

# Galston, Glenorie & Hills Rural COMMUNITY NEWS

Photo courtesy of UB Art Shack

JULY 2018

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## M9 - Should we be Concerned?

There has been several reports in the national press and more locally on facebook about the letters received by some residents in Oakville and Maraylya who have been advised that their property falls within the proposed M9 route. This has caused community action groups to form and public meetings to be held. Some changes have occurred to the Bells Line of Road section, but, as far as we have heard, not the route through Maraylya.



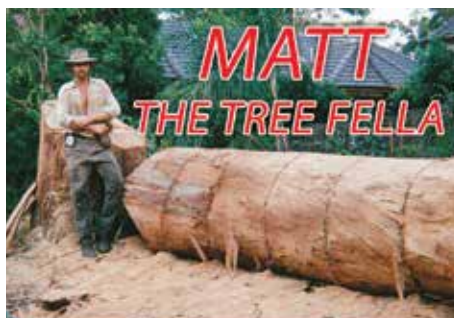
Sydney Roads

More details on page 22

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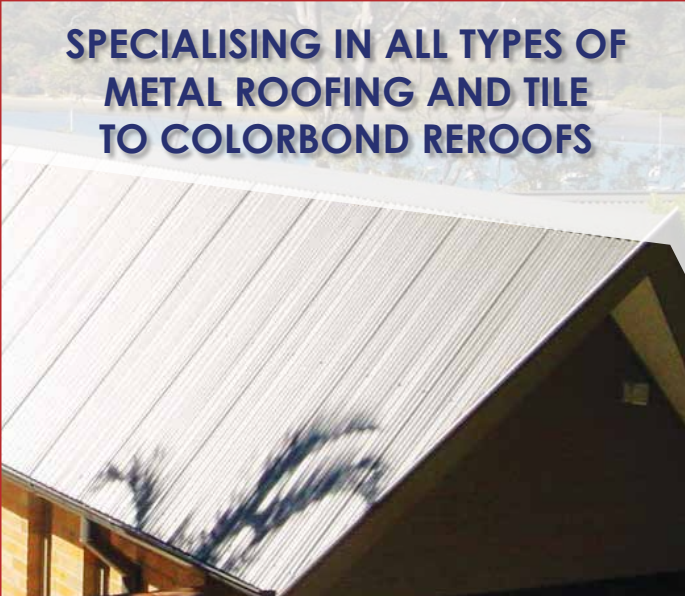
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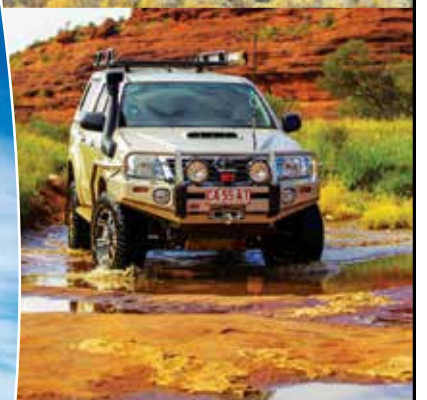
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## WHAT'S WORN UNDER THAT KILT? PIPES AND DRUMS IN THE HILLS

*By Annina Chrystal, Publicity Officer  
for the Hills District Pipe Band*

The traditional answer is “Nothing, it’s all in perfect working order!”

The Hills District Pipe Band has been performing at local community events for 48 years, and is well-known for their excellent uniform; proudly wearing the McDonald of Clan Ranald tartan (bagpipers) and the Argyll of Sutherland tartan (drummers).

This year the Hills District Pipe Band has played at:

- Bundanoon is Brigadoon Highland Gathering,
- Officer’s Passing Out Parade at Parklea Prison,
- Martin Place Dawn Service,
- Sydney ANZAC Day Parade and Scottish Act of Remembrance,

- ANZAC services for Cumberland RSL, Galston RSL and Glenorie RSL,
- National Walk to School Day at Arcadia Public School.

As a social band, the engagements connected to the community hold great value.

In a traditional pipe band there are four different instruments – the bagpipes, bass drum, tenor drum and snare drum. Multiple bagpipers play tunes together, and with harmonies, under direction from the Pipe Major. The bass drum is the largest drum in the drum corps, which is held vertically with a harness, hit on either side, and provides the band with a low-

tone beat. The tenor drum is held horizontally on a harness and hit with two tenor beaters, to produce a mid-high tone beat to compliment the bass drum. The tenor beaters are also flourished in the air in-between beats for dramatic presentation. The snare drum is popular for its military “rat-a-tat-tat” sound; played with drumsticks to produce accents and rhythmic patterns to accompany the bagpipe tunes.

With a sense for music and rhythm, any of these instruments can be learnt. Members of the Hills District Pipe Band are experienced tutors, and welcome any new or experienced players to the band!

The Hills District Pipe Band practices in the Harvey Lowe Pavilion at Castle Hill Showground every Tuesday night from 7:30pm-9pm with tea and coffee afterwards. The band warmly welcomes you to come along to practice if you’re interested in learning a new instrument and skill. Bring a friend!

**Follow us on Facebook and Instagram: @hillsdistrictpipeband or contact the band Secretary, Suzie Whitaker, to book the Hills District Pipe Band for an event: [suz801@live.com.au](mailto:suz801@live.com.au). Visit <http://www.hillsdistrictpipeband.com>**

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## KENTHURST ROTARY FUNDRAISER HELPING AUSSIE FARMERS



Kenthurst Rotary is focusing on helping Australian Farmers that are struggling due to drought.

On **Saturday 14th July 2018** at Woolworths Round Corner we will be having a sausage sizzle / raffle with all proceeds going to Rural Aid who provide a range of support

services from provision of animal feed, cash handouts and mental health assistance.

We will be receiving donations for 'buy a bale of hay' donations which will be given to Donation Barrel helping Aussie farmers feed their livestock. There will be a raffle to help raise the \$10K needed to fund a full truck of hay.

When you donate to Rotary there are no Management or service fees. So, come along buy a sausage and enter our raffle and help an Aussie Farmer doing it tough

**For more information please call Victoria from Kenthurst Rotary Club: 0402 114 628.**

## Hornsby Hospital says Thanks

Galston Community Health Centre and Galston Community Centre donated money to purchase four Sara Steady machines.

The machines have been allocated across the hospital in the STAR building, Lumby, Intensive Care Unit and rehabilitation.

The Sara Steady is a non-electrical standing aid that minimises manual lifting by care givers. It is useful for patients who are non-weight bearing who can only stand for a few seconds; or those that can only achieve a half stand, and those that are too unsteady to mobilise safely for example, amputee patients.

Physiotherapy Manager, Katie Lee, said allied health and nursing departments of the hospital would benefit from the machines.

'A huge thank you to Galston Community Health Centre and long-term volunteer Julie,' she said.

'This will make a huge difference to our patients in terms of rehabilitation getting them up and moving.'



(L-R): Volunteer Julie with a Sara Steady, Dean Mckeough (from Galston Community Health Centre), Katie Lee and Jennifer O'Boyle.

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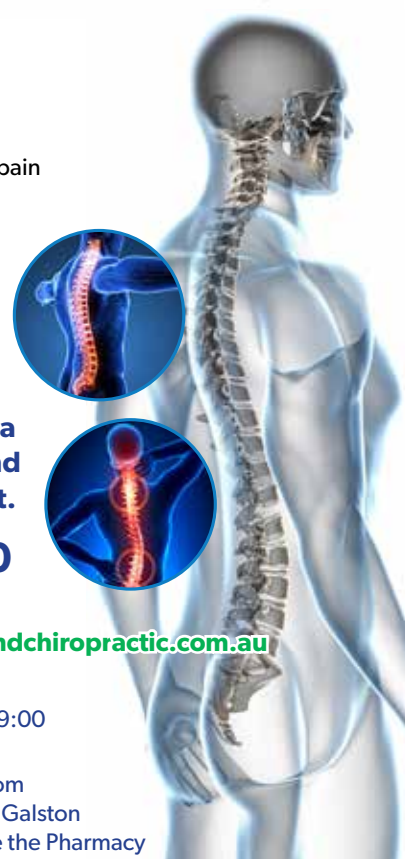
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## Galston CWA News

CWA Galston celebrated their 60th Anniversary on the 13th June. A wonderful high tea was presented and well received. Past members, current members and guests enjoyed the festivities and cake whilst reminiscing upon the past and looking towards the future of Galston Branch.

Thank you to all who joined us on this special day.

Galston 500, raising funds for "Kiss Goodbye to MS" invited us to hold a stall at their event at the Galston Valley Railway. Funds going towards helping those living with MS and their families. We sold plants, crafts, cakes and scones.

We meet at the Galston Health & Community Centre,

cnr Glade and 17 Arcadia Road, Galston. Visitors are most welcome to attend. We hope to raise our membership to over 20 members by the end of the year, so if you have considered joining please contact us.

Our general members range in age from 30 years to 90+. Junior members also welcome. Feel free to drop in on a meeting

and see that we are not just about tea and scones.

Donations of material and other items also welcome. Please visit our facebook page for details of specific items. [www.facebook.com/CWAGalston](http://www.facebook.com/CWAGalston)

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# ROAD RIDE: Hills Shire Council Bike Paths Network

By Susanna Mills

Hills Council compiled a comprehensive plan for road cycling in 2009. In 2018, they continue to deliver on it. With major developments like North Kellyville along Cattai Creek, thousands of new homes being built throughout the Hills. Residents and businesses need alternative, efficient transport options to events, shopping centres, schools, work and transit hubs.

**KELLYVILLE-CASTLE HILL:** Safe cycle paths, completely separated from congested Showground and Windsor Roads, have been completed- delivering cycle commuters straight into the heart of Castle Hill, Norwest & Victoria Rd. business parks. (Ironically, the safest, quickest way into Norwest business centre on a bicycle is currently a short cut straight past the front door of Hills Council chambers and out onto Columbia Way).

**BELLA VISTA FARM:** 10km out & back

For recreation and major community events, Bella Vista Farm can be easily and quickly accessed on a bicycle, via the subway

under Norwest Boulevard.

The path to this subway currently goes from the heart of Mac Mansionland in Brighton Drive, up past Hilltop Park and then down into the subway off Waterfall Crescent . Around Bella Vista Farm there is a short, but very scenic hilltop path to enjoy, with lovely views west and the historic farm homestead to admire. The farm path takes you to Bella Vista Oval and into labyrinthine, beige suburbia.

**SMALLS CREEK TO WINDSOR VIA ROUSE HILL:** 24km or 48km

Start at Wrights Road Community Centre and explore the very pretty, shared bushland pathway that runs parallel to Smalls Creek. Unfortunately, it is as yet unmarked for navigation, so



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## FACT BOX

expect to take some wrong turns while exploring the full 12km route to Rouse Hill Regional Park. Give way to traffic crossing President and Withers Roads. Crossing Samantha Riley however, is outright dangerous due to ongoing major construction works. These path vs. road crossings have yet to be resolved by Hills Council and Roads NSW. Continue along Smalls Creek and bear left along Caddies Creek Lake to the bridge on Withers Road. Turn right and cross Withers Road to enjoy a cruisy, tree-lined ride via Aberdoon Park to Connie Lowe Reserve.

There is a subway under the A2 here, joining the noisy, but very extensive A2 cycle path taking you the next 12km to Windsor in perfect safety from heavy traffic. This subway is conveniently situated at Rouse Hill Regional Park, where the very helpful ladies at the Visitor Centre will send you on an informed stroll around the historic Rouse Hill Homestead and environs. Although the A2 bike path/road intersections can be frustrating, lights control vehicular traffic moving in six different directions- so relax and keep pressing the button for your little green bicycle, rather than risking a dangerous (and illegal) red bicycle crossing. It is disappointing that this great cycle way, enjoyed by thousands of cyclists for over a decade, has become very neglected. There is broken glass strewn across it, uneven surfaces, overgrown vegetation, poor path markings and non-existent navigational signage. If drivers are angered by some cyclists riding in traffic on the A2 when there is a bike path- this is why.

**COFFEE:** Café at Hills Council Chambers. Lifestyle & Leisure Bike Shop is on the bike path in Vineyard. Pop in for coffee, pastries and the latest cycling gossip. Numerous cafes to choose from in Windsor.

**THUMBS DOWN:** Dogs off leash on the shared path between Wrights Road and Caddies Creek. If cycling here you may encounter some pedestrians and dog owners who behave aggressively when you ring your bell or call out to alert them you intend to pass. No network of mountain bicycle trails to link and appreciate Hills Shire bushland reserves were included in the 2009 Hills Council Bike Plan.

**THUMBS UP:** Hills Council having the foresight to build one of the most extensive cycle paths networks in Sydney over the last decade. Leave your car at home and use it! A local council facilitating safe, convenient access via active transport options to suburban parks and historic homesteads with long distance cycling links to Windsor. This article covers the best cycle paths that are currently open. More paths will be opened, linked, signposted and mapped as major infrastructure works are completed.



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Pictured: McGraths Hill Vet. 30kw System

## Biggest Morning Tea Success

By Kerrie McGrath

Another successful Biggest Morning Tea held by the staff at the Galston Village Pharmacy on the 23rd May 2018.

We raised a total of \$2221.00. This was made possible with the amazing generosity of our local businesses. Without your

support this amount could not be achieved. A big thank you to our major sponsors of this event The Bendigo Bank Galston, The Galston Club, Bunnings Dural & Hills District Farm Equipment. Also to Scissor & Comb who held a mini morning tea for their clients and contributed their fund raising effort with ours. A

special thank you to everyone who baked and made a beautiful selection of cakes, slices and sandwiches, plus to all our volunteers that helped on the day to make coffee and tea and serve everyone (you know who you are). To many to thank separately, last but not least to our winners of the major raffles.

- 1st prize - Susan Healey (\$1000 travel voucher)
- 2nd prize- Christine Macdonald (Lenovo 10" tablet)
- 3rd prize - Julie Stephens (\$200 Bunnings vouchers)
- 4th prize - Craig Bell (rover chainsaw)



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## Local Practice Receives The Mark of Quality as an Accredited Practice

Glenorie increased its community health credentials when Glenorie District Medical Centre received a national award of accreditation, demonstrating its commitment to quality and safety within its practice.

Glenorie District Medical Centre received this important recognition from *Australian General Practice Accreditation Limited (AGPAL)*. Accreditation shows the practice makes a significant investment and commitment to quality on a day-to-day basis, across all levels of the practice team. Achieving accreditation is a major achievement and a clear demonstration that Glenorie District Medical Centre is striving to improve their level of care to both patients and the community.

Areas of focus during an on-site assessment for accreditation include: ensuring vaccines are

within their use-by-date and stored at the correct temperatures, that the practice equipment is clean and sterile, practice staff are up-to-date with their training, and the practice has emergency care available. Everyone at the practice plays a valuable role in working to meet the RACGP Standards. It gives staff a real sense of pride to work in an accredited practice. We want community members, nationwide to know that their wellbeing is our priority. By choosing to attend an accredited practice, patients know they will get quality and safe care that meets the RACGP Standards.

**1 Glenorie District Medical Centre is located at 920b Old Northern Rd, Glenorie and offers a range of services including Pathology, Physiotherapy, Podiatry and Psychology. Contact: 96521663**



## Winter Strikes The Bowlers at Dural

The ladies who usually meet at 9am for a 9.30 start on the green have put the start back to the later time of 9.30 ready for 10.00 starts. This not only allows a sleep-in but gives the greenkeeper time to get the dew off the greens.

On the green, in spite of the drizzle the Minor Singles was finalised with Christine Fitzgerald getting the better of Marilyn Bonvino. These two newer bowlers at the Country Club had a good game and Marilyn will get another chance next year.



Chris



Marilyn

**1 The club also had a "Come and try day" and the coaches are busy with some new men and women enjoying the free lessons offered. You can contact Rob or Eileen on 0411 375 580 or 0432 181 635**

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# Salvation Army

By Katy Joscelyne

In July 1865 a group of volunteers met in England to discuss how they could support needy people. Their aim was to alleviate physical distress and to build spiritual well-being for the large numbers of people living there in poverty.

