

Galston, Glenorie & Hills Rural COMMUNITY NEWS

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JULY 2017

Glenorie Shop Top Housing Approved

After weeks of deliberating, the Land and Environment Court have approved the Glenorie Shopping Village Shop Top Housing development submitted by Tazzcol Pty Ltd. Hills Shire Council had proposed the development be refused on the grounds that:

1. The height is excessive and inconsistent with the desired future character of Glenorie,
2. The built form and scale is excessive,
3. The setbacks are inadequate,
4. The proposed loading dock is poorly located and designed,
5. Inadequate information had been provided to assess the impact on trees and stormwater disposal,
6. Unacceptable acoustic impacts, and
7. Inadequate parking provided during construction.

Residents had also raised objections in relation to some of the above, but also bushfire threat, inadequate sewerage infrastructure and increased traffic flow.

However, the Commissioner of the Court's 17 page response, shows the detailed investigations undertaken, and the reasons why they considered it appropriate to approve the development under current planning laws.

You can read the full Land and Environment Court documents, including Annexure A (Conditions of Consent) at <http://galstoncommunity.com.au/2017/06/16/glenorie-shopping-centre-gets-go-ahead/>



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Count on Kylie

The end of the 2017 financial year has just passed; can you look back and say? "I am in good financial shape" "I took advantage of all of the tax reducing opportunities available to me" and most importantly "I know I am tax compliant and my books are in order and ready to send off to the accountant". If you are not saying these things and feeling this way it's time to call me and let me get you on track so this time next year you there will be no feeling of dread you will be confident that all of the above applies to your business.

Count on Kylie Pty Ltd is based in Galston and specialises in a wide variety of bookkeeping with experience in all areas of tax compliance; onsite or online. After running my own large retail business with 20 employees for over 12 years I have first-hand experience in all the aspects of owning and operating a small business. I have extensive experience in retail, construction, service industries, inventory management and foreign currency.

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Rainfall Chart



Rainfall recorded Galston period
17/05/2017 to 12/06/2017 is 147.5mm

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Have property prices reached the mountaintop?

There has been significant discussion of late, about whether Sydney house prices have finally peaked.

I remember meeting with one of the large real estate media companies in November 2015, where they called the peak of the market as being September 2015. With hindsight we now know they were wrong.

So are we at the top of the mountain?

Property Researcher Core Logic's (the company that records house sale prices) data shows that Australia's largest housing market is cooling, with Sydney values down 0.04 percent in April and 1.3 per cent in May. These figures whilst small have greater significance when compared to the sustained growth that preceded them. Sydney home prices are still up around 15 per cent in the past year.

Economic commentators, believe this cooling is partly a consequence of banking regulator APRA strengthening its policies on lending in March. One of the outcomes has been banks reducing new lending to customers taking out interest-only loans. The crackdown has prompted banks to raise interest rates on interest-only loans and increase the minimum deposit required for customers borrowing on an interest-only basis. This is how banks will limit new interest-only lending to 30 per cent of loan approvals as per the APRA restrictions.


Another key indicator is Westpac and Melbourne Institute's consumer sentiment index for June 2017. The index was recorded at 96.2 points which was the lowest monthly reading for the index since April 2016.

When the Consumer Sentiment Index is below 100 points it means that consumers are more pessimistic than optimistic. The index has now been below 100 points for seven consecutive months which is the

longest run of negative sentiment since January 2015. Whilst there has been no movement in the RBA cash rate since August last year, many lenders have been increasing mortgage rates and it is likely that this is feeding into the decline of consumer sentiment.

Other signs commentators refer to, are softening auction clearance rates, higher borrowing costs for investors and an increasing number of properties going to market.

Time will tell, but it appears that when we look back at the Sydney real estate prices achieved in 2017, we will say, as Martin Luther King did in his 1968 speech the night before his assassination "I've been to the Mountaintop"

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Telstra scam

Please be aware the Telstra scam has reappeared in Ku-ring-gai LAC. The most recent incident occurred in early June with an 87 year old female losing a total of \$10,000 to the scammer by way of I tunes card purchases.

The victim was cold called by a female claiming to be from the Telstra Melbourne office advising the 87 year old Wahroonga woman she had a problem with her internet account and that it could be fixed for a fee. The victim was advised to attend a Woolworths store and purchase 10 x \$500 I tunes cards and wait further instructions. If the victim was questioned about the amount of I tunes cards being purchased she was instructed to say they are for presents for her grandchildren. Not being tech savvy or up to speed with frauds the victim attended Woolworths in Hornsby and purchased \$5000 worth of I tunes cards and was indeed questioned by staff about the purchase and responded as instructed.

The female called the victim again requesting the code numbers from the cards which she provided. She was again told to go to 2 other Woolworths and do the same which she did (St Ives and Thornleigh). Again the female contacted the victim requesting the card information. The victim soon after attended Hornsby police station and reported the fraud.

Please as a timely reminder Never respond to call calls of this nature, Telstra, the ATO or any other organisation or collection agency will never ask for I tunes cards as payment.

Also please talk to any elderly or vulnerable people in your circle of friends or relatives about this scam and scams in general and educated them.

As we approach the financial year end the scams either by email or phone calls will increase, be aware.

There have been other scam reports from North Shore LAC.



Calling all local business women

The Galston Community Bank Branch of the Bendigo Bank invites you to attend a "Women in Business" event

When: Wednesday 26th July at 10.30am-12.00pm

Where: Glenorie RSL Club

Cost: FREE



Bendigo Bank

Come and connect with other local business women and have some fun while being inspired by the experiences of others.

We have four fabulous guest speakers who will be sharing their experiences with us:

- Elka Whalan - Olympian, TV Presenter and Founder of The Queenhood
- Vicki Engvall - Co-Founder of The Jobba Company
- Tracey Montford - Founder of Cake Maternity
- Jane Tweedy - Business Consultant

Children welcome - activities available for children aged over 2 years by trained staff from "The Little Gym" at Dural.

Please reserve your seat at

<https://galstonbendigobanksupportingwomeninbusiness.eventbrite.com.au>

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Dave Longford

David John Longford, late of Glenorie, was born on the 13 March 1963. Mum Margaret, had Peter, David, Geoffrey and then Anne in 4 years and 4 months. Five years later, another sister Helen was born. Dave's childhood was spent initially at Epping, but the majority was on 5 acres at Kenthurst. At that time it was a small, rural, residential community on the outskirts of Sydney. It was a childhood spent in the bush, down at the creek, collecting tadpoles and cicadas; throwing, kicking and hitting balls of all shapes and sizes, playing cricket, swimming and jumping on the trampoline. There was contact with the extended family often: grandparents; uncles and aunties, all the cousins and the cousin's children. Well you get the picture - it was all about family and the people from the local district.

Whilst much of it sounds idyllic as Dave always had so many friends, at the same time he encountered a lot of bullying. He was a skinny kid with freckles and buck teeth and suffered from asthma. Dave showed difficulty in focus in class so at St Bernadette's Castle Hill in Year 4 he was sent to the Vocational Guidance Centre for testing. The results showed he was in the lower end of superior intelligence. At Oakhill College, Dave was again tested and Brother Ambrose who conducted them said, of over 500 children in his time, David's results in visual learning were the highest he had ever seen. Dave and his brothers moved to Galston High to do woodwork, metal work, and tech drawing - learning opportunities not then offered at Oakhill.

An important influence on David's life whilst growing up was a neighbour who taught electronics at TAFE and David was in his element, spending hours building radios. David became a CB radio enthusiast and communicating over the radio waves was a passion for David throughout his life so he has friends worldwide.

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David had a genius for fixing, building, transforming and creating things. He became an electronics technician, a rigger and as the work force computerised, Dave adapted and was a self-taught IT guru. Dave also knew about plumbing, mechanics, building and handiwork. He loved gardening, photography, astronomy, go-carting, music, comedy and bushwalking.

As an adult David had transformed from that buck toothed kid into an attractive man with those qualities women often fall for: the beautiful sad eyes, a gentle, loving but also volatile man in need of love and protection. David had numerous girlfriends over the years and one short marriage to a girl he met in England.

Nearly 7 years ago David met Cheryl. It was the right time for Dave and Cheryl. They were soul mates. It was David's dream to buy her a house and he did just that in Numeralla near Cooma. They worked like a Trojans on that place - the future he was building for the two of them.

Dave became ill after his forced resignation from his IT job in December 2016. Dave was admitted to Hornsby Hospital.

Cheryl supported Dave throughout this and all the time they had together with the ferocity of a lioness protecting her cub. Cheryl's words about her love:

"Dave loved his own little family - as he referred to us - our kids - the dogs, Jazzy and Kimbie, the horses Goldie and Wildfire and of course Glenn the pigeon whom I suspect was top of the list. Dave would say 'I never thought I would love a pigeon'.

“
...this world was not
meant for one as
beautiful as you.
”

He helped me rescue, rehabilitate and release a huge array of animals. We had snakes, goannas, all breeds of birds, possums, wallabies, echidnas, bandicoots (whom we named Thelma and Louise) even an unnamed Koala. You name it - we looked after them, even the ferals.

Dave was kind, gentle, caring, generous, loving and loyal, soft but strong, resilient and tough when needed and a true gentleman. He was witty and would give freely and not ask for any recognition. Dave was a 'no frills' person, salt of the earth, not at all pretentious, a rare human being."

David had an amazing capacity for love. His incredible generosity and love for his and Cheryl's family and his many friends knew no boundaries. But his greatest love was saved for Cheryl. His last words to the hospital staff were "Tell Cheryl I love her".

The way he interacted with his loved ones and with animals, it is true to say of David..... "this world was not meant for one as beautiful as you."



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2017 NSW Landcare Awards Now Open with Inaugural Fish Habitat Award

The 2017 NSW State Landcare Awards are now open, with the addition of the inaugural NSW Fish Habitat Award.

The Landcare Awards celebrate the achievements of the volunteers around the country who dedicate their valuable time and energy into caring for the land and water that sustain us. To allow time for Landcarers to get their entries into the Awards the closing date has been extended to 17 July.

The existing categories of the Awards recognise work in a number of areas, including sustainable farming, Indigenous land management, young Landcare leaders, Coastcare, innovation, and now work to protect and build fish habitat in NSW.

The NSW Fish Habitat Award is proudly supported by the NSW Fish Habitat Partnership. The intent of this award is to recognise and say thank you to those out there in community doing such fantastic work to ensure the benefits of fish habitat are sustained and improved into the future”.

Chris McCulloch, Landcare Program Manager with Local Land Services, encourages everyone who works with community, schools, government, Councils, Indigenous groups or even by themselves to enter these great awards.



The NSW Landcare Awards link directly to the National Landcare Awards and will be presented at the Gala Dinner of the **2017 NSW Landcare and Local Land Services Conference in Albury from 25 to 27 October.**

Champions of each category will receive financial support to attend the Conference in Albury.

For more information, to submit an entry or to nominate a champion in your community visit: <https://landcareaustralia.org.au/landcare-awards/>



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Last year saw a 12% price rise in the cost of our energy and now we're about to receive an amazing 16-30% price rise of power depending on who your retailer is! So how can we use less power? Perhaps the question should be how can we provide our own power?

In our daily lives many of us are already on the sustainability path; by having a rainwater tank, compost bin ,a veggie garden or even a small herb pot. No matter the scale, all of these things that many of us take as standard living patterns is sustainability in motion....

This motion has led to larger forms of sustainability such as solar hot water and more recently to solar power systems which generate power for personal use at a relatively cost effective rate.

Many people are taking the plunge into the "what more can I do" state of mind. Just as John and Gae from Lower Portland, did.

For quite some years they had been relatively self sufficient on their cozy hillside position, living in a timber cottage which overlooked the Hawkesbury River. Their veggie gardens and chooks provided produce, and a solar hot water system, which they had invested in years before, providing plenty of energy efficient hot water. All in all they felt quite sustainable. But the more they questioned whether they were doing enough, the more they liked the idea of solar power, so they looked to make the move into the solar power way of life.



After learning more they discovered that unused energy would essentially be wasted by letting it feed into the grid and so the idea of storing that power to use later was a brilliant solution. This would indeed increase their self sufficiency.

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This was the perfect result John and Gae were after so they could stand firmly by their values of reducing their impact on the environment. John said, "If we're going to educate others on their footprint then we need to walk the talk."

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Wilderness Winter Garden



Written by Mary Hackett

Call it poet's marigold, or simply, pot marigold, as it wanders delightfully amongst the most colourful herbs in my garden. My kitchen fills with its sunny flowers that smell delightfully of honey, with a hint of spice and

mild, woody sweetness. I love to use the golden, daisy petals to flavour and colour soups of vegetable dishes. A cool, wet season has left the grasses thick and interspersed with glowing, self-sown "wildlings".



How delightful it is to wade ankle-deep through the cool, fallen leaves and soft grasses at day's end. This is the time of year to breathe deeply and slowly, as one wanders through the wilderness of late autumn. I love to embrace nature's irreverent sense of humour, as herbs and weeds now embark on their final notorious indulgence, as autumn's defiant seedlings emerge in unlikely places.

Over all my garden, there spreads a subdued humming of bees as they forage steadily for nectar. I delight in just watching

the bees as they follow the sun-like flowers through the days in my wilderness garden. Just outside the Nook, a huge, flowering basil, attracts the bees like a party. Here the fragrance of sweet "Purple Ruffles" is so absorbing the bees cannot resist. When you rustle your hands over the basil patch, the leaves release a surge of fragrance and flavouring, subtly accented with lemon, lime, clove, cinnamon, licorice or mint.



Recently, gentle chives came into bloom, with starry-white flowers displayed in typical allium globes. The bees love to visit these, but seed heads form quickly, and then self sow, leaving behind a mass of papery "parchment caps" that rustle softly in the breeze. These are called Chinese garlic chives and after flowering all summer they greet winter with their dried seed heads, shaking their papery tan caps, and eager to self sow wherever the wind or bees beckon.



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Runner-Up Christine Fitzgerald

New Champion Bowlers at Dural

Suzanne Vindin is the new champion having just won the Major Singles Championship. En route to the final, Sue played some of the best in the club and conquered some of the nerves she has had during her relatively short playing time. It is not only the good shots one plays in bowls but the time they are played and in the final Sue produced the top shot when facing impending disaster. Well done, and congratulations to the runner-up, Christine Fitzgerald who held a slight lead going into the last end. Christine, one of the newest bowlers in the club has had a great time since joining in late 2015 reaching three singles finals and being in some winning teams in 2016-7. Dural looks forward to their development in the future.

Both Sue and Chris were among the twelve who competed at the State carnival at Warilla and surrounding towns. Robin Davidson's team, Eileen Bromley, Elizabeth Whelan and Diana Sweeney were again successful winning their section undefeated over the first three days. Well done!

🔗 New bowlers are welcome to join the club to emulate these champions or be part of those who join for the exercise and friendships readily made on the greens at Dural. Contact 0432 181 635 or 0411 375 580

Tina's Glass

Christine's passion for decorative glass began the day she found her first piece of Murano Glass, a little colourful bird. She was so mesmerised by the colours held within the glass that it started her passion for collecting. Christine is now selling her personal collections, which have grown to include magnificent representations of Carnival Glass, Brownie Downing and Sylvac Ware. Her collectables are well priced and any piece would be a treasure to own.

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Tucked away in private bushland, Susanne offers complementary health care for a wide range of health conditions for the whole family. Susanne specialises in skin conditions such as acne and eczema.

