

# GALSTON, GLENORIE & HILLS RURAL COMMUNITY NEWS

September 2012

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## Lucky to be Alive!

On Thursday 23rd August, the community was shocked to hear of yet another tree falling on a car. The incident was only 400 metres from where Heidi Edwards was hit by a similar falling tree in May 2010. The female driver was lucky to survive with only a few broken bones when the tree landed on the bonnet near the windscreen. She was trapped for over an hour then air-lifted to hospital.

Mario, a truck driver from Schofields, was first on the scene, followed by Robert from Condor Glass. Both men stayed and comforted the driver until paramedics, police and the RFS arrived.

As can be seen from the pictures, the tree is quite clearly decayed and rotting at the base where it has sheared off in the strong winds. It was noted that other trees in the same vicinity, are exhibiting the same sort of decay, and

therefore could pose future threats to unsuspecting drivers.

How many more lives will be devastated or lost by falling dead trees? Why are these trees not inspected and removed when they are situated so close to a major road? We will be contacting local authorities to get a report on responsibilities for publication next month. As a community we need to work together to prevent further catastrophes.



Truck driver, Mario pointing to the rotten base of the fallen tree.



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## Galston View Club thanks Galston Bendigo Bank

The Branch Manager of **Galston Bendigo Bank**, Mr Bernie Triebe, recently visited the Galston VIEW Club and presented the Club with a cheque for the ongoing work of the **Learning For Life** program.

The **Learning For Life** program, in association with the Smith Family, enables disadvantaged children and young people to receive the opportunities the need to fully participate in their education to create better futures for themselves.

Galston VIEW Club are very grateful for the wonderful support which Galston Bendigo Bank gives to this important cause.



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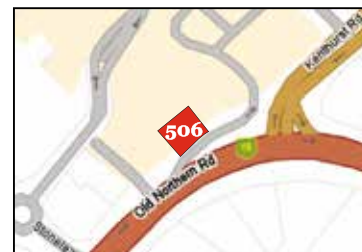




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## What a Waste of Money!

It is sad to see that a group of bored youngsters have again taken to putting graffiti in the Galston Shopping Village. Unfortunately they do not seem to realise that the costs for removing this have to be borne by the landlords of the buildings. In the case of the Galston & District Community Bank, this means that funds that could have been used to support a local community group will have to be spent on cleaning and repainting the building. It's just such an unnecessary waste of money which could be put to much better projects.

If you are a parent of teenage children, please make sure you know where they are, particularly in the evenings. The bank has invested in CCTV's all around the building and these are supplied to police to try to identify the individuals involved.

If you see any graffiti, please report it to Councils Graffiti Hotline 1800 199 282. Dural Rotary also run a free Graffiti removal service. Contact Allan for more details on 9980 5692 or 0419 233 098.



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## Look out for the Experience Magazine

Hills, Hawkesbury & Riverlands Tourism (Hhart) is pleased to announce the launch of a new magazine called "Experience".

CEO of Hhart, local Lori Modde, said "The Hills Hawkesbury tourism area makes up the shires of Hills, Hawkesbury and Hornsby and combined injects over \$370million to the local economy. It is a very important industry, not just for visitors from afar but for the visiting friends and relatives that come to the area every year.

We have so much to offer in great, fun experiences. Take a moment to look in your backyard and support the industry that grows the economy as well as provides a great quality of life for its residents.

For more information on our area go to [www.hhart.com.au](http://www.hhart.com.au) or download our own iPhone apps from the iTunes store (search 'Sydney Hills' & 'Hawkesbury'). Go have fun!"

The magazine is published in conjunction with Adelphi Design & Print, Glenorie, who also design and print the Galston, Glenorie & Hills Rural News.

Copies of this new magazine will be available at many local shopping villages, the Tourist Information Centres at Dural and Rouse Hill and many other popular locations.



## Galston VIEW Club

Galston VIEW Club, will be holding a Lunch at Galston R.S.L. Club on Wednesday 29th August 2012, commencing at 11.45AM. Cost \$1. Inquiries Vivien 9894-1189 or Jenny 9652-1110.

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## Dural Pet Superstore - Reopening Soon

Andre from Dural Pet Superstore has recently received approval for his DA for a new store in Quarry Road, Dural (the same complex as Allure and New Line Carpets). The fit out and arrangement of all the stock will take a little time, but they hope to be open soon.

Follow the progress and be the first to know their new opening date by reviewing their website regularly at [www.pets.com.au](http://www.pets.com.au)

## Glenorie Memorial Hall Turns 80!

The Glenorie Memorial Hall turns 80 years old on 5th March 2013! The Glenorie Progress Association and the Hall Committee is organising celebrations to mark this memorable occasion. Groups who have used the hall over the years should contact Ray Whiteman on 9652 2454 if they wish to be involved in the celebrations.

Rumour has it that a person very involved in the Glenorie Memorial Hall and the Glenorie Community also turns 80! So maybe it could be a double celebration!

## Maroota Muster Success

Congratulations to the organising team of the Maroota Muster, it was a fabulous day with so much to do. The sun shone all day and the crowds were the biggest yet. Over \$20,000 was raised for the Maroota Public School.

Member for Hawkesbury, Ray Williams, together with Bernie Triebe from Bendigo Bank, and P&C President Lisa Aylward, opened the new playground.

A great community day was had by all.



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## Local Swimmers Medal at School Sport Australia Championships

Written by Karen Stockwell

Photo by Tanya Koorey

Caitlin Walsh and Emily Steer represented New South Wales recently at the School Sport Australia Swimming and Diving Championships.

The Swimming Championships is the largest of all school sports events in Australia based on participation. This year more than 740 athletes participated in this event at Sydney Olympic Park Aquatic Centre from 28 July to 3 August 2012.

Caitlin, aged 10, is a resident of Glenorie. Caitlin achieved two Silver medals during the week long meet – Under 11 50m Breaststroke and Under 11 4x50m Freestyle relay. Caitlin was also a finalist for the Under 11 50m Freestyle event.

Emily, aged 14, resides in Castle Hill. Emily secured three Bronze medals; 15-16 200m Backstroke, 15-16 50m Backstroke and 15-16 Medley relay.

The girls' journey to the Championships began at their local school carnivals.

Caitlin is a Year 5 student at Dural Public School and Emily is a Year 9 student at Northholm Grammar School.

Each of the girls swam successfully through a series of qualifying carnivals which allowed them the opportunity to be chosen to represent New South Wales. Being members of the New South Wales team, the girls would then compete against other state teams in a National school competition.

Both Caitlin and Emily are members of squads that train at Galston Aquatic Centre under Head Coach Eric Lobbes.

Galston Aquatic Centre and Galston Swim Club are extremely proud of both Caitlin and Emily and congratulate them on their incredible achievements.

Well done girls!!



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**Sunday 23rd**  
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## 101st Birthday

Congratulations and best wishes were in order on the Tuesday 7th August when, with the help of family, friends and staff of Mark Donaldson House, Rowland Village, Mrs Eveline Florentine celebrated her 101st birthday with a morning tea held by her daughter, Ruth Thorby, of Galston.

Mrs Florentine came to Rowland Village last year after living over 65 years in her home at Five Dock.

When asked what were some of her favourite things enjoyed during her long life, she said "driving her car to meet friends and caring for her beautiful cottage garden."

The celebrations continued on the following Sunday with a lunch at Dural Terrace where her family and four great grandchildren helped blow out the candles.



## Hornsby Craft Market

Sunday 23rd September, 11am to 4pm. As the market is indoors in the showroom of the Hornsby RSL Club it will proceed whether rain or shine!

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## Dural & District Historical Society

### John Orr, the tractor man

*By Margaret McKinley from a taped interview with Ruth Chiswell. 2007*

John Orr, who passed away in June this year, was a well known local identity, who came to Galston in 1937 when he was a seven year old.

So he could remember all the developments in the district from that time

He was an only child and the family lived on a farm in Bayfield Rd, where John worked and lived until he moved into Rowland village about 8 years ago. With his tractor he worked on many of the farms in the area, and used the tractor as a way of transport to the shops and meetings, as he never owned a car. His great interest was classical music, learned entirely from listening to the ABC.

In the taped interview, Ruth Chiswell asked him about the migrants who came to the district after the war;

"They were mostly Italian, followed by the Dutch, particularly around Galston. Joe and Dorothy Rutland, who worked on a poultry farm in Crosslands Rd, before building up their own poultry business, had layers before making a broiler factory. They worked their hearts off to get the farm going! I worked for the Rutlands for about 35 years" Many other Dutch families followed them. The Italians mostly bought land out towards Arcadia and Glenorie and developed market gardens. "The old established Australian families were the ones who had the big citrus and stone fruit orchards, which are all gone now. There was a time, in the 50's, when poultry was combined with the citrus orchards. Now the urban sprawl has taken over and, and food production is completely worthless. There were several Russian families and some Chinese here too."

Ruth asked John about the shops that made up the Galston village before the war;

"There was a general store, a bakery, a Post Office and a Motor garage on the corner of Galston Road and Mid-Dural road (*where the roundabout is now*). Then, where Rosie's restaurant is was a confectionery store and milk bar. Mr. Baxter had a fruit and vegetable run as well as the shop. Then on the corner of Glen St, the Jones family had a small store, that sold a bit of confectionery. It was sometimes open and sometimes shut. There was a pharmacy in with the general store, where the newsagency is now, and where the other shop is next to the now Deli, was a liquor store. Mr Butler bought all that building and then Warren Griffiths built all those new shops (*In 1973*), and had his pharmacy there. Then the Allen family built the shops along Galston Rd., and had a butchery there. Before that, we got our meat from Round Corner. Along Arcadia Rd, where the Galston Club is now, was a Methodist Church Hall. The Hayes family ran the Post Office and mail delivery for several generations."

At the next meeting of the Dural Historical Society on Saturday, 8<sup>th</sup> September at 2 pm,

Prof. Brian Fletcher will speak on "Religion and the Spread of Settlement" All welcome

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## Fagan Park, Galston. Rural Museums and Netherby Homestead Open Day, Sunday 16 September.

Volunteer group, The Friends of Fagan Park, will open the Heritage Area of Netherby Homestead and rural museums in Fagan Park on Sunday 16 September between 10am and 4pm.

The Heritage Museum Areas will be open, including the historic 1901 Netherby Cottage. This unique property provides an insight into the remarkable rural history of Hornsby Shire. There will be a display of trucks, tractors, and stationary engines including a steam engine, a road roller, horse-drawn sulkies, a display of hand tools, and restored farm machinery to see.



There is always something new and a lot to see and do for the whole family. Don't miss it!

Tea, coffee and soft drinks will be available provided by the Friends of Fagan Park at a modest charge. All the park facilities such as picnic areas, barbecues, children's playground, walking trails and the stunning Gardens of Many Nations will be open.

Bring a picnic lunch to have in the park. We look forward to seeing you there! Entry to the Park and Museum Area is free. Entry to Fagan Park car park is \$5.00 per car. For enquiries contact Ian Browning **M:** 0419 435 475 **E:** isandian@tpg.com.au

## Family Reunion

Richard Young, from Galston Rotary, has had a joyous 4 weeks with his reunited family. His son Rohan has been working in Bahrain for the past 3 years as a traffic and transport engineer for an international consulting company. Previous to that, he has worked in the UK and Abu Dhabi for several years. His other son Jason is a local builder.



**L-R Dale, holding Caylan, Jason, Jasmine, Rohan, Richard, Heather.**

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## Hills Chiropractic Clinic

The **Hills Chiropractic Clinic** was established in 1998 by Clorinda Arango. Her goal has also been to help the community (young and old) to stay healthy by helping them achieve optimal spinal health.

We treat back pain, neck pain, headaches, pinched nerves, numbness, sport injuries, postural training, pregnancy, kids and more.

Realigning your spine and releasing surrounding muscle tension are the first step to achieving your spinal health goals.

We believe in not only treating the pain but finding the cause of the pain and preventing a relapse. This could include lifestyle changes such as posture, work-place set-up, exercise/stretching and preventative maintenance. Lots of things we encounter daily may have an effect on our spines and thus our nervous system.



## Dural Galston Probus Club

Dural Galston Probus Club will hold its next Meeting at 10am on Thursday 20th September at The Galston Club in Arcadia Road. Geoff Williams will speak about "Hypnosis and Hypnotherapy". After the meeting some members like to enjoy a hot lunch at the club. Visitors and new members are always welcome. Contact Anne 9653 1004.



## Galston Village Pharmacy

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**Free Baby Clinic**  
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**Wednesday 29<sup>th</sup> August**  
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**Saturday 8<sup>th</sup> September**  
**9am — 2pm**

**Hillside Public School**  
**122 Cattai Ridge Rd, Glenorie**



There will be a **jumping castle, balloon darts, BBQ, coffee.**

**Sites only \$15**  
**Bookings - Phone Sue on 0424 355 615**

This will give you the opportunity to sell those unwanted items that have been sitting around your house, garage and backyard. So bring along all your preloved toys, bric-a-brac, antiques and collectables.



## Glenorie Growers' Market On the Move!

Glenorie Growers' Market is relocating to the grounds of Glenorie RSL club. This move will enable the market to expand its number and variety of stalls.

Market owner, Vicki Brownless, said "We have now been operating the market for over 2 years, and it's time for a revamp. Moving the market to the RSL Club grounds gives us more space, and the opportunity to introduce some new and exciting ideas and products. Our local community has been extremely supportive of the market since its inception, and we hope they embrace the changes."