The movement gained momentum and a newspaper release named it "The Volunteer Army".

Before the article went to press, the founder struck out the word "volunteer" and replaced it with "Salvation". And so, the Salvation Army was born.

In Australia, the Salvos follow this creed of being there to help people financially, emotionally and spiritually via caring, compassionate and non judgemental encounters across all cultural and socio-economic groups.

The two stores in Glenorie and Dural are largely run with the commitment and energy of many volunteers who sort several thousand donated items every week. The money raised goes back into the community.

Our in-store focus this month is on children's toys and books. There is a dedicated children's toy and play area in the Dural store where a huge array of soft toys, construction, puzzles, games, pull-alongs and baby items are housed. If you are looking to add on to your LEGO blocks or wooden Brio rails, this is a good starting place!

We stock over 1000 children's picture books ranging from all time favourites like Pamela Allen, Mem Fox and Beatrix Potter to more recently published books on every subject imaginable.

Our Manager is planning in-house school holiday feature spots this month for children, so please check the Salvos Facebook page for details, or ring the Dural store on 9651 4504.

**📌 We are also running another STOREWIDE HALF PRICE DAY in both stores on Tuesday 31 July to thank our valued customers for their generosity, both in donating goods and in purchasing goods. You are assured of a warm welcome on this, and on every day, so do come and visit us.**

## Eastbend Update and Notice

A meeting of Eastbend Rural Communications was held on Monday May 21st. Among items discussed was the necessity for archiving material collected over the years and stored at the Resource Centre. For some items there is need for display cabinets, preferably with glass doors. Donations of cabinets or finance have been called for to help with this.

The next meeting will be held on at the Resource Centre, Maroota Public School, 4540 Old Northern Road, Maroota on **Monday August 20th**. If you have any local items you would like to discuss or have help with please come to the meeting.

**📌 If you can't come yourself, please contact Pat Schwartz, at [deblacko7@hotmail.com](mailto:deblacko7@hotmail.com) or 9652-1276, or Tessa Corkill, at [2archaeics@gmail.com](mailto:2archaeics@gmail.com) or 9652-1470. As always, from 1pm there will be a light lunch and time for a chat before the meeting starts. We look forward to seeing you there!**

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# Arcadia and Galston Residents Association (AGRA)

**2018 AGM 10th July, 7.30pm at Arcadia Community Hall.**

In the early 80s Arcadia Galston Residents Association grew out of the need for community representation and voice for the needs of our local community in Arcadia. The fledgling groups evolved under the umbrella of a community forum representing 2159, socially as well as politically at federal state and local government levels. AGRA is a community forum where an individual, a small group of people, an interest group can come together to achieve an ideal.

AGRA's principle is to provide a forum for polite informed discussion to attempt to solve issues that might otherwise divide our community.

Some of AGRA's achievements are:

- \* Arcadia tip - from its potential pollution of Calabash Creek, to high tech leachate control and the introduction of accepted recycling and kerbside collection.
- \* Lobbied and achieved Council's Rural Land Study.
- \* Organized 3 car body clean ups, the tally of 1000 plus cars removed and recycled.
- \* Permits to allow property owners to burn off and at no cost.
- \* Proactive with Council to formulate a Rural Roads policy.

- \* Proactive in bush regeneration including a \$60,000 Grant for Carrs (Carrs Cush) bush.
- \* Designed and progressed the improvements and maintenance of the Arcadia Community Hall.
- \* Galston Village Master plans.
- \* Drove improvements to reduce the number of blackouts with Energy Australia.
- \* Input on the Companion Animals Act, the difference between the city and suburban to the rural hinterland opinions of cat control.
- \* Supporting our local RFS after the 1994 bushfires, in compiling a list of Static Water Services and people with special needs in case of an emergency in our local community. We worked with Hornsby Police Local Area Commander and Hornsby RFS Fire Control Officer.
- \* Supporting the need of retaining our water standpipes in Arcadia and Glenorie.
- \* Not officially endorsing but in supporting local candidates who would be councillors representing the rural area from 1987 to 2004 we have had 5 councillors living in the rural area.
- \* In conjunction with the Rural Lands Board we established an effective rabbit baiting program which went on for

several years. On one we distributed 700 flyers with 200 participants.

- \* Arranged spring time community bush walks in the Marramarra area.
- \* Save Arcadia Park for the community. In the late 1990s Hornsby, in contradiction to the Local Government Act, was preparing to give up a portion of the park to a singular interest group. It was challenged, the community still has the park, and the interest group now has an equestrian facility.
- \* Pressed for the retention of Galston Library.
- \* AGRA has held large meetings with over 200 attendees, to discuss issues such as Berowra Waters development and the inequity of land valuations.

AGRA draws upon the resources and expertise of the individuals within our community to enhance the environment, facilities and opportunities of 2159.

AGRA is seeking and gaining new community members to keep the ideals of the rural community. All welcome to come along to our next AGM.

**Contact: David Ayres Public Officer at 0481 583 274 or Email [dave@bruin.com.au](mailto:dave@bruin.com.au)**  
**OAM President Michael Bell**  
**Secretary Barry Lees**  
**Treasurer Pam Watson**



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Online Appointments



## Galston View Club



Guest Speaker Sandra Ross from Ross Garden Tours with President Marj Jarrett and Secretary Vivien Fitzer at VIEW Club Luncheon meeting held at The Galston Club in May.

The Galston VIEW Club which raises money to support The Smith Family's Learning for Life program will hold its monthly luncheon meeting on **Wednesday 25th July, 2018** at The Galston Club, 21-25 Arcadia Road Galston, at 11am. The guest speaker will be Jeanette Cassidy, National Councillor, View Clubs Australia.

**Visitors are always welcome.**  
**Bookings Vivien 98941189.**

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Australian Pump Industries (Aussie Pumps) is an organically grown Hills district business that provides great employment opportunities. "We're looking for competent store people, fitters and assemblers", said Aussie Pumps Operations Manager, Hamish Lorenz.

The huge success the company has had in domestic and export markets mean their production is stretched and they desperately need more talent! Lorenz says the demands for their unique designs has put this hard working company under real pressure.

"It's exciting to work in an environment where the products are praised in the USA are taking over whole market sectors in the Middle East and whipping imports here in Australia", said Lorenz. "Every day is a challenge as we find new and better ways to build world class equipment that you'll never see copied in third world countries", he said.



**More Aussies pour off the line at Castle Hill. Who said Australian products aren't competitive!**

Want to know more about a career in Aussie Pumps? Do you want to contribute something meaningful building products that can help us all to a more sustainable world using water in a more effective and positive way?

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**Further information contact Australian Pump Industries on 8865 3500 or check the website [www.aussiepumps.com.au](http://www.aussiepumps.com.au) under careers.**

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Before



After



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## Galston Girl Guides welcomes new members



A promise ceremony for Junior Guides (aged 6-9 year olds).



Pizza night – the girls enjoyed choosing their own toppings when they made their own pizzas.

**Please contact [admin@galstongirlguides.com](mailto:admin@galstongirlguides.com) for hall hire or enquiries about Girl Guides.**

## The Planning & Re-enactment of the First Fleet Tall Ships

The Dharug and Lower Hawkesbury Historical Society Invite you to The Planning and Re-enactment of the First Fleet Tall Ships afternoon with our Special Guest Speaker Dr Jonathan King.

Please join us at the Chapel on **Saturday July 28th** where we are pleased to welcome Dr Jonathan King, eminent historian and descendent of Lieutenant Philip King, Arthur Phillip's aide-de-camp, as he brings to life one of the great historical events of the 20th Century. Jonathan's list of achievements have been many and varied but perhaps the highlight was the planning and re-enactment of the First Fleet where he sailed 11 square-rigged tall ships across the high seas from London into Sydney Harbour where three million spectators greeted the arrival on Australia Day 1988 being Australia's largest live spectator event.

Jonathan was presented with Australian of the Year Award (Victoria Division) in 1988, and in 1989 the

Australian Achiever Award. Jonathan is also the author of many books on Australian History. He is also a great fighter for the environment and has worked and continues to do so with the Australian Conservation Foundation.

Following his talk he and Paddy Briggs will make a presentation to the Society of the plaque given to John Briggs on his retirement as the last Sydney Harbour Master.

We will meet at the Chapel at 12.00pm for lunch at 12.30 pm.

Dr Jonathan King will commence his talk at the Wesleyan Chapel, 6445 Wisemans Ferry Road, Gunderman after lunch.

Perhaps you were there on Australia day in 1988 on Sydney Harbour?

**Cost:** Members \$ 15/ Non-Members \$20. All welcome.

**Bookings essential: [enquiries@dlhhs.org.au](mailto:enquiries@dlhhs.org.au) or 0405 321 478 (leave a message) by Wednesday, 25th July.**



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## A-Maze-In Mind Program

We are thrilled to have launched our newest program to support vulnerable young people in foster care, the A-Maze-In Mind Program. Our program has been developed by a qualified counsellor who has extensive trauma and are at greater risk of experiencing mental health problems.

The program has two major objectives. The first being to provide psycho-education on the two most prevalent mental health issues being anxiety and depression.

The second is to teach these vulnerable young people practical tools and techniques they can use now and in the future to help manage their own mental health and well being.

The program can be delivered online through an on-line classroom that is accessible via computer, laptop, tablet or smart phone. It can also be delivered in person in group settings with our Therapy Dog, Angel, (pictured). Both options are one hour sessions over a six week period. In addition to this program we are also offering participants up to 10, free of charge, one on one counselling sessions with our counsellor for young people in out of home care.

The 6 week program is also available for young people not in out of home care for a small fee. We are NDIS approved.

To support this program and Angel, tax deductible donations are greatly appreciated. Donations can be made securely via our website [www.fostercareangels.org.au](http://www.fostercareangels.org.au).

**📞 To enquire about the program, please contact Wendy at Foster Care Angels on 9899 6006 or 0452 117 660. No referral is needed.**



## Letter to Editor

In the May edition of the Galston, Glenorie & Hills Rural Community News there was an article on the academic side of the Galston High School. I would like to tell you of another side.

It was on the 10th April this year after the school's Anzac Remembrance Day where the Rowland Village choir sang. My husband and I belong to this choir.

After the service, my husband tripped down some steps onto the path below. Within minutes the School Captain, Chloe, and Vice Captain, Caitlin, were beside him kneeling, as he had fallen on his head. With cold compresses, the girls took turns in attending to his forehead. I am sure if they had not been so quick, his injuries would have been more serious.

The music teacher, Janet, kept me company, rang our daughter and the ambulance to take him to hospital where he spending the night. It took a long time for the injury to heal.

I am sure their Principal, Jill Turlas, was very proud of the attention given to us. I must say it is also a very caring school, as well as academic.

Kath Keith, Rowland Village.  
(Kath is 90 and her husband is 93.)



## Maximising Water Storage

Josephine Robertson with her horse Gypsie, keeps her pastures green with Aussie's transfer pump.

Aussie Pump

With the 'Big Dry' spreading even into the Hills district, property owners face an expensive winter hand feeding stock and buying in water. Aussie Pumps is out to help owners manage their water resources with their range of transfer pumps.

"We understand the huge amount of water needed to keep animals healthy. It's not only the cost of buying in water that's a big concern, but having a reliable source," said Aussie Pumps Product Manager, Brad Farrugia. "This issue drove us to develop our 'Drought Buster' pumps for efficient water transfer," he said.

Moving water between dams to maximise water storage and rainfall

collection can minimise the effect of drought. Aussie Pump's big QP 4" pump is ideal for this as it moves large volumes efficiently.

The Aussie's 4" QP402 is driven by a powerful Yanmar 10hp electric start diesel engine. Aussie Pump Yanmar powered products are thoroughly match tested, with pump design engineers working

closely with Yanmar to guarantee that the pumps will provide first class performance and longevity in Australia's tough rural operating conditions.

The big pumps deliver up to 1600 lpm and have the ability to self-prime up to 8 metres of vertical lift. They feature big, open high SG cast iron impellers suitable for passing small solids in suspension.

The pumps are backed by Aussie Pumps' unique 5 year guarantee and the engines come with Yanmar's 2 year warranty.

**📞 Further information on the Aussie QP range is available online or from the Aussie Pump distributor network.**

## Letter to Editor

A heartfelt thank you goes out to Galston locals Dave Johnson and Mark Vaughan who assisted me when my beloved dog was killed on Mid-Dural Rd on Tuesday night, after a storm.

These men went above and beyond to make this horrible situation a little easier for me to bear.

And another thank you to the young lady who lives on Mid-Dural Rd who called me the next day to safely return my other dog. You saved us a lot more worry and distress.

This community is the best!!

Cathy Bennett

# Glenorie Progress Association News

**Boral concrete** – At the time of going to press, the DA for the upgrade of the Glenorie batching plant still has not been lodged with The Hills Shire Council. Residents are advised to make a submission to THSC as soon as the DA is lodged. (Keep an eye on our facebook page.) The opposition to the plant is growing with an awareness campaign being run. The general feeling is that the ideal would be to relocate the plant altogether from Schwebel Lane Glenorie to a more suitable, industrial site – not in our semi-rural village, so close to residential, school and shops.

If YOU are able to help spread the message, *please ring Di on 0418 432 587* or email us at [secretary@glenorieprogress.org.au](mailto:secretary@glenorieprogress.org.au). If you join the association you will be sent the updates directly and we now have a very healthy, growing membership of 65 members.

**Glenorie Bakery** – A DA has been lodged for extended hours for the Bakery i.e. 6am to midnight Monday to Friday and 6am to 11pm on Sundays. Submissions with The Hills Council close on 5 July, 2018.

## Hornsby issues

- Councillors *Michael Hutchence* and *Warren Waddell* are still active in assisting with our planning 'vision' in Glenorie. Hornsby State MP and Minister for Innovation and Better Regulation, *Matt Keane* wishes to gauge residents' level of concern on the widening of New Line Road to improve the infrastructure of roads. You can contact him on <http://mattkeane.com.au/contact-matt-keane-mp>

**M9 Outer Sydney Orbital** is also on our radar and in the news. The NSW Farmers are obviously to be impacted but have had no direct government consultation. Residents of Maraylya and other suburbs have had advice of acquisition of their homes. Government is under pressure to pinpoint the exact routes of links to the Central Coast, Newcastle or the Blue Mountains so keep monitoring the news



New Line Road

broadcasts to ascertain if this reportedly 200m wide corridor incorporating a freight line will impact on our district.

**Environment Centre** – Streamwatch volunteers are active checking conductivity levels in Glenorie Creeks.

**Glenorie Bus bay** – Tarmac repairs have happened so it is a much safer walking and driving surface!

**Woolworths** - Keep watching for a local Associations dedicated noticeboard in a new space on the Woolies wall.

**Join us at our next meeting at 7:45pm at the Glenorie RSL on Tuesday 10 July.**

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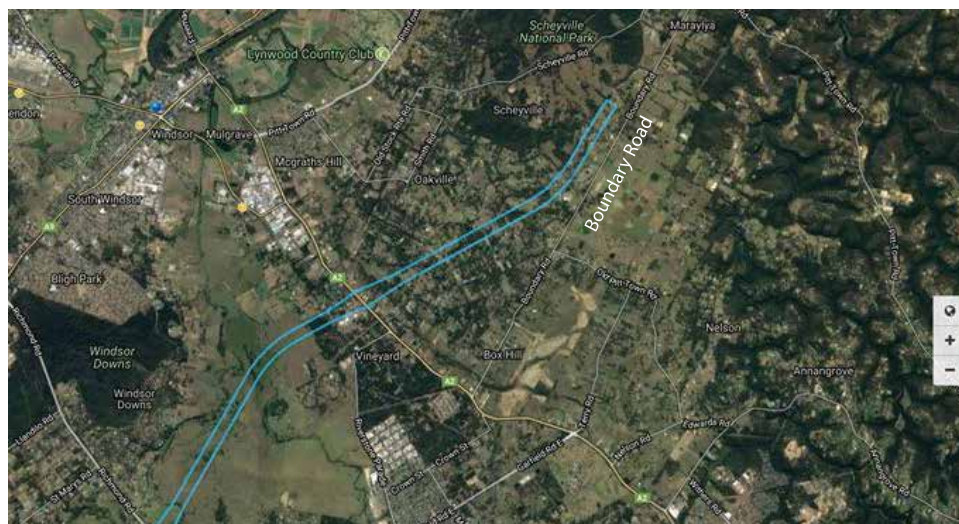
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# M9 - Should we be Concerned?

