof.



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**HOLLIDAY SECURITY:** Talk to your neighbours and have them keep an eye on your home whilst you are away, the time will come when you can return the favour. Make sure they have your contact details so they can communicate. Have someone empty your letterbox daily as a pile of mail can be an indicator of an empty home. Have the bins put away on the day they are emptied. Organise for lawns and garden to be maintained if your absence is extended. Have a reliable house sitter stay whilst your away. The use of lighting, radios or TV's set on timers to mimic your normal activity can also be used to give the appearance that someone is home.

**PHYSICAL BARRIERS:** Security Gates, Solid Cored Doors, Security Doors and Security Window Grills or Shutters can all assist in keeping burglars out of your home.

**MARK YOUR BELONGINGS:** Mark items of value by engraving your drivers licence on them, or ultra-violet

marking pens. That way if you do fall victim to theft, police can identify where the item came from and have it returned to the owner. Data dot is another product that can be used. If it's clearly marked it can often be left behind by a thief, as its harder for them to cash in.

**UPDATE YOUR SECURITY DEVICES:** Install a Security Alarm System, Camera Surveillance System, Automatic Gates, Video or Audio Intercom Systems or Access Control Systems and even a simple Door Peep Hole can be a great deterrent to any would be thief. Did you know that most of these items can be monitored by yourself through apps on your smart phone? There are many systems that can allow you to be called by your intercom, all around the world. You can then open a gate, turn off or on an alarm system, open doors etc and view the cameras. We can customise all these services for you. Feel free to ask us how today.

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# MEET INGE SILDNIK

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Inge has been involved in the health and fitness industry for 20 years. She began her career as a professional dancer. She is a master personal trainer, certified pilates and yoga Instructor, level 5 AntiGravity/Aerial instructor and the owner of Eliit Therapies, based in Galston.

Inge has worked with the general population to achieve and maintain health goals as well as sports teams and athletes. She is also a legit stunt woman and assistant stunt coordinator working on films such as Transformers 5, Mad Max, Mortal Engines and Many more.

She has a passion for performing, extreme sport and adventure and her work has taken her throughout Australia and overseas.

Now is your chance to ask her any of those questions that have been bugging you or to clear up any health and fitness myths.

What is the best way to lose fat?  
If I lift weights will I get big muscles?  
How do I get a flat stomach?  
How many repetitions should I be doing?  
Is walking as good as running?  
How many times a week should I exercise?  
Do I need to take dietary supplements?  
Is soreness good after exercise?

**ASK HER ANYTHING.....**

**Email your questions to [inge@eliit.com.au](mailto:inge@eliit.com.au)**



**L to R - Dave Stephenson - Volunteer Driver; Dean McKeough - Centre Coordinator; Julie Sheerin - Centre Volunteer; Linda Wake - KNC Transport Coordinator; Dave Sheppard - Volunteer Driver**

Lunch was extra special at the Galston Community Health Centre when NSW Health visited.

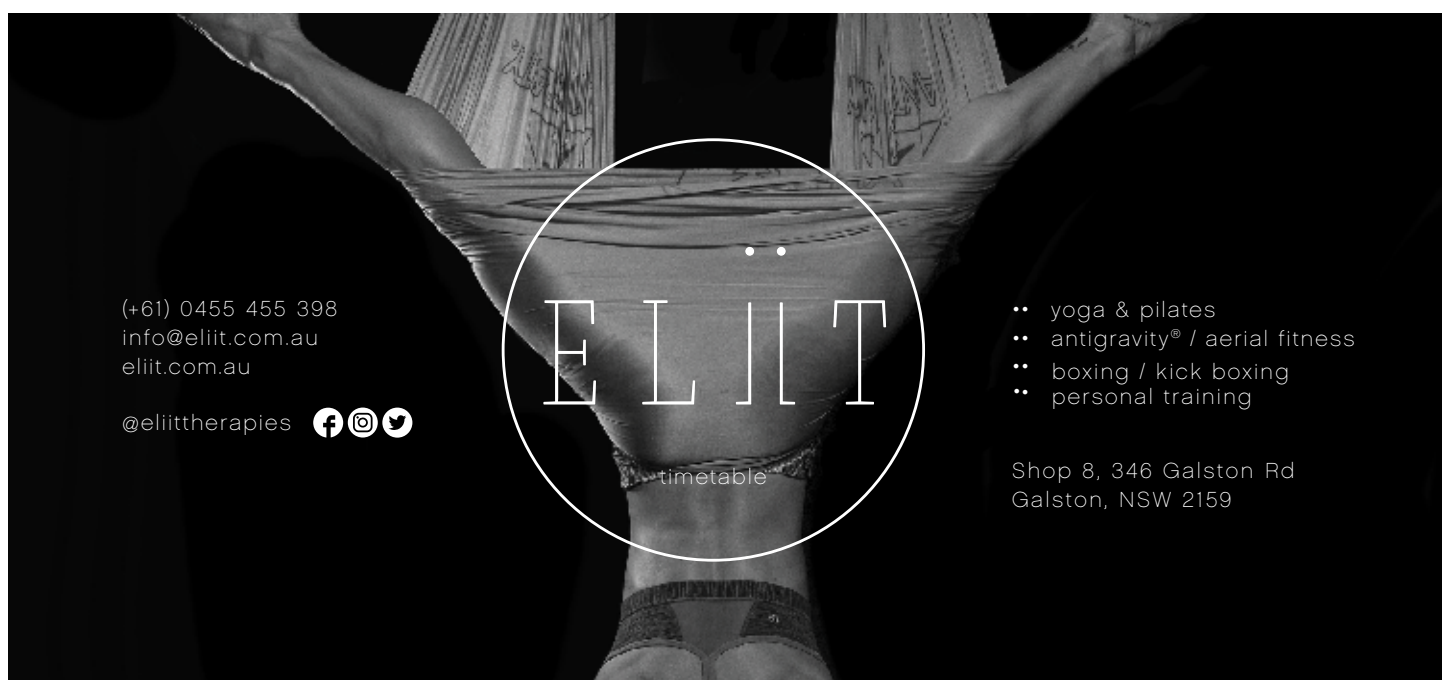
Deb Wilcox – Chief Executive NSLHD and Marie Perkins – Community Health Centres and Volunteer Manager, joined the group for a bite to eat and chatted with volunteers and members.

**If you would like to find out more about the Tuesday and Friday Lunch Group's or volunteer positions available, call Dean or Linda on 9653 2235.**






**DEB WILCOX - Chief Executive NSLHD and MARGARET MCKINLEY - recently retired volunteer driver**

## KNC GALSTON AND THE GALSTON COMMUNITY HEALTH CENTRE



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## THERE'S AN APP FOR THAT...

BUILDING OR DECORATING?  
THESE APPS MAY HELP.

If you are thinking about building or renovating a house, you will be having the same dilemma as myself. My husband and I are about to build our third home!

Pinterest



There are a number of Apps available that may be of some help. **Pinterest** is one of my go to Apps at the moment. It is a great way to search for ideas and to share images, videos and websites with designers and contractors. You are able to search for specific things and then "Pin" the images you like to your boards. I currently have boards for the kitchen, living and outdoor areas. I then share these boards with our architect so he has clear guidance on our style, tastes and vision for our new home.

houzz



Another App that is quite popular is **Houzz**. This App definitely has an American feel to it but it is still great to look through to get some interesting ideas for internal and external house designs. Similar to Pinterest you can save the images to folders and create an "Ideabook" so you can keep a record of the images that you like.

There are over 2 million Apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If you are struggling to understand your Apple device, please give me a call and we can discuss One on One sessions. Debbie on Mb: 041 829 6217 or email: [info@debbiedoesit.com.au](mailto:info@debbiedoesit.com.au)

IS THIS THE  
SIGNATURE  
OF A THIEF?

Dear Editor,

This graffiti was sprayed on the wall of our local community Bank in February, the cost of removing it is a drain on the amount on financial support that the bank can donate to benefit activities and project in our local area

Maybe the offender needs to be reminded of the assistance that have helped all the local primary schools (Arcadia, Galston, Middle Dural, Hillside, Maroota) with white boards to everything in between, Galston High has facilities that would be the envy of any private schools thanks to the bank.

The Girl Guides have an updated kitchen and cooking facilities, youth have had the opportunity of attending leadership courses. A few very lucky ones have enjoyed life at sea on the 'Young Endeavor'.

Whatever sport from netball, cricket, football, swimming, pony club to Hornsby Hospital, Fred Hollow foundation, Careflight, all have been grateful and enjoyed the Banks help and lots of others well.

So if you have the opportunity of talking to the "Graffiti Artist" please encourage them to be aware of their actions and the wide spread effect it has on helping our community.

Dennis Phillips



## There is still time to have fun this season



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# GLENORIE PROGRESS ASSOCIATION

By Di Coxon-Ellis

The Glenorie ANZAC Day dawn service will not be held this year. Interested parties include Glenorie RSL Club, the Glenorie RSL Sub Branch, the Police, Hornsby Council and Councillors and all are aware that everyone has a duty of care to the public and safety is the main concern. The GPA looks forward to working with the various authorities to work out a viable solution for 2020 and onwards. All solutions will require a significant financial investment and working in tandem with council. We will be calling for input from local businesses and residents to help us work as a community to address this issue and bring us all together to create a safe Memorial Park and venue for all of us to hold events in a safe environment.

**BORAL CONCRETE UPGRADE:** representatives have advised that there will be no progress on this upgrade until the next financial year. GPA continues to monitor this issue as it will have a huge impact on our semi-rural village.

**ROAD SAFETY ON GLENORIE ROADS:** As this issue is more than a year in abeyance, we will be resurrecting the issue about speed limits with the RMS and The Hills and Hornsby Councils.

Speaking of the RMS, signage for the koalas to cross safely on Old Northern Road has fallen on deaf ears. It seems the concern is for vehicle collisions not the animal. We will continue to pursue the subject...

So in this vein...an event to look forward to is the Information Day on 18 May at the

Glenorie Hall. Theme of the day is *Koalas in their environment*. There you can learn how to engage with and relate to our AUSSI icon in our area. Mark the date on your calendar/ phone etc.

The *Environment Centre* group has reported on Streamwatch water testing highlighting issues with the Glenorie Creek phosphate levels. Water quality has improved greatly over the years but we are aiming for consistently low phosphate levels.

As far as other environmental issues are concerned, our residents, particularly new residents in the area are urged to think about bush care. The argument being that new residents are attracted to the district for the peace and quiet, bush animals and birds and vegetation, then are part of the process that destroys those things they came to enjoy. Please be aware of Council rules on removing vegetation and work towards retaining the ambiance of Glenorie and surrounds while still going forward with developments and the additional infrastructure need to support them.

In our local issues we continue to have the assistance of Hornsby Councillors Michael Hutchence and Warren Waddell. We welcome The Hills Councillors on board and hope to have a continuing relationship with Robyn Preston, Peter Gangemi and Brooke Collins.

Together we hope to improve road safety, parking, sustainable and affordable housing. Julian Leaser our Federal Representative has also met with the GPA to discuss local issues and forwarded info on grant funding we can access to assist us in projects.

## NEW WEBSITE UNDER DEVELOPMENT:

Yes we know the old one is unhappy so we are working on a "smashing" new one. Good news is that the facility to join the GPA and to renew your membership online will soon be available again and even better news is that if you join or rejoin now it will be included in the 2019/20 year.

The boring stuff now... All our reports and minutes will be available on the Glenorie Progress Association website: <http://glenorieprogress.org.au/> Come along to our meetings now held on the second Thursday of the month. Next one is 9 April C U at the Glenorie RSL.



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Contact us on **9652 1888**

Shop 15, Glenorie Shopping Centre  
930 Old Northern Road Glenorie 2157

## Why was the Easter Bunny so upset?



Because he was having a bad 'hare' day!

**HAPPY EASTER**

from

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Our beloved husband, father, father-in-law, Grandpa and friend passed away at his Arcare home. By his side were his wife, 3 sons and daughter. Russell has been unwell for 18 months and only diagnosed with PSP syndrome in April last year. His health rapidly declined in October 2018 when he was admitted to hospital.

After October he couldn't walk or get out of bed without assistance. So we chose Arcare Aged Care at Glenhaven for his new home. By the end of Jan this year his speech and body began to worsen and then slowly he was taken up to heaven to be with his mum and dad.

The family held a lovely funeral for him at Galston Uniting Church where over 450 family, friends and business acquaintances gathered to celebrate his wonderful life. The day was picture perfect with the sun shining and the church was full of people reminiscing about Russell.

The immediate family would like to thank all extended family and friends who travelled from near and far to celebrate his life. Also to Geoff Smith minister at the church for his lovely support and service.

Russell will be dearly missed especially by his wife Vivienne, sons David, Adam, Graeme and only daughter Katrina.

His 13 grandchildren on the day released computed balloons to float to heaven in his honour.

Russell and Vivienne were the previous and first owners of Langlands Landscape Supplies on Galston Rd, Dural. They happily served the Hills district for over 40 years and now new owners his daughter Katrina and son-in-law Leon would like to thank the many people that have caked into pay their respects with cards, flowers, gifts and general support.

It is so much appreciated. RIP

**RUSSELL  
LANGLANDS**  
30/09/1940- 24/02/2019

## MOTHER'S DAY SUNDAY 12TH MAY

[www.natiroses.com.au](http://www.natiroses.com.au)



*Spoil your mum and show her  
how much you care with Nati Roses*



790 Old Northern Road Dural  
Ph 9651-1375

  
**Cafe Sasanqua**

### EASTER TRADING

Closed Good Friday

**Open 8am to 3.30pm**

**Easter Saturday**

**Easter Sunday and Easter Monday**

Closed Anzac Day

**Book early for Easter celebrations  
and delicious menu specials**

**MOTHER'S DAY,  
SUNDAY 12TH MAY**  
Reservations now open for this  
special day



**9652 0969**

8 Cattai Ridge Road Glenorie  
[info@cafesasanqua.com.au](mailto:info@cafesasanqua.com.au)





# Heartbeats

By Mary Ord

**Heartbeats is about recognising the good news stories which are happening in our community.**

*To all budding young authors, we at The Galston Community News would like to publish your stories or poetry.*

*We have a special place in our magazine reserved for you and would love to feature your work and words. What we are looking for are true stories from your experience. These stories can take any form, they can be designed to inspire or encourage, tell a funny experience or something which made you happy. You may even like to send thanks to someone who has helped you. We are happy with any length contribution but best not to exceed 200 words. A picture of you to add to your story would be a great addition. Please send your contributions to me (Mary); [advertising@galstoncommunity.com.au](mailto:advertising@galstoncommunity.com.au) prior to the 18th of the month for inclusion in the next month's edition. Any Parents, Grandparents or friends please pass this on to someone who maybe interested.*



## **Jaxon Thomas Sinton**

**Born 17/01/2019**

**Weighing 4.1kg 54cm long.**

We had our six week check and he came in weighing 5.1 kg and 59.5cm long.

