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Comfort Discovered

Unexploded Bomb found in Galston Gorge

The work to upgrade and improve the Galston Gorge road access between Hornsby and Galston suffered a slight hiccup last week as road contracting crews uncovered something completely unexpected.

An unexploded WWII ordinance was uncovered during excavations near the Galston Road bridge at the bottom of the gorge, approximately 100 metres west of the roadway. The "25 pounder" (approximately 12 kg) artillery round may have been lying in place for up to 70 years.

A spokesperson from Hornsby Police said the projectile was quickly identified and exclusion zone established. Army rescue and recovery teams were called and took possession of the round for disposal. The road crews found the ordinance at around 12.30am on the morning of Thursday 23rd June with Galston Road being closed for about three hours overnight.

By first light, the road had been reopened and all exclusion zones had been lifted.



One of the many types of "12 pounder" rounds used by allied forces during WWII. Photo: NJR ZA CC BY-SA 3.0



The projectile found in the Galston Gorge most probably was fired from a "QF 25-pounder" British field gun similar to this one pictured here from Canada. Photo: Nhl4hamilton (wikicommons)

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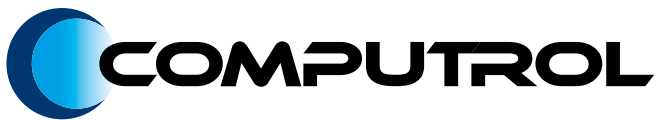
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Winter Comfort

This is the time to start planning to review your comfort in and around home. Planning for a comfortable Rise Recliner or an electric domestic bed will ensure that when winter tunes in you are fully prepared to deal with it.

Cooler temperatures can lure us to stay longer in our bed. So investment in a good mattress and pillow is going to give you immediate return. There are domestic beds that have all the features you might need, including a back bent, knee bent, high and low positions, with or without side rails including removable bedside pole. They are easy to operate with a user friendly control.



If you do not want to replace your existing bed, you can still enjoy the benefits of an electric bed by replacing your existing mattress with a flexy care electric mattress. This is easy to install and very easy to operate. They come in different sizes to suit your requirement.

For those still undecided about that long pending decision to obtain independence through a mobility scooter, there are some incredible winter deals at Comfort Discovered, 511 Pacific Highway, Mt Colah, Hornsby (Tel 99874500 Open 7 Days). Please feel free to call the team at Comfort Discovered to find out the best solution for your individual needs.



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Letter to the Editor

Development Crisis

Dear Editor and community,

I am a 9-year-old girl living in Glenorie and I'm writing this letter to express my opinion on the new developments that are happening in our area. Recently, there have been many proposals and new developments happening in our area. This is classified as a rural and semi-rural area, but with all of this new development it makes me wonder if this classification could possibly be changed. Most of us who live here have come to admire the wildlife and bush, that's what makes this area unique. Unfortunately, I'm not eligible to vote but I hope that adults who can, will voice a positive opinion towards what makes this area what it is.

(name and address supplied)

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Glenorie Memorial Hall

Concept Plans for Upgrade - Competition

The Glenorie Memorial Hall Committee is looking for local Building Designers, Architects, both experienced and those studying at University, to consider entering our local competition. We also welcome sketched plans from creative members of our community as to what they would like Glenorie Memorial Hall to be.

All designs must seek to retain the heritage look of the building. It would be ideal if the design concepts can be phased as the Hall Committee will be applying for grants, donations and public funds to complete the project.

The concept plans should address the following:

- 1) Existing toilets are outside.
- 2) Building is not very well insulated
- 3) Building does not have a commercial kitchen
- 4) Building should be able to cater for a wide range of uses and have storage areas for chairs/tables/other general equipment.

The building has the following:

- 1) A "projector room" upstairs as it used to be a movie theatre.
- 2) A stage



- 3) A polished wooden floor
- 4) Disabled access ramp
- 5) Adjacent Memorial lawn and cenotaph
- 6) Internal - front 2 small rooms, main hall, small kitchen, stage dressing room, projector room upstairs at the front of the building.

The Glenorie Memorial Hall will be open on **Saturday July 17th from 2pm to 4pm** where you can obtain copies of the existing floor plan, site survey map and internal viewing.

Whilst no cash prize is offered, the winner will get significant press coverage in local papers at Glenorie, Hornsby, Hills and Hawkesbury areas. For a university student, this could be a great project to add to a portfolio of work.

Our thanks to Stella Walter of Mepstead & Associates who has kindly donated her professional expertise and time to create a topographical survey of the property on which the Galston Community Hall is situated on.

If you are looking for registered surveyors, engineers and development consultants, please consider using Mepstead & Associates, phone 9875 4500.



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- Galston Village Pharmacy held our annual Biggest Morning Tea on Wednesday 25th May and it was a great success! A BIG thank you to everyone who donated prizes, volunteered and came along to support this important cause. Over \$3500 was raised for the Cancer Council!
- Without everyone's generosity, we could not have raised the much needed funds for this very worthwhile cause.

**A BIG THANK YOU TO BENDIGO BANK,
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WEEK 2

Tue 12th	Painting	Ceramics*
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Fri 15th	Ceramics*	Watercolour ptg

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School leaders join Hornsby MP Matt Kean in Parliament



Students from up to 22 local schools joined Hornsby State Liberal MP Matt Kean for a tour of NSW Parliament House (Wednesday) last week.

The annual tour saw 87 students participate on the day with parents, grand-parents and teachers all invited to take part.

The students toured the Legislative Assembly and Legislative Council before joining Mr Kean for a special guest visit from former NRL Manly Sea Eagles prop Jason King, Australian netball star Sharni Layton and Hornsby Council mayor Steve Russell.

Mr Kean and his special guests spoke with the students about various types of leadership roles and the importance of working towards a long-term goal.

Students were given the chance to quiz the trio on their roles in public life and the challenges which come with it.

Jason King explained to the students that his road to rugby league first grade was the culmination of lots of hard work.

"I adopted a three 'D's' approach to success. That is discipline, dedication and determination," Jason King said.

"I always found that if I focused on these areas that success and results would hopefully follow."

Sharni Layton meanwhile told students to never give up on your dreams and to always try your best.

"I was always playing in the B grade teams growing up before one coach gave me a chance and picked me for the representative team," Sharni Layton said.

"That was the big break I needed and I've been able to build on my success since then."

Mr Kean reinforced sports stars' messages to the students saying that with hard work anybody can go on to achieve great things in the future.

"The students will remember their visit the Parliament for the rest of their lives," Mr Kean said.

"Hopefully they will take some inspiration from the words said today and go on to chase their dreams in whichever field that may be."



Arcadia Public School students (L-R) Tsara Affarian, Ashlea Nicholson, Oliver Giuffre and Joel Shaheen join Hornsby Council mayor Steve Russell, former Manly Sea Eagles captain Jason King, Sydney Swifts star Sharni Layton and Hornsby MP Matt Kean.

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Roughley House Visit

On Saturday the 18th of June, 16 descendants of James and Lydia Roughley visited "The Pines" Roughley House at Dural. They came from Dubbo, Gilgandra, Sydney, Newcastle and Queensland. "The Pines" was built by James and Lydia in 1856 and is now owned by The Hills Shire Council. The house is open for arranged tours and the family was shown through the building by council volunteer and fellow family member Max Roughley. A morning tea was arranged in the grounds of this heritage landmark followed by a reunion lunch at the Dural Country Club. After lunch, the group visited St. Jude's Church, which was built on Roughley land, and then the Uniting Church cemetery in Derriwong Road. The trip was organised by Betty Roberts of Dubbo who reported that the family (as shown in the photo) all greatly enjoyed exploring this important part of their history.



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Glenorie Rural Fire Brigade News

By Elizabeth Whiteman

Long Service Medal Awards

Three Glenorie Brigade Life Members

were among the 60 Hills District Rural Fire Service awardees to receive Long Service (LS) Awards at the District Awards evening June 22. Les Schwebel, Ross Lithgow and Bruce Whiteman received their 50, 40, 40 year (respectively) awards, an impressive total of 130 years of service, an outstanding achievement. Congratulations to these three men and to the other members Glynn Lloyd, Mark Bluett and Rachel Marston who all received their 10yr LS Award.

Members from Middle Dural brigade also receiving LS awards were Ralph Lawson-Smith (20yrs), Sally McClure, Morrie Maait and Rob Pullan (10yrs) with Jim Smith being honoured with 35yr National Medal. All awards were presented by the Rural Fire Service Commissioner Shane Fitzsimmons AFSM and The Hills Shire Mayor Dr Michelle Byrne.



Congratulations to all, a great honour and suitable recognition for over 245 years of dedicated service to the community from just these two brigades. A wonderful achievement!

History Making Month

16 fire calls in the month made May Glenorie Brigade's busiest month on record! June is becoming just as busy. Calls have included kitchen fires, bush fires, trees down, car alight, shed fires, storm damage, assistance with flood evacuation and illegal pile burns. This combined with regular training, community engagement commitments and assistance with district Fuel Management burns has meant members have been in their yellows most days! All brigade members are volunteers and give generously of their time and talents for the benefit of our community.

PILE BURNS - Just a reminder: Although you no longer require a permit for pile burns the regulations vary between shires so please contact your local Rural Fire District Office; The Hills 9654 1244 or Hornsby 9883 2000. **Failure to comply with regulations can incur a fine.**

A couple of basics:

- No fires can be lit on unoccupied land.
- Pile burns must be to standards and not be used for the purpose of land clearing.
- Your district office and all neighbours must be notified 24hrs in advance.

Brigade contact details: Station Phone: 9652 2017 (leave a message and someone will get back to you) or talk to a real person, James: 0422 168 914. Visit the brigade stand at the Glenorie Growers Market, 4th Sunday of the month in the grounds of Glenorie RSL. Facebook: Glenorie Rural Fire Brigade Email: Glenorierfs@outlook.com



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GALSTON HealthSense PHARMACY

Australia's Biggest Morning Tea at Galston Healthsense Pharmacy!

On Thursday the 26th of May we hosted our Biggest Morning Tea, to raise much needed funds for the Cancer Council. We were joined by many wonderful members of the community who popped in throughout the day for a cup of tea and a bite to eat! We had a wonderful time with the Jelly bean guessing game as well as "What's that smell?" and "In your eyes" which was a hit amongst all ages!

At 3pm we had the pleasure of drawing the raffle, giving away many prizes that were donated by both individuals and local businesses. Congratulations to all the lucky prize winners!

Together we raised a massive **\$3449** which will do so much good in the progress of cancer research.

From the staff here at Galston Healthsense Pharmacy we want to thank all the businesses who donated both prizes and the delicious food we were able to serve. We also want to thank all those who came in and donated both on the day and leading up to the event; without you this would not have been possible.

A special thankyou to Maureen who helped us in the preparation of the big day and made everyone right at home, ensuring that everyone had a tea and piece of cake in hand, which made the morning tea all that more special.

Thank you to all those who joined together, particularly Goodies Bakery, Galston Newsagency, Chizzo's Pizza, Galston Gourmet Deli, Galston Post Office and Galston IGA and everyone that donated both time and money. We would also like to thank everyone who supported us in any way, shape or form, from baking to buying raffle tickets in support of cancer research



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Christine has held numerous group and solo exhibitions. She was a finalist in the Doug Moran Portrait Prize and a three-time finalist in the Portia Geach Portrait Prize at the S H Ervin Gallery. She has taught at Kuringgai Arts Centre, the Royal Art Society and Willoughby Arts Centre.



Now she is opening her idyllic bushland studio in Arcadia for small private classes. Rocky gullies outside, and the fields and dams beyond, provide ample scope for those who love *plein air* painting.

All levels of experience are welcome. Christine believes it's the process of painting that brings fulfilment, rather than just the results. 'Becoming absorbed in beauty for a few hours, and really seeing, is a form of meditation,' she says. 'And as you come to understand the fundamentals of painting, step by step, genuine progress will follow naturally.'

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FAMILY IMAGE PHOTOGRAPHY - DURAL

A Big 'Thank-you' From the Food Drive

Once again our community has been very generous to those in need this winter. Despite a very wet weekend on 18,19 June more food than last year was collected for The Dural District Churches Anglicare Food Drive. Kenthurst, Dural and Arcadia churches would like to thank-you on behalf of all those families who find themselves in difficulties this winter. Whether we met you in the supermarket, at schools or at your front door, you gave, and gave, and gave. Thank-you. See you again next year!



Johnny Allen's Story

This is an edited story written by Malcolm Johnston several years ago about someone who had a great influence on our district. Over the years John Allen employed many local people in all areas of his business, training around 25 apprentices in his mechanics workshop. He is remembered with much affection.

John Eric Allen was one of seven children born to Silas and Joanna Allen. He was born in 1917 and attended Castle Hill Public School till he turned thirteen. When he left school, he worked for a fruit carrier, Henry Barry. Later he worked for about eighteen months on a ten acre property in Highs Road, clearing land and cutting wood for bakeries. John purchased his first truck when he was seventeen, and carried fruit, firewood, fence posts and anything else that came his way.