Continued from page 1



Proposed finish of M9 at Maraylya

Now Maraylya is not that far from Glenorie, so residents might be concerned as to what happens after Maraylya.

No details appear to be available about where this road might continue to, but there was a Strategic Review 2002 looking at options to take traffic from the west,

north, bypassing Sydney. Three routes were considered, A, B & C. C was chosen which is the NorthConnex tunnel currently being built. Interestingly C passes through Maraylya.

Here are some of the maps appearing online (see above and page 1). The



Possible link to M1

proposed road which stops in Maraylya, residents are calling it 'the road to nowhere'. Maybe one day it will go somewhere, but when, who knows....

The Glenorie Progress Association is following this story, and will publish updates as they are received.

## Finalists 2018 Australian Real Estate Business Awards



Lumby Hampson Real Estate has been shortlisted for the prestigious Real Estate Business Awards 2018.

A local boutique Dural real estate agency is in the running to take out one of Australia's most coveted industry awards.

Lumby Hampson Real Estate has been shortlisted as a finalist in both the Boutique Independent of the Year – 3 or less offices and the Sales Campaign of the Year of the nationally recognised 2018 Real Estate Business Awards, brought to you by Momentum Media.

Now in its sixth consecutive year, the Real Estate Business Awards recognises the achievements of the industry's leading agents, networks, innovators, lenders and property managers across 27 categories.

Founded in 1968, Lumby Hampson Real Estate has been operating in the Hills district for 50 years and specialises in the Auction and Acreage Markets.

REB managing editor Tim Neary said that the REB Awards is the biggest event of the year in Australian real estate, and is a benchmark for success.

"The awards are the most sought-after business awards for the real estate industry in Australia," Mr Neary said.

"It is a great way to recognise the industry's high-performance agents, property managers, BDMs and businesses, those who are able to flourish in the face of the industry's ongoing challenges."

Mr Neary said the REB Awards recognises and rewards those who are driving real estate in Australia into the future.

Kate Lumby and Will Hampson, Principals at Lumby Hampson Real Estate are both humbled by the nomination.

"That Lumby Hampson has been recognised for its excellent contribution to the real estate industry reinforces the strength of our brand in connecting with our target market and customers," Kate said.

**The winner will be announced at The Star, Sydney on Thursday, 19 July 2018.**

## Australian Functional Ingredients Online Store "A presentation?"

The Australian Plants Society-North Shore Group will meet on **Friday July 13th at 7-45 pm** in the Willow Park Community Hall, 25 Edgeworth Davis

Avenue, Hornsby. The guest speaker will be Vic Cherikoff, well known author and his topic is *"How to identify and cook with wild foods of the Sydney region and why we should be eating them for our health."*

He will have copies of his most recent book, "Wild Foods" available for sale on the night. Vic was winner of the Food Industry Innovation Award for Herbal-ActiveR, a natural antimicrobial. For more information visit [www.austplants.com.au/North-Shore](http://www.austplants.com.au/North-Shore) or <https://cherikoff.net>  
Visitors welcome.

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Budgerigar Society of N. S. W. Inc. Hills Branch

## 2018 National Logue winning birds *By Ray Galbraith*



Australian Golden Face, owned by Tom Davis. NSW.

After five days of festivities that comprised the 2018 National Budgerigar Championships held at Penrith Panthers Event Marquee; budgerigar exhibitors, local and overseas visitors have returned home to breed that champion budgerigar and prepare for the 2019 National Championship. The 2019 National will be organised by South Queensland Budgerigar Society and held in Brisbane. NB. Photographs of Logue winning birds at this years National Championship are shown within this article.

This years' National Championship was won by Victoria, after having been neck and neck with New South Wales up until judging of the last few Varieties, when Victoria drew away for the win. National qualified judges at this years 44th Championship came from South Queensland, North Queensland, New South Wales and Germany. Hills Branch members were represented within many

of the aspects of organising and running the championship, namely; registration and administration, computer services, competition stewards, transport services, tour administration and facilities management.

Young Bird and Annual Shows for 2018/19 will get into full swing during September with the Northside Branch Show being held at St Ives Showground, St Ives., on the 9th September 2018. This show will allow residents of the Hills to view quality budgerigars within close proximity to the Hills Area. A great day out for the family, with no entry or parking fees. Other shows will be held within the Newcastle Area during September.

**📌 Care to be part of a hobby that can be enjoyed by an individual partnership or family, then contact should be made with Peter Dodd by telephoning 9888-5631 or [peter\\_dodd@primus.com](mailto:peter_dodd@primus.com)**

## A short snippet from the past...

### Glenorie Bus Company

GBC was a privately owned family company. Its origins go back to the early 1900's when the village of Glenorie was a staging post for horse drawn wagons hauling produce between Wisemans Ferry and Castle Hill. Motorised bus services began Hill during the 1st World War.

In the early 1920's, George Deaman expanded the bus fleet and by 1939 operated a fleet of 6 buses! George Tucknott & Roy Baxter purchased the Company from the Deaman family in 1952. By 1975 when they sold to the

present owners, the Todd family, the fleet comprised of 16 vehicles.

In 2004 GBC operated a fleet of 75 buses with a staff of 100 people. The bus fleet was predominantly Volvo.

In 2001, GBC was purchased by National Express.

In December 2004, GBC was rebranded Hillsbus. The company was later sold to Cabcharge DelGro Australia.



The Glenorie "Fleet" 1960

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## Celebrating the life of Celia van Tilburg - 1940 - 2018



Celia was born in London in 1940 at the beginning of WWII.

Her father Herbert was in the army. Her mother, Meagen Morfydd (known as

Movie) was from The Rhondda Valley in South Wales. The house in which they originally lived, in Fulham, was bombed and so they moved in to the three-roomed flat next door to her grandparents. Consequently throughout her early growing up years she spent a lot of time with her grandparents.

Because they did not have a garden most of the children played in the streets. Marbles in the gutter was a favourite - also two-balls up the wall, skipping, hopscotch etc. No tv's and no computers in those days! And a lot of reading, particularly Enid Blyton books. Jeff, her brother was born in 1947, just after the war.

She joined the Brownies and Guides, and eventually became a Brown Owl (Guide Leader). She left school at 15 and her first job was as a Junior Clerk at County Hall, north of Westminster Bridge just where the London Eye is now. The 1950's and 60's was the "Rock-n-Roll" era and Saturday nights were always occupied with dancing at the Hammersmith Palaise (her local - where Victor Sylvester played) or other dance halls around London. A long time was spent in the ladies dressing rooms backcombing and lacquering hair etc.

She was 20 when she was working at Hyde Park Cnr for the NFU (National Farmers Union) and answered an advert in The Daily Sketch for "Amazons" in the film "Barrabbas" filming in Italy.

Celia and 2 others won the parts and were flown to Rome (her first time in an aeroplane). The arena scenes were filmed in Verona, with Jack Palance, who was the lead gladiator, and Anthony Quinn. "Cleopatra" was being filmed in Rome at the time, with Elizabeth Taylor and Richard Burton. She spent her 21st birthday in the hills of Verona in a restaurant with friends from the film.

That experience left her feeling very unsettled, and after "temping" all around London, she took a job as a Receptionist with a Butlins Holiday Camp in Clacton,

Essex. At that time, 1962, many up and coming entertainers performed at Butlins Camps, including Cliff Richards, Lonnie Donegan, Tommy Steele, Winifred Atwell, Bruce Forsyth etc. They all had to come to Reception on arrival!

By 1963, feeling very restless she decided to look for work overseas. She had, what she termed, "the travel bug". She finally settled on Australia because her cousin John was in Sydney and you needed somebody to vouch for you. This was to be just a 2 year stay to travel around and see the country. She couldn't afford to return within 2 years and pay the return fare. And so in 1964 she became a "Ten Pound Pom".

Meeting Paul on that 5 week boat trip became the start of a new way of life - unbeknown to her at the time. Paul was one of just 12 full-paying passengers - he was returning from a visit to Holland.

They were married in May 1965 and Rob was born at the end of that year! Neither families could afford the fare to Australia, and so it was quite a small wedding at ???, Mosman.

They were renting in Berowra and started looking for land, preferably around Avalon, near Whale Beach where Paul had rented a flat earlier. They just wanted a level block of land to build a house and have some space for a "backyard". But there were very few "level" blocks for sale, and so they ventured inland where Paul had been doing television service work. They finally settled for 10 acres in Arcadia - no water, no electricity and completely covered by bush!!

And so every day, before or after work, depending on his shifts, Paul would go to Arcadia and start clearing the bush and then go straight on to work. Also of course at week-ends. At alternate week-ends they would go to their friends in Berowra to help them. So two homes gradually began to develop over the years. Without electricity everything was done by hand and food and water taken along. The first item to be built in Arcadia was the water tank. Paul's first experience with bricklaying! By March 1968 the first stage was finished and Paul and Celia and Rob moved in. Still no electricity - they used an old kerosene fridge and heater and paraffin lamps. The gyprock walls and ceilings were completed in July of that year - at the time of the birth of Janine.

Ridge Road was just a track in those days and had no name. Hornsby

Council gave them the option of naming the road, but they didn't take up the option. Eventually the Council inserted a small road opposite and Paul named it Geebung Close, as he thought it sounded Australian!

Gradually over the years with the addition of electricity the house developed and so did the van Tilburg Clan! Four beautiful children to add to the Australian population. Robert, Janine, Leanne and Paul.

Both Celia and Paul became active members of the local community in Guiding and Scouting, Soccer, Netball and the local schools.

Learning to drive was of vital importance to Celia. They didn't have a car in England - infact she was 11 years old before she had a ride in her uncle's car. Over the years she drove their old Holden to all the various activities in which the children were involved, including sometimes the local "school run" as there were no buses then.

Paul was very keen on animals, and over the years they had: pigs, cattle, horses, chickens, emus, kangeroos, and a variety of birds and dogs. When young Paul was a teenager he wanted a camel and that became another addition to the "flock".

Celia was always enormously conscious of her isolation in relation to her family, and because of that she was a constant writer. Keeping in touch with both families overseas, with letters, photographs, tapes and emails. Consequently when her own beautiful grandchildren arrived she was in her element - never without a camera in her bag. The joy her own mother must have also experienced when she came to live in Arcadia in 1988.

Apart from the immense satisfaction, hard work and joy of rearing her own family of four, the arrival of her grandchildren gave her the ultimate pleasure.



Celia with the Brownies

# Dooral Early Learning Centre

Dooral Early Learning Centre is a brand new early learning centre with long day operation hours from 7am to 6pm.

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loving, encouraging, positive, responsive, supportive, creative, patient, and responsible.

We initiate our children to learn to care for the people around us; care for the nature; care for the environment; care for our earth resources; care for the animals; care for the community; and care for our future. Dooral ELC collaborates with families and communities with high respect, understanding and appreciation.

Differences of cultures, family structures, religions, nationalities and ethnicities are respected and included in our daily practice program. Dooral Early Learning Centre has enriched early learning programs to support our children to lay a solid foundation for their future school life. Healthy eating habits, hygienic knowledge, independence, sense of appreciation, emotional and social

skills, visual arts, performing arts, music and movement, sports, foreign languages, literacy, numeracy, science, morality, ability to be happy, critical thinking are just some parts of the children's learning experience.

And we have some more areas for the children to explore, to inquire, to imagine, to create, and to maximise their holistic development in their early childhood. Dooral Early Learning Centre, part of the community, is right here to support our families, our schools, and our children! Let your child be the captain! Dooral ELC is the tailwind helping your child to sail towards a bright future.

**Contact: Silvia Li 0404223060 / 96539966**

**Book a centre tour at [www.dooralelc.com.au](http://www.dooralelc.com.au)**

**Address: 774 Old Northern Road, Middle Dural**



## Dural and District Historical Society Inc.

By President Michael Bell

With the death of Celia Van Tilburg, our Society lost a valued member who worked diligently behind the scenes.

On the 22nd of May, ten members toured No. 3 Quarantine Cemetery on North Head. It was a beautiful day, with Sydney Harbour stretched out before us. Our guide was Don Napper and members remembered the various talks he had given them over the years. His commentary was enlightening and enjoyable. His vast general and specialist knowledge made every memorial an interesting lesson. After lunch we visited the former St Patrick's seminary in Manly and were kindly shown through part of this magnificent building.

The research on WW1 soldiers from our district is nearing its end and a book is to be published. The Society would be pleased to hear from readers who have memorabilia that could be included. Please contact me on 96531365.

Our guest speakers for the June meeting were Effie Alexarkis and Leonard Janiszevski, locals from Fiddletown and social history researchers from Macquarie University. What an interesting afternoon that was! It was especially pleasing to have so many visitors of Greek origin come along and they were able to give Effie and Leonard more research material.

In July, Celeste Radcliffe will speak on her experiences as a psychiatric nurse in the 1960's. This will be a thought-provoking talk, which may give us an insight into a modern issue.

The June Roughley Memorial Lecture, on the 11th August, will be on the Colonial Irish Distillers. Smugglers Ridge, Still Creek and copper pipes in abandoned wells, give a fair indication that our district had a connection with the subject of the talk. A recent discovery, to be displayed on the day, will add to the evidence. Please advertise this event among your acquaintances.



In the evening of that day there will be a community dinner and our Society will have a table or two. Please let me know if you would like to be included.

**Our next tour will be on the 17th July to North Sydney. We will be guided by Ian Hoskins of North Sydney Council, as we visit the colonial home of Berry and Wollstonecraft and St Thomas Cemetery. Please give Pauline or me your name if you intend to come. The price is \$35.00**

## Gravely Speaking

### What's it mean? The Messages behind Symbols

By Kerron May

Epitaphs are verses describing the deceased in basic form informing who they were, age, origins and ancestry. However some headstones go a few steps further, giving hidden clues and hints through the use of motifs and symbols. Apart from the obvious motifs denoting the major religions that is, the Christian cross, Jewish Star of David and Muslim Crescent, other symbols can easily be read once the code is known.

The symbol or motif may be inspired by nature or more frequently by the person the stone commemorates. Most occupations can be symbolised by the tools of the trade. In this carving there is chisel, mallet and a strip of wood indicating the person it commemorates was a wood carver or carpenter.



Symbols do not need to be carved in relief: they can be a simple line carving. Thus

symbols or motifs may be inspired by the deceased as a way of easily associating them with a recognisable emblem representing the essence of who they were in life.



The anchor is a symbol of hope and steadfastness, and eternal life, and may often found on sailors'

headstones. Masons used it as a symbol of well-grounded hope. Early Christians used it as a disguised symbol of the cross.

Angels are symbolic messengers between God and man whereas a book symbol signifies the Bible and faith as well as also representing knowledge and the Book of Life.



The uses of birds and butterflies are also well known on headstones denoting peace and freedom in the case of birds or birth and resurrection within the natural cycle of life and death in the use of butterflies. Butterflies are used to represent the soul and are often to be found on the graves of children.

Interestingly, circles are meant to convey eternity. They are the alpha and omega but having no beginning or ending may also symbolise resurrection.

These are some examples of symbols used as memorials on headstones, and remain an important feature of modern gravestones too. Although some of the older symbols have fallen out of favour, many classical symbols such as the cross and the dove remain popular.





## JULY SCHOOL HOLIDAY EVENTS

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## FROM THE MAYOR'S DESK

One of the great risks for any organisation is getting so caught up in the daily management decisions that you forget to look ahead.

That's why Hornsby Shire Council has put considerable effort into preparing the Community Strategic Plan 2018-2028, which offers a roadmap for our Shire over the coming decade. It formalises the vision of where our community would like to be in 10 years time, taking into account the challenges we are likely to encounter along the way.