My how he's changed our lives for the better he's just such a happy Chappy when he's awake, sometimes a bit cranky when he's tired or hungry, but that's the norm.

The beginning is harder than you expect but it all becomes worth it when you get your first big real smile; when they watch you and babble talk back is just so rewarding. Each day there is a new sound he makes and it just makes Matt and me appreciate being new parents and the things we will get to show and learn with him along the way. We are looking forward to the future with this cheeky dude.

*Louise from Scissors and Comb*

## **Luisa and Tom**

Early in March on a perfect Autumn morning, Bjorn Hansen from UB Shack was both official photographer and father of the groom when his son Tom married Luisa. It was a moving experience for everyone at this intimate wedding on Freshwater beach, even the bathers (while respectful) watched the pageantry unfold.

Tom met German born, Luisa while they were travelling and they both knew straight away that they belonged together. While they have an elaborate ceremony and celebration planned in Germany they chose to legally marry in Australia. I was so happy to be invited to conduct this simple wedding for both Luisa and Tom as they are so deeply connected and their love for each other shines so evidently through their smiles.



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*Life is not measured by the number of breaths we take, but by the moments that take our breath away*



## BUDDING AUTHORS

The following are contributions from the talented students at Northholm Grammar

### A LETTER TO MY SUFFERING (an extract)

by Madeleine McKenzie Y12

I met you when I was just thirteen.  
Perched onto the edge of my bathtub, my  
bare toes curled into the bathmat like claws,  
clinging to the ground beneath me.  
Eyes red and puffy, my throat swelled as  
your grip tightened.  
Our meetings from then on were brief and  
sporadic.  
For a while, your hold on me was weak.  
The occasional tightening around my throat the only reminder of  
your presence.  
Back then, a shake of the shoulders would do, and you were gone.  
We were reunited at fourteen.  
A speech in class or an important test turned into social gatherings or  
loud music.  
We began seeing a lot of each other then.  
You liked to crawl into bed with me.  
You told me about everything that was wrong in the world.  
Reminding me of the darkness that could so easily swallow me whole.  
When I was fifteen you visited, a lot.  
Like an uninvited house guest, you loitered.  
Drifting through the hallways of my home, you waited.  
Waited for me to ask a question in class, miss a deadline, or stand in a crowd.  
That was your chance, your opportunity to take hold.  
What started as take-offs in airplanes and speaking in assemblies,  
spiralled into existing. Breathing, waking up, making breakfast, sleeping.  
You had to be involved in all these tasks.  
My reflection revealed you peering over my shoulder, your breath hot on  
my neck.  
You were a thief.  
As your venom coursed through my body, you robbed me blindly.  
You made me hesitant, petrified.  
You made me stand back in the crowd for fear of standing out.  
You were crippling, and I didn't yet understand the complexity of our  
relationship.



### MONSOON SEASON (an extract)

by Rachel Stosic, Y12

He was the cold front that follows a  
summer's day, providing welcome  
relief from the suffocating heat. I  
looked forward to his arrival every  
day, longing for the cool breeze that  
blew in when he opened the door.

But cold fronts are dangerous.

They bring with them the threat of rain and storms;  
of jagged lightning smirks and thunder voices, gale force  
winds slamming doors shut and raindrops falling from  
red-rimmed eyes.

He was the eye of the hurricane, untouched by the destruction  
he caused around him. But no matter how hard I tried, I could  
never reach him, perpetually trapped on the edges of the storm,  
beaten and battered as I struggled to find the calm centre.

But I loved him. He loved me. I told myself that the least  
I could do was brave the storm to see the sunshine on the  
other side. And I tried – God help me I tried. But this time it  
was worse. This time the wind howled like wolves and tree  
branches battered windows like hammers, breaking the  
glass. This time I was knocked off my feet and left lying on  
the ground, blood flowing from my nose as his fists flew like  
hail stones above me.

This time I was scared.

I lay still and waited for the storm to pass; for his  
breathing to calm and his hands to still. Looking in the eyes  
that once held captivating whirl-pools, I spoke with  
red-stained teeth, "Goodbye."

As I closed the door behind him, I knew that it was not over.  
He would be back. But I had no choice, so I drew my blinds and  
tried to wait for him to forget about me and move on.

At first, he was sweet, trying to lure me back to him with  
voicemails filled with promises of change and declarations  
of love. My fingers itched to pick up the phone - but I didn't.  
And he got mad.



### "AIR STRIKE" (an extract)

by Alannah Trestrail, Y12

Brandon remembered the day the war started. The simple days  
in the playground when he was eight years old. Days he spent  
moulding littered sand, feeling it crunch underneath his bitten  
nails. Days always alone, his still developing brain chasing his  
thoughts in an endless game of tag. He remembered hearing the  
whispered concerns of his parents and teachers, the sympathy coating  
his teacher's voice. His mother's eyes were a frozen lake, delicate yet  
glazed so Brandon could not see what lurked behind them. He knew  
his mother wasn't present in that moment, a veteran herself. His  
father merely stared sternly at his teacher, eyebrows knitted together  
as his teacher spoke, "War always affects the children the most."

Every day Brandon would come home, the weight of the war  
crushing him until tears sprang from his eyes. His father would  
glare at him as he sobbed, always afraid to die but afraid to live.

"Man up," he would grunt. "Only women fight in the war."

In these moments Brandon would think of his mother. The  
tiny white scars adorned on her arms, the distant look on her  
face when she thought nobody was watching. She was lucky to

survive the war, fighting in it for  
years. She was the strongest person  
Brandon knew, yet her frailty scared  
him. He couldn't lose her.

Everybody had lost someone in  
the war. Three people at Brandon's  
school had lost their lives. One, starved  
from the conditions of the war until  
she couldn't take it anymore. Another  
died at the hands of chemical weapons;  
poisoned by her own medication. The  
third, lost in an air raid, the blast sending  
her off a cliff. They were all girls.

*Only women fight in the war...*

All of this, of course, didn't matter. What mattered was the  
routine drudgery he had to face at school. Nothing had happened  
that day. He sat restlessly through class, trying not to think of the  
war. He almost didn't notice when his teacher apprehensively  
slipped his marked test on his desk, the blood red mark of his  
failure glaring at him. Then it happened.

The air strike.



## HISTORY

Members and friends have again in enthusiastically taken part March events.

Many residents will remember the Russian families who have lived in our community. At the Society's March meeting our President, Michael Bell, gave us the background of four families, Ascotchiensky, Bogdanoff, Gollieffe and Molchanoff, who were former members of the Don Cossack Choir.

The talk gave an insight into how the 32 officers had formed a choir after their internment in camps on Lemnos following the defeat of the White Army. The Queen of Romania became their patron. After the astounding first concert in Vienna in July of 1923, the choir toured Europe. In 1926 they toured the east coast of Australia. By 1930 the four families had returned and settled

## DURAL AND DISTRICT HISTORICAL SOCIETY INC. FROM HISTORY COTTAGE



Photo Credit: Jo. Hambrett

in Middle Dural. We listened to the music they sang, looked at old photographs and studied the art that inspired their songs.

On the 12th March members made a local tour visiting historic homes generously opened for our benefit. There are indeed many

gems in our community; which is so rich in history.

Our guest speaker for the 13th April meeting is Judy Dunn, historian and tour guide in Parramatta. Her talk, "Every Migrant has a Story" is a most enjoyable and entertaining tale of a family coming to Australia.

It is a reminder that everyone has a unique and important part in our history.

**Our meetings are in History Cottage starting at 2.00pm and afternoon tea is served after the talk. All are welcome.**

## Arcadia Painting

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Before



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# Latest News



## from the Mayor's Desk

Hornsby Shire Council's goal of planting 25,000 trees by September next year is well on track. Already more than 2,500 trees have been planted at 189 locations across the Shire, most of them native trees. That may not sound like a lot, given the target we are aiming for, but it should be kept in mind that we're emerging from the summer months which are not a good time for planting and it's been mostly quiet on this front. It's currently picking up again, with 13,000 trees ready to be planted throughout the cooler seasons. Meanwhile, we've taken the opportunity to place more than 10,000 other plants in the ground.

We would not have been able to get this far without help from the almost 600 volunteers who have given us a hand. We're going to need even more people to get the rest of the way and I'm hoping you will consider joining us. There's not much to it, just an occasional fun morning placing trees in the ground with like-minded members of the local community. We live in the Bushland Shire and I'm hoping you will help us to keep it that way. Please visit [trees.hornsby.nsw.gov.au](http://trees.hornsby.nsw.gov.au) to find out more.

**Philip Ruddock**  
Mayor  
Hornsby Shire Council

## WHAT'S ON



YOUR VISION.  
YOUR FUTURE.

### Future Hornsby Help shape the future of Hornsby Shire!

Check out our new website dedicated to the long term vision of the Shire. There are plenty of opportunities for you to have your say on matters close to your heart.

Find out more at [future.hornsby.nsw.gov.au](http://future.hornsby.nsw.gov.au)

### Community Forums



Community Forum Meetings are a valuable opportunity for local residents to raise issues and gain feedback from their local Councillors.

**Galston Club (A Ward)**  
Thursday 11 April, 6.30pm-8.30pm

**Cherrybrook Community Centre (C Ward)**  
Saturday 15 June, 1.30pm-3.30pm

**Magpies, Waitara (B Ward)**  
Thursday 15 August, 6.30pm-8.30pm

**Beecroft Bowling Club (C Ward)**  
October, date and time TBA

For more information and to register visit [hornsby.nsw.gov.au/communityforums](http://hornsby.nsw.gov.au/communityforums)

### Sign up to our Enews



Stay up to date with what's happening in Hornsby Shire.

Sign up to receive our monthly e-newsletters by visiting [hornsby.nsw.gov.au/join](http://hornsby.nsw.gov.au/join)

### Seen something that needs fixing?



We all need to do our part to ensure our area is a safe and enjoyable place to live.

If you notice a public hazard or issue please let us know using Report an Issue at [hornsby.nsw.gov.au/reportanissue](http://hornsby.nsw.gov.au/reportanissue) on Council's website.

We will provide you with a response number so you can track our progress in fixing the issue.

### What to do in an emergency



- In case of an emergency, ring 000

In case of storm damage, contact the following:

- Storm damage contact SES on 13 25 00
- Storm damage involving power lines: Please contact Ausgrid on 13 13 65
- Storm damage in parks, reserves and on roads: Please contact Hornsby Shire Council on 9847 6666

For more information visit [hornsby.nsw.gov.au/emergencies](http://hornsby.nsw.gov.au/emergencies)



### REMAPINE 2019 – TURNING WASTE INTO ART CALL FOR ENTRIES

*This year's theme is 'Addicted to Consumerism'*

Entries close 12 May 2019, for more information visit:

[hornsby.nsw.gov.au/remagine](http://hornsby.nsw.gov.au/remagine)



## SUNDAY SESSIONS

**LIVE MUSIC EVERY SUNDAY**

*in our beer garden*

*12-2.30pm*

*Listen to live music, enjoy a drink and meal  
with friends and soak up the sun*



**HANNAH TANNOUS**

April 7th



**RUBY FRENCH**

April 14th



**FIO**

April 21st



## BOLEYN

**FRIDAY 5<sup>TH</sup> APRIL 9PM**



WITH SPECIAL GUESTS

**HAROLD AND THE BISHOPS +**

**PHAT REEF**

## Easter RAFFLE

**BUY YOUR TICKETS AT THE BAR TO WIN  
ONE OF OUR HUGE EASTER HAMPER**

**\$2 = 1 TICKET \$5 = 3 TICKETS \$10 = 8 TICKETS**

**DRAWN 17<sup>TH</sup> APRIL**



### EASTER COLOURING COMPETITION

Have your kids enter our colouring in competition  
for their chance to win an easter colouring pack!

**COLOURING SHEETS AVAILABLE IN THE FOYER**





# ANZAC DAY

THURSDAY 25<sup>TH</sup> APRIL

2:45PM ASSEMBLE FOR AFTERNOON MARCH

3:15PM AFTERNOON SERVICE

GLENORIE RSL CLUB MEMORIAL

Hills District Pipe Band, Army Bikes, 226 Army Cadet Unit

## TWO UP

LIVE MUSIC IN OUR BEER GARDEN

AMY SALMON - FROM 12PM

DOUBLE VISION - FROM 5PM

# EASTER SUPERHERO EGG-VENTURE

TUESDAY 16<sup>TH</sup>  
APRIL 4.30PM  
FUN FOR THE  
WHOLE FAMILY

THE  
SUPERHERO  
EXPERIENCE

PRIZES FOR BEST DRESSED  
\$5 ENTRY  
RSVP: ASAP 9652 1183  
NECESSARY FOR SPECIAL  
EASTER TREATS



JOIN THE FACEBOOK  
EVENT FOR MORE INFO

# GALSTON EQUESTRIAN CLUB: OFF TO A FLYING START

A busy year has begun for GEC members with our action-packed calendar. During the first 6 weeks of operation this year we've run the following amazing events:

Our **Members Only General Riding Day** on 10 February was very well attended, with the added bonus of an equine Bowen therapy demonstration from Michelle Lawrence, Bowen therapist. Riders enjoyed using the dressage arena, jumping equipment and obstacles, as well as getting their horses out in company.

Two **Mid-week Show Jumping Training Clinics**, run by Sandy Lucas on 5 February and 5 March, were a great success. Sandy's jumping exercises worked at all heights and helped horses and riders tackle tricky turns and changes between verticals and spreads whilst maintaining an even rhythm. Sandy's mid week clinics cater for all levels of horse and rider combinations and will continue on the first Tuesday of the month throughout the year.

Two mid-week **Positive Partnership Training Mornings** were run on Tuesday 12 February and 12 March. Positive Partnerships is a new members only initiative for GEC. It is run by Committee member, Pam Pike, and focuses on developing and improving communication with your horse through positive reinforcement. This fun and friendly group will meet monthly.

Our **Poles and Grids Training Day** was held on 24 February with popular local instructor, Tana Subotic. All classes filled quickly and participants enjoyed the day thoroughly.