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- Allergies
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- Bronchitis, rhinitis, sinus
- Cystitis
- Digestive disturbances
- Female and male hormonal issues
- Low Immunity
- Prostatitis and BPH
- Viral infections

Case Study:

Eczema is a condition where the skin becomes rough, inflamed and itchy, and can consist of oozing lesions which can become hard and crusted. It is also known as atopic dermatitis.

Recently a young man came to me with inflamed, red, scaly patches on his arm and legs, including a couple of lesions which had crusted over. He had suffered on and off for many months, and the prescribed corticosteroid creams were becoming less effective over time. After commencement of complementary medicines, within 3 weeks inflammation had greatly reduced and itchiness had gone. After 6 weeks, redness had gone and no patches remained.

Whether you have a chronic health issue or simply want to stay healthy this Winter, call today to make an appointment.

Susanne is an experienced, registered Naturopath practising in a serene bushland setting using the highest quality complementary medicines.

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Michelle Riley Fitness and Performance Management

Michelle is a freelance Personal Trainer who is starting outdoor female group fitness sessions that will be held at Galston Recreation Reserve, Galston Road in Galston. Michelle has developed these programmes specifically for ladies to get exercise in a relaxed, caring and fun environment.

Ladies of all ages and fitness levels can participate in fun exercises which get the blood pumping, the heart rate up, improve cardiovascular fitness while toning and developing strength. Under the guidance and motivation of Michelle, ladies will have an opportunity to feel connected to a group who all aspire to the same goal, laughing while breaking a sweat.

Michelle is a fun, enthusiastic and caring person who has a passion for helping people achieve their health and fitness goals. She is a track and field athlete with extensive achievements at State and National Level in the 100m, 200m and long jump events and to date, she still holds the junior records. Michelle is a qualified Athletics Coach and in addition to her work as a Personal Trainer she works with the Hills District Athletics Club and various Primary and High Schools in the Sydney area.

With over 10 years' experience within the Health and Fitness industry she has helped all her clients achieve their goals. Not only will you be motivated and guided, she aims to help you enjoy exercise while having fun.

Michelle has worked with people of all different ages and fitness levels so be prepared to be engaged and make exercise fun and enjoyable while getting fit and healthy.

1 No matter whether your goals are big or small Michelle's aim is to ensure you achieve them!

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in
the World
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Prof. Garry Trompf

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Free Entry

Arcadia Community Hall

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'Blitz Program' from Monday 10th July 2017 – Thursday 28th September 2017 with 1 hour sessions running on Mondays and Thursday's at 8.30am, 9.30am, 10.30am.

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Glenorie Progress Association

This big news for June is, of course, the decision of the NSW Land and Environment Court to override The Hills Shire Council (THSC) and approve the Shop Top Housing in Glenorie. The decision details have been circulated to all members, along with Annexure A which is a document outlining the conditions with which Tazcol must comply when demolishing and constructing buildings. Community pressure and THSC managed to reduce the height to 9m and the number of apartments from 24 to 20. The GPA continues to address the concerns of residents for development in Glenorie and surrounds. The Committee cannot do this alone and continues to invite your input into changes in your local area.

GPA holds a general meeting every month at the Glenorie RSL downstairs Function Room at which all members are welcome. Every three months the GPA will hold a Community Information meeting with discussion papers circulated to members prior to the meeting. The next Community Info meeting is planned for 12 September 2017.

All members are invited to attend the **2017 AGM to be held on the second Tuesday of July (11 July), again at the Glenorie RSL downstairs function room at 7:45pm.** At that meeting we will elect a new Committee and it has been suggested that Ordinary members of the Committee take on a portfolio - Membership/ Information Officer/ Authorities or Council Liaison Officer - the scope of responsibilities to be determined.

An extended membership has been decided upon where members who joined in this calendar year (2017) will be asked to pay \$0 for the 2017/18 year.

Chris Compton has collated the results of the Glenorie Community Survey and will report on this at the September Information Community meeting. If you wish to have input into this survey or any other issues, go to www.glenorieprogress.org.au and have your say or contact us at secretary@glenorieprogress.org.au or ring the Secretary on 0417 497 090.



ANNUAL FUNDRAISER

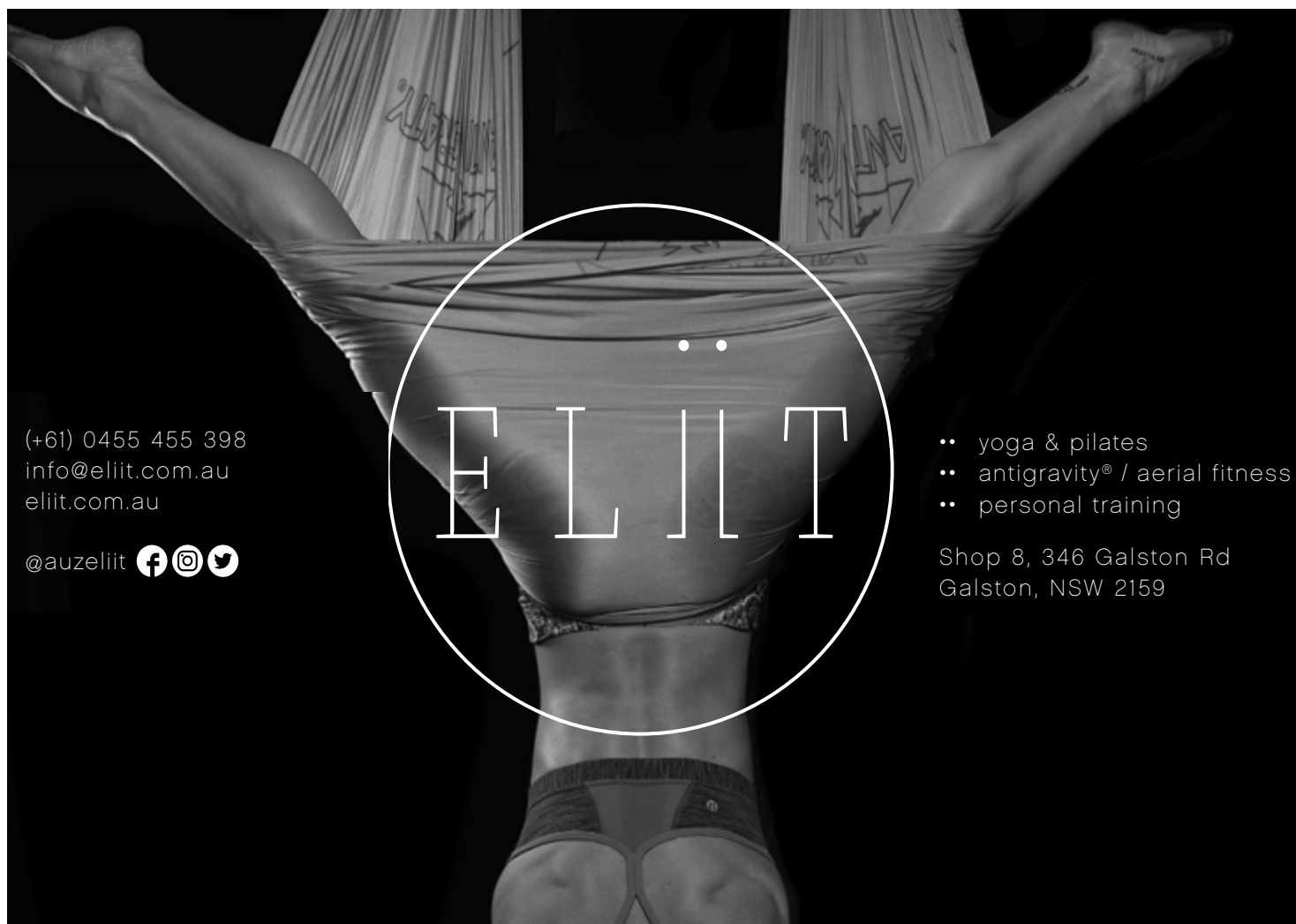
Galston Christian Education Association Spring Dinner
Will be held this year on Saturday 2nd September 6pm at the Galston Club

Tickets are \$60/adult and \$50/concession
Include a delicious 2 course meal, tea/coffee
Live music, guest speakers and silent auction

The past 2 years have been sold out so grab some friends and book your tickets early so you don't miss out!!

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Book now at springdinner@gcea.org.au reserve your place or
See the website www.gcea.org.au



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Reverse mortgages – the power to change lives

By Sandra Dignam

I love Seniors Loans.

Most Reverse Mortgages are quite small loans, and as such don't earn me a big commission, but I still love them. Why, you ask? Because they change lives.



Reverse Mortgages or Seniors Loans as they are often called, can take a huge weight off the shoulders of those who take them, relieve burdens and worries, and give back lost control. They bring fun and life back to senior citizens, and a new radiance to their faces. When I see this, it brings me real joy and satisfaction.

Who can get a Reverse Mortgage

- A Seniors Loan or Reverse Mortgage can be obtained if
1. You own a property even if there is a current mortgage, although a mortgage reduces the amount you can borrow and
 2. The youngest borrower is at least 60 years old, 65 is more common – the older you are the more money you can borrow.

Essentially, a person 65 and over can supply their own needs from the wealth they have acquired over their lifetime, and they don't need not rely on anyone else. To many, this is a huge relief. They are not forced into selling their home with the large associated costs, or forced into moving or downsizing to release funds. Best of all there are NO REPAYMENTS.

What do Seniors use the money for? Cost of living Expenses

Many Seniors feel they just don't have enough money for their normal cost of living expenses, especially if they are relying on the Age Pension. Let's face it, the pension is not enough to live on! Some take a Reverse Mortgage just so they can live a more relaxed and worry free lifestyle and have the extra money go out for coffee or lunch or enjoy a concert.



Paying Out Debt

Others have incurred credit card debt and are now on a treadmill trying



to juggle repayments. A reverse mortgage can be used to pay off credit card and other debts.

Travel

Some seniors take a reverse mortgage to travel. One of my clients travels all over the world on her reverse mortgage funds. Another client who has recently settled his reverse mortgage has bought a new car and a caravan, and is now about to set off around Australia. It might even pay for a holiday house.



Upgrading and renovating

Others want to renovate their home and make all the repairs necessary so they don't need to be concerned about those things for the foreseeable future in their retirement.

Health Expenses

Some need the money for surgery such as knee or hip replacements or unexpected illness, other hospital or medical needs or plastic surgery.



Providing for Children and Grandchildren.

Some take a reverse mortgage to help their children and grandchildren with school expenses or a deposit for a first home.

What Could it mean for You?

A Reverse Mortgage can be used for just about anything. I love being part of assisting Seniors to have a better quality of life in the Golden Years. Feel free to call me (Sandra from Every Loan) on 9653 2034 for a pleasant conversation about Seniors Loans and what it could mean for you. You do not need to proceed to a loan. I will be happy to help you understand your options.



📞 If you need financial advice, call Sandra on 9653 2034.





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Eggsactly...

Sunday. A precious day off. I say goodbye to the hangdog mutt. "Sorry Pip, I know you and I are fighting the flab with a well overdue walk BUT I am off to have fun!"

I grab my jangle of keys from the glass top half-moon table, overladen with three other people's pocket detritus and head out the door. My 'golden shopping trolley' waits! Alias 'The Golden Echo', circa 1995, a pocket-sized missile of Toyota magic. A bargain to afford. Just driving past the petrol bowser on a good wind guarantees another hundred kilometres.

I am on a mission – EGGS!

Up the road and along leafy rural lanes, I pass a few roadside stalls on a good day: but my target is Elena's. With chalky plain



intention she lets you know what is offered today. Eggs Onions Potatoes Jams all whimsily depicted on the propped chipped blackboard leaning against the tree on her drive. But there is always a little something beside the fresh produce so lovingly grown. The funny pile of donated free articles is always worth a glean. Usually a few National Geographics and sad old videotapes but occasionally a good fashion magazine or kids' book of note my take my fancy.

Elena greets me today with joy at my (empty) four-egg-carton donation. Her country pale and smiling face reassuring my worth and I instantly become inducted into her egg appreciation club. With money fossicked from my wallet and stowed in the welded metal pipe honesty teller, I pick two dozen gloriously ill-matched, differently shaped and sized eggs, marvel at their individuality and secretly wonder just how many double-yolkers lurk within.

The \$4 price is loudly textaed inside the lid and I gently close the rough cardboard cartons and kidnap them back to my GST. Another man brushes uncaringly gently past me, also intent on his treasure.

I slew them on the seat next to me and immediately reconsider my haphazardness. THEY ARE EGGS AFTER ALL. 'No' thinks me 'they wouldn't dare to move!', but I relent and gently snuggle them onto the seat a little deeper, wrapping my black jumper around them and drive off!

The way ahead entails a winding climbing, colloquially and appropriately named road, 'The Gorge'. A relic of the sulky track that was originally hewn up and down the mountain to carry supplies to the river people, now blue-metalled and smooth. Up round the second bend some loon car comes too close so I lurch to miss and from the passenger seat, an ominous sliding sound ensues. Just out of my reach my precious cargo of eggs has rolled against

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Eggsactly...continued

the car passenger door and lays quietly perched upside down half open. Oh No! The road is narrow and winding, requiring ultimate concentration and with nowhere to stop. I rock on, gingerly trying to glide the car around, knowing that every flex of every bend is with a creaking that will cause more egg havoc. 'Plop', the sound goes from the next seat as I round a bend, 'plop plop' goes the next bend. A procession of impatient traffic succumbs to uncomfortably crowding my rear bumper, and so with each corner comes a more sinister plop and cracking sound. Oh the agony, knowing every corner brings another smelly yellow slime to haunt me. Like the previous last summer milk spill which had guest passengers holding their noses and declining return lifts! Ugh the patience I have to deploy till the brain flips; 'I can do this!' I decide, and continue driving with every ensuing bend delivering a new crack, plop, plop, plop, crack! I get a sense of noble mission and drive inexorably around more and even tighter bends toward my fate!

At last I am able to pull over and with analytical calm I carefully peer down the side from the back seat! Hah! Most of the eggs have slid gently, with little damage, into the door pouch! What luck! With careful and precise feeling, I locate many and find them little damaged, with only slight cracking and I split into a squeal of mirth. I can just see myself! Too funny! Ten eggs intact and two clear and yellow slippery oogles anoint my rubber mat! I laugh at the close escape and with a quick wipe of my gym towel, I drive, on with the joyful realisation my egg presents will be intact.

I arrive at my friend's door, the intact dozen eggs proffered, to relate my tale as we open a sparkling bottle of wine. A bit like life really, making the best of it and using the spoils to triumph on!

PS I was the proud owner of 6 cracked eggs I thought I'd use a day



or two before being rendered unhealthy, but my gourmet cook friend was cooking a glorious pumpkin quiche and needed six fresh cracked eggs! And so we dined on 'Cracked Gorge Quiche' and I got to take a dozen home!

Egilogue:

A day later I am driving to a stop light and out of the depths of the passenger seat floor rolls an egg! I chuckle, marvel and pick it up and put it on the desk as I arrive at work. As everyone arrives and query why an egg is on the reception desk, I tell this story.

Article submitted by Louise Smithers. Written a few years ago, after visiting Elena, who ran the vegetable stall opposite Rowland Village. Elena is sadly missed by many locals.

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Galston Girl Guides learning with friends

Over the past month the girls have been working on interest badges in their patrols. Patrol leaders have helped to lead games nights and the older girls ran a campfire for the Junior Guides.

