

Galston, Glenorie & Hills Rural COMMUNITY NEWS

November 2017

The Original Community Magazine since 1971. With profits supporting Business & Community

Arcadia Monastery, image contributed by Howard Neely

Community Koala Care

Koalas were heard regularly in the Maroota Forest region before the December 2002 bushfires. In fact, parts of Maroota Forest were once a koala protection area.

Since these terrible fires the only evidence of the survival of Koalas in the area has been very limited. A koala has been heard adjacent to the Broadwater Wetland and there is anecdotal evidence of a koala having been seen near the road in Maroota. If any readers have evidence of koalas from any other source it would be great if you could contact the Glenorie Environment Centre with your information.

Koalas in the wild are hard to see because they are usually in the tops of trees, in dappled light and surrounded by leaves. A good way to find out if koalas are about is to listen for them. They are most active during the breeding season which extends between September and November. During this time, the males make a very distinctive grunting noise and this call can be heard during the night and in the early hours of the morning.

It would be wonderful to have numerous koala families living in our forests once again and it would be great to know if their numbers are starting to build up. Koala calls can be heard by typing 'koala mating calls' in to google. If anyone hears any distinctive grunting noises that are similar to these calls please contact Pat at Glenorie Environment Centre, email deblacko7@hotmail.com or call 0419 321 276. This way a record of where these calls are heard can be made and a data bank established.

A regular koala survey is being conducted every year by the Glenorie Environment Centre and any new information would be much appreciated.



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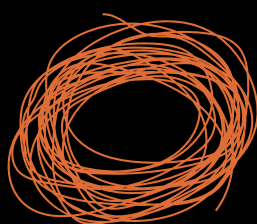
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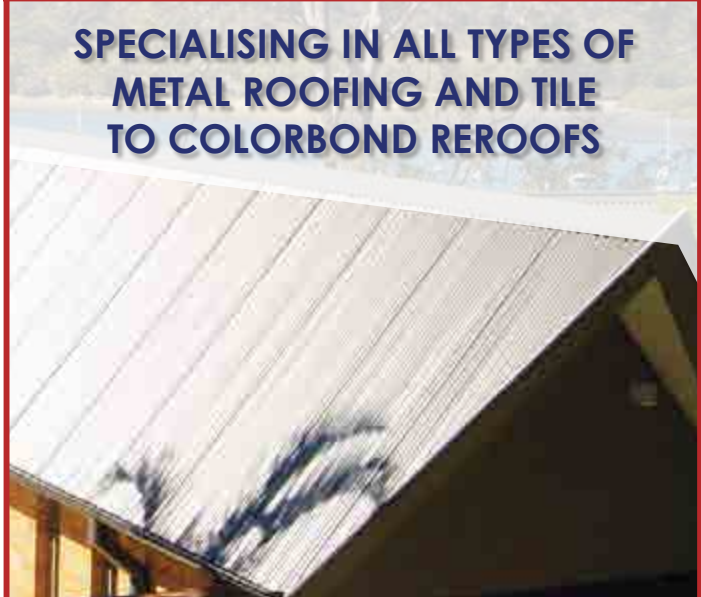


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Counselling Psychotherapist at your call!

By Bernadette Watt



I am excited to offer my services as a mobile counselling psychotherapist to the area I grew up in and love so much. My passion for helping people has been with me a very long time. My parents June and Peter Lynch were very active in helping others in our community.

My Father with the help of Dr Connelly, started the St Vincent De Paul in our area, and my Mum was always looking after other children while their Mums got

back into the workforce. (Well before preschools and daycare).

Having completed my PACFA accredited "Professional Training in Counselling Psychotherapy" I feel very privileged to have immersed myself in studying one of the most effective counselling psychotherapy skills available. I have learnt how to have a deep appreciation and respect for each individuals pathway and I'm committed to ongoing education in the area of mental health. I've long had the belief, we need to be doing more at a community level to help and support people and children that may be battling difficult issues. I continue to work with our seniors in our area, supporting them living in their own home or Retirement Village or

Nursing home. My interests are also working with Dementia and palliative care patients.

My other love is working with children. I have previously worked at Galston Long Day Care Centre and for the past 17 years have taught SRE or Scripture at Arcadia and Galston Primary Schools. The children bring me so much joy. It has been so meaningful for me to be learning together and experiencing what the children bring to the classroom.

Now that I am offering my Counselling services, I look forward to seeing people wherever they feel most comfortable. Please call me if you would like any more information.



The Rotary Club of Galston

Giant Book Fair

Held at Galston Community Centre

Books Wanted Now

You can help us now by dropping off your donated books, sheet music, Jigsaws, cds, dvds and records at:

The Galston Club, Arcadia Rd, Galston or Century 21 at Round Corner

If you need books picked up, please contact **Ted Shade on 9653 1539 or 0418 499 562 or tedshade42@gmail.com**

The Book Fair is Galston Rotary's major fundraiser. We give to local community needs as well as National and International projects and disaster relief.

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A picture without a frame is like a body without a soul

Something Special for Seniors...

Every first Tuesday of the month something special happens in Cherrybrook Village Shopping Centre.

Song, laughter and a multitude of seniors, (well quite a few!) descend upon Gloria Jeans cafe for morning tea and professional entertainment, organised and led by the indomitable Christine Lewis!

And what happens? Gathered together between 9.30 and 11.00 for the cost of a cup of coffee, share a joke and best wishes, maybe a birthday, an update or a welcome back and then Christine draws on her exceedingly wide network of speakers and entertainment friends to create a fun morning of music, reminiscence and conviviality. Many local retirement villages attend, bussing their residents to the entertainment, hosted by Gloria Jeans, and using the opportunity to shop independently at Cherrybrook Village's wide range of shops afterwards. Together with fun and friendship is the opportunity to purchase tickets at Seniors Group prices to the 'big shows'.

In March, entertainment was 'Songs from the Musicals' and forty guests sang and grinned and clapped along. Professional acts Bill Croft, Michael Montgomery, Jace Pearson and John



Vickers have all performed this year! What a line up!

"The group has a country town feel", says Christine, "and everyone knows everyone!"

This Seniors Prime Time Group is just one of the Seniors Groups this entertainment veteran manages. All over Sydney, Roselands, Rhodes, Chatswood and Macquarie Centre, Christine has been many years doing it all! What magic she brings to these groups is legendary. She has been known to command quite a soprano note herself and you just wait for her to be invited up to sing along with her old friends, and then real sympatico magic happens... ensconced on the comfy lounge chairs and settees, the audiences delight is evident as they clap and sing along. Just enjoying life...

The next morning tea at Cherrybrook Village is November 7 - 'Melbourne Cup

Fun Day' with racing quiz, prizes to win and the last morning tea for 2017, to say hello to friends and wonderful Gloria Jeans host, Kashif. Christine has promised a fun and musical morning!

For more information call Christine Lewis 0411 475 947 or Cherrybrook Village 9484 8644 www.cherrybrookvillage.com.au

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Young artists in Ku-ring-gai support safety in the community

This week marks Neighbourhood Watch Week. Johnathan O'Dea (MP Davidson), Julia Eagles (Neighbourhood Watch) and Michele



Bell (KNC) met with members of the community and to present the winners of the Safety Competition which was sponsored by Neighbourhood Watch within the NSWPF Ku-ring-gai command and Ku-ring-gai Neighbourhood Centre. The competition was aimed at encouraging children to be more aware of the need for crime prevention techniques and safety in their community. Jonathan O'Dea praised the young artists for their commitment and ability as well as their concern for their community.

Winners

	Kindy	Year 1	Year 2
1 st prize	Chelsea Smeallie	Eden Horii	Eva Ward
2 nd prize	Maya Harvey	Sabrina Harvey	
3 rd prize	Luella		

Jonathan O'Dea MP presented the colouring-in prize winners their prize, certificate and green goodie bag.

📞 For more information contact: Julia Eagles: 0410 687 412 or Michele Bell 02 9988 4966.

Wisemans Ferry Community Men's Shed Inc

Men's Shed Grand Opening

BIG celebrations at Wisemans Ferry on Saturday 18th November **BIG** opening of the new Men's Shed in the grounds of the Wisemans Ferry Bowling Club

BIG Hot Rod, Vintage & Classic car show

BIG Raffles & stalls

Roll up for a BIG day out. Parking available in the big public park adjacent to the Wisemans Ferry Bowling Club.

A testament to the thriving community of Wisemans Ferry and surrounding area now stands in the grounds of the Wisemans Ferry Bowling Club.

The new Men's Shed has moved from a back yard shed generously provided by a local resident, to the 270 sq metre shed we see today.

Well equipped with a kitchen, toilets and a huge workshop for the community to potter, construct, tell yarns, share their knowledge and life skills and experience. There are access ramps and nearby parking is available in the grounds of the Wisemans Ferry Bowling Club.

The Men's Shed will not only be looking out for the locals and visitors, they will be delivering real benefits the community—organizing and participating in events, arts and crafts. Other activities currently under discussion include a community bus, speaking book library, computer, and to provide tutors for specific skills ie wood, metal and computer.

📞 Enquiries to Adrian, 0448 833 781 or Alan Hunt, 4566 4626 or wfcms2775@gmail.com. P. S. We also now have a Face Book page Wisemans Ferry Community Men's Shed Inc.

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Galston CWA News

Our AGM was conducted at the last meeting. Thank you to all those who have served in positions this year and congratulations to those who have filled new positions.

Our group held a stall at the Galston Open Garden Festival last October 20th-22nd. Please visit www.galstongardenclub.com.au for more information.

We will be holding another cooking competition on Thursday 17th November. Everyone is welcome to enter. Junior recipe is listed in next column. For all other details please contact us. More Recipes will be posted on our Facebook page.

Our next meeting will be on Wednesday November 8th where we will be holding a buy swap sell stall in time for Christmas as well as a tutorial in Pewter crafts.

We meet at the Galston Health & Community Centre, cnr Glade and 17 Arcadia Road, Galston. Visitors are most welcome to attend.

Donations of material and other items also welcome. Please visit our facebook page for details of specific items. www.facebook.com/CWAGalston

For more details please contact; Janet-9653 2402 or Val- 9653 1774



Giant Anzac Chewy Biscuits- Section 11, Class B

12 years and under

Recipe must be used. Size also matters (8cms)

- | | |
|------------------------------------|---------------------------|
| 1 ½ teaspoons ground cinnamon | 1 ½ cup plain rolled oats |
| 1 cup desiccated coconut | ½ cup caster sugar |
| ¼ cup (firmly packed) brown sugar | 125g butter, cubed |
| ¼ cup golden syrup | 2 tablespoons water |
| 1 teaspoon bicarbonate of soda | |

Method

Preheat oven to 150°C. Line baking tray with non-stick baking paper.

In a medium sized bowl, sift together flour and cinnamon. Add rolled oats, caster sugar, brown sugar and coconut. Mix well.

Combine butter, golden syrup and water in a small saucepan and stir over low-medium heat until butter melts and the mixture is well combined. Remove from the heat and stir in the bicarbonate of soda.

Add immediately to the dry ingredients and use a wooden spoon to stir until well combined.

Roll 2 tablespoons portions of mixture into balls and place on the lined tray about 5 cm apart. Use your fingers to flatten each slightly (until they are about 1cm thick) and bake in the preheated oven for 16 minutes.

Remove from the oven and set aside for 5 minutes to cool slightly before transferring to a wire rack to cool completely.





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Galston Girl Guides look after the local environment



The Guides have been working with the local council and volunteers on a bush regeneration project on the natives and weeds in the bushland surrounding the Guide hall.

The environmental education activities included; a photo scavenger hunt, a mapping exercise, a start on the removal of Panic Grass (Ehrharta) beside the guide hall, and identifying two mini vegetation quadrants.

📍 **If your daughter is interested in learning outdoors, caring for the environment and making new friends then please come and visit us at 414 Galston Road, Galston or contact Mary 0423 353644 for further information.**

1st Dural Scouts

Scouting encourages young people to make ethical and moral choices over their lifetimes. They learn leadership skills, have a strong focus on the outdoors and survival skills; they play a constructive role in our local community.

If you would like your child to push themselves to heights they did not think was possible; join 1st Dural today.

- Joeys (6-8 years) Thursdays
- Cubs (8-11 years) Wednesdays
- Scouts (11-14 years) Tuesdays
- Venturers (14-18 years) Tuesdays

📍 **Please contact Warwick Mills 0417 689 571 warwickm42@gmail.com**

Glenorie Maroota Bioregional Forum

The Annual General Meeting of the Glenorie Maroota Bioregional Forum will be held at 7.30pm on Wednesday 1st November at the Community Hall, Old Northern Road, Glenorie. An election will be held to choose members of the Executive Committee for the coming year.

📍 **If you wish to nominate for any position or have anything you would like discussed during the meeting please mail to PO Box 240, Glenorie, NSW 2157 or contact the Chairperson Carolyn Hall at carolyn@dphpc.com.au or 0418 651 300, or Co-ordinator Pat Schwartz at deblacko7@hotmail.com or 9652-1276. Anyone is welcome to attend and we look forward to seeing you there!**

Eastbend AGM 20th November

Eastbend Rural Communications Inc. will be holding its Annual General Meeting at 1.30pm on Monday 20th November at the Resource Centre, Maroota Public School, 4540, Old Northern Road, Maroota. During the meeting an election will be held to choose members of the Executive Committee for the coming year. If you wish to nominate someone, or offer yourself for any position, please come to the meeting or contact the Secretary, Pat Schwartz, on deblacko7@hotmail.com or 9652-1276, or Tessa Corkill, on 2archaeics@gmail.com or 9652-1470. As always, from 1pm there will be a light lunch and time for a chat before the meeting starts.

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Moving Sale



After 2 fantastic years in the Shack at 2 Cairns Rd, Glenorie, The UB Art Shack and Studio is moving home.

The first weekend in December, the 2nd and 3rd of December, we are having a moving sale of our props, antiques and vintage collectables.

Prints, canvas prints and framed postcards will be on special, just in time for that unique Christmas present, or simply to take advantage of a piece of Ulla and Bjorn's art.

In February we will be operating from our home studio in Glenorie, combining our art, framing and photography in one location.

We have had a huge positive response to our art, especially our Fusion art, where we combine paint and photography.

It's now time to go global via our web site and to expand our (ramp up) exhibitions in Australia and Overseas.

We are looking forward to your continuous support and business.

Gift Cards and Gift Vouchers

Amendments to the Fair Trading Act 1987 were passed by the NSW Parliament in October 2017 and are due to be implemented in 2018.

The amendments introduce a mandatory 3-year minimum expiry date on gift cards and gift vouchers sold to consumers in NSW. Businesses will also be banned from applying post-purchase administrative fees, which have the effect of reducing the balance left on a card.

A review by the Commonwealth Consumer Affairs Advisory Council (CCAAC) in 2012 found that gift cards were expiring with money left on them at a rate of three to eight per cent (the 'breakage rate'). For NSW consumers, this loss could be as much as \$60 million a year.

NSW consumers are losing benefits because of their inability to redeem gift cards and gift vouchers that have expired. The amendments could help address this ongoing financial harm, better protect consumers and provide certainty of their rights.



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Apps

There are over 2 million Apps (yes it is a word now not an abbreviation) available on iPhones and Android devices. Happily they are not all games where there is a winner and loser and lots of messy stuff in between. Apps can be useful and make life easier in many cases, but a bit of research may be required. These are some of those apps I have successfully used recently.

Travel Apps

1. Airlines - for easy bookings. Sometimes I find the apps easier to use than the websites. Don't forget you can also do your boarding pass using the app as well and just show it using your phone. No printing required.
2. Tripadvisor is great for checking out local restaurants and activities. People do express their concern about it's accuracy but when you have no recommendations it's a great place to start.
3. SNCB Europe was great for booking trains in Europe and again I kept the ticket on the phone.
4. GPSmyCity gives you walking guides around various cities in the world and works offline.

Reference Apps

1. AusBirds is one of the more expensive Apps but wonderful for when you are trying to identify that bird in the back garden.
2. Vivino is for the individual who wants to know more about the wine they are about to drink just by taking a picture of the label.

General Apps

1. Password or something similar to help remember all those passwords.
2. SpiritLevel if you want to make sure that picture is straight and only have your phone.



If you are looking for a patient educator to help you with your Apple device or computer please call DebbieDoesIT on Mb: 0418296217.

Another Dumper Caught Red-handed

An astute Glenorie resident was instrumental in catching yet another company dumping fill materials in our locality.

The resident, who we understand had had some excavations works carried out at their property, placed an ad on gumtree advertising free fill. They were contacted by a company who offered to take the fill for \$350 per truck load. The resident agreed to sell the fill and the truck arrived to collect the first load. The resident then asked where the fill was being tipped, and the driver replied 'the Galston tip'. This rang alarm bells with the resident, so when the truck returned to collect the final truckload, the resident followed the truck to see where it was dumping the fill.