A **Working Equitation Clinic** was held on 9 March with coach, judge and international competitor, Kim Peterson sharing her wealth of knowledge and bringing out the best in every horse and rider partnership.

A **Clear Rounds Show Jumping Competition** was held on Sunday 10 March. Two rings catered for all heights from X-rails to 110cm. The event was very well attended by members of both GEC and Arcadia Pony Club, as well as non-members visiting our fabulous grounds for the first time. Future show jumping competitions will be run along the same lines with two rings catering for different heights and specific times allocated to the different classes.

We are a friendly and welcoming club which caters for riders of all abilities. There really is something for every rider in our calendar. For our Dressage riders, have one of our Official Competitions coming up on 28th April.

📌 Please visit our website at [www.galstonequestrianclub.com.au](http://www.galstonequestrianclub.com.au) or our Facebook page to view our calendar and see what's on next. Memberships are open throughout the year. We hope to see you soon.



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# BUDGERIGAR SOCIETY OF NSW INC.

## Hills Branch – Ray Galbraith

The Hills Branch Annual Show was held on the 3rd March at the Don Moore Community Centre at North Rocks, with access for the general public from late morning onwards with free entry. Grand Champion was awarded to Mr Tony Butt, of Junee, with the Champion Opposite Sex being awarded to Mr Barry Wise of Cessnock. Hills Branch members were well represented amongst the winners of the Variety Awards along with Intermediate and Novice Champions.

That time of the year is fast approaching when the country and city come together at the Royal Easter Show. Again breeder/exhibitors will be providing displays of African Lovebird, Canaries, Finches, Parrots and Budgerigars. This year's judge for the Budgerigars is Mrs Kathy Manton from Marsden Park. The exhibition will be held on the 15th and 16th of April 2019. Entries closed on the 27th of February. Again this year, no entry fee will apply for Junior Exhibitors.

Hills Branch members have been amongst the winners at recent shows namely;

### Northside Annual Show :

- **Adrain Corner** - Champion Novice; Champion Opposite Sex Novice
- **Ray Galbraith** - John Mac Foundation Trophy ( Lutino )

### Illawarra Annual Show:

- **Adrain Corner** - Champion Novice; Champion Opposite Sex
- **Ray Galbraith** - Young Albion

### Shoalhaven Annual Show:

- **Adrain Corner** - Champion Novice Cock; Best Normal Greygreen

### St George Annual Show:

- **Ray Galbraith** - Young Albino; Blackeye Self Overall
- **Ron Roarty** - Greywing Overall

The Show Season is well underway, which includes a number of country shows at which Hills Branch members take the opportunity to attend and socialise with country exhibitors. Judges who belong to Hills Branch undertake judging appointments at these country shows. On the 7th April 2019, Mrs Kathy Manton, will be judging the Tamworth Show. During the 2018 National Titles, Mr Tom Davis of Tamworth, won the Australian Golden Face Award, NB. Photograph attached.



Australian Golden Face, owned by Tom Davis. NSW.

Care to be part of a hobby that can be enjoyed by an individual, partnership or family, then contact should be made with Ray Galbraith, by telephoning 9653 – 1538 or email boxer73@bigpond.net.au.



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HON. MATT KEAN MP



**P**atients on Sydney's North Shore will receive a major boost from a significant new investment in Hornsby Ku-ring-gai Hospital.

The NSW Liberals and Nationals will invest an extra \$65 million in the hospital, enabling it to deliver additional ambulatory care, including new renal dialysis, chemotherapy and oral health services, and a new community health centre.

It will mean more patients can be treated closer to home rather than travelling to other hospitals. The new funding brings the NSW Liberals and Nationals Government's total investment in the upgrade of Hornsby Ku-ring-gai Hospital to more than \$405 million.

Health Minister Brad Hazzard announced the extra funding for Stage 2 of the redevelopment today, with the Member for Hornsby, Matt Kean.

"The Liberals and Nationals Government is making record investments in hospitals and health services – we have spent almost \$10 billion since 2011 and will be investing more than \$8 billion in health infrastructure over the next four years," Mr Hazzard said.

Mr Kean said this significant \$65 million funding boost for Stage 2 of the upgrade – which is already delivering a new Emergency Department and medical inpatient units in a new clinical services

tower – will further improve the health care of patients in the growing Hornsby area.

"This further upgrade will enable the fantastic Hornsby Hospital staff to continue to deliver world-class health care in modern facilities," Mr Kean said.

"It will include a range of new ambulatory care services such as renal dialysis and chemotherapy, enabling people to be treated closer to home, as well as a range of other expanded services.

"Since 2011, more than \$405 million has been allocated for infrastructure development at

Hornsby-Ku-ring-gai Hospital. This is a win for the community and a win for staff."

The additional \$65 million will provide:

- Fit-out of rehabilitation inpatient units being built in the Hornsby Ku-ring-gai Hospital Stage 2 Redevelopment
- Refurbishment and increased capacity of the Psychiatric Emergency Care Centre to allow for future needs
- Expansion of ambulatory care services including a new renal dialysis service, chemotherapy day services, and oral health services.

- Consolidation of community health services into a modern, integrated centre.
- New Helipad.

\$121 million was invested in Stage 1 of the Redevelopment of Hornsby Ku-ring-gai Hospital which saw the construction of a five-storey clinical services building, named the STAR building (surgical, theatres, anaesthetics and recovery), completed in 2015 and a new \$19.8 million multi-storey car park with over 500 spaces opened in early 2019. The now \$265 million Stage 2 redevelopment is currently underway.

## RURAL ROUND UP

By Warren Waddell

**A**fter complex and lengthy negotiations Hornsby Shire Council and NBN Australia have agreed to lease terms that will see the new NBN tower installed behind Arcadia Rural Fire Service shed. This will advance NBN's commitment to improve internet services in the broader Arcadia area and is a significant victory for the community.

The Galston Village Public Domain Strategy has moved into the next phase with consultants, Oculus, initiating their community engagement at the last Arcadia and Galston Residents Association (AGRA) meeting. Closely followed by a pop-up stall in the village designed to attract further community and user input. I encourage anyone interested in

this important village improvement initiative that has not yet commented to complete the online survey at [hornsby.nsw.gov.au/publicdomain](https://hornsby.nsw.gov.au/publicdomain)

The Glenorie Progress Association has released a draft discussion paper outlining their vision for the Glenorie Village precinct. A development application recently lodged by the Shore family for a new service station and commercial unit complex on the Hills side of Old Northern Rd is a welcome sign that much-needed amenities will soon be restored to the rural area. This further demonstrates the need to assess and integrate our village needs into a broader strategic initiative involving both Councils.

The second stage of the communications workshop has now been completed. The consultants preparing our future communications policy have been made acutely aware of the challenges facing our community in terms of Council messaging. I look forward to a range of improvements that will assist in this area.

Council has endorsed the brief prepared for the accelerated rural land review and work will begin shortly on addressing the broader land use anomalies that need to be resolved.

For further input into these and many other issues please attend the A ward community forum at 6.30pm on the 11th April at The Galston Club and have your say.





## MEETING FOR HORTICULTURE WITH THE MINISTER FOR AGRICULTURE AND WATER RESOURCES

The local Federal member for Berowra, Julian Leeser MP organised a morning tea on Friday, 1 March with the Minister for Agriculture and Water Resources, the Hon. David Littleproud MP at The Dural Country Club. Twenty local Horticultural business people were in attendance including representatives from the Nursery Industry, Cut Flowers and Orchardists.

### TOPICS INCLUDED:

#### CAREERS

This was a hot topic! We see a declining number of students studying horticulture. This is a concern with career pathways not promoted at school. Ten years ago, over 3,000 people were studying Agribusiness courses, now it is down to 300. Discussions revolved around the fact that Horticulture requires a certain skills set needed in

smaller businesses' and Apprentices it seems, are no longer supported by most TAFE's. Littleproud also discussed the re-introduction of agriculture into high schools which would see a benefit for industry. This should see a larger interest.

Also discussed was the employment of people on VISA, Littleproud said he will look at giving this area an exemption to allow VISA employment to occur.

#### EXPORT/IMPORTS

Many of those who import or export in horticulture see a barrier to industry with faceless people, you can no longer talk about export and import issues.

Littleproud said we need commonsense and enable us to open up trade making it easier for businesses to import/export. If growers have certain issues, they need to make Littleproud aware of these issues so they can be resolved.

#### ENVIRONMENT

Littleproud wants Agriculture to be encouraged to have biodiversity on farms. Property owners will need to plant trees which will become a part of their accreditation which will give them financial rewards for their investment. This will assist nurseries in supplying farms with trees to plant.

Littleproud would like to see the drought proofing Australia with legislation will be lifted for dams and tanks. The federal government money to spend in this area with the De-silting of dams during dry times has funding available for sheep/cattle farmers. Littleproud wants to open this up for horticulture so funds are available for our businesses to do the same for future proofing.

Overall, the meeting attendees commented on the down to earth nature of the Minister for Agriculture and Water Resources and they enjoyed the opportunity to attend the meeting.



### As your MP, I am here to:

- ➔ Assist with accessing federal government services
- ➔ Attend your local community event
- ➔ Arrange congratulatory messages

Please contact my office if I can be of assistance.


**JULIAN LEESER MP**

Federal Member for Berowra



Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 ☎ 9980 1822  
 @ julian.leeser.mp@aph.gov.au 🌐 julianleeser.com.au 📺 julianleesermp


Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



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# TELSTRA/NBN UPDATE MEETING



There was a meeting held on **Wednesday 20th March** at the Galston Club. Julian Leaser MP had called the meeting following the amount of complaints received by his office from residents in our area.

There were representatives from NBN, Telstra, Optus and Vodafone plus an audience of over 120 residents.

NBN gave an opening address of what to expect from NBN, when it is likely to become available in our area (approximately May 2020) followed by updates from Telstra, Optus and Vodafone.

When the floor was opened to questions, Telstra took a real battering. Clearly the representative present had no idea of the amount of issues which our residents are experiencing.

Some of the points raised were:

1. Internet speed incredibly slow - and in places non-existent (ie many black spots)
2. Deterioration in both landline and mobile services over the past 12 months.
3. Quality of contractors fixing problems was very poor. It was reported by a local electrician that the state of the telstra boxes were appalling. No correct labeling on wires, and no care taken in neatness so other

wires could be easily accessed and fixed. Contractors appeared to have little knowledge of how to fix issues. Some contractors (ie old Telstra employees) are the few that seem to know how to fix issues.

4. The quality of contractors is causing fault upon fault, ie residents getting their neighbours phone numbers, disconnecting lines in error,
5. Why has the NBN been rolled out into areas where their internet was fine, but not rolled out here where there is a need for a more reliable service (assuming NBN will actually work here).
6. Satellite NBN is being used by some residents, but its data allowance is too low for the technological world we live in today where so much is provided by the internet.
7. Residents said existing problems are not being fixed, as Telstra doesn't want to spend money prior to NBN being rolled out.
8. Why are we being charged full price when the service provided is so poor.

The Telstra representative was unable to answer many of the issues raised, however they had a number of employees ready to take residents questions back to the office for specific



investigation of those issues and they said they would get back to them as a matter of urgency.

Telstra stated that they didn't think this area was at capacity. However this was disputed by a number of residents in the audience who couldn't get phones connected.

Telstra also stated that in the 'internet of things' their services were experiencing some network congestion (ie residents using Netflix and other video) which takes up more bandwidth, and therefore causes slower speeds for all on the network at peak times.

Telstra also mentioned the option of its mobile Cell Technology' which might help alleviate problems in rural communities like ours. mobile but there is a higher cost involved for the customer to set up and install the system.

At the end of the presentation, residents stayed to log their issues with Telstra. Many said "we've attended other meetings with Telstra and not much changed" others were more optimistic and hoped as this Telstra representative was more senior, then something might be achieved.

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## SCHOOL

**N**ORTHHOLM GRAMMAR SCHOOL has a great future with a big vision set by its new Principal Christopher Bradbury. Having just taken up this role he has articulated a vision based on fostering a learning culture where every student has the willingness and ability to learn, to lead and to serve so they can enjoy a life that is worthwhile and well-lived.

A Northholm education is a commitment to a balanced educational experience encompassing the intellectual, social, cultural, physical and spiritual development of every student. It will be young men and women with the attributes of grit, courage, resilience and good character combined with strong academic achievement who will prevail in a rapidly changing world.

"Our desire is "for Northholm to play an active role in the community so that our students can make a positive contribution on helping and supporting others" says Mr Bradbury.

This year the Year 11 students of Northholm have set high goals to raise funds for their charity of choice Destiny Rescue. Three exceptional leadership students Ella Cotrona, Emma Mercieca and Ciaran Dyson say they have chosen Destiny Rescue as their Charity "because sexual slavery and exploitation amongst children of our age is real and is happening all around the world. These

children are helpless, alone and are forced into the most horrific circumstances".

To kick off their fundraising activities, Drama Teacher Mr Turbott has been challenged to participate in the Destiny Rescue Freefall for Freedom jump. He will jump out of a plane at 15000 feet on Saturday 30th March to raise money for the charity. And so he will not pyke out Ella Cotrona will jump with him. Ella and her team are hoping to raise \$2300 from the jump, enough to rescue and restore two children. Donations can be made to <https://freefallforfreedom2019.raisely.com/northholmgrammar>.

**Bunnings at Dural** have kindly approved two fundraising stalls. On Sunday 14th April year 11 will be hosting a Bunnings BBQ so pop in and grab a sausage sandwich and drink and on Saturday 11th May visit Bunnings Dural for the Year 11 Destiny Rescue Cake Stall, where Northholm mums and dads will showcase their homemade creations.

The big Finale though is a must to attend. It's a Masquerade Dinner at the Galston Club on Saturday 22nd of June 2019. Ella and her team say "The night will be full of games, raffles, prizes, good food and great local music. It is a night to promote the severity of the issue of sexual exploitation and to raise money to rescue children trapped in this situation" Details on how to purchase tickets will



All wearing scarves being sold to raise money for Destiny Rescue  
Left to Right: Emma Mercieca, Ella Cotrona, Brad Turbott (drama), Jennifer Woods (English) and Principal Christopher Bradbury.



Left: Ella Cotrona; Right: Emma Mercieca, Brad Turbott (behind), Jennifer Woods (English) and principal Christopher Bradbury.

be available soon. Donations of prizes, sponsorship and any form of support from the local community is very welcome.