Vicki added, "I would like to pass on my sincere thanks to the Pirina family for allowing us to use their carpark until now, especially while we were going through some initial teething problems."

For those of you who haven't been to the RSL Club, the driveway is the continuation of the entry into Glenorie Woolworths. There is a large, undercover area, ideal for having coffee, eating and meeting up with friends, and a safe, fully-fenced playground for the children.

The first market at the new venue will be on Sunday, 23rd September, from 8.00am-1.00pm

## It Is Scarecrow Time Again In Galston

The Scarecrows will be gathering for their annual party, judging and prize giving at The Hornsby Council's Bushland Shire Festival in Fagan Park on Sunday 16th September at which around 10,000 people are expected to attend.

It is not too late to enter your scarecrow. An entry form is available on [galstonrotary.org.au](http://galstonrotary.org.au). Cost to enter is only \$5, Last year there was the usual big variety of scarecrows and we look forward to seeing what the community will bring along this year in the four categories of Traditional, Theme, Schools and the challenging Fantasy/Contemporary. The first prize for the Schools is sponsored by Bunnings.

The always popular miniature scarecrows will be there again for the children to make up. Children will also enjoy excellent photo opportunities with Bananas in Pyjamas, at The Mad Hatter's Tea Party and with other favourites.

Another feature of The Galston Scarecrow Gathering is the colouring in competition for children age 12 and under. Printing for the colouring in competition is sponsored by Adelphi Design & Print and the prizes are sponsored by The Galston & Glenorie Community News. Entry forms have been delivered to local primary schools and may be downloaded from [galstonrotary.org.au](http://galstonrotary.org.au).



We are happy to say that The Bendigo Bank in Galston is once again sponsoring the Gathering.

We encourage local businesses and individuals to bank with The Bendigo, which does so much for our community. Please ask what they can do for you.

The Galston Scarecrow Gathering is an activity of The Rotary Club of Galston. For information call Shirley 9653 3062 or Barbara 9653 1065.

## Hills Chiropractic Clinic

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For more information on what's happening at  
Glenorie R.S.L visit [www.glenoriersl.com.au](http://www.glenoriersl.com.au)

## Weekly

### Monday

\$10 Schnitzel  
Chicken, Veal Or Pork  
Cue World pool comp

### Tuesday

\$10 Fish N Chips Or T-Bone Steak

Poker Night

\$300 First prize guaranteed

### Wednesday

\$15 ½ Lobster Mornay  
Members Badge Draw

### Thursday

Club Pool Comp

### Friday

Afternoon Tradies Raffle

MONSTER Raffles

Over \$1500 in prizes to be won!

### Saturday

Members Badge Draw  
Raffles

### Sunday

Roast

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### Wednesday &

### Saturday

### Night Badge Draw!

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### Friday & Saturday Night Raffles!

### Friday Night

### MONSTER Raffles

\$1500 in prizes to be won



### Tuesday Night Poker

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#### **September**

28<sup>th</sup> Double vision 8.30pm

#### **October**

12<sup>th</sup> Mr Breeze 8.30pm

#### **November**

16<sup>th</sup> Déjà vu 8.30pm

#### **December**

14<sup>th</sup> Mr Breeze 8.30pm

## **Double Vision**



**Friday  
Sept' 28<sup>th</sup>  
8.30pm**

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for October Edition is 15th September 2012

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## NSW Rural Fire Service

### What Can YOU do Around the Home to Protect You and Your Family From Bush Fire?



As the weather begins to warm up it is a gentle reminder that the bush fire danger season is fast approaching and regardless of your decision to Leave Early or Stay and Defend your home, you still need to prepare your property against the threat of a bush fire or ember attack.

If your plan to leave early fails you may need to take refuge in your home. A property which has been properly prepared stands a far better chance of surviving a bush fire than one that hasn't.

If you haven't already done so consider undertaking the following:

- Cut back any branches on trees or shrubs that overhang your roof, garage, sheds or other structures around your home and dispose of cuttings appropriately.
- Clean leaves from the roof, gutters and downpipes and consider fitting quality metal leaf guards.
- Provide unrestricted access/egress to your property for fire fighting personnel and evacuating residents.
- Keep lawns short (less than 10cm) and prune and maintain garden beds as islands away from your house.
- Avoid brushwood and other combustible fences leading up to your house. If unavoidable they should be kept wet during a bush fire.
- In areas of bush fire risk provide an additional static water supply (eg. water tank, swimming pool, dam) with a petrol or diesel powered pump and fire hose long enough to reach all sides of your house. Also practise connecting and starting the pump before a high fire danger day.
- Check the condition of your roof and replace any damaged or missing tiles.
- Check the condition of external walls and cladding and seal any gaps.
- Enclose underfloor areas and keep space under buildings/decks clear of vegetation and/or combustible materials.
- Install metal flywire or solid screens to the outside windows and doors.
- Have a non-combustible door mat.
- Remove and store any flammable items away from your house.
- Make sure the pressure release valves on LPG cylinders face outwards (so if they ignite the flame is not directed toward your house).

For more information or to arrange a free visit to your home to look at your level of bush fire risk, contact The Hills District Rural Fire Service on 9654 1244.

### PREPARE. ACT. SURVIVE

### Jazz in the Pines

What better way to welcome the warmer weather than by joining us for the first of our outdoor concerts after our winter break. Jazz at the Pines is on Sunday 16 September between 12.30 and 4.00 pm at Roughly House, The Pines, 656a Old Northern Road Dural. Pack a picnic lunch and relax under the giant pine trees while being entertained by the very talented Mike Hallam's Hot 6 jazz band. Delicious home baked goodies may be purchased for afternoon tea and free guided tours of the historic homestead (circa 1856) are conducted during band breaks. Bookings welcome on 02 9651 4411 or email [sydhills@bigpond.net.au](mailto:sydhills@bigpond.net.au). Cost: \$12 adults, \$10 concession, \$25 family. Any profits taken go towards the upkeep of Roughley House thereby providing visitors to our area a fine example of our colonial heritage. We would love to see you there!





## Cancer The Dragon And You

"Your Cancer is in Remission" says the Oncologist. What does this mean? Usually this has happened after some initial treatment. Either there is no detectable Cancer above 2 mm in size or perhaps the cancer has stabilised showing no growth since the last scan. Either way, it is a good initial sign for the moment, but things can change over time. Regular check ups are usually recommended, but how often is the common dilemma. The big concern is that any recurrence will spread to other sites, becoming more aggressive and perhaps Chemo Resistant. The current Medical conventional "wait and see" approach often ignores other possible actions which could be taken to minimise any cancer recurrence.

In the general field of health, sales of supplements, vitamins, and alternate naturopathic approaches are increasing. Some may have anecdotal or laboratory studies to suggest possible medical benefits but few have been subject to expensive rigorous human trials as they offer little profit to the major Pharmaceutical Companies.

Those approaches which have some scientific basis, low toxicity and side effects plus being compatible with conventional treatments are worth consideration. Information sources available such as the Internet require very careful scrutiny. Better still join a Cancer Support Group and speak face to face with real people.

Stay in good health and remission from that unpredictable Dragon Cancer.

### Hills Cancer Support Group

834 Old Northern Road Middle Dural

Contact Details: Phone 9652-1977

Email : johnahackett@yahoo.com.au



## Art Show

### Closing Down Sale - Reduced Prices

After many years, and many exhibitions, Myrna Southgate, well known artist from the Castle Hill Art Society, is closing her studio at 37 Sedger Rd. Kenthurst.



She has been a consistent exhibitor and prize winner in many local galleries and exhibitions, working mainly in traditional watercolour and drawings of historical houses encompassing a very large area, of which she has a large collection.

Myrna will open her studio on the 16th, 23rd, and 30th of September, between the hours of 10am and 3.30pm

All are welcome. Enquiries phone: 0296542597

## The Sydney Hills Branch of the Association of Independent Retirees

The Sydney Hills Branch of the Association of Independent Retirees committee welcomes members and especially new members to our meetings to be held Pennant Hills Bowling Club Yarrara Road, Pennant Hills on Friday 7th September. Meeting commences at 10am.

We have a great line up of guest speakers for the year.

We will welcome Grahame Rees from the Australian Taxation Office. Grahame will be talking on Taxation for retirees for 2012/13 and the new taxation requirements.

If you are recently retired, come along be informed of any impending changes. By working together we can make a difference for the future.

Visit our website: [www.hillsair.com](http://www.hillsair.com) President: Lauris Rennie. 9634-1186

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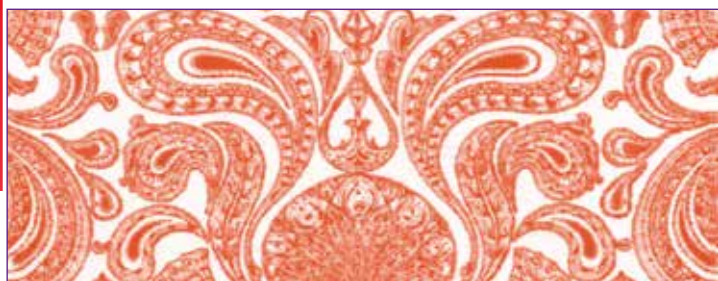
We may be able to assist you. Please contact us to confidentially discuss your situation.



Phone 9639 8620

Email: [enq@hca.org.au](mailto:enq@hca.org.au)

A project of The Hills Community Aid. Funding provided by the Department of Families, Housing, Community Services and Indigenous Affairs.



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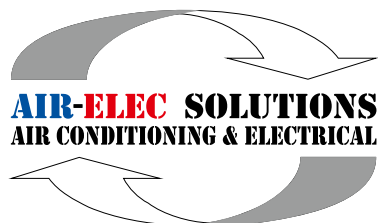
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Heights & Berowra Waters.

**For Advertising - Call Karla 0416 939 050**

**Circulation - 8,500 copies**

## **Galston CWA News**

At our August meeting we celebrated our International Day. Seventy-five students from Arcadia and Galston Public Schools created posters on East Timor. Although only a few were able to attend, we had a most interesting meeting. The guest speaker was Paula Halvorson who brought in a wonderful display of handicrafts from East Timor.

Our Spring Fashion Parade from Prime Style Fashions will be held on Thursday 13th September, at the Galston Club, 21 Arcadia Rd, Galston. They have a great range of very wearable fashions in a wide range of sizes and suitable for all ages. Morning tea will be served from 10am, this will be followed by the Fashion Parade, and then Lunch – all included for a cost of \$20. Please put this date in your diary, and join us for an enjoyable day.

The next monthly meeting will be held on Wednesday 12th September at 10am. We meet at the Galston Community and Health Centre, cnr The Glade and 17 Arcadia Rd, Galston. Visitors are very welcome to attend.

The Country Women's Association is the largest women's organization in Australia, and works for the welfare of women, children and communities, especially in country areas.

More details from  
Janet - 9653 2402 or  
Val - 9653 1774



## **Cup Cake Day in Support of the RSPCA**

The Staff at our local Community Bank in Galston got cooking and participated in the RSPCA's Cup Cake Day.

The cup cakes were all home cooked by the staff and then sold for a gold coin donation on the 20th August 2012. Total funds raised on the day was \$190-.



## **Parramatta & Hills District Group**

The next meeting of the Parramatta and Hills District Group of APS will feature Mark Wolff, speaking about weeds and their management, in home gardens and in the wider environment.

Mark is a former member of our Group who has been working in the field of bush regeneration for Lane Cove Council for many years. Mark's books include "Winning the War on Weeds", and a new updated version, "The Weed Book - Identifying and Removing Weeds and Introduced Species from Your Garden."

The meeting will be held at Barton Hall in Hopetoun Anglican Retirement Village, David Rd Castle Hill, on Friday August 24, 7:30 for 8pm.

Plants will be available, supper provided and bushcarers and other interested people are welcome.

Contact Wendy Goonan 0296863149





## Rotary Club of Galston AFTER THE GIANT BOOK FAIR

**The Love of Books is Alive and Well!**

There's nothing like the feel and look of a good book! It was certainly evidenced recently at the Rotary Club of Galston's Giant Book Fair with over 25,000 books sold over the week end!

It was congratulations all around for the Rotary Club of Galston's new venue for the Giant Book Fair – held for the first time at the Galston Community Centre. After fourteen years, the book fair has grown so much that a bigger premises was needed. The Galston Community centre was perfect with larger facilities and easier parking.



"We had positive comments all week-end, it was a great success" said Harley Newham the convenor of the book fair. "We had book lovers and fossickers steam in all weekend happily leaving with loads of books" he continued

"Some come and get their yearly supply at a fraction of the cost!"

Family and friends relaxed in the coffee shop reading their treasured book, whilst others combed the stands for their rare find! There is always a large range of new books in a wide range of categories at super special prices, and quality paper back and hard back fiction, nonfiction, biography and other categories. A huge range of collectable books (the majority being 1st editions) in various categories. Some books are signed by the author and most books are in excellent condition. Children's books had their own area on the stage where you could browse at your leisure. There were lots of quality jigsaw puzzles as well as CDs DVDs and vinyl records.

The Giant Book Fair is held on the last week end in July every year, so if you missed out this year, reserve the weekend as next year promises to be even better as it will be the fifteenth anniversary of the Giant Book Fair.