We do not meet in the school holidays but will start back in Term 3.

1 Girl Guides meet on a Thursday. Junior Guides (aged 6-10) meet 4.30-6pm and Guides (aged 10-14) meet 6.15-8.00pm. Please contact Mary 0423 353644 for further information and to arrange your daughter's free visits.



Guides enjoying games night.



Junior Guides working in their patrols.

First Dural scouts



Are your children interested in learning, having fun and getting outdoors? If so, 1st Dural Scouts are have some vacancies in their Joey Section for 6 to 8 year old girls and boys.

The emphasis is on fun and friendship and a gentle introduction to a world of challenges and adventures through Scouting. Joey Scouts are encouraged to express themselves creatively, through games, stories and craft activities. Building monsters and spaceships from scrap items, growing plants from seedlings or singing songs together all develop a strong sense of belonging. It's more than school as it extends each child's understanding of the world around them. Joeys learn how to recognise native birds and animals and develop an understanding of the impact of our modern world on the environment.

Joeys are taught to jump in and help other people and to share with their friends. They wear a special scarf and t-shirt so everyone knows they are Joey Scouts. They enjoy visits to special places such as the local fire station or the zoo and visitors to their meetings create more excitement.

Joeys Scouts meet once a week, in the Scout Hall at Galston. Joeys, as part of Scouts Australia, is a multicultural, multi-faith organisation, which focuses on the development of the whole child as a member of our society. More than anything, Joeys is about having fun!

1 Interested parents contact Warwick Mills (M) 0417 689 571 warwickm42@gmail.com

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Get Answers!

Pastor David Mckibben, Galston Seventh Day Adventist Church

Does God exist? How can anyone believe in the Bible when science has proved otherwise? Is evolution happening today? If there is a loving God, then why do suffering and death exist?

Want answers? Get them! Creation Ministries International is coming soon to this district (see details below) with answers to these and many other important questions. Come along and listen to Dr Mark Brunacci expose the bankruptcy of evolutionary ideas in a presentation entitled 'Does truth matter?' You'll be blown away to see how the supposed 'scientific evidence for evolution' is really nothing of the sort.

This is an issue that affects everyone. According to the theory of evolution as taught in schools and universities, there is no need for God and 'spirituality' is just an 'evolutionary trick of the mind!' But the Bible gives a very different picture about our origins, and many scientists now recognize that the scientific evidence, when properly understood, confirms the Biblical account.

Find out more about this presentation by contacting Pastor David Mckibben on 0474 493 793 or 9484 5153.

Date: Saturday 29 July
Time: 11.00am
Venue: Galston Seventh-day Adventist Church
 49 Arcadia Rd, Galston
Title: Does Truth Matter?

Plant a Tree Day

It's Schools Tree Day on July 28 and National Tree Day on July 30 - so time to get out and plant a tree and help your corner of the globe.

This national Plant Ark initiative has been going for over 22 years. It's an opportunity to get out into nature, to green our grey areas and to connect to nature when Australians spend on average 90% of their time indoors.

Tree Day involves around 300,000 Australians volunteering to plant trees in their local communities. In 2016 across northern Sydney, 2000 residents helped to plant around 5000 trees and plants. The trees come from a variety of sources, often grown from seeds in council nurseries to ensure they're a relevant local variety, or from Bunnings, sponsors Toyota or landcare and bushcare groups.

Hornsby

Hornsby Council - Rose Park, Galston Road, Hornsby Heights, 10 - 12 noon, July 30. Involves creating native bushland by planting trees, shrubs and grasses from HSC's community nursery. The varieties are native to the area, many having been grown from seeds picked up locally. The council also provides seedlings to schools on request for school planting day.



Putting down roots: showing the grandkids how to plant young trees



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Cruising cafe celebrates ten years serving the dural district

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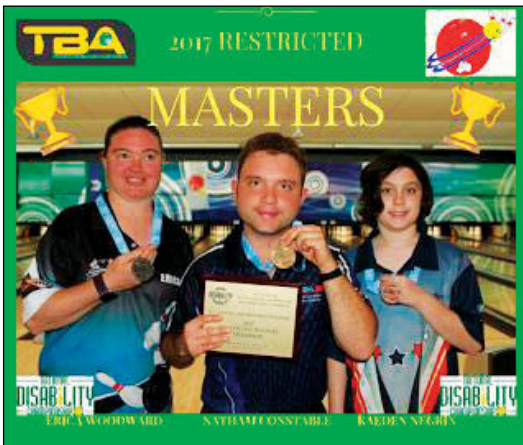
Hornsby Rockets Win Again at the National Championships

The 29th National Disability Ten Pin Bowling Championships have just been held at Rooty Hill, Sydney.

The Hornsby Rockets Disabled Team had 16 bowlers in the competition, which were part of the 400 bowlers who came from all over Australia.

The "Rockets", as they are affectionately known, came home with 4 gold, 12 silver medals and 1 trophy.

The NSW State Restricted Team which included local **Arcadian resident Natham Constable** (Hornsby), as well as Karina Peters (Hornsby), Warren Seymour (Hornsby), Tim Wilson (Hornsby), Ben Barber (Hornsby), Reanna Skora (Illawarra), Renee Waters (Illawarra) and Bradley Aranda (Campbelltown) bowled extremely well and were just piped at the post to come 2nd.



Natham Constable Wins National Champion in Restricted Masters



Hornsby Rocket Bowlers

Whilst, the NSW State Open Team which included Adam Mandarano (Hornsby), Shelton Farmer (Gosford), Kallan Strong (Gosford), Stephen Warren (Gosford), Waldemar Szczygiel (Campbelltown) and Glen Corbett (Shoalhaven) were strong enough to receive gold.

Natham Constable won the title of National Champion in the Masters Restricted Division.

This is a first for the Hornsby Rockets!

All Hornsby Rockets bowled extremely well and should be very proud of their achievements.

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26th and 27th July
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1. Type Galston High into "whats on at your school"
2. Under current location on right hand side of the screen, select "Guest" from the drop down
3. Choose "Start new order" and select your performance


Family Fitness at Parkrun

Keeping fit and active seems to be the current message from health professionals. If going to the gym is not your thing, then maybe you might want to consider Parkrun.

Parkrun has become popular in many countries and there are now over 222 locations all over Australia. Our closest one is Fagan Park, Galston. Don't worry, you don't have to run. You can walk the whole way, or walk-jog. You can bring your family whether they be in a stroller or school aged. Grandparents also welcome!

Galston Parkrun happens every Saturday morning at 8am and covers a 5kms course, so even if you walk all the way you can be finished by 9am. The run is timed each week, so you can see if you are improving.


To register, go to <http://www.parkrun.com.au/register/>, then you will get emailed a barcode. Just print that out and bring with you each week.

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HORNSBY ART PRIZE
HORNBY ART PRIZE
HORNBY ART PRIZE

HORNSBY ART PRIZE

ENTRIES OPEN 19 JUNE 2017
PRIZES WORTH OVER \$22,000

For more information or to enter visit hornsby.nsw.gov.au/artprize

ENTERTAIN THE KIDS THESE SCHOOL HOLIDAYS

There are children's shows, workshops and plenty of activities to do these school holidays.

Holiday Storytime, jugglers, mime artists, magicians and much more.

For more information visit hornsby.nsw.gov.au/schoolholidays

SAVE THE DATE 10TH ANNUAL KNIT IN

Friday 4 August, 9am – 12pm, Hornsby Library

We're celebrating 10 years of this vibrant, fun and colourful event! Experience the warmth of community knitting and friendship as we support Wrap with Love. Donations of yarns, squares and wraps are welcomed at any Hornsby Shire library prior to this free event.

For more information visit hornsby.nsw.gov.au/library

FROM THE MAYOR'S DESK



Since the beginning of the year Hornsby Shire Council Waste Management team has investigated 162 incidents of illegal dumping across the Shire and removed over 50 tonnes which has cost \$23,000 in disposal fees.

In the Galston, Maroota, Glenorie area there have been 15 incidents over the past six months and 1 tonne of illegal dumping has been removed.

I am pleased to announce that Council has applied for and received a 'Clean-up and Illegal Dumping Grant' funded from 'NSW EPA Better Waste Fund' to the value of \$38,950, this will help to address illegal dumping in the Canoelands area. This grant will fund the clean-up, provide prevention measures, and install

sandstone bollards at key sites as well as 24 hour surveillance cameras. Council has matched this funding with contributing staff time and resources to the value of over \$300,000.

Illegal dumping is a serious issue and one that costs the Council and the community thousands of valuable ratepayer's dollars each year and damages our environment. It's worth noting that individual fines for illegal dumping are up to \$4,000. Please help by reporting illegal dumping in your area and take pride in your Shire. You can call our Waste Hotline on 9847 4856 or the EPA hotline on 131 555.

Steve Russell
Mayor
Hornsby Shire Council

MEET THE AUTHOR: BRUCE VENABLES



Thursday 20 July 6.30pm Hornsby Library

Eureka Run: Is a thrilling historical adventure set against the backdrop of the Eureka Stockade. The book tells a tale combining boom-time Melbourne, the foggy streets of London, the war-torn states of Southern China and the overwhelming sights and sounds of the Victorian goldfields.

Cost: \$5.00 with light refreshments provided.

For bookings and more information visit hornsby.nsw.gov.au/library

FOUR LEGGED FRIEND WALK



Saturday 5 August, 10am - 11.30am

Clip on your loyal four legged friend's leash and join the scenic walk along Beecroft-Cheltenham Link track. Don't forget to bring water for both yourself and your dog. Meeting place details will be given upon booking.

Cost: Free.

For more information and to book phone 9847 6832 or visit hornsby.nsw.gov.au/events

What Fauna Lives Here?

Follow our new monthly series highlighting local birds, mammals, reptiles and amphibians

Black-faced Cuckoo-shrikes

Black-faced Cuckoo-shrikes have a black face and throat, blue-grey back, wings and tail, and white underparts. They are slender, attractive birds. They have a curious habit of shuffling their wings upon landing, a practice that gave rise to the name "Shufflewing", which is often used for this species. This shuffling is also carried out by most other species in this family. Young birds resemble the adults, except the black facial mask is reduced to an eye stripe.



Common Bronzewings

Common Bronzewings are medium-sized, heavily built pigeons. The male has a yellow-white forehead and pink breast. Both sexes have a clear white line below and around the eye and patches of green, blue and red in the wing, characteristic of all bronzewings. The Common Bronzewing is a cautious pigeon, and rarely allows close approach. If startled, it flies away with a clatter, keeping low to the ground while moving in a steady, direct manner. Young Common Bronzewings are duller and browner than the adults. The metallic wing patch is absent or not easily seen.



Australian Owlet-Nightjar

The Australian Owlet-nightjar is the smallest of the nocturnal birds (night birds) found in Australia. Its large brown eyes are non-reflective when exposed to a torch or spotlight (other nocturnal birds give a red reflection). The Owlet-nightjar has two different plumage colourations: russet-brown (rufous), and the more common grey. In both forms the birds are paler below, and are faintly barred with black. There are two wide black stripes that extend over the head from the top of the eyes, and meet on the back of the neck. The rufous form is restricted to the female birds, which, even in the grey form, tend to be more rufous-tinged than the males. Young Owlet-nightjars resemble adults, but have less distinct black markings.



Wedge-tailed Eagle

The Wedge-tailed Eagle has long wings (wingspan 2.3 m), a characteristic long, wedge-shaped tail, and legs that are feathered all the way to the base of the toes. The bill is pale pink to cream, the eye brown to dark brown, and the feet off-white. Young Wedge-tailed Eagles are mid brown in colour with reddish-brown heads and wings. They become progressively blacker for at least the first ten years of their lives; adults are mostly dark blackish-brown. The only difference in plumage between the sexes is that a female adult is generally slightly paler than her mate. Females (4.2 kg - 5.3 kg) are also larger and heavier than males (3.2 kg up to 4.0 kg). Wedge-tailed Eagles are Australia's largest raptors (birds of prey).



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Eastern Yellow Robin

The Eastern Yellow Robin is a medium sized robin. It has a grey back and head, and yellow underparts. Southern birds have an olive-yellow rump, while in northern birds it is brighter yellow. The throat is off-white and, in flight, there is a pale off-white wing bar. The bill is black. Both sexes are similar in plumage colour and pattern, but the female is slightly smaller. Young Eastern Yellow Robins are rufous-brown. The plumage has some paler streaks, which are confined to the wings when the birds are a little older.



The Eastern Spinebill

The Eastern Spinebill is most easily recognised by its very long, fine, down-curved beak and energetic flight, during which its white outer tail feathers are prominent. Males have a grey-black crown which extends in a black line on either side of the breast. The breast and throat are white, with a rufous patch in the centre of the throat. The wings and lower back are dark grey and the underparts and upper back are buff. Females are similar to males but have less distinct markings.



Grey Shrike-thrush

The Grey Shrike-thrush is a rather drab coloured bird, although the plumage varies throughout its extensive range. Birds are mostly grey in the east, with an olive-grey back, and pale grey-white cheeks and underparts. In the north, the plumage is predominantly brown, and western birds are grey with buff underparts. Adult males are browner on the mantle than the female and young birds have varying amounts of rufous on the cheeks and wings.



Spotted Pardalote

The Spotted Pardalote is a tiny bird that is most often high in a eucalypt canopy, so it is more often detected by its characteristic call. The wings, tail and head of the male are black and covered with small, distinct white spots. Males have a pale eyebrow, a yellow throat and a red rump. Females are similar but have less-distinct markings.



Masked Lapwings

Masked Lapwings are large, ground-dwelling birds that are closely related to the waders. The Masked Lapwing is mainly white below, with brown wings and back and a black crown. Birds have large yellow wattles covering the face, and are equipped with a thorny spur that projects from the wrist on each wing. The spur is yellow with a black tip. Also known as the Spur-winged Plover.



New Holland Honeyeater

The New Holland Honeyeater is mostly black and white, with a large yellow wing patch and yellow sides on the tail. It has a small white ear patch, a thin white whisker at the base of the bill and a white eye. This honeyeater is an active bird, and rarely sits still long enough to give an extended view. Sexes are similar in looks, but females are slightly smaller in size. Young birds are browner and have a grey eye.



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Enter the Hornsby Art Prize to Win \$10K

Grab your paint brushes and canvases, lino, paper or clay, because it's that time of year again! Entries are now open for the Hornsby Art Prize.

The Hornsby Art Prize is an annual art competition and exhibition. It is organised and sponsored by Hornsby Shire Council and delivered in partnership with the Hornsby Art Society.

This year's competition has a total prize pool valued at over \$22,000, with the major prize worth \$10,000. This non-acquisitive prize is open to all artists resident in Australia, aged 18 years and over.

Artists are invited to submit works in one of the four categories; painting, printmaking, drawing or 3D works. Entries close 10 September 2017. Submissions are to be made online, and entry costs \$40.

Whilst the Hornsby Art Prize is open to artists all over Australia, the major award has been won by many local artists; including Tannya Harricks in 2012 with her painting, Glebe and Janet Tavener, last year, with her sculpture, Gold Plated.

The competition also provides artists resident in Hornsby Shire with the chance to win one of two local awards: the Hornsby Shire Emerging Artist Award and the Hornsby Shire Outstanding Artist Award.

These awards aim to provide local artists with essential career development, a \$3000 cash prize and a supported solo exhibition at Wallarobba Art and Cultural Centre as part of the 2018 Hornsby Shire Festival of the Arts.