The truck drove from Glenorie to Galston, then down Belbowrie Close. It stopped at the bottom, the truck driver got out, opened the fire trail gate with a key(!), drove down the fire trail and tipped the fill. The resident clearly realised this was being illegally dumped, so photos were taken as evidence of the truck, the driver and him using the key.

We can only assume the resident must have been aware of the Geelans Road dumping problems, as they alerted Ray Hadley of 2GB to the situation. Ray took the matter up with his usual enthusiasm, alerted the Police, the EPA, and aired the saga to his listeners. You can listen to the podcast on our facebook page, our website or on the 2GB facebook page.

We understand the matter is now under a full investigation.

Residents need to keep an eye out for illegal dumping. The more we see and report, the harder it will become for would-be dumpers.



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A Happy Customer

Recently Peter from GeoHex and Brett from HRC Constructions collaborated to successfully solve an enduring ground issue being experienced by acreage owners in Galston.



The area which was in need of rehabilitation was the communal gather ground where their horses chose to congregate. A gradient in the driveway meant that the driveway medium was constantly washing away, settling just where the horses congregated.



The combination of water not being able to drain away and the horses churning up the soil meant that a solution needed to be found. Geohex was the perfect solution to solve this particular problem. Brett prepared the ground with a bed of crushed sandstone, the Geohex was laid and the final layer of crushed sandstone aggregate was backfilled into the Geohex. A good mornings work.

With recent rain the Fishburns Ave residents were able to see just what a great solution they had found in Geohex.

We Need Engineers

Aussie Pumps

Local company, Australian Pump Industries, is seeking to strengthen its engineering division with a Senior Engineer and graduates who want to be part of a dynamic and innovative company.

The company's products are all designed for the toughest operating conditions, with quality and reliability being the most important factors.

Australian Pump leads the field in pressure cleaner development with innovative, award winning frames, advances in pump design and improvements in safety. There is more work to be done in streamlining production and testing methods as well as further development in the product range.

The engineering roles at Australian Pump are very much hands on, working with the operations manager, production team and service technicians. There will also be the opportunity of fieldwork including the overseeing, commissioning and testing of pump systems in situ.

Engineers with a strong mechanical aptitude and electrical background would be ideally suited to the roles, pump experience is not required.

Further information on both Senior Engineer and Graduate Engineer opportunities is available by contacting Australian Pump Industries.



Chief Engineer, John Hales, is proud to work at Aussie Pumps because of the company's commitment to providing users with top quality products.

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Why Every Backyard Should Have Chickens

By Leah Zegarac

As a breeder of Heritage chickens, I have really noticed the keeping of backyard chickens has been steadily on the rise with more families choosing to “know where their food comes from” and learning about sustainable living.



There is a definite shift of ISA brown back into the gorgeous Heritage Breed chickens. They are not only beautiful, but come in many shapes, sizes and colours. Some Heritage Breeds lay more than others, some even produce different coloured egg shells. They start laying around 23-26 weeks of age and reward you with eggs for up to 5-6 years.

Did you know there are so many more benefits for keeping your own chickens;

- Wonderful flavoursome eggs that have been shown to have greater nutritional value than caged eggs.
- Your own organic eggs free of chemicals, hormones. You know exactly what they are eating.
- Less need for pesticides as they love to eat beetles, bugs, ticks and snails.
- Free manure for your garden and citrus trees. Chook poop is probably the most beneficial manure as it is packed with essential nutrients for your garden.

- Reducing landfill. Chookies love kitchen scraps, food peels (excluding potatoes) rice, oats, plain yoghurt that is close to expiry, cabbage and the list goes on.
- The joy of watching your children race down and collect the eggs.
- There is something just so therapeutic about watching your chickens roam around your backyard and seeing their different personalities and antics.
- Did you know chickens have also been proven to be beneficial for sufferers of depression or anxiety. Chickens are now being taken to nursing homes and used as therapy.
- A great way to meet your neighbours – sharing a dozen eggs, they will be friends for life.

At Leah's Chook Shed, we sell professionally sexed and vaccinated day old chicks through to 8 weeks of age. We have focussed on this age bracket as we truly believe the younger a chick enters your family the more social and family friendly they will become. The smiles and laughter coming from your children and grandchildren is priceless.

Soft Plastics

Frustrated with having to put your plastic bags into landfill? There is a solution!

<http://www.redcycle.net.au> has recycling bins set up in local shopping centres to take all the soft plastics that you can't recycle through the Council bins. The closest ones to us are Coles at Berowra, Woolworths or Coles at Rouse Hill and Coles at Asquith. They will take your soft plastics, including bread bags, biscuit packets, rice and pasta bags etc.

Hopefully we might get one closer one day.



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The Quarry-Go-Round

HORNSBY MTB TRAILS UPDATE: Off-road cyclists throughout Sydney were devastated by the 2015 closure of the only professionally-built and marked mountain bicycle trails in Greater Sydney, namely OMV, due to the deal between Hornsby Council and Northconnex to fill the Quarry to facilitate new parklands for Hornsby by 2023. Elevated bridges to reconnect Lava Flow & Turkey Run mtb trails during construction have yet to materialise, leaving local riders with only 2.5km to ride on.

QUARRY TRAIL CLOSURE: A further blow has been dealt to cyclists, bush runners and walkers, with the official 2016 closure of the Quarry Road Firetrail, due to the determination of the powerful North Shore Regional Target Shooting Association to keep us all safe and sedentary. While it is important for legal gun owners to have a place to practise shooting skills, there has not been any



incident since the range was established in 1898. The Association holds the official license to use a large wedge of Crown Land intersected twice by the Quarry Trail.

Since 1995, land management authorities have been privy to 'The Audit for Public Safety', conducted by Insearch, on the Hornsby Range. The Range Inspector of NSW Police Firearms Registry, upon reviewing this Safety Audit, the

Firearms Act of 1996 and the 2006 NSW Firearms Regulations, decided to adopt a zero risk policy for the Hornsby Range. Consequently, we now have a bushland 'Sydney Lockout',

barring public access to a National Park, a key historical link between Hornsby and Dural and the only bridge, other than in Galston Gorge - across the extensive, sheer-sided Berowra Creek.

Just as Hornsby Council 'inherited' OMV & the Quarry, the exceptionally poor management of Quarry Trail access has been 'inherited' from the past by BVNP. Pogson Trig Trail has been newly signposted and upgraded by NPWS in a feeble attempt at an 'alternate route' to QRT, but this only serves to illustrate a redundant mindset that walking is the only active way visitors want to experience a national park. NPWS says they are "Continuing discussions with their land management partners to investigate more options for alternate routes to QRT." My, how proactive they are!

The fact that nothing has been done to facilitate or secure ongoing Quarry Road trail use for the local community in the 22 years following that fateful 1995 Audit for Public Safety, does not inspire confidence in much, if anything being built now for any trail user groups to appreciate and legally access this vast area of BVNP for the foreseeable future- with the notable exception of all those who own a gun.



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POINTS OF INTEREST

Regional Economic Benefits of MTB Trail Networks:

Rocky Mountain States USA US\$6.2 billion p/a from mountain biking activity. (International Mountain Bicycling Association)

Rotorua mtb trails network, New Zealand: (185km) 250,000 mtb visitors generating NZ\$20.2 million/year. (Rotorua Lakes Council)

Derby mtb trails network, Tasmania (80km) 30,000 mtb visitors generating Au\$18 million/year (Dorset Council)

What Have We Lost? Free access to the only bushland bridge between Hornsby and Dural. A safe route for cycle commuting and marathon running, walking or cycle event training. A historical, extensive, challenging and beautiful route to ride, walk or run on. Dangerous Galston Gorge is now the only traverse.

What Might We Gain? As yet, no official announcements or updated information from any land management bodies (2023 is 6 long years away) BUT as part of the OMV Parklands development, Hornsby Council has been positive regarding improved and extended mountain bicycle trails, linking to H2O in Westleigh, and perhaps a new footbridge (or two?) crossing Berowra Creek to Cherrybrook and Pogson's Trig. Hornsby Council has also built an excellent new jump spot at OMV, with additional new trails to safely access it.

So Where Can You Still Ride a MTB in Hornsby? Practise your skills at Jubilee Park in Turramurra and at OMV: but both are basically BMX tracks for mountain bikes and only take 10-15 minutes to ride around. All other off-road cycling in Hornsby (except the unofficial MTB trails of H2O in

Westleigh) is confined to short (5-10km) dead-end firetrails when, in fact, we could have had an extensive, world-class network of linked mountain bicycle trails a decade ago- and all the associated economic, tourism and wellbeing benefits that would have come with it !

Other Attractions: Avoid Ranger Danger! Leave your car parked at OMV and ride up Quarry Road for a swim in Hornsby Pool. Or walk across Peats Ferry Road and grab a coffee or a bite to eat at either the Refinery or Bees Knees Cafés. Hornsby Station is right next door to the shops, so city slickers can leave the car at home and hop on and off the train with a bike to access OMV in Hornsby and H2O in Westleigh.

Letter to the editor

I attended The Hills Shire Council meeting on Tuesday 10 October, which in contrast to the vast majority of Councils and State Government protocol, still refuses to make an Acknowledgment of Country at the opening of the meeting. There is time found for prayer and singing of the national anthem however the Liberal Councillors, including the representatives of North Ward, have consistently voted against including this ancient custom. Acknowledging the traditional owners of our land is a simple but important way of promoting awareness of the history and culture of Aboriginal Australians. It is time to end the history of silence and exclusion and celebrate the oldest continuous culture in the world. I hope the shameful position adopted by the majority of past Councillors will be addressed by the new Council.

Regards, Justine Smillie, Galston



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An End to Spring

Written by Mary Hackett

As Spring fades into what augers to be a hot summer, grasses thickly intersperse with self-sown wildlings and tangles of sticky paspalum heads.

A subdued hum spreads amongst the sweet domes of clover where bees forage steadily for nectar. How delightful it is to wade ankle-deep through the cool soft grasses at day's end! The birds welcome our overgrown lawns at this time, for the sprawling meadows proffer a nourishing array of both plant and insect foods .



This is the time to breathe deeply and slowly. As one wanders through seasons lush yet lingering wilderness, try to embrace nature's irreverent sense of humour. As herbs embark on their final, riotous indulgence, clumps of sorrel and chives, lettuces and herbs will soon bear seeds instead of leaves. They will sway ... primed to disperse seeds on vagrant winds for a seasonal harvest, unless we salvage them for next year's plantings. When autumn comes, those defiant escapee seedlings

will suddenly emerge in the most unlikely places ... baby lettuces amongst evening primroses, parsley and coriander in the pebbles

outside the Nook, and perverse mustard leaves ... curling like lime snails out on the rock-hard driveway. It even seems that the wild-propagated seedlings which have disregarded the gardener's pursuit of order and design, somehow, often possess more fragrance and flavour !

Through a blue-hazed screen of flowering Bog Sage, the Children's Potting Shed emerges, its cedar shingles silvered and shining in the summer glare. The ever reliable Souvenir de la Malmaison Rose inclines its flat, quilted blooms across the shed's doorway, while sprawling catmint carpets its base with mauve, floral sprays that are gently cushioned amongst their gray leaves. Around them rise hosts of small, pastel-winged butterflies ... transient, winged visitors, who often frequent our herbal haven.

Last week, a Spotted Pardalote was found hovering, like a hummingbird, outside the Nook. Feasting on insects in the corners of the paned doorway, this little "diamond bird" must have been



gathering lunch for his family. Pardalotes are shy creatures of habit but perhaps this one has found the sub-terranean nest in the undisturbed mound of earth, secreted, beside the old well. It is wonderful to be able to welcome bird visitors to our Haven, by simply providing shelter and plentiful bowls of cool fresh water.


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Glenorie Progress Association Local Speed Limits

President Di Coxon-Ellis

Extract of letter to Transport NSW (copied to Dominic Perotett MP and Councils): The Authorities Officer of the Glenorie Progress Association has provided feedback to your department regarding the default speed limit in Whites Road, Glenorie through an Online RMS Feedback Submission. I am writing in support of this submission and draw your attention to the following:

Your department has advised that the default speed limit on Whites Road, classified as a rural road, is 100 km/h. This is not a safe speed limit for these roads. Whites Road (Glenorie) is an access road from Old Northern Road which connects to the intersection of Post Office Road and Boronia Road. Entry from Old Northern Road is 60 km/h. Exit off Whites Road into the intersection of Post Office is 60 km/h. There is only one sign – a 55km/h advisory sign on approach to the right angled bend!!!

Whites Road and other rural roads in Glenorie are not wide roads, the verges are gravelly and unsuitable for pedestrian activity. So, of necessity, pedestrians, dog walkers, bicycle and horse riders need to compete with the cars and trucks travelling at inappropriate speeds on the roads. Most parents will not allow their children to cycle or walk on these roads as it is too dangerous. Whites Road has in the past been signposted 50km/h but these signs were removed for no apparent reason. Whites Road has street lighting so cannot be considered a 'rural' road.

Boronia Road is not sign posted for any speed limit and is also by default limited to 100 km/h. Boronia Road is a heavily used access road with heavy vehicles travelling to/from Arborglen

Nursery, therefore this road is also not safe, particularly for pedestrians, horse riders and cyclists at dusk and dawn. Similarly Moores Lane and Cairnes Road no longer have speed limit signs. Cairnes Road has 15km/h advisory sign on two right angled bends. Other roads in Glenorie have varying speed limits: 60km/h - Schwebel Lane, 50km/h - Munros Lane plus Post Office Road and Tecoma Drive and adjoining roads. These roads are in exactly the same situation – in fact many are wider and straighter roads.

Note also an increase in resident use with cluster developments being approved in the Glenorie region and beyond. Many close proximity roads within Glenorie need to be forensically reviewed and the inconsistencies addressed. These roads are substandard in asphalt cover, are not wide enough for any vehicle, especially heavy haulage vehicles, to pass each other at speed. I/We propose that these rural roads be signposted at 50km/h or 60km/h as a matter of urgency, for the safety of our residents, particularly children, in the area.

In summary these Glenorie Village and access roads need speed limits to be reviewed urgently: Boronia Road and the adjoining roads, Melton Place; Cairnes Road, Harrison's Lane; Knock Farrell Road; Moores Road, Muscios Lane; Pinus Avenue; Sermelfi Drive, and particularly Whites Road.

Alternatively a sign could be erected at both entrances to Glenorie advising motorists that all roads in Glenorie Village are limited to 50km/h (preferably), or 60km/h, unless otherwise signposted. We look forward to a positive response,

🔗 If you agree, go to our website/facebook download a copy and send to Transport NSW and our local MP's/Council. For any revision of speed limits and safety signs we will need enough letters/ emails to effect a change

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Seniors Initiative to Reverse Rising Levels of Inactivity

- Recent study from the Australian and New Zealand Journal of Public Health has indicated 2.5 million over 65s are not meeting the national physical activity standards.
- Active Seniors founder is implementing a free initiative to combat these numbers and get seniors up and moving which is coming to Hornsby on Friday 10th November.

In a recent study published in the Australian and New Zealand Journal of Public Health, rates of activity levels in the over 65 population have decreased by up to 10 per cent over the past two decades. This is alarming given the strong link between chronic disease and levels of inactivity.

The study indicates that up to 2.5 million people in the over 65 age group are not meeting the national standards for physical activity, with activities in this age group dropping by up to 10 per cent in the past two decades.

These numbers don't come as a surprise to seniors' health expert, Taylor Harrison, founder of Active Seniors. "Many people over 65 are aware they need to exercise - but are unsure of what to do or are scared of being judged in the traditional gym environment."

With the bulk of Australia's medical expenses spent on the senior population, getting more people over the age of 65 active is critical to not only the economy, but their overall quality of life, including their mental wellbeing.

"The key to good health in later years is remaining physically active and engaged in the community. The more people are engaged, the better they fare mentally"

He has partnered with NSW Seniors Card to launch an Active Seniors Initiative, helping every Aussie over 60 to exercise, starting first with those in NSW. They have 60 free workshops for people to attend across NSW, which are designed to give guidance on how to live an active life. The workshop in Hornsby is being held at Hornsby Leisure Centre on Friday 10th November from 11:00-12:00am.

He has also released a book on Seniors Health, featuring an interview with Ita Buttrose, with all proceeds from the book going to Alzheimer's research. For more information on the workshops or the book go to activeseniors.net.au

About Taylor

Taylor Harrison is a man on mission to change Australia's view of health for our senior population. He began this journey after a family friend had a fall and passed away shortly after. Inspired further by his own grandfather, who began exercising at 76 and achieved amazing results, he set up some Australia's first exercise centres specifically for over 60's.