Contact: Gaye  
Wheatley 0408 006072  
primeproptygaye@century21.com.au



## The Hills District View Club 11<sup>th</sup> & 25<sup>th</sup> September 2012

The Hills District VIEW Club's next social function will be held on **Tuesday 11th SEPTEMBER**, at the The Galston Club where there will be a fabulous Fashion Parade presented by Rainbow Fashions. Arrival time will be 10am for 10.30 morning tea. The cost is \$25 which includes morning tea, and lunch consisting of pies, peas, potato, followed by pavlova. (4 P's)

**Please contact Robin on 9680-2690 for bookings and more details - bookings are essential.**

On **Tuesday 25th SEPTEMBER** The Hills District VIEW Club will hold its monthly meeting at The Dural Country Club commencing at 10.00am with morning tea at a cost of \$6 - lunch will be at your own cost. The speaker will be Jan Andrews, who was born in New Guinea just before the outbreak of World War 2. She has worked in a range of clinical, education and management positions throughout her fifty year nursing career. Jan will share some of her experiences in a talk entitled "A career most unlikely - been there and done that". **Please contact Robin on 9680-2690 for bookings and more details - bookings are essential.**

## Computer Pals For Seniors

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Are you over 55yrs and not working, and finding it hard to understand your computer and the various programmes it has to offer? Don't hesitate thinking you are too old to learn. You could be doing yourself the greatest favour of your life by surfing the net. Contact us... We are a non-profit organization. Our tutors are all volunteers and do not receive payment of any kind.



We hold our meetings in the History Cottage, Galston Road, Galston.

The next meeting is on 21st September 2012 at 10 am, and anyone is welcome to attend.

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*The Hills Rural Business Chamber  
takes pleasure in inviting all members  
to the next*

## **Networking & General Meeting** **Tuesday 20th November, 7pm**

**Venue - Glenorie RSL Club  
(Palms Room)**

**RSVP to  
president@hillsrural.com.au**

*Invitation*

## **President's Report**

**Keith Jordan, Hills Rural Chamber**



The executive held 2 working bees to clean out the large office at Glenorie so it is ready for sub letting. We have forwarded one copy of all magazines from 2001 to 2011 to the State Library for historical records.

At the last General Meeting at Glenorie RSL it was determined that future meetings will be held every 3 months instead of monthly, and the format would be based on a guest speaker and networking amongst members rather than a formal meeting as such. The AGM will be the only formal meeting. Executive will continue to meet monthly.

Any questions members have can always be addressed to either myself as President or through the webmaster email at the website. The new website is up and running and we have had very positive feedback on its professional look and feel.

The last meeting at Glenorie was extremely informative, with an explanation of how to use the social media LinkedIn as a marketing tool. If anyone is interested in the talk, it can be found on the website. [www.hillsrural.org.ua](http://www.hillsrural.org.ua)

The next meeting will be the AGM, to be held at Glenorie RSL on Tuesday November 20th at 7.00pm.

Anyone wishing to nominate for the executive should have their nominations to the Secretary by close of business on Monday November 12th 2012. A nomination form is available on the website.

## **Guided Walks Program**

### **Blue Gum Creek Walk, Kenthurst**

Saturday 15 September 10.00am to 12 noon. Blue Gum High Forest was once a common sight in the Hills District. Now it is an endangered plant community. This walk provides the opportunity to walk through part of a Blue Gum Forest. There will also be lots of wildflowers to see on the sandstone ridge where the walk commences. **Breakfast with the Birds, Fred Catterson Reserve**

Sunday 23 September 8.00am to 10.30am  
Fred Catterson Reserve provides a variety of habitats for birds from the open playing fields to the dense scrub beside Cattai Creek. The old scribbly gums provide tree hollows which are nesting sites for many of our native birds. Cumberland Bird Observers' Club will lead this walk to introduce us to the birds of The Hills District. The walk will be followed by a hearty bush breakfast. Note to assist with catering bookings are essential before COB Thursday 20 September.

Bookings for this walks to Gerard Nolan Annangrove.  
Environment Centre 9843 0553

## *Rainfall Chart*

**Rainfall recorded in Galston period  
17/07/12 to 16/08/12 was 10mm**



## **Local Flyer / Leaflet Delivery**

**Door to door deliveries to acreage properties.  
Delivered First week of each month  
Call 9653 1321 for bookings**

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## *Time for Tea*

By Mary at Heritage Haven

### **Savouring Spring**

Spring arrived early this year with a mass of golden freesias blooming beside the front gate and violets emerging from garden crevices. As the violets' roots stirred in the earth, their purple flowers proffered fragrance above clusters of heart-shaped leaves. In France, young violet leaves are enjoyed traditionally in salads as a tasty spring tonic, or the sweet flowers delicately candied and passed around at the close of a meal. I was tempted to gather a handful of these harbingers of spring to scatter over a scoop of sorbet, but settled on a minute vase of fragrant violets on my work table ... pure delight!

Native poppies have self-sown beside the garden pathway and lizards have emerged to bask on nearby sandstone slabs where the sun can warm their sleek skins. Unobtrusively spring glides through the herb gardens. Chives, winter tarragon, parsley and sweet marjoram are filling their allotted garden spaces with patchwork shades of green. Severely clipped fronds of lemongrass and oniony chives still display browned crew-cuts from their autumn trims, but these are now interwoven with cheerful spikes of lime green fronds arrowing into the sunshine. Sturdy dandelions have emerged, sporting fuzzy, yellow flower heads that are eagerly nuzzled by the bees. I enjoy grazing on a dandelion leaf now and then, savouring its sharp taste and imagining all the vitamins streaming from it into my system.

This morning I surprised a Wanderer butterfly tentatively unfurling his large black-veined wings like a stained-glass window. Wanderers are immobilized by cold temperatures but perhaps fear was giving him wings! As I gently moved him from a spray of rosemary into the sunshine, he swept upwards into a cloudless blue sky ... hopefully to a supply of fresh water and a smorgasbord of flowers and nectar plants. Spring is definitely here!

### **Media release**

Kuring-gai LAC

#### **Retired police officers function**

As part of the 150<sup>th</sup> police celebrations, NSW police are holding a 'retired police officers' function at Chatswood Police station, 63 Archer Street, Chatswood on Monday 6th September 2012.

Retired police are required to register for the event and will be presented with a 150<sup>th</sup> year pin. Hornsby police are keen to hear from retired police officers from within the Kuring-gai LAC who would like to attend.

Retired officers can email or ring their interest for the event.

**Registration closes 27<sup>th</sup> of August.**

**Contact - Inspector Neil Higgins**  
**Hornsby Police Station**  
**Phone - 9476-9709**  
**Email - higg1nei@police.nsw.gov.au**

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## Crimes of the Month

### Kuring-gai LAC

#### Steal from Unit Complex

Hornsby police have noticed an increase in the number of unit complexes being targets of Break & Enter offences. The thieves are targeting the secure caged areas in the underground carpark. The security of the cages and padlocks on inspection is usually weak.

#### STEALING

The items being taken are usually high end pushbikes some valued over \$1,000. Expensive sporting equipment, power tools and motor bikes are stolen plus GPS units and remote controls left in cars.

#### How they get in

The thieves usually 'tailgate' a resident in either by the driveway or the foyer and then target the cage areas usually unseen. Sometimes a fire door or utilities door is forced open to gain access.

#### DON'T GIVE OPPORTUNISTIC THIEVES A CHANCE

If you have expensive items in the caged area think about relocating these to inside your apartments/units.

Do an audit of the security of your cage, have someone trained to assist if needed.

Reduce the chances of 'tailgating' by waiting until the doors close BEFORE moving away.

Be neighbour aware know who should be there and who should not, if in doubt seek assistance or advice from others.

Raise the issue at your next body corporate meeting to review the complex's security measures and how best to target these incidents. An audit tool is on the police website.

Police Assistance Line – 131-444

Hornsby Police Station – 9476-9799

Gordon Police Station - 94185399

IN AN EMERGENCY CONTACT 000

## Notice Of Annual General Meeting Galston Community Centre Association

A warm welcome is extended to all residents who wish to attend the Annual General Meeting of Galston Community Centre.

This is an excellent opportunity to learn more about the community involvement in operating this splendid facility on behalf of Hornsby Council.

It is also an ideal opportunity for willing volunteers to become involved.

**Date:** Monday 17th September 2012

**Time:** 7.30 pm

**Venue:** The Trethowen Room  
Galston Community Centre  
37 Arcadia Road, Galston

Galston  
Community  
Centre

37 Arcadia Rd (PO Box 38)  
Galston 2159  
Phone 9652 0305  
ABN 20 706 996 972  
Hornsby Shire Council



## Dharug & Lower Hawkesbury Historical Society - October Outing

Come on a guided walk in the Mount Manning area to see some Aboriginal rock art of the area. Meet: At the Junction of George Downes Drive and Great Northern Road at Bucketty Precinct.

**Date:** Saturday 27 October 2012

**Time:** 10.30 a.m.

**Bring:** Morning tea, lunch, water, hat, sunscreen  
Medium difficulty. Please wear suitable enclosed shoes.

For more information email [enquiries@dlhhs.org.au](mailto:enquiries@dlhhs.org.au) or  
phone 0404272969.

## Dural Business Wins Telstra NSW Business of the Year

Dural based business Laservision has recently been awarded the prestigious 2012 Telstra New South Wales Business of the Year.

"I'm delighted that Laservision received this award" said Mr Ruddock. "Paul McCloskey and his team do a remarkable job – in Australia and all over the world, including Hong Kong, Singapore and India."

Laservision produce architectural lighting, permanent attractions and special events; with their high-powered laser shows and pyrotechnics seen by millions.

"To see a business from Dural making its mark on the world stage like this is remarkable, and it's a great achievement on the part of the Laservision team" said Mr Ruddock. "I have not been surprised at this win as I have always been impressed with Laservision's leadership role in innovation and marketing abroad."

Laservision also received the MYOB Small Business Award at an event in Sydney on 25 June 12.

Media Contact: John Bathgate, 9980 1822

## Results of Mayoral election Tuesday 31 July, 2012:

Clr Larry Bolitho was elected as Mayor of the Hills Shire Council at the extraordinary meeting of Council on Tuesday 31 July, 2012, for the balance of the 2011/12 Mayoral term. He will remain as Mayor until the next Mayoral election after the 2012 Council elections.

Clr Michelle Byrne, who has been acting Mayor, has resumed her position as Deputy.



## Galston Medical Centre

Dr Diana Moes

Dr Joyce Beardsell

Dr Graham Campbell

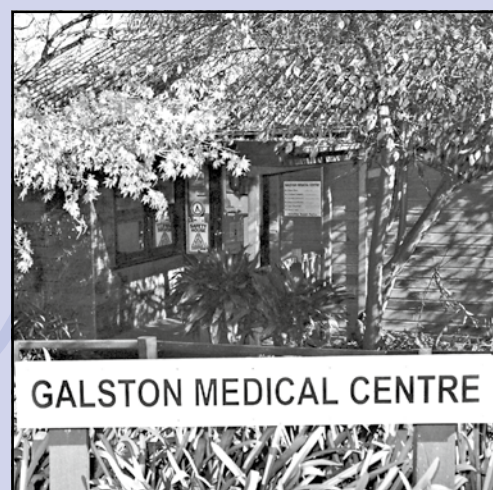
Dr Anju Pandey

Dr Bronwyn Edwards

Dr Simon Goode

By Appointment **9653 2133**

31 Arcadia Road, Galston, NSW 2159





## Bushland Shire Festival

**Don't forget to keep Sunday 16 September free for the annual Bushland Shire Festival.**

This year's event promises to be bigger and bushier than ever, with over market stalls, a rock climbing wall, V8 car simulator, laser skirmish, dog agility races, trackless trains and an Eco Garden to explore.

High on the must-see list will be the Aerial Circus performances and a chance to get up close to some Australian wildlife including lizards, snakes and crocodiles.

Meanwhile, the main stage will be pumping all day, with highlights including Lazy Town Zumba Fiesta Show at 11am and 1pm, as well as Danni Da Ros from The Voice at 2:45pm.

**Entry is free, car parking is \$5** and there will be a free shuttle bus to the park from Hornsby and Pennant Hills stations.

**The Bushland Shire Festival will be held on Sunday 16 September from 10am-4pm at Fagan Park on Arcadia Road, Galston.**

## Kenthurst Fair & Street Parade Sunday 9<sup>th</sup> September.

The annual Kenthurst Orange Blossom Festival - Kenthurst Fair and Street Parade will be a full entertainment program involving local talent starting at 10.00am. There will be stalls, rides and food. The street parade will be a feature of the day and will commence at 11am.

Location: Kenthurst Rotary Park

Cost: Free Event

Time: 10:00am with Street Parade at 11:00am

Enquiries: 0418277409

## The Spider & Insect Vac will be at Fagan Park

Catch us on our stand at the Bushland Shire Festival in Fagan Park on the 16th September with some newly released products to compliment our Spider & Insect Vac and the Katcha Bug, along with beautiful artwork from local artist Maurice Larkin of his prints and drawings of Fagan Park and a selection of his latest work and his 2013 calendar. Also new to us is a local artisans gorgeous jewellery, hand made by Stephanie.

20% off the RRP on the day of the Spider & Insect Vac and the Katcha Bug. Get Ready for the Spider & Insect Season, and Don't Harm Yourself Your Family and the Environment with Pesticides and Sprays.

A donation from the sales of the Spider & Insect Vac and the Katcha Bug will be presented to Breast Cancer Research from Select IP Australia in helping to make breast cancer history.