The Hornsby Art Prize Finalists' Exhibition will be held at Hornsby Shire Council's award-winning, Wallarobba Arts and Cultural Centre, 25 Edgeworth David Ave, Hornsby, from Wednesday 15 to Sunday 26 November. It is presented as part of the annual Festival of the Arts and is a great opportunity to buy outstanding original art from local and national artists, whilst supporting the local creative arts scene.



Gold Plated. Artist: Janet Tavener. Photo credit: Jo Dickerson

For more information about the Hornsby Art Prize, or to enter, visit hornsby.nsw.gov.au/artprize

Volunteers Wanted

Galston High School P&C is looking for volunteers to assist in their canteen.

The canteen is operated by the Parents and Citizens Association, so residents do not need to have children at the school in order to volunteer.

The canteen is open daily where we serve breakfast and lunch, so various times/shifts are available.

If you are retired, semi-retired or a stay at home mum or dad with a few hours to spare, we would love to hear from you. Working with children is very rewarding and other volunteers are fun to work with.

If you are interested, please call Diana on 0408 011 193

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email: registrar@gdcc.org.au

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Aussie interns ... a great career

Local company, Australian Pump Industries is looking to recruit marketing and engineering interns. Aussie Pumps, located on 2.1/2 acre in the Victoria Park business district, is growing so fast they need more people and they need them now!

“Being an intern is a great way of studying and gaining work experience simultaneously. We call it ‘learn as you work’,” said Aussie Pump’s Brad Farrugia. “Marketing interns, supported with our in-house training program develop into Product Management roles”, he said.

Working in conjunction with the marketing department, and experienced product managers, interns are given ownership of a particular product range. Through market research they develop an understanding of the products’ application and suitability.

They work to develop that line, making sure that it meets the needs of the consumers. Interns play a vital part in building marketing programmes, product enhancement and even media management.

“It is not for everyone,” said Farrugia. “We need energetic young interns with intelligence, determination and courage. Ethics is also a vital part of the role as everything we do here is about helping people operate in a smarter and safer way with pressure cleaners and pumps that we produce”, he said.



Aussie Pumps Brad Farrugia, Sales Divisional Manager and trainer.

➔ Further information is available from Australian Pump Industries, email marketing1@aussiepumps.com.au

Arcadian Quilters Inc News

Written by Jill McGuinness, Treasurer Arcadian Quilters Inc.

We were asked to sew bags for the Breast Cancer Clinic for patients who have had a mastectomy or lumpectomy and are sent home with drains in situ. The bags were all

precut and packed individually. They were then assembled and repackaged.

The bags are designed to be worn across the body or over the shoulder to hold the drainage bottles. The bags are often in use for 2 to 3 months and as there are about 3 of these operations per week, the bags give the patient mobility.

At our recent workshop there were 10 machines working all day to complete the job, the photo shows part of the group.



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Wednesday 12th July

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SAT AUG 26TH	Neil Diamond: The Man the Music
SAT SEPT 23RD	The Rolling Stoned Show
SAT NOV 25TH	Ashes to Ziggy: A David Bowie Tribute

THE GALSTON CLUB. 8PM. BISTRO OPENS AT 5:30PM.
TICKETS AT VENUE OR EVENTBRITE
TICKETS \$15 EARLY BIRD, \$20 PRE-SALE, \$25 AT THE DOOR

Membership Rewards Draw

19th August
IT Package
valued at
over \$4000

MONDAYS

- \$14 Rump which includes a free schooner of beer or glass of wine
- \$12.00 Lunch specials
- Bingo 7pm – Wish Card Prizes totalling \$450 in value

TUESDAYS

- \$14 Curry with a free schooner of beer or glass of wine
- \$12.00 Lunch specials

WEDNESDAYS

- Kids eat free, with any adult main meal purchase
- \$12.00 Lunch specials
- Bingo – Ticket Sales from 10am. Jackpot Prize \$1300* Game Prizes – Cash & Wishcards totalling \$300 in value
- Trivia 8.00pm
- Raffle tickets on sale 7.00pm
- Total Value of Raffles \$500
- Spin N Win
- Wood Fire Pizza Available (Dinner Wed + Sat only)
- Members Happy Hour Mon – Fri 4-5pm

THURSDAYS

- \$14 Schnitzel with a free schooner of beer or glass of wine
- \$12.00 Lunch specials
- APL Poker \$20 Buy In Cash Prize \$180 Plus Jackpot*
- Pool Competition Max Prize \$200*

FRIDAYS

- \$12.00 Lunch specials
- Monster raffle, 40 prizes to be won, tickets on sale 7.00pm
- Total Value of Raffles \$1500
- Spin N Win
- Roast Dinner Special Available

SATURDAYS

- \$12.00 Lunch specials
- Wood Fire Pizza Available (Dinner Wed + Sat only)

SUNDAYS

- Joker Jackpot
- Raffles – Tickets on Sale 5pm. Total Value of Raffles \$400
- Roast Lunch + Dinner Available

* Depending on the number of participants

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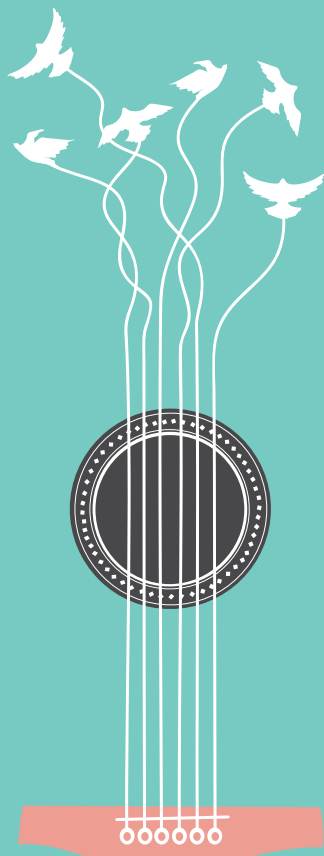
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28TH, 29TH AND 30TH JULY 2017



IT'S OUR 20TH ANNIVERSARY BOOK FAIR

'To celebrate our 20th anniversary we are launching the largest ever collection of Priced Books,' Ted Shade said. Many are rare, collectable 1st editions, some signed, and encompass a vast range of categories with over 4000 priced books in total. This is in addition to the many thousands of other books we have on display all competitively priced.

Examples: The House at Pooh Corner 1st ed 1928; The Saxophone by Ben Davis; The Little Gift Book by Fisher; The tale of the Old Tweed Jacket 1950 1st ed; Visits to Madagascar 1st ed 1858; Charles Dickens books and book sets; biography/memoir Slim Dusty, signed 1st ed; The Rhinecold & The Valkyrie; Complete works of Flavious Josephus 1860 as written himself translated by W Whiston; Charlie Brown Encyclopaedia full set; The Silver Jubilee of the Reign of Queen Elizabeth 11 (No 102 of 200 copies printed). (Just a small sample of valuable books)

We have dedicated areas for children's books, vinyl records, CD's, DVD's, puzzles and games.

Rotary BBQ food, drinks and light refreshments will be available throughout the trading period. Off street parking is also available.

Trading hours: Friday, Saturday and Sunday 8.30 am to 5pm

Come and visit twice – First to pick up those special books you are looking for and after 1pm on Sunday for the clearance sale bargains.

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by Brett Hooper

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When I first moved to Arcadia eight years ago, I did my trade in carpentry and Cert IV in Building with a top quality building company in the Eastern suburbs. I also achieved a trade certificate in mig welding so that I could have a formal qualification for all that welding experience I'd gained on the family farm.

After gaining my qualifications I started my own business in Arcadia, concentrating on rural building, earthworks, renovations, stables, sheds, shed pads, wash bays, dressage arena construction, borders and repairs, driveways, entrances and post and rail fencing.

One of my clients writes "Two years ago we started renovating our ageing horse infrastructure. HRC's expertise in fencing, earthworks and welding has made an enormous impact on our project - we have Brett



to thank for; heavy duty foalproof mesh boundary fences, new alleyways with high quality post and rail fences, super-tough day-yard fences giving stabled horses safe and secure yards, yard surfaces designed to drain quickly even in heavy weather ... and a heavy duty welded steel wash bay designed for safety. Brett's versatility, professionalism and reliability are outstanding, not to mention his quality of workmanship, attention to detail and ability to adapt to client's needs. It's a real pleasure to give Brett and HRC our highest recommendation."

Now that my business has grown, I have a very experienced builder working with me. Reinhard is from Germany and has decades of experience building state of the art stables and indoor arenas. We are both passionate about quality.

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Heartbeats

By Mary Ord

Heartbeats is about recognising the good news stories which are happening in our community.

This page is all about sharing and acknowledging the wonderful events, surprises, joy and magic which weave in and out of our lives. Our aim is to make this a regular inclusion in our magazine and everyone is encouraged to contribute their stories....you are what make this community great, so please share so that we can spread your news.

If you would like to contribute to this page please contact Mary advertising@galstoncommunity.com.au

Long nights, short days.

The days are shortest in June and the reduced hours of sunlight definitely affect our moods. This June not only was the light intensity diminished but we experienced days and days of constant rain and it felt as if everyone had gone into their burrows to hibernate.

Part of my duties in my role with Galston Community News is to distribute the magazines throughout the community. This is something which I enjoy, as I get to witness the daily activity of people and businesses, stumble across old acquaintances and form new bonds. The day after the big wet, the sun was streaming, warming the air and as it seemed, warming people's spirits. Everyone was smiling and open and ready for a chat. People were holding doors open for others, conversing in elevators, being generous, courteous, polite, helpful and thoughtful. It seemed everyone had been rejuvenated, they had survived the cold, the rain and the gloom and they were recharged ready to enjoy the world. It was a great day!

An Autumn Wedding

Late in the afternoon on a perfect autumn day, Cherie and Jarrod were married in the picturesque grounds of Jarrod's family home in Kenthurst.

Cherie, a lawyer, originally from Cairns, had many family and friends travel to witness her marriage to Jarrod, the founder of SME Services Group in Dural. Given the unsettled weather which we had been experiencing at that time, the Queensland guests were all surprised by the balmy afternoon. Cherie and Jarrod created a beautiful event and everyone present felt that they were blessed to have the opportunity to share and witness a precious experience and to be able to rejoice with the jubilant couple. The endorsing support from everyone present was highly evident with tears, cheers and lots of laughter.

Happiness to you both.



Jack William McArdle

Elizabeth Stone said 'Making the decision to have a child is momentous. It is to decide forever to have your heart go walking around outside your body'. and this is the case for Robert and Catherine McArdle as they expand their hearts to

welcome baby Jack William into their family. Jack weighed in at 3.58 kilos and was a pleasingly short delivery.

Rob and Catherine have a long history, having met at Galston Preschool and both attending Galston Primary School. Years later they met again at the Galston Club and together with Rob's daughter, Amelia Rose they created their own family unit. Their first son, Corey James, now 20 months, was named in honour of Rob's Grandfather Jim, who started the first McArdle Tree Services. Jack William's second name is after Catherine's father Bill Lea.

There is a Chinese proverb which says, "A child's life is like a piece of paper on which every person leaves a mark" Already Jack's page is being filled by the support and excitement of his parents, siblings, family and friends. Everyone is thrilled and delighted and now the fun begins.



Sisters

Both recently out of hospital sisters Mary (Bridie) Dickson 95 from Glenorie and Angela Crossing 91 from Cherrybrook shared some chat time. Mary and Angela have an older sister, Veronica who is 97. Now that is an impressive (and enduring) gaggle of girls.



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Life is not measured by the number of breaths we take, but by the moments that take our breath away

A break well earned

I am pleased to report that Lynn Bradley from Compass Travel, the sponsor of this page and her husband Mark, have enjoyed a very well earned break. For 16 days they cruised on the inaugural voyage of the Majestic Princess from Rome to Dubai via the Suez Canal and Petra Jordan.



Lynn works tirelessly to make other's dream trips a reality, so it was wonderful that they were able to take time out. We all need a little rest and relaxation and why not do it in style.



Pharmacist Penny

Many will know Penny who worked for many years at The Galston Village Pharmacy. Last month she and her husband Dave welcomed their new baby boy, Liam to their family. Liam was a much wanted baby and both Penny and Dave feel truly blessed to finally feel the joy of being parents. Penny is taking time out from her pharmacy position to really cherish her new role.

Surprises do happen

Last week my son, Fergus Stokes and his girlfriend Pamela Costa, spontaneously decided to take a trip to Greece. Two days later they were off to take in the sunshine and and the sights.

We were all surprised but delighted that they could make such a quick exit but all was revealed about my son Fergus' true motives when an image came through the family network. Fergus had proposed to his Argentinian girlfriend, Pam.

Having four sons and a son in law I am rejoicing that, at last I have my first daughter in law. Pam is gorgeous, petite, extremely energetic, personable and extremely loved by our family .We are all excited by a future which now (officially) includes her.



Oliver's great twist

Julie and Eddie Bruce, the executive producers of the Dural Musical Society were thrilled with the crowd support at their recent show, Oliver. It is reported that the show went very well and that they had a number of full houses. It was so successful that they raised over \$2,600 which they were then able to donate to their charity, The Sanctuary -The Hills Women's Shelter. Julie and Eddie would like to thank everyone for their support and on behalf of our all, I would like to thank them for their ongoing efforts to bring culture, music and the arts to our community.

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Dural and Districts Historical Society

Deg's Stories

By Margaret McKinley

Until about the mid 1950's, residents of the Dural area had to go to Castle Hill if they wanted to see a Doctor. Then Peter and Lynette Degotardi (both doctors) bought a cottage opposite the shop at the intersection of Old Northern Road and Galston Road, and "put out their Shingle", and established a medical consulting practice in their front rooms. About 1966 they built the present Dural Medical Centre, and were joined by other doctors.

Peter was a great story teller and in 1993 he published a book, "Deg's Stories, Life was not meant to be serious." Only 250 copies were published, so it is very hard to find now. But the Dooral Roundup of May 1993 wrote up one story called "A Cow of a Job". Here is an edited version;

"When General Practice first started at Dural, veterinary care was not easily available, and at times the local doctors were called upon to treat assorted animals. My own veterinary triumph was not in treating the animal but the veterinarian. Along Galston Road lived an advertising executive, Mr. R. He introduced a program of artificial insemination for his cows. In due course the cows started calving. He first few births were uneventful, and Mr R. was very proud of himself as a cattle breeder. However, eventually, one cow was unable to deliver and Mr R., faced with the possibility of losing a cow worth five hundred pounds, was forced to call in the nearest vet.

This man lived at Pennant Hills, eight miles away, and practiced mainly on small animals, but he knew what to do, put the cow in the crush, inserted an arm, and attempted to pull down a leg. The cow went into tonic contraction, which prevented him from

withdrawing his arm. He knew that the contraction would eventually pass and waited patiently. After about 20 minutes his arm became very painful, and then he lost all sensation in it. Mrs R. came to investigate, and rushed back to the house to ring the doctor (me).

When I arrived confusion was at a peak. At first I thought I was being asked to amputate the vet's arm, but he was unable to sign a consent form, even if I had one. The vet asked me if I had anything that would make the cow's uterus relax. Since I was a part time anaesthetist, I always had with me various agents, one of which was the potent agent, Halophane, which I knew was very good at making the human uterus relax. We gave the cow a small bag of chaff over her head, and poured the Halophane copiously over it.

