

GALSTON, GLENORIE & HILLS RURAL COMMUNITY NEWS

October 2014

FREE
PLEASE
TAKE A
COPY

The Original Community Magazine Since 1971 With Profits Supporting Business & Community

SCOOTERS

Power Chairs & Scooters

TEST DRIVE ONE TODAY FOR FREE!



\$999.00

Brand New
4 Wheel
Portable
Drive Away
*conditions apply

OPEN 7 DAYS



Phone 9987 4500

511 Pacific Hwy, Mt Colah
(next door to McDonalds. Easy parking)

Comfort
Discovered

www.comfordiscovered.com.au

Aldi Opens At Galston

Local residents are set to enjoy high quality retail products, a Smarter Shopping experience and increased employment opportunities when ALDI officially opens the doors to its new store in Galston next week.

From Wednesday 8th October, the new store will provide the community with ALDI's award winning grocery products and popular Special Buys, together with fresh fruit, vegetables and bread delivered daily.

"We are excited to bring the ALDI difference to Galston and provide local residents with the opportunity to discover Smarter Shopping – a convenient way to shop for high quality products that are equivalent to, if not better than, the market leading brands, at permanently low prices," an ALDI spokesperson said. "Our unique business model has been designed to save our customers' time and money. For the third time in four years, Australians have independently recognised ALDI to be the Most Satisfying Supermarket (Canstar Blue 2014), which is a testament to the great value we continue to offer to the community."

ALDI Galston will include a friendly team of new staff from the local area, who have been training at the Mt Kuring-gai store since May. Leading the team will be Andrew Gell, an experienced ALDI Store Manager, who will continue to recruit staff from the local area following the store opening.

On Wednesday 1st October, ALDI will announce the exciting range of Special Buys on offer to celebrate the store opening. ALDI's Special Buys can be as varied as televisions and toys, to kitchen utensils and clothing.

"Our experience shows customers love the surprise element of our Special Buys. Complementing our everyday range, the limited edition Special Buys appear in store every Wednesday and Saturday and are available until sold out," an ALDI spokesperson said.

"Along with reading the catalogue and visiting our website, customers can nominate to receive our weekly email newsletter, which previews the Special Buy products that will be on sale the following week."

The easy to access store with undercover car park is located at 346 Galston Road, Galston. Opening hours will be 8.30am–8pm Monday to Friday, and 8.30am–7pm on weekends. For more information on ALDI Australia, visit www.aldi.com.au



Our 100% satisfaction guarantee:
You only pay when both you AND your neighbours are happy with our job.

Ph 0402 039 310

CBD • MOSMAN • HILLS DISTRICT • NORTHERN BEACHES
PARRAMATTA • NORTH SHORE • EPPING

www.matttreeservices.com.au



Specialising in Residential
and Rural Sales

For a FREE Market Appraisal
and advice on how best
to prepare
your home for sale

CALL TODAY!

02 9653 1555

CANDOO

property improvements
& maintenance

Quality work guaranteed

General carpentry & repairs
Garden makeovers & maintenance
Shed and yard clearing
High-pressure cleaning
Rubbish removal

You name it – we Candoo it!

Russ 0426 208 164
Marty 0415 515 290

EMERALD

LAWN & LANDSCAPE
CARE

Time to Control Spring
Weeds Now

- Lawn Care Programs including Fertilisation, weed and insect control
- Ongoing full service Lawn and Garden Maintenance
 - All mowing, general gardening, hedging, trimming, weeding, etc
- Landscape improvements and one-off garden tidy-ups



Please call **9624 8144**

www.emeraldawnlandscape.com.au



PC/IT SOLUTIONS & SUPPORT

HAVING PROBLEMS WITH YOUR COMPUTER(S) OR NETWORK(S)?

WE CAN HELP!



- ✓ AFFORDABLE
- ✓ RELIABLE
- ✓ PROFESSIONAL

CALL NOW!
9656 1611

Serving the Galston/Dural area and surrounds
15 Peebles Road Fiddletown (Arcadia) 2159

Clean Without Chemicals

Learn how to keep your house clean while using less harmful chemicals at Hornsby Shire Council's non-toxic cleaning workshop.

The workshop will be held at Council's Earthwise Cottage and features easy, inexpensive tips on how to reduce cleaning chemicals in the home.

With the non-toxic alternatives suggested in the workshop, you can improve your health and the environment.

When: Saturday 11 October, 10am-1pm

Where: Earthwise Cottage, 28 Britannia Street, Pennant Hills

Cost: Free

Bookings Essential: Book online at hornsby.nsw.gov.au/whatson or call 9847 4856

Tour Kimbriki's Waste and Recycling Depot

Ever wondered what happens to your green waste after you throw it in the bin? You can find out on a tour of the Kimbriki Waste and Recycling Depot.

A bus will pick participants up from Hornsby Park and take them to the Kimbriki site in Ingleside, where green waste is transformed into a usable garden product.

There will also be a visit to the site's eco garden with a short, educational talk.

When: Wednesday 8th October, 9am-2.45pm

Where: Bus leaves Hornsby Park bus stop at 9.15am

Cost: Free

Bookings Essential: Book online at hornsby.nsw.gov.au/whatson or call 9847 4856

SYDNEY'S PLANT MARKET

SPRING IS NOW IN FULL FORCE - HURRY IN FOR 100'S OF GREAT SPECIALS

GIFT VOUCHERS AVAILABLE

OPEN 7 DAYS 8AM - 5PM



BUY DIRECT & SAVE
SUPER ADVANCED HEDGING PLANTS

ONLY \$8 EA

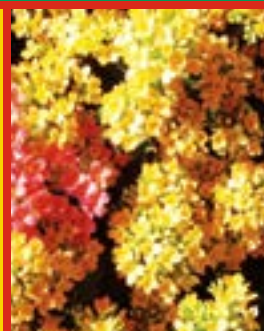
INC. JAP BUXUS & VIBURNUM
200mm pot



BUY DIRECT & SAVE
POTTING & GARDEN MIXES

3 BAGS FOR \$10

25 litre bag



BUY DIRECT & SAVE
KALANCHOE IN FULL FLOWER

4 POTS FOR \$10

140mm pot



BUY DIRECT & SAVE
POTTED COLOUR

ONLY \$1 EA

INC. PETUNIA, DIANTHUS
MARIGOLD & MORE
100mm pot



BUY DIRECT & SAVE
PIG FACE IN FULL FLOWER

4 POTS FOR \$10

VERY HARDY
100mm pot



BUY DIRECT & SAVE
HUGE VARIETY OF NATIVE PLANTS

GREAT VALUE \$6 EA

140mm pot

184 Annangrove Rd
ANNANGROVE

BUY DIRECT AND SAVE

9679 2606
WE DELIVER TO ALL AREAS

Community Urged to Nominate Local Projects

Member for Hornsby Matt Kean today called on the Galston Glenorie community to help nominate projects to improve local community facilities.

Mr Kean said there is \$3 million in funding available to improve lifestyles in Sydney's suburbs by developing parks, cycleways and walkways.

"This is a great opportunity for Council to access funding for better outdoor community facilities and help people make the most of our beautiful area," Mr Kean said.

"The Metropolitan Greenspace Program has funded some fantastic local projects in previous years."

Previous projects in the Hornsby Shire have included:

\$100,000 to construct a recreational mountain bike park near the centre of Hornsby including a 6km cross-country trail, a skills park and a short natural surface bike track;

\$100,000 to complete the conservation and restoration of the main set of historic sandstone steps along the Hornsby Heritage Track; and

\$80,000 to upgrade the popular foreshore path at McKell Park, Brooklyn with a new concrete shared path along the eastern foreshore.

"I want to make sure Hornsby gets its fair share, that's why I'm encouraging Council to make an application," Mr Kean said.

All 41 metropolitan councils as well as councils on the Central Coast are eligible to apply for the grants, which are available if the councils match the funding on a dollar-for-dollar basis.

Further information and application forms are available on the department's website at www.planning.nsw.gov.au. Applications close on Friday 31 October 2014.



ALL MAJOR TYRE BRANDS INCLUDING 4WD

BRAKE, SUSPENSION & STEERING REPAIRS

BATTERIES

MAG WHEELS

TYRES AND REPAIRS FOR CARS, TRUCKS, MOWERS, TRACTORS, FORKLIFTS, BOBCATS & EARTHMOVERS

ROAD AND FARM SERVICE ON SITE



Dural Tyrepower

236a Newline Rd, Dural

Ph: 9651 4000

E-mail: dural@tyrepower.com.au

www.tyrepower.com.au

NCAMP/1207

Newline carpets

Carpet & Vinyl

OPEN 6 DAYS

Visit our showroom & experience the difference

Q North Business Centre
1/829 Old Northern Rd, Dural
(*cnr Quarry Road*)

Ph: **9651 2646**

DURAL

STOCKFEEDS



- Equine Supplies
- Electric Fencing

- Stock, Poultry & Pet Supplies
- Fertilizers & Garden Supplies
- Pool Chemicals



86 Kenthurst Rd, NSW 2158

P 9654 0287 **E** feed@duralstockfeeds.com.au

www.duralstockfeeds.com.au

Acreage Mowing

Fast and Friendly Grass Cutting

Reliable and Experienced



Great Finish

25 years of Large Property
Maintenance

Weed Control & Slashing Available

Reasonable Rates

Local Family Business

Luke 0450 022 553
after 6pm 9652 0251

Glenorie Village Shops - New Fence Letters to the Editor:

Could you please find out who is responsible for erecting an ugly, prison-like barricade between the public carpark of Glenorie Village Shops and the shops on the southern side. Surely it is not permanent? If it is it should be removed. It is an eyesore.

MA - Resident of Glenorie 44 years

I have been living in Glenorie since the late 1960's, which in country terms might just make me a local. Glenorie is a beautiful area and as long as I can remember we have had a wonderful sense of community. People look out for each other. Inevitably things change over time, but over several years now and more recently, in some instances, Glenorie has become very ugly and divided.

Not only is this the case in the appearance of Glenorie, but it is also the case in certain people's attitudes and actions towards other good hardworking people of our community.

Bullies are not tolerated in schools, the workplace, nor will they be tolerated in our community.

Your Sincerely Angry Glenorie Resident

My letter to you is in relation to the boundary fence erected at Glenorie Shopping Village Shops, as a barrier between the two buildings that serve the Glenorie community.

The community may or may not be aware that these two buildings are owned by two separate property owners.

It seems to me that whoever erected the fence has lost their sense of "community" by dividing the shops and businesses in our community, by building a high ugly black chain wire fence.

The way I see it is that each shop within the community complements each other, they all offer different services and goods to our community, and it is healthy in a small community to have some market competition between business owners. So why build a fence??

I think the owners of the fence need to reconsider this decision and see things from a bigger picture, the fence looks ugly and the community is not happy!

Thank you Name and Address supplied

I just wanted to write to express how appalled I am by the installation an ugly face in front of Blush Skin and Beauty. When I was a resident of Glenorie, I was not even aware that these were different properties. This is probably the case for a lot of people. As such, the installation of a fence does nothing but shock and surprise people, not to mention inconvenience them. I no longer live in Glenorie, but I do go back there for my skincare and beauty needs. It is hard to find someone to trust when they are touching your face, so when you do find someone like Lisa at Blush, you don't mind travelling to use their services. I used to stop for a coffee and piece of cake, and browse the other shops while I was there. Sometimes I would buy a magazine, sometimes something from the homewares store, sometimes some sausages from the local butcher. I won't anymore. Whilst there is a gate in the fence, it still feels like I'm not welcome. I believe that others will feel the same way - even those who are not customers of Blush Skin and Beauty. Glenorie has always captured the essence of Australia, and that is to give everyone a fair go, and to fight for the underdog. As a loyal customer of Blush Skin and Beauty, I will continue to support Lisa and continue to use her services. As for the shopping village.....Woolworths beckons!

clay • paint • print • draw • sculpt • clay • paint • print • draw • sculpt

Quality Art Supplies & Tuition

KREATIVE KIDS ART CLASSES



Spring School Holidays
Sept/Oct 2014

22nd - 26th Sept
6 & over/9 & Over
10.30-12 noon
12.30 - 2.00pm

Monday - Ceramics*
Tuesday - Claywork Ceramics*
Wednesday - Stamp 'n' Colour
Copic marker Art
Thursday - Drawing
Paint on canvas
Friday - Paint on canvas

30th Sept - 2nd Oct
6 & over/9 & over
10.30 - 12 noon

Tuesday - Painting
Wednesday - Claywork
Thursday - Stamp 'n' Colour

EACH SESSION \$25/*\$30
(CERAMICS)

Materials Included 9 years
and over can attend morning
through to afternoon session wk 1



Qualified Art Teacher,
Limited class sizes
Bookings essential
maree@duralartstudio.com.au
9651 3546

TERM 4 CLASSES COMMENCE
SATURDAY 11TH OCTOBER
CHILDREN & ADULT CLASSES



Unit 7 Dural Business Park
286 - 288 New Line Road,
Dural NSW

Ph: (02) 9651 3546
Fax: (02) 9651 4971

www.duralartstudio.com.au

clay • paint • print • draw • sculpt • clay • paint • print • draw • sculpt



**BALMORAL
HOMES**

Custom Designed Luxury Homes



13/276-278 New Line Road, Dural NSW

Phone: (02) 9651 6290

www.balmoralhomes.com.au



COMING SOON!!!

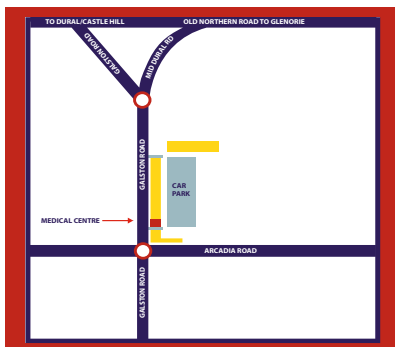
BULK BILLING MEDICAL PRACTICE

Specialising in Preventive Health



Galston

Family Practice



Services

- Female & Male GP's
- Psychiatrist
- Paediatrician
- Audiology
- Ultrasound
- Weight Management Clinic (Dietitian Available)
- Pathology Collection on Site

9679 1100

SHOP 5, 169 ANNANGROVE RD
Annangrove NSW 2156

Monday - Friday
8.30am - 6pm
Saturday
8.30am - 2pm

IRONBARK

BUILDING SERVICES

NEW HOMES
EXTENSIONS
RENOVATIONS
BATHROOMS
KITCHENS
EXCAVATIONS

TIMBER SHEDS AND STABLES
COMMERCIAL MAINTENANCE

PH: 0411771557

OVER 30 YEARS LOCAL EXPERIENCE
MBA and HIA MEMBERS LICENCE NO. 85045C

Dural and District Historical Society

The Kangaroo Man, Garth Morland

From an article written by Margaret Blackwood in 1995. Adapted by Margaret McKinley.

If you drive south down New Line Road from the Dural roundabout, past the Practice Golf area, you will see a road sign that says GARTH MORLAND PLACE.

But who was Garth Morland? Older locals remember him as the Kangaroo Man.

Garth Morland was born in Launceston in 1911, but his family moved to Eaglehawk, near Bendigo when he was quite young. On leaving school he took a position with the State Savings Bank of Victoria, and later he was transferred to the head office in Melbourne, where he took advantage of the facilities of the Public Library to study and learn to speak German. After 8 years working for the bank Garth's feet became itchy and after hearing that money could be made shooting alligators in the top end, he went off north. But after some hair-raising adventures he changed his mind.

Garth made plans to travel to England, and with very little money for the fare, he approached the captain of a German ship in port, and when it was discovered that he could speak reasonable German he was hired as an "ordinary seaman" and he was on his way. By the time the ship sailed into Portsmouth it was late 1937.

Flying had always been an interest of his, so he decided to join the R.A.F. he was stationed at Blackburn in East Yorkshire and he learned to fly in a Brough B 25. It was during this time that his boxing prowess came into its own, and he won a gold medal in an RAF boxing tournament. About this time he met his wife-to-be and after a whirlwind romance they were married.

After the birth of their first daughter, Heather, they decided to return to Australia, where Garth took up a position with Qantas flying Catalinas between Perth and Ceylon. The missions were top secret at the time, their purpose being to carry VIP's and mail etc across the Indian Ocean. It was a three and a half thousand mile round trip and at 120 MPH a fairly slow one.

After the War, Garth and his young family were living at Chatswood. By now there were 2 more daughters, June and Roslyn, and Garth decided to get away from the bustle of city life. He found 8 acres (for £600) in New Line Road, which then was just a dusty track. It was not until the early 1960's that it was realigned and sealed.

Garth built a garage for his young family, and eventually a house and set himself up as a Real Estate Agent.

One day a female kangaroo was killed on the road, and when it was discovered that she had a baby in her pouch, Garth looked after it and reared it. From this chance beginning his Kangaroo Orphanage was started. Sometimes he had as many as forty kangaroos in his back yard.

Garth's family eventually all married and moved away from the district, but he remained on his property caring for his few remaining "friends". Due to failing health he moved to a local retirement village at Castle Hill in the early 1990's, and died a few years later.

The next meeting of the Dural Historical Society will be the Annual General Meeting, and will be held on 11th October at 2 pm. Members are asked to bring something of historical interest, and tell the story about it. All welcome



*Garth Morland
Montrose Wakefield
R.A.F. Boxing Trophy
1937*

Retreat at Wisemans
YOUR HAWKESBURY ESCAPE

• Entry is free
• Enjoy complimentary canapes and bubbly on arrival
• See the riverside wedding gazebo set up ceremony style
• Enjoy the live entertainment

Sunday 19 October
10am - 4pm

Wedding Open Day

5564 Old Northern Road,
Wisemans Ferry NSW 2775

Elise Greig
Wedding Coordinator
Ph: 92 440 0290
E: elise@wisemans.com.au

Warrah Living Learning Growing

Our First Community Open Day a Great Success!

Warrah is no longer a secret well kept. After our inaugural Community Open Day on Saturday 13th September, with around 600 visitors, many more people from our local community know who we are and what makes Warrah so unique.



So we would like to extend our thanks to everyone who came out and joined in the fun of the day.

Even though the morning threatened rain, we had a wonderful turn out with visitors treated to all that Warrah has to offer, and more. Over 100 people participated in Warrah Farm tours and the Organic BBQ sold out! With Warrah Special School tours and the Spring festival dancing to the music of the Jacaranda Bush Band, there was something for everyone. Market stall holders were particularly happy with their results, and there have been bookings taken already for 2015!

Days like these wouldn't be possible without many helping hands! We extend heartfelt thanks to West-Pennant Hills and Cherrybrook Rotary and Hills Rotaract for running the Organic BBQ and local Westpac Volunteers. Special thanks to Warrah staff who volunteered on the day, and Warrah's regular volunteers who contribute so much.

Warrah is a disability service charity for adults and children based in Dural. For more information and images from the day visit:

<http://www.warrah.org/community-open-day-2014-a-great-success>

Rotary Peace Fellow Comes to Galston

The Rotary Club of Galston is honoured to have Karla Castellanos as their guest speaker on the 7th October

Karla is the first person in the Rotary International District 6990, South Florida and the Bahamas, to be awarded the Rotary Peace Scholarship for study at University of Queensland, one of the Rotary Peace Centers in the world.



Karla Castellanos

In 2000-2001, Karla was awarded the Rotary Ambassadorial Scholarship, which afforded her the opportunity to study at the Joint Centre for Urban Design at Oxford Brookes University in Oxford, England. While there, she fulfilled Ambassadorial duties to the Rotary District of 1090. She spoke on behalf of Rotary in three different continents including countries such as Germany, Egypt, Honduras and Ecuador, and made everlasting friendships among peers and Rotarians alike.

After her departure from England, Karla visited devastated communities to illustrate the theory behind her thesis on the positive urban regeneration of human settlements after disaster strikes. She conducted a study in a small sector of San Pedro Sula, Honduras that has rebuilt its infrastructure through local leadership and the financial contribution of international agencies after being affected by Hurricane Mitch in 1998.

You can hear Karla share her experiences as a Rotary Peace Fellow and the importance of Rotary on the 7th October at 6:30 for 7pm at the Galston Club - 21/25 Arcadia Rd, Galston. RSVP to KAYE FITZPATRICK Mobile: 0421 728 120, email: rkfitz@acemail.com.au

MANNELL MOTORS

LOCALLY FAMILY OWNED & OPERATED SINCE 1996



WE STOCK THE FULL ARB 4X4 RANGE INCLUDING:

- ARB Protection Equipment
- ARB & IPF Driving Lights
- ARB Recovery Equipment
- Old Man Emu Suspension
- ARB Air Lockers
- ARB Air Compressors
- ARB Canopies
- Safari Snorkels
- Hayman Reese Tow Bars
- ARB Fridge Freezers



RHINO-RACK

OFFER

Mention this ad & receive a **FREE** set of **tie down straps** with any Rhino-Rack roof rack purchase!

MANNELL MOTORS 5 PIONEER AVENUE, THORNLEIGH TEL: 9980 8855

ARB 4X4 ACCESSORIES STOCKIST



**BE AN EARLY BIRD IN 2015 ...
WITH THESE GREAT DEALS**

- ✓ UK& Europe airfares now released
- ✓ Deals for air, land & sea packages
- ✓ Early payment discounts on coach touring
- ✓ FLY FREE's on selected EUROPEAN RIVER CRUISING departures
- ✓ All this and more

CONTACT US NOW!

**Compass Travel
& Cruising**

Shop 8, 354 Galston Rd Galston NSW 2159
Email: holiday@compasstravel.com.au
www.compasstravel.com.au
ATAS Accredited Agency A10640



02 9653 2028

**TRAVELLERS
CHOICE**
A WORLD OF EXPERIENCE



Arcadian Artists

Arcadian Artists Exhibition & Art Trail

8th & 9th November

An event not to be missed!! The inspirational work of around fifty local and visiting artists will be showcased at this year's Arcadian Artists Exhibition & Art Trail. Eight private studios will open their doors to the public over the weekend of 8th - 9th November from 9am - 5pm. Visitors will not only have the unique opportunity to view but also purchase the superb artworks on display directly from their creators. Many exhibitors will also be demonstrating their wonderful talents. Paintings, pottery, glass, sculpture, ceramics, jewellery, textiles, leather & timber work are amongst the items on offer. The standard of work is high and the works range from small inexpensive gifts to collectible investment artworks. It's a perfect chance to get a head start on that Christmas shopping!

Maps, including artist profiles can be obtained from the Galston Village Shops, the Arcadian Artists Information Stand outside the Galston Branch of the Bendigo Bank (on the weekend of the exhibition), and the Tourist Information Centre on Old Northern Road, Dural. Participating venues will be clearly identified throughout the district.

The Arcadian Artists Exhibition & Art Trail is proudly sponsored by the Galston & District Community Bank Branch of the Bendigo Bank.

For further information please visit the Arcadian Artists Facebook page or website at www.arcadianartists.com.au



Let SkinDNA™ take the guesswork out of skin care, instead using science to identify the most suitable skincare ingredients - based on your DNA.

Available now at Sweet Pea.



Sweet Pea Beauty

www.sweetpealon.com.au
info@sweetpealon.com.au
Shop 21 / 930 Old Northern Road Glenorie
P: (02) 9652 0072



Our next office is about
to open in

GLENORIE

To benefit from a whole
new level of local
service call us now on

9652 2332



Electrical Test & Tag

Onsite test & tag of your plug-in Electrical Equipment

tagsafe

Call Craig on - 0421 49 77 29

Tests compliant with AS/NZS:3760 & AS/NZS:3012
Lic Number: EC35193 Fully Insured

Galston Based Business – Est-2001

Are your Electrical Appliances & Safety Switches Safe?