We look forward to seeing you there - Select IP Australia

For further information or to order online please tel us on 02 9653 2865, 0403 752980, email us at [selectipaustalia@bigpond.com.au](mailto:selectipaustalia@bigpond.com.au), or log onto [www.selectipaustalia.com.au](http://www.selectipaustalia.com.au)

## Local Flyer / Leaflet Delivery

Door to door deliveries to acreage properties.

Delivered First week of each month  
Call 9653 1321 for bookings

**The Bushland Shire Festival**

**Sunday 16 September, 10am to 4pm**  
**Fagan Park, Arcadia Road, Galston**

For further information visit [hornsby.nsw.gov.au/bsf](http://hornsby.nsw.gov.au/bsf) or phone 9847 6667.

**FREE ENTRY!!**

**PLUS Danni Da Ros from The Voice live on stage at 2.45pm!!**

Festival proudly sponsored by:

News Local Hornsby Advocate bushtelegraph

**HORNSBY SHIRE COUNCIL**



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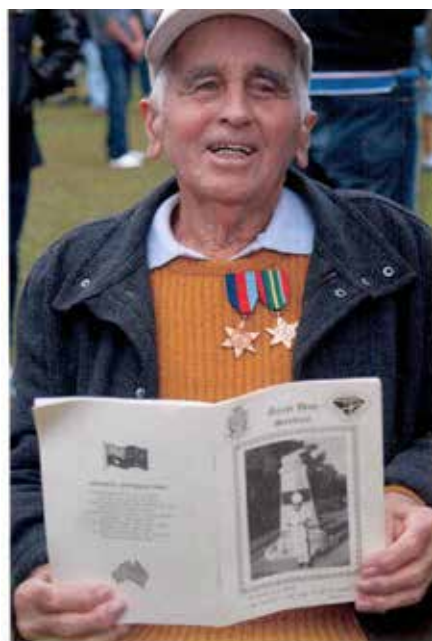
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## Vale Hal Costin

24th October 1925 – 4th August 2012



Hal Costin passed away peacefully on Saturday 4th August at Norwest Private Hospital. His family was with him.

Hal and his twin sister Heather were born in Willoughby to a loving close family. They had 3 older siblings. They had a tennis court, so tennis was always a favourite sport. He attended Willoughby Public School, and there at 11 ½ when attending an Open Air Campaigners week, accepted Jesus as his Saviour.

After school he started work in an accounting business. He joined the RAAF in 1943 and was posted to duty in New Guinea late that year. After the war he changed professions and started in a horticulture course.

Hal met and married Eleanor at St. Stephens Church Willoughby, then moved to their home at Dural after their honeymoon. They named it "Maple Hill." They have lived there for over 60 years, attending St. Jude's at Dural all that time.

Bruce was born in 1954, Christine in 1956 and Tim in 1973.

Hal helped in Dural Public School P&C, 1st Dural Scout Group, Tara and Knox School gardening activities. He and Eleanor had a weekly tennis club at their home court.

Hal loved gardening. He started work at Rumsey Seeds in Parramatta. Later he owned and managed the Carlingford Court Garden Centre. He was a member of the Nurseryman's Association. Since the later 80's he has been a committed member of the Galston Garden Club, the Friends of Fagan Park group and the gardening group at St. Jude's Church Dural. He loved tending the first roundabout in Galston.

He and Eleanor's garden "Maple Hill" was open for the open gardens weekends a few times in the 90's. It is a legacy of his love and lots of hard work over the 60 years.

Nearly 250 people attended a thanksgiving service for him on Friday 10th August at St. Jude's Church Dural.

He was a wonderful husband, father and community worker. We miss him deeply.

Written by his daughter Christine Stockman



## It's Tomato Planting Time!

Modern tomatoes are distant descendants of the wild plants that grew in the Andes Mountains in South America. The Aztecs in Mexico were the first to domesticate and begin breeding better varieties of tomatoes. It was after the Spanish conquest that tomatoes were first taken to Europe. Here they grew so well in the warm Mediterranean countries that tomatoes became an integral part of Italian and Spanish cuisine.

Tomatoes are the world's most popular vegetables and Wikipedia claims that close to 150 million tonnes of tomatoes were grown worldwide in 2010.

With their tropical origins it's easy to appreciate why tomatoes are grown in the warmer months. They can't stand cold so are usually planted in spring to grow through summer.

Grow tomatoes in soil that's been enriched with plenty of organic compost or manure and some fertiliser. Organic Life/Dynamic Lifter Plus is ideal because it combines composted manure with added nutrients. Choose a sunny spot that hasn't been used to grow tomatoes or tomato relatives (capsicum, eggplant, potatoes) in recent years. Use Yates Tomato Dust to control the common pest and diseases that can cause problems for the plants.

### Varieties

There are thousands of different tomato varieties but most home gardeners are interested in three basic groups: salad tomatoes, cherry tomatoes and cooking tomatoes.

- Salad tomatoes – Big Beef is a popular modern hybrid with good disease resistance. Moneymaker and Grosse Lisse are large fruited traditional favourites. If you want to enjoy the full flavour of older varieties, try Yates Heirloom Favourites Mix or Mortgage Lifter.
- Cherry Tomatoes – Small Fry produces masses of bite-sized fruit. Tiny Tim is a true miniature with small fruit growing on a tiny plant. Tommy Toe is slightly larger with apricot sized tomatoes.
- Cooking tomatoes – Roma (pictured), with its name reflecting its Italian origins, is the standard in this category. Roma can be used for bottling, freezing or making your own tomato pastes and sauces.

[www.hargravesnurseryland.com.au](http://www.hargravesnurseryland.com.au)



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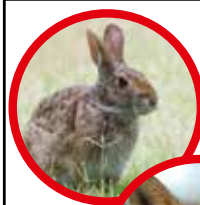
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## What's on

Are you looking for a new kitchen ?  
A kitchen renovation or upgrade ?  
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**THURSDAY 20<sup>TH</sup> SEPTEMBER**  
**6pm till 8pm**

Join us for our free 'hands on' DIY Kitchen Workshop which will show you how to  
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Meet our suppliers & Team Members

Light refreshments, tea & coffee will be served

Bookings are essential

For more information or to register for this event please telephone Dural  
Warehouse on 9653-7500 or [duralao@bunnings.com.au](mailto:duralao@bunnings.com.au)



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## The Rotary Club of Dural

### "Serving the Community" through The RALLY Youth Program



The Rotary Club of Dural has just completed the third school Mental Health forum this year in the district. Marian College, Annangrove on Monday 13th August saw 180 students plus teachers listening to clinicians from The Hills Clinic, Peter Casbolt and Leanne Hall, presenting strategies to assist students from Year 10 cope with stress and anxiety and maintaining a healthy mind and body. They also heard first hand from a young lady sharing her own journey of recovery from episodes of depression that have affected her for the past 10 years.

Our guest presenter, Matt Kean, State Member for Hornsby, opened the forum and gave a stirring introduction relating his experience with a close colleague who succumbed to mental health issues. His delivery was crisp and factual gaining a quite respect from his younger attentive audience!

Peter Casbolt encouraged students to identify the causes of stress - family, peers, school, study, jobs - and spoke about acceptable levels of stress and the pre-occupation of stress and anxiety that may dis-empower students to enjoy life with friends and family and result in a negative outlook to each day. This is when courage is required to share your feelings with someone you trust. It is not bad to have some stress, he said! But if it continues regularly then help needs to be found.

Colina is a 26 year old who shared her personal journey of events that led to bouts of depression and her subsequent recovery. Young people relate well to hearing real life experiences, especially when that person is merely 10 years older and giving such a positive message about seeking help from someone you trust. Colina is a fine example of hope to her young peers.

Leanne Hall is a psychologist with The Hills Clinic at Kellyville whose specialty is healthy lifestyle, healthy mind and how to go about it. Her light-hearted delivery kept students relaxed as she encouraged students to look at the Headspace website and try some of their questions and programs - but not to replace a visit to the school counsellor or GP, if they felt something was not quite right.

The overall message to students was to take control of yourself and your mind, learn how to help yourself, and to be aware of your actions as you don't know how they affect others

whether it's on Facebook, email or in school peer groups. Be strong enough to speak up when you are feeling numb and empty.

At the conclusion of the 90 minute forum, students spent time completing the Australian Rotary Health feedback sheet, discussing with their neighbour and engaging in good conversation about what they had just heard. Students then had time to browse the table of handouts from Youthbeyondblue and SANE Australia.

Our Chairman, Rotarian Allan Forno, thanked Kelly Grylak, the Marian College School Counsellor, Matt Kean and our three expert speakers from The Hills Clinic for giving Rotary the opportunity of raising awareness of good mental health with young people in our neighbourhood. The Hills Clinic has been at the forefront of these presentations to local high schools in the district. Their continuing support of these forums is paramount to their success and also of Colina for her courage to tell her story so that others may learn.

Friend of Dural Rotary, Sue Coleman, and Rotarian Paul Wolf have been rewarded for their desire to hold these initial forums this year. The three schools, Cherrybrook Tech High, Galston High and Marian College have all confirmed the continuance of these forums each year as a major initiative in spreading the word that mental health issues need to be discussed in the community, are preventable and curable, if treated.

The Dural Rotary Club will continue serving the community through our RALLY Youth Program in our schools, reaching young people at a vulnerable time of their lives and providing opportunities for leadership training to school students and after school to young adults.

The RALLY Youth Program, a concept of The Rotary Club of Dural, is funded by our business partners:

- **Galston & District Community Bank-Bendigo Bank**
- **Hills Storage-Galston & Castle Hill**
- **Turrell Building Services**
- **C2K Fitness Centre-Castle hill**

**We thank them for their generous support!**

## C O M M O D O R E KITCHENS



Commodore Kitchens has been trading in the Hills District for the last 25 years, as a family owned and operated business.

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# Galston SpringFest

## 1 SWANES LAVENDER FESTIVAL

**Date:** Monday 3rd Sept - Monday 1st October  
**Cost:** Entry Free  
**Call:** (02) 9651 1322 or visit our website at [www.swanes.com](http://www.swanes.com)  
**At:** Swanes Nursery  
 490 Galston Rd, Dural NSW 2158



Swanes Celebration of Lavender combines the best of Spring with fragrance and colour. A true celebration of lavender. Don't miss out of this exciting display of lavender in bloom. 15 varieties at bargain celebration prices. (also at Carlingford & Sylvania)

## 2 GALSTON SDA SPRING SERVICE

**Date:** 8th September 10am-12pm Lunch after  
**Cost:** Entry Free  
**Call:** Visit our website at [www.galston.adventist.org.au](http://www.galston.adventist.org.au)  
 Email: [Richard@absi.com.au](mailto:Richard@absi.com.au)  
 Phone: 0414 366 665  
**At:** Adventist Church, 49 Arcadia Road, Galston

Come celebrate Spring with us with a wonderful Spring Praise and Service wonderful music program by local talented musicians.

After the service, everyone is welcome to stay and enjoy lunch and fellowship. We look forward to sharing this wonderful occasion with you

## 3 BUSHLAND SHIRE FESTIVAL

**Date:** 16th September 10am to 4pm  
**Cost:** Free Entry. Parking: \$5 per car – extra parking available this year  
 Bus Service from Hornsby Railway Station  
**Call:** Tonia Watson – Event Officer 9847 6667  
 Email: [events@hornsby.nsw.gov.au](mailto:events@hornsby.nsw.gov.au) or visit [www.hornsby.nsw.gov.au/whatson](http://www.hornsby.nsw.gov.au/whatson)  
**At:** Fagan Park, Arcadia Rd. Galston

This year's festival will be a great day for families. There is an action-packed day planned with a variety of activities and events for residents of all ages. Kids will love the two live stage show performances by Lazy Town at 11am and 1pm, the crocodile encounters show and rides. Come and enjoy a range food and market stalls, a variety of live demonstrations and Eco Gardening demonstrations. Learn about the history of Fagan Park at the historic Netherby Cottage and rural museums day!

## 4 GLENORIE GROWERS MARKET

**Date:** 4th Sunday of every month 8am to 1pm  
**Cost:** Free of Charge  
**Call:** Vicki Brownless Ph: 0423727826  
 Email: [Glenoriegrowers@gmail.com](mailto:Glenoriegrowers@gmail.com)  
**At:** Grounds of The Glenorie RSL Club.

Local Growers market where you will find excellent fresh produce, paddock to plate, fruit and vegies, plants, local wines, condiments, jam and much more.

## 5 THE GALSTON SCARECROW GATHERING

**Date:** Monday 10th to Monday 15th September  
 Scarecrow Gathering  
 Judging at Bushland Shire Festival - 16th September at Fagan Park  
**Cost:** \$5.00 per entry  
**Call:** Shirley 9653 3062 or Barbara 9653 1065  
[www.galstonrotary.org.au](http://www.galstonrotary.org.au)  
**At:** Fagan Park, Arcadia Road, Galston  
 The eighth annual Galston Scarecrow Gathering, a fun event staged by The Rotary Club of Galston, will once again be sponsored by The Bendigo Bank in Galston. Let your imagination run wild. Start constructing your special scarecrow. Entries are invited in four categories – Traditional, Theme, Schools and Fantasy/Contemporary. A colouring in competition for children age 12 and under is sponsored by Adelphi Design & Print.