Over the past 11 years he has helped over 3000 seniors achieve greater health through exercise and now is taking that goal Australia wide. He has written a book on the topic of staying healthy in retirement, with all profits from the book being donated to Alzheimer's research. On top of this he is hosting free workshops on the topic, inspiring audiences to make positive changes and enjoy their golden years. Taylor is a health practitioner with multiple degrees, author, speaker and philanthropist as well as being a husband and father of two beautiful children.

Contact taylor@activeseniors.net.au or 0413355828

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Boral Concrete Upgrade 2017

Boral have approached the Glenorie Progress Association to advise that they are planning on submitting a DA for the upgrade of operations at the Glenore batching plant. They see this as an opportunity to present an overview to the members of the Association and all interested residents to gather feedback to help give the process additional direction. In the interests of community consultation the GPA invited two representatives of Boral Concrete to the GPA meeting on 10 October to present this overview of their designs to enhance the use and capabilities for the Glenore site. All members, friends and neighbours were invited for everyone in the community to be able to be informed on the positives of this project and to identify any concerns our community may have with the proposal.

At the meeting questions were raised as to hours of operation, noise factors, dust issues and the traffic impact that the plant may generate if it is ever operating at capacity. Boral would like to ensure that, if the DA is approved, the result is operations which are conducted as best as possible in terms of minimal influence over the surrounding neighbourhood.

All residents are able to see a copy of the Presentation and also the two letters that have been circulated to a small footprint around the plant on our website www.glenorieprogress.org.au

The GPA is acting as a conduit for all Glenorie residents to be able to have the opportunity to contact Boral directly to express any concerns you may have with this proposed DA.

📍 **Contact details are: Kate Jackson Senior Planning & Development Manager 9033 5546 / 0418 748 070 / kate.jackson@boral.com.au; Paul Jackson Stakeholder Relations Manager 4677 2946 / 0401 894 097 / paul.jackson2@boral.com.au; feedback@boral.com.au**

Dural Bowlers Party

At the end of Judith Harris's term as president the ladies at the Dural Country Club had a surprise lunch party. Not only are the ladies good bowlers but they certainly know how to keep a secret. It was a good excuse for a party and some of the ladies who had been absent with health issues were able to attend. The DCC kitchen put on a delightful selection of finger food to complement the setting arranged by the club's social committee and helpers.



One of the last duties performed as president was to award hard working member, Gwen Scott, with an award for her all round contribution to the well-being of the club in a variety of ways. Ever modest, Gwen could see no reason for her certificate but the members all could.

President Robyn Scoble now has the reins with the help of a committee bursting with a mix of experience and enthusiasm.

After a year in the planning, a bronze plaque was unveiled to remind all who come to the Country Club of the fifty years that bowling has been available in the district. Last year's presidents, Gordon Scoble and Judith Harris unveiled it in the presence of board members, Club CEO and the current bowlers.

On the green, the Consistency has reached the final two, and the first round of the Drawn Triples has been played.

📍 **For free coaching contact Eileen or George on 0432 181 635 or 0420 399 452**



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As part of the new arrangement, TripADeal is also creating a selection of bespoke packages exclusively for Compass Travel & Cruising and other Travellers Choice travel agents.

Compass owner Lynn Bradley says the new partnership with TripADeal will provide her customers with a steady stream of enticing travel packages they will not find in any rival travel agency.

“This is a ground-breaking arrangement that will allow us to provide our valued customers with exclusive travel packages at excellent prices”.

“At the same time, our team of expert consultants can use their skills and knowledge to craft customised itineraries for individual customers by combining a TripADeal package with additional travel products, services and experiences.”

“Some people are attracted by the prices and inclusions offered by TripADeal’s online packages, but they prefer to book and pay through the security of a traditional ‘bricks-and-mortar’ travel agency”. “Now our customers can have the best of both worlds.” Says Lynn.



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Expressions of Interest

Expressions of Interest are sought from members of the community who wish to volunteer their time as a Director in our local Galston Community Bank Branch of the Bendigo Bank

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If you are interested, please contact our Bank Manager, Gary Mangan, on 9653 2227 or email Gary.Mangan@bendigoadelaide.com.au



Bendigo Bank

PUBLIC EXHIBITION

Presentation of Financial Statements

Hornsby Shire Council’s audited financial reports for 2016/17 and the Auditor’s Reports for the same period will be presented at the Council Meeting on Wednesday 8 November 2017. Everyone is welcome to attend.

The Income Statement result is a surplus of \$8.7 million before capital items and net gains from the disposal of assets.

The Reports are available on Council’s website at hornsby.nsw.gov.au and at Hornsby Shire Council’s administration building at 296 Peats Ferry Road, Hornsby.

Written submissions on any aspect of the Financial Reports or Auditor’s Reports must be received at Council by Wednesday 15 November 2017 and will be referred to the Auditor.

Address for written submissions:

- Email: hsc@hornsby.nsw.gov.au
- Postal: Hornsby Shire Council, PO Box 37, Hornsby NSW 1630

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Outback Volunteering

By Carmel Pullan

I've recently returned from an outback adventure of a different kind. One I'd like to share and encourage others to try.

12 months ago my husband and I travelled to outback Queensland for a holiday. Visiting Charleville along the way, we visited the School of Distance Education (School of the Air) and were blown away by how much it had advanced since we last visited back in the 70s. Long gone are the 2 way radios, its now internet, tablets, computers and smart boards. They are connected! During our visit to the school we found out they were looking for volunteers to spend time on the properties of the students to lend a helping hand with the schoolroom activities. The classrooms generally being a room in the homestead.

In June I applied to volunteer and within no time I was signed up and allocated a family. By early August I packed up my little Mazda 3 and headed to south west Queensland for 6 weeks. After a day and half driving I arrived at the 400,000 acre property near Thargomindah.



School started at 7.30am each weekday morning and finished by 2.30pm. The program is very structured and intense and so a lot to get through. The 24 yr old governess had her work cut out for her with not only the 3 girls working at



different grade levels but also visited quite frequently by the 3 yr old preschooler. The children were on line for 1 to 2 hours of the day and the rest of the time it was book work and electronic media. The family, govie and I drove for 400 km to the sports muster - a 2 day sports carnival. That is in itself fascinating as families came from all over to compete but most importantly socialise..

I felt some of the joys and anguish of outback living, like when 3 of the 4 children were flown out by flying doctors after huge metal fencing fell on them - fortunately all ended well.

While in the beginning I kept to schoolroom assistance, within no time I was helping in all aspects of life on the farm. Feeding animals, driving for hours along red dust dirt roads with loads of hay and anything else I could help with.

While I was there to help with the education of the kids, it was I who learnt so much. It is one thing to drive through this

continued on page 23

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Arcadia and District Residents Group

Extract from ADRG's submission to Council meeting on 11th October 2017 regarding DA 1373/2014 ADRG



Geelans Road is a quiet peaceful dead end road, with its narrow sealed road surface and grassy verges. The area provides for lots of wooded areas and open spaces that will be a blessing for people to look at and drive through. One of the last great green

belts of Sydney's north. However, all this has been shattered by the Hornsby Council – “delegated authority” approving this abomination of a DA/1373/2014 at 22 Geelans Road ARCADIA. For the local and wider community, the approved DA, the resulting alleged quarry and works associated have ruined the air we have been all breathing with crushed and broken down bonded asbestos sheeting / fibres and who knows what else. According to the NATA accredited Lab, fibres can be released when asbestos is machined, drilled, sanded and broken, maybe even agitated as it was transported by trucks passing homes, was not wrapped nor protected in transit via schools and community. I understand that Asbestos is not naturally occurring in the soil in Geelans Road. As a result, there could be a possibility that residents could end up part of a health issue like a “cancer cluster” (mesothelioma- by

broken up bonded Asbestos or silicosis – sandstone grinding) due to council's poor process, inaction, monitoring.

The questions to be put to the Council in an attempt to rebuild trust with the community:

- Why did council not place accurate and measurable restrictions on the time frame or volumes of fill for the site, despite an engineers' estimate in the DA of 8-10 weeks.
- What correspondences were made between the applicant consultant expert reports and the council officers – it appears that estimates on the DA were wildly inaccurate to the scope of works and went to approval without question by officers.
- Why did Council officers ignore their own internal reviews by departments affected by the application ?
- How could any reasonable person reviewing this application come to the conclusion that the scope of works was appropriate for the stated development ? Even the truck delivery and machine costs on site for the amount of fill massively exceeded the applications cost estimates.
- Why did council approve amendments to the DA significantly increasing its size and scale (i.e. height of land fill and retaining walls) without notification to residents ?
- So, on what basis were the council planners and certifiers/ compliance officers assuring us the fill was clean? How could council officer's state continually that it was safe when testing had not been done? If it was done, then why was this not reported until the EPA visited the site? Was the certifier only relying transport documents being carried by trucks with no cross check?
- After multiple complaints to council from residents why did council not initiate some form of review and escalate the case



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internally. Why did council not act on more than 9 formal complaints received by March 2017?

- What evidence is there that compliance officers ever visited and reviewed the site, to ensure the DA consent conditions were being met during the 14 months of works being carried out?
- What effort was placed by officers towards the environmental damage caused by tree removal ?
- Why was there no dust, noise, vibration and silt controls enforced in over 14 months of works?
- Why did the project require the intervention of the main stream media to force a review of processes and procedures associated with this disaster?

To summarise:

On every approach to the EPA, residents were advised that this was a council controlled, monitored and managed site. As the EPA has since declared that the site contains asbestos material 10 out of 10 core samples, it is very clear that council has not exercised safe, rigorous and consistent controls over the site since approval of the DA.

Council displayed contempt to the residents and community in ALL aspects of this project from the approval stage to where we are now. The same can be said for the certifiers' attitude to the health and safety in the local and broader Arcadian community.

What a mess! No one is happy with this. The more than 70 plus concerned families and residents of Geelans Road, Smalls Road look forward to Council's OPEN briefing of the EPA's report and directive to sort out the site, and we look forward to discussing those options with council regarding this DA or not to DA.

Outback Volunteering *continued from page 21*

countryside, it's a very different thing to live it. Lessons in low stress cattle handling, processes of feeding cattle mulga, management of bores and hot artesian water and so much more.



I learnt not only about the farm life but also the social life. I had previously thought it would be quite lonely for the young adults, only to find that every weekend there is a function on somewhere, whether it be a campdraft, polocross, show, rodeo or festival. They drive for hundreds of kms to enjoy the fun and let their hair down. Then at the end of the night out come the swags and sleep under the stars.

The other added bonus was at the end of 6 weeks I had really connected with the family and plan to keep in touch. I was pleased with the good news last week when they let me know they had received 28mm of rain - at least it might settle the dust for a while!!

The people of the outback are looking for as much help as they can get. Drought means difficult times. If you would like to help, apply to organisations such as Drought Angels or VISE(volunteers for Isolated Student Education) You can't be a princess but you will be rewarded.



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Valiant for Truth: The Life of Chester Wilmot, War Correspondent
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HUGH RIMINTON

Minefields
Thursday 23 November, 7pm, Hornsby Library

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FESTIVAL OF THE ARTS LINE UP



STUDIO ARTES – MEET THE ARTISTS

Friday 10 November, 3pm-5pm, 33 Jersey Street, Hornsby. Free.

ARCADIAN ARTISTS TRAIL

Saturday 11-Sunday 12 November, 9am-5pm, various locations around Arcadia, Berrilee, Dural and Galston. Free.

LYREBIRD ARTS COMMUNITY

Saturday 11-Sunday 12 November, 10am-4pm, various locations around Hornsby, Wahroonga and surrounding suburbs. Free.

HORNSBY ART PRIZE FINALISTS' EXHIBITION

Wednesday 15-26 November, 10am-4pm daily, Wallarobba Arts and Cultural Centre, 25 Edgeworth David Avenue, Hornsby. Free.

HORNSBY ART PRIZE AWARD NIGHT

Saturday 18 November, 6pm-9pm, Wallarobba Arts and Cultural Centre, 25 Edgeworth David Avenue, Hornsby. Free.

HAWKESBURY RIVER WRITERS

Thursday 16 November, 6.30pm, Hornsby Library.
\$5.00 with refreshments. Bookings essential.

For more information and to book visit fota.com.au

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- Our new Deputy Mayor is *Cr Vince del Gallego*.
- You can call the Waste Hotline on **9847 4856** if your bin is broken or your waste collection has been missed or if you have any other waste issues.
- We have online forms for payments, to report issues and request service, for tree removals and much more.

For more information visit hornsby.nsw.gov.au/servicesportal

FROM THE MAYOR'S DESK

It's that special time of year again, when Hornsby Shire pauses to acknowledge the many great artists who contribute to our rich culture.

The Festival of the Arts is now in its ninth year and offers a rich smorgasbord of artistic delights, from live performances and creative workshops through to exhibitions, markets and even a circus.

If you're uncertain which events you would like to attend, the best solution is to visit the Festival of the Arts website (fota.com.au).

There you will get a taste of everything that's on offer.



Of course, there's one event that needs little introduction and is an absolute must-see: the Hornsby Art Prize. This exhibition, held at the unique Wallarobba Arts and Cultural Centre, showcases works from a range of local and national artists. It is undoubtedly one of the great highlights of the festival.

Philip Ruddock
Mayor,
Hornsby Shire Council

FREE CHIPPING FOR MULCH



Sunday 19 November, 7.30am-12.30pm,
Council Depot, Johnson Road, Galston.

Bring your garden prunings and branches that don't fit in your green bin and have them chipped into mulch.

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FINANCIAL STATEMENTS 2016/2017



Hornsby Shire Council's audited financial reports are now available for viewing at hornsby.nsw.gov.au/financialreports

Bush Fire Season Guidelines

The NSW Rural Fire Service (NSW RFS) is reminding Hornsby Ku-ring-gai District and surrounding residents that fire safety permits are required during the statutory Bush Fire Danger Period.

NSW RFS Inspector Rolf Poole said hotter and drier conditions mean fires are more likely to start and spread quickly during the Bush Fire Danger Period, which officially began on 1st October.

“From now until the end of the Bush Fire Danger Period, people wishing to light a fire in the open will require a fire safety permit, which are free and can be obtained from your local fire station or Fire Control Centre,” Inspector Poole said.

Residents are encouraged to maintain their properties and prepare for the bush fires by removing dead vegetation and combustible material from around the home. Some Councils allow for pile burning in designated rural areas and each Council may have differing requirements. The local Council may require landowners or occupiers wishing to conduct open burning to obtain an environmental approval to burn, before obtaining a fire safety permit from NSW RFS.

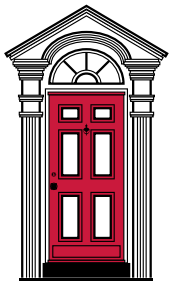
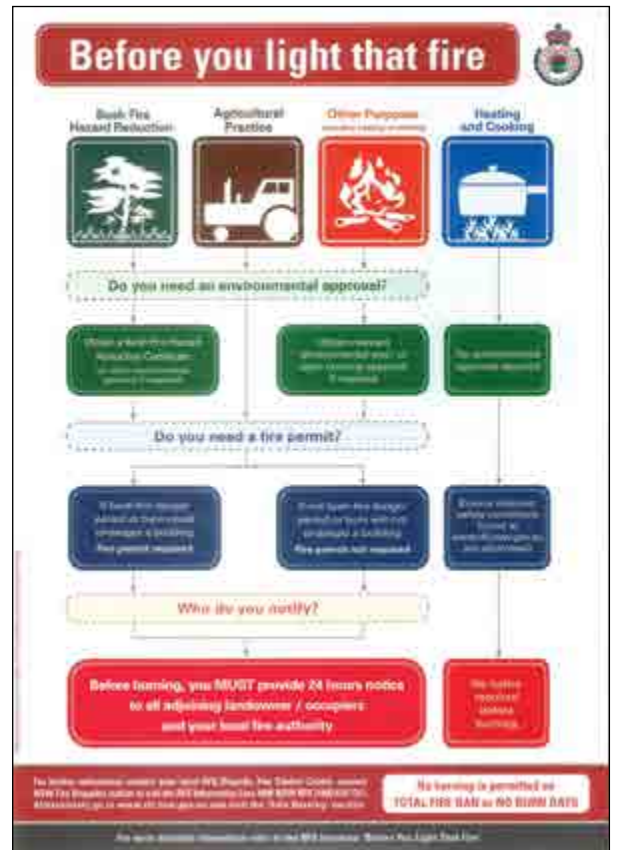
NSWRFS can provide advice to residents on the appropriate ways to conduct safe open burning and the Fire Safety Permit process is an additional measure during the Bush Fire Danger Period to help reduce the escape of fires.