Tagsafe offer test & tag of plug-in electrical equipment to current regulations.

We are also fully equipped to test & tag 3phase equipment and test safety switches (RCD's). All businesses have a legal obligation to electrical safety. We offer our very competitive services to Construction, Aged Care, Workshops, Hairdressers, Commercial Kitchens etc....no job is too large or too small.

We can also offer our service to the home owner, it is not required by law but can still reduce the risk of Electric shock & fire in the family home from as little as \$99.00. When was the last time your safety switches were time tested?

You may wish to have some appliances like heaters, electric blankets, kitchen appliances etc tested for peace of mind...we can take care of that as well.

Tagsafe is a local Galston family owned business that was established in 2001.

Contact Tagsafe for more information.... Craig McDonald on **0421 49 77 29**

Licensed Electrical Contractor – Licence number: EC35193 (fully insured).

Frames & All
Custom Picture Framing
Sharing our Knowledge & Experience to gain the effect you are after.

- *Photos *Paintings *Sports Memorabilia
- *Mirrors *Diplomas *Posters *Canvas *Oils
- *Glass Replacement *Conservation Framing

Carin 04 1516 8810 | framesandall@gmail.com
1 Dilkeria Rd, Glenorie, 2157

A picture without a frame is like a body without a soul

Make Your Own Fashion Designs

Learn about fashion design and recycling with Hornsby Shire Council's Project Rags to Runway workshops.

Project Rags to Runway is designed to give young people and adults a chance to learn about fashion and how to bring new life to old clothes or materials.

The workshops will be taught by experienced fashion designers.

While some second-hand materials will be provided, participants should also bring old clothes, jewellery and materials to the workshop.

They will get to create their own outfits or items to go on display in the Project Rags to Runway Show, which will be held in November and is based around the theme of 'IMAGINE'.

Bookings are essential and can be made online by visiting: <http://bit.ly/1ssuPgP>

What: Rags to Runway workshop, all ages

When: Wednesday 15 October, 5.30pm-7.30pm

Where: Wallarobba Arts and Cultural Centre, 25 Edgeworth David Ave, Hornsby

Cost: \$5

Ages: All ages

TREE & GARDEN CARE
TRIM IT

- Hard to reach and complex hedging • Pruning • View clearing
- Prepare your trees for strong seasonal winds
- Deadwood and hazardous branch removal
- Examination of trees for possible disease • Independant tree reports
- Removal of large dead or dangerous trees • Palm tree removal or clean up
- Mowing, snipping edges and hedging • Power line clearance
- Stump grinding • Land clearing/Bobcat • Wood chipping and mulch

All tree work carried out to meet Australian standards

- Competitively Priced • Free Quotes • Fully Insured

Call Greg 0424 421 722

Roofs Painted? Check Licences

A reader has just reported that she used a tradesman who was advertising "roofs painted" on a sign on a telegraph pole. She paid \$3000 and following the recent rains, the roof started leaking everywhere. Despite several attempts to contact the tradesman, it appears he no longer exists on the phone number, and when looking back at the invoice it had no address.

She eventually called the Department of Fair Trading who advised that when using unknown tradesmen, residents should check their licences on the Fair Trading website, go to www.fairtrading.nsw.gov.au, then home building licence check. All works over \$1000 must be carried out by a licenced tradesman.

There are some very good local licenced tradesmen, please be wary of signs offering cheap deals, they often cost more in the long run.

Call JOHN
0418 263 676
johngadaleta@hotmail.com

John Gadaleta
Painter & Decorator

For all your Painting Needs.
Domestic & Commercial

Lic No. 211414C
ABN. 33 139 322 948

www.jgpd.com.au



Thanks!

*Natham Constable
and Karina Peters,
Members of the
Hornsby Rockets
Disabled Ten Pin
Bowling Team*

Bendigo Bank, Galston Branch, has generously donated \$1500 towards the cost of supplying new shirts for the Hornsby Rockets Disabled Ten Pin Bowling Team.

They have also donated five \$100 vouchers from local businesses towards their Christmas in July Trivia and Games Night which was held on July 26th at Hornsby RSL.

The bowlers and parents/carers would like to Thank Bendigo Bank for their generous support.

The Hills District VIEW Club

The Hills District VIEW Club will be attending the Pennant Hills VIEW Birthday Celebrations at Beecroft on Tuesday 14th OCTOBER 2014 - Cost \$35

The theme of the day will be black, white and silver so come along and have a great day.

Bookings are essential so please ring 9680 4440 for further information.

The Hills District VIEW Club will be holding the Annual Elections on Tuesday 28th October at the Galston Club - 11am for a 11.30 start - Cost \$22 including a delicious lunch.

Please come along and make this a successful day.

Bookings are essential so please ring 9680 4440 for further information.



Real Results

At Richardson & Wrench we believe that the difference is in the details. Our committed team has over 100 years combined experience and we have perfected our clever, cost-effective marketing, getting your property in front of more buyers - and that translates to higher prices.

For a free and reliable appraisal of your home, call us today.

Richardson & Wrench Dural
Keeping it Real – Since 1858

02 9651 5666
randw.com.au/dural

GET COVERED BEFORE SUMMER!



CUSTOM BUILT

- ✓ PATIOS
- ✓ CARPORTS
- ✓ HANDRAIL
- ✓ DECKS
- ✓ VERANDAHS
- ✓ SCREENING

CALL NOW FOR A **FREE**
DESIGN CONSULTATION

1300 789 169

SHOWROOM OPEN 7 DAYS

5/276 NEW LINE ROAD DURAL 2158
E: enquiry@aussieoutdoorliving.com.au L: 251315C



**SHOWROOM
OPEN
7 DAYS**

www.aussieoutdoorliving.com.au



Floating Floors
DIRECT

atfa

**Timber • Bamboo • Laminate
Carpet • Vinyl**

TRADE PRICES DIRECT TO THE PUBLIC



**Talk to the
experts**



1/22 Leighton Place, Hornsby

Monday to Friday 8.30am - 4.30pm

Ph: 9476 2915

Saturday 10am - 2pm

Fax: 9476 3642

www.floatingfloorsdirect.com.au



Give Galston Swim Club A Go – For Free Summer Season Starts

Have you considered competitive swimming as a sport you may like to try? Maybe now is the time!

Galston Swim Club is your local swim club affiliated with Swimming NSW. We are a not-for-profit family focused swim club located at Galston Aquatic Centre; a 25m indoor heated facility. We offer our members the opportunity to gain experience in competitive racing, whether this is to help you achieve your best at your school swimming carnival, or like some of our other members; represent Galston at a District, State or National level. Or maybe you would simply like to have fun in a healthy, family orientated environment, enjoying the social side to being a member of a local club.

Our summer season of racing commences in October. Swim Club meets weekly on a Friday night with racing commencing at 7pm.

Tempted...

We are extending an invitation to all who may be interested in experiencing the world of competitive swimming. Come along and visit our club for a free trial night and see whether this could be your new sport.

Dates: Friday 17th and 24th October 2014.

Time: Arrive at 6.15pm for children to enjoy a free sausage sizzle. Racing will commence at 7.00pm.

Location: Galston Aquatic Centre
412 Galston Road, Galston.

Please register your interest in attending to registrar@galstonswimclub.com.au prior to the night. Alternatively, feel free to simply come along on either evening.

Swimming at Galston is fun and you are welcome to join in. But be warned, it can be addictive!

Dural Rotary at Orchid Show

Barry Chain

Early August saw the NSW. Orchid Society host their Annual show at Ellerman Park, Round Corner, Dural for three days.

Catering for the event was performed by the Rotary Club of Dural with their fabled cooking skills and exquisite menu. Along with it was a tea and coffee stall having a delicious array of cakes, scones and cream etc. Also a raffle was run by the ladies of Dural Rotary with beautiful floral prizes donated by the Orchid Society. Dural Rotary Club would like to thank our sponsors for their wonderful help in bringing this event to fruition they being:

The Orchid Society of NSW.

Rotarian Col Fell

Paul Rapp for restoration of our bbq trailer

Graeme Murphy of Saddle world at Dural for his manufacturing skills of a canopy for the trailer.

Sam Cali who maintains our bbq trailer.

And last but not least the many people who supported us over the three days to the tune of \$3400.

Quality Metal Roofing

Lic-L12082

Specialising in all types of
metal roofing, architectural
cladding and re-roofs.



Based in Arcadia, covering the Hills
District and Upper North Shore.

Call Simon on 0408 865 799

Galston CWA News

In August we held our International Day, and prize-winning posters on Botswana from Galston and Arcadia Public Schools were sent with others from local CWA branches to be judged by the Nepean Group of CWA. We congratulate the students in Years 3 and 4 from Arcadia Public School who won First prizes in Nepean Group.

Our October meeting will be held on Wednesday 8th October, at 10am. In the morning we will have our business meeting, and following lunch our committee for 2015 will be elected at our Annual General Meeting.

We meet at the Galston Community and Health Centre, cnr The Glade and 17 Arcadia Rd, Galston. Visitors are very welcome to attend.

The Country Women's Association is the largest women's organization in Australia, and works for the welfare of women, children and communities, especially in country areas.

We are always happy to receive wool and fabrics for charity sewing and knitting.

More details from Janet - 9653 2402 or Val - 9653 1774



Movie Review: The Hundred-Foot Journey

From the much beloved, best-selling novel comes this surprisingly refreshing movie inspired to delight the whole family. "The Hundred-Foot Journey" follows the story of a young Indian boy and his family newly arrived in a province of France and become neighbours to a famous Michelin-starred restaurant run by the uptight, traditional French Madam (Helen Mirren). Sparks and spices fly in and out of the kitchens while the new residents aim to entice the whole neighbourhood.

Its rich cultural themes add great depth to the story and play a vast role in connecting two culturally diverse groups. With French and Indian traditions colliding, and not only in regards to food history, we are able to glimpse many time honoured traditions being turned on their heads and revolutionised.

The chemistry between the four main actors vividly illustrates the dynamic between experienced and newly-discovered actors. Another awe-inspiring film by director Lasse Holström and with producers Steven Spielberg, Oprah Winfrey and Juliet Blake who take pleasure in bringing forth a movie with several emotional layers of the human condition as love, passion, hope and anguish.

An uplifting story with natural comedic elements, which appeals to more than just Foodies. Its fundamental idea that family acts as the centre from which all journeys are made possible by the power to follow your dreams wherever they may take you.

It will have your tastebuds singing throughout and lead you longing for a breathtaking meal to play on your recently enlightened senses, which is why I award it Four Michelin stars.

submitted by Natalie Jakstas

Rainfall Chart



Rainfall recorded Galston period
17/08/14 to 16/09/14 is 227 mm

FAMILY IMAGE PHOTOGRAPHY

RELAXED FAMILY PHOTOGRAPHY IN OUR EXCLUSIVE GARDEN STUDIO LOCATION

WWW.FAMILYIMAGE.COM.AU All prices on website **9629 8886**

660 Old Northern Rd, Dural (Next door to Dural Country Club)

GALSTON
Thai Massage Therapy

OPEN 7 DAYS - Appointments Welcome

- Deep Tissue Massage
- Relaxing Aroma Oil Massage
- Thai Hot Stone Massage
- Body Scrub Treatment
- Traditional Thai Massage
- Foot Reflexology
- Hot Oil Herbal Massage

Ph: 9653 1897 / 0432 544 317
6/354 Galston RD., Galston NSW

 **Gift Voucher Available**



**Ward Place, Dural - Celebration Day
25th October - All Welcome**

Circus Boutique

Circus Boutique opened in Dural in February 2013, a sister shop to our beautiful boutique in Leura.

Our mantra is to showcase clothing from the best of Australian & European designers. We aim to stock labels that are just that little bit different, classic but with a twist. We love our ladies of all shapes & sizes & endeavour to provide something for all our customers. Circus Boutique is proud to offer our ladies friendly, personalized, caring customer service & fashion advice.

R&W

Our agency is situated on Ward Place with convenient off street parking right out the front. We have a sales team and a rentals department all with many years experience in Real Estate. Our Sales team is comprised of Principal Ken Cheeseman, General Manager John Deves, Jann Fahey and Judy Pope all of whom are Licensed Real Estate Agents, live locally and are extremely knowledgeable of the local area. Our Property Management team is Melinda Cheeseman and Simone Kubecka who both competently lease and manage properties all over Sydney.

Ivy Shoes

We started 4 years ago in Dural, importing quality, stylish European shoes from France, Italy and Spain. Some of our shoes are the top ten shoes in the world in terms of craftsmanship, made from the best leather. Having some experience in leather goods from previous businesses we owned, and combined with an incredible love for shoes, together this gives me an ability to choose the best shoes for our customers. We have a great, extensive range for many occasions, from formal occasions to comfortable everyday shoes. I guarantee if you walked into our shop you will find something to fall in love with.

Cosy Nooks

Established for over 10 years and run by husband and wife team Sam & Rita this Cosy Nook of a restaurant is truly a place worth dining at.

With home cooked favourites like fluffy pancakes with maple syrup and bacon, for lunch try the Cosy Nook beef burger with chips or one of our delicious sandwiches or melts! We have a variety of cakes and sweets for dessert or maybe just come in for a great coffee or freshly brewed tea always served with a smile :) come see us any time.

Hair and Body by TLC

Come relax and spoil yourself today.

Take a step into heaven with hair and body treatments including hair colour and styling, make up, spray tanning, deluxe facial treatments, full body waxing and manicures and pedicures. A new salon looking to cater to all ages and all needs.

jazzercise.
it shows

Still the **No. 1** dance exercise program.

A fusion of dance styles, yoga, Pilates and kickboxing choreographed to today's music.

INTRODUCTORY OFFERS
9653 1215 | jazzercise.com.au | jazzercise.com

Galston Community Centre
Monday, Wednesday, Friday
9.30 am



Rated PG -
Professional & Guaranteed

- New Antenna Installs & Repairs
- Local Technicians
- 5 year Warranty
- Same Day Service

1300 841 840
www.nationwideantennas.com.au

FREE QUOTES


nationwideantennas
THE TRUE PROFESSIONALS

 **Thai Square**

OPEN

LUNCH Tues - Fri 11.30am - 2.30pm
DINNER Tues - Sun 5.00pm - 9.00pm

Open Fri & Sat nights til 9.30pm
Open Public Holidays - Dinner only

Galston Shopping Village,
Shop 1/362 Galston Road, Galston

TAKEAWAY & HOME DELIVERY
tel: (02) 9653 3333 or (02) 9653 1988



My Little Shop

A great shopping experience since 1986. We have a blend of factory samples and discounted stock. Labels include Adrift, Dohoaust, Teaberry, offering hundreds of styles of today's fashions, so you can stay ahead of the trends at great prices.

African Delights

African Delights has been located in Ward Place for 11 years and stocks a variety of South African delicacies and handmade products. Its Biltong, boerewors and droewors has the reputation of being the best in town. The shop is open six days a week and offers friendly staff and great service. If you have recently migrated from South Africa or are just curious and have been searching for some delicacies from South Africa, drop in to African Delights and you will be pleasantly surprised.

Kenthurst's Bushboys Reign Again!

Kenthurst & District Football Club's Premier League First Grade and Reserve Grade sides have won back-to-back Premierships as well as the Championship Grand Finals in both Grades. As well as First Grade winning their Premiership for the third consecutive year, the Club has won the GHFA Club Championship for the third consecutive year, which is the 5th time in the Club's 48 year history. Their U11/1's also won their Premiership for the second consecutive year, and also won their Championship Grand Final. Other teams also winning their Grand Finals included their U10/4's, U10/7's, U11/2's and AAM's and other Premiership-winning teams included their U14's and AAM's.



blush
SKIN & BEAUTY

skinstitut
SERIOUS SKINCARE

- Microdermabrasion
- Facials
- Waxing
- Tinting
- Manicures
- Pedicures
- Spray Tans
- Eyelash Extensions
- Makeup
- Gel Nails
- Acrylic Nails
- Shellac

Multi-Active Range
Getting healthy, radiant skin just got easy!

Shop 2/926 Old Northern Rd Glenorie
Ph: 9652 2910

Like us on facebook for further special offers



Ward Place, Dural Come visit us and rediscover what's on offer!



Circus Boutique
Beautiful high quality clothing from Australian & European designers for all women.
9653 9796



R&W
\$500 free marketing when you sell with us
Ph: 9651 5666
Real Estate Agents



Ivy Shoes & Accessories
Quality imported European shoes
0405178798



hair and body by MIMI
0400 241 190



AFRICAN DELIGHTS
best boerewors and biltong in town
9651 7422



www.rnw.com.au
"WHERE YOU CAN AFFORD TO GET CARRIED AWAY"
1ST FLOOR: 3 WARD PL. & 7 WARD PL. DURAL. 9651 5666
BUTCHER, Myranda R. WEAVER ridley




COSY NOOK Cafe
Open for Breakfast, Lunch and Dinner, 7 days a week.
ph: 9651 2209

Celebration Day
Saturday 25th October

Champagne - Food - Balloons - Discounts all day

Revelation of HOPE...

How are you surviving a world in crisis?

- heard enough about war and terrorism?
- afraid of another economic downturn?
- living with worry or depression?
- been impacted by chronic disease?
- wondering if God cares, or even exists?
- tired of family feuds?



FREE seminar series. The REVELATION OF HOPE powerfully captures a biblical response to a world in crisis. Find the answers and the help that you need. Find real hope.

Friday 10th October, 7:30pm - When Will Earth's Sickness Be Cured?

Saturday 11th October, 7:30pm - Hope and Happiness for Homes

Tuesday 14th October, 7:30pm - Claimed and Kept

Contact details:

Confirm your attendance.

Call Maxine on 9680 9975 or

Email: revealhope@gmail.com

Where: Community Hall, Galston Seventh-day Adventist Church
49 Arcadia Road, Galston.

The Galston VIEW Club

The Galston VIEW Club was pleased to welcome Mr Gary Mangan, Manager of the Bendigo Bank of Galston to their August 27 the Meeting,

The Bendigo Bank is a great supporter of our "Learning for Life" programme.


We had a lovely day of friendship, and we welcome anyone who wishes to join our happy club, and help us support the Smith Family and Learning for Life programme.



Dural Galston Probus Club

Dural Galston Probus Club will hold its next meeting at 10am on Thursday 16th October, at The Galston Club, 21-25 Arcadia Road, Galston. The meeting will be followed by a BBQ lunch at Fagan Park. Visitors welcome. Come along or contact Anne 9653 1004.







Building Works
AUSTRALIA

ALL RENOVATIONS
ALL TRADES

CALL US NOW
1300 36 38 36



Builders of Designer Homes, Quality Renovations & Extensions



- New Homes (Australian and American style designs)
- Home Renovations – Extensions – Heritage Projects
- Granny Flats – Little Houses
- Bathroom/Kitchen Renovations
- Decks & Pergolas
- Landscaping



www.buildingworksaustralia.com.au

Join us on:      

BULK BILLING MEDICAL PRACTICE

Specialising in Preventive Health



Annangrove Family Practice



Services

- Female & Male GP's
- Psychiatrist
- Paediatrician
- Audiology
- Ultrasound
- Weight Management Clinic (Dietitian Available)
- Pathology Collection on Site

9679 1100

**SHOP 5, 169 ANNANGROVE RD
Annangrove NSW 2156**

**Monday - Friday
8.30am - 6pm
Saturday
8.30am - 2pm**

ALSO NOW CONSULTING

**Obstetrician, Gynaecologist, Psychologist,
Physiotherapist, Dietitian.**

Dr. Jawahar K. Thomas MB, BS, ECFMG, FRACGP
Dr. Mahishi Nanayakkara MB, BS, FRACGP
Dr. Shervin Amirmalek MB, BS, FRACP



0417 944 955
Wayne Van Balen
 MAIH Regd. Hort No.27

Friendly reliable service, strong plant knowledge.
 Residential, Commercial and Strata.
 Established in your local area.

Garden Design, Construction & Maintenance

Cancer the Dragon and You



Where are cancer treatments heading in Australia and overseas? Profit driven commercialisation of new very expensive treatments tends to obscure and block the development of less expensive treatments. At the annual American Society of Clinical Oncologists meeting in Chicago last May the star attractions were the Immunotherapy type treatments which were later supported by returning Australian Oncologists hoping to become involved with the well paid trials in Australia. What received less focus was the debate over the side effects and affordability of these new treatments which extended average survival by months rather than years at a typical cost of \$14,000 per month or more. On a global basis these new treatments are affordable to less than 1% of cancer patients. In Australia some cancer patients are spending their limited savings on these new treatments while most however cannot afford the high cost.

The major pharmaceutical companies lobby for their highly priced products to be included on the PBS government subsidised scheme in Australia. Where best is it for the government to spend the limited health dollar to maximise overall survival? As we saw earlier, dollars spent on Children's Cancers has the potential to save more years of life than the same amount spent on middle age patients but decisions are often not so simple in the politics of life.

Clinical Trials on more affordable cancer treatments in Australia are being put on hold as the major Pharmaceutical Companies do their best to monopolise Oncologists, patients and resources in Australia.

Cancer patient access to clinical trials of some promising low cost cancer treatments is still possible if you find the right Oncologist.

Hills Cancer Support Group
 834 Old Northern Road Middle Dural
 Contact Details:
 Phone 9652-1977
 Email : johnahackett@yahoo.com.au

Spray Tan Specialist



\$30 per tan or
 \$25 per tan for a
 group booking
 (min 3 ppl)

GloNatural **0412 218 651**
 rachelmccranor@hotmail.com



After Stocktake Sale

We are over stocked on a collection of items and we need to make room for new season stock

Savings of up to 50% off RRP on selected Cleaners, Pumps, Lights, Brooms, Hoses and more.

Only at
Dural Poolsmart and **Spa & BBQ Barn**
 Unit 2 827a Old Northern Road DURAL 2158
 P 9651 4133 P 9651 1373
 E info@poolsmart.com.au E lifestyle@spabbq.com.au
 Next to KFC Between Dargils Hire & Reece Plumbing
 Offer until 30th September 2014 or until stock sold

The Sydney Hills Branch of the Association of Independent Retirees

The Sydney Hills Branch of the Association of Independent Retirees' committee is looking forward to provide members and especially new members with a variety of interesting guest speakers throughout the year.

Our meetings are held the first Friday of each month at Pennant Hills Bowling Club Yarrara Road, Pennant Hills our next meeting will be held on Friday 3rd October, 2014. Meeting commences at the new time of 10.30 am. The guest speaker will be State Member for Hawkesbury MP Ray Williams.

If you are a Baby Boomer or recently retired, come along and be informed of any impending changes. By working together we can make a difference for the future.

For more information contact:
 President: Lauris Rennie. 9634 -1186

LAND & HOUSE PACKAGES AVAILABLE NOW



Lot 3004 Vine Street Vermont Estate - Pitt Town

4 3 2

Fairmont

Features: 4 Double Bedrooms • 3 Designer Bathrooms • Home theatre / Lounge • Family and Meals Rooms • Study • Modern Kitchen • Alfresco Dining • Professionally Landscaped • 2 Car Garage • Modern Kitchens - Polyurethane (Gloss cupboards) • Smeg Appliances, Stone bench tops • R/C Ducted Air Conditioning & Alarm System • Quality Carpet & Tiled Floor Covering • Auto Garage Door, Insulated Walls and Ceilings • Basix compliant & Council Fees • NBN Available • Landscaping package and drive way and much more.