## 6 MULAWA ARABIAN HORSE STUD OPEN DAY

**Date:** Sunday 16th September  
**Cost:** Free of Charge  
**Call:** Phone: 9655 1578  
[www.mulawaarabians.com.au](http://www.mulawaarabians.com.au)  
**At:** 61 – 65 Bay Rd, Berrilee – via Galston or Berowra Sydney.  
 1pm Presentation of Arabian Show Horses.  
 A select group of Halter and Performance Horses will be available for sale.

## 7 JAZZ AT THE PINES

**Date:** Sun 16th, September, Sun 21st October, Sun 18th November, Gates Open 11am  
**Cost:** \$12 Adults \$10 Concession \$25 Family  
**Call:** Sydney Hills Visitor Centre.  
 Ph. (02) 9651 4411 [www.hhart.com.au](http://www.hhart.com.au)  
**At:** The Pines 656a Old Northern Rd, Dural

Visit Roughley House at the Pines 12:30 – 4pm open to public. A historic cottage located on site.

See Mike Hallams Hot 6 (16/9), Lisa Michel & the All Stars (21/10), or Bridge City Jazz Band (18/11). A fabulous day to have a picnic and sit under the pines and listen to some fabulous Jazz.

## 8 BENDIGO BANK COMMUNITY DAY

**Date:** 7th October  
**Cost:** Free  
**Call:** Lori Modde, Lorick Management 9656 1597  
 Bernie Triebe, Branch Manager, 9653 2227  
**At:** Galston High School, 10am to 4pm

Celebrate Galston District Community Bank's 10th Birthday at our Community Fun Day. Free rides, free workshops, market stalls, hot/cold food, face painting, plaster painting, damper making, art displays, local school performances & displays, community group displays. The Bank has donated over \$1Million back to our community, come and see the things we have sponsored. All welcome.

## 9 TUNES ON THE TERRACE

**Date:** Last Sunday of the month 12 noon – 3pm  
**Cost:** Entry Free  
**Call:** Reception to make a booking (02) 4560 3200  
[info@riversideoaks.com.au](mailto:info@riversideoaks.com.au) or visit [www.riversideoaks.com.au](http://www.riversideoaks.com.au)  
**At:** Riverside Oaks Golf Course, 74 O'Briens Rd, Cattai NSW

Special Tunes Menu, live local & international guest musicians. An afternoon on the Terrace overlooking the beautiful golf course. Families welcome.

## 10 GALSTON OPEN GARDENS WEEKEND

**Date:** Friday 19th Oct, Sat 20th Oct, Sun 21st Oct  
**Cost:** \$5 single garden or \$20 all gardens  
**Call:** Bill Fleming 9653 2394 or [galstongardenclub@gmail.com](mailto:galstongardenclub@gmail.com)  
**At:** Galston & Dural area

Detailed brochures will be widely distributed during August and will also be available at [www.galstongardenclub.com.au](http://www.galstongardenclub.com.au). Or write to PO Box 163, Galston, NSW 2159 to be posted a map.

## 11 ARCADIAN ARTISANS TRAIL ARTISTS OPEN STUDIO WEEKEND

**Date:** 10th – 11th November 9am to 5pm  
**Cost:** Free Entry  
**Call:** visit our website at [www.arcadianartists.com.au](http://www.arcadianartists.com.au)  
**At:** Arcadia, Galston, Berrilee & Dural

The Artisans' Trail runs over the weekend and gives you the opportunity to visit 8 studios with over 50 artists exhibiting. Throughout the year the artists prepare their galleries for this weekend of splendor, demonstrations and exhibitions of exquisite works which are available for your viewing and purchase. Brochures with easy to follow route instructions are available on the day from the stand outside Bendigo Bank, Galston. Further information can be found on their website at [www.arcadianartists.com.au](http://www.arcadianartists.com.au).

## 12 DURAL BUPA PetFest

**Date:** Sunday 14th November from 10am – 2pm  
**Cost:** Entry Free  
**Call:** 9653 9600 or [sandra.mckenny@bupacare.com.au](mailto:sandra.mckenny@bupacare.com.au)  
**At:** 1 Stonelea Court, Dural

Bupa Dural will host Pet Fest, from pampered pooches to Shetland ponies – all animals are welcome at this big pet day out. Prizes, trophies will be awarded across a range of categories. Lots of family fun is guaranteed with stalls, raffles, food and entertainment. The event raises funds for the RSPCA.

## 13 ARCADIA PUBLIC SCHOOL MARKET DAY

**Date:** Saturday 17th November 2010, 8am - 3pm  
**Cost:** Nil  
**Call:** Meegen 9653 2727 or visit our website at [www.arcadiaschool.com.au](http://www.arcadiaschool.com.au)  
**At:** Arcadia Public School, St. Columbs Church & Arcadia Community Hall, 136 - 140 Arcadia Road, Arcadia

Fantastic stalls, demonstrations and lots more! Food, homewares, jewellery, art, clothing, fashion & accessories, craft, books, plants, furniture, gifts, toys, skincare, collectibles, etc... Come along, join the fun, have a great family day! Start your Christmas Shopping early

## Program of Events 2012



# The Bushland Shire Festival

Sunday 16 September, 10am to 4pm  
Fagan Park, Arcadia Road, Galston

For further information visit [hornsby.nsw.gov.au/bsf](http://hornsby.nsw.gov.au/bsf) or phone 9847 6667.

**FREE ENTRY!!**



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**10th Birthday at our**

**COMMUNITY FUN DAY**  
**7th October 2012**  
**Galston High School**  
**10am to 4pm**

Galston Financial Services Ltd would like to thank all local residents and businesses for supporting our Bendigo Bank Branch over the last 10 years. The branch has now given over **\$1MILLION** back in sponsorships to our local community.

On 7th October we would like to celebrate this success with our community.  
Please join us, even for a couple of hours, for this wonderful event.

**FREE Entry - FREE Rides**  
**FREE Entertainment**  
**FREE Jumping Castle**  
**Face Painting**  
**Soccer/Cricket Skills Clinics**

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**Damper Classes**  
**School Performances**  
**Art Displays**  
**Hot & Cold Food**  
**Market Stalls**



**Bendigo Bank**





## harry & tess Opens in Glenorie

A new fruit and vegetable shop has opened in Glenorie. The name harry & tess comes from the shop owners mother and father who opened the first fruit and vegetable shop in Blacktown in the 1930's.

The shop has had a very busy first month meeting new customers and offers good quality seasonal produce wanted by local residents. Luckily the shop is supplied by a family member's wholesale fruit and vegetable distribution business which services restaurants, hotels and clubs all over Sydney. This means harry & tess's produce comes daily from the markets. Fresh as you can get!

Another big hit has been fresh juices, some crazy combinations but very popular such as rock melon, lemon, mandarin and orange – very yummy.

So you will often find items unavailable in the local area – purple carrots have been a huge hit, with everyone in Glenorie seemingly taking one home as well as micro herbs, mixed packs of gourmet mushrooms and baby grape tomatoes. In addition the beautiful Pastabilities pasta sauce range is in stock, as well as some wonderful Italian grocery items including some mouth watering Italian biscuits and fresh flowers.

The shop is also keen to link with local producers who are Flemington Market accredited so we can showcase local produce. There is such a wealth of great product coming from the Hills area.

So just phone through your order if you would like to pick it up, or if you have a special occasion you need to cater for. harry & tess would also like to announce that in September pensioners will be offered a 10% discount on Tuesdays.

Please pop in, they would love to meet you.

## What's on at The Hills Shire Libraries September 2012

### Baby Bounce 11.00am-11.30am every Friday during school terms

Come in and share nursery rhymes, action songs and fingerplays with your baby. Baby Bounce sessions are for 0-2 year olds and their carers. The library has a wide variety of items to borrow suitable for babies and toddlers such as board books, picture books and music CDs - *FREE*.

### Pre-school Storytime 10.30-11.00 am every Thursday during school terms

These lively sessions are a great way to introduce preschoolers to a love of books.

The library has a wide variety of items to borrow suitable for children of all ages including picture books, early readers and book and CD kits - *FREE*.

### Yarn on a Stick 12th and 26th September 10.00am-12.00pm

Yarn on a Stick meets fortnightly on Wednesdays. Come along and join a friendly, informal group and learn a new craft. Bring 4mm needles and wool. Donations of wool accepted at every branch, these donations are used to knit blankets for charity - *FREE*.

**All held at DURAL LIBRARY, PELLITT LANE, DURAL**

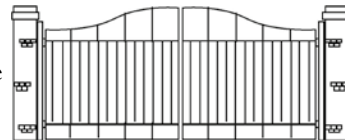
**To find out what other events are being held at The Hills Shire Libraries go to [www.thehills.nsw.gov.au/library](http://www.thehills.nsw.gov.au/library)**

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## Taking a Stand on Over-Development

Hornsby Shire candidate for A Ward, Jeremy Greenwood-Graham has been a resident of Galston for the past 16 years and is hoping to use this experience to help locals have a say on how their area is sustained. He is also keen to develop and maintain existing infrastructure. "In my time in Galston I have learnt to appreciate the areas' rural and natural qualities," explained Mr Greenwood-Graham. "I don't want to see unnecessary and ugly over-development destroy one of the greatest areas in Sydney."

Some of the infrastructure Mr Greenwood-Graham is hoping to improve and maintain in the area includes footpaths, roads and sporting facilities. He says when elected his first step will be to lobby the State Government to provide better access to public transport for the area.

A needs study of Hornsby's rural areas conducted by Jeremy's mother Verity Greenwood-Graham, who is contesting in the election in alliance with Jeremy, supports Jeremy's concern that public transport access is more than the transport itself. Dr Greenwood notes, "I interviewed people of all ages in our community and many of our aged and young families had problems accessing transport due to poor timetabling, absent guttering and footpaths. I fully support Jeremy's vision to beautify the shopping precincts whilst maintaining the environmental ambience and spaces throughout the area."

Over the past nine years, with a background in corporate governance, health resources and environmental management, Dr Greenwood has voluntarily served the community in her role as Galston Open Gardens Convenor with her husband John Graham and was a foundation member of the Fagan Park Eco-Garden Steering Committee and Springfest Committee. Dr Greenwood observes, "Our area has a high rate of life expectancy compared to the rest of NSW and both Jeremy and I am sure it is because of the caring community in which we live and the beautiful environment that we enjoy." Jeremy Greenwood-Graham can be contacted on 0413280799.



## Budgerigar Society NSW

### Ray Galbraith – Hills Branch.

Renowned bird photographer Nola Bradford attended the Hills Branch during August to undertake a presentation of the Best Budgerigars in New South Wales, along with the three best birds in each variety at the recent National Championship held at Geelong in Victoria. Members and visitors were engaged in lively discussing the merits of the respective birds, whilst providing an opportunity for those members who were unable to make the trip to Geelong, to gain an insight into the current show standard required of budgerigars.

The August meeting also saw long serving President Peter Dodd step down from the President position within Hills Branch and allow Harry Choriambus to inject his jovial personality into the meetings. Peter will remain on the branch committee and maintain the wealth of knowledge that he brings to all positions he has held over many years and he was warmly congratulated for his service to the branch.

Spring is nearly upon us and sees members/breeders of the budgerigar getting ready for the new 2013 ring issue date of 1st September, with most breeders checking nests for the that youngster that show promise for the show bench. This situation is Australia wide at present, as all states get ready for local, state and national championships.

Various club shows are being held where the general public can view the many varieties of budgerigars or alternatively, come along to the Hills Branch meeting where a warm welcome and refreshments will be extended. For further details, please contact Peter on 9888 5631 or [Peter\\_Dodd@primus.com.au](mailto:Peter_Dodd@primus.com.au)





## Winners are Grinners at the Arcadia Pony Club Combined Training

Big turnout, lots of smiles and lots of ribbons for the Arcadia Pony Club Competition Day. For the members the day encompassed dressage and derby jumping over spooky fences for our graded riders and a challenging obstacle course for our ungraded riders.

"It is great seeing all the different levels of rider have an opportunity to compete at their own level against their own peer group" says Tony Fox, President of Arcadia Pony Club. "That way every child gets a sense of achievement".

"Putting on a competition that caters from the very young still on a lead rein at just 4 yrs old right up to our very experienced older competitors who regularly jump large fences in open competition requires a lot of effort and resources", says Tony. "At Arcadia we have those resources in both our instructors and the parents who are ready to get and help create and run these great competitions".

For the younger and less experienced riders Helen Lamont, who is a local Western competitor created an obstacle course saw the children riding their ponies over a wooden bridge, through a scattered pole pattern on the ground, halting within a marked area and trotting between two points on the course carrying an object. "The aim is for the children to have fun but be learning about quality horsemanship at the same time", said Helen. "For safety children have to have control of their ponies and be able to stop, go and turn effectively before they commence learning to jump".

The graded and more experienced riders were tested over a Derby course which incorporated both cross country jumps and show jumps. "We wanted our graded riders to get in practice of jumping spooky fences of a varied type prior to the Zone 23 One Day Event" said Leanne Davies, Senior Instructor. "This proved to be a valuable experience for our riders as they went on to place in every division at the Zone 23 ODE the following weekend."

To find out more about Arcadia Pony Club and upcoming events please visit [www.arcadiaponyclub.org.au](http://www.arcadiaponyclub.org.au)



## St Madeleine's News

### Peer Support

Next term we have decided to participate in the Peer Support Program. This is an 8 week program designed by group of teachers across NSW and run by our Year 6 students with the help of one of our teachers in each group. The module Keeping Friends focuses on relationships. Many leading educators state that learning the skills, knowledge and attitudes necessary to build and maintain friendships and interact with one another in a positive way is foundational to being successful in the classroom and having a happy and fulfilling life.