“Residents should be aware and check the rules and regulations for conducting burning in the open, including contacting their Local Government Council regarding environmental approvals,” Inspector Poole said.

“We urge all residents in the Hornsby Ku-ring-gai and surrounding areas to be vigilant and extremely careful with fire during the Bush Fire Danger Period,” Inspector Poole said.

“Every resident should have a Bush Fire Survival Plan so they know what to do on days of increased fire danger and can immediately put their plan into action if their home is threatened by fire.”

Information about Fire Weather Warnings and Total Fire Ban declarations is published at www.rfs.nsw.gov.au . Locals can also call the Hornsby Ku-ring-gai Fire Control Centre on 9883 2000 or the Bushfire Information Line on 1800 NSW RFS (1800 679 737).



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Galston Gorge Improvements on the Way for Motorists

In late October, work started in Galston Road, Hornsby Heights, to provide a U-turn bay for heavy vehicles on the eastern side of Galston Gorge between Ryan Trail and Evans Road.

Member for Hornsby Matt Kean MP said the NSW Government is funding the work to improve safety and maintain traffic efficiency on the state's road network.

This work is expected to reduce the number of over-length vehicles which become stuck in Galston Gorge and will provide a safe turning area to ensure these vehicles have an opportunity to turn around before they attempt to enter the Gorge. These changes are designed to reduce the number of road blockages caused by over-length heavy vehicles.

The work started on Monday 23 October and should be completed by Friday 22 December. Hours of work will be from 7am to 5pm, weather permitting. The work will involve improving and widening the road surface between Ryan Trail and Evans Road (in Hornsby Heights), installing signage at both ends of Galston Gorge to advise motorists of turning options, and trimming trees at the entrance of Ryans Trail to improve visibility of turning option from Galston Road. A guardrail will also be installed along Galston Road at the entrance of the eastern turning area at Ryan Trail and at the camera based detection system on the western side of the Gorge after Calderwood Road to further improve safety for motorists.

Mr Kean said the U-turn bay will complement the camera based detection system which was installed earlier this year to discourage overlength vehicles entering Galston Gorge.

Sensors in the road detect heavy vehicles longer than 7.5 metres and cameras record the plate and image of the offending heavy vehicle. For westbound motorists, the detection system has been installed just after Montview Parade at Hornsby Heights and at the exit of the roundabout at Calderwood Road at Galston for eastbound motorists.

Traffic control and lane closures will be in place for the safety of workers and motorists. Motorists are advised to drive to the conditions and follow the directions of signs and traffic control.

Roads and Maritime Services thanks the community for its patience while work is carried out.

📍 For the latest traffic updates call 132 701, visit livetraffic.com or download the Live Traffic NSW App.

Education Minister awards Galston Student

Hon Matt Kean MP

I was pleased to see Galston High School student Kianna Munro received the Minister's Award for Excellence in Student Achievement for 2017. The awards



are given by Education Minister Rob Stokes for students who have excelled in their secondary years across academic excellence, sporting, cultural, community and leadership. Kianna is a pretty special student and is thoroughly deserving of this award.

Kianna has had some amazing academic results over her time at Galston High School. Including Dux for Years 10, 8 and 7. Most recently she was awarded the Principals Award for Academic Excellence for her half yearly results in Year 12. I am sure Kianna is going to take the HSC in her stride and have great success in the exams this year.

She has also been heavily involved in extra-curricular activities and all aspects of school life. She has completed the Bronze, Silver and Gold Duke of Edinburgh Awards. She played Sandy in the school musical Grease this year and has appeared in the chorus in previous years. She was a Senior Prefect and has also been a peer support leader. A number of her artworks were also on display for the Biannual Edfest. Kianna manages to fit in volunteer work into her busy schedule. Door Knocking for a number of years for the Anglicare Winter Food Drive as well as working as a youth leader.

Congratulations Kianna on this recognition of your amazing contribution to Galston High School. She tells me she will take a gap year before deciding on which University to attend. The world is at her feet and I am sure this remarkable young lady will find success in whatever path she chooses. I would like to wish all Year 12 students the best of luck as they complete their schooling and remember no matter what happens, there are many pathways to success in the future.

Matt Kean MP

Member for Hornsby
Minister for Innovation and Better Regulation

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- \$12.00 Lunch specials
- APL Poker Free Roll plus Jackpot*
- Pool Competition Max Prize \$200*

FRIDAYS

- \$12.00 Lunch specials
- Monster raffle, 40 prizes to be won, tickets on sale 7.00pm
- Total Value of Raffles \$1500
- Spin N Win
- Roast Dinner Special Available

SATURDAYS

- \$12.00 Lunch specials
- Wood Fire Pizza Available (Dinner Wed + Sat only)

SUNDAYS

- Joker Jackpot \$5200*
- Raffles – Tickets on Sale 5pm. Total Value of Raffles \$400
- Roast Lunch + Dinner Available

* Amount may vary at time of draw



NSW RURAL FIRE SERVICE REPORTS

Galston Rural Fire Brigade News

By Kara Dubois

Don't give fire a chance – prepare your home now

Burning embers can travel many kilometres ahead of a fire, so while you may think a bushfire isn't close to you, embers can still cause spot fires around your property - particularly if you haven't prepared your home to survive a bushfire.

A well-prepared home can also be easier for you or firefighters to defend and is less likely to put your neighbours' homes at risk. It will also give you more protection if there is a sudden fire threat and you cannot leave.

Here are some basic tips to prepare your property:

- Clean your gutters of leaves and twigs
- Install metal gutter guards
- Repair damaged or missing tiles on the roof
- Install fine metal mesh screens on windows and doors
- Fit seals around doors and windows to eliminate gaps
- Enclose the areas under the house
- Repair or cover gaps in external walls
- Attach a fire sprinkler system to gutters
- Keep lawns short and gardens well maintained
- Cut back trees and shrubs overhanging buildings
- Clean up fallen leaves, twigs and debris around the property
- Have hoses long enough to reach around your house
- If you have a pool, tank or dam, put a Static Water Supply (SWS) sign on your property entrance, so firefighters know where they can get water
- Check and maintain adequate levels of home and contents insurance. Ensure it is up to date.

For more fire-related information please visit the RFS website: www.rfs.nsw.gov.au or call the Bush Fire Information Line - 1800 NSW RFS (1800 679 737)

Galston member profile

Each month this year the Galston Rural Fire Brigade will feature a short interview with one of our members. It is a great way to discover just how diverse your local fire brigade can be.

Member profile: Tomlin Poynton

How long have you been a part of the Galston Rural Fire Brigade?

I joined in January 2013 as a 17-year-old which would make my service four and a half years long, and four years since my first major call at the October Blue Mountains campaign. Since then I have received my Internal Structure Firefighting Qualification, Remote Area Qualification, and Crew Leader Qualification.



What is your role there?

At the brigade, I am one of eight Deputy Captains or crew leaders who help coordinate the efforts of the brigade as part of the executive, as well as commanding crews on fire calls. I will also begin to head up the brigades Juniors program to get some younger people into the RFS.

When you're not at the brigade, what do you do for a living?

Outside of the Brigade I coordinate a swim school at the Ian Thorpe Aquatic and Leisure Centre in Ultimo fulltime and study part-time online for a bachelor of international relations.

What made you join the RFS?

When I was younger I was interested in joining the Australian Army, and the RFS was an organisation that provided me with the life experience I needed and the team orientated environment that I liked. The RFS also provides a service to people that is extremely important and done voluntarily - it feels like helping out is the right thing to do.

Have you learnt skills in the RFS that you've used elsewhere?

The RFS is an emergency service and hence a registered training organisation, meaning any qualifications gained are legitimate. I have used First Aid qualifications for work and in real situations as well. I have also gained excellent management and command experience that can be transferred to the workplace. I even used my skills in navigation on my latest trip to Nepal whilst trekking - as well as my firefighter skills to advise the builders of a local school in Nepal where to put the smoke detectors.

What is a fond memory you have of your time at the brigade?

There is a collection of great memories from the Galston brigade, they are truly my second family and you can't not have a good time and a laugh when you're there. However, I would say my proudest moment would be accepting my rank slide from our Captain - officially becoming an officer of the brigade.

What would you say to someone who may be thinking about joining the RFS?

The RFS is a large multifaceted organisation with many different roles - not just firefighting. I truly believe there is a role for anyone that wants to contribute to their community in the RFS. I would say to anyone interested in joining, it'll be the best decision you will make in a long time. You'll not only provide a service to the community but you'll also experience great adventures, amazing people and be able to do things most civilian jobs don't offer. All whilst receiving a better kind of payment than money. Plus, remember you don't have to volunteer your entire life - any amount helps!

Brigade Contact Details:

Duty mobile: 0491 119 152 Email: info@galstonrfs.org.au

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Glenorie Rural Fire Brigade News

By James Wicking



Firewise for Glenorie Kids

148 Glenorie students and 8 teachers from Glenorie Public Kindergarten, Year 1, Year 2 and Year 5 visited Glenorie Rural Fire station for the annual Firewise For Kids programme. The students rotated through four different activities focusing on home fire safety, preparation for bush fire, the importance of water for firefighting and Triple 000 emergency calls. Combined brigade members from Communications, Kellyville, Maroota, Wisemans Ferry and, of course, Glenorie conducted four back-to-back sessions guiding the students through important questions:

- What number do you call in an emergency? (The students actually make a call on a simulated phone system!);
- What service do you ask for?
- Where is your safe meeting place in case of a house fire at home?
- Where will YOU go in case of a bush fire?
- What will you take if you LEAVE EARLY?
- What can we use to put out fire if there is no fire truck?

These are questions we all need to work through as a family. The EMERGENCY PLUS and FIRES NEAR ME apps for your smart phone are great tools to help us.

Having a well-prepared property and a Bush Fire Survival Plan helps protect and keep our families, animals and neighbours safe.

Community Fire Awareness Day

Glenorie members played a vital role at the Glenorie Bush Fire Awareness Day at the Hall on SUNDAY 8 OCTOBER. After Lynette Liston of The Hills Rural Fire Service presented on how to 'GET READY for bushfire season', our brigade showed 37 of our local residents the two fire risk maps of Glenorie brigade areas including the completed and proposed hazard reductions. Brigade members were on hand all day to discuss each family/person's risk and help formulate their Bush Fire Survival Plans (including animals) in the case of a fire. We were invited by various residents to come and do a Property assessment at their place so they can Get Ready for this coming season.

HUGE Thanks to all the RFS volunteers - Di Coxon-Ellis, Gaynor Derriman, Colvin Ellis, Cheryl Watt Elizabeth Whiteman and James Wicking.

Remember we are always available to come to your property or you can come to us. Contact us at any time.

For further information go to www.rfs.nsw.gov.au or contact the Brigade: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market on the fourth Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade Email: glenorierfs@outlook.com

Arcadia Rural Fire Brigade Fire Has A Plan. Do YOU?

The cool start to October has been a welcomed change from the heat of September. This can often be a time for the community to slow down and think that the bushfire threat is not there, however, we don't need a 40 degree day to have a bad bushfire. We are still experiencing warm & windy days and very low humidity, be prepared fire can happen when you least expect it.



We need to continue preparing our homes for the fire season as the fire risk for Eastern parts of Australia has been elevated. Hazard reduction preparations will still go ahead to reduce the flammable fuel in strategic areas. This includes mechanical clearing i.e. slashing of undergrowth, or moving fuel by hand. This is a great opportunity to continue to prepare your bush fire survival plan and have your property prepared.

Training and new members to the Arcadia team-

Congratulations to 9 new firefighters who have recently completed their bush firefighter course. We are very proud of their determination and dedication to the brigade, and we look forward to working with them out on the fire ground. Our latest recruitment has seen our female members continue to grow in number, a fantastic result. Within the brigade we regularly see all of our members continue to increase their knowledge and skills by completing courses such as Village Firefighting and Advanced Firefighting courses.

On the 14th of October, 4 members of Arcadia participated in the Firefighters Stair Climb for Motor Neuron Disease (MND). It was a grueling event that saw our team climb 98 floors, 1504 stairs, in full structural uniform. The event was to raise money for research, as there is currently no cure for MND or an effective long term treatment. This event was made more personal for us when dual members of the Hills and Hornsby/Ku-Ring-Gai districts reached out to Arcadia after losing a beloved family member recently to MND. Jenan was the embodiment of community spirit, not only being a NSW RFS volunteer for 31 years, but also volunteering in pony club and scouts to name a couple. Our team carried a photo of Jenan up Sydney Tower, and dedicated a level of the tower to her life. We have been humbled to have been asked to help honour Jenan's memory by her family. We would also like to thank the local businesses and residents for helping us fundraise for this event.

Canadian Fires- Grant Paisley has returned from Canada after 42 days. Grant said, "It was a hard but rewarding deployment. We worked up to 12 hours a day for 12 days straight in often very steep terrain. The challenges for Canadian firefighters is very different. The fire smoulders for days or even weeks in the up to 1m deep "Duff" (matted roots and plant material) and when there is a hot dry day, it can re-ignite the pine trees and take off. The good news is there is plenty of water, so basically you set up containment with kilometres of 38mm hose pulling water from a river or creek, then patrol each day literally digging up the fire. The professionalism and depth of training we get through the RFS prepared us well for our time in Canada. The fires have affected a large number of Canadians and they appreciated our help and were fantastic hosts.

WHAT'S ON

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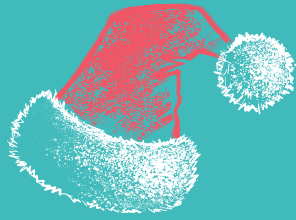
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Heartbeats

By Mary Ord

Heartbeats is about recognising the good news stories which are happening in our community.

This page is all about sharing and acknowledging the wonderful events, surprises, joy and magic which weave in and out of our lives. Our aim is to make this a regular inclusion in our magazine and everyone is encouraged to contribute their stories....you are what make this community great, so please share so that we can spread your news.

If you would like to contribute to this page please contact Mary advertising@galstoncommunity.com.au

Restricted View

I conducted a wedding this week far removed from the sweeping beauty of Yellow Box where Dave and Morgan were married. In my capacity as a Marriage Celebrant I was engaged to perform a wedding in Villawood Denton Centre. Working as a Celebrant I have married people on Cruise ships, in a hospital, up a mountain, in forests, even a gaol but this was my first time I had entered a Denton Centre. The paperwork I needed to complete in order to be allowed inside was daunting and the actual experience gave me insight into what it must be like to be a resident of such a centre. Once I entered the inner sanctum I found the environment to be well maintained and the garden courtyard was lovely. It was unexpectedly pleasant and peaceful but this may have been because we had the space dedicated to our small gathering. Despite the surrounds I was pleased that I could exit through 2 security doors and resume my life on the outside.

Mastery of Flowers

Pictured is Liz and from A Floral Affair in the Dural Mall, presenting Alex Coupar with a beautiful bouquet to congratulate her on successfully completing her Certificate 4 in floristry.



Alex completed Certificate 2 and 3 in 2012 and this year completed Certificate 4.

Over the past 5 years Alex has worked at A Floral Affair and has proven herself to be a wonderfully creative and inspired florist. Her thanks go to Liz and George for their support, guidance and encouragement to help her attain her qualifications.

Mosaic mastery

The Glenorie PS year 6 class of 2017 are making their own farewell gift to the school, in the form of a magnificent mosaic shield.

Their artwork represents the four houses of Glenorie PS, namely Emus, Wallabies, Red Roos and Kookas. This creative community mosaic project is being facilitated by local visual artist, Susanna Mills.



Susanna is the artistic visionary behind the Galston High and Galston Public school mosaic installations, the glittering Glenorie PS 'Welcome' sign done to photographic perfection, and 'Amika,' the Eco Garden Goddess of Fagan Park!" Mosaic is a slow and methodical process," says Mills, "Which is perfect for many pairs of hands to be working collectively on an artwork. I love sharing my creative skills and technical knowledge and witnessing how the transformative qualities of mosaic art make any space or object it is applied to, become something magical."

The Glenorie House Shield Mosaic will be installed near the main entrance of the school and, as an extra-special touch, every 2017 Year 6 child's name and those of their teachers, have been individually engraved and integrated into the design.

You wouldn't read about it!

Just a simple little delight that had the participants a little aglow with the synchronistic of the moment.

I Mary, was on a call with my boss Diana when another call came through. I said to Diana that I had another call and promptly disconnected from her to answer the incoming. To my surprise it was another Diana. Essentially I had replaced one Diana with another but as I started to speak to Diana number 2 she had a customer enter her shop called Mary. So we had a Mary speaking to a Diana who stopped to speak to another Diana who stopped to speak to another Mary.... silly stuff but you won't read about it but you just have...haha!