Ask for detailed specification.

- House Area 320m² - 34sq
- Land Area 550m²



Lot 4004 Vine Street Vermont Estate - Pitt Town

4 2 2

Leura

Features: 4 Double Bedrooms • 2 Designer Bathrooms • Home theatre / Lounge • Family and Meals Rooms • Modern Kitchen • Alfresco Dining • Professionally Landscaped • 2 Car Garage • Modern Kitchens - Polyurethane (Gloss cupboards) • Smeg Appliances, Stone bench tops • R/C Ducted Air Conditioning & Alarm System • Quality Carpet & Tiled Floor Covering • Auto Garage Door, Insulated Walls and Ceilings, Basix compliant & Council Fees • NBN Available • Landscaping package and drive way and much more.

Ask for detailed specification.

- House Area 250m² - 26.9sq
- Land Area 550m²



Lot 4014 The Cedars Ave Vermont Estate - Pitt Town

4 3 2

Freshwater

Features: 4 Double Bedrooms • 3 Designer Bathrooms • Formal Living • Family & Meals Rooms • Home Theatre & Study • Modern Kitchen & WIP • Alfresco Dining • First Floor Lounge • Balcony • Professionally Landscaped • 2 Car Spaces • Modern Kitchens - Polyurethane (Gloss cupboards) • Smeg Appliances, Stone bench tops • R/C Ducted Air Conditioning & Alarm System • Quality Carpet, Timber and Tiled Floor Covering • Auto Garage Door, Water Tank, Insulated Walls and Ceilings, Basix compliant & Council Fees • NBN Available • Landscaping package and drive way and much more.

Ask for detailed specification.

- House Area 407sm
- Land Area 850sm



PARTINGTON HALL 51 Hall Street Pitt Town

DISPLAY HOME

6 4 4

Features:

- Formal Lounge / Dining room
- Casual Family and Meals Rooms
- Rumpus Room and Home Theatre
- 6 spacious Bedrooms with walk in or built in robes.
- Ensuites and walk in robes to Bedrooms 1 & 2
- Bedroom 2 (Princess Suite)
- 4 Well appointed Bathrooms with full height tiling.
- 4 Car garage
- First Floor Break Out Room
- High Ceilings 2.7m and 2.45m

- Gourmet Kitchen with Smeg Appliances and butlers pantry.
- 40mm Caesar stone benchtops and polyurethane finish to kitchen cupboards.
- Laundry with built in cupboards and drop in stainless steel sink.
- Alfresco Dinning Area with Built in BBQ.
- Fully Landscaped
- Swimming Pool



**BINET
HOMES**

**Inspection Times Wednesday & Friday 2pm – 5pm
Saturday & Sunday 11am – 4pm**

Rodney Binet 0412 822 608

BINET HOMES

www.binethomes.com.au
Builders Licence No. 4443 ABN 26 000 519 719

ph: 9868 3222
m: 0412 822 608



Galston Aquatic and Leisure Centre



Join Galston Aquatic and Leisure Centre for only \$16 per week. Includes unlimited gym and swim.

SWIM + GYM

Our facility offers a heated 25m pool, the very latest gym equipment and a friendly team!



Join up for only \$16 per week and receive a free 20 visit Aqua Pass* valued at \$180

(*Aqua Pass only valid whilst gym membership is current.)

Reunion For Arv Ex Philip Lodge Staff

A Reunion for Ex Philip Lodge Staff is planned for Saturday 29th November, 2014

At the Coffee Club, Norwest, Commencing at 5pm.

For bookings please RSVP 1st November.

By Contacting Jan (9680 3723) or Pam (9899 7996).

Please come along and SHARE LOTS OF MEMORIES!

FOUND

Set of keys with NRMA tag, found in the Arcadia School/Church area.

Please contact 0419 407 010.

Bushwalk to Jerusalem Bay

Enjoy stunning views while challenging your fitness on a free guided bushwalk to Jerusalem Bay.

The walk will start at Cowan Railway Station and follow a section of the Great North Walk down to the beautiful Jerusalem Bay.

Explore a range of natural environments from low-open forest to sandstone swamp, warm temperate rainforest and the banks of the estuary.

After reaching Jerusalem Bay, the group will stop for a lunch break to take in stunning views before returning to Cowan.

This grade three walk will include some steep sections.

When: Sunday 12 October, 9am-12pm

Where: Jerusalem Bay, meet on the Pacific Highway side of Cowan Station

Cost: Free

Bookings Essential: Book by calling 9847 6832 or emailing bushland@hornsby.nsw.gov.au

Generous Gift from a Local Business

Hornsby Shire Council and Maroota Sandstone Quarry have joined forces to fix a notorious dumping ground for illegal rubbish on Old Northern Road.

The quarry generously offered to place 12 large sandstone blocks across the entrance to the site that prevent vehicles entering, free of charge.

"We decided to do it after I was chatting to Council's ranger one day about the problem," says Gary, the quarry's manager.

"It was pretty unsightly when you came past here every day and saw the piles of garbage."

The need for action was made particularly clear this week when a new pile of rubbish was dumped less than half an hour after Council had finished cleaning out the site.

"We're very grateful to Maroota Sandstone Quarry for their generous assistance," Hornsby Shire's Acting Mayor Gurdeep Singh says.

"This is a great example of Council and the local business community working together for the benefit of the entire community."

Each of the sandstone blocks weighs around seven tonnes and is valued between \$500 and \$1,000.

PHOTO: Maroota Sandstone Quarry manager Gary with the newly placed blocks that prevent illegal dumping.





A Whisper of Wings

By Mary at Heritage Haven

Butterflies are delightful residents in my garden. This morning, two Painted Ladies are flitting amongst the heliotrope beds. Rapid and seemingly tireless flyers, the ladies alight to feed on fragrant clusters of miniature purple flowers that mimic the essence of cherry pies. My visitors' wings are half-open, displaying a striking interplay of black, orange, brown and white markings. These butterflies are rapid flyers, but eventually they alight upon the nectar-rich flowers.

Lavender, thyme, mint and buddleia are in bloom now to welcome visitors. Patches of overlooked thistles, wild flowers and even flowering grasses tempt the butterflies to linger longer. Flat stones have been placed near water bowls to encourage birds as well as butterflies, bees and beneficent bugs to land and spread their wings to absorb the warmth of the day in the quiet of our herb garden.

Sunny days are increasing and a whisper of wings is apparent as our winged friends compete for flowers and food. Jasmine has spread a curtain of fragrance over a towering old pine tree's stump in the furthest wilderness corner behind the chicken pen ... a contented hum of bees drifts on the warming breeze.

Perhaps, here in the Hills, nothing captures the whisper of wings more than the old Manchurian Pear trees that were planted here as root stock for pear and apple trees many years ago. Today some remnant trees more than ten metres tall remain and display a dome of white blossoms above their mature trunks. In winter the branches were bowed with clusters of miniature pears, welcomed by the wild birds, especially cheeky silver eyes. Today, these remnants of past, farming practices remain a magnificent sight with an attendant hum of busy bees and a delicate fluttering of their white blossoms to carpet the fields like snow.

Dharug & Lower Hawkesbury Historical Society

**October Excursion? Dubbo Gully Cemetery
Saturday 18 October 2014**

Join us to walk down Dubbo Gully to visit the historic St Thomas Cemetery. The Cemetery was in use from 1851 to 1949 and contains headstones for a number of well-known families of the area including Craft, Douglass, Woodbury and Watkins.

With great scenery this area has evidence of Aboriginal activity dating back 5000 years. It was also a centre of farming and logging for early European settlers.

Cost is a gold coin donation.

Meet at the Dubbo Gully Road car park - a small clearing about 450m along the un-signposted Dubbo Gully Rd. Dubbo Gully Rd is found by turning left off Waratah Rd when it becomes unsealed, about 4km from Mangrove Mountain shops.

Time: 10 a.m.

Walk is approximately 7 km return with a short steep part. Track rating is moderate.

Please book in advance phone 0404 272 969 or email enquiries@dlhhs.org.au please include your name, contact phone number and name and number of people you are booking for.

Wear suitable clothing and walking shoes, bring wet weather gear if required (walk will be cancelled if weather is too bad), hat & sunscreen, water and snacks/lunch.

All Welcome.

THE 'I WANT' PERSONAL LOAN

 **Bendigo
Bank**
banking

Dreaming of a new car or overseas holiday?

Are you ready for home improvements or going back to study?

The 'I Want' Personal Loan from Bendigo Bank is loaded with benefits and tailored to suit your needs.

Applying is fast, simple and no fuss.

If you know what you want, but need help to get it:

Drop into your nearest branch at 348 Galston Road, Galston or phone 9653 2227.

Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879. PL9 (187390_v1) (30/05/2013)



Galston & District **Community Bank**[®] Branch



Free Spirit Markets

New

MONTHLY Lifestyle MARKET

Sunday 12th October
at
DURAL COUNTRY CLUB

9am - 3pm

662A Old Northern Road, Dural

**Held the second Sunday
of each month**

www.freespiritmarkets.com



SMALL CLASS SIZES

Quality Education for Kindergarten to Year 12

Located in Arcadia with established transport links from surrounding areas including Castle Hill, Box Hill, Kellyville, Rouse Hill, Kenthurst, and Glenorie.



Join us for a school tour

TUESDAY 21 OCTOBER - 10.30am

2016 Scholarship Applications now OPEN online

Visit northholm.com.au or call the Registrar on **9656 2000**

NORTHOLM GRAMMAR SCHOOL

LEARN WITH **PURPOSE** LIVE WITH **PASSION**

Bush Fire Season Guidelines



The NSW Rural Fire Service (NSW RFS) is reminding Hornsby and Kung-ring-gai residents that fire permits are required during the statutory Bush Fire Danger Period.

NSW RFS District Manager, Superintendent Mark Sugden said hotter and drier conditions mean fires are more likely to start and spread quickly during the Bush Fire Danger Period, which officially begins on 1 October.

“From now until the end of the Bush Fire Danger Period, people wishing to light a fire in the open will require a permit, which are free and can be obtained from your local fire station or Fire Control Centre,” Superintendent Sugden said.

“When conditions are particularly bad, such as on days of Severe, Extreme or Catastrophic Fire Danger, the NSW RFS may declare a Total Fire Ban, prohibiting the lighting of any fire in the open, even if you have a fire permit.”

On a day of Total Fire Ban the lighting of fires is prohibited. This includes cooking fires using incinerators and barbecues which burn solid fuel, such as wood or charcoal.

Gas or electric barbecues are permitted under the following conditions:

- They are on residential property within 20 metres of the house or dwelling
- They are in a picnic area and the appliance is approved by Council, National Parks and Wildlife Services or State Forest
- They are under the direct control of a responsible adult
- The ground around a barbecue is cleared for 2 metres of all material which could burn
- You have an immediate and continuous supply of water available.

“We urge all residents in the Hornsby/ Ku-ring-gai area to be vigilant and extremely careful with fire during the Bush Fire Danger Period,” Superintendent Sugden said.

“Every resident should have a Bush Fire Survival Plan so they know what to do on days of increased fire danger and can immediately put their plan into action if their home is threatened by fire.”

Information about Total Fire Ban declarations is published at www.rfs.nsw.gov.au. Locals can also call the Hornsby/ Ku-ring-gai Fire Control Centre on 9883 2000 or the Bushfire Information Line on 1800 NSW RFS (1800 679 737).



NYRANIE CONSULTING

provides the following services

- On-site Wastewater Management Reports
- Bushfire Risk Assessment Reports
- Landscape Plans
- Vegetation Management Plans

Often required in Development Applications to Councils for single dwellings, infill development to become subdivision or cluster development.

Phone Anne Vella on
9652 1242 / 0417 461 170
www.nyranie.com.au
annevella@nyranie.com.au

DURAL POOL SHOP

Onsite Service - Pool Chemicals
Pumps, Filters & Chlorinators
Parts & Accessories - Open 7 Days



270 New Line Road Dural NSW 2158 E alanb@duralpoolshop.com.au
P 02 9651 4799 F 02 9651 2638 W www.duralpoolshop.com.au

Following the Trail of Wisdom

Pathways Psychology Institute was founded in 2008 by local psychologist Yelena Udy. A practicing therapist since the 1980's, Yelena's passion for working with and helping people with their problems comes from her training in Process Psychotherapy, and the wonderful way in which these methods help a person find their own unique solutions to their problems has inspired her to create training programs for those wanting to develop their own counselling skills. Courses are tailored for curious beginners, professional counsellors wanting PACFA accreditation and Psychology Graduates. We teach simple, respectful methods to help unfold the wisdom within each individual.

Yelena explains how "Each client brings clues to their solution, even in the way they describe their problem. A counsellor needs to notice their processing style: Does this individual tend to see, hear, feel or think about the 'problem'? Which method of exploring matches and enters their experiential world?"

Our courses teach trainee counsellors this flexibility, to adapt counselling methods to the personal thinking / feeling style of each client. Each student goes through a journey of discovery and self development as they increase their own awareness of the many signals present in dreams, body experiences and relationships pointing the way. If you are interested in learning these counselling methods or more information go to the website www.pathwayspsychology.com

Yelena Udy is available to see clients in her Galston clinic on Tuesdays and Fridays (Contact Surja on 0413 111 310).

Do you suffer from sore feet, ankles, knees, legs or lower back pain?

What you may not realize is that often the underlying problem is bad foot posture.

Poor foot posture is often caused by the foot rolling in (pronating).

This translates itself up through the leg while walking and running, causing a wide variation of problems by putting unnecessary strain on joints through incorrect alignment. This complicates conditions such as arthritis, neural pain/nerve entrapments and strain on tendons which can cause muscular aches and pains.

Quite often all that is needed is a postural correction at the level of the foot which can have great benefit to the foot, ankle, knee and can even decrease lower back pain in some individuals.

With modern advancements in postural diagnostic equipment these foot and lower limb problems can be easily identified and treated.

Hills Podiatry Centre (previously Galston and Dural Podiatry) has some of the most advanced computer analysis equipment available.

The ZEBRIS system is state of the art technology in the diagnostic field of lower limb and walking analysis. It is new technology and there are few clinics throughout Australia that are lucky enough to have this equipment.

The system utilises a pressured sensed treadmill which consists of thousands of sensors designed to calculate the amount of pressure loaded on each foot while walking.

This is also integrated with video footage which can display joint angles and alignments, to gain a thorough understanding of how the patient is walking and how the body is responding to postural compensations.

"Whether you're an active sports person or just on your feet all day, the platform is great for analysis from kids to retirees."

If you suffer from any of these conditions you may benefit by making an appointment at

Hills Podiatry Centre.

634 Old Northern Rd, Dural. (between the IGA and Hargraves Nursery). Call today on 96539772.



MAP + SKILLS = DISCOVERY

Seek the treasure in your life and discover it's you!

In this 5 week course we will show you that you already have the map and we can teach you the skills to interpret and discover the precious treasure to be found within you. An experiential, transformative course

which will allow you to transcend the old and morph into the new you! ✘ Learn to relate to yourself and others better ✘ Learn how to notice your life's clues and secret messages to you ✘ Learn how to help others ✘ Gain a sense of meaning ✘ Understanding and interpreting dreams.



This course is facilitated by local Psychologist Yelena Udy and is held on Mondays from the 27th Oct to 23rd Nov at either morning 10-12.30 or evenings 6 – 8.30pm at the Arcadia campus of Pathways Psychology Institute.

This is an experiential course where you will be in a safe small group environment to share and learn basic counselling skills.

Call or email today to find out more information or to book your place. Cost for 5 week course is \$200 this includes morning tea or light supper.



Pathways
Psychology
Institute

Phone: 0450 530 880

Email: info@pathwayspsychology.com.au
www.pathwayspsychology.com.au

Hills Podiatry

Do you have sore feet?

We can treat any of the following problems:

- Heel Pain
- Shin Pain
- Knee Pain
- Hip Pain
- Aching Legs
- Flat Feet
- Growing Pains
- Corns and Callus
- Plantar Warts
- Ingrown Toe Nails
- Dry Cracked Heels



Call Hills Podiatry today and book your appointment

Ph 9653 9772

Tougher Laws to Prosecute Drug and Alcohol Impaired Drivers

Hornsby State Liberal MP Matt Kean has welcomed tougher new laws to prosecute drug and alcohol impaired drivers which passed the NSW Parliament this week.

Mr Kean said the laws will deliver important changes that will reduce the options by which some dangerous drivers avoid detection and prosecution.

"This is a sensible and common sense reform to make sure police have the necessary ability to gather evidence and prosecute drivers in ambiguous drug and alcohol testing situations," Mr Kean said.

"Sadly, drivers are sometimes so intoxicated that they are physically unable to complete a police breath test. These changes will now allow police to arrange for blood samples to be taken to determine blood alcohol concentration.

"Other key changes include streamlining the urine sample handling process and changes to match modern laboratory processes to improve evidential accuracy of drink and drug driving offences.

"We are constantly looking at new ways to ensure our drug and alcohol testing is robust and effective to remove this dangerous behaviour from our roads and help save the lives of innocent motorists," Mr Kean said.

Mr Kean said the laws include an important change to reinforce police powers to ensure drivers remain on site until testing is complete.

"It is critical that police have the ability to ensure a driver stays at or near the place of testing until the random drug testing process is complete – meaning drivers can't drive away until their samples have come back clear," Mr Kean said.

"Another important change is the ability for police to now require a driver to submit to a sobriety assessment if their behaviour, condition or appearance causes a police officer to believe that a driver is under the influence of a drug but a random breath test is negative for alcohol.

"This is a big win for our road safety and reflects the Government's strong commitment to reducing drink and drug driving-related road trauma," Mr Kean said.

Tribute book for outgoing NSW Governor Marie Bashir

Hornsby State Liberal MP Matt Kean today encouraged the Hornsby community to pay personal tribute to Her Excellency Professor The Honourable Dame Marie Bashir who retires on 1 October 2014.

A tribute book has been set up at Mr Kean's Electorate Office, at NSW Parliament House and online at www.nsw.gov.au.

The tribute book will be available until Sunday 21 September 2014.

"Dame Bashir is the second longest serving Governor of New South Wales in our 226 year history having served since 2001," Mr Kean said.

"Dame Bashir is truly the People's Governor and a remarkable Australian.

"I was honoured to be present representing the Hornsby community this week as the Governor gave her final address to the NSW Parliament.

"I encourage everyone to pay their personal tribute to a remarkable individual who has served this State with distinction, dignity, humility and respect."

The Tribute Book for Her Excellency Professor The Honourable Dame Marie Bashir AD CVO will be available until 21 September 2014.



CHIPMASTER WOOD CHIPPERS



BOBCAT ZERO TURN MOWERS



RAZORBACK RIDE ON BRUSHCUTTERS

* SALES * SPARES * REPAIRS *

– PUSH MOWERS – ZERO TURN MOWERS – HANDHELD EQUIPMENT –

AG-REPAIR & SALES PTY LTD
1333 OLD NORTHERN ROAD, MIDDLE DURAL
WWW.AGREPAIR.COM.AU

0422 498 906
NATHAN MILLS



CREATE YOUR HOME OF
DISTINCTION WITH
EXCELLENT CONSTRUCTION
AND DESIGN



Turrell
*Excellence in New Homes
Renovations/ Additions*

**Turrell Building Services
Turrell Homes**

Shop 3, 362 Galston Road, Galston NSW 2159
Ph: (02) 9653 1003 – Fax (02) 9653 1009



Visit our website to view more of our projects: www.turrell.com.au

NSW Corporate Volunteer of the Year Awards Open

Hornsby State Liberal MP Matt Kean is encouraging businesses with employee volunteering programs to nominate their staff for The Centre for Volunteering's Corporate Volunteer of the Year Awards by 31 October.

"More organisations than ever are offering corporate volunteering programs, enabling staff to take paid leave to volunteer," Mr Kean said. "We know that around 35 per cent of adult Australians volunteer regularly and workplace initiatives are helping more people to discover the benefits of volunteering by connecting them with opportunities to help great organisations.

"Businesses large and small with corporate volunteering programs have told us they have a more engaged workforce and better relationships with the community as a result. The annual NSW Volunteer of the Year Awards recognises the profound contribution that over two million volunteers make to communities across our state each year. These award categories give special recognition to participants in corporate volunteering schemes who demonstrate innovation and drive to make a difference."

Businesses are urged to nominate their volunteers for one of the following awards:

- 2014 NSW Corporate Volunteer of the Year Award (individual award)
- 2014 NSW Corporate Volunteer Team of the Year Award (team award)

Mr Kean said not-for profit organisations are urged to apply

for a dedicated NSW Excellence in Volunteer Management Award.

"The other side of the volunteering equation is the need for specialist staff in not-for-profit organisations to manage the incoming volunteers so that everyone benefits," he said.

"Volunteer-management is often under-recognised but it's crucial to a successful volunteering experience." The Centre for Volunteering's Chief Executive Officer Gemma Rygate said social entrepreneurs using online and other means to get involved in volunteering were encouraged to nominate for the awards. "The rise of online social entrepreneurs and start-ups means volunteer management is changing. We want to recognise excellence in volunteer management – both traditional and online."

The Awards are sponsored by the NSW Government and also receive generous support from ClubsNSW. To make a nomination go to: www.volunteering.com.au/2014-awards or call The Centre for Volunteering on 9261 3600. Nominations close on 31 October 2014.



BJB Electrical Contracting

Licence No. 80856C

Reliable - and Realistically Priced!

9652 1177

Adam Cox - 0419 777 072

PO Box 245,
Glenorie, NSW 2157

Fax: 9652 1277
Email: info@bjbelectrical.com.au
Website: www.bjbelectrical.com.au

Hornsby MP Matt Kean Urges Residents to Start a Conversation to Help Save a Life

Hornsby State Liberal MP Matt Kean today urged local residents to start a conversation with friends, family, neighbours or colleagues to ask "are you OK?", as part of the annual R U OK Day suicide prevention initiative. Mr Kean said just by starting a conversation with someone who might be doing it tough, residents could help change a life by showing that they care.

"R U OK? Day is a great initiative which helps to remove the stigma often associated with depression by encouraging mates to get in touch with each other and ask the all-important question - 'are you OK?'," Mr Kean said.

"Talking about mental health issues is often a tough topic to address, but R U OK? aims to assist people to start the most important conversation they may ever have. "You don't have to be a mental health expert to make a difference in someone's life, you just have to show that you care.

"R U OK? Day is a great way to remind people of the importance of having a meaningful conversation with those that they care about to check on their state of mind. But it's also important that we take up the message of 'R U OK?' Day throughout the year, by keeping an eye out for those people who may be doing it tough and checking to see how they feel. Starting a conversation with a mate is such a simple gesture, but it is one that could make a world of difference to someone who is feeling depressed or isolated."

Those who wish to find out more about how they can start a conversation with a mate, or to find out how to donate to this worthy cause, head to www.ruok.org.au.

Footloose, the Musical - Berowra Musical Society

Classic tale of teenage rebellion and repression features a delightful combination of dance choreography and realistic and touching performances. When

teenager Ren McCormack and his family move from big-city Chicago to a small Midwestern town, he's in for a real case of culture shock. Though he tries hard to fit in, the streetwise Ren can't quite believe he's living in a place where rock music and dancing are illegal. However, there is one small pleasure: Ariel Moore, a troubled but lovely blonde with a jealous boyfriend. And a Bible-thumping minister, who is responsible for keeping the town dance-free. Ren and his classmates want to do away with this ordinance, especially since the senior prom is around the corner, but only Ren has the courage to initiate a battle to abolish the outmoded ban and revitalize the spirit of the repressed townspeople. Fast-paced drama is filled with such now-famous hit songs as the title track and "Let's Hear It for the Boy".