Johnny Allen, at his home, Village Place Round Corner Dural, 17/3/2004.

Photo: Margaret McKinley

In 1935 John married Thelma Maud Viney, of Vineys Lane. She was always known as Betty. They had three children, Shirley, Barry and Ken, when John enlisted in the Army in 1941. He was a prisoner in Changi Prison and was put to work on the notorious Thai-Burma Railway for three and a half years, before being liberated by American forces.

After the war John started a general carrying business, taking fruit to market. He was soon running a fleet of trucks to keep up the transport demand. In 1949, when John was on the Sydney to Young run he was involved in a serious accident, which laid him up for months and left him with a disabling limp for the rest of his life.

Around 1953-54 John opened a Mobil Oil Service Station on Old Northern Road, Dural. About the same time, he was approached by the NRMA to have the franchise for the road service in the area, and Nuffield offered him the franchise to sell new Austin and Morris cars. In his large workshop, John employed many locals and ran a truck body building business for every type of truck from furniture vans to refrigeration vans. His proudest time was in 1987 when he was asked to build a special semi-trailer to transport a Satellite Earth station across the Nullabour to Perth to beam the America's Cup images around the world.

John retired in 1989 and moved to live at Round Corner, where he died in early 2012, aged 95. Dural Business Centre and a Caltex service station are now on the site of his workshop and garage.

A large photo of John and his staff, taken in 1963 is on display at History Cottage, which is open on Wednesdays, 1-4pm and Sundays 10-4pm. Most of the 45 staff in the photo are named.

At the next meeting of the Dural Historical Society on **Saturday 9th July at 2pm**, the guest speaker will be Ron Ray from the Maritime Museum. He will talk about the Endeavour Replica and will include a virtual tour of the Vessel. All Welcome



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Dural Bowlers have Success at Port Macquarie

Four of Dural Country Club's top women bowlers joined over 1000 bowlers from NSW and interstate for the annual State Carnival. With a Round Robin format for the first three days the ladies played two games (38 ends total) each day. The Dural Team won all six of these games, earning a place in the play-offs on the Thursday. They also had a winning daily aggregate so Dural is very proud of Robin Davidson, Diana Sweeney, Eileen Bromley and Elizabeth Whelan. Unfortunately they met a red hot Mosman team in the first round of the play-off and went down by one shot. Mosman went on to third place overall. As most of the state's top bowlers were there it was a great experience to do so well.

The Minor Singles is under way with some very tight matches indicating some good games in store in the Semi finals and Final.

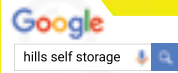
Planning for the bowlers 50th birthday is well under way with a big "Super Six" mixed carnival planned for Friday, August 12 with good bowlers expected to come from far afield. The following day, August 13, present and past bowlers will renew bowling friendships at a luncheon in the Country Club. Details may be had by phoning 9634 3716, 9639 2742 or 9489 3739



L-R: Robin Davidson, Diana Sweeney, Eileen Bromley, Elizabeth Whelan

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Lawrence of Arabia Comes to Gunderman

The Dharug and Lower Hawkesbury Historical Society Inc. are hosting a talk of T E Lawrence, better known as 'Lawrence of Arabia'. Join us to hear about the man who became known as Lawrence of Arabia. His exploits during the Great War became legendary and yet the man himself was a complex character.

Judith McDonald has extensively researched the life of T E Lawrence and will speak about his time in Arabia during the Great War and to what extent he may have influenced the future of the Middle East.

Please note the talk will take place at midday to be followed by lunch.

Date: Saturday 30 July 2016

Time: Please arrive by 11.45 to be seated by midday

RSVP: by Wednesday 27 July to enquiries@dlhhs.org.au or 0405 321 378

Cost: \$15 members/\$20 non-members which includes lunch

Steam Yard Cafe

George and Brigette Nader along with their 5 boys moved to the Dural area 9 years ago. They have just opened their new cafe in Galston Village in the same location as the old St Vincent De Paul's shop which serviced our community for many years.



Gluten Free

George has been in the coffee industry for the last 11 years and, being in business before, he is very passionate about coffee. He is highly experienced in delivering a superb cup of coffee. The standard of coffee George is bringing to the community is second to none. He will be using the highest quality coffee in the market.



Tea is big part of their business too and they have a lovely range of teas for your enjoyment. They serve authentic foods, healthy smoothies and juices and a range of home made treats and desserts. Our aim is to use locally grown fruits, vegetables and free range eggs in our breakfast and all day menus..

If you are gluten free, you will love their range of gluten free cakes and slices! They welcome children and have a great kids menu, including fairy bread! They serve all day breakfasts plus lunches with healthy salad options and lots of "add-ins" so you can "create your own".

George and Brigette invite you, your family and community groups to come and visit them. They both work in the shop, so please say hello, they love a chat, and will enjoy serving you their local fare.

Galston CWA News

Our branch will be assisting Galston Public School on election day, July 2nd with their cake stall. **CWA scones** will be available to purchase too!

This year our country of study has been Mongolia. We are currently accepting projects by senior primary school students ready to be judged next month. Most local schools have been invited to participate. We are also looking for someone to help us better understand the country and it's people. If you have any information or Mongolian items please feel free to contact us.

Our members range in age from 30 years to 90+. Junior members also welcome. If you are interested in joining please contact the numbers below.

Our next meeting will be on **Wednesday July 13th**, from 10am. for morning tea with an introduction to knitting session with the meeting to follow at 1pm.

We meet at the Galston Health & Community Centre, cnr Glade and 17 Arcadia Road, Galston. Visitors are most welcome to attend.

Donations of material and other items also welcome. Please visit our facebook page for details of specific items. www.facebook.com/CWAGalston

For more details please contact; Janet-9653 2402 or Val- 9653 1774

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Drop in to see Peter at Brazen Dural, farm equipment suppliers.
Retail Yard - 18 Halls Road, Arcadia

Call Peter on 9653 3205 / mobile 0410 622 802

Campfire Cooking and Singing at Galston Girl Guides

With the onset of colder weather and darker evenings, the girls wanted to keep warm around our campfire. The older Guides wrote a set of rules to help keep the younger girls safe around the campfire. All the girls enjoyed collecting kindling, setting up the fire, cooking sausages and toasting marshmallows. The evening finished with some campfire songs.

Girl Guides meet on a Thursday. Junior Guides (aged 6-10) meet 4.30-6pm and Guides (aged 10-14) meet 6-7.30pm. Please contact Mary 0423 353644 for further information and to arrange your daughter's free visits.



Much Loved School Principal Passes Away

It is with deep sadness that we advise that the Principal of The Hills Grammar School, Mr Robert Phipps, passed away last Friday, 24 June 2016 at The Sydney Adventist Hospital, Wahroonga. His family was at his side, sustaining him to the end during a hard fought battle with cancer.



Mr Phipps was the third principal of Hills Grammar and gave 21 years of service, love and dedication to the School. His values inspired thousands of children who knew him as a friendly, compassionate principal with a ready smile. He embodied a model of selfless service and leadership which continues to inspire the entire school community, but it is the man himself whom we will all miss so much.

The school community, past and present, sends its sincere and heartfelt condolences to Robert's wife Jenny, daughter Elizabeth and son Ben. They have lost a much loved husband and father. Our thoughts and prayers also extend to Robert's wider family as well as to the Hills Grammar community, past and present. We wish them all strength in the days ahead.

Funeral arrangements are currently being finalised by the family and, once this has occurred, the school community will be advised of how it will be able to extend sympathies and support. It is the school's intention to gather early next term, at which time we will celebrate Robert's leadership of Hills Grammar and a life well lived.

Hills Grammarians (past, present and future), staff, parents and community members are welcome to visit the school to sign a condolence book which has been placed in the school's library in tribute to:

**Robert J Phipps, Principal,
The Hills Grammar School, 1996 – 2016**

Galston Community Bank Branch - Sponsorships

The Galston Community Bank Branch of the Bendigo Bank at Galston has provided sponsorship to local community groups totalling almost \$2,000,000. The following groups were recently provided with the following sponsorships:-

Maroota PS \$7000 for computer upgrade

Girl Guides \$3223 kitchen upgrade

Aaron Wish Donation \$1000

Galston Primary \$4216 Kitchen upgrade

Galston Rural Fire brigade 75th Anniversary Dinner \$1000

Wisemans Ferry Primary Diamond sponsorship \$4,000

View Club Learning for life Program \$2,000

If you want to help our Bank support more local sponsorship, then consider opening or moving your accounts to Bendigo Bank, Galston Branch. With over 80% of the branch profit going to community sponsorship, every account opened or moved to the branch, means the Branch can give away more money. Call the branch if you are thinking of moving your accounts - 9653 2227.

DIABETES

Diabetes causes High Blood Sugar levels and serious changes in Metabolism. Type 2 diabetes results from problems with the way the body produces or responds to insulin. Insulin is the hormone that enables our body cells to use glucose (a type of sugar)

Symptoms usually develop gradually and include:-

- Excessive Thirst
- Blurred Vision
- Tiredness
- Passing Excessive Urine
- Frequent Infections (eg Cystitis, Thrush)
- Weight Loss

Type 1 Diabetes usually develops in childhood or young adulthood, but it can occur at any age. Blood glucose levels may be raised for a long time before symptoms appear. A healthy lifestyle can delay or prevent Type 2 Diabetes and can also help treat it!

- Keep to a healthy body weight
- Eat regular healthy meals, plenty of fruit vegetables and grains
- Limit or avoid food high in fat and sugar
- Limit alcohol and eat carbohydrate foods when drinking
- Don't smoke-it contributes to diabetic complications
- Exercise at a moderate level for at least 30mins on all or most days of the week
- Monitor your blood glucose levels regularly

For the month of July & National Diabetes Week our store is offering **FREE blood Sugar Testing** so come in and have a FREE blood sugar test and a chat with one of our friendly and helpful Pharmacists about reducing your risk of Diabetes.

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Galston Rural Fire Brigade News

By Kara Dubois

Congratulations to David Stockman

David has been involved in the brigade for over 38 years and in that time he has been an incredibly valuable and noteworthy part of the Galston team.

Last month he was awarded the Galston Rotary Club's 'Quiet Achiever' award. It was great to see David get some formal recognition for all the dedication and hard work he puts into the brigade. Particularly this year as it is the brigade's 75th anniversary and David has been putting in extra effort into assembling a detailed compilation of our brigade's history.

Super-Storms

Galston's finest firies were kept extremely busy with the super-storm that hit Sydney mid-June. It was all hands on deck as the rain and destruction hit the city, with both heavy vehicles and the PC assisting the SES with storm damage across the whole Hornsby Kur-ring-gai area.

Drive Safe

Many incidents the Galston Rural Fire Brigade respond to are motor vehicle accidents. The Galston crew responded to this crash on Mid Dural Road recently. Luckily the driver in this crash managed to walk away with only minor injuries...but it serves as an important reminder to take care on the roads.



Pile Burns

As a reminder to all residents: permits for pile burns are required ALL year-round. Also, during the 'Bush fire Danger Period' your local Rural Fire Brigade may need to inspect the pile before a permit is issued.

Hills residents need to contact The Hills District Rural Fire Service directly on 9654 1244 to obtain a fire permit.

Hornsby residents can contact Hornsby Council on 9847 6853 to apply for a permit. The council will also liaise with the Rural Fire Service on your behalf.

Brigade contact details:

Duty mobile: 0491 119 152

Email: media@galstonrfb.org.au

Rainfall Chart

Rainfall recorded Galston period
17/05/16 to 16/06/16 is 189mm





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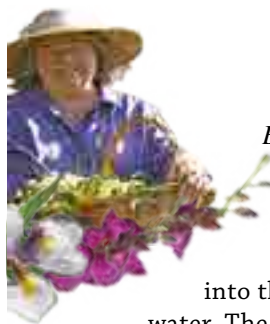
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Real Tea

By Mary at Heritage Haven

Almost five thousand years ago, legend has it, some leaves from a native shrub, *Camellia sinensis* drifted into the Chinese Emperor's kettle of boiling water. The emperor savoured the fragrance and delicate flavor of the infusion with delight. Confidently believing it must possess medicinal qualities, the emperor called this happy discovery *tea* and made it an essential part of every day.



Since the emperor's discovery so long ago, these days it would not be considered revolutionary to flirt with the original recipe. The Chinese have improved fine green tea with the addition of jasmine flowers, and the Moroccans with fresh tips of spearmint. Some tea-drinkers love to add a hint of ginger or orange zest to their favourite brew. For me, there is lemon verbena, sage, peppermint, rosemary and thyme ... gentle companions that wait in my herb garden, ready to blend delicately with my green tea and making the custom of taking tea an even more pleasurable and uplifting experience.

The *Camellia sinensis* is an attractive plant with shiny evergreen leaves and sweetly scented white flowers. Although a tall grower in warm, tropical climates, in temperate zoned gardens this *real tea* bush grows well as a container plant, in hedges, or as part of a border. I like to keep mine neatly pruned at shoulder height by giving it a slight trim each Spring. To enjoy a cup of the Emperor's own brew, I have no hesitation in plucking a couple of tender leaves from top or side shoots at any time of the year and infusing the leaves in a cup of hot water for five minutes.