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Life is not measured by the number of breaths we take, but by the moments that take our breath away

True Love

I met an amazing woman who completed my life, and I thought my heart was full. Then marriage came, and I thought 'now it's full'. Then, my son Brannon entered the world, and has so far given me the most amazing two years of my life to date. And I wonder, how has my heart not yet exploded? I'd like to wish my son Brannon a very happy 2nd birthday. You and your Mum are my world. You are so cherished, especially by your Nanna, Granddad and Grandpa, who you give so many smiles to (and who spoil you so much). We love you little guy



Drew McLean

A Country Wedding

Congratulations to the happy couple, David and Morgan Vella, just married at the family property "Yellow Box" near Sofala in NSW. David's brother John was best man and gave a brilliant speech.



David went to Glenorie Public School where he made good friends, cultivated a love of learning and spent many hours doing extra curricular activities such as tennis and skate boarding. David went to NSW University and received his Bachelor Degree in Industrial Design and then his Masters in Project Management and Building Construction. He and his step-brother Roly Stokes helped build a lovely home and barn at "Yellow Box" both being between degrees. This was wedding number two at Yellow Box, Miranda Stokes having married Sam Grant in 2011.

David and Morgan have been together for 6 years and it was high time for another wedding. Morgan, formally Morgan McKinlay of Dee Why, met Dave at Manly and they promptly went scuba diving together for their first date.

Morgan and Dave love coming to the property and Morgan has been planning their wedding for a while having studied and worked in hospitality and events management. She and Dave moved to Wagga earlier this year to continue her studies in Veterinary Science and Dave was able to transfer his work to Wagga. Dave and Morgan have a love of the land and animals together and all looks pretty good for their future together.

Penny, the next instalment

A few months ago, we met Penny, the little girl who both surprised and delighted her parents when she was unexpectedly born at her home in Glenorie. Like many babies, at her six week check up, it was found that she had 'clicky hips'. This can happen when the hip joint hasn't finished hardening as your baby pops early into the world. Years ago the technique of putting two nappies on, mainly fixed the problem. Now, they have these harnesses. They frustrate babies but work really well and fast at helping the hips sort themselves out. So, if you see a baby in a harness... no, they haven't broken anything! Their parents are just giving them the best love and care that they deserve. Penny was in the harness for six weeks and is now enjoying wiggling all over the place.



12-Month Anniversary

Round Corner Dental is one year old! We celebrated our 12-month anniversary since opening with a wonderful lunch at our local restaurant Ironbark. We definitely recommend the Sticky Date dessert...your teeth won't like it, but your tastebuds will! We have loved getting to know so many locals (and a few not-so-locals!) and their families over the past year. It's also been wonderful to see patients coming back for their 6-monthly check-up appointments – so nice to see familiar faces, just like old friends (and we're also happy you're looking after your teeth). Time goes fast when you're having fun!



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Dural and District Historical Society Fragrance and Flavour

By Margaret McKinley

Before about the 1950's Australian cooking, in general, was very bland. If we ever used a herb to flavour a dish, it would have been parsley, and the curly one at that. But with the arrival of migrants from all parts of the world, our food became much more interesting.

The early Italian immigrants had established farms on the fertile area around Marsfield, but the New South Wales government bought them out to establish the Macquarie University in 1964. Many of these immigrants moved to Glenorie and bought land that had been citrus orchards, which had failed when the Murrumbidgee Irrigation Scheme came on line, and could grow all citrus with cleaner skins much more cheaply. These Italians have become an essential part of our community, and grow every sort of vegetables and flower you could imagine.

Rosemary and John Hemphill bought 5 acres of an old citrus orchard, just near Round Corner (745 Old Northern Rd. Dural) and started growing herbs, such as thyme, sage, and oregano in a traditional walled herb garden. Local Mother's Clubs were invited to come for Morning Tea, where Rosemary served Herbed scones and gave a short talk to the mothers on using herbs to flavour their cooking.

Rosemary wrote a book called "Fragrance and Flavour" in the late 1950's. It won a medal at the Frankfurt Book fair in 1959, and was reprinted 17 times. It is unavailable now. A copy of this book is probably stored away in many cook's collection.



It was all about the many herbs and spices that were available to flavour food, including the use of exotic of spices. Their son, Ian, later established a whole business selling exotic spices and herbs. Rosemary and John built a shop next to their home, with a very distinctive "A" frame roof and called it Somerset Cottage, as Rosemary grew up in Kent, and the memories of her grandfather's garden influenced her in the design of her own Australian herb garden.

Over the years the business has changed hands several times, but it good to see that all sorts of plants are still for sale there.

The usual monthly meeting will be held at History Cottage on Saturday, 11th November at 2pm. All welcome. The annual Christmas Party for Members and friends will be held on Sat. 2nd December at 12 pm. RSVP

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Arcadian Artists Trail 2017

Where do artists get their inspiration and what drives them to create? A sneak peek into the lives of 50 Artists will be available on the 11th-12th of November when 8 rural studios will open their doors and display the talents of these wonderful artisans. All are remarkable individuals whose enthusiasm and passion have set the Arcadian Artists apart for many years. Among them are glass artists, jewellers, painters, sculptors, felt artists, printmakers, wire sculptors and textile artists.

The rural properties that constitute the trail are in Dural, Galston, Arcadia, Fiddletown and Berrilee on the edge of Sydney, and are a delight to investigate. Studios vary in their approach and expression, and all are well worth a visit. Artists at various venues will demonstrate



how their particular talents are worked, and there is plenty of time for visitors to ask questions and talk with the creators.



Due to popular demand, food and beverages will be plentiful this year. We have 5 venues with coffee carts and 3 with substantial lunch refreshments. Some property owners are even encouraging their visitors to bring a picnic lunch and blanket

to use on their lawns. Bring your glass of bubbly and rest while you take in the delights of the country and purchase unique and quality artworks.

Adding to the variety of talent this year is Warrah, a local organisation that offers social therapy for adults with intellectual disability or autism. They will exhibit alongside other able-bodied artists and bring a sense of inclusiveness to our community program.

The Arcadian Artist Trail is held on November 11-12, between 9am-5pm. The event is free to all visitors. The website www.arcadianartists.com.au includes a map of this year's trail, and information about all the artists involved. The Committee would like to thank Bendigo Bank for their ongoing support of this event.



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Galston Gala

The Galston Concerts for 2017 wound down in Galston Uniting Church in late October with a Classical variety line-up which drew audience tributes.

“It was truly a fabulous concert”, “A wonderful year of music”, “Thank you so much”, “Really looking forward to next year” were typical words of praise, from series regulars and many ‘first timers’.

The sounds of voice, flute, piano and bowed strings from leading professionals were almost trumped by the magical colours of the harp from Young Performer Ava Pudney.

Predictable ‘top ten’ Classical composers like Bach, Schubert and Rachmaninov were contrasted with some surprises: songs from Bernstein’s *Peter Pan*, Piaf’s *La Vie En Rose* and Argentinian tangos.

The Gala launched the 2018 series of five concerts which will include pianist favourites returning in all-new programs – Bernard Walz of Good Old Days Concerts fame, with a Las Vegas style vocalist; also Tonya Lemoh, back from concerts in Europe, to play the famous *Pictures at an Exhibition*.

New to the series will be the world-travelled New England Ensemble and Young Performers talent highlighted by the Sydney



Symphony Orchestra Fellows who will offer mixed ensembles for winds, brass, percussion and strings.

Brochures can be secured by phoning Helen Jordan, Promotions Coordinator, on 0425 339 841. On-line bookings are available on trybooking.com (search Galston).

“On the day some stalwarts booked next year’s series tickets as Christmas presents which will last all the way to the **18 November 2018 Gala**, so we must be doing something right” says concerts co-founder Robert Harris.

Also announced at the Gala were Galston’s Bach Plus Us competitions for Young Performers to be held in March-April, with performances and prize-money an incentive for young musicians from the Hills, Hornsby and Sydney-wide.



Meet the Artists from Studio Artes

Be inspired by the creativity on offer in Hornsby Shire when Studio ARTES hosts a pop-up exhibition featuring work in mixed media, sculpture and textiles.

The exhibition will be held on Friday 10 November, 3pm to 5pm, and is part of Hornsby Shire Council’s Festival of the Arts.

“This will give the community an opportunity to meet the artists and ask about their work, while celebrating the creativity,” Hornsby Shire Mayor Philip Ruddock said.

“Studio ARTES is a unique organisation that is inclusive to people living with a wide range of disabilities and provides them with tailor-made creative activities.

“They have been through quite a tough time over the past year, including a fire that destroyed their studio, and Hornsby Shire Council is proud to be among those offering them support.”



For more information visit fota.com.au

Date: Friday 10 November 3pm-5pm

Where: Studio ARTES, 33 Jersey St, Hornsby

Cost: Free

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Castle Hill Art Society

Castle Hill Art Society is very excited about the upcoming art show at

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The Hills Are Alive Choral Festival



The Hills Are Alive massed choir, 2016

Join 150 choristers on Sunday 5 November at Hills Grammar's RJ Phipps Performance Centre to celebrate the joy of song. In its fledgling second year, *The Hills Are Alive Choral Festival* invites our community to a celebration of music and song. This year six local choirs will entertain patrons with a vast variety of songs and tunes, including a massed choir finale. As festival organiser Christine Henderson says, "Singing in a choir is cheaper than therapy, healthier than drinking and more fun than working out!"

📍 Tickets can be purchased at the door, or make your booking at www.trybooking.com/QJIX

Budgerigar Society of NSW Inc

Hills Branch – Ray Galbraith.

Hills Branch members who are part of the team that make up the Senior Judges Panel namely, Andre Ozoux, Kathy Manton and Craig Buckingham, have been active on the judging circuit over the past few months, with their services in high demand. To become eligible for consideration as a judge; an exhibitor has to have had a number of years breeding and exhibiting budgerigars, having reached the status of an Open Exhibitor, (graduating from Novice then Intermediate to Open) to enable consideration for acceptance to train as a judge, along with passing a colour test.



Upon being accepted for training, the nominees move through the judging status as a Trainee then Cadet until graduating as a Senior Judge. Training is by means of theory and practical examination and until reaching Cadet Level, are not permitted to judge unless accompanied by a Senior Judge. Hills Branch judging ranks have diminished over recent times, with the retirement of Peter Dodd and Keith Nicholls and the recent passing of John Lipinski.

With Christmas nearly upon us, the Budgerigar Society has a break from shows and the associated judging until February, then the Easter Show in March. Judging appointments have been made for the Easter Show, with Andre Ozoux of Gladesville and Jim Baker of Moorebank accepting the honour.

Meetings of the Hills Branch has seen informative lectures and discussions over the past few months (no meeting in December) and Events Co-Ordinator, Ken Mitchell, has a line-up of speakers to visit the Branch in the coming months, as we move into the 2018 year. The customary Table Show of Budgerigars is held each month.

An invitation is extended to interested persons to visit the Branch as an individual, family or partnership and enjoy the company of members, view and discuss budgerigars.

📍 Contact can be made with Hills Branch via Peter Dodd by telephoning 9888 5631 or Peter_Dodd@primus.com.au



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2017 Club of the Year Announced – Glenorie Horse & Pony Club

Glenorie Horse & Pony Club has been announced as the 2017 Club of the Year by the Pony Club Association of NSW.

Pony Club NSW made the announcement at their Annual July Council Meeting, with Executive Officer Kerren Britton describing the winning club to have made a large contribution to Pony Club in NSW.

“The Club of the Year award is presented to a NSW Pony Club that fosters participation and enjoyment at all levels of the sport, showing innovation in administration, skills development, and has provided personal growth and opportunities for members as well as the broader community”.

Glenorie receives a glass trophy, Horseland gift bag and \$500!

Beth O'Brien, President of Glenorie Pony Club said the Club is very grateful to receive the award.

“Very proud to be the President of such a wonderful Pony Club. The spirit of the members and committee is just exceptional. Our riders are talented and passionate about the club's heartbeat. The horsemanship skills and friendships formed within our club are for life. Our club is one that gives back to the local community and provides a safe fun riding environment for local kids. Thank you to you, the members, for making it what it is today '2017 Club of the Year'! Thank you to Pony Club NSW and Zone 26 for their great continued support of the club. Pony Club plays a very important part in our rural local community and something every child will reflect on fondly in their adult years”

Glenorie is a family friendly, skill building club that encourages the positive development of all riding abilities, up to 25 years of



age. The club focuses on, building friendships, confidence and enjoyment in riding.

The Pony Club NSW Club of the Year Award was introduced in 2017 thanks to sponsorship from Horseland.

🔗 For more information:

The Pony Club Association of NSW

Contact: Leanna Haines Email: marketing@pcansw.org.au

Glenorie Pony Club President, Beth O'Brien

beth.obrienlw@gmail.com

Glenorie Pony Club Secretary, Paige Cape

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<p>Central Colo</p> <p>Sold</p>	<p>Galston</p> <p>Sold</p>	<p>Arcadia</p> <p>Sold</p>	<p>Maroota</p> <p>Sold</p>
<p>Glenorie</p> <p>Sold</p>	<p>Sold</p>	<p>McGrath Hills</p> <p>Sold</p>	<p>Sackville North</p> <p>Sold</p>



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Hills Grammar News

Jessica's National Success

Diminutive Jessica Callus in Year 5 at Hills Grammar was over the moon when she was selected into the NSW team to compete in the Australian Interschool Championship in Toowoomba last



month. Jess and her ponies Yartarla Park Chipmonk and Glynnyarra Park Classic made the long journey to Queensland in the school holidays for what became a truly memorable meet.

On Chipmonk, Jess was awarded Champion Primary Show Hunter and was a member of the Champion Show Horse team. On Classic, she placed 6th overall in the Primary Show Hunter and 3rd in the Primary Preliminary Dressage and made the Reserve Champion Primary Dressage team.

"The Hills Grammar Equestrian Team has been a long standing sporting option in our co-curricular program. Students from both Junior and Senior sections of the school have represented in all modes of riding at the many competitions held throughout the state. The team has achieved remarkable success over the years as have individuals like Jessica who went through to represent NSW Schools," commented Yass Sidaros, Director of Co-Curricular Programs.

Save the dates! End of year events at Arcadia Pony Club

It's been a busy year for Arcadia Pony Club and we still have a few exciting events for our members.

On Sunday 5th November we will run a gymkhana with our annual Closed Dressage, Show riding and Sporting, all in one day. Thank you to Saddleworld Dural for generously sponsoring this event!

Our Zone 23 Jamboree will be held on the weekend of 25th and 26th November at Dural Pony Club. Jamboree is always a fabulous event with two big days of events, the very popular water slide (not for the ponies!), and the option to camp overnight plus the Saturday night pizza cart!

And – do remember to save the date for our Annual General Meeting and awards presentation night to be held on Sunday, 10th December at The Galston Club from 5pm. A number of riders will be recognised at this event and most families stay for dinner to celebrate the end of another wonderful year at our Club!

Arcadia Pony Club has a "come and try" programme for riders aged between 4 – 25 years with their own horses or ponies where you can come along to a Rally Day and gain some riding instruction, meet new friends and have a lot of fun.

Arcadia Pony meets the first, third and fifth Sunday every month at the Rural Sports Facility in Galston. To find out more about Arcadia Pony Club and to see our instructor profiles, please visit <http://www.arcadiaponyclub.org>



Some of our beginner riders all ears for their show riding rally day session.

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First place winner Kim Green

Our last Official Dressage Competition for the year was held on 24th September. Four excellent judges had a busy day judging 55 riders in classes from Prep to Elementary, and for the first time GEC included a Medium test, judged by Pam Dalrymple and Vicki Newham, both B grade judges. The riders' feed-back was excellent, with many competitors appreciating the constructive and positive comments from the judges. Thank you to

our generous sponsors, Horseland Dural and Coprice Nutririce for their prizes and continuing support of our club. Thanks also to the hard-working committee and volunteers for another successful day.

Noni Boon is a work and life coach, and motivational speaker, and has coached groups of corporate women with huge success. She shared her empowering ideas and gave an inspiring talk about her latest book, "Holifest", holistic and manifest combined, on the evening of 26th September at the Galston Club.

On 27th September, GEC held a mid-week rider bio-mechanics clinic with Kristin Dean of Equimotion. Six lucky members got to have individual lessons with Kristin, a human and horse physiotherapist, assessing their posture, mobility, stability and symmetry in the saddle. Kristin also offered a high speed video analysis of riders which provided a highly detailed analysis and breakdown of rider position at each phase of the movement. All participants thoroughly enjoyed the day and went home with exercises and material to work on to consolidate their learning.