Director - Karen Jones, Musical Director - Narinder Vaccarella, Choreographer - Briony Johnston

October 2014 - Saturday 18th, 8pm, Sunday 19th, 2pm, Friday 24th, 8pm, Saturday 25th, 2pm & 8pm

Tickets Adults: \$25.00 Children: \$20.00 Concession: \$20.00 Family: \$75.00.

All performances at Berowra Community Centre

The advertisement is set against a red background with white and gold Christmas ornaments and garlands. At the top center is a white box with a Santa Claus illustration and the text 'Sydney's Christmas Barn where the christmas fun begins'. Below this are two green boxes with white text. The left green box contains information about a public opening on Friday the 24th of October at 879 Old Northern Rd, Dural NSW 2158. The right green box lists 'NEW FOR 2014' products including 36V LED rope lights and rope light silhouettes, and mentions other items like fairy lights, solar lights, and artificial trees. A yellow coupon at the bottom left offers a free Christmas gift. At the bottom center is a Facebook logo with the text 'like us on Facebook'. At the bottom right is the store's contact information: Sydney's Christmas Barn, 879 Old Northern Rd, Dural NSW 2158, Phone: 02 9651 2020, Email: info@sydneyschristmasbarn.com.au, and website: www.sydneyschristmasbarn.com.au.

Sydney's Christmas Barn
where the christmas fun begins

Our store will open to the public on Friday the 24th October, so come in to get some great opening week specials at 879 Old Northern Rd, Dural NSW 2158

NEW FOR 2014
36V LED rope lights and rope light silhouettes, great safety feature

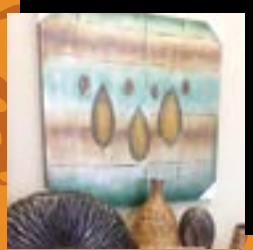
We sell Fairy lights, solar lights, battery lights, commercial lights, wedding lights, wreaths, artificial trees, nativity sets, garlands, inflatables and more

COUPON
Cut this coupon out and bring in to shop for a **FREE** Christmas Gift (one voucher only per customer)

Facebook
"like us" on Facebook

Sydney's Christmas Barn
879 Old Northern Rd, Dural NSW 2158
Phone: 02 9651 2020
Email: info@sydneyschristmasbarn.com.au
www.sydneyschristmasbarn.com.au

INSIDE OUTSIDE Wall Art



Great Christmas Gift Ideas

9651 5758

UNIT 15 'THE HUB'

252 NEW LINE RD DURAL 2158

- HOME & GARDEN WALL ART - DECOR
- MIRRORS - CLOCKS - METAL - HOMEWARES & GIFTS

shop online www.inoutwallart.com.au

FOLLOW US ON FACEBOOK

What do you do when your eight year old tells you she is a vegetarian?

Written by Anita Horan www.capturedemotion.com

I desperately wanted to have a second child and when she arrived in the world, I knew she was meant to be.

She didn't talk until she was about 1. All the other parts to her development seemed normal, but for some time, she was virtually a mute. We celebrated when she said her first word and within 6 months she was talking well but at the age of two she suddenly developed a severe stutter. I quickly contacted a speech pathologist and was informed that the stutter was caused by her wanting to get lots of words out but fearing she would not be heard, so anxiety kicked in and caused the stutter. I immediately implemented the experts advice and my child stopped stuttering as quickly as she started. Over time her personality became clear and it was obvious she is a high achiever and wants to be the best she can be. I now believe the stutter was connected to her earlier impaired speech; as researchers say that long before a baby utters her first word, she's learning the rules of language and how adults communicate. I feel she selectively chose not talk and was observing language and waiting until she knew she would be good at it.



Now 8 years old, she is a very fluent speaker and has enough passion in her personality for ten people. She knows who she is and; who she is - changes regularly. Around the same time her stutter stopped she started changing her name. She wouldn't 'pretend' to have a different name, she would actually re-name herself. If I introduced her by her real name, she would adamantly say (in front of someone we were meeting for the first time), that is not my name, my name is Dora or the next month *Tinkerbell* and the most unique name that lasted for many months was *Chadabel's* (I have no idea where she got that from, I have never heard of that name). She would also correct me and insist our family use her new name, as that indeed was who - she was. I did not realize she stopped that phase until one day, two years later I heard us all using her normal birth given name and we weren't getting into trouble for it.

Her passion hasn't waned and she still moves from one persona to the next, for which reason I booked her into drama lessons and she was a natural at adapting herself into different characters. Over the past couple of months, she has decided she is vegetarian. My husband was vegetarian for a stint, but that was a few years back now. I believe her decision is based on the fact that she has great affection for all animals and the thought of killing them is very distressing to her and then eating animal is completely against her internal ethics (for this phase of her little life). I would cook and serve the evening meal and she would tell me "I am vegetarian" and not eat the food I had put in front of her. I didn't think too much about it as kids play these kinds of games. Without giving it too much thought, I would have to go back to the kitchen and prepare a second meal for her. Sometimes my dinner would go cold while I tended to this and other times I would say if she wanted me to cook separately for her, she would have to wait, as I wanted to eat my meal while it was hot or I simply made her a sandwich. She never argued or objected, she

Looking for a Reliable Pathway into
a New Counselling Career?



YES! But
how?

Enrolments are now
open for the 2015
intake in our 2 or 2.5
years counselling
course.



Delivered through a combination of online at-a-distance work (from your own home) and face-to-face training by attending residential seminars, in Arcadia. We teach effective, cutting edge methods of professional counselling practices. Combining rigorous theoretical training with practical experience and regular coaching to guide you in developing your own professional therapeutic skills to become a qualified counsellor. PACFA accredited course. Call or email today and find out how easy it is to start on the pathway to your new counselling career.



Pathways
Psychology
Institute

Phone: 045 053 0880

info@pathwayspsychology.com.au
www.pathwayspsychology.com.au

simply waited. After 30 days straight of this happening, I realized she was quite serious and was not playing a game nor trying to be difficult. As a parent I believe in raising ethical children, so how could I possibly insist she eat meat if it was against her ethics. She was insistent she didn't eat meat, but was never demanding about her needs, she simply knew this was the cost of having a different ethical standard to everyone else.

I have come to realize this phase is not ready to pass, so now I plan to cook her meal at the same time as ours. She loves simple pasta, which is always easy to prepare as a back up at short notice. But what has caught me out by complete surprise is that when I go to a friends house, we all sit down to eat and she will suddenly refuse her meal and declare to our kind host "I am vegetarian" to which my host becomes very flustered and embarrassed and apologizes profusely and offers to make a separate meal.

1. I am constantly shocked by my child's passion and assertiveness.
2. If you are ever my host and this happens, please don't worry, a sandwich will be fine.
3. It is going to take me another month to remember to tell my host I have an 8 yo who is a self professed vegetarian (by which time this stage may have passed)

There is a job beckoning my attention, which I am currently stalling on. A conversation needs to be had between me and my 8 yo where I explain social etiquette and that having a different set of ethics to the majority, can actually make the majority feel uncomfortable. So she needs to play down her morals so that it does not appear that others need to come to her beck and call because she has different dietary requirements. She needs to perhaps change her approach when a hot sausage roll is placed in front of her - from "I cannot eat this, I am a vegetarian" to

"Thank you for preparing this meal, however, I am a vegetarian, so is it OK if I have a sandwich?" or "mum packed something for me" (note to self; pack back-up vegetarian meal for self professed vegetarian 8 yo child).

It happened to me again today, I missed the whole episode. My child was at a party and near the end the birthday girl's mother apologized to me for not knowing my child was vegetarian. To which I was taken a back and apologized for not thinking to tell her (as I had forgotten my child was vegetarian), to which apologies and explanations were firing back and forth with both of us feeling highly uncomfortable. So I wrote this to remind myself the issue must be dealt with.

As the party concluded a game was played where the children would dance to music and quickly have to sit down when the music stopped. Little miss vegetarian, as I mentioned earlier, likes to be good at everything, so I knew it was difficult for her when she was dismissed from the game half way through - for the first two rounds. On round three she made it to the finals, it was down to her and the birthday girl. I watched carefully, knowing she wanted to win; the birthday girl scraped it in by a hair's breadth and all the adults (including myself) thrilled that the girl of the day was the winner. How would my child react, having been so close to victory? Sweat started beading on my brow with all the possible scenario's of what I would see next.

A lump forms in my throat as I tell you, that my little 8yo vegetarian with interchangeable names and persona's, turned to face the birthday girl, put her hand in the air and said "Hi five" and they clapped their hands together in the air; my child commending the birthday girl on her victory. It reminded me that she is not vegetarian because she wants to be difficult; she is vegetarian because she is a beautiful child, who at this time, loves animals more than she wants to eat them.....



THE LIGHTS OF PARIS

antique industrial and vintage lighting,
clocks and decorative features

www.thelightsofparis.com.au



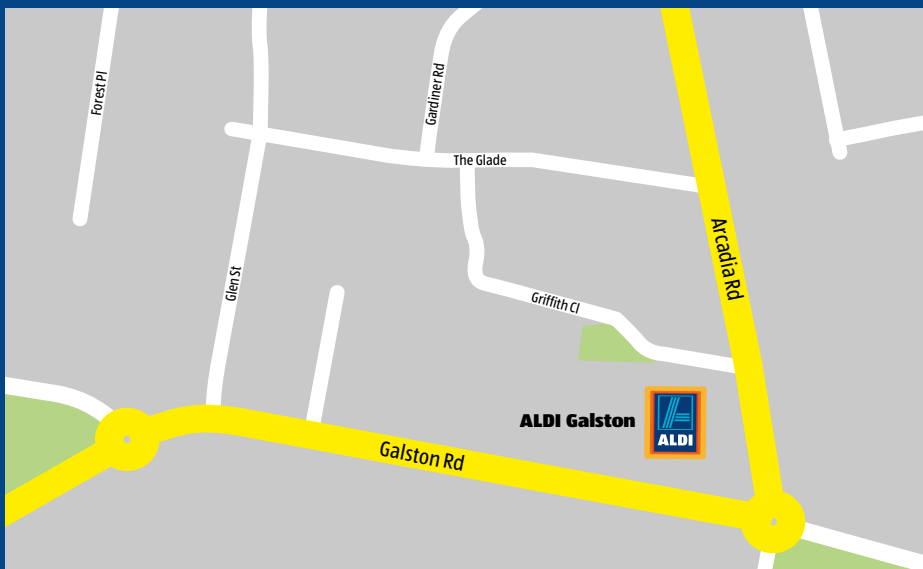
We're moving into **Galston**

Wednesday 8 October 8.30am

Hi there future neighbour,

We're new to the area and look forward to seeing you. If you're the kind of person who keeps a look out for bargains and gets excited when you find one, chances are we'll be good friends. So pop by for a visit, you'll find us located at Galston Shopping Centre.

ALDI Galston Team



Shop 1,
Galston Shopping Centre,
346 Galston Rd, Galston
NSW 2159.



Don't forget to bring
or buy your bags



Bring a \$1 or \$2 coin
for your trolley, this
is fully refundable
on return

aldi.com.au



Subscribe to our newsletter at
aldi.com.au



\$149

**BAUHN 23.6" (59CM)
HD LED LCD TV WITH
BUILT-IN DVD PLAYER**



\$69

**GPS UNISEX
WATCH**



\$2.99
ea

BATH TOWEL



\$6.99
ea

**CAST IRON FRYPAN
OR GRIDDLE PAN**

SPECIAL BUYS™ ON SALE
Wednesday 8 October

LIMITED STOCKS IN STORE

While stocks last – please note stocks are limited and will vary between stores. Despite our careful planning, we apologise if selected items may sell out on the first day due to unexpected high demand. In the event of unexpected high demand, ALDI Stores reserves the right to limit purchases to reasonable quantities.



The new co-owner of Wisemans Ferry Shopping Centre, Kevin Pratt, wanted to do something for the wider Wisemans Ferry community as well as breathe new life into the village. Kevin recently bought the shopping centre in partnership with Charlie Camilleri and rebranded the centre Wisemans Ferry Central 2775.

Kevin has lived in the Wisemans Ferry area for 25 years and strongly believed the centre could better meet the needs of the locals and tourists alike and with the assistance of some local input about what they wanted to see in their new shopping centre the refurbishment got underway.

Now Wisemans Ferry Central 2775 is home to a Friendly Grocer supermarket & cafe, artist's gallery, antique store, chemist, hair dresser, solicitor's office, café/restaurant & a real estate office.

Kevin's broad vision was to create a brighter welcoming look & feel for everyone-locals and tourists. The building's appearance, access, space utilisation, feel and usefulness have made the centre more welcoming, attractive and created a significantly enjoyable experience for everyone visiting and or shopping at Wisemans Ferry Central 2775.

Leanne & Peter Woodbury's Friendly Grocer supermarket & combined cafe/bakery opened with excitement and a large patronage. It was the sunny & glorious June long weekend that brought visitors & locals out in their droves. From opening at 6am to close of business at 6pm both Peter & Leanne were heartened by the response from customers. At the end of the day they were exhausted but delighted with their first day's trade.

The Café/bakery provides delicious Toby's estate coffee, teas, a delightful range of pies and sausage rolls baked on the premises with rave reviews, a variety of pastries and cakes, along with a selection of fresh wraps, sandwiches & salads.

Wisemans Ferry Realty's (WFR) office located on-site & operated by locals Paul & Belinda Vella are the hands-on managers for the centre and oversaw the improvement project while at the same time setting-up their office. Kevin says that Paul and Belinda provided valuable ideas for the new centre and he remains very appreciative of their input. Anyone with new ideas for permanent or pop up stores should contact WFR.

Paul & Belinda have been on the hop since setting up their office located at the eastern end of the centre with parking right outside their door and its fair to say that their hard work has paid off with the office's welcoming, bright



and comfortable feel. The office provides a central base for them to service the large local area.

With the new construction complete existing shop operators have noted that the bright and fresh feel of the centre has attracted a lot more foot traffic with visitors conferring their approval and many reminiscing of their earlier visits to the valley when things were so very different.

Kevin's broad style welcomed everyone's ideas right from the beginning which led to the Wisemans Ferry Inn's participation in their streetscape enhancements and in particular the Solomon Wiseman statue restoration with an added water feature.

There is also a planned stairway from the Wisemans Ferry Hotel's playground to the rear of the shopping centre through what is to become a herb & culinary garden with the produce being available for all to enjoy.

Busby's Café Restaurant was fully renovated before opening with new operators Jamie Busby & Rosie Buckley both locals. Jamie's award winning culinary skills are well known in Wisemans Ferry & surrounds having honed his skills in Sydney's high end 5 star hotels & Central Coast before moving to Wisemans Ferry.

Jamie says that their breakfast menu (available 8:00 – 10:30am Sat & Sun) has generated a lot of interest and is attracting repeat customers enjoying their meals on their fully covered deck with river & escarpment views.

continued next page

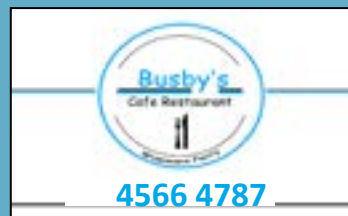


WISEMANS FERRY CENTRAL

~2775~



**Friendly Grocer
Supermarket & Café
OPEN 7 DAYS**



Café Restaurant

Breakfast – Saturday, Sunday
Lunch – Thursday, Friday, Saturday, Sunday
Dinner – Friday, Saturday



**Property Sales
Property Management
45 664 660**

*Wisemans Ferry
Hair & Beauty*

Monday, Wednesday, Friday & every
second Saturday by appointment.

45664300



10am-4pm Thursday,
Friday, Saturday,
Sunday, Monday.

A community run gallery includ-
ing painting, pottery, jewellery,
printmaking, sculpture, textile art,
photography, glassware and more.

**WISEMANS FERRY
PHARMACY**

OPEN 6 DAYS MON-SAT

45664999

Glamourpuss Vintage

The prettiest Collectables & Clothing
shop in the Hawkesbury. China, crystal,
clothing, shoes, silverware, furniture,
old tools, bottles & books.

10am-4pm Thursday through to Monday

5557 Old Northern Rd
WISEMANS FERRY

BIG DOG

MOWERS

UNLEASHED

RELIABILITY, PERFORMANCE, VALUE!

Available from:

Glenorie Mowers

Pty. Ltd.

64 Cattai Ridge Road
Glenorie

Ph 9652 2709



We also service & sell:
Brushcutters • Chainsaws
Blowers • Pumps & more
Pick up & Delivery

from
\$5,500

with
7 Year
Warranty

FREE DEMO ... TRY BEFORE YOU BUY!

with EVERY BIG DOG MOWER PURCHASE RECEIVE A WAECO FRIDGE

from September 2014 — 31st December 2014

www.bigdogmowers.com

WISEMANS FERRY CENTRAL - 2775

Continued from previous page

Since the refurbishment there's notably more customers enjoying the centre's rejuvenated veranda having a coffee & a chat with friends while admiring the escarpment views that surround the village. The art gallery & antique store appear to have captured the knock-on effect with the relaxed visitor's attention also drawn to their respective window displays.

An enormous amount of effort has gone into making the veranda the friendly social space it now is. This involved new main stairs & its' approach, an all-purpose mobility access, new and ample seating, large café umbrellas, new rails all round, flooring sanded & sealed and finished off with the repaint.

The renovations were completed early winter and Mother Nature turned on an endless number of beautifully brilliant days affording our visitors the opportunity to test, taste & cast their votes on the new and improved centre. It is easily an all season's destination for visitors and locals alike.

Wiseman Ferry Central 2775 is only part of the attraction in the 2775 post code. Its' boundary stretches past St Albans up near Bucketty in the north, past Spencer & Mangrove Creek in the east, Maroota in the south and Leets Vale in the west, embracing several national parks & many significant Indigenous & European historical points of interest to NSW & Australia.

2775 is amazingly blessed with abundant natural beauty with the Hawkesbury & McDonald Rivers meandering through the topography which is home to a myriad of native creatures &



flora that in the writers view would take a lifetime to document photographically.

Naturally the locals are quite protective of their neck of the woods but are openly hospitable to visitors who treat this piece of God's country with the respect it deserves. Come and see for yourself.

5557 Old Northern Rd
WISEMANS FERRY

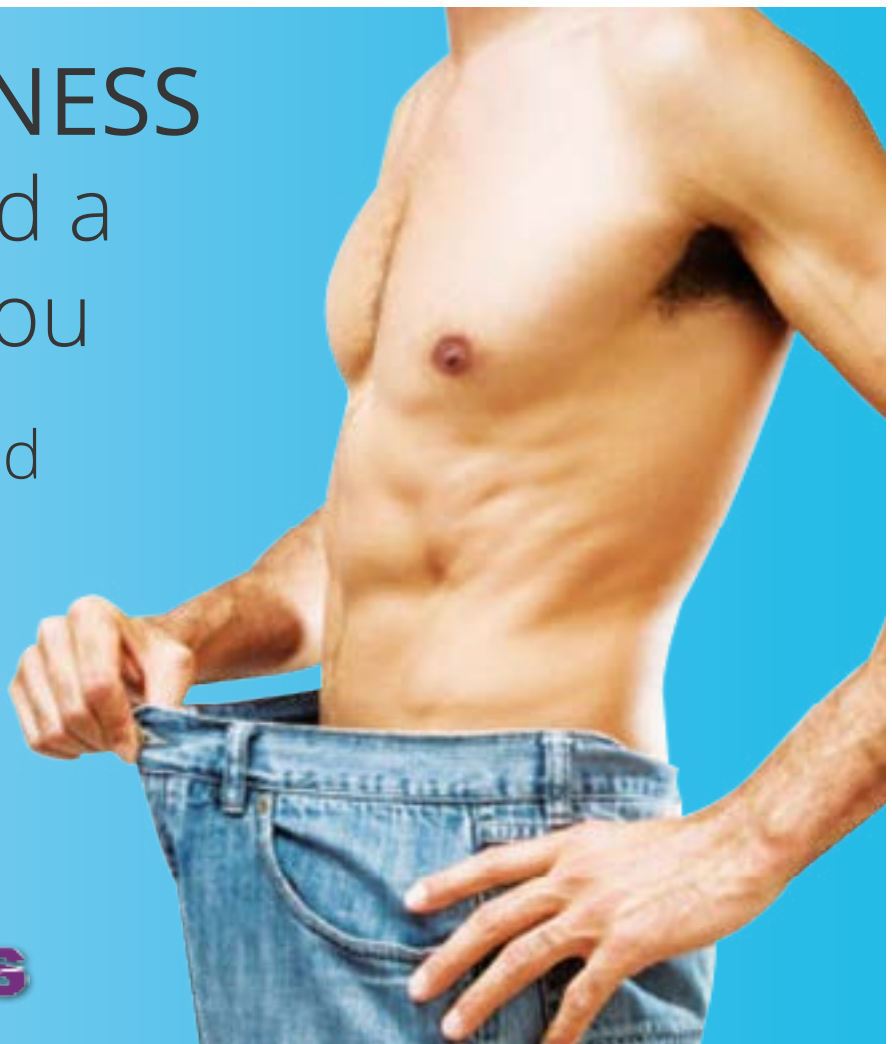
GARAGE FITNESS

will help find a
healthier you

Call us today and
find out how

Garage Fitness Galston
411 Galston Rd, Galston
Ph - 0408205748

Garage Fitness Annangrove
11 Langlands Rd, Annangrove
Ph - 0409667287



4-4 Civil Pty Ltd

"for all your landscaping and civil needs"

Environmental, Landscape, External Buildings and Civil Projects

We offer services providing all disciplines for development applications, designs, engineering, costings and construction for all acreage properties in the hills.

35 years experience in government, residential and environmental projects, professionally designed projects using architectural principals and natural materials.

Landscape NSW Member | Fully Licensed
Phone 9653 2004 | Email info@4-4civil.com.au
Web www.4-4civil.com.au

Galston Rural Fire Brigade News



Specialist Training

As a village firefighting crew, Galston Brigade understand the importance of maintaining skills in fighting structure fires and are committed to ongoing training which enables us to better protect our community. On the weekend of 30/31 August, five members (Peter Griffiths, Adam Peanna, Paul Stockman, Steve Stockman and Andrew Whiddon), along with three support crew (David Simpson, Brad Farckens and Dennis Stephenson), set off for the Eurobodalla RFS Training facility in Mogo to undertake an Advanced Structural Fire Fighting course. This weekend allowed the team to safely observe and identify different fire behaviours within structures, practice the use of their Breathing Apparatus equipment and tackle a simulated building fire in a purpose built structure. This was a weekend well spent improving and reinforcing important skills.



Fire Season

1 October sees the beginning of the Bush Fire Danger Period and a Fire Permit is required for burning activities during this period. A Fire Permit helps ensure that fire is used safely and that you minimise any danger to you, your property and the community.

Obtaining a Permit is simple and free. Simply contact your local Fire Control Centre (Hornsby/Ku-ring-gai Phone: 9883 2000). Special conditions may be imposed on any permit, depending on the circumstances, but all permits contain the following conditions:

- permit is to be carried by the permit holder, on site, at the time the fire is lit
- the permit is to remain on site with those present until extinguished, if applicable
- the fire must be supervised at all times unless the permit says otherwise
- notifications are given to the NSW RFS, and adjoining neighbours at least 24 hours (unless specified otherwise) prior to the fire being lit and
- the permit may be varied, cancelled or suspended, depending on weather conditions.