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**Sunday 10th July 2016
3:00-5:00 pm**

Galston Uniting Church is the special place where the foray quintet performed their first ever concert together three years ago. This vibrant ensemble has gone on to successfully tour NSW, ACT and Victoria and will present a programme of profound and lively music with French/American connections at this concert. Highlights include Fauré's Piano Quintet No. 1, Barber's String Quartet Op. 11 Adagio and Polish pioneer Grazyna Bacewicz's Piano Quintet No. 1, as well as enjoyable works by Franck and Copeland.

Piano quintet the foray quintet – Kimberley Steele (piano), Anneliese McGee-Collett ('cello), Sarina Walter (viola), Elyane de Fontenay (violin) & Catherine Bucknell (violin). For more info please visit www.forayquintet.com.

Refreshments provided.

Tickets \$30 Adults
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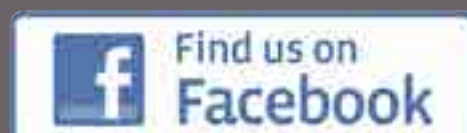
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Berowra Pre-Selection & The South Dural Development

By Anthony Brewster

The Dural Business Branch of the NSW Liberal Party was founded well over a decade ago. Its purpose was to attract new members of the Dural, and surrounding districts, business community to the Party.

It was designed, as with most other branches in all major political parties, to represent the needs and aspirations of that community. Allowing for direct access to elected Liberal politicians and providing an influence on policy in the local area, it is not unlike any other branch of any major political party.

However, the Liberal Party preselection panel for the Federal seat of Berowra, obtained by the Monthly Chronicle newspaper, reveals the votes cast by the Dural Business Branch are directly linked to one of the largest residential subdivision proposals in the region, the South Dural Planning Proposal.

With an estimated 3000 to 4000 new residential lots up for rezoning, the proposal, in its entirety, is worth billions of dollars. Even though the proposal has been in the works for close to a decade, it has yet to be formally approved.

One of the sticking points that will need to be addressed is the contribution to local infrastructure the combined development will have to make. One of the biggest components will be towards the upgrade of the local road network. Namely, New Line Road.



Joe Saliba, member of the Dural Business Branch. He has been on Liberal Party pre-selection panels before. Photo: Anthony Brewster

The NSW Government position on the infrastructure costs for this development is it can proceed but as long as there is “no additional cost to Government.” Upgrades to the local road network are estimated to be anywhere between \$150 and \$200 million or more. The proponent of the development has estimated the developer’s contribution should be in the region of \$30 million.

Eric Cooper is president of the Dural Business Branch and a former Hornsby State Electoral Conference convenor for the Liberal Party. He is also on the committee of the South Dural Residents and Ratepayers Group (SDRRG) which is a representative body for the landholders and property owners for the rezoning of rural lands around Dural.

Additionally, he is a landholder in the subdivision of the South Dural Planning Proposal.

His vote in the recent Berowra pre-selection was one of three from that branch. Two of those votes, Cooper’s being one, went to the now Liberal candidate for Berowra, Julian Leeser.

Cooper says his involvement with the Liberal Party, and the Dural Business Branch, is to make sure we get the best politicians for our community.

“I’ve never asked one politician for any favour in reference to this [South Dural Planning Proposal]. All I have ever asked for is honest politicians that represent our community,” he said.

“When I go out on to New Line Road, I take my life in my hands. The upgrades to the roads in the area are needed because of all of the congestion coming in from and passing through from other suburbs. That is why it [New Line Road] needs widening.”



LtoR Matt Kean and Eric Cooper. Facebook post from 2011 during Kean’s campaign launch for NSW Parliament Source: Facebook

Julian Leeser, the newly minted Liberal candidate for Berowra, ultimately won the preselection with 97 votes of the 114 available on the day. With his campaign for the July 2 poll well and truly underway, one of his key platforms is for an upgrade and widening to New Line Road.

He identifies the bumper to bumper congestion, the increased commuter time and the sheer volume of local residents that have mentioned the congestion problems to him as to why he is campaigning on this NSW State issue.

“I am campaigning for New Line Road because thousands of people have literally talked about New Line Road and what a terrible road it is. How it reduces their quality of life, they have to get up earlier to get to work in the morning. I am campaigning for it because I know from my own experience that our infrastructure has not kept up with population growth. That is the only reason why I am campaigning for New Line Road, no other reason,” he said.

“I am trying to work with my council and state colleagues to try and see what we can do to fasttrack New Line Road and draw some attention to it.”

Beyond the selection panel for the recent internal Liberal Party vote, there are other members of the Dural Business Branch (and Liberal Party pre-selectors in the past) that also have a commercial interest in the South Dural Planning Proposal. One of those is Joe Saliba, who also has other development applications in place on New Line Road.

He categorically denies there is any conflict between having a commercial interest in the local area and being a member and pre-selector within the local Liberal Party.

“The Dural Business Branch is a small branch; it has very little influence. I’ve been a pre-selector for over 30 years and a Liberal supporter for 45 years. All well before I was ever involved in any commercial interests in this area,” he said.

“I’ve lived all my life in the area, the upgrade and widening to New Line Road is needed now to cope with all of the congestion and traffic that has a negative influence on my business now, not in the future but now.”



Liberal candidate for Berowra, Julian Leeser
Photo: Anthony Brewster

LEARN TO SWIM

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Week One:

Monday 4 July – Friday 8 July

Week Two:

Monday 11 July – Friday 15 July

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GUIDE

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ECO GARDEN KIDS ACTIVITY

Join us for a story, treasure hunt and some do-it-yourself craft for primary school aged children!

Wednesday 6 July, 11am-12pm.

Eco Garden Gazebo, Fagan Park, Arcadia Road, Galston.

Cost: activity is free, \$5.00 parking at Fagan Park. For bookings, visit hornsby.nsw.gov.au/whatson or call the Waste Hotline on 9847 4856.



MAYOR'S MESSAGE

Kids can make their mark on the community with Council's competition to name the scarecrow that lives in the Fagan Park Eco Garden! The stunning, artistic scarecrow isn't just your typical straw model – she has been made especially out of recycled material, including beautiful mosaic tiles, and is complete with a spade in her hand to represent all the hard work that local volunteers do to maintain the Eco Garden. Any primary schooler in the Hornsby Shire local government area can enter – all they have to do is visit one of four locations, take a photo with our scarecrow cut-out holding up their chosen name and pick up an entry form. Entries close on Monday 19 September, and all information plus terms and conditions are available at hornsby.nsw.gov.au/communitygardens.

For the bike riders in our community, please note that the popular Mountain Bike Trail at Old Mans Valley will be closed for around three months starting in July, to build new sections of the track so that riders can continue to use it while the Hornsby Quarry is being rehabilitated. For more information, and updates, visit hornsby.nsw.gov.au/mountainbiketrail

Steve Russell

Mayor
Hornsby Shire Council



MEET THE AUTHOR: AMANDA ORTLEPP

Amanda will visit Pennant Hills Library to discuss her latest book 'Running Against the Tide'.

Thursday 14 July, 6.30pm. Pennant Hills Library and Community Centre. Cost \$5.00 with light refreshments. Bookings essential, book online at hornsby.nsw.gov.au/library or at any Hornsby Shire Library Branch.



LAUGHTONDALE GULLY ROAD CLOSED

Hornsby Shire Council has been forced to close Laughtondale Gully Road because the road is no longer safe for vehicles. The main danger is the failure of a retaining wall that was supporting the road, which could result in the road collapsing without warning.

For more information, visit hornsby.nsw.gov.au

WE'RE NUMBER ONE

Planet Ark has named Hornsby Shire as the number one council area in Australia for recycling printer cartridges for the second year in a row. Our residents recycled an impressive 5,664 cartridges in 2015, which is over 1,000 more than any other council.

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Next Council meeting

Wednesday 13 July at 6.30pm



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Saturday-Sunday 9am - 4pm

Local artists from the Castle Hill Art Society will hold an exhibition and sale of original artwork at Castle Glen Community Centre (Behind Knightsbridge Shops) 155 Ridgescop Drive, Castle Hill

Many award-winning artists will have their work on display so come and see the talent that abounds within your local community. You are bound to find the perfect painting at just the right price!



News From Wisemans Ferry Community Men's Shed

Our travelling shedders did return! Difficult and all as it was to drag themselves back from travelling this great land of ours, they have returned and are stuck back into completing tasks that are on our 'to do' list. The bowlers are very happy with their new drink holders and by the time this goes to press, we hope to have the Café project completed.

We now have jumps for a local pony club to build, various nesting boxes for some native species of birds and a few other community projects. These projects not only help individuals in our community but also help to support our funds for the shed.

We are currently running a raffle through Rotary, to help raise funds for the slab for our shed. Rotary do such wonderful work for the community and we are very grateful to them for this opportunity. We will have tickets available for sale at the Bowling Club each Thursday night and Saturday afternoon. **Tickets are \$2 each and the prizes for this raffle are: 1st Prize - A Toyota Yaris (or \$16000), 2nd \$1000 worth of jewellery from Kurt Seifert Jewellers and 3rd - A Notebook Computer. This raffle is drawn on Monday 18 July 2016.** We hope you can support us in this and be a part of helping Wisemans Ferry build their Men's Shed. Phone Dorothy 0418 579 900 or Robin 0410 442 275.

On Sunday, 3 July the Men's Shed will be holding our first BBQ at Bunnings, McGraths Hill. Sausages will be sizzling from 8am and we will continue until 4pm. So please come along to Bunnings and show us your support by purchases a sausage sandwich and a drink. This BBQ is also going towards the costs of building the Men's Shed. Thank you to the staff at Bunnings for this opportunity to fund raise and for their support of the WFCMS.

Meanwhile we are still operating from our temporary site, each Tuesday 9.30am - 3.30pm at 2811 River Road, Wisemans Ferry. You can contact us by phone 0448833781 (Adrian) 0410442275 (Robin Hitchcock) or email wfcms2775@gmail.com.



Hornsby Aquatic Centre's Cafe Capers

By Anthony Brewster

The Hornsby Aquatic and Leisure centre was officially opened by the then Prime Minister, Tony Abbott. The centre was the pride and joy of the Shire with all the facilities, including the new cafe serving a public that had waited two years for it to open.

Behind the scenes a battle was erupting that has eventually led to where we are today, an aquatic centre with no cafe operator.

Hornsby Shire Council first went to tender looking for the new operator in early 2014, with the first round unable to find suitable tenants for the kiosk. A second round of tenders were sent out and, as time was drawing near to the opening of the complex, a successful tenderer was found.



Alfredo Gualterio claimed he was the owner of another restaurant when he tendered for the Hornsby Aquatic Centre Cafe
Photo: Facebook

Sorrento Trading Pty Ltd successfully won the rights to hold the licence for the operation of the kiosk. Its directors, Alfredo Gualterio and Michael Franks impressed selectors during the evaluation period of the tender process.

Gualterio had catering, hospitality and restaurant experience behind him. Council believed he owned a restaurant business in Rouse Hill called

Pandoras. Tender documents obtained under NSW GIPA show that during the evaluation phase of the process Gualterio even brought across an executive chef and other staff from Pandoras to explain menus and describe their proposed operation.

Pandoras, as Hornsby Council described it in the tender documents, won the tender process convincingly over the two other tenderers.

There was only one problem. The real owners of Pandoras restaurant had no idea their business and staff were being put forward during the tendering process with Hornsby Council.



Hornsby Council said it was aware of "rumoured" fraudulent activity within the cafe
Photo: Anthony Brewster



The cafe at the Hornsby Aquatic Centre has been without an operator for weeks. Council staff have been providing limited services. Photo: Anthony Brewster

Glen and Tracey Henwood have owned Pandoras restaurant for a number of years and categorically deny at any time was Gualterio a director or had any ownership rights to the company at all.

"He was just a manager," said Tracey Henwood. "And no, he didn't leave on happy terms. He was asked to leave."

At around the same time, his partner Michael Franks was starting to get suspicious. At this point Franks too believed Gualterio was the owner of Pandoras. That was until the Henwoods got in touch with him and let the cat out of the bag.

The relationship between Gualterio and Franks then soured with the pair splitting and Gualterio signing over his directorship to Franks.

Hornsby Council was aware this problem had occurred within weeks of the new kiosk opening and decided to continue with Franks as sole operator until recently.

The licence was terminated in March this year. Council has written off \$26,447 in bad debts.

A spokesperson for Hornsby Council said a new set of tender documents are being drawn up to find a new operator for the kiosk.