The effect was dramatic. Within a couple of minutes, the uterus relaxed, the arm was extracted, the cattle man pulled down the calf's legs and delivered the calf with the help of a Ferguson Tractor, the cow was released from the crush and started to lick some life into the calf, which rapidly responded. The vet didn't recover so rapidly, so I rang one of my contacts who was a vascular surgeon at one of Sydney's teaching Hospitals, who said "send him in". When I rang an hour later I was told that his arm was normal.

About a week later, a gift wrapped bottle arrived from the vet. I expected at least the best single malt. When I removed the wrapping, it turned out to be a bottle of Halothane!

📍 At the next meeting of the Dural Historical Society on Saturday, 8th July, the guest speaker will be Don Napper who will talk about "Five Government Architects" All welcome

The Dharug and Lower Hawkesbury Historical Society

Invite you to
BUSHRANGERS OF THE HUNTER VALLEY
afternoon with our
Special Guest Speaker Greg Powell

The Dharug and Lower Hawkesbury Historical Society are pleased to welcome on **Saturday, 29th July**, Greg Powell, the Lake Macquarie author and bushranger devotee. For the past 40 years Greg has been gathering information on the historic encounters of bushrangers and where and when they operated within NSW and Victoria's wild colonial past.

Please join us as we listen to fascinating tales from Greg's new book 'Bushranger Tracks' which highlights the many colourful individuals of our bushranger history in the Hunter Valley with the escapees, murders, robberies and captures of a wide array of bushranger characters.

This area was a real nest of bushrangers, from the convict days including the (in)famous Captain Thunderbolt, an expert horseman and bushman, who began his career in the Hunter Valley with robberies out at Tocal and Paterson. He was Australia's longest surviving bushranger who took refuge in Barrington Tops and roamed the region around Uralla and the North West Slopes before being shot and killed at Kentucky Creek in 1870.

And in the 1920's there was a lady bushranger, Jesse Hickman, who was accused of murdering her third husband; she was a successful cattle duffer who hid in a cave in the Hunter Valley, south-west of Muswellbrook before dying and being buried in an unmarked pauper's grave at Newcastle's Southgate Cemetery.

Greg will commence his talk at the Wesleyan Chapel, 6445 Wisemans Ferry Road, Gunderman at 1.30pm after a sumptuous lunch at midday.

Cost: Members \$ 15/ Non-Members \$20. All welcome.

Bookings essential: enquiries@dlhhs.org.au or 0405 321 478 (leave a message) by Wednesday, 26th July.

Come and be entranced with our colonial past.

The Galston Uniting Church

A Little Bit Of Our History: Part 1

Like many institutions in Australia, the roots of the Uniting Church in the Hills District can be traced back to English traditions.

The local Uniting Church began life as a Methodist-Wesleyan congregation, exported by settlers from Cornwall where that denomination had been well established for a century.

The Methodist-Wesleyan congregation began thanks to the ministry of John and Charles Wesley in the middle of the eighteenth century. In 1743 John and Charles Wesley, part of a broader evangelical movement that had drifted away from the orthodox Church of England, began a series of visits to Cornwall. The people there had moved from land and farm based work to industrial jobs, and the preaching of the Wesley brothers appealed greatly to them, and soon there was a thriving church network in the district.

Cornish Methodism was eventually carried overseas, and as settlers arrived in Australia hoping for a new and better life, the Methodist church came with it. The first Methodist-Wesleyan church services were held in the Dural district in about 1846, in a slab building with a shingle roof, in front of the home of Mr. G. T. Hunt. This property is believed to be about half a mile north of the Old Northern Road-Galston Road intersection.

There were around 15 people in that first congregation, but it eventually grew to the extent that the original church building was too small. Another church large enough to hold 100 people was built of weatherboard material just south of the Galston Road intersection, on land that Mr Hunt is believed to have donated. This church was opened on 8th January, 1879.

Later a new larger and more ornate church was built in front of the weatherboard building. This was opened in 1887 and could take up to 200 people. The weatherboard structure served as a Sunday School and Supper Room. The original church at Mr. Hunt's property was later moved and re-erected behind the hall of 1879 and the Church building of 1887 in order to house a horse and sulky.

Originally the Dural Parish belonged to the Parramatta Circuit. In 1882 a division was made, and Dural became an outpost of the Ryde circuit, reaching from Glenorie to Gladesville. (Dural became a separate entity in the next division, which took place in 1910.)

The minister used to come up from Ryde on horseback and members of the congregation were required to provide him with lunch. Unmarried ministers were in charge of this outpost until 1917, and happily, a number of the unattached young ministers ended up married to worthy young ladies of this district.

In 1917, the first married minister was appointed, and it became necessary to plan for the building of a parsonage, suitable to house a family. The parsonage was designed by an architect and built on the elevated site adjoining the church in 1922. The church property was a graceful addition to the little village at that time.

The parish grew steadily over the years, with small congregations being formed at Arcadia in 1894 and Glenorie in 1899. A small weatherboard church was erected on the corner of Geelans Road, Arcadia in 1894 on land donated for the purpose of protestant worship. This church was shared by Methodists and Church of England worshipers until 1907, when St. Columbs Church of England, Arcadia was opened.

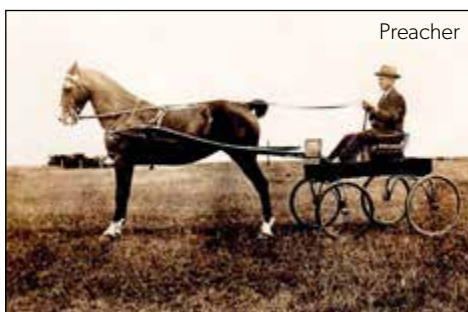
From 1910 the Dural Parish Circuit comprised Arcadia, Glenorie, Dural and West Pennant Hills. West Pennant Hills is The Uniting Church Cherrybrook today.



Dural Church



Arcadia Church



Preacher

More of our story next month.

Sources:

1. Information from a book ISBN 09596809 6 9.
2. A Cloud of Witnesses at Dural by Trevor John Knight printed 1979.
3. Dural District Historical Society 21st Anniversary Publication by June Roughley in 2005.
4. Research through Trove.
5. Family collection of Mrs. Freda Halliday and more recent photos were taken by Ken Turnidge.

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From the Mayor's desk

Let's talk about suicide prevention

Every one of us can share a story about suicide – most of us know of a family member, school buddy or friend who has tragically taken their own life, or attempted to. Often, the signs are subtle and we wonder if we could have noticed that something was not quite right earlier.

Recently I attended an intensive Suicide Talk program, hosted by Julian Lesser, Member for Berowra, and learned that Australia's suicide rate is alarmingly high. In 2015, 3027 people ended their own lives – or more than eight people each day.

The Australian Bureau of Statistics reported that suicide was the leading cause of death among people 15-44 years of age, and the second leading cause of death among those aged 45-54. According to Lifeline, more than 60 per cent of Australians feel lonely.

I believe we can all help in the prevention of suicide and as a community, I am encouraged that we are learning more about how we can act to urge people to seek help.

We all have a role to play in taking people seriously when they experience suicidal thoughts. We must change the way we view this behaviour. Let's see people as genuinely 'attention needing' rather than 'attention seeking'. Let's ensure we give people the attention they need.

In the workshop we discussed the concept of 'TALK', which means – TELL someone you trust, ASK about symptoms of suicide,



LISTEN for links between mental wellbeing and suicide and KEEP SAFE until further support is available.

I was incredibly moved by the stories I heard and I'm grateful for the tools I have been provided. Suicide has far-reaching effects on everyone who has been touched by it, and there is so much more we can do to ensure we support a suicide-safer community in the Hills.

📞 If you or someone you know needs help, call Lifeline on 13 11 14. Young people can call Kids Helpline on 1800 55 1800 or Headspace on 1800 650 890. For further information about depression contact beyondBlue on 1300224636 or talk to your GP or health professional.

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Changes to Hornsby Station Carpark

by Matt Kean MP

This month commuters who travel from Hornsby station will find there have been changes to the parking. We're upgrading Hornsby Junction to increase capacity and improve the reliability of train services. To complete this work we need to close part of the George Street car park for around eight months. However, to help reduce the impact on our customers we've organised for the existing park and ride area at Westfield Hornsby to be provided, free-of-charge, between 5am and 10pm, Monday to Friday.

Upgrades will be occurring at Hornsby Junction to improve train services along the North Shore line. The work is also going to increase capacity at Hornsby station and help ensure trains are running on time. Once this work is completed and the carpark reopened the arrangements at Westfield will continue which will give commuters access to 700 car spaces at Hornsby station. This will continue until a new car park is built.

The accessible car spaces will still be available at the southern end of the George street car park.

The Westfield spaces will not be available over night, weekends or during the December period. We are working on a solution for December and will update commuters once a plan is in place.

We know commuters who use Hornsby station car park have wanted a better option and more spaces available and we have listened. Transport for NSW is continuing to plan for a new commuter car park at Hornsby Station and we are working with Hornsby Shire Council on a precinct plan for Hornsby Station and the surrounding area to improve connectivity and services to customers.

Last year we presented plans to the community for a new commuter car park. Construction of the car park has been put on hold while we work with Hornsby Shire Council to investigate how we can make this happen as part of the overall plans for the precinct. We will ensure that there is more commuter car parking available at Hornsby to make it easier for commuters to get to work each day.

There will be an opportunity to have your say on the precinct plan during the planning process. We understand that this will be a temporary inconvenience to customers and we appreciate their understanding and patience.



Matt Kean MP

Member for Hornsby
Minister for Innovation and Better Regulation

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NSW RURAL FIRE SERVICE REPORT

Glenorie Rural Fire Brigade News

By Chloe Paton and James Wicking

New Captain

Each year at our Annual General Meeting we elect officers to fill the various positions within the brigade. After being Captain of Glenorie Fire Brigade for 4 years, Matthew Lloyd has stepped down from this role. Sean O'Brien, who has been the Senior Deputy Captain for 2 years, has now been elected to take on the role of Captain and Glynn Lloyd, who was a Deputy Captain, has taken on the role of Senior Deputy Captain. Matt has been an excellent Captain and has contributed a lot of time and effort to the brigade which makes us the excellent team that we are today. We are all privileged to have had such a great leader. Thanks Matt! Matt will still be a significant part of our brigade and will be taking on the role of one of our Deputy Captains. We are very excited to welcome Sean as the new Captain also. Congratulations Sean. We look forward to continuing our commitment of serving the community as part of a great team.

Hazard Reductions

Due to the recent wet weather, Hazard Reductions have been put

on hold for the time being. Once the ground fuel moisture levels reduce we will carry on with the Hazard Reductions that were planned.

New Spinal Board

Being in the Rural Fire Service doesn't mean we only fight fires. Sometimes we are asked to assist with other tasks such as rescues. We have recently received a new Spinal Board and our members have also received training on how to use it efficiently. Hopefully we don't have to use it!

For further information go to www.rfs.nsw.gov.au or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market on the fourth Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade Email: glenorierfs@outlook.com



Galston Rural Fire Brigade News

By Kara Dubois

Galston's new pride and joy

This month the Galston Rural Fire Brigade was fortunate enough to take possession of a brand new Category 10 Pumper from the Rural Fire Service. The new vehicle will allow the brigade to return to its full strength and deliver the best possible coverage for the Galston Community and surrounds.



This brand new appliance delivers a much higher pumping capacity, better equipment stowage, the latest in high visibility makings, as well as some very impressive work and scene lighting. The pumper will also allow for additional equipment to be stored permanently on the appliance - making the brigades job easier and more effective.

This appliance will not only improve the ability for fire-fighters to do their job more effectively but greatly improves all-round safety with many aspects of our emergency response.

The brigade will be conducting numerous driving familiarisation, pumping, and training sessions over the coming weeks, and look forward to putting it on line when all our training is complete.

Galston member profile

Each month this year the Galston Rural Fire Brigade will feature a short interview with one of our members. It is a great way to discover just how diverse your local fire brigade can be.

July member profile:

Warren Ballinger

How long have you been a part of the Galston Rural Fire Brigade?
I got involved at the start of 2017

What is your role there?
Firefighter

When you're not at the brigade, what do you do for a living?
I work in the orthopaedic industry, distributing hip and knee prostheses.

What made you join the RFS?
There are a number of reasons, but I love living in the Galston community and wanted to make a contribution to it.

How did you find the training?
I really enjoyed it. It is completely different to my day job and this provides great variety in life. You meet some great people and learn plenty of new skills

Considering you're new, how have you found adjusting to the brigade?

Adjusting to the brigade was simple, due mainly to the positive culture at the brigade. I was made to feel welcome from the start. Everyone is friendly, supportive and they want you to succeed.

What advice would you give someone thinking of joining?
Just go and do it. I have wanted to join for years and always found a reason that I couldn't. Mostly I felt I was too busy at work. This year I bit the bullet and joined anyway. So far it has been everything I hoped for and more, and I regret not joining earlier. If you push through the "life is too busy" piece, it will open the path to join something that is fun, exciting and most of all worthwhile.



Brigade Contact Details:

Duty mobile: 0491 119 152 Email: info@galstonrfs.org.au

Castle Hill Art Society

Watercolour Demo by Tanya Bailey Wednesday 2nd August



"Painting Glass and Reflections"

Tanya Bailey specialises in watercolour and pen and ink, particularly portraits and buildings, with her recent Sydney exhibition including contemporary works. Tanya has done many international commissions as well as numerous murals.



📍 Come and see him work his magic at Castle Hill Art Society's monthly meetings 7.30pm at CASTLE GLEN COMMUNITY CENTRE, 155 Ridgescrop Drive, Castle Hill – visitors welcome. Enquiries 9899 3179 www.castlehillartsociety.org.au

Winter Warmers for next Galston Concert - Brass and Organ, Voice and Guitar

2pm Sunday 30 July sees the triumphant sounds of brass and organ return to The Galston Concerts series in Galston Uniting Church.

On the splendidly restored historic 1880s church organ the famed Prelude and Fugue in a minor by the great Johann Sebastian Bach will be played by the prolific recording artist Pastor de Lasala prior to his annual travels to concerts in France.

In Galston he will be joined by trumpeter Bruce Hellmers and, new to the series, trombonist Greg van der Struik, both long-term Principal colleagues of the Opera Australia Orchestra at Sydney Opera House.

In addition to fanfare brass solos the trio will combine in music from France, Italy and Switzerland – winter (heart)warmers to be sure.

In late 2016 Bruce performed as concerto soloist and conductor in Rome, Venice, Vienna and Prague. He'll lend an Australian touch to the Galston concert with music by Brendan Collins, composer-in-residence at Barker College.

Greg will perform one of the oldest works for trombone, the 17th century St Thomas Sonata from Baroque Bohemia, balanced by the world premiere of The Galston Galop which Greg has composed as a fun finale to the program.

Galston's Uniting Church still rings from the sounds of their inaugural Mid-Year Mozart Young Performers Piano Competitions on 18 June. So it is appropriate that guitarist Ben Secrett, resident Young Artist of this year's series, returns to provide contrast sounds on 30 July in songs from Italy and Spain with soprano Zara Stanton.

📍 Bookings via trybooking.com (search Galston) are advised for this 'Cook's Tour' of European music. Enquiries can be directed to Helen Jordan, Promotions Coordinator, on 0425 339 841 or 96532079.



Competitions judge Tonya Lemoh with winner of the seniors recital section Rogers Zhong and placegetters Ashna Rajasingham and Charles Umbers.



