

November 2012

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Arcadian Artists Art Trail & Exhibition

Saturday 10th & Sunday 11th November 9am - 5pm

The Arcadian Artists invite you to come along to our annual Artists & Artisans Open Studio weekend. All you need is a love of the arts mixed with the ability to enjoy our wonderful natural environment. Bring your family and friends and wonder along our unique and interesting artists trail.

Full story page 6



The Hills Rural Business Chamber Annual General Meeting

Wednesday 21st November, 6.30pm Glenorie RSL Club

Come along and get an update on what the Hills Rural Business Chamber has been up to and what the benefits are of becoming a member. Have your say, mingle and have a drink with your local business owners. There will be some great prizes drawn on the night:

1st Prize - Click Click Media - Platinum Sponsor - (Website and logo design and construction and 12 months site hosting. Value \$ 5000.00)

2nd Prize - The Hills Slushie Co - Gold Sponsor - (Slushie Hire including alcohol, delivery set up and pick. value \$ 300.00)

3rd Prize - Allure Restaurant - Silver Sponsor - (\$100.00 dinner plus a bottle of wine. Total Value \$ 135.00)

continued page 5



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71 Years Married and Still Smiling

Douglas and Ethel (better known as Effie) Chivers celebrated their 71st Wedding Anniversary and Effie's 90th birthday, Saturday 6th October 2012. Five generations gathered at the home of their son and daughter-in-law, Les and Pat Chivers in Canoelands to say "congratulations" and "thank you" to this amazing couple who have dedicated their lives to serving God, Family and the Community.

Doug and Effie met at a dance raising funds for the war effort, Valentine's Day 1941. They married the Oct long weekend that year and started their life together in a little upstairs flat in north Parramatta before building their first home in what was then cow paddocks at Dundas. They moved to Dural in 1964, to start a nursery business for their eldest son, and became very actively involved in the local community. They retired to Salamander Bay on the central coast in 1987.

Doug and Ellie have 5 children, 17 grandchildren, 27 great-grandchildren (plus one to arrive very soon) and 1 great-great grandchild, plus all those married and adopted into the family through love.

To further celebrate their anniversary Doug and Effie will take a cruise from Cairns to New Guinea in December this year.



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Cameron's Nursery Wins Award in National Save Water Awards

Congratulations to Cameron's Nursery in Arcadia in winning the **Save Water Awards Small Business Award**. The Business Award acknowledges outstanding water savings achieved by businesses. Small Business (less than 15 staff)"

Mr Rob Gell, environmental consultant and head judge, was impressed with the standard of the 2012 entries.“Each of this year’s finalists has demonstrated the high level of water-efficiency that the judging panel requires, but we’re also seeing programs that are more comprehensive in their scope and which deliver a range of positive environmental outcomes. In a number of cases, former winners have extended their programs and delivered additional impressive results,” said Mr Gell. “Many of the finalists have set new standards for their respective industries, which we expect will inspire and promote best sustainable practice in the future,” he said.

Now in its tenth year, the prestigious savewater! awards® recognise and reward excellence in water-efficiency by business, government, schools, local communities and individuals.

So we congratulate Sonia Cameron and her team in winning this National Award. Sonia continues to be a leader in her industry, being innovative in her businesses and improving the long term sustainability of her industry.



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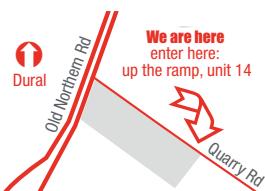
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Letters to the Editor

Dear Editor

Many congratulations to The Bendigo Bank in Galston in achieving the magic \$1 million in contributions to our community in the ten short years since it opened its doors.

It is amazing the number of local residents, businesses and organisations which do their routine banking in other localities from Round Corner to far beyond when there is such an excellent local bank.

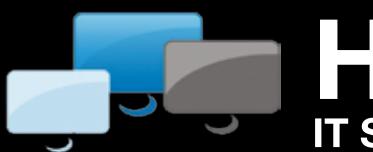
For example, as a resident and a retiree, where else could I get a full five and half days service and a cheque account. with reduced fees, paying 3% or more interest?

Please have a look at what the Bendigo has to offer and let us see that magic million grow more and more every year.

Alan Clarkson, Arcadia

Jazz at the Pines

Jazz at the Pines will be on Sunday November 18 between 12.30 and 4.00 pm in the grounds of Roughley House, The Pines, 656a Old Northern Road Dural. This will be the final concert for 2012 so please join us. Pack a picnic lunch and relax under the giant pine trees while being entertained by one of Sydney's top jazz bands, the Bridge City Band. Delicious home-baked cakes may be purchased for afternoon tea and free guided tours of the historic homestead (circa 1856) are conducted during band breaks. Cost: \$12 adults, \$10 concession, \$25 family, payable at the gate. Bookings are welcome on 02 9651 4411 or email sydhills@bigpond.net.au. Your attendance assists us in maintaining a special piece of our district's colonial history as any profit made at the concert goes towards the upkeep of Roughley House. Come and be part of this venture!



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Sunday: Closed

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Oscars Glenorie Takeaway

It's good to see the new sign up at Glenorie Takeaway. Their new opening hours are: Monday 6am-4pm, Tuesday & Wednesday 6am-5pm, Thursday & Friday 6am-7pm, Saturday 7am-6pm and Sunday 8am-4pm.



Hills Rural Chamber AGM

continued from page 1

4th Prize - Nati Bros Roses – Silver Sponsor – (50 long stem roses valued at \$ 100)

Imagine what a brand new professional designed website from Click Click Media could do for your business !!

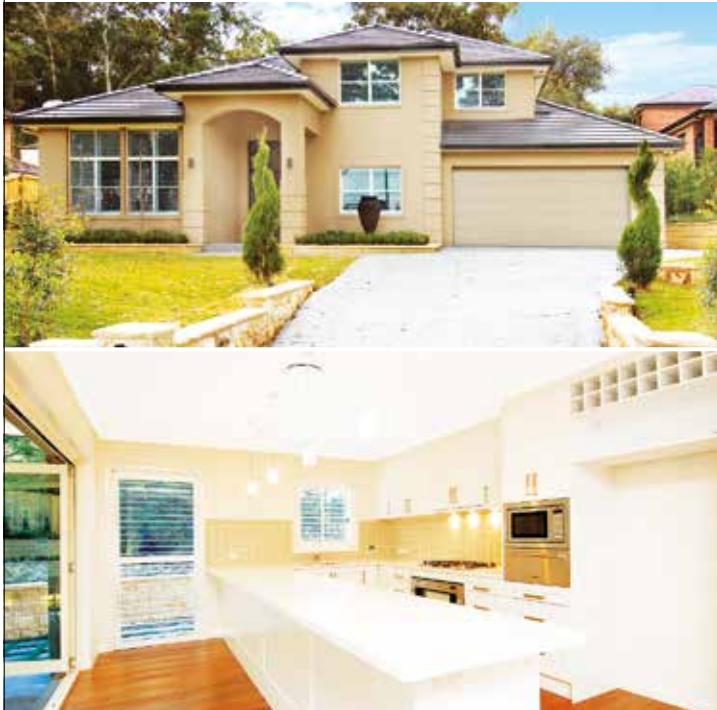
It's heating up !! Win a Slushie machine for a night at your next function with alcohol included !! Dine at one of the area's best restaurants at Allure Restaurant.

Give that special someone in your life a beautiful bunch of 50 long stem roses from one on the oldest and most respected rose growers in Australia. Nati Bros Roses!!

YOU HAVE to be there to win ! RSVP by email to president@hillsrural.com.au or call 0412 056 096.



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Arcadian Artists

Open Studio Weekend Saturday 10th & Sunday 11th November -9-5pm

You've waited all year and it's on again, the district's showcase of artist talents, the Arcadian Artists Trail.

This year over fifty artists and artisans will display their unique hand crafted works. Exhibits include glass, painting, sculpture, textiles, jewellery, ceramics and so much more, spread over 8 stunning venue locations throughout Dural, Galston, Arcadia and Berrilee.

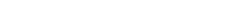
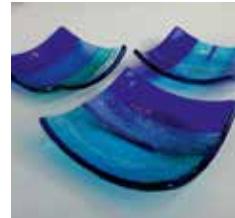
This event was established to showcase the diversity of arts practice and aims to promote interest in the arts within the community. Demonstrations will be taking place from 10am to 3pm at most studios throughout the weekend. These are a "don't miss" event where you can ask the artists questions and find out more about what they do. This is a great event for buying unusual Christmas presents for family and friends, or just treat yourself!

A number of the venues have their own Café, so you can treat yourself to morning tea, lunch or afternoon tea as you journey around the studios.

A copy of the art trail details, map, venue & artist profiles, preview video clip can be downloaded from www.arcadianartists.com.au or pick up a brochure from the Galston Village shops, the Tourist Information Centre on Old Northern Rd, Dural.

An information stall will be set up near the Bendigo Bank at Galston on the event weekend, or visitors can explore for themselves by following the signs throughout the district leading to the various venues.

This event is proudly sponsored by the Bendigo Bank, Galston.



Emily Rose

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Saturday: 9:30am till 4pm
Sunday: Closed

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**30th GCEA Birthday at Galston High School
‘Good Night Of Fun, Fellowship
& Fund Raising’**

The GCEA Committee was very pleased with the response to the Reunion Spring Dinner Saturday 15 September.

Thank you to our supporters for helping us locate ex-teachers and students from Galston High.

GCEA would like to thank...

- Jillian Tourlas, Principal of Galston High School, for her support for GCEA, especially for allowing our Spring Dinner to be held at Galston High School for our 30th Birthday Reunion
- Janet Fuller and Katrina for coordinating the musicians from Galston High to open our night with entertainment
- our speaker, Matt Lemsing, former student
- six young volunteers from Galston High serving the meals
- our caterer Simone Cowan of ‘Catered 4 You’ and her kitchen team
- all those who have attended, including past teachers and supporters
- everyone who has helped to make our dinner a success in whatever way

GCEA would also like to thank all those who've sponsored us... and provided items for the Silent Auction.

The GCEA AGM is being held at the Glenorie Community Church on Monday 29 October 7.30pm and members and their guests are welcome to attend. If you are interested or would like to know more about this work in Galston High School Email info@gcea.org.au

Or Phone: St Judes Office 9651 1119 for further information.



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"Comfort Discovered" (511 Pacific Highway, Mt Colah, NSW 2079. Tel 99874500) has been helping our seniors and people with physical challenges to live their lives independently by providing innovative and creative solutions for over 25 years. Products as innovative and indispensable as Tap Turners, Jar Openers, Reaching Aid or as useful as Circulation Socks or Fastener Free Bras.

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The social outings and interactions become a nightmare for the carers or family members of our seniors or people with physical challenges. A visit to Comfort Discovered would amaze anyone as to how easily these tasks can be performed with the aids of products such as, light weight and foldable walker or wheel chair, swivel seats, walking stick seats, or the Car Bar.

Growing old gracefully and beautifully is the right of every women. Comfort Discovered stocks a large range of products that would make growing old a thing to celebrate with Fastener free bra or stock aid or a variety of arthritis gloves or appropriate cutleries for people with arthritis and other conditions.

Some times the hesitation to invest in an equipment can deprive us from the simple joy of enjoying a good day. That should no longer be your concern. Comfort Discovered has a large range of products for hire. So visit their new and expanded showroom, which will be open 7 days a week from this month.

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Adventures of an Urban Nomad



If you own animals (dogs, horses, chickens etc.) and are going away for an extended period what do you do about looking after them?

Having a professional house-sitter is a very helpful, cost-effective and safe option.

Danita Needleman and Laurence Harroould have been house-sitters since selling their home in May 2012. Since then they've cared for properties from Rose Bay to St Albans, where they were flooded in.

They take their house and pet care responsibilities very seriously but sometimes disaster strikes, as Laurence explains:

"When looking after someone else's house and pets what do you image would be the worst thing that can happen? For us it was the death of one of the cats. We were responsible for a dog and two cats. One night, not long after the owners had left the house and animals (their "babies") in our care, we went to bed with one of the cats asleep on the arm of the lounge suite. Next morning Danita went in to discover the cat lying on the floor NEXT TO the lounge suite. After getting me out of bed with an ominous 'I think we've got a problem' we found that the cat was rather rigid - recalling the parrot sketch from Monte Python*."

"There were a couple of dilemmas - how to tell the owners and what to do about the body?"

"Next, what to do about the body? We decided until we told them and had instructions as to how they wanted the situation handled we had to keep the cat's body. Fortunately, they had a couple of fridges in the garage and one had some spare room in the freezer. So we wrapped the cat's body in a few layers of material and a heavy plastic bag and kept it "on ice" having already spoken to their vet about what the options were so we could canvass those with the owners."

"As it happened, that afternoon we received an SMS from the owners asking 'how the furry children were'. A rather vague but reassuring reply (letting them know a non specific 'they' were fine) seemed to cover things for then."

"A few days before their expected return, we phoned the owners quickly noting that the dog was fine however there had been an issue with one of the cats. Dreading a very upset reaction we were a bit taken aback with their response 'oh yes we kind of expected it and sorry you had to deal with it'. While they were upset by the passing of one of their pets, it was certainly not the reaction we had feared - much to our relief. As it would have been good to know this was a possibility we've added it to our list of questions to ask when taking on the caring of someone's house and pets for the future."