UB Art Shack Opening

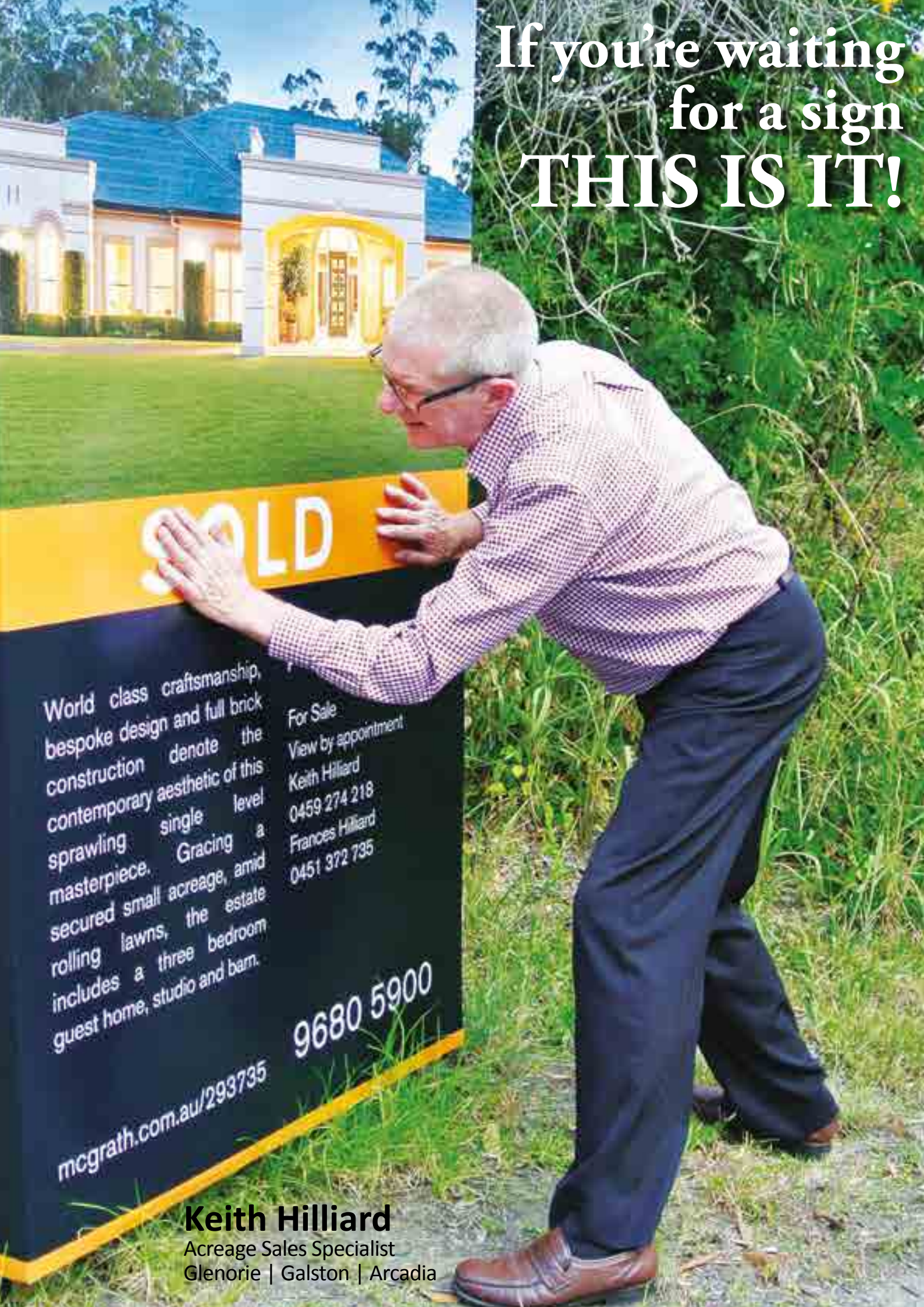
We had a full house at the opening of the UB Art Shack, despite torrential rain and winds. Thanks to the community for supporting us, and thanks to all the visitors for battling the weather. A successful night in a cosy atmosphere was enjoyed and sales beyond expectations supporting The Sanctuary, The Hills Women's Shelter were highly appreciated.

Please visit us at **The Art Shack Thursday/Fridays 12 - 5 PM and Saturdays/Sundays 10 am - 5 PM**, Corner Old Northern Road and Cairnes Road. Or by appointment call Ulla 0414 180 971 / Bjorn 0419 242 844

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“Should I wait till spring, when my house and garden look beautiful”?

Yes and no. The appeal of your property is enhanced when the gardens are in bloom and your house is fresh and clean but so are all the other homes that have waited to list in spring, thereby increasing your competition. More homes to choose from means the buyer has more choice and holds the bargaining power in the negotiation.

“What if I am not in a hurry to sell”?

Lifestyle changes usually determine the ‘time to sell’. This could be employment, birth, death, marriage etc. If you are in no particular hurry then consideration should be given to other factors affecting the value of your home, for example, Interest rates, the state of the market, supply and demand etc.

“Should I buy before I sell or sell first then buy”?

Consider what is best for your particular situation. Avoid double mortgages unless you are comfortable with the financial arrangements. Remember, if possible, buy in a rising market , then sell. If it is a falling market, sell then buy.

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A picture without a frame is like a body without a soul

Bendigo Bank Supports Local Artists

Preparations for this year's Arcadian Artists Exhibition & Art Trail are vigorously under way. As always, the Exhibition weekend will fall on the second weekend in November, this year being the 12th – 13th November 2016. And it is with great appreciation that the Arcadian Artists wish to acknowledge & extend an enormous thank you to the Galston District Community Bank Branch of the Bendigo Bank for its ongoing and generous support.

With the assigned sponsorship funds the Arcadian Artists will strive to maintain and continue to foster an appreciation of the arts amongst the local community and beyond. The Arcadian Artists Exhibition and Art Trail provides a unique platform to showcase the local area's artistic talents to the wider community. The hundreds of visitors who follow the art trail each and every year is a testament to this. It has become a much anticipated annual event on the community calendar.

Furthermore, in having the participating venues linked by a leisurely country drive, it enables visitors to experience the beauty that surrounds and inspires many of the talented artists that reside in the district.

What began as a small group of local artists opening their studios to the local community, has expanded to include eight venues throughout Dural, Galston, Arcadia and Berrilee with over fifty talented artists displaying an eclectic array of artwork. Visitors are encouraged to meet the artists and discuss their artworks.

To further assist visitors on the weekend of the event an information stand will be set up outside the Bendigo Bank of Galston where maps and artists' profiles can be collected. So don't forget to set aside the 12th – 13th November 2016 in your diaries and partake in this wonderful event. Bring along your family and friends for what is sure to be an inspirational and highly enjoyable cultural experience for all who attend.

*On behalf of the Arcadian Artists & Artisans
Inc. Committee*



Glenorie Community Church

The Glenorie Community Church is celebrating its **90th Anniversary on Sunday 24th July at 10am**. All residents and former worshippers are invited to come along.

The church started off as a Methodist Church and then Uniting Church, and in 1995 it was sold to Glenorie Community Church. The services were held in Glenorie School of Arts, then in the Mission Church every fortnight from early in the century. In 1926, during the time of the Reverend SA Pill, the Methodist Church was established. A block of land was bought from Mr Stan Black for the amount of \$20. A complete weatherboard building in good condition, although already 30 years old, was available from Beecroft Methodist Church. It was decided to buy the small weatherboard building for \$60 plus removal expenses.

The church was purchased and dismantled in sections and transported to its new site and reassembled, all within the space of 3 months. Milton tendered for the work for a reasonable price of \$50. This was for financing the work and moving the building. Contributions included substantial donations, fencing materials and a very welcome organ.

The District Chairman led the first service on the last Sunday of July 1926, and dedication of the church was conducted by the President of the Methodist Conference.

In 1933 a vestry was added which became the Sunday School hall, and further extensions have been added over the years.

Aussie's Magic Black Box

Smart cleaning operators that use pressure washers are looking for a simple, no-fuss unit that will cut cleaning times. Aussie Pump recognised the need for a compact powerful and portable pressure cleaner with professional performance without breaking the bank.

They have released a new single phase high pressure washer that is claimed to get cleaning jobs done faster, safer and more economically. Called the "Aussie Black Box", the portable, single phase machine is a pro blaster for the price of a domestic unit.

Built to Aussie Pump's standards, in Europe's foremost pressure cleaner plant, the Black Box delivers 2,000 PSI and 8 lpm flow.

The Aussie Black Box is compact and easy to manage, ideal for tradies and commercial wash down applications. It offers the heavy duty features of a more expensive professional unit. The motor is a single phase 2.6kW, 1450 RPM, slow speed 4 pole induction motor with integrated thermal protection. It runs off a normal 10 amp plug.

For the DIY enthusiast and contractors looking for mobility the Aussie Black Box can be mounted to an especially configured steel trolley. The two-wheeled trolley can be fitted with an optional hose reel with a 15 metre wire braid high pressure hose. The reel facilitates storage of the long length hose, reduces the associated trip hazard, and protects it from abrasion.

For further information on the Aussie Black Box and accessories that suit check out the Aussie Pump website or call them on 02 8865 3500.



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New PCYC Breaks Ground

It has been years in the making. The Police and Citizens Youth Club (PCYC) has been a Hornsby institution since 1968. The existing buildings and structures in Waitara have served their purpose of getting “young people active in life” for many years.

The need for new premises and new facilities has been a discussion point for some time. Now, finally after years of planning the new facilities are taking shape.

Recently, the major stakeholders in the project met to ceremoniously turn the first sods of dirt in the construction phase of the new facilities.

The unique nature of this facility is that it will be purpose built by the PCYC for the PCYC.

Many of the other clubs around the state have received upgrades over the last few years. But in this case, it is the PCYC that has been involved from the start, designing the entire facility to meet their needs.

For this reason it is being described as having the potential to be a showcase and marquee structure for the organisation.

The project is expected to take one year to complete and will come in at a cost of \$15million.

It is expected the new building and facilities will become an iconic addition to Hornsby’s community precinct around Mark Taylor Oval in Waitara.



Monday Walks With Ku-Ring-Gai Wildflower Garden

The third term of the Monday Walks and Talks at the Ku-ring-gai Wildflower

Garden will commence on with a talk on “Rainforests.”

WHEN: Monday July 18th

WHERE: Ku-ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives

TIME: Meet 9:45 am at Caley’s Pavilion

Remember to wear suitable shoes and a hat. The walk ends at about 12:30 pm.

Cost is \$5 which covers notes.

For more information visit www.blandfordia.org.au



Council To Apply For A New Model For Funding Public Domain Improvements

by Anthony Brewster

In a last minute item put before the last Hornsby Council Meeting, Steve Russell put forward a Mayoral Minute to seek a Council vote on making a formal submission to the State Government to seek a more efficient model for funding public domains.’

The motion referred to shopping and town centres as epicentres for our local communities.

The motion, which was passed almost unanimously, referred to the State Government providing an efficient framework by and for example a special levy with the funds then being placed into a restricted asset account for use in a public domain strategy.

The minute argues the application of the “special levy” could be applied without the need for referral to the Independent Pricing and Review Tribunal (IPART).

The motion was passed with one exception, Councillor Nathan Tilbury.

The 59th Annual Art & Craft Exhibition

North Shore Craft Group’s 59th Contemporary Art and Craft Annual Exhibition and Sale is on again this year in July.

On display will be a range of arts and crafts made by local artisans including exclusive textiles, pottery, jewellery, studio glass, weaving, leather work and this year our Guest Craft is a display by local woodworkers.

Our Members’ Challenge is entitled “Kaleidoscope” from which the People’s Choice Award is chosen. Make a choice and you could win \$200 to spend at the show.

Light refreshments will be available provided by the CSW.

WHEN: Thurs 7th July 6:30pm - 9pm,
Fri 8th & Sat 9th July 10am - 5PM,
Sunday 10th July 10am - 4pm

WHERE: Thornleigh Community Centre, Cr. Phyllis Ave/
Central Ave., Thornleigh. Wheelchair access.
Enquiries: 0409 823 392 www.northshorecraftgroup.inc.

Orchids In The Hunter Valley

The Australian Plants Society, North Shore Group, is pleased to announce Liz Burton will be speaking at our next meeting to offer her expertise and insight into the topic of “Orchids in the Hunter Valley.”



New visitors are always welcome with native plants available for purchase.

WHEN: Friday July 8th

WHERE: Willow Park Community Hall, 25 Edgeworth David Ave, Hornsby.

TIME: 7:45PM

Mountain Bike Trail Realignment Begins

Hornsby Shire Council has begun work to realign Hornsby Mountain Bike Trail, which will allow it to remain open while Hornsby Quarry is rehabilitated.

On Monday 24th June, the trail will close for a few months while the work is carried out, making this the last weekend it can be ridden until later in the year.

“There was talk among the staff of closing the trail this week, but we’ve decided to keep it open to give the riders one last weekend of fun,” Hornsby Shire Mayor Steve Russell said. “If the weather remains fine it should be a great weekend for all the local mountain bikers.”

The trail is being realigned to give vehicles access to Hornsby Quarry, which will be partially filled with dirt and rocks from the NorthConnex tunnel that is currently being constructed.

“One of the conditions Council placed on the project was that the mountain bike trail remain open. That is being managed through the construction of two bridges, one that will take the bikers under the road that is being built and another that will take them over the conveyor belt carrying the fill to the quarry.”