Young Stars In Galston

Mid-Year Mozart Magic

18 June saw young pianists star in Galston's first Mid-Year Mozart competitions.

As a community outreach of The Galston Concerts the Mozart themed contest attracted piano prodigies from the Hills district and across Sydney.

Competitors from the North Shore, Northern Districts, CBD, Eastern Suburbs, Inner West and Penrith vied for significant cash prizes and certificates.

Hills District piano teacher Mary Yao's students achieved notable success with Amy Lin taking second prize in the Level

One Recital Section and Rogers Zhong taking first prize in the more advanced Level 2 section.

Normanhurst-resident competition judge Tonya Lemoh, herself an internationally touring concert pianist and recording artist but also an AMEB examiner, was impressed on all fronts.

She complimented the high general standard while also admiring the benchmark qualities of musicality, stage presence and developing virtuosity of some players especially.

Robert Harris and Dorit Herskovits who are founders and artistic directors of both The Galston Concerts and the competitions are pleased that all young players seemed to enjoy the afternoon and the competition as a positive experience.

"One highly commended boy returned to his Bellevue Hill teacher aglow with his achievement, wanting to know when the next competition will happen".

"That's quite an accolade in a time where some see competitions as a mixed blessing" says Robert.

"That's why we tried and seemed to succeed in making the afternoon a relaxed yet respectable event."

"So yes we do have others competitions in mind – a search for potential Young Artists to appear in our end-of-year Gala and our 2018 series, a Bach contest for strings and guitar next March and perhaps an early return for Mr Mozart as Mozart in May."



Tonya Lemoh with young prizewinners at the Mid-Year Mozart competitions

Enquiries can be directed to Helen Jordan, Promotions Coordinator for the Concerts, on 0425 339 841.

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Galston Equestrian Club

More fun to be had at GEC!



Biomechanics training

What a very busy year we have had so far, with the club holding so many varied events and opportunities for us to enjoy with our horses.

The Introductory Rider Biomechanics course with Equi-Motion on 24th May was very interesting. This day was run by Emma Matlin and Kristin Dean, who are both human and horse physiotherapists. We worked on how our position on the horse affects how they move. This was an introductory day which involved rider assessment both off and on the horse, as well as some Pilates stretch work off the horses. It was a very informative and everyone took away lots of things they can do at home to ensure they are doing the best for their horses whilst riding.

The 28th May we held the ever popular Poles and Grids with local coach Tana Subotic. This was a full day with 20 riders doing various heights and grids. Poles and Grids is great gymnastics for your horse and very useful to gain rhythm and control when training for show jumping. Everyone had an awesome day and are already asking when Tana will be back.

Our next show jumping competition on 8th July is The Gamblers' Stakes! Something a little different for you to come and enjoy! You get to design your own course (help will be provided if necessary), then jump the jumps selected, scoring points for each jump according to difficulty. A bit of fun, while schooling your horse. Show Jumping at GEC is always a fun day!

We will be having a **Fun and Picnic Day on 9th July**. There will be equipment out for you and your horse to play with, and some games for fun. There might be some prizes for the hairiest horse, the longest tail, etc.! Bring a picnic and come and socialize at the friendliest club. The BBQ will be on if you want to BBQ your meat, and tea and coffee will be available. Smiles guaranteed!

The ever popular **Members Only Dressage Competition on 23rd July** is a great way to compete in a supportive, relaxed and fun environment. Join fellow members and have a great day at GEC. Bring your woolly mammoth, or come along to help by volunteering on the day. No Jackets or plaiting required.

Our July talk will be on **25th July** at the Galston Club in the evening. Everyone will be welcome. Sophie Fletcher of Integrated Equine Nutrition will give a talk on equine nutrition and hair analysis.

Upcoming events :

- 8 July Gamblers' Stakes showjumping
- 9 July Fun and Picnic Day
- 23 July Members Only Dressage Competition
- 25 July Sophie of Integrated Equine Nutrition will give a talk on equine nutrition and hair analysis.
- 13 August – Show jump Training and Horsemanship Practice Day
- 22 August – Heather le Provost will give a talk on weeds

📌 **As usual, please check our Facebook page and our website for up to date information on all our events. <http://www.galstonequestrianclub.org.au/>**

Follow us on www.facebook.com/galstonnews

Budgerigar Society of NSW Inc.

Hills Branch – Ray Galbraith.

After completion of the State Selection Trials in late May, the selected birds were subject to a week of pampering to have them at their best for the National Competition in Mackay, North Queensland. National competition was intense, with all states submitting birds in the various varieties during two days of judging by four national qualified judges operating in teams of two.



Resulting from the accumulated points score of the various states, New South Wales were declared winner of the National Title for 2017 by a margin of 43 points from Victoria.

Hills Branch member Craig Buckingham ran second and third in the Opaline Variety, narrowly missing the First Place - Gold Logue.

The show circuit is coming to an close for 2017, with most breeders/exhibitors busy endeavouring to breed next year's champions. With the sounds of chicks filling the nests, breeder expectation is heightened with anticipation of that youngster that may develop into a competitive show bird for the 2018 show season, with the ultimate goal of possible National representation. Next year 2018 National Competition will be held at Penrith, at the Penrith Leagues Club Complex. This show will allow residents and visitors to New South Wales the opportunity to attend and experience the enjoyment that the Budgerigar provides, whether at exhibition level, a backyard aviary or as a family pet.

📌 **Care to be part of a hobby that can be enjoyed by an individual, partnership or family. then contact should be made with Peter Dodd by telephoning 98885631 or peter_dodd@primus.com.au**

Charity Lunch

Celebrate the Horses' Birthday with RDA(NSW) TALL TIMBERS CENTRE



Gather a group of friends together to have a great lunch and celebrate the Horses' birthday while raising funds for RDA(NSW) Tall Timbers Centre.

Billy's Bistro at The Vineyard Hotel Cnr Windsor and Boundary Roads, Vineyard 11.30am on **Tuesday 1st August**.

- \$35 per person for a delicious set menu
- Purchase your drinks.
- Lucky door prizes, raffle and guessing competition
- Individual or group bookings welcome.

📌 **Booking and prepayment essential by 22nd July. All welcome. 9679 1246 or email talltimbers@rdansw.org.au**



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A busy and exciting year at Arcadia Pony Club

2017 has shaped up as another busy and exciting year at Arcadia Pony Club.

With the year flying by, our members have attended a number of rally days with fun and engaging sessions from our qualified instructors. Our members have successfully competed at a number of regional and Royal Shows including Castle Hill Show, the Hawkesbury Show, Sydney Royal and Bathurst Royal.

They have also attended a number of Zone and State Pony Club competitions with great results at all events. And, we've also welcomed a number of new members to our Club this year too!

The good news is that the rest of the year is shaping up to be just as exciting.

Not only do we have our regular rally days, some of which will include sessions from external instructors, but we also have a number of closed and Zone events coming up including the following:

- Saturday 29th and Sunday 30th July – Zone Sporting, Team Sporting and Mounted Games (Forest Hills)
- Sunday, 6th August – Closed Showjumping (Arcadia)
- Sunday 13th August – Zone ODE (Dural)
- Sunday 10th September – Zone Horsemanship (Dural)
- Sunday 15th October - Closed Sporting (Arcadia)
- Sunday 5th November – Closed Showriding and Dressage (Arcadia)

And, for our members, don't forget the annual Arcadia Pony Club camp will be held in October. What could be more fun than camping with friends and your pony!



Virag on Chocolate

Do you love horses, enjoy teaching children and think you may have an interest in becoming a pony club instructor? We provide a safe and structured learning program in line with Pony Club NSW guidelines.

📍 Arcadia Pony meets the first, third and fifth Sunday of each month at the Rural Sports Facility in Galston. Want to find out more? Visit us at www.arcadiaponyclub.org



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Glenorie Public School

Holly Harmon and Skye Stephenson

Term 2 is nearly over! What an amazing busy term we have had. We have had many exciting events happening this term and we cannot wait for more wonderful events next term.

Well done to the Year 6 Glenorie debating team, who competed against the students from Asquith Public School and Dural Public School. The effort and presentation of all the students was fantastic. Mr Yusufov and Miss Phillips were very impressed by the high standards set by the students involved. Well done, you did a fantastic job. Congratulations on your wins.

A big thank you to Conservation Volunteers Australia, in partnership with Boral, and the students for cleaning up our endangered forest of all introduced the weeds. The forest is free from many different types of weeds and now looks great. The excellent work put in by the students from Glenorie Public School and the wonderful volunteers made our forest clean and safe. We appreciate all your hard work to make our natural environment stay that way.

Congratulations to Chloe, Lachlan, Ben and Nathaniel for representing Glenorie Public School at the Sydney North Area Cross

Country. They all tried their hardest and worked to the best of their ability. What wonderful sportsmanship they had. They all finished with amazing results and we wish them luck in the future.

Congratulations to Eloise, Momo, Sebastian and Jaime for participating the Public Speaking at Cherrybrook Public School. They all did a wonderful job and worked hard to receive their place. They did a fantastic job representing Glenorie Public School.

What a wonderful job the senior boys showed in the Paul Wade Soccer Gala Day. The team won three out of four games and went home with a bronze medal. The boys showed great sportsmanship and excellent participation throughout the day. Congratulations on your third place win.

On Wednesdays, Year 6 will be holding a fundraiser by making, delivering scrumptious chicken burgers. They will prepare a delicious chicken burger at recess, and deliver them to the students at lunch. All money raised will go towards the Year six farewell at the end of the year. All year six are excited to raise money for their farewell.

🔔 As you can see this has been an awesome term. We cannot wait for more fun events to extend out learning.



Hillside Public School



Term 2 continues, filled with many learning opportunities for the children at Hillside.

Years 3 to 6 enjoy their STEM challenges on Fridays. Their latest challenge was to make and draw pentominoes. Once constructed from 1cm cubes the students had to join the 12 pentominoes together to make a rectangle. Congratulations again to Arabella for her selection in the Beecroft/Ryde Zone Girls Touch Football team. We wish her and the other 11 girls all the best when they play at the next Gala Day.

This month's recipients of the Aussie of the Month was Izak and the Kindness Award was Jack. Well Done to both boys – very well deserved.

The children participated in Waste Free Lunch Day last Tuesday – Hillside's bins were empty of any waste! Many children continue to bring in waste free lunch boxes which is a fantastic help to our environment.

Tennis on Fridays is helping the children learn and improve their tennis skills.

Things we enjoyed in June:

- Breakfast on 22nd June. Parents and friends enjoyed a delicious breakfast cooked by the teachers.
- On Monday 26th June Hillside joined with Middle Dural and visited Muogamaara Nature Reserve at Cowan for a Day Camp – We did tent pitching, damper making, bush walking and learnt about bush foods!
- Athletics Carnival took place at Annangrove Oval on Wednesday 28th June with Annagrove and Middle Dural.

📍 If you are looking for a small school where each student's needs are catered for in a positive learning environment, please come and visit Hillside or phone the office on 96521459.

News from Uniting Care Galston Early Learning Centre

Tuesday 30th of May was a very exciting day for the children at Galston Early Learning Centre, as we had a special visit from the Braveheart foundation. The Braveheart foundation's sole purpose is to prevent child sexual assault in our society, focussing on educating, empowerment and protection.

Our new friend Leanne introduced herself and announced that she had also brought along a special friend! We then met 'Ditto' the baby lion cub as listened to a story called "Dittos safe adventures". Leanne began to discuss the concept of "yes feelings" and "no feelings"; yes feelings can involve feeling excited, having fun and feeling safe, while no feelings might involve feeling sad, angry or unsafe.

Ditto and Leanne gave us some strategies of how we can determine if our bodies are telling us that we don't feel safe; our heart might beat fast, we might have butterflies in our tummies and also have wobbly legs. We then discussed what we could do when we have those "no feelings". We say no, run and tell someone you trust! Ditto wanted us to know that we own our bodies and should only allow people we feel very safe with to see or touch them, such as our parents and doctors. We were lucky enough to sing and dance along with Leanne and Ditto to some special songs before we thanked Ditto and said our goodbyes.

Over the upcoming weeks the educators will continue to use the resources from The Braveheart foundation, to further develop the children's awareness to keep safe.

📍 If you would like to come and have a look at the centre or ask any questions regarding our Educational Program please feel free to contact the Centre Director Daniela Balmer on 9653 1475.



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KU Galston Preschool



Who can believe that we are at the end of term, where does the time go? I would like to thank Gary and the team at the Galston Branch of the Bendigo Bank for their kind donation which has allowed us to replace the softfall in our outdoor learning environment. It is through the support of local businesses that help us, as a not for profit community preschool, update our environment making it a wonderful place for our children to learn and grow-thank you Bendigo Bank!

We have been busy with Grandparents/VIP week where grandparents and important people were invited to preschool to share some time with our children and to have morning tea. The children found this a worthwhile experience as they love introducing their grandparents to their friends and showing them how clever they are.

We have been concentrating on getting ready for school, practicing writing our names, taking care of our belongings and playing games. Our favourite games are snap, snail race, mouse trap maths, connect four, number bingo and snakes and ladders. These games are developing our problem solving skills, attention spans, turn taking skills within a small group. Outdoors we have enjoyed the obstacle course of climbing, balancing and jumping and have been focusing on our ball skills of catching and throwing.

📍 We will soon be enrolling for 2018, if you have a child who will be eligible for preschool please feel free to contact our director Rebecca Onslow on 9653 2252 or at ku.galston@ku.com.au for further information.

A Bunny Tale Worth Telling

The Blue Rabbit is a simple yet poignant story told in an entertaining and accessible way to audiences of all ages.

Head of Drama at Hills Grammar, Stephen Clarke, wrote the play for the Senior Drama group

to experience how a play with a Greek chorus might work. "I wrote the play with a simple narrative for younger audiences that had a strong social message about social inclusion."

The group skilfully adapted their performances for the range of ages in the different audiences. The message was clear and the empathy commanded by the players, palpable. The Blue Rabbit, performed in the School's Blue Box Theatre, sees a young blue rabbit from 'over the hill' bounce into the well-established red rabbits' domain. The young rabbits have never seen a rabbit like this and have no idea how to react. Is it really a rabbit? Can we trust it? Maybe we are too different to get along.

📍 You can guess how the conflict is resolved and yes, there is even a little rabbit love-story. However, it is what the very young and perceptive audiences took away that was most important.



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News from Galston High School

Equestrians at Galston High School

In June, three students, Rachel Pernice, Courtney Bowd and Emily Hankins, travelled 450 kms north to Coonabarabran to compete in the North West Equestrian Expo. This equestrian competition began in 1991 as part of a field day for students at Coonabarabran High School and it now attracts more than 600 riders from state, Catholic and independent schools throughout NSW and southern Queensland. The competition runs for five days and the riders compete in a variety of competitions including eventing, dressage, showjumping, sporting, polocrosse, team



penning, horseball and the expo pentathlon. Against fierce competition our students rode brilliantly bringing home many ribbons including Rachel 3rd in Polocrosse, Emily 3rd in C grade eventing and Courtney 4th in the Pentathlon (run, cycle, showjump, javelin, flag race). Our students thoroughly enjoyed their time in Coonabarabran and were great ambassadors for Galston High School.

Grease is the Word

Galston High School students are hard at work preparing for the 2017 Musical Grease and are looking forward to sharing the performances with the school and local community.