Substantial fines and penalties apply to those breaching this requirement.

Welcome

We would like to welcome a new member, Will Rosner, who recently joined our brigade. We look forward to having Will as a part of our team.

Galston Netball Club

Come Play Netball - Ages From 6 Years To Adult

Registration Day for 2015 Season

Sunday 23rd November 2014 from 11-1pm
at the Galston Club.

If you require any information please email
secretary.galstonnetballclub@hotmail.com

Or visit our website www.galstonnc.nsw.netball.com.au

**START THE JOURNEY
TO
BETTER HEALTH
TODAY!**



**QiGong and Tai Chi class
with FREE Trial**



with **15% discount** on First term
Contact **0431 455 460** tunde.taichi@gmail.com



**CANOELANDS
ORCHARD**

Pick your own seasonal fruit

Orchard open to the public 7 days a week during harvest and weekends or by appointment for the remainder of the year.

*27 - 29 Canoelands Road
Jaime - 0419 688 039*

Find more information at www.canoelandsorchard.com/
or like us on facebook

ROADCRAFT
Driver Training



Learner Driver Training
Phone: 0421 49 77 29
roadcraftdrivertraining.com.au



Craig McDonald
Local Galston Business
Both Auto & Manual

Diwali Festival of Lights - Cherrybrook

Sunday 12th October 12pm to 8.30pm Greenaway Pk

Diwali also known as Deepavali, is the most important Indian festival of lights celebrated by Hindus, Sikhs and Jains for religious significance. Diwali has now become an Indian Cultural melting pot and reached beyond its religious significance and is being celebrated by all Indians.

We are expecting more than 5000 people to attend this event. Event is targeting around 18,000 strong Indian population within Hornsby Shire, Hills Shire & Ku-ring-gai Shire, North Shore and 95,000 Indian population in Sydney and wider Australian community in the local area. We are planning to run free shuttle bus service from Castle Hill Bus Stand and Pennant Hill Trains Station to Event venue

Throughout the day, there will be Stage performances including:

- Indian Cultural performances
- Bollywood performances
- Punjabi Bhangra Dance
- Stage show on the significance of Diwali
- DJ, Song & Dance performances
- Puppet show
- Lucky draw prize
- Grand 10 minute Fireworks display

There will be Indian food stalls selling full spectrum of Indian food from hot n Spicy curries, popular Indian Street food to yummy Indian Diwali special Sweet , Face painting, Mehndi (Henna), Joy rides for families and more to keep guest engaged and entertained.

F45 Training Dural - Now Open

The worlds number one fitness trend, is now located at your door step in Dural.

F45 is its very own style of training, it has combined elements of cross fit, elements of conventional weight training & cardio, This style is used by some of Australia's biggest celebrities such as Hugh Jackman, Nicole Kidman and Joel madden to name a few.

F45 training is suitable for people of all ages, weather your extremely over weight or a full time athlete, you will be tested every single time.

With no workout ever been the same, F45 Is a new & exciting way of training, a team training experience that can only be described as unique, innovative, dynamic and most importantly FUN.

Located behind the Caltex (915 old northern rd dural) F45 dural offers 37 classes a week, including a child minding facility. Download the free app on the app store "f45 training dural" and receive a FREE 7 day pass and come try out the worlds number 1 fitness trend right now.

For further information, contact Greg 0468991276 or gbarlow@f45training.com.au

F45 Team Training

life Changing



DURAL NOW OPEN

7/915 Old Northern Road

T: Greg Barlow 0468 991 276

T: Jodie Vale 0410 232 444

E: gbarlow@f45training.com.au

SIGN-UP TODAY

www.f45training.com.au/dural

www.facebook.com/f45dural2014



TEAM TRAINING * LIFE CHANGING

GLENORIE
RSL CLUB

WHAT'S ON

DON'T MISS A THING

BOB'S

L  SE CHANGE



Win up to

\$1000

This September

Drawn Thursday's 7-9pm

Guaranteed winner every week

Swipe Card in Foyer to enter

Be here to win

TPL pending



DEJAVU

FRIDAY OCTOBER 24TH

Glenorie RSL Club Lounge | 8:30pm | www.dejavu-dejavu.com

3 Post Office Rd Glenorie, (behind Woolworths), 9652 1183, www.glenoriesl.com.au

HALLOWEEN



Be ready to howl and party all night,
with vampires and spirits
by Halloween's moonlight.

Calling all Mummies, Daddies, & Kiddies, you
are invited to a Spooktacular Halloween Dress
up Party at Glenorie RSL Club. Get your kids
off the streets this halloween with some tricks
and treats, games, face painting, and of
course lots of lollies.

Friday Oct' 31st, 4-7pm.
RSVP by Friday Oct' 24th



MELBOURNE CUP

TUESDAY 4 NOVEMBER WE ARE TAKING
BOOKINGS NOW
BEST HAT PRIZE, GAMES AND GIVEAWAYS
OPERATING FULL TAB FACILITIES FROM 9AM



Fergies Tree Works



Have you checked if your home is covered by the new Rural Fire Services 10/50 rule? The RFS website has an online tool to check if your home is in the Vegetation Clearing Entitlement Area – if so, you no longer need council permission to clear trees within 10m of your home. Fergies Tree Works can help you with your bushfire season preparation with professional pruning, tree removal and stump grinding. Give Glen a call on 0414 428 707 or Ange 0425 312 493.

Galston Garden Club - Open Gardens

October features the second group of gardens in the 'Galston Open Gardens' held from **Friday the 17th to Sunday 19th October**. As stated last month, they encompassing everything from park like, native, formal and topiarised with an added bonus of being able to visit Ray Nesci Bonsai Nursery.

Morning and afternoon teas will be available at gardens No 1 and 6, and a number of eateries are available listed on our brochure for lunch or avail yourself of a picnic lunch in any of the gardens.

As all funds raised go to charitable organisations, your continued support would be greatly appreciated. If you require further information please contact Liz Muller on 9651 4405, Pam Watson on 9653 1036, or Bill Fleming on 9653 2394. “

Garden 5 - Brackenridge, 11 Ballanda Place Dural

Presented by Sue and Ian Fisher



This is a steep block with magnificent rock outcrops and views across the adjacent bush valley. The current owners are restoring an older garden which had been neglected and overgrown for years. There is a waterfall and ponds, and a wide range of azaleas, camellias, orchids, cacti and succulents scattered throughout, all surrounded by natural bushland. Not suitable for wheelchairs.

Garden 6 - Savannah, 51 Mid Dural Rd Middle Dural

Presented by Richard Howard and Hugh Crompton



A five acre garden featuring tall Angophora and White Gums under planted with many azaleas, camellias, rhododendrons, Mollis azaleas and interesting shrubs. A watercourse crosses the garden with water gardens and themed bridges. Garden seats are placed amongst many rare advanced specimen trees in a park like setting which also displays a range of garden statuary.

Stalls. Toilet. Morning and Afternoon Teas.

continued over

Bone Density Testing coming to Customcare Compounding



Pharmacy Dural

Find out how weak or strong your bones are before they break

Osteoporosis means bones that were once strong are thin fragile and break easily. It doesn't happen suddenly at age 70. After mid-30s bone mass may slowly begin to decline But it is largely preventable!

Assess your risk have a safe, painless reliable ultrasound Bone Density Test on

Thursday 30th Oct at

Customcare Compounding Pharmacy
644 Old Northern Rd Dural PH 1300 725 868

Cost now only \$35 (usually \$55), results immediately available, bookings essential

Test your bone density every 1-2 years because is living tissue and not static

More information at www.bonedensitytesting.com.au PH 03 9822 0044



Dural Village Shopping Centre
644 Old Northern Rd, Dural
cnr of Galston Road and Old Northern Rd

Toll free: (p) 1300 725 868 (f) 1300 726 858

www.customcarepharmacy.com.au

Monday to Friday 8am-8pm

Sat 8am-7pm and Sunday 9am-6.30pm

Galston Garden Club - Open Gardens

Garden 7 - Paralang, 7 Hunt Avenue Dural

Presented by Janet and John Sefton



This is a cottage style garden featuring hundreds of bush and climbing roses of all types. The house is surrounded by extensive beds containing a huge range of shrubs and perennials. There are some large remnant native trees which provide the environment for shade-loving plants, plus a duck pond, chicken residence, pergola, rose arbour and other garden structures.

Garden 8 - Madison, 24 Sagars Road Kenthurst

Presented by Julie and Rod Cartledge



A formal style garden featuring beautifully maintained garden beds at the front of the house and extensive plantings throughout. There are hundreds of roses, and a large collection of fuchsias and begonias. An avenue of Chanticleer pears is framed by topiarised buxus and lilly pillies, leading to a large lake and pergola. At the rear of the property is a large woodland garden with natives and deciduous trees, plus a vegetable area. Toilet

Further details at www.galstongardenclub.com.au

WORK/LIFE BALANCE TALK

If you struggle to balance a busy career with your home life then come along to Sarah Wayland's talk at Hornsby Library.

Sarah is a counsellor, speaker and writer who will be discussing the elusive work/life balance with advice on how to cope with the competing demands of a career, children, relationships and ageing parents.

She will give useful tips on juggling the chaos and some ideas about how to reconnect with yourself.

WHEN: Wednesday 8 October, 6.30pm

WHERE: Hornsby Library COST: Free

BOOKINGS ESSENTIAL: Book online at hornsby.nsw.gov.au/ library or at any Hornsby Shire Library branch



Live Independently in your own home...

- Post hospital Care
- Dementia Care
- Palliative Care
- Companionship
- Transport/Shopping
- Meal preparation
- Light house keeping

Services
24hrs a day
7days a week



Hornsby & Hills Districts
9980 2226

Please visit
homeinstead.com.hills



PROPAGATION MANAGER

Arborglen Nursery is currently looking for an experienced Propagation Manager to consolidate and expand our current internal Propagation department.

You must have practical production nursery propagation experience and the ability to demonstrate 'hands on' efficient plant propagation methods, post propagation after care, maintenance and watering etc.

Your skill set must have a passion for plants and strong communication and planning skills to train and motivate your team to achieve optimum success rates to produce plants on schedule to meet production targets.

You will work closely with the Production Manager on all aspects of plant production and be part of the management team at Arborglen. You will oversee and participate in the day-to-day operations for their section, in line with our annual production targets.

Previous production of perennials is essential.

In order to be considered, you must have:

- A Certificate III in Horticulture or equivalent, with a minimum 5 years in the horticultural industry
- Experience meeting production targets
- Exceptional knowledge of a broad range of perennial species
- Solid background in staff management in a nursery environment
- Irrigation management experience
- Pest, disease and weed identification and application experience
- Excellent communication skills, the ability to work with and motivate diverse groups and engage with individuals at all levels within the company
- Highly motivated and proactive

We employ many people from our local community, whether skilled in Horticulture or looking for a career change, we may have a position for you. If you are interested in working close to home in a fast paced team environment please send your enquiry to the address below.

Please email your resume to
d.beveridge@flowerpower.com.au



SO MANY PROJECTS SO LITTLE TIME



We have the tools, skills and time for all those jobs that you've been planning to do!!!!

Builders Lic No. 116569c



"No job too big or small"



HIA members best in the business



Adam: 0410 644 503
www.glendaleconstructions.com.au

Proudly Arcadia 120th Committee Winners of the Sydney Hornsby/North West Team Volunteer of the Year award 2104.



Arcadia was founded in 1894 when the local public school was officially recognised by the Department of Education. Arcadia Public School P&C recognised that there has been a significant contribution from local families to the area in the past 120 years and wanted to ensure that this rich history was not lost. The Proudly Arcadian 120th Committee was formed with 8 people of past and present P&C members. The committee undertook to record historical events which have taken place within the school and local area. A grant was applied for and was successful in July 2013 from the Australian Government's Your Community Heritage Programme. This was significant, as it enabling the committee to complete other important projects along with the initial commitment of the donation of volunteer's time for historical recording.

The Proudly Arcadia 120th Committee laid a historical walkway with past and present students & Principals names alongside the creation of a historical corner in the school grounds. The committee has preserved old documents, photographs and films which are now scanned and stored correctly. Researched and documented the important historical buildings, the 1905 water well and trees of significance. A 120 paged book 'Proudly Arcadian 120 years' was written and a website launched - www.arcadiahistory.com.au, which includes events and photos. A Captains honour board was also purchased after finding 34 years of Arcadia Public School Captains during our research. Facebook gave us a social media site to get in contact with past locals and enjoy the old photos and stories found and also engaged with a wider audience. An event was held in May to celebrate the achievements of Arcadians.

The Proudly Arcadia 120th Committees work enables this rich history to be documented for the community to read and enjoy and for future generations. Arcadians have always been happy to put their hands up and volunteer and this spirit is still alive 120 years later. The Proudly Arcadian 120th committee is special group of individuals whose commitment to preserving the proud heritage of Arcadia which should be commended. The skill set of the members is varied and this has enabled this project to be so special and all encompassing. The broader benefits to the committee were the friendships created and help from complete strangers during the project. These people have obviously been touched by our work to keep the history of Arcadia alive for the future.

The Centre for Volunteering has an annual awards program promote the importance of volunteering to the community. The

GALSTON HealthSense PHARMACY

Kakada Tham B.Pharm., M.P.S.

354 Galston Road, Galston Ph: 9653 1104 Fax: 9653 1106



Galston healthsense Pharmacy Team is caring and friendly

We will listen and provide you with the most appropriate healthcare advice

Just call in and experience our special caring service Phone 9653 1104

Open 7 days a week

Stockists of Revlon, Blackmores and Bullivant Vitamins



Proudly Arcadian 120th Committee are thrilled to have won the Hornsby/ North West Team Award and now head into the State finals which will be held on the 5th December.

The members of the Proudly Arcadian 120th Committee are Sonja Cameron, Lori Modde, Meegen Gamson, Suellen Lister, Kathryn Fehon, Kathy Carter-Jones, Peter Jones, Dana Dyer. Pictured with Ray Williams and Matt Kean.

Get the Dirt on Composting and Worm Farming

12th Oct 2014 9:30am-12:30pm

Composting is a fun and easy way to recycle your garden and kitchen waste. Compost improves your garden soil, saves space in your red or green bin and saves you money. Bookings are essential as spaces are limited. Book online or call the Waste Hotline.

Venue: Fagan Park Eco Garden, Arcadia Road, Galston.

Time: 10am-12.30pm Cost: Free

Contact: Waste Hotline

Phone: 9847 4856



IMAGE POOLS & Service

Over 30 years experience

- Regular Services
Monthly, Weekly, Holiday
- Pool Shop
- Free Water Testing
- Filters, Pumps & Chlorinators
- All Equipment Repairs
- Underwater Lights
- Automatic Cleaners
- Pool and Spa Chemicals
- Pool and Spa Servicing
- Pool and Spa Equipment
- Pool and Spa Heating
- Building and Renovations

YOUR LOCAL POOL PROFESSIONALS



Shop 10, Oakhill Village
83 David Road
CASTLE HILL NSW 2154

9659 6494

www.imagepools.com.au



Vicky Penny Debbie Aaron Kerrie George Vy Cassandra Carol

Come in and see our friendly staff at Galston Village Pharmacy for a professional and caring attitude toward your health. We will be happy to advise you on appropriate treatment for your medical conditions and general wellbeing!

CONVENIENT & SAFE UNDER COVER PARKING AVAILABLE

PINK RIBBON RAFFLE

Win a BASKET full of goodies
Tickets are \$1 each or 6 for \$5
All proceeds go to the National Breast Cancer Foundation



Free Thyroid Clinic

Tuesday 14th October 10am-11am

- * Come and join us for a health discussion on Thyroid issues & concerns
- * Guest speaker from the Australian Thyroid Association
- * Morning tea provided



JOIN OUR HUNDREDS OF LOYAL CUSTOMERS BENEFITING FROM OUR PHARMACY LOYALTY CLUB AND START SAVING TODAY!

- FREE to join
 - No loyalty card to carry around
 - Earn 1 point per dollar spent – reach 100 points to receive your \$10 voucher to spend in store*
 - Special discount offers
 - Exclusive Member Only Email coupons
- *Excludes prescriptions, specials and Diabetic items

THIS MONTH'S LOYALTY CLUB MEMBER SPECIAL

70 PACK OF HAYFEVER TABLETS: \$29.95

Shop 5, 346 Galston Road, Galston 2159

Ph 9653 1146 Fax 9653 2825

Open 7 Days





Hills IT Solutions

Come and visit us or we can come to you!

**Computer Repairs • User Training
Network Setup • IT Consultation
Software and Hardware Suppliers**

**We sell New Computers and Laptops
Great Service & Friendly Advice**

The best value in the Hills

Open:

Monday to Friday: 9:00 am - 6:00 pm

Saturday: Midday - 6:00 pm

Sunday: Closed

Call: 9653 1100

Shop 11/ 354 Galston Rd
Galston Village (across from the Post Office)

www.hillsitsolutions.com.au

PBM AIR CONDITIONING

**White Good Repairs and Installations
Repairs & Service**

Refrigeration • Air conditioning • Washing machines and clothes dryers

**Ensure A Healthy Home
& Save On Power
SERVICE NOW**

ALL AREAS - 6 DAYS A WEEK

Call Paul 9675 3002 or 0412 617 961

**Premium Quality
Business Cards
1000 only \$112**

**All Types of Printing
Invoice/Quote Books
Flyers, Brochures
Graphic Design Service
Friendly & Helpful Advice**

**Call us Today
9652 1193
quotes@adelphi.net.au**



www.adelphi.net.au

Movie Review: Magic in the Moonlight

2 1/2 stars

By Natalie Jakstas

The latest movie both written and directed by Woody Allen follows his similar tastes towards the unusual. In typical Woody Allen style, the lines between reality and mystical are often blurred creating a kind of illusionary world. It rather resembles a vegetable soup where Allen chooses to combine several themes, and even mixes more or less certain issues like the belief in a Divine Being or a belief in Magic.

Well known actors Emma Stone and Colin Firth although normally may seem to be an ill suited match, Allen manages to pull it off with the use of comedic elements and witty dialogue displayed between them. Set in the 1920's, the film follows the encounter that Stanley (Firth) an arrogant magician has in attempting to unmask a young American clairvoyant Sophie (Stone). Although the portrayal of cynical Englishman Stanley lends itself to a link with the Mr. Darcy complex; he begins to open up and question his own rational worldview due to Sophie's possible powers.

Unlike his other well-received films such as *Midnight in Paris*, the feelings of uncertainty throughout the film lend itself to a semi-predictable finale. The lively period costumes bring to mind a relation to *Brideshead Revisited* and its many enlightening and gorgeous approaches to the time period. With its breathtaking scenery along the French Riviera, the experience of immersion within the landscape is a true delight.

Although, it is a rather enjoyable film on the whole with a positive ending, unlike other Allen films, it lacked a certain spark which may fail to keep certain members of the audience fully captivated.

Diggers Songs with Warren Fahey and Marcus Holden

16th Oct 2014 6:30pm Organised by: Council

Diggers Songs commemorates Australia's role in WWI through stories, songs, ditties, letters and humour. Author of 30 books and countless recordings, Warren firmly presses nostalgia buttons wherever he performs. He is considered a National Treasure. Accompanied by Marcus Holden on the fiddle and mandolin, Australian history will be brought to life.

Bookings are essential.

Venue: Hornsby Library, 28-44 George Street, Hornsby

Time: 6.30pm Cost: \$10.00

Website: <http://hornsby.nsw.gov.au/library>

Hunter Moments by Michèle Hiebel

17th Oct 2014 7:00am - 30th Nov 2014 7:00pm

On-the-Grapevine-reducedA display of miniature works etched on clayboard using only the point of a pin. Michèle's works have won critical acclaim, are held in private and public collections and she is proud to be an exhibiting member of the Australian Society of Miniature Art.

Venue: Hornsby Library, 28-44 George Street, Hornsby.

Time: 7.00am - 7.00pm Cost: Free

Contact: Phone: 9847 6614

Website: <http://hornsby.nsw.gov.au/library>



Members Badge Draw

NOW on Wednesday & Friday nights between

6:30pm and 9:30pm

UP TO \$10,000 JACKPOT



WIN A \$6600* JACKPOT

*Badge draw times correct at time of printing but may change in future. Actual amount shown may have already been claimed at time of publication.

LTPS/13/06263

BIG WAY OUT
Live and real



FRIDAY
October 31st
start 9pm
at the
Galston Club

MELBOURNE CUP
Luncheon
AT THE GALSTON CLUB

*TAB SWEEPS
GOURMET BUFFET LUNCHEON
*ENTERTAINMENT

TUESDAY 4th NOVEMBER
FUNCTION DOORS OPEN 11AM
* \$60 Adults
* \$55 Seniors

FREE Glass of Sparkling Wine
Book your table now

BOOK 4 PER BEFORE 15th OCTOBER & WIN \$1000 & RECEIVE A FREE BOTTLE OF SPARKLING WINE

The Galston Club
Kids Christmas Party

Saturday 29th November
2.30pm to 5.00pm
Disco by HEY DJ
Drink, Chips & Ice Cream
And a visit from Santa
with a gift for all the children

\$12.50 per child (members)
\$15.00 per child (non members)

Please register at reception
By Friday 21st November



Christmas with Joey



Bingo at 10.30 am
2 Course Set Menu.
Entertainment by Joey Fimmano.
Raffle Prizes.
Tickets \$25pp. Bookings Ph 9653 2017

Tuesday 2nd December

CASH
HOUSIE

CLUB BINGO/CASH HOUSIE

MONDAY 6.30pm (Bingo only)
WEDNESDAY 10.30am
15 Club games, 5 Cash games, 1 Jackpot sheet

Prizes include
Wish Cards & Cash!
All ages welcome!
Children need a guardian present

New Bingo Playmates

\$650 JACKPOT



learning links
Facebook

MONDAY Special
RUMP STEAK
with CHIPS & SALAD

TUESDAY Special
CHOICE OF PASTA

THURSDAY Special
CHICKEN SCHNITZEL
with CHIPS & SALAD

Gorge Brasserie
MONDAY-SATURDAY
\$12 MEALS
plus...



WEDNESDAY
Kids EAT FREE

GLENORIE MOWERS PTY LTD

64 CATTAL RIDGE RD, GLENORIE



WE SERVICE & SELL

Aussie Made Cox Mowers,
Bushhog, Grasshopper Zero Turn,
Brushcutters, Chainsaws,
Blowers, Pumps & More



Mob: 0418 166 928 Tel: 9652 2709 Fax: 9652 2807

Local Flyer / Leaflet Delivery

Door to door deliveries to acreage properties.

Delivered First week of each month

Call 9653 1321 for bookings



Prompt and Reliable Service

Family Business Est 30 Years Lic. No 151540C

9651 2730 0418 239 124

20 Gilligans Road, Dural 2158

DEADLINE

for November Edition is 15th October 2014

DISTRIBUTED DOOR TO DOOR

throughout Galston, Arcadia, Fiddletown, Berrilee, Glenorie,
Middle Dural & Dural (total of 3500 houses).

125 Bulk distribution points

from Glenorie to Wisemans Ferry, Cattai, Kenthurst, Annangrove, Maraylya,
Round Corner, Dural, Hornsby Heights & Berowra Heights & Berowra
Waters.