For more of Danita and Laurence's adventures see Laurence's blog: aviel.com.au/_blog/Tikkun_Olam

*See [youtube.com/watch?v=npjOSLCR2hE](https://www.youtube.com/watch?v=npjOSLCR2hE)

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Letter to the Editor

Glenorie Growers Market

I have just returned from a glorious morning at the revamped Glenorie Growers Market, now attached to the RSL. This is the first time since the move that I have had a chance to attend at this new location.

I have been regularly supporting these monthly markets and usually head straight to my favorite stalls to buy my produce before heading home again. But not today. I spent 2 hours perusing the many new and interesting stalls that have joined the market when it moved location. It is great that the market is next to the RSL as many children were happily playing on the equipment while their mums could keep an eye on them while at the same time treating themselves to many of the available delicacies.

Who would have thought that in Glenorie you could try gelati made from buffalo milk and I was surprised that I could buy a cup for \$3. I chose chocolate and salted peanut. My fabulous chocolate man is still there and had a new range of hard-boiled candy.

As I had heard, it is nice to walk on the grass. It makes you want to linger and linger, I did. The new stallholders were happy to answer my questions about their unusual produce. At 11am Cape Ridge Free-Range Pork had already sold out of their Maple and Fennel Belly Bacon. Next to them I found maple vanilla biodynamic yoghurt. I also bought fettice, which is like feta and it that had recently won a gold medal at the Royal Easter show.

Just round the corner from there I found another new stall where I ran into a good friend when we both put our hand on the same salad dressing. Lucky there were two bottles. They also had vanilla paste and peppermint extract very reasonably priced.

I had heard about the organic food stall and it was easy to find next to one of the entrances. The people serving were lovely and so were the strawberries. I bought organic avocados that looked better than most of the non-organic available and were a competitively priced. By the time I added their potatoes I was up to my third trip back to the car to unload a bag full of goods and a visit to the ATM on my return.

Finally I went to buy my regular 2 kilos of cashews and I tried a mulberry jam that I could not resist. I had not even finished

continued next page

Arcadia Markets Saturday 17th November

Arcadia Markets showcase Creativity, Inspiration, Beauty, Enthusiasm, Individuality, Talent, Initiative, Commitment, Ingenuity & Passion.

Arcadia Markets encourage emerging talent, contemporary design and eclectic 'out-of-the-box' thinking. We aim to *Keep It Interesting*. We are particularly interested in the artisanal, handmade/crafted and Australian-designed/produced. With 50+ stalls much is on offer at **Arcadia Markets** – original craft, jewellery & accessories, handmade items, eco products, fresh produce, skincare, plants, furniture, gourmet & international cuisine, decorative pieces, home-wares, books, stationery & more. Expect to find stylish fashion, original works & top quality products.

This Market Day there will be three FREE rides for the children, as well as our FREE Reptile Show!

Parking is free & plentiful. EFTPOS facilities available. Pet friendly.

Arcadia Markets – A community event where there is something for everyone.

FOR FURTHER INFORMATION VISIT:
www.arcadiaschool.com.au

viewing all the stalls when it was time for me to leave.

But I have to say the highlight for my daughter was definitely a stall inside the grounds of the RSL, where a lovely lady had a display of adorable one-week-old chicks and also an incubation house where chicks were hatching from their eggs.



My daughter has been begging me for weeks to buy her chicks and I had no idea where I could purchase them and thought I might wait one until December. She sat for an hour caressing a little chick to sleep. Her bottom lip quivered when I said I did not know if we would buy them today, so I conferred with hubby and to her utter delight, he agreed. I found out how to care for them when they are so young and the deal was clinched when the stall holder said I could swap them at 4 weeks old if they turned out to be roosters.

It took us 20 minutes to return to the car as many friendly locals stopped us to inquire about the cheeping coming from our Chinese take away lunch boxes.

I know the organizer Vicky Brownless has put years of hard work into bringing a local market to Glenorie. Well done Vicky, your hard work has paid off.

Anita Horan – Glenorie Resident

Galston Village Pharmacy



Vy Debbie Cassie Penny Aaron Kerrie
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Introducing Kerrie McGrath our new experienced staff member.



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Dural Community Golf Classic organised by The Rotary Club of Dural & The Dural Round Corner Chamber of Commerce



Eggs, Eggs, Eggs and more Eggs! A field of 127 players teed off at Riverside Oaks Golf Resort on Tuesday 16th October on a perfect cloudless spring day and went home with two dozen eggs each courtesy of Jones Bros and Pace Farm egg producers. It's just a little touch of "We Care"!

Riverside Oaks Golf Resort has continued to make improvements to their course and it looked a picture with lush green fairways and the new stone wall lined pond in front of the clubhouse. The greens ran true and all players had a memorable and enjoyable day. The Dural Community Golf Classic, in its eighth year, is supported by many individuals and businesses in the Dural and Hills District. This year the funds raised will go to Australian Rotary Health Motor Neurone PhD Research Scholarship, Lifestart and Riding for the Disabled.



Our hosts at Riverside Oaks supplied a hearty BBQ breakfast including coffee and rolls before the event got under way with the traditional ball drop, kindly supplied from Dwight Geelan's helicopter!

Sponsors for the event included long time sponsor Island2Island Distributors (Angostura bitters), Bendigo Bank, Dural Tyrepower, Confoil Packaging, Buildbits, H & G New Line Building Supplies, Hills Self Storage, Pirtek, Choice Pharmacy Round Corner, Paul Rapp Sign Writing, Troon Golf Resorts,

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Dural Community Golf Classic 2012



Results for the day were:

The winning team was ANGOSTURA led by Les Page , Ross Gerard, Grant Izzard, David Abela. Second place was ARH TEAM Led by Terry Davies, Mark Bilsner, Peter Lane, Shamus Davies. Third was BUILDBITS TEAM led by Neil Turrell, Bryce Florence, Chris Stein, Mark Taylor.

Other notable events were Joel Basha - Beat the Pro on 11th Hole. Steve Ridley Drive & Chip on the 18th, Arthur Johnstone Straight Drive on the 3rd, Ben Kennedy Straight Drive on the 10th, Terry Davies Nearest the Pin on the 8th, Ross Gerard Nearest the Pin on 14th. Most Improvers prize went to SAM CALI MECHANICAL



SERVICES TEAM led by David Cali, David Banisiak, Aaron Qudrio, Damian Sifonios.

The Helicopter Ball Drop prize of \$500 was won by Billie Leckie and the Lucky Door Prize went to Ross Jones.

The members of the Dural Rotary Club and the Dural & Round Corner Chamber of



Commerce would like to thank all the sponsors, players, supporters and Riverside Oaks Golf Resort for making the event a resounding success. A special thanks to our Rotary Club and Chamber members as well as RDA Helpers who manned the various roles required on the day.



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NSW Rural Fire Service

Hornsby and Ku-ring-gai residents advised to Prepare Act Survive



A new public awareness campaign aimed at shaking Hornsby and Ku-ring-gai residents out of complacency this bush fire season has been unveiled by the NSW Rural Fire Service (NSW RFS) today.

Operations Officer Kane Lambkin said the \$2.3 million NSW Rural Fire Service Prepare Act Survive campaign encourages people to take action and make a plan for what to do during a fire. "The message this bush fire season is clear: to give you and your property the best chance of survival you need to plan and do it now," said. "Most people know they should have a plan but put it off, thinking it won't happen to them. As we have seen with recent fires in the Gosford and Wyong areas, fire can approach quickly, and catch people off guard if you are not adequately prepared."

"Bush fires are a part of the landscape in Hornsby and Ku-ring-gai area but despite this, many people fail to prepare their homes and their families for them."

"This new campaign tells people in plain language that simply planning to make a plan is not a plan," Operations Officer Lambkin said.

NSW RFS Commissioner Shane Fitzsimmons said the new campaign will begin rolling out state wide this week, with television, radio, online, outdoor and newspaper advertisements warning against complacency.

"Worryingly, only 25% of NSW residents who live in bush fire prone land have a Bush Fire Survival Plan," Commissioner Fitzsimmons said. "Complacency is a big worry heading into the warmer months."

"NSW RFS firefighters have attended more than 2,400 bush and grass fires across the state in the last three months alone. The risk is real. "Making a plan is not difficult and it could save you and your family this bush fire season," Commissioner Fitzsimmons said.

View the advertisements, Bush Fire Survival Plans and preparation fact sheets on the NSW RFS website at www.rfs.nsw.gov.au. For more information contact Hornsby/ Ku-ring-gai District Office on 9883 2000 or email media@rfs.nsw.gov.au

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Hills residents 'rock' when it comes to waste

Every year, Australians spend around \$5 billion a year on food they buy, but don't eat - sending three million tonnes of food waste to landfill annually.

However, programs like The Hills Kitchen Rocks are encouraging residents to 'rethink their waste' - and it seems to be working.

In just one year, Hills Shire residents reduced their waste by around 46kg per household, saving a massive 2,500 tonnes of waste from going into landfill in 2011.

Of the waste that remains, the largest component is food, making up around 32.62% of the contents of people's rubbish bins.

Mayor of The Hills Shire, Dr Michelle Byrne, joined the community at the most recent Hills Kitchen Rocks seminar, to help spread the message about better ways to manage waste.

"More than 140 people came to find out how they could better plan meals to reduce food waste, and use techniques like composting to keep food out of the waste stream," Mayor Byrne said.

"If all of us can look for ways to reduce what is sent to landfill, then we will all be contributing to a more sustainable future," she said.

"I'm proud that our Council offers innovative programs like The Hills Kitchen Rocks to engage residents, entertain them and offer them ways to rethink their waste," she said.

Mayor Byrne congratulated residents on their great efforts to date.

"There is always more work to be done, but it's great to see the majority of residents taking pride in their Shire, and making a real effort to reduce, reuse and recycle," she said.

For more information about ways to save heaps by reducing waste, residents can check Council's website www.thehills.nsw.gov.au/Waste-Services.html for detailed information on resource recovery and waste.

Bendigo Bank Community Day

The Community Bank Board would like to extend their thanks to everyone who came along to their 10th Birthday celebration on Sunday 7th October.

Over 4,200 locals visited and were entertained by lots of local community groups, rides, market stalls and children's activities.



Mayor Byrne and Hills Kitchen Rocks presenter Vanessa Williams-Henke

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Australian Bass

Following the story last month, about the release of fingerlings into Fagan Park lake, we would like to give some information to the community regarding this fish.

Australian bass are predatory fish that use **estuaries and freshwater during their lifecycle**.



lifecycle. Because bass are found throughout the length of a river at different times they are potentially affected by a range of human-induced changes throughout a catchment.

Australian bass (*Maccullochella novemaculeata*) are found in south-eastern coastal rivers from the Mary River in southern Queensland to Gippsland Lakes in Victoria.

Bass Habitat Fact File

- Bass are found in eastern draining rivers and their upper estuaries.
- **Bass spend most of their juvenile and adult life in freshwater. Adults migrate into estuaries to spawn.**
- Adults use both still and flowing water, particularly pools with submerged snags, undercut banks and overhanging vegetation.
- Over 40% of the bass diet in summer can come from insects falling from overhanging vegetation.
- **Artificial barriers, such as weirs, interfere with spawning and juvenile migration.**
- **Complex habitat features and free passage to and from estuaries means bass can spawn and juveniles can grow to maturity.**

Threats to bass habitat

Australian bass rely on both freshwater and estuarine habitats. In the past, freshwater catchments and estuaries have been changed to suit people living along waterways. Those changes threaten bass survival by reducing fish access to the different habitats it needs to survive and breed.

The main threats are altered water flows, artificial barriers (weirs, floodgates, dams and causeways), loss of aquatic and riparian vegetation as well as removal of in-stream snags. Most of these threats continue to be issues for bass throughout its range.

Questions to Council

Given the natural habitat and breeding cycle of the Australian Bass what is the benefit of releasing fingerlings in to a dam with no migration possibilities?

For further information of the Fish Habitat Network (fish.habitat@industry.nsw.gov.au)



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Hannah's Paralympic Journey

by Phyllis Dodd

Our journey to qualify for the Paralympics in London 2012 was a long one, so to set foot on UK soil was a relief. For the Staging Camp Hannah stayed at Sparsholt College in Winchester, while her godmother Wendy, her coach Peter Turner and myself stayed with a Rotary family nearby.

The 3 weeks flew by and before we knew it was time to move to London. Hannah moved into the Paralympic village and Kiwi (our horse) into Greenwich Park, both amazing venues. We however were a little less fortunate, after the beautiful 5-star treatment at Mandy's house, the accommodation I had booked over the internet was unattractive to say the least. So we moved and settled ourselves into a new hotel/pub much closer to the action and we began to enjoy ourselves, being able to see Hannah everyday after training.

The Opening Ceremony (29th Aug) was amazing and seeing my little girl waving for the cameras was a once in a lifetime moment, we cheered so loud we cleared the room! The 31st was Hannah's first test and needless to say I was a wreck! Hannah had come to meet us at the gate early in the morning to give us one last hug before the big show, she was the last horse on and god was it a long wait! Seeing her ride into that arena with 10,000 people screaming for her, my eyes watered just a little bit! It was breath taking to watch my baby girl finally see her dream come true, it was a fantastic moment for me as a parent.

Hannah found herself in 11th place in the Team Test, which was a great result as I found out later she was lucky to make it to the ring! Kiwi had had a massive fright and refused to settle resulting in her being asked to leave 3 warm up arenas!

The next two tests went much more smoothly for a 12th and 11th. On the final centreline of Hannah's freestyle I dont think a single person of Team Dodd had dry eyes, to watch her throw down her reins and hug Kiwi before raising her hands to wave to the entire stadium was an amazing experience, the more she waved, the more the crowd cheered and Hannah's grin was huge.