The trail has been redesigned by Synergy Trails and will remain the same length, while a new trailhead will be opened in Hornsby Park.

The “trail closed” signs will go up Monday morning and riders are urged to respect them. “This is not like closing the trail when it is wet, at which point some of the less considerate riders ignore the signs,” Mayor Russell said.

“The trail will become a construction site and entering it would be very dangerous for both the riders and the workmen.”

It’s difficult to say exactly when the trail will reopen, as there are a lot of factors at play, but it is expected to be by November.



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Police Attend Home Invasion in Glenorie

Police are investigating a home invasion which occurred in Glenorie on Wednesday 1st June 2016.

Three men wearing balaclavas and gloves forced their way into the home at Schwebel Lane in Glenorie and tied up a female occupant. The men searched the home before leaving with cash and documents.

Just before 10.30pm, officers from The Hills Local Area Command were notified of the incident and attended the home. A 78-year-old woman was treated by NSW Ambulance Paramedics as a precaution and did not need hospital treatment.

A crime scene was established and officers have commenced an investigation into the incident. It is believed the incident is targeted.

Third Place For Kean And Anicic

If you have been following Hornsby State MP, Matt Kean's facebook account you would have noticed post after post detailing the training regime he has put himself through recently. Gym sessions and much needed dance lessons have been part of his daily existence for months.



Matt Kean lifts Sophie Anicic during their routine. Image : Supplied

The reason for all the effort was to compete in the inaugural Stars of the North Dance for Cancer event held at the Concourse, Chatswood. The event, hailed by organisers as a huge success, raised a staggering \$101,000 for cancer research.

Kean, with his dance partner, Sophia Anicic finished third on the night with a dance routine inspired by the movie Dirty Dancing. "I'd like to thank my lovely dance partner Sophia and my wonderful and very patient dance teacher Jan Belcastro for the countless hours of dedication they gave for this great event," Kean said.

"I certainly have a new found respect for all the hard work and dedication which goes into professional dancing. I had so much fun training and competing in this event. I look forward to supporting the event again next year this time as an audience member."

The three member judging panel scoring a total of 22 points to finish behind winners Olympian Edward Fernon (24 points) and Stephanie Edmonds and SHORE Preparatory School teacher Claire Dickson (23 points) and Charles Bartley. The dancing duo of Kean and Anicic finished runners up in the People's Choice Award. Other contestants on the night included North Sydney MP Trent Zimmerman with a tango performance, Willoughby Council Mayor Gail Giles-Gidney in a Chicago inspired routine, a ballet routine from Award Winning Author Bernard Cohen, Paula Macleod from Northern Sydney Cancer Centre nurse coordinator and Willoughby Hotel manager John McGurk

A busy and exciting year at Arcadia Pony Club

2016 has shaped up as a busy and exciting year at Arcadia Pony Club.

With the year flying by, our members have attended a number of rally days with fun and engaging sessions from our qualified instructors. We've also had the benefit of external instructors including Christine and George Johnson from Johnson Equestrian running a dressage and show-jumping clinic.

Our members have competed at the Castle Hill Show and the Hawkesbury Show, along with attending both Zone and State Pony Club competitions with great results at all events. And, we've also welcomed lots of new members to our Club this year too!

The good news is that the rest of the year is shaping up to be just as exciting.

Not only do we have our regular rally days, some of which will include sessions from external instructors, but we also have a number of closed events coming up including the following:

- **Sunday 21th August – Closed Dressage**
- **Sunday 16th October – Closed Sporting**
- **Sunday 6th November – Closed Show riding**

In addition, we are hosting the Zone Combined Training and Zone Equitation events in June and September this year.

Arcadia Pony Club will also be showcasing our riders and their ponies at our annual Gala Day on Sunday the 6th of September. Please save the date and come and see our wonderful members in action.

And, for our members, don't forget the annual Arcadia Pony Cub camp will be held in October.

Would you like to join us? Arcadia Pony Club's "Come and try" programme welcomes riders aged between 4 – 25yrs with their own horses or ponies. Come for a day to see what fun and friendship is all about. Arcadia Pony meets the first, third and fifth Sunday every month at the Rural Sports Facility in Galston. We'd love to see you there!

To find out more about Arcadia Pony Club please visit <http://www.arcadiaponyclub.org.au>



Bareback riding session at Arcadia Pony Club

Nature Notes

With nick bodes

Owls of Sydney

The easiest way of discovering a Boobook Owl is by keeping your eyes open - and by chance.

I was sitting in a tea shop recently when I spotted a Boobook roosting on the metal arm of the sun awning, less than two metres away. The bird showed no sign of moving. I also happened on one in a small tree when I was bushwalking. The white splashes (droppings) on the path alerted me to the owl's presence. It's always worth looking up into the trees when you come across this indicator. Nine times out of ten there will be nothing. But on the tenth...

Once again the bird remained motionless, allowing me good views. Most owls are nocturnal creatures and do their best not to move during the hours of daylight; you wouldn't get within a mile of one after dark when they come to life.

I recently discovered another Boobook when its roosting place was betrayed by a group of squawking Noisy Miners. These birds' behaviour often leads to the finding of a predator which they are trying to move on.

Of the owls in our area, Powerful Owls, the largest species in Australia, roost regularly in Pennant Hills Park and Cumberland State Forest.

Barn Owls (often called Screech Owls - especially in Europe where the species is also found) can occasionally be seen flying over the turf farms around Windsor. But the hardest to see are the Sooty Owls. They live in the Royal National Park but as they roost in tree hollows during the day are seldom seen.

You are more likely to hear, than to see, owls. The Boobook is well known for its monotonous 'boo boo' (or 'more pork') call which is a common feature of the Sydney night.

If you hear what sounds like a descending, screaming bomb don't be alarmed - it's only the call of a Sooty Owl!



Southern BooBook Owl Photo: By Patrick_K59 [CC BY 2.0]

Budgerigar Society of NSW Inc

Hills Branch - Ray Galbraith.

The State Team Challenge and National Selection Show proved to be a great success, with Branch and Associated Clubs travelling to Round Corner Dural, NSW to compete for national selection. After completion of judging by the full judges panel; three birds in each variety were selected to represent New South Wales. Prior to proceeding to Tasmania for the National Titles in Hobart, these birds were under close scrutiny and pampering to enable them to arrive in Hobart in peak condition.



The attached photograph depicts the assembled birds ready for judging, at the Round Corner Dural complex, in preparation for access to exhibitors, visitors and the general public. Such was the response, that by mid-morning, catering was under pressure to meet demand, with individuals gravitating to the local shops and clubs.



Hills Branch were under pressure to match the quality of birds being benched by other Branches and Clubs, which reflects on a poor breeding season by some members during 2015; subsequently being reflected in the limited number of birds selected as part of the New South Wales team. Peter Dodd, long term member and Life Member of the Hills Branch, was an exception, once again having birds selected in the State Team.

A number of Hills Branch members and their partners made the trip south to Tasmania for a week of competition and social events. These events culminated in a Presentation Dinner to finalise the National Titles and the presentation of the Logues for the various winners.

Pleasing to see at the Selection Show were two new applicants seeking to become members of Hills Branch. If you care to become a member of Hills Branch and enjoy a hobby for all ages, partnerships and families, then contact should be made with Peter Dodd by telephoning 9888-5631 or Peter_dodd@primus.com.au

Charity Lunch

Castle Hill Bowling Club

79 Castle Street, Castle Hill

11.30am on Monday 1st August

Celebrate the Horses' Birthday with RDA (NSW) Tall Timbers Centre. Gather a group of friends together to have a great lunch and celebrate the Horses' birthday while raising funds for RDA (NSW) Tall Timbers Centre.



- \$35 per person for a delicious set menu
- Drinks & tea/coffee to purchase
- Lucky door prizes, raffle & guessing competition
- Individual or group bookings welcome

Booking and prepayment essential by 22nd July.

All welcome. 9679 1246 or email talltimbers@rdansw.org.au

Dural Galston Probus Club

Will hold it's next meeting at **10am on Thursday 21st July** at The Galston Club, 21-25 Arcadia Road, Galston. Andrew Tink will be speaking about Australia 1991-2001". Visitors welcome, so come along and join us for a friendly morning and maybe even stay on for lunch if you wish. Contact Anne 9653 1004.



Galston Equestrian Club - For Different Instructors, and Varied Activities!

The Poles and Grids with local instructor Tana Subotic was held Saturday 21st May and was attended by 17 riders. Groups started with cross rails and went up to 80cm. It was a fantastic day with everyone achieving and exceeding their goals, while in a safe environment. Tana was so encouraging, and everyone left knowing they had learnt so much.



Linda McGregor and Ziggy going to ring the bell

Thanks to Leanne Garwood for organising the day.

The Working Equitation on Sunday 22nd May with **Gill Kennerley**, the founder of Working Equitation Australasia, had a full class, and it was a lot of fun and not as easy as it looked. Riders started the course at walk, before attempting at trot. There were many obstacles, including going over a tarpaulin, side passing over a pole on the ground, cross rails, hay bales, ringing a bell and picking a ring off a cut-out figure of a bull with a stick! Thanks to Liz Jones for organising the enjoyable and challenging day.



Paul Cairns helping Lizzie Aymes on the Equi-simulator

Sunday 12th June was a training day. We had **Melinda Parbery** (well-known dressage instructor and rider) giving individual lessons from 9am until 5pm. The lessons booked up so quickly that we hope to have Melinda back later in the year, possibly for a weekend of lessons. All the students thoroughly enjoyed their time with Melinda and came away with so many positives.

We also had Paul Cairns with his "Equi-simulator", which is a mechanical horse which gives you the opportunity to practice your balance and position without worrying about all the other things going on. It was an amazing experience to be able to just concentrate on what you are doing as a rider without worrying about affecting your horse at the time. I know our horses will be thankful! Thanks to Leanne, again, for organising a fabulous day!

It is great that we are able to offer our members all the wonderful instructors we have available in our area and from further afield.

The spontaneously organised fun day on Monday 13th June at the grounds had 20 horses and riders enjoying playing with our new club toys and socialising. You have to love the GEC!

Events coming up :

- 26th June – Members Only Dressage Competition
- 2 July – Show Jump Training
- 10 July – Show Jump Competition - open
- 24 July – Christmas in July Funkhana – members only

Remember to check our website for up to date information.
<http://www.galstonequestrianclub.org.au/>

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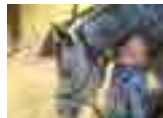
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Galston Netball Thanks Bendigo Bank, Galston

Galston Netball Club would like to say thanks to the Galston Branch of the Bendigo Bank for their sponsorship of \$5000. This money has been used to purchase safety equipment, namely pads for the netball posts (see image below), and training/game kit bags.

Galston Netball Club plays in the Hills District Netball Association competition. Galston has age teams which range from 6 up to ladies teams. Younger players from 6-9 years play a modified game called NetSetGo to introduce them to the rules.

Galston Netball Club appreciates the continued support of Bendigo Bank Galston and so do all of our families who benefit from improved facilities and equipment.



U9 Kookaburras



Spotlight on Quality Teaching

Miss Murphy permanently joined the teaching staff at Arcadia Public School at the beginning of this year, as a result of a rigorous Merit Selection process. Miss Murphy brings with her an in depth knowledge of the new NSW Mathematics and English Syllabus documents and this is reflected in her explicit teaching of quality lessons that cater to suit the needs of each individual student in the Year 3/4 class. Technology is at the forefront of Miss Murphy's lessons, as she integrates ICT skills into daily classroom practise using computers, laptops and iPads. Recently, Miss Murphy and Class 3/4 used Lego Robotics in a scientific investigation. Whilst working in pairs, the students used iPads to document their predictions and results. They also learned how to use coding to make their robots move and complete tasks. What a fun and successful, learning adventure!



The 3/4 classroom is a wonderful room to visit. It always has bright, creative artworks on display, individual student goals visible so the students can keep track of their progress and a myriad of environmental print which supports the students in their everyday Literacy and

Mathematics activities. Arcadia Public School is so proud to welcome Miss Murphy, an outstanding, committed teacher who creates a supportive and stimulating learning environment for our students.

News from Galston High School

Challenging Students to be their best

Thirty Year 12 students have enrolled in our 10% on Top Program as part of Galston High School's commitment to maximising the academic success of our students. Each student has been assigned a teacher-facilitator to support and guide them as they prepare for the challenges of the HSC and to provide them with the essential skills needed to maximise their individual results across all subject areas. Students meet with their facilitator once or twice a fortnight to check in with the challenges they have been set each week. Topics include goal setting, overcoming procrastination, summarising techniques and organisation. The program concentrates on doing the "little things" right and establishing a culture of success. The focus is on the processes to improve results and teach students how to work smarter. With the HSC Trial exams on the horizon, we wish all our students the best of luck.

Our own MasterChef

Everyone at Galston High School is very excited to see Ms Elena Duggan, Relieving Head Teacher Creative and Performing Arts, be selected as one the top twenty-four contestants in Masterchef 2016. Ms Duggan cooked ginger beer battered fish and chips as her audition entry and the judges were very impressed with her efforts, presenting her with the Masterchef white apron. The huge cake with profiteroles featured in the television and bus advertisements is also one of Ms Duggan's creations. We are all watching to see how far she can go and to cheer her on.