The club was delighted to be able to host another show-jumping clinic run by NCAS Level 1 coach and 4* Eventer, Keira Byrnes, on Saturday 7th October. As usual, the places filled very quickly and 23 riders participated in classes ranging from X-rails to over 1m. Keira has a rare knack of being able to provide individual tuition to participants in a small group lesson, and many riders commented on how helpful they found her guidance and how much they were looking forward to her next clinic. Keira taught non-stop for



Official Dressage Day

9 hours, remaining focused and positive throughout - we wish we had your energy, Keira!

An Agility Day with Suzanne Bellette on Sunday 8th October produced 15 participants with an even mix of old timers and newbies to agility. During our lunch break Suzanne Bellette from Natural Equestrian did a demonstration on how to start training your horse to do agility at liberty. This is something we can all aim for! Everyone had a great time and were very proud of what their horses achieved.

Upcoming events :

- 22 October - Combined Training competition
- 24 October - Paul Cairns evening presentation on Legerete training at the Galston Club
- 12 November - Legerete and Horsemanship practice day
- 26 November - Funkhana
- 30 November - Scott Mitchell - "Healthy Hindgut-Healthy Horse" evening presentation at the Galston Club
- 4 December - AGM
- 10 December - Presentation and Christmas Party

As usual, please check our Facebook page and our website for up to date information on all our events.

<http://www.galstonequestrianclub.org.au/>

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Kindergarten Thrive at Arcadia Public School

The kindergarten students at Arcadia Public School are full steam ahead with their learning and there's no holding them back! They thoroughly enjoy challenging themselves and can articulate their ideas with confidence and creativity. Kindergarten have been working with a peer buddy in maths groups whilst discussing concepts, taking turns, sharing ideas and comparing results. They use conference time during literacy to read with their peer group and teacher and their story writing is amazing. Kindergarten are always working hard at achieving their classroom goals. When presenting their speaking and listening, they speak clearly and confidently, use eye contact with an expressive voice and add detailed information to keep their ideas engaging for their audience. Congratulations kindergarten – we are so proud of your achievements this year.

Starting Big School dates for Kindergarten 2018 are; Wednesday 18 October, Thursday 26 October and Friday 3 November – All sessions are 2.15 – 3.15pm. Come along and see why Arcadia Public School is the place to be!

Contact the school office on 9653 1207 or visit www.arcadiaschool.com.au to find out more about our wonderful school where great things happen every day.



Warrah Special School: Educating with a Difference

Warrah Special School provides a learning environment that is unique in its educational program, supporting students' learning, well-being and sense of purpose.

The School, founded in 1969, is the only Steiner Special School in Sydney. As a registered, independent Special School, Warrah offers a high quality, individualised education for students with intellectual or developmental disability, from Kindergarten to Year 12, based on the educational philosophy of Rudolf Steiner. Warrah believes that each individual has the right to reach their full potential through receiving a balanced, holistic education. The educational philosophy of Warrah is that every student should have the opportunity to acquire knowledge, appreciation and skills in the arts, humanities, sciences, history and world culture, and the highest possible level of literacy and numeracy. Every student should be educated in life skills to promote independence and self-esteem and to maximise their ability to make a valued contribution in their adult life.

Our beautiful campus and its rural environment encourages peace and calm through nature. Students are able to participate in a range of farming, gardening and other outdoor activities that support practical learning.

Warrah Special School also offers work experience, transition support to the Warrah Youth Discovery program for school leavers and many opportunities for students to contribute to the wider work and life of our local community.

We warmly welcome families with children with disabilities, but also the broader community. Please contact Principal Jan Fowler if you want to visit or learn more about Warrah School.

Warrah special school is accepting enrollments for 2018.

Rainfall Chart



Rainfall recorded Galston period
17/09/2017 to 14/10/2027 is 1.5 mm

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News from UnitingCare Galston Early Learning Centre

On Friday the 20th of October, Galston Early Learning Centre held their very first Twilight Markets!

This night brought our community together as we welcomed Arcadia Public School, Galston Public School and Phoenix Dance Studios to showcase their talents on the stage throughout the evening. We would like to say a big thank you to our performers and their families for taking the time in bringing their children along to our event.

Throughout the evening the children were able to enjoy different activities with the Galston Rural Fire Brigade in their new fire truck, feeding the farm animals at the petting zoo with Paul Udy and making different types of candles at the KUCCA stall run by Jillian Udy.

We are a Non-For Profit organisation, so one purpose for this event was to fundraise some money to purchase new resources for the children who attend the service. Leading up to the event we had many local businesses that sponsored the Twilight Markets and I would like to take this opportunity to thank every one of these local businesses for their support. I would also like to highlight our main sponsor Galston Bendigo Bank for their donation of \$3000 that will go towards buying new resources for the children.

Listed below were the major sponsors for the night:

- Galston Bendigo Bank
- Hills Self-Storage
- Dural Century 21
- DSA Contracting
- Adapt Lending Solutions
- Millbrook Homes
- Phoenix Dance Studios
- The Galston Club
- Norwest Concrete Constructions
- Garage Fitness

Overall the night was a great success and we hope that everyone enjoyed their night under the stars!

1 If you would like to come and have a look at the centre or ask any questions regarding our Educational Program please feel free to contact the Centre Director Daniela Balmer on 9653 1475.

News from Galston High School

Minister's Award for Excellence in Student Achievement

Congratulations to Kianna Munro from Year 12 at Galston High School for recently receiving the prestigious Minister's Award for Excellence in Student Achievement. This award recognises outstanding Year 12 students who have excelled in their secondary years across academic excellence, sporting, cultural, community and leadership. Kianna was presented her award by the Education Minister, Rob Stokes.



Farewell and Good Luck Year 12

Year 12 had a hectic and exciting final week of schooling at the end of term 3. Their Graduation Evening was an opportunity for their family and friends to recognise the end of thirteen years of schooling and congratulate them on their achievements. The next day they enjoyed breakfast with their teachers and then journeyed to a secret location for their picnic day. On Thursday their Farewell



Assembly was held which included their final roll call and then that night they attended their Formal which was held this year at Curzon Hall. Congratulations to Mr Brett Byfield for the exceptional work he has done as the Year 12 Student Adviser and the personal support he has provided to students and their parents. The school community look forward to supporting the students as they now prepare to sit their final examinations.

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Glenorie Public School

We're back for term four with many exciting events to share with you.

On Friday 13th our K-2 and Yr 5's went on a factual visit to the Glenorie Fire Station. They had a wonderful time learning about fires and how to be prepared for a fire. They experienced what it's like to be a firefighter and what you do in a real fire situation. One of the many exciting activities at the fire station involved getting to use a heavy firefighter's hose. Another great activity was being able ring 000 just like a real fire had occurred. Everyone had a great time! Thank you to the Glenorie Fire Station for showing us what to do in a real fire.

Week 2 is our Kindy orientations for 2018. All of the Yr 5's were excited to meet and play with their buddies for next year. Some of the Kindies came on Monday and the others came on Thursday. The



kindies got to practice being in 'Big School'. They went into the Kindergarten classrooms, met their teachers and got to eat recess with their new friends and buddies. We are all looking forward to next year when these cute, little kindies start school.

TRY!!! The junior girls scored a try! Yay! We are all so eager to participate in NRL Gala Day on 24th October. We have four teams the Senior Boys, Senior Girls, Junior Boys



and Junior Girls. Each team will play against many schools and try their very best with great sportsmanship. Good luck to all the teams. We can't wait to see your final results.

Nearly all our students registered for our very first GPS Warrior Colour Fun Run. Everyone that registered received a colour run pack which includes a white T-Shirt, some fancy pink sunglasses and our very own keyring. We would like to thank all the business sponsors of our fun run: Glenorie RSL Club, Solomons Fire Doors, Leaf it to me Garden Care, FitKidz, Early Years Training and Consultancy, Anderson Boemi Lawyers, Dural Dental Practice and Café Sasanqua.

What a wonderful start of term we can't wait for you to see all the exciting events to come.

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KU Galston Preschool

We have begun term 4 with a bang! We are all really excited to be back at preschool and into the swing of things. I am amazed as I look around and see how far all of the children have grown mentally, physically, socially and emotionally in such a short time. Our play based program provides a wide range of active and meaningful learning experiences which are purposeful, building upon our children's strengths and concentrating on their individual interests. We focus on promoting positive dispositions for learning such as persistence, curiosity, perseverance, helpfulness and responsibility. It is these dispositions that provide a solid foundation for the transition to school and life long learning.

Our silkworms have grown and are eating us out of house and home with the amount of mulberry leaves they are going through



each day. Thankfully they have begun to spin cocoons so we are all looking forward to watching the next part of their lifecycle.

This week we also welcomed the families from our local Arcadia Playgroup who visited our preschool for the morning. We enjoyed having them and we hope that they all enjoyed spending time here.

📍 If you too would like to visit our beautiful preschool or for more information please call or email our Director Rebecca on 9653 2252 or at ku.galston@ku.com.au.



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Northholm Grammar School Students - Rural Fire Cadets

By Susan Wright

On Friday 13 October 2017 seventeen Northholm student Rural Fire Cadets graduated at a special assembly, where they were presented with their certificates by Principal, Lynne Guthridge and Matt Kean MP (State Member for Hornsby).

The Rural Fire Service Secondary Schools Cadet program, which Northholm hosted for the sixth year is a great way for students to learn new skills that will last them a lifetime, and offers a taste of what it might like to be a Rural Fire Service Volunteer. Matt Kean highlighted in his speech to our graduates that "as we all live in the bushland shire, the RFS is a vital service and a service greatly appreciated by our entire community". He went on to say that "it is awesome to see Northholm students take up the opportunity to join this program each year. I think one of the things that sets Northholm apart is that this school gives back to the community". Hornsby-Ku-ring-gai RFS District Manager, Mark Sugden, commented in his address that 'being



part of a team, part of the community is a valuable and rewarding experience".

The theory and practical skills taught in the program aim to develop the critical qualities of leadership, self-discipline, initiative and team work.

But a program like this doesn't run itself. Teacher and Dural Brigade member, Dr Michelle Gleeson, who led the students, praised the Volunteer Instructors

and their brigades for providing their time, expertise and trucks to enrich the student's experience. "We calculated there was over 130 years' worth of RFS Volunteer experience on hand to guide the cadets," said Dr Gleeson. At the assembly she also thanked the Hornsby Ku-ring-gai Rural Fire Service, for their logistical support, and Hornsby Shire Council for their wider logistical and funding support of the Hornsby Kuring-Gai Rural Fire Service.

In the past, some school cadets have gone on to join their local brigade, a tradition that Northholm is sure to continue in the future.

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Galston Public School

By Carole Weiss

After many months of planning and preparation, the Mini Fete (which is a keenly anticipated annual fund raising event) was finally held in the last week of Term 3. Congratulations to our highly responsible Year 6 students, along with their two very capable teachers, Mrs Pearce and Muscat; Year 5 students who stepped up to assist Year 6; many parents (who worked behind the scenes); all the generous raffle sponsors, and the families who bought and sold raffle tickets so that this wonderful day could be enjoyed by everyone. The many stalls were very well organised and lots of fun was had.

What a busy Term 4 it is going to be for Galston Public School students. Stage 2 students have just experienced their very first overnight excursion at Taronga Zoo. What a fantastic and amazing time they had while participating in a variety of activities such as



Zoo Keepers' Talks, a night tour and a full day of exploring this iconic Sydney environmental and conservation site.

Some of the other events to happen will be an Aboriginal Performer incursion, Life Education visit; Remembrance Day Service; SRC Mufti Day raising funds for the RSPCA and the P&C Carol's Night.

Kindergarten Orientations will be held over four weeks in November. The first orientation will be held on Wednesday the 8th November, 2017 at 5pm. The subsequent days will be each successive Wednesday (15th, 22nd, and 29th) at 9am.

If you are thinking of enrolling your child please come along and you will find out about the wonderful programs which have been planned for Kindergarten children in 2018. You will also be able to meet other parents and enjoy a chat over coffee and cake.

So if you would like to know more about our vibrant school, please contact the school office (9653 2062) and any questions you have, will be happily answered.



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New Hope School / Smoothie Fundraiser

New Hope School is a caring Christian school community, catering for students with a moderate level of intellectual delay or who have an Autism Spectrum Disorder. Each student is unique and we aim to develop their full potential by providing a mixture of individualised and small group instruction with support. We currently have twenty students enrolled at New Hope School, ranging from Year 3 to Year 12. The students are grouped into three classes – a senior class with students from Year 10 to Year 12, and two classes with students from Year 3 to Year 8.

From time to time, our students have the opportunity to participate in school-based vocational activities, which includes fundraising projects. These projects support our vision to provide both work experience and everyday life and learning skills to our students, whilst raising funds to support various mission and service focuses of the school community.

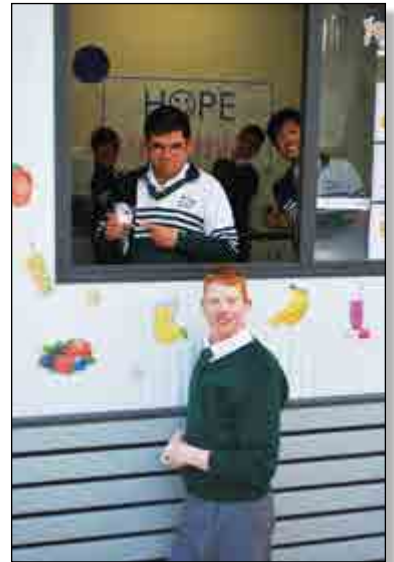
Most recently, we operated the H@PE Smoothies & Milkshakes store, directly from our classroom window. This project allowed our senior students (and middle school students at times), the opportunity to brainstorm ideas and strategies needed in operating a successful business venture. With support from their teachers, the students planned and prepared advertising posters and promotional videos, communicated information to staff and students and operated the store during lunchtime throughout Term 3.

From order taking and money handling to preparing and serving drinks and even a door-to-door delivery service, the

students excelled in making the fundraiser a success. The store operated during six lunchtimes over a four-week period. Students prepared the pre-ordered drinks for staff ready for delivery at lunchtime, and then opened for the students of Pacific Hills and New Hope during lunchtime. Overall, we made more than 340 smoothies and milkshakes, and generated a profit of more than \$740.

With this exceptional result, we were able to sponsor a child living in poverty through Compassion

– Bryan, a 13-year-old boy from El Salvador. The staff and students of New Hope School helped celebrate his birthday on the 11th of September, enjoying cupcakes and some photo opportunities. We look forward to the ongoing relationship that has started with Bryan, and hope to send through our photos, letters, drawings and Bible verses to encourage him on his journey. Please join us in praying for Bryan and his family, and for the work of Compassion in El Salvador.



Hillside Public School

Term 4 began with a flying start with all children engaged in their learning after a relaxing and fun filled 2-week holiday.

Term 4 promises to be action packed here at Hillside with many things happening.

Years 3 and 4 are looking forward to the excursion to see the HMS Bark Endeavour on Monday 16th October. A great way to see exactly how it was for the intrepid Captain Cook and his crew.

Years 5 and 6 are of course looking forward to their Canberra excursion later in the term.

And Halloween is coming soon!

Our first Kinder orientation is next Tuesday 17th October with a further morning on Tuesday 31st October. Each session will be from 9am - 11am. If are starting Kinder next year please come and see us!

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A De-clutter In November arrangement includes the following:

- a written plan prioritising your needs
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By Corri Byrne, Pastor

If a stool has three legs and one is missing then balancing proves nigh on impossible.

So too, the trinity has three parts, Father, Son and Holy Spirit. Yet, the Holy Spirit all too often is neglected or completely removed.

Acts 1:8: But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."

The challenge this month, as we wrap up the fifth part of this series, is whether the Holy Spirit is active today.

Sure, for those who've read the bible and the book of Acts, the Apostles did some amazing stuff – but they had the Holy Spirit back then.

What about now? Do we have access to the Holy Spirit?

In John 15:14-17 it captures Jesus' promise, that "I will ask the Father, and he will give you another Helper, to be with you forever".

Not just for a few days after Jesus rose, not a few years while the early church got sorted out, nor even a few centuries until Christianity became popular within the Roman empire. No, the Holy Spirit was promised to be with us forever.

Pretty sure forever includes now.

So, if the Holy Spirit is alive and well then why is He so ignored in our churches? Our teaching? Our lives? And, if the Holy Spirit is alive today, can He also work through me?

John 15:17 concludes "You know him, for he dwells with you and will be in you."

If you believe in God the creator, believe that Jesus lived, died and rose again, then the same power that worked through creation, the miracles, the resurrection, is available to each of us today. That's the promise!

So why are we living unpowered lives? Why do we accept enslavement to the limitations of this world? We have access to an authority that reigns over and above sickness, over and above relationship issues, financial issues, employment issues ... are we living in the Spirit? Or resigned to the limitations of the flesh?