It was the ultimate experience, and in Hannah's words "It was once in a life time experience, even if I go again it will never be the first time ever again."



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Hawkesbury River Clean-Up Brings Benefits To All

For two years now a group of dedicated volunteers has been motoring up and down the Hawkesbury River clearing it of rubbish. October was the turn of students from Rowland Hassall special needs school, who helped bring in one of the biggest hauls yet.



It took two inflatable boats and a National Parks barge to move all of it. "The group eagerly unloaded all the tyres and bulk items that have been stacked there over the past three months,"

says Graham Johnston, who is one of the chief driving forces behind the operation. "All the rubbish was transported to an approved site at Parsley Bay, where the students again showed great enthusiasm, unloading and stacking all items at the Council site." The environmental benefits are obvious, but according to Rowland Hassall principal Jim Myers the students also get a lot out of it. "They love it. They beg each fortnight to be allowed to go," he says. "A lot of them have never been on the Hawkesbury or done environmental work before and it's excellent to have them so keen to volunteer. It also helps them appreciate the importance of throwing their rubbish in the bin."

National Parks and Wildlife Service ranger Tegan Burton also speaks very highly of the project, which NPWS assists through the transportation of people and gathered waste. It is an invaluable project with tangible positive outcomes on river health in the Lower Hawkesbury estuary.

Local businesses are also helping out, particularly Beaurepaires Hornsby which takes the collected tyres and recycles them.

"It's not good for people to be dumping tyres in the river," manager Anthony Koulianios says. "People here at Beaurepaires use the river a lot and nobody wants to see tyres in there."

Hornsby Mayor Steve Russell applauds the efforts of all those involved. Every time you look at it, you see another benefit. From the young person who has a great day out while learning environmental responsibility, all the way through to the business that gets to show its support for the local community. And of course the river is cleaner for all of this. There are winners all round.

Rainfall Chart



Galston rainfall recorded period
17/09/12 to 16/10/12 is 60.5 mm

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Time for Tea

By Mary at Heritage Haven

Spring's Welcome

Bees are busy visiting the sweet peas in the Herb Garden.

Although sown last Anzac Day, the sweet peas are only now scrambling up the wire fence, tendrils curled around the wire, sweet peas in flower, resembling ruffled sunbonnets. In their midst, an old-fashioned

Mutabilis Rose flutters yellow and pink, multi-coloured petals that mimic butterflies as they flutter in the breeze. Fragrance drifts, invisible and elusive, bearing the memory of old roses, a whisper of orange blossoms, perhaps honey, certainly vanilla beans ... around the Herb Garden. Here clammers the original and best sweet pea, old-fashioned Cupani, with its flowers shaded in dark purple and burgundy. Next to it spreads the fragrant Painted Lady, and sweetly-scented Wiltshire Ripple with pink and white frills.

Last year, blue wrens made their nest in the heart of the sweet peas. This season, although noisily present in the herb garden, the wren's nest remains well-hidden. Small eastern thornbills and yellow-breasted robins restlessly flit through boughs of the elderberry and Chinese lanterns ... insects are plentiful! Waterbowls and birdbaths are full and clean, a refreshing welcome to all beneficent birds, bees and bugs.

This year, the blackbirds have built a nest ... right outside our front door! Couched in the protective boughs of a fragrant, flowering Viburnum burkwoodii and partially hidden by a fine, wilderness of ferns, lie three perfect eggs ... green-blue, with rufus-brown spots, the eggs lie snug together. New songbirds for summer!

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November Events @ Bunnings Dural

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Diy Classes

Regular weekend DIY workshops will continue through November with an emphasis on outdoor entertainment projects & gardening tips. In addition there is a special "Prepare for Christmas" Workshop event on Thursday 29th November from 5.30pm in which family members can learn how to make a Christmas tree & decorate with festive lighting. Light refreshments, tea & coffee will be provided. Bookings are essential. For more information or to register for this event please telephone Dural Warehouse on 9653-7500 or email duralao@bunnings.com.au Bookings can also be made via the website.

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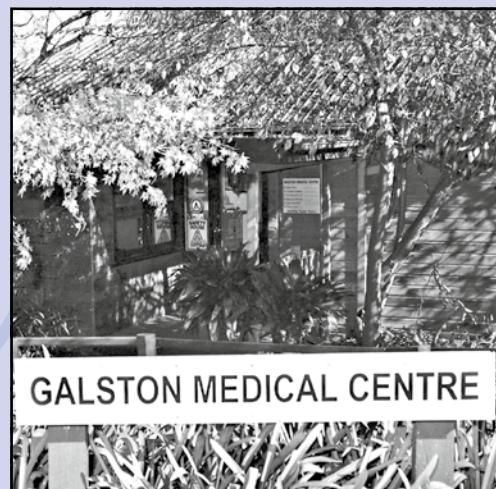
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Philip Black & son taken c1960 with old Route 60 Bus

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Ralph Smith, a motor mechanic of Hornsby, opened Galston's first motor garage and service station in this building. (*Even before this time a regular horse-drawn coach service operated between Castle Hill and Galston and used this building to stable the coach and horses*) Others to operate after him were Cecil Clark, Frank Johnston and Ian Lawton, who moved to the new building at corner of Galston and Arcadia Roads when it was completed, now Galston Motors. (in 1976)

Ern Black, bus proprietor, owned the first two International trucks in Galston, one a bus, the other a table top lorry for carrying fruit to the city markets. Alfred Trethewan of Smalls Road had the honour of owning the first truck in Arcadia, another International, used for transport to Sydney. All vehicles were purchased from Howard Jackson of Sydney.

A Mr. Calderwood, then residing in Calderwood Road, Galston and a Mr. Richardson, then residing near the intersection of Arcadia and Black's Roads, had the honour of owning the first motor cars or motor buggies. All these vehicles had solid rubber tyres and were chain driven. During the 1917 railway and tramway strike Alfred Trethewen had his truck fitted with seats and an overhead cover for use as a bus for carrying passengers to and from the city.

In the 1960's Glenorie Bus Co. had 2 buses. The school hours at Dural school were altered so that the buses could get children to and from all the other schools in the district. Now there are about 165 buses operating out of the depot in New Line Rd.

Yes, there was a sawmill at Galston, trading as "Shaw's Sawmill". Situated on a seven acre block, now No. 24 Crosslands road where Summertime Chicken operates. At the end of World War 1, 1918, it was purchased by Chadwick Bros. (Luther and Arnold) who worked the steam mill sawing timber for building construction and timber for fruit cases.

Alex Lee and Ted Burgess, Senior, had a mill on the northern side of Basha's Store in Arcadia and Peter Whittaker and son, Joe, operated a mill in Black's Rd. Arcadia, not far from the intersection of Bayfield Road.

The Dural Historical Society will be holding their Christmas lunch on Saturday, 17th November, at the Chinese restaurant at Galston at 12 noon. All visitors welcome. Tickets; \$30 each. Bookings essential. Please ring Pauline Corthorn 9484-6827 or Michael Bell 9653-1365

News from Philip Ruddock's Office

by Hon Philip Ruddock MP

Ruddock Calls For Volunteers To Be Recognised

Philip Ruddock MP, Federal Member for Berowra, today announced the launch in Berowra of the National Volunteer Awards. "It's a great privilege to take part in these awards each year; recognising the many in the community who contribute to making Berowra such a great place to live. If you know someone who's doing a great job, then nominate them for an award" said Mr Ruddock.

Awards are available in ten categories:

1. MP's Volunteer of the Year
2. Junior Volunteer Award (17 and under)
3. Young Volunteer Award
4. Senior Volunteer Award
5. Business Volunteer Award
6. Education Award
7. Emergency Management Volunteer Award
8. Environment Award
9. Innovation in Volunteering Award (organisation or individual)
10. Long-term Commitment to Community Service Award

Nominations close on 8 November 2012. Nomination forms are available from www.notforprofit.gov.au/volunteering, or call my office on 9980 1822.

There are several important issues I wish to make mention of this month.

CARERS WEEK 14th – 20th October – Some two million Australians provide care for a loved one, many devoting themselves 24/7 to their duties. Most come to the role unexpectedly, needing to deal with the consequences of illness or accident. The theme of Carers Week 2012 is 'Be Care Aware' – if you know someone who is providing care for a family member or friend, offer some words of acknowledgement and appreciation for their contribution. Remind them not to overlook their own well-being, but rather to make use of the support services available to them.

2012 Members Of Parliament National Volunteer Awards – I am currently accepting nominations for these awards which acknowledge the positive difference which volunteers make to their community. Entry forms are available from my Electorate Office at Pennant Hills on 9980 1822 or by visiting, www.notforprofit.gov.au/news/2012-members-parliament-national-volunteer-awards.



Philip Ruddock MP

Federal Member for Berowra

As your Federal representative, I would be pleased to –

- Assist with personal representations to Federal Government Ministers, Departments and Agencies regarding such subjects as Centrelink or Child Support Agency issues, Foreign Affairs, Defence, Immigration and Taxation; Passports, Employment & Training, Medicare, Health, Higher Education, Communications or any other area of Federal responsibility.
- Arrange Congratulatory Messages for 50th and 60th wedding anniversaries, plus 90th and 100th birthday celebrations.
- Actively participate with local organisations, schools and community events; as well as meet with constituents on local Federal issues and concerns. Please do not hesitate to contact me at my Electorate Office.

Level 7, 423 Pennant Hills Rd, Pennant Hills NSW 2120
Telephone 02 9980 1822 Facsimile 02 9980 1833
www.ruddockmp.com.au

This material has been produced by Philip Ruddock MP using his printing and communications entitlement.



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2nd Prize David Pearce

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The Buzz Word is Talent

Australia is blessed with abundance of talent, so much so that you can find it in every walk of life.

It's with this abundance we have decided open a monthly Festival Market at Glenorie Village Shopping Centre featuring the talents of local groups and individuals.

To amplify last month's market and as a curtain raiser we offered up the walls of the centre to 3 young local art students and their teacher Sharon Glover of Watershadow Studio.



Our objective to showcase their skills in creating murals using only coloured chalk. The outcome a gallery of amazing creative art works from the tree of Life to Bart Simpson.

Already people are talking of this innovative idea. But that's not all last month also featured an on site saw mill, with timber slabs being formed, the wonder of glass with Jenny McIvor and her Glass Works creations featuring amazing functional items all made using recycled glass. Also live and active was Asha and his airbrushed caricatures on T shirts turning blank canvases into a masterpiece in just 10 minutes one you would be proud to wear. Locally designed gift ideas from Collectables World, great designs with Christmas in mind. For food lovers were also catered for with a selection of healthier for you foods, organic, gluten free, fresh fruit and vegies, Sough Dough Bread, Freshly Baked Pies, freshly roasted (on the premises) coffee by the cup or the Kg.

With more than 25 stalls there was plenty to see touch and taste. And we have not forgotten our local public schools, each month we will support a local PS by offering a free site to help them raise much needed funds. This month the Baton was been passed from Glenorie Public School to Middle Dural P. School.

Our invitation remains come one, come all to the Festival Market at Glenorie Village and check out our local, creative talent at its very best. Next date November 25th. For more information please contact Sheldon Ross Market Manager 0414707570 email: sheldon7777@bigpond.com

The Hills District View Club 13th & 27th NOVEMBER 2012

The Hills District VIEW Club's next social function will be held on **Tuesday 13th NOVEMBER**, when the ladies will hold a Market Day and sausage sizzle. On sale will be some excellent hand made products including cakes, slices, pickles, jams, and lots of Christmas items. So come along with your friends and have a great day.

Please contact Robin on 9680-2690 for bookings and more details - bookings are essential.

On **Tuesday 27th NOVEMBER** The Hills District VIEW Club will hold its annual Christmas Function at the Dural Country Club. We will be entertained by Bryan Lawrence who will provide music to sing along with and dance our little tootsies off.

This will be the last get together for 2012

Please contact Robin on 9680-2690 for bookings and more details - bookings are essential.

Galston CWA News

We spent a most enjoyable day at Bendigo Bank's Family Fun Day on 7th October and also at the Hornsby Shire Council Spring Fair at Fagan Park on 16th September. It was good to talk with many locals.



In August we held our International Day, and prize-winning posters on East Timor from Arcadia and Galston Public Schools were sent with others from CWA branches to be judged by the Nepean Group of CWA. We congratulate the students from both Arcadia and Galston who won prizes from Nepean Group.

Our committee for 2013 was elected at our Annual General Meeting in October. Val Garner is President, Robyn Kidd is Treasurer and Janet Shearer is Secretary, so we all look forward to another successful year.

Our raffle, for the beautiful patchwork quilt kindly finished and quilted by Arcadian Quilters, will be drawn at our meeting on 12th December.

We are always happy to receive wool and fabrics for charity sewing and knitting.

Our next meeting will be held on Wednesday 14th November at 10am. We meet at the Galston Community and Health Centre, cnr The Glade and 17 Arcadia Rd, Galston. Visitors are very welcome to attend.

The Country Women's Association is the largest women's organization in Australia, and works for the welfare of women, children and communities, especially in country areas.

More details from Janet - 9653 2402 or Val - 9653 1774

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Cancer the Dragon and You

Pharmaceuticals required for cancer are more often man made and the result of research and development by the Pharmaceutical industry. The historical origin of modern pharmaceuticals however are natural compounds found in plants and foods. Foods apart from providing nutrition can have many pharmaceutical health benefits. The Pharmaceutical industry however cannot patent natural compounds and will not spend money to develop and promote them for cancer treatment. The scientific literature provides a rich source of information on naturally occurring cancer fighting foods which should not be ignored.