Year 11 Crossroads camp

Over 70 of our Year 11 students spent four fun-filled days in the Snowy Mountains recently as part of the compulsory Crossroads program. After spending the day completing the Ryda Driver Education course at Penrith (partially funded by Rotary) it was time to head to Berridale, about 40 minutes north of Jindabyne. The purpose of the camp is to develop team work through group activities and to complete work on a variety of topics including relationships and drug education.



The freezing water of the Snowy River was 'endured' during the raft building and canoeing activities at Dalgety. On Kosciuszko mother nature kindly provided snow, rain, and gale-force winds. The Skit night was also a lot of fun.

Congratulations to Ms Arnold and her group for being the most successful team overall and for setting the all-time record on the assault course.



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 - \$12.00 Lunch specials
- WEDNESDAYS**
- Kids eat free, with any adult main meal purchase
 - \$12.00 Lunch specials
 - Bingo 10.30am
 - Trivia 7.30pm
 - Raffle tickets on sale 7.00pm
- THURSDAYS**
- \$14 Schnitzel with a free schooner of beer or glass of wine
 - \$12.00 Lunch specials
 - APL Poker 6.30pm
 - Pool Competition 7.00pm
- FRIDAYS**
- \$12.00 Lunch specials
 - Monster raffle, 50 prizes to be won, tickets on sale 7.00pm
- SATURDAYS**
- \$12.00 Lunch specials

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St Madeleine

All things French

St Madeleine's celebrated the feast day of their Patron Saint on Friday 27th May in a day filled with everything French. St Madeleine Sophie founded the Society of the Sacred Heart whose purpose was to make known the love of God revealed in the Heart of Christ, and take part in the restoration of Christian life in France through the education of young women of the rich and the poor classes. By the time of her death in 1865, Sophie Barat guided an international community of 3,359 women, inspired by a deeply held spiritual ideal and offering a service of education to women in Europe, North Africa, North and South America. Madeleine Sophie Barat was canonized a saint of the Roman Catholic Church on May 25, 1925.

To celebrate her life, St Madeleine's students added a touch of France to their school uniforms, a moustache, beret or a scarf. Recess saw them enjoy croissants and 'frog in the pond' jelly. After lunch, we were entertained by a French mime artist.

Saint Madeleine had many wonderful quotes but none as lovely as: "Give only good example to the children; never correct them when out of humour or impatient. We must win them by an appeal to their piety and to their hearts. Soften your reprimands with kind words; encourage and reward them. That is, in short, our way of educating."

Australia Walkabout Park

Year Four went on walkabout in the middle of May to experience the many facets of the Aboriginal culture. It was a wonderful day in which the students saw how the Aboriginal people read ant mounds to predict the weather, used the sap from trees to heal wounds and laid tea tree bush on themselves to ease a headache. They ate termites and drank the nectar from bottlebrush flowers. We even had a few students whose boomerang came back!!

Visit our Facebook page to see photos of our new classroom spaces as well as keep up with the exciting learning that is happening inside our classrooms.

St Madeleine's Primary, Kenthurst Facebook



Middle Dural Public School

Middle Dural PS has had a busy time with ongoing preparations for our 125th birthday events, a hang out with kids night and a visit to State Parliament House by our student leaders.

Planning is well advanced for our annual Christmas in July dinner, which this year will be held at the Glenorie RSL on Saturday July 16. The dinner will be used to launch a Canteen Building Fund for the replacement of our 25 year old converted shipping container. The current canteen was donated by the Maurer family and has served us well, but is now in need of replacement so a fund is being established with a target of \$30,000. The dinner is being facilitated by well known local identity Pat Nati of Nati Roses. Tickets are \$51/head for a buffet dinner and they seem to be selling quickly, but we are still in

continued on page 41 ►

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The Hills Grammar School

Young Chefs Learn with the Best



Hills Grammar Year 12 Hospitality students working with the pre-schoolers

Hills Grammar pre-schoolers enjoy the facilities and learning opportunities of a Kindergarten to Year 12 School. There is always much excitement as the youngsters prepare to go to 'big school' for a learning experience, whether it be art, music, languages or science. Their journey from the Early Childhood Education Centre to the Hospitality kitchen began with picking the herbs from the ECEC sensory garden, washing them and then packing them ready to use in their cooking.

The *Kids in the Kitchen* program teaches the children about nutrition, teamwork, safety in the Kitchen and the process of preparing food to eat. Here, Year 12 Hospitality students work with the young chefs to prepare Rice Paper Rolls. The Year 12 students are studying the Hospitality VET course for their HSC and will have completed their Certificates 1 and 11 as well as a Statement of attainment towards the Cert 111. The school's state-of-the-art kitchen and qualified staff have proved an attractive option for senior students to choose this practical, industry-based course for their HSC.

Who knows, Hills Grammar may be cultivating the next Neil Perry or Poh.

Middle Dural Public School....continued

need of donations of items for the auctions and raffle to be held on the night, if you would like to help our beautiful little school. By coincidence, Pat's three daughters were taught at the school by current Principal



Ann Mills, who now teaches her granddaughter. Contact the school on 9651 1761 if you can help.

Parents and children enjoyed a great "Hang out With Kids" afternoon on June 1, facilitated by the Uplifting Australia organisation. The fun started with a treasure hunt followed by a "piggy" game which gave the kids a lot of fun. Parents and kids were then separated for the children to play more games while the parents watched a video on eight parenting strategies. Parent child teams were then engaged in a skipping game, followed by a reflection session and more of the "piggy" game. At least one parent confessed to exhaustion. The day was concluded with a barbecue.

On June 2, our student leaders Rachael, Cameron and Hudson joined leaders from all primary schools in the Hornsby Electorate for a morning tea in State Parliament House, hosted by the Member for Hornsby Matt Kean MP. After tours of both Chambers of the House, the students were fed and treated to some inspiring words on leadership from Matt Kean, the Mayor of Hornsby Steve Russell, former Manly Rugby League great Jason King and Diamonds and Swifts Netball Star Sharni Layton.

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Galston Public School

By Carole Weiss

Galston Public School students are currently enjoying a well deserved Term 2 break. Prior to this term vacation many engaging, busy, stimulating and enjoyable events occurred.



A State Parliament House Morning Tea hosted by the State Member, Mr Matt Kean, was attended by our School Captains and Vice Captains. After listening to a number of guest speakers Henry, Grace, Nick and Stella were inspired by some of the speeches given on the day.

An Evening of Music was thoroughly enjoyed by parents and visitors alike when Galston Public School band children performed a delightful repertoire of music taught to them by the band tutor Jenny Sparks.

Despite exceptional arguments and worthy rebuttals being presented in the first round of the friendly debating competition, our senior debaters accepted defeat graciously. Congratulations to these wonderful students who helped with the organising, debating and preparing the team's case.

The K-2 Athletics Fun Day and Field Events Carnival was recently held in the school grounds. Well done to all students for their enthusiastic participation and also to those students who had a 'go' at the field events for the very first time.

Congratulations to the senior girls Netball team. Against strong opposition they played in the first round of the PSSA Knockout Netball competition. Despite not winning this round they were, without doubt, fantastic representatives of Galston Public School. Thank you to Miss Payne for her energetic and enthusiastic coaching, Mrs Bolger for saving the day by umpiring the game, and the many parents who helped with transport and cheering the team on.



Still on sport, congratulations also to our PSSA Knockout Soccer team for their efforts in Round 1. They played like champions against a talented opposition team, with the 3-1 loss not indicating how close the match actually was. Thank to Mr Finch for organising the team, and of course the parents who yet again ably assisted with transport, set up the field and cheered the

boys on. A special thank you to Mr Frost who saved the day by refereeing the game. Another group of fine sporting ambassadors these boys were for their school.

Kindergarten enrolments for 2017 are now being taken. If you have a child who will be enrolling next year, please assist us by completing an enrolment form, available from the office. Please bring your child's birth certificate/passport and immunisation documents with you. Your assistance in this matter helps our planning for next year. If you are aware of a family in the area with a child who will be enrolling in Kindergarten next year, please ask them to contact the school office.

If you would like to know more about our awesome school, please contact the school office (9653 2062) and all your questions will be happily answered.

Hillside Public School

Endings and Beginnings

Clubs culminated with everyone taking home their finished products: hand-made paper, candles in mosaic-decorated jars, lomographic photos and striped sand jars made from ground Hillside sandstone. The students thoroughly enjoyed making their special craft items.

Now preparations for our 90th birthday celebrations in October have begun. There's plenty for the community to look forward to, including a historic photographic display and a bush dance. Look out for further notices. All the students have auditioned and been given their parts in the pantomime, and rehearsals are underway.

Meanwhile, all the students are working hard in and out of the classroom. Of note is the senior class artwork from their China unit. A majestic giant dragon looms above the desks and exquisite clay models of entombed warriors are buried in boxes.

All students are really enjoying Galston High students coaching them in sport once a fortnight and the athletics training by AIA every Friday.

Congratulations to all who brought home second place, on handicap, for the school from the Zone Cross Country, with a special mention to Ava, Madison and Arabella.

If you are looking for a small, friendly, community-based school in a semi-rural area, Hillside may be the place for you. Come and see. Enrolments are now being accepted for 2017.



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KU Galston Preschool

Term 2 has just flown past...

This term we have been busy celebrating Mother's Day with our special concerts and baking scones for afternoon tea to say thank-you to our mums as they are very special to us. Our grandparents have too been welcomed into our preschool for grandparents/VIP week where we were able to show them what we do at preschool and they can see how clever we are and how we learn through play.



A great big thank you to Arcadia Rural Fire Service who visited our preschool with their fire truck. We enjoyed learning what to do if there was a real fire and practiced calling 000 and learnt our names and addresses for use in an emergency. Next it was time to look through the fire truck and practice putting out a fire with the fire hose. We all had a great time and thank you for taking the time to visit us with your busy schedules.

Mrs Crouch the kindergarten teacher from Arcadia PS came to visit us, she read us stories and answered any questions that we had about starting school. This has helped to allay any fears that we have and to help in making our transition to school a smooth one.

We have had a visit from Healthy Harold who spoke to us about the importance of having a healthy body and we talked about the foods we should eat to fuel our bodies. We have continued this advise with the children and have been looking at their lunch boxes and deciding which foods are sometimes foods and which foods are healthy. We are very proud of the children choosing to eat healthy foods.



We had an excursion to Fagan Park where we enjoyed practicing our climbing skills on the play equipment and had a great time in the eco garden looking at the plants and learning more about recycling.

In term 3 we will be looking to commence the enrolment process for 2017. If you have a preschool aged child please feel free to visit or contact the preschool for further information from our Director Rebecca on 96532252 or ku.galston@ku.com.au.

News from Uniting Care Galston Early Learning Centre

On Wednesday the 4th of May, Galston Early Learning Centre was lucky enough to have Mic Conway visit us to perform the show "Reduce, Re-use, Recycle". This performance provided the educators with an opportunity to further develop the children's understanding and awareness of the impact we have on our environment. After the visit from Mic Conway, we researched different ways to limit our waste at the centre. We hope to share these ideas with the families and the outer community so that they implement similar practises at home.



Only a few weeks after our performance, we had a student that joined us from Crows Nest Tafe, who wanted to conduct a sustainability project that showed the children how to recycle and re-use coffee pods. This was a perfect opportunity to re-use a material that does not break down very easily, to create less waste for our environment. After a discussion at a staff meeting, our student and the preschool educators sent out a letter to the outer community and families to ask if they could collect their used coffee pods for the children, so that they could re-use them at the centre.



After an incredible response from the Galston community, the children started to work very hard on the pods. They scraped out all the coffee grains and cleaned out each and every pod that we received before pouring the grains on to our vegetable garden and into our compost bin. We then cleaned out the pod containers and used them to plant some seedlings to grow for our vegetable garden. Below is an image of only one tenth of the coffee pods and one third of the grains that we were able to re-use and recycle. We would like to take this opportunity to say thank you to everyone who supported this project. It has been a very successful learning experience for the children and we couldn't have implemented this without your ongoing support.

If you would like to come and have a look at the centre or ask any questions regarding our Educational Program please feel free to contact the Centre Director Daniela Balmer on 9653 1475.

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Glenorie Public School

On the 18th of May, our school participated in the Beecroft Zone Cross Country at Fagan Park. Our runners achieved excellent results, with Nick coming 2nd in the 12/13 year and Chloe coming 1st in 11 year old girls. We look forward to seeing the results of Area and hope they continue on to State. Congratulations to all that participated.



Walk safely to school day was on Friday the 20th and we had many students walking to school, or, in the case of those who live too far away, walking from Woolworths.



Stage 3 had an awesome time at camp this year. They travelled to Canberra last year to learn about the Australian Parliament, this year they went to the Tea Gardens for the Aussie Bush Camp, where they had fun doing activities like archery, rock climbing and raft building. Meshing in with Gold, their current curriculum subject, they went off site to have a fun and educational "Gold Town" experience, learning about the mines and doing a bit of alluvial mining (gold panning).