Mr Bradbury is giving the full support and encouragement of the school community stating "It's impressive to see our Year 11 students demonstrate strong

leadership, community engagement and building civic identity in their support of such an important human rights issue."

**For further information on Destiny Rescue please call Angela Arena on 0419109120 or email [angela.arena@destinyrescue.org](mailto:angela.arena@destinyrescue.org).**

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# NORTHHOLM

## DISCOVER KINDERGARTEN 2020

We would love to see you at Northholm Grammar School on Thursday 2 May 2019 at 11.00am for an Information Session and a School Tour.

Book online at [www.northholm.nsw.edu.au](http://www.northholm.nsw.edu.au) or call 02 9656 2000

**LIVE WITH PASSION**



# GALSTON PUBLIC SCHOOL

By Carole Weiss

Only half way through Term 1 and so much is happening. Stage 3 Surf Education excursion was a valuable educational day where students learnt about 'rip identification' as well as having fun participating in relay racing with wading, dolphin dives and body boarding.

Each year the whole school participates in a Peer Support program. The program (which has just begun) will enable students to participate in a new module, *Moving Forward*, which focuses on resilience. The experiences in the module help students to identify their qualities and strengths, develop skills, respond with a range of strategies and seek support when faced with challenges. The module contains 8 sessions and during this time a Peer Leader from Year 6 will facilitate a small group of 6 younger students, who will work together through a number of structured activities.

At the Beecroft Zone PSSA Swimming Carnival held at Sydney Olympic Park Aquatic Centre, Homebush recently, a courageous and determined Galston Public School team competed. The day was a great experience for them. The competition was tough and tiresome, however all the



students swam competitively and proudly represented their school.

Before the end of the term the Student Representative Council (SRC) will be holding their first mufti day to support 'Story Dogs'. Story Dogs is a fun and unique reading support program that improves children's reading and communication skills by children reading to a trained companion dog and its handler. By making a gold coin donation, funds will be donated to this very worthy organisation.

'Vegetable Garden Thank You'. A big thank you to Warren and Tim, two local retired gentlemen who have been volunteering their time to run a lunchtime gardening group for interested children. The latest harvest in the form of pumpkins is proudly on display in the front office. Also a big thank you to Think Water Dural for generously donating irrigation materials for the vegetable garden that will help the next crop.

**🔔 If you would like to know more about our vibrant school, please contact the school office (9653 2062) and all your questions will be happily answered.**



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# WOULD YOU SEND YOUR CHILD TO A CENTRE WITH NO TOYS?!

**D**OORAL EARLY LEARNING CENTRE is a purpose built, modern child care facility located in Middle Dural. We accept children from six weeks of age to six years of age. We also offer Before and After School Care and have a Vacation Care Program. We are surrounded by the beautiful rural environment The Hills District is known for, and encourage our children to become passionate about taking care of the environment. We are conveniently located across the road from Middle Dural Public School.

There is a misconception that younger children 'just play' when in that play is HOW they learn. Here at Dooral ELC we are a team of advocates for early childhood who share the belief in the importance of play and ensure even the youngest voices are heard. The children's interests are what drives our program. Extending on their curiosities and theories leads to a deeper knowledge and understanding of the world around them. We also strongly value the outdoors and believe there is no such thing as weather too hot or too cold- it's all about the clothing! Inviting children to jump in puddles and experience the elements enhances cognitive development along with fostering their sense of adventure.

Now, getting back to whether you'd send your child to a centre with no toys? Well, while we have many toys at Dooral ELC our Early Childhood Teacher and Educational Leader has previously removed all the toys for three months creating a TOY FREE environment. The results were astounding. The children's

creativity and imagination ran wild while their ability to concentrate improved, their self-confidence grew, they learnt how to socialise, work as a team, problem solve, and take risks. Children are incredible, they are more capable and competent than many people realise or want to believe. While we haven't yet created a toy free environment, we can promise you it will happen in the near future! For now, we are creating play spaces with natural and open-ended materials which inspire much learning. The power of play should never be underestimated.



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# RELAY TEAM FIRST AT BEECROFT ZONE SWIMMING CARNIVAL

*Judy Eastman, Principal Hillside Public School*

**C**ongratulations to Madison, Thomas, Samuel and Izak on their awesome swim at Homebush in the Small Schools Relay Race. The team will now represent Beecroft Zone at the Sydney North Carnival.

At Hillside, physical education is more than a mandatory component of the NSW PDHPE syllabus. All of our students actively participate in a number of physical activities during a school week. On Monday students are led through a variety of fitness activities capably lead by our Year 6 leaders. Activities include games, fundamental movement skills, cross country training and fitness stations. For sport this term the students have been learning throwing, hitting and catching skills needed to play softball and baseball. During

morning tea and lunch breaks our students enjoy playing handball, tennis, utilising the climbing equipment or kicking a soccer ball. Hillside students develop self-management, interpersonal and movement skills to become empowered, self-confident and socially responsible citizens.

Our Year 6 leaders take on many responsibilities during the year. Beside running School Assemblies, managing students library borrowing, leading sporting activities, this term our leaders lead the National Day Against Bullying and Violence activities and organised a charity/mufti day to raise much needed funds for the Children's Hospital at Westmead. We find our year 6 students move into high school with all the skills

needed to become leaders at their chosen schools as well. The students also made up lolly bags and Rocky Road to sell at the P&C Cake Stall at the State Election at school. The students learn valuable lessons when assisting others in the greater school community.

In a small school it is vital that the staff have opportunities to grow professionally as well. As a member of the Small Schools Learning Alliance, Hillside teachers have been actively participating in Twilight sessions with their colleagues focusing on writing and the new English Learning Progressions. Science will be the focus of the term two Staff Development Day in April. Teachers will have the opportunity



to participate in hands-on activities including robotics, to further strengthen their understanding of the Science and Technology Syllabus.

**1** If you would like to visit our wonderful school to see all the exciting things we do, please contact the office on 9652 1459. You are welcome anytime.

## NEWS FROM GALSTON EARLY LEARNING CENTRE

*"The true sign of intelligence is not knowledge, but imagination!"*  
**Albert Einstein**

This quote just amplifies the importance of using our imagination through everyday life. At Galston Early Learning Centre we encourage children to extend their life-long learning through connecting and exploring the world that they live in. Through sharing these experiences with each other, the children are broadening their understanding of one another, which in turn encourages our children to open their minds to different perspectives.

Over the past month we had many children who came in to share their own magical story of exploring the fairy garden at Glenorie. This interest sparked an idea, which led to the children wanting to set up their very own fairy garden in our preschool environment!

The children worked together to collaborate their ideas and opinions on how they believe the fairy garden should look like. Through researching fair gardens using a variety of books, the internet and using photos from Glenorie, the children came up with two magical learning spaces for both our

indoor and outdoor areas.

We would like to say a big thank you to our children and their families for sharing their experiences with us and we hope that the children's voices continue to drive our educational program throughout the year.

**1** If you have any further questions in regards to our centre please feel free to contact the Centre Director Daniela Balmer on 9653 1475.

## SETTING UP FOR SUCCESS FROM DAY 1

**T**he passage to excellence for students begins during the first important weeks of Kindergarten. We are incredibly proud that parents at Arcadia Public School recognise our commitment to nurture, guide, inspire and challenge every student at our beautiful school. They are well supported as increasingly self-motivated learners – confident and creative individuals, with the personal resources for future success and wellbeing.

Every child brings a different set of experiences, knowledge and skills to school, and understanding these is essential to planning their individual learning paths. Kindergarten teacher, Mrs Crouch, visited Galston KU Preschool and the Galston Early Learning Centre in March to meet their gorgeous students and strengthen this vital collaboration between school and preschool.

The Galston Branch of Bendigo Bank has once again displayed the great value it places in its local community, schools and families. Its generosity and support has contributed to an excellent interactive whiteboard upgrade at Arcadia PS. Thank you Bendigo Bank!

It is fabulous to be described as a hero – there were many heroes at Arcadia on March 15 as the school gave it all – including our Year 6 teacher, Mr Codling's hair, to help fight blood cancer. The school captains organised an excellent event raising over \$1000 towards the World's Greatest Shave. Many thanks to local hairdresser Debbie who carried out the great shave and congratulations Arcadia PS!

Don't be surprised if mum is dropping hints about coming along to Arcadia Markets on May 4. It is absolutely the place to find a unique gift for any mum or perhaps yourself?

**1** Visit our website [www.arcadiaschool.com](http://www.arcadiaschool.com) or phone our friendly office staff on 9653 1207 for information about Arcadia PS.







## LEADING THE WAY AT GALSTON HIGH SCHOOL

**O**n the 3rd of March, students from Galston High School attended the school's annual leadership camp at Vision Valley. This three-day camp, held annually, develops the diverse range of skills needed to be an effective leader both within the school and the wider community. The student leaders recently received their acknowledgement for participation at the camp at a whole-school assembly, attended by parents and carers, in which they were also presented their leadership badges.

At the camp, students from Years 7 to 12 who were peer-elected as members of Galston High Schools' four leadership teams engaged in activities including working in teams, problem-solving, planning and public speaking.

The school's four leadership teams - prefects, student representative council, student librarian team and house leaders - encompass a diverse range of students, with embodying the school's values of respect responsibility and personal best. The prefects serve as the face of the school and are responsible for the student leadership and public representation of the school. The school representative council functions as the voice of the school, allowing students an active role in the decisions that shape their school and education. The student librarians are the mind of the school, shaping the educational focus and academic pursuits of the school. The house leaders function as the spirit of the school, adding the excitement and drive behind the various competitions that take place both within and beyond the school.

Galston High School celebrates its students and their diversity, offering opportunities for all students to learn to lead and lead to learn.

## LORIEN NOVALIS STUDENTS MAKING A DIFFERENCE

**W**ith Climate Change the hot topic in Australia and around the world, students at Lorien Novalis School at Dural are keen to make a difference.

Headed up by Year 10 High School students, the Climate Change Group works with classes from Year 5 to 12, focusing on current issues and educating everyone on the impacts affecting our planet.

Each week the Climate Change group gets together and discusses goals that can be introduced at home. The Primary School children share their stories and ideas with the High School. The group goals for home have included being more aware of soft plastic recycling, and choosing a public place in their local area to clean up rubbish, to stop rubbish reaching our waterways. Within the school the group is implementing compost bin systems for use in our Biodynamic vegetable gardens, further supporting the war on waste at Lorien Novalis.

Taking action into their own hands, one of the children from the group is organising a school musical concert 'The Green Beats'. The concert will raise money to purchase trees to assist recovery from the Tasmanian Bush fires. The aim is to create new homes for animals, and to help reduce CO2 out of the atmosphere. Additional donations will go toward solar panels for our High School, to generate renewable power, working further to reduce the school's carbon footprint.

Lorien students aim to achieve real change within the school, and hope to expand outwards to the greater Hills community.

**If you are wanting to visit Lorien Novalis School and find out more about our Primary and High School education programs come to Insight Day on Saturday, 18th May 2019, at 10am to 12pm. You can register at [www.lorien.nsw.edu.au](http://www.lorien.nsw.edu.au) (Events page) or call on 9658 0700.**

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**Sun. May 19** Celebration Service  
**Tue. May 21** Thanksgiving Service  
**Thu. May 23** Anniversary Dinner

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with the  
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Glenorie Memorial Hall  
Saturday 25th May, 6.30 pm  
Adults \$25, Children \$15, Under 5s free  
Includes dinner and soft drinks  
RSVP Mark Holt 0418 298 121 by 18<sup>th</sup> May



# WORLD MUSIC AND ANZAC FOR GALSTON'S CONCERTS

Following the success of their Russian Revelations 2019 curtain-raiser on 24 March The Galston Concerts present two programs of 'world' music in coming months. A special free concert **Sunday 28 April** commemorates ANZAC Day with music by great composers who served and yet survived the First World War.

The ANZAC event also promotes the remaining concerts of the 2019 subscription series which continues on Sunday 24 May with a multi-cultural prelude to World Music Day. Both concerts, to commence 2pm in Galston Uniting Church, are followed by complimentary 'meet the performers' afternoon teas.

Galston Concerts' varied sounds add to audience appeal: guitars and violins in March; viola were he and piano and narrator scheduled on 28 April; cello, clarinet, organ, piano plus exotic instruments new to the series – accordion, balalaika and folk harp – on 26 May.

Styles also vary. The ANZAC theme program features familiar Classics including Greensleeves, Danny Boy and Molly on the Shore, spirituals and a famous Bach chorale, a Viennese waltz and marches, Spanish and Caribbean dances, all in tuneful celebratory mood.

In May Classical composers visit foreign ports - Norway, China, the Middle East - with Klezmer and other folk contrasts.

The free 28 April ANZAC event features violist Robert Harris with Galston's favourite pianist Tonya Lemoh. Book on [trybooking.com](http://trybooking.com) (search Viola Plus) or to Robert on 0428 248 348.



Robert Harris (viola)



Tonya Lemoh (piano)

Bookings for the series concerts are available on [trybooking.com](http://trybooking.com) (search Galston). Please direct enquiries to Helen Jordan, Promotions Coordinator, Galston Concerts, on 0425 339 841.

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## RUSSIAN REVELATIONS IN GALSTON CONCERTS



Vladimir Gorbach & Evgeny Sorkin

The Galston Concerts return this month with the first of five programs for 2019.

A 2pm start Sunday 24 March in Galston Uniting Church saw Russian virtuosi Evgeny Sorkin (violin) and Vladimir Gorbach (guitar) feature in a program of Classical styles.

Baroque Bach and Handel was contrasted with heart-rending Romantic music by great Russian composers Tchaikovsky and Shostakovich, assisted by pianist Rachael Lin.

Folky fare from Spain and Argentina gave fiery flair to the finale.

Proteges of the great Yehudi Menuhin, their skills polished in Europe and North America, both Sorkin and Gorbach are now Sydney-based as lecturers at the Sydney Conservatorium.

In a special Galston feature they will bring **rising star students** to join the billing.

Subscription renewals are bubbling along with five-concerts-for-the-price-of-four rates for Adults or Seniors.

**Bookings on [www.trybooking.com](http://www.trybooking.com) - search Galston.**

**Enquiries to promotions Coordinator**

**Helen Jordan 0425 339 841 or Robert Harris 0428 248 348.**





## CHURCH

By Ben Davis

It must have been about eight in the morning (see Matthew 27), when the crowd burst out of the gates of the city. Somewhere along the road, Christ stumbled and Simon was compelled to help carry his cross. Then about nine o'clock, they reached the hill called the "Place of the Skull" - Golgotha in Aramaic- Calvaria, in Latin and in English, Calvary. It is the most sacred place on earth.