As an example literature published this year confirms that Ginger selectively kills breast cancer cells by a number of different mechanisms. Just how much Ginger does one need is unclear but initial indications are 20 grams per day of fresh Ginger or 5 grams per day of Ginger Powder. There are a multitude of Ginger based food ideas ranging from Ginger Beer, Ginger Biscuits to Ginger Main Meals if one does not like to take Ginger in Capsule form.

Which are the best foods or food extracts suitable for a particular cancer and how much is required? This can only be answered by searching the literature to provide a more personalised recommendation.

A general guide to those foods and food based supplements which may fight cancers is now available through the Cancer Support Group and can be emailed upon request.

Hills Cancer Support Group
834 Old Northern Road Middle Dural
Contact Details: Phone 9652-1977
Email : johnahackett@yahoo.com.au

Glenorie Rural Fire Brigade News

It is ten years since the December fires of 2002 that devastated the Glenorie and surrounding districts. The Glenorie Brigade will be commemorating the event during November and December. There will be a special assembly presentation and colouring competition for the Glenorie Public school and a photo and memorabilia display at the Glenorie Growers Market Sunday, 25th November for all the community.

If you have photos or an untold story please copy or jot it down and email to glenorie_fire@yahoo.com.au, post to PO Box 272 Glenorie or hand it to a member.

In the meantime we need to be aware that the wet summers have regenerated the bush and it's time to take the precautions of preparing your property well for the coming summer. Have you completed your Bush Fire Survival plan? 75% of bush fire prone families know they should have one but less than 25% have completed theirs. If you need assistance please contact the brigade or for more information and current updates check out the RFS website www.rfs.nsw.gov.au.

Just a reminder it is now fire season - so before you burn you need a Hazard Reduction Certificate (Hills) or Pile Burn Permit (Hornsby) please contact: The Hills RFS District Office 9654 1244 or Hornsby Ku-ring-gai Council's Environment division 9847 6853 - Then contact your local brigade for a permit: Glenorie 9652 2017.



143rd Highland Gathering Sunday 4th November 2012.

We are seeking your much valued help & support to promote our 143rd Scottish Highland Gathering. The Scottish Highland Gathering is to be held at Castle Hill Show Ground Carrington Road, Castle Hill. Commencing at 9.00 am and concluding after the massed Pipe Bands display at 5.00pm.

The Annual Highland Gathering is one of Australian multicultural events held in New South Wales. This is a great family day with a host of diversified activities and attractions including:

- NSW Pipe Band Championships. Including a Massed Pipe band display of 300 pipers and drummers in full Scottish dress
- NSW Highland Dancing championships
- Scottish Country dance display on the oval.
- Trans-Tasman Heavy Event Challenge with tossing the caber and hammer throwing.
- Childrens activities including mini golf, kilted dash,
- Displays of Fly Ball dogs, Vintage cars, and model train displays make the day one of great family entertainment.
- Scottish stalls sell their wares, Clan tents where you can look up your heritage, food and drink stalls.

This day is not to be missed.

Entry family based. Adult \$15.00 Concession \$10 Student & Children 5 to 16 years \$5.00.

Parking is FREE.

Please contact George Milton Ph. 9524 4943 or email hughes_32@optusnet.com.au

Web page Discovery Sydney Hills Combined Scottish Highland Gathering

Park Smarter

Thieves are at work! If they're not after your vehicle, then you can bet they're after any valuables you've left inside. In this local area, thieves are stealing laptops, cash from consoles, mobile phones, sunglasses, CDs, wallets and handbags left in vehicles.

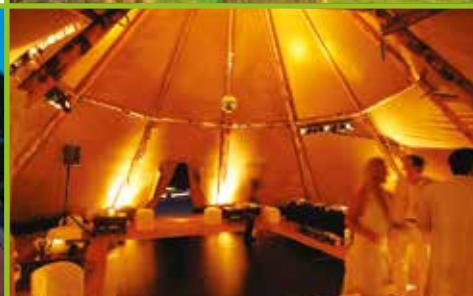
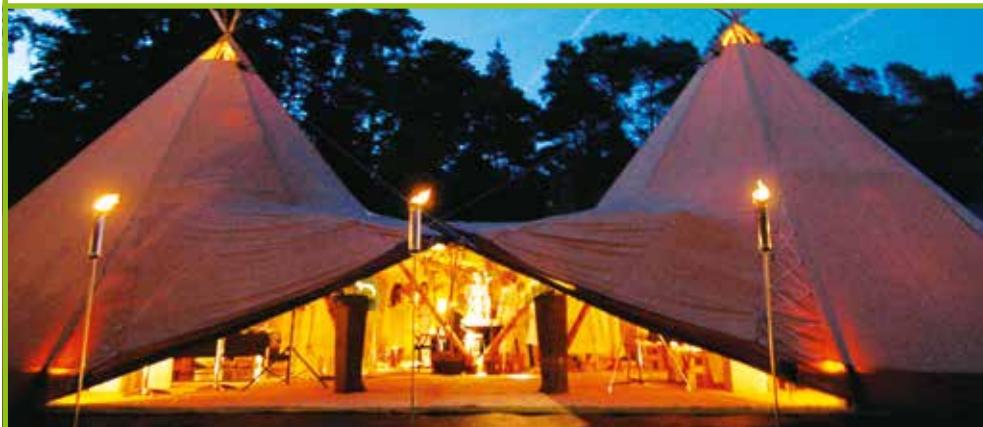
You can reduce the likelihood of becoming a victim of theft by parking smarter. You should always:

- Remove the ignition keys and lock your doors and windows
- Take everything of value from your vehicle each time you leave it
- Avoid parking in dimly lit or isolated areas
- Remove any documents in your vehicle which identify where you live – your home might be the thieves' next target
- Don't hide any spare keys inside or under your vehicle – thieves know just where to look
- Engrave or mark your vehicle's accessories with your licence number.

Remember, security is important all of the time. Protect your property by following these tips and contact your local police or Crime Stoppers on 1300 333 000. (TTY 9211 3776 for speech and hearing impaired)



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Weekly

Monday

\$10 Schnitzel
Chicken, Veal Or Pork

Cue World pool comp

Tuesday

\$10 Fish N Chips Or T-Bone Steak

Poker Night

\$300 First prize guaranteed

Wednesday

\$15 ½ Lobster Mornay
Members Badge Draw

Thursday

Club Pool Comp

Friday

Afternoon Tradies Raffle

MONSTER Raffles

Over \$1500 in prizes to be won!

Saturday

Members Badge Draw
Raffles

Sunday

Roast

Lunch 7 days

10 meals at \$10 each

Wednesday & Saturday

Night Badge Draw!

Jackpot between
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Drawn 7-9pm

LTPS/12/00236



Friday & Saturday Night Raffles!

FRIDAY NIGHT

MONSTER Raffles

\$1500 in prizes to be won

Tuesday Night Poker



\$300

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EVE



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Galston Netball Club

Galston Netball Club continues to benefit from its long term association with the Galston branch of Bendigo Bank. Due to the bank's very generous sponsorship this year, and contributions from the Netball Club, we were able to offer our current 2012 players who registered for 2013 (by 21st October) the new A Line Uniform dress at no cost. (The only cost incurred will be \$15 for the boyleg shorts). This is a very substantial saving to our players, for which we are extremely grateful to Bendigo Bank for their continued support of the Netball Club and the local community.

If you are interested in playing in 2013, please email galstonnetballclub@gmail.com. Registration is taking place now. You can download registration forms at our website, <http://www.isport.australis.net.au/netball/hills>, then choose Galston Netball Club. Or you can call our Registrar, Kirsty Stewart on 9651 1996 or email burrapie@optusnet.com.au

Stuck in your Family Tree? We Can Help

Have you gone out on a limb of your family tree and become stuck?

It can easily happen, when promising leads fizzle out and you find yourself unsure where to turn next in your search for clues about your family's history.

To help you out, Hornsby Library will be hosting a talk by Heather Garnsey, executive officer for the Society of Genealogists.

Heather will be discussing the Society's collection of material and how best to use it.

The talk will take place at **Hornsby Library on Friday 9 November, 2pm.**

Cost is \$5 and bookings can be made by calling 9847 6614.

For more information contact Nick Cook on 9847 6662.

Introductory session on eco gardening

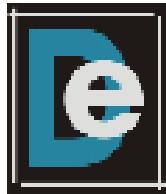
If you want to make your garden more environmentally friendly, come along to this introductory session on different Eco Gardening ideas. The topics covered include no dig gardening, campanion planting, permaculture, native plants, crop rotation and more. Set in our lovely Eco Garden, you'll see first hand how easy and fun Eco Gardening can be.

Saturday 13 October

10.00am - 12.30pm

Eco Garden Gazebo, Fagan Park, Arcadia Road, Galston

For more information contact Amanda on 9847 4835 or awatson@hornsby.nsw.gov.au



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Glenorie Progress Association Report, 11th October 2012

The re-elected and new Councillors for the North Ward of The Hills Shire Council were invited to the October meeting of the Glenorie Progress Association. This gave Residents and Councillors an opportunity to meet and discuss local issues.

The evening was well attended and interesting and varied topics were discussed.

The meeting welcomed Councillors Robyn Preston and Peter Gamgini with Councillor Mark Taylor tending his apologies.

Public transport was a key issue for discussion, with lack of parking at Round Corner for the city bus and the change in bus routes, leaving no direct bus to Hornsby Station, being of concern. Clr. Preston informed the meeting that the new rail link to the North West Sector and infrastructure is going to be the main business of council this term.

It was acknowledged that school traffic is a major source of congestion on local roads. Clr. Preston suggested that if children were bussed from schools to designated pick-up areas traffic pressure in certain key spots would be reduced.

Other issues that were raised concerned Section 94 developer contributions, the future of the community centre at Ellerman Park, Round Cnr., the indiscriminate use of weed killer in public areas, and traffic flow at Round Cnr. and the difficulties in crossing Old Northern Rd at McDonalds.

A general dislike of the new system of having to phone council to order a curb side clean up instead of the old system where a clean up happened at set times twice a year was expressed. The scavenging that took place on 'clean up' days was seen as recycling and under the new system this is not as possible. The new system is cheaper for Council and not as messy.

Traffic calming measures for Glenorie were discussed with the introduction of a 50k speed limit through the village being suggested. Pedestrian difficulties on Post Office Rd between the Glenorie Village Centre and Woolworths were talked about but fewer than 30 people per hour cross the road at this spot so traffic lights are not a possibility.

The damage caused by graffiti and vandalism was talked about with recent occurrences being described in detail. Clr. Preston explained about 'Vandal Track', a system of photographing tags, compiling a data base and using this to identify the culprits. With this system 80 to 90 percent of the perpetrators are being found.

The Glenorie Progress Association wishes to thank all those who attended and participated in this community get together.

The Association will be hosting a 'meet the Hornsby Shire Councillors' evening at the Glenorie Memorial Hall at 7pm on Thursday 15th November.

All community members are invited to attend.

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Horse Owners Help Raise the Bar at the Saddleworld Australian Dressage Championships

Many years ago, most of the elite dressage horses competing in Australia were owned by the rider. Things are different now. These days, there are significant a number of riders campaigning horses which they don't own.

I contacted two such owners for an interview, Julie Farrell and Carol Oatley, and was overwhelmed by their response. Both of these ladies are extremely focused and hope their input will improve dressage in Australia.

At the Saddleworld Australian Dressage Championships, both have horses competing. Julie has Daniella Dierks riding Luxor 118 in Inter II and Grand Prix classes, and the newly imported mare, Furstin Friendship, competing in the 5yo class. Carol has Judy Dierks on Feramo K competing at Inter II.

There is one driving force which is similar to both owners and that is that both have daughters that compete in the sport. Carol's daughter, Lyndal Oatley, just competed at the London 2012 Olympic Games - what an achievement! Julie's 17 year old daughter Kate has been competing in many different disciplines for many years and has helped develop the incredibly successful family business, Mulawa Arabian Stud.

Both these ladies are catalysts for making dressage in Australia improve at the rate of knots. Carol managed to put it very succinctly. "Dressage is, of course, relatively new to us as a nation, but in typical Aussie fashion we have jumped in at the deep end and are progressing rapidly. It's competitions like the Australian Dressage Championships that present a world-class opportunity for competitors and spectators alike. It's the culmination of many dreams and the inspiration for many more!"

All information on the Saddleworld Australian Dressage Championships can be found at www.dressagewsw.com.au/nationals

Ruddock Garden Party A Huge Success.

A unique and magnificent venue, brilliant weather and an immense crowd combined to ensure that last Saturday's Garden Party to celebrate the 39th anniversary of Philip Ruddock's election to the Federal Parliament was an outstanding success.

Some 600 guests gathered in the magnificent gardens of 'Dunrath' the historic West Pennant Hills property once owned by Francis de Groot.

NSW Premier Barry O'Farrell MP spoke warmly of the contribution Philip Ruddock has made to Australian political life.

Representatives from many ethnic groups and associations mingled with identities such as John Alexander MP, Alex Hawke MP, former MP Alan Cadman, current NSW Attorney General Greg Smith MP, former NSW AG Hon John Dowd, well-known entertainer Kamahl, business people and many friends and associates of the Ruddock family.



Relishing the scope of his audience, Mr Ruddock spoke of his journey from gaining endorsement as the candidate for Parramatta in 1973, to now being the Father of the House, the longest serving Member in the current Parliament.