On behalf of the entire Year 6, we would like to give a big thank you to Laura Jane Hair from Glenorie, 2157 Fine Gifts and Homewares from Glenorie and Nati Roses at Middle Dural, who generously donated prizes for our Mother's Day raffle, always supporters of our school. We raised an incredible **\$866** for the Year 6 farewell. The winners are below.

- 1st Tefal High Steam Iron – Amelie and Rosie
- 2nd Kambrook AirChef Air Fryer – Marlia and Matilda
- 3rd Microdermabrasion from Blush Skin & Beauty Glenorie – Myles
- 4th Cellini Handbag – Sarah
- 5th \$60 Hair Voucher from Laura Jane Hair at Glenorie – Lily
- 6th 2157 Fine Gifts and Homewares \$60 Gift Voucher
- 7th Laura Jane Hair Shampoo & Blow Dry & Deluxe Treatment – Chloe M.
- 8th Bouquet of Roses from Nati Bros. - Sabastian

Also we would like to give a big thank you to the Chicken Fish shop for supplying us a wonderful lunch on Wednesdays. Yum yum.

Keep **18th of September** open in your calendar because it's Glenorie's famous **Country Fair!** There are crates of firewood for sale now at \$100 in the office. It is part of the Country Fair, but we are doing it now because we don't think you'll want your firewood in September!



By Corri Byrne, Pastor

John 4 captures the story of the woman at the well. Not just any woman but a Samaritan woman!

As she draws water from the well Jesus asks her for a drink. Quite obviously surprised a discussion starts around two types of water - that which is present in the well, and that which is unseen.

Jesus uses the opportunity to talk to her about hope and faith, and ultimately, fulfilment.

While the analogy used is water in the well, it could be substituted today with any number of items.

In our district there is no shortage of possessions, things to entertain, to consume, to engage our attention; yet none of them bring any long term happiness.

Like water in the well, they meet a thirst or craving, but cannot quench our need. We continually upgrade cars, renovate houses, buy the latest home theatre systems, yet none of this generates any more happiness than before.

Jesus offers a joy that surpasses possessions, quenching an inner need that no purchase could ever achieve.

We all are seeking living water - an inner desire that constantly seeks happiness, fulfilment, joy and many seek this in the world. Yet new cars become old, houses deteriorate, products become old and outdated.

As Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." John 4:13-14

There is a hope, a joy, a meaningful life that is within reach. But it won't be found in a supercentre or on the pages of a real estate magazine.

The living water is found in Jesus, He offers a way of life that leads to fulfilment, will provide purpose and meaning and wells up to an eternal life.

Give it a try! Read John 4 and ask God to reveal His living water to you.

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Get Answers!

Does God exist? How can anyone believe in religion when science has proved no God is necessary? Is evolution happening today? If there is a loving God, then why do we die?

Want answers? Get them! *Creation Ministries International* is coming soon (see details below) with answers to these and many other important questions. Come along and listen to Dr Mark Harwood expose the bankruptcy of evolutionary ideas. You'll be blown away to see how the supposed 'scientific evidence for evolution' is really nothing of the sort.

This is an issue that affects *everyone*. According to the theory of evolution as taught in schools and universities, there is no need for God - everything made itself. If that's true, it means there is no spiritual realm - you don't have a spirit and there is no afterlife. So 'spirituality' is just an 'evolutionary trick of the mind'!

But the Bible gives a very different picture about our origins. And many scientists now recognize that the scientific evidence, when properly understood, confirms the biblical account.

Find out more by contacting Mark Holt on 0418 298 121.

Date: Saturday 30 July

Time: 7.00pm

Venue: Glenorie Mission Church,
1409 Old Northern Rd, Glenorie

Title: *A Brief, but True, History of Time*

Galston Christian Education Association

The Galston Christian Education Association (GCEA) exists to support a Scripture Teacher in our local state high school - Galston High.

There is much bad press from some minority groups about whether their should be a Christian influence in our state schools. But of course, Scripture in schools remains, as it has for a long time, an option for our young people, not something that is enforced on anyone.

One of the interesting things to note is that a high percentage of young people and their parents choose to be involved in Scripture at Galston High School. Part of this I believe is that most parents are more than happy for their kids to be involved in something that might help their kids explore a deeper spiritual reality and develop a foundation for living rightly in our world.

It's our prayer that this positive outlook on Scripture in our schools would continue for the good of the young people of Galston High School.

Kind regards,
Roger Hokin
GCEA Secretary


Anglican, St Jude's Dural

Service Times:

- 8am - Traditional Service
- 10am - Contemporary with Sunday Kids and Yr 5-9 Teen group
- 6pm - Evening church for youth & parents, young adults, and 'young at heart'
- 'Epic' kids club and Youth Group - Fridays (*see website for details*).


Senior Minister - Reverend Adam Lamb. Cnr. Galston & Old Northern Roads, Dural. Phone: 9651-1119

Hear the good news that the biblical account of origins is not only historically accurate, but makes better sense of the evidence.



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Saturday 30 July at 7.00pm

A Brief, but True, History of Time

Glenorie Mission Church
1409 Old Northern Rd, Glenorie

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Admission free - donations accepted. Creation resources will be available.

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So, winter is finally well & truly upon us... I do hope you're all staying warm & healthy.

Following the outstanding success of our inaugural season of Galston concerts, we're now in the process of planning some new events with our collaborators. As a 'taste' of what's to come, The Foray Quintet will be returning to Galston for an afternoon entitled 'Foray in France' on Sunday July 10 from 3 – 5pm. If you've seen them before you don't need me to tell you great they are... if you haven't, well I was lucky enough to hear them rehearse recently & wouldn't miss them playing for anything.

As an advance notice, on Sunday 14th August from 10am we'll be having our annual service for the Rural Fire Service. This is a great community celebration and acknowledgement of all those wonderful, generous and committed volunteers who give up so much in order to serve our communities. All the local brigades will be represented, we also offer a blessing to the fleet and lunch following the formalities. It's always a great morning, so come along & join us as we support our RFS.

Otherwise, we continue to offer groups for all ages – kids, youth, singing (women's & men's choirs), Bible Study, craft & as well as social groups. See our webpage or facebook page for more info as things come up or give us a call... or even drop by for a cuppa some time.

As I write this, we're still in campaign mode – but as you read this, we'll most likely have an election result... I wonder which way that will go?

That's it for now. As I said at the start – please stay warm & well. See you next month, cheers, Geoff

News from St Benedict's

First Communion

The annual First Holy Communion Mass was celebrated at the end of May. It was a very special occasion for the children and their parents. All passed on their thanks to Carolyne, Colleen and Anne who dedicated so many weeks to helping the children prepare for this important day in their spiritual lives.

Mission at St Benedict's

The week of 13th to 17th of June saw the very successful St Benedict's mission led by a team from Ireland. Inspirational keynote speaker was John Pridmore, who told the story of how he left his gangland past and, through faith, found new meaning in his life. John, author of the book *From Gangland to Promised Land*, has shared his story all over the world so we were privileged to have him at Arcadia.



Bishop's Art Prize

St Benedict's Arcadia is part of the larger diocese of Broken Bay and all government and Catholic school primary and secondary students in the diocese are invited to enter for the 2016 Bishop's Religious Visual Art Prize. Students are encouraged to create a work of art inspired by the theme 'Our Merciful God – Celebrate the Jubilee Year of Mercy'. For more information on entering, visit www.dbb.org.au/news

Heavenly Music

Parishioners enjoyed the singing of *Gregoriana* Arcadia at a recent Mass. This choral group (pictured) celebrates the 'heavenly music' of Gregorian Chant. It meets monthly at St Benedict's Monastery and welcomes both female and male singers.

To find out more, call the Parish Office on 96532312. The office is open on Mondays from 10am – 4pm and Fridays from 10am – 5pm or visit the parish website www.arcadia.dbb.org.au.

Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7 am every morning. Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd. 7 pm Saturday, 9 am Sunday.

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Galston Garden Club



Our June meeting of The Galston Garden Club was well attended and proved to be an interesting and informative night. There were lots of lovely plants for sale on the trading table, some great free cuttings for members to try their hand at propagating, gorgeous plants to win in the raffle and lots of help with propagating from our guest speaker John Teulon. The evening finished off with a lovely supper.

Garden Club meets on the 2nd Weds of the month at the Galston Community Centre 37 Arcadia Rd., Galston 8pm. New members are warmly welcomed.

Our guest speaker this month was John Teulon who was employed at the Botanical Gardens for many years propagating many of their rare plants. His extensive knowledge and expertise in this area was of great interest to us all. John brought with him a large green bucket (we couldn't see what was inside) from which he progressively produced one after another of his tools for propagating, including knives, perlite, stones for sharpening, hormone powders, soil PH kits, and more. There were stories and history to some of the pieces which added something special to engage us all and to make us wonder what would appear out of that bucket next! I am sure we all improved our propagating skills.



Our guest speaker for July will be Peter Hey who is going to talk to us about Fungal Diseases.

Galston Garden Club offers a range of trips and activities to members of the club, some of these for 2016 include a trip to Queensland, High tea in a garden to raise money for charity, and a bus trip to the Blue Mountains.

Our Galston Open Gardens weekend is on the 14-16th October, with

8 gardens on view, so save the date. We are especially pleased to have a new garden not seen before and two gardens that haven't been open to the public for a number of years.

The Buddhist Garden on Galston Road will be open on 10th and 11th September with Galston Garden Club manning the gates of this spectacular spring garden. Other gardens also open to the public on this day are "Savannah" on 51 Middle Dural Rd & Kate and Paul Stanley's "Birchgrove" at 16 Fishburn Rd, Galston.

**For other information, visit our website:
www.galstongardenclub.com.au**



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Cumberland Orchid Circle Inc.

The next meeting of the Cumberland Orchid Circle will be on **Wednesday 27th July 2016 in Barton Hall**, which is situated in Gough Drive (off David Road), Castle Hill. The meeting will start at 8pm and will last approximately two hours. At the meeting, orchids in bloom will be benched for a monthly point score competition. The guest speakers for this month are Craig and Graeme Scott-Harden who will show practical examples of orchid judging.



At each meeting there is a sales table selling plants brought along by members, in addition to accessories used for orchid culture. During our supper interval, there will be time to "compare notes" and seek advice from other members.

Visitors and new members are always welcome. For more information, contact the Circle's Publicity Officer on 9481 8895.

Cumberland Orchid Circle will be having a Winter Orchid Show at the South Tower of Castle Hill Home Hub, at the top end of Victoria Avenue. The show will be opened to the public on **Thursday morning, 21st July to Sunday afternoon 24th July**.

Bromeliad Society of Australia Inc

The Bromeliad Society of Australia Inc will hold their next meeting at the Federation Pavilion, Castle Hill Showground on Saturday, 9 July with plant sales from 12 - 1pm. Access is via the new Showground entrance off Showground Road into Doran Drive, Castle Hill.

"Guest speaker will be Tony Matson, CutAbove Tools an Australian, family operated business supplying a range of high quality pruning, gardening and cleaning equipment. They have a direct input into the design and manufacture of the products.

The company has an extensive range of pruning and gardening tools including: secateurs (15 models), loppers (5), shears (8), saws (4), sharpeners (3), gardening accessories (gloves, kneelers, stainless steel hand tools, hose nozzles, rakes and more), trimmer heads, and high-reach pruning poles (up to six metres).

They also have a number of cleaning poles (up to five metres) with water flow and a number of attachments to make cleaning easier. With these poles you will be able to clean your windows, eaves, gutters, walls, solar panels, caravan and more" said Ian Hook, President ABS.

The Bromeliad Society of Australia meetings include plant sales, club news, raffles and competitions as well as providing an opportunity to meet with like-minded people in a friendly and inviting environment. Visitors to the club are most welcome to attend a couple of meetings prior to joining. Contact Ian Hook - mobile 0408202269, email: ianhook1@bigpond.com website: www.bromeliad.org.au.



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What's On....

Get the Dirt on Composting and Worm Farming

Learn how to compost at Hornsby Shire Council's free workshop, which will give tips on this fun, easy way to recycle garden and kitchen waste.

The workshop will be held in Wallarobba Garden on Edgeworth David Avenue, Hornsby, on Tuesday 5 July and will teach participants the basics about composting and keeping a worm farm.

Both activities are great ways to improve your garden soil, clear room in your rubbish bins and even save a few dollars while also helping the environment.

When: Tuesday 5 July, 9.30am-11.30am

Where: 25 Edgeworth David Avenue, Hornsby (next to Willow Park)

Cost: Free

Bookings Essential: Book online at hornsby.nsw.gov.au/whatson

Bushcare Workshop for New Volunteers

Give back to your community, learn new skills and make friends by taking a workshop to become a Bushcare volunteer with Hornsby Shire Council.

All volunteers that participate in the Bushcare program are required to have previously completed the Bushcode Workshop.

The next workshop will be held on Monday 4 July at the Earthwise Cottage in Pennant Hills, and is entirely free.