Glenorie Mission Church

# THE DAY CHRIST DIED

(a message by Rev Ed. Long)

Christ was six hours on the cross, three in sunlight and three in darkness. The first three were busy hours. He spoke three times, each time revealing his greatness and his love. He spoke words of forgiveness to his executioners. He spoke salvation to the thief and love to his mother and John. In those hours the soldiers played dice, while the priests scoffed at him.

Women nearby were weeping.

Crucifixion did not bring about a quick death. It was possible for men to last several days in terrible agony and unbearable thirst. On this day the scene was suddenly blotted out right at noon and darkness lasted three

hours. In that period Christ spoke again, this time on four occasions. One statement contains the most tragic words ever heard: 'My God where are you? Why have you left me?' We know the answer of course, because God had turned his back — he was laying on him the sin of all and God could not look on sin.

Then later he said those grand words which mean so much to us: 'it is finished'. What did he mean? The whole plan of salvation worked out in Eternity was completed. The work God gave him to do was done. The cup the Father gave him to drink had been drunk. He could go home to the Father with everything

finalised. Then and then only, could he say: 'Father into your hands I commit my spirit'.

He literally gave up his own life in simple yet wonderful faith that the Father would not leave him in the place of death, but would bring him back to life again. We know the rest of the story — then came Sunday!

Thank God for the love which drew salvation's plan!

Come and join us for

- Good Friday at 9.00 a.m.
- Easter Sunday Service at 10 a.m.
- Bible Study on Tuesdays at 7 p.m.

## THE FINAL PROOF

Pastor David McKibben, Galston Seventh-day Adventist Church

During the Second World War a church in central London was preparing for a harvest thanksgiving service. The central feature of the beautiful display of food and gifts was a golden sheaf of corn. However, the service never took place, because the church was destroyed in a savage air raid just hours before the planned celebration.

The months passed. The following spring someone noticed shoots of green appearing on the bomb site where the church had once stood. Summer came and the shoots flourished. That autumn, a year after the devastating bombing, an abundant patch of corn was growing amongst the rubble. Not even the destructive impact of a

bomb could destroy the life of the corn and its seeds.

This simple story is a powerful illustration of the beauty and hope of the Easter message. Jesus healed the sick, treated the despised with dignity, gave hope to the despairing, and exposed injustice and hypocrisy. Yet he made many enemies who were finally successful in their attempts to kill him. If the death of Jesus were the end of the story, it would show that death could take the loveliest and best life that has ever been lived and crush it. But Good Friday was not the final word; then came the joy of Easter Sunday when Jesus rose from the dead. Evil did its worst to Him, but Jesus could not be destroyed. The death of Jesus at the hands of sinful

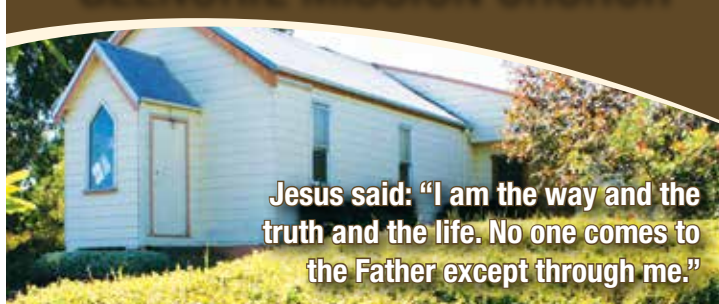
people and His victory over evil and the grave were constant themes in the preaching of the apostles in the early church (**Acts 2:22-24; 3:13-16 and 4:9-12**), and the power of the Risen Jesus was a critical factor in the growth and success of the Christian movement.

The Resurrection of Jesus is the final proof that truth is stronger than falsehood, good is stronger than evil, love is stronger than hatred, and that life is stronger than death. The message of Easter is one of hope and inspiration in a world where life is often unfair and sad. The death and resurrection of Jesus give us purpose for today and hope for tomorrow, and that is good news indeed as expressed in the chorus of a popular hymn:

**'Because He lives I  
can face tomorrow,  
Because He lives  
all fear is gone;  
Because I know He  
holds the future  
And life is worth  
the living just  
because He lives.'**

May you enjoy a blessed Easter, and may you experience the wonder of knowing the risen Jesus as your Saviour and Friend.

### GLENORIE MISSION CHURCH



Jesus said: "I am the way and the truth and the life. No one comes to the Father except through me."

Sunday Service and Sunday School 10:00am

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### HILLS LIFE C H U R C H

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."  
— Romans 15:13

Service: Sunday mornings at 10:00am  
Galston Public School  
Ph: 0416 233 629

Visit our Facebook page and see latest updates.

[www.hillslife.com](http://www.hillslife.com)

# NEWS FROM ST BENEDICT'S

*Judy Horton*

## What a great fete!

The annual St Benedict's fete on 10 March maintained its usual high standard being a great day out for people from near and far. Highlights were the chocolate wheel, the Devonshire teas, the cakes, the craft, the kids' rides and face painting, the plants, the

barbecue, the trash and treasure, the vegie stall, the raffle and so much more. The fete is also a great catch-up day for many old friends to get together and have a chat over a cuppa or while enjoying an ice cream. Thanks to all those who donated or worked before or on the day.

## Father Bernard's 50th celebration

In March we joined with our parish priest Father Bernard in celebrating his 50th anniversary of joining the Benedictine community. As well as a jumping castle and sausage sizzle, we had a celebratory morning tea after 9am Mass, and the picture shows Bernard with his cake and card. The gigantic card, signed by many parishioners, was decorated with handprint 'fish' created by the children in our playgroup.



## Alpha introduction to the Christian faith

Alpha is an opportunity to explore the questions of life around a meal and a talk followed by a small group discussion. Beginning Monday, 6 May for 9 weeks. If you are interested in finding out more, please contact Sandra on 0410 587 735 or 9653 2312.

## Easter Services at St Benedict's

- Mass of the Lord's Supper  
Holy Thursday, 7.30pm
- Stations of the Cross  
Good Friday, 10.30am
- Passion of the Lord  
Good Friday, 3pm
- Easter Vigil  
Holy Saturday, 7.30pm
- Easter Sunday  
Monastery, 7am, Parish, 9am  
Latin Mass at the Parish, 4.30pm

## Hills Life Church

# IS OUR FAITH INJESTED?

*By Corri Byrne*

**T**he word injested means to take into the body by means of eating it or absorbing it.

This was the challenge to Hillslife Church in March, is our faith injested? Or is our faith worn? An outer layer of protection ... but really only skin deep.

The Gospels tell the story of Jesus, his life and testimony. But they also capture the journeys of his followers, the disciples.

These super believers, that walked with Jesus, that displayed incredible faith and were just about perfect in every way!

NOT!!!!

Possibly as important as the walk of Jesus and the retelling of his many miracles, signs and wonders, his extraordinary wisdom and insight is an understanding of the many struggles and doubts of his disciples.

Not extraordinary men, but ordinary men.

Men, though, who witnessed Jesus give sight to the blind, empower crippled men to walk, even to raise from the dead!

These same men who also struggled with faith, were slow to

understand, to trust ... theirs are the lives we can learn from.

Imagine seeing 5000 people fed from just a few loaves and fish - impossible right?

Watching Jesus heal the sick, clear skin diseases (leprosy), and then fall asleep while crossing a lake.

Then in Matthew 8 it tells the story of the disciples caught in a big storm. "We're going to drown" yelled the disciples (many of whom were fishermen) ... Jesus replies;

"You of little faith, why are you so afraid?"

While Jesus may seem unattainable, the disciples were ordinary men. In fact, salt of the earth sort of guys.

Their faith may have been worn while Jesus was alive - but when Jesus died and rose again - their faith was absorbed!

Read Acts and see the change ... no longer fear, doubt, pride ... but boldness, courage, love and humility.

Faith injested is only found when God is revealed - when He becomes personal, intimate, someone instead of something.

My encouragement is to challenge your faith, ask questions, explore your doubts and dig deep into the truth of who Jesus is and how we can have a personal relationship with him





# WHO IS YOUR SHEPHERD?

Pr. Alex & Dee Valich  
Glenorie Community Church

"I love a sunburnt country  
A land of sweeping plains  
Of ragged mountain ranges  
Of droughts and  
flooding rains  
I love her far horizons  
I love her jewelled sea  
Her beauty and her terror  
The wide brown land for me."

In this very well-known  
Australian poem, with its six  
descriptive

stanzas, Dorothea Mackellar captures the essence of our Australian landscape and its effect on the life and culture of the people who live here. Her verses breathe her love of her country, Australia.

One of the key aspects of Australian life has always been our sheep and wool industry. The first sheep to arrive here came with the First Fleet in 1788. Sheep farmers were among the first free settlers arriving from Britain in the 1820's and since then, wool production has been our best known and

most successful rural industry. It has long been regarded as a mainstay of the national economy. In fact, in the past, it was often said that the Australian economy "rides on the sheep's back"!

Although today this adage may not be true, the Australian merino still remains the dominant sheep breed, accounting for about 75% of the Australian flock. Merino wool is widely recognised as the best quality in the world and our future still looks promising with this "miracle fibre" in high demand.

You might be like me, in that I've never met a shepherd but I've always liked Psalm 23 in the bible, with its opening line- "The Lord is my shepherd; I shall not be in want."

What are some of the qualities of a shepherd that will help us understand why Jesus is called 'the good shepherd.'

Firstly, a shepherd protects his sheep. In John 10:27 Jesus says, "My sheep listen to My voice; I know them and they follow Me. I give them eternal life... no one can snatch them out of My Hand."

A shepherd nurtures the flock in his care. Isaiah 40:11 tells us, "He tends His flock like a shepherd: He gathers the lambs in His arms and carries them close to His heart; He gently leads those that have young."

Jesus provides exactly what we need. Psalm 23:3 describes the fact that a shepherd guides his sheep.

Most importantly, a true shepherd will risk or even give his life for his sheep. It was common practice in early Bible times for the shepherd to build a 'fence' of bramble bush scrub, to hem in his sheep at night and protect them. He would lie in the gateway- in the gap- so no enemy could reach his sheep without him knowing.

On the cruel Cross at Calvary, Jesus gave up His earthly life so that we can have forgiveness for our sins and a restored relationship with God for all eternity.

The Lord Jesus is my shepherd.  
Who is yours?

## GLENORIE COMMUNITY HALL FOR HIRE

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- » **Email:** jloiacono@hornsby.nsw.gov.au

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## General Maintenance Officer

A vacancy has arisen at the Warrah Society for a full-time, permanent General Maintenance Officer. The applicant will be required to participate in a broad range of household maintenance, plumbing, painting, gardening and other landscaping activities, including working with garden machinery such as blowers and mowers.

### Selection criteria:

- Relevant skills & experience in a range of maintenance duties.
- Physically fit and energetic.
- Use of own vehicle may be needed from time to time.
- Full NSW driving license
- This position is subject to a Working with Children Check.

If you are interested please send your CV and a cover letter addressing the selection criteria above to Evelyn at ebush@warrah.org, or call 02 9651 2411 for more details.

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## STILL CREEK LANDCARE OUR WATERWAYS ARE THEY HEALTHY?

By Chris Noon

The short answer is yes, but long time residents know the fish that used to be there are gone.

So how do we know that the creeks are relatively clean?

Because Still Creek Landcare is part of the Streamwatch organization. Streamwatch operates right across Sydney's waterways, providing testing equipment, training, techniques and expertise to support our physical, chemical and biological water quality testing.

Streamwatch "eyes on the water" has contributed to the early warning and quick action for:

- pollution at Thornleigh recently
- biosecurity at Lawson the first NSW place detecting the European Black Slug

You can find our local waterways results for the last 10 years at <http://www.stillcreeklandcare.com.au/our-catchment/water-quality/>.

We are fortunate in this country that none of our children is among the 1.4 million world-wide who die each year from diarrhoea, mainly due to poor water. To keep it that way, each of us can help preserve our local water quality by:

- using nil or low Phosphorus detergents
- using fertilisers and chemicals carefully and sparingly
- collecting livestock manure
- keeping grazing animals away from creeks

Unfortunately, Streamwatch is under threat. The NSW government

will stop funding Streamwatch from June this year, so it could cease very soon. A petition has been set up to continue funding Streamwatch and support the volunteers monitoring and collecting samples of our waterways. Please visit <http://chnng.it/MTfDL7QgVX> to sign the petition to help Streamwatch continue its valuable work. Community water testing is important and a very cost

effective way of keeping a pulse on the health of our waterways. Its importance only increases as water stress gets worse across the state and Australia.

**If you are interested in learning more about our testing, please contact 9653 2056 or visit <http://www.stillcreeklandcare.com.au>**



## Bromeliad Society of Australia AUTUMN SHOW

**SAT 11 May 9am - 4pm**

**Sun 12 May 10am - 3pm**

Federation Pavilion  
off Showground Road into Doran Drive,  
Castle Hill Showground, Castle Hill

- Free admission
- Credit card facilities onsite
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- Competitions
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- Please bring a box

**[www.bromeliad.org.au](http://www.bromeliad.org.au)**  
**Mobile 0408 202 269**







## GALSTON GARDEN CLUB

**W**hat a great turn out we had for the March meeting! The hall was almost at capacity and there were lots of bargains to be had on our plant stall. Members were brought up to date about a proposal that is being sent to Hornsby Council by a committee of residents, to beautify the town centre of Galston and improve the parking.

Our Open Gardens Committee is already on the lookout for new gardens for this year's Open Gardens Weekend. So if you are a garden owner who would like to be a part of

the Open Gardens weekend or if you know someone who has a garden and might be interested in being part of our Open Gardens weekend, the Committee is always looking for new gardens to maintain the variety of differently styled gardens on the weekend. All money raised on the day goes towards a number of charities and in 2018 we were able to assist 31 charities with donations. Please contact Bill Fleming our Open Gardens Convenor on 96532394 or email: [wfleming@primusonline.com.au](mailto:wfleming@primusonline.com.au) if you

would like to be a part of this wonderful event.

If you have ever wondered why your native plants seem to die when you plant them in your garden, despite your best efforts and reading the instruction card, well our guest speaker Brian Roach gave us some insight as to why this happens. He was funny, entertaining and even started with a song but he quickly turned serious about his passion and love for native plants, as well as his desire for us to all plant our gardens with natives that will thrive in your garden. He explained that natives growing in the bush grow from seed, the seed germinates and puts down a tap root to seek the water, and this doesn't happen with potted native plants. He gave Waratahs as an example, we all assume that they don't need much water but because they are grown in pots and have not put down their tap root, they actually need to be kept well-watered. He also explained why WA natives don't do as well on the Eastern side and the strides that have been made with grafting and other experiments to change this.