He thanked those who have made the journey with him, particularly his wife Heather and daughters Kirsty and Caitlin who were in attendance with their husbands and children.



Carol Oatley



Julie Farrell with
Karmaa (imp USA)
a purebred Arabian
Grand dam of many
Australian Champions.
photo credit Stuart Vesty



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Sydney Hills Residents Enjoy High Employment



The Sydney Hills has a labour force of almost 102,000 - according to a report by the Department of Education, Employment and Workplace Relations released in June 2012.

Of these, 4,749 people - or just 4.7 per cent - are currently looking for work. These figures are lower than both the national and state averages, with Sydney's unemployment rate at 5.1 per cent and Australia's at 5.2 per cent.

Mayor of The Hills Shire, Dr Michelle Byrne, said this pleasing result was great news for locals and also showed that the Sydney Hills is a great place to locate a business. "Clearly, we have many skilled and employable residents. I would like to encourage business owners from other parts of Sydney to consider expanding or locating their company to The Sydney Hills, taking advantage of our ready-made workforce," she said. "Reducing employees' commute times leads to increases in staff retention - so companies locating here could enjoy increased loyalty and productivity from people looking for jobs closer to home. We have many examples of successful companies who have opened offices in places like Norwest Business Park that have not only retained key employees, they have grown their staff considerably."

Mayor Byrne said that even though the unemployment rate is low, many residents still needed to travel out of the Shire for work. "Around 60 per cent of residents commute to work, with many spending up to two hours or more per day travelling. The arrival of the North West Rail will have a positive effect on the creation of more local jobs, and also make it easier for those commuting to work," Mayor Byrne said.

"Additionally, Council's new Local Environment Plan (LEP) provides for employment zones that support local job opportunities now and well into the future," she said.

Hills Chiropractic Clinic

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Round Corner, 2158

Budgerigar Society of N S W. Inc. Hills Branch – Ray Galbraith.

Discussion with Hills resident Mr Phil King of Arcadia revealed yet again another situation of companionship being provided within a family environment by a Budgerigar. Approximately ten years ago, Phil acquired a young budgerigar from Hills Branch member the late John Renn, on the basis that it must possess the Australian colours of Green and Gold and be a male. Phil was provided with a Clearwing variety bird which had a green body with yellow wings and was named Budgie Boy. Phil advises that the bird is still going strong and reacts to and enjoys the company of the family when they are at home. Hills Branch members are often approached to provide a budgerigar to fulfil this companionship role as distinct from the breeding and exhibiting aspects of the hobby.



Forthcoming shows where the general public can view the exhibition budgerigar will be held at Kariang via Gosford and Canberra on the 4th November, Penrith on the 11th November and a Lawn Show at ST Ives Showground on the 18th November 2012. Details and directions to the shows can be obtained from the Budgerigar Web Site www.budgerigar.com.au then the "Whats On," Information page.

Hills Branch member James Matthews in the past month has been appointed Show Manager for the Society, taking over from another Hills Branch member Kathy Manton, who has done great work during her term in the position. Whilst providing leadership to all branch Show Managers at the various branches across the state, James will be arranging for the NSW State Show, Royal Easter Show and the State Team Challenge Show, where budgerigars similar to the one pictured within this article will compete to represent N S W at the National Titles to be held at Toowoomba in Queensland in May 2013.

Looking for an interesting topic to Google? then give www.hillsbranch.com.au a try or alternatively contact Peter by telephoning 9888 5631 or Peter_Dodd@primus.com.au.

Dural Galston Probus Club

Dural Galston Probus Club will hold it's next Meeting at 10am on Thursday 8th November at The Galston Club in Arcadia Road. The meeting will be held one week early due to our holiday at Oberon. Our speaker will be Liz Cater, "Ready Plan in case of Emergencies in the Home". Visitors and new members are always welcome. Contact Anne 9653 1004.



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New Requirements for NSW Landholders

From 1 September 2012, anyone who keeps livestock in NSW will be required to obtain a Property Identification Code (PIC) for the land on which the livestock are kept.

In NSW it is already a requirement for owners of cattle, sheep, goats and pigs to have a PIC under the National Livestock Identification System (NLIS) when trading or moving these livestock. The requirements have expanded to also include deer, bison, buffalo, alpacas, llama, horses, 100 or more poultry or 10 or more emus or ostriches. PIC information improves traceability back to specific properties allowing a quick and effective response to animal disease outbreaks, such as equine influenza, or a food safety incident.



In the event of an outbreak or incident, NSW Department of Primary Industries and Livestock Health and Pest Authorities can use PIC information to identify the location of properties and their associated livestock.

The new measure is a critical component of NSW biosecurity strategy and enhances Australia's reputation in international markets. PIC are assigned to individual properties and allocated by LHFAs, who maintain the register of more than 90,000 PICs and keep information related to PICs current.

For more information or to register for a PIC please visit www.lhpa.org.au, www.dpi.nsw.gov.au or contact your local LHPA or NSW DPI office.

The Hills Shire Council - Mayoral Election 2012

The results of The Hills Shire Council's Mayoral election on Tuesday, 25 September 2012 is as follows:



MAYOR
CLR DR MICHELLE BYRNE



DEPUTY MAYOR
CLR ANDREW JEFFERIES

Mayor of The Hills Shire, Dr Michelle Byrne, thanked her fellow Councillors for their support and praised former Mayor, Clr Larry Bolitho, for his 29-year contribution to Local Government.

Mayor Byrne said her 'door is always open' for the community.

"I look forward to working hard to ensure that The Hills Shire Council remains one of the best councils in NSW, and the Hills Shire continues to be the best place to live," Mayor Byrne said. Her full speech is attached.

For information about this media release, contact The Hills Shire Council's Manager – Communications and Marketing, Desley Stewart on 9843 0492.



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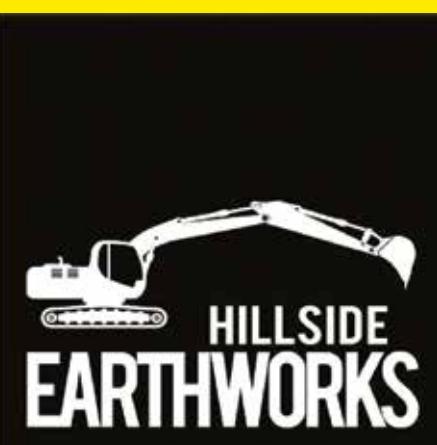


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Glenorie Pony Club – Achieving Success



What a busy last couple of months its been for Glenorie Pony Club. A club renowned for its commitment and focus on helping their riders achieve their riding goals through fun, laughter and "have a go attitude". And wow has it paid off!!

In the last couple of months we had a team compete at the State Mounted Games, Courtney Bowd represented the club along with her dad Stan Bowd (PoloCrosse extraordinaire)at Vines Polocrosse day and Emily Conn won Champion At Zone 26 One Day event and Reserve Champion at Hills showjumping. The club is represented in so many areas of the country with Tom and Eloise Clare competing in the Australian Stock Horse Society National Youth Show in Scone. Against stiff competition from the country kids Tom was the overall winner of the 8 and under 11 stock horse challenge! The challenge comprises a hack workout, working class, time trial and campdraft, with all points over the 4 events being added together. To top things off he also won the 8 and under 11 Campdraft. Keeping it country, Jillian, Molly and Grace O'Connell attended the Coonabarabran pony camp and represented Glenorie Pony Club in the Street Parade.

One of our biggest achievements recently was Gemma Tinney winning NSW State Pre-Novice champion at the State One Day Event in Goulburn. She attended the event with her dad Olympic Champion Stuart Tinney who also won the State Championship! Looks like it runs in the family!

"The greatest strength about our club is the diversity in disciplines we are able to offer our kids. We have parents and instructors who are themselves at the top of their game in polocrosse, dressage and eventing. We have also been able to bring the country to Glenorie introducing our kids to stockhorse events and the sport of Campdrafting through parents who are themselves top campdrafters!" says Helen Graham the Clubs President and next year it will be even bigger with some great clinics planned for the kids. The commitment from our parents and instructors to ensuring our club's success is fantastic! Not to mention our brand new Cross Country course that is currently under construction!" Bring on 2013!

Galston VIEW Club

Galston VIEW Club, will be holding its November meeting at Dural Country Club at 11 am on Wednesday 28th November, 2012, with entertainment to be provided by Lisa Budin "Remembering the Carpenters". Visitors are welcome. Inquiries Vivien 9894-1189 or Jenny 9652-1110



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Tinney Eventing comes to Arcadia Pony Club



The Arcadia Pony Club members have been lucky enough to be coached by the best of the best coaches recently - Julia Hargreaves - London 2012 Olympic Showjumper, Karen Tinney of Tinney Eventing and Team Twomey, Dressage and Jumping Elite coaches.

Karen Tinney of Tinney eventing generously gave her time to coach the up and coming riders of Arcadia Pony Club in Jumping recently. "We had a huge turnout of members", said Leanne Davies, Senior Instructor, "everyone was very keen to learn from Karen who is behind the success of her husband Olympic Gold Medalist, Stuart Tinney".

Karen was able to work with every member at every level, right from our beginners on the lead rein right up to our members who represent Arcadia at Pony Club State Championships.

"Her talk to the children at lunchtime about her career in riding and coaching was inspirational", said Tony Fox, President of Arcadia Pony Club. "She was able to talk to the children in their language about the fears and challenges she had as a child learning to ride and what she did to overcome these and move up to the ranks of a professional rider and coach. She really made an impression on the children and the parents", said Tony.

To find out more about Arcadia Pony Club and upcoming events please visit <http://www.arcadiaponyclub.org.au>

KU Galston Preschool

We have had a busy month here at KU Galston Preschool. After celebrating our 30th Birthday we went straight in to designing and making our "Beautiful Butterflies" creation for the Galston Scarecrow Festival. We were lucky enough to receive the runners up prize for the school section and the people choice award for our entry. Well done to all our clever little artists on their creation.



As the weather is getting warmer we are seeing our vegetable garden and seedlings flourish. We have enjoyed crunchy carrots and spinach roll ups. We have planted tomatoes, capsicums and strawberries and are looking forward to when these are ready to harvest. It has been great to be able to add water to the sandpit for castles and cooking cakes, and play in the water in our dry creek bed.

With our disco coming up we have been practicing our dance moves in anticipation. Dancing to "One Direction" and with the scarves and instruments, we cannot wait!

We are currently enrolling for 2013 and have limited vacancies, KU Galston Preschool provides quality education and care to local children aged 2 to 5 years and is part of KU Children's Services, Australia's leading community based, not-for-profit provider of early childhood education and care. For further information please contact our director Rebecca on 9653-2252 or email ku.galston@ku.com.au.

St Madeleines News

Lunchtime Fun Club

Maddies Fun Club has been in operation since the end of last year. It is a safe and welcoming environment for children during lunchtime. We all have those times when we need a rest from the hustle and bustle of the world around us and Maddies Fun Club provides that little break. The children have the opportunity to meet new friends and get involved in many different activities. It has proven to be a great success, just look at the happy faces in the photo! Keep on having fun!!



New Banner

Next time you drive past St Madeleine's have a look at our new banner. It is advertising this wonderful school and promoting our motto of *Love Learning*. Both William and Oliver look fabulous and were very proud to be the face of St Madeleine's. Well done!



Oliver (Left) and William (right)

Bugs Galore

Year 3 enjoyed a creepy crawly incursion while they were learning about minibeasts commonly known to most as bugs. They had the chance to look closely at many insects and spiders as well as touch some them. We see in the photos a few Year 3 children who were transformed into flies or maybe they morphed into butterflies!

Wetlands

Year 2 enjoyed their field trip to Bicentennial Park at Sydney Olympic Park where they explored wetland and dry forest environments. They learnt about the growth and features of living things, food chains and life cycles of many animals and insects. They used field equipment to actively investigate different environments. They searched out the creatures that live under the mud and camouflaged among the eucalypt forest. They also learnt about the positive and negative effects of human interaction with these environments. They had a very informative and interesting day.

25th Anniversary

Stay tuned to our St Madeleine's update to learn more about how we are celebrating our 25th anniversary. Congratulations St Mads!

Galston Public School

by Carole Weiss

What a busy and exciting Term 4, Galston Public School students are presently experiencing. Their efforts, along with parent support and participation ensures a happy and harmonious community for everyone.

Students in Years 3 and 4 have just had an exhilarating and adventurous two day camp at the Crusaders Summit Educational Camp. These students enjoyed problem-solving activities, climbed to the highest levels of the Rock Climbing Wall and worked cooperatively in teams to build survivor-rafts that did indeed float. What an amazing experience these students had.

Congratulations to the senior school choir who performed superbly at the Sydney Opera House as part of the combined choir in The Arts North Primary Choral Concert. They were wonderful choristers and excellent ambassadors for their school.

One of the many forthcoming events which students will be participating in this term is the Life Education program. Lessons are aimed at preventing drug misuse by encouraging children to learn about the wonders of the human body, how it functions and the importance of a healthy lifestyle. Emphasis is placed on building confidence in their individuality, thus providing a foundation to resist peer pressure.

Kindergarten Orientation will be held on the 15th November, 2012. If you are thinking of enrolling your child please come along and you will find out about the wonderful programs which have been planned for Kindergarten children in 2013. You will also be able to meet other parents and enjoy a chat over coffee and cake. If you would like to know more about our vibrant school, please contact the school office (9653 2062) and any questions you have, will be happily answered.