It will cover habitat restoration, bush regeneration techniques and the essentials of volunteering at Bushcare.

After going through the course content, participants will get to go on a nursery tour and receive a voucher for three free native plants to brighten up their gardens.

Hornsby Shire Council's Bushcare program is one of the largest in New South Wales, working at more than 100 sites across the Shire to conserve our unique natural ecosystem for future generations.

When: Monday 4 July, 8.45am-3pm

Where: Earthwise Cottage, 28 Britannia Street, Pennant Hills

Cost: Free

Bookings Essential: Book online at hornsby.nsw.gov.au/whatson

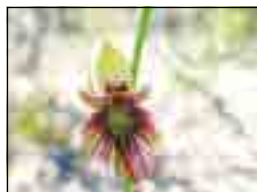
NSW Begonia Society

NSW Begonia Society Monthly Meeting **Sunday 17th July at 1.30 pm** Bloomin' Greenery Nursery 226 Annangrove Rd Annangrove. Growing medium and fertilisers.

Visitors welcome Details 9679-1386

Australian Plants Society-North Shore Group

The Australian Plants Society-North Shore Group will meet on **Friday July 8th at 7-45 pm** in the Willow Park Community hall, 25 Edgeworth David Avenue, Hornsby. Liz Burton will speak about "Orchids in the Hunter Valley."



Visitors welcome. Native plants for sale.

Critique of your Artwork by Renowned Artist

Wednesday 3rd August 7.30pm

Bring along a painting to the Castle Hill Art Society's August meeting and receive a helpful critique on your artwork. Visitors welcome to this interactive meeting at CASTLE GLEN COMMUNITY CENTRE, 155 Ridgescrop Drive, Castle Hill.



Enquiries 9899 3179 www.castlehillartsociety.org.au

Hills Shire Garden Club

The Hills Shire Garden Club will meet on **Monday 18th July at 1 p.m at Barton Hall, David Road, Castle Hill.** Guest speaker Judith Little Floral Designer.

All Welcome. Enquiries to 9624 5034.

Red Cross Castle Hill

Red Cross, Castle Hill Branch will hold it's next meeting on **Friday 8th July, from 9.30a.m. to 11.00a.m.** in The Wexford Room, Level 1, Castle Grand Library Building, Castle Hill. Change of room for this meeting only.

New members welcome.. Enquiries 8850 7056.

Galston VIEW Club

Galston VIEW Club, will be holding its July Luncheon meeting at Dural Country Club commencing at 11am on **Wednesday 27th July 2016.**

Our guest speaker for the day will be Jenny Ryan whose topic will be Home Modifications and Maintenance services (Hornsby Council.)

Visitors are welcome. Inquiries Vivien 9894-1189

The Sydney Hills Branch of the Association of Independent Retirees

The Sydney Hills Branch of the Association of Independent Retirees have commenced the year with a line up of very interesting speakers.

Our next meeting will be held on **Friday 1st July, 2016.** Beecroft Presbyterian Church Hall, Welham Street Beecroft. Meeting will commence at 10.30 am. The guest speaker will be Miriam Potter from the Australian Census Bureau . The following meeting will be Friday 5th August.

We are very excited about our new venue. COME ALONG and Make New Friends!

We welcome recently retired citizens and Baby Boomers, who are, looking for new interests.

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Len Best	0408 220 705
Hills Rural Fire Service	
District Office	9654 1244
Hornsby Fire Svcs HQ	9883 2000

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There will be a JP at Dural Library Wednesdays between 1pm and 3pm. Hornsby Branch of the NSW Justices Association meets monthly at the Asquith Leagues Club opposite Waitara rail station. All JP members and potential members welcome. Enquiries to Gavin Moehead JP 9489 4662 or 0407 229 203.

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Glenorie family looking for a housekeeper / nanny for five days a week. Mornings and afternoons, approximately 20 hours a week. Will need a driver's license and references.

Call Jayne
0402 060 598

CALLING ALL PLAYGROUPS

If you are organising or running a playgroup in the local area, please let us know.

We would like to help you promote your playgroup, and also let our new mums know what groups are open in the area.

Please send your Playgroup location and meeting days/hours to :
editorial@galstoncommunity.com.au



LOCAL PLAYGROUPS

GALSTON

Our playgroup has vacancies on Monday, Tuesday and Thursday. Sessions all start at 9.30am except Fridays which start at 10:30am. Sessions go for 1-2 hours and are very casual, you can come and go whenever. You don't need to bring anything.

We are located underneath the Community Centre. The first two sessions are free and after this fees are \$2.50 a session. All groups have children of mixed ages from babies to preschoolers. Feel free to try a couple of groups to see what suits you best as they all run differently.

Please feel free to contact galstonkidsplaygroup@gmail.com if you have any other questions.

GLENORIE

Glenorie Mission Church, Muscios Road, Glenorie
Every Thursday 9am-12pm - bring allergy friendly snacks

ARCADIA

Located at Arcadia Public School, 140 Arcadia Road
Every 2nd Thursday 9.30 to 11am. Contact Dale 0410 532 562
Parking in Community Centre next door.
Our playgroup has a very relaxed format. There is usually a craft activity, however, some kids choose not to participate in craft as they are having too much fun in the enormous sandpit. Our toys and resources cater for all ages. We have playmats and toys for babies, musical/percussion instruments, water play and more. We request a gold coin donation when attending. All of our regular attendees become members of Playgroup NSW.

DURAL/GALSTON

St Jude's Anglican Church, 965 Old Northern Rd Dural (Off Galston Rd for parking)
Every Friday 9:30-11:30 am Aged 0-5 All welcome.
Come and join us every Friday (during school terms) for play, story, music, crafts and so much more!
It's free just bring a piece of fruit to share. We look forward to seeing you there!
Contact Gayoung 0448 770 722 if you have any other questions.

We welcome your Classified Ads.

Sell anything you like for just

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Ads can be submitted by email or post by 15th of each month.

Phone 9652 1193 info@galstoncommunity.com.au
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COMMUNITY CONTACTS

Avicultural Society of NSW Inc. Welcomes persons interested in Avicultural (bird keeping). The society holds monthly meetings which include presentations and talks on all aspects of bird keeping and breeding. For further information contact Paul Henry 9872464 or 0408 617686

ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills - A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis and Central Avenue Thornleigh.

ALANON Family Group meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452, National Office 18000 APEXO or website. "Heart of a Community, Hope of a Nation".

Arcadia Community Hall - 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets - May and November at Arcadia Public School, 140 Arcadia Rd, Arcadia. www.arcadiaschool.com.au Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters - Meetings held at Galston Community Health and Resources Centre, 1st, 3rd and 5th Wednesdays at 9.30am (day group) and on the 2nd and 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd. Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society - Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgeway Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquiries Ph. 98993179

Circular Keys Chorus are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural Country Club Lifestyle Markets - 2nd Sunday each month 9am-3pm. New stallholders always welcome. Visit: www.FreeSpiritMarkets.com or www.DuralCountryClub.com.au. Phone: 0419 262 850

Dural and District Historical Society Inc holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed and Sundays. Enquiries to Michael Bell 9653 1365.

Dural and District Prostate Cancer Support Group holds its meetings on the third Monday of each month at 7pm at Dural Country Club. Inquiries Denis 9629 2645 or Maurice 9654 2138.

Dural and Districts Senior Citizens' Club Come along on any Wednesday at 9.30am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls (beginners included) while others play Bingo and enjoy the prizes. We also enjoy periodic outings to places of interest. For further information please call Helen on 8850 7845, A/H.

Dural and Hills District Garden Club - Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardenclub@yahoo.com.au

Dural-Glenorie Scouts - Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne 0419 280 967.

Dural Mens Shed meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenthurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498. www.duralmensshed.org

Friends of Fagan Park - Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: isandian@tpg.com.au

Ferry Artists Gallery - Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc meets at the Galston Primary School Library, School Road, Galston on the 2nd Thursday of the month at 8pm. Enquiries to 0403 076 175. New members always welcome.

Galston Branch CWA meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Val 9653 1774.

Galston Community Hall - 37 Arcadia Road, Galston available for functions, air-conditioned, inspections welcome. Bookings call Robyn on 0414 647 638.

Galston Community Health Centre - This centre is an outreach of Hornsby and Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club - New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club - will be holding its July Luncheon meeting at Dural Country Club commencing at 11am on Wednesday 27th July 2016. Our guest speaker for the day will be Jenny Ryan whose topic will be Home Modifications and Maintenance services (Hornsby Council.) Visitors are welcome. Inquiries Vivien 9894-1189

Girl Guides - Girls Age 6-12 meet on Thursdays 5-6.30pm at Galston Guide Hall, 414 Galston Road, Galston. This is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Contact Mary 0423 353644 or Amy 0415 438210.

Glenorie Maroota Bioregional Forum - Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpnc.com.au

Glenorie Progress Association Holds its meetings bi-monthly (August, October and December 2014) 7.30pm in the Palms Room, Glenorie RSL. All Welcome 9652 2454.

Hills Budgeter Club Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000 - for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' and Gourmet Food Mkt - 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club - Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch - Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES are available at Cherrybrook Shopping Village on Saturdays from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library before attending.

The NSW Justices Association Hornsby Branch meets monthly (except January and June) on the 2nd Monday evening at 0700 pm, at MAGPIES WAITARA, formerly "Asquith Rugby League Club" opposite Waitara rail station. JP's welcome to attend. Varied programme. Enquiries John Tibbitts 9875 1383 or 0408 491 232.

Living Life Without Children - Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. www.phpc.org.au.

Rotary Club of Galston meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteainscow@gmail.com

Probus Club of Round Corner - NOW has vacancies for new members. Join our club and enjoy new friendships, interesting meetings and a large variety of activities e.g. Walking Group; Mah-Jong Group; Theatre Group; Tennis Group and the Caravan and Cabin Group; plus overseas and extended local tours and local day trips. We meet on the 2nd Monday of the month at 9.30am for 10am at:

The Galston Club, 19 Arcadia Road, Galston. We look forward to you joining with us. All enquiries to: The Secretary, PO Box 822, Round Corner. 2158 or come one month as a visitor.

Rowland Village Workshop Club invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details:0407 665 874

Social Dance Workshops - Pennant Hills Community Centre, Yarrara Road. \$7. Contact Felicity 9456 2860, 0434 437 522. Old time country, set and couple dances. Specialising in Australian, Irish and Scottish Folk Dance. Beginners and experienced dancers.

Still Creek Landcare Group - Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@inet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW) - The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Sandra on 9659 3770.

term 7.00pm to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 1.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church - Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Contact Minister Pr. David McKibbin 0474 493 793.

Glenorie Community Church - Pentecostal and Evangelical - meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505, Church 9652 0577.

Glenorie Mission Church - Sunday Service 10.15am, Girls Brigade Tuesdays at 6.30pm. 1409 Old Northern Road (Cnr Muscos Rd), Glenorie. Enquiries 9652 1203.

Hillslife Church - Meets 10.00am every Sunday at Galston Public School. Pastor Corri Byrne Ph: 0416 233 629. For more info go to www.hillslife.com

St. Benedict's Catholic Church Arcadia Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd and Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest; Fr Bernard McGrath 0416032497.

St. Columb's Anglican Church, Arcadia - Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

St Judes, Dural Playgroup - All welcome. Fridays 9.30am-11am, in school term. Parking off Galston Rd.

St Madeleine's Catholic Church - 28 Annangrove rd. Kenthurst. Mass times Mon-Fri 9.15am Sat 5.30pm Sun 8am,10am and 5.30pm.

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs - New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 9653 1250 or 9489 3739 to speak to one of our trained coaches.

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club - Enquiries, please contact the registrar Eric Flanagan, email efi86029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugby.net.au.

Galston Glenorie Amateur Fishing Club Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club - For further details regarding season events, grades and registration, please contact 0404 600 460. ggcc.nsw.cricket.com.au

Galston Club Golf Club - Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

Galston Equestrian Club - New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club All enquiries to secretary.galstonnetballclub@hotmail.com or visit the website www.galstonnc.nsw.netball.com.au

Hills AUSSI Masters Swimming Club meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7.30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

Hills Hawks Soccer Club. For season details and registrations call Michael Rosier on 0418 676 768 or agminulations@bigpond.com.

Hills Hawks Softball Club. Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawks softball.org.au.

Hills Pumas Football Club - For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Kenthurst Netball Club - Registrations. Contact Sally Coppini 0407942986 mitre@tpg.com.au

Table Tennis - Junior and Adult Coaching and Social play, Dural and Glenorie Ph Chris 0468300822 or spinclub@bigpond.com

Tennis / Squash Social Group - looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston - At rear of Galston Community Hall. Available Day or Night, Mobile 0414 647 638.

Tennis Court for Hire Glenorie - Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.

Thursday Ladies Tennis Competition in the Hills District - Players of all standards are welcome. For more details and contacts please see our website at hillsladiestennis.org

CHURCHES

Galston Uniting Church - Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.00 to 6.30pm. #ThePower (Youth Group) for those in high school. Fridays of the school



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