Are we just acknowledging the teachings of the bible? Or are we experiencing them? We can be empowered, we can be filled with the Spirit and we can make an enormous difference.

Seek a relationship with the Holy Spirit, "ask and you will receive, seek and you will find, knock and the door will be opened to you." Matthew 7:7.

📌 If you missed part of this series and would like to read more, please visit our website, www.hillslife.com and check out the blog posts.

The Skill of Listening

When my wife Jenny was expecting our second child – we thought it would be Natalie, but instead we were blessed with Nathan - she was asked by a lady at church one morning how her pregnancy was progressing. To provide some background, Jenny enjoyed excellent health throughout her first pregnancy, but during the delivery the baby became distressed, and Luke had to be delivered by an emergency caesarean. With this in mind, Jenny responded, "I'm well, thank you. I have wonderful pregnancies but difficult deliveries." To which the lady replied, "Oh, that's wonderful. I am so pleased for you."

That lady failed to listen. She heard only what she wanted to hear. Had she listened to Jenny's full answer, she would have had to ask another question and continue the conversation. But she wasn't listening.

Her failing is a common fault. We have been blessed with the gift of hearing, but that does not mean we automatically listen. There is a tremendous difference between hearing and listening. When we hear, we understand what is said; when we listen, we feel what is being said.

Listening is not something that comes naturally. It is an art to be developed, a skill to be learned. Listening is a crucial skill in being an effective communicator, so what are some of the qualities of good listening?

Good listening involves the whole body. Obviously we listen with our ears, but our body language can convey a powerful message to others as to whether or not we are genuinely listening. A sure indication of interest is eye contact. Other meaningful gestures are an affirming nod of the head, a smile, and a comforting touch. All of these help to convey the message, "I'm with you. Tell me more."

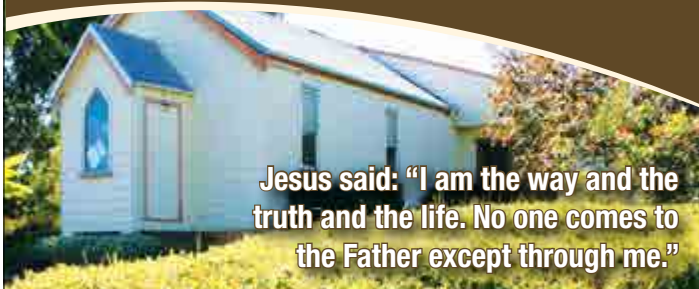
But there is one part of the body that should be used sparingly when we listen: the tongue. Sometimes we can be thinking so much about what we are going to say that we do not listen to others. Often people are not seeking advice but rather they want a sympathetic listener.

When we listen to others, we shall soon go beyond small talk and touch upon deeper and more sensitive issues. In those circumstances the qualities of trust and confidentiality will be critical in effective listening.

In summary, a verse in the Bible puts it this way: "Everyone should be quick to listen, slow to speak" (James 1:19) The world needs good listeners. Let us try to be better listeners to our families and friends.

*Pastor David McKibben
Galston Seventh-day Adventist Church*

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Glenorie Mission Church

(a continuation of the message by Rev Ed. Long)

His Convicting Work.

The Holy Spirit comes to the person concerned and says, 'You are a sinner in the sight of God and you need a Saviour. You need Jesus Christ'. But he not only speaks about sin, He always points to Jesus Christ who can save us from that sin and it's consequences.

Here is a remarkable principle: When we accept what He has said, then the Holy Spirit goes on with His Divine Work. In fact, until we do accept what He has said, He cannot go on. The principle remains the same all through our Christian life. He may reveal to us as a Christian a particular truth, which has an application to our lifestyle. The Spirit says to us, 'Will you accept the truth?' Until we say yes He cannot go on with His work of applying Christ to our lives.

So the first words we hear from the Holy Spirit are spoken as he comes to us convincing us of our sin and the need of a Saviour.

What kind of a reception is He given?

When the Holy Spirit knocks at our heart's door, He often

receives all kinds of excuses, just as you might if you were looking for a place to stay.

Some places you visit are full already and have no vacancy. At other places the people are too busy to talk to you. 'Come back some other time' they say. Or in still other places you find that there are certain conditions which would prevent you from living there.

So it is with the Holy Spirit. He finds many hearts already full and He discovers that they have no room at all for Jesus Christ. He goes to another heart and says, 'Have you any room for Jesus?' They say, 'We are too busy just now. Come back some other time'. And so the excuses go on.

But here and there, now and again, a person says 'Yes I know I am a sinner. I know I need Jesus Christ'. He is what I need to save me. I take Him now. I invite Him into my life' The door is opened, Jesus Christ comes in and that person is born again.

(to be continued)

🕒 Come and find out more at Bible Study 7.00p.m. (light meal included) Tuesday. Sunday Service 10:15 a.m. at Glenorie Mission Church. 1409 Old Northern Rd, Glenorie.

News from St Benedict's

Kathryn returns to Arcadia parish

In early October we had a visit from Kathryn (Endicott) Allen, who grew up in our area, and her husband Rob. Kathryn is now Diocesan Director with Catholic Mission and she and Rob came to tell us about some of the wonderful work being supported by Catholic Mission. They particularly focused on the St Luke Bujuni Health



Rob and Kathryn Allen at St Benedict's

Centre in Uganda which is run with minimal resources and much dedication by Sister Mary Goretti. Because the centre has the most affordable maternity ward in the region, expectant mothers travel vast distances to reach it by whatever means possible. Kathryn and Rob explained how donations could help fund essential services such as an ambulance and a team of trained midwives at the centre. Picture shows Kathryn and Rob holding up a poster that features Sister Mary and one of the children she has cared for.

Our Lady of Fatima celebration

October 2017 was the centenary of the appearance by Our Lady to three children in the Portuguese village of Fatima and we marked this anniversary with a special event at St Benedict's on Sunday 8 October. A play recreating the visit of Our Lady, a procession and the recitation of the Rosary in five languages all formed part of the celebration. We were particularly honoured to have our bishop, the Most Reverend Peter Comensoli, join us on this day.

Congratulations to Luke and Chrissy

Last year Luke Neely was one of the young parishioners from St Benedict's who travelled to Krakow, Poland to take part in World Youth Day. Since then Luke has played a very active role in the parish, becoming a catechist and a member of the parish council. While parishioners were very pleased to hear that Luke had become engaged to Chrissy from Gladesville, we were even

more delighted when we learnt that Luke and Chrissy first met each other in Poland when taking part in World Youth Day. Congratulations and best wishes from all of us.

Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7 am every morning. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd 7 pm Saturday, 9 am Sunday.

Join us as we gather for Connection and Inspiration at our Artisan Christmas Market and Community Day

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10:30am - 2pm

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The Importance of Pollinating Insects

By Nick Chartorisky

Around 65% of flowering plants depend on insects for pollination but when you look at our dependence on plants for food production, medicines and textiles, our need for pollinators is a far greater. This makes it very important to protect and support pollinators wherever we can.

Plants have evolved to attract pollinators. They produce a food supply or an insect attracting scent, colour or flower shape to improve the chances of reproduction. Some plants have evolved to become dependent on specific species of insects. The Small Tongue Orchid (*Cryptostylis leptochila*) has a flower resembling parts of a female Orchid Dupe Wasp (*Lissopimpla excelsa*).

The importance of native Pollinators has been shown to increase fruit set between 500% - 800% when they have local native Pollinators. Without pollinating Insects in our area we couldn't support our market gardens, orchards, flowering gardens or native bushland as we know it. How we manage our grazing animals would also dramatically change.

To help counter the impact on insects from habitat loss and chemical use, Still Creek Landcare will be at the Arcadia Public School Market Day on the 18th November to give a workshop on creating your own Insect Hotels.

And while you're there, we can also help with information on Local Weeds and advice on many aspects of managing your property. See you on the 18th November at Arcadia Public School.



An Orchid Dupe Wasp with his Small Tongue Orchid (photo courtesy of Barry Lees)

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Neutrog's Paul Dipuglia Guest Speaker at Bromeliad Society Meeting in November



At the next meeting of the Bromeliad Society of Australia being held on Saturday, 18 November at the Federation Pavilion, Castle Hill Showground, Castle Hill the guest speaker will be Paul Dipuglia, Neutrog - Biological Fertilisers. Sale of plants from 11am with the meeting commencing at 12noon and everyone is welcome.

Paul will provide an overview and background of the Neutrog Company their credibility, manufacturing and products.

He will explain the benefits of fertilising all year round, what to use and how best to apply them to get the best out of your garden whilst improving your soil in the process.

Neutrog products include their Signature range - Bush Tucker, Gyganic for Fruit and Citrus, Kahoona, Sudden Impact for Roses, Strike Back for Orchids, Sudden Impact for Lawns and Upsurge.

Organic range - Seamungus, Rapid Raiser, Bounce Back, Blade Runner, Rooster Booster and Rocket Fuel.

Like humans and animals, plant regular feeding throughout the year, at least once in each season. Happy, healthy, well nourished plants are more resistance to pests, disease, stress and frost.



BSA meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment. Contact Ian Hook - mobile 0408202269, email: ianhook1@bigpond.com Website: www.bromeliad.org.au

Walks and Talks at Ku-Ring-Gai Wildflower Garden

The fourth term of Monday Walks and Talks at Ku-Ring-Gai Wildflower Garden, 420 Mona Vale Road, St Ives continues until November 13th.

October 30th will be a Bird Walk starting at 9 am. Meet at Caley's Pavilion, wear closed shoes and hat, bring water.



More information at www.blandfordia.org.au or call Wendy 9144 5600.



Australian Plants Society-North Shore Group

The final meeting for this year of Australian Plants Society-North Shore group will at 7-45 pm on Friday November 10th in the Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby. Our speaker is Dr Sue Bowen, Plant Ecologist and APS member and her topic is "Ferns."

If you want a fern or any other plant identified, bring a sample along to the meeting. Visitors welcome. Join us for a cuppa and browse through our extensive library.



More information at www.blandfordia.org.au

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- * Sydney Sand
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- * Rapid Set
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Galston Garden Club



It was an early, chilly start for club members as they boarded a bus in great anticipation of attending the Rydal Daffodil Festival. Our first stop was a couple of hours later at the "Helleborus" Nursery in Bilpin. Here we were given a warm welcome with a reviving morning tea. We then did as all gardeners invariably do, as we wandered around the nursery we made those special purchases of plants that can only be bought at specialist nurseries. It is always nice to have a plant that reminds you of a special time. Then we were on our way to Rydal, just past Lithgow, each of us eagerly looking out the window as we drew closer to get our first glimpse of yellow daffodils that have made this event so popular. Rydal is a small, quaint town, with a small population that swells as 100's of visitors come to wander and wonder at the masses of daffodils over the festival's two consecutive weekends. In Spring 1,000's of daffodils of all varieties are in bloom, in peoples gardens, along the side of the road and in paddocks with the main street a delight where daffodils are planted out with other spring flowers. Stalls, music and a bbq add to the festive atmosphere, as well as visiting the Open Gardens. The local pub proved very popular with club members, which was warm, friendly and welcoming, serving up some good food, as well as other beverages! It was a long day, with dinner at the Lithgow Club, but well worth the effort.

By the time you read this, our Open Gardens Weekend will be over; however it was a full house October meeting as members gathered to receive their final instructions to make our annual fundraiser a fun and successful weekend. The Open Gardens



committee has worked tirelessly, liaising with garden owners, obtaining our wonderful sponsors and organising publicity to deliver a great weekend. Our guest speaker was Ross Rapmund who spoke on Hornsby Council's Free Guided Bushwalk Programs as well as his other passion the Community Native Nursery in Britannia St Pennant Hills. Ross made us aware of the large number of walks that can be undertaken in the Hornsby shire, focussing on 5 of his favourite guided walks. The walks are graded and included those that can even be done in a wheelchair, and then there were the themed walks to suit the toddler to the senior. All are extremely popular and need to be booked. Ross is also well known as a great nurseryman and he had great delight in informing us that the nursery produces 50,000 plants per year and is quite proud of their native plant giveaway that occurs three times a year. He recommended Hornsby Council's fantastic resource their online herbarium where you can identify a huge variety of plants. It was an extremely interesting talk where we were made aware of Indigenous culture, European history, beautiful lookouts and wonderful flora and fauna that is found in the Hornsby/Ku ring-gai area.

Next month is our last meeting for the year, with our members Christmas party to be held in December. Our last guest speaker for the year will be Stuart from Sydney Frangipani who will speak on frangipanis and give a grafting demonstration.

📍 Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8.00pm, new members and visitors are warmly welcomed. For other information, visit our website: www.galstongardenclub.com.au



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WHAT'S ON

Club Meetings and Events

Australian Social History through Fashion

Saturday 4 November 2017, Refreshments from 1.30 pm
Hornsby RSL 4 High St, Hornsby (parking is available or catch the train as it's only a 200m walk from Hornsby station)

After presenting parades for more than 50 years, The Cavalcade of History and Fashion ("Cavalcade") will present its last parade in its current format. **A New Look for a New Generation.** Tickets are \$60.00 per head (includes booking fee). Tickets available from <https://hornsbyrsl.iwannaticket.com.au>
Contact: Helen Parsons 0488 440 064 / David O'Connell 0422 308 483

Environmental Art

Wednesday, 8 November at 10am—1pm

Landscapes and wildlife images are important components of many art works. Create a natural wonder in easy steps.

Contact: 9843 0555
www.thehills.nsw.gov.au

Sydney Hills Branch of the Association of Independent Retirees

Friday 10th November, 2017 at 10.45am
Beecroft Presbyterian Church Hall, Welham Street Beecroft

Speaker: Noeline Kyle from Ancestry
We welcome recently retired citizens and Baby Boomers, who are looking for new interests. COME ALONG & Make New Friends!
Contact: Lauris Rennie 9634 1186

Red Cross, Castle Hill Branch

Friday 10th November at 9.00a.m. for 9.30a.m
Temporary address, Room 1, Castle Glen, 157 Ridgescrop Drive, Knightsbridge, Castle Hill

Parking - at lower end of Shopping Centre and local Bus routes available.
Cake Stall to be held on Saturday, 28th October, at Bunnings, Castle Hill.
Contact: 8850 7056

Dural Galston Probus Club

Thursday 16 November at 10am, The Galston Club
Jan McLachlan will speak about "Education". Visitors are always welcome. Enquiries Anne 9653 1004

Hornsby Shire Council

Wednesday 15 to Sunday 26 November at 10am – 4pm daily
Wallarobba Arts and Cultural Centre

See the Best Artists in Hornsby

The winners of each category will be announced at the Award Night on Saturday 18 November and all art enthusiasts are welcome. Cost: FREE
For more information, visit fota.com.au



Writing on the River

Thursday 16 November at 6.30pm Hornsby Library

The event is part of Hornsby Shire Council's 2017 Festival for the Arts and the night will be filled with engaging writings accompanied by jazz music. Bookings are essential for the event.