This is not simply a Council document, it was created with extensive input from members of the local community who will benefit from it. In carrying out the consultation that led to this plan we repeatedly heard two strong messages from the



community: the best part about living in Hornsby Shire is the natural environment and the greatest concern of residents is change caused by development.

We have heard you and created a plan that will help us balance the need to create a modern community, which will provide opportunities for everybody, while retaining everything that makes our community so special.

Visit [hornsby.nsw.gov.au/csp2018](https://hornsby.nsw.gov.au/csp2018) to see the full Community Strategic Plan 2018-2028.

**Philip Ruddock**  
Mayor  
Hornsby Shire Council

## MEET THE AUTHOR: MAJOK TULBA



Author of *When Elephants Fight*  
**Wednesday 18 July, Hornsby Library**

Majok Tulba, author of *When Elephants Fight*, a haunting coming-of-age novel and an important testimony of the harrowing lives of refugees during the South Sudan civil war.

\$5.00 includes light refreshments.  
For more information visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)

## ANNUAL KNIT IN



**Friday 3 August, 9am-12pm, Hornsby Library**

Get your needles into gear and start preparing now for this event. Join us on the day for a stunning exhibition of completed wraps to support *Wrap With Love*.

Free. No booking required. For more information and knitting instructions visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)

## Galston Equestrian Club and Arcadia Pony Club get Defibrillator



*Hon. Matt Kean MP*

I recently went out to visit the Galston Equestrian Club and Arcadia Pony Club following the announcement they were successful in being awarded funding to put towards life-saving defibrillators.

This funding has been announced as part of the first round of NSW Government's Local Sport Defibrillation Program.

More than 33,000 Australians experience cardiac arrest every year and early access to CPR and defibrillation can influence survival rates by up to 75 per cent.

The Galston Equestrian Club recently held a training session for a number of their members to become trained in First Aid. During this training they were able to understand and use the defibrillator which could save lives in the club.

I thank those volunteers for giving back to the club to ensure all members are safe while riding. The defibrillator will be shared by the Equestrian Club and Arcadia Pony Club who ride at the same arena.

So far more than 430 defibrillators have been allocated across the state and I am confident the addition of a number of defibrillators across Hornsby will benefit hundreds of local players and spectators.

The NSW Government initiative supports up to 50 per cent of the defibrillator cost, training and maintenance and I encourage local sports clubs and councils that had not yet applied to consider the program. The next round of applications opens in the middle of this year.

**For more information visit:**  
[sport.nsw.gov.au/clubs/grants/defibrillator](http://sport.nsw.gov.au/clubs/grants/defibrillator)

## Julian Leeser MP, Federal Member for Berowra, to address Galston Rotary club on Mental Health issues

Julian Leeser had a special mission in entering politics. Having suffered the anguish of his father's suicide some years ago, he is now determined to raise awareness of depression and suicide prevention and to persuade governments to do whatever possible to achieve this.

On **July 17** he will address Rotarians and the general public on this issue. Rotary has also invited youth crisis group, Youth Insearch, who will also give a brief address. Youth Insearch has been operating since 1985 and is renowned for its effective treatment programs which have helped countless young victims of abuse and trauma, to turn away from suicide and turn their lives around.

Many Rotary clubs have joined Galston in making Youth Insearch one of their major ongoing projects; and we will be urging Mr Leeser to push for proper funding for that organization so that hundreds more vulnerable youths can be saved. In preventing youth suicide and social dysfunction, Youth Insearch can not only save lives but save the taxpayer hundreds of millions of dollars per year.

The Talk is scheduled for **July 17 at 7pm** at the Galston Club, 21-25 Arcadia Rd, Galston.

**For further enquiries contact Tom: 0418 762575 or email: [tdrakebr@hotmail.com](mailto:tdrakebr@hotmail.com)**

### Matt Kean MP

Member for Hornsby  
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[matt\\_keanmp](https://twitter.com/matt_keanmp)   [facebook.com/mattkeanmp](https://facebook.com/mattkeanmp)

### JULIAN LEESER MP

Federal Member for Berowra

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Authorised by Julian Leeser MP, level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

## There's an APP for that...

### Plane Finder



Have a family member travelling overseas? Or just want to know what flight is flying overhead. You can now download apps which will give you this information. Instantly you can find out where the flight is going, what carrier and style of plane. It takes plane watching to a whole new level. I use the app Plane Finder which also has a 3D

version for more interesting viewing.

Whilst writing this article, I also thought about all the people that are now cruising our oceans and so looked up a similar app for ships. Ship Finder shows live moving ships on a worldwide map. You are also able to search for specific ships, so you can work out where travelling family or friends are.

When you look at both these apps you will realise on a world wide scale how many people are travelling. Both of these apps come as a bundle if you want the versions without advertising.

There are over 2 million apps available. These are just a few that I have found throughout the years of helping people with their Apple devices and computers.

If are struggling to understand your Apple device, please give me a call and we can discuss One on One classes. Or perhaps you have a group of friends who would like to learn how to use their iPhone camera? How about a three hour Photo to Frame or maybe a Getting Started or Travel workshop!

**Debbie Does I.T. | Mb:**

**0418296217**

**Email: [info@debbiedoesit.com.au](mailto:info@debbiedoesit.com.au)**  
**au | [www.debbiedoesit.com.au](http://www.debbiedoesit.com.au)**



## Living Choice Galston Hold Information Session

Business owners at Galston were invited to a Information Session run by Living Choice about their new development at Galston. The development is located at 330-334 Galston Road, Galston. Word about the information session spread on facebook so a number of local residents also attended.

About 35 people attended to hear and see plans from Living Choice. Flat plans were provided but the Living Choice representative advised that the DA hadn't been submitted, so some changes might be necessary. A number of people asked to see an artist impression of how the development would look, as they considered this would determine whether or not they were in favour or against the development. Unfortunately these were not available, but Living Choice confirmed they would be available in due course.

The Galston News have approached Living Choice directly to provide us with more ongoing information about the development so we can disseminate the details to our community. So watch this space.

We also hope to bring you more information about Marston Living development at 392 Galston Road once more information is to hand.



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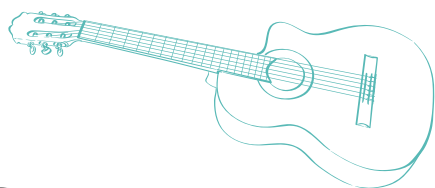
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# NSW RURAL FIRE SERVICE REPORTS

## Galston Rural Fire Brigade News

By Kara Dubois

### Gorge Diesel Spill



The Galston Gorge was closed in both directions for part of the day in mid-June. Galston RFB and local brigades assisted emergency services and the RMS in a large clean-up operation after a truck crashed into the bridge at the bottom of the gorge, damaging the bridge and the truck's fuel tank. The ruptured fuel tank caused diesel to spill along the entire western side of the gorge roadway. The incident required a large amount of absorbent material to be utilised in order to soak up the diesel and re-open the road for motorists.

### Winter Home Fire Safety

There are hundreds of preventable fires in Sydney each year that originate in the home. Last winter firefighters attended more than 1,100 house fires across the state and the NSW SES received 3,846 calls for assistance.

In 2018 to date there has been approximately 1,400 house fires and five fatalities.

Don't be complacent with the approach it 'won't happen to you'. Be proactive with home fire safety and start by identifying and changing risky behaviour and habits.

Some helpful tips to be fire safe during the colder months include:

- Test smoke alarms regularly and change the battery at least once every 12 months.
- Never leave cooking in the kitchen unattended. 45% of house fires in NSW originate in the kitchen.
- Keep everything one metre away from your heater.
- Never place clothing over heaters.
- Never use wheat bags in bed.
- Don't overload power points and switch off household appliances when not in use.
- Store your electric blanket safely – roll don't fold.
- Clean your lint filter before or after each use.
- Have a home escape plan. Identify at least two ways out of each room. Practise the plan with your family so everyone knows how to get out.

#### Brigade Contact Details:

Duty mobile: 0491 119 152

Email: [info@galstonrfb.org.au](mailto:info@galstonrfb.org.au)

## Glenorie Rural Fire Brigade News

By James Wicking

### Pile Burns

Being out of Fire Season residents are permitted to carry out Pile Burns on their property without a Fire Safety Permit in the Hills District. If you are in the Hornsby Council district you will need an EPA Certificate. There are a number of rules around carrying out a Pile Burn and the rules differ between The Hills Shire Council and Hornsby Council. You can find the rules on the respective council website or by contacting Hornsby Council on 02 9847 6666 or the Hills Shire Council on 02 9843 0555. If you are planning on carrying out a Pile Burn you must give immediate neighbours and all other residents that could be affected by smoke or see the fire at least 24 hours notice. You must also give your local fire control centre (Hornsby - 02 9883 2000, Hills - 02 9654 1244) at least 24 hours notice also. If you are in the Glenorie area and would like assistance with burning a pile you can contact us via the details below.

### School Lockdown

During May we provided ongoing assistance at Glenorie Primary School with their regular Emergency Procedures Drills. Here is a photo of the team who helped out on the day.



### Hazard Reductions

Prior to Winter, Glenorie Volunteers were quite busy assisting with a number of Hazard Reductions both locally in the Hills and as far as Colo and the Hawkesbury District. These Hazard Reduction works provide essential protection for property as well as Environmental Regeneration.

### Fire Place Safety

Now that Winter has settled in we remind everyone that has a Fire Place to get it checked and cleaned. House Fires are often started due to a blocked or damaged Chimney. Whilst checking the chimney, we encourage you to make sure all smoke alarms are working also.

🔔 For further information go to [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market on the fourth Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade. Email: [glenorierfs@outlook.com](mailto:glenorierfs@outlook.com)

# Vision Valley Hosts The Fire Brigade, and So Much More

By Peta Gormly, Arcadia Rural Fire Brigade

Whilst there has been a break between publications, Arcadia has been very busy.

Earlier this year Arcadia hosted a very large training exercise at Vision Valley conference centre run by the Wesley Mission, right here in Arcadia. The training exercise saw 6 brigades attend from Arcadia, Galston, Dural, Middle Dural, Cherrybrook and our friends at Castle Hill Fire Rescue in A Platoon. The exercise was designed to train everyone on very large structure fires and provide an opportunity for the different agencies to become more familiar with each other's capabilities, and should something happen, be very prepared to attend the incident and facilitate a good outcome.

During the training, the main building was filled with pretend smoke and the crews with breathing apparatus were required to search 3 levels to find 4 dummies that were placed in hard to find locations, to simulate difficult rescues and then to provide first aid prior to ambulance attending. This was also a great opportunity for the leaders of the brigades to use their management experience, tackling such a challenging large scale mock incident.

After the exercise all brigades were treated to a demonstration of the TAF20 by Fire Rescue, which is a remotely controlled firefighting appliance which is used for large structures where it is too dangerous to enter or requires large amounts of firefighting foam and water to put out the fire.

This was also a great opportunity for all the brigades to come together and ask questions of each other and, while we



have a great relationship with Caste Hill Fire Rescue, it gave us the chance to meet everyone in a more relaxed atmosphere rather than an incident.

The year has been ramping up for us with various training exercises to keep us prepared. We've had many members continue to learn new skills by participating various courses including Basic Fire Fighter, First Aid, Advanced Resuscitation Techniques, Crew leaders and Village Firefighter. They've learnt about a number strategies and scenarios of village type incidents. The course practicals teach our members, in a controlled and safe environment, how to approach motor vehicle accidents and fires, gas fires, and door entry. This group was fortunate to have the opportunity to also have a look at FRNSW St Mary's Hazardous Materials truck, as part of their lesson on hazardous and dangerous materials. A night at Berowra Waters brigade introduced our members to searching for persons in smoke filled rooms, if they wished to further pursue a qualification in Breathing Apparatus.

Arcadia has been kept busy with Hazard Reductions in Berowra, St Ives, and assisting National Parks and Wildlife Services in our own backyard of Marramarra National Park. HR preparation continues within the area for future controlled burns. Arcadia 1 Alpha and

crew were deployed to Holsworthy as part of a strike team in April. All firefighters on the ground and behind the scenes worked tirelessly to control the fire. An astounding 0 homes were lost due to this effort. As we enter winter, it is important that home owners take advantage of this cooler weather to prepare their properties for the next fire season. General property and garden maintenance, checking static water supplies and pumps, and general repairs around the house can help reduce the risk of ember attack. Community education and self preparation were key messages presented at this years Australian Community Engagement and Fire Awareness Conference held in Coffs Harbour.

Finally, each year the brigade elects in the position holders for the following year. This is an important part of the organisation which ensures that we continue to evolve and give the members of the brigade an opportunity to provide input and gain valuable experience in various roles. On the 14th of April we had our AGM. Congratulations to all the position holders, and we look forward to a prosperous year ahead.

📍 At Arcadia we are fortunate to have a team with a strong sense of community. We are a lucky brigade, and should you wish to be part of it, please feel free to call us on 0438 648 993.

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# Heartbeats

By Mary Ord

**Heartbeats is about recognising the good news stories which are happening in our community.**

This page is all about sharing and acknowledging the wonderful events, surprises, joy and magic which weave in and out of our lives. Our aim is to make this a regular inclusion in our magazine and everyone is encouraged to contribute their stories....you are what make this community great, so please share so that we can spread your news.

If you would like to contribute to this page please contact Mary [advertising@galstoncommunity.com.au](mailto:advertising@galstoncommunity.com.au)

## Eliit turns One

With the sun shining and cool air kissing our skin, we could not have asked for a better day to celebrate Eliit Therapies and Body Balance Studio's milestone event – our First Birthday. We laughed and chatted with old friends and made some new ones, enjoyed the beautiful scents drifting from @eightwellnesslane essential oils, while our taste buds sang with delight thanks to tasty treats from the Naked Bakery. Thanks to all our members who joined us to celebrate and wish us well. Congratulations to the winners of our lucky door prizes. Looking forward to seeing you in the studio keeping you warm this winter. [www.eliit.com.au](http://www.eliit.com.au)



## The children of our children... part 1

My daughter is over from Nairobi to have her second baby. As I am writing this she is one week over due and, by the time you read this, I am sure that we will have a new baby in family. But right now it is both an anxious and exciting time. In order to help out I have been spending precious time with her first child, my grandson. As there is a playgroup at the top of our street I thought I would be brave and enter a world which I had left far behind. To my absolute shock, surprise and delight there were two other grandparents present, we laughed and frolicked (well I did) because we three used to do 'playgroup' a generation ago. Here we were now with the children of our children.



## A Goliath Morning Tea

On the 23rd of May, Galston Village Pharmacy hosted a delicious morning tea as a part of the Australia's Biggest Morning Tea, which supports The Cancer Council. I attended to offer support but was also the semi official photographer. Given my previous story about my pants not fitting, I did try my best to resist the delectable temptations on display but I buckled for the apricot slice (twice) and if the cook is reading this please email me the recipe...haha! I promise to share it, both the slice and the recipe. I am usually very lucky when it comes to raffles and I did it again, winning a fabulous collection of Natio products. I just wanted to thank the Pharmacy for bringing people together for such a worthwhile cause. It was a happy morning indeed!

PS I love my prize, pictures is another prize winner Lily.

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*Life is not measured by the number of breaths we take, but by the moments that take our breath away*

## Children of our children, part2

Literally after I had finished writing the first "Children of our children" my daughter, Miranda, said that it was time to call the midwives. After the horror delivery of her first child, two years prior, she decided that another approach was needed. And so Rafferty Oisín Grant (at 4.4kgs) was delivered at our home in Glenorie. Tears, excitement and pride. It is a very disarming and at times, disturbing viewing platform for a mother watching her daughter handle such an experience.

Having all surfaced from this joy all family members then transferred their attentions to my eldest son and his partner who were on the threshold of parenthood. Ten days after Rafferty was born, Indiana Somerset Stokes was welcomed into the world. After having 4 sons (and one daughter), 2 son in laws and 2 grandsons, it took me quite some time to understand that we now had a little girl to help balance the family dynamics.