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Galston High School News

Farewell Year 12

Galston High School formally farewelled Year 12 at the end of last term. We celebrated their achievements at the formal Presentation Evening along with family and friends, the Final Assembly for the student body and then at their Formal.

Year 12 students this year have epitomised our school by 'achieving excellence and inspiring success'. We have been witness to an outstanding set of practical work from students undertaking HSC Industrial Technology, Music, Drama, Visual Arts, Extension English, Society and Culture and Textiles and Design.

Our students are leaders and this was more than obvious this year as, for the first time, Year 12 led the new vertical roll and house structure system.

Our captains Meg and Scott, Vice Captains Chelsea and Tom, and Senior Prefect Josie, along with SRC Presidents Joel and



Byron, have all been superb ambassadors of Galston High both within the school and in the wider community. To each of these students, thank you for your leadership.

The teachers of Year 12 have again done an exceptional job in providing quality teaching and learning programs to our students in preparation for the Higher School Certificate

exams.

Ms Wong

has done an outstanding job as the Year 12 Student Adviser with the personal support she has provided to the students and their families.

Congratulations to Year 12 for reaching this important milestone. The Galston High School Community wishes you all the very best in your future lives.

Galston Community of Schools Band Workshop

In the last week of term students from across the eight schools of the Galston Community of Schools participated in a Band Workshop at Galston High School. In total, 88 students were involved - 72 students from our partner primary schools and 16 Galston High School students. The day started with a combined band warm up and rehearsal, recess, tutorials and student led workshops, lunch, and then another combined rehearsal and concert preparation. Galston High School students acted as tutors, coaching groups of students in learning three pieces of music. At 2pm parents, friends and community members gathered for the concluding concert event. The students were sensational and so was their beautiful music. Congratulations to Galston High School music teachers, Janet Fuller and Katrina Andrus, for their outstanding

achievement in working with such a large group of students. The final concert was very impressive and parents were overjoyed with the opportunity for their child to be part of such a unique experience.



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This beautiful garden is a perfect backdrop for listening to music provided by The Golden Kangaroos Hornsby Concert Band ensemble, Normanhurst Boys High School string ensemble and Hornsby BUGS (Hornsby Berowra Ukulele Group).

The inclinator will be in operation for visitors unable to negotiate the stairs. Tea/coffee and biscuits will be provided by Friends of Lisgar Gardens, donations welcome. Other food will not be available for purchase. Parking is limited in Lisgar Road, please try surrounding streets. In the event of rain the event will be cancelled.

The event is organised by Friends of Lisgar Gardens and supported by Hornsby Shire Council.

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Arcadia Public School - Be Outstanding, Be Inspired

The Arcadia Public School vegetable garden is flourishing this Spring. The children are reaping the rewards of their hard work - a great way to learn responsibility.

Arcadia Public School is an active participant in Hornsby Council's Ready, Set, Grow program which is aimed at encouraging and supporting the creation of sustainable school fruit and vegetable gardens. Perfectly complemented by the daily event

at school...."Munch & Crunch"; where each student enjoys a vegetable or fruit during a designated time in class. Nothing goes to waste as the food scraps are used for compost and tasty snacks for the resident chickens.

The students have been involved in the creation of the garden from the beginning; choosing the garden site, planning what to plant, learning how to grow plants from seeds, taking responsibility for watering the garden and even selling the produce. The school canteen includes the fresh vegetables from their own garden in the menu.

The school garden is a great way for the school to promote environmental and sustainability and to connect the students with healthy food and lifestyles. In fact, their garden is a classroom!

The Galston Community Bank Branch of Bendigo Bank birthday celebration was a wonderful occasion where the Arcadia Public School choir performed. Congratulations to Harrison in Year 6, first place winner in the Bendigo Bank Community project and also to Cassandra in Year 2 and Maddie in Kindergarten for achieving second place in the colouring in competitions.

The teaching team are no different and take the responsibility of guiding and nurturing the children very seriously. "The secret is to understand the needs of the child and the ability to develop them into happy, confident and successful learners soon follows" says Principal Mrs Sharon O'Brien. "Each child is unique and has different needs". The safe, inclusive and nurturing environment of Arcadia Public School allows students to thrive. "Be outstanding – Be Inspired".



Galston Uniting Church

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Phone 9653 2039
www.galstonunitingchurch.com
Sunday Family Service 10 am



How do you get to know one another?

Go away for a weekend. That is just what we did. On that recent cold and wet Friday we all travelled to Winmalee Christian Conference Centre, and were not disappointed. The weekend weather was just right (phew!). Saturday morning we woke to bird song, a shining sun and delicious breakfast. The weekend was a time to spend with each other and relax. Many tried out the flying fox, without disappointment, but with occasional screams! Bush walking was high on the agenda for some, the waratahs were in bloom and the birds were still on song. The heated pool was a big hit with little and big kids alike - particularly the wrestling pole. Part of Sunday morning was spent sitting in the bush appreciating the sights, sounds and wonder of the world we live in.

Community events are great for building relationships with those around us. The recent Bendigo Bank Family Fun Day at Galston High School, was one of those days. We were very pleased to be part of the event. It was brilliant to be able to see so many people and groups from all around our region sharing their interests and activity with everyone. In particular, the musical performances from kids from so many different schools was an absolute highlight. A top day – thanks Bendigo Bank for including us in your celebrations!

Christmas Kids Club commences on Friday 30th November for children going to school next year and in infants or primary school now. This is a fun few weeks hearing about the Christmas Story through, craft, food, songs and stories. For more information please call the church office 9653 2039.



The final session for our Christmas kids club will be on December 14 and will lead us into a community Christmas Carols evening... but there will be more about that next month – see you then ☺

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Glenorie Public School

Our Year 5 and 6 students headed off to Tea Gardens for some gold panning, camping, ghost stories and great memories. What a great experience for our students, learning about the history of NSW and trading in pounds and pence as rewards in their classroom all term.



Thank you! Thank you!
Thank you! Last month's Country Fair was a huge success

for our entire community. If you were present you would agree that the atmosphere was fantastic. We had thousands of people in attendance throughout the day. Not only was the day a huge success in terms of FUN it also made our school a great deal of money - \$20000...WHAT A WONDERFUL ACHIEVEMENT!!! We would like to take this opportunity to thank **everyone** (students, staff, parents and community volunteers) for making the day a HUGE success.

Days like this do not happen by chance. A sincere thanks to the many parents and community members (and their families for tolerance, patience and understanding!) who volunteered their time and effort to coordinate the event. The committee met on a regular basis throughout the year. Under the leadership of Mr Riaan van der Merwe, the team carefully planned an outstanding day for the entire Glenorie community.

Glenorie Public School is so proud as well as enthusiastic about our involvement in the Hornsby Shire Council's 'Ready, Set, Grow Program'. We have won many prizes for reaching all the required milestones in the program and are very honoured to be hosting the conference this year in our very spectacular farm. Our students love growing produce for the canteen and flowers for the teacher's desks.

As a whole school community we can feel proud that the 2012 Country Fair will contribute to new resources for all children to enjoy. **Congratulations Glenorie Public School... yet ANOTHER fantastic community event with our school as the focal point.**



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Hillside Public School News

Walking to School by Student Reporters Riley & Georgia B

On the last day of Term 4, we had Bike Day at Hillside. We all brought our bikes to school and parked them under the COLA. Everyone was ready for a day of fun. We had to make our own licences, and some people even put their photo on theirs! The first thing we did was to split up into groups, ready for a 'bike check-up' to make sure all the bikes were safe and ready to go. Some of the things we checked included brakes, tyres, pedals and chains.

Before school, Mrs Bothamley had set up a really creative obstacle course on the bottom oval. We had ramps, pedestrian crossings, roundabouts, stop signs and bumps and it was really challenging. Everyone got to have several turns riding their bike around the course. We even had some pretend Police Officers who were watching to make sure everyone wore a helmet and followed the rules.

The final activity of the day was the much-anticipated 'slow race' on the tennis court. Anyone can go fast on their bike, but it takes skill to go slow! The rules were that you couldn't put your feet on the ground, you had to go straight and you had to be the slowest to win. There was a race for every year and the winners earned a prize. You should have seen the concentration on everyone's faces.

We all had bike safety booklets to do when we weren't outside riding. Everyone had a great time, and we learned about looking after our bikes and riding them safely. Thanks Mrs Bothamley, Bike Day was awesome.



Northholm Borneo Expedition 2012

Recently a group of 22 students and 5 teachers from Northholm Grammar School enjoyed the experience of a lifetime when they journeyed to Mantanani Island, off the coast of Borneo.



On the island the group were made to feel very welcome by the local community and happily worked for five days with their homestay families on various projects to help the community become more self-sufficient using funds raised by the students prior to the excursion.

While they worked hard, laying concrete, creating a new shower and toilet blocks and constructing new floors and walls, students and staff also enjoyed opportunities to swim in the turquoise oceans, snorkel amongst coral reefs, drink fresh coconut juice from the nearby trees and play volleyball and soccer with the local children.

The group also saw rare Pygmy elephants, visited the Orangutan rehabilitation sanctuary, and experienced the magic of a tropical jungle at the Lupa Masa overnight camp. The tour ended with an adventurous white-water rafting trip where after having their boat capsized more than any other, teachers were left to wonder if the guide did it on purpose!

This was an expedition of a lifetime for everyone involved and gave staff and students a very real appreciation of what they have at home.

Contact: Susan Wright

Tel: 02 96562019

Email: wrights@northholm.nsw.edu.au

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Middle Dural PS "takes the cake" at community events

by Kate Welshman

If you voted at Middle Dural's polling booth at the council election or attended Bendigo Bank's recent event at Galston HS, you might have noticed the amazing standard of Middle Dural P & C's cake stalls lately. If you didn't, then, by Jove, did you miss out! Though many parents from our school contribute their time and effort to making and selling cakes for fundraising, special mention must be made of parent Jennifer Maait, proprietor of Glenorie's Impressions Cake Designs. Jennifer has made our last two cake stalls look more like professional displays. One 'customer' at the council election was so impressed that he left a \$50 donation! The considerable returns from our cake stalls fund many of the school's extra-curricular activities and programs. We're just lucky that the local community has such fine taste in sweets.



Kindy orientation

It was a pleasure to meet the 2013 kindies last month at our orientation day. Mrs Mills taught the children an exciting introductory class, while the six new families toured the school's magnificent grounds. The photo shows our P & C Secretary/Treasurer Gemma taking two parents around our vegetable plots and orchard, which honestly look like the set of a gardening program. How lucky our children are to attend this beautiful rural school. If you have a 2013 kindy, or are considering changing schools, it's not too late! Our principal Mrs Mills (9651 1761) would still love to speak to you. As she said at the orientation, 'we want to grow – just a little!'.

GHFA Club Champions!

In arguably the most successful season in Kenthurst & District Soccer Club's 45 year history, the Club has won the GHFA Club Championship for the third time by a whopping margin, has won the Premier League First Grade Premiership for the first time in the Club's history, has two (2) teams competing in this year's Champion of Champions, and has also won many other Premierships and Championships, including other special awards.

Pictured is the Club's very successful Premier League squad, which squad is competing in this year's NSW Champion of Champions, together with the Club's U17/1's.

For further information regarding the Club, please contact Club President Cathy Edmonds on either 9654 1251 or 0409 997 813.



Galston Long Day Care Centre

A big thank you to Mr Paul Udy who came to the centre to show us how to make bread. We saw how when wheat is crushed up it makes flour. We used some flour, water, and yeast to make our very own bread in a bread maker.



Mr Udy also showed us how honey is made. Mr Udy explained that it starts with the honey bees from his farm. Then using a special machine, the honey is extracted from the beehives and put into the jars that we eat the honey from. We were able to taste the delicious honey after we watched the honey extracting process – yum!

We have also recently ventured into learning all about Volcanoes. Using the laptop in our room we were able to watch some National Geographic videos of active volcanoes, even seeing some erupt. We were very intrigued as to why the lava turned black when it cooled down.

We also used our science skills to make our own volcano with Jess and Nicole. We made a mould around a water bottle then poured in some vinegar along with bicarbonate soda and red food colouring to make our lava erupt from the top!

We've also been very interested in building cubby houses of all different sizes to either play or hide inside. Some questions we were able to investigate as a group were:

What types of materials could we use? Where can we build the cubby house? How many children can fit inside the cubby house? Why does it keep falling down? Is it a small or large cubby house?

We are currently organising our enrolments for 2013, if you'd like to enrol your child or simply find out more about our friendly, community-run centre please contact us on 9653 1475.

<http://galstonlongdaycare.com.au>

Hills Grammar 30th Anniversary Fair

Fine weather, fresh food and fabulous fun... . What a wonderful community event to celebrate Hills Grammar's 30th birthday. Carnival rides, dunk-a-teacher, a delicious food court and market stalls under the big top all attracted hundreds of visitors to the school on Sunday 14 October.



Community displays by Kenthurst Rural Fire Brigade, Careflight, Police and Trent Driving School all attracted much attention while student led charity stalls created an awareness of causes championed by the school's four houses; World Wildlife Fund, White Ribbon (stop violence against women) Beyond Blue and Care Australia.

The crowds were entertained with a continuous concert by students from 3-18 years old on centre stage as well as the very talented dancers from The Studio, Kenthurst and Glen Murray's U2F Black Belt School.

Principal, Rob Phipps guided two school tours and grandparents enjoyed a complimentary coffee at the Cups and Saucers Café.

The day ended in a hard fought football tournament where dads, old boys and staff battled it out on the oval for soccer supremacy. The Old Boys were eventually victorious with staff running a close second.