However it was not all bad news Brian gave us an extensive list of plants that would thrive as well as produce pretty flowers and fruit as well; he answered a number of member's questions. For every plant he spoke about its care as well as position. He had brought a tube stock to sell to members as a special price. As usual there was quite a crowd around the table and around Brian at the end of the night. The most interesting plant he spoke about was the development of a Dwarf Christmas Bush "Johanna's Christmas" (named after Brian's daughter) that he has been involved in cultivating and while there are not many yet available, look out for this magnificent coloured bush in the future.

**The Galston Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8.00pm, new members and visitors are warmly welcomed, as well there is a lovely supper provided. For more information, visit our website: [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au)**

## WALKS AND TALKS AT KU-RING-GAI WILDFLOWER GARDEN

The Autumn term of the Walks at Ku-ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives commenced on March 4th with an introduction to the history of the Wildflower Garden. On **April 8th** the focus will be on Edible Plants and on **May 6th** the focus will be on Wildlife

in the Gardens. These sessions are walks only and are free.

The Walks and Talks programme will commence on **June 17th**.

Meet at Caley's Pavilion at 9-45 am, wear closed shoes and hat, bring water.

**For more information call 94175217.**

There will be a walk led by members of Australian Plants Society-North Shore Group, focussing on edible native plants at the Ku-Ring-Gai Wildflower Garden, 420 Mona Vale Road, St Ives at 9-45 am on **April 8th**.

Walkers should wear closed shoes and a hat and bring water. This walk is free

and new participants are welcome. For more information visit [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore) or phone 94175217.

Photo by Isolde Kamerman shows Warrigal Greens, also known as New Zealand Spinach or Tetragonia.



These plants saved our early settlers from scurvy.



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**A**s we celebrated 50 years since Warrah's foundation on **23 March 1969**, it has been good to dig out some old photographs and reflect on the

past. Pictured above is Farmer Rose in the 1970s. Warrah's first house – Waratah Cottage (now known as the Banksia Community Centre) was opened that in 1969

to house and educate children with disabilities and staff. However, Warrah's earliest beginnings were actually in 1965 when a biodynamic vegetable garden was started by Karl Kaltenbach with a group of young men with disability from Inala. From those first efforts, Warrah Biodynamic Farm developed. This year we also celebrate 25 years since the Farm's first certification.

Given that we are currently transitioning into autumn, it is remarkable to see in the Farm Shop the great variety that Australian organic farmers are still producing. Thanks to this transition and some challenging weather conditions, a few items have been in short supply over the last month; most notably bananas, cauliflowers, avocados and

beans. In addition, we are still lucky enough to be enjoying delicious nectarines and grapes!

The final flush of summer blessed the Farm with a few hot days in March, but we had to batten down the hatches and brace ourselves for torrential rain too.

We have been busy planting this past month with more of our usual leafy greens of curly kale, chard, pak choi and lettuce going in, along with parsley and coriander. We have rocket, salad mix, mustards and more brassicas ready to go in too, but will struggle to get them in if the forecast of more rain proves to be accurate. Let's hope! The leeks have taken off and are looking great, with two different varieties planted some weeks back, and more ready to go in.

## BROMELIAD SOCIETY OF AUSTRALIA

### Guest Speaker Ken Bradley – The Remembrance Driveway

**T**he Bromeliad Society of Australia will hold its next meeting at Federation Pavilion, Castle Hill Showground on **Saturday, 13 April** with plant sales commencing at 11am followed by the meeting at 12noon. Access is via the Showground entrance off Showground Road into Doran Drive, Castle Hill, with plenty of parking on site.

Guest speaker Ken Bradley, history buff and passionate gardener, will discuss the significance of the Remembrance Driveway.

This year the Remembrance Driveway celebrated its 65th anniversary at Government

House with a launch of a design competition for a new memorial in the ACT. This memorial will be an extension of the 23 rest stops dedicated to Victoria Cross recipients along the Hume and Federal Highways between Sydney and Canberra and will honour the four VC recipients from the Afghanistan conflict.

The Remembrance Driveway is a tribute from those who remember yesterday and have faith in the future. It commemorates those who have served in the Australian Defence Forces in the Second World War and subsequent wars or who have served since then in

operational theatres around the world, in defence of the Nation's interests. The Driveway has achieved the form and status its founders imagined. It is a living memorial of trees under the careful stewardship of the volunteers of the Remembrance Driveway Committee and will continue to grow as new opportunities present themselves.

Recent activity on the Driveway in partnership with RMS includes the 45,000 trees plantation near Campbelltown to honour the Australian Defence Force, and the three large depictions of the Victoria Cross at the M7/M5 interchange.



**BSA Meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment. Contact Ian Hook - mobile 0408202269, email: [ianhook1@bigpond.com](mailto:ianhook1@bigpond.com) website: [www.bromeliad.org.au](http://www.bromeliad.org.au)**

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# GALSTON RURAL FIRE BRIGADE NEWS

By Kara Dubois

## BRIGADE PHOTOS

A large gathering of Galston fires polished their boots and ironed their shirts to pose for our annual brigade photo. We had a great turn out for the photos, however, there were many more dedicated Galston fires who couldn't make it on the day. All in all, everyone scrubbed up quite nicely.



## RECENT INCIDENTS

Galston FRB firefighters have attended several car accidents, a car fire, and a house fire recently. With all the wet weather we've had of late it's worth reminding everyone to please drive safely and to the conditions, particularly through the Galston Gorge.

We also recently responded to a snapped power pole dangling in the middle of Calderwood Rd.

## NEW CREW LEADERS

Congratulations to the two new Crew Leaders who recently passed the Crew Leader training course. It's great to add more competent and skilled fires to the ranks to help lead crews on callouts. We also have a few more members signed up to complete the next round of Crew Leader training.

### Brigade Contact Details:

Duty mobile: 0491 119 152

Email: [info@galstonrfb.org.au](mailto:info@galstonrfb.org.au)



## BUSH FIRE SEASON DRAWS TO A CLOSE

April marks the usual end of the statutory Bush Fire Danger Period. However, sometimes the period is extended depending on the local conditions. While we can expect a lower bushfire risk as the weather cools down, everyone in bushfire prone areas should always be fire ready. Visit the RFS website or call the Bush Fire Information Line - 1800 NSW RFS (1800 679 737) for more information.

# GLENORIE RURAL FIRE BRIGADE NEWS

By James Wicking

## GLENORIE TV STARS

A Glenorie Fire Truck has been spotted on TV! On January 5<sup>th</sup> Glenorie along with multiple other brigades in the district attended an incident at Tuff Hill Lane, Maroota South. A television crew from the Cannel 10 show Ambulance Australia captured footage for the show which aired recently. The episode can be viewed on 10 Play which shows raw footage of the Fireground. You may even spot some members and trucks from our local area!

## ALWAYS TRAINING

After some rest over the Christmas period training is now back in full swing. We have one member from Glenorie attending the Village Firefighting course to bring more expertise to the brigade. This course increases skills for a diverse range of incidents. We have also recently carried out pumping exercises at the station as well as a joint structural training exercise with Hillside Brigade. Over the coming weeks we have our First Aid course also.

## TORRINGTON DEPLOYMENT

Once again one of our members has been deployed to an out of area fire. During March Firefighter Col was deployed to a large fire near Torrington in Northern NSW as part of a composite crew with Round Corner Fire Brigade. The fire had burnt over 5000 Hectares when Col arrived. Due to the hard work of all the Firefighters that attended the fire has now been brought under control. Here is a picture taken from the Fireground.

For further information go to [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market on the fourth Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade Email: [glenorierfs@outlook.com](mailto:glenorierfs@outlook.com)



# ARCADIA RURAL FIRE BRIGADE

By Peta Gormly

The members of Arcadia have been busily working in the background for a future hazard reduction (HR) in the Arcadia and Berrilee area. You may have seen a number of trucks in the area on the weekends, and a number of yellow figures working in the bush. We've been preparing for the future Banks Creek HR.

The preparation for these activities is extensive and there are a multitude of factors that influence when we can undertake a hazard reduction burn. A hazard reduction

does not always mean fire, however, it also includes general property maintenance that involves reducing the ground fuel. This can be slashing undergrowth and removing ground fuel by hand. Crews from the district, including Galston, Dural, Cherrybrook, Hornsby and Berowra, have been assisting us with this strenuous task as many hands make light work. As more information comes available in regards to this hazard reduction, we will be notifying the residents so they can best prepare themselves and families as there will be smoke in the area.

Residents may have also noticed a lot of activity on Calabash road. The Hornsby/Ku-Ring-Gai district held their crew leader assessment in Arcadia. It is a day where crew leader candidates are faced with a number of varying scenarios, which may include live fire, and a theory exam. We also took advantage of the favourable weather and multitude of crews to conduct a small pre-hazard reduction burn, again in preparation for the Banks Creek HR.

In March we celebrated International Women's Day. We

have many skillful and versatile women that hold many positions from officers, drivers, operational fire fighters, and support roles. If you have ever considered joining, or are curious as to what roles you could participate in, send us an email at [enquiries@arcadiarfs.org.au](mailto:enquiries@arcadiarfs.org.au), there is a role for everyone! Or come say G'day at the Arcadia Market Day on the 4th of May!

**Hazard Reduction information:**  
<https://www.rfs.nsw.gov.au/fire-information/hazard-reductions>



Photo credit: James Manning/Arcadia RFB



Arcadia  
Rural  
Fire Service

## Car Boot Sale

4th May 2019 9AM-3PM, 140 Arcadia Rd, Arcadia NSW 2159  
check in 7:30am-8:45am • check out 3pm-4pm

Car boot sales restricted to second hand goods, hobby based and homemade items. The sale of new commercial items is NOT permitted!

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# MIDDLE DURAL FIRE BRIGADE NEWS

By Jo Cameron

It's now the season for hazard reductions in The Hills Shire, and also the time when scheduled burns are cancelled due to rain. At the time of writing, we recorded 89mm in one 24 hour period, which will prevent the RFS from carrying out planned burns for some foreseeable time.

Some of our residents are frustrated with the time it takes for their local Brigade to burn their particular property. It is important that our residents do as much as they can to prepare their own properties for the oncoming fire season, because there are many reasons why volunteers cannot carry out a planned burn. Bad weather is but one of them. In addition, burns

are carried out on a shire-wide, seven-year burn plan, with a broad strategic vision for rendering the whole Shire safe. Brigades work together to a predetermined plan, not by individual brigades choosing to burn in their own small patch. In Middle Dural, we have submitted two plans for potential hazard reductions in 2019, to our District Office, but these are on the back burner because we will be assisting other Brigades to burn areas of higher priority.

We assisted Maroota Brigade with a potentially severe bushfire a few months ago, with help from the aircraft stationed at Richmond Airbase.

At this time of year, Hills Shire Brigades hold their

Annual General Meetings, when all operational and executive positions are up for re-election. Middle Dural Brigade's AGM was held in early April at our station in Mid Dural Road. All members of the public are entitled to attend, to see how their Brigade is organised for the oncoming year.

It has been a good year; four new members have completed their basic training and have been welcomed into the Brigade. Once again, please consider becoming a volunteer. You can join us at any time, with training courses several times each year.

**Contact our Captain, Len  
Best on 0408 220 705 for more  
information**



# HORNSBY KU-RING-GAI SUPPORTS RURAL FIRE BRIGADE

The Hornsby Ku-ring-gai Support Rural Fire Brigade was established in 2008 and operates from its purpose-built Station in the grounds of the Hornsby Ku-ring-gai RFS District Fire Control Centre at 1049 Pacific Highway Cowan. The Support Brigade assists front-line RFS Brigades and the District with transport and logistics and operates the fire spotting towers at Cowan and

Galston. During the recent local storm recovery work Support Members delivered equipment and materials and undertook logistical support roles.

On Saturday, 16 March 2019 the Support Brigade received into service 'Support 17 Charlie' being a purpose-built Isuzu Category 17 Fire Services Support Vehicle. 'Support 17 Charlie' can carry 5 crew members in addition to the

Driver and has been fitted with a heavy-duty tray and tail lift that enables the delivery of the larger and bulkier goods used by the RFS.

In presenting the keys Hornsby Ku-ring-gai District Manager Superintendent Mark Sugden confirmed 'The Support Brigade is going from strength to strength with it enthusiastic and capable team of volunteers and the addition of the vehicle will greatly

increase its capabilities'. In his acceptance of the vehicle Support Captain Ben De Leon proudly announced 'Support 17 Charlie is a very welcome fleet addition that vastly increases the capability and capacity of the Support Brigade to more effectively deliver our service to the local community, the RFS, the District and the front-line bush firefighting Brigades and I foresee many years of valuable service'.



The latest addition to the local RFS fleet presenting 'Support 17 Charlie'



District Officers and Support Members with 17 Charlie at the new Support Station Cowan

## MONDAY 1ST APRIL - 10AM - 12PM

### Tech Savvy Seniors - Intro to Online Banking - In Mandarin

This workshop will cover typical features and functions of online banking sites, such as view accounts, transfer money and schedule bill payments.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## WEDNESDAY 3RD APRIL - 10AM - 12PM

### New Healthy Women in Mandarin

The New Healthy Women program aims to provide women with an understanding about general and preventative health. Presented in Mandarin, find out about health services available for women in New South Wales. 1 ticket is good for all 7 sessions.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## FRIDAY 5TH APRIL - 9:45AM - 12PM

### Be Connected: Thrive in a Digital World - Travel with Technology

Public transport, air travel - enjoy learning ways technology can ensure a safe, simple and stress free travel experience. Includes NSW Transport Apps. Bring your own device or one will be supplied for you.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## MONDAY - 15TH APRIL - 7PM

### Dural & District Prostate Cancer Support Group

Group Discussion (No obligation to participate)

**Venue:** Blue Gum Centre ARV Glenhaven Green 599-607 Old Northern Rd Glenhaven

**Contact:** Denis 9629-2645 or Maurice 9654-2138

## WEDNESDAY 17TH APRIL - 10:30AM - 11:30AM

### Tim Harris Writing Workshop

Known for his highly acclaimed Exploding Endings books join author Tim Harris as he harnesses every child's wacky sense of humour to create quirky, original stories.