### St Mads Got Talent

Our annual talent quest showcased some great talent among the students at St Madeleine's. There were singers, dancers, comedians as well as musicians. The entertainment was fantastic. The judges had a difficult task to pick the winners as all the acts were exceptional. Congratulations to all our winners and budding actors, dancers, singers and musicians.



### Author Visit

A group of Year 6 students were privileged to have a visit from Christopher Cheng. Christopher Cheng is a well-known Australian children's author of many award winning books. He worked with the students giving them an insight into how he writes his books and giving our budding writers tips and tricks of the trade. Who knows the next J.K. Rowling might come from St Mads at Kenthurst!

### Readers Theatre

This term Year 6 have been rehearsing and performing reader's theatre to their Kindy buddies. The stories are well known fairy stories with a comic twist added. Year 6 has thoroughly enjoyed performing and Kindergarten has been entertained with the many characters that have made them laugh. Well done Year 6.



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## Galston High School

### Shakespeare Incursion

On the 22nd of July, the Bell Shakespeare Company visited Galston High School and performed for the year 8 students. They were treated to a wonderful performance of an abridged version of *A Midsummer Night's Dream*, called *Midsummer Madness*. The Bell Shakespeare company explained throughout the performance different aspects of Shakespeare's famous play and what life was like in Shakespeare's time.

Year 8 watched in amazement as the four performers transformed the hall into an Athenian Garden, a forest and a Fairy Kingdom, creating a truly magical atmosphere.

### Edfest

On Wednesday the 8th and Thursday the 9th of August, the Galston High School community was treated to the wonderful experience of Edfest.

There were spectacular musical acts from Galston High School's ensemble groups as well as many individual and group performances of famous songs and student's own compositions, including the original piece *Stay* composed by Tom Fraser, who is only in year 8! The year 12 music students were given an opportunity to perform in front of a large audience in preparation for their HSC practical exam.



Guests at Edfest were also treated to wonderful and scrumptious treats prepared by year 11 hospitality and food tech students. The students did a fantastic job and everyone thoroughly enjoyed the food.

Edfest also gave a chance for the whole school community to see what wonderful artwork the year 12 students have created for their visual arts major works.



### 2012 Schools Regional Futsal Championships

This year Galston High School entered eight teams in to the 2012 Schools Regional Futsal Championships which were held in multiple regions across New South Wales. These competitions consist of State, Private and Independent Schools and it is one of the largest school based, single sport events in NSW and Australia.

The under 14 boys secured a wild card entry into the State Championships after a thrilling semi-final loss to Epping Boys in penalty shoot outs at the Dural Regional Championships. Their efforts were noticed by the Football NSW representatives who were more than happy to offer our boys a position in the State Championships. This has been a successful campaign in the sport of futsal at Galston High School with much to look forward to in coming years.

All teams represented Galston High School with pride and exceptional sportsmanship. The quality of skill in the sport of soccer and futsal in our region is of the highest standard, and our teams' success in such a strong region is an indicator of the level of skill and commitment demonstrated by the students.



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## Borrowing within an SMSF to purchase property by Roger Wheelahan, Wheelahan Investments

Using an SMSF can overcome common problems associated with building a direct property portfolio. In fact, subject to the trust deed and investment strategy of the SMSF, there are no restrictions on which asset class the funds can be invested in. It can also borrow to leverage the investment, provided the loan is a limited recourse loan for investment purposes, through a separate trust.

### How does borrowing to purchase property in your SMSF actually work?

The favoured trust for a limited recourse loan is an Bare trust. It allows the SMSF to purchase a property, repaying the limited recourse loan by instalment, while the asset is held in the Bare trust which is separate from the SMSF for the life of the loan. If the SMSF defaults on the loan, then the lender's rights are limited to the property in the Bare trust only. While the fund's loss is limited to the equity in the property and all instalment payments made prior to the default.

### What types of property can your SMSF purchase?

#### Residential

SMSFs are able to purchase any residential property at public auction or a private sale, provided it is not purchased from a related party. It cannot be transferred in specie into an SMSF from related-party ownership. The purchase of direct property must be for investment purposes only and you cannot receive any other benefit from it.

#### Business real property

However, unlike residential property, business real properties such as commercial properties and farms can be transferred in specie into an SMSF by related parties at market value. It can be bought at auction or private sale. Business owners are also able to buy their commercial premises, and pay arm's length rental to their SMSF.

There are taxation benefits from owning business real property within an SMSF, particularly if that property was initially owned outside of superannuation, and/or you are a business owner.

### Appropriate diversification

Depending on the total funds available within your SMSF your ability to diversify with direct property may be limited. Lack of diversification can increase the risk to your retirement plans if your property investment does not perform in line with expectations. It is important to remember even 'blue chip' property prices can reduce in value.

### Is it right for you now, or in the future?

While members of an SMSF are working to accumulate funds, assets that produce little income for the SMSF may not present any immediate problems. However, in retirement, income (and therefore liquidity), is of paramount importance when specified withdrawal amounts of income are required by law. For example, an 80-year-old member must withdraw 7 per cent of their SMSF capital each year, rising to 9 per cent from age 85.

A significant concern with residential property is that it often produces less than 5 per cent net rental yield (after expenses) and consequently insufficient retirement income. Because property is not divisible and cannot be sold off 'bit by bit', unlike units in a managed fund, accessing liquid funds often results in a forced sale.

For more information, please visit  
[www.wheelahaninvestments.com.au](http://www.wheelahaninvestments.com.au) and click on  
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Source: Charter Financial Planning.

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## Middle Dural Public School

### Small schools shine at athletics meet

By Kate Welshman

Last month the students of Middle Dural and Annangrove Public Schools were invited to an athletics meet hosted by Hillside Public School. Races were conducted in less than ideal weather conditions. It was the windiest day of the year! However, not even gale-force winds could dampen the enthusiasm of our little athletes, and the fortitude of their parents who cheered, blue-lipped at the sidelines, wrapped in scarves and blankets, was nothing short of amazing. Fortunately, the quality of the barbeque more than compensated for the abominable weather – thanks Hillside!

The school spirit, camaraderie and participation at this lovely event confirmed what the academic studies have been telling us for years: student attitudes towards school are more positive in small schools; students have a greater sense of belonging in small schools; and general self-concepts are higher in small schools than in large schools. The objective data in the form of attendance rates and academic performance also favour small schools, but possibly the most important advantage of small schools, on clear display at our athletics meet, was the greater opportunities for participation.

This spirit of opportunity and inclusion can be seen across the board at the small schools in our area. Recent examples from Middle Dural Public School include a whole-school excursion to the Picasso exhibition at the Art Gallery of NSW and performances by the 'orchestra' and 'choir' (i.e. the entire school) at venues as prestigious as the Opera House.

If you're a parent making the tough decision about where to enrol your child, a small local school is well worth considering. I must admit to falling for the lure of a large, breathtakingly expensive school initially. After a few years, I came to the disappointing conclusion that all I was getting for my money was a little prestige, some nice sandstone retaining walls and a smartly cut blazer.

To find out more about the big opportunities at our small school, please contact our principal, Ann Mills. She would love to speak to you: 9651 1761.

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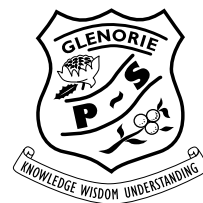
Ice Cream

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Coffee

At Glenorie Public School, 1731 Old Northern Road, Glenorie

## Glenorie Public School



The Country Fair organisation is going "full steam ahead". Saturday 8th September is going to be the most exciting day that Glenorie has ever seen!!! Make sure you keep that day free! A big thank you to the parents that have donated gift vouchers from their businesses and the entire local community. We really appreciate your generosity. What a great day it will be with rides, show bags, plant stall, white elephant, book stall, petting zoo, cake stall, Devonshire teas, plaster fun and sand paintings, monster raffle and so much more. Don't miss out on the fun when you come to vote.

## Hillside Public School News

### Great Results!

Through the University of New South Wales, our students have the opportunity to participate in the International Competitions and Assessment for Schools (ICAS) program.

ICAS tests are developed annually for primary and secondary school students and over one million student entries are accepted.

We have received some great results for Computer Skills, Science and Writing and we are very proud of all of our students' efforts. Nestled amongst the Participation, Credit and Distinction certificates that our students have received was a High Distinction in the Science assessment – a great achievement for Zachary in Year 4!



### PSSA Sport

Hillside students are thoroughly enjoying participating in weekly inter-school sport, part of the Beecroft Zone PSSA Cluster 3 competition.

Our eager junior and senior netball and league tag teams head to Hayes Park and Galston High school every Friday during Term 3 and have been, as usual, competing with great tenacity and skill against their opposition.

PSSA sport provides a great opportunity for our students to experience friendly competition against local public schools. Although there are no points tables or winners, the teams enjoy shooting goals and scoring tries. At the end of the game the players shake hands and leave with smiles on their faces.

### Knit In

Hillside's happy band of knitters recently travelled to Hornsby Library for the Annual Knit In.

When the knitting club arrived there seemed to be thousands of blankets! The boys and girls were thrilled to be interviewed by a radio DJ and eagerly participated in some knitting activities.

On display were photos of the people who receive the blankets that everyone creates – some in Africa had had to walk for two days to get just one for their whole family to share!

Hillside Public School was very proud to donate 29 complete blankets and 252 squares to the 'Wrap with Love' organisation. A HUGE thank you to everyone helped. You are certainly appreciated.



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## **Northholm Student Excels in Industry Placement:**

Northholm Grammar Year Twelve student, Ryan Power, was recently nominated for an "excellence in work placement" award. This award is given to students who clearly demonstrate outstanding attributes during work placement.

Ryan is currently studying Construction at Hornsby College of TAFE and conducted his 70 hours' work placement with Edgecombe Constructions in April 2012. His employer said of Ryan: "Ryan was the best student we've ever had and we've hosted a lot of students. He presented well, had a great attitude, asked questions and got along well with other staff. He also brought his own tools, without being asked and had extensive knowledge of the construction work."

The work placement was coordinated by Hills Schools Industry Partnership (HillsSIP) who organise more than two thousand work placements per year for Year Eleven and Year Twelve students studying a Vocational Education course at school or TAFE College in the Hills and Hornsby areas.

It was a pleasure to welcome Barbara Stephens from HillsSIP to Northholm Grammar School's assembly on Monday 13 August 2012, to present Ryan with his well-deserved award. He has raised the bar for other Northholm students studying VET courses and is a credit to his peers, teachers and his proud parents.

The work placement team at HillsSIP wishes Ryan well in his chosen field and hope that his passion, enthusiasm and hard work will take him along way.

## **Reaching for the Stars**

**Arcadia Public School – Community Service Award Winner 2012**



On Thursday the 2nd of August, the Arcadia Public School Choir proudly performed at the Sydney Town Hall. Their voices soared in a mass choir consisting of over 500 students from the Northern Sydney Region. The repertoire consisted of 9 diverse songs including a Latin hymn, an Israeli folk song,

a Beatle song, a show tune and a range of ballads and original pieces, most with two part harmony. The children were over the moon to be a part of such an amazing experience, one that they will cherish as a lifelong memory. There aren't many people who could say that they have performed on the stage of the Sydney Town Hall nor have they had the splendid Grand Organ accompany them with its massive pipes and impressive, stirring sound.

We congratulate our wonderful choir who sang so beautifully on the night. They worked extremely hard, trained by our fabulous choir teacher Mrs Crouch whose teaching excellence and commitment ensures that our students are well prepared to be involved in these exceptional opportunities. As the photo shows, our choir were made for the stage!





## KU Galston Preschool

### Marketing Ad- September 2012

We are continuing to work hard in preparation for our 30th birthday celebrations on Saturday the 8th of September, now just under a month away! The event will run from 10am to 2pm, at the Galston Community Centre and the KU Galston preschool. There will be entertainment and fun for the whole family including special 30th birthday activities, lots of children's activities including a jumping castle, Golden Ridge Animal Farm, face painting plus market stalls, food stalls and entertainment.



We had a visit from Julie who is a youth liaison officer with the police department. Julie showed us her uniform and how we could identify her. She ran through all the equipment on her uniform, her baton, handcuffs and gun and explained when she might use them. We talked about road and car safety and the importance of wearing your seat belt. If Mummy or Daddy forget to put it on, it is important to tell them straight away. We also need to make sure we cross roads at the traffic lights and on the pedestrian crossing so we can be seen. We must walk with a grown up in car parks to keep ourselves safe. We learnt the new terminology for "stranger danger". It is now known as safe places and safe people. If you don't know someone you shouldn't go with them, if someone tries to get you to come with them we all know to shout "NO, GO AWAY!" If there is an emergency we were again reminded to call 000.

We have begun enrolling for 2013. If you are interested in a position please visit the preschool or call our Director Rebecca on 9653 2252.

## Financial Ombudsman Services Visits

### The Sydney Hills Branch Of The Association Of Retirees.

Our members were very grateful to Ian Donald coming up from Melbourne to address our meeting.

Ian outlined the role of the Financial Ombudsman Service known also as FOS.

FOS is an independent external dispute resolution (EDR) scheme. The service is provided free to consumers of financial services.



They deal with disputes involving financial services.