Of course my son Roly, the great adventurer named his daughter Indiana and we were all delighted that Miranda's middle name, Somerset was chosen to accompany Indiana throughout her life. Busy times for me as Rafferty's other grandparents, from Houston stayed with us for 2 weeks and then Amber's (Indiana's mother) parents came from Auckland to share in the happiness.

I am off to Nairobi in early July, to help Miranda back with her boys....I'll see you at the other end but I do hope you all have some delights come your way which you are happy to share...



## Finding Tim

There are few things which can disrupt your daily life and one of them is losing your wallet. Recently my husband did just that. Super annoying! But the next day a note along with the missing wallet were found in our letterbox. Tim, you are an amazing human. We have been hunting for you ever since you returned the wallet as we would really like to thank you personally for encompassing all that it means to be thoughtful and trustworthy. *Contributed by Rochelle Gorman*



## Flash Mob

Galston Zumba once again represented our community by participating in a Flash Mob at 'Relay for Life'.

Instructor Nina asys, 'I'm a very PROUD Zumba mumma - everyone took the time out of their days and nights to put this together.... and it has paid off, you are all amazing'. Nina's joyful spirit is infectious, find out for yourself, Galston Community Hall, Wednesday and Friday at 10am.



Last month I was in a whirl and I inadvertently missed including the first four of the following great stories from the community. While the timing is slightly delayed the sentiments remain the same.

If you are willing to invest some down time reading these pieces you will get the update to 'The children of our

children'....while I could have adjusted the story I enjoyed reflecting on the high emotion at the time of writing and felt that many will relate to and appreciate the anxiety I was experiencing at that time.

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## Middle Dural Rural Fire Brigade



On Saturday 26th May, we conducted our last hazard reduction of the season, between O'Hara's Creek Road and Cranstons Road.

Nine other brigades assisted - Glenhaven, Glenorie, Sackville North, Wisemans's Ferry, Hillside, Annangrove, Round Corner, Kenthurst and North Rocks. The Hills Mobile Communications Unit, also staffed by volunteers, provided on the spot radio communications. Many thanks to all these volunteers, as well as our own, who gave up their day. Thanks as well to the Catering Brigade, all volunteers, who provided us with

nutritious and well-balanced lunches. Firefighting can be exhausting, so we all value those little packs of lollies and chocolate snacks!

All affected residents had given permission beforehand for fuel loads to be reduced on their properties, and had been involved in deciding where containment lines should run. Without the cooperation of the residents, particularly in keeping gates open and agreeing access for our fire tankers on the day, our task would be a great deal tougher.

This multi-team approach to hazard reduction provides valuable training for future emergencies, building teamwork and providing insights into deployment and control of large numbers of firefighters. When the triple O call comes in for fires and road accidents, The Hills Fire Control will frequently call several brigades to ensure sufficient crew members, so seamless team work with our fellow volunteers is important.



**Local residents are still trying to burn piles before winter. Remember to give your neighbours 24 hours warning, and inform the District Office (9654 1244). If you need help or advice, ring the Middle Dural Brigade Captain on 0408 220 705.**

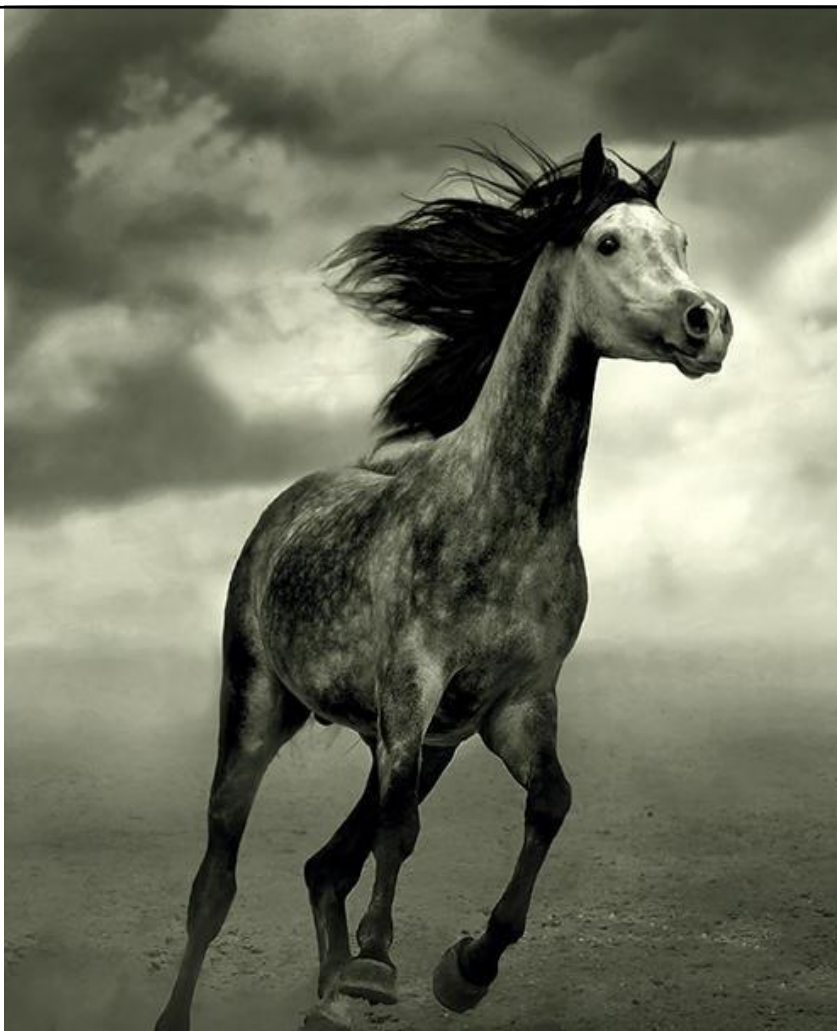


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## Galston Equestrian Club - one of the safest equestrian clubs in NSW

We had another glorious day on 15th May, utilising the Rural Sports Facility provided by Hornsby Shire Council with equipment belonging to Galston Equestrian Club. The focus of our monthly mid-week horsemanship practice day was to continue to help horses when they are reacting to something in the environment (such as a ball moving, an umbrella or a tarp flapping). We practised utilising rhythm, relaxation and retreat to support the horses' instinctual way of managing situations of uncertainty.

Our Official Dressage Comp on 27th May was smaller than usual due to other Clubs running dressage comps on the same weekend, but our 50-odd participants had lots of enthusiasm. We had a very successful competition thanks to our hard working Committee, our wonderful volunteers, and our sponsors. Along with our regular sponsors, Horseland Dural and CopRice Feeds, we were lucky to have Mary Werick, operator of "A Better Way to Move",

who donated vouchers for Feldenkrais lessons to the 2nd place getters in the lower level classes. We had wonderful, very experienced judges who gave great feedback to the competitors.

We had Hornsby Councillor Matt Kean visit our grounds on 25th May to meet representatives of GEC and Arcadia Pony club. Matt recommended the grant for the defibrillator machine that committee member Linda McGregor organised, to be shared between our clubs. Linda also organised first aid training, including CPR, for members, so we now have 23 first aiders at GEC! Having the defib. machine takes the chances of applying CPR and keeping a person alive until the ambulance arrives, from 4% to 75%!!! This makes GEC/APC a couple of the safest equestrian clubs in NSW!

Over the damp long weekend GEC conducted its first ever Working Equitation Mini-competition, consisting of a dressage phase and an Ease of Handling Phase. This phase involves

riding your horse around an obstacle course, including spearing a ring off the side of a bull (a pretend bull, that is!). GEC invited members of Sydney Working Equitation (SWEQ) Club to compete alongside our members in a friendly and fun competition. Many thanks to judges and trainers Kim Peterson and Cody Wilson, who stood in the drizzle all day on Saturday instructing, and then who judged on Sunday. The event was a big success and SWEQ will run a reciprocal event later this year. Working Equitation is an enjoyable and thrilling equestrian sport and is a great way to train your horse, and GEC is thrilled to offer this opportunity to their members.

As usual, please check our Facebook page and our website for all up-to-date information on all our events. Visit <http://www.galstonequestrianclub.org.au/>

### Upcoming events :

- 28 June** Evening Presentation at the Galston Club – Feeding the Laminitic Horse
- 3 July** Training Day – Flatwork with Caroline Hooper and Show Jumping with Sandy Lucas
- 8 July** Dressage Training with Mel Parbury, Legerete Training and Pole and Grids with Tana Subotic
- 17 July** Horsemanship Day
- 22 July** Members Only dressage competition
- 7 August** Training Day – Flatwork with Caroline Hooper and Show Jumping with Sandy Lucas
- 11 August** Show jumping clinic with Keira Burns
- 12 August** Horsemanship Day with Jacqui Briggs and Legerete Training



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### Arcadia Public School's "Open Day with a Difference"

At Arcadia Public School, we think differently. What better way to meet the students and teachers and experience our amazingly beautiful school grounds, than to attend our Agricultural Day? Pre-schoolers, parents, siblings and Arcadia school students were invited to attend our third Agricultural Day on Friday 25th May. The Royal Agricultural Society ran four fantastic activities on the day including: grain grinding, sheep drenching, shop to table and chook washing. That's correct – washing and blow drying a chicken! You could hear squeals of delight coming from everywhere with so much excitement on the day. One student mentioned to a teacher "This is going to be the best day of my life!" A brilliant day was had by all and a huge thankyou to the RAS for their expertise on the day, for bringing their fantastic resources and teaching us about farming,



produce and animals. Thank you also to the Cape family for their ongoing support in the organisation of the day. We also loved having Daniela Balmer and Galston Early Learning Centre attend on the day. Thank you for sharing this fun day with us. We will host an **Open Day on Wednesday August 1 at 10am**. Come along to find out more about our wonderful school where great things happen every day. Contact the

school office on 9653 1207 or visit [www.arcadiaschool.com.au](http://www.arcadiaschool.com.au)

Our Yr 6 team recently enjoyed a great debate at Galston Public School. The topic was "We Should Take Technology Free Days Each Week" and Arcadia was arguing against the topic. The debate was engaging and enjoyed by the Year 5 and Year 6 audience. Well done Arcadia PS debating team!

Friends, family, delicious food and a great movie all made for a fabulous night out on June 16 when the Arcadia PS community gathered for a fun-filled night. Thank you very much to the sponsors who supported the evening and especially to the Galston Branch of Bendigo Bank whose generous funding makes such a difference to our school and the wider community. We are very grateful to the Galston Branch of Bendigo Bank as they respond to the needs of their community and work with us in achieving our goals.

### KU Grevillea Preschool celebrates National Reconciliation Week

KU Grevillea Preschool, located in Hornsby Heights, has celebrated National Reconciliation Week, with children from the preschool engaging in a range of Indigenous learning experiences.

Uncle Laurie, a Guringai man, visited the preschool to share his knowledge of Indigenous totems, tools, instruments and language with the children.

"Throughout the week, we have been engaging with Indigenous culture including learning songs in the Guringai language, taking part in a traditional smoking ceremony, making wattleseed damper and helping Uncle Laurie create a sandstone totem of a stingray," said KU Grevillea Director, Jane Moran.

Learning experiences such as these do not only take place during special occasions, such as National Reconciliation Week, but are embedded within the preschool's daily program.

"At KU Grevillea, we are passionate and committed towards providing authentic learning experiences for

children around Aboriginal and Torres Strait Islander histories and cultures," said Jane.

"These educational opportunities allow children to develop a greater respect, understanding and connection with Australia's first peoples and allows them to build a more positive attitude and relationship with others and the world around them."

National Reconciliation Week is held between 27 May and 3 June each year and recognises Indigenous history and culture and fosters reconciliation discussion and activities.

KU Grevillea provides quality early childhood education and care for children aged 3 - 5 years old and is currently taking enrolments. For more information, contact the Director, Jane Moran on 9476 2686.

Established in 1895, KU Children's Services is one of Australia's leading providers of early childhood education. KU enriches the lives of more than 13,000 children and families each year through its 140 services and programs.



Uncle Laurie teaching children about clapsticks



Uncle Laurie and children from KU Grevillea making ochre (body paint)

## KU Galston Preschool



Another great month at KU Galston Preschool. We have enjoyed the Hatch n Grow program watching and caring for our 6 little ducklings. The ducklings loved to get out in our yard and swim in our creek bed. The children spent many hours cuddling them and watching them frolic in the beautiful sunshine.

Our Bake Sale was a huge success. Thank you to our wonderful families for baking delicious treats for us to sell and helping on the stall. Thank you also to Bendigo Bank at Galston for allowing us to hold the sale, we raised \$1174 to allow us to purchase new shelving for our indoor environment.

Last week at preschool we celebrated reconciliation week, which is a time for all Australians to reflect on our shared histories, cultures and achievements and to explore how each of us can join the national reconciliation journey. At preschool we used hand prints to create Warnayarra the Rainbow Snake after reading the dreamtime story which symbolises our reconciliation journey. We also used handprints to make the Aboriginal Flag in the land on which the preschool resides today.

**1 We have commenced enrolments for 2019, if you would like to know more about our wonderful preschool or would like to visit, please contact our director Rebecca Onslow on 96532252 or email [ku.galston@ku.com.au](mailto:ku.galston@ku.com.au)**

## News from Galston High School

There has been a new addition to the Galston High School team this month with the introduction of Bendigo into the Hub. Bendigo is a Tamaruke Labradoodle and will be undertaking training to become a certified companion (therapy) dog. He will work with students from the Hub.



Scientific research has indicated that the presence of service/ therapy dogs assists in improving the mental health, physical health, and learning capacity of children and adults (Fine, 2000; Chandler, 2001). More specifically, the benefits of using a therapy dog in schools and counselling sessions have been well documented.

The gentle, calming nature of Tamaruke dogs, and their ability to love unconditionally, and comfort people in need, make them perfect for inclusion in the daily lives of people in need. They assist socially-anxious people to come out of their shells, and it helps them engage more freely, leading to maximising student potential. As a future service dog Bendigo, is currently attending GHS to become familiar with the environment. He is a working dog when at GHS which means he cannot be cuddled and played with like a domestic pet. As such, students and staff ask to pat Bendigo before they interact with him. This is setting him up to be a successful companion dog. When he is certified, he will wear a jacket/vest to identify when he is working (as with other service dogs such as guide dogs, sniffer dogs and police dogs).

*What happened to the wooden car with wooden wheels and a wooden engine?*



*It 'WOODEN' go!*

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## Hillside Public School

Hillside students continue to excel!

Congratulations to our Touch Football Knockout team on winning their first round game against La Prouse Public School. Both teams displayed great sportsmanship and perseverance Hillside team will now be travelling to Yanderra for their next game. We know they will continue to represent Hillside with pride. It was wonderful to be supported on the day by our dedicated parents and grandparents. We are so fortunate to have such a supportive school community.

Hillside was announced as Champion School at the recent Beecroft Zone Cross Country. What a wonderful achievement for all our students. This follows the school being Champion School at the Zone Swimming Carnival in Term 1. Congratulations must go to Madison in Year 5 for successfully being selected in the combined Beecroft/Ryde girls Touch Football team. She displayed great skill and sportsmanship at the recent North Sydney Area Trials, but was not chosen for the team. Every student has so many sporting opportunities at Hillside.

The senior students have been honing their problem solving skills and embracing the challenge of participating in the APSMO (Australian Primary Schools Maths Olympiad)

competition. This year there has been a focus on strengthening students' writing. All students participate in many writing activities each week. They are looking forward to their participation in the writers' workshop, early next term, with the Australian author Dr Cameron Stelzer.

The school is currently converting one of its classrooms into a dedicated STEAM

(Science, Technology, Engineering, Art and Mathematics) and Maker Space. The room will be utilised by all students when participating in a variety of learning activities. It will be a wonderful addition to the great facilities at Hillside.