Adults: \$20 Concession: \$12

Dates:

- Thursday 27th July 7.00pm Evening Performance
- Friday 28th July 7.00pm Evening Performance
- Saturday 29th July 7.00pm Evening Performance
- Sunday 30th July 2.00pm Matinee Performance

For ticket sales visit Flexischools.com.au

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Galston Public School

By Carole Weiss



Galston Public School students are currently enjoying a well deserved Term 2 break. Prior to this term vacation many engaging, busy and enjoyable events occurred.

An Evening of Music was thoroughly enjoyed by parents and visitors alike when Galston Public School band children performed a delightful repertoire of music taught to them by the band tutor Jenny Sparks.

The K-2 Athletics Fun Day and Field Events Carnival was recently held in the school grounds. Well done to all students for their enthusiastic participation and also to those students who had a 'go' at the field events for the very first time.

Congratulations to the senior girls Netball team. Against strong opposition they played in the first round of the PSSA Knockout Netball competition. Despite not winning they were without doubt, gracious in defeat. Our team showed impressive sportsmanship with their effort, determination and perseverance as they faced strong competition. Special thanks to Mrs Lacey who assisted on the day with transporting students to and from the venue and Mrs Bolger for umpiring the game.

Still on sport, congratulations to the 38 students who attended the Beecroft PSSA Zone Cross Country Carnival at Fagan Park. All our competitors tried their personal best. A special mention to Sarah B who came 6th in the



11 Years race and Sarah S who came 4th in the 8/9 Years race. These two students have qualified for the upcoming Sydney North PSSA Regional Cross Country.

And even more sporting news. Congratulations, also to our soccer knockout team for their efforts in Round 1. They played like champions despite tough competition against a talented opposition. Another group of fine sporting ambassadors, these boys were for their school.

Kindergarten Enrolments for 2018 are now being taken. If you have a child who will be enrolling next year, please assist us by completing an enrolment form, available from the office. Please bring your child's birth certificate/passport and immunisation documents with you. Your assistance in this matter helps our planning for next year. If you are aware of a family in the area with a child who will be enrolling in Kindergarten next year, please ask them to contact the school office.

📍 If you would like to know more about our awesome school, please contact the school office (9653 2062) and all your questions will be happily answered.

Glenorie Mission Church

If I want to become a real Christian, there are just a few simple steps I need to follow:

I must acknowledge that I am not a real Christian but want to become one.

I must acknowledge that I am a sinner.

I have to be sorry for my sin and be genuine in my desire to make a fresh start with God, (with His help I will be able to do this.)

I need to acknowledge that I can't save myself and believe that Jesus did this for me through His death on the cross.

I accept what Jesus has done for me and ask God to accept me as His child.

What is the result?

If I have sincerely followed the above steps, I am now a real Christian. There are many verses in the Bible that make this very clear. For example in Romans 10:13 it says, "Everyone who calls on the name of the Lord will be saved."

Being saved means you have accepted God's wonderful gift of salvation and you will receive many great blessings from God. Some of these blessings are:

1. All your sins are forgiven.
2. Instead of being separated from God forever you are brought closer to Him.
3. As a person who is saved from drowning is rescued from what otherwise would have happened, so as a new Christian you are saved from what otherwise would happen to you. In fact, you are safe.
4. You receive a new life in Christ. The Bible says, "If anyone is in Christ, he is a new creation. The old has gone, the new has come!" 2 Corinthians 5:17.

This new life is eternal or everlasting. You will live with Christ forever.

Your new destination is Heaven, instead of Hell, there is no in-between position.

You have a new companion to help you live your new life in Christ. This companion is God's Holy Spirit. The Bible says, "Your body is the a temple of the Holy Spirit, who is in you, whom you have received." 1 Corinthians 6:19.

You are now a child of God, a member of God's family and a real Christian.

by Rev.E.C.Long.(to be continued).

📍 Come and find out more on Sundays at 10:15 am. Glenorie Mission Church 1409 Old Northern Rd, Glenorie.



By Corri Byrne, Pastor

All too often I have met Christians who can quote chapter and verse of their favourite scriptures, or those that have a deep theological knowledge and can debate the ins and outs of eschatology (study of end times).

Yet less often have I met Christians who live the word, rather than just study it.

What do I mean by this?

Our intellectual knowledge of the bible is only complete when it is applied to our lives. We can know all the theory but unless it is put into practice then it remains ... a theory.

I would like to offer a challenge to our readers, one that I have been working through myself, which is whether the bible is great for theory or intellectual knowledge or is it experienced and a revelatory knowledge.

There is a chasm of understanding between scriptures revealed and scriptures read and studied.

Recently I have attempted to break this down and would like to explore this over the coming months. With this being the first instalment, God Created.

In Genesis 1:1 it says "In the beginning God created the heavens and the Earth."

From the opening lines of this collection of 66 books known as the bible we are offered a challenge, do we believe God created?

Maybe it is easy to read and accept in theory, but has it been revealed?

For this statement alone uncovers one of the first steps of faith, do we believe in a higher power?

The majority of the world sits in this stage, most believe in a higher power – at least in theory. But as Christians, do we believe beyond theory, and apply in our daily walk?

For if we do believe, and it is our living experience, then the revelation is there is something much greater. There is a reason I yearn more, hope to discover more, to understand more of why. There is a way to answer these infuriating questions of why am I here? What is my purpose?

Ecclesiastes 3:11 "He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end."

We all have this urge to seek more, to understand more. When you experience the creator, as opposed to theorise, then you understand that He created you for a purpose, He created you for a plan and if only you would seek Him then that will start to be revealed.

God seeks a relationship with you and is there, arms stretched out wide, welcoming you in. He wants to reveal His plans and purpose for you and to embrace you in His love.

In fact He is so intent on doing so, as we will discover next month, He sent His son to show the way.

Something on my tombstone

How would you like to be remembered? What sorts of qualities would you wish people to associate with you?

Alfred Nobel was a Swedish chemist who became rich by inventing powerful explosives and selling the formula to various governments. In 1888 Nobel's brother Ludwig died in France, and a number of French newspapers accidentally printed a death notice for Alfred instead. They announced that the merchant of death was dead, and he was described as the inventor of dynamite and the man who had amassed a fortune by showing governments how to develop more effective weapons of death. Nobel was shocked by this appalling assessment of his life and how he would be remembered.

And so he decided to turn things around. In the remaining years of his life he used his wealth to establish awards in recognition of achievements that would benefit mankind. We know these awards

David McKibben, Pastor, Galston Seventh-day Adventist Church

today as the Nobel Prizes, and it is for them that Alfred Nobel is primarily remembered.

This story illustrates the greatness of service, a principle taught and practised by Jesus. On one occasion Jesus declared, "Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave." (Mark 10:43, 44: The Message). The awards systems of various countries all recognise the value of service, and the 30th American President, Calvin Coolidge, once stated, "No person was ever honoured for what he received. Honour has been the reward for what he gave."

The principle of service is not so much worked out in major achievements but in our interaction with people in everyday life. It is displayed in the attitudes that characterise our daily lives.

So how will you be remembered?

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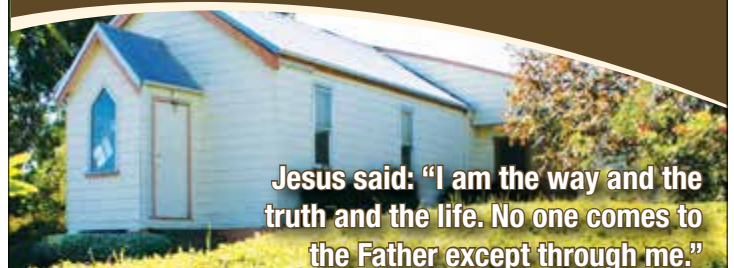
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Bromeliad Society of Australia

The Bromeliad Society of Australia will hold their next meeting at Federation Pavilion, Castle Hill Showground on **Saturday, 8th July** commencing at 11am with plant sales, prior to the meeting at 12 noon.

Access is via the new Showground entrance off Showground Road into Doran Drive, Castle Hill.

“Guest speaker will be Brian Chapman, Power Planter who will demonstrate the new

wonder tool turns your cordless drill into a very effective soil digging machine. The Power Planter is a sturdy unit hand welded in the USA with a lifetime warranty on materials and craftsmanship. Simply attach to your cordless drill and use it to dig holes, cultivate garden beds, dig trenches for irrigation and even mix a batch of concrete in your barrow. said Ian Hook, President, Bromeliad Society of Australia

The Power Planter replaces your regular gardening tools like a spade, mattock and garden fork all of which require a lot of effort to be effective.

This tool will renew your love of gardening by changing the easy way to dig your garden.

Brian, a qualified Horticulturist and Landscape Designer, loves to get stuck into the garden and create something beautiful. During the Winter of 2016 their team took on a very ambitious task of planting 20,000 bulbs on their property and used the Power Planter to make this huge job a whole lot easier. Apparently they were able to dig 100 holes in 10 minutes using the Power Planter.” said Ian Hook

BSA meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment.

Contact Ian Hook - mobile 0408202269, email:

ianhook1@bigpond.com Website: www.bromeliad.org.au



How to clear Privet without going mad



By Barry Lees

Many properties in this area have dense stands of privet, often along creeks. Landowners may have tried to clear it but it has a nasty habit of growing back, destroying your good work. In frustration you may have given up, and the privet has got thicker and covered more area until it is too big to think about.

My advice is to relax, have another cuppa and decide where you would like to start clearing. Mark off an area about 5m square and remove the privet plants, ensuring you don't tread on any natives present. With increased sunlight, hundreds of privet seedlings will rush out of the ground. When they are 10 or 20cm tall, pull them out. If there are absolutely no natives present, you could spray them but I prefer not to. You will need to do this 3 or 4 times over a year or two, but their numbers will decrease as you deplete the seed bank. If very few natives have appeared after 2 years, you could plant some additional shrubs and groundcovers.

Admire your work in this section and ignore the rest. Think how good this bit will look in a few years' time. Do the next section when you feel you have time to do the follow-up on the new section and the previous one. The process can get addictive! Any single privet plants in areas of good bush can be removed anytime. You might not have cleared all the privet before you move into the nursing home, but it doesn't matter – be proud of what you have done and hope the next owner carries on your good work.

Privets up to 1m high can usually be pulled out. Bigger plants should be cut off close to the ground and painted with neat glyphosate (Roundup) within 15 seconds. Try to cut them horizontally so the herbicide stays on the



Continue on next page

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Galston Garden Club



It is with much pleasure, we announce that Judy Horton, our Patron, bestowed Life Membership to one of our members, John Graham, on behalf of Garden Clubs Australia. This award is in recognition for all of John's continued, long standing commitment and support in various roles on their committee over the years. John also worked towards the formation of the Galston Garden Club in 1983, and has held many positions within the club over the years and continues to be an active and involved member.

Our guest speaker this month was Brett Tallis from Overland Wholesale Nursery. As a substantial plant supplier to Bunnings, Brett gave us an interesting talk on this side of the industry and just what it takes to continue to stay in the nursery business and be profitable. In six years Overland Nursery has gone from strength to strength and Brett credits that to a good business plan and concentrating on creating a consistent, reliable, plant growing nursery business. Knowing what sells well and then growing good quality stock and enough to keep the retailer happy. It is certainly a fine line so as not to have too many plants that you can't move them on, but enough to supply the large quantities required. One of the issues that they have overcome is by having plants that are not yet flowering but always available on the retailers' shelves, so that when customers come in looking for a plant, it is available and they don't have to wait until it is in flowering season. Brett also brought in plants that suit the much smaller gardens that are now being built that suit the small space and the shading caused by houses being much closer together. He spoke



John Graham receiving his Life Membership to Garden Clubs Australia

on what is trending in the garden and what will delight many gardeners, is a return to flowering plants and proven old favourites, that are now making a comeback, either because it is a proven performer or is an improved form of the original plant. For these small block

gardens, Brett recommended plants like compact Hydrangeas, Abelia, Nandinas, the compact Daphne, the Oyster Plant, Peris, all varieties of Mondo grass and plants with coloured foliage, like Duranta Gold or with bright berries like the Ardisia Crispa Coral.

We are looking forward to our guest speaker next month Ingrid Nemetz from "Hellebores Down Under" who will let us into all the tips to grow Hellebore successfully. These beautiful shade tolerant plants with their lovely flowers are not well known, yet look gorgeous in the garden.

Save the date for the Galston Open Gardens Weekend Fri day 20th, Saturday 21st and Sunday 22nd October 2017.

📍 Garden Club meets on the 2nd Wednesday of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8.00pm, new members are warmly welcomed. For other information, visit our website: www.galstongardenclub.com.au



How to clear Privet without going mad (Contd. from page 54)

cut longer. On larger trunks, you only need to put herbicide around the edge where the sap runs. I use a small plastic container like those sold for sewing machine oil – put a tiny hole in the top to control the flow of herbicide. Add colouring (Herbicide) so you can see what you have done. For bigger trees, cut the trunk about a metre above the ground and put the tree on your ever-growing pile, then it is easier to do the final cut and paint close to the ground.

Along creek banks, only clear 2 or 3 metres at a time. Don't do more until the last section is stabilised with natural regrowth or new plants. I have seen bad erosion where people get enthusiastic and clear too much.

To those Landowners who have given up on privet, I encourage you to read this article again, find your zoom and get stuck into it! Landcare can help with planning, techniques, advice on what to plant and where to find the plants.

📍 Go to www.stillcreekladcare.org.au or Facebook.

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WHAT'S ON

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We are very excited with our line up of guest speakers for 2017. COME ALONG and Make New Friends!

We welcome recently retired citizens and Baby Boomers, who are, looking for new interests.

Keep abreast of the changes which are likely to affect you and your income in the future.

We need to work together for a better future in retirement.

Guest Speaker: Dr. Roza Sage, Diabetes Awareness

Contact: 9634 1186

Red Cross, Castle Hill Branch

14th July, 9am

Room 1, Castle Glen, 157 Ridgescrop Drive, Knightsbridge, Castle Hill. (Temporary Address)
Parking - at lower end of Knightsbridge Shopping Centre and local Bus. Routes available. Street Stalls to be held on Fri. 30th June at Winston Hills Mall.

Australian Plants Society meeting Friday July 14th

Friday July 14th, 7-45 pm

Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby
Joanna Wong will present her findings on "Biomarkers for Armillaria root rot in Eucalypts." Joanna was the 2016 recipient of the Val Williams Scholarship while a student at Western Sydney University. Native plants for sale. Visitors welcome. Peruse our comprehensive library and enjoy a cuppa after the meeting.

Contact: www.blandfordia.org.com

Dural Prostate Support Group

Next Meeting Monday 17th July

Venue: Blue Gum Centre, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven NSW 2156

Time: 7:00 pm for 7:15 pm

Speaker: Dr. Phillip Katerlaris - Urology Surgeon

Men with prostate cancer and their carers/families invited to meet new friends and speak to health professionals.

For further information call Denis 9629-2645 or Maurice 9654-2138

Stay Tuned Choir

Come along and join this fun and fabulous non-auditioned community choir. We meet on a Tuesday night in Dural. New singers are always welcome and we guarantee beautiful music-making, fun folk and great performance opportunities. Try a night before you commit to the full term.

Next term commences on Tuesday 18 July.

Contact: Suze Pratten enrol. suzepratten@gmail.com
0438 723 822

Dural Galston Probus Club

Thursday 20th July, 10am

The Galston Club, 21-25 Arcadia Road, Galston

Guest Speaker: Deryl Mason "Friends of the Botanical Gardens"

Contact: Anne 9653 1004

Galston VIEW Club

Wednesday 26th July, 2017

Dural Country Club

Guest Speakers: Nerida Jackson, Community Hearing Advisor. Visitors are always welcome.