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Girls' Brigade, Tuesdays 6.30pm
1409 Old Northern Road, (Cnr Muscios Rd),
Glenorie. Enquiries: 9652 1203

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for our December Edition is 15th November 2012

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For Advertising - Call Karla 0416 939 050
Circulation - 8,500 copies

Glenorie Mission Church

"Jesus wept."

The shortest verse in the bible describes Jesus reaction to the grief of his friends surrounding the death of Lazarus.

God the Son, all powerful, all knowing wept.

Here we see something spontaneous, unplanned. We glimpse something of Jesus overflowing compassion and love. We see in the one event both His divinity and His humanity. Jesus raised Lazarus from the dead, and He wept. He did not merely cure people's suffering, He, personally and intimately, shared in that suffering with them. That is made all the more amazing when we recognize who it was that wept. God in human form, the Messiah, the Christ, the Lamb of God, the Savior, suffered with us, for us, and later at the cross, suffered instead of us.

Mankind has been the source of much pain to our loving Creator. We have failed to respond to His guidance, to His calamity when the flood cleansed the earth, or to His prophets who brought rebuke. Finally there was no other choice left but to send His one and only Son, Jesus. There has been no greater expression of love.

Yet, Jesus was rejected and despised by men. He was mocked and beaten. He had a crown of thorns placed upon His head and He was crucified. His humanity was revealed in His suffering and death. He was in anguish, He felt pain, He bled and He died.

Jesus Christ is our only hope. He suffered so that through Him, you and I can find peace and be reconciled to God.

Want to find out more? Join us at Glenorie Mission Church at 10.15 am Sunday mornings and we'll do our best to point you in the right direction.

The Sydney Hills Branch of the Association of Independent Retirees

The Sydney Hills Branch of the Association of Independent Retirees committee welcomes members and especially new members to our meetings to be held Pennant Hills Bowling Club Yarrara Road, Pennant Hills on Friday 2nd November, 2012. Meeting commences at 10am.

We have a great line up of guest speakers for the year.

If you are recently retired, come along be informed of any impeding changes. By working together we can make a difference for the future.

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News from St Benedict's

Work has begun on the long-awaited disabled access to the St Benedict's Parish Centre and parishioners and visitors are keenly watching its progress. Thanks to John Moujalli and all the others who have helped with the first stage of this project.

Regular monthly Masses are now being held at Mark Donaldson VC House at Rowland Village. Residents of MDVC House who find it difficult to get to church are very appreciative of the efforts of Parish Priest, Father David, and the volunteer parishioners who have established these arrangements. Thanks to Mark Donaldson VC House for its hospitality, too.

A special celebration in honour of Our Lady of Fatima was held on the afternoon of Sunday 14th October at St Benedict's. This event paid homage to the Holy Mother and commemorated her appearances to three children in Fatima, Portugal in 1917.

Everyone is invited to the Carols by Candlelight that will be celebrated in the St Benedict's Parish Centre at 8pm on Saturday 15th December. As part of this celebratory evening, children will be re-enacting the Christmas Story. Hence we are looking for budding shepherds, wise men, angels etc. (picture shows Jade Cali dressed as Mary) to take part and help to emphasise the true meaning of Christmas. Please contact Tina on 96522830 or Ann 96522003 if you would like to be involved or help in any way.

Weekend Mass Times

St. Benedict's Catholic Church Arcadia; Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7 am every morning.
Mass at the Parish Centre, Corner Fagans Rd & Arcadia Rd. 7 pm Saturday, 9 am Sunday



Australian Plants Society-North Shore Group

The Australian Plants Society-North Shore Group will meet at 8 pm on second Friday each month, in the Willow Park Community Hall, 25 Edgeworth David Avenue, Hornsby.

On Friday 9th November there will be two interesting speakers. Visitors welcome. Further information at www.blandfordia.org.au

Speaker: Shauna Chadlowe
Topic: 'Fighting back: restoring Australia's biodiversity'

Background: Feral animals and inappropriate fire regimes are having a devastating impact on Northern Australia's wildlife and ecosystems. Australian Wildlife Conservancy (AWC) is dedicated to saving Australia's threatened wildlife and their habitats. Hear how AWC is using science and innovation to fight back and successfully restore Australia's biodiversity.



Speaker: Tanya Bangel
Topic: 'Micromyrtus minutiflora'

Background: Tanya was a recipient of the Valette Williams Scholarship in Botany for 2011. Her thesis discusses why the distribution of *Micromyrtus minutiflora* is so restricted to a few places on the Cumberland Plain. The project includes detailed mapping of the exact distribution of the species, and chemical analyses of plants and soil from particular sites as a start to an understanding of the overall ecology. Tanya was awarded first class honours for her research.

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November Gardening

November is the month when conditions become reliably warm, so it's an important growth month in the garden.

Vegies to sow in November - Beans

Green beans are summer favourites, but why not try growing something a bit different such as Yates Bountiful Butter or Borlotti beans? Pink and cream speckled Borlotti pods can be eaten fresh when young, but are more often left to reach maturity so that the seeds themselves can be harvested and dried.

Flowers to sow in November

Nasturtiums are workhorse plants. They have pretty flowers, the plants make excellent ground covers, you can eat the leaves and they're reputed to have some pest-repelling properties. For example, nasturtiums growing beneath apple trees are said to deter codling moth and woolly aphids. Sow nasturtium seeds straight into the soil but do so sooner, rather than later, before soil temperatures get too high.

Feed in November

All fruit trees will benefit from a feed this month with a specific fruit tree fertiliser. Don't forget too, to feed passionfruit and grape vines.

Prune in November

Continue pruning spring-flowering trees and shrubs as soon as their flowering period's over. Pinch back summer annuals (such as young petunias) to promote bushy growth. Remove developing seed pods from azaleas and rhododendrons. Shorten long shoots on pumpkins, cucumbers, zucchinis etc. to encourage sideways growth (more likely to bear fruit). Thin excess crops on fruit trees - remaining fruit will then reach a good size.

November pest watch

Dust young tomato plants with Yates Tomato & Vegetable Dust. This helps prevent fungal diseases from infecting the plants and protects them from a number of common pests.

Plant of the month

Bird of Paradise, *Strelitzia reginae*, is a tough South African that, with its upright, grey-green leaves, makes a strong statement in the garden. The striking, bird-like, orange and blue flowers are particularly fascinating for children, and last a long time when picked and put in a vase.

P.S. Don't forget to enter the Yates Vintage Bike Competition. Ends 22nd November.



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Still Creek Landcare

White Moth Vine - Don't let it smother your Native Bush.

by Jutta Hamilton



White moth vine (*Araujia sericifera*) is a vigorous, woody creeper with a shallow root system. A native of Brazil, this plant is a weed of urban bushland, forest margins, creek banks, roadsides, fences, gardens and orchards.

It smothers other plants with a thick, tangled growth and when disturbed, it exudes a smelly, milky latex which is known to cause an allergic reactions in some people.

This perennial vine can climb up to 7 metres. Its leaves grow in opposite pairs up to 10 cm long and their undersides are pale. The triangular flowers vary in colour, from white, pink and violet. When the Choko like, but poisonous fruits dry, they split open releasing wind-borne seeds on silky hairs.

Wear gloves and long sleeves when manually removing this plant due to the irritating latex and keep sap away from face and eyes. Young Seedlings can easily hand pulled before they become a problem. Selective herbicides are effective but manual removal is usually all it takes. Seed heads and seed are best disposed of with your household waste.

There is a native plant known as the Silkpod (*Parsonia straminea*) which is similar to Moth Vine but the Silkpod can be easily identified as the native as its sap is not white.

Have a lovely Spring and remember, prepare your property for our upcoming bushfire season, cleanup now to get ahead and keep it tidy to stay ahead.



A colorful, hand-drawn poster for a compost stall at Galston Open Gardens. The poster features a central sun, a wooden sign that reads "Compost the for your garden!", and various illustrations of flowers, a bird, and a fly. Text on the poster includes: "Come and hear Gavin Smith talk on Compost.", "Contact Bill Fleming (9653 2394) or Kate Stanley (9653 2202)", "THANK businesses you to local friends, members & to help advertise Galston Open Gardens.", "More food coming soon", "Plant trading table", "Waste provided", "Galston Garden Club last meeting for 2012! ALL welcome on Wednesday, 14th November", "Mark your 2013 diaries: February 1st (month) (2nd Wednesday each month) (3rd of year)", "8pm START", "Gardening Galston", "Start mulching heavily so your plants (including tree saplings) survive the hot summer expected. Remember leave 1-2 cm space next to the neck of plant.", "HERMETIA ILUCENS Nature's own food recyclers...", "BLACK SOLDIER FLY", "Compost is great to start off a vegetable", "KNOWLEDGE is knowing a tomato is a fruit.", "WISDOM is knowing not to put a tomato in a fruit salad!", and "Garden. It helps to retain moisture in the soil. Recycle, don't throw away".

Cumberland Orchid Circle inc.

The next meeting of the Cumberland Orchid Circle will be on Wednesday 28th November 2012 in the Community of Christ Neighbourhood Centre at 10-14 Taylor Street, West Pennant Hills. As our November meeting will be the last meeting for the year it will be our Annual Point Score winner's presentation night and Christmas Party. The Committee has invited representatives from other Orchid Societies, Judges from our Shows & Display, Guest Speakers we have enjoyed during the year and people who have helped us during the past year to come and celebrate with us. We also hope to have a representative from the Westmead Hospital Medical Research Foundation present to which we donate the proceeds of the raffles held during our shows & display. The committee would like to also extend an invitation to not only our Members but also their partners, family and friends to join us on Wednesday, 28th November 2012 for this festive occasion. The young children or grandchildren of our members are very welcome at this party.



It is intended to have a short meeting starting at 8.00pm to commence the evening, and then break for our party. As this is party night, the normal presentation will not be shown, instead Members are asked to bring 1 or 2, at the most, plants to the bench for a popular vote prize. There will be no open, or novice sections. There will also be a lucky door prize for one lady and one gentleman present.

For more information, contact the Circle's secretary on 0412 982 830.

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An advertisement for Absolute Automotive. It features a silver sedan, the company name in large red letters, and service offerings like "Vehicle Safety Check" and "LPG REGO INSPECTIONS". Text on the ad includes: "ABSOLUTE AUTOMOTIVE", "Vehicle Safety Check", "LPG REGO INSPECTIONS", "ALL MECHANICAL REPAIRS & COMPLETE SERVICING FOR ALL MAKE & MODEL VEHICLES", "Unit 8, 829 Old Northern Road, Dural", "Ph (02) 9651 4529", and "We Have Moved!".

An advertisement for C & A Smash Repairs Pty Ltd. It features the company logo with "C & A" in a stylized blue font and "Smash Repairs Pty Ltd" below it, along with a blue car illustration.

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for our December Edition is
15th November 2012

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125 Bulk distribution points

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Circulation - 8,500 copies

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15th October
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The Galston & Glenorie Community News & Hills Rural News

Ph 9653 1321 or 9652 1193 Fax 9652 1147
PO Box 211 Galston NSW 2159

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editorial@galstoncommunity.com.au
Ads/Artwork/Design 02 9653 1321
info@galstoncommunity.com.au

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The Galston & Glenorie Community News & the Hills Rural Community News is a joint venture between Adelphi Design & Print and The Hills Rural Business Chamber.

Magazine Design & Print by Adelphi Design & Print
Phone 9652 1193

www.adelphi.net.au. Enquiries to diana@adelphi.net.au
The Hills Rural Business Chamber - Correspondence to: PO Box 29 Galston NSW 2159 or email President@hillsrural.com.au

Important Local Information

HELP & INFORMATION SERVICES

General Emergencies 000

Energy Australia Emgy

13 13 88

Hornsby Hospital

9477 9123

Hills Shire Council

9843 0555

Hornsby Shire Council

9847 6666

Integral Energy

13 10 03

Lifeline (24 hours)

13 11 14

Poisons Information Line

13 11 26

Police - Hornsby

9476 9799

Police - Castle Hill

9680 5399

Sydney Water

13 20 90

LOCAL BUSHFIRE SERVICES

Arcadia Bush Fire

9656 1296

Arcadia Fire Captain

Peter Jacobs

0415 369 683

Galston Bush Fire Captain

Adam Peanna

0419 639 276

Glenorie Bush Fire

9652 2017

Middle Dural Bush Fire Captain

Len Best

0408 220 705

Hills Rural Fire Service

District Office

9654 1244

Hornsby Fire Svcs HQ

9883 2000

Telstra Faults

13 22 03

LOCAL JP's Michael Bell, Arcadia - 9653 1365

Bernie Triebe & Kerron May, Bendigo Bank Galston - 9653 2227

Cathy Vipond, Hills Accounting, Glenorie - 9652 2400

Cherrybrook Shopping Village, Shepherds Drive, every Saturday morning
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Hornsby Branch of the NSW Justices Association next monthly meeting is Monday evening 10 October at 7pm at Asquith Leagues Club opposite Waitara rail station. Training and experiences evening. All JP members and potential members welcome. Enquiries Gavin Moehead JP 9489 4662 or 0407 229 203.

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COMMUNITY CONTACTS

ACACIA (Living Life) Exercise programme for over 65's. FREE. Every Tuesday 9.30 to 10.30 am Galston Uniting Church 11 School Road - Galston. Enquiries Melanie 9456 7103

Aglow Australia Pennant Hills - A network of caring women, meeting on the 4th Thursday at 10am-12.30pm. Excellent speakers, child minding and morning tea. Contact Glenys on 0401 770 859. Venue Thornleigh Community Centre, Cnr Phyllis & Central Avenue Thornleigh.