**Hillside is currently taking Kindergarten Enrolments for 2019. Please visit our awesome school and find out why your child will flourish in our small school environment. Please contact the school office on 9652 1459.**



## Dural & District Prostate Cancer Support Group

### DATES/SPEAKERS 2018

**VENUE:** Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Rd, Glenhaven

**TIME:** 7:00 pm for 7:15 pm start

July 16th	Group Discussion (relaxing with others who understand what you might be going through)
August 20th	Warwick Best - Pharmacist - Common medications - "Myths and facts"
Sept. 17th	Joel Plummer - PCFA Ambassador (Diagnosed with Prostate Cancer aged 40)
October 15th	Dr. Chris Farrell - Laverty Pathology
November 19th	To be announced
December	Christmas Function



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Photos by Nezar Jammal

## And The Beat Goes On

Hills Grammar's 2018 sell-out production of the Addams Family saw students, parents and the Hills community enjoy a finger-clicking evening at the theatre. Staged in the School's RJ Phipps Performance Centre, the senior students and production team brought all the Addams Family favourite

characters to life in song and dance with frightening reality!

As Hills Grammar farewells Gomez, Morticia and their kooky family, they are preparing for their next community project; ArtsBeat 2018. This two week celebration of the Arts will feature guest performers, workshops, debates, exhibitions, a family

Bush Dance and a spectacular fireworks display for the entire Hills community to enjoy.

**📍 Come and celebrate at ArtsBeat 17 August- 1 September. A full program and booking information can be found [artsbeat.myhills.net.au](http://artsbeat.myhills.net.au) @hgartsbeat**

## Drones - What's the Rules?

If you want to fly your drone for fun, you don't need CASA's approval as long as you follow the authority's simple safety rules, these include:-

- You must only fly your drone within your visual line of sight, ie you are able to see the drone with your own eyes, rather than with the help of binoculars, telescope or other device.
- You can only fly in visual meteorological conditions, which generally means no night flights where you can't see the drone.
- In most Australian cities, you can only fly your drone up to a maximum altitude of 120 metres. Any higher and you need CASA approval.
- Once in the air, you must keep your drone at least 30 metres from anyone who is not directly associated with its operation.
- The drone must not be flown over populated areas for example areas that are sufficiently crowded that the drone would pose an unreasonable risk to the life, safety or property of someone present. This includes crowded beaches, parks or sports ovals where a game is in progress.

There is a general prohibition on flying a drone in a way that creates a hazard to another aircraft, person or

property. A "hazard" may be interpreted fairly broadly.

Recreational drone users are also advised to respect personal privacy by not recording or taking photos of people without their consent.

While privacy concerns are not within CASA's authority, operators may find themselves in breach of state and territory privacy or trespass laws, depending on how and where the drone is flown, and whether audio, video or photographic footage is recorded.

As a general rule, drones cannot be flown for money or economic reward without a specific licence. There are, however, two new instances where such a certificate is not required: for commercial-like operations over your own land, and for commercial flights with very small drones — under 2 kilometres — provided that the pilot notifies CASA at least five business days

beforehand, and adheres to all the existing rules for recreational drone use.

So there you have it, stick to these rules and have fun with your drone.





### Sydney Symphony Orchestra Fellows for Galston Concert

The Galston Concerts will present the Sydney Symphony Orchestra Fellows ensembles on **Sunday 29 July**, starting 2pm in Galston Uniting Church, 11 School Road, Galston.

The program combines professional players and young performers. The Fellows are leading talents of the next generation and are already playing professionally with the SSO, Australia's flagship symphonic ensemble.

The concert showcases instruments not heard previously in the Galston series – oboe, clarinet, bassoon, French horn and percussion – plus flute, trumpet, trombone and strings combined as a mini-orchestra, the largest group yet for the Galston project.

In a clever program theme, they'll perform music written by great composers when also in their twenties – a Serenade for strings and winds in Romantic style by Brahms from 1858, a quartet for oboe and strings from the Classical period by Mozart from 1781 plus a Suite by Schulhoff from 1922.

The modern style jazz-inspired suite includes dances of 'pops' appeal – Ragtime, Boston Waltz, Tango, Shimmy and more.

Following the close-to-capacity attendance at the previous Galston Concert by pianist Bernard Walz in early June, advanced bookings for 29 July are advised online at [www.trybooking.com](http://www.trybooking.com) (search Galston).

🔔 **Enquiries including availability of tickets on the day of the concert can be directed to Kathleen Michael on 0412 037 069 or Robert Harris on 0428 248 348.**

### Castle Hill Art Society Wayne Harrison "Airbrushing – Fine Art"

**Wednesday 1st August - 7.30pm**



Wayne has been airbrushing over 35 years and his artworks have won awards in both USA and Australia. He says airbrushing is something everyone can learn to do - learn how to use the Airbrush, maintain it and do your own special effects and "trade" tricks. You'll then be able to produce your very own artwork ... can't wait!!

🔔 **Visitors are welcome to join with the Castle Hill Art Society 7.30pm at Castle Glen Community Centre, 155 Ridgeway Drive, Castle Hill. Enquiries 9899 3179. Visit [www.castlehillartsociety.org.au](http://www.castlehillartsociety.org.au)**

### Workshop with Greg Hansell "Perspective"

**August 12: Greg is a well-known pastel painter. His workshop discusses perspective theory, then applies it to drawing a still life.**

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## Galston Uniting Church

### The Galston Concert

With the wintry sun shining through the amazing stain glass window behind him at Galston Uniting Church, Bernard Walz wowed an audience of over 200 on 3 June. Performer, conductor, composer, orchestrator and arranger, Walz is a true showman and captivated the audience with his wizardry at the piano, and with the light, humorous repartee.

In the second part of the program he introduced Young Performer vocalist, Brea Holland. A student at The McDonald College and the Sydney Conservatorium of Music, Holland entranced the audience with the range and power of her voice and her confident, engaging performance skills.

Walz brought the concert to an end in virtuoso style, performing of titles to the delight of a very appreciative audience a 'symphony'. As always at the

concerts a delicious afternoon tea was served.

### Refugees/Asylum Seekers

The Uniting Church Moderator is encouraging the Uniting Church to engage with local Federal MPs in order to highlight a commitment to justice and the provision of basic human rights for refugees and people seeking asylum. He raises the need to express compassion for such people and to advocate for those who are ignored or silenced. He also invites those interested to contact [ahogan@uniting.org](mailto:ahogan@uniting.org) or [joobrien@uniting.org](mailto:joobrien@uniting.org).

### - SAVE THE DATES - 30th Anniversary

All those with a connection to GUC or who would like to be involved with its 30th Anniversary celebrations are invited to save the dates **26-28 October 2018** in their diaries.

 **Sunday Family Service 10 am**  
**Minister Rev Geoff Smith | 11 School Road, Galston 2159 | Phone 9653 2039 | [www.galstonunitingchurch.com](http://www.galstonunitingchurch.com)**

## What about the Gifts of the Spirit?

*(The message by Rev Ed Long continues)*

Every true Christian has the gift of the Holy Spirit. That gift comes from the Father Himself.

But the New Testament also speaks of gifts, given by the Spirit to all men and women within the Body of Christ. What are these gifts? Is the Spirit still giving what He gave, for example, to the early church? What were they? Are they valid today?

Spiritual gifts are the different capacities given by the Spirit to each member of the Body of Christ to fit that member for particular service within the Body. A gift of evangelism, of course, is for use beyond the Body, and it may be that other gifts (such as mercy or helping) are to be used in that way also. But basically these capacities for service are given to be used for the benefit and blessing of the Church and not merely for the personal benefit of the believer involved.

How many gifts are there? About 28 are listed in the New Testament, but the Holy Spirit is infinite and may have many others. No two believers need to have the same gift. Part of the emphasis of Paul's teaching in **1 Corinthians 12** concerns the variety of these gifts of the Spirit to believing men and women.

One suggested division of the lists of these gifts in the Epistles (**1 Corinthians 12, Romans 12, and 1 Peter 4**) is 'speaking gifts' 'serving gifts' and 'sign gifts'.

No lists could be final, but if we divided the gifts mentioned in the above chapters the lists would look like this:

**Speaking or support gifts:** Preaching, teaching, pastor evangelist, knowledge, wisdom, counselling, exhortation.

**Serving Gifts:** Administration or organizing, serving, helping, giving, mercy, hospitality.

**Sign Gifts:** Tongues and interpretation, healing, miracles, exorcism.

Some gifts are clearly seen today, such as pastoring, teaching (or the gift of speaking wisdom and knowledge) encouraging, evangelising, helping, administration, leadership and faith.

The 'sign gifts' or 'miraculous gifts' are those which cause the most difficulty and division. A few Christians may today have a genuine gift along these lines, but that does not mean that everyone must have the same gift. Part of the wonder of the Body of Christ is its diversity yet it's marvellous unity.

Each gift given to each member is part of the whole, and we must clearly

understand the teaching of 1 Corinthians 12 on this point. Read and study it for yourself.

### How do you discover your gift?

First accept that every Christian has at least one gift, therefore you must have one. Then ask the Lord to show you what it is. Ask your friends who know you best what they have observed. Ask your church for opportunities to test what they have said or what you believe you might do for Christ. Be available. What do you enjoy doing? Is that your gift? Listen to what your church may say about you and what it thinks you can do.

Remember, gifts are to be used. And they are to be used to help others, not to bring glory to yourself. Nor should their use create either jealousy or pride.

We will all be held accountable to the Lord for our use of these wonderful spiritual tools and also how they are used. They are to be used in line with the character of the Giver- the Spirit of love and peace.

*(to be continued)*

**Come and find out more at Bible study at 7.30 pm Tuesdays. Sunday Service: 10.00 a.m. at Glenorie Mission Church 1409 Old Northern Rd.**

## A Reliable Hope

By Pastor David McKibben  
Galston Seventh-day Adventist Church

Over the last couple of months we have been considering the subject of hope. Hope is an essential component of meaningful life, but it is important to ask questions about the nature of our hope. Last time we noted that our hope needs to be realistic to guard us against disappointment and frustration; this time we want to consider another vital question: Is our hope real or an illusion?

From this basic question flows a number of related queries. Is our hope based on fact or fantasy? Is our hope real or imaginary? Who or what are we following, and do they have the ability to deliver on their promises and fulfil our hopes?

The pages of history are littered with the shattered hopes of individuals and nations who followed charismatic leaders, who promised much but ultimately led their followers along a path to ruin. Current affairs programmes regularly feature the stories of people who hoped to set up their own business or make a fortune by investing their resources in some financial scheme only for their dreams to turn into nightmares. Sadly, their hopes were built on shaky foundations and unsound promises.

What about the Christian hope? Is it a fairy tale, a beautiful daydream that is too good to be true?

No, because the hope offered by the Christian faith is based upon the person of Jesus and his promises. During his earthly ministry Jesus made many promises, all of which he kept. He said that he would give his life as a ransom for many (**Matthew 20:28; Mark 10:45**), and that is precisely what he did when he died on the Cross on Good Friday. He said that he would rise from the dead (**Mark 8:31; 9:31; 10:34**), and despite the best efforts of his enemies that is precisely what he did on the morning of Easter Sunday.

Jesus also promised that he would return to take his followers to heaven to live eternally with him, and his return is described in the Bible as **“the blessed hope – the glorious appearing of our great God and Saviour, Jesus Christ” (Titus 2:13)**. Because he has kept other promises, we can have confidence that he will keep his word to come back.

Jesus is reliable and his word is trustworthy, hence the Christian hope is reliable and not an illusion. **“For no matter how many promises God has made, they are “Yes” in Christ.” (2 Corinthians 1:20)**

## Who Are You?



By Corri Bryne, Pastor

Why do I care what you think of me? Why do I care whether you like my profile pic, or latest post, my Insta live feed.

Why do I care whether you think I'm attractive, popular, successful?

Why do I care whether my fashion, my car, my house, my possessions make me look good?

Really, who am I trying to impress? Who am I hoping to convince? Why do I seek your affirmation? Your encouragement?

Why do I fear your opinion? Or want to fit in? Why do I want to be part of the in group, the popular party?

You, who have been on earth but a few short years. You who are clothed in skin just like me. You who have the same fears, the same needs, the same limitations!

I am a child of the most high God. I am chosen to be a part of God's eternal family. That's right the creator, the alpha and omega, the beginning and the end. The one who spoke all life into being and gives breath to all on earth right now.

Why do I fear your opinion over my creator? Who are you but a mere man. Another fellow wanderer and journeyman just like me.

Lord, give me the boldness, the courage, the audacity to pursue you over the distractions of earth. The opinions, the trends, the thoughts, the views, the popular, and empower me to seek truth.

May I be a pleasure in your eyes Lord, may I receive your admiration and affirmation. May I one day walk before you and hear the words, welcome my good and faithful servant, join me at the table.

May I pray for others who have read this to receive the same revelation.

**Revelation 22:12-15** “Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done. I am the Alpha and Omega, the First and the Last, the Beginning and the End. Blessed are those who wash their robes, that they may have the right to the tree of life and may go through the gates into the city.”

# HILLS LIFE

## C H U R C H

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”  
– Romans 15:13

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## News from St Benedict's Church

### First Communion - A wonderful parish occasion



What a happy family day it was on Sunday 3 June when the St Benedict's parish joined together to celebrate the

First Communion of 30 young people. This event was the culmination of many months of learning and preparation. Special thanks were expressed to the children's parents, relatives and friends and to the catechists and team who helped in the lead up to this special day. After the celebratory Mass everyone joined in cutting a cake and enjoyed a yummy morning tea.

The Sciberras family from Maroota had a special double celebration on the day with not only their elder daughter Aleisha making her First Communion but younger daughter, three-month-old Evie May, being baptised. The picture shows dad Dave Sciberras holding Evie May, Aleisha, mother Liz and, in front, proud brother Ethan.

### New Sacramental program

As soon as First Communion was over we started on a new sacramental program for the coming year. This began with a Parent Information Night on 11 June

and will be followed by Confirmation on Saturday 4 August.

### St Vinnies to Brewarrina

The parish has again gathered goods and donations to send to those in need in the Brewarrina district. Our local St Vinnies group has coordinated this collection and members have travelled the almost 800 km to deliver the goods. The Society of St Vincent de Paul (SVP) was founded by French philanthropist Frederic Ozanam in 1833 to help poverty-stricken inhabitants of his native Paris. SVP has now spread over much of the world and we are proud that its ethos is being followed so well in our local parish.

### Weekend Mass Times

**St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7 am every morning. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd 7 pm Saturday, 9 am Sunday.**

## Glenorie Community Church

Pr. Alex & Dee Valich

### "If God Is For Us Who Can Be Against Us: Get To Know - Him."

The waiting is finally over! Nine months of preparation has come to an end AND- finally - that precious baby is born into the family. With excitement and a little fear and trepidation, mum and dad leave hospital for home and so begins the adventure of a lifetime- bringing up their precious child.

So many years ahead to

look after, train and protect this little person. "Where is the manual?" I hear people say. "I wasn't trained for this," they cry when plans or decisions need to be made.

One thing stands out. Essentially, parents are FOR their children. They want them to succeed, have a happy life, have friends, a good education, show respect and kindness to others, be responsible and loyal. Parents desire 'the best' for their children. They don't always get it right and can make mistakes along the way. Often, their children don't understand or agree with the decisions their parents make for them. "Why do we have to move?" "Why did you say 'no' dad?" As children, the big picture is often out of their reach and they need to trust their parents, whose responsibility is to nurture and train their children. Parents can explain, have discussions, listen to their children's point of view, fears and emotions-

and try to answer their questions on the journey to adulthood.

One thing stands out: essentially, parents love and are FOR their children.

God doesn't make mistakes. He is a perfect Father to His children. "As for God, His way is perfect. The Word of the Lord is sure. He is a buckler, a mighty buckler to those who trust in Him." (2 Samuel 22:31)

The bible says, "If God is FOR us, who can be against us? For God has proved His love by giving us His greatest treasure, the gift of His Son. And since God freely offered Him up as the sacrifice for us all, He certainly won't withhold from us anything else He has to give." (Romans 8:31-32)

Get to know Him- and through a relationship with His Son, Jesus Christ, you too will know Him as your perfect Father.