Ian provided our members with very detailed information on Investment issues for retirees to consider they are:

- Financial Planning
- Investment

Ian also provided information on what financial services FOS covers they are:

- Banking and Finance
- General Insurance
- Investments
- Life insurance and superannuation.
- Ian was happy to answer questions during the presentation.

For information on The Sydney Hills Branch of the Association of Independent Retirees. Contact: Lauris Rennie on 9634 1186 or visit [www.hillsair.com](http://www.hillsair.com)

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## Winter Sports for Tiny Tots to Teens

The Hills Grammar School has had a long history of competitive sport. In recent years this has evolved into the development of The Hills Grammar School Sport Clubs playing on weekends in local associations. Currently the school caters for over 260 players in our Netball, Rugby and Football clubs.

The Hills Grammar School Netball Club, now in its 22nd year, plays in the Hills District Netball Association. We currently have 15 teams ranging from Under 8 to Ladies teams, with 6 teams in the top 4 positions in their competition.

The Hills Grammar School Football Club has been running for three years now and has grown each year, with over 100 registered players ranging from mini's under 6's to under 15's. Congratulations to the three teams who made it to the final series.

The Hills Grammar School Rugby Club, introduced in 2011 has two teams entered in the Eastwood District competition. Age



groups are from Under 6, with a number of players starting when still at preschool. All our coaches are accredited and enthusiastic about developing the game in the local area. It's a friendly, social environment for both players and parents.



## Galston Public School

by Carole Weiss

Galston Public School students have had a very busy Term 3 indeed. Beginning with the annual Athletics Carnival, Kindergarten to Year 6 students were outstanding with their exemplary displays of sportsmanship and behaviour. They ran their hearts out and used enthusiastic voices to support their respective sport houses.

With the use of the new amenities facilities at Hayes Park, Galston a magnificent day was organised by a very hard working teacher, Miss Jacki Payne. A rural atmosphere prevailed with many parents, as always, assisting with time keeping, working in the canteen and behind the bbq cooking delicious sausage sizzle sandwiches. The carnival couldn't do without them. A courageous and spirited team has since competed at the Beecroft Zone Carnival. Their efforts are to be highly commended.

Congratulations to our Years 1/2 and Year 5 drama groups, who performed in the ArtsNorth Drama Festival. Both groups were marvellous representatives of Galston Public School. Their matinee and evening performances in front of large audiences were extremely impressive. These drama groups are so fortunate to have been prepared by two very creative and talented teachers Mrs Karen Courtney and Miss Alisha Clements.

The Galston Public School Junior Choir, under the tutelage of Mrs Geeta Pendharkar had their first public appearance when they performed at the 30th birthday celebrations of the KU Galston preschool. The choir sang beautifully and the audience were especially delighted with the selection of songs.

Years 5 and 6 had a fantastic three day excursion to Canberra and the Snowy Mountains. During the excursion students visited the Australian Institute of Sport, Questacon, Old Parliament House, Parliament House, Mt Selwyn snowfields and the Australian War Memorial. Their behaviour and participation in all activities was excellent. A memorable time was had by all.

An evening band concert was held in the school hall to showcase the tremendous progress students from Years 3 to 6 have made so far this year under the musicianship teaching of Mr Butler and Mr Wilson. The admirable performance enthralled the many parents and visitors who attended. A special thank you was extended to Mrs Smillie for supplying supper for the evening.

Congratulations to another fine group of students who were awarded prizes in the annual CWA Project Competiton for their wonderful projects about East Timor.

If you would like to know more about our vibrant school, please contact the school office (9653 2062) and all your questions will be happily answered.





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As from July 1, 2012 Annangrove Preschool Kindergarten was re-established. The Preschools new owners have been involved in childcare for over 25 years and have owned and operated several centres in the hills district. Faith Ford (the proprietor) is delighted with how Annangrove Preschool has been transformed into a beautiful kindergarten which now boasts NEW management and staff, equipment and furnishings, educational programs all in a caring, nurturing environment. Faith is pleased to inform that any new enrolments will receive 25% off childcare fees up until Christmas 2012. All are welcome to come and see the difference and discuss your child's educational needs.



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## Galston Uniting Church

Minister Rev Geoff Smith  
11 School Road – Galston  
Phone 9653 2039  
[www.galstonunitingchurch.com](http://www.galstonunitingchurch.com)  
Sunday Family Service 10 am



Well, another month has flown by – or has it *blown* by? All of our normal programs are up and going right now – please contact us if you'd like info... but this month, we really only want to talk about one thing today...

What a wonderful and diverse group of people are the member's of our Rural Fire Service! It's wonderful when you get a group of people together who are liked minded.

The Rural Fire Service was what brought everyone together at Galston Uniting Church on Sunday 12<sup>th</sup> August. There were representations from Galston, Middle Dural, Arcadia and Maroota Brigades and also many members from the Support Crew. While Galston Uniting Church was the host on the day, Pastor Leigh Davy from HillsLife was co-leader of the service with Geoff and other participants. Former Galston Brigade Captain Ken Turnidge gave us some insight into the changes in the service over the decades of his involvement. Members of other churches in the area were also there. Geoff reminded us that Jesus engaged with and encouraged the communities he encountered during his time



in Galilee. We were also blessed by the Men's Choir who always add spirit, volume and presence when ever they sing – thanks to Janet and 'her boys'!

After all the talking, we all moved outside (fortunately the wind wasn't so bad on Sunday!) for a "Blessing of the Fleet", including the spraying of the vehicles (and some of the crowd!).

With all the formalities done, then come the food! A really big Thank you to Eric's Tender Meats and Goodies Bakery for their generosity in helping us get sausage sandwiches to all. Another big Thank you to all who provided nibbles, slices and drinks to compliment the BBQ.

A really great morning was had by all. We look forward to doing all again next year!



## DEADLINE

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## News from St Benedict's

The big event for August was the confirmation of 30 young parishioners on Saturday 4 by Bishop David Walker. The next morning, at the 9am Mass, the children were presented with their confirmation certificates by parish priest, Father David. A celebratory barbecue followed Mass, with the confirmation candidates, their families and friends and the parishioners joining together to commemorate this special occasion.



Special thanks to all the hard workers who prepared the children for this sacrament and those who helped to make this such a special weekend.

Sunday 9 September is the date of the St Benedict's Parish Fete. This highlight of the parish year is much looked forward to by the entire community. It has a reputation for being a great success, both financially and socially, so we'll be back with a report next month.

The second of a season of musical recital concerts in the Monastery Chapel is on Sunday 23rd September. These are organised by parishioner Margaret McKinley and feature talented musicians – both singers and instrumentalists. We are fortunate to have such talent on show in our area. Details 9651 1495.



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## Glenorie Mission Church



Jesus said: "I am the way and the truth and the life. No one comes to the Father except through me."

Sunday School 9am Sunday Service 10.15am  
Girls' Brigade, Tuesdays 6.30pm  
1409 Old Northern Road, (Cnr Muscios Rd),  
Glenorie. Enquiries: 9652 1203

## Glenorie Mission Church

Christianity is much simpler than many believe and can be summed up in a few straightforward steps....

### 1. God loves you

"For God so loved the world that he gave his only begotten Son that whosoever believeth in Him should not perish but have everlasting life." John 3:16

"But God demonstrates his own love towards us, in that while we were still sinners, Christ died for us." Romans 5:8

### 2. All are sinners

"For all have sinned and fallen short of the glory of God." Romans 3:23

"As it is written: 'There is none righteous, no, not one.'" Romans 3:10

### 3. God's remedy for sin

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." Romans 6:23

"But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name." John 1:12

"Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day according to the Scriptures." 1 Corinthians 15:3-4

### 4. All may be saved now

"Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and dine with him, and he with Me." Revelations 3:20

"For whoever calls on the name of the Lord shall be saved." Romans 10:13

### 5. Assurance as a believer

"That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved." Romans 10:9

"Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgement, but has passed from death into life." John 5:24

### 6. My decision to receive Christ as my Saviour:

"Confessing to God that I am a sinner, and believing that the Lord Jesus Christ died for my sins on the cross and was raised for my justification, I do now receive and confess Him as my personal Saviour."

**Hallelujah!** Come and join us at Glenorie Mission Church, 10.15am Sunday mornings to worship a risen Lord and give thanks for so great a Salvation.

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## Gardens Open For Spring

Celebrate Spring by visiting the outstanding garden "Elegans" at 21 Fishburn Road, Galston which will be open on Saturday September 22nd and Sunday 23rd as part of Open Gardens Australia.



This is a unique park-like garden of 5 acres set around four lakes, with paths wandering off in all directions. It is really a Botanical Garden created by Bill Fleming over 30 years, containing a very wide range of trees and shrubs, including camellias, conifers, and many interesting coloured foliage plants. In September the garden is at its stunning best with new foliage on the numerous Japanese maples and other deciduous trees, and beneath the trees are hundreds of succulents, bromeliads, begonias, ferns and other ground covers. The garden has often been used to film segments for Better Homes and Gardens TV programs. It is continually evolving with lots of new things to see, including a new hexagonal pergola, and the extensive plantings will give you lots of ideas on how to use foliage colour and texture in your own garden.

You can easily spend several hours wandering around this beautiful location. Light refreshments are available, or bring your own picnic lunch. Proceeds go to the Galston Community Health and Resource Centre. Open 10 am to 4.30 pm on both days. Admission \$8, under 18 years free.

Also open on the same days is Barakee, 135 Miller Road, Glenorie, and on Sunday September 23rd only, Reverie, 11 McLeod Road, Dural.

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- Arrange Congratulatory Messages for 50th and 60th wedding anniversaries, plus 90th and 100th birthday celebrations.
- Actively participate with local organisations, schools and community events; as well as meet with constituents on local Federal issues and concerns. Please do not hesitate to contact me at my Electorate Office.

Level 7, 423 Pennant Hills Rd, Pennant Hills NSW 2120

Telephone 02 9980 1822 Facsimile 02 9980 1833

[www.ruddockmp.com.au](http://www.ruddockmp.com.au)

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## Still Creek Landcare Fireweed is here NOW !

by Nick Chartorisky



If there is ever a time to pull Fireweed, IT IS NOW.

The reason to remove it is because IT IS TOXIC! Fireweed is responsible for many cases of poisoning in livestock as it contains pyrrolizidine alkaloids. These chemicals in the body result in a characteristic type of liver damage, damage that cannot be reversed. The

damage to the liver is accumulative and can ultimately lead to death.

All parts of the plant throughout its lifecycle are toxic. Hay or silage contaminated with Fireweed can be toxic as it is easily caught up in its dried up form in the feed. The same way it started it's foothold in our district only recently.

The fields and lawns of the district might be brightened by their Yellow flowers, but don't be deceived. Up to 30,000 seeds can come from a single plant, which is why it has become so wide spread in the Hills over the last 5 years.

It's so easy to control without weedicide. On your garden property, it's just a matter of keeping it cut in lawns so as not to let it flower and spread. In paddocks it is easily pulled by hand. Just remember to dispose of it thoughtfully

It is possible to stop the spread of this weed and help out our primary producers, stock owners and equestrian's. A little work now really pays off in the next season; I have personally applied this and witnessed the results. One good afternoon of work pulling the flowering plants and mowing the rest paid off with a 90% decrease the following time they bloomed. I now find myself pulling Fireweed only around my boundaries with the infested areas.

We have chosen to live in a rural environment and even if we do not own grazing stock, as good neighbours we owe the people that make this district rural to keep their stock healthy.

Contact us: StillCreekLandcare@inet.net.au, ph: 9653 2056. Look us up on Facebook or StillCreekLandcare.com.au.



## Cumberland Orchid Circle inc.

The next meeting of the Cumberland Orchid Circle will be on Wednesday 26th September 2012 in the COMMUNITY OF CHRIST NEIGHBOURHOOD CENTRE at 10-14 Taylor Street, West Pennant Hills due to redevelopment of Barton Hall, Castle Hill. The meeting will start at 8.00pm and will last approximately 2.0 hrs. At the meeting, orchids in bloom will be benched for a monthly point score competition. We will have Richard Hanman speaking at our September meeting on Australian terrestrial orchids.



At each meeting there is a sales table selling plants brought along by members, in addition to accessories used for orchid culture. During our supper interval, there will be time to "compare notes" and seek advice from other members.

Visitors & new members are always welcome. For more information, contact the Circle's secretary on 0412 982 830.



## Muogamarra Nature Reserve

Hello fellow nature lovers.

Muogamarra Nature Reserve opens this weekend and will be open each Saturday and Sunday until the 16th of September from 9am to 4:30pm.

Currently the various species of Wattle and Boronia are in flower, filling the reserve with splashes of purple and yellow. Soon the Eriostemon will be in flower adding a lovely pastel pink into the mix.

The best way to experience the reserve is to go on a guided walk led by a Discovery Volunteer. On these walks you will see and learn all of the secrets of the reserve that may be missed by going on your own. Guided walks need to be pre-booked and you can book online by clicking on the walk of your choice in the attached pdf file. If you choose to do a self guided walk we have track notes available.

The entrance to Muogamarra Nature Reserve is opposite Pie in the Sky pie shop on the old Pacific Highway (Google maps link if you have never been there before <http://goo.gl/maps/5cwh>). There is limited parking available so if travelling with friends please car pool where possible.

We hope to see you out at the reserve soon!