ALANON Family Group meets 8pm each Friday at the Galston Community Health Centre. For more details call 9264 9255. Trying to live with someone who has a drinking problem? Come along to these meetings.

APEX Australia is a service organisation that is about making friends, helping others and having fun, open to anyone 18-45. Further info, please contact Sydney D.G 0412 400 452, National Office 18000 APEXO or website. "Heart of a Community, Hope of a Nation".

Arcadia Community Hall - 136 Arcadia Road, Arcadia. Available for functions. Inspections welcome. Bookings call 9847 6504

Arcadia Markets – May & November at Arcadia Public School, 140 Arcadia Rd, Arcadia. www.arcadiaschool.com.au Enquiries: Meegen 0419 262 850 New Stallholders always welcome.

Arcadian Quilters Meetings held at the Galston Community Health Centre on the 1st, 3rd & 5th Wednesday at 9.30am (day group) and 2nd & 4th Monday at 7.30pm (evening group). Phone Carol Medley on 9894-7749.

Association of Independent Retirees (AIR) Ltd. Meetings are held on the first Friday of each month at 10 am. Meetings are at Yarrara Rd Pennant Hills. Contact John Guthrie on 9634 6727.

Castle Hill Art Society - Monthly Meetings and Art Demonstrations are held at Castle Hill Art Society - 155 Ridgecorp Drive, Castle Hill on the first Wednesday of each month at 7.30 p.m. Enquires Ph. 98993179

Circular Keys Chorus are always seeking would-be Divas. De-stress as you learn to sing acappella 4 part harmony with passionate CKC singers. Rehearsals in Castle Hill Wednesdays 7.30-10pm. Contact Janet 9653 2959, email info@circularkeys.org or visit www.circularkeys.org

Dural & District Historical Society Inc holds its lecture meetings on the 2nd Saturday of each month at 2pm at History Cottage, 412 Galston Rd Galston. The Cottage is also open to the public from 10am to 4pm on Wed & Sundays. Enquiries to Michael Bell 9653 1365.

Dural & Districts Senior Citizens' Club If you are over 50, and you fancy some enjoyable social gatherings, why not come along & join in? We play bingo and/or indoor bowls, and some play Mahjong. We meet from about 9.30am to 2pm every Wednesday at Dural Country Club. Enquiries Helen 9654 3790 AH.

Dural-Glenorie Scouts - Joeys (aged 6-7 years), Cubs (aged 8-10 years) and Scouts (aged 11-15 years) meet weekly at the Scout Hall in Galston Road, Galston. Learn new skills, challenge yourself, experience outdoor activities, make new friends, have fun! Contact Warren Payne (W) 9622 2251 or (H) 9652 1713.

Ferry Artists Gallery – Old Northern Road, Wisemans Ferry 2775, ph: 02 4566 4385, for info on workshops and membership see www.ferryartists.org

Galston Area Residents' Association Inc meets at the Galston Primary School Library, School Road, Galston on the 2nd Thursday of the month at 8pm. Enquiries to 0403 076 175. New members always welcome.

Galston Branch CWA meets on the second Wednesday of each month at the Galston Community Health Centre. New members are sure of a friendly welcome. Enquiries to Gai 9653 2991 or Robyn 9894 7510.

Galston Carers Group – Meets 3rd Monday of the month from 3.00 -4.30 pm at Galston Community Health Centre, 17 Arcadia Road [cnr of The Glade], Galston. All carers welcome. Next meeting 15th October. Tel 9477 9817 or 9653 2235.

Galston Community Hall - 37 Arcadia Road, Galston available for functions, air-conditioned, inspections welcome. Bookings call Debbie 9653 1709.

Galston Community Health Centre - This centre is an outreach of Hornsby & Ku-ring-gai Health Service and is situated at 17 Arcadia Road, Galston (cnr of The Glade). Enq. 9653 2235.

Galston Computer Pals for Seniors Club – Would you like some Computer Lessons? Joining Fee \$20. Plus \$50 for Twenty lessons, or \$80 for Forty Lessons. Phone: Rosemary Ansley (9651 2175) or John Eland (9651 2940).

Galston Garden Club - New members are always welcome. Meetings held at 8pm on the second Wednesday of every month at the Galston Community Centre. For further information contact Bill Fleming on 9653 2394.

Galston VIEW Club - will be holding its November meeting at Dural Country Club at 11 am on Wednesday 28th November, 2012, with entertainment to be provided by "Highly Strung". Visitors are welcome. Enquiries Vivien 9894-1189 or Jenny 9652-1110

Girl Guides - Girls 9-14 meet on Mondays at 7pm, contact Sarah 0433 125 873. Meet at Galston Guide Hall, Galston Road, Galston. You will take part in great activities by helping organise exciting events, learning new life skills, being part of the outdoors, expressing your creativity and much more.

Glenorie Maroota Bioregional Forum – Meets at 7.30pm on the first Wednesday of each month at Glenorie Community Hall. Let us know of your local environment and heritage concerns. Contact Carolyn Hall on carolyn@dhphc.com.au

Glenorie Progress Association Holds its meetings on the 2nd Thursday of each month 7.30pm in the Palms Room, Glenorie RSL. All Welcome. Ph 9652 2454.

Hills Budgerigar Club Meet on the 4th Friday of each month, except December at the North Rocks Community Hall. Everyone welcome. Enquiries to Peter on 9888 5631.

Hills Community Aid No Interest Loans up to \$1,000 - for whitegoods, furniture, computers, essential repairs etc. Contact Hills Community Aid 9639 8620, enq@hca.org.au or www.hca.org.au.

Hills Farmers' & Gourmet Food Mkt - 2nd Saturday of the month, 8am-12pm, Castle Hill Showground. www.hawkesburyharvest.com.au

Hills Shire Garden Club - Meetings held at 1pm at Barton Hall, David Rd, Castle Hill. Enq. 9624 5034.

Hills RSL Sub Branch - Monthly meetings held at The Galston Club, 2pm on the last Tuesday of each month. Enquiries 9653 2565.

The Hills Trefoil Guild (Guides NSW) meet at 10am on the third Friday of each month, in the Guide Hall in Bounty Avenue, Castle Hill. Any lady prepared to make the Guide Promise may become a member; past involvement is not necessary. Enquiries to Helen on 9654 3790 AH.

Hills Evening View Club holds their dinner meetings at the Dural Country Club on the first Wednesday of every month, at 7.00pm. VIEW is seen as a voice for all women. Share a meal, make new friends and support The Smith Family. New members especially welcomed. Enquiries Eva 0412 447 746 / 9634 5741 AH

Hornsby Ku-ring-gai Four Wheel Drive Club is a family orientated club that meets on the second Tuesday of the month at 8.00pm at Hornsby Heights Community Centre, Galston Road, Hornsby Heights. www.hk4wd.com.au

Living Life Without Children - Support Group meets once a month for childless couples, now in their 40s and 50s, finding it difficult or lonely living life without children. Contact Carol. email: feather@iprimus.com.au

Pennant Hills Photographic Club meets on the 1st, 3rd, and 5th Mondays each month at 8pm in the Uniting Church Hall cnr Boundary Rd and Bellamy St, Pennant Hills. [www.phpc.org.au](http://phpc.org.au)

Probus Club of Dural Galston - Visitors are welcome, we meet at 10am on the 3rd Thursday of each month at The Galston Club. Its a mixed club for retired and semi-retired people who enjoy friendship, interesting speakers and group outings. Visitors are always welcome, so don't be lonely, come along. Contact 9653 1004.

Rotary Club of Galston meets every Tuesday at The Galston Club at 6.30 for 7pm. New members welcomed. Contact Alan 9653 3062. www.galstonrotary.org.au

Soroptimist International of The Hills District Inc. - Presents A Women's Forum "Maintaining Healthy Relationships Forum & Workshop" on Tuesday 27th November 2012 at The Hills Shire Council Function Room Cnr. Showground & Carrington Road, Castle Hill. Commencing at 9.30 am-14.20 p.m. To Register please call Marilyn on 0411 890 976 or Lesley on 04120454 728

Shakespeare Group - meets monthly at Galston on the 2nd Thursday morning, 9am to 12.30. No cost to belong, just a delight in reading great Bard's words. Further information call Isabelle 9679 1338.

Social Dance Workshops - Pennant Hills Community Centre, Yarrara Road. \$7. Contact Felicity 9456 2860, 0434 437 522. Old time contemporary, set & couple dances. Specialising in Australian, Irish & Scottish Folk Dance. Beginners & experienced dancers.

Still Creek Landcare Group - Have a say and help in the future of our catchments in Galston, Arcadia and Berribee. We meet at 7.30pm on the 2nd Thursday of each month at The Galston Club Committee Room. For more information visit www.StillCreekLandcare.com.au or e-mail StillCreekLandcare@iinet.net.au or Contact Nick on 9653 2056.

CHURCHES

Galston Uniting Church - Service times 10.00am. Children's programmes KUCA for children K-6, each Friday of the school term 5.30-7.00pm. CRAFT group Thursday evenings of the school term from 7.00 to 10.00pm. OVER 55's for seniors 2nd Monday of each month from 10am to 12noon. Other groups of interest:- Men's Choir, Ladies Choir. For all enquiries, please call the church office on 9653 2039. 11 School Road Galston.

Galston Seventh Day Adventist Church - Every Saturday 9.30am to 10.45am Bible Study, 11am to 12noon Church Service at 49 Arcadia Rd Galston. Every Tuesday 7.30pm Prayer Group. Contact Minister PR Roger Vince 0405 141 329.

Glenorie Community Church - Pentecostal and Evangelical – meets every Sunday at 10.00am. Healing Service at 6.30pm last Sunday of every month. Ladies meeting at 10.30am first Tuesday of every month. All welcome. 1507 Old Northern Road, Glenorie. Pastor A.Valich - Phone 9634 3505, Church 9652 0577.

Glenorie Mission Church - Sunday School 9am, Sunday Service 10.15am, Girls Brigade Tuesdays at 6.30pm. 1409 Old Northern Road (Cnr Muscios Rd), Glenorie. Enquiries 9652 1203.

Hillslife Church - Meets every Sunday at Galston Public School. Pastors Leigh and Heidi Davy. Ph: 02 9653 2807. For more details go to www.hillslife.com

St. Benedict's Catholic Church Arcadia Mass at the Monastery, 121 Arcadia Rd, Arcadia, at 7am every morning. Mass at the Parish Centre, Ph. 9653-2312. Corner Fagans Rd & Arcadia Rd. 7pm Saturday, 9am Sunday Parish Priest; Fr. David Orr OSB 0400-371-260.

St. Columb's Anglican Church, Arcadia – Sundays at 9.30 am. Coffee n' craft group meets on Fridays at 9.30 am – enquiries Beverley 9653.1790.

LOCAL SPORTS ASSOCIATIONS

Dural Country Club Bowling Clubs – New members are welcome. Free lessons are available to men and women wishing to learn lawn bowls and meet a new social network. Ring 9653 1250 or 9489 3739 to speak to one of our trained coaches.

Dural Country Club Fishing Club meet at Dural Country Club on the 4th Tuesday of the month at 7:30pm. Activities include a monthly offshore charter, estuary and open fishing, organised short stay holidays and great social BBQ's. New members welcome. Contact Murray on 0407 950 939 or Bruce on 0428 970 439.

Dural Rugby Club - Enquiries, please contact the registrar Eric Flanagan, email efl86029@bigpond.net.au or phone 0412 230 328 or visit our website <http://dural.rugbynet.com.au>.

Galston Glenorie Amateur Fishing Club Meets at 7.30pm at The Galston Club on the 1st Wednesday of each month. The meeting has a raffle at 7pm with lots of prizes and every meeting has a guest speaker. Enquiries call Lachlan on 0438 801 170 or Warren on 0416 061 428.

Galston Glenorie Cricket Club - For further details regarding season events, grades and registration, please contact 0400 747 767.

Galston Equestrian Club - New Members are always welcome. Training/Competition days held on the 2nd and 4th Sunday of each month at the Rural Sports Facility Centre off Mansfield Road. Enquiries can be made to Liz on 0409 992 920 or to go to the Galston Equestrian Club's website at www.galstonequestrianclub.org.au.

Galston Netball Club All enquiries to galstonnetballclub@gmail.com or visit the website www.galston.netball.asn.au

Hills AUSSI Masters Swimming Club meets at Galston Aquatic Centre on Galston Road on Tuesdays at 7:30pm. Whether you want to swim laps, compete in competitions, or just have fun, fitness and friendship Ring Di on 9652 1215.

Hills Hawks Soccer Club. For season details & registrations call Caroline Payton - 0414 224 529.

Hills Hawks Softball Club. Our competition is held during the summer season (September to March, excluding school holidays) at Hayes Park, Galston. We welcome new members! For enquiries please contact our registrar Hazel Postill on 0414 474 461 or visit our website: <http://hillhawks softball.org.au>.

Tennis / Squash Social Group - looking for new players. Call Karen 0412 485 411 or email tennisandsquash@live.com.au

Tennis Court for Hire Galston - At rear of Galston Community Hall. Available Day or Night, phone 9653 1709.

Tennis Court for Hire Glenorie - Les Shore Reserve. Available Day or Night. Phone 0404 600 460.

Tennis Court for Hire Hillside Public School on Cattai Ridge Rd is offering members of the public to hire their tennis court for a minimal fee. 12 month membership \$50 per family or \$8 per hour. Please contact Hillside Public School on 9652 1459.



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