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# What to Plant This Winter

By Jackie Dargue

"With so much you can do in June, there's no need for gardeners to hibernate during winter! From planting flowering plants to growing delicious veggies, you can keep your kitchen well stocked with healthy homegrown ingredients and brighten your outdoor spaces," says Angie Thomas, Horticulture Consultant to Yates.

Angie shares her top tips on what to plant during winter:

## Hellebores - Molly and Penny

Hellebores, also known as 'winter roses', are perfect for full to partly shaded spots and are a delight during the cooler months of the year, putting on a prolific display of large, bell, shaped flowers throughout winter.

Hellebore 'Molly's White' and 'Penny's Pink' are two gorgeous hellebores. Although they look delicate, they're tough plants that don't require much water once established. Feed hellebores every six weeks during periods of new foliage growth and flowering with an organic soil improver and plant fertiliser.

## Alyssum - Carpet of Snow

Alyssum is commonly grown as a pretty filler in amongst other flowers in pots and garden beds.

Alyssum can also take centre stage and make a gorgeous border plant on its own.

Carpet of Snow is a long lasting and hardy annual that is smothered in masses of tiny honey scented white flowers. In warm and temperate zones during June, it's as easy as scattering seed direct where they are to grow and only just covering with 2mm of loose soil or seed raising mix. Firm down and keep the soil moist while the seeds germinate.

## Argyranthemums - Madeira

If you're after vibrant colour during winter, then look out for the Madeira range of argyranthemum daisies including richly coloured 'Red Double' and very pretty 'Pink Crested'.

The Madeira range are quick to grow and will reach up to 75 cm high. They're hardy perennials that like growing in a full sun position. To keep them healthy, I recommend regularly feeding with a fast acting liquid fertiliser that's boosted with additional potassium to promote lots of gorgeous flowers.

## Bidens - Beautiful burnt orange

Bidens are a group of hardy plants in the daisy family that can bring bright warm colours into

the garden. Bidens 'Campfire' is a fast growing variety with masses of bronze-red flowers on a plant that grows to around 25 cm tall and wide. Perfect for growing in sunny garden beds, borders and also containers.

When planting Bidens 'Campfire' into pots or hanging baskets, start with a good quality potting mix and feed each week with a plant food that's boosted with extra potassium, the key nutrient that encourages flowering.

## Roses - Bare rooted

Winter is the perfect time to get planting bare rooted roses. It is important not to let the roots of your bare rooted rose dry out. As soon as your rose arrives home from the garden centre or via mail order, place it in a bucket of water for a few hours before planting.

For established bush roses, during winter while they're leafless, prune down to knee height. Once pruned, I recommend to spray your roses with lime sulfur to help break the rose pest and disease cycle.

## Camellias - Shade loving

There is nothing like camellia to brighten your backyard or patio during the cold winter months. There are camellias for both sun and shade and they're hardy once established.

To promote healthy leaf growth and a fantastic flowering season, apply an organic based flowering plant food every eight weeks.

## Spinach - Winter Queen

Staying healthy in winter is much easier when you have your very own spinach growing in your backyard. I recommend planting Winter Queen Spinach - a variety that is quick to grow and provides large, tasty green leaves.

Spinach loves sunlight, however can also tolerate a small amount of shade. Ensure you constantly feed spinach with a plant food that is rich in nitrogen - the key nutrient to promote leaf growth.

## Peas - Greenfeast

Sow your own peas this winter and enjoy the satisfaction of shelling peas. Dwarf varieties of peas are great for the home veggie patch as they don't take up too much space.

Greenfeast peas produce large pods filled with tender sweet peas and are ready to harvest around 14 weeks after sowing. Sow seeds two and a half cm deep in a sunny veggie patch with well-drained soil that's been enriched with organic fertiliser.

**For more gardening inspiration, ideas and advice go to [www.yates.com.au](http://www.yates.com.au).**

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## Still Creek Landcare

# BE ON THE LOOKOUT FOR THE AMERICAN CORN SNAKE

Feral animals are now taking a different twist. There have been recent sightings of the American Corn Snake *Pantherophis guttatus* throughout the greater Sydney area. American Corn Snake is a non-venomous small to medium-sized, slender snake which originates from the United States of America and Mexico. Adult snakes can grow up to 180 cm long. Colouration in the American Corn Snake species is highly variable however the most common form is orange or brownish-yellow with large black-edged red blotches down the middle of its back. For more information and pictures on the American corn snake see <https://www.dpi.nsw.gov.au/animals-and-livestock/nia/american-corn-snake>.

The American Corn Snake can potentially carry ticks that spread the bacterium *Cowdria ruminantium* that, although not lethal to reptiles, can kill grazing animals. American Corn Snakes are also a vector of cryptosporidiosis, a diarrhoeal disease.

The main ecological impacts where the American Corn Snake has been introduced are on native animals that may be consumed as prey, including mammals, birds, frogs and lizards. It is primarily active at night and is both a terrestrial burrower and extremely good climber. It only preys on nests at night, which is potentially dangerous to adult birds on the nest.

Breeding occurs in spring and 3–40 eggs are laid during the summer. Individuals can live for up to 32 years in captivity.

The American Corn Snake is able to survive in a diverse range of habitats including open grassland, forest, agricultural land and semi-urban areas. These characteristics and the ability of the species to hide under objects, burrow underground and to climb trees, make detection of the snake in an open environment difficult. Because the American Corn Snake is difficult to detect, eradication once established in the wild is difficult.

The American Corn Snake is considered a serious invasive species and is listed as prohibited under the NSW Biosecurity Act 2015. It is an offence to deal with or possess an American Corn Snake unless authorised by the Department of Primary Industries (DPI). You can expect fines in the thousands of dollars for having an unauthorised American Corn Snake.

**Any information on American Corn Snake detected in NSW can be reported to NSW DPI through: <https://www.dpi.nsw.gov.au/biosecurity/forms/report-an-unusual-animal-sighting> or email: [invasive.species@dpi.nsw.gov.au](mailto:invasive.species@dpi.nsw.gov.au) or The Invasive Plants and Animals Inquiry Line – 1800 680 244**

## Bromeliad Society of Australia

## Looking After Your Orchids

**Guest Speaker  
George Oehm**

The Bromeliad Society of Australia will hold their next meeting at the Federation Pavilion, Castle Hill Showground on **Saturday, 14 July** with plant sales commencing at 11am prior to the meeting.

Access is via the new Showground entrance off Showground Road into Doran Drive, Castle Hill with plenty of parking on site.

Guest speaker George Oehm has been growing orchids for about 15 years, commencing with cymbidiums and 10 years ago after joining ANOS Central Coast Group he became very passionate about native Dendrobium Hybrids.

He is currently busy as the Chairperson/Coordinator for the Wyong Spring Orchid Festival – being held during September at Wyong Race Course combining 4 orchid clubs, several orchid vendors and six Lifestyle Groups.

Although, a primarily Australian Native Orchid grower George does have a number of other genera that he also grows and this talk will include a variety of orchids and how to look after them.

BSA meetings include interesting guest speakers, plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment.

**Contact Ian Hook – mobile 0408 202 269, email: [ianhook1@bigpond.com](mailto:ianhook1@bigpond.com). Visit Website: [www.bromeliad.org.au](http://www.bromeliad.org.au)**



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## Galston Garden Club

Brrr...what a cold June night it was for our meeting last month, members came rugged up in beanies, coats & scarves, the cold was not going to keep them away. However in no time at all, the warmth of the hall & warm friendly chatter soon had everyone warmed up. The hall again looked lovely with masses of camellias & salvias now in bloom and brought along for Show & Tell.

Three years ago the Galston Garden Club donated an oak tree to the newly formed Southern Highlands Botanic Gardens. We received a photo this month showing how well it was doing but best of all it has produced an acorn! So it must be feeling right at home & it was very exciting to members to see their contribution to the Botanic Garden doing so well.

Our Guest Speaker this month was Stellina Trestrail, the Agriculture and Primary Industries Coordinator from Northholm Grammar School who spoke on Aquaponics. An enthusiastic speaker she

told us how she came about incorporating Aquaponics into the school agricultural syllabus. Aquaponics is very similar to hydroponics; however the nutrients are supplied by fish. Basically, using two large containers with fish in the bottom one & plants in the top one, the water with the fish waste is pumped up, filtrated & flows through the bed above filtered again to return to the fish tank as fresh water. The plants above are planted in a growing medium of any one of the following, smooth road gravel, scoria or clay pellets. The fish/plant relationship works very well, the water is totally recycled best of all you only need 10% of the water that you would need to grow vegetables in the garden. Aquaponics is great for the home gardener or balcony gardener, very simple to set up, an easy system to run, you don't need a lot of skill as well as being excellent for growing herbs & leafy vegetables like kale, lettuce as well as many others. There is a large amount of information on the internet mainly from Murray Hallam from Queensland an expert in the field & only too happy to spread the benefits of Aquaponics. The other benefit of aquaponics is by using fish breeds such as Silver Perch or trout you can breed them to eating size or you can just go decorative & use Koi. Stellina is more than happy to pass on the knowledge she has gained to others also interested in this amazing way of gardening.

We have 9 gardens that we will be presenting for our Open Gardens Weekend in October. So save the date **19th, 20th & 21st October**. Come along & have a lovely time which helps us raise much needed funds for the many charities we support. If you are interested in becoming a sponsor or would like to donate to our mega raffle,

please contact Open Gardens Convenor Bill Fleming on 96532394 or email: [wflaming@primusonline.com.au](mailto:wflaming@primusonline.com.au)

**📌 We hope to see you at our next club meeting & to join us for another happy gardening year. Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8.00pm, new members are warmly welcomed. For other information, visit our website: [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au)**



## A Big Food Drive Thank-you

The generosity of our community is overwhelming. Whether at home, in the supermarket, school, retirement village or at church, this year you gave thousands more items than ever before!

Anglicare, Dural, Arcadia, Kenthurst, Glenhaven and Cherrybrook Anglican Churches, and in turn needy families in Western Sydney, sincerely thank you. Your generosity makes a real difference to so many lives.

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# Smith Scores Record Win at Central Coast Cup

By David Smith Sr.

Local resident David Smith scored a record-equalling third victory in the 2018 Honda / The Construction Team Central Coast Cup dirt track meeting staged at the Allen Park track at Somersby last month..

Following back-to-back wins in 2015 and 2016 the third win for Smith came after a dramatic conclusion to the two days of racing with both the senior and junior Central Coast Cup deciders were red-flagged after crashes.

The first half of the scheduled 8-lap senior decider saw inaugural winner from 2005 Luke Gough holding off defending champion Jarred Brook when Brook hit the back of Gough's bike and crashed heavily. The Queenslander was taken to hospital, but the drama was not over as Kurri rider Mackenzie Childs looked to have victory in the re-run within his grasp when he fell with just over one lap to go and that gifted victory to David Smith ahead of Gough with Queensland teenager Caleb Browne a creditable third.

The Junior Cup was not devoid of drama, starting with one of the favourites, Victorian Max Berry forced out of the race when his bike failed at the starting line. Harrison Ryan led the race but then hit the fallen bike of another competitor and he too fell causing a stoppage.

In the re-run another Kurri club rider Ryan Smith, who had been chasing Ryan when he crashed, scored an all-the-way win in advance of club mate Jayden Rodgers and Queenslander Callan Davies.

Senior racing prior to the Cup finale produce high quality action with Jarred Brook dominating the rounds of the Pro 250 class and then winning the final of the Pro 450 class, while Luke Gough took out the thrilling Pro Open final. Jake Farnsworth (Under 19s) and Trevor Marsh (Over 35s) were the other senior winners.

Max Berry, Harrison Ryan and Rory Hutchinson from Kurri all scored class wins in the 13 to Under 16s, while in the younger age brackets several dominant performers emerged while the most dominant performer of the meeting was Albury-Wodonga rider Archie McDonald who came out on top in three classes as he was unbeaten in 16 races over the two days.



David doing victory lap after the main race



Photos Credit: Glen Smith @ Darkeye Photography

# EVENTS

For the Month of July 2018



## Yarn on a stick or two - Dural Library

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Dural 2158 at 10am - 11pm. **Call** 9761 5755.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Castle Hill Book Club

A love of reading brings this group together. They select, read and discuss a wide range of books. **Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2153 at 10:30am - 12pm.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Dural Book Club

A love of reading brings this group together. They select, read and discuss a wide range of books over a nice morning tea. **Venue:** Dural Library, Pellitt Lane, Dural 2158 at 10am - 11am.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Group Discussion Meeting

Relaxing with others who understand what you might be going through. No obligation to participate. **Venue:** Blue Gum Centre, ARV Glenhaven Green, 599-607 Old

Northern Rd, Glenhaven at 7pm for 7:15pm start.

**Call** 9629-2645.



## Build-a-Mind Coding with Scratch Workshop

Learn how to code with Scratch as you create your own interactive stories, games, and animations with the help from the team at

Build-a-Mind. Perfect for children with no experience or for those looking to advance further with their coding.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154 at 10am - 12pm. **Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Illustration Workshop with Cheryl Orsini

Learn how to bring your stories to life with illustrations. In this exciting workshop you will meet Cheryl Orsini, much-loved

illustrator of thirty books as she guides you through fun activities and shares her secrets to creating beautiful works of art. **Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154 at 10am - 11am.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Bush Tucker Workshop

A fun, creative way for students to learn about native trees and plants, their uses, as well as discovering their meaning and importance. Decorate your own

biodegradable pot then choose a bush tucker seedling to pot up and take home. **Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154 at 10:30am - 12:30pm.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Space Storytime

Join us on a space adventure at Dural Library! We will be enjoying stories, games and craft. Suitable for children in school years K-2. Adults are required to stay with their

child but do not need to book a ticket. **Venue:** Dural Library, Pellitt Lane, Dural 2158 at 2pm - 3pm.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Dural Book Club

Due to popular demand we now have a second book club at Dural, meeting the 3rd Friday of the month. **Venue:** Dural Library, Pellitt Lane, Dural 2158 at 10am.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Mindfulness for Study

Join Dr Padmini Howpage from the Positive Vibes foundation to learn how mindfulness can be used to improve your concentration and reduce stress and anxiety.

**Venue:** Castle Hill Library, 14 Pennant Street, Castle Hill 2154 at 5:30pm - 7:30pm. **Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)



## Beyond Words Book & Movie Group - Dural Library

Looking for a new book club with a twist? Try Beyond Words Book and Movie Group. Never judge a book by its movie.