The Chase Alive Discovery Team

## Powerhouse Discovery Centre - Robots, Drones & Droids - 8th September

Featuring illustrated lectures, mini workshops and displays and demonstrations, this open day will fascinate visitors of all ages interested in everything robotic. Highlights include lectures from the Sydney Robot Workshop, the University of Sydney's Senior Lecturer in Digital Cultures, Dr Chris Chesher, and Powerhouse Curator of Space Technology, Kerrie Dougherty. Enjoy displays and demonstrations from our friends at RoboteShop, traditional toymaker, John Cervenka and eight year old Mindstorm Inventor, Julian, and get ready to meet a range of robots from the Sydney Robot Workshop, including full-scaled roaming R2 units, UAVs (Unmanned Aerial Vehicles) and a full-sized free roaming Dalek replica. Read our full program for a complete schedule of the day's events.

## Art in the Garden

September 22nd – 23rd from 10am – 4pm

Part of the NSW Open Garden Scheme 2012, Barakee is a young cottage garden built on Hawkesbury sandstone that has many trees, perennials, bulbs and roses. There is a large veggie garden as well as chooks and ducks.



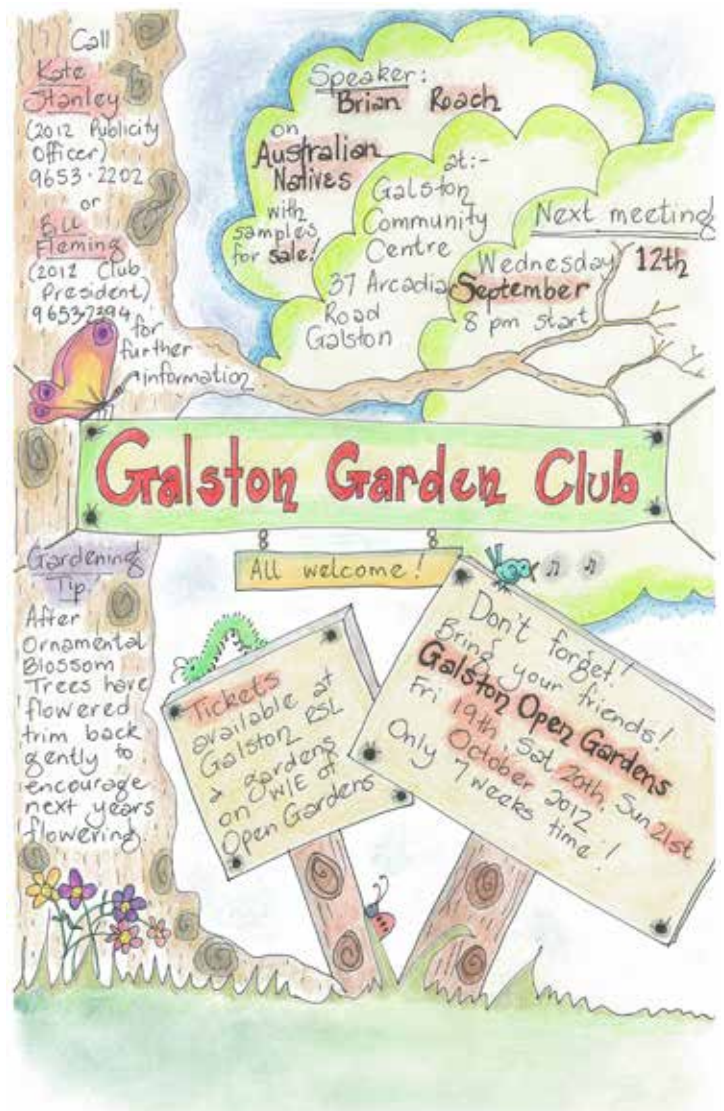
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Len Best  
0408 220 705  
  
Hills Rural Fire Service  
District Office  
9654 1244  
  
Hornsby Fire Svcs HQ  
9883 2000  
  
Telstra Faults  
13 22 03

### LOCAL JP's Michael Bell, Arcadia - 9653 1365

Bernie Triebe & Kerron May, Bendigo Bank Galston - 9653 2227

Cathy Vipond, Hills Accounting, Glenorie - 9652 2400

Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning  
10am to noon.

Hornsby Branch of the NSW Justices Association next monthly meeting is Monday evening 10 October at 7pm at Asquith Leagues Club opposite Waitara rail station. Training and experiences evening. All JP members and potential members welcome. Enquiries Gavin Moehead JP 9489 4662 or 0407 229 203.

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## DEADLINE

for our October Edition is  
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# Community Marketplace

We welcome your Classified Ads. Sell anything you like for just

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## Living Life without Children

A support group is being started  
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## Netball Kenthurst Club

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# COMMUNITY CONTACTS

**ACACIA (Living Life)** Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

**Aglow Australia** Pennant Hills - A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis & Central Avenue Thornleigh.

**ALANON Family Group** meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

**APEX Australia** is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. please contact Sydney D.G 0412 400 452, National Office 18000 APEXO or website. "Heart of a Community, Hope of a Nation".

**Arcadia Community Hall** - 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

**Arcadia Markets** - May & November at Arcadia Public School, 140 Arcadia Rd, Arcadia. [www.arcadiaschool.com.au](http://www.arcadiaschool.com.au) Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

**Arcadian Quilters** Meetings held at the Galston Community Health Centre on the 1st, 3rd & 5th Wednesday at 9.30am (day group) and 2nd & 4th Monday at 7.30pm (evening group). Phone Carol Medley on 9894-7749.

**Association of Independent Retirees (AIR) Ltd.** Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

**Castle Hill Art Society** - Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgcorp Drive, Castle Hill on the 1st Wednesday of each month at 7.30 p.m. Enquires Ph. 98993179

**Circular Keys Chorus** are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email [info@circularkeys.org](mailto:info@circularkeys.org) or visit [www.circularkeys.org](http://www.circularkeys.org)

**Dural & District Historical Society Inc** holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed & Sundays. Enquiries to Michael Bell 9653 1365.

**Dural & Districts Senior Citizens' Club** If you are over 50, and you fancy some enjoyable social gatherings, why not come along & join in? We play bingo and/or indoor bowls, and some play Mahjong. We meet from about 9.30am to 2pm every Wednesday at Dural Country Club. Enquiries Helen 9654 3790 AH.

**Dural-Glenorie Scouts** - Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne (W) 9622 2251 or (H) 9652 1713.

**Friends of Fagan Park** - Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning. M: 0419 435 475 E: [isandian@tpg.com.au](mailto:isandian@tpg.com.au)

**Galston Area Residents' Association Inc** meets at the Galston Primary School Library, School Road, Galston on the 2nd Thursday of the month at 8pm. Enquiries to 0403 076 175. New members always welcome.

**Galston Branch CWA** meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Gai 9653 2991 or Robyn 9894 7510.

**Galston Community Hall** - 37 Arcadia Road, Galston available for functions, air-conditioned, inspections welcome. Bookings call Debbie 9653 1709.

**Galston Community Health Centre** - This centre is an outreach of Hornsby & Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

**Galston Computer Pals for Seniors Club** - Computer Pals is a volunteer organisation which provides one to one computer tuition to over 55's. There are no classes, no tests - you learn at your own pace with your own tutor and the fees are moderate. Enquiries to Rosemary Ansley (9651 2175) or John Eland (9651 2940).

**Galston Garden Club** - New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

**Galston View Club** - will be holding its September meeting at Dural Country Club at 11 am on Wednesday 26th September, 2012, with guest being Judith Fay Taylor, Opera Singer, who will entertain us. Visitors are welcome. Inquiries Vivien 9894-1189 of Jenny 9652-1110

**Girl Guides** - Girls 9-14 meet on Mondays at 7pm, contact Sarah 0433 125 873. Meet at Galston Guide Hall, Galston Road, Galston. You will take part in great activities by helping organise exciting events, learning new life skills, being part of the outdoors, expressing your creativity and much more.

**Glenorie Progress Association** Holds its meetings on the 2nd Thursday of each month 7.30pm in the Palms Room, Glenorie RSL. All Welcome. Ph 9652 2454.

**Hills Budgerigar Club** Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

**Hills Community Aid** No Interest Loans up to \$1,000 - for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, [enq@hca.org.au](mailto:enq@hca.org.au) or [www.hca.org.au](http://www.hca.org.au).

**Hills Farmers' & Gourmet Food Mkt** - 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. [www.hawkesburyharvest.com.au](http://www.hawkesburyharvest.com.au)

**Hills Shire Garden Club** - Meetings held at 1pm at Barton Hall, David Rd, Castle Hill. Enq. 9624 5034.

**Hills RSL Sub Branch** - Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

**The Hills Trefoil Guild (Guides NSW)** meet at 10am on the third Friday of each month, in the Guide Hall in Bounty Avenue, Castle Hill. Any lady prepared to make the Guide Promise may become a member; past involvement is not necessary. Enquiries to Helen on 9654 3790 A/H.

**Hills Evening View Club** holds their dinner meetings at the Dural Country Club on the first Wednesday of every month, at 7.00pm. VIEW is seen as a voice for all women. Share a meal, make new friends and support The Smith Family. New members especially welcomed. Enquiries Eva 0412 447 746 / 9634 5741 AH

**Hornsby Ku-ring-gai Four Wheel Drive Club** is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. [www.hk4wd.com.au](http://www.hk4wd.com.au)

**Living Life Without Children** - Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: [feather@iprimus.com.au](mailto:feather@iprimus.com.au)

**Pennant Hills Photographic Club** meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. [www.phpc.org.au](http://www.phpc.org.au).

**Probus Club of Dural Galston** - Visitors are welcome, we meet at 10am on the 3rd Thursday of each month at The Galston Club. Its a mixed club for retired and semi-retired people who enjoy friendship, interesting speakers and group outings. Visitors are always welcome, so don't be lonely, come along. Contact 9653 1004.

**Rotary Club of Galston** meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Alan 9653 3062. [www.galstonrotary.org.au](http://www.galstonrotary.org.au)

**Rowland Village Workshop Club** Is pleased to invite members of the wider community to join their club and use the facilities. Call Michael Bell 9653 1365.

**Shakespeare Group** - meets monthly at Galston on the 2nd Thursday morning, 9am to 12.30. No cost to belong, just a delight in reading great Bards words. Further information call Isabelle 9679 1338.

**Social Dance Workshops** - Pennant Hills Community Centre, Yarrara Road. \$7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set & couple dances. Specialising in Australian, Irish & Scottish Folk Dance. Beginners & experienced dancers.

**Still Creek Landcare Group** - Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7.30pm on the 2nd Thursday of each month at The Galston Club Committee Room. For more information Visit [www.StillCreekLandcare.com.au](http://www.StillCreekLandcare.com.au) or e-mail [StillCreekLandcare@iinet.net.au](mailto:StillCreekLandcare@iinet.net.au) or Contact Nick on 9653 2056.

## CHURCHES

**Galston Uniting Church** - Service times 10.00am. Children's programmes KUCA for children K-6, each Friday

of the school term 5.30-7.00pm. CRAFT group Thursday evenings of the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston.

**Galston Seventh Day Adventist Church** - Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Every Tuesday 7.30pm Prayer Group. Contact Minister PR Roger Vince 0405 141 329.

**Glenorie Community Church** - Pentecostal and Evangelical - meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505, Church 9652 0577.

**Glenorie Mission Church** - Sunday School 9am, Sunday Service 10.15am, Girls Brigade Tuesdays at 6.30pm. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 9652 1203.

**Hillslife Church** - Meets every Sunday at Galston Public School. Pastors Leigh and Heidi Davy. Ph: 02 9653 2807. For more details go to [www.hillslife.com](http://www.hillslife.com)

**St. Benedict's Catholic Church Arcadia** Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd & Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest; Fr. David Orr OSB 0400-371-260.

**St. Columb's Anglican Church, Arcadia** - Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

## LOCAL SPORTS ASSOCIATIONS

**Dural Country Club Bowling Clubs** - New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 9653 1250 or 9489 3739 to speak to one of our trained coaches.

**Dural Country Club Fishing Club** meet at Dural Country Club on the 4th Tuesday of the month at 7.30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

**Dural Rugby Club** - Enquiries, please contact the registrar Eric Flanagan, email [efl86029@bigpond.net.au](mailto:efl86029@bigpond.net.au) or phone 0412 230 328 or visit our website <http://dural.rugby.net.au>.

**Galston Glenorie Amateur Fishing Club** Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

**Galston Glenorie Cricket Club** - For further details regarding season events, grades and registration, please contact 0400 747 767.

**Galston Equestrian Club** - New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at [www.galstonequestrianclub.org.au](http://www.galstonequestrianclub.org.au).

**Galston Netball Club** All enquiries to [galstonnetballclub@gmail.com](mailto:galstonnetballclub@gmail.com) or visit the website <http://www.isport.australis.net.au/netball/hills/hgchome.c!PT=&C=GAL>

**Hills AUSSI Masters Swimming Club** meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7:30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

**Hills Hawks Soccer Club.** For season details & registrations call Caroline Payton - 0414 224 529.

**Hills Hawks Softball Club.** Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: <http://hillshawks softball.org.au>.

**Tennis / Squash Social Group** - looking for new players. Call Karen 0412 485 411 or email [tennisandsquash@live.com.au](mailto:tennisandsquash@live.com.au)

**Tennis Court for Hire** Galston - At rear of Galston Community Hall. Available Day or Night, phone 9653 1709.

**Tennis Court for Hire** Glenorie - Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

**Tennis Court for Hire** Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459 for further details.



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