**Venue:** Castle Hill Library, Castle & Pennant Streets, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## SUNDAY 28TH APRIL - 12:30 - 4PM

### Jazz at the Pines

Enjoy an afternoon of live jazz within the grounds of the historic Roughley House at Dural, bring your picnic and relax under the beautiful pine trees. Tables can be booked in advance or set up your own chairs or a picnic rug.

**Venue:** Roughley House at The Pines 656a Old Northern Rd, Dural

**Contact:** 02 9651 4411 or email [info@jazzatthepines.org.au](mailto:info@jazzatthepines.org.au)

## MONDAY 1ST APRIL - 9:30AM - 12:30PM

### Get Crafty - Castle Hill

If you're interested in anything craft related, beginner or expert, come along and meet people with similar interests. The Get Crafty group meets weekly on Mondays 9.30am-12.30pm (except school holidays). Please bring own materials.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Contact:** 9761 4510

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## FRIDAY 5TH APRIL - 10:30 AM

### Musical Memories

Spot On Productions will once again be producing a morning concert series.

**Venue:** The Pioneer Theatre, Cnr Pennant & Castle St, Castle Hill 2154

**Visit:** [www.pioneertheatre.com.au](http://www.pioneertheatre.com.au)

## TUESDAY 9TH APRIL - 9:30AM - 12:30PM

### Learning Difficulties Coalition - Challenging Behaviours Seminar

Presented by John M Blythe (Principal Clinical Psychologist and Adjunct Fellow) this seminar will provide an overview of the diagnostic challenges childhood disorders present.

**Venue:** Sovereign Room - Castle Hill RSL, 77 Castle Street, Castle Hill 2154

**Contact:** 9806 9960

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## TUESDAY 16TH APRIL - 10AM - 11AM

### JD's World of Magic Workshop

Be captivated as magician Joel Howlett performs amazing illusions and feats of juggling prowess-then it's your turn! Joel will teach you his secrets so you too can astound your family and friends. Includes a take home pack for every budding magician!

**Venue:** Castle Hill Library, Castle & Pennant Streets, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## THURSDAY 18TH APRIL AT 10AM

### Dural Galston Probus Club

Dural Galston Probus Club will hold its next meeting on Thursday 18th April at 10am. The meeting will be followed by a trip to Berowra for fish and chips. Visitors are always welcome.

**Venue:** The Galston Club 21-25 Arcadia Road, Galston

**Contact:** Anne 9653

## MONDAY 29TH APRIL - 10AM - 12PM

### Tech Savvy Seniors Intro to Smartphones

In this workshop, you will learn the basics of how to navigate your way around a smartphone with a touchscreen, download apps and the costs associated with them.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Visit:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

## TUESDAY 2ND APRIL - 4:30PM - 5:30PM

### Aspiring Astronauts Storytime Series

Encourage your child's love of learning and fuel their imagination with our fun-filled, new STEM-based Space Storytime Programme.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## FRIDAY 5TH APRIL - 10.45AM

### The Sydney Hills Branch of the Association of Independent Retirees

The guest speaker will be Peter Graham his topic will be, "Teaching you how to Retire". Are you looking for information and keeping up to date with all the Government's Changes related to Retirement and Superannuation. We welcome visitors and new members, come along! Make new friends. We all need to work together for a better future in RETIREMENT!

**Venue:** Beecroft Presbyterian Church Hall, Welham Street Beecroft

## WEDNESDAY 10TH, 24TH APRIL - 10AM - 11PM

### Yarn on a stick or two - Dural Library

Knitting is the new Yoga! Come along and join a friendly, informal group and learn a new craft. Bring along 4mm needles and wool.

**Venue:** Dural Library, Pellitt Lane, Dural 2158

**Visit:** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

## TUESDAY 16TH APRIL - 4:30PM - 5:30PM

### Easter Superhero Egg-venture

Glenorie RSL is bringing to you 'The Superhero Experience' Your munchkins will be hanging out with Spiderman and Captain America as they prepare them for an Easter battle! Sit back, RELAX and let us take over!

**Venue:** Glenorie RSL Club, 3 Post Office Rd, Glenorie, NSW

**Contact:** 02 9652 1183

**Visit:** [www.facebook.com/pg/GlenorieRSLClub](http://www.facebook.com/pg/GlenorieRSLClub)

## WEDNESDAY 24TH APRIL - 11AM

### Galston VIEW Club

The Galston VIEW Club which raises money to support The Smith Family's Learning for Life program will hold its monthly Luncheon Meeting on Wednesday 24th April, 2019. The guest speaker will be Merv Rosen, "The Bombing of Darwin". Visitors are always welcome.

**Venue:** The Galston Club, 21-25 Arcadia Road Galston

**Contact:** Vivien 98941189.





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## **TRUCK HIRE**

- Car Licence
- Hydraulic Tail Lift
- Free Use of Blankets Ropes and Trolley
- Automatic
- Reversing Camera



 36 Mid Dural Rd, Galston | **9653 1122**  
www.hillselfstorage.com.au

## GALSTON VIEW CLUB **COMMUNITY NOTICE** WEDNESDAY 24TH APRIL 2019

The Galston View Club which raises money to support The Smith Family Learning for Life program will hold its Monthly Luncheon Meeting on Wednesday 24th April 2019 at The Galston Club, 21-25 Arcadia Road Galston at 11am.

The guest speaker will be **Mr Merv Rosen**  
**The Bombing of Darwin.**

Visitors are always welcome. Booking: Vivien 9894 1189

## — **FREE** — **MUSIC TUITION**

The Hills District Pipe Band has experienced tutors for the bagpipes, snare drum, tenor drum and bass drum. Band practice is held on Tuesday nights from 7:30-9:00pm at the Harvey Lowe Pavilion, Castle Hill Showground.

Contact Annina 0466 436 634  
pipeband.hillsdistrict@gmail.com

# TRADES AND SERVICES



 **Ellis Building Service**

- Renovation & additions
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Building in the Hills 34 yrs

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Local building team specialising in renovations, extensions, outdoor living and new builds!

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Local painter in the Hills Shire for over 30 years

Free Quotes  
**0407 232 869**

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*Don't Stress ... Call SOS*

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- High Pressure Cleaning
- Pest Control
- In Home Aged Care and Disability Assistance

TEL: 9651 4144 or book online at:  
www.sosservices.com.au

 **Peter's BARBER SHOP**

**Galston**  
**9653 2782**

**For as little as \$42.50 per month**

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Call Mary on 0400 363 563 or email advertising@galstoncommunity.com.au





## TUITION

### GUITAR TUITION – ALL STYLES

Private teacher. Available for home tuition in guitar up to AMEB.  
Ages 5yrs and up including adults welcome.

**Please phone Keir on 0413 652 551**

### PRIMARY SCHOOL TUTORING.

Individual or small groups available.  
Located in Galston or I can come to you.

**Please call Melanie on 0481460663**

## PET CARE

### PET MINDING IN YOUR HOME

Vet Nursing Student Available for areas: Arcadia, Glenorie,  
Middle Dural and Galston. \*Free meet and greet

\*\$15 per 30 minute visit, plus travel time.

\*\$65 per night to stay, negotiable by what needs to be done.

\*Services include; Feeding, giving fresh water, exercising, giving  
lots of pats and cuddles, putting on and taking off horse rugs,  
watering gardens and collecting mail.

**Please call or text on: 0435427853**

## FOR LEASE

### ROOMS FOR LEASE

Looking for professionals to join a busy pharmacy and  
podiatry in Galston. eg: General Practitioner, Dietician,  
Remedial massage, Speech Pathologist, Physiotherapist,  
Psychologist. **Please ring Vy on 96531146**

## ITEMS FOR SALE

### NEW CORRUGATED ROOFING SHEETS

3 m sheets = \$23

4 m sheets = \$31

5.8 m sheets = \$45

Brand new. Variety of colours.  
Discounted \$80 delivery or pick up  
from Glenorie.



**Please call Steve 0410 552 125**

### WANTED TO BUY

Old Records, Sound Systems and CDS

**Please call Ron 9875 1767**

### WANTED TO BUY

Old Tools, Fishing Gear, Books and Shed Items

**Please call 0402 889 061**

## ADVERTISE HERE

### INTERESTED IN ADVERTISING??

Call Mary on 0400 363 563 or  
email [advertising@galstoncommunity.com.au](mailto:advertising@galstoncommunity.com.au)

## STAFF WANTED

### PART-TIME CASUAL STAFF

Part-time Casual staff wanted at Arcadia Health  
Care Centre. Mainly cleaning and domestic work.  
Various shift times available. Can suit school hours.

**Please contact Nejla Burton,  
9653 1115 or 0419 249 595**

### CASUAL SENIOR HAIRDRESSER

Casual Senior Hairdresser required to work 1 to 2 days a  
week. Located in Galston, Hills District area. Must be capable  
to cover all aspects of hairdressing. Hours are flexible,  
Though must be able to work Fridays. Located in Galston  
Village with a great clientele. This position is ideal for  
someone who is confident and passionate in their work and  
likes working in a professional clean and tidy environment.

**Please Email resumes or enquiries to [marialia@bigpond.net.au](mailto:marialia@bigpond.net.au) Or call Maria 9653 2629 or 0419 653 262**

### ADMINISTRATION ASSISTANT PERMANENT FULL TIME

The successful applicant would join the School's marketing  
team – the Directorate of Advancement and  
Engagement, and support their daily administrative  
requirements, including –

- Coordinating community development and engagement events and programs
- Data management and updating for Enrolments and Alumni
- Budget monitoring
- Diary management
- Events related activities as required

#### Essential Requirements:

- Ability to work independently and also cohesively as a team
- Sound written and verbal communication skills
- Sociable and confident individual, with upbeat presentation and interpersonal skills
- Exceptional organisational and time management skills
- Strong attention to detail
- Comfortable using computer software programs including Outlook and Microsoft suite

#### Desirable Requirements:

2 years' experience in a customer service/  
administration role in a similar environment

#### Applications | Closing 5 April 2019

All applications must be accompanied with the  
Schools Employment Application Form,  
which can be found on the Schools website at  
<https://www.hillsgrammar.nsw.edu.au/employment>

- EMAIL - [humanresources@hillsgrammar.nsw.edu.au](mailto:humanresources@hillsgrammar.nsw.edu.au), attention the Principal by Friday 5 April
- Please note, to be eligible for this role you must be an Australian Citizen or Permanent Resident and hold a current Working with Children Clearance.
- Only shortlisted candidates will be contacted.

Please refer to the School's website for further detailed  
information on this role. [www.hillsgrammar.nsw.edu.au](http://www.hillsgrammar.nsw.edu.au)

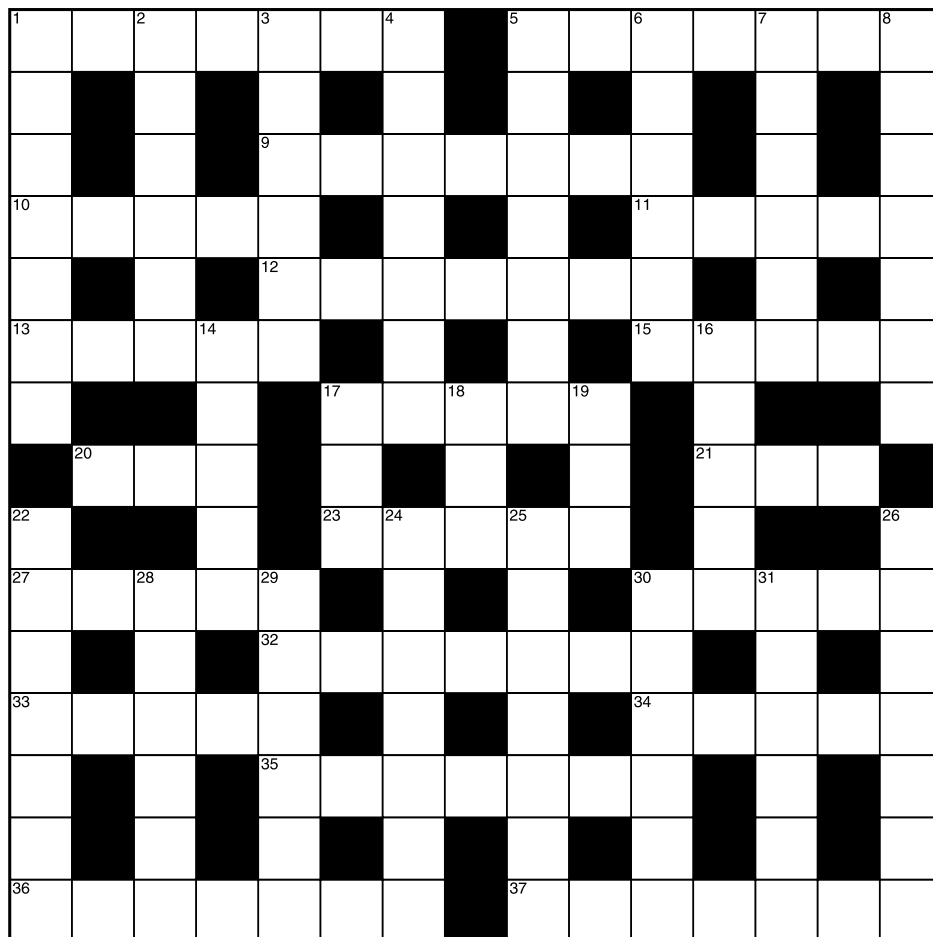
# CROSSWORD PUZZLE

## ACROSS

1. Runs after
5. From Cornwall
9. Harder to find
10. Sidestep
11. Surpass
12. Mooring hooks
13. Of the kidneys
15. Recording ribbons
17. Britain's Scilly ...
20. Rile
21. Carry
23. Monastery superior
27. Black playing card symbol
30. African scavenger
32. Wait-listed, on ...
33. Harsh metallic sound
34. Bleated
35. Underwriter
36. Wax pencils
37. Feeble with age

## DOWN

1. Mulls over
2. Flush
3. Undo (envelope)
4. Spiritualist meetings
5. Hurricane
6. Most uncommon
7. Polar covering
8. Killer's schedule (3,4)
14. Inquired
16. Steel or brass
17. Irish group (1,1,1)
18. Tennis shot
19. Take a chair
22. Spirit medium
24. Cooks in juices
25. Instructed
26. Beach midge
28. Country, Saudi ...
29. Alaskan native
30. Half-breed
31. Pass (of time)



Light up the creative areas of your brain.  
Have fun. Show the grandkids that you can do it!