For Advertising - Call Vicki 0412 271 800

Circulation - 8,500 copies

We are Excited to Announce the Launch of our Not-for Profit Foundation to Support Children with Additional Needs.

The Fit Kidz Foundation opens its doors to the community and families with children who have additional needs and need extra support.

Our mission is to provide specialised support and services to young children with developmental delays or disabilities. We believe children whose additional needs are identified and addressed during the crucial early years have a greater chance of reaching their full potential. It is our goal to provide support to these children and to work in partnership with their families to assist in the well-being of the whole family.



All children grow and develop at different rates, but when a child has an additional need of any kind, early intervention is a necessity to give the child the best chance to meet their individual potential. says Founder Melissa Scaife. The Fit Kidz Foundation is a non-profit organisation established to help children and families navigate their way through the journey of early intervention, the challenges of accessing the right professionals and finding the resources to help.

One of our gorgeous little girls is Miss Eva Pym who is currently enrolled at one of our centres. Eva's wonderful parents spend a great deal of time and money accessing support services and our staff try to offer as much assistance as possible. "Eva is doing extremely well and has been an inspiration in the establishment of our foundation", says Melissa. We see the challenges faced by both Eva's parents and feel that this service will offer a family like the Pym's extra help and support.

Open sessions at Circus Akimbo

20th Oct 2014 3:45pm - 23rd Oct 2014 5:00pm

Want to run away to the circus without leaving home? Learn juggling, uni-cycling, acrobalance, stiltwalking and more with the professional trainers at your local community circus school!

Location: 10a Old Berowra Rd, Hornsby Time: 3.45pm-5pm Cost: Free
Contact: Phone: 0401 012 085

Email: info@ciscusakimbo.com.au

Website: ciscusakimbo.com.au

Galston Medical Centre

Dr Diana Moes

Dr Joyce Beardsell

Dr Graham Campbell

Dr Anju Pandey

Dr Bronwyn Edwards

Dr Karen Bartley

By Appointment **9653 2133**

31 Arcadia Road, Galston, NSW 2159



Dural Music

Last Thursday night saw the Galston Club come alive with music as it hosted Dural Music Centre's Student Showcase, an annual event aimed at highlighting the musical prowess of Dural Music Centre's music school students.

A wide variety of musical styles – including heavy metal, Disney, jazz, and classical – kept the audience on its toes and made sure the evening was full of music to suit all tastes. But this showcase was devoted as much to student enjoyment as it was to that of the audience. Natural pre-show jitters quickly giving way to smiles and brilliant performances as the stage lights came up and the students expertly navigated their way through their solo, duo, and group pieces. Some students were even giving the opportunity to be backed by a full band consisting of Dural Music Centre teachers.

There were also some clear audience favourites amongst this talented group of young performers. Yohan Ebadi Rad (11) wowed the audience by channelling both Axl Rose and Slash during his guitar/vocal performance of Sweet Child of Mine, demonstrating why he won the Hills Shire Council's open mic event, and has been selected to perform as a featured soloist at this year's Schools Spectacular. And Ruby French (12) stunned the audience into silence during her performance of her own song, London, whose lyrics and well-crafted melody could have easily been mistaken for the work of a professional songwriter three times Ruby's age.

The Dural Music Centre Student Showcase also serves to further the work of the Missionaries of Charity orphanage in Naga City, Philippines. Each year, one of the DMC teachers travels with their family to the Philippines to lend a hand to this special orphanage which depends solely on donations for all of their funding. While there, they purchase essential items to help care for the residents of the orphanage, as well as the sick, aged, and destitute. DMC supported their charitable efforts by hosting a raffle, 100% of the proceeds of which went to helping those less fortunate children and adults in need.

It's safe to say that, when it comes to the Dural Music Centre Student Showcase, a splendid time is guaranteed for all! The showcase is an annual event that is open to the public, and is a must-see event for all music lovers.



GUITAR TUITION

Learn to play guitar with an experienced Guitar Teacher.
All popular styles.
Beginners to advanced.
All ages welcome.

\$25 for half an hour • \$175 for 8 lesson package

Phone 9651 2958 Mob 0413 652 551
keir.needham@ozemail.com.au

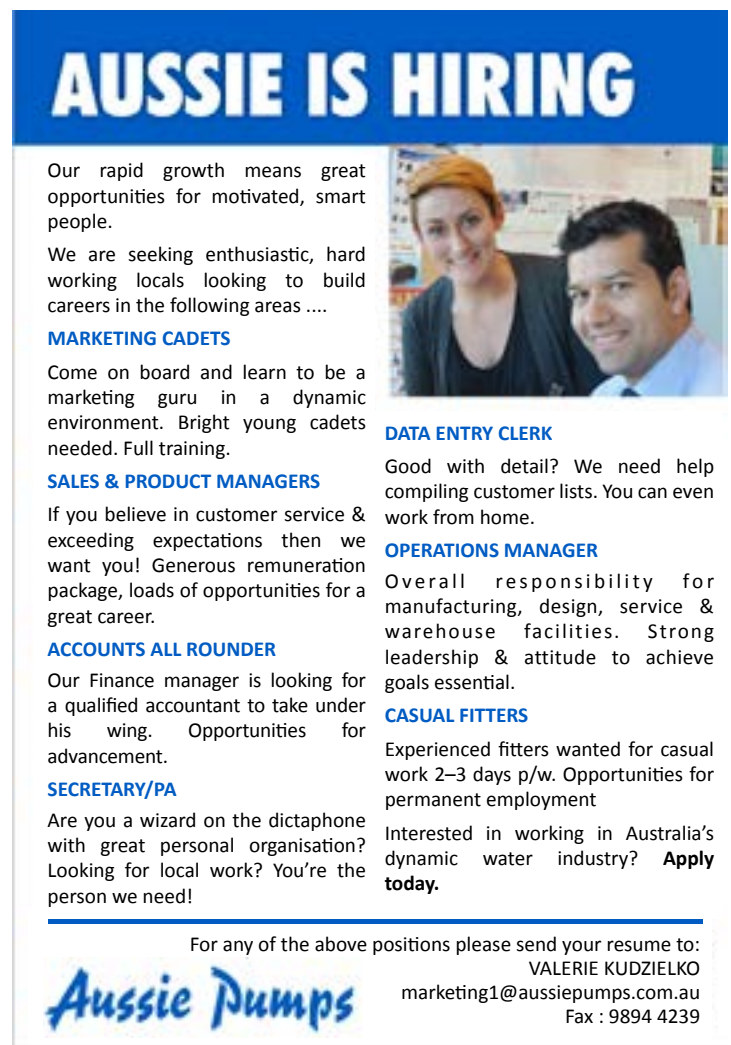


McArdle & Sons

GARDEN MULCH

100% organic
Free delivery local.

www.mcardleandsons.com.au **9653 2630**



AUSSIE IS HIRING

Our rapid growth means great opportunities for motivated, smart people.

We are seeking enthusiastic, hard working locals looking to build careers in the following areas

MARKETING CADETS
Come on board and learn to be a marketing guru in a dynamic environment. Bright young cadets needed. Full training.

SALES & PRODUCT MANAGERS
If you believe in customer service & exceeding expectations then we want you! Generous remuneration package, loads of opportunities for a great career.

ACCOUNTS ALL ROUNDER
Our Finance manager is looking for a qualified accountant to take under his wing. Opportunities for advancement.

SECRETARY/PA
Are you a wizard on the dictaphone with great personal organisation? Looking for local work? You're the person we need!

DATA ENTRY CLERK
Good with detail? We need help compiling customer lists. You can even work from home.

OPERATIONS MANAGER
Overall responsibility for manufacturing, design, service & warehouse facilities. Strong leadership & attitude to achieve goals essential.

CASUAL FITTERS
Experienced fitters wanted for casual work 2-3 days p/w. Opportunities for permanent employment

Interested in working in Australia's dynamic water industry? **Apply today.**

For any of the above positions please send your resume to:
VALERIE KUDZIELKO
marketing1@aussiepumps.com.au
Fax : 9894 4239

Aussie Pumps

**Service & Repairs
To All Vehicles**

- Specialising in Euro Cars
- Rego Checks
- Batteries & Tyres
- EFI Service

*Arcadia
Automotive*

TRADING
AS GLENORIE
AUTO SERVICE
CENTRE

Dean Kelland

PH: 9653 2289 / 9652 2642
116C Arcadia Road, Arcadia NSW 2159



Arcadia Pony Club

Little people with big hearts at Arcadia Pony Club



At Arcadia Pony Club, even the littlest members of the club are catered for.

“We have a wonderful group of led and beginner riders that love coming to pony club each rally day. We have a specific program for them that allows them to develop and build on all of their horse care and riding skills in a safe environment, whilst also having a lot of fun” said Leanne Davies, Senior Instructor at Arcadia Pony Club.

The program is based on the NSW Pony Club E certificate which includes basic level skills for riding, horse handling, horse care and even general knowledge such as identifying parts of the horse, their colours and markings and how to keep all their riding equipment clean so it is comfortable for the pony.

Each rally day the led and beginner group have a dedicated session on these skills, usually with one of the very patient ponies who is happy to be the ‘demonstration’ pony for the lesson which includes naming different parts of the pony and being saddled and unsaddled a number of times by different riders.

“They are a non-competitive group at our Pony Club competitions as places aren’t awarded in their competitions but of course they don’t miss out on the ribbons” said Leanne. “We provide judges and the group all receive individual riding awards for a skill they have demonstrated, we even allow them to pick which colour ribbon they would like, pink and purple are of course always popular choices. And their little ponies are never short of a cuddle afterwards either!”

“It’s such a pleasure to see the enjoyment and excitement on the face of our beginner riders when they acquire a new skill or just for enjoying ‘pony time’,” said Leanne. “Our beginner riders represent the future of our Club so it’s important to teach them the right skills safely from a young age. Our club is also very inclusive with the older members of the club also consistently encouraging the younger members at rally days and Zone competitions.”

Arcadia Pony meets the first, third and fifth Sunday every month at the Rural Sports Facility in Galston. To find out more about Arcadia Pony Club please visit <http://www.arcadiaponyclub.org.au>

STOP PRESS: Good luck to Arcadia Pony Club members competing at the upcoming State competitions! Montana Jonker is competing at the State Mounted Games and Gemma Tinney, Ryan Haste & Macy Reen are competing at State ODE.



Little members with big hearts at Arcadia Pony Club - Emily, Sophie, Jessica and Aria with their pony friends



Licensed Plumber, Drainer, Gasfitter & LPG
All Maintenance, Water Leaks & Blocked Drains
Hot Water Systems & Backflow Prevention

0410 568 704
pikesplumbing@optusnet.com.au

DEADLINE

For November Edition is 15th October 2014

DISTRIBUTED DOOR TO DOOR

throughout Galston, Arcadia, Fiddletown, Berrilee, Glenorie, Middle Dural & Dural (total of 3500 houses).

125 Bulk distribution points

from Glenorie to Wisemans Ferry, Cattai, Kenthurst, Annangrove, Maraylya, Round Corner, Dural, Hornsby Heights & Berowra Heights & Berowra Waters.

For Advertising - Call Vicki 0412 271 800

Circulation - 8,500 copies

All your excavation needs including Bobcat and tipper hire.



- All drilling • Drainage and Trenches • Rubbish Removal
- Driveways • Land Clearing
- Rock Retaining Walls
- Rock Hammer • All Horse Arena Work & Restoration

Adam Devaney

Call: 0415 676 210
adamdevaney@bigpond.com.au

Budgerigar Society of N.S.W. Inc.

Hills Branch – R Galbraith

Congratulations were in order at the recent Annual General Meeting of the Society, when Hills Branch current President **Mr Harry Charalambous** (formerly of Glenorie), **was elected President of the Society**. Harry is a tireless worker for the Hills Branch and over recent times has undertaken various tasks on behalf of the society.

At the previous meeting of the Hills Branch, **Mr Mike Cannon, renowned Avian Veterinarian from Wollongong, was the guest speaker**. Mike's talk was very informative and kept both the younger and older members engaged with the wide variety of topics covered within his talk, which incorporated a visual presentation. Such was the interest of the large gathering, that the meeting finished late and other business had to be curtailed.

These talks by various guest speakers are a feature of the Hills Branch Monthly Meetings and when coupled with the Table Show Competition of Budgerigars, and Supper, provides for an evening of interest and enjoyment. In coming months, **Hills Branch will be visited by Bruce and Nola Bradford renowned Avian Photographers**, who will present a visual display of the 2014 National Titles held recently in Adelaide.

The Royal Agriculture Society has recently announced that **the 2015 Royal Easter Show is to be held between Thursday 26th March to Wednesday 8th April**. The Avian Exhibition will be conducted on the 26th and 27th March, 2015 with additional information in future articles.

Seeking information about Budgerigars or Interested in joining the Hills Branch and viewing birds similar to that shown within this article, then contact should be made with Peter Dodd by telephoning 9888-5631 or peter_dodd@primus.com.au

St Madeleine News

The "Great Book Swap" and crazy hat and sock day

St Madeleine's held their annual book swap accompanied with crazy hat and sock day. It is an important day where the children donate to Indigenous Literacy as well as realise the importance of literature by swapping books with other children in the school. The event was organised by our Student Representative Council, who gave a lot of time and effort to see the day run smoothly. Well done!

Kenthurst Orange Blossom Parade

The Kenthurst Orange Blossom Parade was held on the 14th September. It is very exciting that St Madeleine's was part of the street parade. Over the years many of the children have been part of the parade representing different sporting organisations, dancing schools and preschools. It was fantastic to see so many children and parents demonstrate their commitment to not only our local community but our wonderful school community of St Madeleine's.

Year 2 Transport

After learning about transport in the classroom, Year 2 travelled into Sydney by bus, crossed the city by light rail and sailed across the harbour by ferry. It was a lovely day experiencing different types of transport and the opportunities it offers us. We were also very lucky to get a special visit from a vintage car. The children were amazed at how different it was to the cars of today.



MORE THAN SQUARE SPACES!

	SELF STORAGE	
CARAVAN STORAGE		CAR STORAGE
	WINE STORAGE & BOXES	

HILLS SELF STORAGE

GALSTON 9653 1122 : **CASTLE HILL 9659 1122**
36 Mid Dural Road : 50 Carrington Road

www.hillsstorage.com.au

Anthony's Gourmet Meat & Spit Roast



Thin Sausages	\$16.00 for 2 kg
Premium Mince	\$16.00 for 2 kg
Lamb Chump Chops	\$14.00 kg
Sliced Rump Steak	\$16.00 kg

Ph: 9651 2383

Shop 20, Dural Mall
Dural NSW 2158

www.anthonysgourmetmeatsdural.com.au EFTPOS Available

ALL SMILES
FAMILY DENTAL CARE

Come Meet Your Friendly Local Dentists!

Emergency Dental • Family Dentistry (General & Preventive Care) • Cleaning & Periodontal (Gum) Therapy
• Dentures, Crowns & Bridges • Whitening, Veneers, Bonding • Root Canal Therapy • Digital X-rays

Health Fund Immediate Claims (HICAPS)

Contact us on **9652 1888**

Shop 15, Glenorie Shopping Centre
930 Old Northern Road Glenorie 2157



CHOOSE A PRODUCT THAT SIMPLY MAKES MORE SENSE

PVC Post & Rail Fencing:

- Never Require Painting
- Look great from the moment they're installed
- Don't warp, rot, discolour or weather
- Are cheaper to supply and install than timber post and rail
- Are safer for livestock
- Are available in a variety of styles
- Are available in a variety of colours including custom colours
- Come with a 20 year warranty

Proudly installed & distributed throughout the Hills area by:

STEVE'S PROPERTY SOLUTIONS

- Fencing • PVC • Timber • Electric Fencing • Pool Fencing
 • Acreage Additions • Arenas • Yards • Shelters
 • Pressure Cleaning & Slashing Service • Property Repair & Maintenance

0411 550 826

stevespropertiesolutions@gmail.com • stevesruralrepairs@gmail.com



Our 2014 school athletics carnival was all about active participation for all students, Kindergarten to Year 6 and there were many huge smiles and tired legs to prove it! Congratulations to all our students who represented their school, competing with pride at the 2014 Zone track and field athletics Carnivals.

2014 marked the 60th anniversary of the first Education Week. The tagline for the original, 1954 Education Week was: "Lighting the way to a better world" and this slogan was adopted once again for 2014. Arcadia Public School celebrated Education Week 2014 in style with performances by our whole school band as well as student solo performances. Our wonderful choir performed and there was a distinct French feel to the morning as the students showed off their language learning through song and comedy skits.

Students, teachers, parents and the community share responsibility for and strive to maintain the exceptional environment of Arcadia Public School. Each year we enhance our playground and mark National Tree Day in July. This year Overland Nurseries donated a lovely flowering ash. It was planted with care in a bed of compost made as a component of the student's gardening and sustainability education program.

With great pride two of our wonderful students Tsara in Year 4 and Liam in Year 3 received first place awards in the Nepean Region Country Women's association research project. This is an outstanding achievement as the children competed against 14 other CWA branches encompassing many other schools. Congratulations Tsara and Liam!

Cassandra, Matthew, Scott and Ethan will long remember September 15, 2014 as a day of nervous anticipation. Yes, this is the day that they represented their school at the Premier's Spelling Bee district final and we are extremely proud of their talent and courage - it is no mean feat to stand up in a crowded hall and have your spelling tested!

We are now enrolling for Kindergarten 2015. Please contact our school on 96531207 or visit the website www.arcadiaschool.com.au for information or enquiries.

Condor Glass & Aluminium Pty. Ltd.



Your Local Tradesman
50 years experience

- Glass Replacement
- Quality Shower Screens
- Glass Cut to Size
- Dressage Arena Mirrors
- Frameless Pool Fencing

ph: 9651 3129

Eftpos, Mastercard, Visa Card Welcome
786 Old Northern Road Middle Dural

HORSE FLOAT AND TRAILER REPAIRS

128 CATTAL RIDGE RD GLENORIE

GENERAL WELDING ALL AREAS FREE QUOTES

PHIL WENBAN

PHONE : 0409861607

EMAIL : wenban1@bigpond.com



Galston Long Day Centre

Same, but little bit diff'rent

Each day the children that are leaving for "big school" next year have time set aside to work as a small group, discussing and working on more complex and difficult issues and projects.

On 10th September during the School Readiness Project time the children followed a request from one of the parents, to focus on acknowledging that everyone is different.

Even if our peers or people on the street look a bit different to us, it does not mean that we should be scared or shy away from interacting with them.



continued on next page ►

News from Galston High

This year, a team of talented students established the first competitive dance group at Galston High School. The students rehearsed every week, often giving up their lunchtimes to perfect their movements and technique.

On Saturday 26th July, the dance group entered the prestigious Sydney Eisteddfod, where schools from around the state competed. The students achieved high results and followed this up by competing at the Ryde Eisteddfod on 23rd August.

Students performed a jazz and a contemporary routine and assisted with the choreography, developing their own characters into the routines. This group of students demonstrated our core values of personal best, respect and responsibility throughout both competitions. They are currently working on a new routine to perform at the Galston High School 40th anniversary.



Galston Long Day Centrecontinued

We started off by reading a story called 'Same, But Little Bit Diff'rent' by Kylie Dunstan, which demonstrates differences between an Aboriginal and a non-Aboriginal friend, showing that whilst they may have differences in their lives, they can still do and have similar things.

This then sparked a conversation about different skin tones and whether this makes any difference in the kind of friend the person may be.

We came to the conclusion that it doesn't matter what our friend looks like, it only matters what is inside and how they treat us - whether they are caring and kind. Following this discussion we drew a friend we may meet in the future and what they may look like.

If you'd like to find out more about our school readiness program or simply find out more about our friendly, community-run centre please contact us on 9653 1475.



Quality transportable homes at affordable prices

Built to order in 6 weeks

Our range includes 1 to 4 bedroom homes, cabins and granny flats, or we'll build to your plans

Visit our Display Homes in Glenorie

p | 9652 2013

m | 0418 229 560

e | kate@classycabins.com.au

w | www.classycabins.com.au

- Pick up & Delivery
- 24hour Vet on Call
- Lots of Cuddles
- Family run Business
- Inspections Welcome

EXCLUSIVELY CAT BOARDING ONLY

1403 Old Northern Road Glenorie NSW 2157

Ph 02 9652 1162

Hours 8am - 11am Mon-Sat

www.contentedcatinn.com.au

Email info@contentedcatinn.com.au



DEADLINE
for our November Edition is
15th October 2014

**DISTRIBUTED
DOOR TO DOOR**

throughout Galston, Arcadia,
Fiddletown, Berrilee, Glenorie,
Middle Dural & Dural (total of
3500 houses).

125 Bulk distribution points
For Advertising - Call Vicki

0412 271 800

Circulation - 8,500 copies



We specialise in the treatment & diagnosis of :-

- Back Pain
- Headaches
- Allergy and food intolerance testing
- Hormone imbalances
- Nutrition imbalances
- Applied Kinesiology
- Fatigue
- Sciatica
- Sinus problems
- Neck pain
- Jaw Problems
- Sports injuries
- Sacro Occipital technique and low or no force techniques to name a few methods we practice at Back on Track Chiropractic in a friendly, safe and personal environment.

Back on Track Chiropractic

Shop 1A, 930 Old Northern Rd, Glenorie 2157

ph. 9652 1381

**SEPTIC TANK
CLEANOUT SPECIALISTS**



**Staples Waste /
Premier Pumpouts**
Septic Tank & Envirocycle Cleanouts

For a competitive price and
prompt service

CALL 9457-8777



"All Aspects of Landscaping"

We are a small, growing landscape team eager to transform your property.

Qualified, licenced & insured, we will construct, create or renovate all that you desire.

- Retaining walls – timber, block, brick, stone etc.
- Paving – driveways, pathways etc.
- Stonework – walls, pillars, pathways etc.
- Soft scaping – garden prep & renovation, planting, turfing, mulching etc.
- Design – from ideas to plans
- Maintenance – weeding, hedging, pruning, mowing, spraying etc.

Equipped to perform acreage mowing & maintenance.
No job is too small.

Call Leon for a free quote

0410336929

www.createyourscape.com.au

KU Galston Preschool

At KU Galston Preschool this month we have celebrated Fathers Day through inviting all of our Fathers, Grandfathers and special male role models to preschool for a delicious pancake and fruit breakfast. It was wonderful to see so many Dad's take time out in their busy lives to chat and play with their preschooler.



As part of our program we have been encouraging the children to think about their Dads as one of the very special people in their lives and to think about why Dad is so special, what does he like to do, what do the children like to do with Dad and why do they love him so much. Some really beautiful and thoughtful ideas have come out of these experiences. From this our discussions have explored ways the children could make Fathers Day a very special day for Dad.

Our silkworms have hatched and we have been busy exploring the lifecycle of the silkworm. We look forward to watching them gobble up the mulberry leaves as they grow bigger and bigger!

We are currently enrolling for 2015, we have limited vacancies. Please telephone 9653 2252 or email ku.galston@ku.com.au our director Rebecca for more information or to visit the preschool.