Contact: Vivian 98941189

Galston Seventh-day Adventist Church

Saturday 29 July, 11.00am

Get Answers (see story page 21)

Does God exist? How can anyone believe in the Bible when science has proved otherwise? Is evolution happening today? If there is a loving God, then why do suffering and death exist?

Venue: Church Hall, 49 Arcadia Rd, Galston

Contact: Pastor David Mckibben 0474 493 793 or 9484 515

Beyond Words Book & Movie Group

Dural Library

Friday, 28 July 2017 | 01:30 PM to 03:00 PM

Looking for a new book club with a twist? Try Beyond Words Book and Movie Group. Never judge a book by its movie. No bookings required

Contact: Contact: Dural Library 9761 5755

Glenhaven Green Country Market

Saturday 29th July, 10am to 2pm

Blue Gum Centre, Glenhaven Green Retirement Village, 599-607 Old Northern Road Glenhaven next to Flower Power Clothing, Accessories, Bags, Craft, Assorted Foods. Jewellery and more. Sausage Sizzle, Pop up Café

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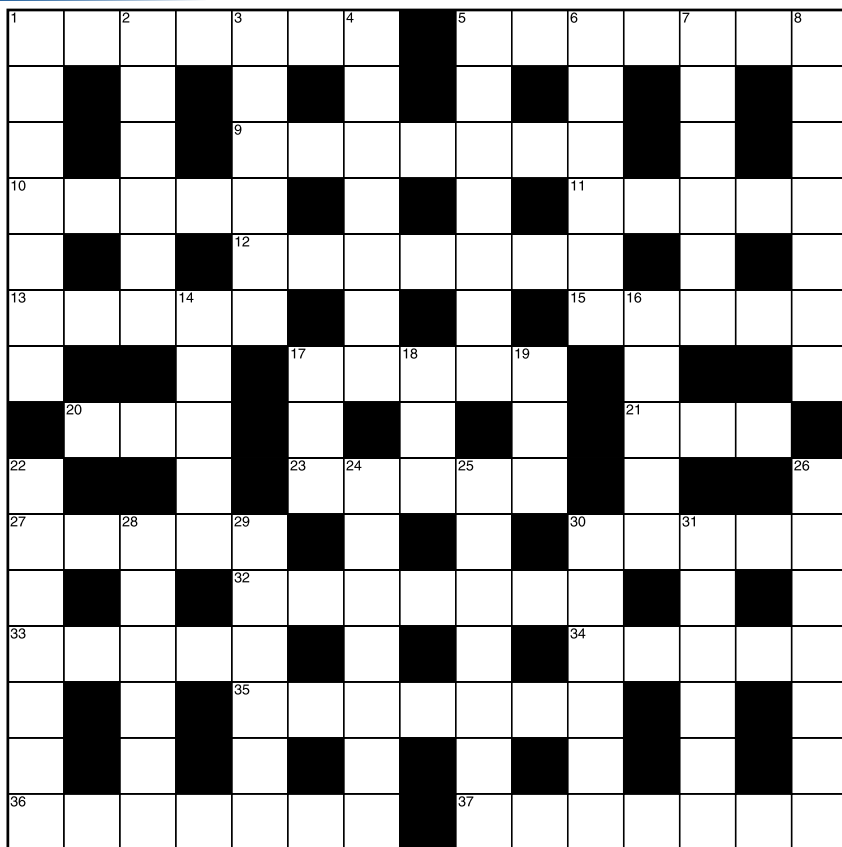
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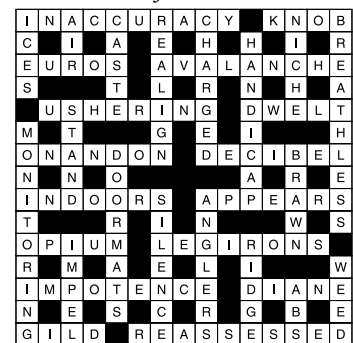
ACROSS

- 1. Envious
- 5. Risque
- 9. Bootlicker
- 10. Plough (into)
- 11. Guild
- 12. First letter of word
- 13. Amassed, ... in
- 15. Crave, ... for
- 17. Pointed teeth
- 20. Disfigure
- 21. Radio frequency (1,1,1)
- 23. Unhealthily overweight
- 27. Multiple-birth babies
- 30. Trussing
- 32. Scoops (out)
- 33. Muddle
- 34. Monk's garb
- 35. Filled pasta
- 36. Emotionally unmoved (3-4)
- 37. Most corpulent

DOWN

- 1. Kitchen appliances
- 2. Raid
- 3. Exotic flower
- 4. Endurance
- 5. Depending
- 6. Wild
- 7. For each person, per ...
- 8. Opening mouth wide
- 14. Slipped up
- 16. Delegate
- 17. Back & forth, to & ...
- 18. Formerly named
- 19. Take legal action
- 22. Sordid
- 24. Dear
- 25. Exhibitionist (4-3)
- 26. Bighead
- 28. ... Hepburn
- 29. Fortified wine
- 31. Consume (alcohol)

Answer from June Issue



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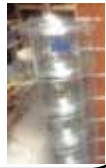
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LOCAL PLAYGROUPS

GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/ outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.-

GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie
Every Thursday 9am-12pm - bring allergy friendly snacks

ARCADIA

Located at Arcadia Public School, 140 Arcadia Road
Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562
Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request

a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

DURAL/GALSTON

St Jude's Anglican Church, 965 Old Northern Rd Dural (Off Galston Rd for parking). Every Friday 9:30-11:30 am Aged 0-5 All welcome.

Come and join us every Friday (during school terms) for play, story, music, crafts and so much more!
It's free just bring a piece of fruit to share. We look forward to seeing you there!

Contact Gayoung 0448 770 722 if you have any other questions.

CALLING ALL PLAYGROUPS

If you are organising or running a playgroup in the local area, please let us know.

We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to: editorial@galstoncommunity.com.au



**Deadline for August 2017 Edition
15th July
7000 copies distributed**

The Galston, Glenorie and Hills Rural Community News

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General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service Fire Captain David Byrne	9655 1656
Galston Rural Fire Service Fire Captain Rob Symons	0409 470 205
Glenorie Rural Fire Service Fire Captain Shaun O'Brien	9652 2017
Hillside Rural Fire Service Fire Captain Andrew Baildon	9652 2245
Middle Dural Rural Fire Service Fire Captain Len Best	9651 2805

LOCAL JP's Bendigo Bank Galston - 9653 2227
Cathy Vipond, Hills Accounting, Glenorie - 9652 2400
Mary Ord - 0400 363 563
Vicki Brownless - 0423 727 826 (South Maroota area)
Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083
Cherrybrook Shopping Village, Shepherds Drive,
every Saturday morning 10am to noon.

There will be a JP at Dural Library Wednesdays between 1pm and 3pm.

Community Contacts

Avicultural Society of NSW Inc. Welcomes persons interested in Aviculture (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686
ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glens on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.
ALANON Family Group meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452. National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation".
Arcadia Community Hall 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Bella Vista Farm Open Day & Markets 1st Sunday Each Month (except January). Explore the farm, browse the stalls, discover something wonderful. www.bellavistafarm.com.au. New stallholders always welcome. Contact Meegen 0419 262 850

Castle Hill Art Society Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquiries Ph. 98993179

Circular Keys Chorus are always seeking would-be Divas. De-stress as you learn to sing a cappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural and District Historical Society Inc holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

Dural and District Prostate Cancer Support Group holds its meetings on the third Monday of each month at 7pm at Dural Country Club. Enquiries Denis 9629 2645 or Maurice 9654 2138.

Dural and Districts Senior Citizens' Club Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

Dural and Hills District Garden Club Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

Dural-Glenorie Scouts Joys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

Dural Mens Shed meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions.

Contact Ian Browning, M: 0419 435 475 E: isandian@tpg.com.au
Ferry Artists Gallery Old Northern Road Wisemans Ferry 2775. ph: 02 4566 4385. for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

Galston Branch CWA meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Melissa 0408626978.

Galston Community Hall 37 Arcadia Road, Galston available for functions, air-conditioned, inspections welcome. Bookings call Robyn on 0414 647 638.

Galston Community Health Centre This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club will be Wednesday 24th May, 2017, at 11am. The speaker will be Merinda Air - W.I.R.E.S. NSW Wildlife, Rescue and Education Service. For more information, please ring Vivien on 9894 1819

Girl Guides Girls Age 6-12 meet on Thursdays 5-6.30pm at Galston Guide Hall, 414 Galston Road, Galston. This is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Contact Mary 0423 353644 or Amy 0415 438210.

Glenorie Maroota Bioregional Forum Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpnc.com.au

Glenorie Progress Club Hold its meetings monthly at 7:30pm in the Memorial Hall. All Welcome 9652 2454.

Glenorie RSL Club 3 Post Office Rd, Glenorie (behind Woolworths). The New Hills Hotspot. For bistro bookings call 9652 1199, all other enquiries and bookings 9652 1183. www.glenoriesrsl.com.au

Hills Budgerigar Club Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000 for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' and Gourmet Food Mkt 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

The NSW Justices Association Hornsby Branch meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

Living Life Without Children Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol, email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

Rotary Club of Galston meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteaincscow@gmail.com

Probus Club of Round Corner NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group and the Caravan and Cabin Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at:

The Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner, 2158 or come one month as a visitor.

Rowland Village Workshop Club invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

Social Dance Workshops Pennant Hills Community Centre, Yarrara Road, S7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

Stay Tuned Choir We are a non-auditioned community choir which meets on a Tuesday night in Dural. We welcome new singers throughout the year and guarantee beautiful music-making, fun folk and great performance opportunities. Contact Suze Pratten: suzepratten@gmail.com, 0438 723 822

Still Creek Landcare Group Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW) The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

The school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest:- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

Glenorie Community Church Pentecostal and Evangelical - meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505. Church 9652 0577.

Glenorie Mission Church Sunday Service 10.15am, Girls Brigade Tuesdays at 4.30pm. 1409 Old Northern Road (Cnr Muscos Rd), Glenorie. Enquiries 9652 1203 / 0404 144 612.

Hillside Church Meets 10.00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

St. Benedict's Catholic Church Arcadia Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd and Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest: Fr Bernard McGrath 0416032497.

St. Columb's Anglican Church, Arcadia Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

St. Judes Anglican Service Times: 8am Traditional; 10am Contemporary with Sunday Kids & Yr 5-9 Teen group; 6pm Evening church for youth & parents. 'Epic' kids club and Youth Group - Fridays (see website for details). Galston & Old Northern Roads, Dural. Phone: 9651-1119

St Madeleine's Catholic Church 28 Annangrove rd, Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 9653 1250 or 9489 3739 to speak to one of our trained coaches.

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://duralrugby.net.com.au.

Galston Glenorie Amateur Fishing Club Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club For further details regarding season events, grades and registration, please contact 0404 600 460. ggcce.nsw.cricket.com.au

Galston Club Golf Club Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

Galston Equestrian Club New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club All enquiries to secretary. galstonnetballclub@hotmail.com or visit the website www.galstonnsw.netball.com.au

Glenorie Social Golf Club Plays monthly, visit www.glenoriesrl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

Hills AUSSI Masters Swimming Club meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7.30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

Hills Hawks Soccer Club For season details and registrations call Michael Rosier on 0418 676 768 or agminulations@bigpond.com.

Hills Hawks Softball Club Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawks softball.org.au.

Hills Pumas Football Club For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenthurst Netball Club Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

Tennis / Squash Social Group looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston At rear of Galston Community Hall. Available Day or Night. Mobile 0414 647 638.

Tennis Court for Hire Glenorie Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

Thursday Ladies Tennis Competition in the Hills District Players of all standards are welcome. For more details and contacts please see our website at hillsladiesstennis.org

CHURCHES

Galston Uniting Church Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of

the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest:- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

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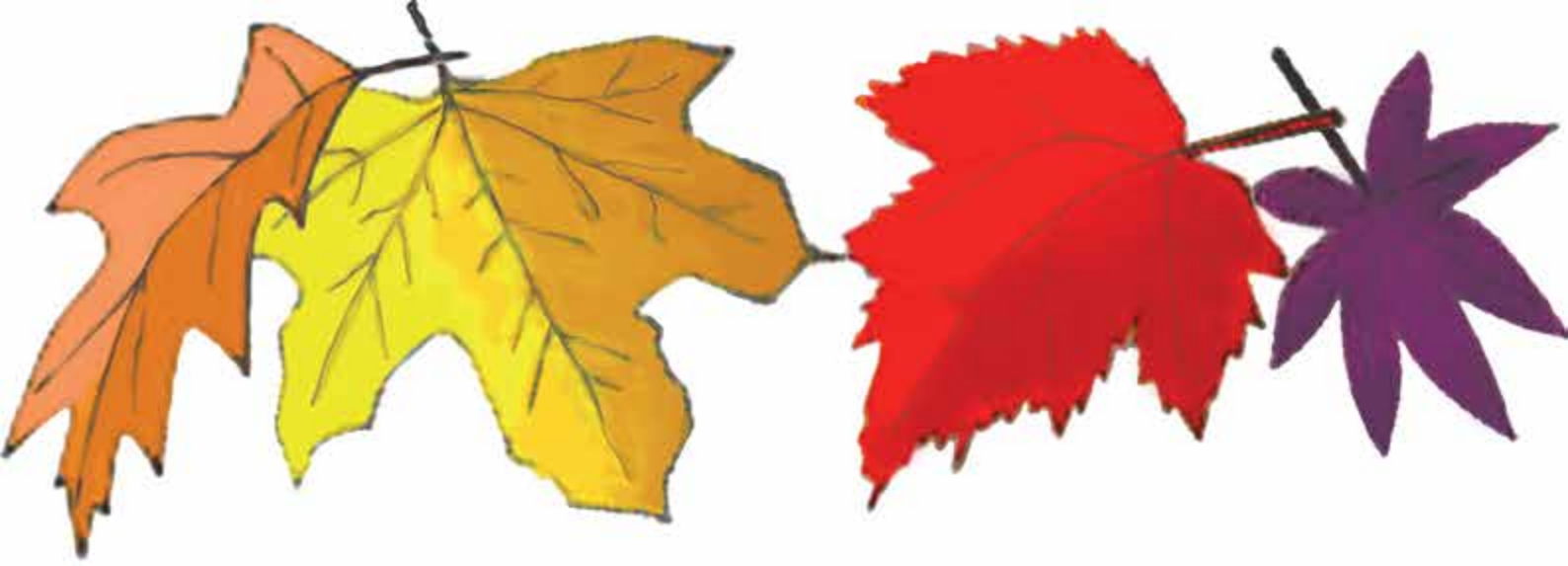
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Almonds
Apples
Apricots
Cherries
Chestnuts
Currants
Figs
Gooseberry
Hazelnuts
Kiwi Fruit
Mulberries
Nectarines
Peaches
Pears
Persimmons
Plums
Pomegranates
Prunes
Youngberry

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30% off

Acers (Maples)
Cercis
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Crepe Myrtles
Elms
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Flowering apricots
Flowering plums
Flowering peaches
Flowering almonds
Lilacs
Platinus
Oaks
Ornamental Pears
Robinia
Salix
Weeping maples
Weeping cherries



Hargraves Nursery

630 Old Northern Rd Dural

9651 1833

www.hargravesnursery.com.au