## LEARN MUSIC!!

Katy teaches all age groups, but specialises in senior citizens aged 60-99 years.  
You will be learning on a recorder and playing music in your first lesson.

Lessons are \$20 each,  
and your initial introductory session is FREE.

Contact Katy on 0497 20 20 20 and  
climb aboard the fun music roller-coaster!!!

## DRAWING COMPETITION

DRAW (NOT COLOURING IN) OR CREATE ON  
YOUR COMPUTER A PICTURE CALLED

## "RIDING IN THE RAIN"

Write name and age of artist on the back  
and forward to RDA NSW

PO Box 710, SYDNEY MARKETS NSW 2129  
Age groups: 4-8, 9-14, 15-20, 21 and over

**Closing date: Friday 5th April 2019**

The winner of each age group and section will receive  
a prize and everyone who enters will receive a certificate.

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# COMMUNITY CONTACTS

**Avicultural Society of NSW Inc.**  
Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686

**ACACIA (Living Life)**  
Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

**Aglow Australia Pennant Hills**  
A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

**ALANON Family Group**  
Meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

**APEX Australia**  
A service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452. National Office 18000 APEX or website: "Heart of a Community, Hope of a Nation"

**Arcadia Community Hall**  
136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

**Arcadia Markets**  
May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

**Arcaidian Quilters**  
Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

**Association of Independent Retirees (AIR) Ltd**  
Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9654 6727.

**Castle Hill Art Society**  
Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgeway Drive, Castle Hill on the first Wednesday of each month at 7.30 pm. Enquiries Ph. 98993179

**Circular Keys Chorus**  
Are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10.10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

**Dural and District Historical Society Inc**  
holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

**Dural and District Prostate Cancer Support Group**  
holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Inquiries Denis 9629 2645 or Maurice 9654 2138.

**Dural and Districts Senior Citizens' Club**  
Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

**Dural and Hills District Garden Club**  
Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardclub@yahoo.com.au

**Dural Galston Probud Club**  
We meet on the third Thursday of each month at 10am at the Galston Club 21-25 Arcadia Road, Galston. Probud is a mixed club for retired and semi retired people who enjoy friendship, good speakers and occasional outings. Visitors are always welcome. Come along or contact Anne. 9653 1004.

**Dural-Glenorie Scouts**  
Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

**Dural Mens Shed**  
Meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

**Friends of Fagan Park**  
Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M. 0419 455 475 E: isandian@tpg.com.au

**Ferry Artists Gallery**  
Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

**Galston Area Residents' Association Inc**  
Meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

**Galston Branch CWA**  
Meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Melissa 0408626978.

**Galston Community Hall**  
37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call Jane on 0481 900 151.

**Galston Community Health Centre**  
This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

**Galston Garden Club**  
New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

**Galston View Club**  
will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

**Girl Guides**  
is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

**Glenorie Maroota Bioregional Forum**  
Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpc.com.au

**Glenorie Memorial Hall**  
Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/serv. To hire, call Ray Whiteman Phone: 9652 2454 or Mobile 0400 008 083

**Glenorie Progress Association**  
Meets 2nd Tuesday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

**Glenorie RSL Club**  
Glenorie RSL Sub-Branch meets on 2nd Tuesday of the month commencing at 7:00pm, at the Glenorie RSL Club. Enquiries to Graham Bruce, 0432 391 811

**Hills Budgeting Club**  
Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

**Hills Community Aid No Interest Loans up to \$1,000**  
for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

**Hills Farmers' and Gourmet Food Mkt**  
2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

**Hills Shire Garden Club**  
Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

**Hills RSL Sub Branch**  
Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

**Hornsby Ku-ring-gai Four Wheel Drive Club**  
is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

**JP SERVICES**  
are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon, and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

**The NSW Justices Association Hornsby Branch**  
meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

**Living Life Without Children**  
Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

**Pennant Hills Photographic Club**  
meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

**Rotary Club of Galston**  
meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteaincscow@gmail.com

**Probud Club of Round Corner**  
NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at The Galston Club. 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

**Rowland Village Workshop Club**  
invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

**Soroptimist International of The Hills District Inc**  
meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills Details:0407 665 874

**Social Dance Workshops**  
Pennant Hills Community Centre, Yarrara Road. S7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

**The Hills District Pipe Band**  
We practice at Harvey Lowe Pavilion, CH every Tues 7.30-9pm. Welcomes new members and gig enquiries. Follow us on facebook or www.hillsdistrictpipeband.com.au

**Still Creek Landcare Group**  
Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7.30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

## CHURCHES

**Galston Uniting Church**  
Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2059. 11 School Road Galston or visit www.galstonunitingchurch.com

**Galston Seventh Day Adventist Church**  
Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

**Glenorie Community Church**  
Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 602 989 Church 9652 0577.

**Glenorie Mission Church**  
Sunday Service 10.00 am. 1409 Old Northern Road (Cnr Muscos Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

## LOCAL SPORTS ASSOCIATIONS

**Dural Country Club Bowling Clubs**  
New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0421 315 074 and 0411 375 580 to speak to one of our trained coaches.

**Dural Country Club**  
Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

**Dural Rugby Club**  
Enquiries, please contact the registrar Eric Flanagan, email erf86029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugby.net.com.au

**Galston Glenorie Amateur Fishing Club**  
Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

**Galston Glenorie Cricket Club**  
For further details regarding season events, grades and registration, please contact 0404 600 460. gccc.nsw.cricket.com.au

**Galston Club Golf Club**  
Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

**Galston Equestrian Club**  
New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

**Galston Netball Club**  
All enquiries to secretary. galstonnetballclub@gmail.com or visit the website www.galstonnc.nsw.netball.com.au

**The Hills Trefoil Guild (Guides NSW)**  
The Trefoil Guild is the adult section of Guiding which links Members, former Members, female Members of the Scout Association, and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

**Hillside Church**  
Meets 10.00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

**St. Columb's Anglican Church**  
Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653 1790.

**St Benedict's Catholic Parish**  
Mass at the Monastery, 121 Arcadia Road, Arcadia at 7am every morning. Mass at the Parish Church, Cnr Fagans Rd and Arcadia Rd 7pm Saturday and 9am Sunday. Ph 9653 2312. Parish Priest Fr Bernard McGrath 0416 032 497

**St Judes Anglican**  
Service Times: 8am Traditional; 10am Contemporary with Sunday Kids & Yr 5-9 Teen group; 6pm Evening church for youth & parents. 'Epic' kids club and Youth Group - Fridays (see website for details). Galston & Old Northern Roads, Dural. Phone: 9651-1119

**St Madeleine's Catholic Church**  
28 Annagrove rd. Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

**Glenorie Social Golf Club**  
Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

**Hills AUSSI Masters Swimming Club**  
Adults 18 years to 80+ are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun & friendship, ring Di on 0418 452 587.

**Hills Hawks Soccer Club**  
For season details and registrations call Michael Rosier on 0418 676 768 or agmsinquiries@bigpond.com.

**Hills Hawks Softball Club**  
Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawkssoftball.org.au.

**Hills Pumas Football Club**  
For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

**Kenthurst Netball Club**  
Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

**Tennis / Squash Social Group**  
looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

**Tennis Court for Hire Galston**  
At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 0481 900 151.

**Tennis Court for Hire Glenorie**  
Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

**Tennis Court for Hire Hillside**  
Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

**Thursday Ladies Tennis Competition in The Hills District**  
Players of all standards are welcome. For more details and contacts please see our website at hillsladies.tennis.org

# LOCAL PLAYGROUPS

## GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email [galstonkidsplaygroup@gmail.com](mailto:galstonkidsplaygroup@gmail.com) for info about current session times, or ask at the Galston Community Health Centre office.

## GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie. Every Thursday 9am-12pm - bring allergy friendly snacks

## ARCADIA

Located at Arcadia Public School, 140 Arcadia Rd. Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562

Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun in the enormous

sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

## Arcadia

Every Monday from 10am to 12noon during school terms. St Benedict's Parish, Cnr Fagans and Arcadia Roads, Arcadia. All children and their carers welcome!

## DURAL/GALSTON

St Jude's Kids Crew .A playgroup for 0-5 year olds and their carers.

We meet Fridays 10am to 11:30am during term time for a great morning of play, crafts, fun activities, story time and singing. Free but please bring a piece of fruit to share.

Located at St Jude's Anglican Church, 965 Old Northern Rd Dural (plenty of on site parking).

## KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

## IMPORTANT LOCAL INFORMATION

### HELP and INFORMATION SERVICES

General Emergencies	<b>000</b>
Energy Australia Emgy	<b>13 13 88</b>
Hornsby Hospital	<b>9477 9123</b>
Hills Shire Council	<b>9843 0555</b>
Hornsby Shire Council	<b>9847 6666</b>
Integral Energy	<b>13 10 03</b>
Lifeline (24 hours)	<b>13 11 14</b>
Poisons Information Line	<b>13 11 26</b>
Police - Hornsby	<b>9476 9799</b>
Police - Castle Hill	<b>9680 5399</b>
Sydney Water	<b>13 20 90</b>
Telstra Faults	<b>13 22 03</b>

### LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call **000** for Emergencies)

Hills Rural Fire Service District Office	<b>9654 1244</b>
Hornsby Rural Fire Service District Office	<b>9883 2000</b>
Arcadia Rural Fire Service Fire Captain DAVID BYRNE	<b>9655 1656</b>
Galston Rural Fire Service Fire Captain ROB SYMONS	<b>0409 470 205</b>
Glenorie Rural Fire Service Fire Captain SHAUN O'BRIEN	<b>9652 2017</b>
Hillside Rural Fire Service Fire Captain ANDREW BAILDON	<b>9652 2245</b>
Middle Dural Rural Fire Service Fire Captain LEN BEST	<b>0408 220 705</b>

### LOCAL JP's Bendigo Bank Galston - 9653 2227,

Geoff Lynch Galston Newsagency,  
Cathy Vipond Hills Accounting, Glenorie - 9652 2400  
Mary Ord - 0400 363 563, Vicki Brownless - 0423 727 826  
(South Maroota area),  
Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083  
Cherrybrook Shopping Village, Shepherds Drive,  
every Saturday morning 10:00 AM to noon.  
There will be a JP at Dural Library Wednesdays  
between 1:00 PM and 3:00 PM.

## CALLING ALL

# Playgroups



If you are organising or running a playgroup in the local area, please let us know. We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

**Please send your Playgroup location and meeting days/hours to:**  
[editorial@galstoncommunity.com.au](mailto:editorial@galstoncommunity.com.au)



## GALSTON, GLENORIE & HILLS RURAL COMMUNITY NEWS

PO BOX 211 GALSTON NSW 2159

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### ACCOUNTS

**Kai** | 0459 303 600  
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Answers from  
March Issue

**Deadline for May 2019 Edition**  
18th April | 7000 COPIES DISTRIBUTED

T	A	K	E	S	S	J	R	A	I	D		
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# EASTER COLOURING IN COMPETITION

WIN \$100 SHOPPING VOUCHER



Name: \_\_\_\_\_ Age \_\_\_\_\_  
Mum or Dad's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Address: \_\_\_\_\_

## GOOD LUCK & HAPPY EASTER

PLEASE POST TO: Belle Property Castle Hill, 10/3-9 Terminus Street, Castle Hill NSW 2154  
OR TEXT: Carolyn Wheatley on 0407 120 483 to arrange collection

**IF YOU ARE  
THINKING OF  
SELLING YOUR HOME...**

*Call Carolyn Wheatley*  
**0407 120 483**  
[carolyn.wheatley@belleproperty.com](mailto:carolyn.wheatley@belleproperty.com)



**Agent of the Year**  
Suburb: Glenorie NSW



# YOU COULD WIN UP TO \$10000.00\*



## Members Badge Draw

**NOW on Wednesday & Friday nights between**

**6:30pm and 9:30pm**

**Jackpots \$300 per week**



Commemorate  
**ANZAC DAY**

at the  
**GALSTON CLUB**

**2UP**  
FROM 2PM

## Easter Raffle

AT THE GALSTON CLUB

Wednesday 17<sup>th</sup> April  
(Meat, Fruit & Veg)

Thursday 18<sup>th</sup> April  
Major Easter Raffle  
(Easter Eggs, Seafood, Meat, Fruit & Veg)

Friday 19<sup>th</sup> April  
(Seafood, Meat, Easter Eggs)



**80's FLASHBACK**  
*A Decade of Hits*

**11<sup>TH</sup> MAY 8:30 - 11:30**

**\$20 TICKET**

**PLEASE SEE RECEPTION FOR TICKETS**  
\$5 Deposit and full payment must be made 7 days prior to the event.

**MOTHERS DAY**

**BUFFET LUNCH**

**SUNDAY 12<sup>TH</sup> MAY**

**\$60 MEMBERS \$70 NON MEMBERS**  
**\$25 KIDS AGED 5-12 KIDS UNDER 5 - FREE**

*Free glass of champagne for every mum*

### MONDAYS

- Surf n Turf on a Rump or Chicken Schnitzel \$17 with a Schooner of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)

### TUESDAYS

- Burger & Beer \$14 with a glass of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)
- Tuesday nights Poker \$20 buy in rego starts at 7pm

### WEDNESDAYS

- Monthly Special of the Chefs Choice - Dinner only
- \$12.00 Lunch specials (Members Price)
- Bingo - Ticket Sales from 10am. Jackpot Prize \$2000\*
- Game Prizes - Cash & Wishcards totalling \$100 in value
- Trivia 8.00pm
- Raffle tickets on sale 7.00pm
- Total Value of Raffles \$500
- Joker Jackpot \$5200\*
- Members Happy Hour Mon - Fri 4-5pm

### THURSDAYS

- Chicken Schnitzel \$14 with a topper \$19 with a glass of Coopers, or Glass of Chain of Fire wine - Dinner only
- \$12.00 Lunch specials (Members Price)
- APL Poker Free Roll plus Jackpot\*
- Pool Competition Max Prize \$200\*

### FRIDAYS

- \$12.00 Lunch specials (Members Price)
- Monster raffle, 40 prizes to be won, tickets on sale 7.00pm
- Total Value of Raffles \$1500
- Spin N Win

### SATURDAYS

- Kids Eat Free (1 child's meal for every main meal purchased - Dinner only)

### SUNDAYS

- Roast \$18 Lunch and Dinner

\* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication.

Badge draw LTPS/18/25700 and Spin n Win LTPS/18/29513 information for members & their guests.

ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: [www.galstonclub.com.au](http://www.galstonclub.com.au)