Glenorie Public School

The Country Fair was a hit with over 500 people from all over the Galston/Glenorie Community attending. Many students attended and loved every minute of it. Some of the rides featured were; the Dragon Roller Coaster, the Giant Slide, the Flying Chairs, the Junior



Jumping Castle and Lasseter's Gold Mine jumping castle. There were also many stalls that were run by teachers of Glenorie Public, parents of students that attend Glenorie and overall members of the community. Some the stalls that were held contained prizes. Once of the big winners of the day were the \$10 keys, if your key unlocked the padlock, you won a brand new iPad! Congratulations to Trent in 5/6B and his brother Bradley in 2P who won the iPad on the day! This family also sold the winning ticket for our major raffle. The first prize was a HD, LTD, LED, and 3D TV! A big thank you to all parent helpers that helped with the class stalls such as: the Lolly Box stall, (5/6) Hoopla (1, 2, 3, 4), Sand art stall (4/5). Also a big thank you to all the parents that helped run the BBQ. Congratulations to the community for raising so much money for our school, we are yet to have counted the total fund.

On the 17th of October, Glenorie will be holding their annual Performance Night. Pieces include Drama Clubs (My Planet Rules), Senior Dance Group (Summertime Sadness Lana Del Rae), Junior Dance Group (Roar Katy Perry) and the Senior Choir (My Island Home & Go for Broke). This night is well anticipated at our school as it showcases the many talents and achievements of our school. Good luck to all of the students on the night, we hope it's a roaring success.

continued ▶

Galston Dry Cleaners

MADE TO MEASURE BUSINESS SHIRTS

Curtain Specialists
Free Measure & Quote
Free Pick Up & Delivery
Take Down & Rehang

Cleaning Wedding Gowns, Curtains, Doonas
Suede Pillow Renovations (as new),
Providing Alterations & Repairs
Special Offer for Over Three Pieces

9/360 Galston Rd, Galston
Tel: 9653 1751
 Mon. to Fri. 7:30am~5:30pm. Sat. 9:00am~1:00pm
 (Next to Galston Post Office) (Credit cards are accepted)
 Please drop in and pick up at our local agent
 - Glenorie Post Office - for your convenience.

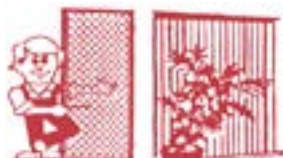
BEROWRA BLINDS & SCREENS

Security Grills
Cedar Venetians
Venetian Blinds
Security Doors
Fabric/Aluminium Awnings

Holland Blinds
Vertical Drapes
Roman Blinds
Insect Screens

Tel.9456 2233

Derick 0417 442 805



Middle Dural Public School

By Kate Welshman

Seeking new enrolments at our lovely small school

Middle Dural is seeking enrolments for children throughout the grades, particularly for kindergarten 2014. Come and join this happy, caring school community where everyone knows your name and every child feels like they belong. The school has been moving from strength to strength in academics, sport and the arts in recent years, but we would love to grow...just a little more!

New music program

In term 4, students will begin a music program operated by the Cool Kids Music Company. Everyone will play their instrument of choice – guitar, ukulele, singing, keyboard, and unfortunately, drums. These music lessons will supplement the school's existing music program



New playgroup: 'Middle Dural Minis'

Our wonderful school is opening a playgroup, which will operate from 9-11am, beginning on Monday 13 October. It's open to parents and carers of children aged from birth to starting

school. All play activities will be designed to foster the children's development while allowing parents to socialise in a supportive and friendly environment. The school's physical environment is very picturesque and relaxing, so if you have a little one, please do consider a visit. Please call our principal Mrs Ann Mills to learn more about this initiative: 9651 1761.

Book week parade

Parents and friends were treated to a costume parade and book presentations during Book Week. The photo does not do justice to the fun that was had!

Glenorie Public Schoolcontinued

FFA (Football Federation of Australia) came to our school on the 15th, to give each class a free soccer workshop! Students learnt about soccer and about the rules and regulations. We also learnt about our local soccer team (Western Sydney Wanderers). Students played some games to put what they had just learnt in to action. Thank you to the FFA for bringing such a wonderful programme to our school.

Debating camp will be held on Tuesday the 16th and Wednesday the 17th of September, two students from year five will be attending, to broaden their knowledge on the wide world of debating. Good luck to the two girls attending, we hope it goes well and you can both come back to teach us about what you learn at camp!



BUSINESS ACCOUNTING SERVICES



Registered BAS agent

ASIC registered agent

A cost effective way to bring professional financial controller skills to your business

More info - visit us on www.kmassociates.com.au



Telephone:

0412 484 267



Philip Ruddock MP Federal Member for Berowra



As your Federal representative, I would be pleased to –

- Assist with personal representations to Federal Government Ministers, Departments and Agencies regarding such subjects as Centrelink or Child Support Agency issues, Foreign Affairs, Defence, Immigration and Taxation; Passports, Employment & Training, Medicare, Health, Higher Education, Communications or any other area of Federal responsibility.
- Arrange Congratulatory Messages for 50th and 60th wedding anniversaries, plus 90th and 100th birthday celebrations.
- Actively participate with local organisations, schools and community events; as well as meet with constituents on local Federal issues and concerns. Please do not hesitate to contact me at my Electorate Office.

Level 7, 423 Pennant Hills Rd, Pennant Hills NSW 2120

Telephone 02 9980 1822 Facsimile 02 9980 1833

www.ruddockmp.com.au

This material has been produced by Philip Ruddock MP using his printing and communications entitlement.

Premium Quality Business Cards 1000 only \$112

All Types of Printing
Invoice/Quote Books
Flyers, Brochures
Graphic Design Service
Friendly & Helpful Advice

Call us Today

9652 1193

quotes@adelphi.net.au



www.adelphi.net.au

Matt Kean MP MEMBER FOR HORNSBY



Keen to Help you by

- Representing you in the NSW Parliament
- Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements



(02) 9476 3411 hornsbym@parliament.nsw.gov.au

**GLENORIE
GROWERS'
MARKET**
All Enquiries
0423 727 826
glenoriegrowers@gmail.com

2014
October
Sunday 26th
November
Sunday 23rd

Glenorie Mission Church



Jesus said: "I am the way and the truth and the life. No one comes to the Father except through me."

Sunday Service 10.15am
Girls' Brigade, Tuesday 6.30pm
1409 Old Northern Road, (Cnr Muscios Rd),
Glenorie. Enquiries: 9652 1203

DEADLINE

for November Edition is 15th October 2014

DISTRIBUTED DOOR TO DOOR

throughout Galston, Arcadia, Fiddletown, Berrilee, Glenorie,
Middle Dural & Dural (total of 3500 houses).

125 Bulk distribution points

from Glenorie to Wisemans Ferry, Cattai, Kenthurst, Annangrove, Maraylya,
Round Corner, Dural, Hornsby Heights & Berowra Heights & Berowra
Waters.

For Advertising - Call Vicki 0412 271 800
Circulation - 8,500 copies

FAST FRIENDLY
& RELIABLE SERVICE

Craig Allsop
0405 194 872
cramend@bigpond.com

MR MEND
MAINTENANCE

GYPROCK • TILING • CORNICE • ROOF REPAIRS • GUTTERS/CLEANING
PAINTING • TILING • CARPENTRY • MOVING & GARDENING

Local Flyer / Leaflet Delivery

Door to door deliveries to acreage properties.
Delivered First week of each month
Call 9653 1321 for bookings

Glenorie Mission Church

Christianity is much simpler than many believe and can be summed up in a few straightforward steps....

1. God loves you

"For God so loved the world that he gave his only begotten Son that whosoever believeth in Him should not perish but have everlasting life."
John 3:16

"But God demonstrates his own love towards us, in that while we were still sinners, Christ died for us." Romans 5:8

2. All are sinners

"For all have sinned and fallen short of the glory of God." Romans 3:23
"As it is written: 'There is none righteous, no, not one.'" Romans 3:10

3. God's remedy for sin

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." Romans 6:23

"But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name." John 1:12
"Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day" 1 Corinthians 15:3-4

4. All may be saved now

"Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and dine with him, and he with Me."
Revelations 3:20

"For whoever calls on the name of the Lord shall be saved." Romans 10: 13

5. Assurance as a believer

"That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."
Romans 10:9

"Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgement, but has passed from death into life." John 5:24

6. My decision to receive Christ as my Saviour:

"Confessing to God that I am a sinner, and believing that the Lord Jesus Christ died for my sins on the cross and was raised for my justification, I do now receive and confess Him as my personal Saviour."

Hallelujah! Come and join us at Glenorie Mission Church, 10.15am
Sunday mornings to worship a risen Lord and give thanks for so great a Salvation.

BUY DIRECT FROM THE QUARRY

FILL SAND
\$22/T (10mm minus)

Local Delivery Available
\$110 (minimums apply)

GABIAN SPALLS
\$44/T
(40-75mm &
75-150mm)

Sandstone Sales
9652-1783

113 Smallwood Road (off Halcrows Rd) Glenorie NSW 2157

www.sandstonesales.com.au

How Can I Be Silent

Why do Christians have to try to convert people who are not interested in religion? Why do they persist in sharing their faith with those who really do not want to know? Surely there are better things to talk about; sport, the weather, hobbies, anything at all.

It might surprise you to know that most Christians find it difficult to share their faith. It is difficult to overcome those social taboos about discussing something so personal and private. Many of us are reserved and struggle with shyness. Sharing our faith can be the opposite of what we inwardly want to do. So why do we do it, why do we present our beliefs, our innermost convictions, often only to be ridiculed and mocked?

Because Jesus Christ, God's only Son suffered and died in our place, taking the punishment for our sin, so that we might be reconciled to God. How can we deny Him?

Instead of glory and honor, He was counted as nothing. He was forsaken, scorned by men and despised by the people. He was mocked and insulted. His hands and feet were pierced. How can we, how can I be silent?

Jesus Christ overcame death so that through Him I might have everlasting life. He is seated at the right hand of God the Father. He will soon return for those who have believed in Him. How can I keep this to myself? I am compelled to tell those around me of God's incredible love for mankind. I have to tell of the Lord Jesus Christ's death and resurrection. I have to shout from the rooftops that God now offers forgiveness for sin for those who believe in His Son. How can I be silent when there are those who have not yet accepted so great a Salvation?

Everyone who calls on the name of the Lord will be saved. How, then, can they call on the One they have not believed in? And how can they believe in the One of whom they have not heard? And how can they hear without someone preaching to them? And how can they preach unless they are sent? As it is written, "How beautiful are the feet of those who bring good news." Romans 10: 13-16

News from St Benedicts

The annual St Benedict's Parish fete held on Sunday 21st September was a great success, thanks to the hard work of the many supporters who helped everything run so smoothly. Special thanks, too, to the generous people who donated goods and prizes for the day and the community members, from near and far, who came along to enjoy the fete.



In August attendees at the 9am Mass had the great pleasure of joining with Margaret and Gaston Florian's in the celebration of their 50th wedding anniversary. Margaret and Gaston have been leading lights in the parish since they arrived in the district in the early 1990s. The anniversary was made even more special with the surprise arrival a few days beforehand of Margaret's three sisters from England who had been bridesmaids at their wedding all those years ago. After Mass the parishioners joined Margaret, Gaston and their family in a celebration, complete with an anniversary cake. Margaret and Gaston are pictured above.

In late August a group of Year 12 students from Redfield College gave a day of service to clean and tidy around the church and monastery. Their efforts were much appreciated and helped the church to be looking at its best for the day of the fete.

The September Children's Mass was very special as it coincided with Father's Day. The morning was showery and cool but the warmth and conviviality of the post-Mass barbecue and get-together made up for the weather.

Congratulations, too, to Rose Granata and Natalie Kazzi who were recently presented with Certificates of Service for their work as catechists in local schools. Many of our catechists have received Service Awards and we are all very grateful to them for their years of dedication to this important task.

Don't forget to visit our parish website www.arcadia.dbb.org.au where you can keep up with parish news.

Or, to find out anything more about parish activities call the Parish Office on 96532312. The office is open on Mondays from 10am – 4pm and Fridays from 10am – 5pm.

Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7 am every morning.

Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd. 7 pm Saturday, 9 am Sunday



Suppliers of quality
bulk landscape &
building materials

Delivery over
Sydney

Small family
business

Open 6 days

Soils & Garden Mixes
Sand & Cement
Gravels
Potting Mixes
Compost & Mulches

Langlands
Landscape Supplies

Leon & Katrina Milne

Ph/Fax: 9651 2102

Mobile: 0416 175 466

Email: klanglands@bigpond.com

www.langlands.com.au

474 Galston Road, Dural 2158

Galston Uniting Church

Minister Rev Geoff Smith
11 School Road Galston 2159
Phone 9653 2039
www.galstonunitingchurch.com
Sunday Family Service 10 am

Spring is sprung! (Well, as I write this it is ☺)

Have you ever had a good idea & spontaneously acted on it? I have, & sometimes they weren't such good ideas... however, one of my colleagues recently had an idea that worked out just fine! It was a lovely sunny spring Sunday morning when I got a phone call "Hey Geoff, why don't we take church to the outside chapel this morning?"



The next thing I know, we're gathering outside to experience a beautiful spring morning in the sunshine – the birds were singing, as were our men's choir & it was glorious ☺

So, we're up & about for springtime, we're looking forward to seeing some of you & Galston's open garden weekend soon, & are starting to plan for our final 'messy church' for the year (Nov 16) as well as our annual quilt & craft service (Nov 30).

As ever, our groups are on the go & new members are always welcome. Check out our website...

Or like us on Facebook.

See you next month, cheers, Geoff

Cumberland Orchid Circle Inc.

The next meeting of the Cumberland Orchid Circle will be on Wednesday 22nd October 2014 in Barton Hall, which is situated in Gough Drive (off David Road), Castle Hill. The meeting will start at 8.00pm and will last approx 2.0 hrs. At the meeting, orchids in bloom will be benched for a monthly point score competition. This month we will have our Annual General Meeting for the election of committee members as well as a cultural night. Members who are having problems with any plant or have a question about anything associated with orchids are encouraged to bring it up at the meeting, where other members can offer advice about the problem. If you are bringing along a plant for advice, please let an experienced member see the plant before you bring it into the hall as we do not want a diseased plant in the hall which is liable to infect other plants in the hall. Club member Jorn Villien will talk about *Sarcochilus falcatus*, the orange blossom orchid at this meeting.



At each meeting there is a sales table selling plants brought along by members, in addition to accessories used for orchid culture. During our supper interval, there will be time to "compare notes" and seek advice from other members.

Visitors & new members are always welcome. For more information, contact the Circle's secretary on 0412 982 830.

Become a Friend of Lisgar Gardens

The Friends of Lisgar Gardens play an important role in caring for a beautiful public facility, and now they are calling for more volunteers to help them.

The organisation was formed by Hornsby Shire Council in 1993, with the purpose of promoting, protecting and helping to enhance Lisgar Gardens at Lisgar Road, Hornsby.

"We're just generally providing a presence in the gardens to meet and greet people, have a chat and provide any assistance we can," member Lorraine Smith said.

The group also promotes Lisgar Gardens by assisting with events such as the Teddy Bears Picnic and annual Camellia Gala Day.

Volunteers are being sought to assist visitors to Lisgar Gardens on Sundays, with no gardening duties required, and there are also opportunities to take on leadership or organisational duties.

Shifts are a maximum of 3.5 hours and volunteers can choose how often they attend based on their personal availability.

"They are just beautiful, peaceful gardens and well worth the time of anyone who's interested in gardens to just give a little something, it's not a big commitment," Lorraine said.

For more information about joining Friends of Lisgar Gardens, contact Lorraine Smith on 0419 018 253 or email lorrainesmi@ozemail.com.au

Galston Garden Club

October features the second group of gardens in the 'Galston Open Gardens' held from Friday the 17th to Sunday 19th October. As stated last month, they encompass everything from park like, native formal and topiarised with an added bonus of being able to visit Ray Nesci Bonsai Nursery.

Morning and afternoon teas will be available at gardens No 1 and 6, and a number of eateries are available listed on our brochure for lunch or avail yourself of a picnic lunch in any of the gardens.

As all funds raised go to charitable organisations, your continued support would be greatly appreciated. If you require further information please contact Liz Muller on 9651 4405, Pam Watson on 9653 1036, or Bill Fleming on 9653 2394.



Business Cards
From \$85 per 1000

~ ~ ~ ~ ~

A4 fold to DL Flyers
1000 from \$350

~ ~ ~ ~ ~

Carbonless Docket Books
10 A4 books from \$260

— — — — —

More Prices Online

 **9652 1193**
diana@adelphi.net.au
www.adelphi.net.au

Turpentine and Ironbark Transition Forest

By Jutta Hamilton

On a recent bushwalk in Arcadia, I was struck by the beauty of a thick stand of Turpentine trees along the slopes of a sheltered Hawkesbury Sandstone gully.

The tall, straight and handsome trees with fibrous bark and their dull grey-green stiff foliage set them apart from the surrounding Eucalyptus. Turpentines (*Syncarpia glomulifera*) are known for their longevity, that can be in excess of 300 years and they can re-sprout after wildfire. Flowering occurs in our area reliably around October.



They come in the form clusters of creamy white flowers at the end of their branches. Their woody aggregated fruits look like mini spaceships. The timber is very resistant to fire and very durable in salt water. It is highly regarded and milled extensively for structural purposes, telegraph poles, beams and wharfs. They are literally the timber that built Sydney.

Turpentines are common in our catchment and are adequately conserved as a single species, however the vegetation communities in which Turpentine live are highly threatened and classified as Critically Endangered.

Turpentine-Ironbark Forest was extensively cleared for its timber, market gardens and orchards, grazing and urban expansion. Current and future threats are considered to be clearing for development, grazing, mowing, increased nutrient loads, weed invasion and inappropriate fire regimes. A good example of Turpentine-Ironbark Forest is Carrs Bush in Fagan Park. It retains all of the necessary elements of a complete forest from ground covers, understory plants, tall timbers and wildlife.

Turpentine-Ironbark Forest is a rich habitat for mammals and birds, providing homes for species dependant on hollows in tress for shelter, this includes the Powerful Owl and Glossy Black-Cockatoo. So it didn't come at a surprise when the neighbours told me about spotting a Powerful Owl roosting in one of our very tall and mature Turpentine trees.

The forest also acts as a natural water purifier, feeding clean water into the Hawkesbury, helping maintain the health of the river.

So enjoy what we still have, the remaining Turpentine-Ironbark Forests represents 4,5% of the original 26,000 hectares in Sydney and is spread over a handful of reserves like Carrs Bush.

Contact us: StillCreekLandcare@iinet.net.au, ph: 9653 2056. Look us up on Facebook or StillCreekLandcare.com.au.



Noxious Weed Found in Hornsby Shire

An invasive noxious weed has been found in Hornsby Shire and Council is urging residents to report any sightings.

Boneseed, which is classified as a Class 1 noxious weed in New South Wales, has been discovered in Hornsby, Mount Colah, Mount Kuring-gai, Berowra, Glenorie, Dural and Epping.

It may also be present in other suburbs within Hornsby Shire.

The weed is native to South Africa, and has the ability to aggressively invade native Australian bushland while also posing a threat to significant rare or threatened species.

Without effective control, it has the potential to spread into new areas, with most of southern New South Wales under threat.

Its status as a Class 1 noxious weed means it must be eradicated from the land and it is the responsibility of the land's owner or occupier to control boneseed on their property.

Any residents who have seen boneseed growing in Hornsby Shire are encouraged to contact Council's Natural Resources team to report the location by calling 9847 6832 or emailing bushland@hornsby.nsw.gov.au.

Council's Natural Resource Officers can assist with identification and information on control, removal and eradication of Boneseed on your property.

Boneseed can be identified by the following features:

- Shrubs up to three metres high.
- Flowers are yellow with 5-8 petals and up to three centimetres in diameter. Peak flowering occurs from August to October.
- Leaves are 3-9 centimetres long and alternate along the stems. They are oval shaped with irregularly serrated edges. New growth is covered with white hairs that are shed as the leaves mature.
- Woody stems are branched and upright.
- Young fruit are round, green and fleshy, turning black when mature. They contain a single, smooth, round seed (6-7 millimetre diameter) which is bone-coloured when dry, giving it the name 'boneseed'.



The Australian Plants Society

The Australian Plants Society-North Shore Group meets on the second Friday of the month at 8pm in the Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby. The speaker for October 12th is Greg Bourke and his topic is "Australian Carnivorous Plants".

The speaker for November 14th is Margarita Clayton and her topic is "Lomandras and Xanthorrhoeas (Grass trees)".

Visitors welcome. Native plants for sale. Further information at www.blandfordia.org.au

LOCAL BUSINESS DIRECTORY

Automotive Services

ABSOLUTE AUTOMOTIVE



George Kerrison
Jason Jamer

LPG REGO
INSPECTIONS

ALL MECHANICAL REPAIRS & COMPLETE SERVICING
FOR ALL MAKE & MODEL VEHICLES

Unit 8, 829 Old Northern Road, Dural

Ph (02) 9651 4529



- All Insurance Work
- Private Work
- Free Quotes
- Paintless Dent Removal
- Restoration
- Car Detailing

Rear, 3 Kenthurst Road
(Round Corner)
Dural NSW 2158

Ph/Fx: 9651 2119

candasmashrepairs@bigpond.com

Automotive Services

DA DURAL AUTOMOTIVE
CAR SERVICE AND REPAIR CENTRE

MARK VINT
9651 2182

270 New Line Road
Dural NSW 2158
duralautomotive@gmail.com
ABN: 84 451 806 754

WWW.DURALAUTO.COM

Bobcat, Excavator Hire & Property Maintenance



Ph: 0448 095 959

- Quality Bathroom remodelling by professional tradesmen.
- External Stairs
- Affordable external staircases.
- Made to measure by licensed tradesmen.
- On time quotes and completion.

Quality Smash Repairs
All Insurance Work
All work fully guaranteed
Free quotes
Pick up & Delivery Service

9651 6100

We have moved to:
Unit 22/276 New Line Road, Dural, NSW

THE RUBBISH COMPANY

Rubbish Removal
Bobcat (Kanga) • Excavator •
Earthmoving • Trenching •
Augers 300mm • Rockhammer

Tight Access Specialist for all your earthworks

We load, you relax! please call
Richard Scott 0418 230 859

www.therubbishcompany.com.au

Bobcat, Excavator Hire & Property Maintenance

GARAGE DOOR SALES & REPAIRS PTY LTD

Automatic Openers **Fr. \$550.00**
FULL 5 YEAR WARRANTY

DEAN

FREE MEASURE & QUOTE 9894 1233

Cleaning Services

SQUEEGEE PETE
WINDOW CLEANING
0416 179 213

FULLY INSURED • COMPETITIVE RATES • PROMPT QUOTES
SATURDAYS OK • CALL PETER ON MOB. OR 9987 2659

HILLS EXCAVATIONS
SERVICING THE HILLS FOR OVER 20 YEARS

- Earthmoving & Excavations
- Rubbish removals
- Post and pier holes
- Rock breaking etc.
- Land clearing

0417 424 350 9656 1200

P.R. WINDOW CLEANING SERVICES

- Commercial, Residential, Strata & Builders Window Cleaning
- Graffiti Removal
- Gutter Cleaning
- Pressure Cleaning

Available 7 days per week

Paul Read
paul.read.69@hotmail.com

Mobile: 0429 514 778

9651 3340
MOORE STYLE
Auto & Marine Upholstery
RE-TRIMMING AND REPAIRS
- CARS - TRUCKS
- BOATS - MOTORCYCLES
UNIT 27, 286-288 NEW LINE RD DURAL
BEHIND McDONALDS

ULTIMATE
HOUSE WASHING & HIGH PRESSURE CLEANING

Nathan Marks - 0420 499 288
nathan@ultimatehousewashing.com.au
www.ultimatehousewashing.com.au

Surprisingly affordable • Environmentally safe
Fast on time reliable friendly service
Free Quotes • 7 days a week • Fully Insured

Decorating and Painting

Arcadia
Painting

- ✓ Interior and Exterior Repaints
- ✓ New Homes and Extensions
- ✓ All Special Effects and Feature Walls
- ✓ Affiliated with Accredited Colour Consultant and Interior Decorator.
- ✓ Fully Insured - Licence No 377c

For Free Quotes & Advice call Geoff on
9653 1418 or 0408 600 422

Electricians

D E PATEMAN PTY LTD
36 Glen Street Galston
Electrical Contractors
Lic. No. EC19043

**For all electrical installations,
repairs and maintenance.**

We also specialize in Clipsal home automation / energy management systems.