Cost: \$5, refreshments provided
For more information and book, visit fota.com.au

NSW Begonia Society

Sunday 19th November 2017 at 1.30pm
Bloomin' Greenery Nursery, 226 Annangrove Road
ANNANGROVE NSW 2156

Talk: Caring for your begonias.
Visitors Welcome.
Contact: Ross 02 9679 1386

Jazz at the Pines

Sunday 19th November 2017 at 12.30pm
Roughley House, 656 Old Northern Road, Dural
Features the popular 'Geoff Power Jazz Band'. Tickets \$20 adults and \$15 concessions. Book online at www.jazzatthepines.org.au
Contact: 02 9651 4411

Dural & District Prostate Cancer Support Group

Monday 20th November 2017 at 7pm for 7.15pm start
Speaker Professor Warwick Delprado, Pathologist
Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Road, Glenhaven. Enquiries Denis 9629-2645 or Maurice 9654-2138

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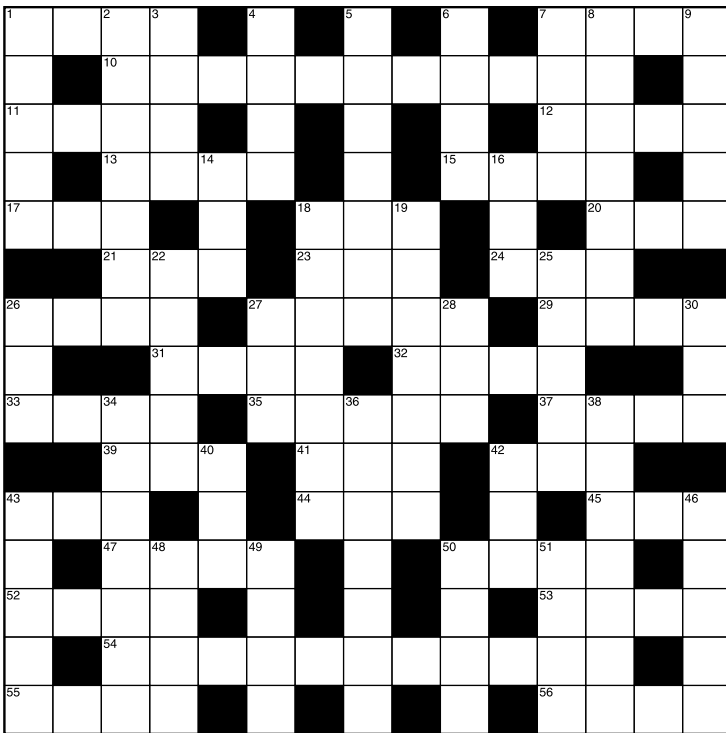

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1. Ruler, Genghis ...
7. Between
10. Ice-cream flavour (5-6)
11. Cry in grief
12. Lyrical verses
13. Mortuary table
15. Scruff of neck
17. Mi, fah, ..., lah
18. Excessive, ... much
20. All-wheel drive (1,1,1)
21. Acorn tree
23. Rowing blade
24. Mayday signal (1,1,1)
26. Reed instrument
27. Sea rhythms
29. Arizona's neighbour
31. Shut tight
32. Acquire
33. Kind of palm
35. Giant
37. Showed up
39. I ... with my little eye

41. Persona ... grata

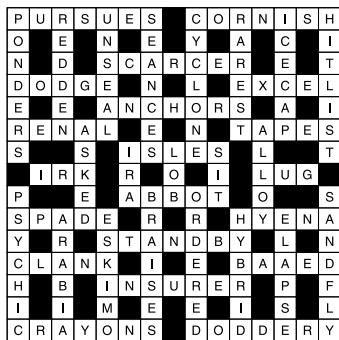
42. Adjudicator
43. Timber disease, dry ...
44. Slimy gunk
45. Divine being
47. Lie-down
50. Deep wound
52. Electronic pip
53. Chessman
54. Business discussion
55. Culinary herb
56. Pre-Soviet emperor

14. Biblical craft
16. Abdominal muscles
18. Slaving away
19. Type of marjoram
22. Greek fable writer
25. Sixteenth of pound
26. Operations
27. Revenge, tit for ...
28. California's ...
Francisco
30. Flowerbed weeder
34. Skimpy bikini
bottom (1-6)
36. Bike repair set (4,3)
38. Kabul natives
40. Affirmative reply
42. Pretoria is there
(1,1,1)
43. Vestments
46. Cafe patron
48. Fencing sword
49. Trampled (on)
50. Gore, blood & ...
51. X marks the ...

DOWN

1. NZ birds
2. Sneeze sound
3. Invalid
4. Pencil end
5. Discharge cargo
(3-4)
6. Famed lover, Don ...
7. Upon
8. Jordan/Kuwait
region
9. Gave medicine to

Answer from October Issue



Last Month's Riddle

Two girls were born to the same mother, on the same day, at the same time, in the same month and year and yet they're not twins. How can this be?

Answer

The two girls are two of a set of triplets.

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Glenorie RSL Club

- Casual positions
- Family friendly and flexible working environment
- Supervisor positions perfect for anyone looking to start or resume a career in hospitality
- Casual Bar attendants great for uni students

Essential Criteria:

- Previous experience in bar and gaming
- Hold a current RSA and RCG or be willing to acquire one
- Must be neat and tidy
- Comfortable in a team environment
- Be flexible and able to work weekends and nights
- Positive, can do attitude
- Well developed verbal communication skills

**Applicants please email resumes to
donna@glenoriesl.com.au**

CAFE SASANQUA - COOK WANTED

Attention Cooks!!

We are looking to add more talent to our great little team.

If you are experienced, qualified and skilled in a busy commercial kitchen, have a strong customer service and work ethic and an easy going and fun personality, you should contact us now.

Phone 9652 0969

JUNIOR RECEPTIONIST/ ADMINISTRATION OFFICER

Due to business growth we are seeking a Junior Receptionist /Administration assistant to be the new face and welcoming voice of our highly successful Real Estate Agency located in Dural.

This is a Junior Position - please email a cover letter + your resume (incl Date of Birth, home address & contact number) to

Meg at: admin@modeproperty.com

FLAGGING SANDSTONE CUTTER

Needed at Glenorie

Work your own hours

Paid by the squared metre

Own transport is needed

Phone: Mick on 0418 26 16 76

info@sandstonesales.com.au

ROOM FOR HIRE

ROOM HIRE AVAILABLE AT DURAL SQUASH COURTS

Mirrored rooms with barres, both large and medium sized

Suitable for ballet and other activities

Meeting room also available for hire.

**If you are interested and want to view,
call 9651 2511**

895 Old Northern Road, Dural

FOR SALE**NEW AGE BIG RED (SERIES 20) CARAVAN**

2012. Aprox.20ft.

Shower, Washing Machine, Vanity,
Fridge, Oven, Stove, Microwave, TV,
DVD, 2 Single Beds,



Solar, Full Annex, ample storage.

Price: \$45,000 o.n.o.

Phone: 0423 885 296 / 0423 424 822

QUINTRIX ESCAPE 4.55M RUNABOUT BOAT AND TRAILER (REGISTERED)

\$11500.00 negotiable

Runabout: Anchor including ropes and well, boarding steps at back, navigation lights, marine carpeted floor, Quintrex swivel chairs and rear upholstered bench seat, lockable glove box, compass and fuel gauge, rod holders, boat cover, fire extinguisher and battery charger. Fishing nets and storage compartments at end and side of boat.



Motor: 50HP Evinrude, electric start, always housed under cover, fresh water flush out after use.

Last service included carburettors stripped down reassembled and serviced, all jets purged out, idle and mixture settings adjusted. Invoice and receipts available.

**Please contact Ross on
0417 669 020 / 0417 407 880**

TUITION**GUITAR TUITION – ALL STYLES**

Private teacher.

Available for home tuition in guitar up to AMEB.
Ages 5yrs and up including adults welcome.

Please phone Keir on 0413 652 551

**DEMENTIA?? ... NOT ME!!
"I play music with Katy"**

Light up these musical areas of the brain (yes!! you DO have them) and have fun - filled lessons @ \$20 each
Specialising in ages 60-99

0497 202 020

PLEASE SUPPORT OUR LOCAL BUSINESSES.

They are all run by local people
who rely on your trade for the
income that supports their family.

WANTED TO BUY**CARAVAN WANTED**

Must be registered and in good clean condition.

Genuine Private Buyer

Please call John 0427648110

WANTED TO BUY

Someone to rotary - hoe a small holding paddock in
Glenorie.

Please ring Katy 0497 202 020

WANTED TO BUY**An Old Caravan**

Any age, any style, any size, any condition for children to
make into a secret cubby.

Please ring Katy 0497 202 020

WANTED TO BUY**Old motorbikes, going or not.**

No Chinese models please.

Call Terry 0455 289 591

PET CARE**PET MINDING IN YOUR HOME**

Student available to mind feed, walk, rug your animals
(including horses) whilst you are away.

Collect mail, water gardens etc.

3km radius of Glenorie Village. \$15 per 30 minute visit.

Phone 9652 0550 after 6pm

**SUPPORT THE SALVOS IN THEIR
GLENORIE STORE**

Can you donate a few hours to work with a happy, like-minded group of women sorting and shelving donations?

With Christmas just around the corner, come and join in the fun of getting out decorations and gifts, books, pottery, glassware. You name it!!! We'll have it!!!

This store operate with the generosity, energy and enthusiasm of locals who give their time to assist the Salvation Army in their mission to support those in need!

You are assured of a warm welcome, so pop in to say hello, or ring the Quarry Rd. store on 9651 4504

LOCAL PLAYGROUPS

GALSTON

Galston Kids Playgroup is located in the lower room of the Galston Community Health Centre. We have a fully stocked indoor/outdoor play area with sandpit, cubby, ride-on toys, craft supplies and more! Sessions span over a couple of hours and are unstructured, providing lots of time for kids to play while adults chat.

Bring your own morning tea (nut-free).

New members are very welcome to drop in; the first two visits are free. Email galstonkidsplaygroup@gmail.com for info about current session times, or ask at the Galston Community Health Centre office.-

GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie
Every Thursday 9am-12pm - bring allergy friendly snacks

ARCADIA

Located at Arcadia Public School, 140 Arcadia Road
Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562
Parking in Community Centre next door.

Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for

babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

DURAL/GALSTON

St Jude's Anglican Church, 965 Old Northern Rd Dural (Off Galston Rd for parking). Every Friday 9:30-11:30 am Aged 0-5 All welcome.

Come and join us every Friday (during school terms) for play, story, music, crafts and so much more! It's free just bring a piece of fruit to share. We look forward to seeing you there!

Contact Gayoung 0448 770 722 if you have any other questions.

KENTHURST

Thursday's, during school terms, 9.30am til 11.30 am at the Literary Institute 131-135 Kenthurst Rd, Kenthurst.

CALLING ALL PLAYGROUPS

If you are organising or running a playgroup in the local area, please let us know.

We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to:
editorial@galstoncommunity.com.au



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Important Local Information

HELP and INFORMATION SERVICES

General Emergencies	000
Energy Australia Emgy	13 13 88
Hornsby Hospital	9477 9123
Hills Shire Council	9843 0555
Hornsby Shire Council	9847 6666
Integral Energy	13 10 03
Lifeline (24 hours)	13 11 14
Poisons Information Line	13 11 26
Police - Hornsby	9476 9799
Police - Castle Hill	9680 5399
Sydney Water	13 20 90
Telstra Faults	13 22 03

LOCAL RURAL FIRE SERVICES

(Station phones are unmanned and will operate answer phone services only. Call 000 for Emergencies)

Hills Rural Fire Service District Office	9654 1244
Hornsby Rural Fire Service District Office	9883 2000
Arcadia Rural Fire Service	9655 1656
Fire Captain David Byrne	
Galston Rural Fire Service	0409 470 205
Fire Captain Rob Symons	
Glenorie Rural Fire Service	9652 2017
Fire Captain Shaun O'Brien	
Hillside Rural Fire Service	9652 2245
Fire Captain Andrew Baildon	
Middle Dural Rural Fire Service	0408 220 705
Fire Captain Len Best	

LOCAL JP's Bendigo Bank Galston - 9653 2227, Geoff Lynch Galston Newsagency, Cathy Vipond Hills Accounting, Glenorie - 9652 2400
Mary Ord - 0400 363 563, Vicki Brownless - 0423 727 826 (South Maroota area), Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083
Cherrybrook Shopping Village, Shepherds Drive,
every Saturday morning 10am to noon.

There will be a JP at Dural Library Wednesdays between 1pm and 3pm.

Community Contacts

Avicultural Society of NSW Inc. Welcomes persons interested in Aviculture (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686
ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glensy on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

ALANON Family Group meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney DG 0412 400 452. National Office 18000 APEX0 or website. "Heart of a Community, Hope of a Nation".

Arcadia Community Hall 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. ArcadiaMarkets.com.au. Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquiries Ph. 98993179

Circular Keys Chorus are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate C&K singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural and District Historical Society Inc holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

Dural and District Prostate Cancer Support Group holds its meetings on the third Monday of each month at 7pm at Anglican Retirement Village, Glenhaven Green, 599-607 Old Northern Rd, Glenhaven on Blue Gum Centre. Enquiries Denis 9629 2645 or Maurice 9654 2138.

Dural and Districts Senior Citizens' Club Come along on any Wednesday at 11.00am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls - beginners included - while others play Bingo and enjoy the prizes. Stay for lunch! For further information please call on 0417 99 5507 after hours.

Dural and Hills District Garden Club Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

Dural-Glenorie Scouts Joys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

Dural Mens Shed meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenhurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning, M: 0419 435 475 E: isandiano@tpg.com.au

Ferry Artists Gallery Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc meets at the Galston Primary School Library, School Road, Galston on the 3rd Thursday of the month at 8 pm (during school terms). Enquiries 0403076175. New members always welcome.

Galston Branch CWA meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Melissa 0408626978.

Galston Community Hall 37 Arcadia Rd, Galston available for functions, air-conditioned, inspections welcome. Bookings call Jane on 0481 900 151.
Galston Community Health Centre This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club which raises money to support The Smith Family's Learning for Life program will be celebrating Christmas at our last luncheon meeting for this year on Wednesday 22nd November, 2017 at Dural Country Club at 11am. Joanna Capetanakis will entertain us with great music and singing. Visitors will be very welcome. Bookings Vivien 98941189.

Girl Guides Girls Age 6-12 meet on Thursdays 5-6.30pm at Galston Guide Hall, 414 Galston Road, Galston. This is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Contact Mary 0423 353644 or Amy 0415 438210.

Glenorie Maroota Bioregional Forum Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpnc.com.au

Glenorie Memorial Hall Available for Hire. Seats up to 120 people. Tables and chairs available. Small kitchen/servery. To hire, call Ray Whiteman Phone: 9652 2454 or Mobile 0400 008 083

Glenorie Progress Club Hold its meetings monthly at 7:30pm in the Memorial Hall. All Welcome 9652 2454.

Glenorie RSL Club 3 Post Office Rd, Glenorie (behind Woolworths). The New Hills Hotspot. For bistro bookings call 9652 1199, all other enquiries and bookings 9652 1183. www.glenoriesl.com.au

Hills Budgerigar Club Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000 for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' and Gourmet Food Mkt 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingsford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm, JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

The NSW Justices Association Hornsby Branch meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

Living Life Without Children Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol, email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.php.org.au.

Rotary Club of Galston meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 petaincow@gmail.com

Probus Club of Round Corner NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group and the Caravan and Cabin Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at:

The Galston Club 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

Rowland Village Workshop Club invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

Social Dance Workshops Pennant Hills Community Centre, Yarrara Road, S7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

Stay Tuned Choir We are a non-auditioned community choir which meets on a Tuesday night in Dural. We welcome new singers throughout the year and guarantee beautiful music-making, fun folk and great performance opportunities. Contact Suzie Pratt: suzpratt@gmail.com, 0438 723 822

Still Creek Landcare Group Have a say and help in the future of our catchments in Galston, Arcadia and Berrielle. We meet at 7:30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@iinet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW) The Trefoil Guild is the adult section of Guiding which links Members, former Members: female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Evelyn on 02 9634 4987.

the school term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest:- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibben 0474 493 793.

Glenorie Community Church Pentecostal and Evangelical - meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505, Church 9652 0577.

Glenorie Mission Church Sunday Service 10.15am, Girls Brigade Tuesdays at 4.30pm. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 9652 1203 / 0404 144 612.

Hillside Church Meets 10.00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillside.com

St. Benedict's Catholic Church Arcadia Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9633-2312. Corner Fagans Rd and Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest: Fr Bernard McGrath 0416032497.

St. Columb's Anglican Church, Arcadia Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

St Judes Anglican Service Times: 8am Traditional; 10am Contemporary with Sunday Kids & Yr 5-9 Teen group; 6pm Evening church for youth & parents. Epic' kids club and Youth Group - Fridays (see website for details). Galston & Old Northern Roads, Dural. Phone: 9651-1119

St Madeleine's Catholic Church 28 Annangrove rd, Kenhurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am, 10am and 5.30pm

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 0420 399 452 or 0432 181 635 to speak to one of our trained coaches.

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website http://duralrugby.net.com.au.

Galston Glenorie Amateur Fishing Club Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club For further details regarding season events, grades and registration, please contact 0404 600 460. gggc.nsw.cricket.com.au

Galston Club Golf Club Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

Galston Equestrian Club New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club All enquiries to secretary.galstonnetballclub@hotmail.com or visit the website www.galstonnsw.netball.com.au

Glenorie Social Golf Club Plays monthly, visit www.glenoriesl.com.au under 'Branch' for round dates and courses. Contact Stephen Osborne 0416 546 789

Hills AUSSI Masters Swimming Club meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7.30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

Hills Hawks Soccer Club For season details and registrations call Michael Rosier on 0418 676 768 or agmsulations@bigpond.com.

Hills Hawks Softball Club Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawks softball.org.au.

Hills Pumas Football Club For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenhurst Netball Club Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

Tennis / Squash Social Group looking for new players. Call Karen 0412 485 411 or email tennissandsquash@live.com.au

Tennis Court for Hire Galston At rear of Galston Community Hall. Available Day or Night, Mobile Jane on 0481 900 151.

Tennis Court for Hire Glenorie Les Shore Reserve. Available Day or Night, Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

Thursday Ladies Tennis Competition in the Hills District Players of all standards are welcome. For more details and contacts please see our website at hillsladiestennis.org

CHURCHES

Galston Uniting Church Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of



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