**Venue:** Dural Lane, Hornsby, Dural Lane and William Street Car Park, Hornsby at 10am - 12pm.

**Visit** [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au)

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- » **Email:** [jlouiacono@hornsby.nsw.gov.au](mailto:jlouiacono@hornsby.nsw.gov.au)

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[glenoriegrowers@gmail.com](mailto:glenoriegrowers@gmail.com)

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July

Sunday 26th  
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## Rainfall Chart

Rainfall recorded period  
 17/05/2018 to  
 15/06/2018 is 42mm



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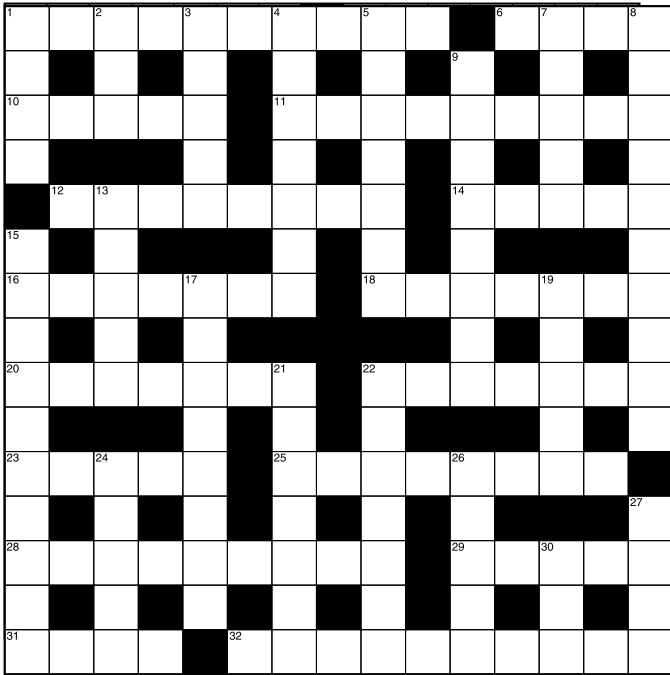
  
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# Puzzles



## ACROSS

1. Bewitches
6. Actress, ... Thompson
10. Russian mountains
11. Aborted
12. Decorating
14. Distraught
16. Hanging in folds
18. In the distant past (4,3)
20. Newspaper subscribers
22. Appetiser, hors ... (1'6)
23. Wheeled boot, roller ...
25. Lanky person
28. Happy-go-lucky (4-5)
29. Inner-city (area)
31. Croon
32. Out-of-court agreement

## DOWN

1. Warm & cosy
2. Age
3. Cutting ray
4. Prickling
5. Irish county
7. Long way
8. Tried out ( for role)
9. Successive order
13. Late Princess of Wales
15. Postal recipients
17. Shipping hazards
19. Smithy block
21. Sink down
22. Current of air
24. Fire-lighting crime
26. Trim (bush)
27. ICU, intensive care ...
30. Apiary insect

$$\text{Key} + \text{Key} + \text{Key} = 18$$

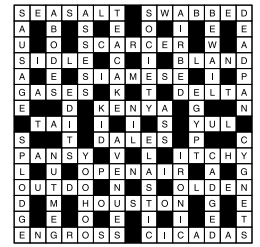
$$\text{Lock} + \text{Key} + \text{Lock} = 12$$

$$\text{Lock} + \text{Clock} + \text{Clock} = 5$$

$$\text{Lock} + \text{Key} \times \text{Clock} =$$

Credit: Elude Games, Galston, <https://www.eludegames.com.au/>

## Answers from June Issue



## GRINNER



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**Please phone 0497 20 20 20  
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### CHIZZO'S PIZZERIA GALSTON

We are looking for reliable delivery drivers and store staff to join our great team!

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### GLENORIE BAKERY

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**Please phone 0497 20 20 20.**

# Local Playgroups

## GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat. Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email [galstonkidsplaygroup@gmail.com](mailto:galstonkidsplaygroup@gmail.com) for info about current session times, or ask at the Galston Community Health Centre office.-

## GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie  
Every Thursday 9am-12pm - bring allergy friendly snacks

## ARCADIA

Located at Arcadia Public School, 140 Arcadia Road  
Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562  
Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We

request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

## DURAL/GALSTON

St Jude's Anglican Church, 965 Old Northern Rd Dural (Off Galston Rd for parking). Every Friday 9:30-11:30 am Aged 0-5 All welcome.

Come and join us every Friday (during school terms) for play, story, music, crafts and so much more! It's free just bring a piece of fruit to share. We look forward to seeing you there!

Contact Gayoung 0448 770 722 if you have any other questions.

## KENTHURST

Thursdays, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

## CALLING ALL PLAYGROUPS

If you are organising or running a playgroup in the local area, please let us know.

We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:

[editorial@galstoncommunity.com.au](mailto:editorial@galstoncommunity.com.au)



**Deadline for August 2018 Edition**  
**18th July**  
**7000 copies distributed**

### The Galston, Glenorie and Hills Rural Community News

PO Box 211 Galston NSW 2159

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#### Editorial

**Diana** 0408 011 193  
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#### Ads/Artwork/Design

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Enquiries to [quotes@adelphi.net.au](mailto:quotes@adelphi.net.au)

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Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

### LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service	9655 1656
Fire Captain David Byrne	
Galston Rural Fire Service	0409 470 205
Fire Captain Rob Symons	
Glenorie Rural Fire Service	9652 2017
Fire Captain Shaun O'Brien	
Hillside Rural Fire Service	9652 2245
Fire Captain Andrew Baildon	
Middle Dural Rural Fire Service	0408 220 705
Fire Captain Len Best	

**LOCAL JP's** Bendigo Bank Galston - 9653 2227, Geoff Lynch Galston Newsagency, Cathy Vipond Hills Accounting, Glenorie - 9652 2400  
Mary Ord - 0400 363 563, Vicki Brownless - 0423 727 826 (South Maroota area), Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083  
Cherrybrook Shopping Village, Shepherds Drive,  
every Saturday morning 10am to noon.

There will be a JP at Dural Library Wednesdays between 1pm and 3pm.

# Community Contacts

**Avicultural Society of NSW Inc.** Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686  
**ACACIA (Living Life)** Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

**Aglow Australia Pennant Hills** A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

**ALANON Family Group** meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

**APEX Australia** is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452. National Office 18000 APEX0 or website. 'Heart of a Community. Hope of a Nation'.

**Arcadia Community Hall** 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

**Arcadia Markets** May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

**Arcadian Quilters** Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

**Association of Independent Retirees (AIR) Ltd** Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

**Castle Hill Art Society** Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquiries Ph. 98993179

**Circular Keys Chorus** are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate KCC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959. email info@circularkeys.org or visit www.circularkeys.org

**Dural and District Historical Society Inc** holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

**Dural and District Prostate Cancer Support Group** holds its meetings on the third Monday of each month at 7pm at Anglian Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Inquiries Denis 9629 2645 or Maurice 9654 2138.

**Dural and Districts Senior Citizens' Club** Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

**Dural and Hills District Garden Club** Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

**Dural-Glenorie Scouts** Joys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

**Dural Mens Shed** meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

**Friends of Fagan Park** Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpg.com.au

**Ferry Artists Gallery** Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org  
**Galston Area Residents' Association Inc** meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

**Galston Branch CWA** meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Melissa 0408626978.

**Galston Community Hall** 37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call Jane on 0481 900 151.

**Galston Community Health Centre** This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

**Galston Garden Club** New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

**Galston View Club** will be holding its monthly Luncheon meetings at The Galston Club, 21-25 Arcadia Road Galston, on the 4th Wednesday of each month. Visitors will be very welcome. Bookings Vivien 98941189.

**Girl Guides** is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Junior Guides (age 6-9) meet Thursdays 4.30-6pm and Guides (age 10-14) meet Tuesdays 6-8pm at Galston Guide Hall, 414 Galston Road, Galston. Contact admin@galstongirlguides.com for hall hire or enquiries about Girl Guides.

**Glenorie Maroota Bioregional Forum** Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpbc.com.au

**Glenorie Memorial Hall** Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Ray Whiteman Phone: 9652 2454 or Mobile 0400 008 083

**Glenorie Progress Association** meets 2nd Tuesday of each month at 7.45pm at Glenorie RSL Club. Contact secretary@glenorieprogress.org.au or 0418 432 587

**Glenorie RSL Club** 3 Post Office Rd, Glenorie (behind Woolworths). The New Hills Hotspot. For bistro bookings call 9652 1199, all other enquiries and bookings 9652 1183. www.glenoriesl.com.au

**Hills Budgeterigaz Club** Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

**Hills Community Aid No Interest Loans up to \$1,000** for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620. enq@hca.org.au or www.hca.org.au.

**Hills Farmers' and Gourmet Food Mkt** 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

**Hills Shire Garden Club** Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

**Hills RSL Sub Branch** Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

**Hornsby Ku-ring-gai Four Wheel Drive Club** is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

**JP SERVICES** are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

**The NSW Justices Association Hornsby Branch** meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

**Living Life Without Children** Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@primus.com.au  
**Pennant Hills Photographic Club** meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

**Rotary Club of Galston** meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteainscow@gmail.com

**Probus Club of Round Corner** NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at The Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner, 2158 or come one month as a visitor.

**Rowland Village Workshop Club** invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

**Soroptimist International of The Hills District Inc** meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

**Social Dance Workshops** Pennant Hills Community Centre, Yarrara Road, S7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

**Stay Tuned Choir** We are a non-auditioned community choir which meets on a Tuesday night in Dural. We welcome new singers throughout the year and guarantee beautiful music-making, fun folk and great performance opportunities. Contact Suze Pratten: suzepratten@gmail.com. 0438 723 822

**Still Creek Landcare Group** Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7.30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

**The Hills Trefoil Guild (Guides NSW)** The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

## CHURCHES

**Galston Uniting Church** Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00

to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

**Galston Seventh Day Adventist Church** Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

**Glenorie Community Church** Pentecostal and Evangelical - meets every Sunday at 10.00am. Ladies meeting at 10.30am last Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pr Valich - Phone 0420 603 989 Church 9652 0577.

**Glenorie Mission Church** Sunday Service 10:00 am. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 0414 584 303 or 0411 422 236.

**Hillside Church** Meets 10:00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

**St. Benedict's Catholic Church Arcadia** Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd and Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest: Fr Bernard McGrath 0416032497.

**St. Columba's Anglican Church, Arcadia** Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

**St Jude's Anglican** Service Times: 8am Traditional; 10am Contemporary with Sunday Kids & Yr 5-9 Teen group; 6pm Evening church for youth & parents. 'Epic' kids club and Youth Group - Fridays (see website for details). Galston & Old Northern Roads, Dural. Phone: 9651-1119

**St Madeleine's Catholic Church** 28 Annangrove rd, Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

## LOCAL SPORTS ASSOCIATIONS

**Dural Country Club Bowling Clubs** New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0420 399 452 or 0432 181 635 to speak to one of our trained coaches.

**Dural Country Club** Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

**Dural Rugby Club** Enquiries, please contact the registrar Eric Flanagan. email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://duralrugby.net.com.au.

**Galston Glenorie Amateur Fishing Club** Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

**Galston Glenorie Cricket Club** For further details regarding season events, grades and registration, please contact 0404 600 460. gccc.nsw.cricket.com.au

**Galston Club Golf Club** Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

**Galston Equestrian Club** New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

**Galston Netball Club** All enquiries to secretary.galstonnetballclub@hotmail.com or visit the website www.galstonnsw.netball.com.au

**Glenorie Social Golf Club** Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

**Hills AUSSI Masters Swimming Club** Adults 18 years to 80 + are welcome to swim with us every Tuesday at 7pm at Galston Aquatic Centre. Whether you want to swim laps for competition, fitness, or simply fun & friendship, ring Di on 0418 432 587.

**Hills Hawks Soccer Club** For season details and registrations call Michael Rosier on 0418 676 768 or agmsinsulations@bigpond.com.

**Hills Hawks Softball Club** Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawks softball.org.au.

**Hills Pumas Football Club** For information including registrations, call Sarah Sumska on 0430883385 or email registrar@hillspumasfc.com.au

**Kenthurst Netball Club** Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

**Tennis / Squash Social Group** looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

**Tennis Court for Hire Galston** At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 0481 900 151.

**Tennis Court for Hire Glenorie** Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

**Tennis Court for Hire Hillside** Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

**Thursday Ladies Tennis Competition in the Hills District** Players of all standards are welcome. For more details and contacts please see our website at hillsladiestennis.org

## Granny Flats Adding Value To Your Home

Granny flats have seen a surge in popularity recently. But do they add value? Belle Property Licensed Real Estate Agent Carolyn Wheatley says yes – but only if done correctly.

### The Demand

The demand for granny flats really depends on the location but work really well in our area due to our generally larger land sizes. They tend to be popular with families who can afford to lose a little space to gain either extra elbow room for the growing family; or gain a separate rental income. With property values being high, it can be difficult for buyers to get on the property ladder. A granny flat means you can split the mortgage with family or friends or rent out the additional space to support your existing mortgage. It's also quite common in more affluent areas for people to use a granny flat as accommodation for a nanny or additional room from extended guest stays.

### Things to consider

If possible, designing the area to be totally separate from the main house not only adds the most value, but keeps it lifestyle friendly for everybody. For the more savvy designer, positioning the granny flat in a location which can be easily joined to the main residence for example a breezeway or covered verandah; will cater for a larger range of buyers when the time comes to sell the property.

It's also important to ensure the granny flat has full council approvals. Approvals must be noted in the contract for sale and



not having the right ones can put buyers off. Also, if the structure is not approved, you won't be able to have it managed as a rental property from a real estate agency under current regulations.

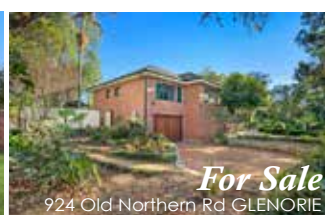
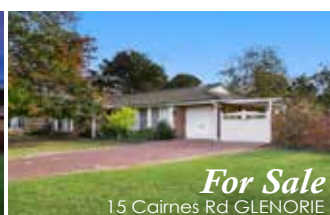
### Adding value

In Carolyn's experience, granny flats do add value. However, if you're thinking about building one, there are some suggestions she would make before going ahead.

"If it's possible to provide a separate entrance then do so, and make sure the area is well lit. Parking is always an attractive feature, as is a separate outdoor area with privacy from the main dwelling. Finally, have the property separately metered. This gives the granny flat added independence from the main house and makes paying the bills transparent.

If you would like to discuss the value a granny flat could add to your property, please call Carolyn Wheatley on 0407 120 483 to discuss your possibilities and if the added content will benefit your property and lifestyle.

## Selling Now More properties urgently needed!



## Recently Sold!



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CAROLYN WHEATLEY  
0407 120 483



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0407 120 483

[carolyn.wheatley@belleproperty.com](mailto:carolyn.wheatley@belleproperty.com)

# YOU COULD WIN UP TO \$10000.00\*



## Members Badge Draw

**NOW on Wednesday & Friday nights between 6:30pm and 9:30pm**



## GAME 3

**WED 11TH JULY -  
HAPPY HOUR 7-9PM**



## WALKABOUT REPTILES

**LIVE REPTILES! LIVE MUSIC! LIVE EDUCATION!**



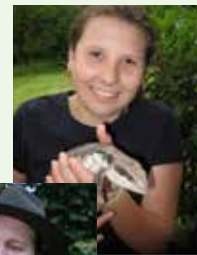
**Performing Here...**

*The Galston Club*

**Friday 13 July 11am**

\$15 includes show & kids lunch

Please call 9653 2017 to book



## ABBALANCHE

**Saturday 4th August**

**Limited Seating**

**Tickets: \$25 Member**

**\$30 Visitor**

THE AUSTRALIAN ABBA TRIBUTE SHOW



## MEMBERS REWARDS DRAW

**SATURDAY 18TH AUGUST\***

**Outdoor Leisure Package**

**Valued @ over \$3500**

\*Valid membership & present to win



### MONDAYS

- Rump night \$14 with a schooner of coopers or a glass of Chain of Fire or Schooner of Soft drink
- \$12.00 Lunch specials (Members Price)
- Bingo 7pm – Wish Card Prizes totalling \$450 in value

### TUESDAYS

- Pasta Night \$14 with the drink special
- \$12.00 Lunch specials (Members Price)

### WEDNESDAYS

- \$12.00 Lunch specials (Members Price)
- Bingo – Ticket Sales from 10am. Jackpot Prize \$2000\* Game Prizes – Cash & Wishcards totalling \$300 in value
- Trivia 8.00pm
- Raffle tickets on sale 7.00pm
- Total Value of Raffles \$500
- Joker Jackpot \$5200\*
- Members Happy Hour Mon – Fri 4-5pm
- Wednesday Night with Kids Eat Free (with any main meal purchase)

### THURSDAYS

- Schnitzel Night \$14 with the drink special
- \$12.00 Lunch specials (Members Price)
- APL Poker Free Roll plus Jackpot\*
- Pool Competition Max Prize \$200\*

### FRIDAYS

- \$12.00 Lunch specials (Members Price)
- Monster raffle, 40 prizes to be won, tickets on sale 7.00pm
- Total Value of Raffles \$1500
- Spin N Win
- Roast Dinner Special Available

### SATURDAYS

- \$12.00 Lunch specials (Members Price)

### SUNDAYS

- Roast Lunch + Dinner Available

\* Amount may vary at time of draw. Actual amount shown may have already been claimed at time of publication. LTPS/13/06263  
information for members & their guests. ADDRESS: 21-25 Arcadia Road, Galston, 2159 PHONE: 9653 2017 WEBSITE: [www.galstonclub.com.au](http://www.galstonclub.com.au)