For prompt service call Derrell on 0418 279 830.
Proudly servicing the local community since 1972

Matt Cannon
Lic No 161897c
Licensed Electrical Contractors

Domestic & Commercial
24 Hour Emergency Service
Installation & Maintenance
Austel Licence

MDC

Electrical Services
ABN 36 642 173 414

m: 0419 628 493
p: 02 9653 3107

w: www.mdcelectrical.com.au
e: info@mdcelectrical.com.au

Electronic and TV Repairs

LIGHTNING ELECTRONIC REPAIRS

ARE YOU DIGITAL READY?

TV | DVD | COMPUTER | MICROWAVE
REPAIRS, SETUP & INSTALLATIONS

IF IT PLUGS IN IT'S LIKELY WE CAN FIX IT!

Phone Ben on Mobile 0414 796 108
PO Box 6030 Dural NSW 2158 Phone (02) 9651 1859

Fencing & Farm Services

**Traditional Post &
Rail Fencing**

All types of Rural Fencing
Specialising in hardwood post & rail
wood fencing

Call ADAM 0418 424 031

Fencing & Farm Services

**NEW LINE
FENCING** **RURAL FENCING**

- **Traditional Post and Rail**
Counter sunk fastenings if required
- **Round Post and Round Rails**
Ideal for animals and safety
- **Wire and Mesh Fencing**
- **Timber Gates - Built to size**

CALL LUKE 9653 1266
Koppers guarantee on all treated pine products

Glass and Aluminium

Condor Glass & Aluminium
Pty. Ltd.

Your Local Tradesman
50 years experience

- Glass Replacement • Quality Shower Screens
- Glass Cut to Size • Dressage Arena Mirrors
- Frameless Pool Fencing

ph: 9651 3129

Eftpos, Mastercard, Visa Card Welcome
786 Old Northern Road Middle Dural

Landscape Services and Supplies

H

Hills Horticulture

lawns and gardens • rural property maintenance
vegetation management • 25 years experience

Call today for a free quote 0478 107 010
consultation • design • construction

residential • commercial • rural

MARTINS Open 6 Days
Building & Landscape Supplies

SAND - CEMENT - METAL - LIME

Soil • Leaf Mulch • Bush Rock • Pine Bark • Pavers
Sleepers • Organic Soil Mixes • Potting Mixes

9651 1055

Servicing the Hills & surrounding districts

272-274 New Line Road Dural
www.martinsbuildingsupplies.com.au

Plumbers, Gasfitters & Hot Water Systems

Fox Plumbing & Roofing

ABN 33 609 287 012

Plumbing, Gasfitting & Roofing Specialist

Tony Fox
0427 939 577
Lic. 12483c
www.foxplumbingroofing.com.au

Plumbers, Gasfitters & Hot Water Systems

Glenn Truelove

PLUMBER • ROOF PLUMBER • DRAINER
GASFITTER • LP GASFITTER
WASTEWATER TREATMENTS SERVICES
LICENCE No. 135755C

MOBILE 0400 804 211

HOME/FAX: 9652 1635
Email: gatruelove@bigpond.com



Plumbers, Gasfitters & Hot Water Systems

IAN COLLEY Plumbing Service

Lic. No. 59155C

Plumber • Drainer • Gasfitter

Mob: 0421 351 435

Fax: 9653 3070

Email: ianplumb@tpg.com.au



Greg Reid Plumbing Services

License No. 112899c

Plumber/Drainer • Gas Fitter • LPG
Hot Water • Blocked Drains Cleared
Bathroom Renovations
Over 30 Years Experience
No Job Too Small

0407 944 190

www.gregreidplumbing.com.au

PETER BROWN PLUMBING SERVICES PTY LTD

BLOCKED DRAINS

- Latest high flow, high pressure jet blasting equipment.
- CCTV pipe inspection equipment.
- Pipe and Cable location.
- Backflow prevention.

Mobile 0410 485 007

pbsplumbing@optusnet.com.au

Lic No 143284c
ABN 27 099 649 813



Pest Control

Termite Inspections & Eradication

Control of all insect pests, rodents and birds.

Residential & Commercial • New & Existing Homes

Local Family Owned Business Est. 40 years

STERLING PEST CONTROL

Ph: 9476 4294
Fax: 4575 0422
Mobile: Sean
0418 252 342

Pty Ltd

HOMEGUARD
ACCREDITED
FOR UNDER SLAB
TREATMENT



Premium Quality Business Cards 1000 only \$112

All Types of Printing
Invoice/Quote Books
Flyers, Brochures
Graphic Design Service
Friendly & Helpful Advice

Call us Today
9652 1193
quotes@adelphi.net.au



www.adelphi.net.au



**Peter's
BARBER SHOP**
Galston
9653 2782



Asphalt Paving
Bitumen Spray Sealing
Driveways, Car Parks & Roads
tel. 1300 537 042
www.kenco.net.au



Ellis Building Service

- Renovation & additions
- Decks & outdoor living areas
- Design and council arranged

Building
in the Hills
34 yrs

Call Brian
M: 0418 474592
Bus: 9654 2828

Building Contractors
nailit@bigpond.com
Lic no 9095c

www.ellisbuildingcontractors.com.au

RIDE ON LAWN MOWING

*Gutter cleaning, pressure washing
and all other garden maintenance*

Karl 0477 207 649



Equine & Rural Specialist,
with \$700,000,000 in sales
over the past 22 years

4572 3077

85 Bathurst Street Pitt Town NSW 2756
www.hamishrogersrealty.com.au

Local Flyer / Leaflet Delivery

Door to door deliveries to acreage properties.
Delivered First week of each month
Call 9653 1321 for bookings

Pools, Spas and Barbecues

All you need to think about is enjoying the perfect pool



Call us now on

0412 504 240
(02) 9653 2222

www.primepoolcare.com.au

aaron@primepoolcare.com.au
accounts@primepoolcare.com.au

Prime Pool Care
We make good pools great!

Tree Services



Julian Parry
Director

Phone: 1300 887 417

Dip. Hort (Arboriculture) Level 5,
Cert. Arboriculture, Dip. Horticulture
Dip. Landscape, Cert Landscape

Arboricultural Consultation
Tree & Stump Removal
Land Clearance
Specialist Tree Pruning
Fully Insured

www.mcardleandsons.com.au

McArdle & Sons
PRO TREE SERVICES

SINCE 1956

TREE REMOVALS & TRIMS, QUALIFIED ARBORIST
STUMP GRINDER, WOOD CHIPPING, CONSULTING

Ring Dan 9653 2630

Fully Insured - All types of land clearing

Important Local Information

HELP & INFORMATION SERVICES

General Emergencies 000

Energy Australia Emgy
13 13 88

Hornsby Hospital
9477 9123

Hills Shire Council
9843 0555

Hornsby Shire Council
9847 6666

Integral Energy
13 10 03

Lifeline (24 hours)
13 11 14

Poisons Information Line
13 11 26

Police - Hornsby
9476 9799

Police - Castle Hill
9680 5399

Sydney Water
13 20 90

LOCAL BUSHFIRE SERVICES

Arcadia Bush Fire
9655 1656

Arcadia Fire Captain
Peter Jacobs
0415 369 683

Galston Bush Fire Captain
Peter Griffiths
0404 085 145

Glenorie Bush Fire
9652 2017

Middle Dural Bush Fire Captain
Len Best
0408 220 705

Hills Rural Fire Service
District Office
9654 1244

Hornsby Fire Svcs HQ
9883 2000

Telstra Faults
13 22 03

LOCAL JP's Michael Bell, Arcadia - 9653 1365

Bernie Triebe & Kerron May, Bendigo Bank Galston - 9653 2227

Cathy Vipond, Hills Accounting, Glenorie - 9652 2400

Ray Whiteman, Glenorie - 9652 2454 / 0400 008 083

Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning
10am to noon.

There will be JP at Dural Library Wednesdays between 1pm and 3pm.
Hornsby Branch of the NSW Justices Association meets monthly at the Asquith Leagues
Club opposite Waitara rail station.. All JP members and potential members welcome.
Enquiries to Gavin Moehead JP 9489 4662 or 0407 229 203.



ADELPHI
DESIGN & PRINT

Business Cards

From \$85 per 1000

A4 fold to DL Flyers

1000 from \$350

Carbonless Docket Books

10 A4 books from \$260

More Prices Online

9652 1193

diana@adelphi.net.au

www.adelphi.net.au



• Asphalt • Spray Seal Bitumen

0406 733 298

FROM
\$12 M

FREE QUOTES

Lic: 227768C

www.ozroadspaving.com

PRESSURE CLEANING

Residential / commercial building washing, including driveways, pool surrounds, paving and hard surface tennis courts. Graffiti removal, brick cleaning, wet sand blasting and pool restoration. Fully Insured.



Licence No 119594C

Ph: 0402 332 123 or 9654 3582

www.hydroclean.com.au service@hydroclean.com.au



- Regular Home & Office Cleaning
 - Spring - Vacate/Bond - Rental Inspection Cleans
 - Carpet Steam Cleaning
- Gardening & Handyman Services
 - High Pressure Cleaning

TEL: 9838 0444 or book online at:
www.unitedhomeservices.com.au



THE CLOCK CLINIC

Repairs & Restorations to all antique & mechanical clocks - all brands considered.

PROMPT PICK UP & DELIVERY

Phone Rod Mob: 0408 410 555 or **9836 5864**



English and Maths Tutoring, Confidence build up, and Time management

English and Maths tuition for K to year 12

call Pacific Tutoring on 1300 183 488

TAP Carpentry

All aspects of

**Framing • Fixouts • Renovations
New Houses • Decks/Pergolas**

Also 1 metre wide Excavator for tight access areas and 2 tonne tipper.

No job too Small

Troy mobile 0418 970 444

Licence No 126122C

TRADES & SERVICES

Community Marketplace

We welcome your Classified Ads. Sell anything you like for just

\$15 FOR 3 MONTHS!

Ads can be submitted by email, fax or post.

Phone 9653 1321 • Fax 9652 1147 • info@galstoncommunity.com.au

PO Box 211, Galston 2159

Ads must be received by 15th of each month.

TORO GREENS MASTER

If you want the best lawn in the hills this is the mower to do the job. Spare reel included.

Call Richard on 0415253269 **\$2,500**



FOR SALE MOBILITY SCOOTER

As new, perfect condition
Must sell, \$1500 ono

Phone : 0418 416 244



DIXON RIDE ON MOWER

Model D15KH30, 15HP Kohler engine,
30inch cutting width,
Virtually new only done 6 hours work.
New cost \$3,500 sell for **\$2,100 ONO.**

Ph: 0428 721 233



FOR SALE

Suit small builder, bricklayer, carpenter

- 6 Steel Tubular Trestles with braces and planks
- 6 Acrow Screw Jacks
- Aluminium Extension Ladder
- Big Timber "A" Ladder and 2 smaller
- "Warning" Frames and Planks
- 2 Wheel Barrows
- Sundries

\$1700.00 O.N.O. Job lot - Dural

CALL PETER ON 0414 862 412

LIGHT INDUSTRIAL UNIT FOR LEASE

Glenorie

Total area = 75.05m²
(flexible configuration).
Currently has bathroom,
kitchen, office, storage space,
plus work area

Great starter rates

Call Lindsey - 0410 68 3312



We are Arcadia Playgroup

Located on the grounds of Arcadia Public School, 140 Arcadia Road, Arcadia.

Parents will find us in the Pirate Ship sandpit.

Thursdays from 9.30am to 11am.

Enquiries 9653 1207

ANTIQUe MIRROR

Venetian Glass with Etching on large Wooden Board

\$5,500.00

PHONE
9655 1679



FOR SALE

One 40 foot SHIPPING CONTAINER with whirlybird.

PICK UP ONLY \$2,500

9652 1586 / 0409 075 857

SMALL BUSINESS FINANCIAL CONTROLS

Are you in need of some assistance to monitor and control your business ??

Would professionally constructed spreadsheets help to document your current position ??

Reduce your Accountants Fees and charges by professional presentation of your data
With more than 30 years experience I can customise spreadsheets to suit you
I can also provide data entry if that would help

So call Alan on 0412 261 940 for a no cost evaluation of your needs

Low hourly rates or fixed price quotations available to suit you.



Table Tennis

@ Dural & Glenorie

- *Junior development programs
- *Coaching - individual & small group
- *All age social play

All enquiries please contact
Chris on 0468 300 822 or
spinclub@bigpond.com

(NCAS Level 1 - WWCC - Senior First Aid accredited - Member TTNSW)

CLEANER WANTED

2 hours per day
5 days
Galston Village shops.

Peter 0419 226 016

FOR SALE

Mobile Patient Lifting Hoist

Sonata 150
Good Condition
Price: \$2200

Phone:
4566 8213



SHOP FOR LEASE Main road frontage

Glenorie
5.7m x 11.8m
Great starter rates

Call Lindsey
0410 68 3312

Deadline for November Edition

15th October

8500 copies distributed

The Galston & Glenorie Community News & Hills Rural News

Ph 9653 1321 Fax 9652 1147
PO Box 211 Galston NSW 2159

Advertising Vicki 0412 271 800

advertising@galstoncommunity.com.au

Editorial Diana 02 9653 1321

editorial@galstoncommunity.com.au

Ads/Artwork/Design 02 9653 1321

info@galstoncommunity.com.au

Material appearing in this magazine is subject to copyright and may not be reproduced without the written consent of the publisher. Every effort is made to ensure accuracy of all information in this publication however no responsibility is accepted by the publisher for the content of offers made by advertisers or editorial comment. The publisher reserves the right to alter, omit or change editorials and advertisements.

The Galston & Glenorie Community News & the Hills Rural Community News is a joint venture between Adelphi Design & Print and The Hills Rural Business Chamber.

Magazine Design & Print by Adelphi Design & Print
Phone 9652 1193

www.adelphi.net.au. Enquiries to diana@adelphi.net.au

The Hills Rural Business Chamber - Correspondence to: PO Box 29
Galston NSW 2159 or email
President@hillsrural.com.au

COMMUNITY CONTACTS

ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills - A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis & Central Avenue Thornleigh.

ALANON Family Group meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info. Please contact Sydney D.G 0412 400 452, National Office 18000 APEXO or website. "Heart of a Community, Hope of a Nation".

Arcadia Community Hall - 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets - May & November at Arcadia Public School, 140 Arcadia Rd, Arcadia. www.arcadiaschool.com.au Enquiries: Meeegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters - Meetings held at Galston Community Health & Resources Centre, 1st, 3rd & 5th Wednesdays at 9.30am (day group) and on the 2nd & 4th Monday at 7.30pm (evening group). For further information contact Carole on 9894 7749.

Association of Independent Retirees (AIR) Ltd. Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society - Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquires Ph. 98993179

Circular Keys Chorus are always seeking would-be Divas. De-stress as you learn to sing accapella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural & District Historical Society Inc holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed & Sundays. Enquiries to Michael Bell 9653 1365.

Dural & District Prostate Cancer Support Group holds its meetings on the third Monday of each month at 7pm at Dural Country Club. Inquiries Roger 9653 2980 or Col 9651 1242.

Dural & Districts Senior Citizens' Club Come along on any Wednesday at 9.30am to Dural Country Club to enjoy good fellowship with other senior citizens. Some play indoor bowls (beginners included) while others play Bingo or enjoy the prizes. We also enjoy periodic outing to places of interest. For further information please call Helen on 8850 7845, A/H.

Dural & Hills District Garden Club - Meetings at 8pm on 1st Wednesday of each month at Mid Dural Fire Station, 57 Mid Dural Road. Further information contact Di Glasgow 0409 909 161 or email duralgardclub@yahoo.com.au

Dural-Glenorie Scouts - Joey's (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne (W) 9622 2251 or (H) 9652 1713.

Dural Mens Shed meets at Dural Sport and Leisure Centre corner Pellitt Lane and Kenhurst Rd each Thursday and Saturday from 9am. Woodwork and Metalwork/Welding facilities. Enquiries Chris Thomas 0402478498 . www.duralmensshed.org

Friends of Fagan Park - Volunteer group actively preserving the remarkable rural history of Hornsby Shire. The Friends meet every Tuesday from 9am to 4pm maintaining historic Netherby Cottage and its garden and also restoring farm machinery and implements to working order. Members of the public and new friends are always welcome! Open days are the 2nd Sunday of each month, 1.30pm to 4.00pm, and other special occasions. Contact Ian Browning, M: 0419 435 475 E: isandian@tpg.com.au

Ferry Artists Gallery - Old Northern Road, Wisemans Ferry 2775. ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc meets at the Galston Primary School Library, School Road, Galston on the 2nd Thursday of the month at 8pm. Enquiries to 0403 076 175. New members always welcome.

Galston Branch CWA meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Janet 9653 2402 or Val 9653 1774..

Galston Community Hall - 37 Arcadia Road, Galston available for functions, air-conditioned, inspections welcome. Bookings call Robyn on 0414 647 638.

Galston Community Health Centre - This centre is an outreach of Hornsby & Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Garden Club - New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston View Club - Galston VIEW Club, will be holding its October luncheon meeting at Dural Country Club commencing at 11am on 22nd October, 2014. We will have some fun with a Trivia Afternoon. Visitors are welcome. Inquiries Vivien 9894-1189

Girl Guides - Girls Age 6-12 meet on Thursdays 5-6.30pm at Galston Guide Hall, 414 Galston Road, Galston. This is an exciting opportunity for girls to learn and develop life skills, meet new friends, enjoy the outdoors, make their own challenges, express their creativity and much more. Contact Mary 0423 353644 or Amy 0415 438210.

Glenorie Maroota Bioregional Forum - Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhpnc.com.au

Glenorie Progress Association Holds its meetings bi-monthly (August, October & December 2014) 7.30pm in the Palms Room, Glenorie RSL. All Welcome 9652 2454.

Hills Budgerigar Club Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000 - for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' & Gourmet Food Mkt - 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club - Meetings held on 3rd Monday of the month at 1.00 p.m. at Barton Hall, David Rd, Castle Hill. Enquiries 9624-5034.

Hills RSL Sub Branch - Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

JP SERVICES are available at Cherrybrook Shopping Village on Saturday mornings from 1000 am to 12 noon; and at Carlingford Court Shopping Centre on Tuesdays from 1100 am to 0100 pm. JP's are also at Hornsby, Pennant Hills, and Epping Libraries on some days. Check with Library for times before attending. Enquiries Brian Heasman JP 0412 885 525, or Gavin Moehead JP 0407 289 203 or 94894662.

The NSW Justices Association Hornsby Branch meets each month on the 2nd Monday evening at 0700 pm, at Asquith Rugby League Club opposite Waitara rail station. All JP's welcome to attend.

Living Life Without Children - Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellary St, Pennant Hills. www.phpc.org.au.

Rotary Club of Galston meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Peter 0419 011 750 peteainscow@gmail.com

Rowland Village Workshop Club invites enquiries about the Club from members of the wider community who are 55 and over years of age. Contact Michael Bell on 96531365.

Soroptimist International of The Hills District Inc meets at 7pm 3rd Monday of the month St Joseph's Convention Centre Baulkham Hills. Details: 0407 665 874

Shakespeare Group - meets monthly at Galston on the 2nd Thursday morning, 9am to 12.30. No cost to belong, just a delight in reading great Bard words. Further information call Isabelle 9679 1338.

Social Dance Workshops - Pennant Hills Community Centre, Yarrara Road. \$7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set & couple dances. Specialising in Australian, Irish & Scottish Folk Dance. Beginners & experienced dancers.

Still Creek Landcare Group - Have a say and help in the future of our catchments in Galston, Arcadia and Berrilee. We meet at 7:30pm on the 2nd Thursday of each month at The Galston Club Committee Room. For more information Visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@iinet.net.au or Contact Nick on 9653 2056.

The Hills Trefoil Guild (Guides NSW) - The Trefoil Guild is the adult section of Guiding which links Members, former Members; female Members of the Scout Association; and women who have not been Guides but are prepared to make the Guide Promise. Our meetings are held on the 3rd Friday of the month commencing at 10am, concluding approx 12.45pm at the Guide Hall, Bounty Ave, Castle Hill. For further information please contact Sandra on 9659 3770.

CHURCHES

Galston Uniting Church - Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 4.30 to 6.00pm. #ThePower (Youth Group) for those in high school. Fridays of the school term 6.15 to 8.30pm. CRAFT group Thursday evenings of the school term from 7.00 to 1 0.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest:- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston or visit www.galstonunitingchurch.com

Galston Seventh Day Adventist Church - Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Every Wednesday 7.30pm Prayer Group. Contact Minister Andrew Russell 0403 840 348.

Glenorie Community Church - Pentecostal and Evangelical - meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505, Church 9652 0577.

Glenorie Mission Church - Sunday Service 10.15am, Girls Brigade Tuesdays at 6.30pm. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 9652 1203.

Hillslife Church - Meets every Sunday at Galston Public School Pastors Leigh and Heidi Davy. Ph: 02 9653 2807. For more details go to www.hillslife.com

St. Benedict's Catholic Church Arcadia Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd & Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest; Fr. David Orr OSB 0400-371-260.

St. Columb's Anglican Church, Arcadia - Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am - enquiries Beverley 9653.1790.

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs - New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 9653 1250 or 9489 3739 to speak to one of our trained coaches.

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club - Enquiries, please contact the registrar Eric Flanagan, email ef186029@bigpond.net.au or phone 0412 230 328 or visit our website http://dural.rugbynets.com.au.

Galston Glenorie Amateur Fishing Club Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club - For further details regarding season events, grades and registration, please contact 0400 747 767.

Galston Golf Club - Plays Monthly - Variety of courses. Contact - James Roberts 9653 2017 / gm@galstonclub.com.au

Galston Equestrian Club - New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club All enquiries to galstonnetballclub@gmail.com or visit the website www.galston.netball.asn.au

Hills AUSSI Masters Swimming Club meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7:30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

Hills Hawks Soccer Club. For season details & registrations call Vivian Mepstead on 0432 333 091 or vivmep@gmail.com.

Hills Hawks Softball Club. Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: http://hillshawks.softball.org.au.

Hills Pumas Football Club - For information including registrations, call Sarah Sumskas on 0430883385 or email registrar@hillspumasfc.com.au

Table Tennis - Junior & Adult Coaching & Social play, Dural & Glenorie Ph Chris 0468300822 or spinclub@bigpond.com

Tennis / Squash Social Group - looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston - At rear of Galston Community Hall. Available Day or Night, Mobile 0414 647 638.

Tennis Court for Hire Glenorie - Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge



HARGRAVES
NURSERY

Spring Sale

up to



50% off

630 OLD NORTHERN ROAD DURAL

9651 1833

www.hargravesnursery.com.au